1	The number of strong social bonds is linked to survival in a
2	cooperative bird
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SUMMARY

Recent evidence from large mammals, including humans, shows that the quality of social associations beyond general group size can positively influence health and survival. However, whether individuals in other taxa consistently differ in sociality in ways that affect fitness and thus provide a basis for selection remains largely unexplored. In this study, we examined how individual sociality relates to survival probabilities in a population of sociable weavers (Philetairus socius), a highly cooperative bird. We combined social network analysis with multi-state capture-recapture models to quantify the number of strong social bonds each individual had and to estimate survival probabilities. We found that sociality was positively associated with survival: individuals with medium and high sociality showed higher survival probabilities than those with low sociality. Additionally, individuals were more likely to remain in the same sociality category across years than to shift to another, and when transitions occurred, they followed a gradual pattern, with adjacent shifts more common than abrupt changes, supporting the idea of stable individual differences in sociality. These findings support a link between sociality and individual fitness, and suggest that stable social traits may provide a basis for evolutionary change.

70 INTRODUCTION

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Living in groups is common across many taxa, from invertebrates to fish, birds and mammals, and has been shown to provide fitness benefits such as protection from predators and improved access to food or information (Krause *et al.* 2002). Much of the early work on animal sociality focused on the trade-offs associated with group size (Bilde *et al.* 2007; Koenig 1981). More recently, long-term social-network studies have revealed that individuals' interactions within groups (i.e. individual sociality) also play a key role in fitness (Formica *et al.* 2012; Silk *et al.* 2010).

The link between individual sociality and survival—a key fitness component—has become central to understanding the evolution of social behaviour. A growing body of research, initially focused on humans and later extended to other mammals, shows that sociality can markedly increase survival (reviewed in Snyder-Mackler *et al.* 2020), underscoring that not only group living *per se*, but also specific interaction patterns—such as strong, stable social bonds—shape selection on social traits (e.g. Archie *et al.* 2014; Silk *et al.* 2010). However, for social behaviours to evolve, their expression must be at least partly stable over time (Boake 1989). While some studies have reported consistent individual differences in social network traits such as degree or strength (e.g., Aplin *et al.* 2015; Blumstein *et al.* 2013), others found lower consistency or variation across metrics (e.g., Plaza *et al.* 2020; Evans *et al.* 2021). Yet, few studies have jointly assessed the temporal stability of social traits and their relationship with fitness within the same system, constraining our understanding of their evolutionary dynamics (but see Vander Wal *et al.* 2015).

In this study, we assessed whether individual sociality is consistent over time and whether it is associated with survival in the sociable weaver (Philetairus socius), a highly cooperative, colonial passerine. Sociable weavers live in relatively stable colonies, built communally usually on acacia (Vachellia spp.), which harbour multiple independent chambers used for breeding and for roosting year-round (Maclean 1973). These weavers have different levels of social organisation, with the whole colony cooperating to build a large communal nest and typically foraging in large flocks that include most colony members (Lloyd et al. 2018). Within colonies, birds typically roost in groups inside individual nest chambers, which are used throughout the year and also for breeding (Paquet et al. 2016). These groups often remain stable across contexts and frequently stay together for breeding as well (Paquet et al. 2016; Pacheco 2022) and their social associations are further reflected in strong bonds that persist outside the breeding season while foraging (Ferreira et al. 2024). Sociable weavers are cooperative breeders with nonbreeding group members assisting in chick provisioning. In our study population, between 30% and 80% of breeding attempts are assisted by up to nine helpers (Covas et al. 2008, 2022). Helpers have been associated with improved survival of the breeders and the offspring they helped (Covas et al. 2008; D'Amelio et al. 2022; Paquet et al. 2015) an effect also found in other cooperatively breeding species (Downing et al. 2021; Paquet et al. 2015). Altogether, these features suggest that the social structure within colonies, built upon stable group composition and strong social bonds, may be an important determinant of individual fitness in this species.

- To explore this idea, we quantified individual sociality as the number of top-ranked social
- connections in the network (hereafter: strong social bonds), and assessed its consistency
- over time and association with survival. To achieve this, we combined social network
- analysis with multi-state capture–recapture models. We collected sociality data for 497
- free-ranging individuals in a foraging context using RFID-based feeder stations over five
- 118 years, and combined this with annual mist-net captures. We predicted that individual
- sociality—measured as the number of strong bonds—would be relatively consistent over
- time (Ferreira et al. 2024), and that individuals with higher sociality would show
- increased probability of survival, reflecting the fitness value of cohesive subgroups within
- 122 colonies.
- 123 METHODS

124 Site and study species

- We studied a population of sociable weavers at Benfontein Nature Reserve in South
- Africa (28°52′S, 24°50′E). This population has been the focus of a long-term research
- program initiated in 1993. Since 2008, the population has been regularly monitored
- through annual captures (see below), and since 2010, breeding has been consistently
- monitored, with all nestlings that reached nine days of age being ringed and having blood
- samples taken for sexing and genotyping.
- Since 2017, all birds (adults and fledglings) at five colonies have also been marked with
- a passive integrated transponder (PIT-tag) enclosed in a plastic leg ring (3.3mm; Eccel
- 133 Technology) to allow detection at RFID feeders (see below). In 2021, a fire destroyed
- two of those colonies, but in 2022, an additional colony was PIT-tagged, bringing the
- total number of marked colonies to four.

Mist-nest captures

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- 137 Resident and recently migrated birds from PIT-tagged colonies are captured annually in
- September (i.e., at the end of the Southern Hemisphere winter). This was done by placing
- mist nets around the colony's nest structure before dawn (when the birds were roosting
- inside the nests) and later flushing them into the nets. Individuals not born in the study
- population were fitted with a metal ring, PIT-tagged, and had a blood sample taken for
- sexing (see Supplementary Material for details on age and sex determination). All
- individuals were released at the site of capture. For this study we used data from 2018 to
- 2023 (except for 2020 due to COVID-19 restrictions)

RFID data collection and social network metrics

- From 2018 to 2023 (except for 2020), we collected association data in a foraging context
- using RFID-based feeding stations located 80–205 m away from each colony (described
- in Ferreira et al. 2020). In short, feeding stations consisted of four feeding boxes, each
- equipped with four small standard plastic bird feeders and four perches fitted with an
- 150 RFID antenna (Priority1rfid, Melbourne, Australia) connected to a data logger which
- recorded the birds' visits. Each perch and feeder was designed to only allow one bird to
- 152 feed at a time. Data were collected from April to June, with data collection conducted
- usually every three days. This period was chosen to coincide with the end of breeding and
- the first winter months (which is the dry season, when resources are expected to drop and

- temperatures fall to below zero, making communal roosting more important; (Paquet et
- 156 *al.* 2016).
- We inferred social networks based on the time overlap between individuals at the feeders.
- 158 Following Ferreira et al. (2020), the strength of the association between two individuals
- 159 (i.e., the value of each edge) was calculated as the time two individuals spent feeding
- simultaneously in the same feeding box, divided by the sum of the times each individual
- was present at the RFID feeders. This method has been shown to capture the fine-scale
- social structure within a colony of sociable weavers (Ferreira et al. 2020) better than other
- more commonly used approaches in birds such as co-occurrences. This is because
- sociable weavers are colonial and tend to forage in cohesive flocks, usually co-occurring
- at the RFID feeders with most members of their colony.
- To determine social strong bonds (e.g., Gero et al. 2005; Kern & Radford 2021), we
- grouped individuals from the same colony and classified the edges between them as either
- strong or non-strong bonds. For each colony and year, we ranked the edges in descending
- order based on their association weight. Edges with weight values greater than or equal
- to the 80th percentile were classified as strong bonds, while the remaining edges were
- 171 classified as non-strong bonds (Fourie et al. unpublished results). Based on this
- categorization, we then calculated the number of strong bonds each individual had.
- Finally, we classified individuals into three social status categories based on their number
- of strong bonds: low, medium, and high. For each year and colony, we determined the
- 33rd and 66th percentiles of the number of strong bonds each individual had. Individuals
- with strong bond counts above the 66th percentile were classified as having a high number
- of social bonds, those between the 33rd and 66th percentiles as having a medium number,
- and those below the 33rd percentile as having a low number of social bonds. This
- 179 classification served as the social network metric for our analyses (See Supplementary
- material for yearly and colony-based classification).
- We discretized the social network metric variable to enable the use of a multi-state
- capture-recapture model (Lebreton & Cefe 2002; Schaub et al. 2004; see below). This
- model allowed us to estimate the transition probabilities from one social status to another
- from one year to the next, along with specific-state survival probabilities. Additionally,
- this model also enabled the inclusion of individuals with missing social status data, as
- long as data had been recorded in at least one year.

Multi-state capture-recapture models

- We estimated social status-specific survival, transitions, and detection probabilities of
- 190 RFID-tagged sociable weavers using a Bayesian multi-state capture-recapture model.
- 191 Each year (t), we conducted two capture/detection events: one using RFID-feeders (see
- above) and another with mist nets (see above). RFID-feeders allowed us to estimate
- individuals' social metrics (Figure 1), while mist-net captures ensured a higher and more
- 194 consistent detection of individuals.
- This setup enabled us to estimate survival probabilities based on social status during the
- intervals between these two events. On the one hand, we estimated the survival

probability between the RFID-feeder data collection and the mist net captures within the same year, specifically from July to August (Figure 1). This period largely corresponds to the winter season; therefore, for simplicity, during the analysis, specifications, and results we refer to this estimate as the winter survival probability. On the other hand, we estimated the survival probability between the mist net captures and the RFID-feeder data collection of the following year (t+1), specifically from October to April (Figure 1). This period largely corresponds to the spring and summer seasons. For simplicity, and in contrast to the winter survival probability, during the analysis specifications and results we refer to this estimate as the summer survival probability.

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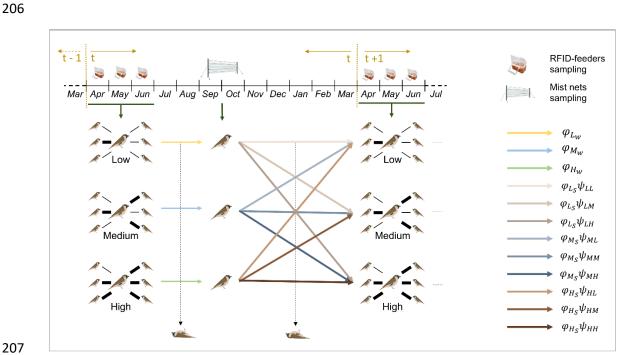


Figure 1. Schematic overview of yearly data collection and the multi-state capturerecapture model. Each yearly time period (t) begins in April with RFID data collection conducted from April to June and ends in March before the next year's RFID-data collection period. During the RFID data collection period, individuals' social status is estimated based on the number of strong social bonds that they have: low (L), medium (M) or high (H). Mist-net captures were conducted in September, at the end of the Southern Hemisphere winter. Between these two periods, individuals can either survive or not, and between consecutive RFID data collection periods, individuals can either remain in the same social status or transition to a different one, provided they survive. The capture-recapture model estimates two survival probabilities: (1) winter survival probability, from the RFID data collection period to the mist-net captures within the same year, for low, medium, and highly social individuals, and (2) summer survival probability of low, medium, and highly social individuals, conditional on their transition probabilities between social statuses, from the mist-net captures to the RFID data collection period. $\varphi_{X_{w}}$ is the winter survival probability of an individual in state X; $\varphi_{X_{s}}$ is the summer survival probability off an individual in state X and ψ_{XY} is the transition probability from state X to state Y from t to t+1.

With the same model, we also estimated the detection probability conditional on sociable weavers' social status (estimated from RFID-feeder data) at both the RFID feeder and mist-net captures, and the social-status transition probability from one year to the next. Multi-state capture—recapture models explicitly account for state-dependent differences in detection probabilities (Lebreton *et al.* 2009). This adjustment prevents the underestimation of survival probabilities in groups of individuals that are less likely to be detected due to their state (e.g., low-sociality birds may visit the RFID feeders infrequently; if their lower detection probability isn't modelled, an undetected bird could be wrongly assumed dead). In our study, this approach enabled us to assess the detection probabilities of birds with different sociality levels at both mist-nets and RFID feeders, allowing the model to adjust survival and transition-probability estimates accordingly.

These different survival, transition, and detection probabilities can be represented in the corresponding survival, transition, and detection probability matrices. In the survival and detection matrices, we can represent the different detection probabilities linking the state of an individual (in rows) to the possible observations (in columns) at each data collection occasion within an observation matrix (Θ) . In the transition matrices, each row corresponds to the departure state, and each column corresponds to the arrival state of an individual. To improve clarity, we explicitly label the rows and columns of each matrix using the four possible states: L (low sociality), M (medium sociality), H (high sociality), and D (dead). Thus, in all matrices, the rows correspond to the individual's state at time t, and the columns represent either the observed state or the state at time t+1. In this way, for detection probabilities at the mist-net captures and winter survival probabilities, the matrices were:

$$\Theta_n = \begin{pmatrix} \mathbf{L}_{t+1} & \mathbf{M}_{t+1} & \mathbf{H}_{t+1} & \mathbf{D}_{t+1} \\ p_{L_n} & 0 & 0 & 1 - p_{L_n} \\ 0 & p_{M_n} & 0 & 1 - p_{M_n} \\ 0 & 0 & p_{H_n} & 1 - p_{H_n} \\ 0 & 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} \mathbf{L}_t \\ \mathbf{M}_t \\ \mathbf{H}_t \\ \mathbf{D}_t \end{pmatrix} \begin{pmatrix} \mathbf{L}_{t+1} & \mathbf{M}_{t+1} & \mathbf{H}_{t+1} & \mathbf{D}_{t+1} \\ \varphi_{L_w} & 0 & 0 & 1 - \varphi_{L_w} \\ 0 & \varphi_{M_w} & 0 & 1 - \varphi_{M_w} \\ 0 & 0 & \varphi_{H_w} & 1 - \varphi_{H_w} \\ 0 & 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} \mathbf{H}_t \\ \mathbf{H}_t \\ \mathbf{D}_t \end{pmatrix}$$

where θ_n is the observation matrix for mist-nets matrix and p_{X_n} is the detection probability at nets of an individual in state X. Ω_w is the winter survival matrix and φ_{X_w} is the winter survival probability off an individual in state X.

On the other hand, the detection probability matrix at feeders and transition-summer survival matrix were:

$$\Theta_f = \begin{pmatrix} \mathbf{L}_{t+1} & \mathbf{M}_{t+1} & \mathbf{H}_{t+1} & \mathbf{D}_{t+1} \\ p_{L_f} & 0 & 0 & 1 - p_{L_f} \\ 0 & p_{M_f} & 0 & 1 - p_{M_f} \\ 0 & 0 & p_{H_f} & 1 - p_{H_f} \\ 0 & 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} \mathbf{L}_t \\ \mathbf{M}_t \\ \mathbf{H}_t \\ \mathbf{D}_t \end{pmatrix} \begin{pmatrix} \mathbf{L}_{t+1} & \mathbf{M}_{t+1} & \mathbf{H}_{t+1} & \mathbf{D}_{t+1} \\ \varphi_{L_s}\psi_{LL} & \varphi_{L_s}\psi_{LM} & \varphi_{L_s}\psi_{LH} & 1 - \varphi_{L_s} \\ \varphi_{M_s}\psi_{ML} & \varphi_{M_s}\psi_{MM} & \varphi_{M_s}\psi_{MH} & 1 - \varphi_{M_s} \\ \varphi_{H_s}\psi_{HL} & \varphi_{H_s}\psi_{HM} & \varphi_{H_s}\psi_{HH} & 1 - \varphi_{H_s} \\ 0 & 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} \mathbf{L}_t \\ \mathbf{M}_t \\ \mathbf{H}_t \\ \mathbf{D}_t \end{pmatrix}$$

where θ_f is the observation matrix for RFID-feeders and p_{X_f} is the recapture probability at RFID-feeders of an individual in state X. Ω_s is the summer survival-transition matrix,

- 260 φ_{X_s} is the summer survival probability of an individual in state X and ψ_{XY} is the transition
- probability from state X to state Y from t to t+1.
- Detection probabilities for year 2020 (t = 3) were set to zero both for the mist-nets and
- 263 RFID-feeders due to the lack of data collection for that year.

Model fitting

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- We used NIMBLE (version 1.1.0 of the *nimble* package; Valpine et al. 2017, 2022) to
- implement our multistate capture-recapture models in a Bayesian framework in Program
- 267 R, version 4.0.2 (R Core Team, 2020). For all models, a logit link was used. We estimated
- parameters using vague priors (Table S2). Posterior samples from three independent
- 269 Markov Chain Monte Carlo (MCMC) chains were based on 70000 iterations with a burn-
- in period of 35000 iterations and a thinning interval of 20, leading to 5250 posterior
- MCMC samples. We assessed model convergence both visually and by using the R
- Gelman-Rubin statistic (Gelman & Rubin 1992). Finally, we also performed posterior
- 273 predictive checks (Figures S1 and S2). Mean differences between the state specific
- survival, transition, and detection probabilities (and their 95% credible intervals) were
- 275 calculated from the posterior estimates. We considered differences statistically significant
- when their 95% credible intervals did not overlap zero.

Covariates and random effects

- Our multistate model incorporated several individual covariates (see Supplementary
- 279 Material for a detailed description) to account for their effects on social survival
- 280 probabilities in both winter and summer, as well as on transition probabilities and
- detection probabilities at RFID-feeders. In contrast, we assumed that detection probability
- at mist nets was independent of covariates because of the mist-net capture method (see
- 283 above).
- For survival probabilities in winter and transition/survival probabilities in summer, we
- included individual age and sex as covariates, with year and the individual's colony as
- 286 random effects. Age was included because we hypothesized that it could influence
- survival (Martin 1995). Sex was included because we hypothesized that survival may
- differ between males and females (Payevsky 2021). The individuals' colony and year
- were included to account for potential inter-colony and annual variation in survival. We
- allowed age and sex to have different effects on winter and summer survival, as these
- effects could vary between the two periods. Year and colony random effects were also
- allowed to differ between winter and summer. Age was centred by subtracting the mean
- of all observed ages across individuals and years. Sex was centred by subtracting the
- overall proportion of males across all individuals included in the model. This approach
- 295 improves the efficiency of MCMC sampling and allowed us to interpret the model
- 296 intercepts as the social status-specific survival probabilities of an individual with average
- age and sex ratio in the population (Table S3).
- 298 Finally, for the detection probability at RFID-feeders, we included the presence or
- absence of RFID-feeders at the individual's colony as a covariate since PIT-tagged
- 300 individuals can migrate to colonies without RFID-feeders but are expected to be less
- 301 likely detected if no feeders are present at their colony.

See Tables S1-S3 for the detailed models' description.

RESULTS

Data and model overview

We captured 661 individuals with mist nets over the study period. Based on RFID-feeders' detections, 430 individuals were included in the multi-state capture-recapture model, as they had RFID-feeder-based social status data for at least one year (excluding those with data only from the last year, since recapture data was not available for these individuals; see Supplementary material for exclusion criteria). Our RFID-feeder social status observation matrix consisted of 702 observations, with 36% corresponding to low, 33% to medium, and 31% to high sociality individuals.

We obtained satisfactory model performance (Figures S1 and S2)

Detection probabilities

We observed similar detection probabilities based on mist-net captures among individuals with low, medium, and high sociality (0.88 [95 % CI: 0.83–0.93], 0.84 [0.73–0.94], and 0.88 [0.81–0.93], respectively; Figure 2; Tables S5 and S6).

Similarly, at the RFID feeders we found no evidence of significant differences in detection probabilities among low-, medium-, and high-sociality individuals (0.51 [0.13–0.93], 0.29 [0.06–0.73], and 0.32 [0.08–0.77], respectively; Figure 2; Tables S5 and S6), although estimates show broad credible intervals, reflecting substantial uncertainty.

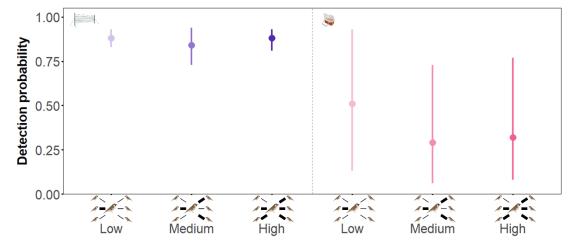


Figure 2. Detection probabilities. Model estimates of detection probabilities for low, medium and high sociality individuals at RFID-feeders (left) and mist-nets (right). Dots represent the posterior mean estimates and bars their 95% credible intervals

Transition probabilities

We found that low-sociality individuals were significantly more likely to remain in the low category (0.47 [0.34, 0.59]) than to shift directly to the high category (0.19 [0.10, 0.29]; Tables S5 and S6). The probability of transitioning from low to medium (0.35 [0.23, 0.48]) fell between those two values, and the differences between remaining low versus transitioning to medium and transitioning to medium versus transitioning to high did not reach statistical significance (Figure 3).

For medium-sociality individuals, we found that they were statistically significantly more likely to remain at the medium level (0.48 [0.36, 0.58]) than to transition to either the low level (0.27 [0.19, 0.36]) or the high level (0.25 [0.17, 0.35]; Tabled S5 and S6). However, there was no statistically significant difference between the likelihoods of transitioning to the low versus the high level (Figure 3).

Finally, for high-sociality individuals, we found that they were statistically significantly more likely to remain at the high level (0 .60 [0.49, 0.70]) than to transition to either the low level (0 .08 [0.04, 0.15]) or the medium level (0 .32 [0.22, 0.43]; Tables S5 and S6). Notably, they were also statistically significantly less likely to transition to the low than to the medium level, again highlighting that abrupt changes in sociality were less common (Figure 3).

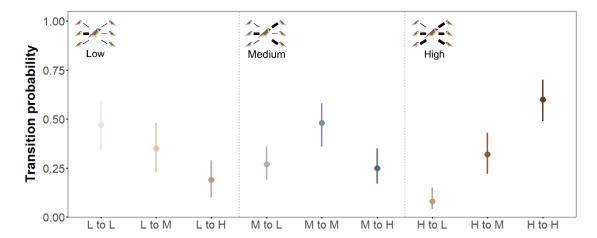


Figure 3. Transition probabilities. Model estimates of transition probabilities for low (L), medium (M), and high (H) social individuals. Dots represent the posterior mean estimates and bars their 95% credible intervals.

Survival probabilities

We found that, during the winter period, medium- and high-sociality individuals had statistically significantly higher survival probabilities (0.85 [0.71, 0.94] and 0.90 [0.78, 0.96], respectively) than low-sociality individuals (0.75 [0.56, 0.87]; Figure 4, Tables S5 and S6)—an average increase of about 13 %.

The same pattern emerged in summer: medium- and high-sociality birds again showed statistically significantly higher survival probabilities (0.72 [0.48, 0.88] and 0.67 [0.42, 0.84], respectively) than low-sociality birds (0.53 [0.28, 0.74]; Figure 4, Tables S5 and S6), representing an average increase of roughly 17 %. During both seasons, survival probabilities did not differ significantly between medium- and high-sociality individuals (Tables S5 and S6).

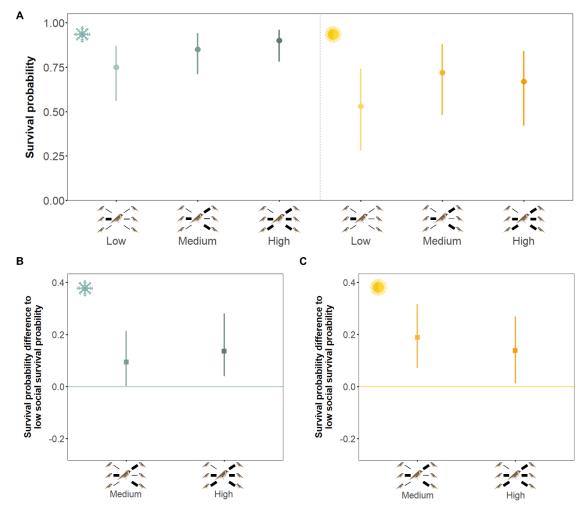


Figure 4. Survival probabilities. A) Model estimates of survival probabilities for low, medium and high sociality individuals for winter and summer intervals. Dots represent the posterior mean estimates and bars their 95% credible intervals. **B)** and **C)** Posterior mean differences in survival probabilities between low sociality individuals and medium and high sociality individuals for winter and summer, respectively. Squares represent the mean differences, and bars indicate the 95% credible intervals of the differences.

DISCUSSION

Our results show that sociable weavers tend to maintain consistent individual sociality levels, which are based on their number of strong social bonds. Furthermore, individuals with medium and high sociality levels exhibited a higher survival probability than those with a lower level of sociality. These findings suggest that, in our population, more social individuals should be favoured by natural selection.

By incorporating state-dependent individual detectability, our model explicitly accounted for detection probability differences across sociality levels, preventing biases from incomplete detections, and ensuring that variations in survival probabilities reflected biological differences rather than methodological artefacts.

Consistency of individual sociality across years

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380 We found that, for sociable weavers, remaining in the same sociality category from one year to the next was the most likely outcome, although probabilities were close to 50% 381 for low- and medium-sociality individuals. When transitions occurred, they tended to be 382 between adjacent categories. The probabilities of moving from medium or high sociality 383 to other categories were significantly lower than the probability of remaining in the same 384 one. Low-sociality individuals showed the same general tendency, although the 385 difference between remaining low and transitioning to medium was not statistically 386 significant (Figure 3, Table S6). 387

The overall consistency in sociality levels observed in sociable weavers aligns with 388 previous studies reporting individual-level stability in other social network metrics—such 389 as degree, betweenness, strength, and closeness—in birds (Aplin et al. 2015; Dunning et 390 al. 2023; Plaza et al. 2020; Shizuka et al. 2014; Thys et al. 2017), mammals (Blumstein 391 et al. 2013; Evans et al. 2021; Tkaczynski et al. 2020; Vander Wal et al. 2015), and fish 392 (Jacoby et al. 2014; Krause et al. 2017). This consistency also underscores the potential 393 for sociality to evolve in sociable weavers. For a trait to evolve via natural selection, its 394 expression must be consistent over time, at least to some degree (Boake 1989). This is 395 particularly noteworthy in the case of sociality, which is influenced by a range of intrinsic 396 and extrinsic factors that can promote or constrain changes in its expression (Schradin 397 2013), and which emerges through interactions among individuals, meaning that a given 398 individual may not always be able to express their typical social behaviour, as it also 399 depends on the behaviour of others (Niemelä & Santostefano 2015). If the expression of 400 401 a social metric fluctuates randomly due to environmental or social factors, directional 402 selection will be hindered, preventing evolutionary change in the trait at the population level, even if it has strong fitness consequences. 403

While overall patterns support consistency in individual sociality, our results also suggest 404 that low-sociality individuals may be more prone to shifting their sociality level over time. 405 Specifically, the difference between the probabilities of remaining low or transitioning to 406 407 medium was not statistically significant (Figure 3, Tables S5 and S6), unlike the stronger stability observed in medium- and high-sociality individuals. This relative flexibility 408 could reflect successful reproduction and the formation of new bonds with offspring, as 409 discussed above. Alternatively, low-sociality individuals might actively attempt to 410 increase their number of strong bonds—potentially through social niche construction 411 (Trappes et al. 2022)—in order to gain access to the fitness benefits associated with 412 stronger social integration, such as the higher survival probabilities observed in this study. 413

Individuals with higher sociality show increased survival

We found that medium and high sociality (reflecting their relatively higher number of strong social bonds) was associated with significantly higher survival probability than low sociality. This pattern was observed in both winter (July–August) and summer (October–March), indicating its consistency across seasons. This consistency could reflect persistent factors acting throughout the year, distinct mechanisms operating in each season, or a combination of both.

Although sociable weavers generally forage in cohesive colony groups—expected to 421 provide foraging benefits to all members (Brown et al. 2003; Lloyd et al. 2018)—highly 422 social individuals may gain additional advantages through nepotistic behaviours from 423 group members (Rat 2015). Specifically, individuals may receive preferential access to 424 food shared within their social group (Chiarati et al. 2011; Ekman et al. 2000), or benefit 425 from enhanced information-sharing about novel food sources, which facilitates their 426 427 discovery and exploitation (McMahon et al. 2024). Additionally, highly social individuals may experience nepotistic protection from predators, further increasing their 428 survival (Griesser & Ekman 2004, 2005). Finally, being part of a larger and more cohesive 429 group may reduce harassment from conspecifics, thereby lowering energy expenditure 430 and stress (Cameron et al. 2009). 431

During winter, thermoregulatory benefits associated with access to roosting chambers and 432 communal roosting are likely to play a crucial role in improving condition and survival. 433 In sociable weavers, the communal nest provides significant insulation (Lowney et al. 434 2020; White et al. 1975), and night-time nest chamber temperatures are positively 435 correlated with the number of birds roosting together, especially on cold nights (Paquet 436 437 et al. 2016). Birds in larger roosting groups are therefore less exposed to extreme cold. If sociality influences group composition at night, medium- and high-social individuals may 438 be more likely to roost in larger groups and thus benefit from improved thermoregulation, 439 reduced energy expenditure, and lower risk of cold-related mortality. 440

441 During the breeding season, which coincides with the summer period, survival benefits may be linked to cooperative breeding behaviours. In sociable weavers, helpers-at-the-442 nest tend to form stronger associations strong bonds with breeders and other group 443 members (Ferreira et al. 2020, 2024). Females with more helpers show higher survival, 444 likely due to reduced parental effort (Paquet et al. 2015; see also Hatchwell 1999), and 445 similar patterns are found in other cooperative breeders (Downing et al. 2021). This 446 benefit may also extend to helpers, since helping incurs a physiological cost, particularly 447 under high effort (Covas et al. 2022). Consequently, if individual sociality (i.e., number 448 of strong bonds) is positively associated with the number of helpers received (Ferreira et 449 al. 2024) and the amount of help provided (Covas et al. 2008), medium- and high-450 451 sociality individuals may experience increased survival, influenced by a life-history 452 trade-off between investment in reproduction and self-maintenance.

Conclusions

- Our results offer the first evidence of a positive association between the quality of social associations and survival in birds, suggesting that the evolutionary dynamics of sociality may be shared across taxa.
- 457 The consistency of individual sociality levels and its fitness effects suggests that this 458 social trait is under directional selection, favouring more social individuals (i.e., those with a higher number of strong social bonds). While previous studies have demonstrated 459 a link between sociality and survival (Archie et al. 2014; Barocas et al. n.d.; Blumstein 460 461 et al. 2013; Campos et al. 2020; Ellis et al. 2017; Lehmann et al. 2016; Silk et al. 2010; Stanton & Mann 2012; Thompson & Cords 2018), few have explicitly examined the 462 temporal consistency of social traits. Notable exceptions, such as Vander Wal et al. 463 464 (2015), have addressed this by quantifying repeatability. Although our approach did not

- directly estimate repeatability, the transition probabilities suggest a degree of temporal
- 466 consistency in individual sociality. Future studies should formally test repeatability in this
- and other species to better evaluate the evolutionary potential of sociality.
- 468 To further investigate these dynamics, future research should explore the heritability of
- sociality, disentangling the genetic and environmental components that shape its
- expression (Brent et al. 2013; Lea et al. 2010). This includes considering indirect genetic
- effects (Moore et al. 1997; Wolf et al. 1998) and the potential covariance between
- 472 individual sociability and the surrounding social environment (Munar-Delgado et al.
- 473 2023). Such efforts will help evaluate the evolutionary potential of sociality and clarify
- why variation persists despite its apparent fitness benefits. The social niche specialization
- 475 hypothesis suggests that individuals may exhibit consistent social differences when
- behaviours are linked to distinct trade-offs (Montiglio et al. 2013). Future studies could
- 477 test whether low-social individuals outperform high-social ones under specific
- 478 environmental conditions or for other key fitness components such as reproductive
- 479 success or disease susceptibility. Finally, stochastic developmental factors—such as
- random early-life experiences or unpredictable environmental exposures—should also be
- 481 integrated to gain a more comprehensive understanding of how sociality emerges, is
- 482 maintained, and evolves.

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ACKNOWLEDGEMENTS

- We thank Annie Basson for her help building the RFID stations and all the field workers
- 485 that helped collecting the data: Louis Bliard, Corisande Abiven, Tshianeo Melda, Lesego
- 486 Moagi, Natasha Prindal, Paola Stefanini, Irene Baquero, Taylor Keet, and all persons
- who helped with the annual captures. De Beers Consolidated Mines provided access to
- Benfontein Reserve. This study was funded by an ERC Consolidator grant 866489 (EU)
- to R.C. and the ANR 19CE02-0014-01 OSU OREME and SEE-Life (CNRS, France) to
- 490 CD. RC was funded by FCT (CEECIND/03451/2018).

491 ETHICAL STATEMENT

- Birds were captured and handled in accordance with protocols approved by Northern
- 493 Cape Nature Conservation (permits FAUNA 1338/2017, 0684/2019, 0059/2021, and
- 494 0775/2023) and the Ethics Committee of the University of Cape Town (2014/V1/RC,
- 495 2018/V20/RC, 2020/2018/V22/RC/A1, and 2023/V8/RC). All efforts were made to
- 496 minimize handling time and disturbance, and to ensure that procedures caused the least
- 497 possible stress to the animals.

DATA AVAILABILITY STATEMENT

- 499 Data (https://doi.org/10.5281/zenodo.16276322) and codes are available at Zenodo
- 500 (https://doi.org/10.5281/zenodo.16276060).

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The number of strong social bonds is linked to survival in a cooperative bird

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SUPPLEMENTARY MATERIAL

Parameters description as in Nimble code

Parameter	Description
phiLw	survival probability state L (Low sociality) during winter
phiMw	survival probability state M (Medium sociality) during winter
phiHw	survival probability state H (High sociality) during winter
phiLs	survival probability state L during summer
phiMs	survival probability state M during summer
phiHs	survival probability state H during summer
psiL[1]	transition probability from L to L, i.e. stay in state L
psiL[2]	transition probability from L to M
psiL[3]	transition probability from L to H
psiM[1]	transition probability from M to L
psiM[2]	transition probability from M to M i.e., stay in state M
psiM[3]	transition probability from M to H
psiH[1]	transition probability from H to L
psiH[2]	transition probability from H to M
psiH[3]	transition probability from H to H i.e. stay in stare H
pLn	recapture probability L at nets in sep
pMn	recapture probability M at nets in sep
pHn	recapture probability H at nets in sep
pLf	recapture probability L at feeders
pMf	recapture probability M at feeders
pHf	recapture probability H at feeders
betaLw	intercept of winter survival probability for state L (logit scale)
betaMw	intercept of winter survival probability for state M (logit scale)
betaHw	intercept of winter survival probability for state H (logit scale)

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betaw[1]	coefficient for the effect of sex on winter survival probability
betaw[2]	coefficient for the effect of age on winter survival probability
epstw[]	random effect of year (t) on winter
epscw[]	random effect of colCNA on winter
betaLs	intercept of summer survival probability for state L (logit scale)
betaMs	intercept of summer survival probability for state M (logit scale)
betaHs	intercept of summer survival probability for state H (logit scale)
betas[1]	coefficient for the effect of sex on summer survival probability
betas[2]	coefficient for the effect of age on summer survival probability
epsts[]	random effect of year (t) on summer
epscs[]	random effect of colCNA on summer
betaDL	intercept of detection probability at RFID-feeders for state L (logit scale)
betaDM	intercept of detection probability at RFID-feeders for state M (logit scale)
betaDH	intercept of detection probability at RFID-feeders for state H (logit scale)
betaD	coefficient for the effect of RFID_at_Col on detection probability
age_centered	age matrix (in years)
sex_centered	centered sex vector
colCNA	colony matrix, represent to what colony each individual belonged each year
RFID_at_Col	matrix of RFID feeder presence at colonies

Table S1. Description of parameters used in the Bayesian multi-state capture—recapture model, as implemented in Nimble. Notation used in the code, along with a brief explanation of each parameter's biological or modelling meaning.

Specification of priors

Parameter	Prior	Description of prior values
psiL[1:3], psiM[1:3], psiH[1:3]	ddirch(alpha[1:3])	Dirichlet prior with concentration parameters 1, 1, 1 (i.e., equal weight to all transitions)
pln, pmn, phn	dunif(0, 1)	Uniform prior between 0 and 1 for detection probabilities
epstw[t], epsts[t]	<pre>dnorm(0, sd = sdepstw) dnorm(0, sd = sdepsts)</pre>	Normal prior with mean 0 and standard deviation sdepstw/ sdepsts
epscw[j], epscs[j]	<pre>dnorm(0, sd = sdepscw) dnorm(0, sd = sdepscs)</pre>	Normal prior with mean 0 and standard deviation sdepscw/sdepscs
sdepstw, sdepscw, sdepsts, sdepscs	dexp(1)	Exponential prior with rate 1
betaw[1], betaw[2]	dnorm(mean = 0, sd = 1.5)	Normal prior with mean 0 and standard deviation 1.5
betaLw, betaMw, betaHw	dnorm(mean = 0, sd = 1.5)	Normal prior with mean 0 and standard deviation 1.5
betas[1], betas[2]	dnorm(mean = 0, sd = 1.5)	Normal prior with mean 0 and standard deviation 1.5
betaLs, betaMs, betaHs	dnorm(mean = 0, sd = 1.5)	Normal prior with mean 0 and standard deviation 1.5

Table S2. Specification of prior distributions used in the Bayesian multi-state capture- recapture model. Parameter notation corresponds to that described in Table S1. For each parameter, the prior distribution and its characteristics are provided.

Model description

Model

inter	logit(phiLw[i,t]) <- betaLw + betaw[1] * sex_centered[i] + betaw[2] * age_centered[i,t] + epstw[t] + epscw[colCNA[i,t]]
Survival in winter	logit(phiMw[i,t]) <- betaMw + betaw[1] * sex_centered[i] + betaw[2] * age_centered[i,t] + epstw[t] + epscw[colCNA[i,t]]
Survi	logit(phiLw[i,t]) <- betaLw + betaw[1] * sex_centered[i] + betaw[2] * age_centered[i,t] + epstw[t] + epscw[colCNA[i,t]]
lin and ons	logit(phiLs[i,t]) <- betaLs + betas[1] * sex_centered[i] + betas[2] * age_centered[i,t] + epsts[t] + epscs[colCNA[i,t]]
Survival in summer and transitions	logit(phiMs[i,t]) <- betaMs + betas[1] * sex_centered[i] + betas[2] * age_centered[i,t] + epsts[t] + epscs[colCNA[i,t]]
Sur Sur	logit(phiHs[i,t]) <- betaHs + betas[1] * sex_centered[i] + betas[2] * age_centered[i,t] + epsts[t] + epscs[colCNA[i,t]]
at	logit(pLf[i,t]) <- (betaDL + betaD * RFID_at_Col[i,t]) * captured[t] - (1 - captured[t]) * 15
Detection at RFIDs	logit(pMf[i,t]) <- (betaDM + betaD * RFID_at_Col[i,t]) * captured[t] - (1- captured[t]) * 15
De	logit(pHf[i,t]) <- (betaDH + betaD * RFID_at_Col[i,t]) * captured[t] - (1- captured[t]) * 15

Table S3. Model equations used in the Bayesian multi-state capture—recapture analysis. All models used a logit link. Parameters are defined in Table S1 and priors in Table S2. See main text for rationale and code for implementation. *captured* is a dummy variable used to fix detection probability to 0 in 2020 due to missing RFID data.

Covariates and random effects

- Age: For most birds (81%), we determined their exact age through breeding monitoring. For immigrant birds first captured as adults within the studied population (sociable weavers can disperse between colonies; van Dijk *et al.* 2015), we estimated their age based on the average age of dispersal observed within our population. According to this, we assumed that immigrant individuals were 709 days old at the date of first capture (the average minimum dispersal age in our population; Silva *et al.* 2025).
- Sex: During mist-nets samplings, individual blood samples were taken to determine sex through genetic sexing (Griffiths *et al.* 1998).
- Individual's colony: Birds were sometimes registered at RFID-feeder stations from different colonies. To assign each bird to a colony, we used mist-net sampling data, associating individuals with the colony where they were captured, which corresponds to their roosting location. If an individual was not captured at mist-nets in a specific year (t) but was registered at feeders, we used mist-net data from the following year to determine its colony identity. In cases where the individual was not captured the next year either, we relied on mist-net data from the previous year. Using this approach, we were able to assign a colony identity to every individual with social status data.

Individual exclusion criteria for multi-state capture-recapture analyses

We excluded individuals from the multi-state capture—recapture model based on three criteria. First, individuals were excluded if they only had RFID-feeder data from the last year of the study, as no recapture data could be obtained for them. Second, individuals for which sex could not be determined were excluded from the analysis, as sex was included as a covariate in the survival and transition components of the model. Third, only individuals from PIT-tagged colonies were retained. This is because social status estimates are calculated relative to the social structure of each colony, and individuals residing in non-tagged colonies could not be accurately assigned a social status. Individuals that ever migrated from PIT-tagged to non-tagged colonies were entirely excluded from the analysis, as their social status could not be determined after migration and the missing data could be wrongly interpreted by the model as mortality. Conversely, individuals that migrated from non-tagged to PIT-tagged colonies were retained, but only social status data from after migration were included.

Sociality levels classification

Year	Colony	Sociality Minimum		Maximum
Tear	Colony	level	strong bonds	strong bonds
		Low	0	3
	11	Medium	4	6
		High	7	16
		Low	0	3
	20	Medium	4	7
		High	8	16
		Low	0	3
2018	27	Medium	4	8
		High	9	16
		Low	0	1
	43	Medium	2	6
		High	7	11
		Low	0	5
	71	Medium	6	9
		High	11	24
		Low	0	2
	11	Medium	3	6
		High	7	12
	20	Low	0	0
		Medium	1	1
		High	3	4
		Low	0	1
2019	27	Medium	2	3
		High	4	9
		Low	0	0
	43	Medium	1	1
		High	2	6
		Low	0	2
	71	Medium	3	4
		High	5	12

		Low	1	5
	11	Medium	6	10
		High	11	16
		Low	0	2
	20	Medium	3	5
		High	8	10
		Low	0	3
2021	27	Medium	4	8
		High	9	15
		Low	0	2
	43	Medium	3	4
		High	5	9
		Low	0	6
	71	Medium	7	8
		High	9	19
		Low	0	1
	11	Medium	2	5
		High	6	11
		Low	0	2
	20	Medium	3	3
2022		High	4	6
2022	21	Low	0	0
		Medium	1	1
		High	2	2
	71	Low	0	1
		Medium	2	4
		High	5	10
		Low	0	4
	11	Medium	5	12
		High	13	23
		Low	0	4
	20	Medium	5	7
2022		High	9	20
2023	21	Low	0	3
		Medium	4	5
		High	6	9
		Low	0	3
	71	Medium	4	7
		High	10	15
			-	

Table S4. Classification of sociality levels by year and colony. For each year-colony combination, the table shows the minimum and maximum numbers of strong social bonds observed within each category (see main text for classification criteria).

Posterior predictive checks of the model

We assessed the goodness-of-fit of our model using Bayesian p-values (Gelman et al., 2014), a model-checking procedure that measures the dissimilarity between observed data and model predictions. We evaluated the dissimilarity between the observed and model-predicted means and coefficients of variation (CV) for the total number of re-detections per individual at mist

nets and RFID-feeders. The reported Bayesian p-values indicate the proportion of simulated data generated from the model in which the distance between this simulated data and the expected mean (or CV) exceeds the distance between observed data and the expected mean (or CV). Values close to 0 or 1 (commonly below 0.05 or above 0.95) suggest a lack of fit.

To perform this analysis for detections at RFID-feeders, we transformed the observed data and model-prediction matrices (which contained four states: three social-status states and non-observation) into binomial matrices with observation (any social-status) and non-observation.

We obtain Bayesian p-values of 0.33 for mean of detections at the mist-nets, 0.47 for CV of detection at mist-nets, 0.26 for mean of detections at the RFID-feeders, 0.32 for CV of detection at RFID-feeders (Figure S1) showing no evidence for a lack of fit of our model to estimate the mean, and CV of the number of detections per individual.

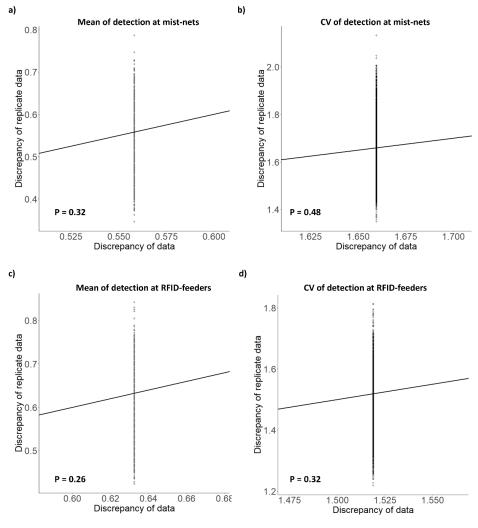


Figure S1. Posterior predictive checks of detection probabilities. P-values represent Bayesian p-values. a) Mean detection at mist-nets, b) coefficient of variation (CV) of detection at mist-nets, c) mean detection at RFID-feeders, and d) CV of detection at RFID-feeders.

Model convergence and mixing of chains

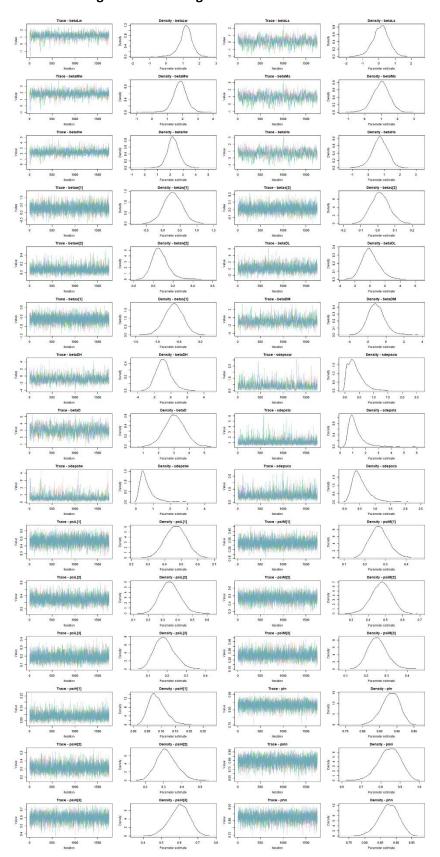


Figure S2. Trace plots and posterior density distributions for monitored parameters in the Bayesian multi-state capture—recapture model. Parameter notation corresponds to that described in Table S1

Model estimated values

		mean	SD	2.50%	97.50%	Ŕ	n.eff
	$Intercept_{\varphi_{L_w}}$	1.16	0.41	0.24	1.89	1.00	799
e	$Intercept_{arphi_{M_w}}$	1.82	0.46	0.89	2.74	1.00	888
Survival in winter	$Intercept_{arphi_{H_w}}$	2.24	0.51	1.29	3.30	1.00	1151
Ë	eta_{Sex_w}	0.29	0.28	-0.25	0.85	1.00	4436
Z SViV	eta_{Age_w}	0.07	0.08	-0.07	0.26	1.00	3224
Sul	$SD_{arepsilon_{t_w}}$	0.61	0.43	0.11	1.71	1.01	726
	$SD_{arepsilon_{Col_{w}}}$	0.36	0.27	0.02	1.02	1.02	910
	$Intercept_{arphi_{L_{S}}}$	0.11	0.51	-0.95	1.06	1.03	547
ner	$Intercept_{arphi_{M_S}}$	0.98	0.51	-0.08	1.96	1.02	590
Survival in summer	Intercept $_{arphi_{H_S}}$	0.73	0.51	-0.33	1.69	1.02	520
ins	eta_{Sex_s}	-0.62	0.21	-1.05	-0.21	1.00	5250
/ival	eta_{Age_s}	0.01	0.05	-0.09	0.12	1.00	4495
Sun	$SD_{arepsilon_{t_S}}$	1.15	0.52	0.53	2.42	1.00	2194
	$SD_{arepsilon_{Col_S}}$	0.52	0.28	0.14	1.23	1.00	1831
10	$Intercept_{p_{L_f}}$	0.06	1.13	-1.89	2.55	1.00	2210
tions	$Intercept_{p_{M_f}}$	-1.04	0.94	-2.73	1.01	1.00	1396
Detections at RFIDs	$Intercept_{p_{H_f}}$	-0.86	0.94	-2.50	1.23	1.00	1356
_	β_{RFID_f}	3.04	0.64	1.75	4.29	1.00	928
اع نــ	p_{L_n}	0.88	0.03	0.83	0.93	1.00	4034
Detect. at nets	p_{M_n}	0.84	0.06	0.73	0.94	1.00	3290
a D	p_{H_n}	0.88	0.03	0.81	0.93	1.00	4018
	ψ_{LL}	0.47	0.06	0.34	0.59	1.00	4497
	$\psi_{{\scriptscriptstyle LM}}$	0.35	0.06	0.23	0.48	1.00	3894
ons	ψ_{LH}	0.19	0.05	0.10	0.29	1.00	4730
ısiti	ψ_{ML}	0.27	0.05	0.19	0.36	1.00	4987
Trar	ψ_{MM}	0.48	0.06	0.36	0.58	1.00	3728
Status Transitions	ψ_{MH}	0.25	0.05	0.17	0.35	1.00	4246
Stai	ψ_{HL}	0.08	0.03	0.04	0.15	1.00	4943
	ψ_{HM}	0.32	0.05	0.22	0.43	1.00	3655
	ψ_{HH}	0.60	0.05	0.49	0.70	1.00	3735

Table S5. Multi-state capture-recapture model estimates. φ_{X_Z} is the survival portability of an individual in state X (L low; M medium, H high) and time interval Z (W winter or S summer). $\beta_{\mathcal{C}_Z}$ is the effect of the covariate C (Sex or Age) at time interval Z. $SD_{\varepsilon_{t_S}}$ is the standard deviation of random effect (ε_{r_Z}) where r is the identity of the random effect (t year; Col colony) for the time period Z. p_{X_n} is the recapture probability at nets of an individual in state X. p_{X_f} is the recapture probability at RFID-feeders of an individual in state X. ψ_{XY} is the transition

probability from state X to state Y from t to t+1. Columns represent mean, standard deviation (SD), lower (2.5%) and upper (97.5%) values of 95 confidence intervals, \hat{R} and effective sample size (n.eff).

Posterior mean differences

	2.5%	50%	97.5%	Significance
$oldsymbol{p}_{H_f} - oldsymbol{p}_{M_f}$	-0.508	0.031	0.550	NO
$p_{H_f} - p_{L_f}$	-0.675	-0.180	0.335	NO
$p_{M_f} - p_{L_f}$	-0.727	-0.217	0.347	NO
$p_{H_n} - p_{M_n}$	-0.088	0.030	0.158	NO
$p_{H_n} - p_{L_n}$	-0.087	-0.005	0.072	NO
$p_{M_n} - p_{L_n}$	-0.157	-0.036	0.076	NO
$\boldsymbol{\varphi}_{H_{w}}-\boldsymbol{\varphi}_{M_{w}}$	-0.047	0.041	0.149	NO
$oldsymbol{arphi}_{H_w} - oldsymbol{arphi}_{L_w}$	0.040	0.135	0.280	YES
$oldsymbol{arphi}_{M_w} - oldsymbol{arphi}_{L_w}$	0.002	0.094	0.213	YES
$\varphi_{H_S} - \varphi_{M_S}$	-0.172	-0.051	0.065	NO
$\varphi_{H_S} - \varphi_{L_S}$	0.012	0.138	0.269	YES
$\varphi_{M_S} - \varphi_{L_S}$	0.071	0.188	0.316	YES
$oldsymbol{\psi}_{LL} - oldsymbol{\psi}_{LM}$	-0.112	0.122	0.337	NO
$\boldsymbol{\psi_{LL}} - \boldsymbol{\psi_{LH}}$	0.091	0.283	0.455	YES
$\psi_{LM} - \psi_{LH}$	-0.033	0.162	0.349	NO
$oldsymbol{\psi}_{ML} - oldsymbol{\psi}_{MM}$	-0.374	-0.209	-0.019	YES
$\psi_{ML} - \psi_{MH}$	-0.131	0.014	0.154	NO
$\psi_{MM} - \psi_{MH}$	0.03	0.225	0.393	YES
$\psi_{HL} - \psi_{HM}$	-0.367	-0.230	-0.096	YES
$\psi_{HL} - \psi_{HH}$	-0.642	-0.518	-0.371	YES
$\psi_{HM} - \psi_{HH}$	-0.476	-0.290	-0.063	YES

Table S6. Posterior mean differences. Mean differences between the survival, transition, and recapture probabilities of the different social states (and their 95% confidence intervals) calculated from the posterior estimates. See Table S5 for parameters description.

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