

Social network differences across the breeding season in a burrowing seabird with assumed similar sex-roles

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Conflict of Interest

The authors declare having no conflict of interest.

Author Contributions

Antoine Morel, and Pierre-Paul Bitton conceived the ideas and designed the methodology; Antoine Morel led the collection, the analysis of the data and the writing of the manuscript; Pierre-Paul Bitton significantly contributed to the analysis and writing of the manuscript; Brendan Carswell significantly contributed to the analysis. All authors contributed to reviewing the manuscript and gave final approval for publication.

Acknowledgement

We acknowledge Samuel Goguen, Jillian Taylor, Kathryn Collier, Chandler Anstey, Raul Zabala, Lily Bertolo, Jasmine Bridger, Fiona Le Taro, and Amy Wilson for their help in data collection and their assistance with banding. We also acknowledge the participation of Sittara Herat, Emma Wiseman, Jessica Vaters, Nazzin Dadashli, Hannah Stapleton, Rebecca Parsons and Amy Butler in the data entry. This work was supported by the Natural Sciences and Engineering Research Council of Canada Discovery Grant (RGPIN-2019-04984 to P-P. B.) and Discovery Launch Supplement (DGECR-2019-00029 to P-P. B.). Additional funding came from Memorial University of

29 Newfoundland (MUN) Faculty of Science Start-up Funds, MUN School of Graduate Studies, the Canada Summer
30 Jobs program, and Women in Science and Engineering Newfoundland and Labrador Student Summer Employment
31 Program.

32

33 **Data availability statement**

34 Data including analysis are available in an open-access public repository, accessible here:

35 **Abstract**

36 Changes in behaviours that follow seasonal cycles can affect social interactions, which in turn influence social
37 network structures. Because such behaviours are often sex-related, their effect on social associations can impact
38 males and females differently. While the effects of sex-related behaviours on the social network structure of species
39 with distinct parental roles have been studied, their effects on species with seemingly similar parental tasks remain
40 uncertain. We tested how social network trait values changed over the breeding season and whether they differ
41 between males and females in Atlantic puffins (*Fratercula arctica*), for which parental roles are assumed to be very
42 similar but perhaps non-identical. We studied associations between 120 colour-banded, sexed individuals and
43 conducted scan sampling during the breeding season. We tested how social networks, built using a time-aggregated
44 network method, changed over the breeding season. We found significant social network changes during the
45 breeding season, with many of the traits changing during the peak hatching period. Social network traits followed
46 similar trends for males and females during incubation but showed some evidence of divergence during the brood-
47 rearing period. Our study demonstrates that Atlantic puffins have higher sociality during the chick-rearing period
48 than during incubation and that males generally have greater network trait value rates of change, suggesting that
49 they are more affected by shifts in parental behaviours than females. Because sex-related time budgets in the
50 Atlantic puffin are unclear, we highlight the importance of having an accurate baseline of sex-related roles to
51 interpret social structures.

52

53 Keywords: Atlantic puffin, behavioural ecology, sex-related behaviours, social network, time-aggregated network.

54 **Significance statement**

55 Studies on animal social behaviours suggest that changes in seasonal behaviours, because they directly affect
56 associations with conspecifics, should influence social network traits. Using observations of identified Atlantic
57 puffins in a colony, we demonstrated that social networks change during the different phases of the breeding season.
58 Our results show that males and females increase their sociality when their young hatch, and that male sociality is
59 more affected by changes in parental behaviours than females.

60 The activity time budget and roles of mated individuals change following seasonal cycles (Nelson et al., 1990),
61 especially during the breeding season when requirements for the production of offspring result in sex-specific
62 behaviours (Wojczulanis-Jakubas et al., 2014). Transitions in activity time budgets, in turn, can influence
63 associations among individuals (Brent et al., 2013), but it is unclear what consequences they have on social network
64 structures. In this study, we used social network analysis to investigate how changes in sex-related breeding
65 behaviours affect the social network of a breeding colonial seabird, the Atlantic puffin (*Fratercula arctica*).

66 Seasonal changes affect behavioural processes such as reproduction (Brent et al., 2013; Wolf et al., 2018)
67 and foraging strategy (Barrett et al., 2015; Durant et al., 2003), shaping social associations and subsequently forming
68 social networks (Helm et al., 2006; Pinter-Wollman et al., 2014). The dynamic nature of behavioural processes over
69 time (e.g., reproductive vs non-reproductive periods) induces uneven social environments (e.g., group composition
70 and density), potentially leading to cyclical social structures (Brent et al., 2013; Wolf et al., 2018; Vilette et al.,
71 2022). For example, individuals can form groups during winter and become territorial during the breeding season
72 (e.g., Great tit *Parus major*; Aplin et al., 2013), or aggregate in the breeding season but not during the non-breeding
73 season (e.g., Common guillemots *Uria aalge*; Buckingham et al., 2022). Associations forming social network
74 structures are known to confer individual benefits, such as fitness (Snyder-Mackler et al., 2020; Philson &
75 Blumstein, 2023). Indeed, more socially connected individuals can have better survival (e.g., Stanton & Mann,
76 2012; McFarland & Majolo, 2013). However, sociality can come with the increased probability of predation (Kelley
77 et al., 2011; Hasenjager & Dugatkin, 2017) and disease transmission (Lucatelli et al., 2021).

78 Previous work has shown that social networks can differ between males and females (Spiegel et al., 2018),
79 leading to sex-specific changes in social benefits (Silk et al., 2003; Cameron et al., 2009; Cheney et al., 2016).
80 Activity patterns within many species are well known to differ between sexes, particularly in those that have
81 pronounced dimorphism (Ginnett & Demment, 1997; Ruckstuhl & Neuhaus, 2002). Differential investment in
82 gametes (anisogamy; Trivers, 1972) has been argued to lead to differences in sex-related roles during breeding
83 attempts (Janicke et al., 2016; but see Kokko & Jennions, 2008). Sex-specific and transitions in time budget for
84 activities such as territory defence, incubation, and foraging are bound to influence the availability for individuals to
85 associate with others and, consequently, the resulting social network structures. For example, in species where
86 females spend more time on parental care than males, females would be expected to associate less and with fewer
87 adult conspecifics (lower values of degree and strength) because of a time budget directed toward parental care

88 (Vilette et al., 2022). Such lower female sociality has been shown in wild vervet monkeys (*Chlorocebus*
89 *pygerythrus*), with females spending less time engaging in social behaviours than males during winter. Higher
90 energy requirement during pregnancy explains these social differences, as increases in time spent foraging decreases
91 socialising time (Canteloup et al., 2019). In contrast, social network attributes should be very similar among the
92 sexes for species where sex-related roles are almost identical due to similar investment. Although sex-related
93 behaviours affecting social networks have been broadly studied in species with distinct roles (Lavista Ferres et al.,
94 2021; Spiegel et al., 2018; Vilette et al., 2022), social network structures of species with similar behaviours have
95 received much less attention.

96 The Atlantic puffin is a monogamous colonial seabird with a maximum lifespan of over 45 years in the
97 wild (Fransson et al., 2023). In Canada, Atlantic puffins spend every winter at sea and return to breeding sites in
98 April. At breeding sites, puffins form large breeding colonies with high burrow densities (e.g., 1.37 burrows/m² on
99 Gull Island Canada, Belenguer, 2023). Individuals generally mate with the same partner for life and return to the
100 same burrow every year to lay a single egg (Harris & Wanless, 2011). Incubation starts in mid-May and lasts ~40
101 days with a mean hatching day of late June/early July (Belenguer, 2023), and the brood rearing period lasts between
102 38 and 44 days. After fledging, generally in mid-August, immature individuals spend the next five years (until
103 sexual maturity) at sea. The adults leave the colony when their chick fledge and migrate back to sea in September
104 (Harris & Wanless, 2011). Land-based activities for puffins are generally composed of incubating and chick feeding
105 behaviours, as well as defending the burrow entrance against conspecifics and predators, and preventing the chicks
106 from exiting the burrow too early (Creelman & Storey, 1991; Anker-Nilssen et al., 2024). Puffins are also often seen
107 preening and resting sometimes on slope edges or exposed rocks and boulders, very often in high density. At sea,
108 puffins form rafts and forage in groups (Harris & Wanless, 2011). Studies that have investigated sex-related roles in
109 Atlantic puffin do not concur on which sex is more involved in specific behaviours (Harris & Wanless, 2011) or
110 often have limited sample sizes (Wallace et al., 2025). The difficulty mainly comes from the complexity of
111 quantifying nesting-related behaviours in this species. Atlantic puffins sex can only be accurately obtained
112 molecularly (Friars & Diamond, 2011), making identification in the field possible only by colour bands.
113 Furthermore, parents provision their chick a few times a day and enter their burrows quickly to avoid predators
114 (Greater Black-backed Gull *Larus marinus*; Langlois Lopez et al., 2023) and kleptoparasites (e.g., Herring Gull
115 *Larus argentatus*; Busniuk et al., 2020). In some studies, male puffins have been shown to spend more time on land

116 than females, maybe to defend the burrow (Anker-Nilssen et al., 2024), whereas females are more involved in
117 underground incubation and chick provisioning (Creelman & Storey, 1991; Fitzsimmons, 2018; Wallace et al.,
118 2025). In this scenario, males would be more socially active than females in the two breeding phases because of
119 more time spent on land, outside of their burrow. Other studies have found that females and males seem to share
120 parental care equally and do not display a difference in time budget (Corkhill, 1973; Harris, 1986). In contrast to the
121 previous scenario, males and females would have a similar social network structure that would change concurrently
122 for both sexes with the transition between incubation and chick rearing.

123 In this study, we investigated a colour-banded population of Atlantic puffins to evaluate how social
124 network trait values can change between (i) the two main breeding phases, incubation and chick rearing, and (ii)
125 males and females. Current evidence shows that close nesting neighbours associate more than expected by chance,
126 (Morel et al., 2025) and Atlantic puffin social associations on land are heavily influenced by the presence or absence
127 of their neighbours at the colony. Thus, changes in land-based activities would be reflected by changes in social
128 network characteristics.

129 **Materials and methods**

130 Study site

131 We selected an area on the south part of Great Island (47.1855N, 52.8121W), in the Witless Bay Ecological Reserve
132 of Newfoundland and Labrador, Canada. The population of Atlantic puffin on the island was estimated at 350,000
133 breeding individuals in 2015 (Wilhelm et al., 2015) and 410,000 in 2023 (Wilhelm, unpublished data). Behavioural
134 observations were conducted on a plot of ~168 square metres (14 m X 12 m), selected to 1) minimise bird
135 disturbance (e.g., for access and observation) and 2) minimise operational risks (e.g., avoiding cliffs and dangerous
136 paths), but 3) maximise colony representation. We estimated a maximum of 170 active burrows (Wilhelm et al.,
137 2015; Belenguer, 2023) present on the plot. To conduct the observations, we used the flat area at the foot of the
138 slope to build a semi-permanent wooden blind with a direct view of the study population (Figure S1). At all times,
139 birds exhibited normal behaviour and did not show signs of disturbance caused by the presence of the observation
140 station or the researchers.

141 Field method
142 To collect information about puffin social network, we colour-banded 124 individuals over two years (50 in 2021,
143 74 in 2022). Atlantic puffins, like many seabirds, are more prone to abandonment during incubation than chick
144 rearing (Yorio & Boersma, 1994; Rodway et al., 1996; Blackmer et al., 2004), so adults were captured only after
145 their chick had hatched. We minimised disturbances and maximised the capture rate by working with trained
146 banders at night when the birds were usually in their burrow. In some cases (~10–20 %), both adults were found in
147 the burrow at the same time. When this occurred, we only captured a single individual and targeted the other
148 member of the pair at least 48 hours later. Individuals were captured in their burrows by hand grubbing before being
149 carried to the banding station set a few metres away. Banders equipped each bird with a unique combination of
150 coloured leg bands to enable individual identification in the field. The bands were composed of three Darvic plain
151 colour bands custom-made from Avian ID (9.53 mm ID X 7.93 mm HT, Black, White, Green, Grey, Red, Yellow,
152 Dark blue and Light blue), and a Canadian Wildlife Service stainless steel band with a unique identifier. At the time
153 of capture, a blood sample was taken for each bird trapped. A volume of 0.1 mL of blood was taken from the
154 brachial vein and stored on a Whatman® FTA (WB120210) card for molecular sexing. The whole procedure took
155 no more than seven minutes before we released the individuals in their original burrows.

156 We defined an association as any individual in proximity (within a two-metre radius) to another, even if
157 individuals did not physically interact or display. A radius of 2 metres was selected as a threshold for association,
158 based on the average distance between marked burrows (~1.5 metres) to capture nearest neighbours and account for
159 the influence of the spatial distribution of nests on social interactions. To document associations, we performed 210
160 hours of scan sampling on the 124 potential colour-banded individuals, distributed among 53 sessions from Jun 06th
161 to August 07th, 2023. We conducted the observations regardless of the weather conditions three to five days in a
162 row, followed by a few days of break. Over the data collection period, four trained observers were involved in the
163 annotation of interactions from a blind. The observers were trained on the first days of data collection using flags
164 and natural features to ensure the accuracy of the detection radius and band identification. Each session lasted four
165 hours and consisted of visual observations performed by two observers equipped with binoculars (Swarovski EL
166 10x42 WB). The observers screened the plot and the areas peripheral to the limits of the plot for banded birds. A
167 session was either in the morning or evening. The morning sessions always started at civil twilight when colour
168 bands became visible. The evening sessions started four hours before sunset and extended until visibility was too

169 low to identify colour bands correctly. To limit bird disturbance, the observers entered and left the blind at night,
170 generally during astronomical twilight. To maximise detection, the observers used two strategies. When the slope
171 was crowded, they scanned the area from top to bottom and right to left. When only a few birds were visible,
172 observers targeted and followed specific groups of individuals. An event was created for each banded individual
173 recorded with at least another individual within a two-metre radius. Each event was identified using time and an
174 incrementing unique ID. A new event was generated every two minutes or every time a new individual entered the
175 two-metre radius of a focal banded individual. The screening was resumed by the observers quickly after band
176 identification to guarantee no birds were missed.

177 Data extraction

178 *Molecular sexing*

179 To identify the sex of the Atlantic puffins sampled, we followed the method described by Wages (2005). This
180 method consisted of extracting the DNA from the blood before running a polymerase chain reaction (PCR) to
181 amplify the chromo-helicase DNA 1 (CHD1) gene on the avian W and Z chromosomes. In short, we extracted DNA
182 using the DNeasy® Blood & Tissue Kit (Qiagen Inc., Toronto, ON, CA) from a 1 cm² saturated blood card collected
183 in the field. From 2 µl DNA, we added 12.5 µl Thermo Scientific™ PCR Master Mix, 2 µl of both primers 2550F
184 and 2718R and 6.5 µl of nuclease-free water. We used an Eppendorf Mastercycler® ep gradient S to perform the
185 PCR, which was then transferred to an electrophoresis gel made of RedSafe™ agarose gel. We used a Thermo
186 Scientific™ EC 300 XL at 130 A to migrate samples and controls for 50 minutes. The results were read by Image
187 Lab software.

188 *Social network*

189 For all data management and analyses performed, we used RStudio statistical Software v.4.2.3 (R core Team, 2025).
190 To evaluate the influence of breeding phases and sexes, we evaluated the difference in network topology between
191 the incubation and the rearing period as well as between males and females by using a time-aggregated network
192 following the methods and R package netTS from Bonnell & Vilette (2021). The breeding season was divided into
193 time windows, a series of periods for which social network terms can be calculated and compared. To assess the
194 appropriate time window size, we compared the variation and the uncertainty between different time series of our
195 parameters (e.g., strength, degree, and betweenness; closeness could not be calculated) using the

196 ‘check.windowsize’ function of the netTS package (Bonnell & Vilette, 2021). We found low variation for a window
197 size of 15 days and two fixed-day window shifts for strength, betweenness and degree (see Figure S2 in
198 supplementary material). We confirmed this trend by testing the cosine similarity for three sample size series (100
199 %, 80 %, and 60 % of the data set) and four window sizes (10, 15, 20, and 25 days; Figure S3 in supplementary
200 material). The measure of uncertainty revealed a very high similarity (0.9) at 15 and 20 days and a low response to
201 sample size variation for strength and degree. The estimates for betweenness were not as robust as for the other
202 parameters with higher similarity changes, but 15 days still appeared to be the best compromise between useful
203 temporal aggregation and noise (see similar approach in Vilette et al. 2022). Together with the measure of window
204 size variation, the uncertainty between time series and sample size validated our choice of a 15-day window and a 2-
205 day window slide as being an appropriate parameter to detect social network’s change over time.

206 To evaluate the amplitude of social network changes between breeding phases, we used four centrality
207 measures. 1) Strength: represents the number of associations per node (i.e., individual). A high value of strength can
208 reflect an individual who associates often with a few conspecifics, or associates rarely with numerous conspecifics
209 (Farine & Whitehead, 2015). 2) Closeness: the average of the shortest path length from the node to every other node
210 in the network. It indicates how close an individual is to conspecifics and high values of closeness refer to
211 individuals that can quickly have access to information from other individuals in the network (Croft et al., 2008). 3)
212 Betweenness: represents the shorter path between two individuals. An individual with a high value of betweenness is
213 more likely to connect distant sections of a network (Farine & Whitehead, 2015). 4) Degree: the number of nodes
214 connected to an individual, which gives information about the number of partners a group member is connected
215 with. A high value of degree indicates an individual connected with numerous partners (Farine & Whitehead, 2015).
216 Additionally, we evaluated the similarity between each window using a cosine similarity metric. This index uses
217 edge weight variation between networks to estimate their similarity and returns a value between 1 and 0. A high
218 value reflects little difference in the edge weights between compared networks.

219 *Analyses*

220 Given the nature of the sampling method (four hours of observations every eight hours), we corrected for sampling
221 effort by dividing the value of each term by the duration of the observation scan (first and last observation) using the
222 ‘effort.time’ function of the ‘netTS’ package (Bonnell & Vilette, 2021). Missing observations can also heavily
223 impact the network structure and can particularly occur while simultaneously observing a large number of

224 individuals. To correct errors due to missing observations, we used the simple ratio index (Hoppitt & Farine, 2018;
225 Bonnell & Vilette, 2021):

$$226 \quad SRI = \frac{x}{(ya + yb + yab + x)}$$

227 with x the number of times individuals a and b were observed together, ya the number of times individual a was
228 observed associating without b and yab the number of times individuals a and b were observed at the same time but
229 not associating together.

230 To model within-breeding-season variation of the of social network terms, we used six generalised additive
231 mixed models (GAMMs) implemented with the *mgcv* package (Wood, 2017; Wood 2025). We fitted a unique model
232 for each of the social network trait values (i.e., strength, degree, betweenness, and closeness), and a unique model
233 for each of the cosine similarity indices (i.e., similarity to first window, and similarity to previous window). All
234 models were fitted with a Gaussian error distribution and by restricted maximum likelihood estimation. In addition,
235 all models implemented a Gaussian process spline on Julian day, factorised by sex to allow for variable smoothing
236 for males and females, and individual bird ID was implemented in a random intercept. We assessed the fit and
237 variance inflation of splined terms using the ‘*gam.check*’ and ‘*gam.vcomp*’ functions.

238 For each model, we predicted social network trait values and cosine similarity indices across the observed
239 range of Julian days for each sex. To determine the Julian days at which trait values were different between males
240 and females, we identified days when the predicted 95% confidence intervals for each metric did not overlap.
241 Finally, to assess how the rates of social network metrics and cosine similarity indices may change between sexes
242 and across Julian day, we calculated the derivative between sequential Julian days in model predictions. Using the
243 ‘*Deriv*’ and ‘*signifD*’ functions (Simpson 2014), we determined the Julian day for males and females where social
244 network metrics and cosine similarity indices significantly increased or decreased relative to the previous Julian day.
245 To compare social network structure across changes in breeding activities, we used the peak hatching period
246 calculated by Benlenguer (2023) from previous years on the same island.

247 *Ethical Note*

248 This study was performed on a protected Atlantic puffin colony within the Witless Bay Ecological Reserve. Animal
249 ethics were covered by an Animal Use Permit (23-01-PB and associated amendments) issued by the Animal Care

250 Committee. All research activities, including trapping, banding and the construction of a non-permanent structure,
251 were allowed under a Province of Newfoundland and Labrador scientific research permit (wepr2021-
252 23atpucolouration), a Banding permit (10926) and a Migratory Bird Research permit (SC4061) issued by
253 Environment and Climate Change Canada.

254

255 **Results**

256 Out of the 124 individuals marked in 2021 and 2022 (37% of the estimated individuals, greater than the 30%
257 considered sufficient for proper network models; Silk et al., 2015), we detected 120 (57 females, 63 males) over 210
258 hours of observations in 2023. From June 06th to August 07th 2023, we recorded 842 dyads and 2,464 associations.

259 Most terms tested showed changes across the breeding period, especially around the peak hatching period.
260 Strength (Table 1, Figure 1a) had greater value at the end of the peak hatching period (day 184) with an almost
261 threefold score compared to pre-hatch and post-hatch values. Males and females had very similar values, following a
262 non-linear distribution across the breeding season (Table 1, Figure 1a). However, the periods of rate of change were
263 different between males and females (Figure 2a). Strength significantly increased for males and females between
264 day 174 and day 182, and declined between day 186 and 192, but males also showed a period of decline between
265 day 165 and 168 (Figure 2a).

266 The smoothed term for closeness was not statistically different from a linear relationship for either sex
267 (Table 1, Figure 1b). Because the confidence interval from the model prediction did not overlap, females had
268 generally higher but non-significantly different values than males. The rate of change for closeness did not
269 significantly change for males and females at any time during the breeding season (Figure 2b).

270 Betweenness values increased throughout the breeding season and were significantly non-linear for males
271 but linear for females (Table 1, Figure 1c). Based on the 95 % CI, male values of betweenness were significantly
272 different from females from days 194 to 196 (July 13th to 15th). Betweenness significantly increased for males but
273 not for females between day 175 and day 192 (Figure 2c).

274 The values for degree did not follow a linear trend (Table 1). They decreased until ~ day 170, around the
275 time hatch would have started, but trended higher starting just before peak hatch period, reaching their highest point
276 at day 190 (Figure 1d). The change of rate for degree significantly decreases for males and females, respectively
277 from day 164 to day 170 and 163 to 169, and increases between days 183 and 190 (Figure 2d). Males also showed a

278 period of increase between days 172 and 177, 183-190 and a decrease between days 198 and 202. While values of
279 degree were generally the same between sexes, male values were significantly different from females from days 196
280 to 198 (July 15th to 17th).

281 The cosine similarity between the first and current window also did not follow a linear trend (Table 1). The
282 values of cosine similarities were generally the same for males and females except between days 184 and 188 (July
283 3rd to 7th) for which the values of cosine similarity of the first window were higher for females than males (Figure
284 1e). The cosine similarity metrics displayed two shifting points during the breeding period. The first dramatic
285 change was revealed by a drop in similarity (less than 12 % of similarity) for both males and females from day 158
286 to 171, matching the changes observed in strength and degree (Figure 1e, Figure 2e). The second shifting point
287 occurred after the stabilisation of the cosine similarity value until it reached a relatively high value (~27 %) near the
288 end of the peak hatching period. The change of rate for the cosine similarity for males and females increased
289 between days 174 and 178 (Figure 2e). This change aligns with the differences observed around this date for
290 strength and degree. The change of rate for females alone significantly decreases between days 188 and 194.

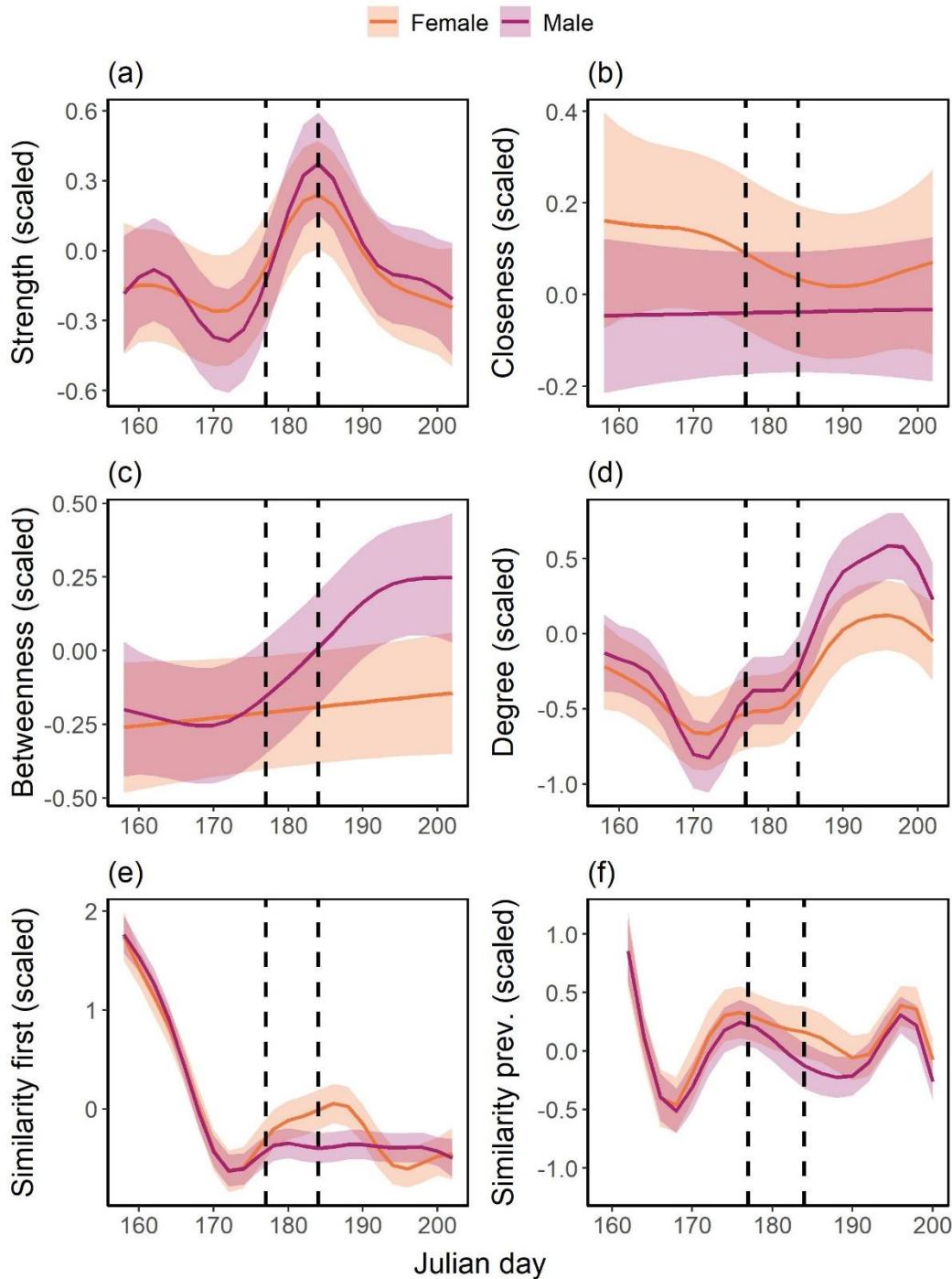
291 The cosine similarity with the previous window followed a nonlinear pattern, with no difference between
292 sexes (Table 1, Figure 1f). The first drop to 12% mirrors the values observed in the cosine similarity between the
293 first and current window and confirms that the social networks changed the most during incubation. For the rest of
294 the breeding period, the similarity is very close for males and females and shows oscillations of lower amplitudes at
295 relatively high cosine values. The change of rate for males and females decreases from days 158 to 166 and 198 to
296 202 (Figure 2f). The rate of change in cosine similarity increases between days 169 and 173, as well as 193 and 195.

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298 *Table 1 Summary of GAMM smooth term results for time-aggregated social network traits during the breeding*
 299 *season in Atlantic puffin.*

Dependent variable	Sex	F	Edf	p-value
Strength	Males	12.489	7.175	< 0.001
Strength	Females	6.643	5.853	< 0.001
Closeness	Males	0.020	1.002	0.891
Closeness	Females	1.133	2.143	0.403
Degree	Males	59.25	8.079	< 0.001
Degree	Females	19.11	6.371	< 0.001
Betweenness	Males	15.757	3.434	< 0.001
Betweenness	Females	1.331	1.002	0.248
Cosine first	Males	132.060	7.795	< 0.001
Cosine first	Females	73.167	7.766	< 0.001
Cosine previous	Males	15.822	8.199	< 0.001
Cosine previous	Females	10.560	8.062	< 0.001

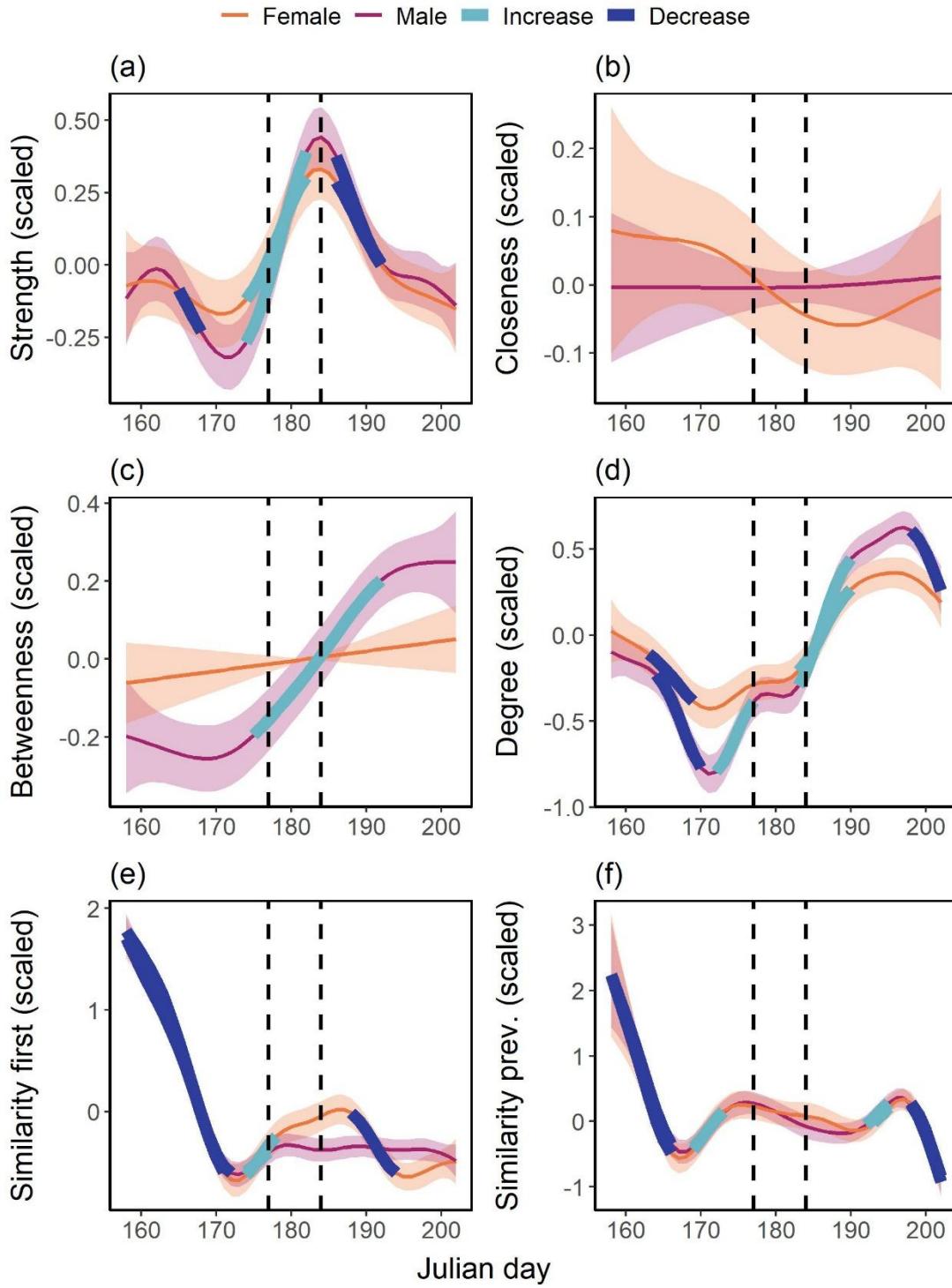
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302 *Figure 1. Seasonal changes for the values of (a) strength, (b) closeness, (c) betweenness and (d) degree in a social*
 303 *network of 120 Atlantic puffins (63 males, 57 females) during the breeding season after correcting for sampling*
 304 *effort. The cosine similarity is calculated from (e) the first-time window, and (f) the previous-time window. The*
 305 *orange and purple lines represent the relationship between Julian day, and social network values and their*
 306 *confidence interval obtained from Generalised Additive Mixed Models for males (purple) and females (orange). The*
 307 *two dashed line represents the peak hatching period (between Julian day 177 and 184).*

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Figure 2 Rate of changes for the values of (a) strength, (b) closeness, (c) betweenness and (d) degree in a social network of 120 Atlantic puffins (63 males, 57 females) during the breeding season after correcting for sampling effort. The cosine similarity is calculated from (e) the first-time window, and (f) the previous-time window. The purple and orange lines represent the relationship between Julian day and changes in social network values, along with their confidence intervals, obtained from Generalised Additive Mixed Models for males (purple) and females (orange). Whether the rate of change increases or decreases is coloured respectively in light blue and dark blue. The dashed lines represent the peak hatching period (between Julian day 177 and 184).

317 **Discussion**

318 Cyclical patterns and sex-specific behaviours affect sociality in ways that are not well understood, particularly

319 within a breeding season. Sociality on Atlantic puffin is dependent on their neighbouring individuals, with

320 associations occurring more than expected by chance and individuals forming communities. Morel et al. (2025)

321 suggest that associations on land are almost entirely dependent on the presence or absence of their neighbours at the

322 colony. Because sociality in Atlantic puffins is closely related to colony attendance of neighbouring individuals,

323 changes in breeding activity are likely to affect puffin social network structure. However, how mated individuals

324 allocate parental behaviours among themselves is unclear in this species (Corkhill, 1973; Harris, 1986; Creelman &

325 Storey, 1991; Fitzsimmons, 2018). By evaluating the changes in social network structure during different parental

326 behaviours of the breeding season, we found strong temporal changes in sociality with fewer social associations

327 during incubations than during chick rearing. We also found social network rate of change differences between

328 males and females, at the beginning and end of the breeding season.

329 The seasonal change analyses showed that puffins associated rarely during the first part of incubation (until

330 day 174 or June 23rd, low value of strength, Figure 1a) and were in contact with a low and decreasing number of

331 conspecifics (low and decreasing values of degree, Figure 1d, Figure 2d). Additionally, we found that individuals

332 had low connectivity between nodes (low value of betweenness and closeness, Figure 1b, c). The low values of

333 social network terms could be explained by incubating adults being unavailable to associate with neighbours while

334 spending most of their time underground, combined with generally low colony attendance of non-incubating adults.

335 Indeed, if the egg is usually attended by one of the adults, only about half of the population could attend the surface,

336 and many may be foraging for an extended period away from the colony. Opportunities to encounter neighbours

337 would then be generally low, as individuals tend to spend less time on average at the colony if the density of

338 conspecifics is low (Calvert & Robertson, 2002). A study from Anker-Nilssen et al (2024) supports this position, as

339 the number of puffins observed at the colony during incubation was generally low.

340 We found no evidence for differences between male and female social network trait values during early

341 incubation (until day 174 or June 23rd). These results suggest that males generally associated as much (strength,

342 Figure 1a) and with as many conspecifics (degree, Figure 1d) as females and were as likely to connect distant

343 sections of the network (betweenness, Figure 1c). However, male rates of change for betweenness and degree was

344 significantly different from females during this period (Figure 2c, d). Starting on June 21st (day 172), the rate of

345 change for each term, except for closeness, started to increase significantly independently of sex (figure 2a, c, d).
346 Males and females gradually gained connectivity by associating more (degree, Figure 1d), more often with the same
347 individuals (strength, Figure 1a), and by being more connected to the global social network (betweenness, Figure
348 1c). Around these dates, we expect eggs to start hatching (Belenguer, 2023), and adults to shift their foraging
349 strategy toward predictable food patches (Pascalis et al., 2021), and shorter foraging trips (Alho et al., 2022) to
350 maintain regular and frequent chick provisioning. Frequent provisioning (between 1.6 and 4.99 per day in average,
351 Wallace et al., 2025) and associated colony attendance are likely to increase the frequency at which adults are
352 present at their burrows and because puffins associate mainly with close nesting neighbours, it is likely to affect
353 social opportunities (Morel et al., 2025).

354 In our study, the increasing values of social network terms were maintained until the mean hatching day
355 (day 184, July 3rd) and beyond, except for strength, which reached its maximum value on that date before decreasing
356 (Figure 1b, c, d). The cosine similarity of the previous window (Figure 1f) confirmed these changes by returning a
357 higher similarity between time windows early hatching, probably because of a progressive change toward post-
358 incubation network's values. The values of strength and its rate of change were non significantly different between
359 males and females and followed the hatching pattern, perhaps because non-incubating individuals were visiting the
360 nest more often as they got closer to the hatching date (Hatch & Hatch, 1989; Weidinger, 1996; Harding et al.,
361 2005), to match their foraging activity shift as closely as possible to hatching. As the newborns grow and build
362 thermal tolerance, parents gradually reduce their time in burrow and generally associate long foraging trips for self-
363 maintenance with short trips to provide for the chick. The values of degree and betweenness increased and strength
364 decreased, likely because individuals opportunistically associated with numerous conspecifics but for a short period
365 (e.g., the time of a foraging rotation, or resting on the slope after foraging), probably to reduce predation risk.

366 We found very little difference in social network between males and females during the incubation period
367 or the chick rearing period. We found that betweenness and degree were significantly different between females and
368 males (Figure 1c, d) only during a short period during the chick-rearing. Particularly, males were in contact with
369 more conspecifics (degree, Figure 1d) and had shorter paths (betweenness, Figure 1c) than females near chick
370 fledging. The rate of change for males was also significantly higher than for females at this period for both
371 betweenness and degree (Figure 2d, c). This difference could be a response to males spending more time gathering
372 on the plot, particularly at the ridge of the slopes where they can associate with numerous conspecifics, while

373 females could be spending more time away from the colony or brooding the chick (Anker-Nilssen et al., 2024;
374 Wallace et al., 2025). The fact that the change of rate for betweenness and degree is overall greater for males than
375 females suggests that they have different parental behaviours, or that changes in similar parental behaviours affect
376 male social network more than females. The similarity metrics of the network confirmed this pattern (Figure 1e, 1f).
377 Males had a significantly different similarity value to the first-time window, for a short time period (between day
378 180 and 190), suggesting their social behaviours probably did change more than females during peak hatching
379 period, reinforcing the idea that this period is a turning point in puffin social behaviour.

380 Taken together, our results demonstrate that Atlantic puffins associated less when incubating than when
381 taking care of chicks. This finding is supported by a significant increase in rate change and generally higher values
382 for three out of four social network terms during peak hatching period. We also found that sex had little influence on
383 social network, except for males having a higher value and rate of change for betweenness and degree toward the
384 end of the breeding season. Because social associations in Atlantic puffins are highly influenced by the presence of
385 their near-nesting neighbours (Morel et al., 2025), the absence of sex-related differences in social network trait
386 values has to be related very similar sex-specific behaviours. Directed studies clarifying activity changes have been
387 conducted for other species (Weimerskirch et al., 2006; Welcker et al., 2009; Paredes & Insley, 2010; García-
388 Tarrasón et al., 2015; Thalinger et al., 2018; Scridel et al., 2023) and contributed to understanding social network
389 patterns (Brent et al., 2013; Wolf et al., 2018; Vilette et al., 2022). However, sex-related activity in burrowing
390 seabirds such as puffins has yet to be clarified as there is no clear consensus on whether males and females have
391 different time budgets (Corkhill, 1973; Harris, 1986; Creelman & Storey, 1991; Fitzsimmons, 2018). The absence of
392 consensus limits our interpretation of the social networks, highlighting the importance of having an accurate
393 baseline of sex-related roles to interpret social structure.

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