

1 Plant invasions reduce the degree of nestedness on warm temperate islands

2 Running title: Nestedness in Island Floras

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Abstract

Questions

Understanding the composition and structure of island floras is crucial for making informed conservation decisions, especially in the context of biological invasions. Island floras are often nested, i.e. species-poor assemblages are frequently subsets of species-rich ones. However, the circumstances under which this occurs on islands are often unclear. To gain insight into the processes that shape the composition and structure of island floras, we incorporated taxonomic and trait categories to investigate the relationships between the degree of nestedness of native and non-native species and island characteristics. We hypothesise that the degree of nestedness (1) declines with island area (non-random local extinctions), increases with isolation (non-random colonisation), declines with exposure to ocean-borne disturbances (non-random local extinction of specialists with their habitat), and is higher on volcanic compared to sedimentary islands (assembly rules). We also hypothesise that (2) plant invasions will reduce overall nestedness and (3) plant assemblages will be more nested if smaller in size (e.g. grasses, forbs) and not adapted to long-dispersal (e.g. wind-dispersed, ferns).

Location

264 islands offshore from northern Aotearoa New Zealand.

Methods

We combined field surveys and published data for 1,543 native and non-native plant species across 264 islands. We compiled information about their taxonomy at the fine (species) and coarse level (i.e. ferns and allies, conifers, monocots, and dicots), and categorised each species

by their growth form (i.e. graminoids, forbs, woody species, climbers and lianas, and epiphytes) and dispersal mode (i.e. water-dispersed, unspecialised, short-distance, animal-dispersed, and wind-dispersed). We quantified nestedness by organising species incidence matrices using the NODF (i.e. nestedness metric based on overlap and decreasing fill) and fixed-fixed null models. Finally, we related island nestedness ranks with four island characteristics (area, isolation, exposure to ocean-borne disturbances, and geological origin).

Results

All plant categories were nested, with a few exceptions. However, non-native species reduced the overall degree of nestedness. Nestedness ranks were consistently related to island area and largely to exposure to ocean-borne disturbances, but rarely to isolation and geological origin. This results strongly support the selective extinction (i.e., small, species-poor islands are subsets of larger, species-rich islands due to non-random local extinctions) and habitat nestedness (i.e., nested patterns generated by the non-random local extinction of specialists with their habitat) hypotheses.

Conclusions

Non-native species reduce the overall degree of nestedness, modifying the species composition of island floras. The overarching effect of island area in shaping insular plant composition underscores the key role of large islands for conserving plant diversity. Nestedness studies can suggest probable processes that determine insular community composition and aid in identifying conservation priority islands.

Keywords: Aotearoa New Zealand, Biological invasions, Island biogeography, Native species, Non-native species, Nestedness, NODF, Plants, Plant traits, Species composition

Introduction

Islands harbour disproportionately high numbers of both endemic and non-native plant species, with the former often under significant threat from the latter (Caujapé-Castells et al. 2010; Fernández-Palacios et al. 2021; Schrader et al. 2024). Thus, understanding the structure and composition of island plant communities is essential for making informed conservation decisions. Island floras within the same region frequently exhibit nested patterns (hereafter, nestedness), where species-poor assemblages are subsets of richer ones (Patterson and Atmar 1986; Wilson 1988; Hu et al. 2011; Morrison 2013; Traveset, Kueffer, and Daehler 2014). However, the circumstances under which this occurs, the impact of non-native species on nestedness (e.g. Wilson 1988), and the implications for island conservation remain poorly understood.

Nested patterns within a region can be generated by four main ecological processes. First, local extinction rates on small islands are often higher than on larger islands (MacArthur and Wilson 1967), especially for species with larger minimum area requirements (Higgins, Willig, and Strauss 2006; Tjørve and Turner 2009) or with smaller population sizes (Matthews, Cottee-Jones, and Whittaker 2015). If local extinctions are non-random, then communities on small, species-poor islands become subsets of larger, species-rich islands, a process known as selective extinction (Atmar and Patterson 1993; Lomolino 1996; Higgins, Willig, and Strauss 2006; Chen, Zhan, and Wang 2022; Millien et al. 2024). Second, colonisation rates are often lower on more isolated islands, especially for species with limited capacity for dispersal (Carlquist 1974; Higgins, Willig, and Strauss 2006). If colonization events are non-random, then communities on isolated, species-poor islands become subsets of less isolated, species-rich islands, a process known as selective colonization (Lomolino 1996; Higgins, Willig, and Strauss 2006; Hu et al. 2011; Chen, Zhan, and Wang 2022; Millien et al. 2024). Third is habitat nestedness (Higgins, Willig, and Strauss 2006; Chen, Zhan, and Wang 2022; Millien et al.

2024). In circumstances where habitats are nested, specialists disappear as their habitat does, while generalists do not (Higgins, Willig, and Strauss 2006). Islands are typically exposed to disturbances originating from the ocean (e.g. strong wind, salt spray, storms, etc.), which will favour specialists of coastal habitats (Morrison and Spiller 2008; Neufeld, Starko, and Burns 2017; Mologni et al. 2021; Mologni 2022). As exposure to these disturbances declines, so will the number of specialists, promoting nested patterns. Finally, ordered patterns of community structure might derive from assembly rules (Diamond 1975a). For instance, fertility is generally higher in volcanic than in sedimentary soils (Pretto et al. 2012). Often, this results in dominance by highly competitive species (Tilman 1982), and therefore species-poor communities on fertile, volcanic islands.

Nestedness can be strongly modified by plant invasions, much like other species distribution patterns. For instance, non-native species modify both species-area and species-isolation relationships (Long, Trussell, and Elliman 2009; Moser et al. 2018; Guo et al. 2021). Previous work suggests biological invasions may also reduce nestedness (Ladle and Whittaker 2011; Matthews, Cottee-Jones, and Whittaker 2015). Such a decrease in nestedness after invasions might arise from several processes, including the island-specific nature of species introductions, biotic interactions, non-equilibrium dynamics, and ongoing invasions (Wilson 1988; Matthews, Cottee-Jones, and Whittaker 2015; Mologni et al. 2021; Mologni 2022). All of these processes carry significant implications for island conservation.

Most research on plant communities to date has focused on taxonomic nestedness. Similar to the theory of island biogeography, this approach treats species as equivalent and independent of one another (MacArthur and Wilson 1967). More recent research that recognises species are neither equivalent nor independent has led to evaluations of phylogenetic (Johnson, Adler, and Cherry 2000; Sanmartín, Van Der Mark, and Ronquist 2008; Weigelt et al. 2015; Valente, Phillimore, and Etienne 2018) and functional island biogeography (Whittaker et al. 2014; Schrader et al. 2021; Mologni et al. 2022; Walentowitz et al. 2022;

Barajas Barbosa et al. 2023; Li et al. 2025). Phylogenetic and functionally informed approaches have gradually extended to studies of nestedness (Chen et al. 2022; Millien et al. 2024; Zhan, Li, Chen and Wang 2024). Implementing this approach has revealed distinct patterns in the nestedness of amphibians (Chen, Zhan, and Wang 2022) and mammals (Millien et al., 2024; Zhan et al., 2024), both dependent on their phylogenetic relationships and functional traits. However, little is known about how phylogeny and traits influence nested patterns of native plant communities on islands.

One way to incorporate plant phylogeny in taxonomic nestedness studies on islands is by using taxonomic categories, such as monocots, dicots, ferns, and conifers (König et al. 2016). While some of these groups are highly diverse and occupy a wide range of habitats, others are not. For instance, many fern species are confined to shaded, humid habitats (Mehltreter 2010; Wu et al. 2025), hence, islands without forest cover or highly exposed to the ocean might be too open or too lacking in humidity for many of them. Similarly, several traits can be incorporated in taxonomic nestedness studies. For example, identifying traits associated with plant body size might help characterise the role of island area and selective extinction in shaping island plant communities. Most woody species are bigger than herbs (Pérez-Harguindeguy et al. 2013) and have higher minimum area requirements. Instead, other traits could be associated with selective colonisation. Vectors vary among species, and while some, such as the wind, allow species to disperse over extended distances, others, such as ants, will limit the distance a species can disperse to (Negoita et al. 2016; Arjona et al. 2018; Mologni et al. 2022). Similarly, taller plants can disperse over longer distances (Thomson et al. 2011) but they might also have higher minimum area requirements due to their larger body size. Here, we investigated patterns of taxonomic nestedness of island floras in relation to island characteristics (i.e. area, isolation, and exposure to ocean-borne disturbances). We incorporated taxonomy and plant traits to gain insight into the processes that shape the composition and structure of island native floras. We focused on 264 islands offshore from

northern Aotearoa New Zealand. We combined field surveys and published data for 771 native plant species. We compiled information about their taxonomy and traits and explored nestedness patterns using species incidence matrices and modelling techniques. We hypothesise that the degree of nestedness (1) declines with island area (non-random local extinctions), increases with isolation (non-random colonisation), declines with exposure to ocean-borne disturbances (non-random local extinction of specialists with their habitat), and is higher on volcanic compared to sedimentary islands (assembly rules). We also hypothesise that (2) plant invasions will reduce overall nestedness and (3) plant assemblages will be more nested if smaller in size (e.g. grasses, forbs) and not adapted to long-dispersal (e.g. wind-dispersed, ferns).

Methods

Study system

The islands in the study system are located between 34–38° S and 172–179° E, spanning over 600 km, and vary markedly in their characteristics (Figure 1). The islands range in area from 0.000021 to 277 km² and in isolation from some only separated from the mainland of Aotearoa New Zealand's North Island/Te Ika-a-Māui at high tide to others over 50 km from it. Geologically, the islands are nearly evenly split between volcanic (n = 136, 51.5%) and sedimentary (n = 122, 46.2%), with a small number having a mixed composition (n = 6, 2.3%). All but the Poor Knights Islands/Tawhitirāhi and Rangitoto were connected to the mainland during the last glacial maximum (Fleming 1979, Shane et al. 2013).

The climate of the islands is temperate and oceanic (McGlone, Buitenwerf, and Richardson 2016) and all but the smallest islands and those with <5 m maximum elevation originally supported warm temperate rain forests (Peel, Finlayson, and McMahon 2007; Grubb et al. 2013; Wilmshurst et al. 2014). Most islands have elevations <400 m, where the forests

were comprised of evergreen angiosperms and conifers, the latter often emergent over angiosperms (Dawson 1988; Grubb et al. 2013). Today, old-growth forests are rare in the study system, and confined to the largest islands (e.g. Cameron and Young, 2019).

Most of the islands were deforested since human settlement of Aotearoa New Zealand in c. 1250 CE (Atkinson 2004; Bellingham et al. 2010; Daugherty et al. 1990; Wilmshurst et al. 2014). Both burning and agriculture were abandoned on most islands, which are now in a process of secondary succession such that most islands are now dominated by second-growth warm temperate rain forests (Bellingham 1984; Atkinson 2004). Common, widespread trees in these second-growth forests include *Brachyglottis repanda* (Asteraceae), *Coprosma macrocarpa* and *C. repens* (Rubiaceae), *Corynocarpus laevigatus* (Corynocarpaceae), *Kunzea ericoides* s.l. (Myrtaceae), *Melicope ternata* (Rutaceae), *Melicytus novae-zelandiae* and *M. ramiflorus* (Violaceae), *Metrosideros excelsa* (Myrtaceae), *Piper excelsum* (Piperaceae), *Pittosporum crassifolium* (Pittosporaceae), *Planchonella costata* (Sapotaceae), and *Pseudopanax lessonii* (Araliaceae) (Atkinson 2004; Wardle, Bellingham, Bonner, and Mulder 2009). Two of the largest islands (Hauturu-a-Toi/Little Barrier Island, 30.79 km², and Aotea/Great Barrier Island, 277.21 km²), with elevations up to 722 m, support floristically distinct old-growth forests above 500 m (Cameron and Young 2019; Ogden and Perry 2023). Active and recent volcanic islands (i.e. Whakaari/White Island and Rangitoto) are undergoing primary succession, in which *M. excelsa* is the dominant colonising tree (Clarkson and Clarkson 1994; Shane et al. 2013). Non-native plant species, most introduced since the 19th century, comprise approximately half of the total flora of the study system (Mologni et al. 2021). Presently, 41 islands (15.5% of all islands) are inhabited.

Species lists and plant traits

We collated lists of plant species native and non-native to Aotearoa New Zealand for each of the 264 islands using both published material and field surveys (see Mologni et al., 2021, 2022 for more details). After removing duplicates and aggregating records at the species level, a total of 1604 plant species were recorded. We removed 48 species due to taxonomic (e.g. genus only noted in species lists) and 13 due to status uncertainty, thus only 1543 were used in the analyses. A further 112 species were removed from dispersal analyses (native = 23, non-native = 89, see Table 1). Lists were combined into a presence/absence matrix. Species names were standardised following a consistent nomenclatural reference for New Zealand flora (Allan Herbarium 2023b, 2023a).

To account for different taxonomic categories, we organised species matrices using both fine (species level) and coarse taxonomic levels (i.e. dicots, monocots, conifers, and ferns and allies, Table 1). To account for plant traits, we organised species according to their growth forms and dispersal modes. We used five categories for growth forms: graminoids, forbs, woody species, climbers and lianas, and epiphytes (Table 1). We used five categories for dispersal modes: unspecialised, short-distance, wind-, animal-, and water-dispersed (Table 1). We excluded categories with a sample size below 50 species. Conifers (all species = 22, native = 12, non-native = 10) were excluded from all taxonomic analyses but were assessed in evaluations of nestedness of woody species. Obligate epiphytes (all species = 10, native = 8, non-native = 2) were excluded from all analyses. Climbers and lianas were included only in overall analyses (native = 35, non-native = 41), ferns and water-dispersed species were excluded for non-native analyses (non-native = 8 and 17, respectively), and short-distance species were excluded only for native analyses (native = 34, Table 1).

Island characteristics

We quantified four island characteristics: area, isolation, exposure to ocean-borne disturbances (e.g. storms, waves, and salt spray), and geological origin. We measured island area as the surface of an island viewed from above (km²) using available sources or manually digitising it (Mologni et al. 2021). Isolation was measured as a series of concentric belts of different radii initiating from the coastline of each island (radii = 250, 500, 1000, 1500, 2000, 2500, 3000 m, see Diver 2008; Weigelt and Kreft 2013; Negoita et al. 2016; Carter, Perry, and Russell 2020; Mologni et al. 2021). Within each radius, we quantified the proportion of land and subtracted it from the total area of that radius. This ensures that greater values indicate greater isolation. We utilised the radius that performed best (Mologni et al. 2021). We estimated exposure to ocean-borne disturbances by drawing two lines starting from the centre of an island and towards the open ocean. The orientation of each line was changed in opposite directions until they were tangential to the coastline of landmasses larger than 50 km² (the mainland or other islands). The angle between these two lines facing the open ocean represents the degree of exposure of an island to ocean-borne disturbances (Burns and Neufeld 2009). All spatial analyses were carried out using ArcGIS 10 and QGIS 2 (ESRI 2011; QGIS Development Team 2018). The geological origin of each island was extracted from the GNS's Geological Map of New Zealand (1:250,000). Islands were categorised as sedimentary, volcanic, or mixed based on the geological composition of their substrates.

Statistical analyses

For all taxonomic and trait categories, we calculated nestedness using the NODF (i.e., nestedness based on overlap and decreasing fill, Almeida-Neto et al., 2008). Although there are several nestedness metrics (Wilson 1988; Atmar and Patterson 1993; Wright et al. 1998; Almeida-Neto et al. 2008; Ulrich, Almeida-Neto and Gotelli 2009), the nestedness metric based on overlap and decreasing fill ('NODF' hereafter) is generally considered the most appropriate

(Almeida-Neto et al. 2008; Ulrich, Almeida-Neto and Gotelli 2009; Matthews, Cottee-Jones, and Whittaker 2015; Chen, Zhan, and Wang 2022). That is because it quantifies nestedness not exclusively for a whole presence/absence matrix (NODF), but also for columns (i.e. NODFc, or species composition across sites) and rows (i.e. NODFr, or species incidence) separately, allowing to determine the independent contribution of each component (Almeida-Neto et al. 2008; Chen, Zhan, and Wang 2022). Quantifying column nestedness allows for assessing whether communities are nested among islands, while row nestedness for evaluating if specialists and rare species are present on islands that have generalists and widespread species (Traveset, Kueffer, and Daehler 2014). The NODF evaluates nestedness by reordering the matrix's column and row totals in a decreasing order (i.e., decreasing fill). Columns (sites) are ordered from left to right by decreasing species richness, while rows (species) are ordered from top to bottom by decreasing incidence. Then, the NODF tests for overlaps in species composition between pairs of sites (columns) and in species incidence between pairs of species (rows). By focusing on overlaps instead then on unexpected presences or absences in the matrix, this approach reduces the risk of over- and underestimating nested patterns, respectively (Wright et al. 1998; Ulrich, Almeida-Neto and Gotelli 2009). The NODF is also more robust to variations in matrix fill (i.e. the proportion of non-zero elements), size (i.e. the total number of elements), and shape (i.e. the number of columns and rows), enabling the comparison of markedly different matrices (Almeida-Neto et al. 2008).

Nestedness was assessed on the entire matrix (NODF), on columns (i.e. species composition, NODFc) and rows (i.e. species incidence, NODFr). We employed a fixed-fixed null model with a 'quasi-swap' algorithm and 999 simulations to test for significant nestedness (Ulrich, Almeida-Neto and Gotelli 2009; Millien et al. 2024). Fixed-fixed null models maintain row and column totals fixed, which reduces the number of possible arrangements in the randomised matrices and thus the likelihood of identifying statistically significant nested patterns (Matthews,

Cottee-Jones, and Whittaker 2015). This is a more conservative approach which reduces the risk of type I errors (Ulrich, Almeida-Neto, and Gotelli 2009).

Relationships between island nestedness ranks (i.e., the ranking of islands based on their position within a nested matrix) and island characteristics were quantified using Generalised Additive Models (GAM). Island nestedness ranks were standardised and set as a response variable, while island characteristics were set as predictors. Standardised nestedness ranks range between 0 and 1 and assign higher values to species-poor sites and species that occur less frequently. If, for instance, species decline in number as area does, so that communities on small islands are subsets of communities on large islands, this will result in a negative relationship between nestedness ranks and island area. Spearman correlation coefficients were calculated for continuous variables, but no correlation exceeded the threshold of 0.7 (Appendix S4).

We selected the best model across 5 candidates. As baseline, we used two general additive models (GAMs), one of which with a smooth term to account for non-linearity in continuous variables. Nestedness ranks though produce normalised values (0-1). Data bounded between 0 and 1 are best modelled using beta and quasi-binomial regressions. We run two additional GAM models but by setting beta as family, one of which with a smooth term to account for non-linearity in continuous variables. The beta distribution requires data to be within the open interval (0, 1), so we adjusted the boundary values by replacing 0 with 0.001 and 1 with 0.999. We run the quasi-binomial model using generalised linear models (GLMs). To select the best model, we regressed the nestedness ranking of the whole flora against the four islands characteristics and then computed both the Akaike Information Criterion (AIC) and the Root Mean Squared Error (RMSE) for each model. The best model was the Beta regression with smooth terms (Appendix S6). In addition, only 5 of the islands are of mixed geological origin and we opted to exclude them. To ensure these 5 data points did not influence results, we modelled

only continuous variables with and without mixed geology islands using a beta regression. Results were consistent, and thus we excluded them from further analyses (Appendices S7, S8). Area was log transformed in all instances to reduce data separation. Finally, we also calculated partial Spearman correlation coefficients among continuous predictors (Millien et al. 2024). This method enables the comparison of more than 3 predictors and the assessment of the independent effect of each one (Frick, Hayes, and Heady III 2009; Shipley 2016; Millien et al. 2024).

Plant categories whose distribution is not significantly nested, or nested only according to rows (i.e. species incidence, NODFr) will be excluded from modelling. A Bonferroni correction was applied to account for multiple tests and reduce type I error rates. This approach was applied to all, native, and non-native species and to all subsets.

All analyses were conducted in R. Nestedness was quantified using the package *vegan* (Oksanen et al. 2024) and nestedness ranks using the package *bipartite* (Dormann, Gruber, and Fründ 2008). For modelling, we used *mgcv* (GAMs), *betareg* (beta regression), and *ppcorr* (Spearman partial correlation coefficients, Cribari-Neto and Zeileis 2010, Kim 2012, Wood 2017).

Results

Most Common Native and Non-Native Plant Species

The ten most common native species across the 264 islands are *Disphyma australe* (Aizoaceae, dicot herb; number of islands = 236), *Coprosma repens* (Rubiaceae, dicot tree; n = 222), *Senecio lautus* (Asteraceae, dicot herb; n = 220), *Ficinia nodosa* (Cyperaceae, monocot herb; n = 219), *Dichondra repens* (Convolvulaceae, dicot herb; n = 201), *Metrosideros excelsa* (Myrtaceae, dicot tree; n = 200), *Muehlenbeckia complexa* (Polygonaceae, dicot liana; n = 199), *Sarcocornia quinqueflora* (Amaranthaceae, dicot herb; n = 191), *Phormium tenax*

(Asphodelaceae, monocot herb; n = 184), and *Asplenium oblongifolium* (Aspleniaceae, fern; n = 178). Of 769 species, 442 (57.5%) were present on 10 or fewer islands.

The ten most common non-native species across the 264 islands are *Sonchus oleraceus* (Asteraceae, dicot herb; number of islands = 215), *Erigeron sumatrensis* (Asteraceae, dicot herb; n = 171), *Lysimachia arvensis* (Primulaceae, dicot herb; n = 171), *Polycarpon tetraphyllum* (Caryophyllaceae, dicot herb; n = 168), *Hypochaeris radicata* (Asteraceae, dicot herb; n = 165), *Sporobolus africanus* (Poaceae, monocot herb; n = 155), *Vulpia bromoides* (Poaceae, monocot herb; n = 133), *Phytolacca octandra* (Phytolaccaceae, dicot herb; n = 125), *Centaurium erythraea* (Gentianaceae, dicot herb; n = 125), and *Anthoxanthum odoratum* (Poaceae, monocot herb; n = 122). Of 774 species, 563 (72.7%) were present on 10 or fewer islands.

Nestedness and Relationships with Island Characteristics

Most species groups were significantly nested based on at least one of the 3 nestedness metrics (full matrix, rows, and columns), except for ferns and allies, water-dispersed species and non-native graminoids and animal-dispersed (Table 2, Appendices S1, S2, S3).

Nestedness rankings of plant categories that were significantly nested according to the full matrix (NODF) or columns (i.e. species composition) were:

- Negatively related to island area across all models, indicating plant assemblages on small islands were subsets of those on larger islands (Figures 2 and 3 & Appendices S7-S13)
- Not associated with isolation across all models, indicating plant assemblages on isolated islands are not subsets of those on less isolated islands (Figures 2 and 3 & Appendices S7-S13, but see results for the partial Spearman correlation coefficients in Appendix S5)

- Positively associated with exposure to ocean-borne disturbances across all models for most categories (18 of 21 models, 86%), indicating that plant assemblages on exposed islands were subsets of those on sheltered islands (Figures 2 and 3 & Appendices S7-S13)
- Not associated with geology in all models for most categories (18 of 21 models, 86%), indicating that plant assemblages on volcanic islands are not more nested than those on sedimentary islands (Figures 2 and 3 & Appendices S7-S13)

Including non-native species in the nestedness models yielded statistically significant results more frequently, but smaller NODF values, indicating floras are less nested. Overall, the total flora was more commonly nested (64% of tests, 25 significant on 39 in total), than the native flora alone (42% of tests, 14 significant on 33 in total) or the non-native flora alone (40% of tests, 12 significant on 30 in total, Table 2). By contrast, the degree of nestedness for the whole flora (mean = 47.34, range = 30.98–64.70) was lower than the native flora (58.04, 48.23–70.83) but higher than the non-native flora (36.96, 6.91–57.65). The direction of the relationships between nestedness rankings and island characteristics were similar for all, native, and non-native species. However, only non-native species displayed a significant difference between geological origins. Non-native plant communities were more nested on volcanic islands compared to sedimentary.

Discussion

Assemblages of the highly native and non-native plant species across 264 offshore islands in Aotearoa New Zealand are largely nested. However, non-native species decreased the overall degree of nestedness, in line with a previous study on the flora of 23 forested islands in a lake in cool temperate Aotearoa New Zealand (Wilson 1988). Ongoing invasions have been proposed to explain differences in the distribution of native and non-native species in this system (Mologni

et al. 2021, Mologni et al. 2024). Other contributing processes might include the island-specific nature of species introductions and non-equilibrium dynamics (Wilson 1988; Matthews, Cottee-Jones, and Whittaker 2015). Despite a lower degree of nestedness, non-native species amount to half of the total flora of the islands (Mologni et al. 2021), and some are invasive and highly competitive. This may lead to local extinctions of native species, altering nested patterns in ways not fully captured by our analyses.

Species assemblages were nested regardless of taxonomic and trait categories, except for ferns and water-dispersed species assemblages. With light propagules (e.g. spores) and the ability to take advantage of water currents, these plant categories can disperse over long distances (Thomson et al. 2011), potentially reaching most islands and overriding nested patterns. Consistent with previous results on Aotearoa New Zealand lacustrine islands, native trees and shrubs were more highly nested than herbs (Wilson 1988), whereas non-native species showed the opposite pattern. Non-native woody species were less nested than herbs, likely due to the longer time required for these species to reach maturity and spread. Six categories (18%) were nested only according to rows (i.e., species incidence), indicating that widespread species occur across most sites, while rarer species are restricted to sites with higher diversity. This pattern is likely influenced by differences in plant traits, such as variations in the dispersal capacity of carriers. The nestedness ranks of plant categories nested according to the full matrix or columns (i.e. species composition) were generally related to island area and exposure to ocean-borne disturbances, but not isolation and geological origin, with a few exceptions.

Nestedness ranks of native plant species were consistently related to island area, irrespective of the taxonomic or trait category considered. Island area is a well-established predictor of plant diversity (Arrhenius 1921; MacArthur and Wilson 1967). Larger islands provide more space, more diverse habitats, and more resources, supporting higher species richness

(Quinn, Wilson, and Mark 1987, Tjørve and Turner 2009). Furthermore, larger islands are a larger target for dispersing propagules, enhancing the chance of island colonisation by new species (Lomolino 1990, Mologni et al. 2021). Previous work in the same study system found that larger islands contain more species, regardless of plant functional traits (Mologni et al. 2021, 2022). In the current study, we observed that native plant assemblages on smaller islands were consistently subsets of those of larger islands. This pattern aligns with the selective extinction hypothesis, which posits that the smaller the island, the more likely it is that species with larger area requirements or smaller population sizes will become extinct, generating nested patterns (Higgins, Willig, and Strauss 2006; Tjørve and Turner 2009; Matthews, Cottee-Jones, and Whittaker 2015). In addition, the effect of island area was at least twice as great as that of other predictors, suggesting selective extinction might be the dominant process in the study system (see Figure 2 and 3). However, the effect size of island area was comparable across all groups. If both large- and small-bodied species (e.g. woody species and graminoids, short and medium-height species) exhibit similar responses to island area, then minimum area requirements might be less important in plants than in animals (Millien et al. 2024).

The pronounced effect of area on island floras has strong conservation implications. In the longstanding debate on whether it is best to protect a single large area versus several small ones (Wright and Reeves 1992), our overall results seem to support protecting larger islands (Diamond 1975b; Tjørve and Tjørve 2008; Donaldson, Wilson, and Maclean 2017; Fahrig et al. 2022). However, options to protect larger islands in Aotearoa New Zealand are limited simply because there are few of them and most of the islands >100 ha in our study region are either wholly or largely managed for nature conservation (e.g., Armitage, 2011; Veitch and Wade, 2019). Although the flora of smaller islands is often nested within that of larger islands, small islands can be critical for the protection of some rare and threatened plant species (Richardson et al. 2015). Given that nationally and in our study region over 70% of protected islands are

<100 ha (Towns and Ballantine 1993), smaller islands should not be neglected in conservation planning. In our study region, the smaller islands need long-term protection to preserve the diversity of plant categories that are not nested, such as ferns, water-dispersed, and tall species, as well as endemic plant species that are confined to or are most abundant on small islands with high densities of nesting seabirds and with strong maritime climatic influences (Gillham 1960; Cameron 1990; Norton et al. 1997).

Similarly, the effect of islands' exposure to ocean-borne disturbances was relatively consistent across groups. This suggests that habitat nestedness, or the systematic disappearance of specialists as their habitat does, applies in most cases. Alternatively, ocean-borne disturbances might simply increase the chance of local extinction events, resulting in the depauperate floras of exposed islands being a subset of the floras found on sheltered islands. Other studies have also shown that pressure from disturbances results in nestedness (e.g. in breeding bird communities, Wang et al. 2013). Ocean-borne disturbances are likely to play a role in explaining the effect of island area as well, given that species on smaller islands are more prone to local extinction (MacArthur and Wilson 1967).

Another process linked to nested patterns is selective immigration, when, due to varying dispersal capabilities, communities on isolated islands become subsets of those on less isolated islands. However, isolation was consistently a non-significant predictor, suggesting selective immigration is not a primary process in this system. Weak or inconsistent isolation effects were also reported in previous work on these islands (Mologni et al. 2022, Mologni et al. 2024). The spatial arrangement of the islands, which are often clustered and relatively close to the coast, may reduce the effect of geographic isolation. Similarly, the geological origin of the islands had little impact on nested patterns, except for non-native species (3 out of 4 tests). Non-native communities were often more nested on volcanic than on sedimentary islands. This supports the assembly rule hypothesis for non-native communities on volcanic islands, where fertile soils

drive competitive exclusion, resulting in species-poor communities. This contrast with previous findings in the Mediterranean, where volcanic islands were generally invaded by more non-native species (Pretto et al. 2012).

Most of the islands in northern Aotearoa New Zealand were connected to the mainland during the last glacial maximum (Fleming 1979, Shane et al. 2013). As such, relictual plant populations might homogenize the flora and mitigate nested patterns. More recently, human activities have heavily modified these islands. The land was often burned or cleared for agriculture. Historic deforestation and subsequent secondary successions, which are likely to have been influenced at least in part by dispersal of species among islands and from the mainland, are also likely to have homogenised the flora (Christensen and Peet 1984) and mitigated nested patterns. Habitat loss most likely drove more than one native species to extinction, influencing nestedness patterns and likely homogenised the native flora. Unfortunately, we could not account for these factors since data are lacking for relictual populations and habitat loss.

In this study, we focused only on ecological processes such as selective extinction and immigration. However, nested patterns can also be generated by stochastic processes, prominently passive sampling (i.e. rare species are underrepresented in the community compared to abundant species) and collecting artifacts (i.e. the disproportional sampling of rare species or small assemblages, Higgins, Willig, and Strauss 2006; Hu et al. 2011). Unfortunately, we lack data to investigate the role of these processes. Additionally, we used a fixed-fixed null model and the Bonferroni correction, both very conservative approaches. While this reduces the risk of type I errors, they inevitably increase the risk of type II errors.

Overall, native plant communities were nested across northern Aotearoa New Zealand islands but non-native species reduced the overall degree of nestedness. This aligns with previous work on lacustrine islands in Aotearoa New Zealand (Wilson 1988). The degree of

471 nestedness varied according to plant taxonomy and traits, in line with prior research on animals
472 (Chen, Zhan, and Wang 2022; Millien et al. 2024; Zhan et al. 2024), and highlights the
473 importance of incorporating taxonomic categories and traits into studies of island nestedness of
474 plants (Schrader et al. 2021). Furthermore, island floras were largely nested according to area,
475 which emphasises the need to protect large islands, since, at least in our study system, some of
476 the larger islands are also inhabited, highly modified, and more invaded (Mologni et al. 2021;
477 Mologni et al. 2024). Nestedness studies can suggest probable processes that determine
478 insular community composition and aid in identifying conservation priority islands.

Data Availability Statement

The data in this research were collected from islands owned by Māori or from islands over which they have customary authority. The authors recognise their sovereignty and authority to control data about their lands under the CARE Principles for Indigenous Data Governance. Data for island characteristics are available from the Manaaki Whenua data repository at <https://doi.org/10.7931/ndkt-zw49>. The matrix and code used for this research are available as supplementary material (Appendices S14 and S15, respectively). Island locations (longitude and latitude) and species identity are not publicly available due to private ownership and issues of data sovereignty of concern to Māori. We thank Jill Rapson and other two anonymous reviewers whose comments improved the manuscript.

494 **Tables**

495 **Table 1** - Description of taxonomic and trait categories utilised to investigate taxonomic
 496 nestedness across 264 Aotearoa New Zealand offshore islands. Numbers with an asterisk
 497 indicate categories excluded due to the small sample size (n<50).

Category	Description	All Species	Native	Non-native
Taxonomic categories				
<i>Fine level</i>	All species	1543	769	774
<i>Coarse level</i>		1543	769	774
Ferns and allies	Ferns and lycophytes	165	157	8*
Conifers	Conifers	22*	12*	10*
Monocots	Monocotyledons	428	217	211
Dicots	Dicotyledons	928	383	545
Trait categories				
<i>Growth forms</i>		1543	769	774
Graminoids	Grasses, sedges, and rushes	236	122	114
Forbs	Herbaceous, non-graminoid	868	391	477
Woody species	Trees and shrubs	353	213	140
Climbers and lianas	Herbaceous or woody climbers	76	35*	41*

Epiphytes	Plants that grow upon other plants	10*	8*	2*
<i>Dispersal modes</i>		1431	746	685
Water-dispersed	Buoyant propagules, e.g., corky tissues, air pockets (hydrochory)	78	61	17*
Unspecialised	No evident or prevalent morphological adaptations (unspecialised)	378	110	268
Short-distance	Morphological adaptations for short-distance dispersal only (ballochory, myrmecochory)	155	34*	121
Animal-dispersed	Fleshy fruits or adhesive barbs (endo and epizoochory)	325	175	150
Wind-dispersed	Plumes, wings, dust diaspores (anemochory)	495	366	129

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Table 2 - Nestedness parameters for matrices including taxonomic (fine and coarse) and trait (growth forms and dispersal modes) categories for all, native, and non-native species. The column NODF (nestedness based on overlap and decreasing fill) is the overall nestedness parameter, while NODFr and NODFc are nestedness of rows and columns, respectively. Values range from 0 to 100, where 0 indicates a non-nested pattern and 100 a perfectly nested matrix. In bold are significant nested patterns ($P > 0.05$). In grey are categories that are not significantly nested for any parameter.

	All species			Natives			Non natives		
Category	NODF	NODFr	NODFc	NODF	NODFr	NODFc	NODF	NODFr	NODFc
Taxonomic categories									
<i>Fine level</i> (all species)	39.62	39.00	60.76	55.93	54.94	64.33	36.50	35.07	48.83
<i>Coarse level</i>									
Ferns and allies	55.65	61.19	53.49	56.24	63.94	53.52	<i>not applicable</i>		
Monocots	44.16	41.72	50.58	55.46	57.68	53.96	38.50	38.63	38.41
Dicots	37.78	35.88	61.36	55.51	51.30	64.39	37.09	33.87	50.82
Trait categories									
<i>Growth forms</i>									
Graminoids	48.96	47.49	50.13	53.99	58.65	53.00	40.21	44.91	39.34
Forbs	40.59	38.60	62.19	58.19	55.02	65.13	40.07	36.43	51.95

	All species			Natives			Non natives		
Woody species	45.86	38.03	59.87	60.27	56.04	63.02	11.26	26.75	6.91
Climbers & Lianas	41.56	31.90	42.36	not applicable					
Dispersal modes									
Wind-dispersed	51.89	48.27	64.65	59.84	57.37	64.58	54.62	41.88	57.65
Water-dispersed	60.68	46.53	61.91	61.95	54.69	62.33	not applicable		
Unspecialised	42.29	40.00	47.00	48.84	52.36	48.23	38.99	41.39	36.53
Animal-dispersed	48.88	38.45	64.70	66.68	57.24	70.83	28.39	30.54	27.70
Short-distance	34.94	30.98	36.30	not applicable			33.19	28.26	34.22

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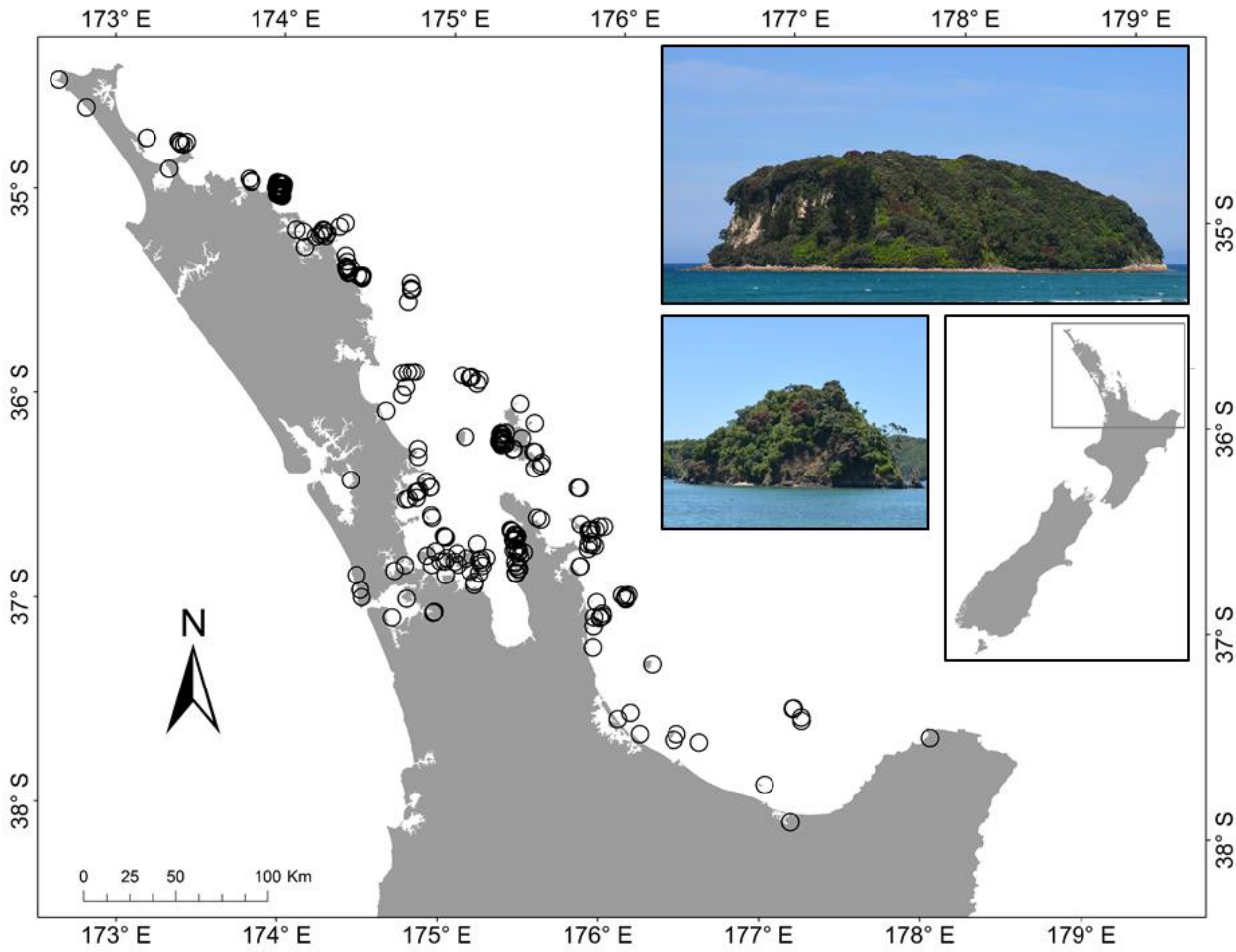
Figures

Figure 1 Map and example photos of the 264 investigated islands offshore northern Aotearoa New Zealand.

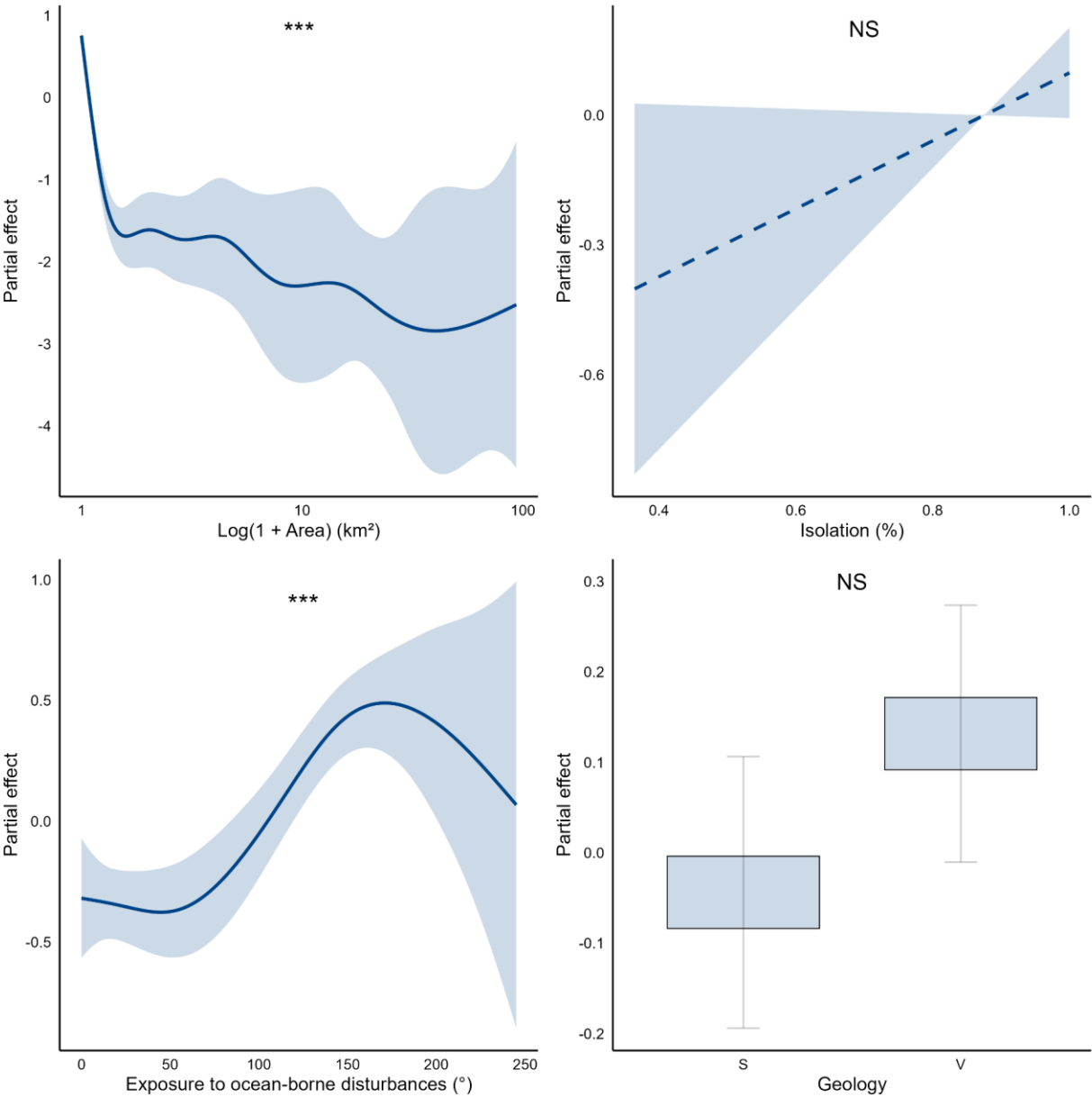
Figure 2 Partial effect plots showing the relationship between nestedness rankings of the full matrix (all species, mixed geology islands excluded) and island characteristics across 264 islands offshore northern Aotearoa New Zealand. For continuous predictors, solid lines represent significant relationships, and dashed non-significant ones. For categorical predictors, opaque colours represent significant effects, and transparent non-significant ones. Significance is also marked with asterisks (*) and non-significance with "NS". Full plots for all other categories can be found in the supplementary material (Appendices 10, 11, 12, 13). A Bonferroni correction was applied to reduce type 1 error rates. The alpha level was set at 0.002, dividing 0.05 by the number of categories ($n = 21$).

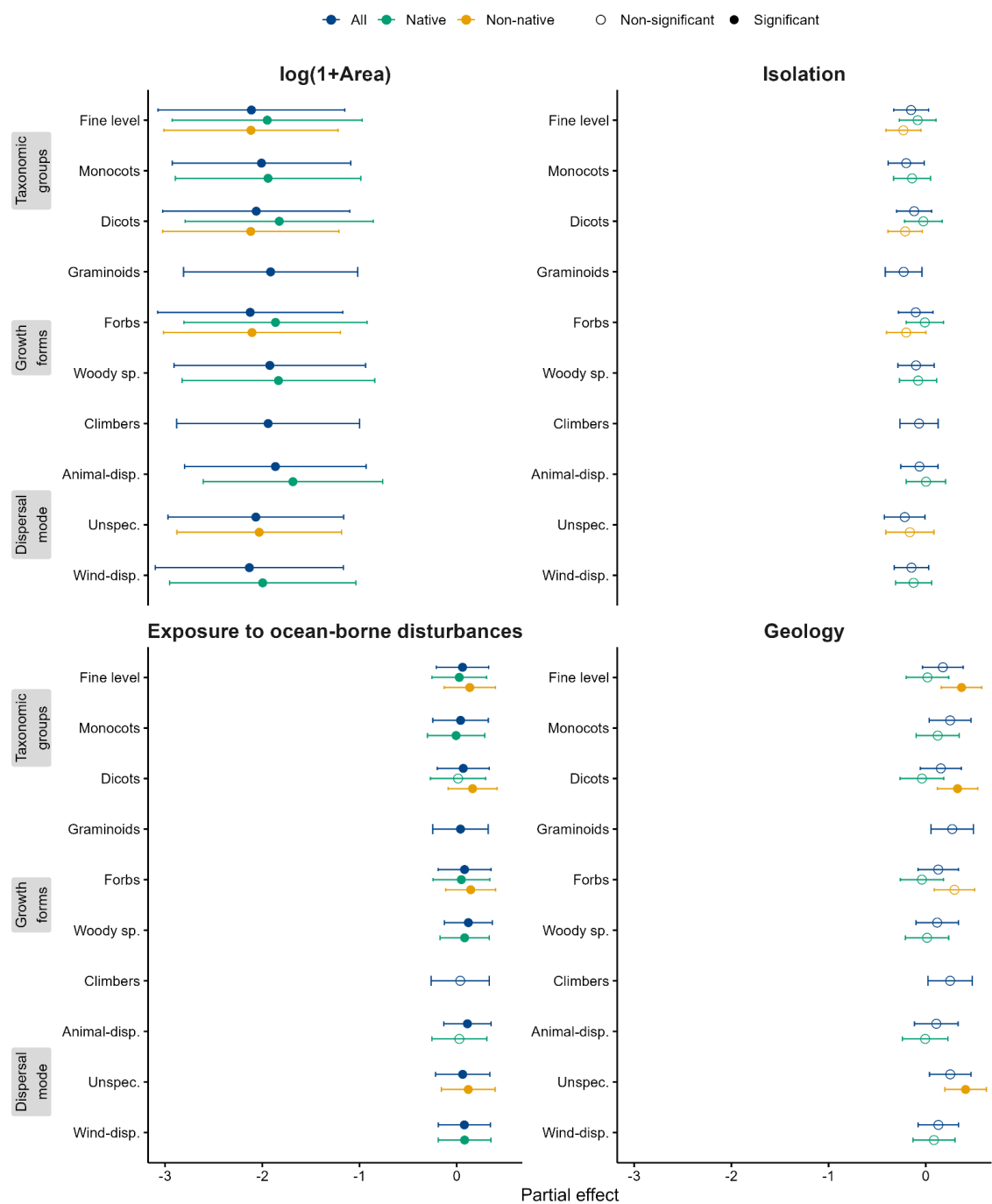
Figure 3 Relationships between the nestedness rankings of all taxonomic and trait categories and island characteristics across 264 islands offshore northern Aotearoa New Zealand. On the y-axis are species categories. Categorisations were taxonomic (fine - all species; coarse - monocots and dicots), growth forms (graminoids, forbs, woody species, and climbers and lianas), and dispersal modes (wind-dispersed, unspecialised, and wind-dispersed). On the x-axis are partial effects. The geological origins of the islands are sedimentary (S) and volcanic (V). Full plots can be found in the supplementary material (Appendices 10, 11, 12, 13). A Bonferroni correction was applied to reduce type 1 error rates. The alpha level was set at 0.002, dividing 0.05 by the number of categories ($n = 21$). Abbreviation are woody species (woody sp.), animal-dispersed species (animal-disp.), unspecialised (espec.), and wind-dispersed species (wind-disp.)

Figure 1



550 **Figure 2**





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836 **Supplementary material**

837 Appendix S1 - NODF results for all species

838 Appendix S2 - NODF results for native species

839 Appendix S3 - NODF results for non-native species

840 Appendix S4 - Correlation matrix for the continuous predictors used in the models

841 Appendix S5 - Spearman partial correlation coefficients for all, native, and non-native species

842 Appendix S6 - Model selection

843 Appendix S7 - Beta models with smooth term including all islands and excluding geology

844 Appendix S8 - Beta models with smooth term excluding mixed geology islands and geology

845 Appendix S9 - Beta models with smooth term including mixed geology islands and geology

846 Appendix S10 - Partial effect plots showing the relationship between nestedness rankings and
847 area

848 Appendix S11 - Partial effect plots showing the relationship between nestedness rankings and
849 isolation

850 Appendix S12 - Partial effect plots showing the relationship between nestedness rankings and
851 exposure to ocean-borne disturbances

852 Appendix S13 - Partial effect plots showing the relationship between nestedness rankings and
853 geology

854 Appendix S14 - R script

855 Appendix S15 - Full matrix

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