# Stronger together? A framework for studying population resilience to climate change impacts via social shielding

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# Abstract

- Climate change is driving a rapid increase in the frequency and intensity of extreme climatic events, leading to substantial alterations in climate patterns and other environmental conditions. These changes are often degrading habitats and increasing thermal, water, and nutritional stress for animals, thereby elevating general stress levels and imposing energetic costs.
  - 2. Social behaviours (i.e., interactions between conspecifics) can be crucial for animals in reducing the costs imposed by these changes. Social behaviours can improve resource acquisition, reduce
- 30 mortality, and provide a social buffer against physiological stress. Furthermore, helping others during reproduction can provide a buffer against reproductive failure under unfavourable environmental conditions. However, these buffering effects remain vaguely defined and it is
- 33 unclear how to test for their occurrence.
  - 3. This review explores how social behaviours can shield animals from the negative impacts of climate and environmental changes. We examine how social behaviours can provide benefits across key
- 36 aspects of life, including foraging success, decreasing energetic costs, reproductive success, and the direct reduction of physiological stress.
  - 4. We synthesize these ideas in the social shielding hypothesis and explain its key components,
- 39 including the proximate mechanisms that drive social behaviours, the levels of behavioural change (individuals to groups to populations), shielding benefits across all life stages (embryo to senescence), and the ultimate consequences of these behavioural changes.
- 42 5. We emphasize that social behaviours can shield individuals under unfavourable conditions, favourable conditions, or independent of conditions, and we provide guidance on how to statistically distinguish between these different types of social shielding. These different shielding
- 45 mechanisms influence how individuals and populations respond to the negative effects of climate and environmental change.
  - 6. This framework can help predict and manage the negative effects of climate change on animals,
- 48 thus guiding conservation strategies that support biodiversity and animal welfare.

Keywords: climate change, social behaviours, physiological buffering, environmental buffering,

51 cooperative breeding, social shielding hypothesis.

# 1. Introduction

54 Our global climate is undergoing rapid changes. Climate change alters many climatic parameters leading to higher mean temperatures, increased unpredictability of precipitation, and increased frequency and intensity of extreme climatic events (Bailey & van de Pol, 2016b; van de Pol et al.,

- 57 2017). These climatic changes are degrading the environments in which animals live and alter habitats, making them unfavourable or even unsuitable (Fisher et al., 2021). Furthermore, altered climatic conditions and extreme climatic events can increase thermal and water stress which influence
- 60 physiological responses by increasing the energetic costs of animals (Mitchell et al., 2018). These alterations can lead to a deviation from homeostasis (Schradin et al., 2023) and affect the costs and benefits associated with any given behaviour. Consequently, these rapid environmental changes are
- 63 negatively affecting key aspects of animal lives, including their behaviour, survival, and reproduction. Moreover, these changes are concurrently occurring alongside other anthropogenic impacts (e.g., chemical pollution, (Gore et al., 2019) that can also affect behaviours and stress responses (Fisher et
- 66 al., 2021). Therefore, it is critical to understand whether and how species respond to these changes to mitigate their effects and implement effective conservation strategies (LeDee et al., 2021). Here, we focus on the role of social behaviour as an adaptation to climate change.
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# 1.1 Social behaviours: a key adaptation for the response to climate change

Animals can respond and adapt to environmental changes by adjusting their morphology (Ryding et

- al., 2021), physiology (Moss & While, 2021), and/or behaviour (Fisher et al., 2021). Because
   behaviours can be immediately altered by changes in environments, they provide some of the first
   clues that animals are affected by these changes. For example, animals rapidly change their
- 75 movement patterns in response to human activities (Schrimpf et al., 2021). Therefore, behaviours have been described as the first line of defence to climate change (Van Buskirk, 2012). Species that exhibit a greater degree of behavioural flexibility within and between individuals, e.g., the ability to
- 78 exploit new resources or settle in new habitats, are more likely to survive, and even thrive, in novel environments (Lowry et al., 2013; Sol et al., 2005). Therefore, altering behaviours can be a crucial aspect of an immediate response to climate change. Social behaviours (i.e. interactions between
- 81 conspecifics) are ubiquitous and facilitate cooperation, competition, and mating. Due to their close links to survival and reproductive success, changes in social behaviours may be a key mechanism through which animals can offset the effects of unfavourable conditions and therefore cope with

84 climatic changes.

In response to climatic changes, animals can alter both sociality per se (i.e., rate of group formation

- and splitting, group size and composition) and/or the expression of social behaviours (Blumstein et al., 2023; Fisher et al., 2021; Komdeur & Ma, 2021). Climate change could constrain or enhance the expression of social behaviours. For example, increased temperatures are associated with smaller
- 90 group sizes in a number of bird species (Fisher et al., 2021). Southern pied babblers (*Turdoides bicolor*) decrease nestling provisioning during heatwaves, leading to reduced nestling condition (Wiley &

Ridley, 2016). Other species respond to these challenges by increasing sociality. In Iberian magpies

- 93 (*Cyanopica cooki*), some individuals do not breed on their own under challenging weather conditions but instead join other pairs by helping them raise their offspring (Canário et al., 2004). Comparative work suggested that cooperative breeding, where alloparents provide parental care for offspring of
- other group members (Ben Mocha et al., 2023), is associated with more variable environments
   (Griesser et al., 2017; Jetz & Rubenstein, 2011; Lukas & Clutton-Brock, 2017). In these species,
   alloparents can mitigate the costs of breeding in years with low levels of precipitation, as allo-parental
- care can buffer against reproductive failure (Borger et al., 2023; Covas et al., 2008). Therefore, the
   benefits of social behaviours can allow animals to buffer the negative effects of climate change.
   Alternatively, climate change could result in increased resource availability or can release animals
- 102 from environmental stressors, for example, through reduced snow cover that increases food availability for predators (Williams et al., 2015). We therefore expect social behaviour to be highly plastic in response to environmental variation and critical for animals to cope with climatic changes.

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Previous studies have hypothesized that climate change can alter social interactions (Blumstein et al., 2023; Fisher et al., 2021; Komdeur & Ma, 2021; Pilakouta et al., 2023; Soravia et al., 2021). However, sociality and social behaviour itself could limit or even buffer the impacts of climate change through

- 108 sociality and social behaviour itself could limit or even buffer the impacts of climate change through different mechanisms. Work in captive animals showed that physical proximity among individuals lowers stress hormone levels, buffering the negative impact of stress (Davitz & Mason, 1955), which
- has been labelled social buffering (Kikusui et al., 2006). Meanwhile, work in wild birds showed that cooperative breeding can reduce the risk of nest failure under unfavourable conditions (Komdeur & Ma, 2021), which has been labelled environmental buffering (Borger et al., 2023). However, while a
- 114 common theme is that socially mediated benefits allow animals to cope with the effects of climate change, the 'environmental buffering' and 'social buffering' hypotheses remain unintegrated. Integrating these ideas will facilitate comparability of studies testing these hypotheses, allow for
- 117 standardising or paralleling investigative approaches, and enhance our ability to incorporate knowledge and approaches from multiple disciplines that study these effects.
- 120 In this review, we i) give an overview on climatic variables and their effects on social behaviour; ii) describe how social behaviours can buffer animals from climatic impacts; iii) present the novel social shielding hypothesis to standardise the study of buffering effects of social behaviours against impacts
- 123 of climate and environmental changes; and iv) suggest future avenues for studies to gain knowledge on how to mitigate the negative impacts of climate change.

# 126 **2. Background: Climate affects social behaviour**

Unfavourable climatic conditions have a fundamental effect on social behaviours both directly via changes in resource availability and by having negative physiological consequences, including thermal

- 129 and water stress (Schradin et al., 2023). Moreover, unfavourable climatic conditions also impact animals indirectly, for example, via changes in resource availability that increase intraspecific and interspecific competition over resources. These changes can negatively affect reproductive success
- and survival (Halupka et al., 2023; Komdeur & Ma, 2021). However, there are several potential responses that can counteract the negative impacts of climate change and increase the resilience of animal populations in a changing world (Gascoigne et al., 2024).
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Assessing the interplay between climate change and social parameters requires suitable climatic parameters (see Supporting Information Box 1). Past studies that examined climatic effects on

- behaviours have often used coarse climatic measures such as monthly or seasonal averages of
   temperature and precipitation (Canário et al., 2004; Ebensperger et al., 2014; Layton-Matthews et al.,
   2021; Warrington et al., 2013). One can also examine the effect of extreme weather events, including
- floods, heatwaves, droughts and hurricanes (van de Pol et al., 2017). Preferably, climatic measures should be recorded directly in the study site (Bourne et al., 2023; Covas et al., 2008; Warrington et al., 2022), but local weather data are often not available, especially in long-term studies. For example,
- Siberian jays (*Perisoreus infaustus*) have been studied since 1952 in subarctic boreal forests in Swedish
   Lapland (Griesser & Lagerberg, 2012). Local weather data are only available from 1996 onward,
   whereas earlier climatic data are available from more distant weather stations, requiring
- 147 extrapolations that increase uncertainty in understanding the links between climatic parameters and social behaviours. Furthermore, it is important to keep in mind that climatic events or conditions vary in their immediacy of impact on animals. Some act immediately (e.g., those that cause overheating or
- 150 dehydration), while others have delayed effects (e.g., via food and water availability in the environment) (Cumming & Bernard, 1997; McKechnie & Dunn, 2019). Consequently, it is important to consider environmental variation at different spatial scales (microclimate vs macroclimate) to identify
- 153 the key factors to which animals respond.

## 2.1 The effects of climate change on social behaviours

Social behaviours encompass many different behaviours that are driven and influenced by different abiotic and biotic factors, and anthropogenic factors (Fisher et al., 2021). Many studies have looked at the effects of specific climatic variables on social behaviours (e.g., effect of temperature on social interactions (Moss & While, 2021; Pilakouta et al., 2023). Changing climatic conditions can affect behaviours via changes in chemical reactions driving molecular processes (Moss & While, 2021). For example, increased water or thermal stress can increase the levels of hormones (oxytocin, vasopressin;

- 162 (Natochin et al., 2018) that also regulate sociality and cooperation (Griesser et al., 2025), and neurotransmitters that regulate information processing and decision making (Sharma, 2006; Soravia et al., 2021).
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Climate change can also affect animal activity and movement patterns by potentially affecting encounter rates, via habitat loss or habitat fragmentation (e.g., changes in movement corridors; (Bergeron et al., 2011; Bichet et al., 2016), and by changing the availability of critical resources including food (Warrington et al., 2013), or nesting-building materials (Mainwaring et al., 2017). Changing climates can create unfavourable conditions that either break apart groups, as organisms face limited

- 171 resources, or encourage group formation if survival and reproduction are only possible within a group (Pavelka et al., 2003). Therefore, the possible effects of climate change are variable, depending on the ecology of the species, and are further compounded if multiple stressors act in concert. Disruption of
- 174 social systems could exacerbate the direct negative impacts of changing climates, increasing the need for animals to find ways to mitigate these effects.

#### 177 **2.2 Previous frameworks assessing benefits of sociality**

Animal and human psychologists have observed that the presence of conspecifics buffers individuals against adverse effects, including stress, and facilitates a quicker recovery following stressful events

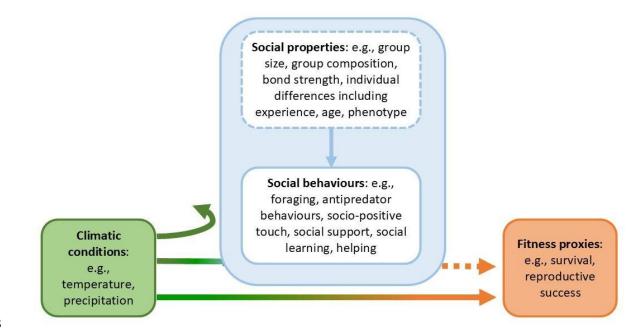
- 180 (Davitz & Mason, 1955; Hennessy et al., 2009; Kikusui et al., 2006). These studies focused on hormonal and neural mechanisms and highlighted the important role of sociopositive touch (grooming, preening: touch hereafter), which is associated with an increase in hormones of the oxytocin-vasotocin family that
- 183 lower the stress response (Kikusui et al., 2006; Rincon et al., 2020). For example, separating squirrel monkeys (*Saimiri sciureus*) infants from their mothers leads to a smaller increase in cortisol (a physiological stress marker) if infants are together with other group members compared to when they
- are alone (Stanton et al., 1985). These observations are conceptualised in the social buffering hypothesis
   (Kikusui et al., 2006). Simultaneously, evolutionary biologists have noticed that cooperatively breeding
   birds are overrepresented in regions with highly variable environments, i.e., in savanna regions in
- 189 southern Africa or arid regions of Australia (du Plessis et al., 1995; Griesser et al., 2017; Jetz & Rubenstein, 2011; Lukas & Clutton-Brock, 2017). This pattern is hypothesized to reflect the benefits of allo-parental care, where, in addition to parents, other group members provide parental care, and thus
- reduce the risk of reproductive failure particularly in bad years (Borger et al., 2023; Covas et al., 2008).
   These ideas are combined into the environmental buffering hypothesis (Borger et al., 2023; Komdeur & Ma, 2021). Against this background, we develop the social shielding hypothesis that integrates both the

195 social and environmental buffering hypotheses to describe how social effects allow animals to buffer their lives against climatic and environmental challenges.

# 198 **2.3 Social behaviours and properties can shield against negative climate impacts**

Previous work has shown that social behaviours can shield animals against the negative impacts of climate change (Blumstein et al., 2023; Covas et al., 2008; Komdeur & Ma, 2021; Paniw et al., 2019).

- 201 These benefits can arise through different mechanisms and differ in how they manifest in relation to climatic conditions (Fig. 1). For example, if food resources become scarce due to climatic changes, animals that live in social groups can benefit from cooperative foraging strategies. For instance,
- 204 common ravens (*Corvus corax*) that forage in groups and thus share information about food locations tend to be in better body condition than those that forage alone (Heinrich & Marzluff, 1995).
- 207 Furthermore, the social properties of groups influence the expression of social behaviours. These properties include group size and composition (e.g., helping vs. non-helping individuals), and the experience level of group members (see Supporting Information Box 2). Changes in social properties
- 210 lead to changes in social behaviours that can shield individuals, in part or completely, against the negative impacts of climatic conditions (see Fig. 1). We outline the social shielding hypothesis below.



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Figure 1. Overview of how social behaviours (blue box) can shield individuals against the effects of climatic conditions (green box). Social properties of groups (e.g., group size) and group members (e.g., bond strength, level of experience; blue dashed-line box) influence the expression of social behaviours (e.g., foraging, touch, helping; blue solid-line box), which together modulate how climatic conditions affect fitness proxies (orange box).

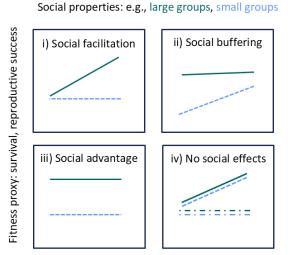
#### 3. Outlining the social shielding hypothesis

- 222 The social shielding of climatic conditions differs within and across species. Thus, it is important to assess how precisely social behaviours affect the response to environmental changes. A study on cooperatively breeding white-browed scrubwrens (*Sericornis frontalis*) examined the effect of group
- size on breeding success (Magrath, 2001). Although young females survive better in groups, older females survive better in pairs. Notably, territory quality only affected young females breeding in low quality territory, reducing breeding success, while this pattern was not found in older females. Thus,
- the interaction between sociality and habitat quality affects fitness-relevant components in scrubwrens, but social behaviours can buffer the effects of low territory quality (Magrath, 2001).
   However, this study did not directly test the link between changing climatic conditions and the social
- 231 benefits of alloparents. Similarly, an exploratory study in Seychelles warblers (*Acrocephalus sechellensis*) examined the association between cooperative breeding and climatic conditions (Borger et al., 2023). This study did not find a shielding effect of alloparents under low precipitation, because
- 234 multiple climatic variables affected insect food availability, and thus breeding success (seeGroenewoud et al. this issue).
- 237 We develop our framework based on the insights of these previous studies. Social shielding assesses how changes in a social behaviour affect a fitness proxy depending on the climatic conditions (e.g., how changes in nesting feeding rates of all group members in a cooperative breeder affects breeding
- 240 success in years with different conditions). However, most studies use a group property (e.g., group size or composition) as their social measure, since these are easier to determine than feeding rates at every nest (Borger et al., 2023). However, the use of such measures has been justified by studies in
- 243 the same population showing that group properties are linked to behaviours (e.g., group size and feeding rates are positively associated in Seychelles warblers; (van Boheemen et al., 2019).
- 246 Social behaviours can modulate the response to environmental and climatic conditions in four different ways, each of which reflects different mechanisms (Fig. 2). Social shielding can occur under favourable conditions only (social facilitation, hereafter), under unfavourable conditions only (social
- 249 buffering, hereafter), or under all climatic conditions (social advantage, hereafter). Social shielding, however, can also be absent (no social effects hereafter) (Fig. 2). Categorizing the type of social shielding requires assessing the statistical interaction via the difference in the regression slopes
- 252 between different groups that vary in a social property (e.g., group size, group composition; below we use group size as example) or a social behaviour (e.g., nesting feeding rate) and a climatic parameter

(e.g., precipitation, temperature), in relation to a fitness proxy (e.g., number of offspring produced,

- 255 survival; below we use reproductive success as example). Social facilitation occurs when being in a group with a beneficial social property confers greater advantages, especially under favourable conditions. In contrast, social buffering occurs when being in a group with a beneficial social property
  - 258 confers greater advantages, especially under unfavourable conditions. Alternatively, social advantage occurs when being in a group with a beneficial social property always confers greater advantages independently of the conditions. Finally, a beneficial social property may be unrelated to a fitness
  - 261 proxy, and all groups show a similar response to changes in climatic conditions. Thus, no social effects are present, but groups respond independently of their social situation to changes in climatic conditions.

#### 264





**Figure 2.** Categorization of the four different types of social shielding. Groups can vary in their response (e.g., a fitness proxy including reproductive success or survival) to changes in climatic conditions depending on social properties of groups (see Fig. 1). Social facilitation (i) occurs when being in a group with a beneficial social property is advantageous, especially under favourable conditions. Social buffering (ii) occurs when being in a beneficial social property is advantageous, especially under favourable conditions. Social buffering (ii) occurs when being in a group with a beneficial social property is advantageous, especially under favourable conditions. Social buffering (iii) occurs when being in a group with a beneficial social property is advantageous, especially under

276 when being in a group with a beneficial social property is always advantageous. No social effects (iv) occur when groups independent of their social property respond to environmental conditions.

# 279

All three social shielding effects (facilitation, buffering, advantage) can help groups alleviate the impact of changing climatic conditions. Social buffering and social advantage allow groups to have a

- 282 higher reproductive success (or other fitness proxy measures) under more challenging climatic conditions, directly buffering the impact of challenging conditions. Social facilitation alleviates the negative impacts more indirectly. A higher reproductive success under favourable conditions either
- 285 compensates for earlier poor performance during unfavourable conditions (Bourne et al., 2020) or creates a buffer for unfavourable conditions experienced later, and could thereby, for example, prevent group extinction. For example, when large groups have a higher breeding success under
- favourable conditions, then this group has a larger buffer against group extinction during unfavourable

conditions that increase mortality (e.g., via reduced resource availability, higher physiological stress levels). We note that the delay in response in social facilitation can still lead to an increased risk of

- 291 group extinction compared to social buffering or social advantage. Thus, it is important to understand the mechanisms that underlie eco-social effects, because they differ in their potential for stabilising populations.
- 294

Our framework complements previous related frameworks that examine other aspects of buffering. Demographic buffering posits that temporal variation in the life history rates that most affect

- 297 population growth rates should be reduced in the face of increasing environmental variation (Hilde et al., 2020). For example, alloparents could provide demographic buffering by supporting small populations to sustain in the face of climatic challenges (e.g., observed in Red-cockaded woodpeckers
- 300 *Leuconotopicus borealis*, (Walters et al., 2004). A related type of buffering is life history buffering (Forcada et al., 2008), which focuses on the evolutionary strategies in an organism's life cycle and reproduction that can mitigate environmental risks. However, it remains unknown whether these
- 303 different types of buffering can support population persistence under increasing environmental variability caused by climate change.

# 306 4. Key elements of the social shielding hypothesis

Below, we describe the conceptual outline of the social shielding hypothesis (Fig. 3). Climatic variables can directly affect the proximate mechanisms that underlie the expression of social behaviours (see

- 309 above), which subsequently influence behavioural interactions within and between groups in a population (Kappeler, 2019). Different species can interact to influence ecosystem dynamics, including mutualisms or between-species competition (Gilman et al., 2010). The consequences of alterations in
- 312 social behaviours and features include changes in the direct and indirect fitness of individuals, the persistence and turnover of the group, all of which together can affect population growth rates and persistence. We expand on the importance of these components below.

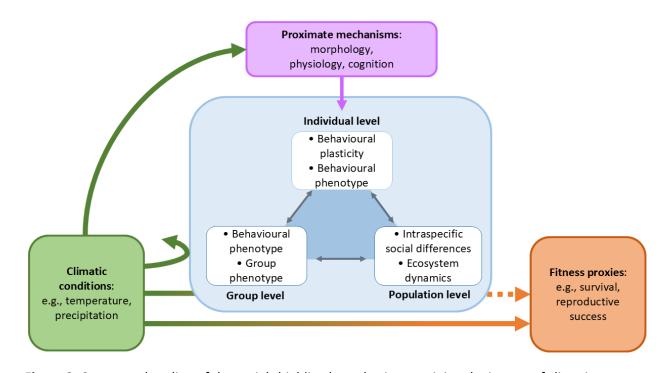


Figure 3. Conceptual outline of the social shielding hypothesis, examining the impact of climatic
conditions (green box) on proximate mechanisms driving behaviour (purple box), social behaviours
(blue box), and the fitness consequences (orange box). Proximate mechanisms are linked to the
behaviour of individuals and the within- and between-individual variation in behaviour. Social

- 321 behaviours can occur at the intragroup, intergroup, and interspecific levels of interactions. In all contexts, phenotypes and interaction levels of social behaviours can have downstream consequences on direct and indirect fitness, group persistence, group turnover, and population growth rate. These
- 324 consequences can also affect social behaviours.

## 4.1 Behavioural changes depend on the proximate mechanisms

- 327 Behavioural changes can be influenced by or interact with an individual's morphological, physiological, or cognitive responses to stressors (Moss & While, 2021). Thus, it is important to consider both the mechanisms that are affected by climate change and the behavioural contexts that have been altered.
- 330 For example, climate change can influence physical features that affect heat dissipation (e.g., appendages, body size or shape (Mitchell et al., 2018; Ryding et al., 2021), which in turn can affect locomotory abilities and movements (Rosalino et al., 2013) that influence foraging, territoriality, and
- 333 mate-searching behaviours (Fisher et al., 2021). Changes in temperature or water availability can also influence biochemical processes involved in pigment and enzyme production that are critical for the expression of social behaviours (Fisher et al., 2021). Climate change can also act indirectly by changing
- 336 resource availability, for example food resources that are affected by rainfall (Van Zyl, 1965) that either relieves or increases physiological constraints of social behaviours (Mitchell et al., 2018; Moss & While, 2021).

Energetic limitations and increased stress levels can also influence the production of costly communication signals that can affect social interactions (Prestwich, 1994). Likewise, in some social

- 342 species, group living allows individuals to gain thermoregulatory benefits, e.g., communal roosting in acorn woodpeckers (*Melanerpes formicivorus*) (du Plessis et al., 1994) or long-tailed tits (*Aegithalos caudatus*) (Bebbington & Hatchwell, 2016), or water regulating benefits, e.g., clustering behaviour in
- hermit crabs (*Clibanarius symmetricus*) (Peres et al., 2018). Thus, a release from adverse conditions
   can decrease grouping behaviours, with negative effects on cooperative interactions (Griesser et al., 2025).
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# 4.2 Levels of change: individual, group, population, ecosystem

Changes to the phenotypic expression and limits (Komdeur & Ma, 2021) of individuals' social

- 351 behaviours can lead to behavioural changes at the group, population, and ecosystem level (Fig. 3). The consequences of behavioural variation at any level can then, in turn, affect an individual's social behaviour. Similarly, behavioural changes at any level can potentially interact with behaviours at all
- other levels (Cantor et al., 2021). For example, an individual that disperses to another group affects the composition of both groups and influences population structure (Griesser et al., 2014).
   Consequently, the failure to consider behavioural interactions at all levels limits our ability to predict
   responses of species to climate change.
- The effects of climatic conditions on individual behaviours are numerous and have been described in
  previous reviews (Blumstein et al., 2023; Fisher et al., 2021; Komdeur & Ma, 2021; Moss & While,
  2021; Soravia et al., 2021). Behavioural changes at the group and population level can be measured as
  changes to social systems features (i.e., social organization, social structure, mating system, care
- 363 system) and social interactions (Kappeler, 2019). Changing environments can also impact group and population structure if different categories of individuals (e.g., breeding vs. nonbreeding group members) are differently affected by climate change. For example, in species where allo-parental care
- differs between sexes (e.g., Seychelles warblers, (Komdeur, 1992)), climate change impacts that
   particularly affect the helping sex can influence the social benefits of group living. Furthermore,
   nonbreeding group members could be more disadvantaged in unfavourable environments, as
- 369 breeding group members generally are socially more dominant and have preferential access to resources (Majolo et al., 2012). This could lead to dispersal of helping subordinates during unfavourable conditions (Bateman et al., 2013).

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Climate change can alter the ranges and phenology of organisms (Gilman et al., 2010), ecosystem process (e.g., nutrient cycling, carbon sequestration, (Melillo et al., 2002), and ecosystem biochemistry

- 375 (e.g., acidification of aquatic environments, (Doney et al., 2009), while extreme weather events can alter and cause disturbance regimes (e.g., wildfires, (Turner, 2010)). These changes can influence all organisms living in a community and thus between-species dynamics. Consequently, changes to
- 378 interspecies interactions can influence how climate change affects organisms because of the costs and benefits associated with these interactions, including predator-prey interactions, competition and mutualisms (Gilman et al., 2010).

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In addition, many social species engage in the construction of shelters. For example, fossorial mammals (Davidson et al., 2012), colonial birds (Collias, 1964) and social insects (Queller &

- 384 Strassmann, 1998) construct and maintain constructions that shield animals against extreme weather conditions. Furthermore, several social species are ecosystem engineers that alter the physical environment (Davidson et al., 2012) and thus, have disproportionate effects on the community.
- 387 Changes in the behaviours and abundance of these species can have cascading effects on the habitat structure of the ecosystem. For example, aridity drives sociality in mole-rats (Bennett & Faulkes, 2000) via energy benefits associated with shared burrowing and colony tasks. Thus, a change in aridity across
- 390 the range of mole-rat species could change these social costs and benefits and thus influence social evolution and species resilience to climate change. The burrowing activity of mole rats benefits the ecosystem because their digging increases soil fertility and improves plant growth (Bennett & Faulkes,
- 2000). Furthermore, their burrows could provide shelter and nesting habitats for other organisms,
   observed in other African burrowing mammals living in the same habitat (Ewacha et al., 2016).
   Similarly, many other species that have large effects on their communities are group-living. Therefore,
- any changes in their behaviours could have an impact on the ecosystem services that they provide
   (Marjakangas et al., 2023), including pollination (e.g., honeybees *Apis mellifera*, and other colonially
   living insect pollinators), and seed dispersers (McConkey et al., 2012).

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## 4.3 The importance of behavioural plasticity

Plasticity in social behaviours is critical for the occurrence of social shielding, and plasticity can occur
 through multiple avenues (Fig. 3). First, individuals can rapidly change their own behaviour in response to environmental change. These within-individual changes can allow individuals to maintain a high body condition, survival rate, and fecundity when exposed to adverse conditions (e.g., a hot spell or
 drought) that might otherwise lead to desiccation and death. For example, cheetahs (*Acinonyx*)

*jubatus*) modify their daily hunting patterns from diurnal to crepuscular on hotter days, to avoid overheating and to conserve energy (Hetem et al., 2019). Second, individuals can change their

- 408 behaviour in response to changes in their own reproductive status. For example, breeders in Iberian magpies and long-tailed tits that fail with their own breeding attempt become an alloparent at another nest (usually of a related individual) (Bebbington & Hatchwell, 2016; Canário et al., 2004) and
- 411 increase the breeding success of that nest. Third, individuals may differ in their response to environmental change, leading to between-individual variation within a population. These differences can reflect genetic differences, irreversible developmental plasticity, or phenotypic plasticity (Stager et
- al., 2024). Individuals can also permanently specialise in particular tasks. For example, eusocial insects
   exhibit cast differentiation that improves the overall efficiency of the group and supports high
   reproductive output (Queller & Strassmann, 1998). Fourth, populations living in different
- 417 environments may express different social behaviours, either due to genetic changes (local adaptation) or due to plasticity. Determining whether among-individual and population variation in behaviours are due to plasticity or genetic factors is important for studying adaptation of social
- 420 behaviours to climate change impacts. This can be investigated through common garden and reciprocal transplant experiments or by directly examining genetic variation linked to social behaviour and environmental differences (Fisher et al., 2021).

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#### 4.4. Consequences of behavioural changes

Consequences of flexibility of social behaviours can occur at the individual, group, or population level
 and will also be influenced by direct impacts of climate change on population demographic measures
 (Fig. 3). It is typical to examine effects of climate change on fitness proxies such as reproductive
 output and survival. Changes in social behaviours can also alter reproductive investment with

- downstream consequences for fitness. For example, maternal investment in response to climatic variables can be influenced by the presence of alloparents. In superb fairy wrens (*Malurus cyaneus*), mothers receiving help decrease their egg size in cooler, wetter conditions but increase egg size in
   hetter drugs conditions compared to method presidue as help (longments of all 2016).
- hotter, dryer conditions compared to mothers receiving no help (Langmore et al., 2016).

Individual survival and reproduction can be influenced by the dynamics and stability of the group.
 Measuring group dynamics and stability often includes the examination of group persistence and turnover. Group persistence refers to the continued existence of a social group over time. It encompasses the ability of the group to maintain its structure, size, and function despite changes in

- 438 the environment that might otherwise lead to group dissolution. Group persistence is often linked to habitat stability and availability of resources, as well as the ability to successfully reproduce and raise offspring (Ebensperger et al., 2009; Krause & Ruxton, 2002). Group turnover is defined as the rate at
- 441 which individuals within a group are replaced by new individuals and is often used to understand how groups respond to environmental changes and stressors (Ebensperger et al., 2009). High turnover

rates can indicate frequent changes in group composition, caused by high mortality, emigration, or

- immigration (Layton-Matthews et al., 2018). It is important to examine changes in group features and
   their effects on group persistence and turnover because fitness-relevant parameters can be affected
   by these changes. For example, female African elephants (*Loxodonta africana*) have reduced
- 447 reproductive rates in groups after the loss of older females (Gobush et al., 2008). Furthermore, it is critical to consider Allee effects (Allee, 1931), whereby a minimal group size or structure is needed to maintain a group or population. In some species, groups cannot be maintained when their size drops
- 450 below a critical number, leading to group extinction. For example, in African wild dogs (*Lycaon pictus*), smaller packs face difficulties in hunting effectively and are at greater risk of extinction due to decreased cooperative behaviours (Angulo et al., 2018). Similarly, given that density-dependent
- 453 processes can affect group persistence (Krause & Ruxton, 2002), it is important to examine population persistence in relation to group persistence and/or individual survival.

## 456 **5. How to test for social shielding**

459

Researchers have investigated the relationship between environmental conditions and social structures across species and within populations. Across species, researchers investigated the occurrence of social shielding by relating aspects of a species' typical environment (e.g., variability in

- annual precipitation) to elements of their social structure (e.g., occurrence of cooperative breeding, (Griesser et al., 2017; Jetz & Rubenstein, 2011)). These comparative studies usually used average
- 462 values of climatic parameters of the whole distribution range, but did not assess the effect of an interaction between a social parameter and environmental conditions on a fitness proxy. They neither assessed whether the association between the occurrence of cooperative breeding and environmental
- 465 variability reflects that cooperative species outcompete noncooperatively breeding species in these environments, or whether cooperate species do better in adverse conditions irrespective of betweenspecies competition. Consequently, these studies are unable to assess social shielding (Borger et al.,
- 2023), but nonetheless provide important insights. At the between-species level, cooperatively
   breeding birds are more abundant under more variable climatic conditions (Griesser et al., 2017; Jetz
   & Rubenstein, 2011), but assessing the precise mechanism underlying this pattern is only possible if
- detailed data on group size, environmental, and fitness parameters are available (Ben Mocha et al., 2024). Notably, these interspecific studies contrast with findings from within-population studies (Borger et al., 2023). When formulated at the individual level, one can test how particular social
- 474 behaviours or group compositions can give fitness benefits under specific environmental conditions (Borger et al., 2023; Covas et al., 2008). The interaction between social traits and environmental conditions when fitness components are regressed on these factors is precisely the prediction of the

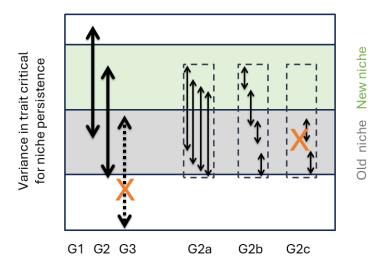
- 477 social shielding hypothesis (Fig. 3). This approach requires individual-level data on behaviour, fitness, and environmental conditions, and can be performed using a linear regression fitting model.
- 480 However, if we are interested in whether plasticity in social behaviour itself brings fitness benefits, we need another approach, as the individual-level analysis described above only shows that individual variation in behaviour, in combination with variation in the environment, is associated with variation
- 483 in a fitness-related trait. Therefore, this approach does not give insight into whether a change in behaviour was key. To test whether individual (or group) plasticity in behaviour itself is associated with a fitness proxy, we need to estimate selection on social plasticity. The latter can be achieved
- 486 using bivariate mixed-effect models (Dingemanse & Dochtermann, 2013), with both the behaviour of interest and a fitness component as response variables (Hadfield et al., 2010). For the behavioural trait, the environmental variable(s) of interest is fitted as a fixed effect, along with both individual-
- 489 level (or group-level if looking at the responses of entire groups) random intercepts and random slopes for that variable. Crucially, the covariances between the fitness component and both the individual intercepts and individual slopes are then estimated, the latter indicating whether plasticity
- in response to the environmental variable is associated with differential fitness (for an example with a life-history trait, see (Brommer et al., 2005)). As far as we are aware, this type of analysis has yet to be performed for social behaviours that require a well-studied species with detailed individual data
   available across different environmental conditions.

#### 5.1 The role of variance within and between groups of key traits for social shielding

- Social shielding depends on the variance in key traits that facilitate fitting into the species' niche (Fig.
  4). Climate change will likely shift ecological niches via the availability of key resources, for example food, or via climatic changes such as different ambient temperatures. Evidently, groups that do not fall
  within the species niche will likely go extinct (e.g., group G3 in Fig. 4). Trait variance among all group members can ensure groups fit their niche if the variance overlaps with the niche.
- Although variance in traits matters, it depends on the specific traits whether variance on the group level or on the individual level matters. For some traits, all group members need to fit the niche, for example, the thermal tolerance of individuals. Under this scenario, all individuals of G2a will
- 507 survive, while the two right individuals of G2b would die as they do not fall within the required niche. In contrast, other traits benefit other group members, for example knowledge about the location of key resources (Wato et al., 2018), or the foraging niche of workers in eusocial mole rats (Bennett &
- 510 Faulkes, 2000). Similarly, the level of experience of key group members (i.e., breeders) influences the reproductive output for the whole group (Hatchwell et al., 1999). For these traits, it is critical that

phenotypes within the group cover the entire required range, but not that any one individual covers

- 513 that range (e.g., the two left individuals of G2b). Figure 4 also illustrates the role of key group members for group persistence. Losing specific individuals can lead to group extinction (see above for the example in elephants, G2c). The latter example can also explain the occurrence of Allee effects,
- which can lead to group extinction after the loss of key group members.



- **Figure 4**. Trait variance among individuals with groups can differ in relation to the climatic niche and the consequence of niche shifts caused by climate change. Trait variance among all group members can ensure that groups fit into their niche if the variance overlaps with the niche. In this example,
- groups (G) 1 & 2 will persist in the old and new niche, while G3 will go extinct in the new niche (indicated with orange cross). The variance of group members can be similar to the variance of the group (G2a) or different (G2b). Loss of key group members can lead to group extinction (G2c). In G1-3, an arrow refers to a group; in G2a-c, an arrow refers to an individual.

# 6. Social shielding through life

- 528 Social shielding can occur at different stages during ontogeny and can reflect either a reactive response to past and current conditions or a proactive response to anticipated conditions (Fig. 5). At the embryo stage, social shielding can occur through maternal effects (e.g., by providing additional
- 531 resources under unfavourable conditions), while other group members could support the mothers' investment into her offspring at this stage. In cooperatively breeding birds, the presence of alloparents can lead to a reduction of a mother's investment, e.g., superb fairywren female breeders receiving
- <sup>534</sup> allo-parental help reduce egg volume (Russell et al., 2007), because allo-parental care can offset the offspring costs of hatching from a smaller egg.

- 537 After birth or hatching, caregivers can shield young through increased parental provisioning (Covas et al., 2008), and by protecting them from predators (Griesser et al., 2006). Across species, parental care patterns are related to the pace of life where some species only provide parental care during a short
- 540 time, with accompanied short shielding periods. In other species, care is extended well into adulthood (Uomini et al., 2020), creating ample opportunities for caregiver shielding outside the reproductive context (Covas & Griesser, 2007), e.g., against the negative effects of harsh climatic conditions.

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After independence, social partners can provide social shielding to subadults and adults via the mechanisms described in Section 2.2. For example, female wild baboons (*Papio cynocephalus*) with strong social bonds have a higher lifetime reproductive success and increased longevity (Alberts,

- 2019). This difference has been suggested to reflect the positive effect of social bonds on the reduction of adverse early life conditions both directly (via long-term negative physiological effects)
- 549 and indirectly (via a negative impact on social relationships later in life) (Alberts, 2019). Furthermore, social shielding could occur on different temporal scales, from short-term to long-term help, with effects being seen immediately (Van de Ven et al., 2020), or with delayed effects. For example,
- alloparents can affect the survival and future reproductive success of breeders (Hammers et al., 2019;
   Magrath, 2001). Therefore, it is important to design studies testing for social shielding effects at different temporal scales.

555

## 6.1 Reactive versus proactive shielding

Changes in social behaviours can occur after climatic changes or events and therefore help limit their
 negative impacts. We refer to this type of response as reactive shielding. For example, sandgrouse
 (*Pterocles sp.*) increase parental provisioning of water to young in warmer and drier conditions, and
 meerkat (*Suricata suricatta*) alloparents increase provisioning of young on hotter days (Van de Ven et

- al., 2020), shielding offspring against negative climatic effects (Cad & Maclean, 1967). Reactive shielding can also alleviate negative social events, which has been labelled the 'tend and befriend' strategy (Taylor et al., 2000). After stressful events, individuals seek and receive behaviours that lower
- 564 their stress levels and decrease recovery time. In primates, grooming is often used to achieve this (Cheney & Seyfarth, 2009) because grooming increases hormones of the oxytocin-vasotocin family that buffer out stress responses (Griesser et al., 2025).

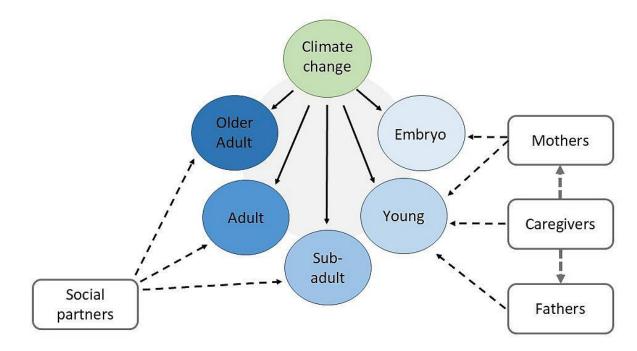
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Contrastingly, behavioural change could reflect anticipation of future impact, such as the befriend part of the 'tend and befriend' stress response, which refers to the formation and maintenance of social

570 bonds that can help in future stress responses. Although shielding can be informed by past conditions, it could also anticipate future needs, such as by giving resources in the present time to prepare for

future events. We refer to this type of buffering as proactive shielding, and this has been observed in

- 573 some cooperatively breeding birds (Arnold et al., 2001; Komdeur et al., 1997). For example, Superb fairy-wren (*Malurus cyaneus*) mothers without alloparents laid larger eggs (more nutrients for developing young) under unfavourable (hotter) conditions, compared to mothers with alloparents
- 576 (Langmore et al., 2016), indicating a potential proactive response to climate change effects that cannot be offset by alloparents. Social moulding effects (maternal and allo-parental) have also been shown in social insects. In hymenopterans, queens can determine the sex of offspring (genetically via
- 579 haplodiploidy) and the caste development of workers is determined by the diet developing larvae are fed by colony members (Slater et al., 2020).



582

Figure 5. Social effects (dashed arrows) of climatic conditions at different ontogenic stages; these
 effects can be reactive or proactive processes. These effects can be mediated via parent(s) or
 caregivers (e.g., mother receiving resources from other group members) or occur directly (e.g.,
 offspring receiving resources from parents and other group members). At the embryonic stage,

588 climate change impacts will vary depending on embryo type (oviparous vs. viviparous) and may differ from climatic effects felt by born young and adults.

## 591 **7. Implications for conservation**

Several previous reviews examined general features of organisms that can influence their vulnerability to the negative impacts of climate change (Boyles et al., 2011; da Silva et al., 2023; Paniw et al., 2021).

594 This information will allow for planning conservation and climate action initiatives (Buchholz et al.,

2019; LeDee et al., 2021; Marjakangas et al., 2023). Although the response of animals to climate change is predicted to depend on many organismal features, examining social behaviours is useful in

- 597 the conservation of vulnerable animals (Berger-Tal & Saltz, 2016). There are several types of information, including reproduction, survival, disease, and human-wildlife conflict, that will help in designing effective conservation strategies for social animals, which could include more involved
- 600 ecological rescue strategies (LeDee et al., 2021), such as focusing on conserving larger groups rather than smaller groups. One must consider the impacting weather variables, the level of social response, and the specific mechanisms driving the response. However, an assessment of the overall
- 603 consequence of specific conservation measures for population persistence and viability is ultimately what is needed when conserving a species (Berger-Tal & Saltz, 2016).
- 606 Identifying which climatic effects can be mitigated through social shielding, and which cannot due to their disruption of normal physical or physiological functions (Moss & While, 2021), is essential for guiding conservation initiatives. When social shielding is possible, human intervention can be used as a
- 609 form of ecological rescue. For example, critically endangered Vancouver Island marmots (*Marmota vancouverensis*) live in smaller groups in managed and fragmented forests compared to groups that live in natural forests. Marmots in smaller groups experience increased mortality through increased
- 612 risk of predation due to a loss of group vigilance (Brashares et al., 2010), limiting the opportunities for populations to recover (Graham et al., 2024). Consequently, translocations of individuals have been used to increase group size in managed forests to alleviate these negative effects (Brashares et al.,
- 615 2010). Effectively identifying when animals are and are not socially shielded against environmental change will therefore help design effective management interventions. The types and levels of social response creating any shielding effects will likely vary between species. Thus, studies examining
- whether group-living in general (Griesser et al., 2017; Jetz & Rubenstein, 2011; Lukas & Clutton-Brock,
  2017), or specific group traits or behaviour contexts (Covas & Griesser, 2007; Van de Ven et al., 2020),
  have shielding effects will be useful in designing conservation measures.
- 621

The general consequences for population persistence and viability can be examined using population models, of which there are many different types (Buckley & Kingsolver, 2012; Johnston, et al., 2019).

- 624 Population models should be used to predict population changes and estimate the effectiveness of conservation measures (LeDee et al., 2021). Furthermore, our framework can inform theoretical models assessing environmental effects, giving insights into the environmental conditions under which
- 627 individuals should form groups and cooperate. This modified approach would be useful in predicting adaptation to rapidly changing environmental conditions (Forster et al., 2024).

#### 630 8. Moving forward

Our framework highlights that social behaviours have the potential to shield animals against the negative impacts of changing climatic conditions through different mechanisms. Insights into specific

- 633 mechanisms will be critical in designing effective conservation strategies. For example, in animals that exhibit social facilitation, the temporal patterns of unfavourable and favourable periods in combination with the life history of the species will determine whether a population is able to recover
- 636 after unfavourable periods. A review of studies that assessed social shielding of cooperatively breeding species in relation to climatic conditions (Warrington et al. this issue) showed that populations show a mix of social benefits, facilitation or buffering. So far, social buffering has been
- 639 documented the least, which could reflect the climatic parameters that previous studies have focused on, or the lack of an experimental and statistical framework that can distinguish among the different forms of social shielding. However, animals may be less likely to be able to socially mitigate the effects
- of increasingly stressful climatic conditions, for example, heat stress and desiccation (Griffith, 2019;
   Henen, 1997), as these forms of stress often affect all group members equally. However, in species
   with alloparental care, an increased number of alloparents can buffer some negative impacts of
- 645 climate change, such as those that lead to a reduction in food resources. Therefore, it is critical to assess the impact of a variety of climatic factors (e.g., temperature and precipitation) in concert, to understand how changing climatic conditions impact animals. Furthermore, quantitative genetic
- approaches will allow us to understand the heritability of social traits and their association with other traits that are under selection. We suggest that investigating the heritability of social traits is a fruitful avenue for future research and will provide opportunities to predict the phenotypic change of social behaviours in response to global climate change.

#### 8.1 Conclusions

- Rapid changes in climatic parameters and an increase in extreme weather events due to climate
   change are affecting habitats and organisms and altering behavioural patterns in many animal species.
   These changes can often be negative by decreasing the available resources and energy that can
- 657 increase physiological stress. These changes are particularly detrimental when combined with other anthropogenic impacts, including pollution. Animal social behaviours, which can offer adaptive responses to environmental changes, can be a mechanism to mitigate the negative effects of climate
- 660 change. Social behaviours provide immediate physiological stress relief, improve resource acquisition, and enhance survival through cooperative behaviours, potentially buffering animals against adverse conditions.

The social shielding framework outlines how social behaviours can support animals in dealing with changing climatic conditions, which is vital for conservation efforts and valuable in understanding how

- 666 climate change affects evolutionary trajectories (Hoffmann & Sgrò, 2011). This includes identifying specific climatic variables that impact social behaviours, the mechanisms driving these changes, and the resulting consequences at the individual, group, and population levels. Empirical and theoretical
- 669 studies on social shielding can inform conservation strategies, helping to preserve biodiversity and improve animal welfare. By integrating knowledge across disciplines and standardising investigative approaches, we can better predict and manage the impacts of climate change on social animals,
- 672 ultimately aiding in their survival and adaptation in rapidly changing environments.

#### 675 Box 1 - How to describe and analyse climatic parameters

Studying the effects of climatic parameters on social parameters requires selecting climatic
parameters. Meteorological stations usually measure temperature, precipitation, snow depth (where
relevant), humidity, wind speed, air pressure, sunshine, often on an hourly basis. This raises the
question of how to select and transform these data into biologically meaningful parameters.

- 681 **Calculating parameters**: Climate can be assessed as absolute values, averages over longer time periods, the temporal predictability or unpredictability of these parameters, and their temporal variability. Predictability is either assessed via the constancy of parameters (i.e., no change in a
- parameter), their contingency (i.e., a repeatable pattern in a parameter), or a combination of both (Colwell, 1974). To assess the effects of climate change on social parameters, some authors use measurements of parameter anomalies, e.g., number of days of extreme heat, drought, or
   precipitation (van de Pol et al., 2017).

Selecting parameters: Some authors select specific raw parameters in their studies, e.g., monthly or
 annual precipitation and temperature measures (D'Amelio et al., 2022; Jetz & Rubenstein, 2011; Lukas
 & Clutton-Brock, 2017), while others combine multiple measures via a principal component analysis
 (PCA) and use the resulting PCs in their analyses (Cornwallis et al., 2017; Griesser et al., 2017).

- 693 Selecting specific parameters can be useful but must be based on an in-depth knowledge of what is of relevance for a specific species, as this approach can lead to choosing unrepresentative or irrelevant parameters. In contrast, PCA approaches can lead to very different parameter sets used across
- studies, limiting comparability (Cornwallis et al., 2017; Griesser et al., 2017; Jetz & Rubenstein, 2011).
   Importantly, large scale comparative studies usually use mean climatic values over the whole
   distribution range and relate that to biological data that have been sampled at different populations

- (Cornwallis et al., 2017; Griesser et al., 2017; Jetz & Rubenstein, 2011; Lukas & Clutton-Brock, 2017).
   This can increase the statistical noise of comparative studies and limit the ability to detect biological patterns. Furthermore, selecting climate data from particular time periods (referred to as climate
- windows), such as seasonal averages, can create a bias, especially in species with prolonged or
   aseasonal breeding where breeding could be more linked to availability of key resources. For example,
   African ungulates are often constrained by water availability (Ogutu et al., 2014). Thus, one could use
- a climate window analysis (Bailey & van de Pol, 2016a) to select the strongest periods of climatic sensitivity.
- 708 **Terminological issues**: Across studies, authors can use terms in an inconsistent or conceptually incorrect manner. For example, the term 'harshness' describes the effect of climate on the energy expenditure of animals but has been used as a description for habitats exhibiting extremes in climatic
- 711 variables (Schradin et al., 2023). However, the same climate can be harsh for some species, but not others. For example, species that hibernate are not affected by winter the same way as species that do not hibernate and often experience energy shortages during winter (Turbill et al., 2011). Although
- the term harshness is widely used in comparative studies (Cornwallis et al., 2017; Jetz & Rubenstein, 2011), it is better avoided.
- 717 Immediate vs delayed effects: While temperature effects often are immediate and direct, via effects on physiology of individuals (McKechnie & Dunn, 2019), precipitation effects can be either direct via water stress or dehydration (McKechnie & Dunn, 2019), or delayed via changes in food availability
- (Cumming & Bernard, 1997). Importantly, different parameters require different time lags when assessing their impact on animals across different timescales (daily vs weekly vs longer timescales).
   Moreover, habitat structure can buffering against unfavourable weather conditions (e.g., reduced
- 723 snow depth increases mortality of marmots during hibernation, (Johnston et al., 2021), thereby altering the conditions animals are exposed to.

## 726 Box 2: The importance of social properties for social shielding

Social properties, such as group size, age of group members, social bonds (network and bond strength), and helping behaviours, significantly influence animals' responses to changing climates by

- shaping their social behaviours and opportunities to adapt. Individuals in larger groups often
   experience reduced predation risk through shared vigilance and predator mobbing (Carlson &
   Griesser, 2022; Caro, 2005), increased hunting success with larger or riskier prey (MacNulty et al.,
- 732 2014), and enhanced information sharing about food and predators (Griesser, 2008). However,

intermediate group sizes can be optimal in certain contexts, like reducing food competition among baboons (Markham et al., 2015).

735

More experienced (i.e., older) group members, can share valuable knowledge during predator encounters, provide social learning opportunities (Griesser & Suzuki, 2017) and improve decision-

- making (Conradt & Roper, 2003). This knowledge transfer helps groups to adapt quickly to new environments, including finding alternative food sources when resources are scarce (Jaeggi et al., 2010). We note that several nuances of information sharing can differentially affect fitness proxies.
- 741 For example, the context of information can vary in how easily it is shared within a group, such as knowledge of favourable foraging locations. Moreover, individuals differ in their social phenotypes, for example the observable social behaviours and interactions of an individual within a group (Cote et al.,
- 2008), which can be beneficial in varying social and environmental settings (Webster & Ward, 2011).

Additionally, the social relationship among individual group members is important for a variety of
social behaviours. Increased social bond strength shields individuals against challenging situations via
direct reduction of stress and support during conflicts, or access to resources including mating
opportunities (Gerber et al., 2022; Seyfarth & Cheney, 2012; Silk et al., 2010). In many social animals,
closely bonded individuals frequently engage in touch. As detailed above, touch reduces physiological

stress via increasing oxytocin levels (Griesser et al., 2025; Kikusui et al., 2006).

- Finally, individuals can also engage in helping that directly benefit other group members. Helping can occur in diverse contexts and can also contribute towards how individuals cope with climatic challenges. For example, in cooperatively breeding species, alloparents can help increase offspring
  production and survival in challenging conditions via increased offspring provisioning (Covas et al., 2008). Moreover, alloparental care allows breeders to conserve energy in raising their offspring, which
- provides a buffer that can reduce mortality rates in female breeders, especially later in life (Hammers et al., 2019; van Boheemen et al., 2019).

These social benefits, tied to various group properties (e.g., size and composition), can help individuals
 cope with environmental challenges, such as reduced resources during droughts or scarcity (Wato et al., 2018). By directly or indirectly lowering predation risk, improving foraging efficiency, and aiding with physiological demands, group living can alleviate the immediate impacts of climatic stressors and
 support quicker recovery from stressful events. Over time, these advantages can enhance individual survival and reproductive success.

768

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780 Conflicts of interest

None.

# Author contributions

783 NP and DF organized the conference symposium that gave rise to this review. All authors refined the ideas; MHW and MG reviewed literature and led the writing of the manuscript. All authors contributed critically to the drafts and gave final approval for publication.

# 786 Statement on inclusion

Our study was a review and framework development based on ideas in the published literature. As such, there was no local data collection. However, the geographical distribution of the key studies

- used to develop our framework was selected as geographically diverse as possible, and include studies
   in regions of the global south and on islands that are being heavily impacted by global climate change.
   We note that our study does not include authors originating or currently based at institutions in the
- 792 global south, reflecting that the conference that gave rise to this paper was held in Europe. However, co-authors have worked for periods of times in the global south, and come from diverse cultural backgrounds.

795

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