

# **Frequency-dependence favors social plasticity and facilitates socio-eco-evolutionary feedback in fluctuating environments**

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## Abstract

1. Increasing attention is being devoted to the study of phenotypic plasticity in social environments. However, much remains unknown about the selection pressures driving the evolution of social plasticity, as well as the pathways by which social plasticity may facilitate or constrain feedback between ecological and evolutionary dynamics. Here we explore these questions using quantitative genetic models, providing general results regarding the causes of selection on social reaction norms, as well as their consequences for adaptive microevolution in fluctuating environments.
2. We model the fitness effects of character states expressed across spatially heterogeneous microhabitats, with variation in the degree to which trait expression and selection are affected by the local social environment. We find that when selection on character states is frequency-dependent within microhabitats, stochastic fluctuations in the social environment cause selection for reversible social plasticity across microhabitats, as quantified by the interaction coefficient  $\psi$ . When the phenotype is heritable, fluctuating frequency-dependent selection further promotes the adaptive evolution of indirect genetic effects (IGEs).
3. Ecological factors can shape the frequency-dependent costs and benefits of social interactions, such as through density-dependence. Fluctuations in the ecological state of the social environment cause selection for multidimensional social plasticity and context dependent IGEs, as well as quadratic selection on the phenotypic (co)variance generated by social plasticity within and across microhabitats.
4. We demonstrate how pathways of socio-eco-evolutionary feedback can arise across microevolutionary timescales during the adaptation of socially plastic traits. Our findings provide testable predictions for future comparative research and suggest that mechanisms of social plasticity likely play a key functional role in linking ecological and evolutionary dynamics across contemporary timescales.

**Keywords:** eco evo, social evolution, social ecology, adaptation, indirect genetic effect, interacting phenotype, quantitative genetics, social behavior

## Introduction

The fitness consequences of organisms' phenotypes often vary across space and time in response to environmental heterogeneity and the many conflicting demands individuals face throughout their lifespans. Such fluctuating selection can promote the evolution of phenotypic plasticity (de Jong, 1995; Gavrilets & Scheiner, 1993a; Gomulkiewicz & Kirkpatrick, 1992), allowing genes and the individuals carrying them to change their trait expression and better maintain fitness (survival and reproduction) across environments. Extensive work has been done to better understand the eco-evolutionary consequences of phenotypic plasticity, such as in promoting colonization of and persistence in novel habitats (Bilandžija et al., 2020; Ghalambor et al., 2007; Hendry, 2016; Wang & Althoff, 2019; Wund et al., 2008), as well as in accelerating or inhibiting adaptation to climate change and other stressors (Crowther et al., 2024; Kelly, 2019; Oostra et al., 2018; Vinton et al., 2022). Experimental research has also begun to shed light on the genetic, physiological, and cognitive mechanisms regulating plasticity across taxa (Ledón-Rettig & Ragsdale, 2021; Sommer, 2020; Westneat et al., 2019; Zhang et al., 2024). Most of this research has focused on responses to non-social components of the environment, such as temperature and chemical gradients or resource availability and density. However, increasing attention is also being given to the importance of phenotypic plasticity in response to the traits, activities, and organization of other individuals in an organism's social environment, phenomena we collectively refer to as social plasticity.

The study of social plasticity has a long and productive history in evolutionary ecology. Animal behaviorists, for instance, have been studying the ecological drivers of plasticity in primate social behavior for over half a century (Washburn et al., 1965). Evolutionary game theorists have also long been interested in and extensively investigated the evolutionary consequences of social plasticity in ecological contexts with repeated interactions and mixed-strategy equilibria (McNamara & Leimar, 2020; Van Cleve & Akçay, 2014). Yet it is only in recent decades that focus has turned to the interplay between social plasticity and heritable variation in phenotypes. These developments have principally come through theory of indirect genetic effects (IGEs) in evolutionary quantitative genetics (Bijma, 2011; Bijma & Wade, 2008; McGlothlin et al.,



rates of behavioral innovation (Reader & Laland, 2002); these traits in turn appear to often be linked to species' success in colonizing novel habitats and tolerating habitat degradation, while also reducing their probability of extinction (Ducatez et al., 2020; Sol et al., 2005). In field crickets *Teleogryllus oceanicus*, an allele promoting silencing of wings also increases social plasticity of neural responses to the acoustic environment (Pascoal et al., 2018). This suggests that recent adaptation of the silent morph in response to an acoustically orienting parasitoid has been accompanied by rapid evolution of social plasticity in gene expression. Recent work in humans has also shown how IGEs generated by social plasticity and selection among neighbors can feedback with fluctuations in the social environment to accelerate adaptive population growth (Martin, Beheim, et al., 2024). These and many other studies demonstrate that social plasticity may be an important mechanism promoting eco-evolutionary feedback in complex traits, but general predictions from formal models explicitly linking these phenomena remain an important and open target for contemporary research.

To address these gaps in the current literature, we used evolutionary quantitative genetic theory to develop general insights into two closely related questions. Firstly, *what ecological factors drive the selection and adaptation of social plasticity, and thus IGEs, in complex phenotypes?* We aimed to discover the conditions under which selection will specifically favor mechanisms of social plasticity, rather than conditions where social plasticity evolves as a correlated response to selection on mean phenotypic expression (Gavrilets & Scheiner, 1993b). Using these results, we then asked, *what are the consequences of social plasticity for eco-evolutionary dynamics in response to persistent environmental fluctuation and change?* We addressed this question with respect to microevolutionary timescales more amenable to direct empirical study of contemporary environmental processes. Our aim was to develop general heuristics about the conditions under which feedback between the ecological causes and evolutionary consequences of social plasticity may accelerate or inhibit the adaptation of fitness-relevant phenotypes. Throughout the paper, we also consider the insights our results provide with respect to the evolution of context dependent IGEs, demonstrating how predictions regarding heritable variation and evolutionary change can be greatly affected by genetic variation in and ecological effects on social plasticity.



shape both phenotypic expression and selection influence the adaptive evolution of labile social plasticity. The conditions under which such labile social plasticity evolves as a direct consequence of natural selection are poorly understood (McGlothlin et al., 2022b).

### **Social reaction norm**

We begin by developing a so-called *social reaction norm* (SRN) model describing a complex phenotype expressed as a function of parameters (mechanisms) regulating responses toward the social environment (**Fig. 1**), which may vary genetically among individuals and thus be subject to selection and adaptive evolution. Broadly, an SRN refers to any formal model with parameters determining how the expression of a phenotype changes in response to the phenotypes expressed by other organisms in the social environment, as well as in response to ecological properties of the social environment that are not individual phenotypes per se, such as group size or density, sex ratios, age structure, etc. (de Groot et al., 2023; Martin et al., 2023; Martin & Jaeggi, 2022; Moore et al., 1997; Strickland et al., 2021). The functional relationships captured by an SRN can vary widely based on the biological system under consideration, the mechanistic resolution of the analysis, and the temporal scale of interactions. For instance, previous models have explored feedback caused by SRNs expressed in instantaneous, finite or infinite interactions, within groups of various size, structure, and composition, demonstrating distinct effects on phenotypic expression and the response to selection as a consequence of social plasticity (Araya-Ajoy et al., 2020; Kazancioğlu et al., 2012; Martin & Jaeggi, 2022; McGlothlin et al., 2010, 2022b; Trubenová et al., 2015). Given that our goal is to capture general conditions under which selection will directly target social plasticity, we avoid making specific assumptions and instead introduce a model that remains agnostic about the functional pathways of social interactions. Our SRN simply parameterizes social plasticity as the expected phenotypic change caused by the social environment, which may or may not reflect the cumulative or aggregate effects of complex iterative feedback processes. This allowed us to model social plasticity in a conceptually analogous way to non-social plasticity, making symmetries between theoretical results for the (co)variance components of both processes clear. Readers are encouraged to see





change as a function of variation in kinship, nutritional status, spatial distance among social partners, resource predictability, quality, and availability, and the local risk of environmental hazards such as natural disasters and famine, among other factors (Dirks et al., 1980; Ember et al., 2018; Gurven, 2004; Jaeggi et al., 2016; Kaplan et al., 1985). To explore how such socioecological interactions shape selection on social plasticity, we extend the basic SRN to capture multidimensional plasticity.

$$\eta_{je} = \mu_j + \psi_j \mu'_e + \delta_j x_e + \varphi_j \mu'_e x_e \quad (\text{Eq. 2})$$

The *socioecological plasticity* parameter  $\varphi_j$  regulates how the effects of  $\psi_j$  and  $\delta_j$  change in response to the interaction between social phenotypes and ecological conditions  $\mu'_e x_e$  (Fig. 1a). Accounting for multidimensional plasticity brings attention to the fact that individuals often face complex and multifaceted environments that place contingent, fluctuating and potentially conflicting selection pressures on their phenotypes across space and time. Despite likely being ubiquitous in nature, such multidimensional plasticity remains poorly understood for both social and non-social components of the environment (Westneat et al., 2019).



### **Context dependent IGEs**

As described above, social plasticity and IGEs are fundamentally connected as cause and consequence when the phenotypes responding and being responded to are heritable. This implies that genetic variation in social partners' trait values and individuals' responsiveness toward these trait values will determine the magnitude of IGEs on the phenotype. In the [supplementary material](#), we delineate analytic relationships between  $\psi$  and IGEs under a linear SRN to demonstrate how the direct and indirect components of genetic variation change across socioecological contexts ([Eq. S17-31](#)). [Fig. 2](#) shows that the total additive genetic variance available to selection on a socially plastic trait  $G_A$  is contingent on standing genetic variances  $G_\psi, G_\delta, G_\phi$  and genetic correlations  $\rho$  of SRN parameters, as well as stochastic ecological fluctuations  $V_x$  across the population. The magnitude of heritable variation is constrained in the presence of negative social plasticity  $\bar{\psi} < 0$  (e.g. when aggressive social environments reduce individuals' aggression), while it can be dramatically magnified in the presence of positive social plasticity  $\bar{\psi} > 0$  (e.g. when aggressive social environments escalate aggression, as in [Fig. 1](#)). Importantly, the magnitude of  $G_A$  contributing to the realized phenotypic response to selection is contingent on relatedness among social interactants as well as the strength of social selection (see [Bijma, 2010](#); [Martin, Beheim, et al., 2024](#); [McGlothlin & Fisher, 2022](#)). This suggests that if environmental change affects population structure and viscosity, it can potentially reveal a large magnitude of cryptic heritable variation in SRNs due to IGEs among genetically assorted individuals.





conceptualized as randomly and independently dispersing into microhabitats across a spatially heterogeneous, continuously varying landscape (**Fig. 3a**). Within a given microhabitat, an individual's SRN (**Eq. 2**) determines the character state they express in response to social environment  $e = (\mu'_e, x_e)$ . Social environments were sampled from a zero-centered multivariate normal distribution with variances  $V_\mu$  and  $V_x$  and covariance  $C_{\mu'x} = 0$ , such that  $\bar{e} = (0,0)$ . This allowed us to readily distinguish between selection occurring directly on the plasticity parameters  $\psi, \delta, \phi$  versus indirectly as a correlated response to selection for increasing or decreasing the mean phenotype  $\mu$ . See the **supplementary material** for a detailed discussion of the consequences of and motivation for zero-centering in our analysis. Selection then took place on the microhabitat-specific character state, also as a function of the local social environment.

Our model is based on prior work by **de Jong (1995)**, who demonstrated the symmetry between microevolutionary models of character states and RNs for continuously varying phenotypes in spatially heterogeneous environments. In **Eq. S1-5**, we modify and simplify the Taylor series approximations used in their model to analyze quadratic fitness functions and linear SRNs in stochastically fluctuating social environments. Individuals' relative fitness in a given microhabitat is expressed as a function of standardly measured linear  $\beta$  and quadratic selection  $\gamma$  gradients on their character states, expanding the well-known **Lande and Arnold (1983)** model. Quadratic approximation is sufficient for our purposes to demonstrate key theoretical relationships, and we expect that under weak selection, quadratic functions will often do a good job of approximating curvature in the local adaptive landscape over microevolutionary timescales (**Arnold et al., 2001**). This approach also connects predictions directly to commonly estimated selection gradients, providing clear targets for future research.

To allow for fluctuating selection, microhabitat-specific selection gradients were additively partitioned into average directional  $\beta_\eta$  and stabilizing/disruptive  $\gamma_\eta$  selection gradients on character states across social environments, as well as deviations  $\Delta\beta$  and  $\Delta\gamma$  in selection gradients across microhabitats as a function of variation across social environments. See **Eq. S3-5** for details. Given that social environments were randomly distributed and zero-centered across microhabitats, average selection gradients  $\beta_\eta$  and















Linear and nonlinear effects induce correlational selection among the SRN slopes, proportional to the product of their variances, with  $\gamma_{\psi,\delta} = \Delta\gamma_{\mu'x}V_{\mu'}V_x$ ,  $\gamma_{\psi,\varphi} = \Delta\gamma_xV_{\mu'}V_x + \Delta\gamma_{\mu'^2x}V_{\mu'}^2V_x$ , and  $\gamma_{\delta,\varphi} = \Delta\gamma_{\mu'}V_{\mu'}V_x + \gamma_{\mu'x^2}V_{\mu'}^2V_x$ . Therefore, when quadratic selection exhibits linear fluctuations in response to the social environment, selection directly targets the integration among individuals' average character states and socioecological plasticity across microhabitats. For example, if there is positive frequency-dependent directional  $\Delta\beta_{\mu'} > 0$  and quadratic selection  $\Delta\gamma_{\mu'} > 0$ , the upward slope of the fitness surface with respect to the phenotype will become increasingly convex and accelerating with higher trait values in the social environment, e.g. because of synergy among cooperative phenotypes. If social environments fluctuate, this will generate selection on the integration of SRN intercepts and social plasticity slopes  $\gamma_{\mu,\psi}$ , pushing individuals with higher trait values to also take greater advantage of the multiplicative benefits arising from interactions with similar social partners. To the degree that fluctuations also occur in the ecological state of the social environment  $V_x > 0$ , we expect for such effects to further generate selection for integration  $\gamma_{\delta,\varphi} > 0$  between ecological  $\delta$  and socioecological  $\varphi$  slopes of the SRN, further modulating the expression of  $\psi$ . When the interaction between social and ecological variation contributes to fluctuations in the strength of quadratic selection  $\Delta\gamma_{\mu'x} \neq 0$ , we in turn expect for correlational selection to occur on the social and ecological slopes  $\gamma_{\psi,\delta}$ , proportional to the product of their variation  $V_{\mu'}V_x$  across microhabitats.



















## Discussion

Using a relatively simple model for the evolution of a complex phenotype in a heterogeneous environment (Eq. 1-2, Eq. S1-5, Fig. 3), our results demonstrate that when the fitness effects of organisms' phenotypes are frequency-dependent, fluctuations in the composition of the social environment play a central role in facilitating the adaptive evolution of social plasticity (Eq. 3-4, Fig. 4, Table S1). In many cases, we expect that social plasticity will be contingent on ecological conditions (Eq. 2, Fig. 1), and as we show, this can further potentiate the evolution of multivariate SRNs characterized by socioecological plasticity (Eq. 3-4, Fig. 4, Table S1). Once evolved, social plasticity in turn fundamentally shapes the expression of heritable genetic variation in the phenotype through IGEs (Fig. 2, 6, Eq. S17-30). Consistent with predictions from prior IGE models (Araya-Ajoy et al., 2020; Bailey et al., 2021; Bijma & Wade, 2008; Kazancıoğlu et al., 2012; Martin et al., 2023) and niche construction models of ecological inheritance (Fogarty & Wade, 2022), we find that social plasticity and genetic variation in social plasticity can greatly modify the rate of adaptive microevolution in the phenotype (Eq. 6-10; Fig. 5). Our findings also show how the adaptation of social plasticity and IGEs can feed forward across generations, further modifying the strength of selection and rates of ongoing phenotypic evolution in fluctuating environments, a process we refer to as socio-eco-evolutionary feedback (Fig. 6-7). Taken together, our results demonstrate the importance of linking the ecological causes and evolutionary consequences of social plasticity to better understand the pace of phenotypic adaptation in complex and rapidly changing environments (Fig. 7).

There are many scenarios where plasticity may reduce rather than amplify rates of genetic evolution by shielding heritable variation from selection (Ancel, 2000; Ghalambor et al., 2007; Price et al., 2003). In general, the diversity of functional mechanisms underpinning phenotypic plasticity across taxa, as well as the complex dynamics of environmental change across space and time, make it challenging to generate simple predictions about the effects of plasticity on adaptive evolution (Vinton et al., 2022). For example, evolutionary simulations have shown that while adaptive plasticity reduces rates of molecular genetic evolution in novel environments, it also increases the rate at which adaptive and maladaptive mutations are respectively retained

and removed from the population (Lalejini et al., 2021). Life history evolution and demographic processes shaping dispersal also have importance influences on the likelihood of adaptive developmental plasticity evolving toward fluctuating selection pressures (Scheiner & Holt, 2012; Tufto, 2015). Notwithstanding such nuances, theory indicates that plasticity will generally accelerate/diminish evolutionary change when it is aligned with the direction of selection and a population is moving up a convex/concave slope on the local adaptive landscape (Paenke et al., 2007). Our findings are consistent with this general result while also extending it to the specific case of fluctuating frequency-dependent selection, which generates multiplicative payoffs across social environments (Fig. 6A) that either tend to magnify (convex, positive frequency-dependence) or constrain (concave, negative frequency-dependence) the evolutionary response in the phenotype. Multidimensional plasticity also further nuances predictions by showing how the alignment of plasticity and selection may be highly sensitive to ongoing socioecological change, quickly shifting from facilitating to inhibiting phenotypic evolution across space and time (Fig. 6B). These results motivate greater attention to the understudied but likely ubiquitous phenomenon (Westneat et al., 2019) of multidimensional, socioecological plasticity in future empirical research.

Game theoretic models have also provided key insights into the evolutionary causes and consequences of social plasticity, such as its central role in sustaining cooperation in repeated interactions (Avila et al., 2021; Van Cleve & Akçay, 2014), as well as in maximizing fitness across ecological scenarios when individuals benefit from adjusting to and coordinating with their social partners (Akçay et al., 2009; Yamaguchi & Iwasa, 2015). While these models often assume perfect inheritance of phenotypes to focus attention on evolutionary stability and convergence, our findings emphasize the importance of genetic variance in social  $G_\psi$  and socioecological plasticity  $G_\phi$  as determinants of the rate of adaptive microevolution (Eq. 5-10, Fig. 2, 5) as well as the potential magnitude of socio-eco-evolutionary feedback (Fig. 6). In this regard, while our findings highlight fluctuating state-dependent selection as a fundamental driver of both social and ecological plasticity (Eq. 3-4, Fig. 4), they also demonstrate why the effects of social plasticity on genetic adaptation are unique in comparison to other forms of plasticity and require distinct theoretical consideration. Due to the influence of IGEs, selection on

socially plastic traits causes coevolutionary responses in the traits of organisms as well as the traits expressed in their social environment (Eq. 6-10), further modifying the phenotypic consequences of genetic evolution in social environments (Fig. 5-6). Our findings extend prior IGE theory by identifying fluctuating frequency-dependent selection as the central driver of the evolution of social plasticity and adaptive IGEs (Eq. 3-4, Fig. 4, Table S1), as well as by demonstrating how ecological change shapes the expression of context dependent IGEs and their consequences for ongoing phenotypic change (Fig. 2, 6C, Eq. S17-32).

There are important limitations to our analysis that should be considered before extrapolating theoretical predictions for empirical study. To focus attention on the evolution of labile social plasticity in spatially heterogeneous environments, we ignored the well-established effects of imperfect cues and temporal fluctuations in the social environment (King & Hadfield, 2019). These factors will inevitably play a role in the eco-evolutionary dynamics of plasticity in natural populations, potentially driving populations toward distinct developmental strategies (Michel et al., 2014; Price et al., 2003; Tufto, 2015). Prior theory can be combined with nuanced consideration of a population's ecology and life history to extrapolate our general findings for social plasticity and generate more targeted empirical predictions. Relatedly, we took a rather “black box” analytic approach to modeling the expression and selection of plasticity, focusing on net selection of character states and SRNs irrespective of the details underlying the mechanistic pathways causing these effects. We did not consider the mechanistic basis of plasticity in detail beyond the weak constraints of a polygenic genetic architecture and continuous reaction norm, nor did we model the functional consequences of plasticity for distinct components of organismal performance, both of which will determine the proximal costs of producing and maintaining plastic responses across environments (Auld et al., 2010; Bergmann & McElroy, 2014; Dewitt et al., 1998; Haaland et al., 2021). While fitness costs of plasticity have not been consistently supported by prior research, most studies have also not accounted for condition-dependent fitness effects (De Lisle & Rowe, 2023). This further emphasizes the importance of incorporating the (co)evolution of life history into future empirical and theoretical research on adaptive social plasticity. Our quantitative genetic approach also relies on the convenient but oversimplifying assumption of a linear

mapping between additive genetic and phenotypic variation. This linear mapping may lead to biased predictions about the microevolutionary trajectories of complex phenotypes regulated by highly nonlinear developmental dynamics (Milocco & Salazar-Ciudad, 2022).

While our results provide useful heuristic predictions for the effects of social plasticity on phenotypic adaptation and socio-eco-evolutionary feedback over microevolutionary timescales, they do not address the conditions under which social plasticity is expected to persist across macroevolutionary timescales. Prior theory provides clear hypotheses for time course of plasticity-led evolution during environmental change, predicting that plasticity is likely to be initially favored and subsequently disfavored while evolving toward an adaptive peak in a new environment (Kelly, 2019; Lande, 2009), contingent on the persistence of environmental change (Scheiner et al., 2017). The persistence of fluctuating frequency-dependent selection across generations is also expected to play a central role in determining the macroevolutionary trajectory of social plasticity, as well as the potential for socio-eco-evolutionary feedback to be sustained during environmental change, with stronger fluctuations expected to produce more chaotic dynamics (Chevin et al., 2022). Comparative evidence suggests that weak to moderate frequency-dependent selection is common in natural populations (Gómez-Llano et al., 2024), but the typical scale and regularity of spatiotemporal fluctuations in frequency-dependent selection is currently unknown. Therefore, as with phenotypic plasticity more generally, future studies aiming to explain and accurately predict variation in social plasticity across taxa will require closer attention to the interaction between mechanisms of social plasticity, the magnitude and timescale of frequency-dependent fluctuations in contemporary social environments, as well as the multigenerational dynamics of these fluctuations across early and later stages of environmental adaptation.

In our rapidly changing world, organisms increasingly face complex environmental challenges arising from a host of intersecting ecological and anthropogenic factors such as resource depletion, habitat fragmentation, and climate warming, among others, which are collectively accelerating rates of species extinction and biodiversity loss across the globe (Eberle et al., 2023). Social interactions play a central role in determining how populations respond to such challenges. Cooperation in reproduction, for example, can

buffer against habitat degradation, promote colonization of harsh environments, and generate evolutionary rescue (Griesser et al., 2017; Henriques & Osmond, 2020; Martin et al., 2020); the adaptation of conflict and competition can in turn deteriorate the environment and precipitate ecological tipping points that drive rapid population collapse (Matsuda & Abrams, 1994; Parvinen & Dieckmann, 2013; Ratzke et al., 2018). Our findings demonstrate the importance of plasticity in shaping the evolutionary consequences of such social interactions, motivating greater attention to social plasticity as a functional mechanism channeling the rate and direction of adaptive social evolutionary processes on observable timescales in response to environmental change. Due to the dual effects of socioecological states on the expression and adaptation of phenotypes, selection on SRNs may be a potent but underappreciated driver of rapid contemporary adaptation and socio-eco-evolutionary feedback in heterogeneous environments (Fig. 7).



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## Data availability

Code for reproducing figures and replicating our analytic results with numeric methods is available at <https://github.com/Jordan-Scott-Martin/SRNselection>.





























## Supplementary materials for:

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## Centering the social environment

Throughout the analysis, we assume that the average ecological  $\bar{x} = 0$  and social state  $\bar{\mu}' = 0$  are zero. If the mean social environment was not zero-centered in this way, any source of average directional selection on the character state across social environments would cause directional selection on all linear SRN parameters. This is a consequence of the character state being a composite phenotype determined by the linear sum of SRN parameter effects (Eq. 1-2, S2), so that if  $\bar{\mu}' \neq 0$  and  $\bar{x} \neq 0$ , selection acting to increase the expected phenotype in the average environment  $\bar{e}$  would affect any parameters contributing to the average character state  $\eta_{\bar{e}}$ . This is a classic result from quantitative genetic theory (Gavrillets & Scheiner, 1993), which tells us that the evolution of social plasticity can be promoted as a correlated response to directional selection on the character state. Here we are primarily interested in establishing the general conditions under which selection will directly target the component of character states attributable to SRN plasticity parameters  $\psi$ ,  $\delta$ , and  $\varphi$ . Therefore, we fixed  $\bar{\mu}' = \bar{x} = 0$  for the analysis to eliminate correlative effects caused by directional selection on the phenotype, and to in turn isolate the specific conditions under which selection directly favors the adaptive evolution of social plasticity per se. This leads to interpretation of  $\mu$  in the SRN function (Eq. 2) as the focal individual's intrinsic trait value independent of variation in the social environment, which may nonetheless include mean environmental effects that do not vary among individuals or within microhabitats. The same considerations apply with respect to quadratic selection in the average environment, motivating centering of the squared character state on its expectation  $E(\eta^2) = V_{\eta}$  (i.e. the phenotypic variance of character states) as well as the squared social environmental values on their expectations  $E(\mu'^2) = V_{\mu'}$  and  $E(x^2) = V_x$  (Eq. S5). Doing so similarly isolates the conditions under which quadratic selection will directly target the (co)variances of the SRN parameters regulating social and ecological plasticity, independently of average quadratic effects that cause selection on all SRN parameters influencing phenotypic variance. Finally, we also ignored assortment in social environments  $C_{\mu,\mu'} = 0$  to explore selection on social plasticity irrespective of population structure. Analytic results below provide the means for straightforwardly extrapolating our findings to more complex scenarios.

























