

# Continental-scale empirical evidence for relationships between fire response strategies and fire frequency

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# 1 Summary

- 2 • Theory suggests that the dominance of resprouting and seeding, two key mechanisms  
3 through which plants persist with recurrent fire, both depend on other traits and vary with  
4 fire regime. However, these patterns remain largely untested over broad scales.
- 5 • We analysed the relationships between average fire frequency, derived from MODIS  
6 satellite data, and resprouting and seeding strategies respectively, for approximately 10,000  
7 woody and herbaceous species in Australia. We tested whether leaf economics traits  
8 differed among these strategies.
- 9 • Probability of resprouting exhibits a monotonic increase with fire frequency for woody  
10 plants; for herbaceous plants a hump-shaped relationship is observed. Probability of seeding  
11 exhibits a hump shape with fire frequency in woody plants. In herbaceous plants, probability  
12 of resprouting was associated with higher leaf mass per area (LMA), and probability of  
13 seeding with lower LMA. A broader range of leaf investment strategies occurred in woody  
14 plants.
- 15 • Our findings provide the largest empirical support to date for theory connecting fire  
16 response strategy to fire frequency. Woody seeders appear constrained by immaturity and  
17 senescence risk. Herbaceous and woody seeders showed different placements along the leaf  
18 economics spectrum, suggesting an important interaction between growth form and growth  
19 rate for seeders.

20 **Keywords:** fire frequency, fire intensity/severity, resprouting, seeding, life history, leaf traits,  
21 Australia

## 22 Introduction

23 Fire is a fundamental ecological process for many ecosystems on Earth (Bond & Keeley, 2005;  
24 Andela *et al.*, 2019; McLauchlan *et al.*, 2020), which shapes the evolution of traits that allow  
25 organisms to thrive in fire-prone environments (Keeley *et al.*, 2011; He & Lamont, 2018; Pausas  
26 & Bond, 2019). A key focus of research has been the mechanisms that enable plants to persist in  
27 fire-prone environments. Past research has identified two main strategies adopted by plant  
28 species: resprouting from surviving tissues (hereafter ‘resprouting’) and post-fire germination  
29 from seed (hereafter ‘post-fire seeding’) (Lamont *et al.*, 1991; Whelan, 1995; Bond & van  
30 Wilgen, 1996). While some species are capable of one mechanism alone, so-called “obligate”  
31 resprouters and seeders, others are capable of both, called “facultative” species. Theoretical  
32 and empirical research surrounding these mechanisms suggests that the two strategies exist at  
33 opposite ends of a spectrum of resource allocation (Iwasa & Kubo, 1997; D. T. Bell, 2001; Bowen  
34 & Pate, 2017), with varying costs and benefits, and depending on the fire regime. It follows that  
35 patterns in the relative proportion of these fire response strategies could vary across gradients  
36 of fire regime characteristics, such as fire frequency or intensity. Although established in theory  
37 (Hilbert, 1987; Bellingham & Sparrow, 2000; Bond & Midgley, 2003; Pausas & Keeley, 2014b),  
38 these patterns have remained largely untested on a broad scale, mainly due to the lack of large-  
39 scale data on fire regimes and species regeneration mechanisms.

40 In fire-prone ecosystems, the success of different regeneration mechanisms is dependent on the  
41 fire regime, particularly the fire frequency. A fire regime captures the typical event- and  
42 frequency-driven characteristics of fires in a given place within an ecological time frame (Gill,  
43 1975), and comprises multiple parameters, including fire frequency, intensity (rate of heat  
44 energy release), severity (biological impacts on above- and below-ground vegetation), type  
45 (ground, surface, crown, mixed), size and seasonality (McLauchlan *et al.*, 2020). Fire regimes  
46 vary markedly between vegetation types, such as in the mesic forests of eastern Australia and  
47 boreal forests of North America where fires burn infrequently but often intensely (Gill & Catling,  
48 2002; Keeley & Pausas, 2022), versus the tropical and subtropical savannas in southern Africa  
49 and South America which undergo frequent, low-intensity fires (Lehmann *et al.*, 2014). Here, we  
50 focus on one major fire regime characteristic, fire frequency, which has been at the core of  
51 theory relating to plant trait relationships (e.g., Hilbert, 1987; Bellingham & Sparrow, 2000;  
52 Bond & J. J. Midgley, 2003; Pausas *et al.*, 2004). Fire frequency and interval define the length of

53 time between fires in which plants can grow and maintain resprouting organs and/or reach  
54 reproductive maturity and produce a sufficient seed bank. Globally, ecosystems range from  
55 experiencing frequent fire, that is close to 100 fires per century, to very infrequent, less than  
56 one fire per century (Bond et al. 2005).

57 Theory suggests that the frequency of resprouting and post-fire seeding strategies of  
58 woody plants should vary with fire frequency, and interact with growth form and other plant  
59 traits. Pausas & Keeley (2014a) likened resprouting and seeding strategies to perennial and  
60 annual life history strategies, where fire events are considered equivalent to annual cycles.  
61 Resprouters follow a longer-lived, 'perennial' life history as they live and reproduce through  
62 many fire intervals (iteroparity) (Pausas & Keeley, 2014a). Conversely, obligate-seeding species  
63 follow a shorter-lived, 'annual' life history, with mature individuals typically suffering high  
64 mortality after a fire and thus depending on a single reproductive event per generation  
65 (semelparity) (Bond & van Wilgen, 1996; Pausas & Keeley, 2014a). Investment in resprouting  
66 capacity would be wasted when fires are very rare, but may also be inviable in environments  
67 where fire frequency is high, as there is insufficient opportunity for recovery between  
68 disturbances (Iwasa & Kubo, 1997; Bellingham & Sparrow, 2000; Pausas & Keeley, 2014a).  
69 Bellingham & Sparrow (2000) therefore hypothesised that ability to resprout would increase as  
70 disturbance frequency increases, until a threshold where resprouting becomes less viable and  
71 so ability to resprout then declines. Similarly, obligate seeders are predicted to be most  
72 common at intermediate fire frequencies (Hilbert, 1987; Lamont *et al.*, 1991), as a balance  
73 between two competing risks. Obligate seeders suffer an immaturity risk when fire return  
74 intervals (FRIs) are too short (Keeley *et al.*, 1999), but can also experience a senescence risk  
75 when FRIs are longer than the longevity of the plants and seed bank combined, as these species  
76 are reliant on fire to complete their life cycle (Keeley, 1986).

77 While discussion around plant-fire relationships have predominantly been centred  
78 around woody plants, herbaceous plants have been comparatively understudied, despite being  
79 an important group that makes up much of the world's most fire-prone ecosystems (Mouillot &  
80 Field, 2005; Keeley & Pausas, 2022). We define 'woody' as having a prominent aerial stem that  
81 lasts through time and changing environmental conditions (Zanne *et al.*, 2014); in practice, this  
82 corresponds to a longer lifespan of the aboveground part of the plant as well as a taller  
83 potential height. Recently, Simpson *et al.* (2021) extended the model by Bellingham & Sparrow

84 (2000) to grasses; however, a small difference in their predictions for grasses was that, although  
85 resprouting may decline at very high fire frequencies, it could still be a common strategy, as  
86 many grasses can resprout from protected underground buds or insulated leaf bases (Klimešová  
87 & Klimeš, 2003; Simpson *et al.*, 2021). Additionally, herbaceous seeders were hypothesised to  
88 be less restricted by immaturity risk as their time to maturation is relatively short, supported by  
89 findings that the ratio of grass seeders to resprouters was higher at very high frequencies  
90 (Simpson *et al.*, 2021).

91 To fulfil contrasting life histories, seeders and resprouters may also employ different  
92 strategies of resource allocation and growth. Seeders might allocate more resources to rapid  
93 aboveground growth and early reproduction, whereas resprouters might allocate more  
94 resources to storage organs and protective structures that improve survival and regrowth after  
95 fire (Iwasa & Kubo, 1997; D. T. Bell, 2001; Pausas *et al.*, 2004; Bowen & Pate, 2017). These  
96 resource allocation strategies could also be manifested in leaf economics traits (Wright *et al.*,  
97 2004), such as leaf mass per area (LMA) and leaf nitrogen (N) content. Fast-growing seeders are  
98 expected to have 'quick-return' leaves, with low LMA, high leaf nutrients (including N), high leaf  
99 turnover and high rates of photosynthesis and respiration, whereas the opposite is expected for  
100 slower-growing resprouters (Wright *et al.*, 2004). Past studies investigating leaf traits across fire  
101 response strategies have found varying results across climates and ecosystems (Ackerly, 2004;  
102 Pausas *et al.*, 2004; Paula & Pausas, 2006; Saura-Mas & Lloret, 2007; Vivian & Cary, 2012), thus  
103 raising questions about how generally leaf traits relate to fire strategy. Moreover, the  
104 fundamental differences between woody and herbaceous growth forms may also lead to  
105 different patterns of leaf traits across fire response strategies (e.g., in grasses; Simpson *et al.*,  
106 2021). Generally, it is known that herbaceous and woody species differ in their leaf traits  
107 (Towers *et al.*, 2024), but it remains unclear whether there are further differences within  
108 herbaceous species with respect to fire response, and whether such differences are consistent  
109 across herbaceous and woody species.

110 Despite an abundance of theory, the consequences of fire have rarely been evaluated at  
111 large biogeographic scales, with data to span hundreds to thousands of species. However, a  
112 flourishing of biodiversity resources, such as species distribution, fire occurrence, and trait data,  
113 now enables such questions to be addressed. Recently, Simpson *et al.* (2021) tested the effects  
114 of fire frequency on the distribution of 734 grass species, globally. While this global analysis of

115 grasses represented a significant advance on our understanding of plant-fire relationships for  
116 herbaceous species, the scope of the study was still constrained to just a single plant family with  
117 a particular adaptation: having a basal meristem. Here, we use large-scale empirical data to  
118 investigate the distribution of fire response strategies at unprecedented scale, by quantifying  
119 characteristics for >9,500 species spread across the entire continent of Australia. Specifically, we  
120 ask the following questions:

- 121 (1) What is the distribution of fire frequencies experienced by Australian plant taxa?
- 122 (2) Do the fractions of plant species that are resprouting and seeding support the  
123 hypothesised hump-shaped response with fire frequency, in both woody and  
124 herbaceous plants?
- 125 (3) Within woody and herbaceous species, do leaf traits (LMA and leaf N content) differ  
126 between resprouters and non-resprouters, or between post-fire seeders and non-  
127 seeders?

## 128 Materials and Methods

### 129 *Study system*

130 Our study area is the continent of Australia, which contains deserts, savanna, tropical and  
131 subtropical forests, temperate and Mediterranean woodlands and shrublands, spread across  
132 large climatic gradients (Keith, 2017). This range of ecosystems and component species  
133 representing different life histories and fire response strategies as well as a large range of fire  
134 frequencies (Bradstock, 2010; Murphy *et al.*, 2013), is representative of those observed globally,  
135 and thus provides an ideal region to empirically test the theory connecting resprouting and  
136 seeding to fire frequency (e.g., Bellingham & Sparrow, 2000; Pausas & Keeley, 2014b).

137

### 138 *Fire response and leaf traits*

139 We extracted fire response trait data for Australian plants from AusTraits (v5.0.0), a database  
140 which includes data on the fire response strategies of approximately 9578 species (over 40% of  
141 all described Australian vascular plants; CHAH, 2023) (Falster *et al.*, 2021). The database

142 harmonises trait data from diverse sources, including field studies, herbaria, and published  
143 literature. Our two traits of interest, whether a taxon resprouts and whether it has post-fire  
144 seeding, are captured by `resprouting\_capacity` and `post\_fire\_recruitment` (Wenk *et al.*,  
145 2024c). The resprouting trait (`resprouting\_capacity`) distinguishes whether individuals in a  
146 species or population are killed by fire (<30% resprout), partially resprout (30-70%) or resprout  
147 prolifically (>70%). The post-fire seeding trait (`post\_fire\_recruitment`) specifies whether a  
148 plant does or does not display increased germination post-fire. We considered resprouting and  
149 post-fire seeding as separate traits given that the traditional resprouter/seeder dichotomy does  
150 not capture species that can do both (1672 species or 15% of our dataset was facultative).

151 Before categorising species as having capacity for post-fire resprouting and post-fire  
152 seeding, we filtered out non-native species by only including those that are native in at least one  
153 state or territory according to data from the Australian Plant Census (APC) (CHAH, 2023). We  
154 excluded hybrid species and species not “accepted” by the APC. We included fire response trait  
155 observations at the below-species level (form, variety and subspecies) in addition to the species  
156 level, because within-species differences in fire response strategies are also informative. Below-  
157 species and species level taxa (terminal taxa) are henceforth collectively referred to as  
158 “species”. Each species was then categorised as a resprouter or non-resprouter and a (post-fire)  
159 seeder or non-seeder. In AusTraits, observations from multiple sources can be recorded for a  
160 species in any given trait. Hence, we classified a species as a resprouter if at least 30% of  
161 observation recorded resprouting or partial resprouting, and a seeder if at least 30% of  
162 observations recorded post-fire recruitment. The absence of seedlings is more difficult to detect  
163 than their presence, possibly leading to an inclusion bias towards seeders. Lastly, species were  
164 identified as woody or herbaceous using `woodiness\_detailed` data from the curated Australian  
165 plant growth forms dataset, `Wenk\_2022` (Wenk *et al.*, 2024a). We categorised records that  
166 were combinations of trait values, e.g., `herbaceous semi\_woody`, into groups: woody,  
167 herbaceous, semi-woody and ambiguous (Supporting Information Table S1), the last two of  
168 which we discarded. This resulted in a dataset of 6387 woody species and 4634 herbaceous  
169 species. 10881 species (6276 woody, 4605 herbaceous) had data on resprouting and 3570  
170 species (2661 woody, 909 herbaceous) had data on post-fire seeding.

171 We also extracted data on two leaf traits, LMA and leaf N content (per unit dry mass),  
172 from the AusTraits database, filtering out non-native species. In AusTraits, each observation is

173 on a separate row and values for a numerical trait are standardised to the same units. The value  
174 type, e.g., raw value or mean, and number of replicates used to calculate each observation (if a  
175 mean) are also recorded in separate columns. To obtain species-level measures of LMA and leaf  
176 N, we took the mean of all LMA and leaf N observations respectively for the species. The mean  
177 was calculated by dividing by the number of rows (observations), rather than by number of  
178 replicates used for each observation, because the majority of observations were raw values  
179 (single replicates) and the numbers of replicates used to calculate means were often  
180 unreported. 2844 species (2061 woody, 783 herbaceous) had data on LMA and 1637 species  
181 (1385 woody, 252 herbaceous) had data on leaf N, in addition to data on at least resprouting or  
182 seeding.

### 183 *Species occurrences*

184 We extracted species occurrences from the Global Biodiversity Information Facility (GBIF). On  
185 the GBIF web portal, we selected 'present' occurrence status records of vascular plants in  
186 Australia (GBIF.org [2 June 2023] GBIF Occurrence Download DOI: 10.15468/dl.phfr9u). GBIF  
187 records were subsequently cleaned in the R environment (R Core Team, 2021). Occurrence  
188 records were filtered to post-1900, georeferenced human observation and living and preserved  
189 specimen records only. Coordinates with low precision (less than 2 decimal digits) and high  
190 uncertainty (>10 000 m) were excluded, as well as coordinates with longitude or latitude  
191 recorded as zero. We removed duplicate records and records flagged with the country  
192 coordinate mismatch and recorded date unlikely issues in GBIF. A series of checks were  
193 conducted with the {CoordinateCleaner} package (Version 2.0-20; Zizka *et al.*, 2019), including  
194 removing non-terrestrial and unlikely or invalid coordinates. Coordinates in the ocean or within  
195 2 km of the country centroid, capital centroid and biological institutions were also removed.  
196 13,605,512 observations remained from 21,141,315 after filtering (36% of observations were  
197 removed). Species names from GBIF, which use the World Checklist of Vascular Plants (WCVP)  
198 backbone, were aligned with names in AusTraits, which are standardised with the APC. 10871  
199 species were matched between AusTraits and GBIF after aligning and updating GBIF names  
200 using the {APCalign} package (Wenk *et al.*, 2024b).



201 *Fire frequency*

202 We aimed to determine the mean fire frequency that each species is exposed to across its  
203 distribution. Data on fire events were extracted from the MODIS Global Monthly Burnt Area  
204 Data Product (MCD64A1), which contains the spatial extent and dates of fires occurring from  
205 November 2000 to October 2022 at 500-m resolution. The MODIS satellite detects burn scars by  
206 identifying daily changes in surface reflectance after a fire (e.g., vegetation loss, charcoal  
207 deposits), which is supplemented with daily active fire data (Giglio *et al.*, 2018). Although only a  
208 c. 22-year dataset, MODIS data is the best available fire data for Australia at the continental  
209 scale.

210 First, we extracted the occurrence records of a given species and overlaid this with the  
211 MODIS data product (500-m grid cells). In each grid cell where the species occurs, we counted  
212 the number of fires that had occurred during the c. 22-year period. We removed species with  
213 less than ten total cells (465 species). We then fit a generalised linear model with a Poisson  
214 distribution and an identity link function to the fire event count data to estimate the mean  
215 event rate across the observation period and its 95% confidence interval. Mean event rates  
216 were converted to fire frequency per century (Supporting Information Fig. S1). 97% of mean fire  
217 frequencies per species had a confidence interval size (upper confidence bound minus lower  
218 bound) of less than 5 fires per century, and the maximum confidence interval size was 17. 157  
219 (1.4%) species were unable to be fit with a Poisson model, often those with few cells or entirely  
220 unburnt cells. Examples of species' spatial distributions and their fire event count data are  
221 displayed in Fig. 1.

222 The Poisson process assumes a constant rate of fire events occurring through time,  
223 which is unlikely true for many systems, because of factors such as increasing fire risk with  
224 accumulating fuel loads and decreasing fire risk from negative fire-vegetation feedbacks  
225 (Fernandes *et al.*, 2012; Héon *et al.*, 2014). However, the true rate of fire over time is highly  
226 debated in fire literature (Moritz, 2003; Moritz *et al.*, 2004; Keeley & Zedler, 2009) and hence  
227 we used a constant rate as a compromise between increasing and decreasing rates. Also,  
228 assuming a different assumption of increasing or decreasing rate of fire would only change the  
229 absolute values of fire frequency estimates and have no effect on the absolute ranking of fire  
230 frequencies across species, which was sufficient for our analysis. To check our method was  
231 producing reasonable numbers, we also compared the mean fire frequencies estimated using

232 the Poisson distribution with values estimated using a method by Simpson *et al.* (2021), which  
233 calculates the median fire return interval from fitting a Weibull distribution to all the inter-fire  
234 intervals across the grid cells in which a species occurs (Fig. S1). The distribution of fire  
235 frequencies across the two methods were largely similar, with the survival analysis method  
236 more skewed towards low fire frequencies (Supporting Information Fig. S2).

### 237 *Data analysis*

238 We analysed the relationships between fire response strategies and fire frequency for woody  
239 and herbaceous species using a generalised linear model with a logit link and binomial response  
240 in R (R Core Team, 2021). Two separate models were fit with resprouting and post-fire seeding  
241 as the response variables and fire frequency (per century) as the predictor variable. We fit a  
242 quadratic polynomial function, based on *a priori* hypotheses formed from the literature  
243 (quadratic curves; Bellingham & Sparrow, 2000; Simpson *et al.*, 2021) and inspection of the raw  
244 data. Resprouting and post-fire seeding were coded as binomial (i.e. TRUE or FALSE equates to  
245 resprouts or does not resprout), while fire frequency was log-transformed to reduce skewness  
246 and leverage of low fire frequencies. We included a woody or herbaceous variable and any  
247 interactions with fire frequency in the resprouting model. For the post-fire seeding model,  
248 however, we only included woody species as there were insufficient data to fit the model for  
249 herbs (909 herbaceous species versus 2661 woody species). To determine whether accounting  
250 for evolutionary relationships would affect the results, we repeated the analyses with  
251 phylogenetic logistic regression (Ives & Garland, 2010) using the `phylolm` function (method set  
252 to 'logistic\_MPLE' or maximised penalised likelihood of the logistic regression) from package  
253 {`phylolm`} (Ho & Ané, 2014). We used a dated phylogeny for seed plants by Smith & Brown  
254 (2018) which contains 356,305 species and combines genetic data from GenBank and  
255 phylogenetic data from the Open Tree of Life project. The tree was subsetting to the species in  
256 our study; however, due to differences in taxonomy, many species were unable to be matched.

257 To determine how leaf traits compare between fire response strategies, we fit four linear  
258 regressions with LMA and leaf N as individual response variables (log-transformed) and  
259 resprouting or post-fire seeding as explanatory variables (R Core Team, 2021). We included a  
260 woody or herb variable and an interaction term as additional explanatory variables in each

261 model. We repeated the analyses with phylogenetic linear regression using the same  
262 phylogenetic tree as previously (Smith & Brown, 2018) and the `phylo1m` function from package  
263 `{phylo1m}` (Ho & Ané, 2014). *P*-values of estimated marginal means are adjusted with the Tukey  
264 method for standard linear regression and with the Bonferroni method for phylogenetic linear  
265 regression.

## 266 Results

### 267 *Fire frequency*

268 The average fire frequencies experienced by species in the dataset, across their known  
269 distribution, ranged from 0.01 fires per century to 53.3 per century, while the median fire  
270 frequency across all species was 1.6 per century (Fig. 2a). The median fire frequencies of the six  
271 most speciose Australian plant families (Fig. 2b, in bold) ranged from 2.1 fires per century for  
272 Fabaceae to 1.3 fires per century for Asteraceae. Out of the twenty Australian plant families  
273 with the highest resprouting data coverage, median fire frequencies ranged from 0.3  
274 (Chenopodiaceae) to 4.3 (Malvaceae) (Fig. 2b). These encapsulate the diversity of fire  
275 frequencies that exist across Australia.

### 276 *Fire response strategies and growth forms*

277 Out of 6387 woody species, 4022 were resprouters and 2254 were non-resprouters. 2092  
278 woody species were documented as post-fire seeders and 569 as non-seeders. 1672 species  
279 were capable of both resprouting and seeding, i.e. facultative species. In 4634 total herbaceous  
280 species, 3006 were resprouters and 1599 were non-resprouters.

### 281 *Relationships between fire response strategies and fire frequency*

282 The distributions of woody and herbaceous resprouters are displayed in Fig. 3a. The probability  
283 of resprouting tends to increase with fire frequency for both woody and herbaceous species  
284 (Fig. 4a; Table 1). However, resprouting probability peaks at intermediate fire frequencies for  
285 herbaceous species while resprouting probability continues to increase at high fire frequencies

286 for woody species (Fig. 4a; Table 1). Nonetheless, resprouting is still a viable strategy for herbs  
287 at high fire frequencies, as >20% of species still exhibit this strategy (Fig. 4a; Table 1).  
288 Resprouting is much less likely for herbs than for woody species at very low fire frequencies (Fig.  
289 4a; Table 1). The median fire frequency per century for woody resprouters was 1.84 (standard  
290 deviation [SD] = 7.47), in contrast to 1.63 (SD = 4.84) for woody non-resprouters. For  
291 herbaceous species, the median fire frequency per century for resprouters was 1.56 (SD = 5.41)  
292 and 1.45 (SD = 8.06) for non-resprouters. These relationships were also reproduced when  
293 phylogeny was taken into account, although with a slight decline in resprouting probability for  
294 woody plants at the highest fire frequencies (Supporting Information Fig. S3a; Supporting  
295 Information Table S2).

296 In woody species, the probability of post-fire seeding is high at intermediate fire  
297 frequencies, decreasing dramatically with more frequent fires and very infrequent fires (Fig. 4b;  
298 Table 2). The median fire frequency per century for woody post-fire seeders was 1.65 (SD = 5.02)  
299 while the median fire frequency for non-seeders was 1.79 (SD = 8.87). This unimodal  
300 relationship was also seen when accounting for phylogeny (Supporting Information Fig. S3b;  
301 Supporting Information Table S2).

### 302 *Relationships between fire response strategies and leaf traits*

303 In woody species, there was moderate evidence that LMA (log-transformed) is slightly lower in  
304 resprouters than non-resprouters (estimate = -0.041,  $df = 2836$ ,  $P = 0.045$ ). However, according  
305 to the phylogenetic regression (Supporting Information Table S3), there was very strong  
306 evidence that the opposite is true, that woody resprouters have slightly higher LMA than non-  
307 resprouters (estimate = 0.031,  $df = 2370$ ,  $P < 0.001$ ). There was very strong evidence that LMA  
308 is higher in seeders than non-seeders (estimate = 0.147,  $df = 1494$ ,  $P < 0.0001$ ) (Fig. 5; Table 2).

309 In herbaceous species, there was very strong evidence that resprouters have higher LMA  
310 than non-resprouters (estimate = 0.201,  $df = 2836$ ,  $P < 0.0001$ ), although there was only little  
311 evidence of this from the phylogenetic regression (estimate = 0.102,  $df = 2370$ ,  $P = 0.147$ ). There  
312 was very strong evidence that post-fire seeders have lower LMA than non-seeders (estimate = -  
313 0.177,  $df = 1494$ ,  $P < 0.0001$ ) (Fig. 5; Table 2). In both woody and herbaceous species, there

314 was no evidence that leaf N content is different between resprouters and non-resprouters or  
315 between seeders and non-seeders (Fig. 5; Table 2).

316

## 317 Discussion

318 Australia captures a broad range of vegetation types and fire frequencies, with species mean  
319 fire frequencies ranging from 0.01 to 53.3 fires per century. This range reflects those  
320 experienced globally. We found that resprouting probability was highest in areas with  
321 intermediate fire frequencies (1 to 5 fires per century; Murphy *et al.*, 2013) for herbaceous  
322 plants, while resprouting probability continually increases with fire frequency for woody plants.  
323 Post-fire seeding is most dominant at intermediate fire frequencies for woody plants. These  
324 findings provide the largest empirical support to date for long-held concepts in the literature,  
325 that resprouting is inviable when disturbances are too frequent relative to productivity and that  
326 post-fire seeding in woody plants is constrained by immaturity risk and senescence risk (Hilbert,  
327 1987; Bellingham & Sparrow, 2000; Pausas, 2001; Bond & J. J. Midgley, 2003; Klimešová &  
328 Klimeš, 2003). Among woody species, we did not find support for the predicted decline in  
329 resprouting ability at the highest fire frequencies, but this may be attributed to patterns of fire  
330 severity. Relationships were largely preserved when accounting for phylogenetic relationships,  
331 suggesting that patterns of fire response strategies and fire frequency are occurring across  
332 unrelated species.

333         The hypothesised hump-shaped relationship between resprouting and fire frequency  
334 described by Bellingham & Sparrow (2000) for woody plants was found to adequately describe  
335 the relationship for herbaceous plants (Fig. 4a). Resprouting may be less energetically viable at  
336 high fire frequencies (Grady & Hoffmann, 2012; Fairman *et al.*, 2019). Frequently burnt systems  
337 are typically characterised by moderately high-intensity surface fires, as is often the case in  
338 Australia (Archibald *et al.*, 2013), likely reducing the survivorship of herbaceous resprouters and  
339 instead favouring the fast-growing seeding strategy. Herbs that do resprout, do so from  
340 underground organs or basal meristems in the case of grasses (Mott *et al.*, 1985; Simpson *et al.*,  
341 2021). Correspondingly, Australia's northern savannas have a high richness of annual seeders  
342 (Andrew & Mott, 1983). In intermediate fire frequencies, herbaceous resprouters outcompete

343 seeders as they can quickly re-establish post-fire using energy reserves (Zimmermann *et al.*,  
344 2008; Simpson *et al.*, 2021). This is seen in the high proportions of herbaceous resprouters in  
345 south-eastern Australia where fires are moderately frequent (Pausas & Bradstock, 2007;  
346 Hammill *et al.*, 2016) (Fig. 3). At low fire frequencies, resprouting probability decreases, likely  
347 due to the high costs of maintaining buds when fires are rare (Simpson *et al.*, 2021). For  
348 example, Asteraceae, a primarily herbaceous family, occurs predominantly in seldom burnt  
349 environments (median fire frequency per century = 1.3) and has a relatively low proportion of  
350 resprouters (44%) (Fig. 2b). Our resprouting results examine a much wider range of fire  
351 frequencies compared to Simpson *et al.* (2021), but in the areas of overlap, our results for all  
352 herbaceous species are consistent with those they found for Poaceae.

353 Woody species exhibit a similar relationship to herbaceous species, where resprouting  
354 probability increases with fire frequency (Fig. 4a); however, unlike herbaceous species,  
355 resprouting probability does not decline at very high fire frequencies, or declines only slightly  
356 according to the phylogenetic analysis (Supporting Information Fig. S3a). Resprouting  
357 probability is highest for woody species in frequently burnt systems, evidenced in the high  
358 proportion of woody resprouters across northern Australia, compared to herbaceous  
359 resprouters (Fig. 3a). This may seem inconsistent with the decline in resprouting at high  
360 disturbance frequencies predicted by Bellingham & Sparrow (2000); however, patterns in fire  
361 severity may explain this discrepancy. Resprouting appears to be more common in response to  
362 less severe disturbances (Vesk & Westoby, 2004). Fire regimes in the savannas of northern  
363 Australia are characterised by frequent low to moderately high-intensity surface fires (Williams  
364 *et al.*, 1998; Morgan, 1999; Murphy *et al.*, 2013; Archibald *et al.*, 2013), rather than crown fires,  
365 which adults of woody resprouting species, particularly tree species, are more likely to survive  
366 than herbaceous species due to low flame heights (Barlow *et al.*, 2003; Lawes *et al.*, 2011a). The  
367 majority of adult trees in these savannas resprout epicormically (Clarke *et al.*, 2015), while  
368 juvenile trees, which are more likely to be top-killed, predominantly resprout from underground  
369 organs (Werner & Franklin, 2010). This could explain the continual increase of resprouting  
370 probability even at the highest fire frequencies. Woody species in these savannas that are  
371 unable to resprout tend to survive through thick bark (Lawes *et al.*, 2011a,b). We expect to see a  
372 similar pattern for woody plants in places other than Australia, because places with frequent  
373 fires are fundamentally constrained to have low- to moderate-intensity fire (Archibald *et al.*,

374 2013). At low fire frequencies, found in both the arid and wet extremes of Australia, resprouting  
375 is less likely and may have evolved in response to disturbances other than fire (Pausas & Keeley,  
376 2014b; Pausas *et al.*, 2016). Resprouting in these mesic systems is probably enabled by higher  
377 productivity, compared to their arid counterparts (Bellingham & Sparrow, 2000), as seen in  
378 slightly higher resprouting proportions in temperate Australia compared to the largely unburnt  
379 arid interior (Fig. 3).

380 Post-fire seeding displayed the characteristic hump-shaped relationship with fire  
381 frequency for woody species (Fig. 4b). This affirms that many woody seeders are constrained by  
382 'immaturity risk', where seeders are unable to reach reproductive maturity if fire frequency is  
383 too high (Keeley *et al.*, 1999), and 'senescence risk', where seeders are unable to produce a new  
384 cohort of seedlings when FRIs are longer than the longevity of the seed bank (Keeley, 1986).  
385 Whilst woody seeders are restricted by 'immaturity risk' in environments that burn frequently,  
386 herbaceous seeders are generally able to reach reproductive maturity much more rapidly and  
387 thus some can persist even in FRIs as short as one year (e.g., grass annual seeders; Mott *et al.*,  
388 1985; Werner & Franklin, 2010; Simpson *et al.*, 2021). Interestingly, there are some woody  
389 seeding species that evolve to dramatically reduce their time to maturity and may eventually be  
390 considered herbaceous, such as *Androcalva rosea*, which can reproduce and senesce in less than  
391 16 months, despite its sub-shrub growth form (S. A. J. Bell & Copeland, 2004). However,  
392 immaturity risk is a species-specific concept, where shortening FRIs are likely detrimental to a  
393 species irrespective of whether it is adapted to high, moderate or low fire frequencies. In  
394 general, woody obligate seeders have longer maturity ages than herbaceous seeders (Smith &  
395 Donoghue, 2008), explaining the decline of woody seeders at high fire frequencies. Although  
396 herbaceous seeders are less constrained by high fire frequencies, they are also expected to  
397 decline at lower fire frequencies due to high competition and senescence risk (Zimmermann *et al.*  
398 *et al.*, 2008; Pausas & Keeley, 2014b; Simpson *et al.*, 2021), but this remains untested.

399 In order to avoid immaturity risk, seeders were hypothesised to adopt a fast-growing  
400 strategy along the leaf economics spectrum, expressed by a lower investment in each leaf  
401 (lower LMA), high nutrient contents (higher leaf N) and high photosynthetic rates (Wright *et al.*,  
402 2004). This was supported by our results for herbaceous species, including strong evidence that  
403 herbaceous resprouters have higher LMA than herbaceous non-resprouters and herbaceous  
404 seeders have lower LMA than herbaceous non-seeders (Fig. 5). Herbaceous species seem

405 adequately described by the hypothesis that these two fire response strategies have contrasting  
406 life histories: one that avoids immaturity risk through a faster growth strategy and another that  
407 is slower-growing and prioritises resource retention in between fires (Pausas *et al.*, 2004; Pausas  
408 & Keeley, 2014a).

409 In woody species, there was little evidence that seeders adopt a faster-growing leaf  
410 economics strategy than resprouters. Instead, we found very strong evidence that LMA is  
411 actually higher in seeders than non-seeders, suggesting that at least for some woody seeders, a  
412 resource-retaining strategy (higher LMA, lower leaf nutrients) between fires may be more  
413 important than fast growth to reduce immaturity risk. This is especially important where  
414 drought is recurrent, a common event across large areas of the Australian continent (Jiang *et al.*,  
415 2017), likely experienced by woody seeders which dominate at intermediate fire frequencies  
416 (Fig. 4). Many obligate seeders in Mediterranean climates have been found to be drought  
417 tolerant, associated with functional traits including longer leaf life span, high LMA and lower leaf  
418 turgor loss point (Ackerly, 2004; Paula & Pausas, 2006; Saura-Mas & Lloret, 2007). This resource-  
419 conserving strategy is exhibited in the woody family Proteaceae, which has higher average LMA  
420 and lower leaf N than most other Australian plant families (Fig. 2b; Cornwell *et al.*, 2014).  
421 Woody species that live in fire-prone environments but do not resprout primarily survive fires  
422 via thick bark (Hoffmann *et al.*, 2009; Lawes *et al.*, 2011b; Brando *et al.*, 2012); these fire-  
423 resisting species would also likely be resource-conservative rather than fast-growing.  
424 Additionally, leaf functional traits may vary throughout an individual's lifespan (Henn &  
425 Damschen, 2021). A seeder may prioritise growth at early life stages to establish quickly post-  
426 fire, but later shift to a more resource-conservative strategy (Funk *et al.*, 2021). Slow-growing  
427 woody seeders may be particularly vulnerable to immaturity risk under increasing fire  
428 frequencies (Bradstock & Kenny, 2003; Kraaij *et al.*, 2013).

429 This analysis was at the species and below-species level, but in response to shifting fire  
430 regimes, there may also be intraspecific changes to fire adaptation. Resprouting and seeding are  
431 not mutually exclusive fire response strategies; they are coexisting approaches which have  
432 shifting proportions along different gradients of fire regime characteristics. The viability of both  
433 strategies across much of the fire frequency gradient also explains the high proportion of  
434 facultative species (species able to both resprout and seed) in Australia overall (1672 species or



435 15% of the dataset was facultative), and populations of these species may be under shifting  
436 evolutionary pressures throughout their ranges.

437 Fire frequencies have never been static through geological time, and humans have  
438 changed fire regimes through increased ignitions, and more recently, fire suppression and  
439 climate change (Krawchuk *et al.*, 2009; Pausas & Keeley, 2009; Andela *et al.*, 2017; Balch *et al.*,  
440 2017). Moreover, European practices in Australia with regard to fire are fundamentally different  
441 to those of the Traditional Owners (Perry *et al.*, 2018). We acknowledge that a key limitation to  
442 using data from the MODIS satellite is its short snapshot of 22 years. While fire frequencies in  
443 that 22-year period may not reflect preceding periods, the MODIS data has been used (with  
444 even shorter periods) to detect large-scale differences in fire regimes (e.g., Bond & G. F.  
445 Midgley, 2012). The 22-year period is likely sufficient to distinguish very fire-prone  
446 environments from infrequently burnt environments, and for a successful ranking of mean fire  
447 frequencies across species. Because mean fire frequency was calculated across each species'  
448 range, we expect that a species with more unburnt points than another will effectively rank the  
449 species as more fire-sensitive than species with less unburnt points. Additionally, species  
450 occurring in mostly or all unburnt cells, often also occurring in few cells overall, were excluded  
451 when a valid set of coefficients to fit the model could not be found (157 species). Because of the  
452 ubiquity of fire across the Australian continent, only 1.1% of species in our dataset occurred in  
453 entirely unburnt cells, after filtering species occurring in less than ten pixels.

454 Large-scale patterns of fire response strategies are common ecological hypotheses that  
455 relate to how plants respond to fire, and disturbance more broadly (e.g., Bellingham & Sparrow,  
456 2000; Bond & J. J. Midgley, 2003; Pausas & Keeley, 2014a). However, sufficient data to  
457 empirically test these hypotheses have only become available recently. Our findings are one of  
458 the first to provide a broad overview of how fire response strategies sort along a fire frequency  
459 gradient, using large-scale, real-world data. Our work is timely, as fire regimes are currently  
460 being altered due to climate change and other human-influenced drivers (Hardesty *et al.*, 2005;  
461 Pausas & Keeley, 2014b; Andela *et al.*, 2017; Canadell *et al.*, 2021), potentially leading to shifts  
462 in the distribution of each fire response strategy and the modification, expansion and  
463 contraction of various vegetation communities (Nolan *et al.*, 2021). Slow-growing obligate  
464 seeders are particularly vulnerable to increasing fire frequencies when paired with warmer and  
465 drier conditions, which limit plant growth and hence diminish the fire interval window required

466 for their persistence ('interval squeeze'; Enright *et al.*, 2015). Predicting vegetation responses to  
467 shifting fire regimes needs to be underpinned by both clear theory and robust empirical  
468 analyses; our results add continental-scale empirical data to this effort.

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#### 481 **Author Contribution**

482 SY, WC, MO and DF designed the study. SY extracted and analysed the data, and SY, WC, MO  
483 and DF interpreted the data. SY wrote the manuscript with help from all the authors.

#### 484 **Data Availability**

485 Data and R code are available at this GitHub repository:  
486 [https://github.com/yangsophieeee/clean\\_fire\\_response\\_strats](https://github.com/yangsophieeee/clean_fire_response_strats).

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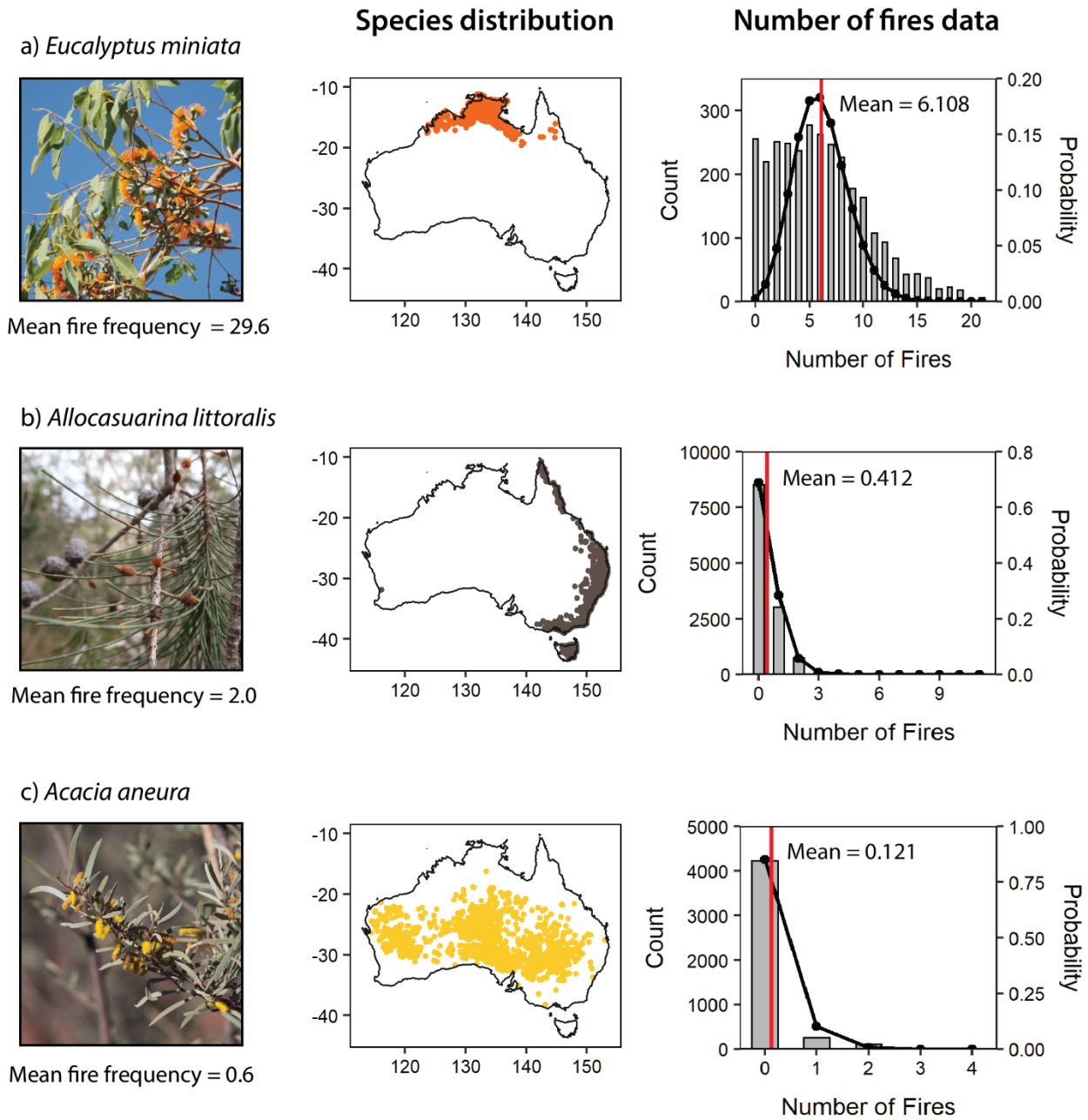
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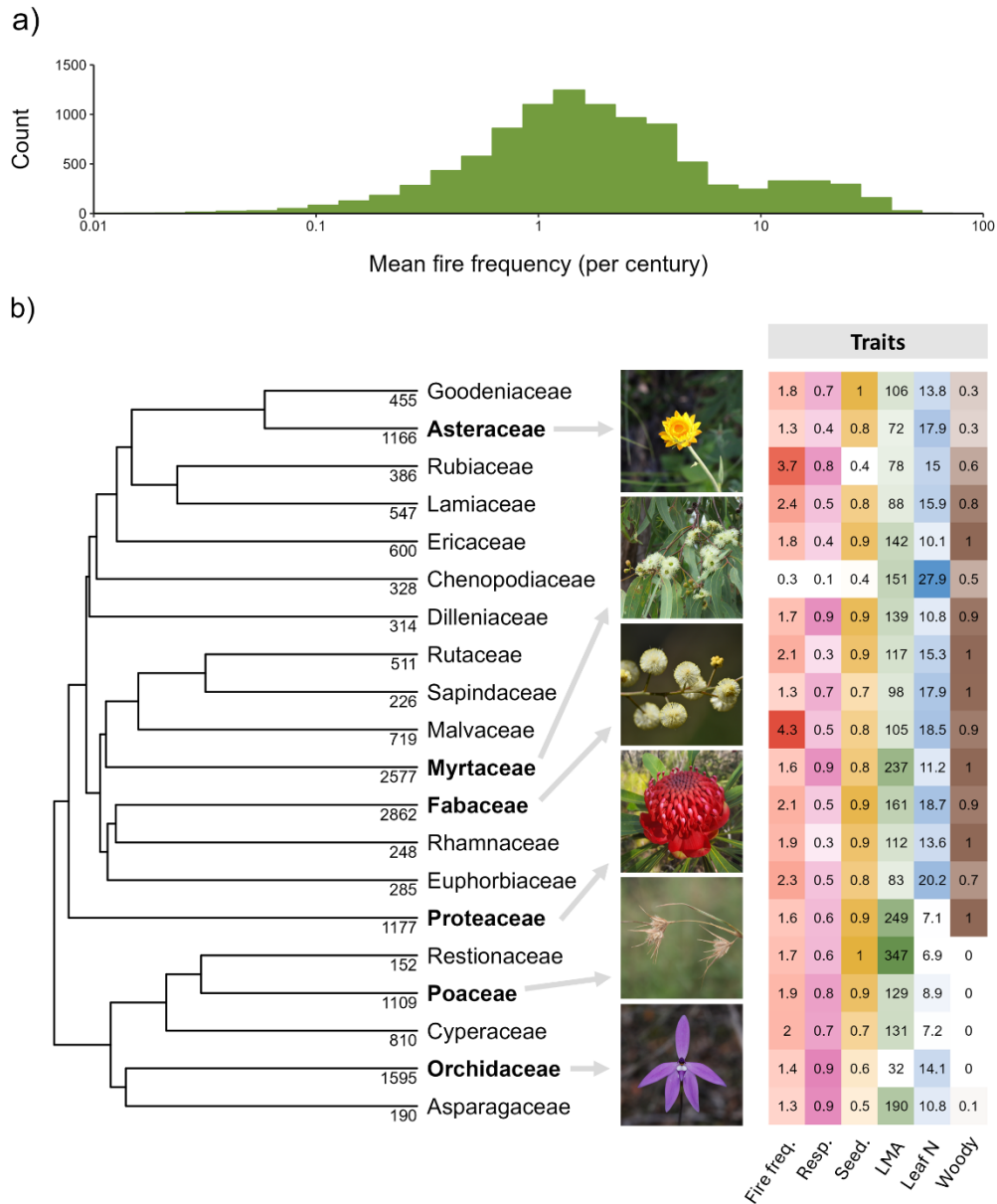
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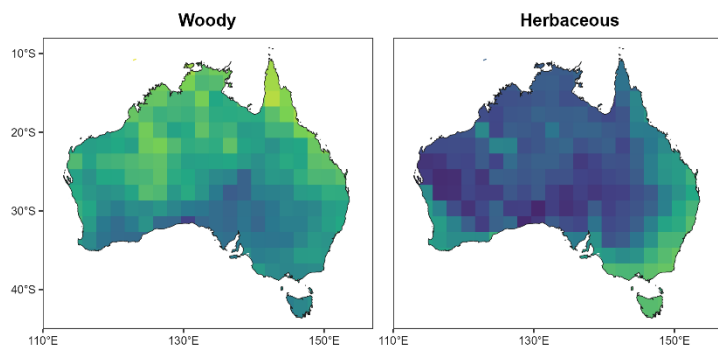


705 **Figure 1** Schematic illustrating how the mean fire frequency (per century) for a species is calculated, for three  
 706 example species. Centre panels show the known distribution, as represented by observations from GBIF. The  
 707 right panels show the number of fires data in each 500 by 500 m cell during the period 2000 to 2022, across  
 708 their range, with fitted Poisson models. Creators of plant images are discoverable on iNaturalist: (a)  
 709 *Eucalyptus miniata* (Jenny Donald [CC-BY-NC]), (b) *Allocasuarina littoralis* (@cowirrie [CC0]), and (c) *Acacia*  
 710 *aneura* (Kym Nicolson [CC-BY]).

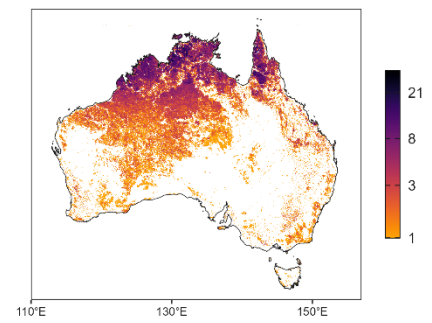


711 **Figure 2** (a) The distribution of mean fire frequencies (per century) experienced by Australian species, and (b)  
 712 Australian plant families with the highest resprouting data coverage, showing fire response and leaf traits in  
 713 relation to median fire frequency. Native species diversity of each family is indicated below each branch tip, with  
 714 the top six most speciose families in bold. Example species are indicated by grey arrows: from top to bottom, they  
 715 are: *Xerochrysum bracteatum* (@gregtasney [CC-BY-SA]), *Eucalyptus tetradonta* (@nawocnai [CC-BY-NC]), *Acacia*  
 716 *terminalis* (@tayloredtotayler [CC-BY-NC]), *Telopea speciosissima* (@vix\_ [CC-BY-NC]), *Themeda triandra*  
 717 (@arista\_botha [CC-BY-NC-SA]) and *Glossodia major* (@jimstone54 [CC-BY-NC]) (discoverable on iNaturalist). Traits  
 718 are summarised and coloured for each family on the right (dark colours indicate higher values). Median fire  
 719 frequency per century was calculated as the median of all species-level mean fire frequencies in a given family.  
 720 Mean fire frequencies for each species were the mean number of fires across a species' range from MODIS data  
 721 (2000 to 2022). Fire response traits were calculated by finding the proportion of resprouters and post-fire seeders  
 722 respectively in each family. Median leaf mass per area (LMA) ( $\text{g m}^{-2}$ ) and leaf nitrogen (N) ( $\text{mg g}^{-1}$ ) were calculated  
 723 as the mean LMA and leaf N per species and then finding the median of all species in the family. The tree was built  
 724 with a dated phylogeny for seed plants by Smith & Brown (2018).

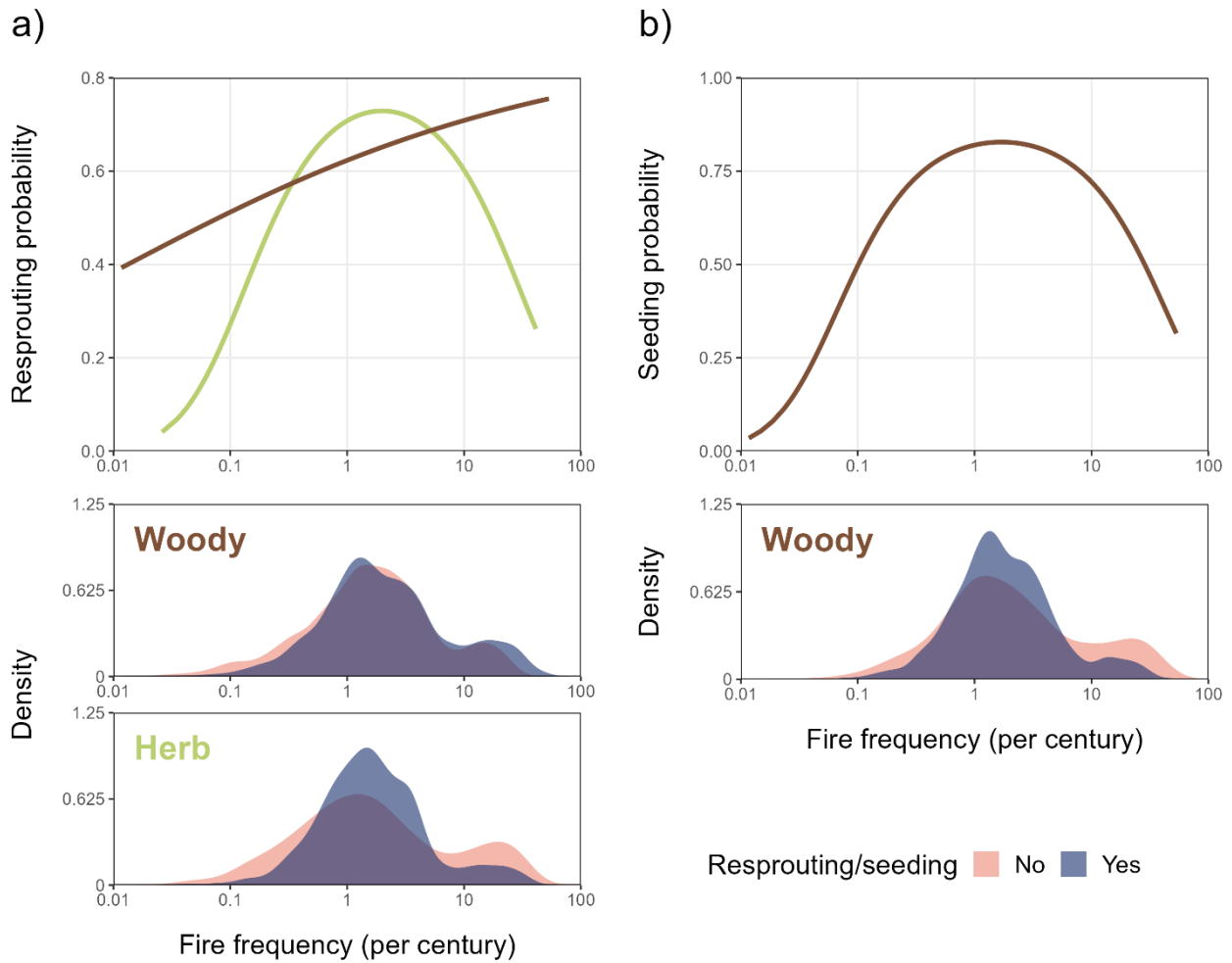
a) Proportion of resprouting taxa



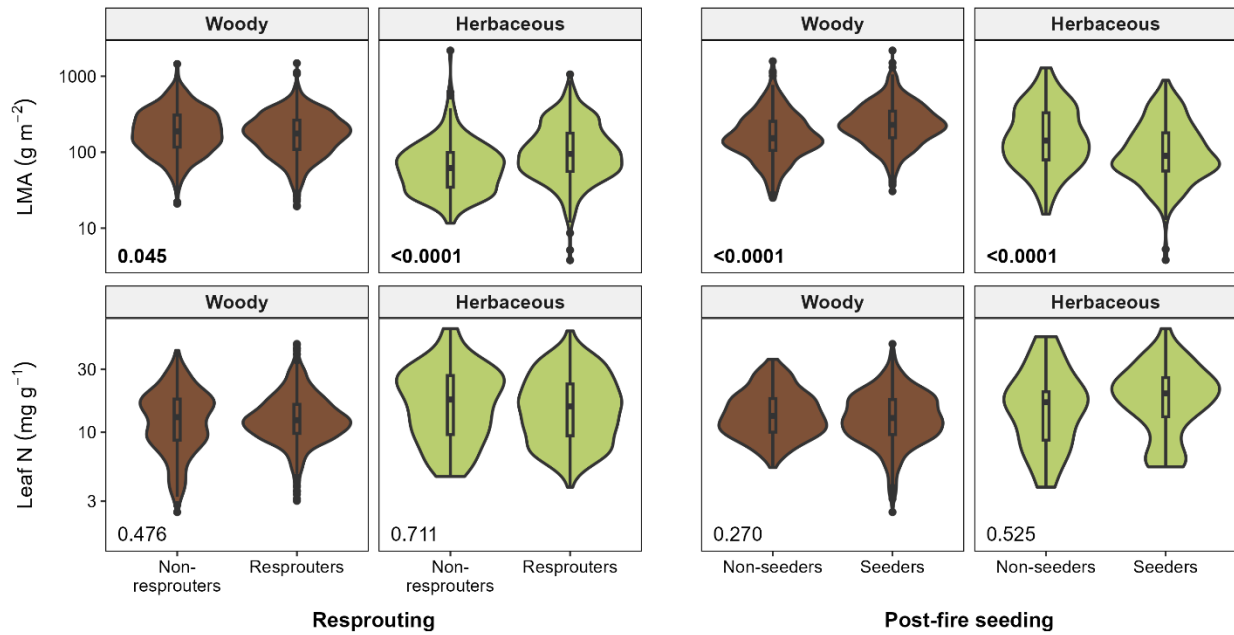
b) Number of fires



725 **Figure 3** Mapping the distribution of fire response strategies at continental scale, with (a) proportions of  
726 resprouters in woody and herbaceous species across Australia and (b) the number of fires that occurred  
727 during the MODIS burnt area product (MCD64A1) dataset period (2000 to 2022) (white denotes zero fires), at  
728 500-m resolution. Post-fire seeding was excluded due to lack of data.



729 **Figure 4** Observed changes in the frequency of two fire-adapted traits with disturbance regime, as indicated  
 730 by fire frequency. The lines in the top panels show the modelled changes in the proportion of species with  
 731 either (a) resprouting, or (b) post-fire seeding ability against fire frequency (per century), for woody (brown)  
 732 and herbaceous (green) species. Herbaceous species were omitted from (b) due to insufficient data. Statistics  
 733 for these lines are in Table 1 and 2; see text for number of observations in each group. Lower panels show the  
 734 density functions for the number of woody and herbaceous species with and without these adaptations, along  
 735 the gradient. Fire frequency is log-scaled and represents the mean fire frequency across a species' range from  
 736 2000 to 2022 (see main text for details).



737 **Figure 5** Comparing distributions of two leaf traits, leaf mass per area (LMA) and leaf nitrogen (N) content,  
 738 among fire-adapted and non-fire-adapted species, within woody (brown) and herbaceous (green) species.  
 739 Coloured areas show the density distribution of values across all species in each group, with boxplots showing  
 740 the median, the first and third quartiles (hinges) and the largest/smallest value no further than 1.5 times the  
 741 interquartile range (whiskers). Outliers (values outside whiskers) are plotted as individual points. P-values  
 742 indicate results of within group comparisons (see Table 3 for details).

743 **Table 1** Association of (a) resprouting and (b) post-fire seeding with mean fire frequency (per century). Both  
 744 response variables were coded as TRUE or FALSE, with separate models run for each trait. Values show the odds  
 745 ratio of the response for a change in each predictor<sup>1</sup>. We also included growth form (woody or herbaceous) as a  
 746 predictor for resprouting ability, , but not for post-fire seeding due to lack of data. Mean fire frequency was log-  
 747 transformed to reduce skewness. Number of observations and R<sup>2</sup> Tjur value are listed.

| <i>Predictors</i>   | <i>Odds Ratios</i> | <i>CI</i>   | <i>P</i> |
|---|--------------------|-------------|----------|
| <b>(a) Resprouting</b>                                    |                    |             |          |
| (Intercept)   | 2.42               | 2.24 – 2.62 | <0.001   |
| Mean fires [log10]  | 2.01               | 1.73 – 2.36 | <0.001   |
| (Mean fires [log10]) <sup>2</sup>                         | 0.31               | 0.26 – 0.36 | <0.001   |
| Woody or herb [woody]                                     | 0.68               | 0.62 – 0.76 | <0.001   |
| Mean fires [log10] * Woody or herb [woody]                | 0.76               | 0.62 – 0.92 | 0.005    |
| (Mean fires [log10]) <sup>2</sup> * Woody or herb [woody] | 3.11               | 2.56 – 3.79 | <0.001   |
| Observations  | 10012              |             |          |
| R <sup>2</sup> Tjur                                       | 0.031              |             |          |
| <b>(b) Post-fire seeding</b>                              |                    |             |          |
| (Intercept)   | 4.54               | 4.05 – 5.11 | <0.001   |
| Mean fires [log10]  | 1.62               | 1.26 – 2.07 | <0.001   |
| Mean fires [log10] <sup>2</sup>                           | 0.35               | 0.28 – 0.44 | <0.001   |
| Observations  | 2576               |             |          |
| R <sup>2</sup> Tjur                                       | 0.039              |             |          |

748 <sup>1</sup> The odds ratio is the ratio of the probability of responding to the probability of not responding for a unit change in  
 749 the predictor. Values (<1 indicates a lower likelihood of responding compared to not responding with an increase in  
 750 the predictor.

751 **Table 2** Associations of (a,b) mean leaf mass per area (LMA) ( $\text{g m}^{-2}$ ) and (c,d) mean leaf nitrogen (N) content ( $\text{mg g}^{-1}$ ) with resprouting and post-fire seeding, including woody or herbaceous growth form as an explanatory factor and  
752 any interactions. Values are fitted parameters from a linear model. Number of observations and  $R^2$  values are listed  
753 below each model.  
754

|   | <i>Estimates</i> | <i>CI</i>     | <i>P</i> |
|---|------------------|---------------|----------|
| <b>(a) Mean LMA [log10] versus resprouting</b>            |                  |               |          |
| (Intercept)   | 1.79             | 1.75 – 1.84   | <0.001   |
| Resprouting   | 0.20             | 0.15 – 0.25   | <0.001   |
| Woody or herb [linear]                                    | 0.47             | 0.42 – 0.52   | <0.001   |
| Resprouting * Woody or herb [linear]                      | -0.24            | -0.30 – 0.18  | <0.001   |
| Observations  | 2840             |               |          |
| $R^2$ / $R^2$ adjusted                                    | 0.171/0.170      |               |          |
| <b>(b) Mean LMA [log10] versus seeding</b>                |                  |               |          |
| (Intercept)   | 2.08             | 2.01 – 2.14   | <0.001   |
| Seeding   | -0.18            | -0.25 – -0.10 | <0.001   |
| Woody or herb [linear]                                    | 0.02             | -0.05 – 0.10  | 0.584    |
| Seeding * Woody or herb [linear]                          | 0.32             | 0.24 – 0.41   | <0.001   |
| Observations  | 1498             |               |          |
| $R^2$ / $R^2$ adjusted                                    | 0.162/0.161      |               |          |
| <b>(c) Mean leaf N content [log10] versus resprouting</b> |                  |               |          |
| (Intercept)   | 1.21             | 1.16 – 1.26   | <0.001   |
| Resprouting   | -0.03            | -0.09 – 0.03  | 0.287    |
| Woody or herb [linear]                                    | -0.13            | -0.18 – -0.07 | <0.001   |
| Resprouting * Woody or herb [linear]                      | 0.05             | -0.01 – 0.11  | 0.118    |
| Observations  | 1636             |               |          |
| $R^2$ / $R^2$ adjusted                                    | 0.025/0.023      |               |          |
| <b>(d) Mean Leaf N content [log10] versus seeding</b>     |                  |               |          |
| (Intercept)   | 1.17             | 1.09 – 1.27   | <0.001   |
| Seeding   | 0.07             | -0.03 – 0.18  | 0.174    |
| Woody or herb [linear]                                    | -0.04            | -0.13 – 0.06  | 0.416    |
| Seeding * Woody or herb [linear]                          | -0.10            | -0.21 – 0.01  | 0.068    |
| Observations  | 869              |               |          |
| $R^2$ / $R^2$ adjusted                                    | 0.029/0.026      |               |          |



## 755 Supporting Information

756 **Fig. S1** Comparison of two methods for estimating average fire frequency for an example  
757 species.

758 **Fig. S2** Comparison of mean fire frequencies estimated using Poisson generalised linear model  
759 and survival analysis methods.

760 **Fig. S3** Relationships between resprouting or seeding versus fire frequency per century, as  
761 predicted by phylogenetic logistic regression.

762 **Table S1** Woodiness trait values from AusTraits divided into woody, herbaceous, semi-woody  
763 and ambiguous categories.

764 **Table S2** Association of resprouting and seeding with fire frequency and woody or herbaceous  
765 growth form, as fit by phylogenetic logistic regression.

766 **Table S3** Associations of leaf mass per area and leaf nitrogen content with resprouting and  
767 post-fire seeding, fit by phylogenetic linear regression.