

Testing for efficacy in four measures of demographic buffering

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Main text

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33 **ABSTRACT**

34 Understanding population responses to variable environments is central to much of current
35 research in population ecology and conservation biology. Environmental variability, a key
36 component of global climate change, increases the extinction risk of species across the tree of
37 life. Therefore, quantifying the sensitivity of populations to environmental variability is timely
38 in the face of global climate change. A common approach to measure the impact of
39 environmental variability on a population is by quantifying the population's capacity towards
40 demographic buffering specifically, the population's ability to reduce the impact of
41 environmental variability on its own growth rate. This line of work has, over the past 25 years,
42 resulted in multiple, heterogeneous methods to quantify demographic buffering. To date, we
43 lack clarity on which method is most appropriate, and under what conditions. To identify the
44 best method to quantify demographic buffering, we test four methods – one correlational
45 method, two methods using terms from Tuljapurkar's approximation and the summation of
46 stochastic elasticities of variance ($\sum E_{a_{ij}}\sigma^2$) – for their efficacy to inform conservation strategies.
47 We compare and contrast these methods via three different tests to determine the efficacy of
48 the methods across four integral projection models for plants representing different life
49 histories. In the first test, we determine if the measures, structured by ontogeny, are similar or
50 distinct by analyzing their covariance structure across the four species. In the second and third
51 tests, we perform two counterfactual simulations to test if the measures offer insights about the
52 populations' responses to variable environments that are better than chance. We find that the
53 four methods significantly differ in their ability to identify and quantify demographic buffering.
54 Furthermore, our simulations identify $\sum E_{a_{ij}}\sigma^2$ as the most effective method to quantify
55 demographic buffering. This work represents a clear example of *how* and *why* to test the metrics
56 we infer from structured systems prior to their applications in systems of interest (*e.g.*,
57 endangered populations). In addition, our finding that commonly used approaches to quantify
58 demographic buffering are ineffective has broad implications for our current understanding of
59 how natural populations are responding to climate change, and thus for effective conservation
60 practices.

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62

63 STATE OF THE ART

64 Increased environmental variability is a key threat to natural populations in response to global
65 climate change (Masson-Delmotte et al., 2021; Sutherland et al., 2013). From droughts to
66 hurricanes, environmental variability takes a variety of forms across species (Raventós et al.,
67 2021; Rodríguez-Caro et al., 2021). However, the net effect of environmental variability on
68 population dynamics is broadly conserved across taxa: it often leads to a reduction in a
69 population's stochastic population growth rate (λ_S ; Tuljapurkar, 1982, 1989) and consequent
70 increases in extinction risk (May, 1973). These effects are especially concerning as global
71 climate change is projected to increase environmental variability in regions hosting the highest
72 biodiversity (Bathiany et al., 2018). Therefore, understanding the sensitivity of populations to
73 environmental variability and the strategies populations use to reduce this sensitivity is critical.

74 Demographic buffering is often used to quantify the impact of environmental variability on
75 population dynamics. Demographic buffering quantifies the degree to which a population's
76 combination of demographic rates (*e.g.*, survival, growth, reproduction) reduce the impact of
77 environmental variability on λ_S . Similar to a chemical buffer on a solution's pH, a more
78 demographically buffered population has a combination of demographic rates that reduce the
79 population's sensitivity to environmental variability relative to a less demographically buffered
80 population (Gascoigne, Kajin, & Salguero-Gómez, 2023; Pfister, 1998). In turn, demographic
81 buffering has been extensively used to infer both the sensitivity of populations to environmental
82 variability (Hilde et al., 2020; Pfister, 1998) and the strategies populations use to reduce this
83 sensitivity (McDonald et al., 2017). This understanding has led to a series of studies analysing
84 the impact of climate variability on conservation measures (Colchero et al., 2021), population
85 viability (Rodríguez-Caro et al., 2021), life histories (Morris et al., 2008) and more topics
86 across ecology and evolutionary biology (Gascoigne, Kajin, Tuljapurkar, et al., 2023;
87 McDonald et al., 2017; Morris & Doak, 2004; Santos et al., 2023). However, researchers

88 measure demographic buffering in numerous, different ways, as reviewed in Hilde et al.,
89 (2020).

90 Over the past 25 years, demographic buffering has taken a variety of mathematical forms
91 and interpretations. Mathematically, demographic buffering has been calculated using multiple
92 correlation and derivative based methods (Hilde et al., 2020; Santos et al., 2023). Furthermore,
93 these measures of demographic buffering have been inferred as both a population's relationship
94 to a variable environment (Rodríguez-Caro et al., 2021) and an evolved aspect of a population's
95 life history (Li & Ramula, 2015; McDonald et al., 2017). Currently, we lack a comprehensive
96 understanding of what is an *effective* measure of demographic buffering. We define "efficacy"
97 as the ability of a measure of demographic buffering to infer a population's response to a
98 variable environment. Unfortunately, previous research into demographic buffering often
99 assumes the efficacy of their methods without testing this assumption. Furthermore, out of the
100 suite of methods used to calculate demographic buffering, we do not know which measures are
101 more effective than others. In turn, to fill this gap in knowledge, we aim to test for *efficacy* in
102 measures of demographic buffering.

103 To test for efficacy in four measures of demographic buffering, we use four size-structured
104 stochastic integral projection models (IPMs; Easterling et al., 2000). Using the PADRINO
105 database (Levin et al., 2022), we simulate IPMs for four plant species with different life
106 histories. Subsequently, we calculate four well-established measures of demographic
107 buffering: one using a correlation method (Spearman's ρ : McDonald et al., 2017; Pfister, 1998),
108 two methods using terms from Tuljapurkar's approximation (V_s and $V_s + V_c$: Maldonado-
109 Chaparro et al., 2018; Tuljapurkar, 1989) and one using summed stochastic elasticities of
110 variance ($\sum E_{a_{ij}} \sigma^2$: Haridas & Tuljapurkar, 2005; Morris et al., 2008; Tuljapurkar et al., 2003).
111 We test the potential differential efficacy of these four measures of demographic buffering with

112 three separate tests. In the first test, we analyzed the correlation structure of the four measures
113 of demographic buffering structured along the ontogeny (*i.e.*, the size classes in each IPM) of
114 the four species. Here, we hypothesized that (H1) different measures of demographic buffering
115 would offer different values for the same populations as the methods are parameterized using
116 dissimilar values (*e.g.*, stochastic *vs.* deterministic elasticities) and methods (*e.g.*, Spearman's
117 ρ correlation *vs.* summed products). In the second test, we stabilized (*i.e.*, fixed values as
118 constant through time) the demographic rates along the ontogeny, on size/stage increment at a
119 time, and regressed the difference in stochastic population growth rate ($\Delta\lambda_s$) against the degree
120 of buffering associated with each size class along the ontogeny. We hypothesized that (H2)
121 there is a strong negative relationship between the degree of buffering along the ontogeny and
122 $\Delta\lambda_s$ as we predicted stabilizing demographic rates to have the largest positive effect in the least
123 buffered size classes. In the third test, we elucidate whether counterfactual simulations of the
124 plant populations informed by their distributions of demographic buffering, along an ontogeny,
125 yield improved population growth relative to chance. Specifically, we collectively stabilize the
126 demographic rates of all size classes across a timeseries to varying degrees. The degree to
127 which the size class specific demographic rates were stabilized was determined by the
128 distributions of size class specific buffering, determined by each method (*i.e.*, ρ , V_s , $V_s + V_c$
129 and $\sum E\sigma_{a_{ij}}^2$). To determine if these distributions offer improved information for demographic
130 rate stabilization relative to chance, we also simulated the random stabilization of demographic
131 rates along ontogeny as a control. We hypothesized that (H3) the stabilization of demographic
132 rates informed by size-class specific demographic buffering distributions would yield a
133 significantly higher $\Delta\lambda_s$ than a random stabilization of demographic rates.

134

135

136 **METHODOLOGICAL APPROACH**

137 To test for efficacy in measures of demographic buffering, *i.e.* the ability of natural populations
138 to minimise the expected negative effects of environmental stochasticity (Hilde et al., 2020;
139 Maldonado-Chaparro et al., 2018; Morris et al., 2008; Rodríguez-Caro et al., 2021), we used
140 four different measures. Since these measures of demographic buffering are dependent on
141 structured demographic models (*i.e.*, related to Tuljapurkar’s approximation; Tuljapurkar,
142 1989), we used four environmentally explicit integral projection models (IPMs) to test our
143 hypotheses.

144

145 Environmentally explicit integral projection models

146 We used four integral projection models (IPMs) from the PADRINO IPM database (Levin et
147 al., 2022) to test for efficacy in measures of demographic buffering. IPMs are discrete-time
148 population models that project a population structured by a continuous trait (*e.g.*, height, mass)
149 within a finite domain [*i.e.*, from the smallest trait value (α) to the largest trait value (ω)]
150 across time steps. An environmentally explicit IPM can be written as,

151 (Eq. 1)
$$n_{t+1}(z') = \int_{\alpha}^{\omega} K(z', z, \psi_t) n_t(z) dz .$$

152 Here, the distribution of the continuous trait at time t [$n_t(z)$] is projected through the **K**-kernel
153 [$K(z', z, \psi_t)$] to generate the distribution of the continuous trait at time $t + 1$ [$n_{t+1}(z')$]. The
154 **K**-kernel represents a continuous two-dimensional surface quantifying the survival and
155 potential change in state values of individuals between t and $t + 1$, as well as the per-capita
156 contributions of size z individuals at time t to the occurrence of size z' individuals at time $t +$
157 1. In an environmentally explicit IPM, the **K**-kernel is a function of one or more time-
158 dependent environment variables (ψ_t) (Ellner et al., 2016).

159 In our study, we simulated IPMs for four plant species with different life histories.
160 Specifically, we used IPMs for one herbaceous perennial (*Berberis thunbergii*, Merow et al.,
161 2017), two tropical perennials (*Calathea crotalifera* and *Heliconia tortuosa*, Westerband &
162 Horvitz, 2017) and one biennial (*Carlina vulgaris*, Rees & Ellner, 2009). The parameter values
163 and formulas used to construct these IPMs can be found in the supplementary materials.

164 To simulate the IPMs, we used a mesh point integration method (Easterling et al., 2000;
165 Ellner et al., 2016) which discretises the \mathbf{K} -kernel into matrix form with $n \times n$ dimensions,
166 where each bin (n) can be thought of as a small, discrete size class along the life cycle of the
167 species. Since the discretised kernel mimics a matrix population model (MPM; Caswell, 2001),
168 we will discuss our methods in the form of matrix notation where the matrix is represented as
169 \mathbf{A} with demographic rates a_{ij} referring to the survival-dependent changes in classes and
170 reproductive contributions of individuals in stage j toward stage i (Caswell, 2001).

171

172 Tuljapurkar's approximation and measures of demographic buffering

173 The metrics used to quantify demographic buffering are derived from Tuljapurkar's
174 approximation (Tuljapurkar, 1982, 1989, 1990). This approximation (Eq. 2) quantifies the
175 degree to which a population's collection of demographic rates across time contribute to its
176 long-run stochastic population growth rate.

177 (Eq. 2)
$$\log(\lambda_s) \approx \log(\lambda_1) - \frac{1}{2} [V_s + V_c] .$$

178 The approximation is calculated by subtracting the summed impact of *temporal variance* of
179 these demographic rates (V_s , Eq. 3) and *within-time step covariance* between demographic rates
180 (V_c , Eq. 4) of demographic rates from the logged population growth rate associated with the

181 arithmetic mean matrix – *i.e.*, the MPM constructed through element-by-element arithmetic
 182 means along the time series $[\log(\lambda_1)]$.

183 (Eq. 3)
$$V_s = \sum_{ij} e_{ij}^2 CV_{ij}^2.$$

184 (Eq. 4)
$$V_c = \sum_{ij \neq kl} e_{ij} e_{kl} \left[\frac{\text{cov}(a_{ij}, a_{kl})}{\bar{a}_{ij} \bar{a}_{kl}} \right].$$

185 Both V_s and V_c are calculated using the elasticities of λ_1 in response to demographic rates from
 186 the mean MPM (e_{ij})¹. Additionally, V_s measures the impact of variance using the squared
 187 coefficient of variance of individual demographic rates (CV_{ij}^2), and V_c quantifies the impact of
 188 the covariances between demographic rates by dividing the within-time step covariance of
 189 demographic rates $[\text{cov}(a_{ij}, a_{kl})]$ by the product of their means ($\bar{a}_{ij} \bar{a}_{kl}$).

190

191 Four measures of demographic buffering

192 The first measure of demographic buffering is a correlation-based approach. As illustrated by
 193 Pfister (1998) – the seminal paper on demographic buffering – one strategy by which a
 194 population can reduce V_s (Eq. 3) is by having a negative covariance between the elasticities of
 195 population growth rate associated with the mean MPM (e_{ij}) and the temporal coefficient of
 196 variance values of said demographic rates (CV_{ij}). In turn, this first measure of demographic
 197 buffering (ρ) is a calculation of the covariance between e_{ij}^2 and CV_{ij}^2 [*i.e.*, $\text{cov}(e_{ij}^2, CV_{ij}^2) = \rho$].
 198 This negative covariance in ρ would mean that the demographic rates that proportionally vary
 199 the most through time in population in fact have the least impact on the overall performance of
 200 the population, as quantified elasticities of λ_1 , whilst the most important demographic rates

¹ Elasticities quantify the *proportional* contribution of underlying demographic rates to changes in population growth rate – *i.e.*, $e_{ij} = \frac{a_{ij}}{\lambda} \frac{\partial \lambda}{\partial a_{ij}}$ (De Kroon et al., 1986).

201 would be proportionately stable over time. Out of all the possible measures of demographic
 202 buffering, this correlation-based approach is the most commonly used (Hilde et al., 2020).

203 The second and third measures of demographic buffering use the values directly from
 204 the second-term of Tuljapurkar's approximation. The second measure of demographic
 205 buffering quantifies the impact of temporal variance in demographic rates (V_s , Eq. 3). The third
 206 measure of demographic buffering sums the impact of demographic rate variance and within-
 207 timestep covariance ($V_s + V_c$, Eq. 3,4).

208 The fourth measure of demographic buffering uses the summation of stochastic
 209 elasticities of variance. The summation of stochastic elasticities of variance ($\sum E_{a_{ij}}^{\sigma^2}$) represents
 210 the degree to which proportional increases in demographic rate variance negatively impacts λ_s .
 211 In turn, we can numerically represent $\sum E_{a_{ij}}^{\sigma^2}$ as,

212 (Eq. 5)
$$\sum E_{a_{ij}}^{\sigma^2} = \sum \left[\frac{\text{var}(a_{ij})}{\lambda_s} * \frac{\lambda_s^{*a_{ij}} - \lambda_s}{0.00001 * \text{var}(a_{ij})} \right].$$

213 As *per* Haridas & Tuljapurkar (2005), we can rewrite Tuljapurkar's approximation (Eq. 2) as,

214 (Eq. 6)
$$\log(\lambda_s) \approx \log(\lambda_1) - \frac{1}{2} \left[\sum E_{a_{ij}}^{\sigma^2} \right].$$

215 Thus, we define the fourth measure of demographic buffering as $\sum E_{a_{ij}}^{\sigma^2}$.

216

217 Testing for efficacy in measures of demographic buffering

218 To test which measures of demographic buffering are effective, and the degree to which they
 219 are effective, we ran three specific tests.

220 We tested H1, that the different measures of demographic buffering would offer
 221 different values for the same populations, in two steps. First, we quantified the degree of

222 demographic buffering associated with each measure of all n size classes of the $n \times n$
223 discretised IPM, one size class at a time. Second, we quantified the correlation of these values
224 for all four species. If the measures of demographic buffering are distinct, different correlation
225 patterns of the measures should emerge across the four examined species.

226 The second and third tests involved counterfactual simulations of the four species. Both
227 simulations involved stabilizing the demographic rates of an individual size class (*i.e.*, j)
228 toward their arithmetic mean across a simulated timeseries of 1,000 timesteps. This
229 stabilization approach tests a key assumption of measures of demographic buffering: whether
230 the degree to which a stage class is demographically buffered implicates the degree to which
231 the whole population would benefit from the stabilization of demographic rates in said stage
232 class. If a measure of demographic buffering is effective, we predict a positive relationship
233 between the degree of stage specific demographic buffering and the degree to which the
234 population benefits from the stabilization of demographic rates in each stage class along the
235 life cycle of the species.

236 To test H2, that there is a strong negative relationship between the degree of buffering
237 associated with an individual stage along an ontogeny and the improvement in population
238 growth associated with the stabilization of demographic rates associated with said stage (*i.e.*,
239 $\Delta\lambda_s$), we used a counterfactual approach. Specifically, we stabilized the demographic rates of
240 each size class one at a time, whilst leaving the demographic rates of all other stages to vary
241 through time. After running 1,000 simulations of the stabilized population timeseries, the mean
242 stochastic population growth rate of the *stabilized* population was calculated. The difference
243 between the stabilized stochastic population growth rate and the stochastic population growth
244 rate of the non-stabilized population timeseries was calculated (*i.e.*, $\Delta\lambda_s$). Subsequently,
245 measures of $\Delta\lambda_s$ were regressed against each measure of stage-specific demographic buffering

246 (*i.e.*, ρ , V_s , $V_s + V_c$ and $\sum E_{a_{ij}}^{\sigma^2}$). The degree to which $\Delta\lambda_s$ and the measures of stage-specific
247 demographic buffering negatively covary corresponds to the efficacy of the individual
248 measures of demographic buffering – *i.e.*, stabilizing demographic rates in the least buffered
249 stages producing greater $\Delta\lambda_s$ values than more buffered stages. Negative covariances were
250 assessed using Spearman’s ρ correlations with significance attributed to $p < 0.05$.

251 To test H3, that the stabilization of demographic rates informed by size-class specific
252 demographic buffering distributions would yield a significantly higher $\Delta\lambda_s$ than a random
253 stabilization of demographic rates, we used another counterfactual approach. Specifically, we
254 stabilized the demographic rates relative to their measures of stage-specific demographic
255 buffering. In other words, if a stage class (j) were the least demographically buffered for a
256 specific measure of demographic buffering (*e.g.*, $\sum E_{a_{ij}}^{\sigma^2}$), that stage class would be stabilized
257 to its arithmetic mean. However, if a stage class were the most demographically buffered, the
258 timeseries would resemble the non-stabilized population timeseries. For intermediate levels of
259 demographic buffering, the population’s timeseries of demographic rates was set to the
260 weighted average of the stabilized and non-stabilized population timeseries, relative to the
261 percentile the stage is demographically buffered (for more details, see Supplementary
262 Methods). To test for efficacy, we used a permutation approach. Specifically, we simulated
263 10,000 random distributions of demographic buffering and stabilized the timeseries of
264 demographic rates relative to these random distributions. This resulted in a null distribution of
265 how an ineffective measure of demographic buffering may stabilize the system. To test whether
266 the measures of demographic buffering are effective, we identified the 95th percentile within
267 the null distribution and attributed efficacy to any measure that was consistently greater than
268 the 95th percentile across all four species.

269

270 **RESULTS**

271 Test 1: Identifying differences in the measures of demographic buffering across ontogeny

272 In the first test, we aimed to identify whether the four measures of demographic buffering offer
273 similar or distinct inferences across the four examined species. For this, we analysed the
274 correlation structure of each measure of demographic buffering structured across ontogeny and
275 found heterogeneity across the four species, thus supporting of H1 (Fig. 1). These differences
276 are demonstrated by the differences in correlation patterns across the four species.
277 Interestingly, the only pairwise combination of demographic buffering measures that offered a
278 highly stereotyped correlation structure was V_S and $V_S + V_C$. These results are also mirrored with
279 a principal component analysis of the measures of demographic buffering across the four
280 species (Supplementary Fig. 1).

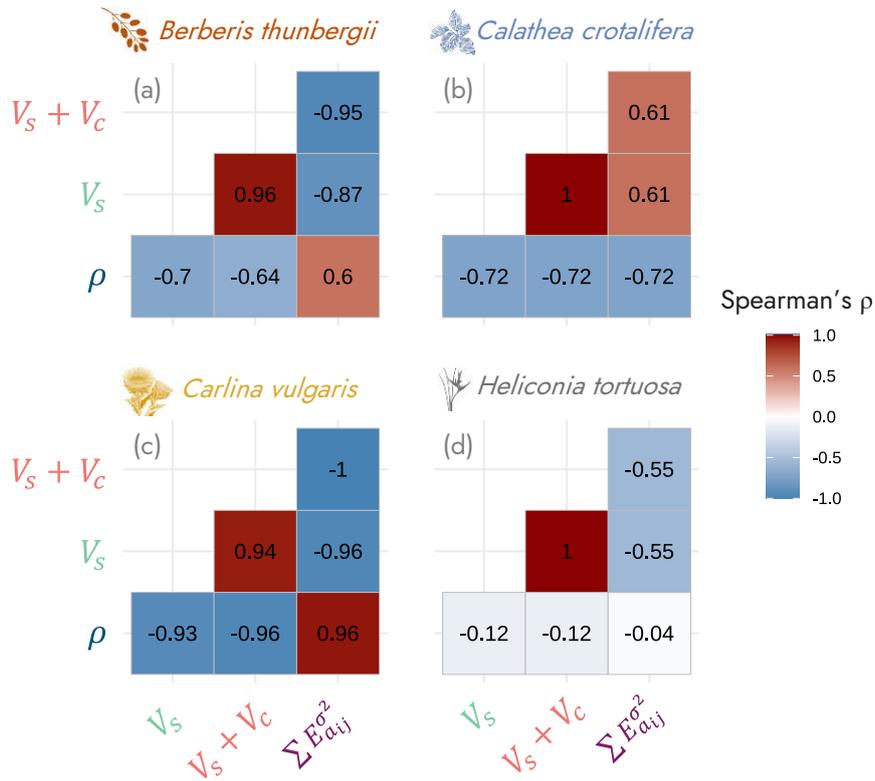
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288 **Figure 1: Heterogeneity in the measures of demographic buffering.** Here, we show the
 289 correlation structure of four measures of demographic buffering structured across ontogeny for
 290 all four plant species. The four measures are: Spearman's ρ coefficient correlating elasticities
 291 and CV values associated with individual demographic rates, V_s which quantifies the impact of
 292 demographic rate variance on population growth using Tuljapurkar's approximation, $V_s + V_c$
 293 which quantifies the impact of demographic rate variance and covariances on population
 294 growth using Tuljapurkar's approximation and the summed stochastic elasticities of variance
 295 ($\sum E_{a_{ij}}^2$). The numbers in the centre of the cells represent the Spearman's ρ coefficient
 296 associated with pairwise combinations of the demographic buffering measures. Redder (bluer)
 297 tones correspond to more positive (negative) correlations.

303 Test 2: Testing for efficacy by stabilizing demographic rates across individual stages

304 In the second test, we quantified the efficacy in each measure of demographic buffering.
305 Specifically, we hypothesized (H2) that individual simulations of each species, where the
306 demographic rates of each stage were stabilized (*i.e.*, re-parameterized to be constant through
307 time) one stage at a time, would lead to a negative relationship between the degree of buffering
308 associated with a specific stage and $\Delta\lambda_s$. The rationale for this hypothesis is the stabilization
309 of demographic rates in individual stages should have a larger positive effect in the least
310 buffered stages than in more buffered stages. Of the four different methods for calculating
311 demographic buffering, only $\sum E_{a_{ij}}^{\sigma^2}$ generated negative relationships between degree of
312 buffering and $\Delta\lambda_s$ across the four species (Spearman's ρ , $p < 0.05$; Fig. 2). The other metrics
313 (*i.e.*, ρ , V_s and $V_s + V_c$) only generated negative relationships between degree of buffering and
314 $\Delta\lambda_s$ in *Berberis thunbergii* and *Carlina vulgaris* (Spearman's ρ , $p < 0.05$; Fig. 2). In turn, the
315 second test indicates $\sum E_{a_{ij}}^{\sigma^2}$ is the only measure of demographic buffering that is predictably
316 effective across all four examined species.

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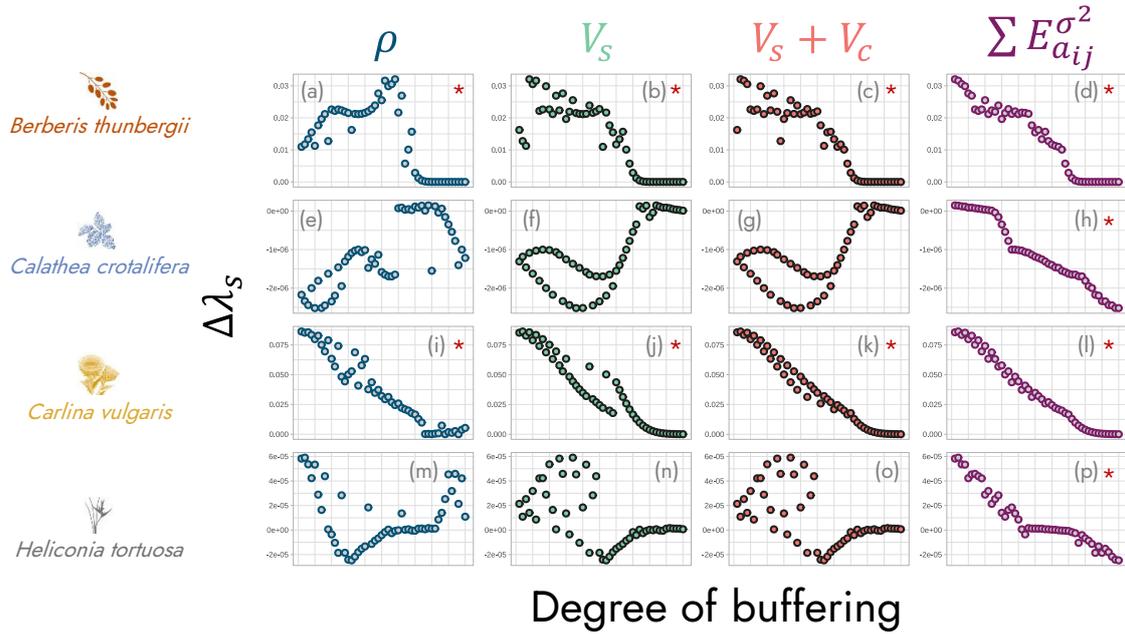
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327 **Figure 2: Stabilization of demographic rates across the life cycle of four examined species**
 328 **identifies $\sum E_{a_{ij}}^2$ as an effective measure of demographic buffering.** Here, the results from
 329 the simulations where demographic rates were stabilized for stages one at a time are shown –
 330 rows indicate species whilst columns represent the different measures of demographic
 331 buffering. The four measures are: Spearman’s ρ coefficient correlating elasticities and CV
 332 values associated with individual demographic rates, V_s which quantifies the impact of
 333 demographic rate variance on population growth using Tuljapurkar’s approximation, $V_s + V_c$
 334 which quantifies the impact of demographic rate variance and covariances on population
 335 growth using Tuljapurkar’s approximation and the summed stochastic elasticities of variance
 336 ($\sum E_{a_{ij}}^2$). The x-axis of each graph represents the degree of buffering from least buffering (on
 337 the left) to the most buffered (on the right). The y-axis represents the change in stochastic
 338 population growth rate ($\Delta\lambda_s$) due to the stabilization of demographic rates in the associated
 339 stage. Significant negative relationships (assessed by Spearman’s ρ , $p < 0.05$) are shown
 340 with red asterisks.

346 Test 3: Testing for efficacy by stabilizing demographic rates weighted by the distribution of
347 demographic buffering across ontogeny

348 In the third test, we quantified the efficacy in each measure of demographic buffering.
349 Specifically, we test (H3) whether stabilizing demographic rates relative to the distribution of
350 demographic buffering across ontogeny outperforms stabilization measures that were not
351 informed by demographic buffering measures. From these simulations, we found $\sum E_{a_{ij}}^{\sigma^2}$ is the
352 only measure of demographic buffering that performs better than chance in improving the
353 population's stochastic growth rate ($\Delta\lambda_s$) (Fig. 3). This is shown by all $\Delta\lambda_s$ values associated
354 with $\sum E_{a_{ij}}^{\sigma^2}$ being greater than the 95th percentile of the simulated null distribution.

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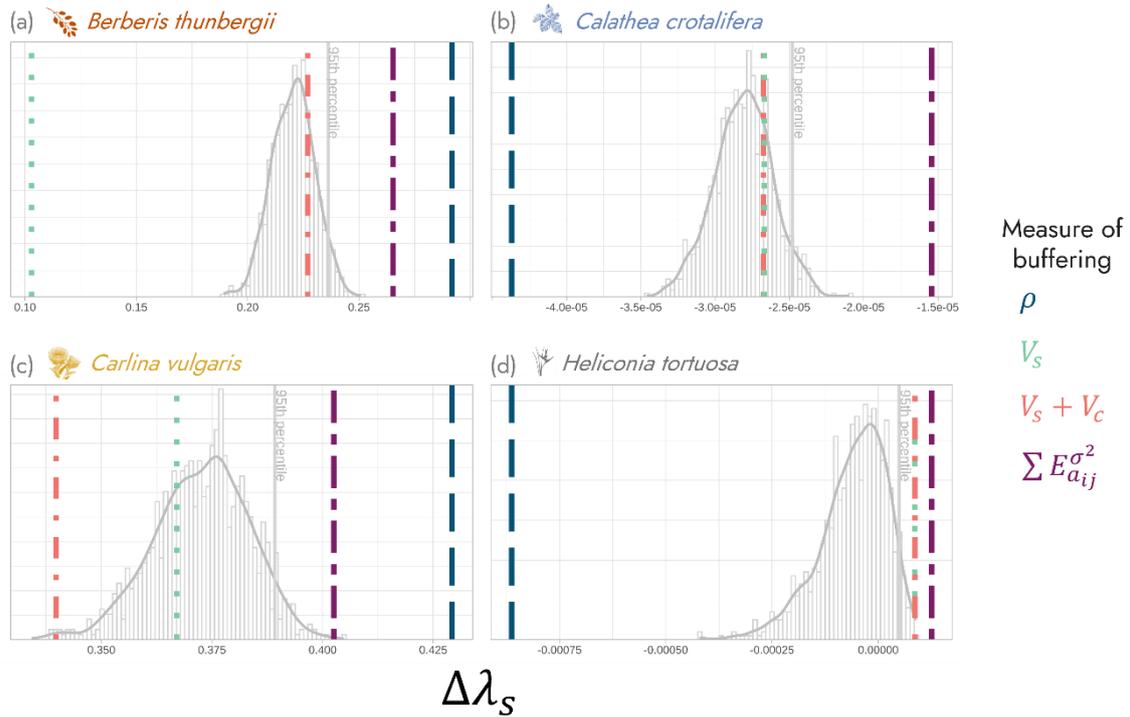
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367 **Figure 3: Stabilization of demographic rates weighted by the distribution of buffering**
 368 **across ontogeny indicates $\sum E_{a_{ij}}^2$ is an effective measure of demographic buffering.** Here,
 369 the results for simulations where demographic rate variances are stabilized relative to each
 370 measure of demographic buffering are shown. The four measures are: Spearman's ρ coefficient
 371 correlating elasticities and CV values associated with individual demographic rates, V_s which
 372 quantifies the impact of demographic rate variance on population growth using Tuljapurkar's
 373 approximation, $V_s + V_c$ which quantifies the impact of demographic rate variance and
 374 covariances on population growth using Tuljapurkar's approximation and the summed
 375 stochastic elasticities of variance ($\sum E_{a_{ij}}^2$). The grey histograms represent the null distributions
 376 (*i.e.*, populations stabilized by a random buffering distribution), and the grey vertical line
 377 represents the 95th percentile of the null distribution. In this test, efficacy is attributed to a
 378 measure of demographic buffering that is consistently greater than the 95th percentile across all
 379 four species (*i.e.*, $\sum E_{a_{ij}}^2$). The patterned vertical lines represent values of $\Delta\lambda_s$ for populations
 380 stabilized by the individual measures of demographic buffering.

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386 DISCUSSION

387 In this study, we aimed to test for efficacy across four measures of demographic buffering. To
388 test for efficacy, we used four IPMs associated with plants with different life histories [*i.e.*, one
389 herbaceous perennial (*Berberis thunbergii*, Merow et al., 2017), two tropical perennials
390 (*Calathea crotalifera* and *Heliconia tortuosa*, (Westerband & Horvitz, 2017)) and a biennial
391 plant (*Carlina vulgaris*, Rees & Ellner, 2009)]. Collectively, our findings identify the
392 summation of stochastic elasticities of variance ($\sum E_{a_{ij}}^{\sigma^2}$) as the most effective measure of
393 demographic buffering over three other metrics: Spearman's ρ coefficient correlating
394 elasticities and CV values associated with individual demographic rates, V_s which quantifies
395 the impact of demographic rate variance on population growth using Tuljapurkar's
396 approximation and $V_s + V_c$ which quantifies the impact of demographic rate variance and
397 covariances on population growth using Tuljapurkar's approximation. This efficacy is
398 supported by three independent tests. In test 1, the stage-based measures of demographic
399 buffering were shown to have different correlation structures across the four species (Fig. 1,
400 Supplementary Fig. 1). This disparity of results indicates the four measures are not measuring
401 demographic buffering in the same manner. In tests 2 and 3, the measures differed in their
402 efficacy to infer a population's response to simulations of reduced demographic rate variance
403 (Figs. 2,3). Specifically, only $\sum E_{a_{ij}}^{\sigma^2}$ was consistently effective across all four species in both
404 tests 2 and 3.

405 Our findings have broad implications for past and future studies of demographic
406 buffering. Previous studies have primarily focused on the correlation method (*i.e.*, ρ) for
407 studies of individual populations (Hilde et al., 2020) or comparative approaches (McDonald et
408 al., 2017) with few studies using $\sum E_{a_{ij}}^{\sigma^2}$ (but see Morris et al., 2008). This is problematic as
409 tests 2 and 3 show stage-based conservation measures based on the correlation approach to be

410 ineffective – especially in contrast to $\sum E_{a_{ij}}^{\sigma^2}$. While previous work has shown the correlation-
411 based approach to (1) have a phylogenetic signal across plant species (McDonald et al., 2017),
412 (2) signal buffering *versus* labile strategies in variable environments (Li & Ramula, 2015) and
413 (3) potentially be an axis of life history variation (Salguero-Gómez, 2021), we suggest these
414 inferences might not extend to structured conservation measures of populations in variable
415 environments. To fully connect our findings to previous literature, future work should focus on
416 reanalysing results from broad comparative analyses (McDonald et al., 2017; Morris et al.,
417 2008) using multiple measures – especially $\sum E_{a_{ij}}^{\sigma^2}$ – to test previous findings.

418 Whilst these findings offer new insights to the efficacy of demographic buffering
419 measures, inferences drawn from these findings have important limitations. First, the degree to
420 which the generality of these findings are constrained to certain life histories remains unknown.
421 Whilst here we used species with different life history strategies (*i.e.*, one herbaceous perennial,
422 two tropical perennials and one biennial), the extent to which these findings may apply to more
423 unique life histories (*e.g.*, eusocial insects, migratory megafauna or semelparous fish) is
424 unknown and open to future research. Second, our results indicate that the measures of
425 demographic buffering are in fact different and should, therefore, be treated as such. This is
426 not to say that only $\sum E_{a_{ij}}^{\sigma^2}$ has a place in the buffering literature. For example, important
427 research can – and has – been directed at other terms from Tuljapurkar’s approximation to infer
428 population responses to changes in environmental stochasticity (Compagnoni et al., 2016,
429 2021; Evers et al., 2023; Paniw et al., 2018). And third, the test for efficacy is stage specific,
430 because structured populations often incur stage structured perturbations. For example, hunting
431 and extreme events can perturb demographic processes unevenly across a life cycle (Darimont
432 & Child, 2014; von Takach Dukai et al., 2018). However, whilst our approach is more in
433 keeping with the ecological dynamics of structured populations, the theory around

434 demographic buffering is agnostic of stage specific perturbations (Hilde et al., 2020; Morris et
435 al., 2008; Pfister, 1998; but see Gaillard et al., 1998). Therefore, the inefficacy of ρ , V_s and
436 $V_s + V_c$ can only be attributed to stage explicit inferences of demographic buffering, not
437 interpretations at the level of the whole population (Rodríguez-Caro et al., 2021) or across
438 species (Pfister, 1998).

439 In the future, demographic buffering could be connected to two previously disparate
440 corners of ecology and evolution. First, variance in demographic rates is not the sole driver of
441 population extinction and persistence in variable environments (Capdevila et al., 2020;
442 Hastings et al., 2018; McDonald et al., 2016). Indeed, transient dynamics, temporary
443 fluctuations in populations that decay over time due to progressive shifts toward a stable
444 age/stage/size structure, are also at play (Stott et al., 2011, 2012; Tuljapurkar et al., 2023).
445 Recent research has shown the transient portfolio of populations in response to disturbance to
446 have broad impacts on population trajectories (Capdevila et al., 2020; Ezard et al., 2010;
447 Jackson et al., 2019; McDonald et al., 2016; White et al., 2013). Furthermore, the transient
448 portfolio can be the mechanism by which the population is able to persist (Hansen et al., 2019)
449 and be a key contributor to the variance of population growth rate overtime (Jelbert et al., 2019;
450 McDonald et al., 2016). Unfortunately, previous papers focusing on demographic buffering
451 have been agnostic to the transient dynamics in their populations of interest – thereby making
452 this a key area for future work. Second, the link between demographic buffering and life history
453 evolution is incomplete. The components that build all measures of demographic buffering are
454 in some way connected to the sensitivities or elasticities of population growth rate (λ) in
455 response to changes in demographic rates. These sensitivities and elasticities are often used to
456 infer ecological processes (*e.g.*, demographic buffering) but also selection gradients (Brodie et
457 al., 1995; Caswell, 1978). Whilst previous work has implicated demographic buffering as a life
458 history strategy (Jongejans et al., 2010; Koons et al., 2009; Rodríguez-Caro et al., 2021), there

459 is no evidence for selection acting on any measure of demographic buffering in a natural
460 population. In turn, future work must be aimed at filling this gap in knowledge.

461 In conclusion, we have shown: (1) the efficacy of $\sum E_{a_{ij}}^{\sigma^2}$ as a measure of demographic
462 buffering, (2) how different measures of demographic buffering report different values for the
463 same populations of interest and (3) the utility of counterfactual simulations to test for efficacy
464 in metrics of interest. This work supports previous uses of $\sum E_{a_{ij}}^{\sigma^2}$ (Gascoigne, Kajin,
465 Tuljapurkar, et al., 2023; Morris et al., 2008; Santos et al., 2023; Westerband & Horvitz, 2017)
466 and opens new avenues of research to both confirm previous findings and extend ideas
467 surrounding demographic buffering to other areas of ecology and evolution.

468

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673 **Testing for efficacy in four measures of demographic buffering**

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678 *Supplementary online materials*

679

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704 **SUPPLEMENTARY METHODS**

705 To perform the counterfactual simulations used in test 3, we stabilized the demographic rates
706 associated with each stage (*i.e.*, where the demographic rate is a_{ij} and the focal stage is j)
707 relative to the degree of buffering associated with each stage (DB_j). Note, here DB_j represents
708 the degree of buffering associated with each measure of demographic buffering (*i.e.*, ρ , V_s , $V_s +$
709 V_c and $\sum E_{a_{ij}}^{\sigma^2}$) individually. The method by which we stabilized demographic rates is as
710 follows.

711 First, we calculated the distribution of demographic buffering across ontogeny and
712 scaled the values between 0 and 1. The scaled values (β_j) were calculated as:

713
$$\beta_j = \frac{DB_j - \min(DB_j)}{\max(DB_j) - \min(DB_j)}.$$

714 This scaling means that a β_j value of 0 is the least buffered stage whilst a β_j value of 1 is the
715 most buffered stage.²

716 Second, we used the original time series of demographic rates ($a_{ij,t}$) and the β_j
717 distribution to generate a new series of demographic rates ($a_{ij,t}^*$) that are stabilized toward the
718 mean demographic rate ($\overline{a_{ij}}$) proportional to β_j :

719
$$a_{ij,t}^* = \beta_j(a_{ij,t}) + (1 - \beta_j)(\overline{a_{ij}}).$$

720 In other words, if a stage class (j) were the least demographically buffered for a specific
721 measure of demographic buffering ($\sum E_{a_{ij}}^{\sigma^2}$), that stage class would be stabilized to its
722 arithmetic mean. However, if a stage class were the most demographically buffered, the time
723 series would resemble the non-stabilized population time series.

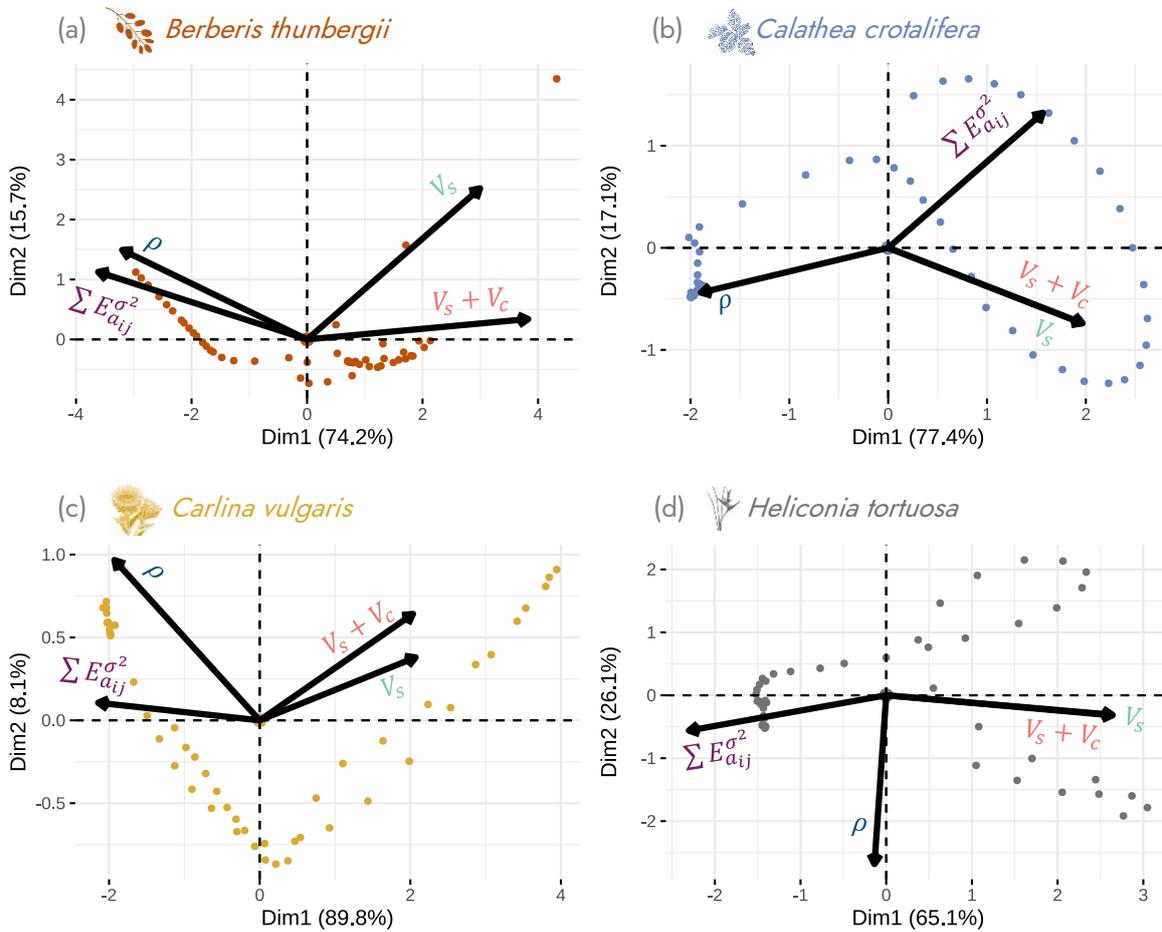
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² It is worth noting that the relationship between the valued inferred from the measure of demographic buffering and degree of buffering varies across each measure. Specifically, ρ , V_s and $V_s + V_c$ have a negative relationship with degree of demographic buffering. However, $\sum E_{a_{ij}}^{\sigma^2}$ has a positive relationship with demographic buffering. In turn, all values were transformed to be both positive (as ρ and $\sum E_{a_{ij}}^{\sigma^2}$ can have negative values) and have a positive relationship with the inferred degree of demographic buffering.

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731 **Supplementary Figure 1: Heterogeneity in the measures of demographic buffering.** Here
 732 we show the covariance structure, via a principal component analysis (PCA), of four different
 733 measures of demographic buffering, structured across ontogeny, for four species of plants. The
 734 four measures are: Spearman's ρ coefficient correlating elasticities and CV values associated
 735 with individual demographic rates, V_s which quantifies the impact of demographic rate variance
 736 on population growth using Tuljapurkar's approximation, $V_s + V_c$ which quantifies the impact
 737 of demographic rate variance and covariances on population growth using Tuljapurkar's
 738 approximation and the summed stochastic elasticities of variance ($\sum E_{a_{ij}}^2$). Prior to running the
 739 PCA, all values were scaled and centred. The points represent buffering values associated with
 740 individual stages across the life history of each species. The arrows represent the covariance
 741 structure of each measure of demographic buffering. It is worth noting that the arrows for V_s
 742 and $V_s + V_c$ are almost perfectly overlapping in the plots for *Calathea crotalifera* and *Heliconia*
 743 *tortuosa*.

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747 **Supplementary Table 1: Formulas, regressions and parameters used to construct the**
 748 **IPMs for *Berberis thunbergii*.**

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Construction		Model	Parameter
Density-independent environmentally stochastic IPM		$n(z', t + 1) = \int_{\alpha}^{\omega} K(z', z, \psi_t) n(z, t) dz$	$\alpha = 2$ $\omega = 25$ $z = \log(\text{plant area})$
		$\psi_t = \{T_t, P_t, PAR_t, N_t, pH_t\}$	ψ = an array containing climate values
K -kernel		$K(z', z, \psi_t) = P(z', z, \psi_t) + F(z', z, \psi_t)$	
Sub-kernels	P -subkernel	$P(z', z, \psi_t) = s(z, \psi_t) * g(z', z, \psi_t)$	
	F -subkernel	$F(z', z, \psi_t) = f_s(z) * fl_p(z) * germ_p(\psi_t) * sdl_s(z')$	
Demographic functions	Survival	$\text{logit}(s(z, \psi_t)) = s_i + s_z * z + s_T * T_t + s_P * P_t + s_{PAR} * PAR_t + s_N * N_t + s_{pH} * pH_t$	$s_i = -11.8$ $s_z = 1.05$ $s_T = 1.11$ $s_P = 0.22$ $s_{PAR} = -0.52$ $s_N = -0.1$ $s_{pH} = 0.11$
		$g(z', z, \psi_t) = \text{dnorm}(z', g_{\mu}(z, \psi_t), g_{sd})$	$g_{sd} = 1.48$
	Growth	$g_{\mu}(z, \psi_t) = g_z * z + g_T * T_t + g_P * P_t + g_{PAR} * PAR_t + g_N * N_t + g_{pH} * pH_t$	$g_z = 1.02$ $g_T = 0.65$ $g_P = 0.02$ $g_{PAR} = 0.59$ $g_N = -0.04$ $g_{pH} = 0.4$
		$f_s(z) = \exp(\text{seed}_i + \text{seed}_z * z)$	$\text{seed}_i = -23.01$ $\text{seed}_z = 1.32$
	Reproduction	$\text{logit}(fl_p(z)) = fl_i + fl_z * z$	$fl_i = -33.43$ $fl_z = 1.68$
		$\text{logit}(germ_p(\psi_t)) = germ_i + germ_T * T_t + germ_P * P_t + germ_{PAR} * (PAR_t / 0.018) + germ_{pH} * pH_t$	$germ_i = -11.8$ $germ_T = 0.51$ $germ_P = -0.02$ $germ_{PAR} = -0.02$ $germ_{pH} = 0.26$
		$sdl_s(z') = \text{dnorm}(z', sdl_{\mu}, sdl_{sd})$	$sdl_{\mu} = 10.23$ $sdl_{sd} = 1.581$
Environment values	Mean temperature in warmest month	$T \sim N(0, 1.5)$	
	Mean May precipitation	$P \sim N(0, 1.5)$	
	PAR	$PAR \sim N(0, 1.5)$	
	Soil Nitrogen	$N \sim N(0, 1.5)$	
	Soil pH	$pH \sim N(0, 1.5)$	

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753 **Supplementary Table 2: Formulas, regressions and parameters used to construct the**
754 **IPMs for *Calathea crotalifera*.**
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Construction	Model	Parameter	
Density-independent environmentally stochastic IPM	$n(z', t + 1) = \int_{\alpha}^{\omega} K(z', z, \psi_t) n(z, t) dz$	$\alpha = 0.57$ $\omega = 11.9$ $z = \text{leaf area}$	
	$\psi_t = \{j_t, A_t\}$	$\psi = \text{an array containing climate values}$	
K-kernel		$K(z', z, \psi_t) = P(z', z, j_t, A_t) + F(z', z, j_t)$	
Sub-kernels	P-kernel	$P(z', z, j_t, A_t) = s(z, j_t) * g(z', z, j_t, A_t)$	
	F-kernel	$F(z', z, j_t) = r_p(z, j_t) * r_o(z, j_t) * n_f * n_s * s_s(j_t) * sdl_s(j_t) * sdl_{size}(z', j_t)$	$n_f = 23$ $n_s = 3$
Demographic functions	Survival	$\text{logit}(s(z, \psi_t)) = s_i + s_z * z + s_j * j_t + s_{z*j} * z * j_t$	$s_i = -2.74$ $s_z = 0.95$ $s_j = 0.07$ $s_{z*j} = -0.02$
	Growth	$g(z', z, j_t, A_t) = \text{dnorm}(z', g_{\mu}(z, j_t, A_t), g_{sd})$	$g_{sd} = 1.53$
		$g_{\mu}(z, j_t, A_t) = g_i + g_z * z + g_j * j_t + g_A * A_t + g_{z*j} * z * j_t + g_{z*A} * z * A_t + g_{j*A} * j_t * A_t + g_{z*j*A} * z * j_t * A_t$	$g_i = 0.76$ $g_z = 0.9$ $g_j = 0.03$ $g_A = 0.006$ $g_{z*j} = -0.001$ $g_{z*A} = 0.00045$ $g_{j*A} = -0.0052$ $g_{z*j*A} = 0.00035$
	Reproduction	$\text{logit}(r_p(z, j_t)) = r_{p,i} + r_{p,z} * z + r_{p,j} * j_t + r_{p,z*j} * z * j_t$	$r_{p,i} = -13.23$ $r_{p,z} = 1.401$ $r_{p,j} = -0.213$ $r_{p,z*j} = 0.043$
		$r_o(z, j_t) = \exp(r_{o,i} + r_{o,z} * z + r_{o,j} * j_t + r_{o,z*j} * z * j_t)$	$r_{o,i} = -6.673$ $r_{o,z} = 0.829$ $r_{o,j} = 0.067$ $r_{o,z*j} = -0.007$
		$s_s(j_t < 6) = 0.29$ $s_s(j_t \geq 6) = 0.32$	
		$sdl_s(j_t < 6) = 0.14$ $sdl_s(j_t \geq 6) = 0.95$	
		$sdl_{size}(z', j_t < 6) = \text{dnorm}(z', 3.08, 0.54)$ $sdl_{size}(z', j_t \geq 6) = \text{dnorm}(z', 2.88, 1.4)$	
Environment values	Canopy openness*	$j \sim N(3, 1.4)$	
	Photosynthetic rate*	$A \sim N(6, 0.8)$	

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757 * In Westerland and Horvitz (2017), canopy openness (j) and photosynthetic rate (A) were
758 modelled as random samples from a sequence of values or draws from a uniform distribution.
759 Specifically canopy openness was realized at time t as random draws from the sequence
760 $\{1, 2, 3, 4, 5\}$ whilst photosynthetic rate was realized at time t as random draws from a uniform
761 distribution (*i.e.*, $A \sim U(5, 7)$). However, since our manipulation of the environment involves
762 explicitly changing the temporal variance of a series, we coerced the distributions into normal
763 distributions with the same mean and reported variance of the original sampling distributions
764 reported in Westerland and Horvitz (2017).

765 **Supplementary Table 3: Formulas, regressions and parameters used to construct the**
766 **IPMs for *Carlina vulgaris*.**
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Construction		Model	Parameter
Density-independent environmentally stochastic IPM		$n(z', t + 1) = \int_{\alpha}^{\omega} K(z', z, \psi_t) n(z, t) dz$	$\alpha = 1.5$ $\omega = 5$ $z = \log(\text{longest leaf length})$ $\psi_t = \text{an array containing the parameters associated with environmentally stochastic demographic functions}$
K -kernel		$K(z', z, \psi_t) = P(z', z, \psi_t) + F(z', z, \psi_t)$	
Sub-kernels	P -subkernel	$P(z', z, \psi_t) = p_s(z, \psi_t) * [1 - p_f(z)] * g(z', z, \psi_t)$	
	F -subkernel	$F(z', z, \psi_t) = p_s(z, \psi_t) * p_f(z, \psi_t) * f_n(z) * f_d(z', \psi_t) * p_e$	$p_e = 0.00095$
Demographic functions	Size dynamics: Rosette growth and recruit size	$g(z', z, \psi_t) = \text{dnorm}(z', g_{\mu}(z, \psi_t), g_{sd})$	$g_{sd} = 0.29$
		$g_{\mu}(z, \psi_t) = g_{i,t} + g_{z,t}(z)$ $f_{d,t} = \text{dnorm}(z', f_{\mu}, f_{sd})$	$g_i, r_{\mu} \sim \text{MVN}(\mu, \Sigma)$ $\mu = (1.14, 3.16)$ $\Sigma = \begin{pmatrix} 0.037 & 0.041 \\ 0.041 & 0.075 \end{pmatrix}$ $g_z \sim \text{N}(0.74, 0.13)$ $f_{sd} = 0.5$
	Probability of survival	$\text{logit}(p_s(z, \psi_t)) = s_i + s_z * z$	$s_i \sim \text{N}(-2.28, 1.16)$ $s_z \sim \text{N}(0.90, 0.41)$
	Probability of flowering	$\text{logit}(f_{lp}(z, \psi_t)) = fl_i + fl_z * z$	$fl_i \sim \text{N}(-16.19, 1.03)$ $fl_z = 3.88$
	Seed production	$f_n(z) = \exp(A + B * z)$	$A = 1, B = 2$

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778 **Supplementary Table 4: Formulas, regressions and parameters used to construct the**
779 **IPMs for *Heliconia tortuosa*.**
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Construction	Model	Parameter
Density-independent environmentally stochastic IPM	$n(z', t + 1) = \int_{\alpha}^{\omega} K(z', z, \psi_t) n(z, t) dz$	$\alpha = 0.78$ $\omega = 11.07$ $z = \text{leaf area}$
	$\psi_t = \{j_t, A_t\}$	$\psi = \text{an array containing climate values}$
K-kernel		$K(z', z, \psi_t) = P(z', z, j_t, A_t) + F(z', z, j_t)$
Sub-kernels	P-kernel	$P(z', z, j_t, A_t) = s(z, j_t) * g(z', z, j_t, A_t)$
	F-kernel	$F(z', z, j_t) = r_p(z, j_t) * r_o(z, j_t) * n_f * n_s * s_s(j_t) * sdl_s(j_t) * sdl_{size}(z', j_t)$
Demographic functions	Survival	$\text{logit}(s(z, \psi_t)) = s_i + s_z * z + s_j * j_t + s_{z*j} * z * j_t$
	Growth	$g(z', z, j_t, A_t) = \text{dnorm}(z', g_{\mu}(z, j_t, A_t), g_{sd})$
		$g_{\mu}(z, j_t, A_t) = g_i + g_z * z + g_j * j_t + g_A * A_t + g_{z*j} * z * j_t + g_{z*A} * z * A_t + g_{j*A} * j_t * A_t + g_{z*j*A} * z * j_t * A_t$
	Reproduction	$\text{logit}(r_p(z, j_t)) = r_{p,i} + r_{p,z} * z + r_{p,j} * j_t + r_{p,z*j} * z * j_t$
		$r_o(z, j_t) = \exp(r_{o,i} + r_{o,z} * z + r_{o,j} * j_t + r_{o,z*j} * z * j_t)$
		$s_s(j_t < 6) = 0.15$ $s_s(j_t \geq 6) = 0.2$
		$sdl_s(j_t < 6) = 0.26$ $sdl_s(j_t \geq 6) = 0.33$
		$sdl_{size}(z', j_t < 6) = \text{dnorm}(z', 2.73, 0.71)$ $sdl_{size}(z', j_t \geq 6) = \text{dnorm}(z', 2.34, 1.17)$
Environment values	Canopy openness	$j \sim N(3, 1.4)$
	Photosynthetic rate	$A \sim N(6.5, 0.8654937)$

781

782 * In Westerbands and Horvitz (2017), canopy openness (j) and photosynthetic rate (A) were
783 modelled as random samples from a sequence of values or draws from a uniform distribution.
784 Specifically canopy openness was realized at time t as random draws from the sequence
785 $\{1, 2, 3, 4, 5\}$ whilst photosynthetic rate was realized at time t as random draws from a uniform
786 distribution (*i.e.*, $A \sim U(5, 8)$). However, since our manipulation of the environment involves
787 explicitly changing the temporal variance of a series, we coerced the distributions into normal
788 distributions with the same mean and reported variance of the original sampling distributions
789 reported in Westerbands and Horvitz (2017).