

1 Insects decline with host plants but co-extinctions seem unlikely

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5 Abstract

6 It is commonly assumed that the loss of wild plant populations leads to co-extinctions,
7 especially among specialized insects. Despite global declines in both terrestrial insects
8 and plants, the relationship between these trends remains elusive. Here, we address this
9 gap by analyzing the relationship between population trends of insects and their host
10 plants in Germany, encompassing over 150,000 interactions among 3429 plant and 2239
11 insect species, including both symbiotic pollinators (bees and hoverflies) and parasitic
12 herbivores (butterflies, moths, and sawflies). Our findings reveal generally positive
13 relationships between the short- and long-term population trends of insects and their host
14 plants across taxa, except in the more generalist hoverflies. However, when we simulated
15 extinctions of threatened host plants, we found that 97% of the insect species studied
16 could potentially survive by using alternative, non-threatened host plants. Even the most
17 specialized insects may persist because they tend to specialize in common,
18 non-threatened plant species. Our findings suggest the declining abundance of many
19 plant species can contribute to insect decline yet challenge the frequent assumption that
20 the extinction of threatened plant species will necessarily trigger an extinction wave of
21 associated insects. Interaction networks seem to be more resilient.

22 **Keywords:** pollinators, herbivores, population trends, plant-insect interaction, Apiformes,
23 Lepidoptera, Symphyta, Syrphidae

24 **Significance statement:** Whether plant extinctions cause further extinctions in
25 associated insects is crucial for understanding the consequences of biodiversity loss but
26 remains underexplored. We examine the relationships between bees, butterflies, moths,
27 sawflies, hoverflies, and their host plants in Germany, showing that insect abundance
28 trends parallel those of their plants. However, simulations of threatened plant extinctions
29 reveal that interaction webs are highly resilient, with few co-extinctions among insects.
30 Even highly specialized insects may persist because they focus on common, not
31 threatened, plant species. Our research questions the frequent assumption that the high
32 extinction risk of plant species will lead to a collapse in insect diversity.

33 Introduction

34 A prevailing consensus in ecology literature suggests that changes in plant biodiversity
35 severely impact insect diversity (Carroll et al. 2023), particularly among specialized
36 species (Moir et al. 2014). Insect populations are changing, with common species
37 declining disproportionately, and terrestrial insects facing widespread reductions overall
38 (van Klink et al. 2020, 2023). This loss of abundance mirrors a concerning trend of
39 decreasing plant diversity (Wagner et al. 2021). For example, studies conducted in

40 countries like Germany have reported declines of up to 76% in insect biomass in certain
41 locations (Hallmann et al. 2017) and declining trends in 70% of plant species (Eichenberg
42 et al. 2021). Despite these findings, the latest report from the Intergovernmental
43 Science-Policy Platform on Biodiversity and Ecosystem Services (IPBES) does not
44 identify the decrease in plant diversity as a primary driver of insect declines (Brondízio et
45 al. 2019). Moreover, empirical studies directly linking plant and insect diversity trends
46 through their interactions are scant (Schuldt et al. 2019), highlighting a fundamental
47 research gap. These insights are essential for comprehending the full consequences of
48 plant diversity change on insect diversity and ecosystem functionality, given the multitude
49 of ecosystem services provided by insects, which are vital for human well-being
50 (Schowalter 2013).

51 Despite limited empirical evidence, the presumed connection between host plant and
52 insect population trends has several logical supporting arguments. One such argument is
53 that plants play a crucial role in the life cycles of insect species, with many insects
54 exhibiting high levels of specialization (Ødegaard et al. 2005). Research indicates that
55 insect specialists, characterized by their reliance on a few host plant species and genera
56 (mono- to oligolectic/-phagous) or specific habitats, are particularly susceptible to
57 population declines (Koh et al. 2004). Some taxa, like sawflies, are highly monophagous,
58 depending on a single plant species during their larval stage (Lacourt 2020), making them
59 likely to be vulnerable to plant declines. Conversely, less specialized taxa, like hoverflies,
60 which rely on functional plant types rather than specific species, may be more resilient to
61 plant population declines due to redundant plant-insect interactions (Sanders et al. 2018).
62 Thus, it is likely that insect taxa with high specialization levels show strong ties between
63 the decline of functionally linked plant and insect species (Koh et al. 2004, Biesmeijer et
64 al. 2006, Scheper et al. 2014).

65 But even for taxa with relatively high specialization levels, there is evidence suggesting
66 that insect specialists specialize on more common plants, which are less likely to be
67 threatened. For example, the strictly oligolectic Viper's Bugloss Mason Bee (*Osmia*
68 *adunca*) exclusively relies on viper's bugloss (*Echium vulgare*) or other related *Echium*
69 species in Central Europe (Burger et al. 2010), where these plants are common and
70 non-threatened. Such interaction asymmetry, where insect specialists utilize "generalist"
71 plants, could imply that insect specialists are not actually declining due to reductions in
72 their plant resources, since the latter remain widespread and common (Vázquez and
73 Aizen 2004). The universality of this pattern across different insect taxa is still largely
74 unknown. However, for butterflies, Narango et al. (2020) found that in North America, a
75 limited number of common, primarily woody plant genera sustain most of the butterfly
76 diversity, even of specialists, a pattern also observed in southern Germany (Pearse and
77 Altermatt 2013). This suggests that even amid declines in numerous plant species,
78 common and non-threatened plants may continue to support a broad range of insect
79 species, encompassing both generalists and specialists.

80 Another perspective on this topic is provided by studies investigating whether increasing
81 the number and diversity of native plants leads to an increase in insect diversity (Nicholls
82 and Altieri 2013; Mata et al. 2021), often in the context of gardens (Majewska and Altizer
83 2020). A major question here is which types of plants best support diverse insect

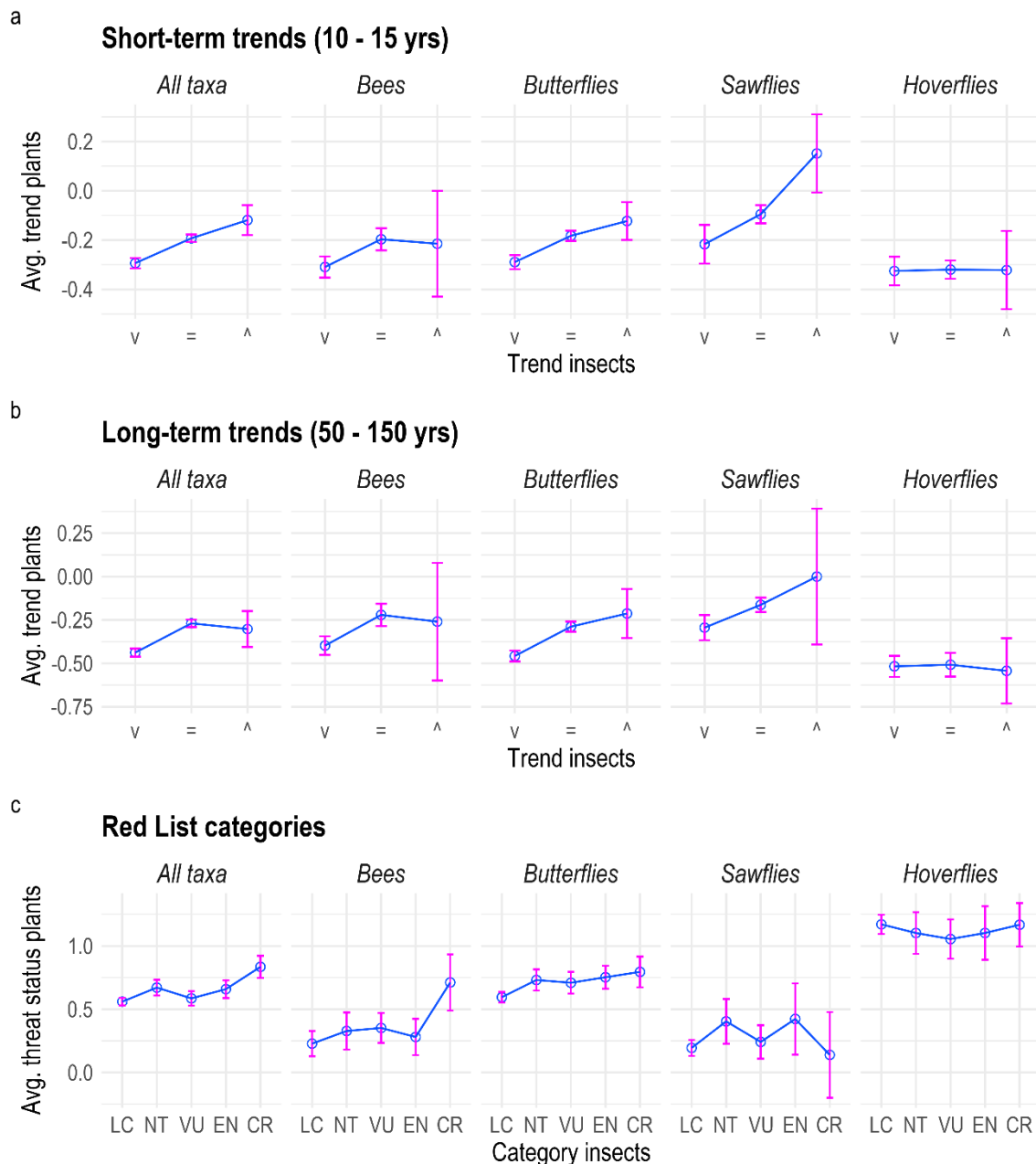
84 populations, including specialized and threatened species? Is there a need for rare,
85 specialized plants, or are common native or even non-native plants equally effective?
86 Evidence is mixed, with some studies highlighting the benefits of native plants for
87 specialist insects (Witt 2012, Breed et al. 2022), while others find no substantial difference
88 to non-native plants (Zuefle et al. 2008). Importantly, it appears that the key factor is not
89 the diversity of plants but the presence of specific species that significantly enhance
90 insect diversity—often these are neither rare nor threatened (Warzecha et al. 2018; Purvis
91 et al. 2021). This suggests insects might potentially withstand the decline in plant diversity
92 to some extent, due to the resilience provided by keystone plant species or genera and
93 host plant redundancy. Identifying these pivotal native plants is crucial for effective
94 restoration strategies.

95 These key questions on how plant diversity loss affects insect diversity remain largely
96 open, partly due to the need for extensive interaction and population trend data. Here, we
97 synthesized such data for Germany, compiling over 150,000 plant-insect interactions
98 involving bees (Apiforma), butterflies and moths (Lepidoptera), sawflies (Symphyta), and
99 hoverflies (Syrphidae), across 3429 plant species and 2239 insect species. These taxa,
100 which differ in specialization and in plant use, from larval feeding on plant tissue (butterfly
101 and sawfly larvae) to adult nectar and pollen consumption (bee and hoverfly imagos),
102 offer insights into diverse plant-insect relationships (Supplement S1). We collated short-
103 and long-term population trends (10-15 and 50-150 yrs, respectively) and threat statuses
104 from the Red List of each insect taxa and vascular plants. We used these data to
105 examine: 1) the correlation between population trends of insects and their host plants; 2)
106 the consequences of simulated plant extinctions on insect diversity; 3) the prevalence of
107 keystone plant genera and the portion of plants needed to sustain insect diversity; 4) the
108 generality of interaction asymmetries in which insect specialists might interact
109 preferentially with non-threatened plant species. With this study we hope to provide
110 insights into the effects of plant declines on insect diversity and inform restoration efforts.

111 Results

112 *Parallel decline in insects and host plants.* Across all taxa, more negative short- and
113 long-term population trends of insect species were linked to more negative short- and
114 long-term trends in host plant species (trends were averaged across all host plant species
115 associated with an insect species; Fig. 1a and b). However, there were differences
116 between insect taxa. The positive association between short-term population trends was
117 clear for bees ($F_{2,290}=7.0$, $p=0.001$), butterflies and moths ($F_{2,1021}=19$, $p<0.001$) and
118 sawflies ($F_{2,256}=6.5$, $p=0.002$), but flat for hoverflies ($F_{2,292}=0.1$, $p=0.946$). This pattern was
119 similar for long-term population trends (bees: $F_{2,273}=6.4$, $p=0.002$; butterflies and moths:
120 $F_{2,1019}=33.9$, $p<0.001$; sawflies: $F_{2,352}=4.2$, $p=0.015$; hoverflies: $F_{2,233}=0.2$, $p=0.843$) (see
121 Fig. S1 and S2 for pairwise comparisons between negative, stable, and positive insect
122 population trends). Comparing Red List (RL) threat statuses of insects and average RL
123 threat statuses of host plants revealed a similar, but weaker pattern (Fig. 1c). When all
124 taxa were considered jointly, insects classified as Critically Endangered (CR) had more
125 threatened host plants on average than insects classified as Least Concern (LC)
126 ($F_{4,2047}=9.1$, $p<0.001$ and pairwise comparisons in Fig. S3). This pattern was mainly driven
127 by bees ($F_{4,292}=4.8$, $p<0.001$) and butterflies and moths ($F_{4,1058}=5.9$, $p<0.001$); in these
128 taxa, CR insects had more threatened host plants than LC insects (Fig. S3). Sawflies and

129 hoverflies revealed no such positive ties between insect and plant threat statuses
 130 ($F_{4,369}=2.1$, $p=0.080$ and $F_{4,313}=1.0$, $p=0.425$, respectively). Together, these findings are
 131 largely consistent with the hypothesis that population trends of plant species are linked to
 132 insect trends, though less so for hoverflies.



133

134 **Fig. 1: Positive relationships between short- and long-term population trends, and threat**
 135 **statuses of insect species and their host plant species derived from respective Red Lists.**
 136 (a) Short- and (b) long-term population trend and (c) threat status of insect species against the
 137 respective means of host plants. For (a) and (b), higher y-axis values signal positive population
 138 trends; for (c), they indicate increased threat statuses. Symbols “v”, “=” and “^” in (a) and (b)
 139 indicate declining, stable and increasing population trends, respectively. LC, NT, VU, EN and CR in
 140 (c) indicate IUCN Red List categories that were translated from the German red-listing system (see
 141 Methods), indicating Least Concern, Near Threatened, Vulnerable, Endangered and Critically
 142 Endangered, respectively. Displayed are means (blue dots) and 95% confidence intervals

143 (magenta error bars). Sample sizes for “All taxa”, Apiformes (bees), Lepidoptera (butterflies and
144 moths), Symphyta (sawflies) and Syrphidae (hoverflies) and host plants are provided in Table S1.
145 Raw data plots are provided in Fig. S1. Pairwise comparisons are provided in Fig. S2.

146 *Insect diversity may be resilient to the loss of threatened flora.* Given the ties between
147 insect and plant population change, we next examined the potential impact on insect
148 diversity in the event that all currently threatened plants were to become extinct. This
149 analysis, focusing on species extinction or survival rather than population trends,
150 assesses the survival of insect species following the progressive loss of threatened host
151 plants. Starting with the most threatened (CR) and moving to the least (LC), we removed
152 host plants, and an insect species was deemed extinct if it lost all its host plants at any
153 given step. Removing threatened plants had little effect on the percentage of surviving
154 insect species; 97% of all insect species combined across taxa survived the removal of all
155 threatened host plant species (Fig. 2a). Across insect taxa, the pattern held: bees lost
156 only 4% of their diversity, butterflies and moths 1.7%, sawflies 6.5%, and hoverflies 0.3%,
157 following the loss of all threatened host plants. Nonetheless, this does not mean that
158 threatened host plants were unimportant for sustaining insect diversity. Reversing the
159 removal order (from LC to CR) showed that threatened plants alone can support a
160 substantial portion of insect diversity: 39% with just CR plants and 69% with all threatened
161 plants. This highlights the potential of threatened plant restoration to enhance insect
162 diversity. Nevertheless, these findings suggest that insect extinctions may be buffered
163 against plant extinctions, as insects often utilize additional non-threatened plant species,
164 not solely depending on those currently threatened. This resilience was similar under a
165 different scenario, when species removal was based on range size (Fig. 2b).

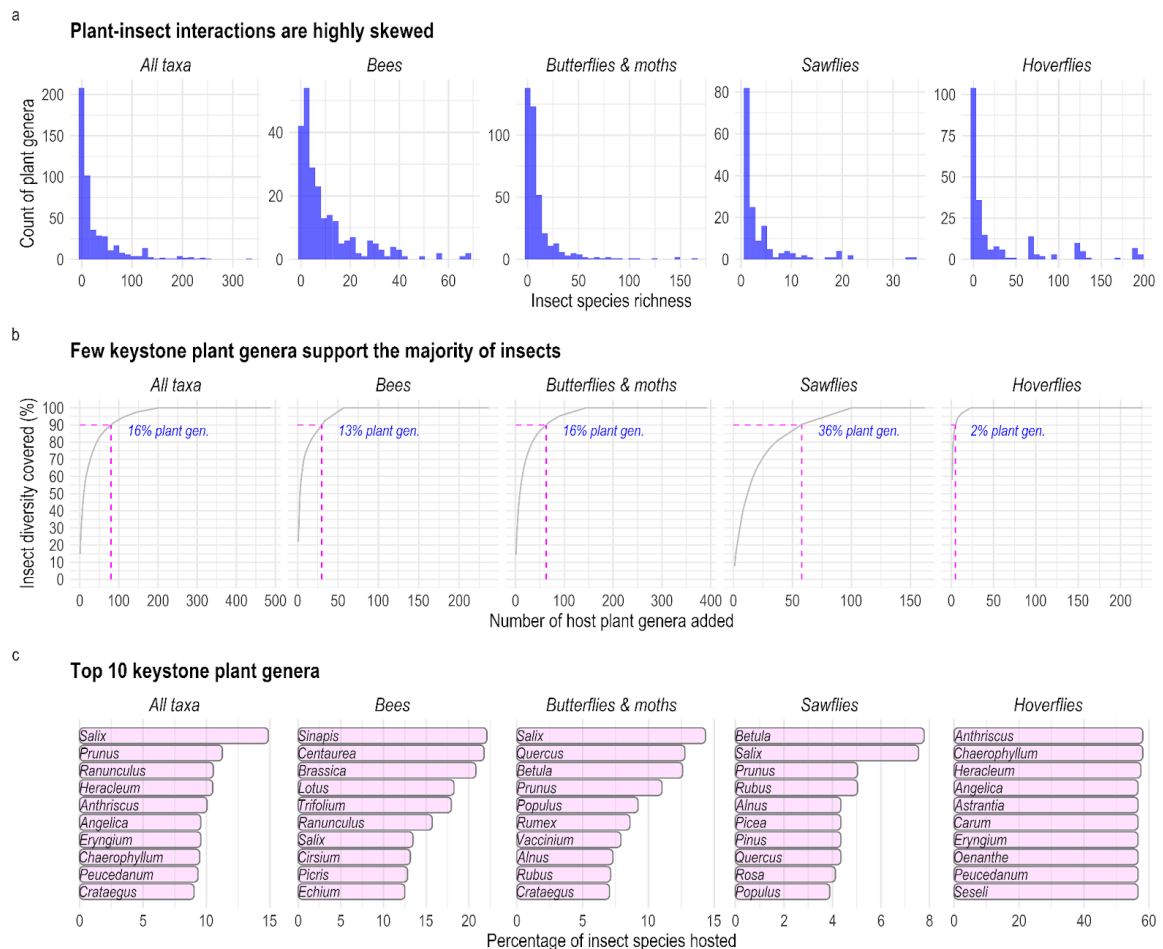


166

167 **Fig. 2: Insect diversity shows resilience to the loss of threatened and rare host plants. (a)**
 168 Insect species survival with progressive loss of host plants by Red List category, starting from the
 169 most threatened (CR) to the least (LC) in magenta (right arrow), and conversely from least to most
 170 threatened (LC to CR) in green (left arrow). **(b)** Insect species survival with progressive loss of host
 171 plants by range size, starting from the narrowest (extremely rare) to the widest (very common) in
 172 magenta (right arrow), and the reverse sequence in green (left arrow). Percentage of surviving
 173 insect species is indicated on the left y-axis. Percentage of persisting insect species is indicated on
 174 the left y-axis, while the gray bars indicate the number of plant species removed at each step, with
 175 the corresponding scale on the right y-axis. For Apiformes and Symphyta, the bars representing
 176 CR and EN categories are minimal as the count falls below 10 species (e.g. only 6 CR host plants
 177 for Symphyta). Abbreviations: LC, Least Concern; NT, Near Threatened; VU, Vulnerable; EN,
 178 Endangered; CR, Critically Endangered.

179 *Keystone species.* To better understand why insect taxa were largely resilient to
 180 threatened and rare host plant extinctions, we explored the role of keystone species. We
 181 found that plant-insect interactions were highly skewed. A few plant genera supported
 182 hundreds of insect species, while most interacted with only one to 20 insect species (Fig.
 183 3a). There was substantial evidence for keystone plant genera, with 16% of plant genera
 184 supporting 90% of insect species across all taxa investigated. Just 13% of host plant
 185 genera (30 out of 237 plant genera interacting with bees) were needed to support 90% of
 186 bee species. For butterflies and moths, 16% of plant genera sustained 90% of species.
 187 Sawflies, known for their high specialization, required 36% of plant genera for 90%

188 diversity support. Conversely, hoverflies, which are less specialized, needed only 2% of
 189 plant genera (i.e., only umbellifers) to sustain 90% of their species (Fig. 3b). The most
 190 important keystone plant genera included cruciferous herbs (mustard plants and
 191 cabbages; *Sinapis* and *Brassica*) and knapweeds (*Centaurea*) for bees; predominantly
 192 woody plants, such as willows (*Salix*), oaks (*Quercus*), and birches (*Betula*) for butterflies
 193 and moths; again birches (*Betula*), willows (*Salix*), and plums cherries and allies (*Prunus*)
 194 for sawflies; and umbellifers (*Anthriscus*, *Chaerophyllum*, *Heracleum*) for hoverflies (Fig.
 195 3c). To provide a more detailed focus, we included a restoration scenario listing 20 plant
 196 species that cumulatively maximize the number of distinct insect species (see Table S2).

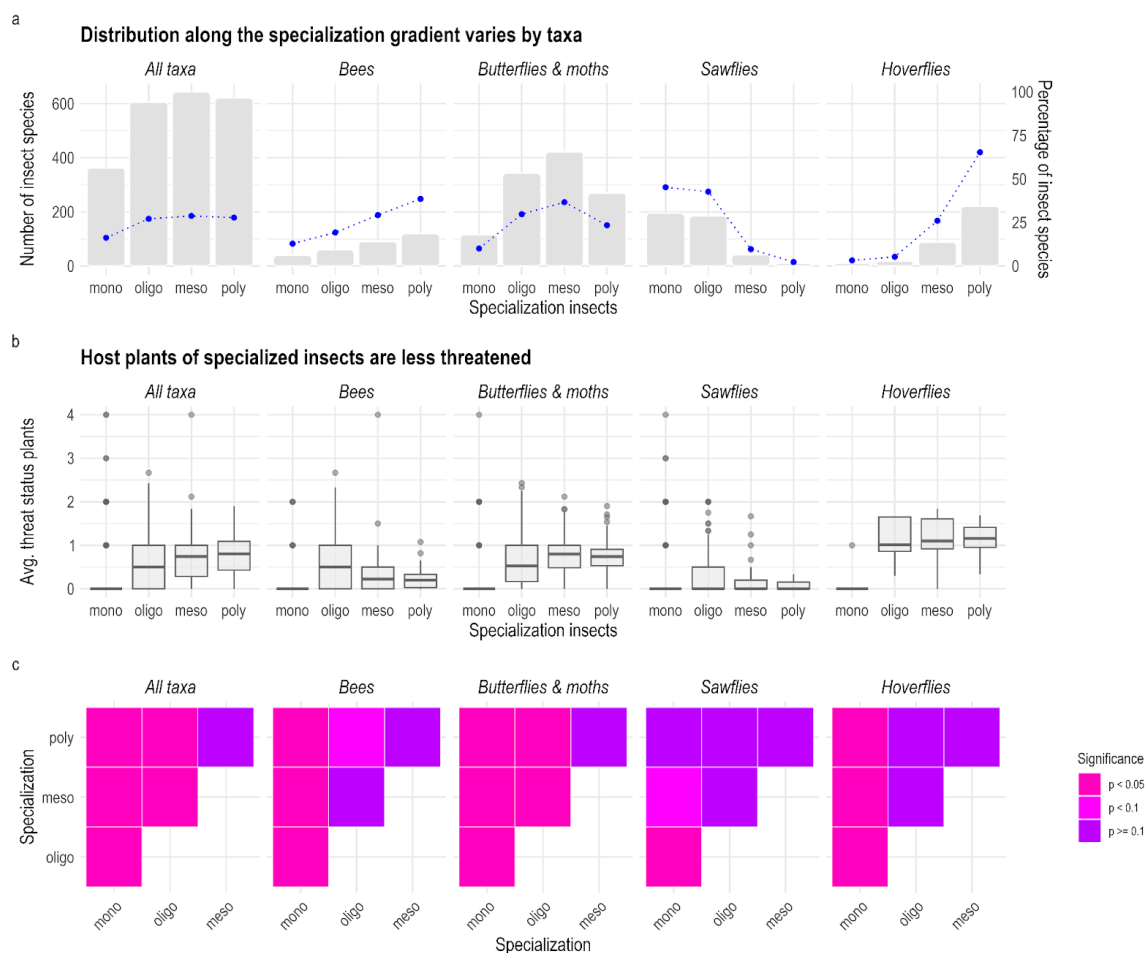


197

198 **Fig. 3: A few plant genera can sustain the majority of insect diversity.** (a) Histograms of the
 199 count of plant genera and the number of interacting insect species. (b) Accumulation curves of the
 200 percentage of insect diversity covered by adding new plant genera, so that each additional new
 201 plant genus maximizes the number of additional unique insect species. Stroked magenta lines and
 202 blue text annotations indicate the number of plant genera needed to sustain 90% of insect
 203 diversity. (c) Top 10 keystone species sorted by the absolute percentage of insect species in each
 204 taxon that a given plant genera sustains (e.g. *Sinapis* sustains 69 out of 312 bee species or 22%).
 205 See Supplementary Data 1 for a list of the relative contributions for all plant genera.

206 *Asymmetrical interactions as insurance-policy for insect diversity.* Finally, we examined
 207 the possibility of asymmetrical interactions, testing whether specialized insects might use
 208 less threatened plants. In the dataset of our study 16.4% of all insect species were

209 monolectic or monophagous (specializing on a single host plant species). Sawflies
 210 showed the highest level of monophagy, with 45% specializing on a single plant species
 211 (Fig. 4a and Table S2). In contrast, hoverflies were predominantly polyphagous (using a
 212 wide range of host plants; 65%), with only 3% being monophagous. We evaluated the
 213 average threat status of host plants for specialized insects versus those with a broad host
 214 range. Contrary to the assumption that specialized insects often depend on specialized
 215 plants, we found that monophagous insects utilized plants with the lowest average threat
 216 status across the specialization spectrum. In contrast, polyphagous insects more
 217 frequently used plants with higher average threat statuses (Fig. 4b). Except for sawflies,
 218 monophagous insects consistently utilized significantly less threatened plants compared
 219 to polyphagous insects across all taxa (Fig. 4c). This suggests that specialized insects are
 220 often using non-threatened and thus rather common plant species, buffering them against
 221 extinction. Contrastingly, generalists, with a wide range of host plants, also interact with
 222 threatened and less common plant species.



223

224 **Fig. 4: The average Red List threat status of host plant species sustaining specialist insects**
 225 **is lower than that of generalist insects.** (a) Bar plots of the number (left y-axis) and percentage
 226 (right y-axis; blue points) of insect species along the specialization gradient (see Methods for a
 227 description of the specialization gradient). (b) Boxplots of the degree of insect specialization
 228 against the average threat status of host plants. Box plots bound the interquartile range (IQR)
 229 divided by the median and whiskers extend up to a maximum of $1.5 \times$ IQR beyond the box. Gray
 230 points beyond the whiskers indicate outliers. (c) Heatmap of pairwise comparisons of specialization
 231 levels in relation to average threat status of host plants, indicating the p-value from a

232 non-parametric pairwise Wilcoxon signed-rank test (tiles in pink have $p < 0.05$, tiles in magenta have
233 $p < 0.1$, tiles in lilac have $p > 0.1$).

234 Discussion

235 Here, we synthesized interaction data of plants and insects with their respective
236 population trends in Germany. Our findings indicate a positive correlation between
237 population trends of bees, butterflies and moths, sawflies and their host plants, but not for
238 hoverflies. Yet, when we simulated extinctions of threatened host plants, we found 97% of
239 insect species may potentially survive by relying on alternative or non-threatened host
240 plants. There were a few keystone plant genera, constituting only 16% of all host plant
241 genera studied, that sustained 90% of insect diversity. Moreover, insect specialists tended
242 to rely on non-threatened host plants. Together, this suggests that while the abundance
243 declines of host plant species might lead to declining insect abundances, the general
244 presence of common and non-threatened alternative host plants may potentially buffer
245 against a collapse in insect diversity from plant extinctions.

246 Our results, showing parallel population trends between host plants and their associated
247 insect species, align with earlier research from the Netherlands and the United Kingdom
248 (Biesmeijer et al. 2006, Scheper et al. 2014). In addition, a few studies show that local
249 plant extinctions in southern Germany preceded the local extinction of highly specialized
250 butterfly species (Pearse and Altermatt 2013). Yet, in most cases, a clear causal
251 relationship remains elusive, and accurately disentangling the role of multiple extinction
252 drivers is challenging. Moreover, it remains unclear whether population trends of insect
253 species follow population trends of their host plants or vice versa (Kehoe et al. 2021), or
254 whether they are driven by the same external factors like habitat loss (Brondízio et al.
255 2019). In our study, we also cannot establish any clear causal connection. But the varying
256 correlation strengths between insect and host plant population trends among insect taxa
257 support the hypothesis that more specialized taxa are more closely dependent on host
258 plant population trends. For example, sawfly trends closely paralleled plant trends, while
259 hoverflies showed no correlation. Most sawfly species are mono- or oligophagous (88%).
260 Hoverflies, on the other hand, are hardly specialized, with only 9% considered mono- or
261 oligolectic. This generalist foraging behavior allows hoverflies to be relatively independent
262 of single plant species and their population trends. Consequently, this may explain why
263 we did not observe parallel insect-plant declines in hoverflies, but more generally in
264 specialized insect taxa, and could be indicative of a causal link.

265 Population trends of plants appeared to matter for insect taxa with high specialization
266 levels. Yet, seemingly contrary to the hypothesis that specialized insects are more
267 vulnerable due to their dependence on declining plants, our simulations of the extinction
268 of threatened (or narrow-ranged) plant species resulted in only a minor reduction (3%) in
269 insect diversity, even in specialized taxa. This is likely due to host plant redundancy, also
270 documented in previous studies (Sanders et al. 2018). Specifically, most insect species in
271 our study relied on several host plant species and genera. Across all taxa, 83% of species
272 were oligo- to polylectic/-phagous. In addition, a large fraction of plant species in our
273 dataset is still non-threatened (44%). This suggests a high statistical likelihood that at
274 least one of an insect's host plants is categorized as non-threatened, where such
275 redundancy may act as a buffer, protecting insect species from extinction. Nonetheless,

276 while alternative or non-threatened host plants may exist, this does not imply that the
277 strong decline of many plant species is inconsequential for insect abundance. Many insect
278 species use threatened plants. Our data indicate that critically endangered plant species
279 alone are used by about 40% of all insect species. For butterflies and moths, rare plant
280 species can sustain almost 75% of diversity. It follows that the decline of such species can
281 evidently affect interacting insect species.

282 Consistent with prior research, our findings indicate that a small number of keystone plant
283 genera can support the majority of insect diversity (Warzecha et al. 2018; Narango et al.
284 2020; Purvis et al. 2021), with 16% of all host plant genera studied sustaining 90% of
285 insect diversity across taxa. The differences among insect taxa in relation to the
286 importance of keystone plant genera coincided again with specialization levels
287 (Supplement S1): 90% of hoverfly species, which are mostly generalist symbiotic pollen
288 and nectar collectors (Penney et al. 2012), are supported by only 2% of their host plant
289 genera, whereas 36% of host plant genera are required to support specialist herbivorous
290 taxa, such as sawfly larvae. Notwithstanding, the pattern that certain plant genera support
291 a broad range of insect diversity does not necessarily mean they are the optimal food
292 sources for those insects. They might reflect host plant shifts, spurred by the decline of
293 primary host plant species (Agosta 2006). For instance, a bee species might depend 80%
294 on a declining plant species, resorting to keystone plants only when the preferred host
295 plant is unavailable. Therefore, even with keystone genera present, the decline in plant
296 diversity could still result in reduced fitness for insect species (e.g., due to the lower
297 nutritional value of alternative host plants). Studies are needed to evaluate the
298 effectiveness of keystone plant genera in restoration efforts, highlighting that while they
299 may be beneficial for many insects, they may often serve as secondary choices and thus
300 may not fully compensate for rare and threatened species in a restoration mixture.

301 Our results also lend support to the asymmetry hypothesis (Vázquez and Aizen 2004), for
302 which comprehensive tests are hitherto scarce. Monolectic/-phagous insect species
303 tended to forage primarily on non-threatened plant species, while polylectic/-phagous
304 species used plants that had on average a higher threat status. It seems that highly
305 specialized monolectic/-phagous species compensate for their dependency on a single
306 food source by relying on mainly non-threatened plant species. Yet, our findings also
307 reveal that specialized insect species (mono- to mesolectic/-phagous) are more
308 threatened than generalists (polylectic/-phagous; Fig. S3), echoing previous research
309 (Koh et al. 2004). This suggests the most specialized insects may not be primarily
310 threatened due to declines in host plants, but due to other anthropogenic factors.
311 Generalists, on the other hand, may be more buffered against such factors through high
312 host plant plasticity or other hidden, covarying characteristics. These interpretations must,
313 however, be viewed cautiously: the study's coarse, Germany-wide approach neglects
314 regional population trends. Plants, while not nationally red-listed, may still be declining in
315 areas where they coexist with these specialist insects. Nevertheless, these findings
316 indicate that the more common, non-threatened plant species are critical to sustain highly
317 specialized insects.

318 Clearly, our study comes with limitations. In addition to neglecting regional population
319 trends, insect species at different sites may exhibit different trophic interactions (Tallamy

320 et al. 2021), leading to an inflated host plant portfolio for a single insect species when
321 viewed from a species-wide perspective, as in this study. Furthermore, any interaction
322 data are likely biased. For many taxa, interaction data are scarce, particularly for small,
323 less charismatic, or rare species, which are likely undersampled. Moreover, interaction
324 data are prone to errors; for instance, an insect or its larva on a plant does not necessarily
325 indicate foraging behavior (Taeger et al. 1998). The sources underlying the data we used
326 are not always provided, which makes it difficult to classify how trustworthy certain
327 interactions are. The incomplete nature of the data underscores the need for cautious
328 interpretation. Finally, our focus on native plant interactions, neglecting the novel
329 interactions with non-native plants in Germany, may mask potential buffering effects
330 against native host plant decline (Bezemer et al. 2014). Yet, we believe the consistencies
331 across the four studied insect taxa lend a degree of robustness to our findings despite
332 these shortcomings, allowing our study to offer a macroecological perspective on the
333 impact of plant declines on insect diversity.

334 **Conclusion**

335 Our study highlights the complex interactions between plants and insects, revealing partial
336 alignments in their population trends. Yet, since insects frequently interact with multiple or
337 common, non-threatened plant species, this could help protect insect diversity against the
338 extinction of threatened and less common plant species. This appears to be also true for
339 insect specialists, which tend to specialize in plant species that are, up to now,
340 non-threatened. While a few common keystone plant genera support symbiotic
341 pollinators, a more diverse range of plants is essential for specialized herbivores,
342 underlining the importance of high plant diversity for maintaining insect herbivore diversity.
343 This is crucial, given the narrow focus of media and restoration efforts on insect
344 pollinators. Our study also holds practical insights for restoration, pinpointing keystone
345 plant genera as potential food sources to support the four insect taxa examined. However,
346 it is clear that viable insect populations require more than just food resources and these
347 need to be considered in restoration as well. In sum, our findings indicate that the
348 declining abundance of many plant species can contribute to insect decline but that the
349 loss of rare and threatened plant species will not necessarily lead to a collapse in insect
350 diversity.

351 **Methods**

352 *Data synthesis.* We compiled interaction data for both insect pollinators (Apiformes,
353 Syrphidae) and herbivorous insects (Lepidoptera, Symphyta). Supplement S1 provides
354 ecological details for each insect taxon. We compiled interaction data for these taxa from
355 separate sources. The Apiformes-plant-interaction data were text-mined from Paul
356 Westrich's webpage (Westrich 2023) which compiles data and information regarding most
357 bee species occurring in Germany which allows to have a digital access to the interaction
358 data published in 'Die Wildbienen Deutschlands' (Westrich 2019). Similarly, the
359 Lepidoptera-plant-interaction data were text-mined from the 'Lepidoptera Mundi' webpage
360 (Jonko 2023), which hosts worldwide lepidopteran species data compiled from
361 international data bases and literature. The Symphyta-plant-interaction data were
362 provided by the Senckenberg Deutsches Entomologisches Institut (SDEI) and
363 cross-referenced with 'Electronic World Catalog of Symphyta' (Taeger et al. 2018) and
364 'Sawflies of Europe' (Lacourt 2020). Only plant-insect interactions deemed highly likely by

365 the SDEI were included. The Syrphidae-plant-interaction data were compiled based on
 366 the 'Species Accounts of European Syrphidae – 2020' (Speight 2020). Text-mining was
 367 conducted in R version 4.2.2 (R Core Team 2022) using the packages rvest (Wickham
 368 2022) and xml2 (Wickham et al. 2021).

369 For each insect taxon, we downloaded the most recent Red List (RL) data from the
 370 German Red List Center's website (Das Rote-Liste Zentrum 2018). For butterflies and
 371 moths, RL data were provided for the groups of snout moths (Pyrilidae) with 273 species
 372 (Nuss 2011), diurnal butterflies (Papilionoidea and Hesperioidea) with 189 species
 373 (Reinhardt and Bolz 2011b), geometer moths (Geometridae and Drepanidae) with 450
 374 species (Reinhardt and Bolz 2011a) and owlet moths (Noctuidae, Pantheidae,
 375 Lymantriidae and Nolidae) with 554 species (Wachlin and Bolz 2011). The RL data
 376 regarding bees (Apiformes) counts 561 species (Westrich et al. 2011), hoverflies
 377 (Syrphidae) 467 species (Ssymank et al. 2011) and sawflies (Symphyta) 760 species
 378 (Liston et al. 2011), respectively. Finally, we downloaded the most recent RL for vascular
 379 plants (Metzing et al. 2018). From these RLs, we extracted species' short-term population
 380 trend, long-term population trend, RL threat status, and range size. We integrated these
 381 RL data with our interaction data to assign population trends, threat statuses and range
 382 sizes to interacting plant and insect species in Germany. Our final dataset comprised
 383 156,735 interactions of 2,239 insect species and 3,429 plant species. Not all plant or
 384 insect species had data available for all Red List categories, but the majority had data for
 385 RL indicators (Table S4).

386 *Data carpentry.* Some of the aforementioned data sources resolved host plants only to the
 387 genus level (Lepidoptera and Syrphidae) or functional group level (Syrphidae). In such
 388 cases, plant genera or functional groups were expanded to all plant species in a given
 389 genus or functional group listed in the German RL. This was necessary to calculate the
 390 average population trend and threat status of host plants, as these indicators are given by
 391 species and not by genus or functional group level. To calculate averages for host plants,
 392 it was necessary to convert these indicators (i.e., short-term trends, long-term trends and
 393 most recent RL threat status) from a categorical to a numerical scale (Table 1). For
 394 insects, we continued to use the categorical RL indicators (which have levels identical to
 395 those for plants). But we consolidated the three levels of negative population trends into a
 396 single "decline" category, due to the small sample sizes in some of the more severe
 397 decline categories.

398 **Table 1: Conversion of Red List plant population trends and threat status from categorical**
 399 **to numeric for calculating average host plant trends.** The threat statuses and population trends
 400 used in this study were derived from the German Red List, with their abbreviated symbols
 401 presented in brackets. Also included are English translations of the respective categories and the
 402 corresponding IUCN categories for the German threat statuses. These categorical indicators were
 403 converted into numeric variables. Species experiencing a population decrease of unknown
 404 magnitude were classified as experiencing a moderate decrease. Similarly, species threatened to
 405 an unknown extent were classified as vulnerable. This conservative approach aimed to prevent the
 406 overestimation of uncertain population declines or uncertain threat statuses.

German Red List indicator	Translation	Numeric
Short-term trend		

Sehr starke Abnahme (vvv)	Very strong decrease	-3
Starke Abnahme (vv)	Strong decrease	-2
Abnahme mäßig oder im Ausmaß unbekannt ((v))	Moderately or unknown decrease	-1
Gleich bleibend (=)	Stable	0
Deutliche Zunahme (^)	Clear increase	1
Daten ungenügend (?)	Data deficient	NA
Long-term trend		
Sehr starker Rückgang (<<<)	Very strong decrease	-3
Starker Rückgang (<<)	Strong decrease	-2
Mäßiger Rückgang (<), Rückgang, Ausmaß unbekannt ((<))	Moderately or unknown decrease	-1
Gleich bleibend (=)	Stable	0
Deutliche Zunahme (>)	Clear increase	1
Daten ungenügend (?)	Data deficient	NA
RL threat status		
Ungefährdet (*)	LC (least concern)	0
Vorwarnliste (V); Extrem selten (R)	NT (near threatened)	1
Gefährdet (3), Gefährdung unbekanntes Ausmaßes (G)	VU (vulnerable)	2
Stark gefährdet (2)	EN (endangered)	3
Vom Aussterben bedroht (1)	CR (critically endangered)	4
Ausgestorben oder verschollen (0)	RE (regionally extinct)	5

407 *Insect specialization*. We used our interaction data to classify species according to their
408 level of trophic specialization. We assigned species to four groups: mono-, oligo-, meso-
409 and polylectic/-phagous insect species. This classification system reflects a gradient of
410 specialization from strictly one host plant species to many host plant species of different
411 genera of many plant families. Thresholds defining this taxonomic food specialization
412 gradient followed Cane and Sipes (2006). Monolectic/monophagous insects were defined
413 as species relying on one plant species (from one genus, from one family).
414 Oligolectic/oligophagous insects were defined as species relying on more than one plant
415 species across four or fewer plant genera within one plant family.
416 Mesolectic/mesophagous insects were defined as species relying on more than one plant
417 species across more than one plant genus within three or fewer plant families.
418 Polylectic/polyphagous insects were defined as species relying on more than one plant
419 species across more than one plant genus within more than one plant family.

420 *Analyses*. First, we examined the relationship between population trends (short-term and
421 long-term) and RL threat statuses of insect species and their host plants. For each insect
422 species, we averaged these indicators across its host plants to calculate the average

423 population trend and threat status of a given insect species' host plant portfolio. We then
424 regressed these host plant averages separately against the short- and long-term
425 population trends (increasing (^), stable (=), decreasing (v)) and RL threat statuses (LC,
426 NT, VU, EN, CR) of insect species, using linear models. We then calculated pairwise
427 contrasts between insect species' population trends. For RL threat status, we only
428 calculated pairwise contrasts against the reference level LC, to limit the number of
429 possible pairwise comparisons. To calculate contrasts, we used the emmeans package
430 (Lenth 2022).

431 Second, we examined the consequences of threatened plant extinctions on insect
432 diversity, by simulating sequential extinctions initiating from the most (CR) to the least
433 (LC) threatened plant species. At each step, we tallied the proportion of insect species
434 that still had surviving host plant species in their interaction portfolio. We also examined
435 the reverse scenario, removing plant species from the least (LC) to the most (CR)
436 threatened, to gain insights into the ecological importance of threatened plants and to
437 assess whether losing LC species impacts insect diversity more negatively than the loss
438 of threatened species. These analyses were conducted for all insect species collectively
439 and for each insect taxon separately. We repeated the process, substituting plant threat
440 status with range size, a categorical variable from the German RL that spans from
441 extremely rare to very common.

442 Third, we examined the importance of individual plant genera for the insect community
443 aiming to identify keystone genera and determine the minimum portion of plants
444 theoretically required to sustain insect diversity. To identify keystone genera, we summed
445 the number of insect species that had trophic interactions with each plant genus and
446 assessed the coverage of insect diversity by each genus, ranking them accordingly. To
447 determine the minimum set of plant genera needed to maintain insect diversity, we
448 developed an optimization algorithm. This algorithm begins with the genus supporting the
449 highest number of insect species and sequentially incorporates additional genera, each
450 time selecting the one that adds the most unique insect species, thereby maximizing
451 diversity with the fewest genera.

452 Fourth, we tested the asymmetry hypothesis to determine if more specialized insects rely
453 on less threatened plant species, with RL threat status integrating both species'
454 population trends and commonness/rarity. We regressed the average host plant threat
455 status of insects against insect specialization level. Given that the assumptions for a linear
456 model were not met, due to deviation from normality in the residuals, we used a
457 non-parametric test. Specifically, we used a Wilcoxon signed-rank test to assess the
458 statistical certainty of the pairwise differences between specialization levels in relation to
459 the threat status of their host plants. We then tested whether specialized insects were
460 more threatened than generalists by regressing insect threat status against their
461 specialization level and testing for pairwise differences using a Wilcoxon signed-rank test.

462 **Data and code availability:** All R code for text-mining, data synthesis and carpentry,
463 analysis and visualization are provided on GitHub at
464 <https://github.com/istaude/plant-insect-trends>

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**Supplementary Material
for
Insects decline with host plants but co-extinctions seem unlikely**

604

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608 Content

609 *Supplements:*

610 **Supplement S1:** Description of insect taxa.

611 *Supplementary Tables:*

612 **Table S1:** Sample sizes for the analysis presented in Fig. 1.

613 **Table S2:** Restoration scenario that maximized insect diversity with 20 plant species.

614 **Table S3:** Composition of the specialization levels within the single insect taxa.

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616 *Supplementary Figures:*

617 **Fig. S1:** Raw data plots for Fig. 1.

618 **Fig. S2:** Pairwise comparisons for Fig. 1.

619 **Fig. S3:** Monophagous/-lectic insect species are more threatened than generalists.

620 Supplement S1: Description of insect taxa.

621 **Apiformes (syn. Anthophila).** Bees, encompassing bumblebees, represent a diverse
622 and globally distributed group, with more than 20,000 species identified (Ascher and
623 Pickering 2020; Packer 2022). These insects show peak diversity in mid-latitudinal zones
624 of both hemispheres (Orr et al. 2023). Originating from the Hymenoptera order, bees
625 transitioned from a carnivorous wasp ancestry to pollen and nectar consumption
626 approximately 140 to 110 million years ago, a period marked by a notable speciation burst
627 (Danforth et al. 2013). The driving forces of this evolutionary radiation are still unclear
628 (Rasmussen et al. 2020). Characteristic of bees are their hairy bodies and broad,
629 relatively flat hind legs, adaptations primarily for pollen gathering. Yet, some species have
630 evolved to transport pollen internally, without external collecting structures. A subset of
631 bee species also adopts a parasitic lifestyle (Packer 2022). While species like the
632 honeybee (*Apis mellifera*) are known for their social living in hives, most bee species are
633 solitary. Their reproductive and nesting habits are diverse, employing hollow trees, wood
634 tunnels, and rock crevices, although underground nesting is most common. These nests
635 serve as a food reserve for the larvae, enabling their development through the cocoon
636 stage to adulthood (imago) (Packer 2022). Bees are pivotal to zoophilous pollination,
637 playing a major role in the pollination networks of various ecosystems (Khalifa et al.
638 2021). Many plant species depend entirely on bees for their sexual reproduction, forming
639 obligate symbiotic relationships (Packer 2022). This mutualism is vital for agriculture, with
640 bees facilitating the pollination of about 90% of commercial crop varieties (Doyle et al.
641 2020). Some bees, classified as monolectic or oligolectic, specialize in collecting pollen
642 from a single or a limited number of plant species, respectively. Nevertheless, strict
643 monolecty is relatively rare, often resulting from a scarcity of suitable plant species (Cane
644 and Sipes 2006). In Germany, approximately 30% of bee species are mono- to oligolectic
645 (Westrich 1990), though most bees demonstrate more generalized foraging habits,
646 supported by few key plant species (Warzecha et al. 2018).

647 **Lepidoptera.** Lepidoptera, encompassing butterflies and moths, stands out as one of the
648 most extensively researched insect taxa, largely due to the appealing appearance of
649 diurnal butterflies. This group, present on all continents, forms the largest monophyletic
650 group of herbivorous insects, emerging around 245 million years ago (Misof et al. 2014).
651 Currently, 157,424 extant species have been identified (van Nieukerken et al. 2011), with
652 their greatest biodiversity found in the tropics (Kawahara et al. 2023). All lepidopteran
653 species undergo complete metamorphosis (holometabolous development). Parents lay
654 eggs on or near potential food sources for the larvae (caterpillars), without providing
655 further care. Caterpillars exhibit a wide variety of species-specific colors, shapes, and
656 structures, aiding in species identification. Adults (imagos) are primarily distinguished by
657 two pairs of large wings, uniquely colored and shaped for each species. Larvae typically
658 feed on plant tissues, especially leaves and other organs, with host specificity varying by
659 species, though host shifts can occur (Pearse and Altermatt 2013). Adult behaviors vary:
660 some do not feed and focus solely on reproduction before dying, while others may live for
661 several months, possibly hibernating, and feed on nectar, sap from ripe fruits, without
662 specific host plant fidelity (Emmel and Scoble 1994). Flowers frequented by Lepidoptera
663 usually have a long, narrow corolla tube, offering a landing platform for diurnal butterflies
664 or oriented horizontally for moths, facilitating access (Reddi and Bai 1984). A substantial

665 portion of flower-visiting lepidopteran species also act as pollinators. Although their
666 pollination efficiency may not match that of bees or hoverflies (Rader et al. 2020),
667 lepidopterans can traverse large distances. During migration, they can serve as
668 connectors between isolated plant populations and ecosystems, enhancing genetic
669 diversity and ecosystem resilience (Chang et al. 2018). Furthermore, caterpillars are
670 considered to transfer the largest amount of energy from plants to higher trophic level
671 animals compared to other herbivores, playing a key role in ecosystem energy flow
672 (Janzen 1988). A decrease or decline in their biomass might lead to additional negative
673 consequences in food webs (Kehoe et al. 2021).

674 **Symphyta.** Symphyta, commonly called sawflies, are a paraphyletic (Peters et al. 2017)
675 taxon within the Hymenoptera with about 8,885 extant species worldwide (Taeger et al.
676 2018). Their name derives from the incisors of female individuals to cut open plant tissue
677 to place their eggs in (Lacourt 2020). Sawflies are a group of wasps distinguished by their
678 absence of the characteristic wasp waist (Lacourt 2020). The imago feeds on different
679 food sources, like nectar, pollen, plant sap and other insects or not at all (Lacourt 2020).
680 The larvae resemble caterpillars in appearance but are distinguished by having more than
681 four pairs of prolegs and lacking crochets. They are predominantly of a greenish hue and
682 relatively nondescript, yet certain species feature larvae with vibrant colors and diverse
683 appendages. These larvae externally forage on plant material similarly to caterpillars, yet
684 some species reside within plant tissues, mining these (Jervis and Vilhelmsen 2000).
685 Larvae are mostly monophagous to oligophagous and exhibit a rather reduced selection
686 of possible host plants (Andreas Taeger et al. 1998). Because the larvae mainly forage on
687 plant tissue, some Symphyta species are regarded as agricultural pests (Guignard et al.
688 2022). Nevertheless, sawflies serve as primary consumers, channeling biomass to
689 numerous insectivorous species and sustaining complex food webs (Guignard et al.
690 2022). Moreover, the adult forms (imagos) of some sawfly species are considered
691 important pollinators (Rader et al. 2020; Asenbaum et al. 2021).

692 **Syrphidae.** Hoverflies, a monophyletic group within the Diptera, have a global diversity of
693 approximately 6,000 species, present everywhere except Antarctica (Doyle et al. 2020;
694 Rotheray and Gilbert 2011). The primary characteristic of hoverflies is their bee or
695 wasp-like appearance, mimicking the color patterns of various defensive hymenopteran
696 species. Additionally, the adults (imagos) exhibit a distinctive hovering flight style, which is
697 the origin of their common name (Howarth et al. 2004). The imago of syrphid species
698 mainly forage on pollen and/or nectar. Their mouthparts show a similar structure to other
699 flies; hence they mainly forage on rather flat flowers where they can access the pollen and
700 nectar with these mouthparts (Penney et al. 2012). Consequently, most hoverfly imagos
701 show a rather wide species range of potential food plants (Warzecha et al. 2018). The
702 larvae are mainly predators foraging on other arthropods like aphids (Rotheray and Gilbert
703 2011). These two reasons make hoverflies a beneficial and important organism in
704 agricultural systems (Doyle et al. 2020). In natural ecosystems, the predatory larvae
705 control aphid populations and reduce parasitic plant stress (Rotheray and Gilbert 2011).
706 Moreover, the syrphid imago shows a high pollination potential (Orford et al. 2015). While
707 hoverflies have a lower pollination capacity compared to bees (Rader et al. 2020), their
708 ontogeny grants them a larger foraging radius (Rader et al. 2011), the ability to forage

709 under adverse weather conditions (Grimaldi 2023), and even undertake long-distance
710 migrations, thereby enabling long-distance pollination (Lysenkov 2009).

711 **Table S1: Sample sizes for the analysis presented in Fig. 1.** Sample sizes comprise insect
712 species for which both plant interaction data and Red List (RL) information were available.

Taxon	Short-term trend analysis	Long-term trend analysis	RL threat status analysis
Apiformes	293	276	297
Lepidoptera	1024	1022	1063
Symphyla	295	355	374
Syrphidae	259	236	318
All taxa	1871	1889	2052

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715 **Table S2: Restoration scenario that maximized insect diversity with 20 plant species.** List of
 716 20 critical plant species, alongside their cumulative contribution to sustaining insect diversity.

Taxon	Plant sp.	Cumul. number of insect sp.	Cumul. % of insect sp.
All taxa	<i>Salix caprea</i>	282	13
	<i>Ranunculus acris</i>	448	20
	<i>Quercus robur</i>	546	24
	<i>Lotus corniculatus</i>	628	28
	<i>Rubus idaeus</i>	703	31
	<i>Daucus carota</i>	769	34
	<i>Betula pubescens</i>	827	37
	<i>Rumex acetosella</i>	884	39
	<i>Prunus spinosa</i>	938	42
	<i>Festuca ovina</i>	990	44
	<i>Galium mollugo</i>	1034	46
	<i>Picea abies</i>	1077	48
	<i>Centaurea stoebe</i>	1114	50
	<i>Plantago major</i>	1145	51
	<i>Vaccinium myrtillus</i>	1176	53
	<i>Peucedanum officinale</i>	1202	54
	<i>Poa annua</i>	1228	55
	<i>Sinapis arvensis</i>	1253	56
	<i>Thymus serpyllum</i>	1276	57
	<i>Populus tremula</i>	1298	58
<i>Achillea millefolium</i>	1318	59	
Bees	<i>Sinapis arvensis</i>	69	22
	<i>Lotus corniculatus</i>	122	39
	<i>Picris hieracioides</i>	145	46
	<i>Salix caprea</i>	161	52
	<i>Echium vulgare</i>	176	56
	<i>Campanula rotundifolia</i>	186	60
	<i>Centaurea stoebe</i>	196	63
	<i>Daucus carota</i>	206	66
	<i>Trifolium pratense</i>	214	69
	<i>Hieracium pilosella</i>	220	71
	<i>Solidago gigantea</i>	225	72
	<i>Stachys recta</i>	230	74
	<i>Brassica napus</i>	234	75
	<i>Calluna vulgaris</i>	237	76
	<i>Cardamine pratensis</i>	240	77
	<i>Jasione montana</i>	243	78
	<i>Knautia arvensis</i>	246	79
	<i>Vaccinium myrtillus</i>	249	80
	<i>Anchusa officinalis</i>	251	80
	<i>Bryonia dioica</i>	253	81
<i>Cerintho minor</i>	255	82	
Butterflies & moths	<i>Salix caprea</i>	155	13
	<i>Quercus robur</i>	233	20
	<i>Rumex acetosa</i>	303	26
	<i>Festuca ovina</i>	355	31
	<i>Vaccinium myrtillus</i>	402	35
	<i>Prunus spinosa</i>	440	38
	<i>Galium mollugo</i>	477	41
	<i>Artemisia vulgaris</i>	508	44
	<i>Plantago lanceolata</i>	536	47
	<i>Poa annua</i>	561	49
	<i>Betula nana</i>	585	51

	<i>Picea abies</i>	609	53
	<i>Thymus serpyllum</i>	633	55
	<i>Rubus idaeus</i>	655	57
	<i>Cytisus scoparius</i>	673	58
	<i>Lotus corniculatus</i>	690	60
	<i>Polygonum aviculare</i>	706	61
	<i>Silene vulgaris</i>	722	63
	<i>Dactylis glomerata</i>	737	64
	<i>Brassica oleracea</i>	750	65
	<i>Clematis vitalba</i>	763	66
Sawflies	<i>Betula pubescens</i>	31	7
	<i>Picea abies</i>	50	11
	<i>Quercus robur</i>	68	16
	<i>Rosa canina</i>	84	19
	<i>Alnus glutinosa</i>	99	23
	<i>Populus tremula</i>	114	26
	<i>Rubus idaeus</i>	129	30
	<i>Pinus sylvestris</i>	143	33
	<i>Larix decidua</i>	153	35
	<i>Prunus domestica</i>	163	37
	<i>Pteridium aquilinum</i>	173	40
	<i>Filipendula ulmaria</i>	182	42
	<i>Festuca rubra</i>	190	43
	<i>Salix caprea</i>	198	45
	<i>Lonicera xylosteum</i>	205	47
	<i>Plantago major</i>	212	49
	<i>Sorbus aucuparia</i>	219	50
	<i>Ranunculus repens</i>	225	51
	<i>Acer campestre</i>	230	53
	<i>Salix viminalis</i>	235	54
	<i>Calamagrostis arundinacea</i>	239	55
Hoverflies	<i>Ranunculus repens</i>	170	50
	<i>Aegopodium podagraria</i>	228	67
	<i>Anthriscus caucalis</i>	266	78
	<i>Salix alba</i>	289	85
	<i>Crataegus laevigata</i>	297	88
	<i>Euphorbia nutans</i>	305	90
	<i>Potentilla erecta</i>	309	91
	<i>Geranium robertianum</i>	312	92
	<i>Hedera helix</i>	315	93
	<i>Caltha palustris</i>	317	94
	<i>Campanula latifolia</i>	319	94
	<i>Foeniculum vulgare</i>	321	95
	<i>Potentilla crantzii</i>	323	95
	<i>Prunus padus</i>	325	96
	<i>Anthemis austriaca</i>	326	96
	<i>Asparagus officinalis</i>	327	96
	<i>Chaerophyllum hirsutum</i>	328	97
	<i>Cirsium eriophorum</i>	329	97

<i>Cornus sanguinea</i>	330	97
<i>Crepis pyrenaica</i>	331	98
<i>Cytisus scoparius</i>	332	98

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718

719 **Table S3: Composition of the specialization levels within the single insect taxa.** The absolute
720 number of insect species and the relative proportion is shown.

Taxon	Specialization degree	Number of insect sp.	Relative proportion
Apiformes	mono	40	12.80 %
Apiformes	oligo	60	19.20 %
Apiformes	meso	92	29.50 %
Apiformes	poly	120	38.50 %
Lepidoptera	mono	116	10.10 %
Lepidoptera	oligo	343	29.80 %
Lepidoptera	meso	422	36.70 %
Lepidoptera	poly	270	23.50 %
Symphyta	mono	199	45.50 %
Symphyta	oligo	186	42.60 %
Symphyta	meso	42	9.61 %
Symphyta	poly	10	2.29 %
Syrphidae	mono	12	3.54 %
Syrphidae	oligo	18	5.31 %
Syrphidae	meso	88	26.00 %
Syrphidae	poly	221	65.20 %
All taxa	mono	367	16.40 %
All taxa	oligo	607	27.10 %
All taxa	meso	644	28.80 %
All taxa	poly	621	27.70 %

721

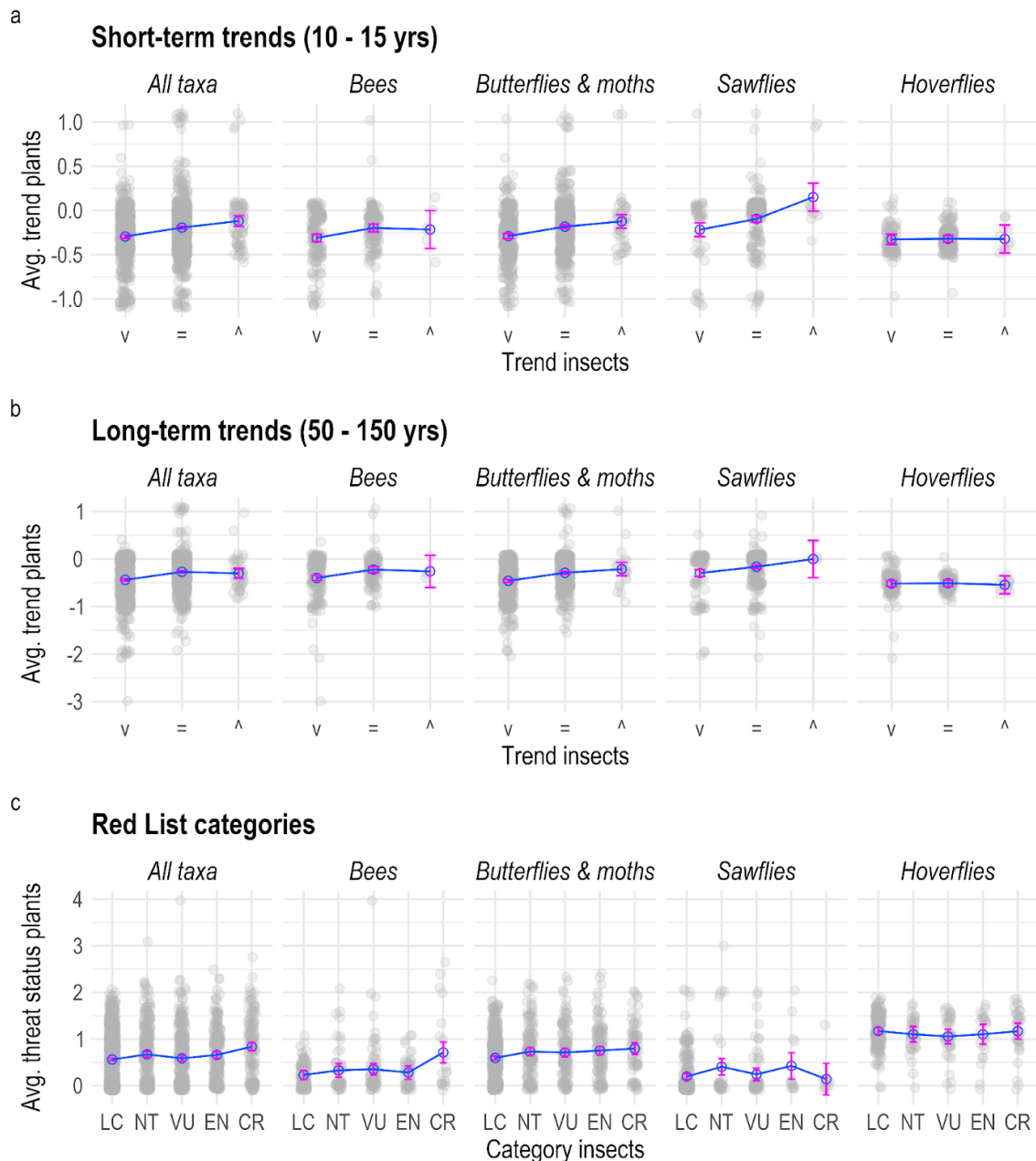
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723 **Table S4: Distribution of the number of species over the threat status gradient.** The number
724 of individual insect taxa (bees (Apiformes), butterflies (Lepidoptera), sawflies (Symphyta),
725 hoverflies (Syrphidae)), the total number and the relative proportion (rel.) of all insect taxa, and
726 plant species across the Red List (RL) threat status gradient are presented. These numbers reflect
727 species for which both interaction and RL data were available. LC: Least Concern; NT: Near
728 Threatened; VU: Vulnerable; EN: Endangered; CR: Critically Endangered; RE: Regionally Extinct;
729 NE: Not Evaluated.

Taxon	All	rel.	LC	NT	VU	EN	CR	RE	NE
Bees	312	55.6%	104	48	74	50	21	13	2
Butterflies	1151	78.5%	579	148	141	125	70	31	57
Sawflies	437	56.7%	263	33	59	13	9	13	47
Hoverflies	339	72.6%	179	38	43	23	35	4	17
All insects	2239	68.6%	1125	267	317	211	135	61	123
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Plants	3429	82.9%	1520	477	346	218	154	48	666

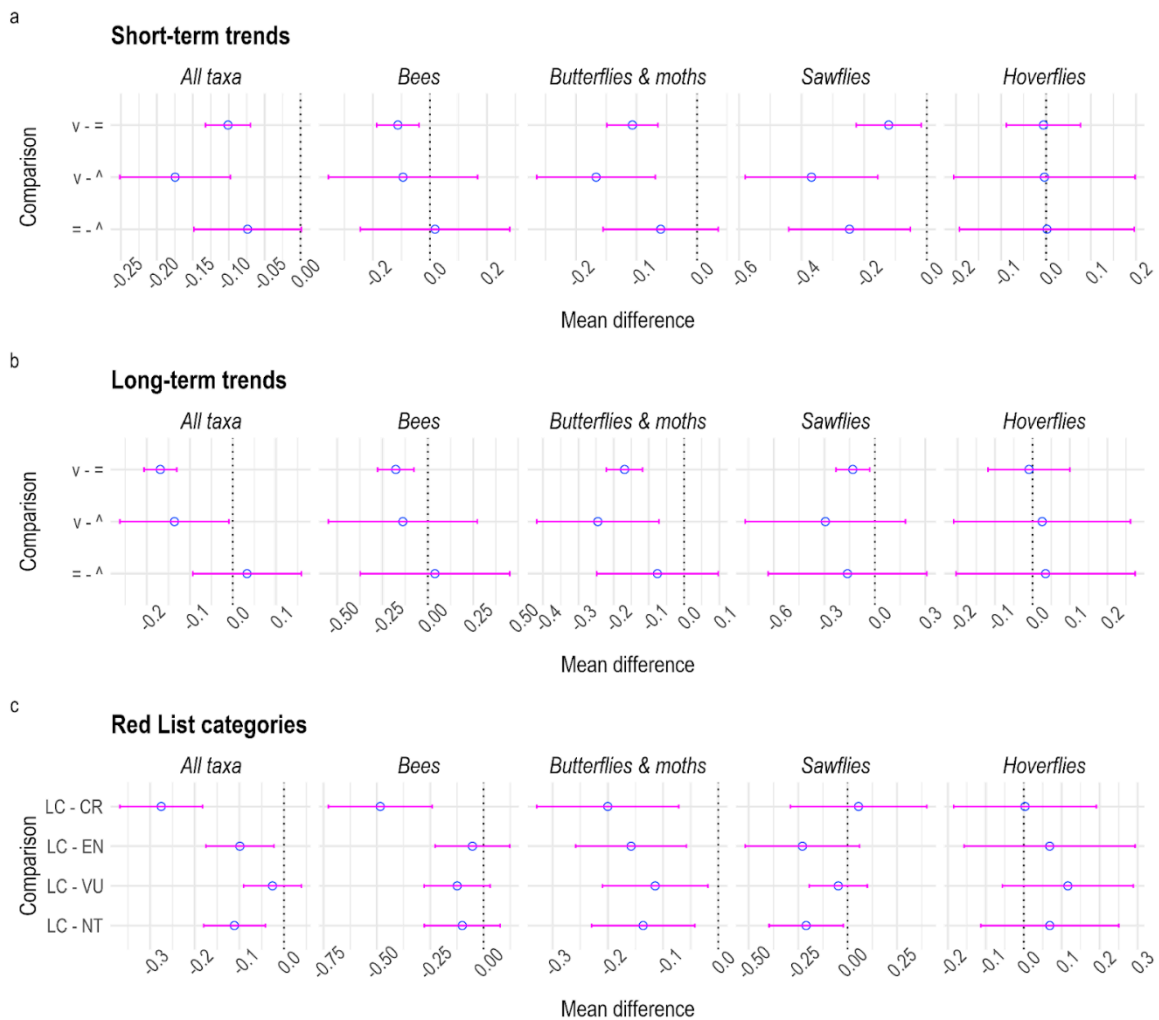
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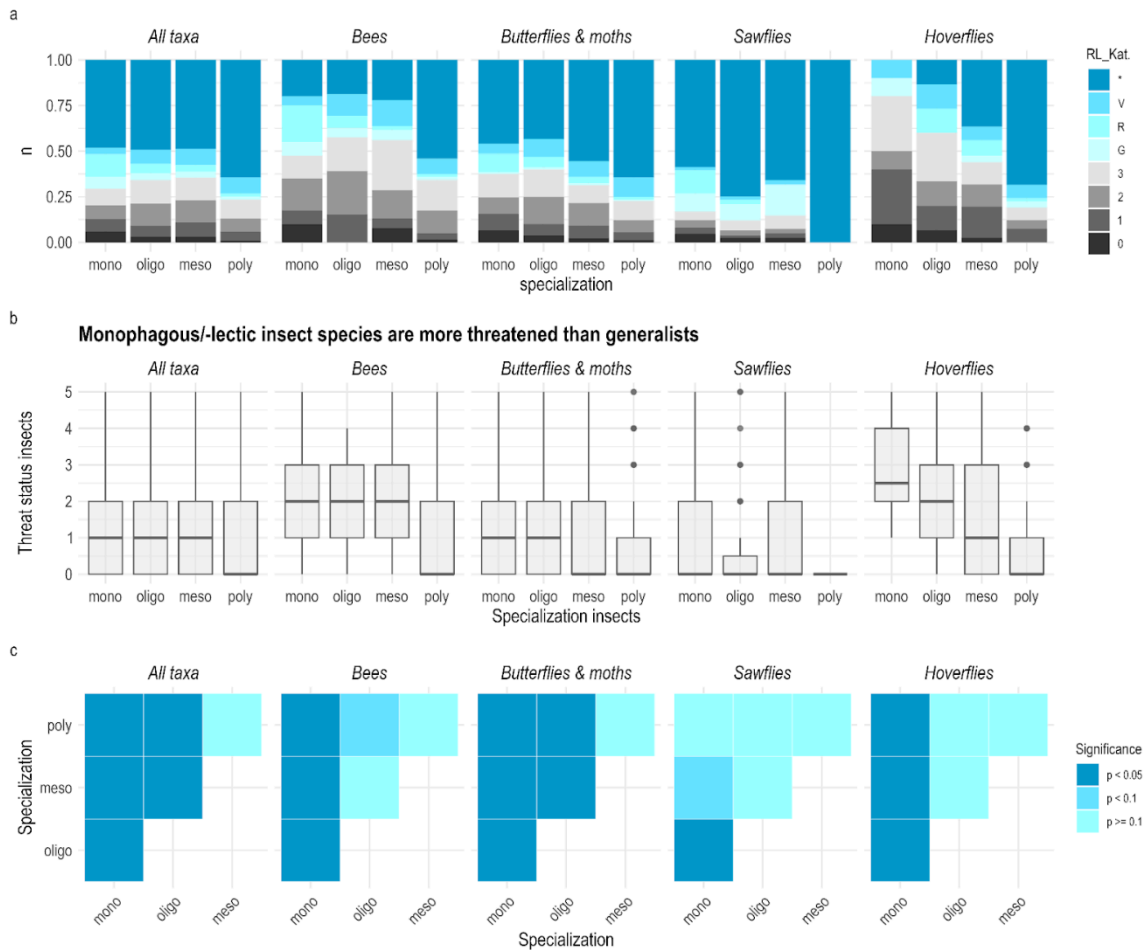
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733 **Fig. S1: Raw data plots for Fig 1.** (a) Short- and (b) long-term population trend and (c) threat
 734 status of insect species against the respective means of host plants. For (a) and (b), higher y-axis
 735 values signal positive population trends; for (c), they indicate increased threat statuses. Symbols
 736 “v”, “=” and “^” in (a) and (b) indicate declining, stable and increasing population trends,
 737 respectively. LC, NT, VU, EN and CR in (c) indicate IUCN Red List categories that were translated
 738 from the German red-listing system (see Methods), indicating Least Concern, Near Threatened,
 739 Vulnerable, Endangered and Critically Endangered, respectively. Displayed are means (blue dots),
 740 95% confidence intervals (magenta error bars) and raw data points in gray circles. Sample sizes
 741 for “All taxa”, Apiformes (bees), Lepidoptera (butterflies), Symphyta (sawflies) and Syrphidae
 742 (hoverflies) and host plants are provided in Table S1



743

744 **Fig. S2: Pairwise comparisons for Fig. 1** Mean differences in average host plant Red List
 745 indicator value between the different levels of **(a)** short- and **(b)** long-term population trends and **(c)**
 746 threat statuses of insect species. Symbols “v”, “=” and “^” in (a) and (b) indicate declining, stable
 747 and increasing population trends, respectively. LC, NT, VU, EN and CR in (c) indicate IUCN Red
 748 List categories that were translated from the German red-listing system (see Methods), indicating
 749 Least Concern, Near Threatened, Vulnerable, Endangered and Critically Endangered, respectively.
 750 Displayed are means (blue dots), 95% confidence intervals (magenta error bars). Sample sizes for
 751 “All taxa”, Apiformes (bees), Lepidoptera (butterflies), Symphyta (sawflies) and Syrphidae
 752 (hoverflies) and host plants are provided in Table S1.



753

754 **Fig. S3: Monophagous/lectic insect species are more threatened than generalists. (a)**
 755 Stacked bar plots showing the relative contribution of Red List threat levels per insect
 756 specialization level. **(b)** Boxplots indicating the median threat status of insects per specialization
 757 level after transforming the categorical RL threat level into a numeric variable (see Table S1). Box
 758 plots bound the interquartile range (IQR) divided by the median and whiskers extend up to a
 759 maximum of $1.5 \times \text{IQR}$ beyond the box. Gray points beyond the whiskers indicate outliers. **(c)**
 760 Heatmap of pairwise comparisons of specialization levels in relation to insect threat status,
 761 indicating the p-value from a non-parametric pairwise Wilcoxon signed-rank test (tiles in dark blue
 762 have $p < 0.05$, tiles in sky blue have $p < 0.1$, tiles in turquoise have $p \geq 0.1$).

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