

# 1 Minimum reporting standards can promote animal welfare 2 and data quality in biologging research

3 Allison R. Payne<sup>1\*</sup>, Conner M. Hale<sup>1</sup>, Jessica Kendall-Bar, Roxanne S.  
4 Beltran<sup>1</sup>

5 <sup>1</sup> Department of Ecology and Evolutionary Biology, University of California Santa Cruz, 130  
6 McAllister Way, Santa Cruz CA 95060 USA

7 <sup>2</sup> Center for Marine Biotechnology and Biomedicine, Scripps Institution of Oceanography, UC  
8 San Diego, La Jolla CA 92037 USA

9 \*Corresponding author, [alrpayne@ucsc.edu](mailto:alrpayne@ucsc.edu)

## 10 Abstract

11 Biologging best practices have been carefully considered since the field's inception six  
12 decades ago. The biologging research community has reduced instrument impacts on  
13 study animals by miniaturizing devices, employing sophisticated release mechanisms,  
14 and developing novel technological advancements. However, the field still needs  
15 standardized best practices for balancing data quality and animal welfare across the  
16 scientific process, from design to deployment to reporting. We developed a set of  
17 guidelines by reviewing over 150 recent biologging impact studies for instrument  
18 characteristics and effects on animal physiology, behavior, and/or demography. From  
19 these studies, we distilled eight best practices that can be used by biologging  
20 researchers, with a particular focus on minimum reporting standards as a low-cost,  
21 high-impact way to promote animal welfare and data quality. We present three  
22 scenarios to demonstrate how reporting instrument, data, and animal characteristics  
23 can reduce instrument impacts, support future meta-analyses, and facilitate  
24 interdisciplinary collaborations. Finally, we summarize the state of knowledge  
25 surrounding the impacts of biologging instruments to animals and data. Adopting  
26 standardized guidelines for instrumentation best practices is a crucial step towards  
27 ensuring that future biologging efforts minimize impacts on animal physiology, behavior,  
28 and demography - the very biological metrics our instruments are meant to measure.

29 1. Introduction

30 Discoveries in ecology, physiology, and animal behavior increasingly come from  
31 instrumented animals that collect *in-situ* environmental and biological data [1–4].  
32 Modern instruments can be small enough to attach to insects [5] or implant in goldfish  
33 [6], cheap enough for large sample sizes [7], and sophisticated enough to concurrently  
34 measure animal decisions and environmental conditions [8]. This “golden age” of  
35 biologging has allowed us to collect ecological data at an entirely new scale [4,9], from  
36 individuals in a single location at a specific time of year to ecosystem-wide monitoring  
37 across seasons and continents [10]. As biologgers inform both basic and applied  
38 science through research across disciplines, many researchers are seeking guidelines  
39 for best practices of similar breadth.

40  
41 Biologging best practices have been discussed since the field’s inception more than six  
42 decades ago [11–15]. Since then, technological advances have occurred more rapidly  
43 than researchers and regulatory agencies can adjust their standards, resulting in  
44 arbitrary “rules of thumb”. The ‘3% rule’, for example, suggests that instruments should  
45 weigh less than 3% of the study animal’s body mass [16]. However, several recent  
46 studies have emphasized the subjective nature of the rule [17–20]. Additionally, while  
47 the miniaturization of bio-loggers has resulted in smaller instruments on animals, it has  
48 also led to the instrumentation of increasingly smaller animals [21], necessitating further  
49 conversations about instrument impacts.

50  
51 Novel, fundable, impactful science often demands larger sample sizes, increased  
52 sampling across demographic groups, smaller study species, longer study durations,  
53 and more data streams, all of which require more from the animals that carry the  
54 instruments. However, the acceleration of biologging science has far outpaced the  
55 development of reporting guidelines. As biologging efforts grow, the ad-hoc reporting of  
56 instrument impacts will be insufficient to ensure animal welfare and scientific rigor  
57 [22,23]. The biggest challenge in realizing these best practices is not a lack of rigor,  
58 technological ability, or concern for the animals, but rather the lack of essential  
59 infrastructure such as a minimum reporting standard. Minimum reporting standards for

60 data, often presented as a table or checklist, are common in other scientific disciplines  
61 to promote data transparency, reproducibility, and utility [24–27]. Biologging researchers  
62 have called for some types of minimum reporting standards in the past, particularly for  
63 instruments that record animal location [12,23,28–31]. As biologging instruments  
64 become less expensive and more accessible, researchers, journals, and funders are  
65 better positioned than ever to implement these standards.

66  
67 Here, we propose best practices for biologging researchers from development to  
68 deployment to reporting based on more than 150 recent biologging studies. We offer  
69 three scenarios following biologging researchers across disciplines and study species to  
70 ground these practices in reality, emphasizing reporting as a prime opportunity for low-  
71 risk, inexpensive, and impactful interventions. Finally, we summarize the existing  
72 literature on biologging instrument impacts to emphasize research gaps and provide  
73 context for our proposed minimum reporting standards for instrument characteristics.  
74 Robust biologging infrastructure, including reporting standards, will facilitate the  
75 expansion of biologging across the globe and across disciplines while preserving animal  
76 partnerships and data quality.

## 77 2. Recommendations for biologging best practices

78 Based on a review of the physiological, behavioral, and demographic impacts of  
79 biologging instruments on animals, we created a checklist of best practices across the  
80 stages of biologging research (detailed below, in [Figure 1](#), and in [Table S1](#)).

### 81 2a. Establish partnerships during the design phase.

82 Partnerships between instrument manufacturers and researchers can facilitate the  
83 development of low-impact instruments [31]. Researchers can provide expertise on  
84 which characteristics are important in their study system (e.g., hydrodynamic shape,  
85 species-specific attachment, flexible battery size, remote release, etc). Instrument  
86 manufacturers can use their engineering and design expertise to make feasible  
87 adjustments. Researchers and engineers can use computational modeling to test new  
88 sensors [32], calculate impacts [33], and optimize designs and positions [34,35].

89 2b. Carefully choose sample sizes.

90 Selecting a sample size is a crucial part of biologging study planning [7,36]. While some  
91 experimental biologging studies are limited in sample size due to the expense of  
92 instruments, researchers using off-the-shelf instruments may be able to reduce their  
93 sample sizes depending on the scale of their ecological question. Ensuring  
94 appropriately small sample sizes conserves resources and reduces the number of  
95 individuals that may experience negative impacts from instruments [13].

96 2c. Use un-instrumented control groups.

97 Biologging studies should compare instrumented and non-instrumented animals  
98 whenever possible. Studies that compare instrumented versus non-instrumented  
99 physiology (e.g., body condition or stress hormones), behavior (e.g., foraging trip  
100 duration), and demography (e.g., reproductive success or survival) play a critical role in  
101 our understanding of tag impacts and confidence in the quality of biologging data. While  
102 not always possible, this practice can help detect instrument impacts and assure that  
103 biologging findings are generalizable to the larger population [37].

104 2d. Assess potential impacts on animals in managed care.

105 Testing the impacts of devices on animals housed in human care (e.g. zoos, aquaria, or  
106 other research facilities) affords researchers the opportunity to quantify physiological  
107 and behavioral impacts relative to instrument characteristics and attachment methods.  
108 While animals in managed care may not behave exactly like their wild counterparts,  
109 testing for short-term impacts may direct researchers towards small, but critical,  
110 adjustments that can greatly improve welfare during deployments on wild animals.

111 2e. Monitor studies regularly for signs of impacts.

112 Researchers should pay close attention to signs of physiological, behavioral, or  
113 demographic impacts and be ready to change protocols during the study to minimize or  
114 reduce impacts. Small changes such as attachment method (e.g., amount of glue used)  
115 and location (e.g., a few inches forward or backward) can result in large improvements  
116 for animal welfare [38,39].

117 2f. Report null impact results.

118 Publications that report negative impacts are much more common than those that report  
119 null impacts, at least in part because of the difficulty of publishing null results [26]. Null  
120 impacts should be reported whenever possible, whether as a part of a larger biologging  
121 study or separately. Null impacts should be determined through rigorous data collection  
122 instead of being assumed from anecdotal or observational evidence alone.

123 Assessments and reports of statistical power can help to ensure that results from  
124 individual studies are not overstated [40]. Furthermore, concerted community efforts to  
125 bring vast amounts of unpublished knowledge into the published literature (e.g., [41,42])  
126 would greatly benefit the biologging field.

127 2g. Minimize deployments by maximizing data reuse.

128 Embracing open data and reproducibility will accelerate the pace of discovery in  
129 biologging data [43], ultimately allowing researchers to save time and money, reduce  
130 the impacts to animals, and continue to publish cutting-edge science. Although many  
131 biologging studies are published in journals with clear data accessibility requirements,  
132 many ecological studies archive incomplete datasets that are insufficient to reproduce  
133 the analysis or reuse data. Unlike fields such as genomics, biologging does not yet have  
134 a central data repository or standardization practice [23,28,29]. Data-driven questions  
135 and global collaborations can enable researchers to reuse or re-analyze data for new  
136 discoveries [10,31,44,45], reducing the number of animals that experience the impacts  
137 of carrying an instrument.

138 2h. Utilize minimum reporting standards in manuscripts.

139 All biologging studies could include descriptions of instruments and attachment methods  
140 [23]. Using generalizations from the known impacts across taxa, we collated a list of  
141 instrument characteristics for consideration throughout the process of instrument  
142 development, deployment, and data dissemination. The minimum reported  
143 characteristics should include the instrument type, placement, weight, size, material,  
144 cross-sectional shape, manufacturer and model number, attachment and detachment  
145 method, deployment duration, sensor list, signal production, and the intensity and

146 frequency of signals (Figure 1; Table S1). Reporting relative characteristics, such as the  
147 ratio between instrument/animal body mass or the ratio between instrument/animal  
148 cross-sectional shape, can help to evaluate, update, and develop “rules of thumb” that  
149 can be useful when developing new tags and instrumenting new species.

### 150 3. Scenarios

151 Here, we present three hypothetical scenarios to describe realistic implementation of  
152 best practices in biologging. These scenarios cover different research phases, from  
153 initial **design** of studies and instruments, through instrument **deployment** and data  
154 collection, to **reporting** results and sharing data in publications.

#### 155 3a. Scenario: Adapting a biologger for a new species

156 *Design:* A researcher leading a long-term study at a cormorant colony wants to use a  
157 video biologger to investigate social cues and foraging behavior. They contact a  
158 biologging manufacturer that makes similar tags for terrestrial birds, who agrees to  
159 **collaboratively** adapt the instrument for a diving bird. Working together, they identify  
160 potential risks and mitigation measures based on meta-analyses of instrument impacts  
161 to birds that fly and swim. Their instrument prototype is lightweight and uses a  
162 streamlined profile to minimize drag in air and water. In their first deployment season,  
163 the researcher decides to **instrument the minimum number** of birds that will still  
164 provide sufficient data to explore within-colony variation in foraging strategies. Careful  
165 choice of **sample size** ensures that animals will not be unnecessarily instrumented.

166  
167 *Deployment:* The researcher deploys the new instruments and instructs field technicians  
168 to observe and report on the welfare of the instrumented animals. Although the principal  
169 purpose of these initial deployments is not to comprehensively assess instrument  
170 impacts, they take advantage of ongoing monitoring efforts to select a **control group** of  
171 uninstrumented birds for comparison of chick provisioning rates. At the end of the  
172 deployments, they found that instrumented birds on average fed their chicks 10% less  
173 often than the control group, though still within normal behavioral variability for the  
174 population. Out of an abundance of caution, they **adjust their protocol** to reduce the

175 video duty cycle for the following season, which will allow them to reduce the battery  
176 size and overall weight of the instrument.

177

178 *Reporting:* At the end of two field seasons, the researcher analyzes the video data and  
179 writes a manuscript about their findings. In their supplementary materials, they  
180 **document instrument details** including dimensions, weight, material, and  
181 manufacturer. They report the initial decrease in chick provisioning rates in the first set  
182 of deployments and how they addressed it by reducing the instrument's weight. They  
183 **publish their data** in an open repository, which will allow other researchers to explore  
184 the videos and inform their decisions to deploy video biologgers on other species.

185 3b. Scenario: Deploying an off-the-shelf bilogger

186 *Development:* A postdoc joins a lab to deploy biologging collars on juvenile coyotes,  
187 intending to measure their scent marking behavior via accelerometers. Most of the lab's  
188 previous work has been on mountain lions, so the postdoc carefully **reviews the**  
189 **existing literature** to choose an appropriate collar and consider the potential impacts.  
190 While they don't find any published meta-analyses of the demographic impacts of  
191 collars, they found a few government reports (**gray literature**) indicating potential  
192 issues with juvenile instrumentation, particularly issues with sizing as the animal grows.  
193 They use this information to carefully **choose an instrument** that is expandable and will  
194 be snug enough to prevent foreign objects from entering the collar, but loose enough  
195 that the collar will still fit as the animal grows. They also opt for a GPS/accelerometry  
196 capable weak-link collar, which allows the collar to release after a set period of time.

197

198 *Deployment:* While they aren't able to study animals in managed care or follow  
199 uninstrumented animals as a control, the postdoc decides to **deploy a small number of**  
200 **tags** and assess the results before deploying their full sample. When there are no  
201 apparent issues, the postdoc puts out the rest of the collars.

202

203 *Reporting:* After a few weeks, the postdoc retrieves the collars, downloads the data, and  
204 drafts their manuscript. In their methods section, they include the **make and model of**

205 the collar they used, with a link to the manufacturer's website. Their research is well-  
206 received, and colleagues at a conference suggest that they analyze GPS in addition to  
207 accelerometry data. Instead of deploying more collars, the postdoc decides to **re-**  
208 **analyze** the original unused GPS data to answer these new questions. They publish  
209 their dataset in a data repository and make their code publicly available to help future  
210 grad students in the lab.

### 211 3c. Scenario: Developing a novel instrument

212 *Development:* A graduate student is interested in instrumenting seven-gill sharks with a  
213 novel bilogger with many sensors, including conductivity, temperature, pressure,  
214 dissolved oxygen, and passive acoustics. They **collaborate** with engineers at a partner  
215 institution to design, build, and test the instrument. Although a statistical power analysis  
216 was used to inform their **sample size** goal of 20 bilogger deployments, they wrote  
217 several pilot projects into their research grant. First, the student tests the instrument in a  
218 **flow tank** to make sure the design is as streamlined as possible and to make sure the  
219 instrument records usable data. The number of sensors necessitates a relatively large  
220 instrument size as well as a significant electrical field, which the student thinks may  
221 disrupt the behavior of a shark that relies on magnetic fields for sensation. They  
222 therefore **partner with a local aquarium** that houses seven-gill sharks. They  
223 temporarily attach the bilogger to a shark and monitor its time activity budgets from  
224 surveillance video to ensure that behavior is no different when the bilogger is attached.

225

226 *Deployment:* The student deploys instruments on a small number of wild sharks to  
227 ensure that foraging and diving behaviors match the typical patterns from **control**  
228 **sharks** in the aquarium. When the instruments are successfully returned with usable  
229 data and no evidence of behavioral disruption, they deploy their full sample size.

230

231 *Reporting:* At the end of the field project, the student writes a manuscript that includes  
232 **detailed information** about instrument design elements and **null impact results** from  
233 both the aquarium study and control group comparison. They **publish** all the streams of



234 their data in an open-access journal to inform policy decisions about elasmobranch  
235 conservation.

236 The need for standardized best practices across the scientific process

237 The solutions described above are broadly applicable regardless of the unique  
238 challenges of each discipline and study system. The strength of these best practices  
239 lies in their spanning the scientific process, from design to deployment to reporting. It is  
240 unreasonable to expect every study to evaluate every potential instrument impact. Each  
241 of the researchers in our scenarios implemented the best practices to their fullest ability,  
242 taking into account the structural, logistic, and financial barriers they faced. However, a  
243 single solution that would support all three researchers is a minimum reporting standard  
244 for data, animal, and device characteristics. In addition to helping with future meta-  
245 analyses and syntheses, these guidelines can also facilitate efforts to refine  
246 development and deployment strategies in future research endeavors. Adopting a  
247 minimum reporting standard is a low-risk, high-reward next step for quantifying and  
248 minimizing instrument impacts.

249 4. Considerations across disciplines and taxa

250 Understanding previous impact studies is one of the most informative tools for designing  
251 and deploying biologging instruments. While many impact studies exist, they are  
252 typically taxa- or method-specific. Here, we synthesize >150 recent novel biologging  
253 studies and impact studies to generalize across transport modalities (walking,  
254 swimming, and flying animals) and research disciplines (physiology, behavior, and  
255 demography). This review and synthesis directly informed the development of the best  
256 practices detailed above. Details of individual studies are available in the Supplemental  
257 material (Table S2).

258

259 Instruments may impact the animals that carry them at multiple biological scales,  
260 including their physiology, behavior, and demography (Table 1). These effects are  
261 largely influenced by the interaction of instrument attachment/type with the animal's  
262 transport modality. In a hypothetical example, a tail-mounted GPS tag (*instrument*

263 *attachment/type*) attached to a swimming + flying bird (*transport modality*) may increase  
264 the metabolic costs of flight (*physiological impact*), which is associated with shorter  
265 foraging trips (*behavioral impact*) but does not affect chick growth rates (*lack of*  
266 *demographic impact*). It is important to note that while demography may not be affected  
267 in this example, physiological or behavioral adjustments may compromise the “natural”  
268 data collected by the instruments. Due to resource and logistical limitations, most  
269 studies can only feasibly report impacts at one biological scale if impacts can be  
270 quantified at all. The relative importance of impacts and availability of solutions varies  
271 widely within and across transport modalities and taxa, particularly for species that use  
272 multiple transport modalities (Figure 2). Transport modalities, instrument and  
273 attachment types, and other relevant terms are defined in the Glossary.

#### 274 4a. Impacts to Walkers

275 Terrestrial environments host a wide range of walking specialists that must contend with  
276 high environmental heterogeneity, climate variability, and physical obstacles. The  
277 instruments most frequently affixed to walking specialists are biologging collars such as  
278 GPS collars, which can cause injuries to the animal’s neck due to chafing [46–48].  
279 Collars must be sized appropriately to minimize interactions with the environment during  
280 movement and growth and prevent debris, such as twigs, from becoming lodged in the  
281 collars [47]. Collars that expand as animals grow are a helpful tool for avoiding injuries  
282 when instrumenting juvenile walkers [49].

283

284 In addition to heterogeneity in physical features, terrestrial environments also have  
285 variable climates, and changes in precipitation or temperature can alter the impacts of  
286 biologging devices on the animals that carry them. For example, in heavy-rainfall areas,  
287 the tape used to attach instruments to the tails of greater bilbies (*Macrotis lagotis*)  
288 occasionally became saturated and compacted with mud, causing skin injuries [39]. For  
289 walking ectotherms, healing rates are affected by temperature-dependent metabolic  
290 rates, which can disrupt recovery from surgery or other instrument-derived injuries [50].  
291 Physiological impacts to walkers are often attributed to disruption of fur or feathers,

292 leading to compromised thermoregulation and therefore elevated energy expenditure  
293 [51] or reduced body condition [52].

294

295 Impacts to walking species are most often assessed at the scale of behavior, and  
296 several studies have found significant behavioral changes among instrumented walking  
297 specialists. For example, a GPS collar weighing 1.8 kg reduced walking speed of  
298 zebras (*Equus burchelli*) while foraging by >50% relative to a collar weighing 1.2 kg [53].  
299 Both collars weighed substantially less than 3% of the animal's body mass, acceptable  
300 under the traditional "rule of thumb." These results raise concerns not only about  
301 impacts to animal well-being, but also to data quality. Additionally, the attachment  
302 methods and instrument placement appropriate for a slow-moving herbivore are very  
303 different from those appropriate for a high-speed carnivore. Instruments, especially GPS  
304 collars that are not flush with the skin, can affect the acceleration of athletic animals that  
305 rely on running speed to catch prey or escape predation [54]. In some athletic walking  
306 species, the forces exerted by instruments weighing less than 3% of the animal's body  
307 weight created much larger inertial forces when the animal was moving at speed [54].  
308 For the fastest species, carrying these small instruments at top speeds was the  
309 equivalent of carrying a device weighing up to 19% of the animal's body mass [54].  
310 These findings informed our decision to include detailed instrument and animal  
311 characteristics in our minimum reporting checklist, including instrument dimensions and  
312 weight in air (Figure 1, Table S1). The behavioral impacts of biologgers on extremely  
313 athletic walking specialists is an important data gap, particularly for taxa that rely on  
314 behaviors close to their physiological limits.

315

316 In summary, researchers instrumenting walking species are required to consider  
317 environmental heterogeneity, climate variability, and physical obstacles. When possible,  
318 continuous monitoring is helpful for assessing whether these factors will negatively  
319 impact the animals and the data. Additionally, despite the unique constraints associated  
320 with biologging collars, there appear to be few meta-analyses available to address their  
321 impacts. A minimum reporting standard for animal, data, and instrument characteristics  
322 would help to fill this knowledge gap.

323 4b. Impacts to Swimmers.

324 In high-drag aquatic environments, minimizing mass and maximizing streamlining are  
325 both important to reduce instrumentation impacts [55]. Researchers instrumenting  
326 aquatic species employ a diversity of attachment methods, including suction cups for  
327 cetaceans, glue for pinnipeds, tape for seabirds, subdermal attachment for turtles and  
328 sharks, and implants for fish. Some attachment methods, particularly harnesses and  
329 collars, have negatively impacted animal survival in the past [56]. Because the impacts  
330 of these methods were published, the field has largely been able to move towards  
331 lower-impact methods [57–61].

332

333 The physiological impacts of instrumentation on swimmers include changes in energy  
334 budgets, thermoregulatory processes, and body condition. Endothermic aquatic species  
335 often rely on blubber, fur, or feathers for insulation in a thermally conductive  
336 environment [62]. Devices can exacerbate thermoregulatory requirements by disrupting  
337 their insulation [63]. Instrumentation may impact species that rely on fur or feathers  
338 [52,64] more than species that rely on blubber or other thermoregulatory adaptations  
339 [58,60,65,66]. For example, cutting pelage to remove glued instruments from northern  
340 fur seals (*Callorhinus ursinus*) significantly decreased the thermal resistance in the area  
341 around the cut fur; however, utilizing a neoprene patch for attachment effectively  
342 mitigated the negative thermoregulatory effects [63]. The potential for thermoregulatory  
343 impacts is one reason we included reporting of attachment method and location in the  
344 minimum reporting standard for instrument characteristics (Figure 1, Table S1).

345

346 Instrumentation injuries on swimming animals are usually minor. Glued and suction-  
347 attached devices may cause minor irritation, but significant injuries are rare. Subdermal  
348 attachments, such as instruments attached by screws to a shark's dorsal fin, can cause  
349 permanent cosmetic damage; however, this damage does not seem to impact growth or  
350 survival [67]. Attachment injuries may be relatively infrequent in swimmers because  
351 instruments are often placed flush to the skin to reduce drag, reducing opportunities for  
352 chafing, fouling, and entanglement.

353

354 Biologging can allow for otherwise challenging underwater behavioral observations [68],  
355 but control data are needed to ensure that instruments capture normal animal behavior.  
356 Biologging devices attached externally to swimmers increase drag forces, which can  
357 increase metabolic rate [69], cost of transport [70], and power consumption [71]. Some  
358 swimmers change their behavior to compensate for physiological impacts, such as  
359 reducing swim speed to compensate for increased locomotor costs [72]. Compensation  
360 may even happen across individuals, as in cases where un-instrumented parents  
361 increase offspring provisioning to compensate for an instrumented partner's reduced  
362 contributions [73]. The instrument characteristics that are most likely to contribute to  
363 drag include attachment method (i.e., harness vs. glue) and cross-sectional shape  
364 (streamlined vs. complex) [34,55,74–76]. While attachment methods are frequently  
365 reported in manuscripts, cross-sectional areas are not, likely because they can be  
366 difficult to calculate. We nonetheless recommend reporting cross-sectional areas  
367 whenever possible, particularly for swimming species. The potential impacts of drag are  
368 frequently studied in collaboration with researchers who can facilitate impact studies  
369 through captive animal trials and/or computer modeling, both of which are excellent  
370 options to explore prior to instrumentation on wild animals.

371  
372 A swimmer's buoyancy may change as they dive, become pregnant, or gain/lose weight  
373 over the course of a migration [77]. Instrumentation can affect buoyancy, resulting in  
374 behavioral and physiological changes [20,78]. For example, northern elephant seals  
375 (*Mirounga angustirostris*) carrying experimental buoyancy blocks adjusted their  
376 swimming stroke rate to maintain their swim speed [79]. Biologging devices - intended  
377 to record non-biased physiological or behavioral data - should be neutrally buoyant  
378 when possible, particularly for long deployments. We therefore included buoyancy as a  
379 part of the instrument characteristics reporting standard for biologging studies involving  
380 swimmers (Figure 1, Table S1).

381  
382 The potential for instruments to increase predation risk via reduced mobility or signal  
383 production has been hypothesized, but not substantiated. Many instruments produce  
384 signals such as light or sound that may attract predators. For example, predation rates

385 on instrumented eels (*Anguilla rostrata*) were extremely high (75%), but it is unclear  
386 whether these mortality rates were higher than un-instrumented counterparts [80].  
387 Sharks in particular forage by detecting the weak electromagnetic fields of their prey  
388 [81] and have been known to ingest instrumented prey [82]. Nonetheless, it remains an  
389 open question if carrying electronic instruments significantly increases the risk of  
390 mortality for swimming prey species. Including signal production in the minimum  
391 instrument characteristics reporting standard could help answer this question in the  
392 future.

393

394 In summary, researchers instrumenting swimming animals must consider several  
395 unique constraints, including the increased drag, density, and heat capacity of water.  
396 Because it is rare to validate swimmers' biologging data with visual observation, robust  
397 reporting of instrument characteristics and resulting meta-analyses may be the main  
398 avenue for discovering impacts to animals and data quality.

#### 399 4c. Impacts to Flyers.

400 Instrumented flyers, including bats, birds, and insects, typically have smaller body sizes  
401 than walkers or swimmers and are often instrumented with backpacks, harnesses,  
402 implants, or trailing attachments [2,3]. Bats and walking birds such as grouse are  
403 frequently collared. For very small animals such as insects, miniature instruments are  
404 usually glued to the animal's back. While there is a rich literature associated with the  
405 impacts of instrumentation on birds, the impacts to other flyers, especially invertebrates,  
406 are less well known [83,84]. These major meta-analyses have been possible in large  
407 part due to the reporting of instrument characteristics such as weight in avian biologging  
408 manuscripts, which is less common in other taxa.

409

410 Powered flight carries the highest metabolic demands of any locomotor mode [85].  
411 When instrumentation adds to these already considerable costs, there can be  
412 substantial impacts to daily energy expenditure and mass balance [17,18,86–90]. For  
413 example, instrumented homing pigeons lost an amount of body mass equivalent to the  
414 mass of the instrument they carried [89]. The recommended limit for instrument mass is

415 3% of the animal's body mass; however, physiological impacts have been documented  
416 for smaller instruments as well [17].

417  
418 Although instrumentation best practices for avian flyers are well-established,  
419 instrumentation can nonetheless result in unexpected injuries. For example, heat from  
420 instruments attached to the upper backs of ibises (*Geronticus eremita*) caused corneal  
421 opacity because of the birds' roosting posture [38]. In this case, careful monitoring  
422 during the study and a small shift in attachment location prevented damage in  
423 subsequent deployments. Device implantation carries additional risks because it  
424 requires a surgical procedure. However, once implanted, these instruments cause fewer  
425 negative impacts than external devices [91]. External tags on flyers share swimmers'  
426 difficulties regarding drag [92], and collared flyers (typically bats) face the same issues  
427 with chafing and entanglement as collared walkers [93].

428  
429 The potential for negative physiological impacts can increase with the duration of  
430 instrument deployment. Instrumented murre species (*Uria aalge* and *Uria lomvia*), had  
431 higher levels of corticosterone after year-long instrument deployments, while short-term  
432 deployments had no effect on corticosterone levels [94]. Researchers should carefully  
433 consider and report the deployment duration when designing a study, particularly if the  
434 deployment period will overlap with multiple major life events such as breeding, molting,  
435 or migrating (Figure 1, Table S1).

436  
437 Some flying animals change their behavior to compensate for physiological or  
438 demographic impacts. Instruments can reduce the amount of time spent flying [95,96],  
439 reduce flight speeds [97], and disrupt chick provisioning behaviors [90,98]. Additionally,  
440 many of the most commonly instrumented flying specialists undergo long migrations  
441 and carry their instruments across entire oceans [5,88,99]. Instrument weight and  
442 shape, among other characteristics, are critical to report, as they could cause changes  
443 in flight behavior, migration distances, and survival. Attachment is also important:  
444 backpack attachments have been shown to alter flying behavior more than leg loop  
445 attachments, likely because of increased drag [100]. These behavioral adjustments may

446 allow species to compensate for instrumentation without altering reproductive behaviors  
447 such as chick provisioning [64,101]. Further study is necessary to determine when  
448 changes in behavior (or lack of compensatory behavior) may cascade to demographic  
449 impacts.

450

451 A review of more than 200 studies on instrumented birds found negative effects of  
452 instrumentation on survival, reproduction, and parental care [19]. Intergenerational and  
453 partner specific effects of device attachment have also been noted in multiple flying  
454 species [90,98]. Seabirds, for example, are often monogamous, share parental  
455 investment, and live in large colonies where device impacts can affect both the  
456 instrumented individual, un-instrumented co-parents, and offspring [96,98,102]. Un-  
457 instrumented partners, though not burdened with a physical weight, must compensate  
458 for their partner's behavioral changes to buffer effects on offspring [90,98]. Elevated  
459 parental investment has been linked to the potential for reduced survival in many bird  
460 species, indicating potential downstream consequences for instrumentation [103,104].  
461 Whether or not instruments increase parental investment and affect conspecific partners  
462 is an important data gap for non-avian flyers, especially when they exhibit colonial or  
463 monogamous behavior, like some bat species. With many global populations of birds,  
464 bats, and insects at the highest levels of extinction risk [105,106], understanding and  
465 minimizing the impacts of devices on demography are extremely important.

#### 466 4d. Complexity of instrument impacts

467 Biologging instruments have many potential impacts across time scales and levels of  
468 severity. It is difficult to compare these impacts to each other in the same species, let  
469 alone across species from different transport modalities (Figure 3). Additionally,  
470 instrumentation may be more disruptive in certain seasons, particularly during seasonal  
471 periods of mass change such as migration or molt [46,89,107]. Interannual variation in  
472 environmental and ecological conditions may result in differential device impacts across  
473 years of high and low productivity, even when instrument characteristics remain the  
474 same [108]. The interpretation of impacts is widely variable; a similar impact over a  
475 comparable time scale may be considered severe by one study and minor by another



476 [18]. Intraspecific variation can make impacts even less clear, particularly in studies  
477 without control groups or large sample sizes [52]. Device deployments on species that  
478 share many traits including their use of multiple transport modalities have produced  
479 contrary results [3,60,61,73], illustrating the need for robust reporting even in well-  
480 studied systems. Finally, although some studies reported impacts, few explicitly  
481 described sample size selection, control groups, pilot studies, impact monitoring  
482 strategies, instrument characteristics, or open data strategies (Figure 1). Many of these  
483 essential processes happen behind the scenes and are therefore not typically included  
484 in the manuscript text or supplementary data. This information is nonetheless critically  
485 important to continue building on the existing foundation of biologging knowledge, and  
486 efforts to bring it into the published literature through minimum reporting standards  
487 could facilitate major breakthroughs in future scientific endeavors.

## 488 5. Conclusion

489 One of the major barriers to biologging impact meta-analyses and systematic reviews is  
490 that information about instrument impacts is often buried, anecdotal, or unpublished. In  
491 other fields, including those with rigorous open science requirements such as genomics,  
492 a lack of robust metadata has rendered up to 60% of shared data unusable [109]. One  
493 potential solution is the creation of a centralized database of biologger deployments and  
494 associated instrument characteristics. This major effort would enable future researchers  
495 to perform meta-analyses and identify effects that may not be detectable in individual  
496 studies. Such a database would be indispensable for us to build on existing knowledge  
497 and encourage communication and collaboration between biologging researchers  
498 across taxa, transport modalities, and disciplines. In the meantime, minimum reporting  
499 standards are a low-investment, high-reward method for building a most robust  
500 biologging infrastructure. Eventually, standardized metadata will allow us to  
501 quantitatively refine our best practices and learn from the biologging community's  
502 successes and challenges. As the field continues to evolve, we are at a crucial moment  
503 of opportunity where we can prioritize both rigorous data collection and the care of the  
504 animals that make our groundbreaking research possible.

505

506 Acknowledgments

507 We would like to acknowledge the bilogging scientists who have been thinking about  
508 animal welfare and best practices since the field's inception, as well as those authors  
509 who reported instrument information and instrument impacts in their publications. They  
510 have provided the foundation from which we have distilled our recommendations, and  
511 we are immensely grateful for their work. Max Czapanskiy provided crucial intellectual  
512 and personal support. Patrick Robinson, Dan Palance, Florencia Vilches, Salma Abdel-  
513 Raheem, Anna Nisi, Helen Payne, Regina Hale, Jody Payne, and Dan Costa gave  
514 excellent feedback, advice, and edits. Rachel Payne was very helpful in designing and  
515 bringing to life Figure 2. This work was made possible by awards from the Office of  
516 Naval Research Young Investigator Program (to RSB), a Packard Fellowship in Science  
517 and Engineering (to RSB), and a Beckman Young Investigator Award (to RSB).

518 Tables and Figures

519

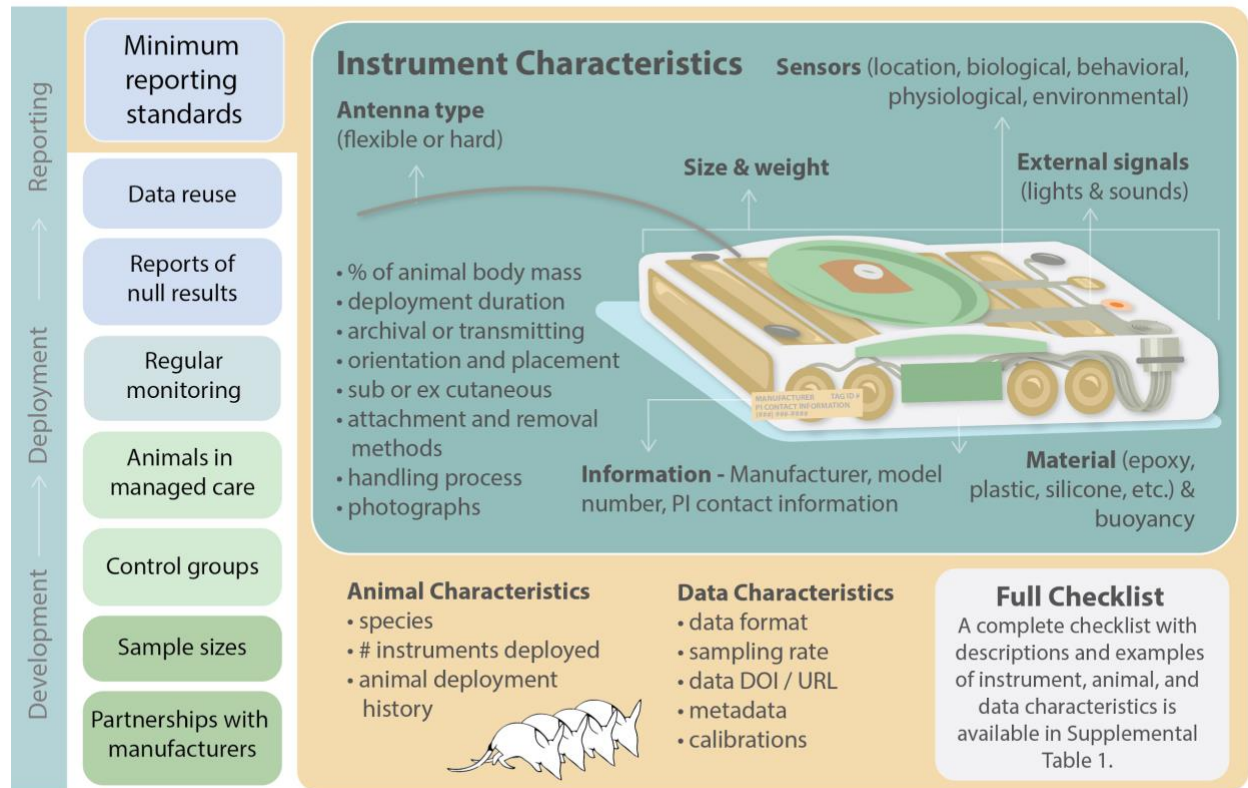
520 *Table 1. Examples of impacts to instrumented animals at different biological scales.*

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<b>Biological Scale</b>	<b>Examples of impacts</b>
Physiology	Changes in thermoregulation, metabolic or energetic costs, hormone production (i.e., corticosterone), and/or body condition (body mass, growth, injury)
Behavior	Changes in locomotion (speed, endurance, ability), grooming, foraging, social behavior, provisioning to young (directly and indirectly), mating, predator alert and escape (crypsis, grouping, attraction), and/or athleticism (running, acceleration)
Demography	Changes in fitness (in individuals and populations), survival, recruitment, and breeding success, and/or sex ratio

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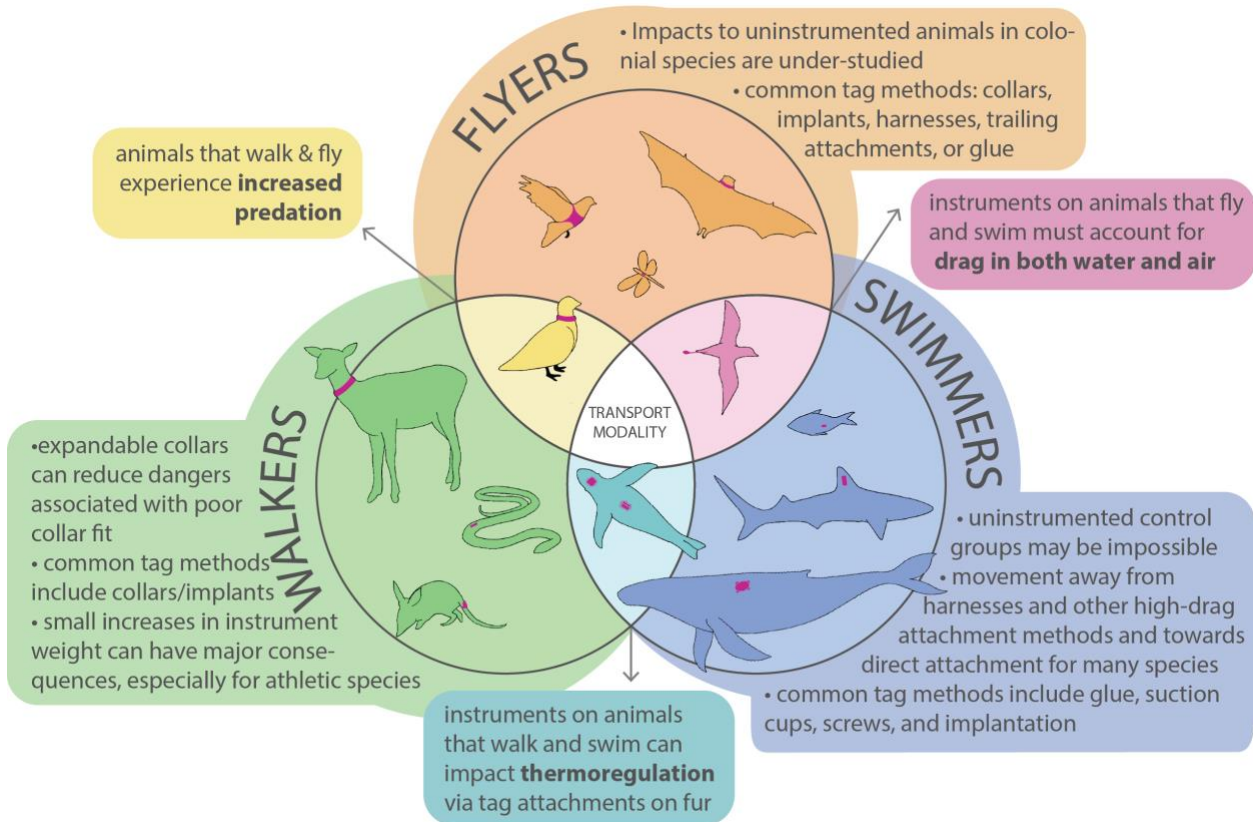
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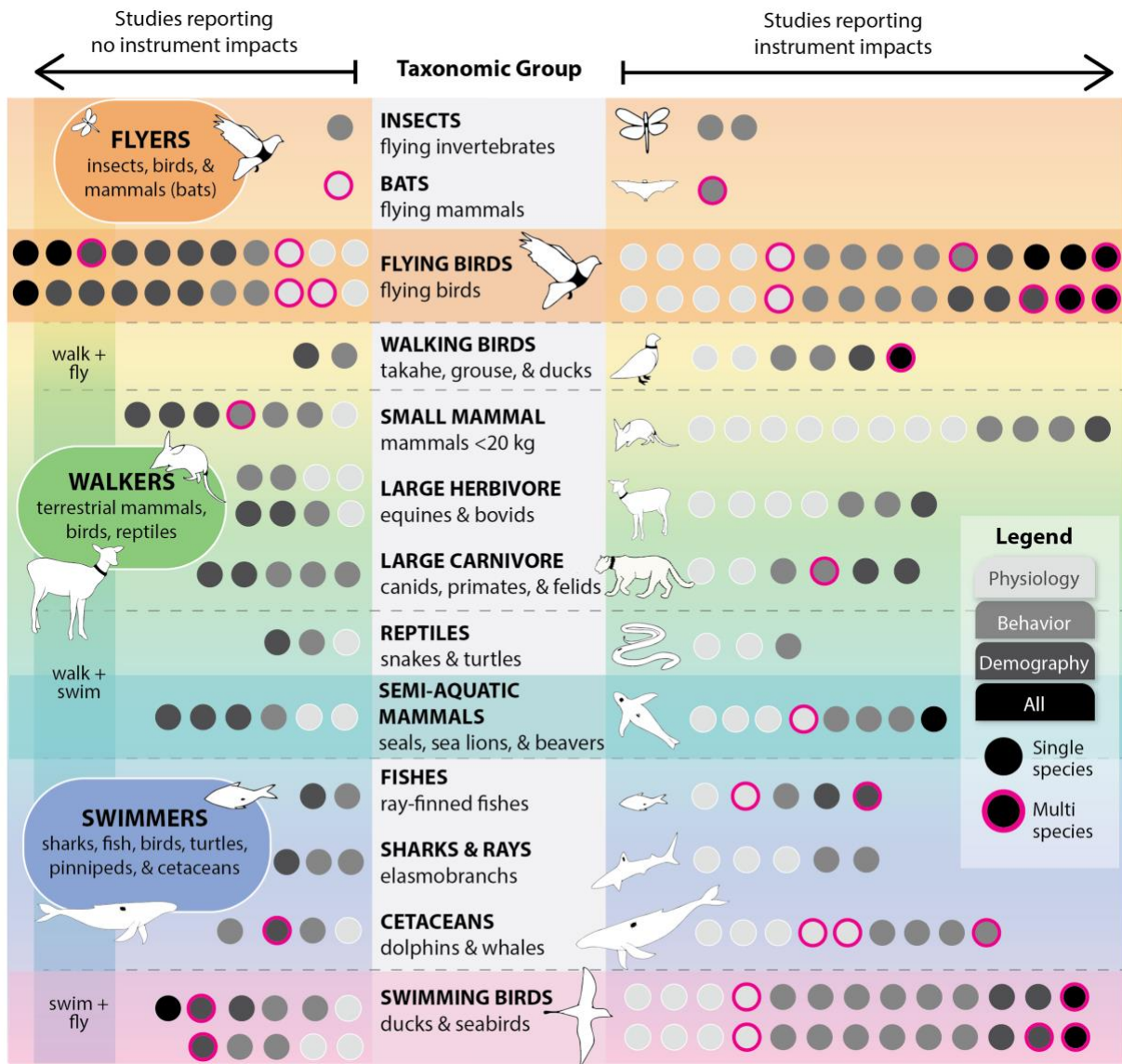
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Figure 1. Sample instrument characteristics that would be useful to document and report with biologging manuscripts include size, mass, sensors, orientation, material, cross-sectional shape, and attachment/detachment method. Animal and data characteristics are also helpful to report. For details and examples for all characteristics, see Table S1.



531  
 532 Figure 2. Typical instrument attachment methods and a summary of their associated  
 533 impacts across walkers, swimmers, flyers, and animals that use multiple modalities.

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Figure 3. Examples from a comprehensive review of biologging studies that address impacts (or lack thereof) across biological scales and transport modalities. All impacts, even minor ones, are listed under the Impacts section due to the subjectivity of such characterizations. Some studies appear in Impacts and No impacts boxes if their study found both types of results across biological scales. We have focused on papers published in the last twenty-five years due to major differences in best practices prior to the last few decades of biologging research. Information about species, attachment type, and specific instrument impacts is available in Table S2.

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