

1 Functional coherence among miRNA targets: a potential metric for assessing biological  
2 signal among target prediction methods in non-model species

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28 **Abstract**

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30 Although miRNA regulation of protein production is a likely target of adaptive evolution,  
31 high false-positive rates in the identification of mRNAs targeted by miRNAs in non-  
32 model species' complicates interpretation of recent advances. Here we document the  
33 challenges and then outline steps for the community to address these challenges.

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37 **Keywords**

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39 miRNA, target detection, false-positives, functional coherence, gene set enrichment  
40 analysis

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45 One major revelation of the genomics era is that gene regulatory networks (GRNs)  
46 exhibit extensive functional coherence, as most transcription factors regulate the  
47 transcription of functionally related modules of genes, resulting in co-expressed genes  
48 generally comprising coherent developmental and metabolic pathways (Stuart et al.  
49 2003; Wolfe et al. 2005). GRNs are at the core of evolutionary biology studies, since it is  
50 the modification of GRNs, as well as their co-option into novel developmental contexts,  
51 that is the major axis upon which evolutionary adaptations and novelty arise (Bruce &  
52 Patel 2020; Erwin 2021). However, mRNA transcription alone does not determine  
53 protein concentrations and hence phenotypes, but rather a diverse set of dynamics,  
54 including post-transcriptional and post-translational regulation, significantly modify the  
55 transcriptome, forming a key feature of the genotype to phenotype map (Liu et al. 2016;  
56 Bartel 2018).

57 Here we focus upon post-transcriptional regulation via microRNAs (miRNAs),  
58 ~22 nucleotides (nt) long RNAs. In most animals, miRNAs are produced after  
59 transcription via a series of processes (hairpin formation, cleavage, export to cytoplasm,  
60 cleavage), then bound by the Argonaute protein, creating a silencing complex that  
61 selectively binds mRNA based upon a short (6-8 nt) sequence seed matching between  
62 the miRNA and mRNA, primarily in the 3' UTR region of mRNA transcripts, which then  
63 initiates various forms of translation repression (Bartel 2018). Via this post-  
64 transcriptional action regulating the mRNA to protein production relationship, miRNAs  
65 play an important role in developmental progression and physiological functioning  
66 (Bartel 2018; Gebert & MacRae 2019). Numerous studies over the past decade, across  
67 both invertebrates and vertebrates, have found significant differential expression of  
68 miRNA genes associated with adaptive phenotypes, suggesting that these "sculptors" of  
69 the transcriptome play an important role in adaptive evolution (Bartel 2018; Leung &  
70 Sharp 2010; Fruciano et al. 2021). However, investigating how such differential  
71 expression of miRNA causally leads to adaptive phenotypes necessitates identifying the  
72 mRNAs that are targeted by miRNAs, as only this allows researchers to make causal  
73 connections between differential miRNA expression, protein expression changes, and  
74 ultimately differential reproductive success. Unfortunately, identifying which mRNAs are  
75 targeted by which miRNAs remains a complex problem (Bracken et al. 2016).

76           Based upon insights from model-species (e.g. humans, flies, worms), animals  
77 are expected to have 100's of miRNA families (miRNAs that target the same canonical  
78 motif in mRNA), each of which can effectively reduce the protein production of 100's  
79 genes. In humans these numbers correspond to about 500 miRNAs, 300 of which can  
80 be placed into about 170 gene families, with each family on average  
81 posttranscriptionally repressing roughly 400 genes (Bartel 2018). From the perspective  
82 of a given mRNA sequence, nearly half of fly (~ 40%) and human (> 60%) mRNAs  
83 contain conserved miRNA binding targets, with each mRNA on average containing  
84 multiple miRNA binding sites (of the same and/or different miRNA families). Thus,  
85 across diverse taxa, miRNAs have the potential to sculpt a large fraction of the  
86 transcriptome.

87           Genomic core facilities now routinely provide short RNA sequencing, enabling  
88 quantitative assessments of miRNA abundance in nearly any taxa. However, identifying  
89 the biologically meaningful targets of differentially expressed miRNA remains  
90 challenging, despite technological advances. While direct sequencing of the mRNA pool  
91 bound by the silencing complex is possible (crosslinking-immunoprecipitation-  
92 sequencing, CLIP-seq), a high concentration of cells is required, with results necessarily  
93 averaging over the diverse miRNA regulation dynamics among cells lineages. While a  
94 single cell approach has just been developed (Sekar et al. 2023), neither technique is  
95 able to identify the miRNAs directly involved.

96           As an initial, or only, foray into miRNA research, many research groups rely upon  
97 bioinformatic prediction of miRNA targets in their focal species, for initial interpretation  
98 of differential miRNA expression. In animals, miRNA binding to mRNA primarily relies  
99 upon 6 to 8 nucleotides of complimentary sequence, referred to as seed pairing. While  
100 legions of such short motifs populate the UTR regions of transcriptome, only a small  
101 fraction are involved in post-transcriptional repression (Agarwal et al. 2015, 2018;  
102 Fridrich et al. 2019). This scenario highlights the inherently challenging nature of target  
103 prediction due to the exceptional potential for statistically significant false positives  
104 (Fridrich et al. 2019), with the challenge of accurate *in silico* prediction spawning yet  
105 another bioinformatics cottage industry (~ 100 different software approaches to date  
106 (Fridrich et al. 2019; Kern et al. 2020; Ritchie et al. 2009).

107 Emerging from diverse efforts in model-species to understand miRNA post-  
108 transcriptional regulation comes the robust result that signatures of evolutionary  
109 conservation, generated due to consistent purifying selection acting over 10 to 100's of  
110 millions of years, provides a powerful means of discriminating functionally important  
111 seed regions from other candidates in the dynamically evolving UTR regions of mRNA.  
112 Indeed, compared to using only identified motifs in a single species, or in combination  
113 with various ways of modeling local thermodynamics, only approaches incorporating  
114 evolutionary conservation appear accurate (Friedman et al. 2009; Agarwal et al. 2015),  
115 though the field continues to explore additional parameters and approaches (Kern et al.  
116 2020). Of direct relevance to this journal's readership, the prediction tools most  
117 commonly employed by the ecology and evolution, non-model species community are  
118 those using data from only one species without information on evolutionary  
119 conservation, which exhibit false-positives rates approaching 50% or fail to identify true-  
120 positives in well verified experiments (e.g. miRanda, RNAhybrid; (Agarwal et al. 2015;  
121 Pinzón et al. 2017; Fridrich et al. 2019; Krüger & Rehmsmeier 2006)).

122 These observations thereby suggest that our community faces extensive  
123 challenges, not only when hypothesizing about the potential range of functional impacts  
124 of differentially expressed miRNAs, but when trying to conduct functional validation  
125 studies. Currently, it is common to see studies intersecting miRNA expression patterns  
126 with RNAseq results, scanning for inverse relationships. Unfortunately, finding  
127 meaningful negative correlations between miRNA and mRNA levels is likely to  
128 challenging, as the power of such correlations depends upon the number of time points  
129 in comparison and the accuracy of identified miRNA-mRNA interactions. Given that  
130 each miRNA can have hundreds of predicted targets, we fear that without a  
131 substantially large dataset of such comparison across tissues and timepoints, such  
132 efforts will always be beset by high false-positive rates. In sum, the aforementioned  
133 issues highlight the need for an external means of assessing the accuracy of miRNA  
134 target set prediction, especially one that could be used by the non-model species  
135 community.

136 Here we present rational for an external means of assessing the accuracy of  
137 miRNA target set prediction. We take as our starting point that the regulatory network of

138 miRNAs is non-random, as miRNA targets are significantly higher than expected in  
139 genes having positive regulatory motifs and being highly-connected GRN components,  
140 such as transcription factors (Cui et al. 2006; Bracken et al. 2016). Co-expressed  
141 miRNAs, whether co-localized or not, have also been found to target specific genes and  
142 pathways (Lee et al. 2012; Xu & Wong 2008; Bracken et al. 2016). Additionally,  
143 individual miRNA gene families have been found to exhibit functional coherence in the  
144 genes they target (Tsang et al. 2010). Indeed, the functional coherence of mRNA  
145 targets is itself central to resolving the paradox between the small post-transcriptional  
146 effect of miRNAs upon individual genes and the larger phenotypic effects of miRNAs, as  
147 miRNA action upon multiple steps of a pathway is expected to culminate in larger  
148 phenotypic impacts (Bracken et al. 2016). However, currently little is known about the  
149 extent of such functional coherence across miRNA gene families as a whole. Specially,  
150 we can find no global scale analyses of the functional coherence of individual miRNA  
151 targets in species other than humans within a disease context (Bracken et al. 2016;  
152 Gusev 2008), highlighting the lack of a general understanding of how such coherence  
153 varies among taxa. Nevertheless, identifying a signature of functional coherence,  
154 beyond informing on the miRNA GRN and how it evolves, could provide a biologically  
155 informative metric for assessing *de novo* target predictions in novel taxa.

156 Our work here began with trying to identify the miRNA targets in a novel species,  
157 the Green-veined White butterfly *Pieris napi* (Lepidoptera, Pieridae). Ultimately our goal  
158 was to identify the miRNAs involved in the different states of diapause progression, but  
159 in order to understand patterns of differentially expressed miRNAs, we needed to  
160 identify their potential targets in the transcriptome. We present a comparison of different  
161 miRNA prediction approaches, finding that only our approach incorporating evolutionary  
162 constraint, results in a detectable functional coherence among the targets per miRNA.  
163 In order to validate this finding, we present evidence using miRNA target predictions  
164 across model and non-model species that animals generally exhibit extensive functional  
165 coherence across miRNA gene families. Therefore, functional coherence provides a  
166 biologically informative metric for assessing *de novo* target predictions in novel taxa that  
167 could greatly facilitate ability of the ecology and evolutionary genomics community to

Commented [PL1]: Sounds a bit defensive. Perhaps it could be written more neutrally?

"finding that only an approach incorporating evolutionary constraint, ..."

168 make logical connections between miRNA to relevant protein expression changes and  
169 their eventual phenotypic impacts.

170

## 171 **Methods**

### 172 ***Samples, processing, miRNA identification***

173 Data generation, from collection to sequencing through to miRNA gene and seed  
174 identification was performed previously (Roberts et al., in review). Although readers are  
175 directed to this other work for methodological details (Roberts et al., in review), here  
176 they are briefly presented for clarity. A total of 73 samples were taken throughout pupal  
177 progression (12 timepoints (0, 3, 6 days direct development; 0,3,6,24,114,144,155 days  
178 diapause development), for each of 2 tissues (head, abdomen), each with 3-4 biological  
179 replicates). After library construction using Illumina small RNA library kits they were  
180 sequenced using HiSeq 2500 50SR, generating an average of 6.9 M reads / library. The  
181 miRTrace pipeline was used to check data quality (v1.0.1; (Kang et al. 2018)),  
182 contamination and taxonomic bias, followed by filtering and adapter removal (Roberts et  
183 al., in review). Using miRDeep2 processing scripts (Friedlander et al. 2011), reads  
184 greater than 17bp were mapped against the chromosomal level assembly for *P. napi*  
185 genome GCA\_905231885.1 (Lohse, Hayward, et al. 2021), with miRNAs detected using  
186 *Bombyx mori* and *Heliconius melpomene* as reference miRNA sets.

187

### 188 ***Target identification***

189 miRNA targets were identified using two separate approaches, the first relying primarily  
190 upon evolutionary conservation and the second using data from a single species. Our  
191 first approach aligned genomes of 6 species of Pieridae using the software Progressive  
192 Cactus (Armstrong et al. 2020), each increasing evolutionary distance from our focal  
193 species *P. napi*, which was used as the reference (*P. napi* (GCA\_905231885.1; (Lohse,  
194 Hayward, et al. 2021), *P. rapae* (GCA\_905147795.1; (Lohse, Ebdon, et al. 2021)), *P.*  
195 *brassicae* (GCA\_905147105.1; (Lohse, Mackintosh, et al. 2021)), *P. macdunnoughii*  
196 (Steward et al. 2021). The last two of these 6 genomes were high-quality draft  
197 assemblies, using MaSuRCA (Zimin et al. 2017) for genome assembly of Oxford  
198 Nanopore Sequencing data and and Illumina short read data for *P. melete*

199 (PRJEB59056, 376 contigs, 320 Mbp, N50 2.6 Mbp, BUSCO: CS:94.1%, CD:4.4%,  
200 F:0.3%, M:1.2% (BUSCO v. 5.5.0 (Manni et al. 2021), n:5286, lepidoptera\_odb10), and  
201 using Flye ver. 2.7 (Kolmogorov et al. 2019) for *Pontia daplidice* (PRJEB59056, 142  
202 contigs, 223 Mbp, N50 3.6 Mbp, BUSCO: CS:97.7%, CD:0.5%, F:0.3%, M:1.4%,  
203 (n:5286, lepidoptera\_odb10). The last common ancestor of these species was  
204 approximately 23 million years ago (Chazot et al. 2019). We next sought to identify  
205 3'UTR regions that were expressed in the relevant tissue and developmental stage of  
206 our miRNA data.

207       Obtaining accurate 3'UTR annotations is challenging for several reasons. First,  
208 the 3'UTR per locus is highly variable, with > 65% of human and *Drosophila* loci  
209 producing alternative polyadenelated mRNAs across tissues and development (Derti et  
210 al. 2012; Ye et al. 2023; Sanfilippo et al. 2017). This gains relevance as the available  
211 genomic annotation of our focal species did not use RNAseq data from diapause  
212 relevant tissues for their annotation. Second, methods for predicting 3'UTR regions from  
213 DNA alone, or even with RNAseq data, perform with high variability across species and  
214 in general, poorly in non-model species (Ye et al. 2023; Bryce-Smith et al. 2023), and  
215 though some have tried to directly address this (Huang & Teeling 2017), obtaining  
216 meaningful UTR predictions is challenging in novel species. Thus, in order to efficiently  
217 move beyond data and bioinformatic limitations, here we deployed a simplified  
218 approach for exploring potential 3'UTR regions for our focal species.

219       We assessed the 3'UTR annotation for the *P. napi* genome and found that it had  
220 overpredicted UTR regions (GCA\_905231885.1; (Lohse, Hayward, et al. 2021), such  
221 that UTR regions routinely overlapped with flanking genes. In addition, at the time of our  
222 analyses, the annotation of GCA\_905231885.1 available from the Darwin Tree of Life  
223 Program relied on an early annotation pipeline that was not optimized for Lepidoptera.  
224 Accordingly, we chose to rely upon a *de novo* genome annotation we previously  
225 generated (Steward et al., in review). This *de novo* annotation was produced using the  
226 BRAKER2 pipeline (v.2.1.5, (Brůna et al. 2020; Hoff et al. 2016; Ter-Hovhannisyan et  
227 al. 2008; Stanke et al. 2006, 2008; Lomsadze et al. 2005; Hoff et al. 2019), run in  
228 protein mode using Arthropoda OrthoDB (v.10) reference proteins. This annotation  
229 contained 123,638 exons, 16,449 genes and was found to contain 98.4% complete



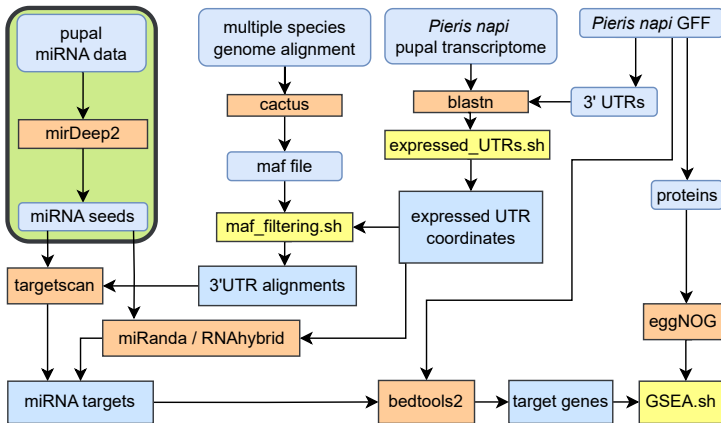
230 BUSCOs for Lepidoptera\_ODB10. Comparisons between this annotation and two  
231 accessed from the Darwin Tree of Life revealed the BRAKER2 annotation to be the  
232 most complete (i.e. fewest fragmented BUSCOs, a small proportion of single exon  
233 genes, and more total estimated transcripts (see Supplementary methods; Table S1, S2  
234 in Steward et al., in review).

235       Among moths and flies, the majority of 3'UTR regions are expected to be within 1  
236 kb of the stop codon in the terminal coding exon, based upon detailed studies from  
237 several *Drosophila* species (Sanfilippo et al. 2017; Wang et al. 2019) and 3'UTR lengths  
238 for the an exemplar moth (*Bombyx mori* mean=923 bp, n=27,556) and butterfly  
239 (*Heliconius melpomene* mean=600, n=11,770) downloaded from UTRdatabase  
240 (Lo Giudice et al. 2023). While alternative UTRs in animals can involve spliced introns,  
241 the frequency in 3'UTR regions are lower than 5'UTR, and usually < 10% (Mignone et  
242 al. 2002). Based upon these expectations of 3'UTRs, we generated a bed file of likely  
243 3'UTR regions, extending 1kb beyond every stop codon (and containing 9 codons (27  
244 bp) prior to the terminal codon), of every protein isoform. We then assessed whether  
245 any of these candidate 3'UTR regions had a significant match via blastn when searched  
246 against the assembled transcriptome of an RNAseq dataset. The assembled  
247 transcriptome was generated using Trinity (Haas et al. 2013), default parameters, with  
248 RNAseq data comprising all of the same tissues and timepoints of our miRNA samples  
249 (Pruisscher et al. 2021). Alignments were filtered to only include candidate 3'UTR  
250 regions that had at least 70 bp of 3pUTR (filter settings: DNA identity > 90%, e-value <  
251 0.000001, bitscore > 300, alignment length > 100 bp; NCBI BLAST v. 2.2.28+;  
252 (Camacho et al. 2009). Coordinates for these post-filtered 3'UTR regions, which we  
253 expect to be expressed 3'UTRs, were then used to identify these regions in the *P. napi*  
254 genome, then whole genome alignment of all species, followed by the extraction of each  
255 expressed 3'UTR region, which were then used as the input for conserved miRNA  
256 target identification via targetscan\_70.pl, part of TargetScan v.7 (Agarwal et al. 2018).  
257 Manipulation of GFF files used bedtools2 (Quinlan & Hall 2010), which was also used to  
258 assign nearest coding gene ID to each candidate 3'UTR region, while alignment filtering  
259 used maffilter, with default settings unless indicated (remove\_duplicates=yes,  
260 reference=Pnapi, min\_size=6), min\_length=50, dist\_max=1200; (Dutheil et al. 2014).

261 The other input file for targets<sub>scan</sub>\_70.pl was the seed sequences for each of the  
 262 identified miRNA genes, predicted from mirDeep2 (Roberts et al., in review).  
 263 For each identified target region, the resulting output provides information on  
 264 species depth and seed size, which can be used to filter for differing degrees of  
 265 evolutionary conservation. Species depth indicates the number of species having the  
 266 identical target sequence in the alignment, ranging from all of the species down to only  
 267 2 species. Targets only found in 2 of the 6 species likely identify a region of lower  
 268 evolutionary constraint compared to targets identical across all species. Seed size of  
 269 the identified target can vary in size from an 8-mer down to a 6-mer, indicating the  
 270 length of base pairs of the identified target. Targets shorter in length are more likely to  
 271 occur by random chance compared to those of longer length. We use this information to  
 272 explore the quality of targets in later analyses.

273 Our second approach for miRNA target prediction used only two files as the input  
 274 for miRanda (Enright et al. 2003) and RNAhybrid (Krüger & Rehmsmeier 2006). These  
 275 were the expressed 3'UTR coordinates for *P. napi* and seed sequences for *P. napi*, both  
 276 of which were described above. Both programs were run on default settings. Thresholds  
 277 for targets were set at e-value < 0.1 for miRanda, and p-value < 0.1 for RNAhybrid.

278



279

280 Fig. 1. Flowchart of miRNA target detection in *Pieris napi*, using two methods that lead

281 to gene set enrichment analyses (GSEA). Shown are the data files (blue), various

282 software programs (orange), and custom bioinformatic scripts (yellow) that were used.  
283 Generation of miRNA data through to miRNA seed input file is from previously  
284 published work (green enclosed portion of flow chart; Roberts et al., in review). Made  
285 using diagrams.net.

286  
287

### 288 **Functional coherence via gene set enrichment analysis**

289 Target sets predicted per miRNA family were assessed for their functional coherence  
290 via gene set enrichment analysis (GSEA) using the R package topGO v2.46 (Alexa &  
291 Rahnenfuhrer 2023), with inputs of GO terms assigned to the coding regions of genes  
292 having identified 3'UTR targets. For each GSEA of a miRNA target set, we took the -  
293  $\log_{10}$  P-values of the top ten most significant categories, and quantified their distribution  
294 as a function of the number of aligned species having identical seed sequences, and for  
295 different seed pairing lengths, from 6mer to 8mer.

296

### 297 **Comparative assessment of functional coherence**

298 In order to gain a robust assessment of miRNA functional coherence, with miRNA target  
299 sets independent of our work and for model species having higher quality target  
300 prediction, we repeated our analyses on the miRNA targets from 4 additional diverse  
301 animals. Three datasets were downloaded from TargetScan databases (*Homo sapiens*:  
302 TargetScanHuman release 8.0, Predicted\_Targets\_Info.default\_predictions.txt  
303 (McGeary et al. 2019); *Mus musculus*: TargetScanMouse release 8.0,  
304 Predicted\_Targets\_Info.default\_predictions.txt (McGeary et al. 2019); *Drosophila*  
305 *melanogaster*: TargetScanFly release 7.2,  
306 Predicted\_Targets\_Info.default\_predictions.txt, (Agarwal et al. 2018)), while predicted  
307 cichlid targets for *Oreochromis niloticus* (Mehta et al. 2022), were provided by Dr. T.  
308 Mehta upon request. Note that for each TargetScan species dataset, in order to connect  
309 miRNA ID to coding gene ID to GO terms of the latter, for the relevant genome  
310 assembly, its GFF annotation was downloaded and protein sequences per ID extracted  
311 using gffread from cufflinks-2.2.1 (Trapnell et al. 2010), for which GO annotations were  
312 generated using functional annotation via orthology assignment, implemented in the

313 online server eggNOG using default settings (Huerta-Cepas et al. 2019), which was  
314 then joined to the miRNA table downloaded from the relevant TargetScan database. An  
315 estimate of the evolutionary depth over which 3'UTR alignments were made in order to  
316 assess evolutionary constrain was estimated from. Ages for each clades of data upon  
317 which miRNA targets were based, i.e. the age of the relevant crown groups (the  
318 paraphyletic *Drosophila* genus at 53 MYA (Suvorov et al. 2022); the dataset for *H.*  
319 *sapiens* involved using 84 of 100 species of the UCSC multiz alignment (Agarwal et al.  
320 2015), including all species sister to, *Latimeria chalumnae*, as well as this coelacanth,  
321 with their crown age estimated at roughly 400 MYA (Amemiya et al. 2013); the dataset  
322 for *M. musculus* only included 52 species of the 60-way multiz alignment of UCSC, and  
323 has a similar crown age as *H. sapiens*; the dataset for target *O. niloticus* has a crown  
324 age estimated at 10 MYA (Mehta et al. 2022).

325

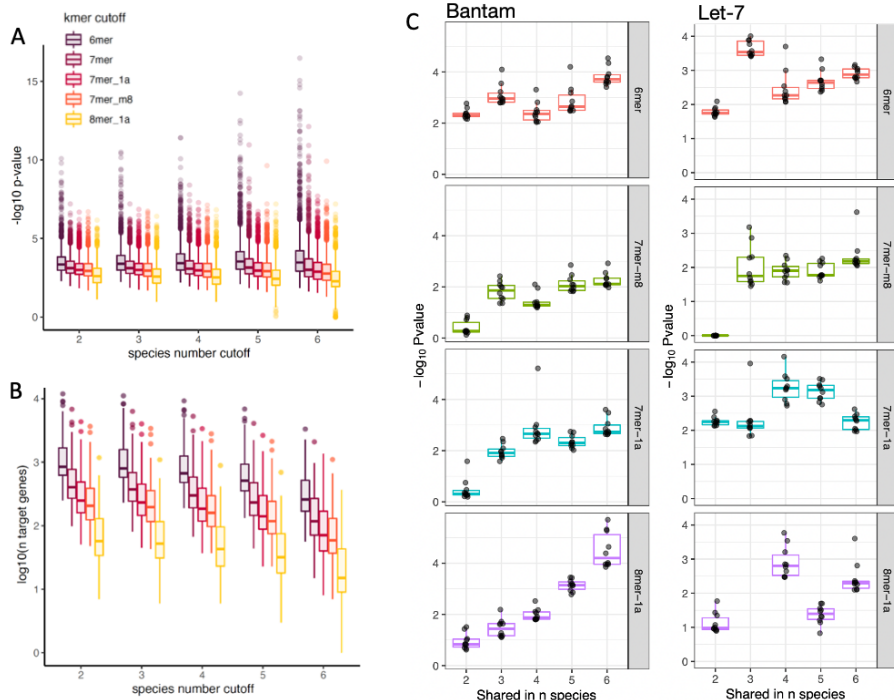
## 326 **Results and Discussion**

327 An extensive miRNA sequencing effort has recently identified 257 miRNAs expressed  
328 during pupal development of *P. napi* (236 expressed in head tissue, 207 in the  
329 abdomen; Roberts et al., in review). Here we use this data to predict mRNA targets of  
330 these miRNAs in *P. napi*. We began by identifying which mRNAs, among all candidate  
331 3'UTR regions in the genome of *P. napi*, were expressed in a tissue matched RNAseq  
332 transcriptome assembly. We then identified these 3'UTR regions if mRNA in a  
333 multispecies, whole-genome alignment (n=6 species of Pieridae, Lepidoptera) that span  
334 nearly 23 million years of divergence (Chazot et al. 2019). The resulting 3'UTR  
335 alignment, together with the seed sequences from the identified miRNA genes of *P.*  
336 *napi*, were then used as input for TargetScan v.7, which uses evolutionary conservation  
337 in 3'UTRs to predict miRNA targets (Agarwal et al. 2018).

338 Next, we sought an independent means of quantifying whether these predicted  
339 target sets per miRNA gene had more biological meaning than random sets, as  
340 critiques of target prediction methods suggest that target sets generate from tools such  
341 as miRAanda and RNAhybrid may be dominated by false positives (Fridrich et al. 2019;  
342 Pinzón et al. 2017; Krüger & Rehmsmeier 2006). We reasoned that since a general  
343 feature of gene regulatory networks (GRN) is their extensive functional coherence of

344 regulated genes, as most transcription factors regulate related modules of genes (Stuart  
345 et al. 2003; Wolfe et al. 2005), the same is likely true for the targets of miRNA (see  
346 Methods for additional discussion). Functional coherence was quantified using gene set  
347 enrichment analysis (GSEA) upon the predicted set of gene targets for each miRNA,  
348 using the average significance of the top ten most enriched GO categories as the  
349 representative metric.

350 In order to assess whether there was any functional coherence in our predicted  
351 targets, we quantified GSEA of the miRNA target sets using variable levels of  
352 evolutionary constraint. TargetScan output provides two axes upon which to vary  
353 evolutionary constraint in miRNA target prediction. First, we used differing thresholds of  
354 constraint upon the species alignment of the 3'UTR, by varying the number of species  
355 for which the seed site was required to be identical. Our lowest evolutionary constraint  
356 level required only 2 species to have identical sequences in the alignment for the  
357 miRNA seed site (the lowest threshold we could set), while our most stringent required  
358 all 6 species to have the same identical sequence for the seed site. Second, there are 5  
359 different sizes of target sites for the seed match region of the 3'UTR, ranging from 6 bp  
360 (6mer) to 8 bp (8mer) in length. Requiring target sites to be longer in length is a more  
361 stringent requirement. In combination, our most relaxed setting was 6mer for only 2  
362 species in the alignment, while our most constrained was 8mer for all species. In order  
363 to assess the relative tradeoff across these axes of constraint in the prediction of  
364 miRNA targets, we explored our results extensively (fig. 2 A,B). As the stringency  
365 increases, via increasing the number of species having target seed or increasing the  
366 size of the seed match category, the predicted number of targets per miRNA gene  
367 decreases, suggesting there is a biological signal in our target prediction method. While  
368 these results are highly variable across miRNA genes (fig. 2C), we concluded that a  
369 good balance between over-prediction and power was using a 7mer seed match size  
370 and higher (termed 7mer-inclusive, which includes all targets from 7mer variants and  
371 8mer) that is present and conserved across all of the aligned species.  
372



373  
 374 Fig. 2. Assessment of GSEA results across predicted targets per miRNA gene. (A)  
 375 Significance of the top 10 GO terms per target set per miRNA gene (each dot is one  
 376 term) shown as a boxplot of all results, as a function of the number of species for which  
 377 seed was identical, for each of 5 different sizes of site type of the seed match (color  
 378 scale purple to yellow). As the stringency of predicted targets increases from being  
 379 found only in 2 species to all 6 species, the significance values increase for the smaller  
 380 seed match sizes (e.g. 6mers increase while 8mers do not). (B) Number of targets per  
 381 miRNA gene (each dot is count for a miRNA gene), across different prediction  
 382 thresholds of species number and miRNA seed match size (as in A). As the stringency  
 383 increases, via increasing the number of species having target seed or increasing the  
 384 size of the seed match category (color scale purple to yellow), the predicted number of  
 385 targets per miRNA gene decreases (6mer in 2 species is largest set, 8mer in 6 species  
 386 is the smallest). (C) Shown are GSEA results for two miRNA genes (left is Bantam, right

387 is Let-7), displaying effects of stringency increase on significance of the top 10 GO  
388 terms per target set per miRNA gene. These exemplify the range of variation between  
389 miRNA genes in their GSEA results, with Bantam exhibiting a strong increase in GSEA  
390 P-value as evolutionary constraint is maximized (8mer-1a panel) and Let-7 lacking this  
391 trend.

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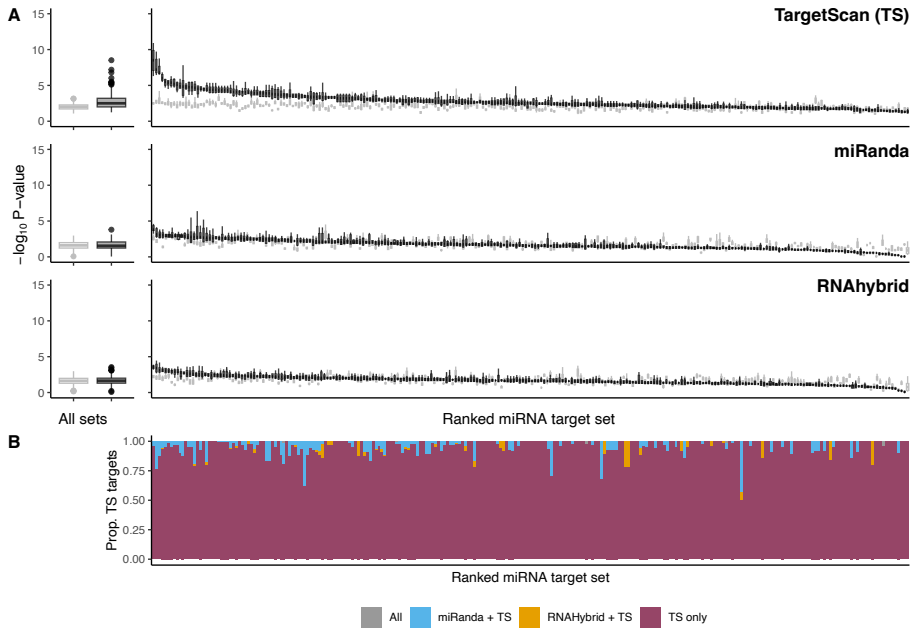
394 For comparison, we also used single species target prediction methods. Using  
395 the 3'UTR regions of *P. napi* and seed sequences of miRNA genes as input, we used  
396 the most commonly employed target prediction tool by the ecological and evolutionary  
397 genomics community, miRanda (Enright et al. 2003). We additionally employed a  
398 second single species tool with the same input data, RNAhybrid (Krüger & Rehmsmeier  
399 2006). In order to compare the predicted targets across these tools, we quantified their  
400 relative functional coherence via GSEA using the 7mer-inclusive conservation threshold  
401 (described above). As a control, a GSEA was conducted on random sets of gene  
402 targets conditional on the set size of the observed miRNA targets, which we used as our  
403 background expectation of significance given concerns about GSEA significance  
404 thresholds when working with miRNA targets (Bleazard et al. 2015).

405 The predicted targets of each miRNA from both methods exhibited significant  
406 GSEA results, with average P-values for miRanda of 0.0185 and 0.0420 for RNAhybrid  
407 (fig. 3a). However, GSEA results on sets of randomly drawn genes had P-value  
408 distributions that entirely overlapped with the gene set targets predicted by these  
409 methods (fig. 3a). Thus, GSEA P-value for targets from miRanda, RNAhybrid, and  
410 random draws were lower than nominal P-value significance thresholds (i.e., alpha =  
411 0.05), highlighting two issues. First, these results exemplify previously noted challenges  
412 of GSEA when investigating miRNA targets (Bleazard et al. 2015), in that resulting P-  
413 values are poorly controlling for diverse many to many relationships, as GSEA were not  
414 designed for such relationships. Second, neither miRanda nor RNAhybrid predicted  
415 targets that performed better than random.

416 In stark contrast to the previous results, miRNA targets predicted using  
417 evolutionary conservation via TargetScan exhibited extensive functional coherence (fig.

418 3a), with GSEA P-values much higher than random draws. This result suggests two  
419 mutually exclusive explanations. Either *P. napi* has miRNA targets that lack functional  
420 coherence, which could explain the miRanda and RNAhybrid results and therefore  
421 justify continued use of such tools by the non-model species community, or the miRNAs  
422 of this butterfly exhibit functional coherence and only biologically meaningful target sets  
423 can reveal this pattern. When facing variable results among target prediction methods,  
424 studies in the non-model species community commonly intersect results from various  
425 target prediction methods, despite this being explicitly discouraged by experts in the  
426 miRNA field (Fridrich et al. 2019; Ritchie et al. 2009). To quantify the performance of  
427 such an intersection approach, here we assess the overlap of targets from miRanda  
428 and RNAhybrid with respect to target predictions from TargetScan. We find no  
429 substantial overlap across these three methods. Further, the level of overlap among  
430 methods does not covary with the degree of functional coherence observed in our  
431 TargetScan results (fig. 3b).  
432





434

435 Fig. 3. The functional coherence of miRNA targets across animals measured using  
 436 gene set enrichment analysis (GSEA). (A) Comparison of the functional coherence of  
 437 miRNA target predictions and their relationships, predicted in the butterfly *Pieris napi*.  
 438 Gene set enrichment analysis P-values for top 10 GO terms for each miRNA (Y-axis) for  
 439 targets predicted using Targetscan (top panel), miRanda (middle panel), RNAhybird  
 440 (lower panel). Left-hand panels summarize median P-values for random (light grey) and  
 441 predicted (black) miRNA target sets, while right-hand panels show results each miRNA  
 442 target set. (B) Intersection of predicted targets from all three methods in relation to  
 443 TargetScan results, shown as a proportion. Order of miRNAs along X axis are by mean  
 444 P-value based upon Targetscan GSEA results.

445

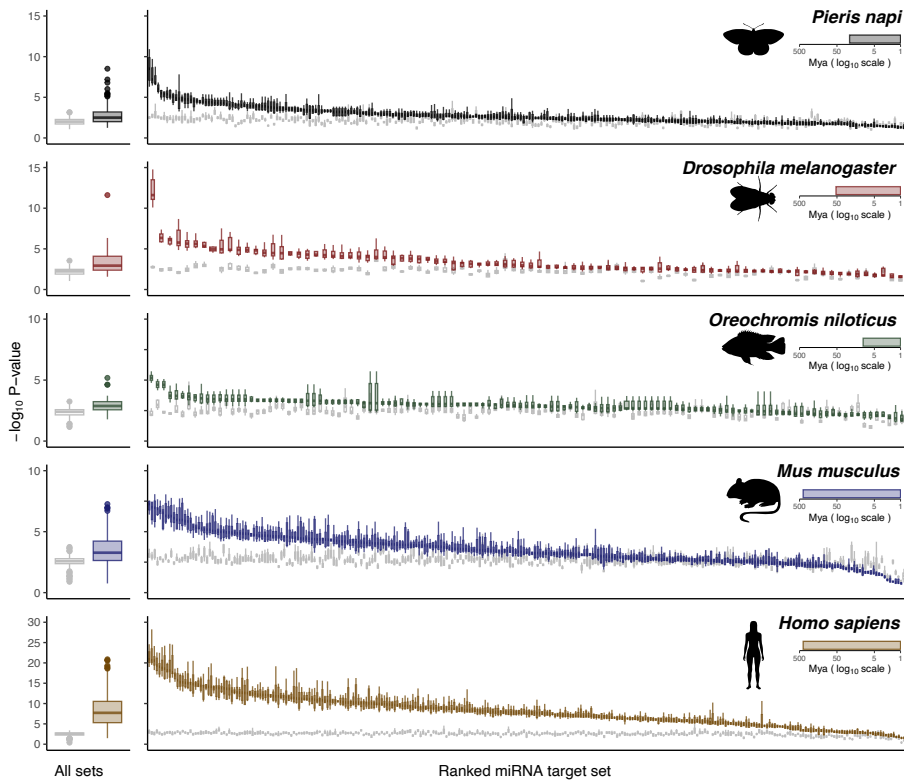
446

447 In order to discriminate between the two aforementioned explanations, we next  
 448 quantified functional coherence using four published miRNA target sets. Across diverse

449 metazoans, from arthropods to vertebrates, we found extensive functional coherence  
450 across many miRNAs (fig. 4). In each species, a large fraction of predicted miRNAs  
451 exhibited a significantly greater functional coherence than background. Importantly, all  
452 of these previously published target sets were generated using the TargetScan  
453 framework, using phylogenetic conservatism of miRNA binding sites as a core  
454 identification criteria (Friedman et al. 2009; Agarwal et al. 2015). Common to all species  
455 is a substantial variation among miRNA gene sets in their functional coherence (the left  
456 vs right side of the P-value ranked distribution of miRNA genes). Whether this variation  
457 arises due to unequal coherence across miRNAs, variation in the functional annotation  
458 of relevant targets, poorly annotated 3'UTRs, or other factors warrants attention.  
459 However, the extensive functional coherence seen across nearly all miRNA genes in *H.*  
460 *sapiens* suggests such variation likely arises due to factors other than unequal  
461 coherence among the target sets of miRNA genes. Among these diverse metazoans,  
462 the lower functional coherence observed in these cichlids likely arises due to the young  
463 age of the clade analyzed (~ 10 million years), as this necessarily results in a lower  
464 power via phylogenetic conservatism. Highlighting the need and challenges of  
465 bioinformatic target assessment in young clades, this clade of cichlids is an exemplar of  
466 adaptive radiations, having generated > 2000 species in the 10 million years, making  
467 observations of their massive reorganization of the miRNA GRN incredibly intriguing for  
468 evolutionary study (Mehta et al. 2022).

469

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472

473 Fig. 4. Functional coherence of miRNA targets across animals measured using gene set  
 474 enrichment analysis (GSEA). Left-hand boxplots summarize median P-values for  
 475 random and predicted miRNA target sets, while right-hand boxplots show P-values for  
 476 the top 10 enriched GO terms per per miRNA gene, ordered by median GSEA P-value  
 477 within each species. Results from predicted targets are colored while results from  
 478 randomly selected genes are shown in gray. Inset horizontal bars indicate crown age  
 479 (million years) of the species used to generate miRNA target predictions. Results from  
 480 *P. napi* (fig. 3a) are presented here, allowing for direct comparison with four divergent  
 481 taxa whose published datasets were generated using TargetScan.

482

483

484 **Conclusions**

485       Functional coherence in the targets of miRNA genes appears to be common in  
486 the tree of life. Using this observation, together with an in-depth study of miRNA targets  
487 in a non-model species, our finding of no biological signal among the miRNA targets  
488 produced by miRanda and RNAhybrid predictions is consistent with previous findings  
489 and warnings of their low precision (Fridrich et al. 2019; Agarwal et al. 2015, 2018;  
490 Pinzón et al. 2017; Ritchie et al. 2009). We conclude that a substantial body of research  
491 may benefit from revising hypotheses based upon miRNA expression patterns, when  
492 those hypotheses relied upon miRNA target prediction lacking measures of evolutionary  
493 conservation.

494       Much remains to be discovered about the role the miRNAs play in adaptive  
495 evolution and there has never better time for investigating the role of miRNA  
496 posttranslational repression in novel species. An ever-increasing diversity of high-quality  
497 genomes provides an unprecedented opportunity for exploiting evolutionary  
498 conservation via recent advances in miRNA target prediction (Agarwal et al. 2018). We  
499 note however that target predictions are merely another set of hypotheses. Since most  
500 miRNAseq studies are also coupled with RNAseq, we further note that correlations  
501 between increased miRNA expression and decreases in putative mRNA target  
502 expression are also hypotheses fraught with a potential for high false-positives, given  
503 the diverse patterns of expression in such datasets coupled with generally few sets of  
504 diverse sampling points. Finally, while identified miRNA function in model species can  
505 certainly aid hypothesis formulation of miRNA impacts, such relies upon increasingly  
506 tenuous assumptions of evolutionarily conserved function (Rusin 2023).

507       Perhaps the most important way forward for the non-model species community  
508 seeking to connect miRNA expression changes with adaptive phenotypes will be via  
509 harnessing of emerging gene manipulation technologies in the testing of functional  
510 hypotheses (Gudmunds et al. 2022). While the diverse many-to-many relationships  
511 inherent in the miRNA GRN necessitate careful design and interpretation of such  
512 experiments (Bartel 2018), these also offer unique opportunities. For example, consider  
513 a scenario where many independent miRNA genes target the same seed sequence  
514 within mRNA. While KO of all such miRNA genes could be lethal, knock out of one,

515 several, or many genes within such a gene family could effectively titrate phenotypic  
516 effects. Additionally, advances in single cell sequencing of RNA could greatly advance  
517 insights (Sekar et al. 2023), especially in the assessment of miRNA interactions with  
518 mRNA GRNs across diverse tissues and developmental courses.

519 In conclusion, numerous studies across diverse taxa document differential  
520 expression of miRNAs suggestive of a potentially important role in adaptive evolutionary  
521 phenotypes. However, much work remains to be conducted in order to establish such  
522 genotype to phenotype connections. Here, by drawing attention to the challenges of *de*  
523 *novo* miRNA target prediction, we hope that more biologically meaningful hypotheses  
524 will emerge that can then be tested by modification of miRNA genes or their target sites,  
525 much as mRNA based hypotheses are now routinely explored via CRE and coding  
526 region manipulations (Gudmunds et al. 2022).

527

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536

#### 537 **Author contributions**

538 C.W.W. performed all the bioinformatic analyses involved in the generation of miRNA  
539 targets using TargetScan. R.S. provided R code for generating systematic GSEA for all  
540 miRNA gene families and plotting the results. P.E. and K.R. ran the miRanda and  
541 RNAhybrid analyses. C.W.W. and K.R. conceived of the study, with input from R.S.  
542 C.W.W. wrote the manuscript with feedback from K.R. and the other coauthors. Y.O.  
543 and H.V. provided two genomes for analyses. All authors approve of the manuscript.

544

#### 545 **Data Availability Statement**

546 Scripts

547 Targets

548 Intermediate files

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