

1 **Title**

2 Absence of the pace-of-life syndrome in a wild-living population of cooperatively-breeding
3 passerine

4

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21 **Lay summary**

22 The pace-of-life syndrome hypothesis predicts that differences in behavior are associated with an
23 individual's pace-of-life: risk-takers should “live fast, die young” compared to individuals who
24 are risk averse. Using longitudinal data from a wild population of birds, where there is a known
25 trade-off between reproduction and survival, we show that exploratory behavior is not associated
26 with lifespan or reproduction, and thus no support of the pace-of-life syndrome hypothesis.

27

28 **Abstract**

29 The pace-of-life syndrome hypothesis posits that consistent between-individual variation in
30 behavioral traits ('animal personalities') mediates trade-offs in life-history. Individuals with risk-
31 averse traits are expected to follow a relatively 'slow' pace-of-life (long lifespan, delayed
32 reproduction), compared to their riskier, 'fast', counterparts. Despite a breadth of empirical
33 research, findings are equivocal, with recent reviews highlighting that the core assumptions of the
34 pace-of-life syndrome hypothesis are likely overlooked. Here, we use long-term data from a
35 closed population of individually-marked Seychelles warblers, whose life-history trade-offs and
36 ecological conditions align with the pace-of-life syndrome framework, but whose risk-averse
37 traits associate negatively, rather than positively with a slow pace-of-life. Specifically, we test for
38 associations between exploratory scores (novel environment and novel object) and three life-
39 history measures (age at first breeding, reproductive lifespan and longevity) as well as lifetime
40 reproductive success as a measure of fitness. We find no evidence for covariation between
41 exploratory personalities and any of the life-history measures or lifetime reproductive success, in
42 either males or females. We thus find no support for the pace-of-life syndrome hypothesis, and
43 demonstrate that whilst preliminary checks prior to testing the pace-of-life syndrome hypothesis
44 are important, alternative mechanisms may loosen selective pressures needed for a pace-of-life
45 syndrome to emerge.

46

47 **Keywords** pace-of-life syndrome, animal personality, exploration, wild population, fitness,
48 cooperative breeder

49

50 **Introduction**

51 Covariation between life-history traits along a slow-fast continuum is referred to as the pace-of-
52 life, where short lifespan, fast growth rate and early reproduction characterize a 'fast' pace-of-
53 life, whilst the opposing traits represent a 'slow' pace-of-life (Stearns 1983). Both physiological
54 and behavioral traits covary with the pace-of-life across different levels of biological organization,

55 including between individuals (Réale et al. 2010), populations (Wikelski et al. 2003) and species
56 (Wiersma et al. 2007), to form distinct phenotypes under an evolutionary framework known as
57 the pace-of-life syndrome hypothesis (Stamps 2007; Biro and Stamps 2008).

58

59 Consistent between-individual variation in behavioral traits, or animal ‘personalities’, are a core
60 element of pace-of-life syndromes at the organismal level (Réale et al. 2010). By influencing how
61 an individual interacts with its environment, animal personality traits play a functional role in life-
62 history trade-offs (Stamps 2007; Wolf et al. 2007; Biro and Stamps 2008). For example,
63 behavioral traits can influence strategies related to resource acquisition and monopolization,
64 including foraging (Patrick and Weimerskirch 2014) and dispersal to breeding positions (Cote et
65 al. 2010). Subsequently, fast-living individuals that prioritize current over future reproduction are
66 predicted to express risk-taking behaviors (including high exploration, aggression and boldness)
67 when locating and exploiting the resources needed for rapid growth and reproduction (Réale et
68 al. 2010). In comparison, slow-living individuals should express risk-averse traits that assist with
69 avoiding potentially dangerous situations, such as predation (Biro et al. 2004), and instead
70 prioritize somatic maintenance (Martin et al. 2006) and slower growth rate (Biro et al. 2014),
71 resulting in delayed maturity and longer life (Réale et al. 2010).

72

73 Pace-of-life research has gained notable traction since the integration of behavioral traits (Réale
74 et al. 2010; Royauté et al. 2018). However, empirical findings are ambiguous, with many studies
75 providing null results (Royauté et al. 2015) or only partial evidence (Montiglio et al. 2014; Le
76 Cœur et al. 2015; Mariette et al. 2015) supporting the pace-of-life syndrome hypothesis. Whilst
77 such findings bring to question the generality of the pace-of-life syndrome hypothesis, it is
78 possible that these results stem from studies overlooking the two core assumptions needed for
79 pace-of-life syndrome to arise (Dammhahn 2012; Montiglio et al. 2018; Royauté et al. 2018).
80 First, the presence of life-history trade-offs should be imposed by resource-limited environmental

81 conditions (Stearns 1989). In the absence of life-history trade-offs, there is no slow–fast axis for
82 behavior and physiology to covary with, making it impossible for a pace-of-life syndrome to
83 develop. Second, behavioral traits must play a functional role in facilitating life-history trade-offs
84 within the selected study system. For instance, high levels of exploration may promote rapid
85 growth rates and/or lower ages at first breeding, but only in species or populations where
86 exploration determines food intake and/or acquisition of mates (Stamps 2007; Wolf et al. 2007;
87 Réale et al. 2010). Indeed, a recent meta-analysis by Royauté et al. (2018) identified few studies
88 that demonstrated these assumptions had been met, thus highlighting the importance of future
89 empirical research addressing these requirements prior to conducting further analyses.

90

91 Recent attempts to review the pace-of-life syndrome hypothesis have highlighted that behavioral,
92 physiological and life-history traits often do not associate in the direction predicted by the
93 traditional framework (Araya-Ajoy et al. 2018; Royauté et al. 2018; Moiron et al. 2020). For
94 instance, a study by Mariette et al. (2015) demonstrated that zebra finches (*Taeniopygia guttata*)
95 that were less exploratory of a novel environment were more likely to disperse earlier than their
96 more exploratory counterparts. Adriaenssens and Johnsson (2011) also observed results that
97 contradicted the pace-of-life syndrome framework: brown trout (*Salmo trutta*) that were faster at
98 exploring a novel environment, had slower growth rates in a mark recapture study. It has been
99 suggested that the assumptions made by Réale et al (2010) and Wolf et al (2007) may be too strict
100 to fit all possible associations between life history, behavior and physiology, and should instead
101 reflect ecologically relevant dimensions of the system and/or population being studied (Salzman
102 et al. 2018). Indeed, any trait facilitating current reproduction at the expense of future
103 reproduction and survival can potentially undergo correlational selection with a fast or slow pace-
104 of-life. Therefore, relaxing assumptions of the pace-of-life syndrome hypothesis to reflect the
105 functional roles of behavioral and physiological traits is an important step forward in fully
106 understanding the pace-of-life syndrome framework.

107

108 Until recently, the role of sex in the pace-of-life syndrome hypothesis has been largely overlooked
109 (Hämäläinen et al. 2018; Immonen et al. 2018; Tarka et al. 2018). Males and females often have
110 different optimal life-history strategies as a result of sexual selection, which causes variations in
111 mean optima along the pace-of-life continuum. In anisogamous species, asymmetry in the
112 energetic demands of reproduction between the sexes, e.g. egg production, gestation and lactation
113 compared to sperm production, regularly lead to sex-specific differences in the allocation of
114 resources towards somatic maintenance and reproduction (Bateman 1948; Maynard Smith 1982;
115 Wedell et al. 2006). This occurs in avian species, where females have larger gametes than males,
116 and the energetic cost of egg production is predicted to three times greater than that of ejaculate
117 production (Hayward and Gillooly 2011). To compensate for the larger energetic demands and
118 time needed for reproduction, the sex with higher reproductive costs is expected to possess a
119 relatively slower pace of life, where individuals will engage in less extreme risk-taking behaviors
120 in order to increase their reproductive lifespan (Hämäläinen et al. 2018; Immonen et al. 2018). As
121 a consequence, sex differences in mean trait expression, as well as differences in covariance
122 structures between traits may arise (Smith and Blumstein 2008; Debecker et al. 2016; Moschilla
123 et al. 2019).

124

125 Here, we investigate the pace-of-life syndrome hypothesis using a long-term dataset of a closed
126 wild population of Seychelles warblers (*Acrocephalus sechellensis*) on Cousin Island, Seychelles.
127 The study population has been subject to intense monitoring since 1997 (Komdeur 1992;
128 Richardson et al. 2002; Wright et al. 2014), with high annual resighting rates (Brouwer et al.
129 2006), virtually no inter-island dispersal (Komdeur et al. 2004) and possesses a verified genetic
130 pedigree (Sparks et al. 2021), therefore providing accurate life history and fitness data needed to
131 test the pace-of-life syndrome hypothesis. In this species, there is a trade-off in life history, where
132 individuals that begin breeding at an older age show delayed survival senescence (Hammers et al.
133 2013). Further, exploratory behavior is positively associated with delayed natal dispersal and
134 distance travelled during dispersal (Cox et al. 2023), a crucial life-history stage that plays a

135 functional role in access to reproduction (Komdeur et al. 2016). Given the importance of sex and
136 early-life conditions (food availability, natal group size and maternal age) on life history and
137 fitness (Hammers et al. 2013; Cox et al. 2022), we can also account for extrinsic ecological
138 conditions and intrinsic sexual dimorphism that may conceal the presence of the pace-of-life
139 syndrome.

140

141 Specifically, we test for covariation of exploratory behavior with three life-history traits:
142 longevity, age at first breeding and reproductive lifespan. To determine whether selection favors
143 a particular trait within the population, we also assess covariance between a fitness metric –
144 lifetime reproductive success (LRS), a measure of total number of offspring produced over a
145 lifetime – and exploration. We adapt predictions from the traditional pace-of-life syndrome
146 framework to align with the pre-existing knowledge of Seychelles warbler life history and
147 behavior, specifically the positive association between exploratory behavior and tendency to
148 delay natal dispersal (Cox et al. 2023). Therefore, we predict that slow explorers will have faster
149 life-history strategies, including greater longevity, delayed age at first reproduction and a longer
150 reproductive lifespan. Seychelles warblers are anisogamous and the sexes follow different life-
151 history strategies. Whilst females have the opportunity to reproduce as subordinates, males must
152 first obtain a dominant breeding position (Komdeur 1994). Therefore, we also predict sexual
153 dimorphism in life history and behavioral covariation, where both sexes will show a positive
154 association between slow exploration and fast life history, but that the strength of this relationship
155 will be stronger in males (Hämäläinen et al. 2018). As selection is predicted to remove less fit
156 phenotypes (Wolf et al. 2007; Dingemanse and Wolf 2010), it is likely that phenotypic variation
157 should only persist if all traits have relatively similar fitness outputs (Mangel and Stamps 2001),
158 and so we also expect there to be no relationship between exploration and LRS.

159

160 **Methods**

161 *Study site and system*

162 Seychelles warblers are insectivorous passerines endemic to the Seychelles archipelago. On
163 Cousin Island (0.29 km²; 4°20'S, 55°40'E), the population has been monitored as part of a long-
164 term study since 1985, and has a carrying of ca. 320 individuals across ca. 115 territories (Busana
165 et al. 2022). Territories are occupied year-round by a single breeding pair that predominantly
166 produce one-egg clutches (87% of clutches; Brouwer et al., 2006). As facultatively cooperative
167 breeders, individuals of either sex may delay independent breeding following sexual maturity and
168 become a subordinate (often in their natal group; Komdeur, 1992). As a result, approximately
169 50% of territories support 1–5 subordinates; subordinates are ≥ 6 months old and 55% are female
170 (Hammers et al., 2019; Kingma et al., 2016a). Subordinates of either sex (approx. 20% of males
171 and 42% of females; Hammers et al., 2019) may provide alloparental care to group offspring,
172 where females help to build the nest and incubate, males help nest guard, and both sexes feed
173 nestlings and fledglings (Komdeur 1994; Richardson et al. 2003). Typically, the breeding pair
174 will remain together until one individual dies (but see Richardson et al., 2007), at which point the
175 vacancy is promptly taken over by a subordinate individual from either the natal or an external
176 territory (8.6% of positions are inherited by a subordinate within the territory; Kingma et al.,
177 2017).

178

179 Each year, the population is monitored throughout the minor (January–March) and major (June–
180 September) breeding seasons (Komdeur et al. 2016). During each season, as many individuals as
181 possible are caught as either nestlings, or as juveniles using mist nets. Juveniles are aged as
182 fledglings (1–3 months), old fledglings (3–5 months) or subadults (6–12 months) using hatch
183 dates where possible or, alternatively, based on eye colour (Komdeur, 1992) and behavior. Any
184 unringed warblers are provided with a unique combination of leg rings for individual
185 identification (three colour rings and one British Trust for Ornithology metal ring), resulting in
186 virtually all ($\geq 96\%$) individuals being rung since 1997 (Richardson et al. 2001; Raj Pant et al.
187 2020). From all caught individuals, ca. 25 μ l blood is collected using brachial venipuncture and
188 stored in 100% ethanol for later molecular sexing and genotyping (Griffiths et al. 1998;

189 Richardson et al. 2001; Spurgin et al. 2014). Each territory is checked at least once every two
190 weeks for pair and courtship behaviors to determine the resident dominant pair and monitor
191 breeding behavior (e.g. nest building, copulations), then checked daily once a nest is found to
192 determine precise hatching and fledging dates. As the resighting probability is almost one (0.98
193 ± 0.01 SE; Brouwer et al., 2010), and inter-island migration is virtually non-existent (0.10% of
194 all colour-ringed individuals; Komdeur et al., 2004), we can confidently assume that an individual
195 is dead if it has not been observed for two consecutive breeding seasons (mean longevity is 5.5
196 years, maximum recorded longevity is 19 years; Hammers and Brouwer, 2017; Komdeur, 1991).

197

198 To account for the influence of early-life conditions on life history and fitness, we included data
199 for maternal age at the focal individual's hatch date, presence of a helper at the focal individual's
200 natal territory, natal group size, natal territory quality, and natal island-wide food availability
201 (Hammers et al. 2013; Sparks et al. 2022). Helpers are subordinates observed providing
202 alloparental care in a given breeding season, however, as few natal territories possessed >1 helper
203 in our dataset ($N = 16/344$ individuals tested for reproductive lifespan), helper presence was
204 included as a binary variable (i.e. present/absence: Hammers et al., 2019). Natal group size was
205 the number of independent individuals (i.e. the dominant pair and any subordinates) in the natal
206 territory (range: 2–6). As Seychelles warblers feed almost entirely on arthropods (predominantly
207 insects) gleaned from the underside of leaves (Komdeur et al. 1997), natal territory quality was
208 calculated using an index of insect abundance. Insect abundance was calculated using
209 $A \cdot \sum(Cx \cdot Ix)$, where A is the territory size (in hectares), Cx is the amount of foliage cover for tree
210 species x , and Ix is the mean monthly insect density for tree species x per unit leaf area in dm^2
211 (Brouwer et al., 2009; Komdeur, 1992). Natal island-wide food availability was calculated as the
212 mean number of insects found per unit leaf area within a season (see Spurgin et al., 2018 for full
213 details on calculations).

214

215 *Parentage*

216 Genetic parents were assigned for offspring hatched between 1992 and the minor breeding season
217 in 2018 using a pedigree constructed using 30 highly polymorphic microsatellite loci in
218 *MasterBayes* v2.5.2 (Hadfield et al. 2006) with at least 80% confidence (for methods see Sparks
219 et al., 2021). Seychelles warblers are socially monogamous but genetically promiscuous
220 (Richardson et al. 2001; Raj Pant et al. 2019). Approximately 44% of offspring are sired through
221 extra-pair paternity, with almost all of these sires (ca. 97%) being a dominant male from another
222 territory (Richardson et al. 2001; Hadfield et al. 2006). Occasionally, subordinate females will
223 also gain maternity within their own territory through cobreeding (ca. 11% of all maternities;
224 Sparks et al., 2022).

225

226 *Life history and fitness*

227 We measured three life-history traits: (i) longevity, (ii) age at first breeding, and (iii) reproductive
228 lifespan, and one fitness proxy: (iv) LRS (Figure S1-4). First, longevity (years) was calculated
229 from hatch year until the last year an individual was seen alive, provided two subsequent seasons
230 had passed and the individual had not been translocated to a neighboring island. Second, we
231 defined age at first breeding (years) as the earliest age at which an individual acquired a dominant
232 breeding status. As female subordinates have the opportunity to reproduce prior to gaining
233 dominance (40% of female subordinates cobreed each year: Richardson et al., 2003), we also
234 considered the earliest age at which a female was assigned offspring in the genetic pedigree. As
235 almost all extra pair paternity is gained by dominant males from a neighboring territory
236 (Richardson et al. 2001; Raj Pant et al. 2019), and no subordinate males in our dataset succeeded
237 in reproducing, we did not consider male age at first genetic offspring. Third, reproductive
238 lifespan was measured as the number of years between ages of first and last breeding, where age
239 at last breeding was the latest year an individual was recorded as being a dominant breeder. For
240 females, we also considered first and last dates of genetic offspring. Finally, we calculated LRS
241 as the total number of offspring assigned to an individual in the genetic pedigree over its lifetime
242 that survived to at least one year of age.

243

244 *Personality assays*

245 As detailed in Edwards et al., (2017), individuals were placed in a novel environment (Gelert
246 Oxygen 4 tent) containing three artificial trees, and their exploratory movement was monitored
247 (total number of flights, hops and trees visited) for five minutes to produce an “exploration score”.
248 After a two-minute break (see acclimation and randomization tests, Edwards et al., 2017), a novel
249 pink toy was introduced for five minutes and the exploration of that object scored. During each
250 personality assay, additional parameters including age of the focal individual under test, test
251 number, colour of the tent an individual was tested in (blue or green) and observer identity were
252 noted so that these factors could be controlled for. Assays were conducted between 2012–2014
253 and 2019–2022. Both novel environment exploration score and novel object exploration score
254 were repeatable (0.23, 95% credible interval [CrI] = 0.08 – 0.36, and 0.37, 95% CrI = 0.04 – 0.59,
255 respectively), correlated (0.60, CrI = 0.35–0.78) and novel environment exploration was heritable
256 (0.17, 95% CrI = 3e-4 – 0.33) though novel object exploration was not (Edwards et al. 2017; Cox
257 et al. 2022).

258

259 *Statistical analyses*

260 All analyses were performed using R v.4.0.2 (RStudio Team 2022). All continuous fixed effects
261 were standardized by subtracting the mean and dividing by two standard deviations in *arm* v.1.13-
262 2. We also checked there was no collinearity between fixed effects by ensuring Variance Inflation
263 Factors (VIFs) were <3.

264

265 *Longevity and personality*

266 To determine whether novel environment exploration and novel object exploration impact
267 longevity, we ran Cox mixed effects proportional hazard models using *coxme* v2.2-16 for
268 individuals that survived to at least one year of age (Therneau 2021) (see Figure S1 for data
269 distribution). This method was used so that individuals that were translocated to neighboring

270 islands as part of conservation efforts (4 males, 5 females) and individuals that were still alive at
271 the time of the analysis (Table S1) could be right-censored. The independent variable was either
272 an individual's first recorded novel environment or novel object exploration score. As Cox mixed
273 effects proportional hazards models cannot accommodate the specification of fixed effects to an
274 independent variable, which is required for this study as there are known methodological effects
275 on exploration score (Edwards et al. 2017), we instead used residual exploration score values
276 extracted from negative binomial GLMMs (*lme4* v1.1-29, Bates et al. 2015). The negative
277 binomial GLMMs included either an individual's first novel environment or novel object
278 exploration score as the independent variable, and age as both linear and quadratic terms (Edwards
279 et al. 2017) and either tent colour (factor: blue/green, Edwards et al. 2017) for novel environment
280 exploration or branch orientation (factor: diagonal/parallel) for novel object exploration (Cox et
281 al., 2022).

282

283 Additional fixed effects included sex and an interaction between sex and residual exploration
284 score. As individuals born into poorer quality territories had shorter lifespans (Sparks et al. 2022),
285 we included natal territory quality (log transformed to aid interpretation of model coefficients:
286 van de Crommenacker et al., 2011). Whilst older mothers produce female offspring with shorter
287 lifespans (Sparks et al. 2022), adding maternal age at hatching reduced our sample size by 106
288 and 108 individuals for novel environment exploration and novel object exploration (29% of both
289 datasets), respectively, and the effect of exploration appeared not to change when maternal age
290 was removed from the model (Table S2), so we omitted it from our analyses. We checked the
291 proportional hazards assumptions were met using scaled Schoenfeld residuals (Grambsch and
292 Therneau 1994). In all cases, model assumptions were successfully met. All models were run
293 again using raw novel environment and novel object exploration scores, then compared to the
294 models using residual values and the conclusions were found to be the same (Table S3–S5).

295

296 *Life history, fitness and personality*

297 We ran bivariate Markov chain Monte Carlo (MCMC) generalized linear mixed models
298 (GLMMs) with Poisson error distributions, including two response variables of exploration score
299 (novel environment or novel object) and either age at first breeding (years), reproductive lifespan
300 (years) or LRS (number of offspring that survived to at least 1 year) using *MCMCglmm* v.2.33
301 (Hadfield, 2010) (see Figure S2–4 for data distributions). As individuals tested for reproductive
302 lifespan and LRS were required to be dead, whereas those tested for age at first breeding did not,
303 and fewer individuals were tested for novel object exploration ($N = 248$) relative to novel
304 environment exploration ($N = 362$) (see Table S6–S8), we could not run multivariate models with
305 more than two response variables, and so ran bivariate models instead. As there are known sex
306 effects in Seychelles warbler exploration scores (Edwards et al. 2017) and life-history strategies
307 (Komdeur 2006), all models were run separately for males and females.

308

309 Adopting multivariate Bayesian techniques has become an increasingly popular technique in
310 animal personality research as it partitions total variance into within- and between-individual level
311 (Houslay and Wilson 2017; Dingemanse and Wright 2020). Bivariate models also allow different
312 fixed effects to be specified for each response variable, while also measuring the covariation
313 between the two responses. We therefore fitted the same methodological fixed effects included in
314 the previously mentioned negative binomial GLMMs used for longevity, as well as assay number
315 to control for habituation (e.g., Edwards et al. 2017; Cox et al. 2022) for all bivariate *MCMCglmm*
316 models.

317

318 For the life history and fitness response variables (age at first breeding, reproductive lifespan and
319 LRS), different fixed effects were included as follows. Natal territory quality and natal island-
320 wide food availability increase with age at first breeding (Hammers et al. 2013), and so both were
321 logged and included as a linear covariates. For reproductive lifespan, both natal group size and
322 maternal age decrease with female reproductive lifespan (Sparks et al. 2022), and so both were
323 included as linear covariates. For LRS, we included the maternal age when an individual hatched

324 (linear covariate) and the presence of helpers in the natal territory (binary factor: yes/no) of
325 females (Sparks et al. 2022). Cohort was included as a linear covariate for models including
326 reproductive lifespan and LRS to account for more recently hatched individuals inherently having
327 had shorter lives, and thus fewer opportunities to reproduce, as well as less time to gain a breeding
328 position (Bouwhuis et al. 2015). For random effects, we included bird identity for all traits. We
329 also specified cohort for the life history and fitness traits to account for potential drivers not
330 encompassed in fixed effects, and for exploratory traits we fitted the observer.

331

332 From the bivariate models, we extracted variance and covariance of exploration and life-
333 history/fitness traits on the between-individual level (bird identity), which provided the posterior
334 distribution for each slope estimate for the between-individual correlation between exploration
335 and life history/fitness (O’Dea et al. 2021):

$$r = \frac{COV_{(E,Y)}}{\sqrt{V_E}\sqrt{V_Y}} \quad (1)$$

336

337 From this, we determined the mode slope estimate and its corresponding 95% highest posterior
338 density (HPD) interval, where a HPD interval that did not overlap zero denoted a significant
339 correlation. We applied priors with an uninformative Inverse-Wishart distribution ($V = \text{diag}(n)$,
340 $\nu = n$; where n is the number of response variables) for both the residual and random effects
341 structure (see Figure S5 for similar results achieved using inverse-Gamma prior). As multiple
342 repeats were obtained for exploration score, compared to the single values for the life-history
343 traits, we used ‘covu = TRUE’ in the primary residual structure specified in the prior to allow
344 covariance between the individual-level random effect for the exploratory trait and the residual
345 variance of the life-history trait (see supplementary material of Thomson et al., 2017). Posterior
346 distributions were sampled every 500 iterations, with a burn-in of 60,000 and a run of 4,600,000
347 iterations. We visually checked time-series plots of model parameters and assessed multiple

348 convergence diagnostics, including autocorrelation (<0.1) values, effect sizes ($\geq 1,000$), Geweke
349 tests and Heidel diagnostics.

350

351 *Ethics statement*

352 Fieldwork protocols were approved by the BIO Ethical Review Committee, University of East
353 Anglia, and were ratified by the University of Leeds. Fieldwork was in accordance with local
354 ethical regulations and agreements: The Seychelles Department of Environment and the
355 Seychelles Bureau of Standards provided research permits.

356

357 **Results**

358 We found no relationship between novel environment or novel object exploration on longevity,
359 age at first breeding, reproductive lifespan or LRS in either sex in the Seychelles warbler (Table
360 1–2). Results for methodological fixed effects aligned with previous studies in this system (Cox
361 et al., 2023): exploration score increased with age, assay number, blue tent colour, diagonal
362 branch orientation and demonstrated a significant quadratic age effect (Table 3–5).

363

364 The early-life environmental parameters included in this analysis (presence of a helper at the focal
365 individual's natal territory, natal group size, natal territory quality, or natal island-wide food
366 availability) had no significant effect on longevity, age at first breeding, reproductive lifespan or
367 LRS (Table 1, 3–5). However, there was a sex-specific effect of maternal age on LRS in females,
368 where individuals with older mothers had lower LRS (novel environment exploration: $\beta = -0.611$,
369 $pMCMC = 0.042$; novel object exploration: $\beta = -1.020$, $pMCMC = 0.012$) (Table 5). Cohort also
370 had a significant effect on reproductive lifespan and LRS in both males and females, where more
371 recently hatched individuals had shorter reproductive lifespans (novel environment exploration,
372 males: $\beta = -0.154$, $pMCMC = <0.001$ and females: $\beta = -0.117$, $pMCMC = <0.001$; novel object
373 exploration, males: $\beta = -0.170$, $pMCMC = <0.001$ and females: $\beta = -0.128$, $pMCMC = <0.001$)
374 and lower LRS (novel environment exploration, males: $\beta = -0.256$, $pMCMC = <0.001$ and female:

375 $\beta = -0.236$, $pMCMC = <0.001$; novel object exploration, males: $\beta = -0.278$, $pMCMC = <0.001$
376 and females: $\beta = -0.258$, $pMCMC = <0.001$) (Table 3–5).

377

378 **Discussion**

379 We predicted that less exploratory Seychelles warblers would display a faster pace-of-life,
380 including lower longevity, earlier age at first breeding and shorter reproductive lifespan.
381 However, we found no evidence to support our hypothesis, with no significant relationship
382 between either exploration of a novel environment or novel object and the three life-history traits
383 (longevity, age at first breeding and reproductive lifespan). Given that selection favors traits with
384 higher fitness, and thus should maintain variance in behavioral phenotypes that yield equally high
385 fitness outcomes (Mangel and Stamps 2001; Dingemanse and Wolf 2010), we also expected
386 individuals with differing levels of exploratory behavior to express relatively equal LRS. Our
387 results aligned with this prediction: exploratory traits did not affect an individual's LRS in either
388 males or females. However, as exploration was not linked to longevity, age at first breeding or
389 reproductive lifespan, equal LRS did not result from individuals with different behavioral traits
390 adopting alternative life-history strategies with an equal fitness payout, and so is unlikely to be
391 likely unrelated to the pace-of-life syndrome hypothesis.

392

393 Whilst our findings conflict with the expectations of the pace-of-life syndrome hypothesis, they
394 are consistent with a recent meta-analysis (Royauté et al. 2018) that demonstrates an overall lack
395 of covariation between exploratory traits and life-history, including survival and timing of
396 reproduction. In their paper, Royauté et al. (2018) suggest the lack of empirical evidence for pace-
397 of-life syndrome hypothesis may result from violation of its assumptions. A core component of
398 the pace-of-life syndrome framework is that behavioral traits play a functional role in facilitating
399 life-history strategies. In the Seychelles warbler, exploratory traits influence the timing of natal
400 dispersal to a dominant breeding position (Cox et al. 2023), and, in turn, an individual's access to
401 opportunities for reproduction. Despite this, we found no evidence linking an individual's novel

402 environment or novel object exploration score with their age at first breeding or reproductive
403 lifespan. This lack of evidence may in part result from the present study including individuals
404 who gain parentage in both dominant and subordinate roles. Although almost all offspring are
405 sired by dominant over subordinate males (97%: Raj Pant et al. 2019), approximately 11% of all
406 maternities (Sparks et al. 2021) and virtually all inherited dominant breeding positions are
407 obtained by subordinate females (Groenewoud et al. 2018). For females who breed as
408 subordinates, high sociality and lower aggression towards conspecifics prevent eviction and
409 provide access to opportunities for cobreeding and inheritance of a dominant breeding position
410 (Bergmüller and Taborsky 2007; Schürch et al. 2010).

411

412 Another key assumption of pace-of-life syndrome hypothesis is that behavioral traits affect an
413 individual's risk of mortality (Stamps 2007; Wolf et al. 2007; Réale et al. 2010). Individuals who
414 move superficially and are less cautious (both qualities of exploratory behavior) are predicted to
415 experience higher mortality (Dammhahn et al. 2018). This heightened mortality is expected to
416 result from increased encounters with predators, as well as a higher frequency of interactions with
417 conspecifics (Biro et al. 2006; Boon et al. 2008), which can increase the likelihood of exposure
418 to parasites and/or pathogens (Barber and Dingemans 2010; Kortet et al. 2010). This was
419 demonstrated in masu salmon *Oncorhynchus masou masou*, where bolder individuals suffered
420 higher predation as they were less successful at avoiding ambushes of grey heron *Ardea cinerea*
421 (Miyamoto and Araki 2020), and in deer mice *Peromyscus maniculatus*, where exploratory
422 individuals were three times more likely to be infected with hantavirus (Dizney and Dearing
423 2013). However, our study population of Seychelles warblers mainly experiences egg and nestling
424 predation (Collar et al. 1985), and there are no known parasites or pathogens that spread through
425 conspecific interactions. Therefore, it is unlikely that exploratory traits contribute to predation-
426 or parasite-related increased mortality. Instead, mortality reduced body condition can occur
427 through agonistic interactions with conspecifics, particularly during extraterritorial forays
428 (Kingma et al. 2016b). Therefore, measures of aggressive behavior, which is often quantified by

429 monitoring fight initiations and contest behavior (Réale et al. 2010; Briffa et al. 2015), may align
430 better within the framework of the pace-of-life syndrome within this system.

431

432 Failure to account for environmental conditions has also been proposed as a reason for lack of
433 empirical evidence demonstrating the pace-of-life syndrome (Montiglio et al. 2010; Dammhahn
434 et al. 2018; Montiglio et al. 2018). Under favorable environmental conditions where life-history
435 trade-offs are relaxed, covariation between behavioral and life-history traits can be masked
436 (Montiglio et al. 2018). In our analyses, we accounted for all early-life environmental conditions
437 known to affect Seychelles warbler life history and fitness, including maternal age, food
438 availability and helper presence at the natal nest (Hammers et al. 2013; Sparks et al. 2022).
439 Nonetheless, we obtained no evidence validating the pace-of-life syndrome hypothesis. Instead,
440 it is possible that stochasticity in ecological conditions experienced during adulthood, rather than
441 early-life, may be altering the association between behavior and life history within our study
442 (Montiglio et al. 2018). This has been demonstrated across many taxa, particularly in species
443 whose food availability is dependent on masting events (Bergeron et al. 2013; Cote et al. 2013;
444 Montiglio et al. 2014; Le Galliard et al. 2015; Debecker et al. 2016; Goulet et al. 2016). In our
445 study population, environmental conditions may occasionally become more favorable, resulting
446 in relaxed trade-offs in life history. For example, four separate translocation exercises that
447 removed breeding individuals away from Cousin to neighboring islands temporarily eased
448 intraspecific competition by creating breeding vacancies (Johnson et al. 2018). Therefore, it is
449 possible that some of the Seychelles warblers included in our analyses experienced periods of
450 relaxed pressure for trade-offs, resulting in the potential masking of covariation between behavior
451 and life history.

452

453 According to the pace-of-life syndrome hypothesis, natural selection and trade-offs in resource
454 allocation to different biological functions maintain phenotypic variation and adaptive integration
455 of both life-history and behavioral traits to form syndromes (Stearns 1992; Roff 1993; Wolf et al.

456 2007). Under such conditions, various syndromes that exist along the pace-of-life continuum are
457 expected to possess similar fitness consequences, such as their effect on LRS. Whilst we identified
458 no difference in LRS values between high and low exploratory individuals, we also did not
459 identify covariation between life history and behavior, and so a lack of directional selection of
460 behavior is unlikely to be a consequence of life-history trade-offs. Alternative mechanisms related
461 to internal state, frequency-dependent selection or non-equilibrium dynamics (Wolf and Weissing
462 2010) may instead play a greater role in maintaining exploratory traits within the population.

463

464 *Summary*

465 In summary, we have shown that despite conducting preliminary checks to validate the core
466 assumptions of pace-of-life syndrome hypothesis, as well as accounting for early-life ecological
467 conditions that could potentially conceal the prevalence of the pace-of-life syndrome, we found
468 no evidence for covariation between behavioral and life-history traits in the Seychelles warbler.
469 This echoes findings from recent meta-analyses, which also demonstrate the lack of evidence for
470 covariation between exploratory behavior and life history, and provides further understanding of
471 the conditions needed for the pace-of-life syndrome to emerge in a wild population of long-lived
472 passerine. We also found no relationship between behavior and LRS; however, as this did not
473 result from life-history trade-offs, it is likely a result of alternative evolutionary mechanisms
474 maintaining variation in exploratory behavior.

475

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736 **Tables and table legends**

737 **Table 1** Cox proportional hazards mixed model results for the effect of residual **(A)** novel environment exploration score or **(B)** residual novel object
 738 exploration score on longevity in the Seychelles warbler. Including parameter coefficients (estimate), standard errors (SE), exponential coefficients
 739 (Exp(est)), which represent the hazard ratios, Wald statistic (z) and statistical significance (P). Significant effects denoted in bold. This model uses
 740 residual exploration scores corrected for age (linear and quadratic terms) and tent colour (blue/green).

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	(a) Novel environment exploration N=466 (dead = 307, alive = 150, translocated = 9)					(b) Novel object exploration N=326 (dead = 186, alive = 139, translocated = 1)				
	Estimate	SE	Exp(est)	z	P	Estimate	SE	Exp(est)	z	P
<u>Fixed effects</u>										
Sex (male)	0.061	0.120	1.062	0.510	0.610	0.022	0.157	1.022	0.140	0.890
Residual exploration score	-0.137	0.872	0.872	-1.070	0.280	-0.090	0.160	0.914	-0.560	0.580
Natal territory quality	-0.189	0.828	0.828	-1.480	0.140	-0.101	0.160	0.904	-0.630	0.530
<u>Random effect</u>										
Cohort	0.415					0.323				

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746 **Table 2** Correlation between exploratory traits and life-history/fitness. Includes between-
 747 individual correlation coefficients (r_i) and corresponding 95% credible intervals (CrI) extracted
 748 from bivariate MCMCglmms between either novel environment exploration or novel object
 749 exploration as the behavioral trait and age at first breeding, reproductive lifespan or lifetime
 750 reproductive success (LRS) is the life-history/fitness trait.
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Exploratory trait	Life-history/ fitness trait	Sex	Correlation coefficient (r_i), 95% CrI	$N_{individuals}$
Novel environment	Age at first breeding	♂	0.138 [-0.311, 0.544]	194
Novel environment	Age at first breeding	♀	-0.238 [-0.547, 0.171]	168
Novel object	Age at first breeding	♂	0.001 [-0.463, 0.465]	137
Novel object	Age at first breeding	♀	0.074 [-0.302, 0.567]	112
Novel environment	Reproductive lifespan	♂	0.174 [-0.199, 0.426]	182
Novel environment	Reproductive lifespan	♀	0.228 [-0.228, 0.450]	169
Novel object	Reproductive lifespan	♂	0.099 [-0.242, 0.458]	121
Novel object	Reproductive lifespan	♀	-0.210 [-0.511, 0.264]	107
Novel environment	LRS	♂	0.023 [-0.352, 0.479]	116
Novel environment	LRS	♀	0.014 [-0.488, 0.441]	113
Novel object	LRS	♂	0.128 [-0.382, 0.636]	65
Novel object	LRS	♀	0.412 [-0.344, 0.752]	64

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755 **Table 3** Bivariate MCMC model results investigating the covariation between either (A) novel environment exploration or (B) novel object exploration
756 and age at first breeding as response variables. Reported are the posterior modes and their 95% credible intervals of all fixed and random effects in the
757 model. Fixed effects include: age (quadratic and linear terms), assay number, tent colour (contrast level = blue), branch orientation (contrast level =
758 diagonal), early-life insect availability, natal territory quality and cohort. Random effects include cohort, observer ID bird ID and residual components.
759 Statistical significance of fixed effects is indicated by 95% credible intervals not overlapping zero and these are denoted in bold.

		(a) Novel environment exploration		(b) Novel object exploration	
		Males	Females	Males	Females
<u>Fixed effects</u>					
	Exploration : Age	2.105 [1.199, 2.948]	1.660 [0.560, 2.821]	1.107 [0.092, 2.221]	3.851 [1.845, 5.794]
	Exploration : Age ²	-1.283 [-2.047,-0.558]	-0.953 [-1.842,-0.090]	-0.431 [-1.264, 0.453]	-2.677 [-4.217,-1.105]
	Exploration : Assay number	0.347 [0.189, 0.505]	0.624 [0.423, 0.810]	0.413 [0.189, 0.654]	0.556 [0.202, 0.921]
	Exploration : Tent colour (blue)	0.307 [0.017, 0.625]	0.310 [-0.138, 0.744]		
	Exploration : Branch orientation (diagonal)			0.328 [-0.064, 0.692]	0.410 [-0.232, 1.060]
	Age at first breeding: Insect availability	-0.036 [-0.324, 0.257]	0.087 [-0.336, 0.478]	-0.021 [-0.354, 0.321]	0.044 [-0.458, 0.513]
	Age at first breeding : Natal territory quality	-0.103 [-0.856, 0.603]	-0.309 [-1.154, 0.631]	0.006 [-0.885, 0.877]	-0.125 [-1.277, 1.066]
<u>Random effects</u>					
	Exploration : Bird ID	0.511 [0.217, 0.811]	0.669 [0.347, 1.069]	0.526 [0.162, 0.9345]	1.388 [0.466, 2.305]
	Exploration : Observer ID	0.063 [0.001, 0.209]	0.480 [0.091, 1.102]	0.023 [0.001, 0.091]	0.392 [0.076, 0.934]
	Exploration : Residual	0.846 [0.607, 1.117]	0.998 [0.674, 1.375]	0.929 [0.552, 1.320]	1.171 [0.559, 1.909]
	Age at first breeding : Bird ID	0.075 [0.039, 0.116]	0.145 [0.075, 0.222]	0.089 [0.044, 0.142]	0.184 [0.090, 0.290]
	Age at first breeding : Cohort	0.015 [0.001, 0.053]	0.146 [0.050, 0.274]	0.013 [0.001, 0.047]	0.1814 [0.052, 0.352]
	Covariance (BirdID)	0.023 [-0.065, 0.120]	-0.064 [-0.200, 0.053]	0.003 [-0.105, 0.117]	0.068 [-0.174, 0.306]

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763 **Table 4** Bivariate MCMC model results investigating the covariation between either (A) novel environment exploration or (B) novel object exploration
764 and reproductive lifespan as response variables. Reported are the posterior modes and their 95% credible intervals of all fixed and random effects in the
765 model. Fixed effects include: age (quadratic and linear terms), assay number, tent colour (contrast level = blue), branch orientation (contrast level =
766 diagonal), natal group size, maternal age (years) and cohort. Random effects include cohort, observer ID bird ID and residual components. Statistical
767 significance of fixed effects is indicated by 95% credible intervals not overlapping zero and these are denoted in bold.

	(a) Novel environment exploration		(b) Novel object exploration	
	Males	Females	Males	Females
<u>Fixed effects</u>				
Exploration : Age	1.750 [0.846, 2.666]	1.197 [0.094, 2.280]	0.676 [-0.545, 1.866]	3.524 [1.463, 5.539]
Exploration : Age ²	-1.098 [-1.924, -0.300]	-0.677 [-1.658, 0.234]	-0.137 [-1.113, 0.846]	-2.341 [-3.939, -0.736]
Exploration : Assay number	0.612 [0.321, 1.948]	1.295 [0.879, 1.742]	0.813 [0.263, 1.342]	0.815 [-0.002, 1.593]
Exploration : Tent colour (blue)	0.450 [0.094, 0.816]	0.295 [-0.175, 0.755]		
Exploration : Branch orientation (diagonal)			0.341 [-0.179, 0.846]	0.359 [-0.359, 1.069]
Reproductive lifespan : Natal group size	-0.102 [-0.563, 0.355]	0.020 [-0.430, 0.448]	-0.324 [-0.826, 0.183]	-0.237 [-0.830, 0.363]
Reproductive lifespan : Maternal age	-0.068 [-0.319, 0.177]	-0.229 [-0.504, 0.040]	-0.124 [-0.415, 0.152]	-0.143 [-0.505, 0.212]
Reproductive lifespan : Cohort	-0.120 [-0.164, -0.075]	-0.092 [-0.137, -0.048]	-0.128 [-0.177, -0.074]	-0.098 [-0.155, -0.037]
<u>Random effects</u>				
Exploration : Bird ID	0.457 [0.218, 0.725]	0.618 [0.260, 1.016]	0.613 [0.232, 1.037]	1.296 [0.315, 2.328]
Exploration : Observer ID	0.228 [0.066, 0.457]	0.289 [0.060, 0.669]	0.289 [0.060, 0.669]	0.477 [0.067, 1.1669]
Exploration : Residual	0.716 [0.509, 0.951]	1.125 [0.735, 1.513]	0.946 [0.573, 1.381]	1.453 [0.680, 2.362]
Reproductive lifespan : Bird ID	0.368 [0.224, 0.522]	0.055 [-0.102, 0.215]	0.242 [0.128, 0.369]	0.360 [0.188, 0.577]
Reproductive lifespan : Cohort	0.143 [0.050, 0.272]	0.172 [0.062, 0.324]	0.156 [0.050, 0.298]	0.196 [0.052, 0.388]
Covariance (BirdID)	0.050 [-0.132, 0.118]	0.336 [0.195, 0.492]	0.044 [-0.100, 0.181]	-0.081 [-0.366, 0.177]

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770 **Table 5** Bivariate MCMC model results investigating the covariation between either (A) novel environment exploration or (B) novel object exploration
771 and lifetime reproductive success as response variables. Reported are the posterior modes and their 95% credible intervals of all fixed and random effects
772 in the model. Fixed effects include: age (quadratic and linear terms), assay number, tent colour (contrast level = blue), branch orientation (contrast level
773 = diagonal), helper in natal group (yes/no), natal group size, maternal age (years) and cohort. Random effects include cohort, observer ID bird ID and
774 residual components. Statistical significance of fixed effects is indicated by 95% credible intervals not overlapping zero and these are denoted in bold.
775

	(a) Novel environment exploration		(b) Novel object exploration	
	Males	Females	Males	Females
<u>Fixed effects</u>				
Exploration : Age	2.087 [1.038, 3.114]	1.536 [0.160, 3.051]	0.743 [-0.889, 2.451]	2.433 [-0.189, 5.270]
Exploration : Age ²	-1.303 [-2.254,-0.298]	-0.945 [-2.249, 0.360]	-0.046 [-1.559, 1.459]	-1.514 [-3.888, 0.905]
Exploration : Assay number	0.599 [0.237, 0.953]	1.284 [0.796, 1.736]	0.405 [-0.391, 1.138]	0.445 [-0.505, 1.367]
Exploration : Tent colour (blue)	0.287 [-0.133, 0.731]	-0.205 [-0.735, 0.332]		
Exploration : Branch orientation (diagonal)			0.052 [-0.706, 0.781]	0.544 [-0.337, 1.449]
LRS : Helper in natal group (no)	0.111 [-0.562, 0.791]	0.233 [-0.408, 0.865]	0.397 [-0.448, 1.257]	0.090 [-0.904, 1.0444]
LRS : Maternal age	0.351 [-0.214, 0.901]	-0.583 [-1.157,-0.014]	0.128 [-0.636, 0.869]	-1.050 [-1.966,-0.200]
LRS : Cohort	-0.243 [-0.342,-0.149]	-0.249 [-0.346,-0.152]	-0.258 [-0.386,-0.137]	-0.244 [-0.383,-0.103]
<u>Random effects</u>				
Exploration : Bird ID	0.449 [0.193, 0.722]	0.659 [0.262, 1.076]	0.678 [0.226, 1.218]	1.471 [0.373, 2.646]
Exploration : Observer ID	0.243 [0.060, 0.514]	0.388 [0.077, 0.861]	0.391 [0.067, 0.959]	0.655 [0.070 1.851]
Exploration : Residual	0.599 [0.382, 0.837]	0.928 [0.577, 1.320]	0.800 [0.344, 1.304]	1.195 [0.495, 2.093]
LRS : Bird ID	0.766 [0.327, 1.288]	0.565 [0.212, 0.977]	0.624 [0.204, 1.160]	0.645 [0.193, 1.237]
LRS : Cohort	0.329 [0.066, 0.735]	0.286 [0.064, 0.637]	0.454 [0.080, 1.066]	0.462 [0.068, 1.106]
Covariance (BirdID)	0.037 [-0.213, 0.299]	-0.019 [-0.308, 0.268]	0.101 [-0.248, 0.480]	0.228 [-0.351, 0.881]