

# Multimodel approaches are not the best way to understand multifactorial systems

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## Abstract

Information-theoretic (IT) and multi-model averaging (MMA) statistical approaches are widely used but suboptimal tools for pursuing a multifactorial approach (also known as the method of multiple working hypotheses) in ecology. (1) Conceptually, IT encourages ecologists to perform tests on sets of artificial models. (2) MMA improves on IT model selection by implementing a simple form of *shrinkage estimation* (a way to make accurate predictions from a model with many parameters, by “shrinking” parameter estimates toward zero). However, other shrinkage estimators such as penalized regression or Bayesian hierarchical models with regularizing priors are more computationally efficient and better supported theoretically. (3) In general the procedures for extracting confidence intervals from MMA are overconfident, giving overly narrow intervals. If researchers want to accurately estimate the strength of multiple competing ecological processes along with reliable confidence intervals, the current best approach is to use full (maximal) statistical models (possibly with Bayesian priors) after making principled, *a priori* decisions about which predictors to include.

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25 Much modern scientific research quantifies the importance of multiple pro-  
26 cesses in natural or human systems. Some examples from my own work in  
27 ecology and evolution consider the effects of herbivory and fertilization on  
28 standing biomass (Gruner et al. 2008); the effects of bark, wood density, and  
29 fire on tree mortality (Brando et al. 2012); or the effects of taxonomic and  
30 genomic position on evolutionary rates (Ghenu et al. 2016). This *multifactorial*  
31 approach (McGill 2016) complements, rather than replacing, the traditional  
32 hypothesis-testing or strong-inferential framework (Platt 1964; Fox 2016).<sup>1</sup>

33 A standard approach to analyzing multifactorial systems, particularly com-  
34 mon in ecology, goes as follows: (1) Construct a full model that encompasses  
35 as many of the processes (and their interactions) as is feasible. (2) Fit the  
36 full model and make sure that it describes the data reasonably well (e.g. by  
37 computing  $R^2$  values or estimating degree of overdispersion). (3) Construct  
38 possible submodels of the full model by setting subsets of parameters to  
39 zero. (4) Compute information-theoretic measures of quality, such as the  
40 Akaike or Bayesian/Schwarz information criteria, for every submodel. (5)  
41 Use multi-model averaging (MMA) to estimate model-averaged parameters  
42 and confidence intervals (CIs); possibly draw conclusions about the impor-  
43 tance of different processes by summing the information-theoretic weights  
44 (Burnham and Anderson 2002). I argue that this approach, even if used  
45 sensibly as advised by proponents of the approach (e.g. with reasonable  
46 numbers of candidate submodels), is a poor way to approach multifactorial  
47 problems.

48 My goal is to tease apart the contributions of many processes, *all* of which  
49 we believe are affecting our study system to some degree. If our scientific  
50 questions are (something like) “How important is this factor, in an absolute  
51 sense or relative to other factors?”, not “Which of these factors are actually  
52 doing *anything at all* in my system?”, why are we working so hard to fit  
53 many models of which only one (the full model) incorporates all of the  
54 factors? If we do not have particular, *a priori* discrete hypotheses (such  
55 as “A influences the outcome but B does not”) about our system (and a  
56 multifactorial approach would suggest that we should not), why does so  
57 much of our data-analytic effort go into various ways to test between, or  
58 combine and reconcile, multiple discrete models? In software engineering,  
59 this would be called an “XY problem”<sup>2</sup>: rather than thinking about the best

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<sup>1</sup>While there is much interesting debate over the best methods for gathering evidence to distinguish among two or more particular, *intrinsically* discrete hypotheses (Taper and Ponciano 2015), that is not my focus here.

<sup>2</sup><http://www.perlmonks.org/?node=XY+Problem>

60 way to solve our real problem  $X$  (understanding multifactorial systems), we  
61 have gotten bogged down in the details of how to make a particular tool,  
62  $Y$  (multimodel approaches) provide the answers we need. Most critiques  
63 of MMA address technical concerns such as the influence of unobserved  
64 heterogeneity (Brewer, Butler, and Cooksley 2016), or criticize the misuse of  
65 information-theoretic methods by researchers (Cade 2015), but do not ask  
66 why we are comparing discrete models in the first place. (Many statisticians  
67 now emphasize the importance of *causal inference* (Fieberg and Johnson 2015;  
68 Laubach et al. 2021; Kimmel et al. 2021; Arif and MacNeil 2022); while this is  
69 important, it is not the focus here.)

70 In contrast to averaging across discrete hypotheses, or treating a choice of  
71 discretizing hypotheses as an end goal, fitting multiple models as a step in a  
72 null-hypothesis significance testing (NHST) procedure is defensible. While  
73 much maligned, NHSTs are a useful part of data analysis — *not* to decide  
74 whether we really think a null hypothesis is false (they almost always are),  
75 but to see if we can distinguish signal from noise. Another interpretation is  
76 that NHSTs can test whether we can reliably determine the *direction of effects*  
77 — that is, not whether the effect of a predictor on some process is zero, but  
78 whether we can tell unequivocally that it is positive (or negative (Jones and  
79 Tukey 2000; Dushoff, Kain, and Bolker 2019)). We perform these tests by  
80 statistically comparing a full model to a reduced model that pretends the  
81 effect is exactly zero.

82 However, researchers using multimodel approaches are not fitting one-step-  
83 reduced models to test hypotheses; rather, they are fitting a wide range of  
84 submodels, typically in the hope that model choice or multimodel averaging  
85 will help them deal with insufficient data in a multifactorial world. If we  
86 had enough information (even “big data” doesn’t always provide as the  
87 information as we need: Meng (2018)), we could fit just the full model,  
88 drawing our conclusions from the estimates and CIs with all of the factors  
89 considered simultaneously. But we nearly always have too many predictors,  
90 and not enough data; we don’t want to overfit (which will inflate our CIs  
91 and  $p$ -values to the point where we can’t tell anything for sure), but at the  
92 same time we are scared of neglecting potentially important effects.

93 Stepwise regression, the original strategy for separating signals from noise, is  
94 now widely deprecated (Harrell 2001; Whittingham et al. 2006). Information-  
95 theoretic tools mitigate the instability of stepwise approaches, allow simul-  
96 taneous comparison of many, non-nested models, and avoid the stigma  
97 of NHST. A further step forward, multi-model averaging (Burnham and

98 Anderson 2002), accounts for model uncertainty and avoids focusing on a  
99 single best model. Some forms of model averaging provide simple *shrink-*  
100 *age estimators*; averaging the strength of effects between models where they  
101 are included and models where they are absent “shrinks” the estimated  
102 effects toward zero (Cade 2015). More recently, however, model averaging  
103 is experiencing a backlash, as studies point out that multimodel averaging  
104 may run into trouble when variables are collinear (Freckleton (2011; but cf.  
105 Walker 2017)); when we are careless about the meaning of main effects in  
106 the presence of interactions; when we average model parameters rather than  
107 model predictions (Cade 2015); or when we use summed model weights to  
108 assess the relative importance of predictors (Galipaud et al. (2014; but cf.  
109 Zhang, Zou, and Carroll 2015)).

110 In ecology, information criteria were introduced by applied ecologists who  
111 were primarily interested in making the best possible predictions to inform  
112 conservation and management; they were less concerned with inference or  
113 quantifying the strength of underlying processes Johnson and Omland (2004).  
114 Rather than using information criteria as tools to identify the best predictive  
115 model, or to obtain the best overall (model-averaged) predictions, most  
116 current users of information-theoretic methods use them either to quantify  
117 variable importance, or, by multimodel averaging, to have their cake and  
118 eat it too — to avoid either over- or underfitting while quantifying effects  
119 in multifactorial systems. These researchers encounter two problems, one  
120 conceptual and one practical.

121 The conceptual problem with model averaging reflects the original sin of  
122 unnecessarily discretizing a continuous world. Suppose we want to un-  
123 derstand the effects of temperature and precipitation on biodiversity. The  
124 model-comparison or model-averaging approach would construct five mod-  
125 els: a null model with no effects of either temperature or precipitation, two  
126 single-factor models, an additive model, and a full model allowing for in-  
127 teractions between temperature and precipitation. We would then fit all (or  
128 many) of these models and then model-average their parameters. We might  
129 be doing this in an effort to get good predictions, or to to test our confidence  
130 that we know the signs of particular effects (measured in the context of  
131 whatever processes are included in the reduced and the full models), but  
132 they are only means to an end, and we shouldn’t fool ourselves into thinking  
133 that we are using the method of multiple working hypotheses. For example,  
134 Chamberlin (1897, reprinted as Raup and Chamberlin (1995)) argued that  
135 in teaching about the origin of the Great Lakes we should urge students “to  
136 conceive of three or more great agencies [pre-glacial erosion, glacial erosion,

137 crust deformation] working successively or simultaneously, and to estimate  
138 how much was accomplished by each of these agencies.” Chamberlin was  
139 *not* suggesting that we test which individual mechanism or combination  
140 of mechanisms fits the data best (in whatever sense), but instead that we  
141 acknowledge that the world is multifactorial.

142 The technical problem with model averaging is its computational inefficiency.  
143 Individual models can take minutes or hours to fit, and we may have to fit  
144 dozens or scores of sub-models in the multi-model averaging process. There  
145 are efficient tools available for fitting “right-sized” models that avoid many  
146 of the technical problems of model averaging. Penalized methods such as  
147 ridge and lasso regression (Dahlgren 2010) are well known in some scientific  
148 fields; in a Bayesian setting, informative priors centered at zero have the same  
149 effect of *regularizing* — pushing weak effects toward zero and controlling  
150 model complexity (more or less synonymous with the *shrinkage* of estimates  
151 described above) (Lemoine 2019). Developed for optimal (predictive) fitting  
152 in models with many parameters, penalized models have well-understood  
153 statistical properties; they avoid the pitfalls of model-averaging correlated  
154 or nonlinear parameters; and, by avoiding the need to fit many sub-models  
155 in the model-averaging processes, they are much faster.<sup>3</sup>

156 Here I am not concerned whether ‘truth’ is included in our model set (it isn’t),  
157 and how this matters to our inference (Bernardo and Smith 1994; Barker and  
158 Link 2015). I am claiming the opposite, that our full model is usually as close  
159 to truth as we can get; we don’t really believe any of the less complex models.  
160 If we are trying to get the best predictions, or to compare the strength of  
161 various processes in a multifactorial context, there may be better ways to  
162 do it. In situations where we really want to compare qualitatively different,  
163 non-nested hypotheses (Luttbeg, Langen, and Adams 2004), AIC or BIC or  
164 any appropriate model-comparison tool is fine; however, if the models are  
165 *really* qualitatively different, perhaps we shouldn’t be trying to merge them  
166 by averaging, unless prediction is our only goal.

167 Penalized models have their own challenges. A big advantage of information-  
168 theoretic methods is that, like wrapper methods for feature selection in ma-  
169 chine learning (Chandrashekar and Sahin 2014), we can use model averaging  
170 as long as we can fit component models and extract the log-likelihood and  
171 number of parameters — we never need to build new software. Although  
172 powerful computational tools exist for fitting penalized versions of linear and

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<sup>3</sup>Although they often require a computationally expensive cross-validation step in order to choose the degree of penalization.

173 generalized linear models (e.g. the `glmnet` package for R) and mixed mod-  
174 els (`glmmlasso`), software for some more exotic models (e.g. zero-inflated  
175 models, quantile regressions, models for censored data) may not be readily  
176 available. Fitting these models requires the user to choose the degree of  
177 penalization. This process is conveniently automated in tools like `glmnet`,  
178 but correctly assessing out-of-sample accuracy (and hence the correct level  
179 of penalization) is tricky for data that are correlated in space or time (Wenger  
180 and Olden 2012; Roberts et al. 2016).

181 Finally, frequentist inference (computing  $p$ -values and CIs) for parameters  
182 in penalized models — one of the basic outputs we want from a statistical  
183 analysis of a multifactorial system — is a current research problem; statis-  
184 ticians have proposed a variety of methods (Pötscher and Schneider 2010;  
185 Javanmard and Montanari 2014; Lockhart et al. 2014; Taylor and Tibshirani  
186 2018), but they are far from being standard options in software. Scientists  
187 should encourage their friends in statistics and computer science to build  
188 tools that make penalized approaches easier to use.

189 Statisticians derived confidence intervals for ridge regression long ago (Oben-  
190 chain 1977) — but, surprisingly, they are identical to the confidence intervals  
191 one would have gotten from the full model without penalization! Wang and  
192 Zhou (2013) similarly proved that model-averaging CIs derived as suggested  
193 by Hjort and Claeskens (2003) are asymptotically (i.e. for arbitrarily large  
194 data sets) equivalent to the CIs from the full model. Analytical and simula-  
195 tion studies (D. Turek and Fletcher 2012; Fletcher and Turek 2012; D. B. Turek  
196 2013; D. Turek 2015; Kabaila, Welsh, and Abeysekera 2016; Dormann et al.  
197 2018) have shown that a variety of alternative methods for constructing CIs  
198 are overoptimistic, i.e. that they generate too-narrow confidence intervals  
199 with coverage lower than the nominal level. Simulations from several of the  
200 studies above show that MMA confidence intervals constructed according to  
201 the best known procedures typically include the true parameter values only  
202 about 80% or 90% of the time. In particular, Kabaila, Welsh, and Abeysekera  
203 (2016) say that constructing CIs that take advantage of shrinkage but still  
204 achieve correct coverage will be very difficult to achieve using model aver-  
205 aged confidence intervals. (The only examples I have been able to find of  
206 MMA confidence intervals with close to nominal coverage are from Chapter  
207 5 of Burnham and Anderson (2002).) In short, it seems difficult to find model-  
208 averaged confidence intervals that compete successfully with the standard  
209 confidence interval based on the full model.

210 Free lunches do not exist in statistics, any more than anywhere else. We can

211 use penalized approaches to improve prediction accuracy without having  
212 to sacrifice any input variables (by trading bias for variance), but the only  
213 known way to gain statistical power for testing hypotheses, or narrowing  
214 our uncertainty about our predictions, is to limit the scope of our models *a*  
215 *priori* (Harrell 2001), to add information from pre-specified Bayesian priors  
216 (or equivalent regularization procedures), or to collect more data. Burnham  
217 and Anderson (2004) defined a “savvy prior” that reproduces the results of  
218 AIC-based multimodel averaging in a Bayesian framework, but it is a weak  
219 conceptual foundation for understanding multifactorial systems. Because it  
220 is a prior on discrete models, rather than on the magnitude of continuous  
221 parameters that describe the strength of different processes, it will give  
222 rise to a spike-and-slab type marginal prior on parameters that assigns a  
223 positive probability to the unrealistic case of a parameter being exactly zero;  
224 furthermore, the prior will depend on the particular set of models being  
225 considered.

226 Multimodel averaging is probably most popular in ecology (Google Scholar  
227 returns  $\approx 60,000$  hits for “multimodel averaging” alone and 30,000 for “mul-  
228 timodel averaging ecology”). However, multifactorial systems — and the  
229 problems of approaching inference through comparing and combining dis-  
230 crete models that consider artificially limited subsets of the processes we  
231 know are operating — occur throughout the sciences of complexity, those  
232 involving biological and human processes. In psychology, economics, so-  
233 ciology, epidemiology, ecology, and evolution, every process that we can  
234 imagine has *some* influence on the outcomes that we observe. Pretending  
235 that some of these processes are completely absent can be a useful means to  
236 an inferential or computational end, but it is (almost) never what we actually  
237 believe about the system. We should not let this useful pretense become our  
238 primary statistical focus.

239 If we have good experimental designs and sensible scientific questions, mud-  
240 dling through with existing techniques will often give reasonable results  
241 (Murtaugh 2009). But researchers should at least be aware that the round-  
242 about statistical methods they currently use to understand multifactorial  
243 systems were designed for prediction, or the comparison of discrete hy-  
244 potheses, rather than for quantifying the relative strength of simultaneously  
245 operating processes. When prediction is the primary goal, penalized meth-  
246 ods can work better (faster and with better-understood statistical properties)  
247 than multimodel averaging. When estimating the magnitude of effects or  
248 judging variable importance, penalized or Bayesian methods may be appro-  
249 priate — or we may have to go back to the difficult choice of focusing on a

250 restricted number of variables for which we have enough to data to fit and  
251 interpreting the full model.

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