



1 The evolutionary dynamics of plastic foraging and its ecological  
2 consequences: a resource-consumer model.

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4  
5 **Abstract**

6 Phenotypic plasticity has important ecological and evolutionary consequences. In particular, behavioural  
7 phenotypic plasticity such as plastic foraging (PF) by consumers, may enhance community stability. Yet  
8 little is known about the ecological conditions that favor the evolution of PF, and how the evolutionary  
9 dynamics of PF may modulate its effects on community stability. In order to address these questions, we  
10 constructed an eco-evolutionary model in which resource and consumer niche traits underwent evolution-  
11 ary diversification. Consumers could either forage randomly, only as a function of resources abundance,  
12 or plastically, as a function of resource abundance, suitability and consumption by competitors. PF  
13 evolved when the niche breadth of consumers with respect to resource use was large enough and when  
14 the ecological conditions allowed substantial functional diversification. In turn, PF promoted further di-  
15 versification of the niche traits in both guilds. This suggests that phenotypic plasticity can influence the  
16 evolutionary dynamics at the community-level. Faced with a sudden environmental change, PF promoted  
17 community stability directly and also indirectly through its effects on functional diversity. However, other  
18 disturbances such as persistent environmental change and increases in mortality, caused the evolutionary  
19 regression of the PF behaviour, due to its costs. The causal relationships between PF, community stabil-  
20 ity and diversity are therefore intricate, and their outcome depends on the nature of the environmental  
21 disturbance, in contrast to simpler models claiming a direct positive relationship between PF and stability.

22  
23 **Keywords:** phenotypic plasticity, adaptive foraging, plastic foraging, eco-evolutionary dynamics,  
24 community stability

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26 Author contributions: SI, JG and LL originally formulated the project; SI, JG, EF and LL developed the model;  
27 LL and OG performed the numerical analyses; all authors participated in writing the manuscript

# 28 1 Introduction

29 Phenotypic plasticity has become central to evolutionary theory (West-Eberhard, 2003; Pfennig, 2021),  
30 but the interplay between its evolutionary dynamics and ecological consequences remains under-explored.  
31 Such an interplay occurs when a variety of resources are available to consumers investing more or less time  
32 on each resource according to its suitability, which depends on the (mis)match between the resources'  
33 defensive and consumers' counter-defensive traits (e.g. Clissold et al., 2009) and the nutritional quality  
34 of the resources and the requirements of the consumers (e.g. Behmer and Joern, 2008). The relative  
35 time spent on each resource (relative foraging efforts, sensu Abrams, 2010) sometimes corresponds to the  
36 best compromise between suitability and abundance, an outcome called *optimal foraging* (MacArthur  
37 and Pianka, 1966; Loeuille, 2010). However optimal foraging might be difficult to achieve when the  
38 identity and abundance of resources vary over time and space, because foraging optimization is not  
39 instantaneous (Abrams, 1992, 2010). Under such circumstances, consumers may nevertheless redirect  
40 their relative foraging efforts towards more profitable resources in order to increase their energy intake.  
41 The ability to adjust relative foraging efforts is a type of behavioural plasticity which has been called  
42 *adaptive foraging* in the literature (Valdovinos et al., 2013; Loeuille, 2010). However, this term can be  
43 misleading because "*adaptive*" generally refers to traits shaped by natural selection. Here, the term *plastic*  
44 *foraging* (PF) will be used for clarity, moreover because its evolutionary dynamics will be explored.

45 Indeed, phenotypic plasticity often results from evolution by natural selection (Nussey et al., 2005;  
46 Peluc et al., 2008; Van Kleunen and Fischer, 2001). In particular, phenotypic plasticity may help popu-  
47 lations to cope with environmental changes (Chevin et al., 2013; Vedder et al., 2013; Charmantier et al.,  
48 2008), although empirical evidence is sometimes questionable (Merilä and Hendry, 2014). From a the-  
49 oretical point of view, the extent to which phenotypic plasticity is adaptive has not been tested in the  
50 context of PF because previous works ignored the evolutionary dynamics of PF, focusing instead on food-  
51 web stability (Kondoh, 2003; Uchida and Drossel, 2007; Heckmann et al., 2012) or food web structure  
52 (Beckerman et al., 2006). Abrams (2003) modelled the evolution of the general foraging effort, corre-  
53 sponding to the overall amount of time and energy invested in foraging (e.g. Dill, 1983), in function of  
54 the trade-off with predation risk. *General* foraging effort differs from PF, that in contrast focuses on  
55 the adjustment of *relative* foraging efforts, i.e. how the general foraging effort is distributed across the  
56 different resources. Although the PF strategy increases energy intake, it may also be costly, e.g. by  
57 increasing predation risk (Abrams, 2003; Pangle et al., 2012; Wang et al., 2013; McArthur et al., 2014;  
58 Costa et al., 2019), preventing efficient thermoregulation (du Plessis et al., 2012; Van de Ven et al., 2019)  
59 or increasing searching time for resources (Randolph and Cameron, 2001; Bergman et al., 2001; Fortin  
60 et al., 2004). Since PF faces several trade-offs with life-history components, its evolution should depend  
61 on ecological parameters such as mortality rate, resource searching time or consumer niche width.

62 The first aim of the present study is therefore to understand, using a theoretical model, under which  
63 ecological conditions the ability of consumers to forage plastically is subject to evolution by natural  
64 selection. In short: is plastic foraging adaptive? We define PF as a change in relative foraging efforts  
65 that directly increases *energy intake*, but not necessarily *fitness*. This contrasts with Loeuille (2010)  
66 who defined adaptive foraging as "changes in resource or patch exploitation by consumers that give the  
67 consumer a higher fitness compared with conspecifics that exhibit alternative strategies". Our restricted  
68 definition is justified by the need to explore how the trade-off between energy intake and other life-history  
69 components modulates the evolution of PF. Moreover, consumers are affected by environmental changes,  
70 either directly (Bale et al., 2002; Staley and Johnson, 2008; Scherber et al., 2013) or indirectly through  
71 changes affecting their resources. For instance, environmental changes may induce a shift in resource  
72 phenology (Altermatt, 2010; Kerby et al., 2012; Portalier et al.) or alter resource chemistry (Bidart-  
73 Bouzat and Imeh-Nathaniel, 2008; Rasmann and Pellissier, 2015). As a result, the diet preferences of  
74 consumers may be altered (Rasmann et al., 2014; Rosenblatt and Schmitz, 2016; Boersma et al., 2016),  
75 suggesting that environmental disturbances should lead to the evolution of PF. However as disturbances

76 may also reduce the functional diversity of available resources (Thuiller et al., 2006; Buisson et al., 2013),  
77 the evolutionary response of the PF strategy to environmental changes is unclear.

78 Although phenotypic plasticity generally results from evolution by natural selection, as outlined above,  
79 it also generates evolutionary changes (Simpson, 1953; Baldwin, 1896; Laland et al., 2014), with genes  
80 acting as followers (West-Eberhard, 2003). In the context of PF, the consumption of novel or unusual  
81 resources through behavioral plasticity might trigger subsequent adaptations that favour the use of these  
82 resources. This would increase the diversity of the traits involved in resource use, such as counter-defences  
83 and nutritional requirements. The second motivation is therefore to investigate how PF can alter the  
84 evolution of these consumer traits, as well as those of their resources (defenses, nutritional quality). In  
85 particular, we expect PF to affect the functional diversity of consumers and resources, through its effects  
86 on diet breadth.

87 The evolutionary dynamics of phenotypic plasticity has important ecological consequences (Miner  
88 et al., 2005; Turcotte and Levine, 2016), which in turn can feed back into the evolutionary dynamics. In  
89 the case of PF, behavioural plasticity in diet choice can favour the persistence of consumers in unusual  
90 environments and rescue them in the face of environmental changes (e.g. Varner and Dearing, 2014;  
91 Kowalczyk et al., 2019). Previous theoretical studies have indeed shown that PF promotes community  
92 stability (Křivan and Schmitz, 2003; Abrams and Matsuda, 2004; Kondoh, 2003; Uchida and Drossel,  
93 2007). The third motivation is to test if this positive relationship holds when both PF and the functional  
94 traits of consumers and resources are subject to evolutionary dynamics. In this eco-evolutionary context,  
95 it is uncertain whether the evolution of PF stabilises communities directly, by altering food-web structure  
96 or indirectly, through its effects on functional diversity.

97 The main questions outlined earlier are sketched in Figure 1:

- 98 • Question 1. Under which ecological conditions is PF evolutionary adaptive?
- 99 • Question 2. When PF evolves, what are its effects on the diversity of the traits involved in the  
100 resource-consumer interaction?
- 101 • Question 3. What is the effect of the evolution of PF on the stability of the resource-consumer  
102 system, in response to environmental changes? Are these effects direct (Q3a) or indirect, mediated  
103 by the influence of PF on functional diversity (Q3b)?

104 To address these issues, we build an eco-evolutionary model in which a consumer species feeds on a  
105 resource species. Both species are characterized by an ecological trait; the resource is the most suitable  
106 for the consumer when both traits match. In addition, the consumers carry a foraging trait measuring  
107 the extent to which they select the resources allowing the largest intake, or instead forage randomly and  
108 consume the resources as a function of their abundance. Ecological and foraging traits are subject to  
109 evolution; starting from monomorphic initial conditions, they rapidly diversify and reach a stationary  
110 regime characterized by a stable diversity of ecological and foraging traits. The stationary regime is  
111 then subjected to various environmental disturbances, to test how the evolution of PF responds to en-  
112 vironmental changes, and how this cascades down on the ecological properties of the resource-consumer  
113 system.

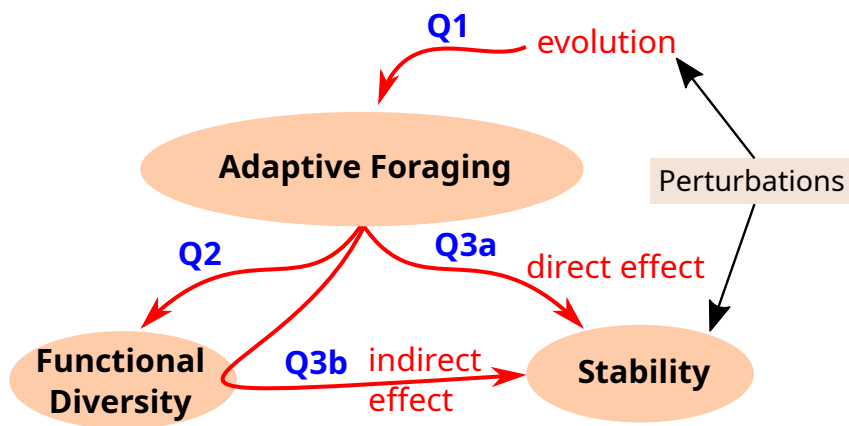


Figure 1: Overview of the main questions: (Q1) Under which ecological conditions does PF evolve? (Q2) Does the evolution of PF increases the diversity of traits involved in the resource-consumer interaction? (Q3) Does the evolution of PF enhances the stability of the resource-consumer system, either directly (Q3a) or through its effects on functional diversity (Q3b)?

## 114 2 Model description

### 115 2.1 A resource-consumer niche model

116 An eco-evolutionary model is developed to describe the dynamics of a consumer population feeding, with  
 117 various individual foraging strategies, on a resource population. Consumers compete for resources both  
 118 directly and indirectly. Individuals are characterized by quantitative traits: the niche traits  $x$  and  $y$   
 119 of consumers and resources, respectively, and the plastic foraging trait  $z$  of consumers. The niche traits  
 120 affect competition between individuals as well as interactions between consumer and resource individuals.  
 121 The foraging trait  $z$  affects the foraging strategy of the consumers through their foraging efforts  $\phi$ . The  
 122 model describes the time dynamics of the trait densities of resources  $R(t, y)$  and consumers  $C(t, x, z)$ ; the  
 123 components of the model are detailed in the following sections.

$$\partial_t R(t, y) = R(t, y) \left( \overbrace{\rho(t, y)}^{\text{resource growth}} - \overbrace{F_R(t, y)}^{\text{resource consumption}} \right) + \overbrace{\mathcal{M}_R(t, y)}^{\text{niche trait mutations}} \quad (1)$$

$$\partial_t C(t, x, z) = C(t, x, z) \left( \overbrace{F_C(t, x, z)}^{\text{resource absorption}} - \overbrace{\delta(t)}^{\text{mortality and competition}} \right) + \overbrace{\mathcal{M}_C(t, x, z)}^{\text{niche and PF traits mutations}} \quad (2)$$

124 **Resource growth and niche trait.** In the absence of consumers, resources grow logistically

$$\rho(t, y) = g \left( 1 - \frac{r_e(t, y)}{K(y - y_0)} \right) \quad (3)$$

125 with an intrinsic rate  $g$ , independent from the niche trait  $y$ , and a carrying capacity that depends on  
 126 the difference between the niche trait  $y$  and the optimal niche trait  $y_0$ . Competition between resources  
 127 depends on the niche trait  $y$  through the carrying capacity  $K(y - y_0)$  of individuals with trait  $y$  and  
 128  $r_e(t, y)$ , the effective population density perceived by an individual with trait  $y$  at time  $t$ . The effective  
 129 density depends on the phenotype distribution of the population and the competition strength  $K_e(y - y')$   
 130 exerted by an individual with trait  $y'$  on an individual with trait  $y$ :

$$r_e(t, y) = \int K_e(y - y') R(t, y') dy' \quad (4)$$

131 The functions  $K$  and  $K_e$  are normally distributed around  $y = 0$  with variances  $\sigma_K$  and  $\sigma_C$  respectively  
 132 (Table SI.1 and Fig. SI.1).

133 **Resource consumption and absorption.** In the presence of consumers, resources are exploited at  
 134 rate  $F_R$ , whereas the consumer density increases through resource absorption at a rate  $F_C$ . On the  
 135 one hand, these rates depend on the consumers foraging efforts  $\phi(t, x, y, z)$ , which characterize the time  
 136 spent by a consumer of niche trait  $x$  and foraging trait  $z$  on a resource of trait  $y$  during a period  $t$ .  
 137 On the other hand, they vary with the effective interaction strength  $\Delta(x, y)$  between consumer and  
 138 resource individuals. The function  $\Delta$  is normally distributed around 0 with a variance  $\sigma$ , which measures  
 139 the extend to which consumers can deal with a variety of resource types (Table SI.1). The variance  
 140 parameter  $\sigma$  is chosen similarly to previous models (see e.g. Dieckmann and Doebeli, 1999; Egas et al.,  
 141 2005), but it is not subject to evolution as in Egas et al. (2005). The interactions are described by a  
 142 Holling type II functional response, which provides the following consumption and absorption rates:

$$F_R(t, y) = \iint U(t, x, y, z) C(t, x, z) dx dz \quad \text{and} \quad F_C(t, x, z) = \alpha \int U(t, x, y, z) R(t, y) dy \quad (5)$$

$$\text{with } U(t, x, y, z) = \frac{b\phi(t, x, y, z)\Delta(x, y)}{1 + s(z)b \int \phi(t, x, y, z)\Delta(x, y)R(t, y)dy} \quad (6)$$

143 with  $\alpha$  the conversion coefficient,  $b$  the extraction coefficient and  $s(z)$  the searching time, which depends  
 144 on the foraging trait  $z$  as explained below. The quantity  $U$  corresponds to the uptake per resource of  
 145 type  $y$  from a consumer of traits  $(x, z)$ .

146 **Consumer mortality and competition.** Moreover, consumer density is affected by mortality at a  
 147 constant rate  $d$  and by direct intraspecific competition between consumers for other limiting factors than  
 148 resources, at a rate  $I$ .

$$\delta(t) = \left( d + I \iint C(t, x, z) dx dz \right) \quad (7)$$

149 where the integrals correspond to the total biomass of consumer.

150 **Mutation of traits and diffusion approximation.** Due to mutations, the niche traits and the  
 151 foraging trait can evolve independently. Foraging behaviour can indeed be heritable in nature (Wallin,  
 152 1988; Lemon, 1993). Since ecological and evolutionary dynamics occur on the same time scale, mutants  
 153 are constantly introduced through the diffusion of traits:

$$\mathcal{M}_R(t, y) = \frac{\mu\sigma_m^2}{2} \partial_y^2 R(t, y) \quad \text{and} \quad \mathcal{M}_C(t, x, z) = \frac{\mu\sigma_m^2}{2} \partial_x^2 C(t, x, z) + \frac{\mu\sigma_m^2}{2} \partial_z^2 C(t, x, z), \quad (8)$$

154 where  $\mu$  is the mutation frequency and  $\sigma_m^2$  is the variance of the mutational effects. This approach  
 155 contrasts with the adaptive dynamic framework, in which a mutant phenotype is introduced sequentially  
 156 and persists only if its invasive fitness is positive (Geritz et al., 1998).

## 157 2.2 Foraging strategies and plastic foraging trait.

158 Consumers can use two different foraging strategies during their foraging time: Random Foraging (RF)  
 159 or Plastic Foraging (PF). The effective consumer foraging strategy depends on the consumer plastic  
 160 foraging trait  $z \in [0, 1]$ , which corresponds to the proportion of its general foraging effort spent using the  
 161 PF strategy. The effective consumer efforts are thus:

$$\phi = z\phi_{PF} + (1 - z)\phi_{RF} \quad (9)$$

162 where  $\phi_{PF}$  and  $\phi_{RF}$  are the foraging efforts resulting respectively from the plastic foraging strategy and  
 163 the random strategy.

164 **Random foraging strategy.** When using RF, the consumer randomly forages its environment without  
 165 selecting resources. The resulting efforts  $\phi_{RF}$  is proportional to the density of the resources:

$$\phi_{RF}(t, y) = \frac{R(t, y)}{\int R(t, y') dy'} \quad (10)$$

166 **Plastic foraging strategy.** Conversely, when using PF, consumers actively search for resources, that  
 167 maximize their energy intake. More precisely, they modify their foraging efforts according to the potential  
 168 resource uptake  $u$ , that corresponds to the amount of resource taken by the consumer, if its foraging effort  
 169 only focus on this resource. It depends on the resource availability and suitability (e.g. Sundell et al.,  
 170 2003). A consumer will reduce its effort on a resource if the uptake from that resource is lower than the  
 171 uptake from an other resource, that is if the difference between potential resource uptakes is negative. The

172 resulting relative foraging efforts  $\phi_{PF}$  may change over time according to the average difference between  
 173 resource uptake, weighted by the foraging effort per resource and the amount of resource as follows:

$$\begin{aligned} \partial_t \phi_{PF}(t, x, y, z) = l_\phi C(t, x, z) & \left( \int R(t, y) \phi_{PF}(t, x, y', z) [u(t, x, y, z) - u(t, x, y', z)]_+ dy' \right. \\ & \left. - \int R(t, y') \phi_{PF}(t, x, y, z) [u(t, x, y', z) - u(t, x, y, z)]_+ dy' \right) \end{aligned} \quad (11)$$

174 where  $[u(y) - u(y')]_+ = \max\{(u(y) - u(y')), 0\}$  is the positive part of the difference between potential  
 175 resource uptake. The quantity  $\phi_{PF}$  is analogous to the behavioral trait  $z$  in [Abrams and Matsuda \(2004\)](#).  
 176 The potential resource uptake  $u(t, x, y, z)$  of a consumer with traits  $(x, z)$  on a resource with trait  $y$   
 177 depends on its foraging efforts as well as the resource suitability and availability:

$$u(t, x, y, z) = \frac{b\Delta(x, y)R(t, y)}{1 + s(z)b \int \phi(t, x, y, z)\Delta(x, y)R(t, y)dy} \quad (12)$$

178 The PF dynamics allow consumers to compare the benefits  $u$  received from different resources. More  
 179 precisely, for a given resource  $y$  and a given consumer with traits  $x$  and  $z$ , if the benefits  $u(t, x, y, z)$   
 180 from the resource  $y$  is larger than the benefit  $u(t, x, y', z)$  from the resource  $y'$ , that is  $[u(t, x, y, z) -$   
 181  $u(t, x, y', z)]_+ > 0$ , then the consumer will gain benefits by increasing its effort on resource  $y$ . Conversely,  
 182 it will gain benefits by decreasing its effort on resource  $y'$ . Eq. (11) reflects the balance between the  
 183 positive effects  $[u(t, x, y, z) - u(t, x, y', z)]_+ > 0$  to increase the effort on resource  $y$  and the negative  
 184 effects  $-[u(t, x, y', z) - u(t, x, y, z)]_+ < 0$ , to do it. As a result, consumers increase their efforts on  
 185 the most beneficial resources and reduce them on sub-optimal resources. The comparison of resources is  
 186 assumed time consuming. The efforts are therefore not adjusted instantaneously but exponentially fast at  
 187 a rate that is proportional to the density of consumer  $C$ , with similar trait  $x$  and  $z$ , accounting for the use  
 188 of social cues during foraging ([Jones et al., 2018](#)), and an intrinsic adjustment rate  $l_\phi$ . When the intrinsic  
 189 adjustment rate  $l_\phi$  becomes large, the plastic foraging strategy becomes closer to the optimal foraging  
 190 strategy maximizing the potential resource uptake  $u$  ([MacArthur and Pianka, 1966](#); [Loeuille, 2010](#)).  
 191 Moreover, the searching time  $s(z)$  also increases with the foraging trait:  $s(z) = s_{min} + z(s_{max} - s_{min})$   
 192 (Figure [SI.1d](#)). This relationship introduces a trade-off between the PF strategy and the searching time.

### 193 3 The evolution of plastic foraging

194 Previous models exploring the effect of PF on community dynamics assumed that PF was a fixed trait  
 195 of equal intensity for all consumers ([Kondoh, 2003](#); [Uchida and Drossel, 2007](#); [Beckerman et al., 2010](#);  
 196 [Heckmann et al., 2012](#); [Valdovinos et al., 2013](#)). In these models, the foraging efforts of consumers changed  
 197 in function of the availability and suitability of their resources, but whether foraging efforts could change  
 198 or not was itself not subject to evolution. [Egas et al. \(2005\)](#) modelled the evolutionary dynamics of the  
 199 consumers' niche width, but not of their foraging selectivity. Therefore, the first motivation of this study  
 200 was to explore under which conditions the capacity to forage plastically can evolve by natural selection  
 201 (Question 1 in the introduction).

#### 202 3.1 Diversification and emerging foraging strategy

203 The model is investigated numerically using MATLAB. The niche traits are discretized into 31 equally  
 204 distanced values (11 values for the foraging trait). In the simulations, when the density of a resource  
 205 or a consumer phenotype drops below the critical threshold  $\varepsilon = 10^{-4}$ , the density is set to 0 to save  
 206 computational time. The simulations start with monomorphic populations at the niche center ( $y = x = 0$ )  
 207 and consumers have a purely random foraging strategy ( $z = 0$ ).

Parameters		Values for the response to disturbances	Ranges for the sensitivity analysis	PRCC values
$\sigma$	Consumers niche width	0.9	[0; 1]	0.28
$\sigma_K$	Resources niche width	2.5	[1; 4]	0.38
$s_{max}$	Cost of PF : maximal increase of searching time due to PF	0.55	[0.1; 2]	- 0.64
$d$	Consumers mortality	0.1	[0.1; 0.6]	0.13
$I$	Competition between consumers (other than for resources)	0.01	[0.01; 0.1]	0.13
$g$	Rate of resource growth	0.8	[0.2; 1.6]	0.11
$K_0$	Maximal carrying capacity	50	Fixed	
$y_0$	resource niche center (mode of carrying capacity function)	0	Fixed	
$\sigma_C$	Width of the competition kernel	$\sigma_K - 1$	Fixed	
$\alpha$	Biomass conversion coefficient from resources to consumers	0.3	Fixed	
$b$	Biomass extraction coefficient	0.5	Fixed	
$l_\phi$	Rate of change in foraging efforts	0.5	Fixed	
$s_{min}$	Cost of PF : minimal increase of searching time due to PF	0.1	Fixed	
$\mu$	Mutation frequency	0.1	Fixed	
$\sigma_m^2$	Mean effect of mutation	0.02	Fixed	
$\varepsilon$	Extinction threshold	$10^{-4}$	Fixed	
$T$	Simulation time	1000	Fixed	

Table 1: Parameters of the model with their reference values used for the analysis of the response to disturbances, and the range used for the 6 parameters tested by the sensitivity analysis. The last column corresponds to the PRCC values, that is the correlation between the mean foraging trait  $\bar{z}(t)$  and the tested parameter.

208 Given the parameter ranges of Table 1, the eco-evolutionary dynamics of the model lead to the diver-  
209 sification of resources and consumers along the ecological gradient (Figure 2a). Although the distribution  
210 of the consumer foraging trait reaches a unimodal distribution (Figure 2a), the consumers positioned at  
211 the niche center forage randomly, while those at the niche edges forage plastically (Figure 2b). Indeed,  
212 scarce resources located at the niche edge are consumed significantly by plastic foragers only, because  
213 random foragers cannot choose infrequent resources. Instead, abundant resources located at the niche  
214 center can be consumed in large amounts by random foragers. This model prediction calls for empirical  
215 testing, as we are not aware of any existing work reporting this pattern. In addition, the distributions of  
216 the niche traits reach a stationary regime that vary over time due to the PF strategy (Appendix A.1).

### 217 3.2 Parameters influencing the evolution of plastic foraging strategy

218 To investigate the ecological conditions leading to the evolution of PF, a global sensitivity analysis is  
219 performed using Partial Rank Correlations Coefficients (PRCC, Saltelli et al., 2004), on the mean foraging  
220 trait value of the consumer population  $\bar{z}(t)$  defined by:

$$\bar{z}(t) = \iint z \frac{C(t, x, z)}{\iint C(t, x', z') dx' dz'} dx dz \quad (13)$$

221 The analysis focuses on the parameters  $\sigma, \sigma_K, s_{max}, d, I, g$  (Table 1) with 5000 parameter sets sampled in  
222 their ranges.



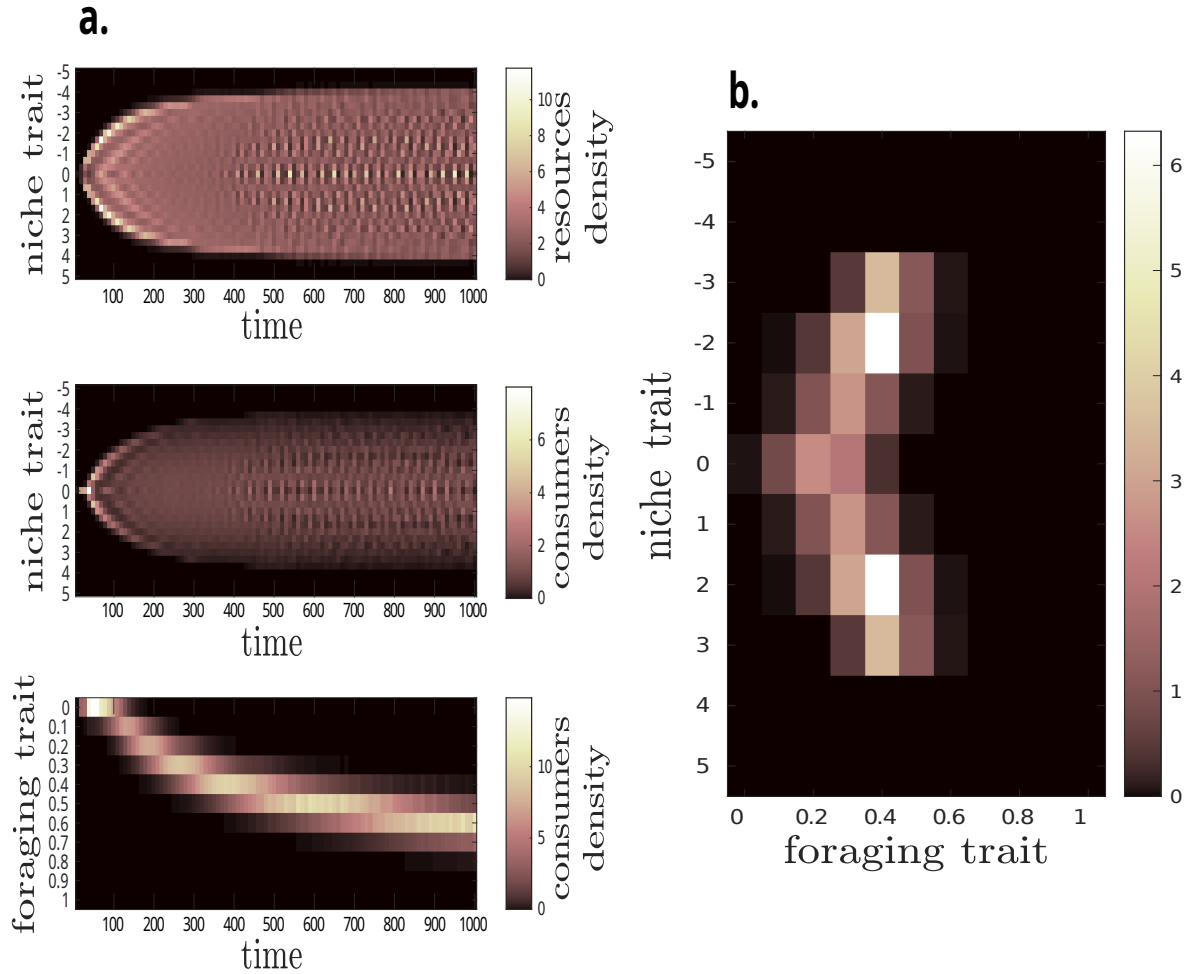


Figure 2: a) Diversification of niche and foraging traits starting from a single resource and consumer at the niche centre, and a RF consumer strategy. Top panel: resource densities  $R(t, y)$ . Middle panel: consumer densities  $\int C(t, x, z) dz$ . Bottom panel: foraging trait  $\int C(t, x, z) dx$ . b) The trait distribution of consumers at steady state (1000 time steps).

223 The PRCC analysis revealed that the six tested parameters played a significant role in the evolution  
 224 of PF (Table 1 last column).

225 **Handling time** As expected, elevated costs of PF ( $S_{max}$ , Table 1) disfavor its evolution (correlation  
 226 coefficient  $-0.64$ ), which is in accordance with the existence of a trade-off between PF and other life-  
 227 history traits like predation (Pangle et al., 2012; Wang et al., 2013; McArthur et al., 2014; Costa et al.,  
 228 2019), thermoregulation (du Plessis et al., 2012; Van de Ven et al., 2019) and time budget (Randolph  
 229 and Cameron, 2001; Fortin et al., 2004). In the present model the trade-off is only incorporated into the  
 230 handling time of the type II functional response, where high handling times reduce resource absorption  
 231 rates. If the PF strategy had increased mortality  $d$  instead of handling time, this would have also reduced  
 232 resource absorption (see Appendix B for a formal derivation of the model). A trade-off between PF and  
 233 mortality therefore provided similar results (Fig. SI.4 and SI.5).

234 **Consumer niche width** The evolution of PF is instead favored by the niche width of consumers  
 235 (parameter  $\sigma$ , correlation coefficient  $0.28$ ). The evolution of plastic foraging may lead to contrasting

236 foraging strategies among individuals, which increases inter-individual niche variation. This would then  
 237 fit with the "Niche Variation Hypothesis" (NVH) according to which "populations with wider niches  
 238 are more variable than populations with narrower niches" (Soule and Stewart, 1970). The NVH was  
 239 initially formulated by Leigh van Valen 1965 for morphological traits, although it appears better suited  
 240 to behavioral traits like resource use (Bolnick et al., 2007). Empirical support for the NVH was found for  
 241 herbivores (Bison et al., 2015) and predators (Bolnick et al., 2007), with a positive correlation between  
 242 total niche width and inter-individual niche variation. Baboons also combine niche breadth with selectiv-  
 243 ity in resource use (Whiten et al., 1991). Since the evolution of consumer niche width may itself depend  
 244 on environmental heterogeneity (Kassen, 2002) (i.e. on resource diversity in the model), the coevolution  
 245 of PF, niche width and niche position is a possible avenue for future research. Niche width foster PF  
 246 because consumers deplete the whole range of resources when their niche width is large, therefore com-  
 247 petition between consumers is more intense, which leads to the evolution of PF. Empirical studies have  
 248 indeed found that generalist consumers competing for resources forage plastically. For instance generalist  
 249 bumblebee species visited the larkspur *Delphinium barbeyi* when the most abundant bumblebee species  
 250 was experimentally removed, but preferred other plant species otherwise, likely to avoid competition for  
 251 nectar (Brosi and Briggs, 2013). A similar behavior has been reported for syrphid flies, which prefer-  
 252 entially foraged on open rather than tubular flowers when competing with bumblebees (Fontaine et al.,  
 253 2006). In the case of predators, intraspecific competition between sticklebacks (*Gasterosteus aculeatus*)  
 254 enhanced the diversity of foraging behaviors and increased the correlation between diet and morphology  
 255 (Svanbäck and Bolnick, 2007), as found here (Figure SI.9).

256 **Other parameters** The present model further predicts that PF evolution is favoured by direct com-  
 257 petition between consumers  $I$  (correlation coefficient 0.13) as well as by increased consumer mortality  $\delta$   
 258 (correlation coefficient 0.13). This is in line with the above results, in the sense that constrained environ-  
 259 mental condition for consumers strengthen the need for PF. On the other hand PF becomes useful when  
 260 resources are diversified enough, hence the positive effect of the resources niche width  $\sigma_K$  (correlation  
 261 coefficient 0.38).

## 262 4 The effects of PF evolution on community properties

263 Starting from a fixed pool of species or phenotypes, most previous theoretical works have shown that  
 264 PF fosters food web complexity and community stability (Kondoh, 2003; Uchida and Drossel, 2007;  
 265 Beckerman et al., 2010; Heckmann et al., 2012), although this depended on the way PF was incorporated  
 266 to the model (Berec et al., 2010). However, had niche traits been also subject to evolution, PF might  
 267 also have affected stability indirectly, through its effect on functional diversity (Figure 1). The effects of  
 268 PF on diversity and other community properties (Question 2 in the introduction) are discussed in the  
 269 present section and the effects on consumer persistence (Question 3) in section 5.

### 270 4.1 Effects on biomass

271 To assess the effects of the evolution of PF on biomass, we compare the total biomass  $C$  of consumers in  
 272 two situations: a freely evolving PF trait  $z$  and a fixed RF strategy ( $z = 0$ ). In both cases, the ecological  
 273 niche traits  $x$  and  $y$  are subject to evolution. The communities evolve during 1000 time steps, which  
 274 is enough time for the system to reach a stationary regime with stable community-level characteristics  
 275 (A.1). The same comparison is done for all the other community properties.

276 When the evolution of PF produce consumer populations with a high mean foraging trait  $\bar{z}$ , the  
 277 resource biomass is reduced (e.g. -50% when  $\bar{z} = 1$ ) while the consumer biomass increased by 25%  
 278 on average (Figure 3a). Following the evolution of PF, the functional complementarity and diversity  
 279 of consumers increase their biomass at the expense of resources (Figure 3a). This fits with empirical

280 studies showing a relationship between resource consumption and consumer diversity (Deraison et al.,  
 281 2015; Lefcheck et al., 2019; Milotić et al., 2019). However, the variability of the consumer biomass among  
 282 simulations also increases with  $\bar{z}$ . This pattern has also been observed when the foraging trait  $z$  of a  
 283 monomorphic population without PF evolution is increased (Figure SI.3a).

## 284 4.2 Effects on functional diversity

285 Resource and consumer functional diversity are measured by the functional dispersion index  $FDis$  (Lal-  
 286iberté and Legendre, 2010), which represents for each population the average absolute deviation from the  
 287 mean niche trait:

$$FDis_R(t) = \int \frac{|y - \bar{y}(t)|R(t, y)}{\int R(t, y)dy} dy \quad \text{and} \quad FDis_C(t) = \int \frac{|x - \bar{x}(t)| \int C(t, x, z)dz}{\iint C(t, x, z)dx dz} dx \quad (14)$$

288 where  $\bar{y}(t) = \int \frac{y R(t, y)}{\int R(t, y)dy} dy$  and  $\bar{x}(t) = \int \frac{x \int C(t, x, z)dz}{\iint C(t, x, z)dx dz} dx$  are the mean traits of the resource and  
 289 consumer. The quantity  $\int C(t, x, z)dz$  corresponds to the biomass of individuals carrying the trait  $x$  in  
 290 the consumers population.

291 The evolution of PF increases functional dispersion of both resources and consumers (Figure 3b).  
 292 When the average foraging trait value is large the consequences on diversity indices becomes hetero-  
 293geneous, but the effect of PF is almost always positive. The increase in functional diversity is due to  
 294 an eco-evolutionary loop between resources and consumers situated at the niche edge. Following the  
 295 evolution of PF some consumers forage at the niche edge, thereby reducing the density of the corre-  
 296sponding resources. This decreases competition among these resources and promotes the emergence of  
 297 new resource phenotypes at the niche edge. The diversification of resources triggered the apparition of  
 298 consumers standing even further away from the niche centre, and so on until the resources reached the  
 299 limits of the exploitable niche. This emphasizes that adaptive phenotypic plasticity like PF can subse-  
 300quently fuel evolutionary change (Baldwin, 1896; Crispo, 2007; Laland et al., 2014). Instead, when no  
 301 PF evolution is introduced, the few resources standing far away from the niche centre are barely used by  
 302 consumers, which can not forage preferentially on them. This prevents the emergence of new resources  
 303 further away from the niche centre, due to competition between resources. Since the evolution of PF  
 304 occurs when the diversity of resources is initially large enough (large  $\sigma_K$ ), causation is reciprocal: PF  
 305 both promotes and is promoted by resource diversity.

## 306 4.3 Effects on productivity

307 Productivity corresponds to the net production of biomass by consumers following resource absorption,  
 308 measured once the system has reached a stationary regime (e.g. Loreau and Hector, 2001; Poisot et al.,  
 309 2013):

$$Prod = \iint C(T, x, z)F_C(T, x, z) dx dz \quad (15)$$

310  $T$  is the time to reach the stationary regime,  $T = 1000$  in the simulations below.

311 The relationship with productivity (i.e the flow of biomass from resources to consumers) is non-  
 312linear (Figure 3c). When the system with PF evolution has a rather low mean foraging trait ( $0 < \bar{z} <$   
 3130.4) productivity increases in comparison to the system without PF. This occurs thanks to functional  
 314complementarity between consumers (Poisot et al., 2013). However, when  $\bar{z}$  is above 0.4, the productivity  
 315gain does not change on average, because consumers with high foraging trait impact resources too heavily.  
 316Strong PF also increases the variability of productivity; among the systems with strong PF some have  
 317large gains of productivity and others small gains or even small deficits.

#### 318 4.4 Effects on niche overlap and functional match

319 The niche overlap between two consumers with niche traits  $x_i$  and  $x_j$  and foraging traits  $z_i$  and  $z_j$  is  
 320 defined by the correlation coefficient  $\rho_{ij}$  of their resource absorption:

$$\rho_{ij} = \frac{\int U(x_i, y, z_i) U(x_j, y, z_j) dy}{\sqrt{\int U^2(x_i, y, z_i) dy \int U^2(x_j, y, z_j) dy}} \quad (16)$$

321 The overall niche overlap between consumers  $\rho$  is the average of this correlation coefficient of all consumers  
 322 (Chesson and Kuang, 2008). The functional match  $FM$  corresponds to the mean difference between the  
 323 niche trait of the consumer and the mean niche trait of its diet, that is the resources absorbed by the  
 324 consumer:

$$FM(t) = \int \int | \text{diet}(t, x, z) - x | \frac{C(t, x, z)}{\int \int C(t, x, z) dx dz} dx dz$$

$$\text{where } \text{diet}(t, x, z) = \int y \frac{\phi(t, x, y, z) u(t, x, y, z)}{\int \phi u(t, x, y, z) dy} dy \quad (17)$$

325 The evolution of PF also decreases the niche overlap between consumers by about 90% as soon as the  
 326 mean foraging trait exceeds 0.2 (Figure 3d), and increases the functional match between the niche trait  
 327 of consumers and the mean niche trait of their resources (Figure SI.9). PF also decreased niche overlap  
 328 between pollinators in the model of Valdovinos et al. (2013) and in the empirical studies of Fontaine et al.  
 329 (2006) and Brosi and Briggs (2013). At the intraspecific level, niche overlap between individuals of the  
 330 same species decreased in function of their abundance (Svanbäck and Bolnick, 2007; Tur et al., 2014).  
 331 Short-term experimental time scales suggest this pattern was caused by plastic behavior (Svanbäck and  
 332 Bolnick, 2007), although in the long-term this pattern may also be due to genetic diversification. Since  
 333 abundance favors intraspecific competition, this is consistent with our findings that competition between  
 334 consumers promotes the evolution of PF. The decrease of niche overlap between consumers corresponds  
 335 to niche partitioning, which may favor their coexistence (Behmer and Joern, 2008; Turcotte and Levine,  
 336 2016).

337

## 338 5 The effects of PF on consumer persistence

339 To understand whether the evolution of PF can rescue consumers from environmental changes, three  
 340 specific disturbances are considered: a sudden environmental change where the mode  $y_0$  of the resource  
 341 niche is instantaneously shifted at a distance  $\Delta y$  from the initial niche center,  $y_0 + \Delta y$  (e.g. Domínguez-  
 342 García et al., 2019), an ecosystem disturbance where consumer mortality  $d$  increases gradually by  $\Delta d$ ,  
 343 and a constantly changing environment, where the mode  $y_0$  of the niche is displaced at constant speed  
 344  $c$ ,  $y_0 + ct$ . The mutation process driving the diversification of resources and consumers in the system  
 345 should help to recover trait diversity after a disturbance. To assess the effects of those disturbances on the  
 346 resource-consumer system, the proportion of consumer biomass lost after the disturbance is calculated  
 347 once a new equilibrium is reached. The difference in the mean foraging trait before and after each  
 348 disturbance is also measured.

349 Before the perturbation, we start with a resource-consumer system at equilibrium for each system:  
 350 with PF evolution and with fixed RF, that is the foraging trait of consumers is monomorphic ( $z = 0$ ) and  
 351 does not evolve ( $\partial_z^2 C = 0$ ). In the system with PF evolution, the mean PF trait is stabilized around a  
 352 high value,  $\bar{z} \approx 0.9$ , with the parameters set in Table 1. For each disturbance strength and type, we wait

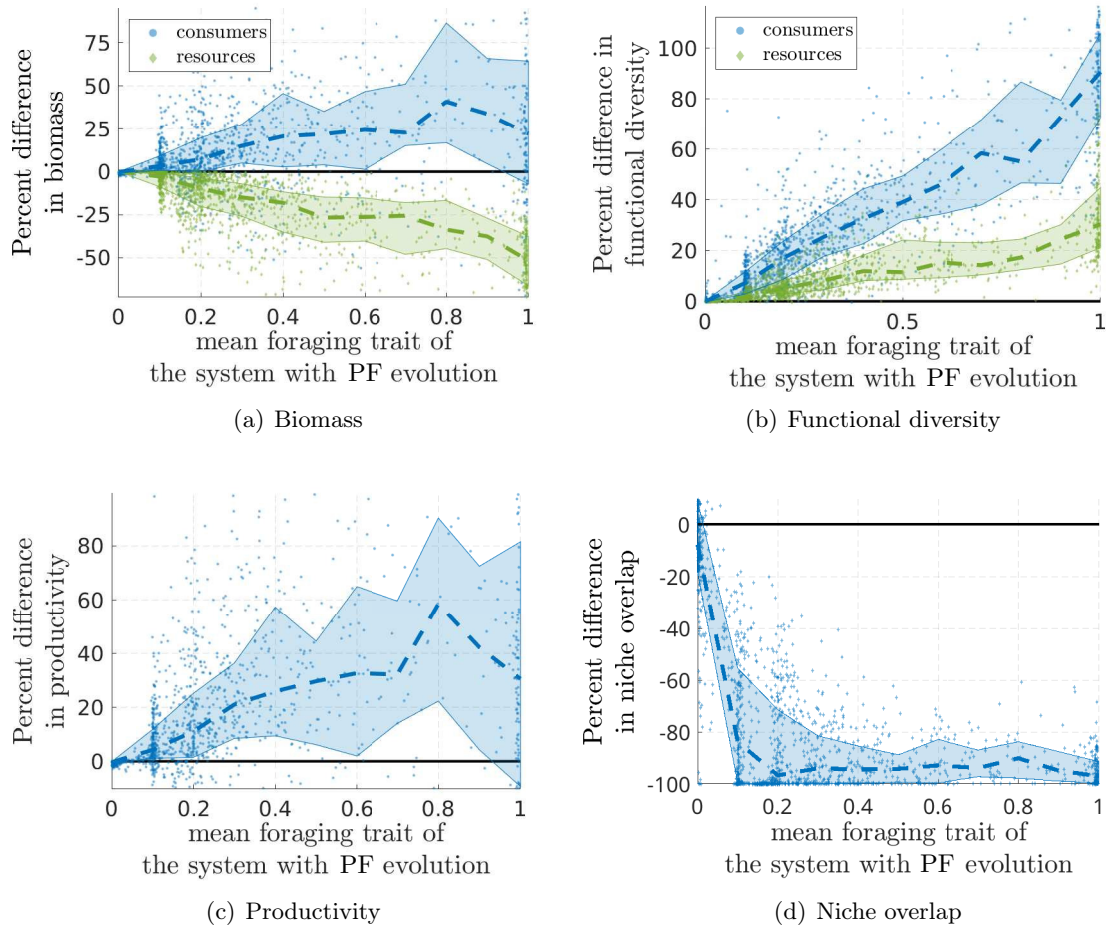


Figure 3: Difference (in %) between systems with PF evolution and fixed RF, for (a) biomass, (b) functional dispersion, (c) productivity, and (d) niche overlap. For each panel, 1500 simulations of 1000 time steps with PF evolution were compared to simulations with fixed RF, the parameters being randomly sampled in the ranges specified in Table 1. Dashed lines: median; areas: 75% confidence intervals.

353 until a new equilibrium is reached. The stability metrics of the system with PF evolution is compared  
 354 to those of the system with fixed RF at this new equilibrium. For all disturbance types, the disturbance  
 355 strength is increased until the consumer population goes to extinction, in order to compute the maximal  
 356 disturbance level that the system can tolerate. Monomorphic systems for different foraging trait values  
 357 are also initialized to test their response to disturbances.

### 358 5.1 Ecosystem disturbance and constant environmental change

359 In reaction to increasing levels of consumer mortality, the system with PF evolution behaves as the system  
 360 with fixed RF. Indeed, after each increment of mortality the new biomass of consumers is similar; and  
 361 the consumers disappear for the same mortality rate (Figure 4a). Moreover, at each mortality increase,  
 362 consumers in the system with PF evolution gradually reduce their foraging trait, until PF ultimately  
 363 disappears (color scale in Figure 4a). Indeed, increased mortality leads to reduced competition between  
 364 consumers via their reduced density, and to the non-viability of the niche edge for consumers, both  
 365 leading to a reduction in PF trait. Controlled monomorphic systems having low PF values better tolerate  
 366 higher mortality rates (Figure 4b), which indicates that when PF is fixed it has a negative effect on the

367 persistence of consumers facing increases in mortality.

368 Turning to the constant environmental change, the system with PF evolution tolerates niche displace-  
 369 ment better than the system with fixed RF, up to a certain point when it disappears suddenly, earlier  
 370 than its counterpart (Figure 4c). Moreover, as in the case of ecosystem disturbance, the mean PF value  
 371 decreases for faster environmental changes (color scale in Figure 4c). Controlled monomorphic systems  
 372 having low PF values tolerate faster environmental changes (Figure 4d), which indicates that when PF  
 373 is fixed it has a negative effect on the persistence of consumers facing constant environmental change.

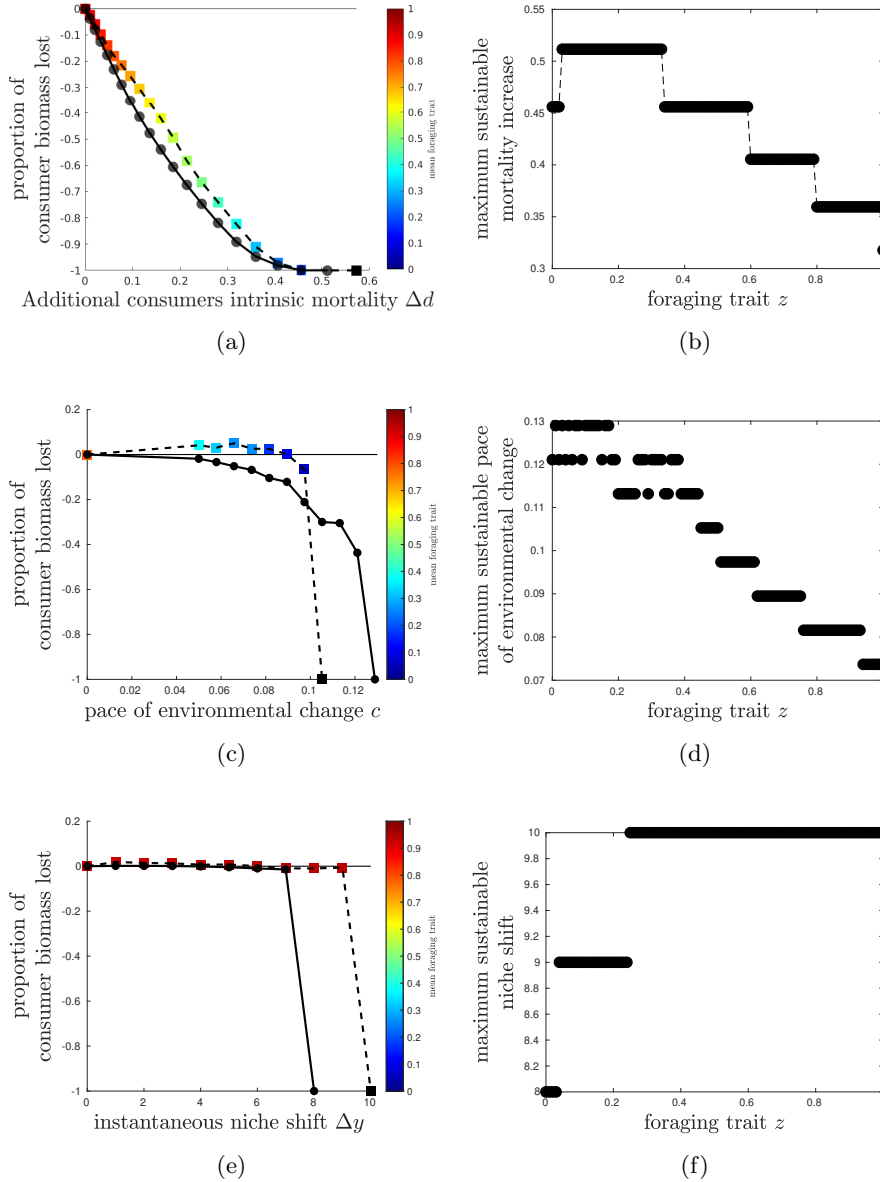


Figure 4: Effect of disturbances: (a, b) increased mortality  $\Delta d$ , (c, d) constant environment change  $c$  and (e, f) instantaneous niche shift  $\Delta y$ . Left column (a, c, e): variations of consumer biomass of systems with and without PF, in function of the intensity of the disturbance. A negative variation indicates a decrease in biomass, for instance  $-0.2$  indicates that 20% of the biomass is lost. The value  $-1$  corresponds to the extinction of all consumers. The coloured gradient indicates the average PF trait of consumers. Right column (b, d, f): maximal sustainable mortality for monomorphic consumers, in function of their controlled foraging trait  $z$ .

374 For both disturbances the cost of PF becomes larger than the benefits, and choosy consumers go  
375 extinct earlier than random consumers. In particular, constant environmental changes weathers resource  
376 diversity to such a point that RF and PF consumers have a similar diet, which annihilates the benefits  
377 of PF. It has been stressed that phenotypic plasticity can retard adaptation to environmental change,  
378 shielding suboptimal phenotypes from natural selection (Fox et al., 2019), but in the present model  
379 phenotypic plasticity is limited to the foraging strategy of consumers. Instead, niche traits are not plastic  
380 and are therefore entirely sensitive to selection; the negative effect of PF on consumer persistence is  
381 therefore only due to its cost. In nature however, niche trait can also be plastic (e.g. Rossiter, 1987), but  
382 this was ignored by the model.

383 In figures 4b and d PF is fixed, but when PF can evolve, it gradually decreases in function of the  
384 intensity of the disturbances (see color scales in Figures 4 a and c), although for different reasons. In the  
385 case of ecosystem disturbance, plastic foragers located at the edge of the niche trait distribution (Figure  
386 2b) disappear progressively due to increases in mortality. The average PF trait therefore decreases (Figure  
387 4a) due to demographic changes of a pre-existing trait diversity. In the case of a constant environmental  
388 change, however, the typical trait distribution depicted in Figure 2b no longer exists because niche traits  
389 constantly run after those of resources, which corresponds to an evolutionary lag load. In that case,  
390 consumers do not have enough time to reduce their PF searching behaviour and become extinct slightly  
391 earlier (Figure 4c); PF therefore imposes a second lag load, corresponding to the time needed for the  
392 evolutionary regression of PF.

393 A purely ecological model ignoring the evolutionary dynamics of PF would have missed the possibil-  
394 ity of its evolutionary regression, and would have therefore overestimated the negative effect of PF on  
395 consumer persistence. In the simulations, the various disturbance types have been applied independently,  
396 but in nature they can be combined. In such cases, ecosystem disturbance and/or constant environmental  
397 change might first lead to the evolutionary regression of the PF behaviour, and a sudden shift might then  
398 facilitate the extinction of consumers, since they would not be protected by PF any more.

## 399 5.2 Sudden environmental change

400 After a sudden environmental change, either consumers disappear or they persist in a new state close to the  
401 original one. In that case their niche traits shift towards the new optimum and their foraging traits remain  
402 unchanged, which is an indication of resilience. The variation of biomass before and after disturbance  
403 is therefore uninformative; instead the maximal sudden environmental change that the consumer can  
404 tolerate is used to quantify its stability (Figure 4e). The system with PF evolution resists to a larger  
405 sudden change ( $\delta_y = 10$ ) compared with the system with fixed RF ( $\delta_y = 8$ ). In order to disentangle the  
406 direct effect of PF on stability from its indirect effect through diversity, the PF values of the consumers  
407 with PF are set to 0, while retaining the original diversity of the niche traits  $x$  and  $y$  of both guilds.  
408 The resulting hybrid system tolerates a large environmental change ( $\delta_y = 10$ ), which indicates that the  
409 positive effect of PF on the persistence of consumers is mainly due to its effects on diversity. In line  
410 with the above results, controlled monomorphic systems having high PF values tolerates larger sudden  
411 environmental changes (Figure 4d).

412 Previous theoretical studies have shown that PF can stabilize food-webs by favoring topologies able  
413 to buffer environmental disturbances (Kondoh, 2003; Heckmann et al., 2012), but in the present model  
414 such inherently robust topologies have not been observed. Instead, the mechanisms responsible for the  
415 stabilising effect of PF rely on the dynamical nature of the interaction webs produced by PF, which is  
416 caused both by a direct effect of PF (Question 3a), and by an indirect effect through diversity (Question  
417 3b), as detailed above. The direct effect of PF on consumer persistence relies on the mitigation of the lag  
418 load faced by consumers. Indeed, resources become adapted to the new niche center more quickly than  
419 consumers, which suffer from a trait mismatch (e.g. Post and Forchhammer, 2008; Miller-Struttman  
420 et al., 2015; Damien and Tougeron, 2019). This indicates that phenotypic plasticity acts as a rapid

421 response mechanism to environmental change (Fox et al., 2019), in that case. Since random foragers  
422 consume the most abundant resources (but not the most suitable), after a sudden niche shift they feed on  
423 sub-optimal resources, which hamper their resilience to environmental change. In contrast plastic foragers  
424 select less abundant but more suitable resources, which favor their survival. In the meantime their traits  
425 evolve towards the new niche optimum and ultimately catch up the resources, which illustrates that  
426 adaptive plasticity can promote persistence in new environmental conditions (Ghalambor et al., 2007).

427 Turning to the indirect effect of PF on consumer persistence (Question 3b), when PF increases the  
428 diversity of both resources and consumers this favors the emergence of extreme phenotypes far away  
429 from the niche center. The extreme phenotypes are pre-adapted to the niche shift and therefore persist,  
430 unlike the central species. The positive effect of biodiversity on ecosystem functioning can be caused by  
431 complementarity and selection effects (e.g. Loreau and Hector, 2001). In the present case, a few well-  
432 adapted phenotypes determine the resilience to the niche shift : this corresponds to a selection effect.  
433 Although PF also increases complementarity between species as discussed earlier, this do not create any  
434 synergy between phenotypes, at least with respect to the resilience to the niche shift.

435 In summary, consumer persistence is fostered either by the evolution of PF in the case of a sudden  
436 environmental change or by its regression in the cases of ecosystem disturbance and constant environmen-  
437 tal change. This corresponds to a combination of evolutionary rescue (Gonzalez et al., 2013; Kopp and  
438 Matuszewski, 2014), because PF is subject to evolution, and of plastic rescue (Kovach-Orr and Fussmann,  
439 2013), since PF is a type of phenotypic plasticity.

## 440 6 Assumptions and limitations of the model

441 As outlined earlier, compared with other existing models exploring the influence of PF on community  
442 stability, the main novelty of the model is to study the evolution of the propensity to forage plastically,  
443 together with the evolution of niche traits of resources and consumers. Several other specificities also  
444 require some consideration.

445 First, in previous works the absence of PF corresponded to a constant interaction matrix between  
446 resources and consumers (e.g. Kondoh, 2003; Valdovinos et al., 2013). Instead, in the present model the  
447 alternative to plastic foraging consists in random foraging, where resources are consumed according to  
448 their density. The interaction matrix is therefore highly dynamic for both foraging strategies, although  
449 for different reasons. In the case of RF the resources exploited by a given consumer change according to  
450 their abundance only, whereas in the case of PF they also change according to their traits, the consumer's  
451 trait, and their degree of exploitation by other consumers. In previous models allowing the evolutionary  
452 diversification of niche traits, the interaction matrices were dynamic but consumers did not forage plas-  
453 tically (Loeuille and Loreau, 2005; Allhoff et al., 2015). In those cases as well as here, new phenotypes  
454 constantly appear and need to be incorporated into the food web, which is therefore inherently dynamic  
455 (Appendix A.1). In comparison to RF, a consumer having fixed interaction coefficients would ignore these  
456 new phenotypes even if its favorite resources had gone extinct, which would make little sense. Besides,  
457 PF alone can produce non-equilibrium dynamics even with a fixed community composition, by triggering  
458 consumer-resource cycles (Abrams, 1992; Abrams and Matsuda, 2004).

459 Second, it is assumed that consumers feeding on a single optimal resource have the highest growth  
460 rate. Although this assumption often fits with prey-predator interactions (but see Jensen et al., 2012,  
461 for a counter-example), in the case of plant-herbivore interactions consumers often benefit from resource  
462 complementarity (Abrams, 2010; Unsicker et al., 2008), primarily because of nutrient balancing and toxin  
463 dilution (Ibanez et al., 2012; Behmer and Joern, 2008; Singer et al., 2002). We predict that the inclusion  
464 of this feature in the model would have favored the evolution of PF, since RF strategists mostly consume  
465 the most abundant resources, irrespective of their complementarity.

466 Third, foraging costs (quantified by the searching time  $s(z)$ ) were assumed independent of resource  
467 abundance, although the searching time may be larger for rare than for abundant resources. Moreover,



468 the spatial distribution of resources is ignored, although travel time is costly (WallisDeVries, 1996; Hassell  
469 and Southwood, 1978). For instance, the random distribution of low preferred plant species can disfavor  
470 herbivore foraging selectivity (Wang et al., 2010). These two factors may hamper the evolution of PF.

471 Finally, the competition kernel modelling the strength of competition between resources and the  
472 carrying capacity functions were both assumed Gaussian. Under this hypothesis and in the absence of  
473 consumers, the evolutionary dynamics produce a continuum of resources (MacArthur, 1970; Slatkin and  
474 Lande, 1976). There are however many deviations from this special case, by choosing for instance non  
475 Gaussian competition kernels or carrying capacity functions, which leads to a discrete distribution of  
476 resources (Sasaki and Ellner, 1995; Szabó and Meszéna, 2006; Pigolotti et al., 2010; Hernández-García  
477 et al., 2009; Sasaki and Dieckmann, 2011). The presence of consumers using PF also results in a discrete  
478 distribution of resources, either with Gaussian functions (Fig.2) or with a quartic function, which was  
479 instead used in Appendix C. Platykurtic functions like the quartic function tend to broaden the resource  
480 distribution (Sasaki and Dieckmann, 2011). Under the quartic scenario, the resource distribution is  
481 indeed enlarged and the mean foraging trait is larger (compare Fig. 2 to Fig. SI.6). Moreover, the gain  
482 in consumer biomass and productivity due to PF is larger in the quartic case (compare Fig. 3a-c to  
483 Fig. SI.8a-c). However, the quartic carrying capacity function tends to reduce the effect of PF on the  
484 functional diversity (Fig.SI.8b). Although functional diversity is higher with a platykurtic than with a  
485 Gaussian carrying capacity function, the gain due to PF is small (Fig. SI.7).

## 486 Conclusion

487 The present model illustrates how phenotypic plasticity can be simultaneously a result and a factor of  
488 evolution. On the one hand, plastic foraging (PF) evolves by natural selection acting on consumers. On  
489 the other hand, it stimulates the diversification of ecological characters not only of consumers but also  
490 of resources, stressing that phenotypic plasticity can have far-reaching evolutionary consequences at the  
491 community-level (Fordyce, 2006). Moreover, functional diversity itself promotes the evolution of PF, cre-  
492 ating an eco-evolutionary feedback loop between phenotypic plasticity, natural selection and community  
493 composition. This has intricate consequences on the response of the resource-consumer community to  
494 disturbances. In the case of sudden environmental change, the evolution of PF has a positive effect on  
495 community stability, partly via its effects on functional diversity. However for other disturbance types  
496 like constant change and increases in mortality, the PF behavior is less fit than random foraging and  
497 therefore declines. In contrast to previous studies, these results stress that the relationship between PF  
498 and community stability depends on the type of the disturbance as well as on the evolutionary dynamics  
499 of PF itself.

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## 502 Conflict of interest disclosure

503 The authors of this article declare that they have no financial conflict of interest with the content of this  
504 article.

## 505 Data, script and code availability

506 All the codes used to compute the outcomes of our model and the figures of the paper are available online:  
507 <https://zenodo.org/badge/latestdoi/481122645>.

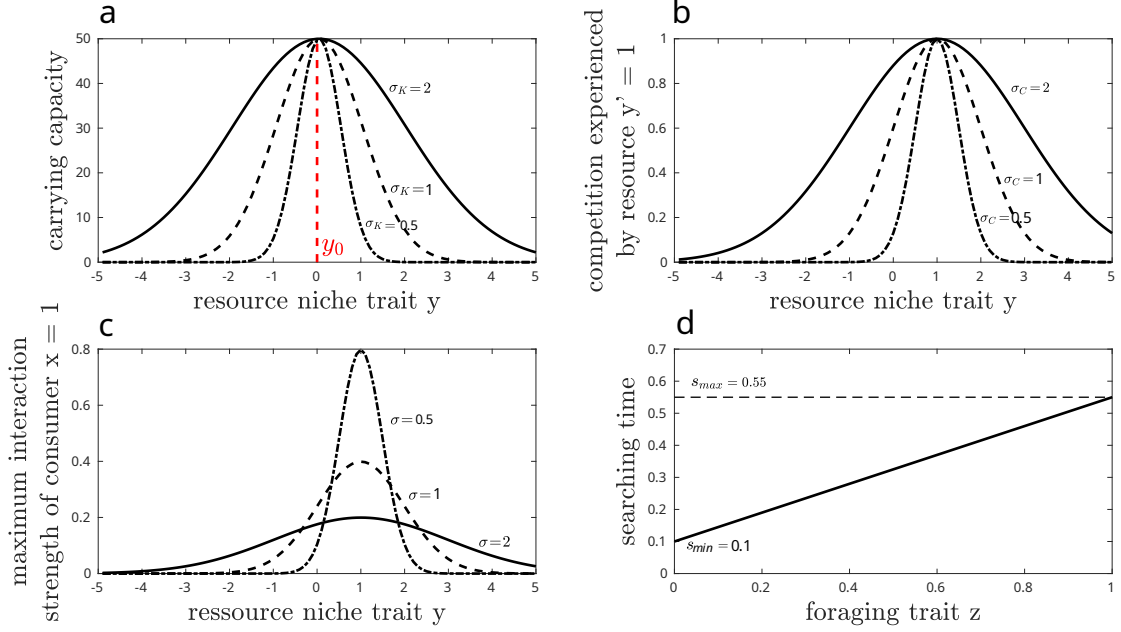


Figure SI.1: a) Carrying capacity  $K(y)$  of resources for various niche width values  $\sigma_K = \{0.5, 1, 2\}$ . The niche centre fixed at  $y_0 = 0$  corresponds to the maximal carrying capacity. b) Competition kernel  $K_e$  for various neighbourhood size  $\sigma_C = \{0.5, 1, 2\}$  between a focal resource  $y' = 1$  and all resources in function of their niche trait  $y$ . c) Interactions kernel  $\Delta$  for various generalization levels ( $\sigma = \{0.5, 1, 2\}$ ) between a focal consumer ( $x = 1$ ) and all the resources in function of their niche trait  $y$ . d) Searching time  $s$  in function of the foraging trait  $z$ . Parameter values as in Table 1.

Quantitative traits		Ranges
$x$	Consumers niche trait	$[-5; 5]$
$y$	Resources niche trait	$[-5; 5]$
$z$	Consumers foraging trait	$[0; 1]$
State variables		Shapes
$R(t, y)$	Resource density	see Eq. (1)
$\bar{y}(t)$	Mean resource trait	$\bar{y}(t) = \int y \frac{R(t, y)}{\int R(t, y) dy} dy$
$C(t, x, z)$	Consumer density with foraging trait $z$	see Eq. (2)
$\bar{x}(t)$	Mean consumer niche trait	$\bar{x}(t) = \int x \frac{\int C(t, x, z) dz}{\iint C(t, x, z) dx dz} dx$
$\bar{z}(t)$	Mean foraging trait	$\bar{z}(t) = \iint z \frac{C(t, x, z)}{\iint C(t, x, z) dx dz} dx dz$
$\phi_{RF}(t, y)$	Random Foraging efforts	$\phi_{RF}(t, y) = \frac{R(t, y)}{\int R(t, y) dy}$
$\phi_{PF}(t, x, y, z)$	Relative Foraging efforts	see Eq. (11)
$\phi(t, x, y, z)$	Effective Foraging efforts	$\phi = z\phi_{PF} + (1 - z)\phi_{RF}$
Functional responses		Shapes
$F_R(t, y)$	Resource consumption	$\iint U(t, x, y, z) C(t, x, z) dx dz$
$F_C(t, x, z)$	Resource absorption	$\alpha \int U(t, x, y, z) R(t, y) dy$
$U(t, x, y, z)$	resource uptake per consumer	see Eq. (6)
$K(y)$	Carrying capacity	$K(y) = K_0 e^{-\frac{y^2}{2\sigma_K^2}}$
$K_e(y)$	Competition strength	$K_e(y) = e^{-\frac{y^2}{2\sigma_C^2}}$
$r_e(t, y)$	Effective resource density	see Eq. (4)
$\Delta(x, y)$	Interaction strength between resources and consumers	$\Delta(x, y) = \frac{e^{-\frac{(x-y)^2}{2\sigma^2}}}{\sqrt{2\pi\sigma^2}}$
$u(t, x, y, z)$	Potential resource uptake of a consumer	see Eq. (12)
$s(z)$	Searching time	$s(z) = s_{min} + z(s_{max} - s_{min})$
$\mathcal{M}_R(t, y)$	Resource niche trait mutations	see Eq. (8)
$\mathcal{M}_C(t, x, z)$	Consumer trait mutations	see Eq. (8)
Aggregate properties		Shapes
$FDis_R(t)$	Functional dispersion of resources	$FDis_R(t) = \int \frac{ y - \bar{y}(t)  R(t, y)}{\int R(t, y) dy} dy$
$FDis_C(t)$	Functional dispersion of consumers	$FDis_C(t) = \int \frac{ x - \bar{x}(t)  \int C(t, x, z) dz}{\iint C(t, x, z) dx dz} dx$
$Prod$	Productivity	$Prod = \iint C(T, x, z) F_C(T, x, z) dx dz$
$\rho_{ij}$	Niche overlap between foraging traits	see Eq.(16)
$FM(t)$	Functional match	see Eq.(17)

Table SI.1: List of the quantitative traits subject to evolutionary change, the state variables, the functions and the aggregate system-level properties involved the model.

510 **A.1 Stationary regime**

511 The stationary regime is visible in this simulation of the emergence of a community in which plastic for-  
 512 aging evolves: <https://drive.google.com/file/d/1c1nNXJl9aR76FrwFcrJppJbk-Rg7o9tn/view>. The  
 513 system follows a perpetual turnover of resources and consumers densities in function of their niche and  
 514 foraging traits, but the macroscopic criteria of the community (exemplified here by the functional diver-  
 515 sity  $FD_{is}$ ) reach a quasi equilibrium. Top panels: distribution of resources and consumers in function  
 516 of their niche trait. Middle panels: distribution of consumers in function of their foraging trait (left)  
 517 and community-level mean foraging trait in function of time (right). Bottom panels: functional diversity  
 518  $FD_{is}$  of resources and consumers. The other community-level characteristics are also stabilized once the  
 519 stationary regime is reached.

520 **A.2 Effect of a fixed PF trait**

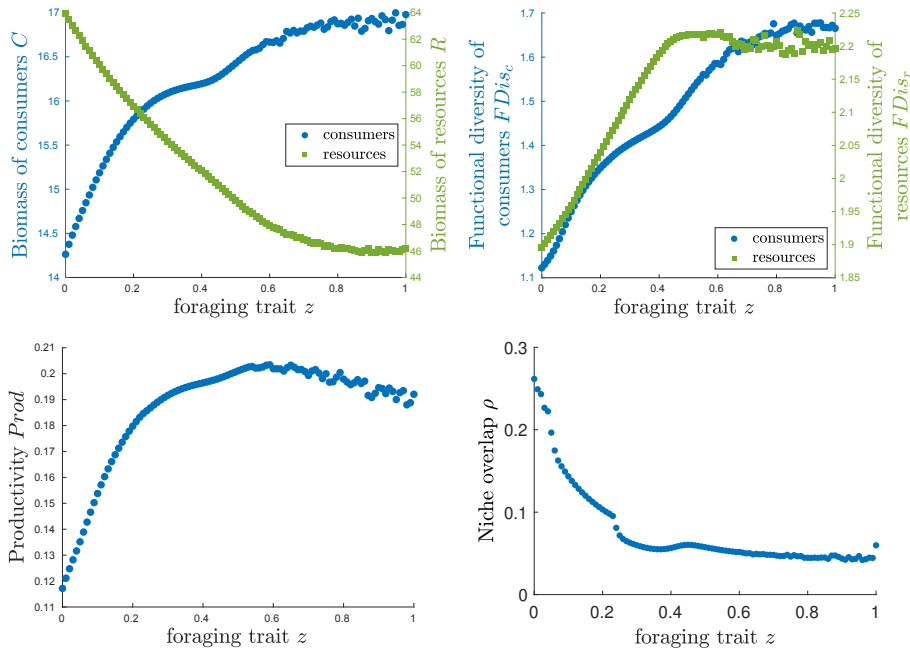


Figure SI.3: Effect of a fixed foraging trait value  $z$  on systems where only the niche traits  $x$  and  $y$  of resources and consumers can evolve. The measured characteristics are biomass, functional diversity, productivity, and niche overlap.

521 **B Trade-off on mortality**

522 Our model assumes a trade-off between PF and handling time. In this case, an increase of the foraging  
 523 trait induces an increases of searching handling time, which eventually induces a reduction of the resource  
 524 absorption rate. More precisely, for a given foraging trait  $z$ , an increase  $\delta z$  of the trait reduces the

525 absorption rate as follows

$$\begin{aligned}
F_C(z + \delta z) &= \alpha \frac{b \int \phi(y) \Delta(x, y) R(y) dy}{1 + s(z + \delta z) b \int \phi(y) \Delta(x, y) R(y)} \\
&= \alpha \frac{b \int \phi(y) \Delta(x, y) R(y) dy}{1 + s(z) b \int \phi(y) \Delta(x, y) R(y) + \delta z (s_{max} - s_{min}) b \int \phi(y) \Delta(x, y) R(y)} \\
&\approx \alpha \frac{b \int \phi(y) \Delta(x, y) R(y) dy}{1 + s(z) b \int \phi(y) \Delta(x, y) R(y)} - \delta z (s_{max} - s_{min}) \alpha \left( \frac{b \int \phi(y) \Delta(x, y) R(y) dy}{1 + s(z) b \int \phi(y) \Delta(x, y) R(y)} \right)^2 \\
&\approx F_C(z) - \delta z (s_{max} - s_{min}) \alpha
\end{aligned} \tag{18}$$

526 Thus an increase of foraging trait will reduce the growth rate of the consumers ( $F_C - d - I \int C$ )  
527 proportionally to the difference of the PF cost ( $s_{max} - s_{min}$ ).

528 As mentioned in the main text, the model may have assumed different trade-off such as a positive  
529 dependence between mortality rate and foraging trait. In this case the mortality rate may take the  
530 following form

$$d(z) = d_{min} + z(d_{max} - d_{min}), \tag{19}$$

531 where  $d_{min}$  is the basal mortality rate while  $d_{max}$  is the maximal increase of mortality due to PF. In  
532 this case, an increase of the foraging trait will increase the mortality rate proportionally to the maximal  
533 increment of mortality ( $d_{max} - d_{min}$ ). The growth rate will reduce proportionally to this quantity. We  
534 thus see that the effect of the trade-off will have similar consequences on the evolution of the foraging  
535 trait.

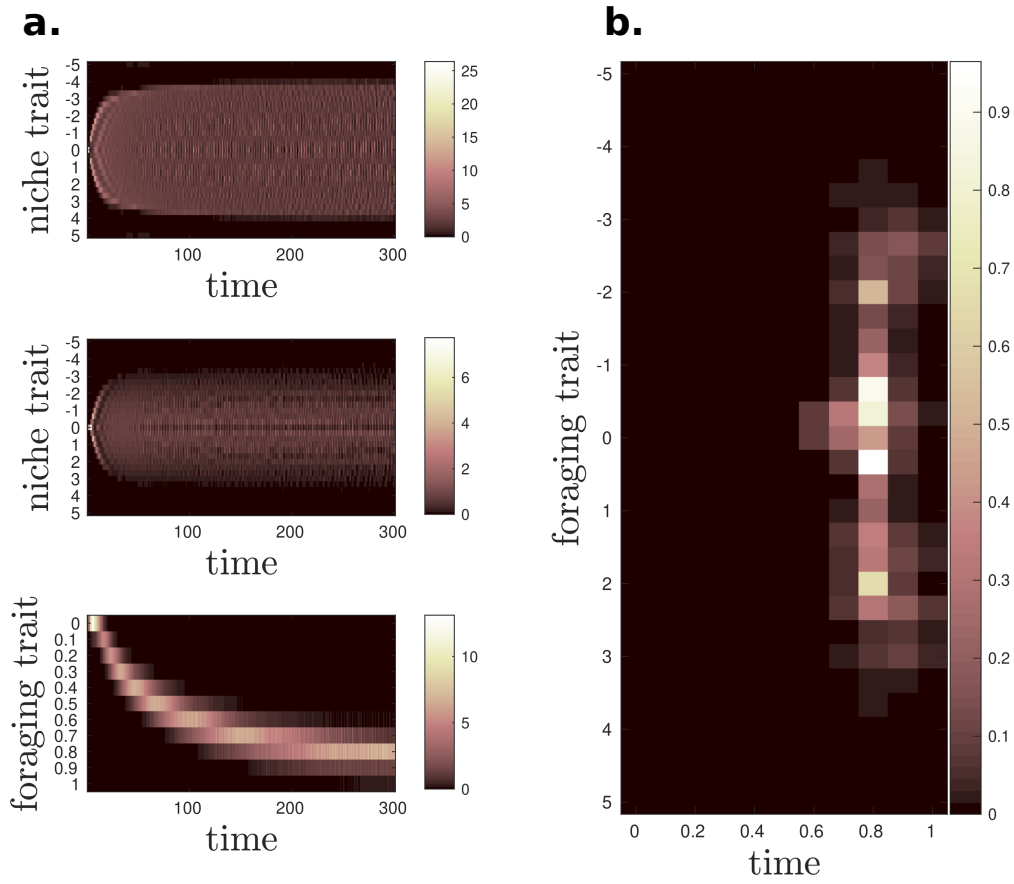


Figure SI.4: Distribution of resources and consumers over time with a trade-off on mortality. a) Diversification of niche and foraging traits starting from a single resource and consumer at the niche centre, and a RF consumer strategy. Top panel: resource densities  $R(t, y)$ . Middle panel: consumer densities  $\int C(t, x, z) dz$ . Bottom panel: foraging trait  $\int C(t, x, z) dx$ . b) The trait distribution of consumers at steady state (1000 time steps).

537 B.2 Effect of mortality trade-off with a fixed PF trait

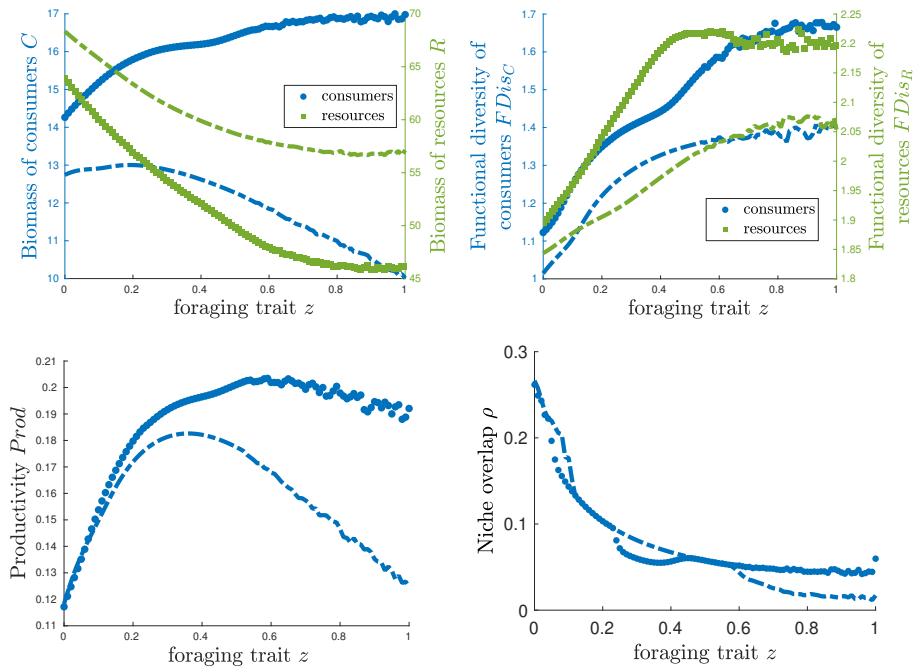


Figure SI.5: Effect of different mortality trade-off with a fixed foraging trait value  $z$  on systems where only the niche traits  $x$  and  $y$  of resources and consumers can evolve. We compare two mortality trade-off, between PF and: handling time (dotted markers), and mortality rate (dashed curves). The measured characteristics are biomass, functional diversity, productivity, and niche overlap.

538 C Effect of a quartic carrying capacity functions

539 C.1 Effect of a quartic carrying capacity function on community emergence

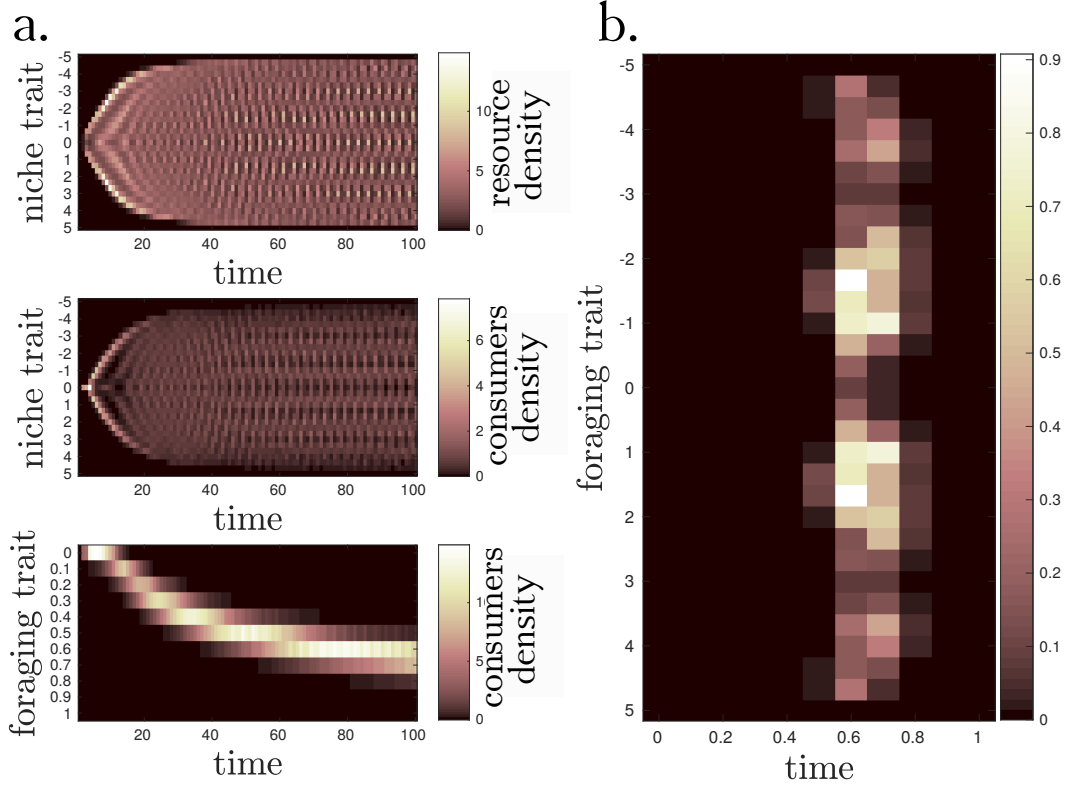


Figure SI.6: Distribution of resources and consumers over time with a quartic carrying capacity function  $K(y) = K_0 \exp(-y^4/(12\sigma_K^4))$ . a) Diversification of niche and foraging traits starting from a single resource and consumer at the niche centre, and a RF consumer strategy. Top panel: resource densities  $R(t, y)$ . Middle panel: consumer densities  $\int C(t, x, z) dz$ . Bottom panel: foraging trait  $\int C(t, x, z) dx$ . b) The trait distribution of consumers at steady state (1000 time steps).



540 C.2 Effect of a quartic carrying capacity function with a fixed PF trait

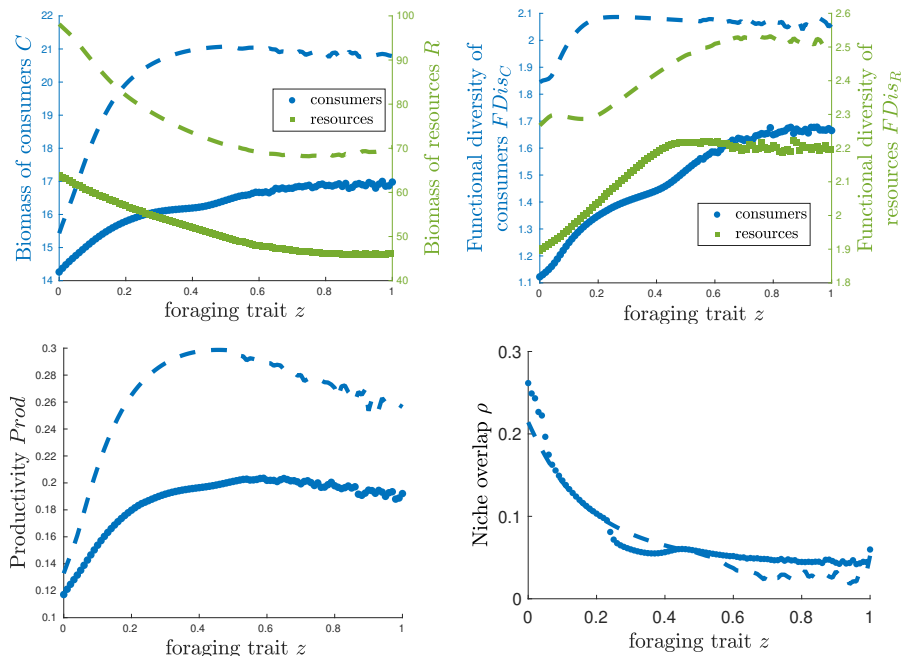


Figure SI.7: Effect of the carrying capacity kernel  $K$  with a fixed foraging trait value  $z$  on systems where only the niche traits  $x$  and  $y$  of resources and consumers can evolve. We compare two carrying capacity function: Gaussian function  $K(y) = K_0 \exp(-y^2/(2\sigma_K^2))$  (dotted markers) and Quartic function  $K(y) = K_0 \exp(-y^4/(12\sigma_K^4))$  (dashed curves). The measured characteristics are biomass, functional diversity, productivity, and niche overlap.

541 C.3 Effect of a quartic carrying capacity function with an evolving PF trait

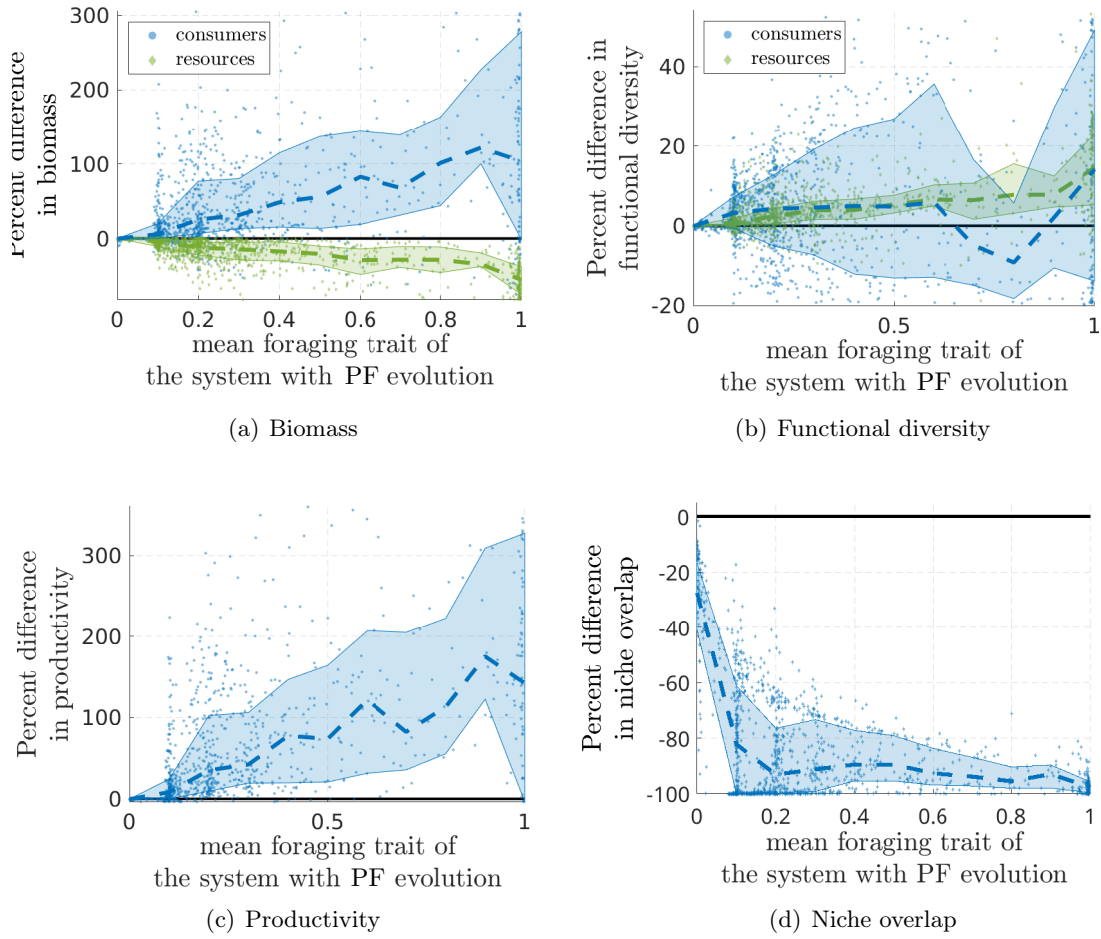


Figure SI.8: Difference (in %) between systems with PF evolution and fixed RF with a quartic carrying capacity function  $K(y) = K_0 \exp(-y^4/(12\sigma_K^4))$ , for (a) biomass, (b) functional dispersion, (c) productivity, and (d) niche overlap. For each panel, 1500 simulations of 1000 time steps with PF evolution were compared to simulations with fixed RF, the parameters being randomly sampled in the ranges specified in Table 1. Dashed lines: median; areas: 75% confidence intervals.

542 **D** Functional match between resources and consumers

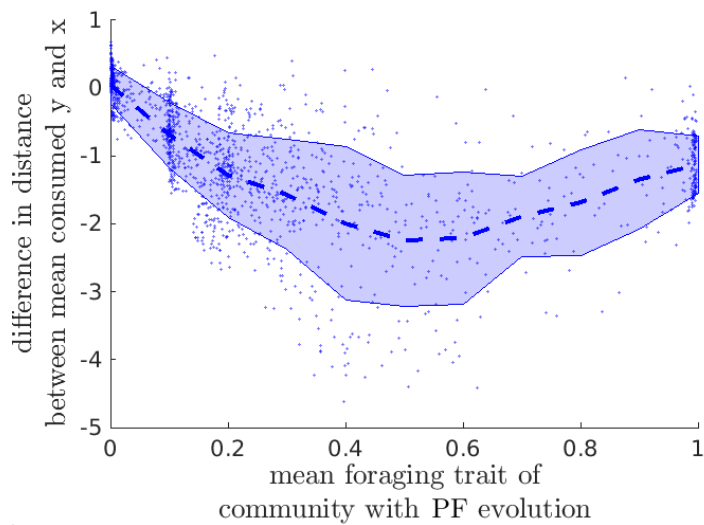


Figure SI.9: Difference in functional matching between systems with PF evolution and systems with fixed RF. 500 pairs of systems were compared, each pair having the same parameter set randomly sampled in the ranges specified in Table 1. Dashed lines: median; areas: 75% confidence intervals.

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