

1 Lipid Metabolism in Parasitoids and  
2 Parasitized Hosts

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14 **Abstract**

15 Parasitoids have an exceptional lifestyle where juvenile development is spent on or in a single host  
16 insect, but the adults are free-living. Unlike parasites, parasitoids always kill their host. How  
17 parasitoids use such a limiting resource, particularly lipids, is important for their chances to survive  
18 and reproduce. In part 1, we describe the parasitoid lifestyle, including typical developmental  
19 strategies. Lipid metabolism in parasitoids has been of interest to researchers since the 1960s and  
20 continues to fascinate ecologists, evolutionists, physiologists, and entomologists alike. One reason  
21 of this interest is that the majority of parasitoids do not accumulate triacylglycerols as adults. Early  
22 research revealed that some parasitoid larvae mimic the fatty acid composition of their host, which  
23 may result from a lack of *de novo* triacylglycerol synthesis. More recent work has focused on the  
24 evolution of lack of adult triacylglycerol accumulation and consequences for life history traits in  
25 parasitoids. In part 2 of this chapter, we discuss research efforts on lipid metabolism in parasitoids  
26 from the 1960s onwards. Parasitoids are master manipulators of their host's physiology, including  
27 lipid metabolism. Parasitoids have indeed evolved a range of mechanisms to affect the release,  
28 synthesis, transport, and take-up of lipids from their host. We detail the effects of parasitism on  
29 host physiology in part 3 of this chapter.

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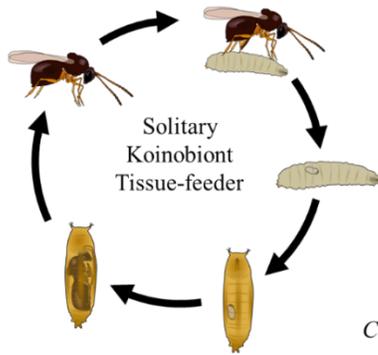
31 **Keywords:** Fat; Fitness; Host-parasitoid interaction; Parasitic wasp; Symbiosis; Bracovirus;  
32 Venom; Teratocyte; Polydnavirus

## 33 **1 Introduction**

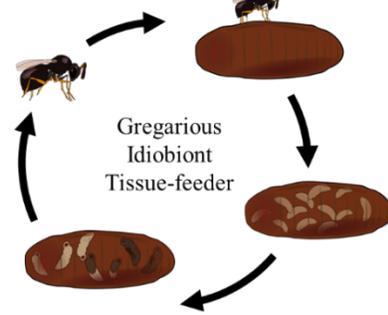
34 There are many intricacies when it comes to the fat metabolism of parasitoids. Parasitoids have a  
35 unique lifestyle, where development takes place inside or on a single host (usually another insect  
36 or arthropod), but the adults are free-living (Godfray, 1994) (Fig. 1). During development, the  
37 parasitoid consumes the host and its nutritional resources, sometimes only partly or in its entirety  
38 in successive steps (Cuny and Poelman, 2022), ultimately leading to death of the host.  
39 Parasitoidism thus constitutes a parasitic relationship between a parasitoid and its host that differs  
40 from parasites in the extent to which the host is harmed, because parasitoids kill their host (Lafferty  
41 and Kuris, 2002). The parasitoid lifestyle evolved repeatedly in insects, including independent  
42 occurrences in beetles, flies, butterflies, and lacewings (Eggleton and Belshaw, 1993, 1992), but  
43 Hymenoptera (bees, ants, wasps, and sawflies) is the most speciose order when it comes to  
44 parasitoids (and potentially species in general, see (Forbes et al., 2018)). The large breadth of  
45 parasitoid species worldwide, the unique lifestyle, and the plethora of strategies used by parasitoids  
46 to parasitize their hosts make them valuable and interesting biological model systems (Hoddle et  
47 al., 1998; Liu et al., 2015; Matthews et al., 2009; Quicray et al., 2023; Werren and Loehlin, 2009;  
48 Whitfield et al., 2017). This is true not only from a basic, fundamental scientific perspective, but  
49 also for the applied sciences, because parasitoids play a key role in regulating both natural and  
50 agricultural insect communities (i.e., as biocontrol agents against insect pests; Jervis, 2005).

51 This chapter starts with an overview of research done on lipid metabolism of insect  
52 parasitoids, from earlier works in the 1960s to the most recent developments in part 2. Host fatty  
53 acid composition and fat content, as well as the ability of parasitoids to manipulate host lipids and  
54 availability, is of critical importance for both immature and adult parasitoids. Part 3 focuses on the  
55 different mechanisms by which parasitoids can manipulate the fat metabolism of their hosts.

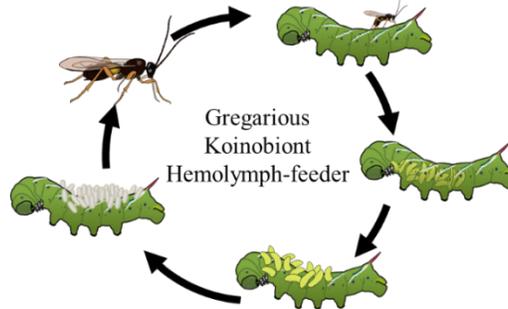
*Leptopilina heterotoma* - *Drosophila melanogaster*



*Nasonia vitripennis* - *Sarcophaga bullata*



*Cotesia congregata* - *Manduca sexta*



56  
57 **Fig. 1.** The parasitoid life cycle showing the different effects on host development (idiobiont versus  
58 koinobiont), as well as parasitoid oviposition (solitary versus gregarious) and feeding strategies  
59 (hemolymph versus tissue-feeder). Represented species include the parasitoid *Leptopilina heterotoma* on  
60 the host *Drosophila melanogaster*, the parasitoid *Cotesia congregata* on the host *Manduca sexta*, and the  
61 parasitoid *Nasonia vitripennis* on the host *Sarcophaga bullata*.

62

## 63 **2 Fatty acid synthesis and fat accumulation in parasitoids**

64 Parasitoids have been of particular interest to biologists regarding lipid metabolism. There has,  
65 however, been some recent debate between researchers studying parasitoid lipid metabolism,  
66 mainly in terms of semantics (Visser et al., 2023). To avoid confusion about definitions and  
67 terminology related to lipid metabolism, the use of stricter definitions that emphasize the difference  
68 between the processes of fatty acid synthesis and triacylglycerol/fat accumulation has recently been  
69 proposed (Visser et al., 2023). This distinction is important, because these two processes are not  
70 synonymous with one another: fatty acids can be synthesized even if triacylglycerols are not  
71 accumulated. The main interest of evolutionary ecologists studying lipid metabolism in parasitoids  
72 has been focused on the accumulation of triacylglycerols in adults, because energy stored in the  
73 form of fat reserves can have a major impact on life histories and fitness (see Box 1 for a brief  
74 overview of the link between fat content and life histories in parasitoids). Parasitoids represent a  
75 curious case where triacylglycerols are generally not accumulated in response to superfluous  
76 feeding, unlike other animals that will readily accumulate triacylglycerols under the same  
77 nutritional conditions (Visser et al., 2010; Visser and Ellers, 2008). While previously referred to as  
78 the “lack of lipogenesis” or “lack of lipid synthesis”, this phenomenon is now referred to as the  
79 “lack of adult triacylglycerol/fat accumulation” in parasitoids (Visser et al., 2023), with fat being

80 used synonymously with triacylglycerol. We continue part 2 of this chapter with a chronological  
81 account of the work done on lipid metabolism, with the main focus on fatty acid synthesis and fat  
82 accumulation in insect parasitoids.

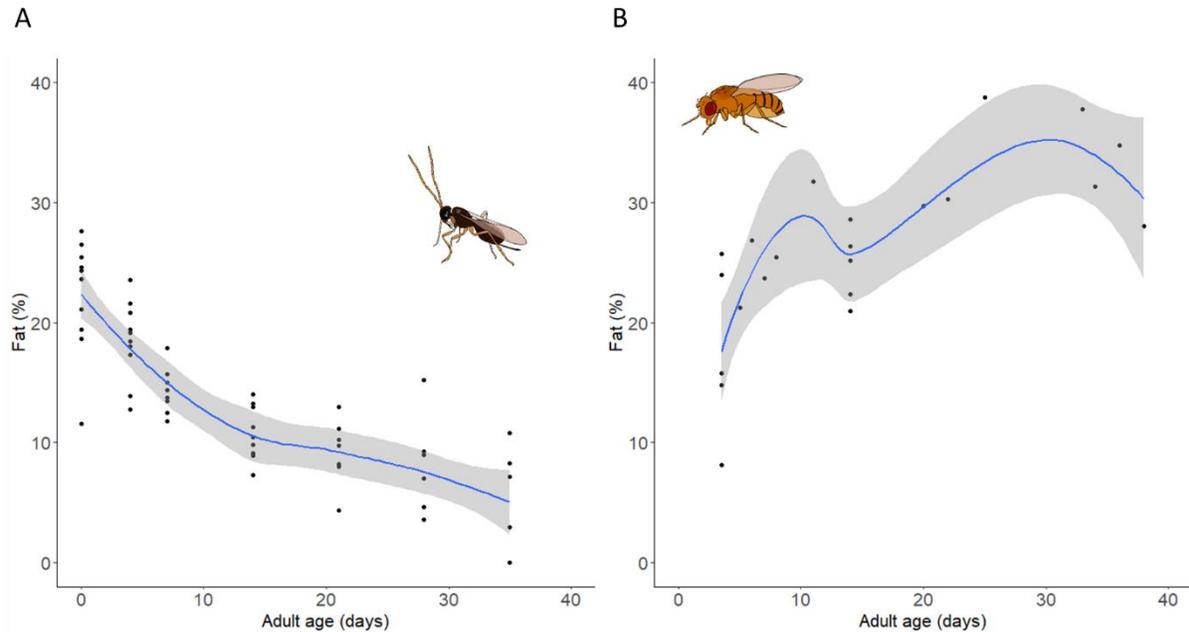
83

84

85 **Box 1. Survival of the fattest: Stored triacylglycerol levels impact longevity, reproduction,**  
86 **and other fitness-related traits in parasitoids**

87 Triacylglycerols are the most comprehensive form in which energy can be stored, both in terms of  
88 the storage space needed within a cell and the higher caloric content per unit of weight (Arrese and  
89 Soulages, 2010). Oxidation of triacylglycerols further releases twice as much water compared to  
90 glycogen (i.e., another major metabolite for energy storage). Taking all this into consideration, it  
91 is not surprising that fat plays a critical role for insect life histories, including parasitoids (Jervis et  
92 al., 2008). We use earlier work on the *Drosophila*-parasitizing braconid wasp *Asobara tabida* as a  
93 case study to reveal the close links between fat reserves and life history traits (see Colinet et al.,  
94 2006; Giron and Casas, 2003a; Le Lann et al., 2014; Luo et al., 2010; Muller et al., 2017; Sheng et  
95 al., 2019 for similar findings in other parasitoid species).

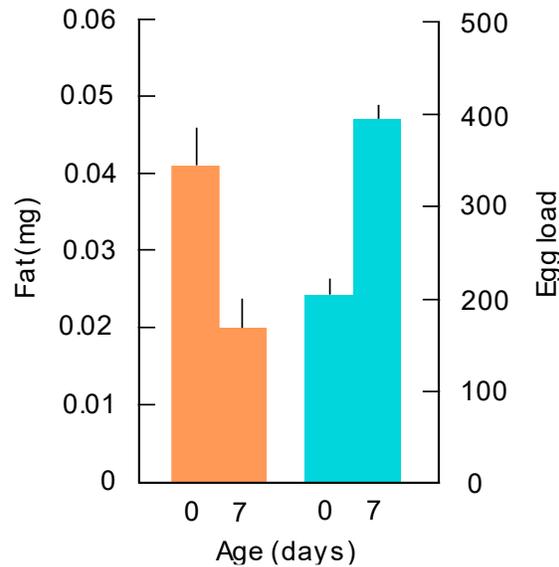
96 Under laboratory conditions, *A. tabida* females can emerge with 0.04 mg or ~20% total  
97 body fat (Visser et al., 2010), but triacylglycerol levels never exceed those at emergence for the  
98 rest of adulthood (Ellers, 1996; Le Lann et al., 2014; Visser et al., 2010), as depicted in Fig. A1A.  
99 Unlike most other insects (and animals) that rapidly build up triacylglycerol stores when fed a  
100 surplus of sugars (see Fig. A1B for *Drosophila melanogaster* as an example; Visser et al. 2010),  
101 triacylglycerol content in *A. tabida* (without access to hosts) decreases quickly during the first week  
102 of life, and then more steadily at a rate of ~0.004 mg per week thereafter (for comparison: when  
103 starved, *A. tabida* triacylglycerol-use is ~0.004 mg per day). Moreover, *A. tabida* strains with  
104 higher fat content also live longer (Ellers, 1996). Fat reserves are thus correlated with adult survival  
105 and used to fuel adult life.



106  
 107 **Fig. A1.** The proportion of fat (in %) in adult *Asobara tabida* (A), and *Drosophila melanogaster* (B)  
 108 throughout life. Based on data from Ellers, 1996 and redrawn from Service, 1987.

109  
 110 Among other metabolic roles a critical job of the fat body is to store lipids. Fat bodies can  
 111 become so hypertrophied with lipids that they may fill much of an insect's abdomen.  
 112 Triacylglycerol levels are correlated with body size in arthropods in general (Lease and Wolf,  
 113 2011), as well as specifically in *A. tabida* (Ellers, 1996; Ellers et al., 1998). Larger, fatter females  
 114 also have more eggs in their ovarioles (Ellers et al., 1998), and *A. tabida* females can emerge with  
 115 ~160 yolk-poor (i.e., hydroptic) eggs (Carton et al., 1986; Le Lann et al., 2014). Many more eggs  
 116 can be produced during life (i.e., synovigeny; Fig. A2; Jarvis et al., 2001), with realized fecundity  
 117 ranging between 580 and 630 eggs when hosts are available in excess (Ellers and van Alphen,  
 118 1997). Similar to lipid-use in non-ovipositing females (Figure A1A), allocation of fat reserves  
 119 towards reproduction is highest during the first week of life. If the energetic cost of maintenance  
 120 is similar between ovipositing and non-ovipositing females, then ~25ng fat is allocated into each  
 121 egg during the first week of life (based on data of Ellers 1996, Ellers and van Alphen, 1997 of the  
 122 same population). In *A. tabida*, once fat has been used for reproduction, these reserves cannot  
 123 subsequently be used for other functions (in contrast to some other parasitoid species that resorb  
 124 eggs; Jarvis et al., 2001). Limiting fat reserves can, therefore, lead to so-called trade-offs in life  
 125 history traits, because energy can be invested either into reproduction or maintenance/survival  
 126 (Ellers, 1996) or early versus late reproduction (Seyahooei et al., 2020).

127



129  
 130 **Fig. A2.** Amount of fat (mean +1 s.e.) and egg load (mean + 1 s.e.) of *Asobara tabida* females originating  
 131 from a population in Kos, Greece, at emergence and 7 days after emergence (with access to food). Redrawn  
 132 from Ellers and van Alphen, 1997.

133  
 134 Field experiments using a release-recapture approach revealed that dispersal of laboratory-  
 135 reared *A. tabida* females is size-dependent (Ellers et al., 1998). Larger, fatter females can disperse  
 136 over larger distances (>15 meters) compared to smaller females. Wild-caught *A. tabida* were  
 137 generally smaller than laboratory-reared females, and size decreased as the season progressed  
 138 (from July to September). Larger wild-caught females burned more fat than smaller females and  
 139 carried more eggs at the time of capture. Another study examined the size of field-caught *A. tabida*  
 140 females over several months (June to October) (Ellers et al., 2001). Female size varied, but larger,  
 141 fatter females were generally captured at the start and the end of the field season. This pattern may  
 142 be explained by the differences in temperature throughout the field season, with higher  
 143 temperatures being reached during summer leading to an increase in metabolic activity and lipid  
 144 oxidation. Alternatively, fat females have a selective advantage when entering and emerging from  
 145 diapause early and late in the season, as large fat stores are required to survive months at low  
 146 environmental temperatures (Ellers and van Alphen, 2002).

147

### 148 2.1 Early studies on parasitoid larval fatty acid and triacylglycerol synthesis

149 Parasitoid fatty acid metabolism started to receive some attention in the late 1960s. Several  
 150 researchers took an interest in hymenopteran parasitoids, because unlike other insects (e.g.,  
 151 dipterans and lepidopterans; Barlow, 1966, 1965, 1964), some wasps did not seem to have their  
 152 own characteristic fatty acid composition. Rather than a species-specific qualitative and  
 153 quantitative fatty acid composition, several wasp species seemed to duplicate the fatty acid  
 154 composition characteristic of their host. Bracken and Barlow (1967) were the first to investigate

155 this intriguing phenomenon in the ichneumonid parasitoid *Exeristes comstockii*. Using  
156 unparasitized larvae of various hosts (the dipteran host *Lucilia sericata*, the lepidopteran host  
157 *Galleria mellonella*, and the sawfly host *Neodiprion sertifer* (basal Hymenoptera)) that show  
158 substantial interspecific quantitative differences in fatty acids, *E. comstockii* larvae readily  
159 duplicated the distinctive fatty acid composition of each host. The host-specific fatty acid  
160 composition of *E. comstockii* remained unchanged throughout pupation and into adulthood,  
161 meaning that the parasitoid duplication phenomenon is not stage-specific. Similar findings were  
162 obtained for another ichneumonid parasitoid, *Itopectis conquisitor*, when reared on the  
163 lepidopteran hosts *G. mellonella* and *Ostrinia nubilalis* (Thompson and Barlow, 1970), and in two  
164 parasitoid tachinid flies (Delobel and Pageaux, 1981).

165 To determine the generality of duplicated fatty acid compositions in parasitoids, Thompson  
166 and Barlow (1972a) tested several other parasitoid species at the larval stage, including aphidids  
167 and braconids, as well as species from the superfamily Chalcidoidea, including pteromalids and  
168 eulophids. All ichneumonids tested ( $n = 7$ ) had similar fatty acid compositions as their hosts, and  
169 the same was true for the pteromalid *Spalangia cameroni* and the eulophid *Dahlbominus*  
170 *fuscipennis*. A subsequent study with 30 species from 5 families of parasitic Hymenoptera revealed  
171 that while most ichneumonids had duplicated fatty acid compositions, this was not a general pattern  
172 for this group and duplication occurred also in species from other families (Thompson and Barlow,  
173 1974). Duplication of the fatty acid composition was suggested to be related to host range of the  
174 parasitoid, because most (although not all) species with duplicated compositions were generalists  
175 able to develop on a wide range of hosts. It should be noted, however, that in most experiments by  
176 Thompson and collaborators unparasitized hosts were compared to parasitoids. When fatty acid  
177 compositions differ between hosts and parasitoids, these changes could also result from  
178 manipulation of the host's fat metabolism by the parasitoid (see part 3 of this chapter). Furthermore,  
179 although in line with sampling expectations at the time, replication is rather low in the early works  
180 of Thompson and colleagues. Hence some caution is needed when interpreting their results.

181 The question arises how and why are some parasitoids duplicating the fatty acid  
182 composition of their hosts, but others are not? One explanation is that the parasitoids readily feed  
183 on the fat body of the host and incorporate those fatty acids directly into their own fat stores without  
184 contributing *de novo* synthesized fatty acids themselves. Thompson and Barlow (1972b) tested this  
185 hypothesis using *E. comstockii* reared on the lepidopteran host *G. mellonella* and the dipteran host  
186 *L. sericata*. By injecting radiolabeled acetate ( $^{14}\text{C}$ -1-acetate) into the hosts, and rearing the  
187 parasitoid on both host species, it became apparent that *E. comstockii* larvae synthesized (as well  
188 as desaturated and elongated) fatty acids, with palmitate (C16:0) being the main synthetic product.  
189 While *de novo* fatty acid synthesis is clearly taking place in *E. comstockii*, fatty acids also originate  
190 from direct incorporation of host fat. This was demonstrated by the presence of eicosenoic acid  
191 (C20:1) that was synthesized *de novo* by *G. mellonella* only and was also present in the fatty acid  
192 fraction of *E. comstockii* (but without radioactivity and thus fatty acid synthesis by the parasitoid).

193 If host fatty acid composition largely determines that of the parasitoid, what happens if the  
194 host is taken out of the equation altogether? Thompson and Barlow (1976) did the test: they reared  
195 larvae of another ichneumonid that also duplicates the fatty acid composition of its host, *Exeristes*

196 *roborator*, on a fatty-acid free artificial medium. Without any host, the parasitoid larvae readily  
197 synthesized fatty acids *de novo* with a composition that did not mimic that of any of its hosts. The  
198 developmental environment is strikingly different for parasitoids reared on an artificially defined  
199 fatty acid free-medium compared to a natural, developing host insect that is rich in lipids.  
200 Triacylglycerols indeed appeared to be less toxic for *E. roborator* to consume than fatty acids  
201 (Thompson, 1977), which makes sense considering that developing hosts typically contain  
202 substantial triacylglycerol quantities compared to free fatty acids. If host acylglycerols can be used  
203 by the parasitoid with relative ease, perhaps there is no need to invest in energetically costly  
204 triacylglycerol synthesis by the parasitoid itself. The study of Jones et al., (1982) compared  
205 triacylglycerol synthesis between ichneumonid species that duplicated the host's fatty acid  
206 composition, *E. roborator* and *I. conquisitor*, with species that have their own characteristic fatty  
207 acid composition irrespective of that of the host, i.e., the ichneumonids *Aphaereta pallipes*,  
208 *Hyposoter exigua*, and the chalcid *Brachymeria lasus*. What they found is that *E. roborator* and *I.*  
209 *conquisitor* did not incorporate glycerophosphate into acylglycerols, meaning that the *de novo*  
210 triacylglycerol pathway (also known as the Kennedy pathway) was not active. *Aphaereta pallipes*  
211 and *H. exigua*, that did not duplicate the host's fatty acid composition, readily incorporated  
212 glycerophosphate. Interestingly, all parasitoids were able to use the monoacylglycerol pathway,  
213 where monoacylglycerols are sequentially acylated by acyl-CoA to form di- and subsequently  
214 triacylglycerols (i.e., by monoacylglycerol transferase, and diacylglycerol acyltransferase,  
215 respectively; Figure 1 in Visser et al., 2023). For *E. roborator* 75% of triacylglycerols were formed  
216 from diacylglycerols, while this was 97% for *I. conquisitor*. The enzymes of the monoacylglycerol  
217 pathway further appeared to be substrate-specific in *E. roborator*, meaning that some fatty acid  
218 thioesters are more readily used to form triacylglycerols.

219 Overall, the work of Thompson and colleagues has shed an exceptional light on the  
220 mechanistic basis of the duplication of host fatty acid compositions in some parasitoids. When high  
221 levels of triacylglycerols are available in a fat-rich host, partial catabolism of triacylglycerols into  
222 diacylglycerols (the main form in which lipids are transported through the hemolymph; Soulages  
223 and Wells, 1994; Turunen, 1979) can then facilitate a fast and relatively inexpensive biochemical  
224 means to synthesize new triacylglycerols for storage in the parasitoid larvae. The parasitoid larvae  
225 thus do not use the *de novo* triacylglycerol pathway, but rather the monoacylglycerol pathway to  
226 accomplish this. The similarity in composition between host and parasitoid is thought to result from  
227 acyltransferase specificity favoring fatty acids that are similar to that of the host.  
228

## 229 2.2 The lack of adult triacylglycerol accumulation in adult parasitoids

230 The storage of fat reserves in periods of food abundance is one of the most conserved metabolic  
231 responses across all domains of life (Birsoy et al., 2013). Fat is a key energy substrate fueling insect  
232 life, including behavior and other components of fitness (i.e., survival, reproduction; Box 1)  
233 (Arrese and Soulages, 2010). Although adult parasitoids use dietary carbohydrates to meet short-  
234 term energetic demands, adult parasitoids show an extraordinary physiological response to sugar  
235 feeding, unlike other insects. During the 1990s and 2000s, adults of several parasitoid species were

236 found to not appreciably convert excess carbohydrates into long-term storage in the form of fat.  
237 For example, the adult fat content of *Asobara tabida* (Ichneumonoidea) was highest at emergence  
238 and declined rapidly with age, despite continuous access to sugar (see Box 1; Ellers, 1996). Similar  
239 findings were obtained for species in different superfamilies: Ichneumonoidea (*Ventura canescens*  
240 and *Diadegma insulare*; Casas et al., 2003; Lee et al., 2004), Cynipoidea (*Leptopilina heterotoma*;  
241 Eijs et al., 1998), Chalcidoidea (*Nasonia vitripennis*; *Eupelmus vuilletti*; Giron and Casas, 2003b;  
242 Rivero and West, 2002), demonstrating that this extraordinary physiological phenotype was more  
243 common in parasitic Hymenoptera.

244 Lack of fat accumulation was proposed to be an evolutionary consequence of the parasitoid  
245 lifestyle (Visser and Ellers, 2008). Efficiently utilizing a single host insect and manipulating its  
246 nutrient content (see part 3 on host manipulation) generally leads to a lipid-rich environment for  
247 developing parasitoid larvae. Under such conditions, where larval host fat content is high, adult fat  
248 accumulation is no longer necessary (leading to relaxed selection on adult fat accumulation; Lahti  
249 et al., 2009) or too costly to maintain (i.e., leading to selection against adult fat). Visser & Ellers  
250 (2008), therefore, hypothesized that parasitoids lost the ability for fat accumulation. A study using  
251 a comparative approach with more than 90 insect species indeed revealed that 1) loss of fat  
252 accumulation is ancestral in parasitic Hymenoptera; 2) the loss of fat accumulation coincided with  
253 or followed the evolution of the parasitoid lifestyle; and 3) there is parallel evolution, as the loss of  
254 fat accumulation evolved repeatedly and independently in parasitoid flies, beetles, and wasps  
255 (Visser et al., 2010). There were some exceptions, however, because several generalist parasitoid  
256 species did accumulate fat as adults., including *L. heterotoma*, *Pteromalus puparum*, and *Gelis*  
257 *agilis* (Visser et al., 2010). A reason why adult generalist synthesize fat is that manipulation of host  
258 fat content is difficult when many species can serve as potential hosts. When a generalist then  
259 develops on a fat-poor host, fat accumulation in adults critical for survival and reproduction (Visser  
260 et al., 2010).

261 An important question is which mechanism(s) underlies the loss of fat accumulation in adult  
262 parasitoids? There can be several ways in which the fat accumulation phenotype was lost: 1) the  
263 gene(s) underlying fatty acid or triacylglycerol synthesis and accumulation were lost (i.e., not  
264 present in the genome anymore; as in the yeast *Malassezia globosa*; Xu et al., 2007); 2) the gene(s)  
265 have accumulated mutations in the coding regions, leading to non-functionality; 3) the gene(s)  
266 remain present, but are silenced through regulatory processes or mutations in regulatory regions.  
267 Consequently, either insufficient quantities of fatty acids and triacylglycerols are produced by adult  
268 parasitoids or accumulation itself is hampered. The loss or non-functionality of key genes in the  
269 fatty acid and triacylglycerol metabolism pathways is unlikely, however, because many genes (e.g.,  
270 fatty acid synthase *fas*, Acetyl-CoA carboxylase *acc*, glycerol-3-phosphate-acyltransferase *gpat*)  
271 involved in the conversion of carbohydrates into triacylglycerols, are also essential for the synthesis  
272 of other lipid classes and are part of other key metabolic pathways (e.g., pyruvate metabolism,  
273 citrate cycle; phospholipids).

274 The first study on the molecular mechanisms and transcriptional profiles underlying the  
275 lack of fat accumulation in parasitoids was performed with the chalcid *N. vitripennis*. Genome  
276 analysis indeed revealed that coding sequences of *fas* and *acc* did not contain any stop codons,

277 mutations, or signs of genetic damage (Visser et al., 2012). But contrary to findings in other  
278 animals, no effect of continuous access to sugar was found on the transcription levels of *fas* or *acc*  
279 (Visser et al., 2012), suggesting that fatty acid synthesis is not taking place. The same was found  
280 for *gpat*, involved in the early steps of acylglycerol synthesis (and part of the *de novo*  
281 triacylglycerol synthesis pathway). Genes involved in the monoacylglycerol pathway, e.g., *dgat*,  
282 did not respond to continuous access to sugar either. Functionality of *fas* and *acc*, as well as other  
283 genes and their enzyme products, were also confirmed in several other parasitoid wasp species  
284 (Kraaijeveld et al., 2019; Lammers et al., 2019; Prager et al., 2019; Visser et al., 2021). Presence  
285 and functionality of fat-related genes suggest that changes in gene expression, rather than structural  
286 genetic changes are involved in the lack of fat accumulation (Visser et al., 2012).

287 For transcriptomic studies on fat metabolism, it is essential to know how fat metabolic  
288 phenotypes are affected. In the case of Visser et al., (2012), absence of fatty acid synthesis and fat  
289 accumulation in adult *N. vitripennis* were determined using stable isotope tracking methods (of  
290 deuterium into fatty acids of the neutral lipid fraction) and bulk fat extractions (comparing fat  
291 quantities between emerged and fed wasps), respectively. No incorporation of stable isotopes was  
292 found in fatty acids of the neutral lipid fraction, indicating that fatty acid synthesis did not take  
293 place in *N. vitripennis*. This was confirmed by quantitative PCR measurements of gene transcripts  
294 of key fat synthesis genes, e.g., *fas*, *acc*, and *dgat*. In contrast the honeybee *Apis mellifera*, that  
295 readily synthesizes and stores fat as adult, did incorporate isotopes into the neutral fat fraction,  
296 illustrating that the method could indeed measure fatty acids that were synthesized and  
297 incorporated into stored triacylglycerols. In *N. vitripennis*, no adult fat accumulation was detected  
298 because fat quantities decreased significantly during life. Even though adult fat did not accumulate,  
299 intermediary metabolites involved in fat metabolism could still be synthesized. For example,  
300 Ruther et al., (2021) found that several parasitoid wasp species could synthesize fatty acids, and in  
301 the case of *N. vitripennis*, utilize these fatty acids in triacylglycerols and eggs (Multerer et al.,  
302 2022). However, no increase in bulk triacylglycerol stores was observed (Ruther et al., 2021). This  
303 means that even though fatty acids are synthesized and used to form some amount of  
304 triacylglycerols, *N. vitripennis* still lacks adult triacylglycerol accumulation.

305 To further understand the (lack of) fat accumulation phenotype observed in parasitoids,  
306 (Visser et al., 2017) compared larval and adult fatty acid synthesis between *D. melanogaster*,  
307 showing typical and significant fat accumulation after feeding (Figure A1B), a parasitoid that  
308 lacked fat accumulation, *E. vuilletti*, and two parasitoids that readily accumulate fat as adults, *Gelis*  
309 *aerator* and *G. agilis*. In adults, fatty acid synthesis (of C16:0) was indeed very high for species  
310 that accumulate fat, while for *E. vuilletti* that does not accumulate fat, no fatty acid synthesis was  
311 detected. The same patterns were found when fatty acid synthesis was analyzed in the larvae of *D.*  
312 *melanogaster*, *E. vuilletti*, *G. agilis*, and *G. areator*. There thus seems to be concurrence in fatty  
313 acid synthesis phenotypes between larvae and adults.

314 Work on fat metabolism in parasitoids has had two distinct spurts in terms of studies, one  
315 between the 1960s and 1980s focused on the similarity of fatty acid compositions between hosts  
316 and parasitoid larvae; the other starting in the 2000's and still ongoing to understand why adult  
317 parasitoids do not accumulate fat. It may well be that despite the slightly different interests and

318 focus, both phenomena result from the same underlying mechanism(s) and evolved in a similar  
319 way. Only one more recent study has so far compared fatty acid compositions and fat accumulation  
320 strategies, using adults of a rose gall wasp community, including the parasitoids *Orthopelma*  
321 *mediator* and *Pteromalus bedeguaris* (Visser et al., 2013). The gall wasp *Diplolepis rosae* is  
322 attacked by *O. mediator*, while *P. bedeguaris* can act as a primary parasitoid on *D. rosae* or as a  
323 secondary hyperparasitoid on other primary parasitoids of *D. rosae*, including *O. mediator*. Both  
324 *O. mediator* and *P. bedeguaris* did not accumulate fat as adults, and only the fatty acid composition  
325 of *O. mediator* was considerably different from its main host *D. rosae*. *Orthopelma mediator* is an  
326 ichneumonid and *P. bedeguaris* a chalcid, both with a very limited host range. Fat accumulation  
327 strategy does thus not seem to be related to mimicking of the host's fatty acid composition, as *O.*  
328 *mediator* has a different fatty acid composition than its host *D. rosae*. The similar fatty acid  
329 composition of the more specialized *P. bedeguaris* suggests that copying of the host's fatty acid  
330 composition is not inherently linked to host breadth (as suggested in Barlow, 1964; Bracken and  
331 Barlow, 1967). The rose gall system may, however, not be ideal for evaluating the link between  
332 fat accumulation, host breadth and fatty acid compositions due to this system's particular ecological  
333 niche. More work is thus needed to determine whether the lack of fat accumulation coincides with  
334 mimicking of the fatty acid composition of the host.

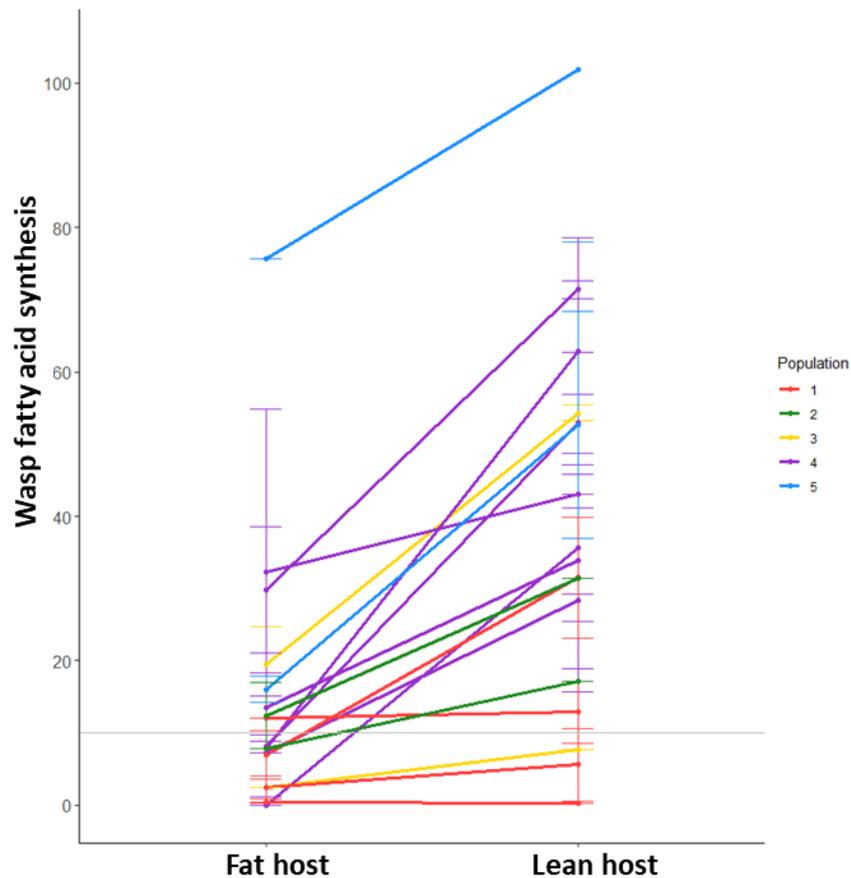
335

### 336 *2.3 More complex adult parasitoid fatty acid synthesis and fat accumulation phenotypes*

337 While the majority of parasitoids do not accumulate fat as adults, for some parasitoid species  
338 repeated experiments hinted at more complicated patterns. For example, Moiroux et al., (2010)  
339 proposed that the ability of adult parasitoid wasps to accumulate fat was closely tied to geographic  
340 location and local environmental conditions. To test this, four geographically distinct *Leptopilina*  
341 *boulardi* populations were collected. Different adult fat accumulation phenotypes were found: two  
342 populations accumulated fat, while the two other populations did not (Moiroux et al., 2010). These  
343 observations could be related to genetic divergence between populations, as the two populations  
344 that accumulated fat were genetically closer to each other than to populations that did not  
345 (Seyahooei et al., 2011; Visser et al., 2017).

346 Like Moiroux et al., (2010), a large-scale study on the ability of fat accumulation of field-  
347 caught *L. heterotoma* populations and other *Leptopilina* species also revealed contrasting adult fat  
348 accumulation phenotypes (Visser et al., 2018). These differences were found to be related to the  
349 fat content of the *D. melanogaster* host strain used. Indeed, parasitoids emerging from a lean host  
350 contained a lower quantity of fat, leading to fat accumulation in adults, while no fat accumulation  
351 was observed for parasitoids emerging from a fatty host with a high amount of fat (Visser et al.,  
352 2018). A more recent study with several *L. heterotoma* populations confirmed that this species can  
353 switch fatty acid synthesis and fat accumulation on or off depending on the host's fat content: these  
354 wasps generally start synthesizing and accumulating fat on lean *Drosophila* larvae (Visser et al.,  
355 2021). Variation in fat accumulation strategies in adult *L. heterotoma* is plastic, meaning that a  
356 single genotype can generate different fatty acid synthesis and fat accumulation phenotypes  
357 depending on environmental conditions (Fig. 2). What is now needed is to test also other parasitoids

358 for plasticity of fatty acid synthesis and fat accumulation, particularly considering consequences  
359 for adult life histories.  
360



361  
362 **Fig 2.** Fatty acid synthesis of *Leptopilina heterotoma* families (sharing 75% of their genome) originating  
363 from different populations (1 to 5). Reaction norms reveal that some families show plasticity in fatty acid  
364 synthesis (synthesis on lean hosts, no synthesis on fat hosts), while other families constitutively synthesize  
365 fatty acids or lack fatty acid synthesis (under the gray line). Variation in the slope of the reaction norms  
366 suggests that there is genetic variation for plasticity of fatty acid synthesis, meaning that plasticity itself can  
367 evolve in response to selection. Redrawn from Visser et al., (2021).  
368

### 369 **3 Lipid metabolism in parasitized hosts**

370 Part 2 of this chapter details progress made with research on fatty acid synthesis and fat  
371 accumulation of the parasitoid itself since the 1960s. The parasitoid's unique lifestyle has also led  
372 to the evolution of intricate mechanisms to manipulate host metabolism. A parasitoid relies on only  
373 a single host to complete its development and to obtain sufficient nutrients to fuel adult life. There  
374 is thus an incredible advantage for the parasitoid to “hijack” the host's metabolism for its own  
375 benefit. Considering that many parasitoids do not accumulate substantial fat quantities as adults  
376 (see part 2) and fat is of key importance for parasitoid life histories and fitness (see Box 1),

377 manipulating host lipid metabolism so that host lipids become more accessible or available for the  
378 parasitoid has a clear adaptive value.

379 Before exploring how host lipid metabolism can be manipulated by the parasitoid, there are  
380 some parasitoid-specific traits that have a large impact on host manipulation. Parasitoids show  
381 tremendous diversity related to their mode of life and general biology (Fig. 1; Godfray, 1994;  
382 Quicke, 1997). An important distinction can be made, for example, between parasitoid species that  
383 arrest the host's development, idiobionts, and species that allow the host to continue feeding and  
384 growing, koinobionts. For idiobionts, resource availability for the parasitoid is largely fixed close  
385 to the time of oviposition, while for koinobionts host resources generally keep on accumulating, at  
386 least for some time while the parasitoid is developing. Among koinobionts, a further distinction  
387 can be made between parasitoid species that stop host development prematurely, reducing final  
388 host body size, and parasitoid species that prolong host development, increasing final host body  
389 size (Cuny and Poelman, 2022). Several studies have indeed reported that host food consumption  
390 is reduced following parasitism by koinobiont parasitoids (Kaeslin et al., 2005; Morales et al.,  
391 2007; Pruijssers et al., 2009; Shi et al., 2015; Thompson, 1982a; Thompson, 1983), while some  
392 parasitized hosts feed longer but remain smaller compared to unparasitized hosts (Thompson and  
393 Redak, 2008). The extent to which a parasitoid can affect host development can also be dependent  
394 on the environment (i.e., phenotypic plasticity). The braconid *Meteorus pulchricornis*, for example,  
395 increases final size of the small lepidopteran host *Plutella xylostella* by 30%, while final size of the  
396 larger lepidopteran host *Mythimna separata* is increased by 95% (Harvey et al., 2010). The host  
397 species can thus have a major impact on resource levels and resource availability for koinobiont  
398 parasitoids, which in turn can have major consequences for fatty acid synthesis and fat  
399 accumulation of the parasitoid itself (see part 2.2; Visser et al., 2021).

400 Parasitoids are highly efficient in carrying over resources from their host, which for some  
401 species can amount to >90% of the host's body mass (Harvey et al., 2009). An increase in host fat  
402 availability and content can have a major impact on both parasitoid larval development and  
403 survival, as well as adult fitness (Rivers et al., 1998). When more fat can be carried over from the  
404 host, the parasitoid has more energetic reserves available for allocation into fitness-related traits  
405 (see Box 1). For parasitoids in which complete consumption of host tissues is required, developing  
406 on larger hosts can be detrimental if it leads to overfeeding (Harvey, 1996; Harvey and Strand,  
407 2002). Indeed, many parasitoids are so-called "tissue-feeders", where most or all host tissues are  
408 consumed during the parasitoid's development (Fig. 1). Within the superfamily Ichneumonoidea,  
409 all gregarious (i.e., with multiple offspring emerging from a single host) koinobiont  
410 endoparasitoids (e.g., *Microplitis* sp. and *Cotesia* sp., as well as the family Cheloniidae) have,  
411 however, evolved the ability to feed mostly on host hemolymph (Harvey and Malcicka, 2016).  
412 These "hemolymph-feeders" initially only feed on hemolymph and part of the fat body of the host  
413 but exit the host during the last larval stage to pupate externally (Fig. 1). The adaptive significance  
414 of hemolymph feeding is that a wider range of host developmental stages and sizes can be  
415 parasitized, including hosts that are much larger than the parasitoid itself.

416 An important question is whether hemolymph or tissue-feeding koinobionts have evolved  
417 different strategies to manipulate host metabolism. We could expect that for tissue-feeders,

418 increasing host fat body lipid content is more important, while for hemolymph-feeders an increase  
419 or steady flow of hemolymph lipids can increase the efficiency of scavenging from the host. This  
420 could be tested using host-parasitoid systems where the same host species is attacked by multiple  
421 parasitoids that differ in feeding strategy. Koinobiont microgastrine braconids and campoplegine  
422 ichneumonids may be ideal systems for testing the evolution of host manipulation strategies in  
423 parasitoids, e.g., *P. xylostella* parasitized by *Diadegma semiclausum* (tissue-feeder) and *Cotesia*  
424 *vestalis* (hemolymph-feeder), *Pieris brassicae* parasitized by *Hyposoter ebeninus* (tissue-feeder)  
425 and *Cotesia glomerata* (hemolymph-feeder), *Spodoptera littoralis* parasitized by *Hyposoter*  
426 *didymator* (tissue-feeder) and *Cotesia marginiventris* (hemolymph-feeder). Comparing host  
427 manipulation strategies of hemolymph versus tissue-feeders developing on the same host offers a  
428 unique opportunity to increase our understanding of the mechanisms underlying host manipulation.  
429

### 430 3.1 The effects of parasitism and the developing parasitoid(s) on host fat metabolism

431 The easiest, and sometimes only, way to determine how host metabolism is affected by parasitism  
432 is to compare unparasitized with parasitized hosts. Overall, when parasitized, host lipid levels can  
433 increase, remain stable, or decrease for a variety of reasons (see Table 1). For example, parasitism  
434 of the locust *Chortoicetes terminifera* by the parasitoid fly *Trichopsidea oestracea* led to a steep  
435 increase in overall lipid content, although the mechanism has remained unclear (Horwood and  
436 Hales, 1991). In another parasitoid fly, *Blepharipa sericariae*, the developing larvae were found to  
437 secrete a peptide that inhibits lipid transport in the host silkworm, *Philosamia cynthia prieri*  
438 (Hayakawa, 1987). *Blepharipa sericariae* eggs are consumed by the host during larval feeding, and  
439 after parasitoid hatching the parasitoid larvae remain in the second instar until the following spring  
440 when the larvae molt and start feeding on the host's pupal tissues. Lipid release from the host fat  
441 body into the hemolymph was reduced by 50-70%, and lipid uptake by lipophorin (a blood protein  
442 used for lipid transport) was inhibited by ~60% through the action of a parasitoid-secreted peptide  
443 (Hayakawa, 1986). Similar results were obtained when the locust *Locusta migratoria* was  
444 parasitized, with a 50% inhibition of diacylglycerol release (Hayakawa, 1987). This finding  
445 supports the idea that lipid uptake and transport in the hemolymph, which typically entails the  
446 transport of diacylglycerols in insects is inhibited (Turunen, 1979; but see also Ford and van  
447 Heusden (1994) who identified a lipophorin transporting triacylglycerols in *Aedes aegypti*).  
448 Considering it takes about a year for *B. sericariae* to complete its development, inhibition of lipid  
449 transport by lipophorin conserves the triacylglycerol stores of the host's fat body. *Blepharipa*  
450 *sericariae* thus prevents the locust host from mobilizing and using lipids. Preventing lipid  
451 mobilization by the host is needed for the developing parasitoid to be able to complete its  
452 development in spring. The parasitoid fly *T. oestracea* takes a similar time to develop as *B.*  
453 *sericariae*; hence both parasitoid flies have optimized host use, either by increasing or conserving  
454 the lipid stores of their respective hosts.

455 So far, most work on host manipulation has been done on laboratory-reared hymenopteran  
456 parasitoids. Unlike the dipteran parasitoids described above, many hymenopteran parasitoids  
457 complete their development within several weeks. Major host physiological changes can already

458 be brought about within a short timespan, including a decrease in lipid levels. There are several,  
459 not mutually exclusive, reasons why lipid levels are lower in parasitized compared to unparasitized  
460 hosts: the host is not able to develop its own fat body (Dahlman, 1970) or host and parasitoid  
461 compete for lipid resources, with both species consuming and utilizing lipids.

462 The koinobiont parasitoid *H. exiguae* feeds mainly on lepidopteran host hemolymph  
463 (*Trichoplusia ni*) during the first 8 days of development (when the host moults into its third and  
464 fourth instar), after which the larvae exit the host to pupate externally (Thompson, 1982b).  
465 Parasitized larvae had a lower total triacylglycerol content compared to unparasitized larvae near  
466 the end of parasitoid development. The reason that parasitized hosts do not get as fat as  
467 unparasitized hosts is that the parasitoid is consuming the host's fat or affecting the host's ability  
468 to feed and accumulate fat. When comparing unparasitized starved *T. ni* hosts with parasitized *T.*  
469 *ni* hosts, the physiological state in terms of fat content is very similar. In contrast to a starved host,  
470 however, a parasitized host still has access to food (at least in this system, where host development  
471 continues), which means that host and parasitoid are in direct competition for lipids (Dahlman and  
472 Greene, 1981). Lipids of parasitized *T. ni* were, however, not depleted completely, suggesting that  
473 the parasitoid utilizes resources in such a way that the host does not die prematurely (which would  
474 also lead to death of the parasitoid). The above studies contribute to our general understanding of  
475 how lipid metabolism of the host is affected following parasitism, including the investigation of  
476 rare field-collected hosts that are typically more difficult to study (see Table 1). Experiments  
477 focusing solely on the effect of parasitism can, however, be confounded by other factors that can  
478 affect host metabolism, such as venom, teratocytes, and mutualistic viruses, which will be  
479 discussed in more detail in the following sections.

480

### 481 *3.1 Venom-induced changes in host lipid metabolism*

482 All female Hymenoptera produce venom in a specialized venom-gland that is a part of the  
483 reproductive system (Pennacchio and Strand, 2006; Poirié et al., 2014). The venom of parasitoids  
484 is injected into the host and consists of both proteinaceous and non-proteinaceous compounds  
485 (Moreau and Asgari, 2015). The venom of ecto and endoparasitoids seems to serve different  
486 functions, for the former mainly inducing host paralysis and for the latter mainly interfering with  
487 the host's immune system. For all parasitoids, nutrient acquisition during development is critical  
488 for survival, investment in costly metamorphosis, and to fuel (at least part of) adult life. In this  
489 subsection, we will focus solely on the effects of parasitoid venom on host lipid metabolism.

490

#### 491 *3.1.1 Venom-induced alterations in host lipid metabolism*

492 Venom generally leads to an increase in host lipid levels either in the whole body, the fat body, or  
493 the hemolymph (see Table 1). There are some exceptions, however, where host lipid levels were  
494 lower, or no changes were observed. For example, in parasitized *S. littoralis*, Transmission Electron  
495 Microscopy revealed that the host fat body rapidly released its content (glycogen and lipids)  
496 through cell vacuolization and reabsorption (Becchimanzi et al., 2017). Lipid mobilization was  
497 aided by haemocytes surrounding the fat body and increased cathepsin L activity. Hemolymph

498 titers of glycerolipids decreased during 48 hours after parasitization, probably because the host's  
499 tissues require fat for ongoing metabolic activities, albeit reduced. For the coleopteran *Tenebrio*  
500 *molitor* parasitized by the bethylid *Scleroderma sichuanensis*, fat body and hemolymph lipid  
501 content also decreased following envenomation and parasitism (Zhuo et al., 2016). This decrease  
502 could be due both to consumption of host resources by the parasitoid and the host's own  
503 requirement for lipids to stay alive. The host fat body was degraded following parasitism, but  
504 envenomation alone did not alter the appearance of the fat body. This suggests that rupture of the  
505 venom cannot be brought about by venom alone.

506 Host manipulation requires fine-tuned physiological interactions between parasitoid and  
507 host that can be highly species-specific. For example, the parasitoid *N. vitripennis* is highly  
508 polyphagous, being able to parasitize more than 60 different host species (Desjardins et al., 2010).  
509 Yet, despite its wide host range, *N. vitripennis* prefers to oviposit on the fly *Sarcophaga bullata*  
510 (Desjardins et al., 2010). Rivers and Denlinger (1995) looked at the effects of parasitism by *N.*  
511 *vitripennis* on four distinct fly species, including *S. bullata*, *Phormia regina*, *Musca domestica*, and  
512 *Sarcodexia sternodontus*. Only in the host *S. bullata* were marked increases in both fat body and  
513 hemolymph lipids observed (Rivers and Denlinger, 1995). For *P. regina* and *M. domestica*  
514 hemolymph lipids also increased following parasitism but lipid levels in the host fat body did not  
515 increase. For the host fly *S. sternodontus* both fat body and hemolymph lipids decreased. For the  
516 host *S. bullata* both envenomation and parasitism led to increased fat content, which could result  
517 from active fatty acid synthesis and fat synthesis by the host. Parasitism by the wasp *Lysiphlebus*  
518 *japonica* of the aphid *Aphis gossypii* led to upregulation of almost all genes in the glycerolipid  
519 pathway, including diacylglycerol acyltransferase that produces triacylglycerols from  
520 diacylglycerols, revealing that venom likely induces lipogenesis in hosts (Zhang et al., 2015).

521 Zooming in on the interaction between *N. vitripennis* and *S. bullata*, the elevation in host  
522 hemolymph lipids depended on the location where oviposition occurred on the host pupa. A  
523 posterior sting, where parasitism occurs under natural conditions, led to a steeper increase in lipids  
524 compared to an anterior sting (Rivers and Yoder, 1996). *Nasonia vitripennis* larvae developing on  
525 posterior-oviposited hosts also contained more fat than anterior-oviposited hosts, suggesting indeed  
526 that lipid availability depends on the location of the parasitoids's sting. Elevation of host  
527 hemolymph lipids was also associated with the number of developing parasitoids larvae (Rivers  
528 and Yoder, 1996). A higher number of eggs laid led to a greater increase in hemolymph lipid  
529 content. A similar finding was obtained for another gregarious parasitoid, *Trichomalopsis* near  
530 *americana* (Rivers et al., 1998). An increase in hemolymph lipids when more eggs are laid suggests  
531 that venom increases nutrient content of the host in such a manner that competition between  
532 multiple offspring and the host can be avoided. Resource availability is thought to be more  
533 restricted for idiobionts that arrest the host's development, where nutrients contain in the host are  
534 not altered. Overall, the body of work on *N. vitripennis* suggests that idiobiont parasitoids may not  
535 be limited in host lipid resources as substantial increases in host hemolymph and fat body lipid  
536 content is brought about by the venom (Rivers and Yoder, 1996).

537 Only few researchers investigated both the composition of the venom and the effects of  
538 venom on host lipid metabolism. Wang et al. (2020b) characterized the lipases contained in *P.*

539 *puparum* venom. Overall, parasitism led to a decrease of triacylglycerols and several phospholipids  
540 (e.g., sphingomyelin, phosphatidylcholine etc...) in the host fat body, whereas triacylglycerols and  
541 phospholipids increased in the hemolymph (see Table 1). The increase of triacylglycerols in the  
542 host hemolymph was concurrent with a decrease in diacylglycerols. In *P. puparum* venom,  
543 diacylglycerol acyltransferase (DGAT2), catalyzing the last step of triacylglycerol synthesis from  
544 diacylglycerols, is not present. The venom does, however, contain multiple lipases (some with  
545 missing catalytic triads, potentially involved in lipid binding and transport), which suggests that  
546 the host's enzymatic machinery facilitates the conversion of di- to triacylglycerols. In the fat body,  
547 increasing triacylglycerol levels were mainly observed for highly unsaturated triacylglycerols,  
548 while triacylglycerols with fewer double bonds decreased. An increase in unsaturation generally  
549 increases triacylglycerol solubility. There was, however, no difference in unsaturation levels of  
550 triacylglycerols in the hemolymph. Hence it is unclear what role the unsaturation plays in the fat  
551 body (i.e., higher solubility does not lead to increased transport and presence of unsaturated  
552 triacylglycerols in the hemolymph for use by the parasitoid larva). Desaturases were not found in  
553 the venom of *P. puparum*, but a desaturase was found to be upregulated in the venom glands (Wang  
554 et al., 2020a). It thus remains unclear whether the wasp's venom or the host is responsible for the  
555 observed changes in triacylglycerol saturation levels.

556 The decrease of some phospholipids in the fat body and increase in the hemolymph of the  
557 host *Pieris rapae* suggests that destruction of the fat body and fat body cell membranes ensues  
558 quickly after parasitism by *P. puparum* (Wang et al., 2020b). Parasitized hosts also had an increased  
559 cholesteryl ester content in the hemolymph, suggesting that cholesterol transport increased.  
560 Increased cholesteryl ester content was also observed in Dufour's gland (i.e., part of the anatomy  
561 of the ovipositor) suggesting that cholesteryl esters may be derived from the venom. Lipases with  
562 potential cholesteryl esterase function have been identified from the salivary glands of developing  
563 *P. puparum* larvae (Wang et al., 2020b). Cholesteryl esterase hydrolyzes cholesteryl esters to form  
564 cholesterol, which may allow the developing parasitoid to acquire essential sterols (that insects  
565 cannot synthesize). Sterols can subsequently serve important functions as hormone-precursors,  
566 signaling molecules, and components of cell membranes, and were found to increase egg viability  
567 (Mondy et al., 2006).

### 568 569 3.1.2 Lipid-related parasitoid venom components

570 Venom components related to lipid metabolism have been identified in 23 different parasitoid  
571 species (see Table 2). The function of venom enzymes regarding lipid metabolism can be divided  
572 into four different categories: lipid catabolism, transport, synthesis, and storage (see Table 2).  
573 When venom is injected, even the host's enzymes may participate in freeing lipids for the  
574 developing parasitoid(s). Cathepsin of the host *S. littoralis*, for example, contributes to degradation  
575 of the host's fat body following parasitization by *Bracon nigricans* (Becchimanzi et al., 2017). On  
576 a cellular level, phospholipases play a key role for increasing nutrient transfer from the cytosol to  
577 the hemolymph by disintegrating cells to release their content. Various phospholipases have been  
578 identified in parasitoid venom that differ in their specific site of action. Phospholipase A1, for  
579 example, disrupts phospholipid packaging of cell membranes, leading to cell lysis, while

580 phospholipase A2 hydrolyzes glycerophospholipids in membranes to release free fatty acids and  
581 lysophospholipids (Perez-Riverol et al., 2019). Phospholipases can indeed be part of a complex  
582 pathway affecting the host's lipid metabolism. The venom of *N. vitripennis*, for example, modifies  
583 cell membrane permeability leading to an influx of Na<sup>+</sup> in the cell (Danneels et al., 2010; Rivers et  
584 al., 2002). An increase in Na<sup>+</sup> can subsequently activate phospholipase C, leading to an increase in  
585 inositol-3-phosphate (a signaling molecule) and the release of Ca<sup>2+</sup> from the mitochondrion.  
586 Calcium in turn activates phospholipase A2, stimulating fatty acid synthesis (Rivers et al., 2002).  
587 Within parasitoid venom, phospholipases thus play an important role in making lipids available for  
588 parasitoid offspring (see Table 2).

589         Once lipids are released from the fat body, lipids need to be transported to the developing  
590 parasitoid through the hemolymph. Several hemolymph transport enzymes are contained within  
591 the venom, including apolipoprotein (e.g., Liu et al., 2018; Scieuzo et al., 2021; see Table 2). In  
592 addition to this more typical enzyme involved in lipid transport, there have been several reports of  
593 odorant binding proteins being part of the parasitoid venom (e.g., in *N. vitripennis*, *P. puparum*,  
594 and 8 other species; see Table 2). Most volatiles are lipophilic, and odorant binding proteins  
595 typically serve for the transport of odorant molecules (e.g., pheromones) to olfactory receptors. In  
596 the parasitoid venom, odorant binding proteins are hypothesized to play a role as fatty acid and  
597 fatty acid ester carriers, as was found in several other insects (e.g., the ant *Camponotus japonicus*;  
598 Ishida et al., 2013); the blowfly *P. regina*; González et al., 2009). Existing odorant binding proteins  
599 thus seem to have acquired new functions.

600         The venom of some parasitoid species also contains enzymes that are involved in lipid  
601 synthesis, including fatty acids, glycosphingolipids, and diacylglycerols (e.g., Colinet et al., 2014;  
602 Heavner et al., 2013; see Table 2). So far, no clear explanation has been proposed as to why the  
603 venom would contain enzymes involved in lipogenesis. When hosts are lipid-poor, there could be  
604 an advantage for the parasitoid to increase the host's lipogenesis by injecting enzymes involved in  
605 lipid synthesis contained in the venom. The aphid *Acyrtosiphon pisum* and the scale insect  
606 *Parasaissetia nigra*, for example, are plant sap-sucking insects, a nutritional resource that is  
607 expected to contain substantial carbohydrate resources, but not many lipids. Lipid synthesis  
608 enzymes present in the venom can then utilize precursors, such as carbohydrates, from the host to  
609 increase lipid content and availability. The presence of fatty acid and diacylglycerol synthesizing  
610 enzymes in the parasitoid venom may aid the developing parasitoid in obtaining sufficient lipids to  
611 complete development and fuel adult life.

612         Three enzymes implicated in host adipocyte maturation and/or lipid storage were found in  
613 the venom of several parasitoid species (e.g., Scieuzo et al., 2021; Sim and Wheeler, 2016; see  
614 Table 2). At the time of oviposition, the parasitoid is still in the egg or early larval stage, a time at  
615 which absorption of nutrients may be relatively little (compared to later developmental stages). For  
616 example, during the early stages of parasitism, the braconids *Aphidius ervi* and *Toxoneuron*  
617 *nigriceps* absorb nutrients through the epidermis (Caccia et al., 2005; Grimaldi et al., 2006). In  
618 parasitoid offspring in general, some time may be needed to develop a fully functioning gut and  
619 absorption of nutrients through the epidermis or the anal vesicle in early larval stages may be more  
620 common (Edson and Vinson, 1977). Storage of large fat reserves by the parasitoids is also expected

621 to take some time, with fat droplets becoming clearly visible only during later larval instars (e.g.,  
622 in *E. vuilletti* and *Gelis* sp., Pers. Obs.). When fat precursors accumulate in the hemolymph of the  
623 host, initial fat storage in host adipocytes can provide a reserve to be consumed by the developing  
624 parasitoid at a later time. Increased fat storage in the preferred host *S. bullata* was indeed found  
625 following parasitism by *N. vitripennis* (Rivers and Denlinger, 1995, 1994). Parasitoid venom thus  
626 contains many enzymes involved in releasing, transporting, synthesizing, and storing fat by the  
627 host. What is still mostly lacking are studies identifying the specific functional role of identified  
628 venom components on host lipid metabolism.

629

### 630 3.2 Polydnaviruses increase host lipid availability for the developing parasitoid

631 Polydnavirus are viruses associated with endoparasitoid wasps (i.e., the primary hosts), persisting  
632 as proviruses (i.e., DNA sequences integrated in the host genome) in every germ and somatic cell  
633 of the wasp. The proviral genome is composed of both core genes necessary for viral replication  
634 and virulence genes that, after amplification and excision from the wasp's genome, form viral  
635 particules (i.e., virions). Viral replication occurs only in calyx cells (that are part of the wasp's  
636 reproductive tract) during the parasitoid pupal and adult stage. The polydnavirus life cycle starts  
637 with virions that are first released from calyx cells to accumulate in the lumen of the parasitoid's  
638 reproductive tract where eggs are stored. Eggs, containing both the proviral genome and virions,  
639 are then laid by the parasitoid in the host during oviposition along with parasitoid venom (Strand  
640 and Burke, 2013). After virion injection, the virus integrates into the host genome via a second  
641 domain present on the viral DNA termed the host integration motif. Virulence genes are then  
642 transcribed in host cells until wasp development is completed and the adult parasitoid has  
643 emerged from the host (see Figure 1 from Strand and Burke, 2012).

644 Polydnaviruses can be grouped into two distinct genera: Bracoviruses, associated with the  
645 braconid family, and Ichnoviruses, associated with the ichneumonid family (Strand and Burke,  
646 2013). Braco- and Ichnoviruses each have a distinct morphology of the virion (that enters the  
647 secondary host, which is the host of the parasitoid) and an independent evolutionary origin (Strand  
648 and Burke, 2012). The virus participates in the parasitization process, affecting the host's immune  
649 system (i.e., to prevent the host from killing the wasp's offspring), host growth, and metabolism  
650 (Strand and Burke, 2013). During parasitoid oviposition, the bracovirus of the wasp *T. nigriceps*,  
651 for example, releases several viral protein tyrosine phosphatases in the host *Heliothis virescens*'s  
652 body that disrupt the prothoracic gland function of the host and inhibits host metamorphosis  
653 (Falabella et al. 2006; but see also Strand and Burke 2015 for other examples). The following  
654 subsection focuses on the effects polydnaviruses have on (secondary) host lipid metabolism.

655 The braconid *Chelonus inanitus* is an endoparasitoid that injects both venom and a  
656 bracovirus along with the egg. Kaeslin et al., (2005) disentangled the role of the *C. inanitus* venom,  
657 bracovirus, and developing parasitoid on the fat body of the host *S. littoralis*. Separating the effects  
658 of venom and bracovirus from developing parasitoids is possible when comparing parasitized hosts  
659 with unparasitized hosts, but also using pseudoparasitized hosts, where the eggs within the mother  
660 are killed using x-rays prior to oviposition. Pseudoparasitized hosts thus receive the venom and the

661 bracovirus, but the parasitoid larva does not hatch. Venom proteins disappear within 1-2 days after  
662 parasitization, while the polydnavirus remains throughout parasitoid development. The parasitoid  
663 larva, along with polydnavirus, and potential early effects of venom cause an accumulation of  
664 whole-body lipids during development (see Table 1). During the last host larval instar, lipid content  
665 was significantly higher in parasitized hosts than in unparasitized larvae, meaning that the  
666 parasitoid larva itself also plays a major role in increasing host fat accumulation.

667 In a recent study, Wang et al., (2021) determined which *C. vestalis* parasitoid-associated  
668 factor led to the decrease of lipid levels in the host moth *P. xylostella*. *Cotesia vestalis* injects  
669 venom and bracoviruses and forms teratocytes derived from the embryonic membrane. Wang et  
670 al., (2021) used both parasitized and pseudoparasitized *P. xylostella* hosts, thereby removing the  
671 effect of teratocytes (as teratocytes are derived from the developing parasitoids offspring) and the  
672 developing parasitoid. Following parasitization and pseudo-parasitization, host whole-body  
673 triacylglyceride levels decreased, as did hemolymph fat levels. Injection of venom alone did not result  
674 in any changes; yet a similar reduction in lipids was observed when only the bracovirus was  
675 injected. The reduction in host lipids can be due to alterations in the lipid absorption and synthesis.  
676 Parasitized *P. xylostella* indeed showed reduced formation of neutral lipid droplets in the gut,  
677 suggesting that changes in host lipid absorption and synthesis underlie the decrease in whole-body  
678 lipids. Transcriptomics further led to the identification of several bracovirus genes that could be  
679 involved in manipulating host lipid metabolism (Wang et al., 2021). Expression of one of these  
680 genes, *CvBV 9-2*, was indeed found to be responsible for reducing triacylglycerol levels in  
681 parasitized larvae by increasing the expression of a tachykinin gene (*PxTk*) in the host gut,  
682 suppressing lipogenesis.

683

### 684 3.3 Parasitoid-derived teratocytes increase fat availability for the parasitoid

685 Teratocytes are specialized cells derived from the dissociation of the cellular membrane  
686 surrounding the parasitoid embryo during its development that are released in the host's  
687 hemolymph during parasitoid hatching (Strand, 2014). Teratocytes are produced by some  
688 subfamilies within Braconidae (i.e., Microgastrinae, Meteorinae, Euphorinae, Aphidiinae) and  
689 Platygasteridae (i.e., Scelioninae, Telenominae, Teleasinae), all of which are endoparasitoids  
690 (Dahlman, 1990; Strand, 2014). Teratocyte-like cells have also been reported in the Ichneumonidae  
691 (Rouleux-Bonnin et al., 1999) and Chalcidoidea (Pedata et al., 2003; Strand, 1986). The number  
692 of teratocytes in parasitoids is species-specific, and can range from 10 (e.g., *Telenomus heliothidis*,  
693 Platygasteridae; Strand et al., 1988) to more than 1000 (e.g., *M. pulchricornis*, Braconidae; Suzuki  
694 and Tanaka, 2007) (Strand, 2014). Teratocytes help to disrupt host growth, inhibit host  
695 metamorphosis, and also seem to play a role in evading the host's immune system (Ali et al., 2013;  
696 Dahlman et al., 2003; Strand, 2014). Teratocytes further aid in nutrient acquisition for the  
697 developing parasitoid(s), particularly lipids (Falabella et al., 2005, 2000; Nakamatsu et al., 2002;  
698 Qin et al., 2000; Suzuki and Tanaka, 2007).

699 Ultrastructure studies revealed that once released in the host's hemolymph, teratocytes  
700 show both morphological and metabolic changes (Pennacchio et al., 1994; Strand et al., 1986;

701 Volkoff and Colazza, 1992; Zhang et al., 1994), e.g., teratocyte size greatly increases (de Buron  
702 and Beckage, 1997; Strand and Wong, 1991; Volkoff and Colazza, 1992). To promote nutrient  
703 exchange between the teratocyte's intracellular and extracellular space, teratocytes exhibit long  
704 microvilli on their surface (to increase the surface for absorption/secretion), as well as large  
705 exosome-like spherical vesicles (containing lipids and other nutrients; (Hotta et al., 2001; Salvia et  
706 al., 2019; Shelby et al., 2014; Sluss, 1968). An abundant rough endoplasmic reticulum, numerous  
707 mitochondria and an extensive vacuolization are observed in the teratocyte cytoplasm (de Buron  
708 and Beckage, 1997; Gerling and Orion, 1973; Sluss, 1968; Volkoff and Colazza, 1992). Teratocytes  
709 further do not divide after being released, but often become highly polyploid associated with an  
710 increase of the nuclear area. This polyploidization seems to stimulate the synthesis of proteins of  
711 the teratocytes (Gerling and Orion, 1973; Hotta et al., 2001; Strand and Wong, 1991). In the insect  
712 fat body, DNA polyploidy caused by juvenile hormone stimulation was indeed found to increase  
713 the transcription of vitellogenin (Dittmann et al., 1989; Nair et al., 1981; Hotta et al., 2001). These  
714 characteristics show that teratocytes are specialized cells, able to metabolically interact with other  
715 close cells (Dahlman and Bradleigh Vinson, 1993; Salvia et al., 2019; Sluss, 1968). Teratocytes  
716 supply nutrients to the developing parasitoid by digesting the host's fat body during early parasitoid  
717 larval stages when mouth parts are not yet formed. In the host-parasitoid system *Pseudaletia*  
718 *separata*-*Cotesia kariyai*, triacylglycerol levels of the host fat body decreased 6 days after  
719 parasitism but increased in the parasitoid's second instar larva from the 7<sup>th</sup> day (Nakamatsu et al.,  
720 2002). The increased lipase activity in the gut parasitoid larva, as well as the presence of lipid  
721 granules in the parasitoid midgut, confirmed the ingestion of host lipids by the parasitoid  
722 (Nakamatsu et al., 2002). Interestingly, teratocytes were attached to the host fat body and locally  
723 released collagenases (i.e., enzymes that break down the collagen sheath surrounding the host's fat  
724 body) to disrupt the host fat body matrix and release fat body cells (Nakamatsu et al., 2002).  
725 Teratocytes of other parasitoid species, such as the braconids *Microplitis mediator* or *Microplitis*  
726 *pulchricornis*, seem to play a similar role in disrupting and digesting the host fat body to secure  
727 parasitoid survival and development (Qin et al., 2000; Suzuki and Tanaka, 2007).

728 Teratocytes release several other enzymes that can enhance host fat body digestion until  
729 complete consumption by the parasitoid larva: a teratocyte-specific carboxylesterase, assumed to  
730 be involved in the hydrolysis of host lipids (*Dinocampus coccinellae*; Gopalapillai et al., 2005),  
731 enolases and lipases (*A. ervi*, *Microplitis demolitor*, *D. coccinellae*; Burke and Strand, 2014;  
732 Falabella et al., 2009; Kadono-Okuda et al., 1998), as well as cathepsin (Burke and Strand, 2014).  
733 These lipid-catabolic enzymes have also been found in the venom of some parasitoid species (e.g.,  
734 Dorémus et al., 2013; Perkin et al., 2015; see Table 2). Finally, in the parasitoid *T. nigriceps*,  
735 teratocytes produced a chitinase during the last larval stage of the parasitoid. This chitinase was  
736 hypothesized to be part of the enzymes that help the parasitoid larva's egression by breaking the  
737 host cuticle (Cônsoi et al., 2005).

738 In addition to fat body disruption, teratocytes also facilitate the transport of lipids from the  
739 host hemolymph to the developing larvae. For example, teratocytes of *A. ervi* produce an  
740 extracellular fatty acid binding protein that transports fatty acids in the host's hemolymph  
741 (Falabella et al., 2005, 2000; Pennacchio et al., 1999). This protein showed a high affinity for C14-

742 C18 saturated fatty acids, oleic acid (C18:1), and a longer chain polyunsaturated fatty acid  
743 (arachidonic acid; C20:4) (Falabella et al., 2005). Immunolocalization revealed that the fatty acid  
744 binding protein was distributed around lipid particles abundantly present in the hemolymph of the  
745 parasitized host, but also in the external epidermal layer and the midgut lumen of parasitoid larvae  
746 (Caccia et al., 2012; Falabella et al., 2005). Altogether these findings suggest that 1) fatty acids can  
747 be absorbed by the epidermal epithelium of the developing parasitoid, as had previously been found  
748 for amino acids and sugars (Caccia et al., 2012) and 2) fatty acid binding protein transports key  
749 fatty acids in the host hemolymph to the growing parasitoid larva, which can subsequently be  
750 absorbed by the parasitoid and stored as triacylglycerols (Caccia et al., 2012)(Caccia et al., 2012).  
751 Similar lipid transport proteins were found in parasitoid venom, such as annexin, apolipoproteins  
752 and calreticulin (Crawford et al., 2008; Lin et al., 2019; see Table 2) (Burke and Strand, 2014).

753 A decrease in teratocyte number during later stages of parasitoid development has been  
754 observed in several parasitoid species (de Buron and Beckage, 1997; Gopalapillai et al., 2005;  
755 Kadono-Okuda et al., 1995; Suzuki and Tanaka, 2007; Volkoff and Colazza, 1992). The number  
756 of teratocytes decreases due to the teratocyte undergoing programmed cell death, as evidenced by  
757 the appearance of multiple bleb structures (i.e., teratocyte anatomical deformations resulting from  
758 the enlargement or coalescence of microvilli; (de Buron and Beckage, 1997; Zhang et al., 1994) on  
759 the teratocyte membrane (de Buron and Beckage, 1997; Hotta et al., 2001). Another factor  
760 contributing to the declining teratocyte numbers late in parasitoid development is that teratocytes  
761 are progressively consumed by the parasitoid larva(e) (Kadono-Okuda et al., 1995; Strand and  
762 Wong, 1991). Teratocytes produce proteins that can be released in the host's hemolymph for  
763 disrupting the host fat body but can also store a high abundance of proteins (e.g., glycoproteins,  
764 vitellogenin, amino-acids) as well as lipids (i.e., lipid droplet) that can constitute an additional  
765 source of nutrients for successful parasitoid development (de Buron and Beckage, 1997;  
766 Gopalapillai et al., 2005; Kadono-Okuda et al., 1998; Okuda and Kadono-Okuda, 1995). On the  
767 contrary, no decrease in teratocyte number was observed during later stages of parasitism of other  
768 parasitoids, such as *C. kariyai*, suggesting that the teratocytes are not consumed immediately by  
769 the parasitoid and may have another potential role in host regulation or parasitoid development at  
770 a later stage (Hotta et al., 2001; Suzuki and Tanaka, 2007). Teratocytes produced by some  
771 parasitoid wasps are important specialized cells that use a variety of enzymes to disrupt the host's  
772 fat body. The release of host fat cells transported from the host to the parasitoid aids parasitoid  
773 development and survival.

#### 774 **4 Conclusions and future perspectives**

775 Parasitoids are fascinating creatures, particularly regarding lipid metabolism. Parasitoid larvae can  
776 mimic the fatty acid composition of the host, because there is little to no *de novo* triacylglycerol  
777 synthesis. The adults of many parasitoid species do not accumulate fat at all, except for some  
778 polyphagous species that typically develop on fat-poor hosts. More studies are now needed to  
779 determine how host fatty acid composition, host breadth, and the ability to synthesize  
780 triacylglycerols are related in parasitoids. Such an endeavor should start with a replication of the  
781 work of Barlow & Jones (1981), and Jones et al., (1982), in larvae and adult parasitoids, using

782 tracers to identify if and when the Kennedy pathway for *de novo* synthesis of triacylglycerols is  
783 activated or not. The number of host species a parasitoid can parasitize was found to play a role,  
784 where typically specialists mimic the host fatty acid composition, while generalist do not.  
785 Generalists were also found to accumulate fat in more recent studies (Visser et al., 2010). To test  
786 how host breadth and host fatty acid composition affect parasitoid fatty acid synthesis and fat  
787 accumulation, a comparative approach using specialists and generalists developing on the same  
788 hosts could be used. For example, the parasitoid guild associated with *Drosophila* contains both  
789 specialists and generalists developing on distinct hosts, including *D. melanogaster* and *D. simulans*.  
790 Another interesting system to use is the *Nasonia* species complex, with *N. vitripennis* being an  
791 extreme generalist (but preferring and manipulating lipid synthesis only of *S. bullata*), and *Nasonia*  
792 *giraulti* and *Nasonia longicornis* that are restricted to hosts in the genera *Protocalliphora* and  
793 *Sarcophaga*.

794 More recently, fatty acid synthesis and fat accumulation were found to vary in response to  
795 the fat content of the host and is thus plastic, in the wasp *L. heterotoma*. Plasticity of fatty acid  
796 synthesis and fat accumulation may be more common, also in other parasitoid species, but this  
797 remains to be explicitly tested on a large scale. More information about genotype-level responses  
798 to host fat content in diverse parasitoid species allows to make inferences about the evolution of  
799 plasticity and potential consequences for life histories. The latter is particularly relevant for species  
800 that are used as important natural enemies in agro-ecosystems. The finding that fat synthesis is  
801 plastic can lead to many other interesting avenues for future research. For example, gaining a  
802 deeper understanding of the ecological conditions favoring or selecting against more or less plastic  
803 phenotypes in natural populations in insects in general. We can further continue to dig into the  
804 mechanisms underlying fatty acid synthesis and fat accumulation (and the lack thereof) by  
805 experimentally manipulating parasitoid phenotypes (e.g., by changing host fat content; Enriquez et  
806 al., 2022). Several other research directions focusing on parasitoid lipids, including symbiotic  
807 interaction with bacteria such as *Wolbachia*, as well as using parasitoids as a model resisting  
808 obesity (as they can switch fat synthesis off when being fat and continuing to feed, as highlighted  
809 by Visser et al., 2023). The plethora of future research lines shows that, despite the considerable  
810 research effort into parasitoid lipid metabolism since the 1960s, there is still a great diversity of  
811 research opportunities that can and hopefully will be pursued.

812 Parasitoids are masters in host manipulation with the sheer number of mechanisms by  
813 which host lipid metabolism can be affected as proof. The diversity of parasitoids and thus host  
814 manipulation strategies may seem daunting to try and elucidate because most responses are host  
815 and parasitoid-species specific. Using hosts and parasitoids that share an evolutionary history is,  
816 therefore, essential to further our understanding of host manipulation in a biologically meaningful  
817 way. *Pteromalus puparum* is one of the few species with which complementary studies have been  
818 performed to understand the entire process of host manipulation, from physiology to genes and  
819 gene diversification (Wang et al., 2020b, 2021). Extending such thorough investigation to other  
820 systems (i.e., hemolymph-feeders, koinobionts), also in a comparative context, will certainly enrich  
821 our understanding of host manipulation (see section 3). There is also much to learn from parasitoid  
822 host manipulation strategies, even for our own benefit. For example, some venom components can

823 be used in biological control of insect pests (Danneels et al., 2010; Moreau and Asgari, 2015).  
824 Virulence factors associated with teratocytes and polydnviruses have also been proposed for use  
825 in transgenic plants, where virulence genes involved in manipulation of the host are integrated in  
826 the plant genome to increase plant resistance to pest attack (Merlin et al., 2021; Kim et al., 2016).  
827 Parasitoid venom components were suggested as potential pharmaceuticals against allergies, blood  
828 clotting, and as an antibiotic against microbial infections (Moreau and Asgari, 2015). Parasitoids  
829 can thus inspire the development of new technologies, perhaps even beyond insect pest control.  
830

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836

837

### 838 **Tables**

839 **Table 1. Overview of studies looking at the effect of parasitism on host lipid levels (mainly triacylglycerols) in the whole body, fat body and/or**  
840 **hemolymph.** A distinction is made between the effects of parasitism in general, the venom (with or without the egg, i.e., envenomation), polydnviruses  
841 (with or without the egg, i.e., pseudoparasitization or injection), and teratocytes (with or without the egg, i.e., injection).

Parasitoid species	Parasitoid family	G/S	I/K	Gen/Sp	Ecto/Endo	Host stage attacked	H/T	Host species	Host order	Host Treatment	Host whole body	Host fat body	Host hemo-lymph	References
<b>PARASITISM IN GENERAL</b>														
<i>Apanteles galleriae</i>	Braconidae	S	K	Gen	Endo	L	T	<i>Achoria grisella</i>	Lepidoptera	Par	Sim	-	-	Nurullohoğlu et al., 2004
<i>Cotesia congregata</i>	Braconidae	G	K	Sp	Endo	L	H	<i>Manduca sexta</i>	Lepidoptera	Par	Low	-	-	Thompson and Redak, 2008
<i>Cotesia flavipes</i>	Braconidae	G	K	Sp	Endo	L	H	<i>Diatraea saccharalis</i>	Lepidoptera	Par	-	Sim	Low	Salvador and Cônsoli, 2008
								<i>Diatraea flavipennella</i>	Lepidoptera	Par	-	Sim	Low	dos Passos et al., 2019
<i>Glyptapanteles liparidis</i>	Braconidae	G	K	Sp	Endo	L	H	<i>Lymantria dispar</i>	Lepidoptera	Par	Low	-	Sim	Bischof and Ortel, 1996
<i>Cardiochiles nigriceps</i>	Braconidae	S	K	Sp	Endo	L	H	<i>Heliothis virescens</i>	Lepidoptera	Par	Sim	-	Sim	Barras et al., 1970
<i>Hyposoter exigua</i>	Ichneumonidae	G	K	Gen	Endo	L	H	<i>Trichoplusia ni</i>	Lepidoptera	Par	Low	-	-	Thompson, 1982b
<i>Trichomalopsis apantelocena</i>	Pteromalidae	S	I	Gen	Ecto	P	T	<i>Cotesia kariyai</i>	Hymenoptera	Par	Low	-	-	Nakamatsu and Tanaka, 2004a
<i>Trichopsidea oestracea</i>	Nemestridae	S	K	Sp	Endo	N	T	<i>Chortoicetes terminifera</i>	Orthoptera	Par	Hig	-	-	Horwood and Hales, 1991
<b>VENOM</b>														
<i>Bracon nigricans</i>	Braconidae	G	I	Gen	Ecto	L	T	<i>Spodoptera littoralis</i>	Lepidoptera	Env	-	Low	Low	Becchimanzi et al., 2020, 2017
<i>Habrobracon brevicornis</i>	Braconidae	G	I	Gen	Ecto	L	T	<i>Galleria mellonella</i>	Lepidoptera	Env	-	Low	Hig	Kryukova et al., 2021
<i>Lysiphlebia japonica</i>	Braconidae	S	K	Gen	Endo	A	T	<i>Aphis gossypii</i>	Hemiptera	Par	Hig	-	-	Xueke et al., 2017
<i>Euplectrus separatae</i>	Eulophidae	G	K	Sp	Ecto	L	T	<i>Mythimna separata</i>	Lepidoptera	Par	-	Low	Hig	Nakamatsu and Tanaka, 2003
								<i>Mythimna separata</i>	Lepidoptera	Env	-	Low	Hig	Nakamatsu and Tanaka, 2003; Nakamatsu and Tanaka, 2004a, 2004b
<i>Nasonia vitripennis</i>	Pteromalidae	G	I	Gen	Ecto	P	T	<i>Sarcophaga bullata</i>	Diptera	Env	Hig	Hig	Hig	Rivers and Denlinger, 1995, 1994
								<i>Sarcophaga bullata</i>	Diptera	Env	-	-	Hig	Rivers et al., 1998

								<i>Sarcophaga bullata</i>	Diptera	Par	-	Hig	-	Rivers and Denlinger, 1995
								<i>Sarcophaga bullata</i>	Diptera	Env	-	Hig	-	Rivers and Denlinger, 1995
								<i>Sarcodexia sternodontus</i>	Diptera	Env	-	Low	Low	Rivers and Denlinger, 1995
								<i>Phormia regina</i>	Diptera	Env	-	Low	Hig	Rivers and Denlinger, 1995
								<i>Musca domestica</i>	Diptera	Env	-	Sim	Hig	Rivers and Denlinger, 1995
								<i>Sarcophaga bullata</i>	Diptera	Par	-	Hig	Hig	Rivers and Yoder, 1996
<i>Trichomalopsis apanteloctena</i>	Pteromalidae	S	I	Gen	Ecto	P	T	<i>Cotesia kariyai</i>	Hymenoptera	Env	Sim	-	-	Nakamatsu and Tanaka, 2004a
<i>Muscidifurax zaraptor</i>	Pteromalidae	S	I	Gen	Ecto	P	T	<i>Sarcophaga bullata</i>	Diptera	Env	-	-	Hig	Rivers et al., 1998
<i>Trichomalopsis near americana</i>	Pteromalidae	G	I		Ecto	P	T	<i>Sarcophaga bullata</i>	Diptera	Env	-	Low	Hig	Rivers et al., 1998
<i>Pteromalus puparum</i>	Pteromalidae	G	I	Gen	Endo	P	T	<i>Pieris rapae</i>	Lepidoptera	Par	-	Hig	Hig	Wang et al., 2020a
<i>Scleroderma sichuanensis</i>	Bethylidae	G	I	Gen	Ecto	P	T	<i>Tenebrio molitor</i>	Coleoptera	Par	-	Low	Low	Zhuo et al., 2016
										Env	-	Sim	Low	Zhuo et al., 2016
<b>TERATOCYTES</b>														
<i>Meteorus pulchricornis</i>	Braconidae	S	K	Gen	Endo	L	T	<i>Mythimna separata</i>	Lepidoptera	Par	-	Low	-	Suzuki and Tanaka, 2007
<i>Cotesia kariyai</i>	Braconidae	G	K	Sp	Endo	L	H	<i>Mythimna separata</i>	Lepidoptera	Par	-	Low	-	Nakamatsu et al., 2002
<i>Microplitis croceipes</i>	Braconidae	S	K	Sp	Endo	L	H	<i>Heliothis virescens</i>	Lepidoptera	Par	-	Low	-	Zhang et al., 1997
										Inj	-	Low	-	Zhang et al., 1997
<i>Dinocampus coccinellae</i>	Braconidae	S	K	Gen	Endo	L/A	T	<i>Hippodamia convergens</i>	Coleoptera	Par	-	Low	-	Sluss, 1968
<i>Dinocampus coccinellae</i>	Braconidae	S	K	Gen	Endo	L/A	T	<i>Coccinella septempunctata</i>	Coleoptera	Par	-	Low	-	Gopalapillai et al., 2005
<b>POLYDNAVIRUS</b>														
<i>Microplitis demolitor</i>	Braconidae	S	K	Gen	Endo	L	H	<i>Chrysodeixis includens</i>	Lepidoptera	Inj	Low	-	-	Pruijssers et al., 2009
<i>Cotesia vestalis</i>	Braconidae	S	K	Sp	Endo	L	H	<i>Plutella xylostella</i>	Lepidoptera	Par	Low	Low	-	Wang et al., 2021
		S	K	Sp	Endo	L	H			Ps	Low	Low	-	Wang et al., 2021
<i>Chelonus inanitus</i>	Braconidae	S	K	Gen	Endo	E/L	H	<i>Spodoptera littoralis</i>	Lepidoptera	Par	Hig	-	-	Kaeslin et al., 2005

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G, Gregarious; S, solitary; I, Idiobiont; K, Koinobiont; Gen, Generalist; Sp, Specialist; Ecto, Ectoparasitoid; Endo, Endoparasitoid; A, Adult; E, Egg; L, Larva; N, Nymph; P, Pupa; H, Hemolymph-feeder; T, Tissue-feeder; Env, Envenomation; Inj, Injection; Par, Parasitization; Ps, Pseudoparasitization. Hig, Higher; Low, Lower, Sim, Similar. NB: *Trichomalopsis apanteloctena* is a hyperparasitoid.

842

843 **Table 2. Overview of genes and/or enzymes involved in lipid metabolism found in the venom of different parasitoid species.** We did not  
844 distinguish between different homologs or orthologs. For each enzyme, a potential function is indicated based on functional studies in animals, including  
845 humans.  
846

Enzyme	Function	Species		
<i>Lipid catabolism</i>				
Carboxylesterase	Degradation of triacylglycerols, mainly long-chain triacylglycerol (Deng et al., 2021)	<i>Anisopteromalus calandrae</i> <sup>1</sup> <i>Bracon nigricans</i> <sup>4</sup> <i>Hyposoter didymator</i> <sup>9</sup>	<i>Microplitis mediator</i> <sup>13</sup> <i>Ooencyrtus telenomicida</i> <sup>16</sup> <i>Psytalia lounsburyi</i> <sup>19</sup>	<i>Torymus sinensis</i> <sup>24</sup>
Cathepsin (D, L, J)	Digestive enzymes (e.g. degradation of the fat body) (Becchimanzi et al., 2017; Cristofolletti et al., 2003; Yang et al., 2020)	<i>B. nigricans</i> <sup>3</sup> <i>Leptopilina heterotoma</i> <sup>11</sup> <i>Microctonus aethiopoidea</i> <sup>12</sup>	<i>Microctonus hyperodae</i> <sup>12</sup> <i>M. mediator</i> <sup>13</sup> <i>O. telenomicida</i> <sup>16</sup>	<i>Toxoneuron nigriceps</i> <sup>25</sup> <i>T. sinensis</i> <sup>24</sup>
Enolase	Mediates host tissue degradation (Falabella et al., 2009; Grossi et al., 2016)	<i>M. mediator</i> <sup>13</sup> <i>O. telenomicida</i> <sup>16</sup>	<i>Psytalia concolor</i> <sup>19</sup> <i>P. lounsburyi</i> <sup>19</sup>	<i>Tetrastichus brontispae</i> <sup>23</sup> <i>T. nigriceps</i> <sup>25</sup>
Enoyl-coA hydratase	Metabolizing fatty acids in beta oxidation to produce both acetyl CoA and ATP	<i>B. nigricans</i> <sup>4</sup>	<i>O. telenomicida</i> <sup>16</sup>	
Fatty Acid Binding Protein	Fatty acid import, storage and export (also cholesterol and phospholipids) (Furuhashi and Hotamisligil, 2008)	<i>Diversinervus elegans</i> <sup>7</sup>	<i>M. mediator</i> <sup>13</sup>	
Lipase (3, A, H)	Digestion, transport, processing of dietary lipids (Wang et al., 2020b)	<i>B. nigricans</i> <sup>4</sup> <i>Chelonus inanitus</i> <sup>5</sup> <i>Leptopilina bouleardi</i> <sup>10</sup> <i>L. heterotoma</i> <sup>11</sup> <i>M. mediator</i> <sup>13</sup>	<i>O. telenomicida</i> <sup>16</sup> <i>M. aethiopoidea</i> <sup>12</sup> <i>M. hyperodae</i> <sup>12</sup> <i>Nasonia vitripennis</i> <sup>14-15</sup> <i>Pimpla hypochondriaca</i> <sup>17</sup>	<i>Pteromalus puparum</i> <sup>22</sup> <i>P. lounsburyi</i> <sup>19</sup> <i>T. sinensis</i> <sup>24</sup>
Low-density lipoprotein receptor	Low-density lipoprotein, mediating endocytosis of vitellogenin and lipophorin	<i>Aphidius ervi</i> <sup>2</sup> <i>M. mediator</i> <sup>13</sup>	<i>N. vitripennis</i> <sup>14-15</sup> <i>O. telenomicida</i> <sup>16</sup>	<i>P. puparum</i> <sup>22</sup> <i>T. sinensis</i> <sup>24</sup>
Low-density lipoprotein receptor-like venom protein	Central role in cholesterol and other lipoprotein metabolism (Scieuzo et al., 2021)	<i>A. calandrae</i> <sup>1</sup>	<i>N. vitripennis</i> <sup>14-15</sup>	<i>O. telenomicida</i> <sup>16</sup>
Phospholipase (A1, A2, B, C)	Hydrolyse phospholipid substrates at specific ester bonds (Richmond and Smith, 2011)	<i>B. nigricans</i> <sup>4</sup> <i>Cotesia chilonis</i> <sup>6</sup> <i>Eupelmus orientalis</i> <sup>8</sup>	<i>L. heterotoma</i> <sup>11</sup> <i>M. mediator</i> <sup>13</sup> <i>O. telenomicida</i> <sup>16</sup>	<i>P. concolor</i> <sup>19</sup> <i>P. lounsburyi</i> <sup>19</sup> <i>T. nigriceps</i> <sup>25</sup>

		<i>D. elegans</i> <sup>7</sup>	<i>Pimpla turionellae</i> <sup>17</sup>	
Vitellogenin receptor	Low density lipoprotein receptor that transports lipids into a recipient cell	<i>M. aethioides</i> <sup>12</sup>	<i>O. telenomicida</i> <sup>16</sup>	
<b><i>Lipid transport (in the hemolymph)</i></b>				
Annexin	Ca <sup>2+</sup> -dependent lipid binding protein that could be involved in membrane transport processes	<i>L. heterotoma</i> <sup>11</sup> <i>M. mediator</i> <sup>13</sup>	<i>O. telenomicida</i> <sup>16</sup> <i>P. concolor</i> <sup>19</sup>	
Apolipophorin	Hemolymph lipid transport (Weers and Ryan, 2006)	<i>B. nigricans</i> <sup>4</sup> <i>D. elegans</i> <sup>7</sup> <i>L. heterotoma</i> <sup>10</sup>	<i>O. telenomicida</i> <sup>16</sup> <i>M. mediator</i> <sup>13</sup> <i>T. brontispae</i> <sup>23</sup>	<i>T. sinensis</i> <sup>24</sup>
Apolipoprotein D-like	Lipid transport processes in the insect hemolymph (Scieuzo et al., 2021)	<i>M. mediator</i> <sup>13</sup>	<i>O. telenomicida</i> <sup>16</sup>	<i>T. sinensis</i> <sup>24</sup>
Calreticulin	Chaperoning and regulation of Ca <sup>2+</sup> homeostasis in the endoplasmic reticulum lumen	<i>A. calandrae</i> <sup>1</sup> <i>C. chilonis</i> <sup>6</sup> <i>H. didymator</i> <sup>9</sup> <i>M. hyperodae</i> <sup>12</sup> <i>M. aethioides</i> <sup>12</sup>	<i>M. mediator</i> <sup>13</sup> <i>N. vitripennis</i> <sup>14-15</sup> <i>O. telenomicida</i> <sup>16</sup> <i>P. puparum</i> <sup>20,22</sup> <i>P. concolor</i> <sup>19</sup>	<i>P. lounsburyi</i> <sup>19</sup> <i>T. brontispae</i> <sup>23</sup> <i>T. sinensis</i> <sup>24</sup> <i>T. nigriceps</i> <sup>25</sup>
Odorant binding protein	Solubilizing and carrying free fatty acids released by lipases (Ishida et al., 2013; Pelosi et al., 2018)	<i>A. calandrae</i> <sup>1</sup> <i>B. nigricans</i> <sup>4</sup> <i>C. inanitus</i> <sup>5</sup> <i>L. heterotoma</i> <sup>11</sup>	<i>M. mediator</i> <sup>13</sup> <i>N. vitripennis</i> <sup>14-15</sup> <i>O. telenomicida</i> <sup>16</sup> <i>P. puparum</i> <sup>21-22</sup>	<i>T. brontispae</i> <sup>23</sup> <i>T. sinensis</i> <sup>24</sup>
<b><i>Lipid synthesis</i></b>				
3-oxoacyl-ACP reductase	Fatty acid synthesis and polyunsaturated fatty acid synthesis	<i>B. nigricans</i> <sup>4</sup>		
Fatty acid synthase	Catalyzing the <i>de novo</i> synthesis of fatty acids	<i>A. ervi</i> <sup>2</sup> <i>D. elegans</i> <sup>7</sup>	<i>M. mediator</i> <sup>13</sup> <i>O. telenomicida</i> <sup>16</sup>	<i>T. brontispae</i> <sup>23</sup>
n-acetyllactosaminide beta-n-acetylglucosaminyltransferase	Glycosphingolipid synthesis	<i>L. heterotoma</i> <sup>11</sup>	<i>O. telenomicida</i> <sup>16</sup>	<i>T. nigriceps</i> <sup>25</sup>
Phosphatidate phosphatase	Conversion of phosphatidate to diglyceride	<i>D. elegans</i> <sup>7</sup>	<i>O. telenomicida</i> <sup>16</sup>	<i>T. brontispae</i> <sup>23</sup>
<b><i>Lipid storage</i></b>				

Adipocyte plasma membrane-associated protein-like	Maturation of adipocytes and their capacity to store lipids (Sarjeant and Stephens, 2012)	<i>O. telenomicida</i> <sup>15</sup>	<i>T. sinensis</i> <sup>24</sup>
Insulin-like growth factor-binding protein	Regulation of lipid metabolism, lipid accumulation, adipocyte differentiation (Kim and Lee, 2014; Pan et al., 2021)	<i>L. heterotoma</i> <sup>10</sup> <i>M. mediator</i> <sup>12</sup>	<i>O. telenomicida</i> <sup>16</sup> <i>T. sinensis</i> <sup>24</sup>
Regucalcin	Ca <sup>2+</sup> signaling, lipid accumulation in adipocytes ((Doğan et al., 2021)	<i>B. nigricans</i> <sup>3</sup>	<i>M. mediator</i> <sup>13</sup> <i>O. telenomicida</i> <sup>16</sup>

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<sup>1</sup>Perkin et al., 2015; <sup>2</sup>Colinet et al., 2014; <sup>3</sup>Becchimanzi et al., 2017; <sup>4</sup>Becchimanzi et al., 2020 ; <sup>5</sup>Vincent et al., 2010; <sup>6</sup>Teng et al., 2017 ; <sup>7</sup>Liu et al., 2017; <sup>8</sup>Doury et al., 1997; <sup>9</sup>Dorémus et al., 2013; <sup>10</sup>Colinet et al., 2013; <sup>11</sup>Heavner et al., 2013; <sup>12</sup>Crawford et al., 2008 ; <sup>13</sup>Lin et al., 2019; <sup>14</sup>de Graaf et al., 2010; <sup>15</sup>Sim and Wheeler, 2016; <sup>16</sup>Cusumano et al., 2018; <sup>17</sup>Dani et al., 2005; <sup>18</sup>Uçkan et al., 2006; <sup>19</sup>Mathé-Hubert et al., 2016; <sup>20</sup>Zhu et al., 2010; <sup>21</sup>Wang et al., 2015; <sup>22</sup>Yan et al., 2016; <sup>23</sup>Liu et al., 2018; <sup>24</sup>Scieuzo et al., 2021; <sup>25</sup>Laurino et al., 2016

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