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# Myths About the Evolution of War: Apes, Foragers, and the Stories We Tell

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## Abstract

The role of warfare in human evolution is among the most contentious topics in the evolutionary sciences. The debate is especially heated because many assume that whether our early human ancestors were peaceful or warlike has important implications for modern human nature. Arguments about origins of war often use the behavior of other animal species and recent hunter-gatherers to make inferences about ancestral behavior in human evolution. One side argues that warfare has a deep evolutionary history and was likely a selective force in human evolution, while the other views war as a recent development, primarily developing with the rise of sedentism and agriculture. I show that although both positions have empirical support warranting consideration, each sometimes disregards alternative evidence and relies on stereotypes that ignore variation in primate behavior and the complex reality of hunter-gatherer worlds. Many characterizations about the evolution of war are, at best, partial truths. Bonobos and chimpanzees provide important insights relevant for understanding the origins of violence, but both models are potentially limited in explaining human intergroup relationships. Hunter-gatherers often had war, but like humans everywhere, our human ancestors likely had a range of relationships depending on the social context, including cooperative intergroup affiliation. Taken together, our evolutionary legacy almost certainly includes small-scale warfare as well as friendship and cooperation across group boundaries.

## 1. INTRODUCTION

The debate about the origins of war shows no signs of abating. Researchers on both sides draw on observations of non-human species and hunter-gatherers when debating the evolutionary significance of warfare. Those arguing that war has deep evolutionary roots ('deep rooters') point to the fact that many social species, including our close relatives the chimpanzees, have lethal raiding that resembles war. Alternatively, those who maintain that war is a recent development in our species ('shallow rooters') take the lack of raiding among bonobos as support for a peaceful human ancestor and argue against the relevance of chimpanzees and other social species with lethal coalitionary violence. Deep rooters often look at the overwhelming occurrence of war among mobile hunter-gatherers as evidence that war was present in our evolutionary history, while shallow rooters point to the fact that war is non-existent in some foragers and significantly increases with hierarchy and monopolizable resources. These two examples—the divergent behavior of chimpanzees from that of bonobos, and variation in the behavior of hunter-gatherers—illustrate a common trend in the debate about the origins of war: There is often empirical support for both views that needs to be taken seriously, but that each side tends to overlook or dismiss.

The role of warfare in human evolution is among the most contentious topics in the evolutionary sciences. Many believe that the question of whether war was a selective feature in human evolution matters because reveals something critical about human nature, including whether our species is doomed to war. Perhaps because of the importance of this question, the debate has become entrenched, with both sides sometimes overlooking or ignoring competing evidence, or, in some cases relying on questionable or incorrect empirical claims and mischaracterizations of competing positions.

50 In what follows, I identify the primary claims that are made to advance deep or shallow roots perspectives.  
51 I provide evidence about each claim allowing the reader to evaluate them more critically. Taken together,  
52 I hope this approach illustrates that our evolutionary history is more complex than one of selection for war  
53 or peace; rather, it reflects the complicated lifeways of a highly social interdependent cultural species. Our  
54 ancestors almost certainly experienced lethal intergroup violence but also cooperated across group  
55 boundaries. Due to their salient fitness consequences, both war and intergroup cooperation were likely  
56 important selective forces in the evolution of modern humans. Recognizing that the capacity for both war  
57 and peace may be an outcome of our evolutionary history better explains how our species today can create  
58 durable peaceful relationships among societies that encompass billions of individuals but at the same time  
59 petty grievances and disputes can precipitate war with little provocation.

60

### 61 1.1. What is war?

62 How we define war shapes what we count as evidence for the origins of war. If our definition of war is  
63 based off of contemporary human war, sometimes called “war above the military horizon” and defined as  
64 requiring centralized leadership, complex organization, advanced material technology (e.g., fortifications  
65 or weapons), a high mortality rate, or conflict between unrelated groups, then war would be something  
66 that our pre-human ancestors and most non-humans are very unlikely to be capable of producing  
67 (Turney-High 1949). A definition that limits war to behaviors only recent humans could produce is of  
68 little use in evaluating when war emerged evolutionarily or if it occurs in other species.

69

70 To avoid anthropomorphizing the study of traits (e.g., war, friendship, social structure, pair-bonds, etc.)  
71 evolutionary scholars take care to set aside characteristics that cannot be shared across species, instead  
72 focusing on the relevant characteristics that can be generalizable across multiple species. For war, the most  
73 salient characteristic is “*lethal coalitionary violence between groups.*” Groups can be communities, clans,  
74 bands, political units, states, or even families. By this definition, war does not require weapons,  
75 fortifications, or multiple victims resulting from one incident. This definition is also silent about the  
76 motivations; war can be motivated by revenge, dominance seeking, or mate competition. War only  
77 requires that individuals as part of or supported by a coalition attempt to attack and kill members of other  
78 social groups. On this definition some species of ants, as well as meerkats, banded mongoose, wolves (but  
79 not coyotes), chimpanzees (but not bonobos, and possibly not western chimpanzees *Pan troglodytes verus*),  
80 and humans all have war because they all sometimes engage in killing members of other groups as part of  
81 a coalition. They may do so with teeth, claws, pinchers, hands and fists, or with simple technologies such  
82 as stones or spears, or complex technologies such specialized weapons and structures such as fortifications.

83

### 84 1.2. Studying the evolution of war.

85 Once we have established whether a species has war, we can ask when and why this species evolved the  
86 capability for war (just as we can ask why pair bonds, food sharing, mate guarding, or dyadic aggression  
87 evolved). To do so, we can take a phylogenetic approach and focus on whether closely related species also  
88 have this behavior, typically taking shared behaviors as evidence for a common evolutionary origin. In  
89 humans, we primarily look to bonobos and chimpanzees for evidence that a trait was shared with our ape  
90 ancestors as we are equally related to both. Alternatively, we can take an adaptive approach and ask  
91 whether species that share a trait (such as war) have other features in common, such as similar kinds of  
92 social organization that make the trait adaptive. This can be especially powerful for revealing the role that  
93 social or ecological variation may have in shaping conflict or tolerance. For instance, if humans share  
94 important traits with bonobos or chimpanzees, such as similar social structures (high fission fusion or  
95 strong female alliances), and these plausibly influence war, then the shared commonalities may help us  
96 understand the conditions which may have favored the evolution of war or peace in our species’ history.  
97 For this reason, comparative studies—whether with other primates or mammals more widely—are

98 valuable for understanding the origins of human behavior, although they should be evaluated with  
99 caution.

100  
101 In taking an adaptive approach, we often ask whether there are positive fitness consequences for success in  
102 that behavior, i.e., does participating in the activity result in oneself or one's relatives producing more  
103 offspring compared to alternative strategies? If the answer is yes—war reproductively benefits participants  
104 overall compared to alternative strategies, and that occurred over evolutionary time scales—then it  
105 becomes possible that war (or any other behavior) was a selective force shaping the evolution of the  
106 species. Over evolutionary time scales this would have resulted in an evolved psychology and biology that  
107 is predisposed to form and use coalitions for strategic violence when conditions are appropriate. An  
108 alternative to war resulting from selection during our evolutionary history is that war may emerge as a by-  
109 product of other innate traits, such as higher intelligence or particular kinds of social conditions (Kelly  
110 2000; Kelly 2005; Roscoe 2007).

111  
112 War does not require a high death rate to be a selective force. Similarly, war can be intermittent or even  
113 rare and still be an important selective factor in human evolution. This is determined by the degree that  
114 the fitness benefits resulting from participation in war outweighed the payoffs from alternative strategies,  
115 in aggregate and over evolutionary time scales. Thus, findings that chimpanzee or human communities  
116 may go years without lethal raids, or that the rates of death from within-group violence is more than  
117 between-group violence, or that there are important ecological co-variates of war in themselves do not  
118 reveal anything about the selective importance of war.

## 119 120 2. MYTHS ABOUT THE EVOLUTION OF WAR

### 121 122 **Myth 1: Bonobos or chimpanzees are an appropriate starting point for understanding the origins of war.**

123 Scholars often look to bonobos and chimpanzees to understand the origins of human behavior. Both  
124 species are the closest living relatives of humans and equally related to us, having shared a last common  
125 ancestor (LCA) 6-9 million years ago (Almécija et al. 2021). The presence or absence of a trait shared  
126 between humans and bonobos or humans and chimpanzees is often taken as evidence for that trait's  
127 presence deep in our evolutionary history (Wood 2010). But because bonobos and chimpanzees have  
128 radically different social behaviors, scholars typically argue that one species or the other (either  
129 chimpanzees or bonobos) is a better model for the ancestral species of humans (Wrangham and Pilbeam  
130 2001). Thus, if one takes chimpanzees as the better model of the LCA, the fact that both chimpanzees  
131 and humans have war is often seen as evidence that the last common ancestor of humans, chimpanzees,  
132 and bonobos had war. War in the present day may be a result of phylogenetic inertia inherited from our  
133 distant ancestors. Similarly, if bonobos are deemed a better model for the LCA, then the fact that  
134 bonobos lack lethal raiding and both humans and bonobos can tolerate strangers is taken as support for  
135 the claim that the origins of peace lie in our bonobo-like last common ancestor.

136  
137 There is little consensus on whether chimpanzees (Muller, Wrangham, and Pilbeam 2017; Pilbeam and  
138 Lieberman 2017; Wrangham and Pilbeam 2001) or bonobos (Diogo, Molnar, and Wood 2017; Zihlman  
139 et al. 1978) are a better model for the last common ancestor. Moreover, many scholars argue that the last  
140 common ancestral species was radically different from any of the three species today so using either  
141 bonobos or chimpanzees as a model of LCA behavior is of limited use (Almécija et al. 2021; Duda and  
142 Zrzavý 2013; White et al. 2015; Hunt 2016; Hunt 2020). Further compounding these difficulties is that  
143 radical evolutionary changes can happen in relatively short time scales, making inferences about social  
144 behavior deep in our species' evolutionary history tenuous. Bonobos and chimpanzees likely diverged  
145 between 1.5 and 2.5 million years ago, yet within this time period they developed dramatic differences in  
146 behavior (Gruber and Clay 2016). Even within chimpanzees, there are at least 2 subspecies with

147 extremely different rates of intergroup lethal violence (Wilson et al. 2014). Thus, it is uncertain whether  
148 and to what extent the behavior of any bonobo or chimpanzee population is a reliable model for the  
149 behavior of the ancestral human state prior to our divergence from the other apes.

150  
151 In addition to the changes that chimpanzees and bonobos have experienced in the intervening 6-9 million  
152 years since the LCA, the human lineage has undergone profound changes over this period, shifting what  
153 may have been an arboreal ape into a culturally dependent bipedal species living in interdependent  
154 multilevel societies with fluid group boundaries (Tattersall 2017). Even if the LCA were largely chimp-  
155 like, the intensive changes in the human lineage that has occurred over the last six million years renders  
156 the relevance of the LCA for modern human behavior unclear. Our more recent ancestors, the  
157 Australopiths, who preceded our genus *Homo*, did not likely resemble either bonobos or chimpanzees  
158 (Lovejoy et al. 2009; White et al. 2015) and their social behavior was also likely to have been radically  
159 different (Wilson and Glowacki 2017). Selection over far shorter time scales, such as thousands of years,  
160 can have profound effects on both biology and culture (Fan et al. 2016). The millions of intervening years  
161 our lineage has experienced since the LCA makes it difficult to have any confidence in how much of  
162 modern human behavior is due to phylogenetic inertia and how much is due to selection or other  
163 evolutionary forces (e.g., drift) that have occurred since our split from the other great apes.

164  
165 Because it is not clear which species is the best model for the LCA, Boehm (2013) suggests that a trait  
166 (such as war) should be present in all three species (humans, chimpanzees, and bonobos), in order to be  
167 taken as evidence for its presence in the last common ancestor. Given the uncertainty about whether the  
168 last common ancestor resembled chimpanzees, bonobos, or neither, inferences locating the origin of  
169 human war or peace in the behavior of our last common ancestor are tenuous (Fuentes 2013).

170  
171 *Myth 1a: The peacefulness of bonobos demonstrates that early humans may not have had war.*

172 Bonobos are often used as support for shallow roots proponents because they are notoriously characterized  
173 as peaceful (Clay, Furuichi, and de Waal 2016; Furuichi 2011; Pusey 2022), “renowned for making love  
174 instead, not war” (Barash 2013) and “... solving power issues through sexual activity” (de Waal 2013:xii). It is  
175 correct that bonobos often resolve conflicts through sex and have much less intense intergroup aggression  
176 with other bonobos than chimpanzees do (Furuichi 2011; Gruber and Clay 2016; Wilson et al. 2014). It  
177 is also true that they have never been observed engaging in lethal violence between bonobo groups.  
178 However, the study of bonobos is in its infancy compared to the more than 60 years of detailed studies of  
179 multiple chimpanzee communities, so our understanding of the species is still developing (Wilson 2021).

180  
181 The reputation for bonobo peacefulness overlooks the fact that, despite the absence of lethal violence,  
182 intergroup interactions between bonobo groups often do involve a high level of aggression. At the  
183 Lomako bonobo site, 35 percent of intergroup interactions involved physical aggression (Hohmann and  
184 Fruth 2002). Although tolerant intergroup interactions have been observed on multiple occasions at the  
185 Kokolopori Bonobo Reserve, individuals mostly socialized with members of their own group, not  
186 members of the outgroup, and 15% of encounters resulted in physical injuries (Cheng et al. 2022). At the  
187 LuiKotale field site, the pattern is similar: During a three-month intensive study period, there were 19  
188 intergroup encounters between different bonobo groups, but the authors note that intergroup encounters  
189 “were more aggressive than tolerant” (Moscovice et al. 2022). 47% of the intergroup encounters had  
190 “large-scale coalitionary aggressive events” often resulting in injuries. “During one incident, several WBp  
191 females targeted an EBp female, May, and hit and bit her repeatedly while she tried to protect her young infant”  
192 and she was later observed with wounds (Moscovice et al. 2022).

193  
194 Shallow roots scholars often accuse prominent deep rooters such as Wrangham and Pinker of “not  
195 consider[ing]” (Fry 2019b) and “usually ignor[ing]” bonobos (Fry 2019a), or hypothesizing about war

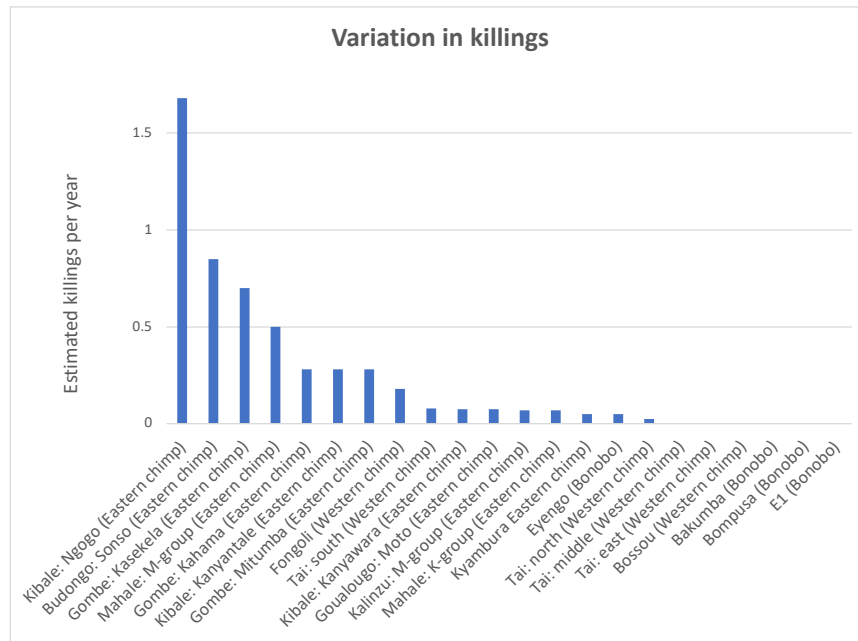
196 “without information about non-raiding bonobos...” (Fry, Keith, and Soderberg 2020:315). The claim that  
197 deep rooters generally ignore bonobos is mistaken. In *Demonic Males*, Wrangham and Peterson (1996)  
198 devoted extensive discussion to understanding why the behaviors of bonobos and chimpanzees are so  
199 different. They developed an important evolutionary account for how differential selection pressure due to  
200 foraging competition resulted in lethal violence for chimpanzees and but not bonobos (Wrangham and  
201 Peterson 1996). Subsequently, Wrangham’s (1999) seminal paper *Evolution of Coalitional Killing* devoted  
202 an entire section to explaining bonobo’s lack of lethal raiding. Similarly, Pinker’s influential *Better Angels*  
203 *of our Nature* (2012) devotes several pages to discussing the lack of raiding among bonobos and the  
204 reasons why bonobos may not be a good model for human evolution (see also Gat 2005:112 who argues  
205 that the strong female alliances in bonobos make them a poor model for human evolution). In fact, in  
206 arguing for a chimpanzee LCA, Wrangham and Pilbeam (2001) argue that bonobos can be just as  
207 informative about human evolution as chimpanzees depending on the particular question. Scholars can  
208 reasonably disagree on whether bonobos or chimpanzees are a better for the LCA but the oft repeated  
209 claim that deep rooters ignore evidence from bonobos is false.

210  
211 *Myth 1b: Chimpanzees show that humans evolved in conditions of lethal intergroup raiding.*  
212 Chimpanzees are well known for having lethal raiding between communities that can sometimes lead to  
213 the takeover of territory and the extermination of neighboring groups (Goodall 1986; Mitani, Watts, and  
214 Amstler 2010; Wilson and Wrangham 2003). Lethal raiding also appears to provide important fitness  
215 benefits for members of successful groups (Lemoine et al. 2020). Comprehensive data from every long-  
216 term chimpanzee field site shows that such aggression is unrelated to human impacts, including  
217 provisioning and habitat change, and can sometimes reach substantial levels (Wilson et al. 2014). Because  
218 the patterns of raiding between chimpanzees and humans are similar, chimpanzees are often used as  
219 evidence that lethal intergroup aggression has an evolutionary basis that likely began with our last  
220 common ancestor (Crofoot and Wrangham 2010; Manson et al. 1991; van der Dennen 1995; Wrangham  
221 and Peterson 1996).

222  
223 Arguments that the lethal aggression of chimpanzees supports lethal aggression as part of our  
224 evolutionary history generally overlook the fact that there is substantial diversity between populations in  
225 the rates of intergroup aggression in chimpanzees (Fuentes 2012; Layton 2014). While lethal intergroup  
226 aggression is common among chimpanzees in eastern Africa, chimpanzees in western Africa have  
227 dramatically lower rates of lethal aggression, and some populations have no documented deaths (Wilson  
228 et al. 2014) (see Figure 1). It is unclear if the differences between eastern and western chimpanzees in the  
229 rates of intergroup violence are due to biological differences or to other factors, such as differences in  
230 ecology or the density or the number of males (Wilson et al. 2012; Wilson et al. 2014).

231  
232 Regardless, based on the available data, the substantial variation in lethal violence between chimpanzee  
233 populations limits our ability to make confident inferences that ancestral chimpanzees would have had  
234 lethal raiding (Layton 2014; Fuentes 2012). As a result, shallow-rooters stress that there is an over-  
235 reliance on certain populations of chimpanzees in understanding human warfare, while neglecting more  
236 peaceful chimpanzee communities (Ferguson 2011; Fry 2013a; Sussman and Hart 2015). Arguments that  
237 chimpanzees are a good model for human evolution must account for the substantial variation between  
238 eastern and western chimpanzee behavior.

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*Figure 1: Reproduced from Wilson et al. 2014. Eastern chimpanzees have much higher rates of lethal violence than western chimpanzees, some of whom may lack lethal intergroup violence.*

247 **Myth 2: Recent nomadic foragers and small-scale societies are good models for ancestral human**  
248 **populations.**

249 Both deep and shallow roots proponents rely on recent hunter-gatherer, or forager, populations as models  
250 for understanding how ancestral humans behaved. They typically agree that the best models are those  
251 societies that lack corporate social structures, but instead are organized into residential groups called  
252 bands that are based loosely on marriage, kinship, and friendship. These groups generally lack significant  
253 food storage, have strong norms for egalitarianism *within* age and sex, and are often mobile, moving  
254 camps on the basis of resource availability (Kelly 2013; Woodburn 1982).

255

256 Despite agreement about the appropriateness of nomadic foraging societies for human evolution, there is  
257 still intensive debate about which societies are most illustrative for understanding the evolution of war.  
258 The deep rooters, for example, often include horticultural societies such as the Yanomamo in discussing  
259 the evolution of war (Keeley 1996; LeBlanc and Register 2003; Pinker 2012). While deep rooters  
260 recognize that these groups are not nomadic foragers, they are often included because they are similar to  
261 mobile foragers in many important respects, such as having a heavy dependence on hunting products,  
262 high mobility, and little social stratification (Sponsel 1998). Lee (2014; 2018), Ferguson (1992; 2013),  
263 and others (e.g., Fry and Söderberg 2014) have argued that nonetheless the inclusion of non-foragers is  
264 dubious for inferences about human evolution not just because of their reliance on horticulture, but also  
265 because of the impact that states and other colonizers have had on them.

266

267 By contrast, shallow rooters typically rely on recent 20<sup>th</sup> century band level foraging groups such as the  
268 San (Bushmen), Mbuti, Batek, Semai, etc. to argue that foragers generally lack war (Fry and Söderberg  
269 2013; Lee 2018). However, many of these groups also appear to have been significantly impacted by  
270 outside forces or rely on domesticated projects. Most foragers who survived into the 20<sup>th</sup> century appear to  
271 live in environmentally marginal habitats (Medupe et al. in revision), often as a result of coercion by

272 stronger and more powerful neighbors resulting in profound changes to their social systems (Helbling  
273 2006; Service 1971). The !Kung San who are often held up as a model for a peaceful society despite  
274 having one of the world's highest homicide rates (Lee 1979) live in an extremely dry desert lacking  
275 permanent surface water (Silberbauer 1981). They have a long history of interaction with farming and  
276 pastoralist neighbors. Lee himself writes "*most of the men had experience of herding cattle at some point of*  
277 *their lives...many men had owned cattle and goats in the past...the !Kung were no strangers to agriculture*"  
278 (1979:409). The San's long history with pastoralists and state societies leads some to argue that they lost  
279 important features of their social structure, including raiding (Lee 1979), kin-based corporate groups, and  
280 more significant forms of leadership once they began interacting with agricultural neighbors (Singh 2021;  
281 Wilmsen et al. 1990). Other groups, such as the Mbuti, inhabit dense rainforests which, while high in  
282 plant matter, are low in edible foods. Thus, many Mbuti form important trade relationships with  
283 neighboring groups to obtain food (Turnbull 1965); in some cases 60% of their calories come from these  
284 relationships (Ichikawa 1983). Other groups such as the Sirionio and Huaorani categorized as peaceful  
285 foragers have a heavy reliance on crops they grow themselves in addition to being semi-sedentary  
286 (Holmberg 1950; Rival 1993)<sup>1</sup>.

287  
288 The effect of state societies on recent foragers are so profound that Marvin Harris writes that it is a  
289 "*serious error... to suppose that contemporary band-organized hunting and gathering societies are representative*  
290 *of the great bulk of paleolithic hunting and gathering groups. Almost all of the ethnographically classic cases of*  
291 *band-organized hunters and gatherers are marginal or refugee peoples driven into, or confined to, unfavorable*  
292 *environments by surrounding groups of more advanced societies*" (Harris 1968:156). For this reason they are  
293 sometimes called "*defeated refugees*" (Keeley 1996) or "*the helpless people or the defeated people*" (Service  
294 1971:35). Thus in general 20<sup>th</sup> century foragers are poor models for human evolution in part because their  
295 social systems have been radically transformed through contact with powerful farming neighbors and  
296 states (Bird-David 1992; Haas and Piscitelli 2013; Solway et al. 1990). While no model of recent human  
297 societies is ideal, a better model is one which focuses on hunter-gatherers surrounded by other hunter-  
298 gatherers with minimal reliance on farming or trade with state societies, such as in pre-colonial Australia,  
299 the Andaman Islands, or parts of North America (Allen 2014; Dye 2013; Pardoe 2014).

300  
301 An alternative view of human evolution is emerging, in which our recent foraging ancestors from the past  
302 100,000 years would have lived in more resource-abundant areas, such as river valleys, flood plains, and  
303 coastal regions (Compton 2011; Finlayson 2014; Marean 2014; Marean 2016). Unlike foragers living in  
304 the extremely dry Kalahari Desert or dense central African rain forest, foragers in these resource-abundant  
305 regions would have faced much less resource shortage. As a result, they would have been able to live in  
306 higher population densities, forming sedentary societies with complex social structures, exhibiting some  
307 inequality and more institutionalized forms of leadership (Graeber and Wengrow 2021; Roscoe 2013;  
308 Roscoe 2014; Singh and Glowacki 2022). Accordingly, a potentially better model for the evolution of  
309 human behavior in the past 100,000 years involves semi-sedentary hunter-gatherers, rather than mostly or  
310 exclusively mobile hunter-gatherers (Roscoe 2006; Roscoe 2014). Semi-sedentary foragers often had  
311 warfare, although rates of violence varied dramatically across time and space.

312  
313 **Myth 3: Nomadic hunter-gatherers (foragers) didn't have war.**

314 Those who argue that war developed with increasing hierarchy, agriculture, and sedentism often claim  
315 that nomadic foragers lacked war in any meaningful sense. They observe that many recent foraging groups  
316 did not practice war, that the egalitarian social organization did not allow for war, that resources were too  
317 scarce, or finally, that evidence for war dramatically increases with the emergence of social hierarchy and  
318 sedentism. For example, Fry (2009:9–10) wrote that "*war was a very rare anomaly*", while Sponsel  
319 (2010:20) asserted that "*hunter-gatherer bands epitomize... attributes of a non-killing society*". More strongly,  
320 scholars have maintained that claims that war was important for nomadic foragers are "*fiction*" (Sponsel

2017:38), “*nonetheless false*” (Fry and Söderberg 2014:259), and “*merely mythical caricatures detached from the data*” (Fry and Söderberg 2014:263). Giorgi (2010:93) concluded that “*nonkilling cultures have been the norm since the emergence of Homo sapiens*”.

Several scholars have compiled lists of multiple societies who appear to lack war, including the San, Semai, Mbuti, and other recent foragers (Baszarkiewicz and Fry 2008; Fabbro 1978; Fry 2007). It is correct that, in the 20<sup>th</sup> century, many of these foraging groups lacked war. However, as we have seen, recent foragers, especially those living surrounded by state societies or other powerful neighbors, are poor proxies for understanding intergroup relationships in human evolution. The Semai, for example, are perhaps the most famous example of a peaceful foraging society (Dentan 1968). Yet they are surrounded by more powerful neighbors whom they appear fear, and this seems to be an important reason for their lack of intergroup violence (Dentan 1978; Dentan 2004). Similarly, the peaceful Semang and Sirionio appear to have been driven from their homes and adopted retreat and fleeing as a strategy for survival (Holmberg 1950; Schebesta 1932). Thus, while it is perfectly reasonable to point to peaceful foraging societies to illustrate that human communities can live in a state of peace, the surrounding context, especially whether they are bordered by other hunter-gatherers or by powerful agricultural societies, should be carefully considered.

Nonetheless, many scholars have still tried to reconstruct how recent nomadic hunter-gatherers behaved through systematic reviews of ethnographic materials from multiple foraging societies. Most cross-cultural surveys find that warfare occurred among foragers, though it may be intermittent and of low mortality. Ember (1978) found that 90% of foragers had war more often than “rarely or never”, Hobhouse’s (1915) survey of 56 societies found that 88% practiced war, while Wright (1942) found that 92% of 216 societies had war. Wrangham and Glowacki’s (2012) study of 6 world regions of hunter-gatherers surrounded by other hunter-gatherers found evidence of war, such as ambushes, raids or unused border zones, in all of them.

A frequently-cited review published in *Science* looked at detailed ethnographies of twenty-one mobile forager societies searching pre-selected ethnographic texts for specific descriptions of individuals killed by lethal violence (Fry and Söderberg 2013). The authors then coded the context of the death for variables such as if the death were coalitionary, against an ingroup or outgroup member, along with multiple other variables. Thus, each society received a value for the number of deaths due to warfare and this can be compared against deaths due to other types of violence. Crucially, if an ethnographic text did not discuss a *specific* death due to violence, then that society was coded as having zero deaths and the inference was that it lacked war. This is a potentially powerful method to assess the proportion of deaths due to intergroup violence compared to ingroup violence but is of limited utility in assessing the importance of war among hunter-gatherers. For war to be an important force in human societies, the deaths from war do not have to exceed those from within-group violence. War can have a low mortality rate and occur sporadically and still be an important force with selective consequences.

From these 21 societies, Fry and Söderberg (2013) found a total of 148 accounts of violent deaths, with lethal violence occurring in all but three societies. Of these 148 killings, 34 percent are from intergroup conflict. The authors use a restrictive protocol excluding 13 cases that most would consider examples of aggression between different social groups—if these cases are included, it brings the percentage of intergroup killings up to 43%. They infer that because there are more deaths from within group interpersonal violence and that the absolute numbers of people killed are low, their study “*contradict[s] recent assertions that [mobile foragers] regularly engage in coalitionary violence against other groups*” and instead asserts that they “*are not particularly warlike*” (Fry and Söderberg 2013:272).



370 The sampling framework Fry and Söderberg use has substantive concerns. Their sample includes many  
371 groups that were living within state society or are better described as enclaves or refugees such as the  
372 Mbuti, Vedda, and Semang, rather than hunter-gatherers surrounded by hunter-gatherers. If the goal is  
373 to understand intergroup relationships of hunter-gatherers before the development of agriculture, then  
374 the inclusion of these societies is of limited utility as one would predict they would not have war against  
375 their stronger neighbors whom they are dependent on.  
376

377 More alarmingly, their coding scheme *excludes descriptions of war* that did not provide an unambiguous  
378 count of the number dead. By excluding these accounts of war, Fry and Söderberg effectively treat these  
379 societies as supporting the absence of war (effectively coding them as a 0 rather than an N/A). There are *a*  
380 *priori* reasons to think that specific numbers of war dead may not be mentioned even when war is  
381 discussed. Many of the ethnographies they coded were written decades after the society had been  
382 incorporated into state society, so the ethnographer would be more likely to report on general practices  
383 rather than specific deaths. In other cases, the ethnographies they code are not extensive so it would be  
384 surprising if they reported on specific cases of war deaths, any more than they may report on specific cases  
385 of death due to disease or animal attack. Consider the North American group known as the Slave. The  
386 33-page ethnography that is their primary source material begins by noting that “*of the truly aboriginal*  
387 *condition... there is no knowledge. In even the earliest reports it is evidence that the contact situation had already*  
388 *wrought changes in the aboriginal way of life*” before proceeding to discuss wars of the past (Macneish  
389 1956:131–132). Similarly, for the Paiute who are coded as lacking war, the text coded by the study  
390 consists of a *single 100-page ethnographic text on the role of sorcery written in the 1950’s*. Despite the fact that  
391 the Paiute are reported as lacking war, the ethnography Fry and Söderberg code describes traditional  
392 Paiute life where men wear armor for protection in conflict and states that “*raids made it dangerous for*  
393 *families to wander alone,*” describing Paiutes raiding against other groups and “*tak[ing] scalps*” (Whiting  
394 1950). The Fry and Söderberg coding scheme accurately does not report any specific instances of death  
395 based on these ethnographies. However, it would be an inaccurate characterization to claim these societies  
396 lacked war, which is precisely inference they lead readers to make by using the lack of specific war deaths  
397 as evidence for the lack of war.  
398

399 The Yukaghir are an even more dramatic example. In the study, they are reported as lacking war, with  
400 only one lethal incident (cannibalism due to starvation). However, the ethnography Fry and Söderberg  
401 code contains extensive discussions of war, including that “*The Yukaghir did not undertake armed*  
402 *expeditions against one another, as they did against the Tungus, whom they hated as a people. The*  
403 *Yukaghir... were always on the lookout for the Tungus or Koryak, in order to kill them*” (Jochelson 1926:126)  
404 Villages utilized a watch system because of the threat of raids. In one at least one incident, attackers  
405 “*kill[ed] a watchman and the sleeping warriors and... seize the camp*” (Jochelson 1926:383), while “*girls used*  
406 *to be taken as captives and distributed among the warriors*” (Jochelson 1926:133).  
407

408 The Kaska are reported by Fry and Söderberg as lacking intergroup violence, while the ethnographic text  
409 extensively describes them as practicing war. After detailed descriptions of pre-raid preparations “*fighting*  
410 *started as soon as enemies were encountered... Men were not spared for capture. As victims fell warriors wielding*  
411 *stone knives detached scalps by cutting above the ears... The bodies of the dead received obscene treatment...*  
412 *Women captives became wives who initially had to be carefully watched or tied lest they seek to escape*”  
413 (Honigmann 1954:94).  
414

415 Similarly, the Andaman Islanders are reported as not having lethal intergroup violence. This ignores that  
416 the ethnography Fry and Söderberg code describes raiding parties in detail. “*Attacks were generally made...*   
417 *at early dawn when everyone would be asleep. The attacking party would rush the camp and shoot as many men*  
418 *as they could. Though the aim... was to kill the men, it often happened that women or children were killed. The*

419 *whole fight would last only a few minutes... Such attacks and counterattacks might be continued for years. More*  
420 *usually, after one or two such fights peace would be made” (Radcliffe-Brown 1948:85). The Micmac are also*  
421 *reported as lacking war in the Fry and Söderberg sample, but the sources they code paint a very different*  
422 *picture of life: “If we investigate the motives and the particular causes which have inspired these peoples in going*  
423 *to war, we find... a desire to avenge an injury... or, more often, the ambition to make themselves feared and*  
424 *dreaded... [they] wait... behind some tree—all in order to find opportunity to surprise, fight, and vanquish their*  
425 *enemies, to remove their scalps, and to return to their own country loaded with these cruel spoils.” (Le Clercq*  
426 *1910:265).*

427  
428 Taking the Fry and Söderberg sample at face value would lead the reader to believe that the Yukaghir,  
429 Micmac, Andamanese, Kaska, Slave, Yukaghir, and Aweikoma lack war while the ethnography they code  
430 describes a very different reality. However, based on the ethnography they code, it appears as if these  
431 societies all practiced war in their traditional context. Because of potential sampling and coding biases  
432 illustrated by this example (though all cross-cultural studies have sampling limitations and biases), relying  
433 on a range of studies is more informative than relying on any single study.

434  
435 Cumulatively, the evidence is overwhelming that most documented hunting and gathering groups  
436 sometimes had war (Allen and Jones 2016; van der Dennen 1995; Wrangham and Glowacki 2012). In  
437 some societies, it appears to have been frequent and a significant source of mortality, while in others it  
438 may have been infrequent or rare. It is also clear that some 20<sup>th</sup> century mobile foraging groups such as  
439 the Semai and Mbuti lacked warfare, demonstrating that hunter-gatherers can peacefully co-exist with  
440 their neighbors (Fry 2007). However, for war to be important in our evolutionary history (or that of other  
441 primates), not every group needs to have practiced war and war does not need to occur with the severity or  
442 frequency found in agricultural societies nor have a dramatic mortality rate. It only needs to have fitness  
443 consequences for participants. Given the lethality of war it would be surprising if it lacked these.

444  
445 **Myth 4: Ancestral populations did not have anything to fight over or were too egalitarian to wage war.**  
446 Our hunting and gathering ancestors are commonly thought to have lived in small mobile and egalitarian  
447 groups. As a result, it is often claimed that their lifestyle did not allow for war, either because the  
448 population density was too low, their group sizes were too small, their resources were too scarce, they  
449 could easily move away from conflict, or their egalitarian social organization would have prevented war.  
450 All of these are potentially relevant for understanding the intensity and scale of war, but none of them are  
451 prohibitive of war.

452  
453 *Myth 4a: Population density was too low and resources were too scarce for war.*

454 The myth that war is primarily caused by competition for natural resources or requires large populations  
455 fuels the idea that our foraging ancestors lacked war. Fry, for example, writes about our foraging ancestors  
456 that the *“population density is so low that it’s hard to get enough people together to have a war... What would*  
457 *they fight over?... Hunter-gatherers, nomadic foragers they don’t have much to fight over. It’s not like they have a*  
458 *lot of stocks and bonds or even a food supply...so there is nothing to plunder and pillage really.... They had*  
459 *aggression... but it was not war” (Fry 2019b Interview with Lopes) and that the “group size is too small to*  
460 *support warfare” (Fry and Söderberg 2013:271). This view is echoed by Sarah Hrdy: “What would they have*  
461 *been fighting over? They were too busy trying to keep themselves and their children alive” (as quoted in Angier*  
462 *2009).*

463  
464 It is correct that the ability to monopolize valuable resources is often associated with greater rates of  
465 warfare, which is one reason why farmers and pastoralists often have higher rates of warfare (Knauff 1991;  
466 Wrangham, Wilson, and Muller 2006). However, the central claim is that the population densities of  
467 hunter-gatherers were too low to support war, or the potential benefits from warfare were too low to

468 promote warfare. Neither of claims is supported by strong evidence. Although many groups of hunter-  
469 gatherers were at low population densities, periodic lethal coalitionary intergroup aggression still occurred.  
470 This may be because even though some hunter-gatherers have small camp sizes (Hill et al. 2011), these  
471 groups are nevertheless embedded in webs of relationships that can span hundreds or thousands of  
472 individuals (Bird et al. 2019; Boyd and Richerson 2022; Glowacki and Lew-Levy 2022). Hadza men in  
473 Tanzania, for example, are expected to learn from over a thousand individuals in their lifetime (Hill et al.  
474 2014). Chimpanzees are often at even lower population densities than some forager groups and yet have  
475 rates of death from intergroup violence that approach or exceed those of some hunter-gatherers. While  
476 higher population densities may facilitate warfare by putting more potential co-participants in close  
477 proximity, low population density does not prevent its occurrence.

478  
479 Unlike pastoralists or farmers who can capture valuable transportable resources (food and livestock),  
480 hunter-gatherers generally have fewer material gains from warfare (Glowacki and Wrangham 2013;  
481 Manson et al. 1991). The lack of material gains likely contributes to lower rates of warfare among forager  
482 compared to farmers and herders; however, it is not sufficient to prevent warfare. Many hunter-gatherer  
483 groups obtained valuable benefits from warfare, which sometimes included captured women or children,  
484 as well as trophies from victims (Allen and Jones 2016; Gat 2000). Given the unambiguous evidence from  
485 many foraging societies for taking captives in war, hunter-gatherers were clearly motivated to raid in order  
486 to capture women (Fry and Söderberg 2014; Fry 2021), contrary to the idea that raiding was “*impractical*  
487 *and runs counter to the ethos of egalitarianism*” (Fry and Söderberg 2013:271).

488  
489 Whether or not there were low population densities or severe resource competition, it is clear that many  
490 mobile hunter-gatherers could and did practice warfare. In doing so, they often gained status and took  
491 captives, especially women and children, and such results appear independent of group size or resource  
492 competition.

493  
494 *Myth 4b: The egalitarian and flexible social composition of nomadic hunter-gatherers hinders warfare.*  
495 Mobile foragers typically have egalitarian social structures that include flexible residence patterns, high  
496 levels of mobility, and the lack of integrating social structures that make coordinating large numbers of  
497 persons difficult. For these reasons, it is sometimes claimed that they were unable to organize for warfare  
498 (Fry 2012; Fry and Söderberg 2013; Giorgi 2010; Sponsel 2010). Fry, for example, claims that “*the*  
499 *nomadic forager type of social organization makes the waging of war very difficult*” (Fry and Söderberg 2013  
500 SI), while Sponsel (1996:107) claims that “*warfare would be absent... if one considers that they... lack*  
501 *sufficient food surplus to sustain a military organization... and do not have political leadership and organization*  
502 *to direct warfare.*”

503  
504 As these quotations correctly illustrate, the social organization of a society can limit the types of  
505 organization it can achieve. Likely because of this, hunter-gatherer warfare did not typically involve  
506 structured fighting units and chains of command but generally consisted of ad hoc unorganized raiding  
507 parties (Gat 1999; Keeley 1996). Battles, in which multiple participants faced off, appear less common  
508 than in other kinds of social organization but are ethnographically reported in some societies (Burch  
509 2005; Meggitt 1962). Understanding how acephalous decentralized groups like hunter-gatherers or even  
510 chimpanzees wage warfare is a major area of research (Glowacki and McDermott 2022; Glowacki et al.  
511 2016; Mathew 2017; Pandit et al. 2016) but regardless of the absence of centralization it is clear that they  
512 can and often do wage war.

513  
514 While mobile hunter-gatherers generally have flexible group boundaries, in many societies, there are  
515 strong divides between groups. Among the Andaman islanders, groups kept closely to their home range  
516 because of the risk of attack by outside groups: “*Whenever two parties of them met by any chance, the larger*

517 *party would attack the others.*” (Radcliffe-Brown 1948:86–87). Early ethnographic reports among the  
518 reported peaceful San document both territoriality and aggression in response to violations of a group’s  
519 territory such that “*Men who hunted in the land of their neighbors are said to have been killed by them*” (Heinz  
520 1972:412). So strong were the group divides that “*Though [the] band[s] live as neighbors there had been no*  
521 *exchange of marriage partners for some 15 years. This struck my attention because I knew that boys and girls were*  
522 *available on both sides*” (Heinz 1972:411).

523  
524 These examples illustrate that a flexible social structure and egalitarian ethos does not prevent war. Even  
525 the most radically egalitarian nomadic hunter-gatherers such as the San appeared to have engaged in at  
526 least occasional lethal intergroup coalitionary violence prior to colonization. As Lee himself notes “*raiding*  
527 *expeditions had occurred in the distant past, during the youth of the grandparent generation of the oldest living*  
528 *people*” (Lee 1979:382), and some groups of San mounted intensive armed resistance against colonial  
529 incursions (Guenther 2014; Wright 1971). But it is also correct that increasing hierarchy, leadership, and  
530 social stratification is often associated with more intense warfare, likely due to the ease of mobilizing  
531 participants. Thus, the archaeological record generally shows a dramatic increase in warfare once social  
532 stratification emerges, a point well demonstrated by Fry and colleagues (Fry and Söderberg 2014; Fry,  
533 Keith, and Soderberg 2020). While we may not ever fully understand the causes of intergroup violence  
534 among hunter-gatherers, the record indicates that war did occur but was likely restrained in scale and  
535 intensity due to the difficult of organizing and mobilizing participants.

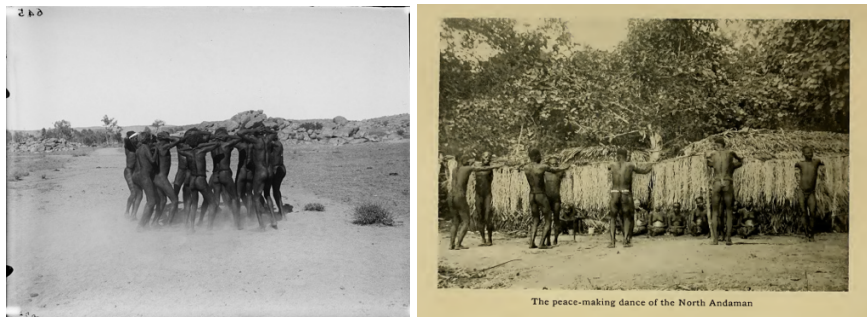
536  
537 **Myth 5: Nomadic hunter-gatherers (foragers) didn’t make peace.**  
538 Deep roots proponents sometimes assume that war was the most common intergroup interaction between  
539 hunter-gatherer groups and that intergroup cooperation was rare (Keeley 1996; Wrangham and Glowacki  
540 2012). This may be due to bias on the part of ethnographers who are more likely to write about war than  
541 the absence of war, or interest on the part of researchers. It may also be due to numerous well-known  
542 studies from Oceania and Papua New Guinea where warfare was often intense and chronic (Meggitt  
543 1977; Pospisil 1994; Wiessner 1998; Wiessner 2019) contributing to the perception that incessant warfare  
544 was extremely common among foragers in other regions. Most of these populations were sedentary  
545 horticulturalists rather than mobile foragers, but this distinction is often not clear to non-anthropologists  
546 (though see Roscoe 2014 for discussion on forager warfare in New Guinea). Whatever the reasons,  
547 hunter-gatherer intergroup relationships are more varied than incessant war, and often include  
548 cooperation, trade, marriage, and peace (Fry 2009; Fry, Keith, and Soderberg 2020; Glowacki 2022).

549  
550 While it is difficult to reconstruct the lifestyles of hunting and gathering groups prior to agriculture and  
551 colonization, a consensus is emerging that intergroup cooperation extended into the Paleolithic (Boyd  
552 and Richerson 2022; Fry 2012; Fuentes 2013; Fuentes 2004; Glowacki and Lew-Levy 2022; Hames  
553 2019; Pisor and Surbeck 2019). Paleo-archeological evidence demonstrates that intergroup trade extends  
554 deep into our evolutionary history. Stone tool trade dates to at least 300,000 thousand years ago (Brooks  
555 et al. 2018). In southern Africa, there is extensive evidence of long-distance trade of eggshell beads across  
556 a distance of *more than 3,000 kilometers* over a period of nearly 20,000 years beginning 50,000 years ago  
557 (Miller and Wang 2021). Similarly, archaeological remains of hunter-gatherer populations the world over  
558 show extensive evidence of the exchange of trade across group boundaries (Bennyhoff and Hughes 1987;  
559 McBryde 1984; Oka and Kusimba 2008). These findings are consistent with ethnographically recent  
560 hunter-gatherer groups who often cooperated and traded across strong group boundaries that could span  
561 hundreds of miles and multiple language families (Bird et al. 2019; Fry et al. 2021).

562  
563 Many hunter-gatherer groups appeared to work to avoid or minimize intergroup conflict (See Fig 3). In  
564 the Andaman Islands, notorious for regular intergroup warfare, societies developed mechanisms to resolve  
565 conflicts and renew relationships positively that was institutionalized in a peacemaking ceremony.

566 Members of two enemy groups would come together with the party who committed the last offense  
567 hosting the ritual. The visitors would give expression to their anger through “mak[ing] expressive gestures at  
568 the end of which they sit down and weep together,” exchanging weapons, giving gifts, and remaining camped  
569 together for a few days (Radcliffe-Brown 1948:134). “The whole purpose of the rite is to abolish a condition of  
570 enmity and replace it by one of friendship” (Radcliffe-Brown 1948:242). Among the Walbiri in western  
571 Australia, despite long simmering feuds with their neighbors, groups would often work to quell hostilities  
572 as “between the raids there were occasional inter-tribe meetings for totemic rituals and for trade” (Meggitt  
573 1962). Among the Ona in Terra del Fuego, there was a “traditional ceremony called Jelj [which was an]  
574 ancient way of ending blood feuds and was performed only when all were agreed that strife was must end”  
575 (Bridges 1948:404). It included a dramatic event where members of each hostile group had an  
576 opportunity to shoot blunted arrows at members of the other group, afterwards renewing “friendly  
577 intercourse” between the formerly hostile groups. Boehm (2013) reviews multiple cases using a sample of  
578 hunter-gatherer societies deemed appropriate as models for late Pleistocene societies and documents a  
579 range of behaviors foragers employed to facilitate peace, including peace meetings and formal truces [see  
580 also (van der Dennen 2014; van der Dennen 1998) for thoughtful discussion of peace among hunter-  
581 gatherers].

582  
583 These examples illustrate that even though intergroup conflict may have been an important aspect of  
584 intergroup relationships, it does not mean that hunter-gatherer societies were perpetually at war  
585 (Glowacki 2022; Hames 2019). Indeed, it would be strange to imagine early human groups who were  
586 incapable of tolerantly interacting or cooperating with their neighbors, especially when it would have  
587 provided benefits such as tools, information, new allyships, or access to reproductive partners. The  
588 potential benefits from trade and cooperation with other groups creates the opportunity for evolution to  
589 act on the ability to build extended cooperative relationships across group boundaries.  
590



591  
592  
593 **Figure 3:** *Left panel:* A group of Arunta men in Australia dancing in preparation before a raid against a  
594 distant group (Spencer and Gillen 1904). *Right panel:* In the Andaman Islands, making peace involved a  
595 ritualized dance between hostile groups that displayed aggressive feelings before culminating in an  
596 exchange of weapons (Radcliffe-Brown 1922).

597  
598 **Myth 6: No evidence of war before approximately 10,000bp.**  
599 A potentially devastating argument against the deep roots of lethal intergroup coalitional violence is the  
600 lack of unambiguous archaeological evidence of warfare prior to approximately 10- 14,000 years ago.  
601 According to Giorgi (2010:93) “direct violence and war appeared only in large settlements of the Late  
602 Neolithic” while Fry claims the “earliest evidence of warfare anywhere on the planet is 10,000 years ago, not  
603 more than that” (Fry 2019b interview with Lopes). If unambiguous skeletal evidence of massacres were  
604 truly necessary to demonstrate the existence of warfare deep in our evolutionary history, then this absence  
605 would represent a formidable challenge. However, the claim that there is a lack of evidence for war before  
606 10,000bp is misleading for two reasons.

607  
608 For human remains from the Pleistocene to offer insight into whether warfare occurred requires both  
609 enough remains to form generalizable samples, and that the remains are in satisfactory condition to be  
610 able to infer the cause of death. However, there are vanishingly few intact archaeological remains from  
611 Pleistocene human populations before approximately 15,000 years ago, especially in Africa, where our  
612 species evolved. Grine (2016) systematically reviewed hominin remains in Africa from the Late  
613 Pleistocene over the last 200,000 years ago (MIS 6-2) finding “*a notable paucity of human remains*” with  
614 “*only a dozen or so [sites] providing particularly informative or interesting evidence spanning this period of*  
615 *nearly 200 kyr*” (Grine 2016:323). The vast majority consist of teeth or isolated fragments of bone, making  
616 inferences about the presence or absence of war impossible (see Table 1). Despite the lack of skeletons  
617 from the Paleolithic, several sites include strong evidence of lethal violence. Naturuk, in Kenya, is the  
618 most dramatic of these (Lahr, Rivera, Power, Mounier, Copsey, Crivellaro, Edung, Fernandez, et al.  
619 2016). The remains of 27 individuals were found, including 12 articulated skeletons, ten of which  
620 showed lethal injuries such as blunt-force trauma and arrow wounds, in addition to several specimens  
621 appearing to be bound (Lahr, Rivera, Power, Mounier, Copsey, Crivellaro, Edung, Maillo Fernandez, et  
622 al. 2016) (though some interpret the evidence differently (Stojanowski et al. 2016)).

623  
624 Thus, the claim that war did not occur because there is little skeletal evidence is faulty as the evidence to  
625 test it (numerous intact skeletons from multiple sites) is exceedingly rare. We assume that Pleistocene  
626 populations in Africa sometimes died from wildlife encounters (attacked by elephants or buffalo for  
627 instance), or during childbirth, and that the population pyramid generally consisted of more children than  
628 adults. The skeletal evidence to support these almost certainly true claims does not exist, but we do not  
629 infer that the lack of physical evidence indicates they did not occur. Rather, we predict a lack of skeletal  
630 remains due to perseveration issues, and not the underlying absence of childbirth, animal attacks, or lack  
631 of children. The same logic applies to skeletal evidence for war in the Pleistocene based on the lack of  
632 skeletal evidence. Because there are so few skeletons sufficiently intact to infer the cause of death, the lack  
633 of skeletal evidence is not strong support for the lack of war. This is a key reason why scholars often look  
634 to more recent foraging groups to reconstruct human livelihoods.  
635

Site/ Specimen	Site age in thousands of years	Human remains found
Omo (Kibish Formation)	195,000	Cranium; fragmentary skull and partial postcranial skeleton.
Kébibat	200,000 – 130,000	Skull fragment
Twin Rivers	178,000 – 139,000	Humerus fragment
Mumbwa Caves	172,000	Two teeth; two radius fragments; possible femoral diaphysis
Jebel Irhoud	160,000	Two crania, juvenile mandible; fragmentary postcrania
Herto	160,000 – 150,000	Cranium; fragmentary cranial remains of five individuals
Singa	145,000 – 133,000	Calvaria
Border Cave	170,000 – 156,000	Postcranial fragments
Ngaloba Beds	129,000	Cranium
Blind River	124,000 – 112,000	Femur
Klasies River	115,000 – 58,000	Multiple cranial, mandibular and postcranial fragments
Sea Harvest	110,000 – 71,000	Manual distal phalanx, tooth

Grotte des Contrebandiers	110,000 – 92,000	Cranial fragments
Dar es-Soltan II	125,000 – 92,000	Incomplete skull; cranial fragments
Eyasi	104,000 – 92,000	Partial cranium; mandibles; cranial fragments; teeth
Equus Cave	103,000 – 30,000	Eight teeth
Aduma	105,000 – 80,000	Cranium; cranial fragments
Pinnacle Point	162,000 – 90,000	Parietal; tooth
Blombos	102,000 – 70,000	Nine teeth
Ysterfontein 1	130,000 – 50,000	Three teeth
Witkrans	100,000 – 50,000	Three teeth
Plovers Lake	89,000 – 62,000	Postcranial fragments
Haua Fteah	80,000 – 68,000	Two mandibular fragments
Mumba Shelter	78,000 – 60,000	Teeth
Porc-Épic	78,000 – 36,000	Mandibular fragment
Die Kelders	74,000 – 59,000	24 teeth; mandibular fragment; 2 phalanges
Klipdrift Shelter	72,000 – 52,000	Isolated tooth
Sibudu	77,000 – 38,000	Phalanx; distal fibula
Diepkloof	61,000 – 48,000	Two toe bones; tooth
Mugharet el 'Aliya	57,000 – 27,000	Juvenile maxilla; isolated teeth
Nyamita	55,000 – 45,000	Partial humerus
Magubike Rock Shelter	42,000	Six teeth
Nazlet Khater	38,000	Skulls and postcranial skeletons
Hofmeyr	36,000	Cranium
El Harhoura I	41,000 – 26,000	Mandible; tooth
Ishango 11	26,000 – 20,000	Fragmentary crania and postcrania
Taramsa 1	70,000 – 24,000	Child skeleton
Leopard's Hill Cave	24,000 – 21,000	Isolated parietal
Lukenya Hill	24,000 – 22,000	Partial calotte
Tuinplaas	<20,000 – 11,000	Skull and partial postcranial skeletons
Deir El-Fakhuri (E71K1)	18,000	Two partial skeletons
Taza Cave I	16,000 – 14,000	Skull
Afalou-bou-Rhummel	15,000 – 11,000	63 partial crania and skeletons
Gebel Silsila 2A	14,000 – 13,000	Isolated frontal bone
Jebel Sahaba (117)	14,000 – 12,000	58 partial skeletons
Wadi Halfa (6b28 & 6B36)	14,000 – 10,000	Mandible (6B28); 37 partial skeletons (6B36)
Ifri n'Baroud	17,000 – 11,000	Single postcranial skeleton
Bushman Rock Shelter	13,000 – 12,000	Single infant mandible
Mlambalasi Rock Shelter	13,000 – 12,000	Partial postcranial skeleton (? in situ)
Grotte des Pigeons (Taforalt)	13,000 – 11,000	200 skeletons in various states
Iwo Eleru	13,000 – 11,000	Incomplete skeleton and calvaria
Nataruk	10,500 – 9,500	27 skeletons, 12 articulated*

636 Table 1: Based on Grine (2016 Table 17.2) reproducing all African sites with hominin remains from MIS  
637 6 until 10,000 BP.\* The Nataruk cite was excluded from the Grine's data because of late publication.

638  
639 Preservation issues are compounded in the archaeological record because lethal wounds often inflict little  
640 or no damage to the skeleton. Milner (2005) carefully examined victims of 19<sup>th</sup> century arrow wounds in  
641 the US wars against Native Americans finding that only one out of three arrows damaged bone, even  
642 though many of these were lethal wounds. Lambert (1997) notes that at another site, only one out of four  
643 stone points are clearly embedded in bone in one victim leading some scholars to expect only 25% of  
644 injuries from stone tipped projectile weapons leave skeletal injuries. If these estimates can be applied to  
645 war in the Pleistocene it suggests that potentially up to 75 percent of deaths from war would not be  
646 attributed to lethal trauma. Thus, whatever paleoarchaeological evidence there is for war, the record likely  
647 vastly underestimates the actual incidences of lethal aggression.

648  
649 The second reason this argument is misleading is that for Pleistocene populations it is virtually impossible  
650 to distinguish homicide from warfare as the skeletal signatures are nearly identical. The primary type of  
651 war among mobile hunter-gatherers is a raid that targets a lone individual through ambush, thus leaving a  
652 single victim (Gat 1999). Similarly, homicide due to in-group conflicts typically leaves a single victim,  
653 making it nearly impossible to distinguish war from homicide in the paleolithic record (Kissel and Kim  
654 2019; Martin and Harrod 2015). Thus using skeletal evidence alone will be of limited use in making  
655 inferences about Pleistocene social behavior (Kim and Kissel 2018).

656  
657 Despite the lack of unequivocal evidence for warfare prior to around 14,000 years ago, there are multiple  
658 sites with evidence of violence that could indicate warfare. Wu and colleagues (2011 SI) collected records  
659 of all traumatic lesions that have been found prior to the Last Glacial Maximum approximately 14,000  
660 years ago. They identified sixty-one skeletons with evidence of traumatic lesions, but it is impossible to  
661 say whether these injuries resulted from interpersonal violence such as homicide, coalitionary intergroup  
662 violence such as war, or from another reason (See Table 2 of Kissel and Kim 2019 for the most interesting  
663 of these cases). Fry and Söderberg's (2013) research suggests that between 34 to 43% of deaths due to  
664 violence among mobile hunter-gatherers are from *intergroup* violence. Assuming this estimate captures  
665 the approximate proportions of deaths due to intergroup and intragroup violence among early hunter-  
666 gatherers and that war in human evolution followed a similar pattern, then of the 34% of the 61 injuries  
667 on skeletons or around 20 of the injuries could be inferred to have come from intergroup violence. This is  
668 an extremely rough estimate, but whatever the exact percentage, it is likely that at least significant number  
669 of the 61 bodies with skeletal trauma were victims of warfare.

670  
671 **Myth 7: If war was important in human evolution, then war is inevitable.**

672 Shallow roots proponents sometimes claim that if warfare was important in human evolution, then our  
673 species will always have war, or worse, that this history will be used as a justification for war. Horgan  
674 cautions "*many people think that if war is ancient and innate, it must also be inevitable*" (Horgan 2016b),  
675 while Sponsel claims deep rooters "*champion the assumption that humans are innately, instinctively,*  
676 *genetically, or biologically programmed to be aggressive, and, therefore, that war is an inevitable manifestation of*  
677 *human nature*" (2010:22) with an "*absolutist, universalist, and essentialist posture*" (2010:22). Fry  
678 characterizes the deep roots argument as being plagued with a fallacious inevitability "*We have always*  
679 *been this way, we will always be this way*" (Fry 2019b Interview with Lopes). If war has deep evolutionary  
680 roots, then this "*justifies militarism. If natural selection produced a human primate with a tendency to attack*  
681 *neighbors... well let's forget the negotiating table and arm to the teeth. Let's stick it to them before they stick it to*  
682 *us.*" (Fry and Söderberg 2014:263). Sapolsky, for example, writes "*if war is natural, there is little point in*  
683 *trying to prevent, reduce or abolish it*" (Forward to Fry 2007:5). Ironically, many of these same authors have  
684 argued elsewhere that interpersonal aggression was likely important in human evolution and that we can  
685 use the knowledge gained by studying it to reduce the likelihood of aggression in the world today



686 (Horgan 2016a; Sapolsky 2017). If interpersonal aggression has a biological and evolutionary basis and we  
687 can use our scientific knowledge to reduce it, then the same would be true of war.  
688

689 Most evolutionary anthropologists would disagree with the assessment offered by Sapolsky, Horgan, Fry  
690 and others that a biological propensity for a behavior means that it is inevitable (Nettle et al. 2013; Smith  
691 2011; Smith 2013). Superficial caricatures presenting deep roots proponents as fatalistic or justifying war  
692 are misleading and often false. Many of the most ardent proponents for the deep roots of warfare  
693 acknowledge that although war may have a biological basis, social and cultural institutions can drastically  
694 reduce it. Pinker (2012), for instance, documents how exceptionally labile war is, with large-scale historic  
695 changes in the severity and intensity of war that correspond with cultural and social changes. Wrangham  
696 writes “*while war is not inevitable, conscious effort is needed to prevent it... Abundant evidence shows that*  
697 *violence is socially influenced and socially preventable. History, after all, has long told us that societies can be at*  
698 *peace for generations. Evolution of a behavioral tendency does not mean that the behavior has to be inevitable,*  
699 *flexible, or in some other way independent of human will*” (Wrangham 2019:251–254). Glowacki and  
700 colleagues argue that although warfare results from “*evolved psychological predispositions*” the “*success of*  
701 *peacemaking institutions gives hope that the zone of peace could one day encompass the entire planet*” (Glowacki,  
702 Wilson, and Wrangham 2020:977–978). Such quotes directly contradict the fatalistic claims that Sponsel,  
703 Fry, and others attribute to deep roots perspectives.  
704

705 Further, many deep roots scholars attempt to use the scientific knowledge of war to consider how and  
706 why peacefulness arises. Wrangham, for instance, argues that by minimizing a “*high likelihood of cost-free*  
707 *success [in war]... people can live for long periods at peace*” (Wrangham 2019:254). Wilson and Wrangham  
708 (2022) use the evolutionary study of war to suggest areas of study that might promote peace, stating, “*the*  
709 *challenge of preventing major wars is mainly undertaken by politicians and lawyers, but we think that every*  
710 *contribution might help,*” and then outlines a series of questions intended to provide insight into preventing  
711 war including what is “*the point at which leaders... perceive the benefits of peace as outweighing the costs of*  
712 *war? Or how [do] individuals categorize others as friend or foe?*”. Rather than being afraid that a biological  
713 basis for war may justify or lead to fatalism about war, we could follow the lead of evolutionary scholars  
714 themselves, who argue that “*an understanding of warfare rooted in [evolutionary biology] seems likely to point*  
715 *the way towards a better understanding of the contexts that support peaceful intergroup relationships*” (Wilson  
716 2013:382–383). Nothing about a biological basis for war as it is currently understood makes war inevitable  
717 or justifies it.  
718

### 719 3. POISONING THE WELL

720 Perhaps because of the intensity of the debate over war in human evolution, arguments sometimes involve  
721 attacking the credentials, objectivity, or motivation of the researcher, serving to poison the well against  
722 them. Poisoning the well refers to a rhetorical device used to bias the reader against the other person  
723 despite the merits of the argument. Because it does not address the argument itself but paints the person  
724 conveying the argument in a negative light, it is considered a type of logical fallacy that undermines  
725 scientific discourse. My hope is that by drawing attention to how prevalent such claims have become, it  
726 will recenter the debate on the merits of the argument, rather than characteristics of those with competing  
727 positions.  
728

729 Both deep and shallow rooters often attribute the competing position to biases or political motivations.  
730 Deep rooters, for example, sometimes attribute the views of shallow rooters to blank slatism or a bias  
731 resulting from a peace studies agenda (Buss 2001; Pinker 2012). This frustration sometimes spills over  
732 into ad hominem attacks, such as characterizations of shallow rooters as “*aggressive academics*” (Pinker  
733 2012:36) or the “*peace and harmony mafia*” (van der Dennen 2005). It is correct that peace studies as a  
734 field does have a “*value orientation in favor of peace and against war*” (Barash 2023) and many of these

735 scholars worry that acknowledging a role for war in evolution may lead to fatalistic attitudes about war  
736 (see Myth 7). However, much scholarship on the evolution of war by shallow rooters rejects the blank  
737 slate model of human psychology, arguing that biology does, in fact, have a role in shaping human  
738 behavior and attributing war to social rather than biological causes. Similarly, instead of refusing to  
739 engage with the evidence as someone driven by a value orientation might, shallow rooters typically rely on  
740 evidence that rejects bellicose hunter-gatherer or chimpanzee models for human evolution, and point to  
741 the prevalence of peaceful intergroup relationships among foragers or the behavior of bonobos instead of  
742 chimpanzees (Ferguson 2011; Fry 2007; Fuentes 2012; Sussman and Hart 2015).

743  
744 Similarly, shallow rooters often accuse deep rooters of being politically motivated or biased in such that  
745 their scientific credibility is undermined: Sponsel calls deep rooters “*apologists for war*” (2017:31; 2010:22)  
746 and “*peace resisters*” (Sponsel 2017:31) who create “*fiction, not science*” (Sponsel 2018:37–38). Fry claims  
747 deep rooters “... *have not looked at the data, [and] start... with the base narrative that war is inherent in*  
748 *human nature and then [construct] arguments as to why this is the case. That is not science. I’m not quite sure*  
749 *what it is but it’s not science*” (Fry 2019b: Interview with Lopes). Deep rooters “... *have digested the myth of*  
750 *a warlike past—such “knowledge,” in other words, is an aspect of their shared Occidental belief system. Such*  
751 *“knowledge” is not born of objective science. On this human nature issue, it is time to stop assuming that the world*  
752 *is flat and instead carefully reexamine the actual data*” (Fry 2013b:20). Alarming, Fry proposes that a lack  
753 of self-reflection by scholars such as Bowles, Pinker, and Wrangham is responsible for their scientific  
754 views: “*Many scholars and scientists don’t do the self-reflection that I would urge them to do*” (Fry 2019b:  
755 Interview with Lopes). “*Hence one of our prescriptions for researchers working in this area involves the*  
756 *sometimes difficult tasks of self-reflection, self-awareness, and self-questioning in light of their cultural traditions,*  
757 *professional schooling, and social meanings as reflected in extant values, beliefs, and practices*” (Fry, Keith, and  
758 Soderberg 2020:317).

759  
760 Sometimes these attacks spill over into attacks on the scientific credentials of prominent deep rooters,  
761 arguing that their training somehow makes them unqualified to interpret ethnographic material, the  
762 archaeological record, or primate behavioral data. For example, Fry writes that “*Samuel Bowles is an*  
763 *economist. Steven Pinker is a psychologist. Richard Wrangham is a primatologist. The list of non-anthropologists*  
764 *who assume nomadic foragers to be “warlike” is substantial (e.g., Gat, 2006; Ghiglieri, 1999; Goldstein, 2001).*  
765 *In science, one’s training, experience, and knowledge do matter. When persons who lack anthropological training*  
766 *and lack ethnographic knowledge about foragers propose theories and explanations, it is not surprising that the*  
767 *outcome is closer to myth than reality*” (Fry and Söderberg 2014:264). The reality is that these authors are in  
768 fact knowledgeable scholars with deep expertise, including about human evolution.

769  
770 The misleading nature of this quotation and the others are all too common. Unfortunately, they work to  
771 bias readers from evaluating the evidence impartially. Reasonable people can disagree about the strength  
772 of evidence for the origin of war. The training one has can facilitate or hinder insights into the  
773 interpretation of evidence. Personal attacks, attributing ulterior motives, or accusations of a lack of self-  
774 reflection, are behaviors that scholars should avoid. They serve to undermine scientific discourse and sully  
775 the reputation of those involved. Even worse, they damage the scientific study of behavior as a whole.

#### 776 777 4. DISCUSSION

778 Human warfare is a complex social behavior resulting from the interaction of culture, social structure, and  
779 our evolved psychology and biology. It should therefore be unsurprising that the evidence for the origins  
780 of war is complex and sometimes ambiguous. Our close cousins, chimpanzees and bonobos, provide  
781 evidence for and against the deep roots of war, depending on which species and population one takes as a  
782 better model for the last common ancestor 6–9 million year ago. It is also reasonable to argue that  
783 phylogenetic approaches using the LCA are not an appropriate way to study the evolution of war due

784 uncertainty about the LCA and the radical changes in the human lineage since our separation from the  
785 other apes. More fruitful approaches consider what traits humans share with other apes and the adaptive  
786 conditions that give rise to these. Bonobos and humans both have strong female alliances and intergroup  
787 affiliation, while chimpanzees and humans have intergroup raiding and high rates of fission-fusion.  
788

789 The behavior of recent foragers also fails to resolve the debate about the origins of war. Most foragers  
790 appear to have had at least occasional war, especially in the form of small, low-risk raids. Yet for some  
791 foraging societies, war was infrequent and unpredictable, and some foragers seem to have lacked war  
792 altogether suggesting our foraging ancestors were capable of intergroup cooperation and peace. Still, given  
793 the ubiquity of at least occasional intergroup violence among pre-state foragers it would be surprising if  
794 our foraging ancestors lacked war altogether.  
795

796 The paleo-archaeological record is similarly complex. There are a significant lack of intact human remains  
797 from the Pleistocene, limiting our ability to rely on skeletal materials to date the origins of war. The intact  
798 remains there are provide evidence that lethal aggression occurred but was variable in time and place,  
799 although it is unclear whether it is war or interpersonal violence. The skeletal evidence for war begins to  
800 clearly emerge in the last 15,000 years, and then substantially increases with the development of  
801 agriculture, hierarchy, and increased availability of intact human remains. But this does not imply that  
802 war did not exist before agriculture or was unimportant. Even infrequent wars with low mortality rates  
803 could be an important factor in human evolution despite failing to leave a clear record in the skeletal  
804 remains of Pleistocene populations.  
805

806 All human societies appear to have the capacity to flexibly respond to their neighbors through war or  
807 peace. Intergroup relationships may involve aggression, or cooperation, or both. The flexibility of  
808 contemporary societies as well as ethnographically documented foragers suggests that tolerance and  
809 cooperation were likely to have been important selective features in human evolution alongside the  
810 strategic use of coalitionary violence. Just as relationships between societies today can include aggression  
811 and cooperation, it is reasonable to expect the same to be true of our foraging ancestors once benefits for  
812 cooperation or aggression appeared. To assume that intergroup relationships in the evolution of *Homo*  
813 *sapiens* were predominantly warlike or peaceful is to ignore the complexity of human societies and the  
814 differing motivations of individuals—and the fact that both cooperation and aggression can pay but which  
815 strategy dominates depends on the context, including the behavior of others.  
816

817 Despite the many misconceptions about the origins of war and peace, we are coming closer to  
818 understanding the birth of these behaviors. Increasing but still sparse evidence from the Paleolithic is  
819 demonstrating that war predates agriculture, but as many shallow rooters have argued, the presence of  
820 violence profoundly varies across space and time (Lee 2018). Long-term field studies of bonobos,  
821 chimpanzees, and even gorillas reveal that both lethal violence and cooperation can be natural features of  
822 a primate species like ourselves. Powerful modeling work reveals that evolutionary dynamics can lead to  
823 the precursors of our exceptional capacities for war and peace: parochial and altruism. Taken together,  
824 these findings converge on an evolutionary history that is more exciting and complex than just one of war  
825 or peace. Our early human relatives likely found that both war and peace could be beneficial and struggled  
826 to create the institutions that could balance their costs and benefits. We carry their evolutionary legacy  
827 today in our own struggles to create a more peaceful world, but one in which we all too often turn to  
828 violence.  
829

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ENDNOTES

<sup>1</sup> Special thanks to Will Buckner for curating and making available many resources on this topic. See this Twitter thread for more insights into recent foragers: [https://twitter.com/Evolving\\_Moloch/status/1083514455802109952](https://twitter.com/Evolving_Moloch/status/1083514455802109952)