

1 **Title**

2 Sex-specific covariation between exploratory behavior and natal dispersal strategies in a wild
3 cooperative breeding passerine

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5 **Running title**

6 Dispersal and animal personalities in Seychelles Warblers

7

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27 **Sex-specific covariation between exploratory behavior and natal dispersal**
28 **strategies in a natural cooperative breeding passerine population**

29
30 **Abstract**

31 Natal dispersal is a major life-history strategy that has pervasive consequences on the spatial and
32 genetic structure of populations. Between-individual variation in personality traits is increasingly
33 recognized as an important determinant of natal dispersal via ‘personality-dependent dispersal’.
34 However, few studies have investigated the importance of personalities in the context of delayed
35 natal dispersal, in part due to the difficulty of monitoring the movements of individuals in open
36 populations and over long periods of time. Here, we assessed personality-dependent natal
37 dispersal strategies in an island population of cooperatively-breeding Seychelles warblers
38 *Acrocephalus sechellensis*, where individuals have the option to delay dispersal in favor of
39 remaining at their natal site. Specifically, we tested the effect of novel environment and novel
40 object exploration on whether an individual delayed natal dispersal following sexual maturity, as
41 well as the age of dispersal and the distance dispersed. We found males, but not females, with
42 higher novel environment exploration scores were more likely to delay natal dispersal. In contrast,
43 females that were more exploratory in a novel environment dispersed further, but this was not the
44 case for males. The sex-specific nature of the relationship between exploration and natal dispersal
45 in this system highlights the importance of considering sexual dimorphism in life-history
46 strategies when investigating personality-dependent dispersal. Future studies should continue to
47 assess the implications of animal personality on delayed natal dispersal, particularly in
48 cooperatively breeding systems where the timing of dispersal has important implications on
49 reproduction and fitness.

50
51 **Keywords:** cooperative breeding, delayed natal dispersal, exploration, personality-dependent
52 dispersal, birds

53 **Introduction**

54 Natal dispersal, the movement of an individual from their birthplace to a site of first breeding, is
55 a fundamental life-history strategy that plays a crucial role in many ecological and evolutionary
56 processes (Clobert et al. 2001; Clobert et al. 2004). Natal dispersal has important implications on
57 the persistence of spatially structured populations (Pulliam 1988), gene flow (Bohonak 1999) and
58 ecological invasions (Sakai et al. 2001). Within-species variation in dispersal strategies can be
59 contingent on many extrinsic (e.g. competition, food availability; Komdeur 1992) and intrinsic
60 (e.g. age, sex; Bowler and Benton 2005) factors. However, due to its complexity the precise
61 mechanisms contributing to between-individual variation in natal dispersal remain unclear.

62

63 Animal personalities, a phenomenon where individuals consistently vary between one another in
64 behavioral traits, have been proposed to play a functional role in facilitating dispersal (Réale et
65 al. 2007; Cote et al. 2010). As both departure from a natal territory and settlement at a new site is
66 often associated with cost to the disperser (Bonte et al. 2012), individuals who possess more
67 ‘reactive’ or ‘riskier’ behavioral traits, are expected to show a greater dispersal tendency. For
68 example, bolder individuals should be less fearful of potential predators encountered during
69 movement (Fraser et al. 2001), aggressive individuals are more likely to win in territorial disputes
70 with conspecifics (Duckworth and Badyaev 2007) and highly active dispersers are more likely to
71 travel further and encounter suitable habitats while prospecting (Debeffe et al. 2014). This has
72 been documented in a variety of taxa, including birds (Dunn et al., 2011; Duckworth & Badyaev,
73 2007), mammals (Myers and Krebs 1971; Krackow 2003; Hoset et al. 2011; Debeffe et al. 2012),
74 fish (Cote et al. 2013; Edelsparre et al. 2013) and insects (Bonte et al. 2004; Gyuris et al. 2011).

75

76 Exploration, the measure of an individual’s response to novelty (Verbeek et al. 1994), has been
77 found to play an important role in personality-dependent dispersal (Cote et al., 2010; Wey et al.,
78 2015). Slow explores, who are more avoidant of novelty compared to fast exploring counterparts,
79 are predicted to be deterred by novel environments and situations encountered during movement

80 to a new site, and subsequently forgo immigration into a new population (Guillette et al. 2009;
81 Rodríguez-Prieto et al. 2011). In comparison, fast explorers are more likely to foray away from
82 their natal site and encounter breeding vacancies due to the superficial nature of their movement.
83 Fast explorers not only show a greater tendency to disperse away from their natal populations,
84 but often travel longer distances when doing so. For example, Trinidad killfish *Rivulus hartii*, that
85 readily explored a novel environment, were shown to disperse longer distances in a mark-
86 recapture study (Fraser et al. 2001). Further, this association can be sex-specific, where the
87 strength, direction or presence of personality-dependent dispersal can vary relative to the costs of
88 dispersal in males and females (Gros et al. 2008; Immonen et al. 2018). This has been
89 demonstrated in two separate wild populations of great tits *Parus major*, where post-fledging
90 movements were greatest for fast exploring females but showed no relationship with exploration
91 in males (Dingemanse et al. 2003; van Overveld et al. 2014).

92

93 One element of personality-dependent dispersal that has been studied comparatively less but is
94 equally important for individual fitness and population dynamics, is the timing of natal dispersal.
95 Deciding to delay dispersal in favour of remaining at the natal site is an important as it not only
96 influences timing of reproduction, but is also associated with dispersal-related mortality risks
97 (Koenig et al. 1992; Cockburn 1998). In accordance with current literature, individuals who
98 possess risk-taking traits, such as exploration, are expected to favour immediate, rather than
99 delayed natal dispersal as they are less deterred by the potential costs associated with movement
100 to a new site (Cote et al. 2010). This has been demonstrated to a certain extent in captivity, where
101 more active round gobies *Neogobius melanostomous*, and exploratory male house mice *Mus*
102 *musculus musculus*, had shorter dispersal latency than risk-averse individuals (Krackow 2003;
103 Thorlacius et al. 2015). However, empirical evidence is limited, particularly in cooperatively
104 breeding systems where adults can delay natal dispersal (and breeding) in favor of helping to raise
105 young produced by other group members (Cockburn 1998). This is at least partly due to the
106 difficulty of monitoring the movement of individuals in open populations, as long-distance

107 dispersal can often not be distinguished from death (Tesson and Edelaar 2013). Further,
108 quantifying elements of dispersal can often be challenging in populations where natal and
109 breeding sites overlap imperfectly, or if there are no clear territorial or range boundaries (Spiegel
110 et al. 2017).

111

112 Here, we investigate whether individuals with differing exploratory personality traits
113 demonstrated varied natal dispersal strategies in a wild population of the facultatively
114 cooperatively-breeding Seychelles warbler *Acrocephalus sechellensis*, on Cousin Island. This
115 system provides an excellent opportunity to study personality-dependent dispersal for multiple
116 reasons. First, Seychelles warblers can adopt a variety of life-history strategies, including either
117 immediate or delayed natal dispersal following sexual maturity (Komdeur et al. 2016). Second,
118 they do not perform inter-island dispersal (Komdeur et al. 2004); virtually the whole population
119 is colour ringed and annual resighting rates are high (Brouwer et al. 2010; Hammers et al. 2015),
120 thus individuals that disappear can be accurately assumed to have died rather than dispersed long
121 distance (Koenig et al. 1996; Komdeur et al. 2004). Third, all birds are individually marked and
122 monitored from birth to death, meaning we can obtain high resolution data on age at dispersal, as
123 well as distance travelled – something that is hard to obtain in wild populations (Koenig et al.
124 1996). Fourth, alternative drivers of dispersal have been explored in Seychelles warblers, and so
125 can be accounted for in analyses, including sex (Eikenaar et al. 2008; Kingma et al. 2017;
126 Groenewoud et al. 2018), natal group size (Eikenaar et al. 2007), island-wide population
127 (Eikenaar et al. 2007; Eikenaar et al. 2009) and island-wide food availability (Groenewoud et al.
128 2018).

129

130 Cousin Island has reached carrying capacity (Komdeur et al. 2016), and competition for breeding
131 vacancies is high, thus we expect more exploratory Seychelles warblers to be more likely to
132 disperse from their natal territory, disperse at a younger age, and be more likely to travel longer
133 distances compared to their slow-exploring counter-parts. As male and female Seychelles

134 warblers adopt different life-history strategies, where females have the opportunity to reproduce
135 as subordinates, but males must first obtain a dominant breeding position (Komdeur 1994), we
136 also tested these hypotheses separately in each sex. Specifically, we predict that whilst the
137 covariance between exploration and natal dispersal strategies to be similar in both sexes, that
138 exploration will play a stronger functional role in males.

139

140 **Methods**

141 *Study system*

142 The Seychelles warbler is a facultatively cooperatively breeding passerine endemic to the
143 Seychelles archipelago (Richardson et al. 2002). On Cousin Island (0.29 km²; 4°20'S, 55°40'E),
144 this species has been studied since 1985, and have reached a carrying capacity of ca. 320
145 individuals across ca. 115 territories (Komdeur 1991; Komdeur and Pels 2005; Hammers et al.
146 2015)). In this population, offspring do not disperse before reaching sexual maturity at 6 months
147 of age (Komdeur 1996), and often remain on their natal territory as subordinates (ca. 50% of
148 territories support 1–5 subordinates: Richardson et al., 2002; Hammers et al., 2019). Subordinates
149 of either sex may become helpers under specific circumstances (approx. 20% of males and 42%
150 of females; Hammers *et al.*, 2019), who assist in caring for the dominant breeding pair's offspring
151 to differing extent (Komdeur 1991; Richardson et al. 2003b).

152

153 Each year during the minor (January–February) and major (June–September) breeding seasons,
154 we catch as many individuals as possible using mist nets. Individuals caught for the first time are
155 given a unique ring combination (a British Trust for Ornithology metal ring and 3 colour rings).
156 Since 1997, virtually all ($\geq 96\%$) individuals have been ringed (Hammers et al. 2015). Where
157 available, lay, hatch or fledge dates are used to age individuals (Richardson et al. 2003a).
158 Otherwise, eye colour at first capture indicates whether an individual is either a fledgling (grey
159 eyes; 1–5 months), subadult (light brown eyes; 6–12 months) or adults (dark brown eyes; >12
160 months) (Komdeur 1992). All birds are blood sampled using brachial venipuncture for molecular

161 sexing and parentage assignment (Richardson et al. 2001; Sparks et al. 2021) and their
162 morphometric measurements recorded (Richardson et al. 2001). During the breeding seasons,
163 island censuses are performed regularly (at least weekly for each territory) to determine each
164 individuals' resident territory and breeding status (mean \pm SD number of dominance vacancies
165 between consecutive major breeding seasons: males = 29.9 ± 7.2 , females = 29.8 ± 6.9 , see Figure
166 S1). Territories are usually stable between years and territory boundaries are identified based on
167 spacing behavior and conflicts with intruding conspecifics (Komdeur 1991). Migration to or from
168 the island is virtually absent ($<0.1\%$, $N = 1924$, Komdeur *et al.*, 2004) and re-sighting probabilities
169 between years are very high: 0.98 ± 0.01 SE for birds over two years of age and 0.92 ± 0.02 SE
170 for younger individuals (Brouwer et al. 2010). This means accurate hatch and death dates are
171 recorded, and death is not confounded with migration.

172

173 Previous work has identified multiple extrinsic drives that affect dispersal in the Seychelles
174 warbler. To account for them, we included in analyses the natal group size (Eikenaar et al. 2007),
175 the island-wide population size (Eikenaar et al. 2007; Eikenaar et al. 2009) and island-wide insect
176 abundance (Groenewoud et al. 2018), all from the individual's first year of life (excluding
177 individuals <6 months old in population and group size estimates). Seychelles warblers are
178 insectivorous and obtain most of their arthropod prey from gleaning the undersides of leaves
179 (Komdeur 1991). In each month of the major breeding season, we count the number of arthropods
180 on the underside of 50 leaves for the most abundant plant species in 14 locations (Komdeur 1992).
181 Vegetation cover is surveyed at 20 random locations within each territory once during the
182 breeding season, where the presence ($>50\%$ cover) or absence of vegetation was scored at height
183 intervals of 0–0.75 m, 0.75–2 m and nine 2 m intervals thereafter. A territory's insect density was
184 calculated as $\mu_{x=1}(c_x, i_x)$, where c_x is the relative cover for species x and i_x is the mean
185 arthropod abundance per unit leaf area for species x (Spurgin et al. 2018). As insect availability
186 fluctuates with inter-annual variation in precipitation (Komdeur and Daan 2005), and surveys are

187 conducted under varying weather conditions within a season, we calculated the mean number of
188 insects per unit leaf area over all surveys within a season.

189

190 *Personality assays*

191 We assayed two behaviors following methodology developed by Edwards et al., (2017) (based
192 on: Verbeek et al. 1994). Novel environment exploration was assayed during both major and
193 minor breeding seasons 2012–2015, 2019 and 2021, as well as the minor breeding season in 2020
194 and 2022. Novel object exploration assays were conducted during all of these seasons apart from
195 the major and minor seasons in 2012. In each assay an individual was introduced to a novel
196 environment (Oxygen 4 tent) containing three artificial trees, and the total number of hops, flights
197 and unique trees visited (hereafter, “exploration score”) were recorded over 5 minutes. After the
198 novel environment assay, individuals remained in the tent for 2 minutes before the novel object
199 assay (see acclimatization tests: Edwards et al. 2015; Edwards et al. 2017), where a pink toy was
200 introduced and exploration score recorded. Over the sampling period, tent colour (blue/green) and
201 branch orientation (diagonal/parallel) varied, and had a significant effect on exploration score
202 (Cox et al. 2022). Both novel environment and object exploration are repeatable (0.23, 95%
203 credible interval [CrI] = 0.08–0.36, and 0.37, 95% CrI = 0.04–0.59, respectively) and novel
204 environment exploration is heritable (0.17, 95% CrI = $3e-4$ –0.33; Edwards et al., 2017).

205

206 *Natal dispersal*

207 We focused on three aspects: whether an individual delayed dispersal (i.e. >12 months) (yes/no),
208 age at natal dispersal (months) and dispersal distance (meters). We define natal dispersal as an
209 individual departing their natal territory and occupying a dominant breeding position in a new
210 territory for at least one field season (Clobert et al. 2001). This excluded 36 individuals who
211 performed natal dispersal to a subordinate position and 21 individuals that inherited a dominant
212 breeding position in their natal territory, as both tactics are considered separate natal dispersal
213 strategies (Eikenaar et al. 2009). Dispersal date was estimated as the mid-point between when an

214 individual was last seen in their natal territory and first seen in their new territory (Groenewoud
215 et al., 2018). Age at dispersal was the number of months from hatch to departure date. Following
216 Eikenaar et al., (2007) we defined delayed dispersal as dispersal after 12 months old (Figure S2)
217 (mean \pm SD age at dispersal = 15.4 ± 7.9 months). Most birds (243/285) dispersed between
218 breeding seasons, so we used the midpoint between breeding seasons (mean \pm SD number of days
219 between fieldwork periods included in this study = 183 ± 77 days). As fieldwork did not occur
220 during summer 2021 due to Covid restrictions, this created an interval between winter 2021 and
221 winter 2022 of ca. 9 months, and so natal dispersal events that occurred during this period were
222 excluded to prevent error in interval calculations. Using ArcGIS 10.6 (ESRI 2021), we measured
223 dispersal distance in meters between the geometric centers of the natal and non-natal breeding
224 territory. Previous research has shown mean age at natal dispersal (\pm SE) to a dominant breeding
225 position of 1.34 ± 0.05 years for males and 1.23 ± 0.04 years for females (female vs. male: 0.10
226 ± 0.06 , $F = 2.59$, $p = 0.11$; Groenewoud et al. 2018). In comparison, mean dispersal distance (\pm
227 SE) was 109 ± 8.39 meters for males and 232 ± 8.99 meters for females (female vs. male: -1.21
228 ± 0.12 , $F = 103.2$, $p < 0.001$; Groenewoud et al. 2018)

229

230 *Statistical analyses*

231 We performed analyses using R v.4.0.2 (RStudio Team 2022) and the package MCMCglmm v
232 4.2.1 (Hadfield 2010). We ran all analyses using bivariate generalized linear mixed models in a
233 Bayesian framework, thus avoiding the “stats on stats” approach associated with using best linear
234 unbiased predictors (Houslay and Wilson 2017). Personality score (novel environment/object
235 exploration) was included as a response variable alongside a second response variable of either
236 delayed natal dispersal (yes/no), age at dispersal (months) or distance (meters). As sex mediates
237 personality-dependent dependent dispersal in other species (Dingemanse et al. 2003; Krackow
238 2003; van Overveld and Matthysen 2010), and sexual dimorphism in life-history strategies occurs
239 in this system (Komdeur et al. 2016), all models were run separately for males and females. As
240 fewer individuals were tested for novel object exploration ($N = 192$) compared to novel

241 environment exploration ($N = 285$; see Table S1–2), models were ran using novel environment
242 and object exploration separately. Poisson error distributions were fit for all response variables
243 apart from delayed natal dispersal (yes/no), which was fit using a threshold distribution (Figure
244 S3–4).

245

246 Methodological fixed effects previously shown to affect exploration score in this species were
247 fitted, including assay number (to control for habituation), and age (years) as both linear and
248 quadratic terms (Cox et al. 2022). Tent colour (blue/green) for novel environment exploration and
249 branch orientation (diagonal/parallel) for novel object exploration were also included as fixed
250 effects (Cox et al. 2022). Fixed effects known to influence warbler dispersal were fitted in all
251 models, including: natal group size (Eikenaar et al. 2007), natal island-wide population (where
252 individuals <6 months old were excluded for group size and island-wide population counts)
253 (Eikenaar et al. 2007; Eikenaar et al. 2009) and island-wide insect density during the major
254 breeding season (as explained earlier) (Groenewoud et al. 2018). All continuous fixed effects
255 were standardized by subtracting the mean and dividing by two standard deviations in arm v.1.13-
256 2. We also checked there was no collinearity between fixed effects by ensuring Variance Inflation
257 Factors (VIFs) were <3. Random effects included observer ID for exploration, dispersal year
258 (Table S3) for dispersal distance and bird ID for both exploration and all measures of dispersal.

259

260 Following Houslay & Wilson (2017), correlation coefficients were calculated at the between-
261 individual level (r_i) using the posterior mode and corresponding 95% credible intervals. In brief,
262 we divided the focal between-individual covariance by the square-root of focal between-
263 individual variance of both traits multiplied together (O’Dea et al. 2021). All models used an
264 uninformative Inverse-Wishart prior ($V = \text{diag}(n) + 0.002$, $\nu = n + 0.002$; where n is the number
265 of response variables) for both the residual and random effects structure. As multiple repeats were
266 obtained for exploration score, compared to the single values for the life-history traits, we used
267 ‘covu = TRUE’ in the primary residual structure specified in the prior to allow covariance between

268 the individual-level random effect for the exploratory trait and the residual variance of the life-
269 history trait (see supplementary material of Thomson et al., 2017). Posterior distributions were
270 sampled every 550 iterations, with a burn-in of 200,000 and a run of 4,200,000 iterations. We
271 visually checked time-series plots of model parameters and assessed multiple convergence
272 diagnostics, including autocorrelation (<0.1) values, effect sizes ($\geq 1,000$), Geweke tests and
273 Heidel diagnostics.

274

275 *Ethical statement*

276 All applicable international, national, and/or institutional guidelines for the care and use of
277 animals were followed. We received approval from Nature Seychelles to conduct fieldwork on
278 Cousin Island Nature Reserve. The Seychelles Department of Environment and the Seychelles
279 Bureau of Standards authorized fieldwork and sampling.

280

281 **Results**

282 Delayed natal dispersal was more common than early dispersal in both males ($N = 110$, 69%) and
283 females ($N = 74$, 59%) (Figure S2), with the mean (\pm SD) age at dispersal being 15.9 ± 8.2 months
284 for males and 14.9 ± 7.6 for females. The mean (\pm SD) distance travelled between the natal site
285 and site of first breeding was 126 ± 117.5 meters for males and 252.8 ± 158.3 meters for females.

286

287 We found males, but not females, with higher novel environment exploration scores were more
288 likely to delay natal dispersal (Figure 1, Tables S4). However, we found no association for either
289 sex between exploration and age at dispersal in months (Figure 1, Table S4). In contrast, females
290 that were more exploratory in a novel environment dispersed further, but this was not the case for
291 males (Figure 1, Table S4) (see Tables S5–7 for variance components of random effects for all
292 models).

293

294 Males tested for novel environment exploration were more likely to delay natal dispersal and
295 disperse at an older age when they experienced poor island-wide food availability during their
296 first year of life (Tables 1–2), as well as disperse at an older age if their natal group size was small
297 (Table 2). Females who spent their early-life in a larger natal group were also more likely to delay
298 natal dispersal and disperse at an older age (Tables 1–2). Whereas none of these estimates affected
299 dispersal distance (Table 3).

300

301 **Discussion**

302 In this study, we analyzed the association between novel environment exploration and novel
303 object exploration with natal dispersal separately in males and females. While all models
304 displayed a positive relationship between increased exploration and delayed natal dispersal, as
305 well as age at dispersal, only male novel environment exploration scores were a significant
306 predictor of delayed natal dispersal. Further, female, but not male, novel environment
307 exploration was positively associated with distance travelled between the natal and breeding
308 territory.

309

310 That delayed natal dispersal was positively correlated with male novel environment exploration
311 conflicts with the hypothesis that risk-averse individuals are deterred by the costs associated
312 with dispersal. In our population, less exploratory male Seychelles warblers were more likely to
313 depart from their natal territory as yearlings rather than delay departure. While the causality of
314 this relationship cannot be resolved based on correlational data alone, there are several possible
315 explanations for this apparently contradictory result. First, exploratory behavior may constrain
316 an individual's ability to disperse from their natal territory as a yearling. In Seychelles warblers,
317 dominant breeding pairs will often engage in fights when defending their territory against non-
318 resident conspecifics (Komdeur 1992; Kingma et al. 2016a) and prospecting individuals often
319 suffer costs to body condition (Kingma et al. 2017). If the superficial nature of exploratory
320 movement increases the likelihood of encountering conspecifics, then prospecting behavior may

321 be more costly for fast-exploring individuals. Such negative effects may be exacerbated in
322 males, which are more likely to be attacked by conspecifics when intruding into non-natal
323 territories (Kingma et al. 2017). Indeed, male Seychelles warbler floaters – individuals that
324 prolong the transience stage of dispersal – have lower levels of survival compared to dispersers
325 who obtain a dominant breeding position immediately following departure from their natal site.
326 In comparison, females suffer similar mortality regardless of whether they float or disperse
327 immediately (Kingma et al. 2016b; Kingma et al. 2017; Groenewoud et al. 2018). These sex-
328 specific costs suggest that exploratory movement could be disproportionately costly for males,
329 thus resulting in more exploratory individuals being more likely to delay natal dispersal.

330

331 Alternatively, exploratory behavior may provide a competitive advantage to individuals who
332 wish to access the benefits of philopatry (Stacey and Ligon 1991; Komdeur 1992). Across many
333 taxa, exploratory traits have been shown to covary with agonistic behaviors, such as aggression,
334 boldness and asociality, to form behavioral syndromes (Sih et al. 2004; Garamszegi et al. 2013).
335 In group-living species, aggressive individuals have been shown to drive away less aggressive
336 counter parts (Rudin and Briffa 2012; Kaiser et al. 2019). This was demonstrated in a study on
337 western mosquitofish *Gambusia affinis*, where individuals were more likely to disperse from
338 populations containing bolder or more asocial individuals (Cote et al. 2011). Personality of kin
339 can also affect other dimensions of dispersal, as shown in male Western bluebirds *Sialia*
340 *Mexicana*, where individuals with aggressive kin are more likely to disperse longer distances
341 (Aguillon and Duckworth 2015). If such behavioral syndromes and social dynamics exist within
342 our Seychelles warbler population, then less exploratory male subordinates may be encouraged
343 to depart earlier from their natal territory, allowing more exploratory males to gain the benefits
344 of residing in a smaller group.

345

346 Another competitive advantage of exploratory behavior may be related to an individual's ability
347 to 'pay-to-stay' in their natal territory (Gaston 1978). While it is usual for breeding pairs of

348 Seychelles warblers to rear offspring and contribute to territory defense, not all subordinates
349 will necessarily help with these activities (Komdeur and Edelaar 2001; Richardson et al. 2002;
350 Richardson et al. 2003b). It is possible that exploratory males may be better able to pay-to-stay
351 by helping the breeding pair, thus resulting in delayed dispersal. Whilst empirical studies
352 investigating behavioral syndromes between helping and exploration are limited, research on the
353 cooperatively breeding Lake Tanganyika cichlid fish *Neolamprologus pulcher*, showed that
354 risk-taking traits, such as high aggression and activity, co-varied with helping, particularly in
355 riskier roles such as territory defense (Bergmüller and Taborsky 2007; Le Vin et al. 2011).
356 Further, multiple avian studies have highlighted that fast explorers elicit stronger defensive
357 responses to a territorial threat (Amy et al. 2010; Snijders et al. 2014). Therefore, if exploratory
358 individuals display a greater propensity to help at their natal site, they may be of greater value to
359 the breeding pair and be allowed to stay. As male Seychelles warblers are less likely to help
360 than females (Richardson et al. 2002; Richardson et al. 2003b), as well as disproportionately
361 contribute to nest guarding as they do not assist with incubation (Komdeur and Kats 1999; Veen
362 et al. 2000), the pay-to-stay effect may be more pronounced in males, resulting in males
363 demonstrating a significant relationship between increased exploration and delayed natal
364 dispersal.

365

366 Females, but not males, with high novel environment exploration scores travelled longer
367 distances to their new territory compared to their less exploratory counterparts. This aligns with
368 current literature, which suggests exploratory individuals are less risk adverse (Groothuis and
369 Carere 2005), making them more likely to prospect over large ranges and identify breeding
370 vacancies further away from their natal site (Cote et al. 2010; Réale et al. 2010). The sex-
371 specific nature of this relationship has also been shown in great tits, where exploratory females,
372 but not males, dispersed longer distances (Dingemanse et al. 2003; van Overveld et al. 2014).
373 However, more studies are required to understand the mechanistic link driving sex-specific
374 covariation between personality and dispersal distance. In the Seychelles warbler, subordinate

375 females show higher rates of prospecting compared to subordinate males (Kingma et al. 2016a),
376 which could potentially facilitate dispersal of longer distances compared to males, and thus
377 increase the likelihood of a syndrome developing between exploration and dispersal distance.
378 Further research into the functional role of exploration on dispersal is required to fully
379 understand the sex-specific nature of personality-dependent natal dispersal in this system.

380

381 Interestingly, we found that while novel environment exploration scores covaried with natal
382 dispersal strategies, novel object exploration did not, despite the two traits forming a behavioral
383 syndrome in previous studies (Edwards et al. 2017; Cox et al. 2022). One explanation is that
384 each trait plays a distinct functional role, whereby exploration of a novel environment has
385 greater ecological relevance to territory prospecting behavior in the wild and therefore more
386 likely to be linked with dispersal strategies (Carter et al. 2012; Takola et al. 2021). However,
387 whilst not significant, the direction of the relationships between novel object exploration and
388 dispersal tactics paralleled those shown for novel environment exploration. Therefore, it is
389 possible that as relatively less individuals were tested for novel object exploration, the absence
390 of a significant relationship may have resulted from a lack of power to detect an effect.

391

392 *Summary*

393 In summary, we have shown exploratory traits affect natal dispersal strategies in the Seychelles
394 warbler in a sex-specific manner. Contrary to our prediction, males, but not females, with high
395 novel environment exploration scores were more likely to delay natal dispersal to a dominant
396 position, which suggests individuals with riskier traits do not always adopt fast life-history
397 strategies. We also show that fast exploring females, but not males, are likely to disperse longer
398 distances. The mixed nature of our results suggests the functional role of exploratory traits on
399 natal dispersal can be sex-specific, where the strength, direction and presence of an association
400 vary depending on ecological context of the study system. Future studies should continue

401 explore the effect of animal personalities on delayed natal dispersal, whilst being careful to
402 consider the importance of species- and sex-specific ecology prior to making predictions.

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Figure legends

Figure 1. Correlation estimates between either **a)** novel environment exploration ($N=160$ and 125 males and females, respectively) or **b)** novel object exploration ($N=112$ and 80 males and females, respectively) and either delayed natal dispersal (yes/no), age at natal dispersal (months) or dispersal distance (meters) in the Seychelles warbler. Correlations were estimated as the mode of the posterior distribution with 95% higher probability density credible intervals (CrIs) from bivariate Bayesian mixed-effects models. Lack of statistical significance indicated by 95% CrIs overlapping zero.

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670 **Tables and table legends**

671 **Table 1.** Bivariate MCMC model results investigating the covariation between either novel environment exploration or novel object exploration and delayed
672 natal dispersal (yes/no) as response variables in the Seychelles warbler. Reported are the posterior modes and their 95% credible intervals of all fixed effects
673 in the model. Fixed effects for exploration include: age at exploration test (years) (quadratic and linear terms), assay number, and tent colour (contrast
674 level=blue) for novel environment exploration, or branch orientation (contrast level=parallel) for novel object exploration. For delayed natal dispersal, fixed
675 effects include natal group size, island-wide population during hatch field period and island-wide food availability during hatch field period. Statistical
676 significance of fixed effects is indicated by 95% credible intervals not overlapping zero and these are denoted in bold.

	(a) Novel environment exploration		(b) Novel object exploration	
	Male	Female	Male	Female
Exploration : Age	1.693 [0.676, 2.676]	1.903 [0.616, 3.191]	0.699 [-0.641, 1.991]	5.007 [2.422, 7.500]
Exploration : Age ²	-1.001 [-1.88, -0.087]	-1.199 [-2.298, -0.082]	-0.106 [-1.207, 1.046]	-3.751 [-6.003, -1.656]
Exploration : Assay number	0.296 [0.147, 0.453]	0.720 [0.491, 0.970]	0.597 [0.219, 1.007]	0.859 [0.308, 1.387]
Exploration : Tent colour (green)	-0.405 [-0.786, -0.018]	-0.222 [-0.699, 0.277]		
Exploration : Branch orientation (parallel)			-0.351 [-0.867, 0.134]	-0.262 [-0.973, 0.470]
Delayed dispersal : Natal group size	0.694 [-0.155, 1.490]	2.186 [1.095, 3.225]	0.829 [-0.082, 1.781]	1.594 [0.448, 2.778]
Delayed dispersal : Island-wide population	-2.308 [-5.656, 0.834]	-0.272 [-3.861, 3.463]	-2.296 [-4.976, 0.390]	0.076 [-3.290, 3.230]
Delayed dispersal : Island-wide food	-0.698 [-1.323, -0.099]	0.695 [-0.078, 1.454]	-0.471 [-1.065, 0.154]	0.402 [-0.388, 1.196]

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Table 2. Bivariate MCMC model results investigating the covariation between either novel environment exploration or novel object exploration and age at dispersal (months) as response variables in the Seychelles warbler. Reported are the posterior modes and their 95% credible intervals of all fixed effects in the model. Fixed effects for exploration include: age at exploration test (years) (quadratic and linear terms), assay number, and tent colour (contrast level=blue) for novel environment exploration, or branch orientation (contrast level=parallel) for novel object exploration. For age at dispersal, fixed effects include natal group size, island-wide population during hatch field period and island-wide food availability during hatch field period. Statistical significance of fixed effects is indicated by 95% credible intervals not overlapping zero and these are denoted in bold.

	(a) Novel environment exploration		(b) Novel object exploration	
	Male	Female	Male	Female
Exploration : Age	1.706 [0.703, 2.694]	1.927 [0.672, 3.272]	0.748 [-0.541, 2.080]	5.271 [2.823, 7.934]
Exploration : Age ²	-1.035 [-1.913, -0.140]	-1.218 [-2.286, -0.061]	-0.155 [-1.260, 0.963]	-3.980 [-6.196, -1.848]
Exploration : Assay number	0.306 [0.150, 0.467]	0.718 [0.460, 0.944]	0.590 [0.203, 0.979]	0.846 [0.298, 1.380]
Exploration : Tent colour (green)	-1.035 [-1.913, -0.032]	-0.229 [-0.719, 0.253]		
Exploration : Branch orientation (parallel)			-0.350 [-0.866, 0.143]	-0.300 [-1.019, 0.424]
Age at dispersal : Natal group size	0.357 [0.071, 0.638]	0.766 [0.461, 1.060]	0.337 [-0.009, 0.669]	0.811 [0.375, 1.208]
Age at dispersal : Island-wide population	-0.123 [-0.936, 0.796]	0.550 [-0.429, 1.559]	-0.193 [-1.114, 0.750]	0.644 [-0.606, 1.775]
Age at dispersal : Island-wide food	-0.212 [-0.395, -0.028]	0.072 [-0.137, 0.277]	-0.119 [-0.351, 0.092]	0.033 [-0.253, 0.314]

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Table 3. Bivariate MCMC model results investigating the covariation between either novel environment exploration or novel object exploration and dispersal distance (metres) as response variables in the Seychelles warbler. Reported are the posterior modes and their 95% credible intervals of all fixed effects in the model. Fixed effects for exploration include: age at exploration test (years) (quadratic and linear terms), assay number, and tent colour (contrast level=blue) for novel environment exploration, or branch orientation (contrast level=parallel) for novel object exploration. For dispersal distance, fixed effects include natal group size, island-wide population during hatch field period and island-wide food availability during hatch field period. Statistical significance of fixed effects is indicated by 95% credible intervals not overlapping zero and these are denoted in bold.

	(a) Novel environment exploration		(b) Novel object exploration	
	Male	Female	Male	Female
Exploration : Age	1.736 [0.674, 2.695]	1.975 [0.664, 3.258]	0.812 [-0.490, 2.030]	4.901 [2.436, 7.352]
Exploration : Age ²	-1.021 [-1.907, -0.122]	-1.258 [-2.328, -0.108]	-0.227 [-1.324, 0.857]	-3.623 [-5.682, -1.578]
Exploration : Assay number	0.299 [0.148, 0.455]	0.710 [0.471, 0.958]	0.554 [0.175, 0.934]	0.847 [0.279, 1.385]
Exploration : Tent colour (green)	-0.373 [-0.771, 0.009]	-0.280 [-0.791, 0.190]		
Dispersal distance : Branch orientation (parallel)			-0.387 [-0.913, 0.081]	-0.198 [-0.943, 0.533]
Dispersal distance : Natal group size	-0.029 [-0.468, 0.442]	-0.275 [-0.838, 0.233]	0.213 [-0.294, 0.745]	-0.520 [-1.269, 0.169]
Dispersal distance : Island-wide population	-0.910 [-2.669, 0.752]	-0.160 [-2.327, 1.998]	-0.971 [-2.869, 0.858]	-0.435 [-2.828, 1.983]
Dispersal distance: Island-wide food	0.0628 [-0.308, 0.388]	-0.209 [-0.603, 0.165]	0.014 [-0.394, 0.419]	-0.213 [-0.707, 0.263]

720 **Figures**

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