

How do monomorphic bacteria evolve? The *Mycobacterium tuberculosis* complex and the awkward population genetics of extreme clonality

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Abstract

Exchange of genetic material through sexual reproduction or horizontal gene transfer is ubiquitous in nature. Among the few outliers that rarely recombine and mainly evolve by *de novo* mutation are a group of deadly bacterial pathogens, including the causative agents of leprosy, plague, typhoid, and tuberculosis. The interplay of evolutionary processes is poorly understood in these organisms. Population genetic methods allowing to infer mutation, recombination, genetic drift, and natural selection make strong assumptions that are difficult to reconcile with clonal reproduction and fully linked genomes consisting mainly of coding regions. In this review, we highlight the challenges of extreme clonality by discussing population genetic inference with the *Mycobacterium tuberculosis* complex, a group of closely related obligate bacterial pathogens of mammals. We show how uncertainties underlying quantitative models and verbal arguments affect previous conclusions about the way these organisms evolve. A question mark remains behind various quantities of applied and theoretical interest, including mutation rates, the interpretation of nonsynonymous polymorphisms, or the role of genetic bottlenecks. Looking ahead, we discuss how new tools for evolutionary simulations, going beyond the traditional Wright-Fisher framework, promise a more rigorous treatment of basic evolutionary processes in clonal bacteria.

INTRODUCTION

Mutation, recombination, genetic drift, and natural selection are the basic evolutionary processes that drive the evolution of life. It is the aim and "great obsession" of population genetics to infer these processes from patterns of genetic variation observed in nature (Gillespie, 2004). Since the Modern Synthesis of evolutionary biology in the 1930s, a variety of mathematical models have been developed for this purpose, which today are in wide use in the analysis of genome sequencing data (Templeton, 2021).

A problem in the application of population genetic models to empirical data is that modeling assumptions can be a far cry from the biology and life history of real organisms. Archaea and bacteria reproduce clonally through binary fission, frequently undergo horizontal gene transfer (HGT), and have genomes consisting mainly of coding regions. These characteristics are difficult to reconcile with models that are tailored to animals and plants (Woese and Goldenfeld, 2009) and commonly assume random mating, linkage equilibrium, and neutrality (Maynard Smith, 1995; Rocha, 2018). As a consequence, outside the laboratory, studies of bacterial population genetics have either remained descriptive, with much effort going into understanding the extent and effects of HGT (e.g. Denamur et al., 2021); or have resorted to models whose applicability remains an open question (discussed by Johri et al., 2022).

39 While the opportunistic, hardly predictable process of HGT has been highlighted as the most
40 problematic breach of assumptions (Maynard Smith, 1995), a different, less frequently discussed
41 challenge arises from the opposite extreme of the recombination spectrum: strictly clonal evolution,
42 or the absence of any gene flow. HGT is not a general characteristic of bacteria (Hanage, 2016).
43 Some bacteria are "monomorphic", that is, characterized by low levels of sequence diversity and an
44 apparent absence of genetic exchange (Achtman, 2008). The causative agents of several devastating
45 bacterial diseases of humans and animals belong to this group, including *Bacillus anthracis* (anthrax),
46 *Salmonella enterica* serotype typhi (typhoid), *Yersinia pestis* (plague), *Mycobacterium leprae* (leprosy),
47 and the members of the *Mycobacterium tuberculosis* complex (tuberculosis). Our understanding
48 of the evolution of these bacteria is hampered not only by the low information content in their
49 genomes, but also because there is little theoretical and conceptual work on population genetic
50 inference under extreme clonality.

51 Here we highlight the obligate pathogens of the *Mycobacterium tuberculosis* complex (MTBC)
52 as a model to study clonal evolution. The MTBC comprises a group of closely related obligate
53 pathogens that cause tuberculosis (TB) in humans and a range of wild and domestic animals
54 (Figure 1). Human TB mainly affects the global poor and has killed more than 1.6 million people in
55 2021 (World Health Organization, 2022). The evolution of antibiotic resistance is a main challenge
56 and focus of research in TB. The genomes of thousands of MTBC strains from around the world
57 have been sequenced, mainly to study epidemiological dynamics and drug resistance evolution,
58 but also to infer the origin and biogeographic history of the species (Gagneux, 2018).

59 Members of the MTBC are among the more diverse of the predominantly clonal bacteria
60 (Achtman, 2012), even though individual strains differ only by a maximum of ca. 2,400 SNPs
61 across the 4.4 Mb genome (Figure 2a). At the molecular level, the MTBC is further characterized
62 by a high GC content, a high proportion of nonsynonymous polymorphisms, and a low proportion
63 of homoplastic mutations (Figure 2b-d). Different hypotheses have been put forward to explain
64 these patterns and, more generally, what drives the evolution of the MTBC. Besides lack of HGT,
65 prominent and conflicting propositions are that the dominant process in the evolution of the MTBC
66 is genetic drift (Hershberg et al., 2008) or purifying selection (Namouchi et al., 2012; Pepperell
67 et al., 2013).

68 In this review, we discuss these and other hypotheses about the basic processes driving the
69 evolution of the MTBC. Given the unclear applicability of population genetics to highly clonal
70 organisms, particular attention is paid to models, their assumptions, and the traits of the MTBC
71 that might conflict with the latter. Evolutionary simulations are discussed as a way to achieve
72 a more quantitative treatment of frequently invoked processes such as purifying selection or
73 periodic bottlenecks.

74 MUTATION

75 While in some bacteria new variants are more likely to be generated by HGT than by mutation
76 (Vos and Didelot, 2009), under extreme clonality *de novo* mutations are the main source of genetic
77 diversity and adaptation. The speed and direction in which a clonal prokaryote evolves is thus
78 determined by the rate and spectrum of new mutations and by their effect on fitness. Numerous
79 studies have investigated mutagenesis in the MTBC (reviewed by Mcgrath et al., 2014). As
80 discussed below, in addition to methodological issues in estimating mutation rates, the life history
81 of the bacteria, which can include extended periods of dormancy, poses a main challenge in
82 understanding the rate at which variation originates *in vivo*.

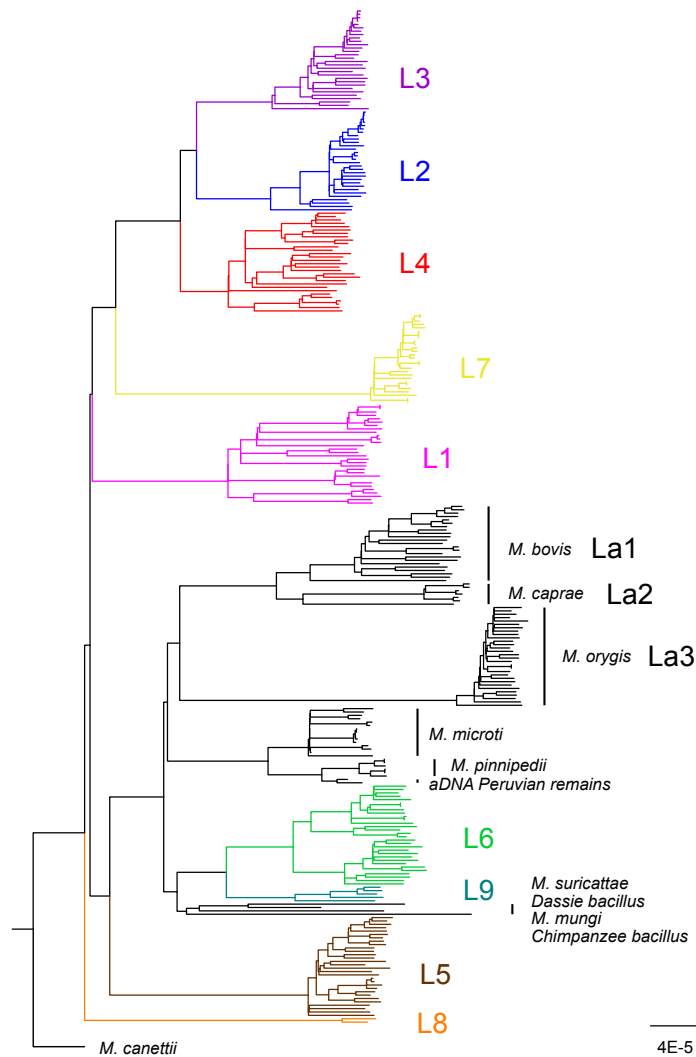


Figure 1: Rooted maximum likelihood phylogeny of the MTBC estimated from genome-wide SNPs (tree adapted from Zwyer et al. (2021), for better readability large lineages were downsampled to max. 30 strains). *M. canettii* is the outgroup, human-adapted lineages (L1 to L9) are shown in colors, animal-adapted lineages in black. Species names represent the historically grown nomenclature, lineage names are a more recent classification based on genomic data. Lineages 1 to 4 and 7 are also referred to as *M. tuberculosis sensu stricto*, lineages 5 and 6 as *M. africanum*. Bootstrap supports for the lineages are above 0.95 and are not displayed in the figure.

83 In the MTBC literature, as elsewhere, the mutation rate is sometimes confounded with the
 84 molecular clock rate. While the former refers to the rate at which mutations *originate* in the
 85 genome, the latter stands for an allegedly constant rate at which mutations accumulate through
 86 time (Ho et al., 2011). Both rates are subsumed in the more general concept of evolutionary
 87 rates. As discussed below, the power law that describes the slowing of evolutionary rates as one
 88 considers longer timescales is not as clear in the MTBC as in other bacteria: *in vitro* mutation rate

89 estimates can be similar to clock rate estimates from datasets including ancient DNA. How far
90 methodological biases or evolutionary processes underlay this surprising finding remains to be
91 understood.

92 Plasticity of mutation rates and generation times

93 Fluctuation assays suggest that point mutations in the MTBC appear at a rate of about 2.1×10^{-10}
94 mutations per site per generation and at a similar rate during active disease in macaques if a
95 generation time of 20 h is assumed (Ford et al., 2011, Figure 3). A later study, using the same
96 fluctuation assay, found *in vitro* rates of 6.01×10^{-10} in a lineage 4 and 2.16×10^{-9} in a lineage
97 2 strain, suggesting somewhat faster and variable mutation rates within the MTBC (Ford et al.,
98 2013). Comparatively fast rates were also proposed in two additional experimental evolution
99 studies. After serial passaging of a MTBC strain through macrophage-like THP1 cells for 80
100 generations, Guerrini et al. (2016) inferred a rate of 5.7×10^{-9} per bp per generation. Copin et al.
101 (2016), passaging bacteria in mice and assuming a generation time of 20 h, estimated a mutation
102 rate of 3.8×10^{-9} in wild type mice and of 7.7×10^{-10} in T cell-deficient mice, suggesting that the
103 presence of T cells leads to elevated mutation rates.

104 Overall, per-generation mutation rates estimated for the MTBC are well within the range of
105 those in other bacteria, which typically are in the order 10^{-10} (reviewed by Katju and Bergthorsson,
106 2019). When trying to scale mutation rates to calendar time, however, complications due to the
107 complex life history of these bacteria become apparent. The bacteria of the MTBC have long
108 generation times ranging from 18 h in nutrient rich medium to potentially much longer time-spans
109 *in vivo* (Colangeli et al., 2020). Scaled to clock time, mutation rates are thus indeed low in the
110 MTBC compared to other bacteria, at least in the laboratory (Gibson et al., 2018).

111 In contrast to pathogens employing a "hit and run" strategy, bacteria of the MTBC can enter a
112 state of reduced activity and persist for years in latent infections (Dutta and Karakousis, 2014). It is
113 unclear whether latency and longer generation times imply a reduced mutation rate, as expected
114 if mutation is driven by replication, or not, as expected if environmental stress drives mutation
115 (Weller and Wu, 2015). Ford et al. (2011), in their experimental infection of macaques, found
116 similar rates in latent and active disease (Figure 3), supporting stress-induced mutagenesis. A
117 more complex, two-phased scenario was suggested by Colangeli et al. (2020), who investigated 24
118 paired TB cases with latently infected household contacts: mutation rates remained high up to
119 two years, but then decreased with longer latency as the bacteria entered a quiescent state with
120 longer generation times (Figure 3).

121 In summary, mutation rates estimated for the MTBC should be interpreted with some caution.
122 Generation times are only known with confidence *in vitro*. At the same time, fluctuation assays
123 reflect the mutation rate of a single gene (*rpoB*, the main drug resistance target of rifampicin)
124 that might not be representative for the whole genome (Katju and Bergthorsson, 2019); and in
125 the absence of stress, which *in vivo* might alter both the rate and the spectrum of new mutations
126 (Fitzgerald and Rosenberg, 2019).

127 The time (in)dependence of evolutionary rates in the MTBC

128 Molecular dating has led to a re-evaluation of the origin and history of the MTBC, as for many
129 other organisms. Earlier studies, assuming a synonymous mutation rate or a co-diversification of
130 humans and the MTBC, located the most recent common ancestor of the existing lineages in Africa

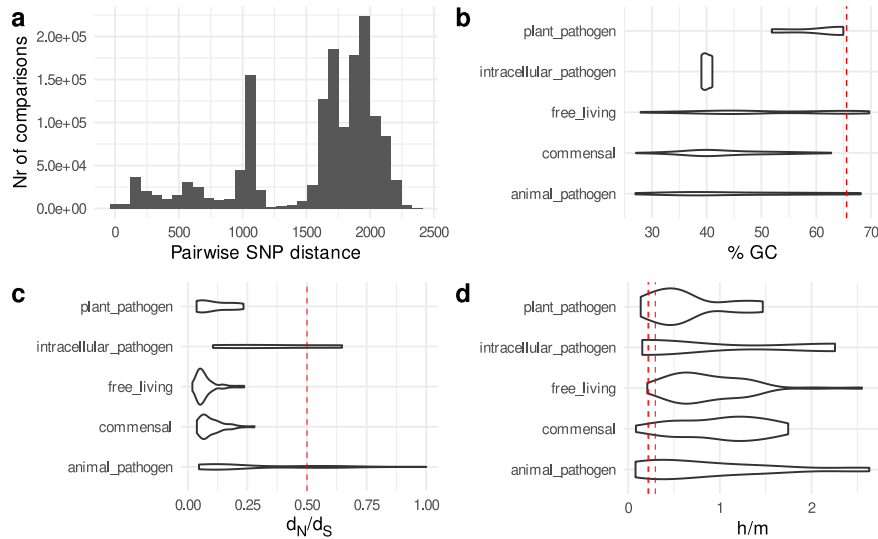


Figure 2: Genetic diversity and molecular characteristics of the MTBC. *a*) Pairwise genetic differences between the strains shown in Figure 1, based on single nucleotide polymorphisms from Zwyer et al. (2021). *b*) to *d*) show molecular characteristics of the MTBC compared to 150 other bacterial species with diverse lifestyles (data from Bobay and Ochman, 2018). Red lines show the values for the bacteria of the MTBC (*M. tuberculosis sensu stricto*, *M. bovis*, and *M. africanum*). *b*) GC content, *c*) d_N/d_S , the genome-wide ratio of nonsynonymous to synonymous polymorphisms, *d*) the ratio of homoplasic to non-homoplasic mutations, a proxy for recombination.

131 and suggested a scenario according to which humans and the MTBC have co-diversified across the
 132 globe (Comas et al., 2013; Kapur et al., 1994). Recent estimates, making use of tip dating, ancient
 133 DNA (aDNA) samples, and Bayesian phylogenetics, propose a more recent common ancestor in
 134 the Neolithic ca. 6,000 years ago (Bos et al., 2014; Kay et al., 2015; Sabin et al., 2020).

135 One caveat regarding these estimates is the poorly understood variability of evolutionary
 136 rates in the MTBC through time. For mitochondrial DNA, viruses, and bacteria, evolutionary
 137 rates usually appear faster when estimated from recent polymorphisms (Ho et al., 2011). For
 138 bacteria, Duchêne et al. (2016) found a clear negative association, described by an exponential
 139 decay curve, between clock rates and sampling time spans in 16 bacterial species, with an order
 140 of magnitude difference between a 10 year and a 100 year sampling period. The delayed effect of
 141 purifying selection is the most prominent explanation for this time dependence of evolutionary
 142 rates, although methodological biases might also contribute (Emerson and Hickerson, 2015; Ho
 143 et al., 2015). Time dependence can have a large effect on molecular dating: Membrebe et al. (2019)
 144 showed that accounting for purifying selection by using relaxed clock or epoch models can shift
 145 divergence times one order of magnitude back in time. Could this explain the surprisingly recent
 146 time to the most recent common ancestor (MRCA) estimated by the aDNA studies?

147 In the study of Duchêne et al. (2016), the MTBC does not follow the general pattern of time
 148 dependence: almost identical rates were obtained from samples spanning 15 and 895 years. Similarly,
 149 Menardo et al. (2019) found only marginally lower rates when calibrating the clock with three
 150 samples of ancient DNA from Precolumbian human remains and an extensive MTBC dataset
 151 covering a sampling period of 30 years. An overview of evolutionary rates estimated for the MTBC

152 illustrates the large variability and uncertainty of rate estimates, but also suggest an overall trend
153 of time dependence (Figure 3). As Menardo et al. (2019) showed in their extensive study of the
154 molecular clock in the MTBC, clock rates vary substantially among lineages and clades of the
155 MTBC and have large confidence intervals. Lineage 1, for instance, seems to have evolved faster
156 than other lineages, and indeed faster than the L4 strain in the fluctuation assay of Ford et al.
157 (2011). On the slow end of the spectrum is the long-term clock rate estimated by Sabin et al. (2020),
158 for which all six aDNA samples available so far were included (1.4×10^{-8} , 95% HPD 9.46×10^{-9} ,
159 1.96×10^{-8}).

160 The low diversity of the MTBC certainly contributes to the large variability and uncertainty
161 in clock rate estimates. SNPs are not only few in the MTBC, but also to a large proportion
162 singletons (Chiner-Oms et al., 2019; O'Neill et al., 2015) and thus not informative about tree
163 topology. In a Bayesian setting, prior-posterior comparisons are therefore crucial to determine
164 whether the data is informative when applying parameter-rich models such as relaxed clocks.
165 This does not only apply to the clock but also to the tree model, which also biases clock rate
166 estimates in data-limited scenarios (Menardo et al., 2021a; Möller et al., 2018). To our knowledge,
167 prior-posterior comparisons have not been published in aDNA dating studies so far, and the
168 limitations inherent to low-diversity MTBC genomes remain unclear.

169 Why are MTBC genomes so GC-rich?

170 In bacteria, newly arising mutations are biased towards adenines and thymines (Hershberg and
171 Petrov, 2010; Hildebrand et al., 2010). If mutation bias and genetic drift alone would determine
172 the nucleotide landscape (mutation-drift equilibrium), the expected GC content in the MTBC
173 would be 41.5% (Hershberg and Petrov, 2010). MTBC genomes, however, consist to 65.6% of
174 guanines and cytosines (Figure 2b; Cole et al., 1998), with values of 80% at synonymous and
175 60% at nonsynonymous sites. Such a discrepancy between observed and expected GC content is
176 observed in many prokaryotes, whose genomes vary hugely in GC content (Figure 2b). It implies
177 that an unknown process, unaccounted for in standard models of molecular evolution, affects the
178 segregation of polymorphisms through time (Rocha and Feil, 2010).

179 Several large-scale comparative studies have attempted to find a general explanation for
180 the discordance between expected and observed GC content in prokaryotes. One prominent
181 hypothesis is that nucleotide composition reflects adaptation to environmental conditions, for
182 example through selection for thermal stability of DNA (e.g. Reichenberger et al., 2015). An
183 intriguing twist to this idea was recently added by Weissman et al. (2019), who described a
184 correlation between GC content, environmental variables, and the presence of *Ku*, the key gene in
185 the non-homologous end-joining (NHEJ) pathway for DNA break repair. The authors propose
186 that high GC content could be beneficial in bacteria suffering stress-induced double strand breaks
187 in periods of slow or no growth, when NHEJ is required for repair because only a single copy of
188 the genome is present. This is an interesting scenario for the MTBC, where long periods of latency
189 can occur (see above) and the *Ku* gene is present.

190 An alternative explanation for GC bias that does not imply a selective advantage is GC-biased
191 gene conversion (gBGC). This process occurs during homologous recombination when mismatches
192 in heteroduplex DNA are preferentially resolved into guanines and cytosines (reviewed by Duret
193 and Galtier, 2009). The gBGC hypothesis predicts that GC content is higher in regions with high
194 recombination rates, which is observed in mammalian genomes. In bacteria, the role of gBGC is
195 contested. Whether comparative studies find associations between GC content and recombination

196 depends on the method used to infer recombination, and exceptions to general trends are common
197 (Bobay and Ochman, 2017; Lassalle et al., 2015).

198 With its numerous genome sequences that can be placed in a robust phylogenetic framework,
199 the MTBC provides an opportunity to study the evolution of base composition in detail and thus
200 to complement broad comparative studies. A hypothesis to test is that the MTBC is evolving from
201 the generally GC-rich state of mycobacteria (58 to 70%, *Mycobacterium* sp. genomes on NCBI) to
202 a more AT-rich state characteristic of obligate pathogens (Rocha and Danchin, 2002, Figure 2b),
203 including *Mycobacterium leprae* (58%).

204 RECOMBINATION

205 How "strict" is clonality in the MTBC? In the past, bacteria were classified as "clonal" or "monomor-
206 phic" based on a handful of housekeeping genes (Maynard Smith et al., 1993; Selander et al., 1987).
207 With the full resolution of whole genome sequences, this classification needs to be reassessed.
208 As discussed in the following, experimental and observational evidence agree that the MTBC is
209 predominantly clonal, and that few to no new genes have found their way into the MTBC since
210 the most recent common ancestor of the currently existing lineages. In contrast to interstrain
211 recombination, intrachromosomal recombination is common and increasingly recognized as an
212 important source of genetic variation.

213 Experimental evidence: genetic factors versus lack of opportunity

214 Most of the knowledge about the molecular mechanisms of HGT in mycobacteria stems from
215 research with *Mycobacterium smegmatis*, a fast-growing, non-pathogenic mycobacterium more easily
216 amenable to cultivation and genetic engineering than the bacteria of the MTBC. Mycobacteria lack
217 the traditional components of HGT, possibly because transfer through the complex cell envelopes
218 of these diderm bacteria requires other mechanisms (Madacki et al., 2021). Investigations of gene
219 transfer in *M. smegmatis* have led to the description of a previously unknown form of bacterial
220 conjugation: distributive conjugal transfer (DCT, reviewed by Gray and Derbyshire, 2018).

221 Of particular interest regarding the evolution of the MTBC is the observation of DCT in the
222 closely related *Mycobacterium canettii*. *M. canettii* shares an average nucleotide identity of 97.5%
223 with the MTBC, yet is strikingly more diverse: a handful of *M. canettii* strains from eastern Africa
224 harbor more genetic diversity than the whole MTBC (Supply et al., 2013). Mating assays have
225 shown that DCT occurs in *M. canettii*, while no DCT was observed between three MTBC strains
226 (Boritsch et al., 2016). The same assays combining *M. canettii* and MTBC strains revealed that the
227 latter can act as donors but not as receivers of DNA during DCT, as pieces of MTBC DNA were
228 integrated into *M. canettii* genomes but not vice versa (Madacki et al., 2021). In *M. smegmatis*,
229 polymorphisms in the *esxI* secretion locus underlay self identity and conjugal compatibility
230 (Clark et al., 2022). In *M. canettii* and the MTBC, the molecular mechanisms underlying conjugal
231 compatibility do not depend on *esxI* and remain to be elucidated (Madacki et al., 2021).

232 Lack of opportunity has been proposed to explain why intracellular pathogens such as the
233 MTBC do not seem to recombine (Casadevall, 2008; Chiner-Oms et al., 2019). Against this scenario,
234 it can be argued that there is more opportunity to recombine than the label "intracellular pathogen"
235 might suggest. The bacteria of the MTBC are not confined to intracellular environments, but
236 are also present in large extracellular populations after the induction of necrosis (Orme, 2014).
237 Furthermore, mixed infections do occur (Moreno-Molina et al., 2021; Tarashi et al., 2017), such

238 that diverged strains might find themselves in close proximity. Rather than a mere side effect, as
239 implied in the lack of opportunity hypothesis, absence of HGT could be an evolutionary strategy
240 with a genetic basis. The predominance of clonality in a wide range of pathogenic organisms
241 could indicate that clonality is adaptive by preventing the breakup of favorable allele combinations
242 (Tibayrenc and Ayala, 2017). Further investigation into the genetic and environmental determinants
243 of extreme clonality would be worthwhile, and the *M. canettii*-MTBC system provides a great
244 opportunity to elucidate the poorly understood evolutionary transition to extreme clonality
245 characteristic of many obligate pathogens.

246 Recombination between closely related strains: how strict is clonality?

247 Genome sequences from diverse MTBC strains are an important complement to experimental
248 data, which leave open the question how far the observed outcome depends on the specific
249 conditions and strains used in the laboratory. Various studies have investigated the extent of HGT
250 in natural strains of the MTBC, motivated by the observation how HGT accelerates resistance
251 evolution in other bacterial pathogens (Davies and Davis, 2010). Some have suggested that
252 interstrain recombination does occur. Liu et al. (2006) found that mutation alone cannot explain
253 the observed haplotype diversity, and identified a mosaic region in front of a *PPE* gene suggesting
254 a recombination hotspot. They also point out the possibility that the pattern may have arisen
255 through recombination between homologous sequences in the same genome. Namouchi et al.
256 (2012) investigated 24 sequenced MTBC genomes and reported that "four different approaches
257 showed evident signs of recombination in *M. tuberculosis*", with recombination typically involving
258 small tracts of around 50 bp. On the other hand, the most extensive investigation to date, using
259 different methods on genome-wide SNPs in 1,591 diverse strains, found "no measurable ongoing
260 recombination among the MTBC strains" (Chiner-Oms et al., 2019).

261 Generalizing from these studies is difficult due to the diversity of datasets and methods
262 used. It has been suggested that the signs of recombination described by Namouchi et al.
263 are mainly artefacts as they are overrepresented in regions difficult to align or assemble, in
264 particular repetitive and low-complexity regions in insertion sequences and the expanded *PE/PPE*
265 gene families (Godfroid et al., 2018). Alternatively, signs of recombination can arise from gene
266 conversion during intrachromosomal recombination, to which these repetitive sequences are prone
267 (Liu et al., 2006). Gene conversion is the non-reciprocal transfer of DNA from one homologous
268 sequence to another, which in the MTBC might account for recombination signatures in *ESX*, *PE*,
269 *PPE*, *PE/PGRS* gene families (Karboul et al., 2008; Phelan et al., 2016; Uplekar et al., 2011).

270 Intrachromosomal recombination can also have more dramatic outcomes. More and more
271 structural variants are described in MTBC genomes, ranging from insertion sequence (McEvoy
272 et al., 2007) and gene copy number polymorphisms (Fishbein et al., 2015) to massive inversions
273 (Merrikh and Merrikh, 2018) and tandem duplications (Wang et al., 2022). This is a vast topic
274 deserving a dedicated review. It is brought up here to emphasize that recombination is an
275 umbrella term for diverse processes of inter- and intrachromosomal exchange; and that clonality
276 does therefore not imply absence of recombination, strictly speaking, but only of HGT. In the near
277 future, long-read sequencing should allow more extensive studies of the repetitive "dark matter"
278 in the MTBC genome and how it generates genetic variation intrachromosomally.

279 A basic limitation of methods to infer recombination is that they cannot distinguish *de novo*
280 mutations from allelic recombination between closely related individuals, which might involve the
281 exchange of a single nucleotide (Martin et al., 2011). Allelic recombination does not introduce new

282 genes, but it can affect the nucleotide landscape through recombination-associated processes like
 283 biased gene conversion (Duret and Galtier, 2009) or increased mutation rates around strand breaks
 284 (Fitzgerald and Rosenberg, 2019). While HGT between close relatives would be less restricted by
 285 opportunity, genetic incompatibilities might prevent gene transfer between close relatives, as in *M.*
 286 *smegmatis* (Clark et al., 2022).

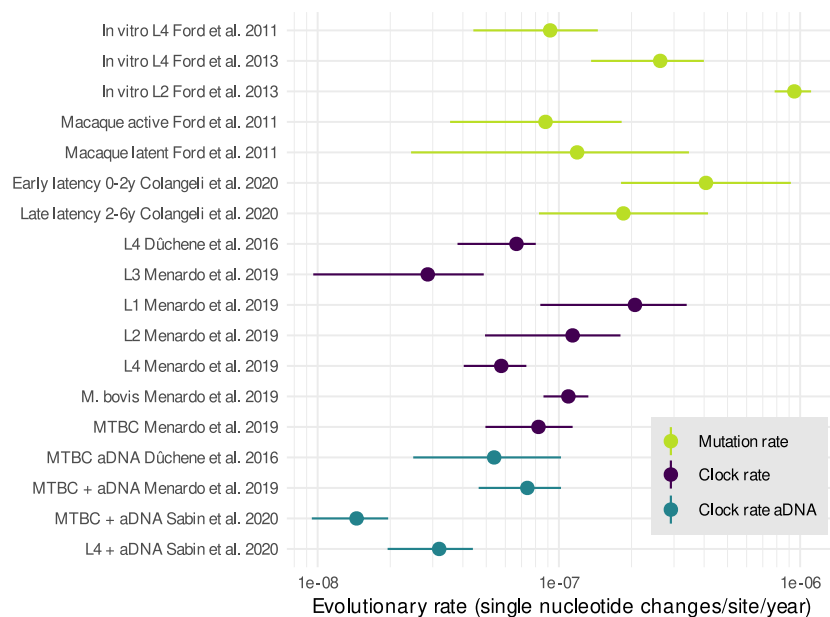


Figure 3: Evolutionary rates in the MTBC. Only studies that report confidence intervals were considered. For the fluctuation assay estimates in Ford et al. (2011, 2013), a generation time $g = 20h$ was assumed to translate rates to calendar time. The rates of Colangeli et al. (2020) were translated back to calendar time by assuming $g = 18h$, as reported by the authors. From the molecular clock study of Menardo et al. (2019), BEAST estimates are reported for a $1/x$ clock rate prior and constant population size. For the BEAST analysis of Sabin et al. (2020), results for the birth-death skyline model with an uncorrelated lognormal clock are reported.

287

GENETIC DRIFT AND PURIFYING SELECTION

288 Once a mutation appears in a genome, its fate depends on the selective advantage or disadvantage
 289 it confers – and on chance. Genetic drift is the "chance factor" in evolution: it describes the
 290 undirected, stochastic change of allele frequencies due to sampling effects (Plutynski, 2007).
 291 Genetic drift sets limits to natural selection such that, by chance, deleterious alleles can increase
 292 and beneficial ones decrease in frequency (Kimura, 1983; Lynch, 2007). Increased genetic drift thus
 293 implies reduced purifying selection, and the same genomic evidence, discussed below, underlies
 294 claims as to the relative importance of the two processes. For this reason genetic drift and purifying
 295 selection are treated together, while positive selection is discussed in the next section.

296 Genetic drift is frequently invoked as an *ad hoc* explanation, but actually inferring and quanti-
 297 fying it is difficult. In the standard Wright-Fisher (WF) model with panmixia, discrete generations,

298 and no selection, drift occurs when the alleles to form the next generation are randomly sampled
299 from the parental population (Fisher, 1930; Wright, 1931). In bacteria, population subdivision,
300 linked selection, and demographic changes imply that sampling effects are stronger than under
301 panmixia (Price and Arkin, 2015), and that effective population sizes (N_e) are orders of magnitude
302 smaller than census sizes (Bobay and Ochman, 2018).

303 As discussed in this section, arguments about the strength of drift in the MTBC are largely
304 based on indirect evidence in the form of low diversity and overabundant nonsynonymous
305 polymorphisms. Estimates of N_e are sometimes obtained in Bayesian skyline analyses, but their
306 underlying assumptions are problematic. Finally, we discuss transmission bottlenecks in the
307 MTBC, a main mechanism of stochastic sampling whose mid- and long-term consequences go
308 beyond simple reductions in genetic diversity and remain to be understood.

309 Do overabundant nonsynonymous polymorphisms indicate strong genetic drift?

310 In the MTBC, the drift-versus-selection discussion has mainly revolved around the large proportion
311 of nonsynonymous polymorphisms observed in the species. The MTBC has a genome-wide ratio
312 of nonsynonymous to synonymous polymorphisms (d_N/d_S) of around 0.5 when diverse strains
313 from across the phylogeny are considered (Figure 2c). This is one third higher than in the closely
314 related *M. canettii* (Supply et al., 2013) and more than six times higher than the median (0.076) of
315 the 153 diverse species studied by Bobay and Ochman (2018).

316 Hershberg et al. (2008) have interpreted the high d_N/d_S in the MTBC as evidence for "extremely
317 reduced purifying selection" – in other words strong genetic drift – which would allow the
318 accumulation of deleterious nonsynonymous mutations. The authors refute the alternative
319 explanation that nonsynonymous changes are due to positive selection by pointing out that d_N/d_S
320 does not differ between housekeeping, surface-exposed, and virulence genes, as might be expected
321 if host immunity would drive adaptive diversification. This interpretation of d_N/d_S fits well
322 with the generalization that the intracellular niche of pathogens and symbionts implies smaller
323 population sizes and stronger drift. Kuo et al. (2009) inferred strong drift in human pathogens
324 including the MTBC and reported a strong inverse relationship between drift and genome size.
325 A similar conclusion is reached by Balbi et al. (2009), who compared *E. coli* with the closely
326 related pathogenic *Shigella* and found signs of increased drift in the latter, including an excess of
327 nonsynonymous mutations and of transversions, which are proportionally more nonsynonymous
328 and thus deleterious than transitions.

329 Different studies have challenged the view that purifying selection is "extremely reduced" in
330 the MTBC. In the so far only attempt to quantify the strength of purifying selection across the
331 genome, Pepperell et al. (2013) fitted a model including demographic expansion and a fraction of
332 sites under selection to the site frequency spectrum obtained from a global sample of the MTBC.
333 They infer purifying selection at nonsynonymous sites across 95% of the genome, with a selection
334 coefficient s of -9.5×10^{-4} . This value is interpreted as "strong" compared to values in humans
335 and *Drosophila*. The authors used simulations of completely linked genomes to evaluate their
336 models, which assume linkage equilibrium between sites. They find that their best model performs
337 poorly in some scenarios; specifically, strong selection can be misinferred when complete linkage
338 is combined with weak purifying selection. Other model assumptions were not tested, for example
339 the absence of population subdivision or that the population follows a simple demographic model
340 of exponential growth.

341 Bringing in a temporal perspective on d_N/d_S , Namouchi et al. (2012) found 25% more non-

342 synonymous SNPs on terminal branches in their tree of 22 globally diverse strains. This suggests
343 that deleterious nonsynonymous mutations are purged through selection over time, such that
344 they become scarce in deeper parts of the phylogeny (Rocha et al., 2006). Trauner et al. (2017)
345 present evidence that such purging might already occur within the host, as nonsynonymous
346 within-host diversity is lower than expected under a model of random mutation. An implication
347 of within-host purifying selection is that mutation rates estimated from *in vivo* experiments might
348 be too low. In a simulation study Morales-Arce et al. (2020) suggest that genome-wide mutation
349 rates in the MTBC might be two orders of magnitude faster, in the order 10^{-8} /bp/generation, if
350 one accounts for progeny skew (Box 1) and the removal of mutations through purifying selection
351 during within-host evolution.

352 Strong genetic drift leaves other signs than an excess of nonsynonymous mutations, including
353 pseudogenization, proliferation of selfish genetic elements, or an increased proportion of transver-
354 sions. With strong drift and clonal reproduction, such signatures can accumulate through Muller's
355 ratchet, where lack of recombination and reduced efficacy of purifying selection lead to a build-up
356 of deleterious mutations (Felsenstein, 1974; Muller, 1964). As pointed out by Namouchi et al.
357 (2012), these signatures are hardly evident in the MTBC. There are 30 pseudogenes in the H37Rv
358 reference genome (Cole et al., 1998), in line with the generally low number of pseudogenes in bac-
359 terial genomes (Lawrence et al., 2001). Also insertion sequences do not thrive in the MTBC: almost
360 all IS activity is due to a single active element, IS6110, which is over-represented in intergenic
361 regions, occurs at low frequencies, and thus seems to evolve under strong purifying selection
362 (McEvoy et al., 2007). Finally, transitions occur well in excess of transversions (Payne et al., 2019).
363 Taken together, there is scant evidence for genome erosion driven by Muller's ratchet in the MTBC.

364 Are synonymous sites under selection?

365 How could the high genome-wide d_N/d_S in the MTBC be explained if not by strong drift? An
366 intriguing alternative scenario is purifying selection at synonymous sites (Namouchi et al., 2012).
367 High d_N/d_S can reflect an overabundance of nonsynonymous mutations (numerator), but also
368 a lower number of synonymous mutations (denominator) than in other species. Fitness effects
369 of synonymous mutations can arise when different codons result in variation in RNA stability,
370 protein folding, and translation efficiency and accuracy (reviewed by Hershberg and Petrov, 2008).
371 Already weak selection on synonymous sites can inflate d_N/d_S , as shown in a recent study of
372 codon usage in 13 bacterial genomes (Rahman et al., 2021).

373 In the MTBC, codon frequencies are associated with gene expression (Andersson and Sharp,
374 1996; Pan et al., 1998), but also with the hydrophobicity of proteins and sequence conservation
375 (De Miranda et al., 2000). As suggested in the latter study, a combination of selective pressures may
376 thus act on synonymous sites in the MTBC, including the more efficient and accurate translation
377 of certain codons and constraints on protein folding. Wang and Chen (2013) assessed possible
378 selection on synonymous sites by comparing synonymous (d_S) to intergenic (d_I) diversity across
379 13 MTBC genomes. Diversity varies strongly depending on the genomic position, suggesting
380 variation in mutation rates or selective pressures across the genome. In the majority of windows,
381 however, d_S is higher than d_I . Under the assumption that intergenic sites are free from selective
382 pressures, Wang & Chen conclude that synonymous sites are more diverse than expected by
383 chance and therefore evolve under diversifying, that is, positive selection.

384 Alternatively, and in line with the initial hypothesis of purifying selection at synonymous
385 sites, higher synonymous than intergenic diversity is also expected when intergenic sites are

386 even more constrained than synonymous sites. Intergenic regions in bacteria are packed with
387 regulatory motives and can hardly be assumed to evolve neutrally (Molina and Van Nimwegen,
388 2008; Rocha, 2018). Rather than comparing synonymous against assumed neutral sites, Thorpe
389 et al. (2017) assessed the relative strength of purifying selection by comparing the proportion
390 of singleton mutations among different site categories, reflecting that a higher proportion of
391 singletons indicates stronger purifying selection. In five out of six species, site categories show
392 a clear ranking, with the proportion of singletons increasing from synonymous, intergenic, non-
393 synonymous, to non-sense mutations. In the MTBC, however, no differences between categories
394 are apparent: there are similar proportions of singletons in all four categories. This surprising
395 observation can at least partly be explained by the dataset used by the authors, which includes
396 many near-identical MTBC strains sampled in a single country. Still, that even at short timescales
397 non-sense mutations in the MTBC do not appear to be under stronger selection than synonymous
398 mutations asks for clarification in future studies.

399 Bayesian skyline plots and the issue of storytelling

400 Neutral sites are in short supply in prokaryotes (Rocha, 2018). In contrast to eukaryotes, the
401 streamlined genomes of archaea and bacteria do not contain large swaths of decaying repeats and
402 other DNA debris which can be assumed to be non-functional. This poses a particular challenge for
403 the estimation effective population sizes and the quantification of genetic drift, which traditionally
404 relies on the availability of sites not affected by natural selection (Charlesworth, 2009).

405 A popular approach to estimate effective population sizes and their change through time
406 are Bayesian skylines (Ho and Shapiro, 2011). These models are frequently used in Bayesian
407 phylogenetics, where N_e is treated as a nuisance parameter. Many studies, however, interpret
408 N_e literally as historical change in population size and provide instructive examples of how
409 strong assumptions are ignored for the sake of storytelling. Bayesian skyline models assume
410 neutrality in order to translate coalescence times into population sizes. Several studies have
411 shown that non-neutral processes confound demographic inference and should not simply be
412 assumed away. Recombination (Hedge and Wilson, 2014), population structure (Heller et al., 2013),
413 sampling design, gene conversion, and selection (Lapierre et al., 2016), as well as the skewness of
414 reproductive success (Menardo et al., 2021a) all create spurious signs of population size changes.
415 As observed by Lapierre et al., 2016, such methodological biases might explain why population
416 size trajectories look suspiciously similar for a wide range of species.

417 Despite these caveats, Bayesian skyline plots continue to be used and interpreted liberally in
418 the MTBC literature. Skyline plots were presented as evidence for a Neolithic expansion (Comas
419 et al., 2013), expansions of specific lineages (Merker et al., 2022; Mulholland et al., 2019; O'Neill
420 et al., 2019), or a recent co-expansion with humans in Tibet (Liu et al., 2021). That population
421 size trajectories "make sense" in the historical narratives of these articles does not add to their
422 credibility, but rather puts into question the way results are made sense of (Katz, 2013). Instead of
423 literal interpretations of Bayesian skylines, an improved understanding is required of how far the
424 demographic past can be reconstructed from the genomes of extremely clonal bacteria without
425 taking into account confounding factors.

426 Box 1: Progeny skew in prokaryotes?

427 Recently, progeny skew was brought up as a neglected aspect of MTBC evolution with
428 potentially significant effects on genetic diversity (Morales-Arce et al., 2020) and population
429 genetic inference (Menardo et al., 2021a). Progeny skew refers to the unequal distribution
430 of offspring among parental individuals in a population. Frequently mentioned examples
431 are viruses, where a single parental sequence can give rise to numerous copies, or marine
432 organisms reproducing through broadcast spawning. Wright-Fisher and coalescence models
433 assume that variation in offspring number is small (Tellier and Lemaire, 2014), which leads to
434 misinference when applied to such organisms (Sackman et al., 2019).

435 While progeny skew in viruses has a direct interpretation in the way these organisms
436 reproduce, it is less straightforward to apply to prokaryotes. Archaea and bacteria reproduce
437 through binary fission, which can be thought of as each parent having two offspring and
438 dying after division (Cury et al., 2021); or, in an age-structured population, as each parent
439 having one offspring and surviving. Progeny skew can arise over multiple generations
440 through rapid adaptation, superspreading events, or repeated bottlenecks, and it is thus a
441 meaningful parameter in population-based models with a continuous timescale (Menardo
442 et al., 2021a). In individual-based, discrete-generation models, it is preferable to simulate the
443 processes giving rise to progeny skew explicitly.

444 How do bottlenecks affect genetic diversity?

445 In the MTBC, genetic drift is often associated with transmission bottlenecks or founder events,
446 when few or even single strains initiate an infection or an outbreak (Pepperell et al., 2010; Smith
447 et al., 2006). TB infections can be initiated by single to few cells (Ryndak and Laal, 2019); each
448 transmission is thus a massive founder event where, from the millions of cells forming a within-
449 host population, only a few cells are sampled to start a new population. Similar, small-scale
450 colonization dynamics occur during within-host dissemination, as single to few cells "found" new
451 granulomas in the highly structured habitat of the lung (Martin et al., 2017).

452 While genetic bottlenecks entail an immediate loss of genetic diversity, the mid- and long-term
453 effects of periodic bottlenecks on genetic diversity and differentiation in clonal pathogens, where
454 extreme bottlenecks alternate with clonal expansions, are less clear. Periodic bottlenecks have been
455 investigated in the context of experimental evolution, where studies mainly focused on the effects
456 of bottlenecks on the rate of adaptation (e.g. Windels et al., 2021). More general considerations
457 can be found in the population genetics literature. One insight of potential relevance for the
458 evolutionary dynamics of the MTBC is that, under predominant purifying selection, rates of
459 evolution are accelerated when N_e is small because more deleterious mutations fix due to genetic
460 drift (Lanfear et al., 2014). In the absence of homogenizing gene flow, founder events might thus
461 be expected to increase genetic differentiation and overall diversity among lineages of the MTBC.
462 Following this logic, the low global diversity of the MTBC (Figure 2a) is not evidence for strong
463 bottlenecks. The puzzling observation rather is that there is not more diversity given the repeated
464 bottlenecks during within- and between-host evolution and the absence of gene flow. As further
465 discussed below, low diversity despite frequent bottlenecking could indicate purifying selection.

466 The purpose of these considerations is to show that genetic bottlenecks are more complex and
467 interesting than they appear in the literature, where they often serve as *ad hoc* explanation for low

468 diversity. More work on periodic bottlenecks in bacterial pathogens is needed. This work could
469 take into account some real-world complications such as the unclear number of cells actually
470 transmitted, which is most likely larger than the minimum number required to start an infection
471 (Namouchi et al., 2012). Furthermore, infection might not occur at a single time point, but extend
472 through time as hosts are repeatedly exposed to bacteria-laden aerosol droplets (Ryndak and Laal,
473 2019). This situation resembles the source-sink dynamics of metapopulation models with repeated
474 colonization events rather than a single bottleneck.

475 POSITIVE SELECTION

476 Most insights about how the MTBC has adapted to environmental challenges either regard
477 pathoadaptation in the distant past before the MRCA, as revealed through comparative genomics
478 (reviewed by Pepperell, 2022), or the recent evolution of antibiotic resistance (reviewed by Gygli
479 et al., 2017). Much less is known about the genetics underlying adaptation to different mammalian
480 host species, evident in host tropism (Brites et al., 2018; Zwyer et al., 2021), or about adaptation to
481 different human populations, as suggested by sympatric patient-pathogen associations observed
482 in cosmopolitan settings (Gagneux et al., 2006).

483 Identifying signatures of positive selection in linked genomes is challenging since most tests
484 rely on the comparison of haplotypes within genomes (Shapiro et al., 2009). Two diversity-based
485 signatures that are not haplotype-based have been used extensively to identify positive selection
486 in MTBC genomes: homoplasmy and excess of nonsynonymous polymorphisms. In the following,
487 we discuss the properties and limitations of these measures and whether they can be used to
488 elucidate the role of positive selection beyond the case of antibiotic resistance.

489 Homoplasies: how common is convergent adaptation?

490 Molecular homoplasmy designates the independent appearance of identical mutations in different
491 parts of a phylogeny through chance, recombination, or convergent selection (Stern, 2013). Chance
492 homoplasmy between genomes showing so little overall diversity is rare (Comas et al., 2009, Figure
493 2d), and its probability can be assessed through permutation tests (Farhat et al., 2013). Mutation
494 hotspots can facilitate chance homoplasmy (Galtier et al., 2006): in the MTBC, highly mutable
495 tandem repeats frequently cause homoplasmy (Outhred et al., 2020), while it is not known how
496 rates of point mutations vary along the genome. Recombination has been argued against as a
497 cause of homoplasies because homoplasies in the MTBC do not occur in clusters, as would be
498 expected when recombination involves diverged DNA (Chiner-Oms et al., 2019). Non-clustering
499 homoplasies, however, are also expected when recombinant genomes are similar (Bobay et al.,
500 2015). Furthermore, intrachromosomal recombination can generate homoplasies, as suggested by
501 their increased occurrence in homologous *PE/PPE* genes (Tantivitayakul et al., 2020).

502 Clear examples of convergent selection as a cause of homoplasmy have been presented for
503 genes involved in antimicrobial resistance (Comas et al., 2012; Farhat et al., 2013). Against a
504 background of low diversity and rare homoplasmy, some of these genes show exceptional patterns.
505 In 1,161 strains sampled in Russia and South Africa, one specific mutation in the *katG* gene, which
506 confers isoniazid resistance, has originated more than 70 times independently (Mortimer et al.,
507 2017). This is an extreme pattern that arises because *katG* is a "tight target" of selection, that
508 is, only single to few mutations can cause resistance without incurring high fitness costs. In
509 other genes ("sloppy targets"), fewer homoplasies are observed but in more positions. The high

510 incidence of parallelism in resistance evolution, in combination with large datasets, allows the use
511 of genome-wide association approaches to identify new drug resistance loci and to elucidate the
512 genetic architecture of resistance phenotypes (e.g. Crook et al., 2022).

513 The basic limitation of homoplasies as a signature of selection is that they only reveal cases of
514 convergent evolution. In the case of antibiotic resistance, convergence is ubiquitous. Thousands of
515 parallel evolutionary experiments are conducted when people around the world are treated with
516 the same antibiotics proposed by the WHO. For other selective pressures, things are less clear.
517 Recently, two cases of convergent selection were shown in studies of experimental evolution with *M.*
518 *canettii* and the MTBC. Selecting *M. canettii* strains for *in vivo* persistence in mice, Allen et al. (2021)
519 identified two parallel mutations and demonstrated their effect on persistence through gene knock-
520 out and complementation. Smith et al. (2022) selected for biofilm formation in experimentally
521 evolved MTBC strains and identified two loci that mutated independently and are associated to
522 biofilm-associated traits and fitness proxies. Both studies found that parallel mutations emerged in
523 similar strains, suggesting that the genetic background constrains evolutionary trajectories. These
524 studies also illustrate the rapidity with which mutations otherwise rare or absent can prevail in
525 the presence of new selective pressures; and the significance of structural variation, as convergent
526 evolution involved a large duplication (Smith et al., 2022) and a deletion of two genes (Allen et al.,
527 2021).

528 Convergence might not only be favored by strong selective pressures, but also through demog-
529 raphy and migration. Repeated introductions of sublineages into a region, as described for Tibet
530 (Liu et al., 2021), are natural experiments where genetically highly similar strains are repeatedly
531 confronted with a new environment. Liu et al. identified several genes that accumulate mutations
532 independently after repeated introductions to the Tibetan Plateau, including *sseA*, a gene involved
533 in the detoxification of reactive oxygen species, and three genes involved in DNA repair (*dnaE2*,
534 *recB*, *mfd*). With the already large and still growing amount of data on MTBC outbreaks, such
535 natural experiments of parallel evolution can provide valuable insights into the dynamics and
536 genes involved in local adaptation.

537 Nonsynonymous polymorphisms: how frequent is positive selection?

538 The second widely used statistic to infer selection and its direction is the ratio of non-synonymous
539 to synonymous polymorphisms d_N/d_S . Above, elevated genome-wide d_N/d_S was discussed
540 as evidence for reduced purifying selection. The estimates presented there (Figure 2c) were
541 obtained by averaging over pairs of sequences, yielding a coarse measure that does not take into
542 consideration that selection might be restricted to few sites of a locus or certain branches in the
543 phylogeny (Yang, Ziheng, 2014). To detect positive selection, a family of versatile maximum
544 likelihood models have been developed that incorporate explicit models of codon evolution and
545 allow to test for increased rates of nonsynonymous changes on particular branches or in particular
546 codons of a gene (Yang and Bielawski, 2000). These methods are computationally intensive and
547 not suitable for exploratory analyses on large phylogenies, while small MTBC datasets might not
548 contain enough diversity to estimate parameters. They can be used, however, to obtain a more
549 detailed picture of selective pressures in genes of interest and to formally test for selection using
550 model comparisons (Yang, 1998).

551 A recent example of an exploratory selection scan followed by more rigorous statistical testing
552 is the study of Menardo et al. (2021b). In a first step, they identified a hypervariable epitope at
553 the *esxH* locus, which codes for a secreted effector interacting with the human immune system.

554 Codon models were then used to test for site- and branch-specific selection. Significant signatures
555 were found in MTBC lineage 1 but not in other lineages and located to the N-terminal epitope
556 of the gene. Further dissection of these signatures showed that they occur in strains collected in
557 South and Southeast Asia, suggesting that this locus might be involved in adaptation to regional
558 human host populations.

559 Two recent studies have proposed methods to estimate d_N/d_S for large datasets while avoiding
560 site and branch averaging, respectively. Wilson et al. (2020) present a phylogeny-free (and thus fast)
561 method to infer selection at the codon level. Applying their method to more than 10,000 MTBC
562 genomes, they found a d_N/d_S significantly larger than 1 in 2,729 out of 3,979 genes. Chiner-Oms
563 et al. (2022) investigated the temporal trajectories of p_N/p_S in a large phylogeny of 5,000 strains
564 (p_N/p_S is based on simple counts while d_N/d_S includes correction through a substitution model,
565 Yang, Ziheng, 2014, p. 47ff). Focusing on shifts in p_N/p_S along the tree, they found evidence for
566 elevated nonsynonymous changes at some point in time in almost half the genes of the MTBC.
567 While both studies generate long lists of candidate genes, they also lead to the inevitable follow-up
568 question of selection scans: what to do with these candidates. Considering the difficulty of
569 experimental validation in a human pathogen, further characterization of the candidates with
570 phylogenetically explicit codon models (as implemented in PAML; Yang, 2007) could be useful.

571 Overall, homoplasies and d_N/d_S tell us little about the frequency and strength of positive
572 selection in the MTBC. Recently, a method to infer selection coefficients from d_N/d_S under clonal
573 reproduction was presented in the context of somatic evolution (Williams et al., 2020). The
574 model developed in the study relaxes some assumptions of previous approaches (reviewed by
575 Eyre-Walker and Keightley, 2007), in particular constant population sizes and evolution over long
576 timescales. It would be worthwhile to explore whether this approach can be applied to bacterial
577 within-host populations in order to better understand the contribution of positive selection in the
578 MTBC.

579 DISCUSSION

580 In this review, we have discussed the inference of basic evolutionary processes from patterns
581 of genetic variation observed in the highly clonal bacteria of the MTBC. We took up a skeptical
582 position, pointing out implicit or explicit assumptions underlying the inferential step from pattern
583 to process, and why these assumptions are often problematic. In the following, we discuss a
584 unifying scenario, the evolutionary optimum hypothesis, to connect the different threads laid bare
585 above and to make a case for background selection as a key process in monomorphic bacterial
586 pathogens. This speculative exercise is followed by a discussion of simulations as a key tool to
587 transition to a more quantitative understanding of evolutionary dynamics under extreme clonality.

588 The bacteria of the MTBC are an outlier in the prokaryote world (Fig. 2) – and altogether out-
589 landish when put aside the animal and plant models that have inspired evolutionary theory. Two
590 patterns in particular demand explanation: the low levels of genetic diversity (a powerful deterrent
591 for evolutionary biologists) and the high genome-wide d_N/d_S in the absence of other signs of
592 genome erosion. Given the strong orientation of the MTBC field towards resistance evolution, only
593 few studies have addressed these fundamental puzzles. Hershberg et al. (2008), Namouchi et al.
594 (2012) and Pepperell et al. (2013) stand out and continue to be cited when genetic drift or purifying
595 selection are invoked to explain genetic patterns in the MTBC. As shown in this review, however,
596 these studies offer starting points rather than final answers. Much remains to be understood about
597 how basic evolutionary processes contribute to evolution under extreme clonality.

598 The evolutionary optimum hypothesis and a case for background selection

599 An intriguing working hypothesis is that the bacteria of the MTBC have reached an evolutionary
600 optimum and are well adapted to their hosts (Brites and Gagneux, 2015). This was initially
601 proposed as a general scenario for monomorphic bacterial pathogens, and as a contrast to prevalent
602 adaptive evolution in laboratory populations (Achtman, 2012). Once the key innovations had
603 evolved that allowed these bacteria to infect humans, adaptation slowed or largely ceased. Using
604 the adaptive landscape metaphor, we might envisage monomorphic bacterial pathogens as sitting
605 on or close to a fitness peak. In the MTBC, host tropism (Fig. 1) implies at least some diversifying
606 selection after the MRCA. Different lineages, or sublineages, might occupy different peaks in the
607 adaptive landscape, reflecting the different immune environments of different mammalian species.

608 Crucially, fitness is a function of the environment: the same strain might find itself on a
609 fitness peak when infecting a cow and at lower altitudes when in a Petri dish or a human treated
610 with antibiotics. As evident in the contexts of resistance and experimental evolution, bacteria
611 of the MTBC can climb the fitness landscape with surprising rapidity if challenged to do so.
612 The commonplace that low mutation rates constrain evolution in the MTBC thus needs some
613 qualification. The mutation rate is not some fixed species or lineage property, but a plastic trait that
614 varies along the genome and is responsive to environmental changes (Fitzgerald and Rosenberg,
615 2019), for example the presence of T cells (Copin et al., 2016) and oxidative stress (Liu et al., 2020).

616 Through our focus on the empirical literature, one key aspect of clonal evolution has received
617 little attention: linked selection. Under strict clonality, the fate of a mutation arising in any of the
618 few thousand genes present in a typical bacterial genome is tied to all other sites in the genome.
619 Selection acting on this mutation affects the fixation probability of linked variation and interferes
620 with selection at other sites (Charlesworth, 2012; Neher, 2013). The dynamics and outcome of
621 linked selection depend on a parameter that is usually unknown: the distribution of fitness
622 effects (DFE) of new mutations (Eyre-Walker and Keightley, 2007). According to the evolutionary
623 optimum hypothesis, beneficial mutations are rare and of small effect since populations already
624 are well adapted. Evolutionary dynamics would thus be driven by the neutral and deleterious
625 components of the DFE. Different outcomes are conceivable depending on how genetic drift
626 interferes with purifying selection.

627 Strong drift in fully linked genomes is expected to lead to a build-up of deleterious mutations
628 through Muller's ratchet (Felsenstein, 1974; Muller, 1964), pushing populations down the fitness
629 slope and eventually to extinction. The restricted niche of bacterial endosymbionts has been
630 considered to offer particularly favorable conditions for Muller's ratchet. In a classical study,
631 increased d_N/d_S and transversion rates in endosymbionts compared to free-living relatives were
632 interpreted as evidence for evolution under the ratchet driven by lack of recombination and
633 small effective population size (Moran, 1996). Monomorphic bacterial pathogens have similarly
634 restricted niches and share some genome characteristics with endosymbionts. *Mycobacterium leprae*
635 is notable for its large number of pseudogenes (>1000), its reduced genome size (3.3 Mb), and
636 its "low" GC content (58%) among the GC-rich mycobacteria (Cole et al., 2001). This peculiar
637 genome composition has led to predictions that this pathogen will ultimately become extinct due
638 to Muller's ratchet (Young and Robertson, 2001).

639 The generality of the ratchet in endosymbionts has been questioned: the old age of many
640 symbionts seems hardly compatible with mutational meltdown, and both selection (Allen et al.,
641 2009; Pettersson and Berg, 2007) and recombination (Naito and Pawlowska, 2016) might prevent
642 such an outcome. Even clearer is the case against Muller's ratchet in *M. leprae*. Adding additional

643 *M. leprae* genomes to the picture, it becomes clear that pseudogenization and genome reduction
 644 largely preceded the MRCA of *M. leprae* (Monot et al., 2009). These are not ongoing processes
 645 reflecting strong drift in non-recombining genomes, but distant events during the transition to
 646 a pathogenic lifestyle. Regarding evolution under extreme clonality, the intriguing pattern are
 647 not the numerous pseudogenes, but that even functionally neutral pseudogenes show so little
 648 diversity.

649 A mechanism of linked selection that seems more compatible with low diversity in monomor-
 650 phic bacterial pathogens is background selection (BS). BS refers to a scenario where purifying
 651 selection is effective (large N_e) and removes deleterious mutations and linked variants, leading to a
 652 reduction in linked neutral diversity (Charlesworth et al., 1993). Could BS explain the low diversity
 653 in pseudogenes of *M. leprae*, or the low synonymous diversity which might be responsible for
 654 the elevated d_N/d_S in the MTBC and other monomorphic bacterial pathogens? Little work has
 655 been conducted on BS in a prokaryote context. While some insights seem generalizable, such
 656 as its diversity-reducing effect, BS can have complex, non-intuitive outcomes (e.g. Cvijović et al.,
 657 2018; Kaiser and Charlesworth, 2009). To conclude this review, we illustrate and discuss how
 658 simulations can be used to better understand evolution under extreme clonality, including the
 659 poorly understood consequences of background selection.

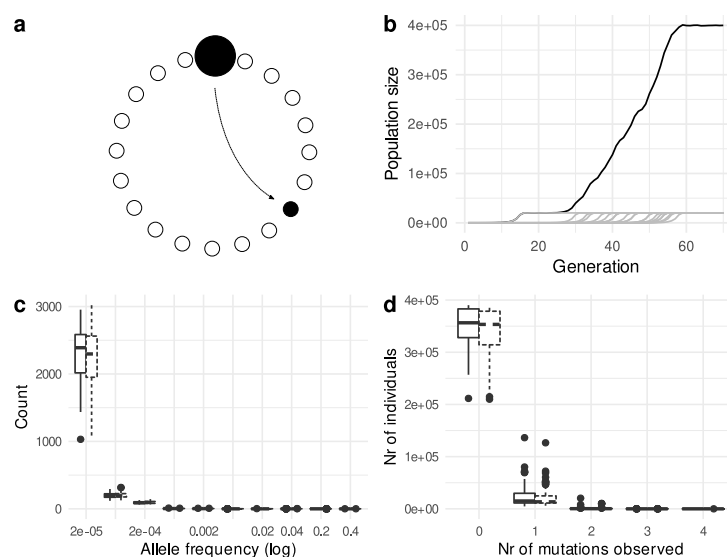


Figure 4: A metapopulation model for within-host evolution, inspired by the study of Martin et al., 2017, who used DNA barcoding and infection mapping to infer the temporal and spatial dynamics of an MTBC infection in macaques. a) Infection begins with a single bacterium giving rise to an exponentially growing population through clonal reproduction. Once this population reaches carrying capacity $K = 20,000$, it can seed new populations which again grow exponentially. b) Exemplary growth dynamics of the model, the solid line showing total population size, dashed lines showing subpopulation sizes. c) Site frequency spectrum at generation 70. d) Number of individuals with 0 to 4 SNPs at generation 70. For further details and the simulation script are available on <https://doi.org/10.5281/zenodo.8042695>.

660 Outlook: simulating a within-host metapopulation

661 With the large amount of sequencing data now available, covering evolutionary timescales from
662 within-host evolution to global patterns of diversity, it would be a good moment to revisit some
663 past hypotheses. We envisage focused studies that address specific hypotheses and pay more
664 attention to methodological limitations. New tools for evolutionary simulations, in particular the
665 versatile forward simulation tool SLiM (Haller and Messer, 2019), could provide a long-needed
666 crutch to move forward.

667 Simulations are an invaluable tool in evolutionary genetics: they allow to test intuitions and
668 methods, to compare alternative scenarios, and to fit models to data (Hoban et al., 2012; Johri et al.,
669 2022). For bacterial population genetics, the use of simulations was so far rather limited. Most
670 simulators are based on the coalescent – the backwards-in-time variant of the Wright-Fisher model.
671 These are fast but usually limited to neutral scenarios of population size changes and migration.
672 Recent advances in forward simulation, however, make it possible to simulate ever more realistic
673 scenarios through improved computational efficiency and more flexible non-Wright-Fisher models
674 (Cury et al., 2021, show some applications to bacteria).

675 To conclude this review, we present an exemplary simulation that captures some realistic
676 aspects of the within-host population dynamics of a clonal pathogen (script and detailed de-
677 scription on <https://doi.org/10.5281/zenodo.8042695>). Such simulations could be used to better
678 understand the patterns of genetic variation expected in an infected individual, and the bias
679 introduced through punctual sampling of a structured population and culturing (Morales-Arce
680 et al., 2021).

681 We envisage within-host dissemination dynamics as a metapopulation model with unidi-
682 rectional migration from "full" to "empty" populations – as suggested by the study of Martin
683 et al. (2017), who used DNA barcoding and infection mapping to infer the spatial and temporal
684 dynamics of an MTBC infection in macaques. Infection begins with a single bacterium giving rise
685 to an exponentially growing population through clonal reproduction and 19 "empty" populations.
686 Once this population reaches carrying capacity $K = 20,000$, it can seed new populations (Figure
687 4a), which again grow and can seed new populations when K is reached (Figure 4b). Mutations
688 are simulated at a rate $\mu = 5 \times 10^{-10}$ /bp/gen in a genome of 4 Mb. Selection is either assumed to
689 be absent ($s = 0$) or purifying ($s = -9.5e - 4$ Pepperell et al., 2013). The simulation ends after 70
690 generations, which with a generation time of 24 h corresponds to a 10 week infection.

691 Independently of purifying selection, the dynamics of clonal growth and dissemination over
692 70 bacterial generations give rise to an extreme skew towards rare alleles (Figure 4c). A large
693 proportion of the mutations are in fact singletons, that is, only present in a single individual. At
694 generation 70, the vast majority of individuals have no mutation, except in few instances where
695 a mutation arose early (Figure 4d). (Some simulations produced outlier values because not all
696 populations were "filled" after 70 generations.)

697 The purpose of this simulation is to illustrate the simulation approach. Some assumptions
698 might seem questionable (e.g. carrying capacity), but they are transparent and can easily be
699 modified. Some further potential applications of evolutionary simulations are listed in the
700 following. Simulations are not a panacea, but they allow to raise the debate to a more transparent,
701 quantitative level than achieved by the so far largely verbal arguments. If nothing else, they could
702 allow to better understand what kind of inference is at all possible, given the low levels of genetic
703 diversity in monomorphic bacteria.

- 704 • Coupling within- and between-host evolution, periodic bottlenecks could be simulated to

705 study how diversity accumulates through time as a function of bottleneck size, purifying se-
706 lection, or mutation rates. This would lead to a more nuanced understanding of transmission
707 bottlenecks, which have more complex consequences than simple reduction of diversity.

- 708 • Synonymous and nonsynonymous mutations could be modeled, with variable distributions
709 of fitness effects, to explore how d_N/d_S is affected by the interaction of genetic drift and
710 purifying selection in fully linked genomes. Under what conditions, for example, would
711 Muller's ratchet begin to click?
- 712 • Gene conversion between closely related strains could be simulated to test different methods
713 to infer recombination. In general, methods should be tested on simulated data to understand
714 their behavior and make an informed choice, instead of resorting to the typical bioinformatics
715 approach of using multiple methods and reporting intersecting results, which leaves the
716 door open to confirmation bias.
- 717 • Ultimately, approximate Bayesian computation could be used to fit models to data and
718 to simultaneously infer demography and selection. It is difficult, however, to conceive
719 what kind of data would be suitable for this. At the microevolutionary scale that is most
720 straightforward to simulate, there is so little diversity that it is dubious that parameter-rich
721 models could be fitted with any confidence.

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729 CONFLICT OF INTEREST DISCLOSURE

730 The authors declare that they comply with the PCI rule of having no financial conflicts of interest
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732 DATA AND CODE AVAILABILITY

733 The data underlying the figures, the code for plotting the figures, and the simulation code (Figure
734 4) are available on Zenodo (<https://doi.org/10.5281/zenodo.8042695>). Figure 1 and figure 2a are
735 based on data generated by Zwyrer et al. (2021). Figures 2b-d is based on data from (Bobay and
736 Ochman, 2018), additional file 1.

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