1	Rock climbing affects cliff-plant communities by reducing species diversity and altering
2	species coexistence patterns
3	March-Salas, Martí ^{1 # *} ; Morales-Armijo, Felipe ^{2 #} ; Hernández-Agüero, Juan Antonio ³ ;
4	Estrada-Castillón, Eduardo ² ; Sobrevilla-Covarrubias, Andrea ² ; Arévalo, José Ramón ⁴ ;
5	Scheepens, J.F. ¹ ; Lorite, Juan ⁵
6	
7	Martí March-Salas (martimarchsalas@gmail.com; ORCID: https://orcid.org/0000-0001-5347-4056)
8	Felipe Morales-Armijo (morarmi.felipe@gmail.com; ORCID: https://orcid.org/0000-0002-4680-5109)
9	Juan Antonio Hernández-Agüero (juan.aguero@senckenberg.de; ORCID: https://orcid.org/0000-0001-6584-5774)
10	Eduardo Estrada-Castillón (aeduardoestradac@prodigy.net.mx; ORCID: https://orcid.org/0000-0003-1061-9862)
11	Andrea Sobrevilla-Covarrubias (andreasobrevilla@hotmail.com; ORCID: https://orcid.org/0000-0002-8990-2347)
12	José Ramón Arévalo (jarevalo@ull.es; ORCID: https://orcid.org/0000-0003-2152-5212)
13	J.F. Scheepens (scheepens@bio.uni-frankfurt.de; ORCID: https://orcid.org/0000-0003-1650-2008)
14	Juan Lorite (jlorite@ugr.es; ORCID: https://orcid.org/0000-0003-4617-8069)
15	
16	¹ Goethe University Frankfurt, Faculty of Biological Sciences, Plant Evolutionary Ecology, Max-von-Laue-Str.
17	13, 60438 Frankfurt am Main, Germany
18	² Facultad de Ciencias Forestales, Universidad Autónoma de Nuevo León, Km 145 Carretera Nacional Linares-
19	Cd. Victoria, A.P. 41, Linares, 67700, Nuevo León, Mexico
20	³ Senckenberg Society for Nature Research Centre, Senckenberganlage 25, 60325 Frankfurt am Main, Germany
21	⁴ Departament of Botany, Ecology and Plant Physiology, Universidad de La Laguna, La Laguna, 38206,
22	Tenerife, Spain
23	⁵ Department of Botany. University of Granada (UGR). Faculty of Sciences. Avenida de Fuente Nueva, s/n,
24	18071 Granada, Spain
25	
26	[#] Contributed equally
27	* Corresponding author: Martí March-Salas (<u>martimarchsalas@gmail.com</u>)
28	Corresponding aution. Mater March Salus (<u>martinal cusulas C ginancom</u>)
29	Acknowledgments
30	This study was funded by CONACYT (National Council of Science and Technology - México). We thank
31	Rancho El Sendero for hosting FMA and AS during the field studies and to K. Moya (local climber) for her
32	support in the selection of the climbing routes. We thank C. Cantú for the efforts he put into initiating the
33	database. We thank <i>National Geographic Society</i> (Grant number EC-50532R-18 – WorldClimb – and NGS-
34	82734R-20 – ReCOVIDiv –), American Alpine Club (AAC), Asociación Española de Ecología Terrestre
35	(AEET) and <i>EcoClimb</i> project (FEDER-Andalucía 2014-2020 Program - A-RNM-4-UGR20) for finantially
36	supporting the studies that gave rise to the design and conceptual part of this work.

37 ABSTRACT

Cliffs are unique ecosystems with an outstanding but relatively unknown plant diversity, 38 harboring rare, endemic and threatened species, but also common and dominant species. The 39 rising popularity of climbing represents an increasing threat to cliff biota, potentially 40 diminishing diversity and species associations, and affecting the community composition. We 41 42 used a novel closely paired sampling design in climbing routes with different climbing intensities in El Potrero Chico (Nuevo León, Mexico), differentiating plant species and 43 analyzing species associations and community composition in climbed and unclimbed plots. 44 45 Diversity on the sampled cliffs was high, even greater than in other regional ecosystems. We found reduced abundance, cover, and diversity in climbed plots, irrespective of the climbing 46 intensity. Dominant species were the most negatively affected by rock climbing in terms of 47 48 abundance, and some locally rare species, comprising endemics and endangered species, were entirely absent from climbed plots. Co-occurrence analysis showed that the number of 49 associations between pairs of dominant and common species were greatly reduced in climbed 50 plots, and that positive associations between locally rare species existed in unclimbed plots 51 52 but not in climbed plots, which may contribute to the disappearance of endemic and 53 threatened species. Finally, NDMS analysis revealed that the community composition 54 significantly changed due to climbing. Our results indicates that conservation science should 55 convince stakeholders of the need for a holistic conservation of cliff ecosystems and not only 56 focus on emblematic or rare species, since the plant community dynamics and preservation depends on the coexistence and interactions between different plant species. 57

58

59 Keywords: Cliff plant community composition; Dominant and rare species; Human
60 disturbance; Spatial associations; Species co-occurrence and interactions; Sport ecology.

61 **INTRODUCTION**

62

heterogeneous cliff micro-topography and the accompanying variation in abiotic conditions, 63 64 diverse plant species can colonize cliff crevices, despite the cliffs' harsh abiotic conditions for plant development (García-Callejas et al. 2021). Cliffs can include endemic and highly 65 66 specialized species, comprising threatened species, which often are the focus of conservation purposes in these environments (deCastro-Arrazola et al. 2021). Whereas certain endemic, 67 specialist and threatened species can be locally rare when their distribution range or local 68 69 presence is restricted, some rock-specialists and generalist species can be frequently dominant on cliffs (Escudero 1996; March-Salas et al. 2018). 70 The spatial coexistence of functionally different species is one of the outstanding 71 72 characteristics of cliff ecosystems (Farris 1995; Larson et al. 2000). Coexistence patterns and positive associations may arise from beneficial biotic interactions (e.g. shared fungal and 73 bacterial communities, mutualistic interactions with floral visitors), from facilitation 74 processes such as nutrients supply from plant litter decay or from differences in resource 75 requirements (García-Callejas et al. 2021). Nevertheless, this coexistence, and underlying 76 species associations, cannot be understood as a competitive factor in cliffs. Competition and 77 negative associations lie in the colonization of the available micro-niches, since micro-spatial 78 heterogeneity offers micro-niches with near plant-by-plant independence in space, and in 79 nutrient and water resources (Cooper 1997; do Carmo et al. 2016). Rising climatic and 80 anthropic pressures such as rock climbing could then hinder species coexistence and 81 consequently affect the existing ecological associations in cliffs. 82

Cliffs are extreme ecosystems that harbor unique plant species diversity. Due to the

83 The great increase in climbing popularity and intensity is altering cliff plant84 communities and other cliff organisms including mosses, lichens, birds, and some

85 invertebrates (Adams and Zaniewski 2012; Baur et al. 2017; Lorite et al. 2017; Schmera et al. 2018; Covy et al. 2019). Nevertheless, effects of rock climbing on species coexistence and 86 associations and their consequences for the cliff community configuration remain unknown. 87 88 Cliff plant communities are usually composed of dominant, common and rare species, each of them providing different functions due to their different relative densities, life-history and 89 90 functional traits (Avolio et al. 2019; Gray et al. 2021). Thus, rock climbing may alter each of 91 these ecologically different groups, their associations and ultimately, the cliff ecosystem 92 itself. Dominant plants (considered as species that contribute greatly to the structure of an 93 ecosystem due to their high relative density and abundance) can be diminished while locally rare species (i.e. low-abundant and locally uncommon species that might not be consistently 94 95 rare throughout their geographical range; Murray and Lepschi 2004) could even disappear if 96 the rock climbing pressure is high. The disturbance of beneficial associations among 97 dominant and among locally rare species could impact the ecological stability of different ecosystems (Calatayud et al. 2020; Gray et al. 2021), but this question is unknown in cliff 98 99 ecosystems. For instance, rock climbing could directly trigger an increase in the intra- and inter-species distance, alter the abundance of dominant species and eliminate both dominant 100 101 and rare species (Larson et al. 2000). Rock climbing may also decrease the presence of mosses and lichens that help colonization of and nutrient acquisition by cliff plants, or 102 103 obstruct plant accessibility to natural seed dispersers such as ants, birds or lizards. In turn, 104 these effects of rock climbing indirectly affect plant community composition, its viability, and related biotic interactions (Farris 1995; Larson et al. 2000). 105

106 Conservation research mostly focuses on biodiversity, on the one hand, and rare
107 species, on the other hand (Gaston 2010; Gray et al. 2021), whereas dominant and common
108 species are frequently overlooked, even though they drive the community structure, facilitate
109 other species colonization and make up a larger share of biomass in the ecosystem (Gaston

2010; Avolio et al. 2019). Differences in spatial dominance is notorious in cliff ecosystems, 110 since cliff plants are not homogeneously distributed along the cliff face (Graham and Knight 111 2004). Thus, rock climbing can cause differential effects on species depending on their 112 relative abundance and spatial distribution, as it has already been shown for generalist versus 113 rock-specialist species (Müller et al. 2004; March-Salas et al. 2018). For instance, dominant 114 species may be able to buffer the rock climbing impacts better than rare species, as shown 115 116 under other environmental stressors and ecosystems (Sasaki and Lauenroth 2011; Qi et al. 2018), while some rare species could disappear. However, the number of individuals in 117 118 dominant species could be greatly reduced if the climbing intensity increases, following observed trends of plant diversity as a whole (Clark and Hessl 2015; Lorite et al. 2017). As 119 120 known in other ecosystems, a reduction of dominant or common species may affect the 121 community configuration and their functionality (Avolio et al. 2019), and the loss of rare species could have dramatic consequences in terms of local or even overall biodiversity. 122 Thus, species with dominant and common occurrence on cliffs would likewise deserve 123 conservation efforts. 124

Furthermore, while most previous studies on the impact of rock climbing on cliff 125 126 vascular plants have focused on the effects on plant cover and species richness, probably due to the relative low abundance of cliff plants, cliff species diversity (usually quantified by 127 128 diversity indices) is little studied. Species diversity is more complex than species richness, 129 since species diversity includes the abundance of each species to evaluate the number of species in a community. The quantification of plant diversity using diversity indices 130 (e.g. Shannon-Wiener Index, H'; Simpson Index, D) can then be useful to better understand 131 132 cliff species assemblies and their conservation value. These measures are assessed and wellknown for most ecosystems and habitat types, but they have so far not been assessed in cliff 133 ecosystems. Thus, studies should also focus on cliff diversity assessment in order to 134

incorporate this as criterion for decision making in cliff management and for itsbiodiversity conservation.

This work presents the first study on cliff vascular plant communities in Latin 137 America. It is conducted in El Potrero Chico, one of the most popular climbing destinations 138 of the world. El Potrero Chico is a famous limestone valley and recreational park located 139 140 within the "Sierra el Fraile y San Miguel" Natural Protected Area in Nuevo León, Mexico, holding a high conservation value. To test the rock climbing impact on its cliff plant 141 abundance, cover, diversity, species associations and community composition, we use a 142 closely paired design of climbed versus unclimbed plots by establishing a sampling quadrat 143 along the cliff face (Boggess et al. 2021). In order to assess the role of increasing rock 144 climbing pressures on cliff-plant species, we selected climbing routes with differing climbing 145 146 intensities. The species were separated between locally rare, common and dominant species, in order to assess coexistence and associations in cliff ecosystems and whether rock climbing 147 affects community composition. 148

Considering previous findings, we predict that (1) rock climbing negatively affects 149 species cover, abundance, and diversity, and (2) that these negative effects of rock climbing 150 151 increase with increasing climbing-use intensity. We explore for the first time how rock climbing affect dominant and rare species, and whether it may promote changes in species 152 associations and community composition, as climbing routes can increase intra- and inter-153 species distance. For this we hypothesize that (3) the loss of individuals due to rock climbing 154 is greater in dominant than in rare species but some locally rare species disappear in climbing 155 areas; (4) that the number of positive species associations are lower in climbed versus 156 unclimbed plots; and (5) that rock climbing alters cliff plant community composition. Testing 157 these hypotheses is relevant for the development of effective conservation strategies for cliff 158 ecosystems. 159

160 MATERIAL AND METHODS

161 *Study site*

El Potrero Chico (Nuevo León, Mexico) is located on the northern edge of the 'Sierra el 162 Fraile y San Miguel' Natural Protected Area, which has an area of 23,506 ha between 800 163 and 2,360 m a.s.l. This area is part of the Sierra Madre Oriental mountain range, and it is 164 composed of sedimentary rocks of marine origin dating back Mesozoic era, shale and 165 limestone, the latter being the rocks that form the cliffs (INECC 2017), and the type of rock 166 that holds more cliff vegetation and plant specialization processes (Farris 1995; Larson et al. 167 2000). El Potrero Chico has a semi-arid climate with hot summers (average monthly 168 maximum temperatures over 35 °C between June and August) and moderate cold 169 170 temperatures during winter (average monthly minimum temperatures between 7°C and 171 16°C). The highest precipitation is reached in September and October with averages ranging from 70 mm to 130 mm while the rest of the year monthly precipitation is below 50 mm. 172 El Potrero Chico is one of the world's prime climbing destinations with over 600 173

climbing routes within 24 climbing sectors. The first recorded climbing in El Potrero Chico
was in 1960 but this sport experienced a great development in this area from late 1980s.
Winter and early spring (between November and May) are the seasons with most climbers in
this area due to the moderate temperatures cold and lowest precipitation, while the number of
climbers is lower during the rest of the year due to the hot or rainy weather.

179

180 Sampling design

181 To examine differences between unclimbed and climbed areas, we designed a closely-182 adjacent case-control sampling design with a 3 m wide × 3 m high quadrat placed along the 183 climbing route (Fig. S1). The quadrat was composed by a central Climbed (C) plot of 1m

wide and 3 m high, two immediately adjacent plots of 0.5 m wide and 3 m high, which are 184 not surveyed (*i.e.* no data was obtained from these plots), and two Unclimbed (U) plots of 0.5 185 m wide and 3 m high on the left and right side of the 3 m \times 3 m quadrat that were used as 186 187 controls, since they represent areas not reached by climbers (Fig. S1). The use of a closely adjacent paired design is essential to adequately test the impact of rock climbing on cliff 188 vegetation (Boggess et al. 2021), since this precludes the possibility that variations in biotic 189 190 or abiotic factors such as aspect, micro-topography and insolation could act as drivers of differences between climbed and unclimbed plots (Holzschuh 2016; Boggess et al. 191 192 2021). Closely-paired transects have the added benefit of avoiding an observer's interference in the undisturbed areas, since unclimbed transects can be surveyed from the same anchor 193 194 with the help of directional gear placements (Boggess et al. 2021).

195 To define the position of the climbed plots (and thus, of the sampling quadrat), the 196 bolts installed in the cliff-face were considered as the central point (i.e. 0.5 m to the right and 0.5 m to the left of the bolt), since the bolt represents with high precision the typical middle 197 point that climbers use when ascending. However, to avoid interference with adjacent 198 climbing routes, the selected routes for sampling were at least 5 m distant from the next 199 200 climbing route. The unsurveyed plots are an adaptation from March-Salas et al. (2018) and guarantee separation between the unclimbed and climbed plots, since not all climbers follow 201 202 exactly the same lane across a climbing route. This prevents any noise in the data acquisition 203 from casual climber's ascent deviations, as unsurveyed areas cannot be considered completely undisturbed (Boggess et al. 2021). Moreover, in order to characterize the spatial 204 distribution of plants within each plot, both climbed and unclimbed plots were divided in 0.5 205 206 $m \times 0.5$ m subplots (i.e. 12 subplots in each climbed plot and 12 subplots in each unclimbed plot; see Fig. S2). Pictures were taken from each subplot (see below in 'Data collection'). 207

To examine the maximum spatial distribution of cliff-face plants, we established the sampling quadrats at three heights along the climbing route, positioned at the Top, Middle and Bottom cliff-section (Fig. S1). In order to fit the three quadrats without any overlap, we selected climbing routes of between 15 m and 35 m height. The distance from the Middle to the Top and Bottom plot was roughly equidistant.

213

214 Data collection

Field surveys were conducted from November 2019 to December 2020. We sampled 12 215 climbing routes of El Potrero Chico (Table S1), adding up 36 climbed plots with a sampled 216 area of 108 m² and 36 unclimbed plots with a sampled area of 108 m². The sampled routes 217 218 were placed in contrasted aspects: North (n=5), South (3), East (1) and West (3). We noted the height of each climbing route as well as the climbing difficulty using the Yosemite 219 Decimal System (YDS), grouped in three classes in our sampling sites: beginner (5.6–5.9), 220 intermediate (510a–5.11d), advanced (5.12a–5.13d). To take into account the physical 221 characteristics of the rock (i.e. micro-topography), we measured the slope of the center of 222 223 each quadrat in the field, and the proportion of cracks (i.e. crevices) in each 0.5 m \times 0.5 m subplot using *ImageJ*, and the estimated both measures at plot level. These measurements are 224 crucial to eliminate potential bias when testing the climbing effect, since the establishment 225 226 and survival of plants are more restricted under steeper and negative slopes, and under lower percentage of cracks (Larson et al. 2000; Holzschuh 2016). 227

To determine the climbing intensity of each route, we used the Climbing-Use Intensity (CUI) index (Clark and Hessl 2015), as a function of the walking time required to reach the cliff base and the popularity of the climbing route inferred by the number of stars (0–4) assigned in a reference and updated climbing guidebook of the area (Madden 2019). In

order to use a standardized and categorized measure, we grouped the CUI values by quartiles
(Clark and Hessl 2015), resulting in low (Q1), moderate (Q2), high (Q3) or very high (Q4)
climbing intensity.

We noted all the plants present to calculate the species richness in the climbed and 235 unclimbed plots of each route and quadrat, as well as the number of individuals per species 236 237 (i.e. abundance). Unidentified species in the field were later identified through image determination by local botanical experts but 18 of the species could only be determined at the 238 genus level. Species were further classified as endemic (species restricted to the Sierra Madre 239 240 Oriental, Mexico), native (non-endemic but present in Mexico), and alien species (Velazco et al. 2011; Salinas-Rodriguez et al. 2017), and according to their rock association as rock-241 specialists (i.e. restricted to rocky habitats), species with non-strict but close association to 242 243 rocky habitats (i.e. frequently inhabiting rocky environments but also found in other ecosystems) and generalist species. Shannon-Wiener (H') and Simpson (D) diversity indices 244 were calculated per cliff as well as per climbed and unclimbed plot within each route using 245 the *diversity* function from the *vegan R* package (Oksanen et al. 2020). Based on the pictures 246 taken, plant cover was determined by the area (i.e. plant orthogonal projection) using ImageJ 247 (in cm²) and then calculated as the percentage of a plant's cover relative to the climbed or 248 249 unclimbed plot. Additionally, the relative cover (CR_i), the relative abundance (AR_i) and the 250 relative frequency (FR_i) of each species in the sampled plots were calculated (Alanís et al. 251 2020). Moreover, we classified species into dominant (DO), common (CO) and locally rare (RA) by using the Importance Value Index (IVI) of species (see below) together with the 252 species distribution range and local presence (Curtis and McIntosh 1951; Velazco et al. 253 254 2011). IVI was calculated using the *importance value* function from the *Biodiversity R* package (Kindt and Coe 2005). IVI considers the sum of the relative frequency (number of 255 plots where a species is observed divided by the total number of surveyed plots), the relative 256

abundance (in terms of number of individuals of a species, also referred to as relative density)
and the relative spatial dominance (in terms of percentage of rock area cover by a given
species) of species. Thus, this determines the ecological value in terms of abundance and
biomass and thus the dominance of the species in the plant's community (Curtis and
McIntosh 1951). Species with the 15% highest IVI were considered as dominant species,
species with the 15% lowest IVI were considered as locally rare species, and species with inbetween IVI values were considered as common species (Table S2).

264

265 Data analysis

We conducted all statistical analysis with *R version 4.0.3* (R Development Core Team 2020). 266 267 We used Linear Mixed-effects Models (LMMs) implemented in the *lme4* package and the *lmer* function (Bates et al. 2015) to test the effect of rock climbing (here in advance referred 268 as climbing) on plant abundance, cover, and species richness, and whether this effect differed 269 among different climbing intensity levels. Plant abundance, cover, and species richness were 270 included as response variable in three separate models. Cliff section (three levels: Bottom, 271 272 Middle, Top), climbing difficulty (three levels: beginner, intermediate, advanced), climbing effect (two levels: climbed vs. unclimbed), climbing intensity (four levels: low, moderate, 273 high, very high) and the two-way interaction between climbing effect and climbing intensity 274 275 were modelled as fixed factors. Climbing route nested in climbing sector was included as random factor, and the slope and the percentage of cracks as covariates. Additionally, in two 276 separate models, we used LMMs including climbing effect as fixed factor and route nested in 277 278 sector as random factor to test whether Shannon-Wiener and Simpson diversity indices calculated per study site (i.e. route) differed between climbed and unclimbed plots. 279

280 Furthermore, to detect patterns of co-occurrence among species in the sampled cliffs and whether this co-occurrence varies among the species-dominance level (i.e. rare, common, 281 dominant species), we used the *cooccur* function from the *cooccur R* package (Griffith et al. 282 283 2016). This species co-occurrence analysis was conducted considering species occuring in the same route, same cliff section and same climbing effect, as interaction would occur at this 284 spatial level. In this way, the presence/absence co-occurrence matrix of all species (Fig. S3) 285 286 and the co-occurrence within climbed and within each unclimbed plots were analyzed and mapped separated by positive, negative (both considered as non-random associations) or 287 288 random associations. Random associations are those that do not deviate from their expected co-occurrences by more than 0.1 considering the number of plots generated (Griffith et al. 289 290 2016). Only co-occurring species are shown in the matrix, so the analysis represents an 291 approach of the number of species co-occurring, and thus coexisting and potentially 292 interacting in each condition (i.e. by climbing effect and route section). Posteriorly, the number of co-occurrences between pairs of groups of species dominance level was also 293 294 calculated. Moreover, we also used LMMs to test whether abundance and cover of the three dominance groups were differently affected by climbing. These models included the group of 295 species dominance level (three levels: rare, common, dominant), climbing effect and their 296 two-way interaction as fixed factors, and route nested in sector as random factor. 297

Finally, we tested for changes in community composition between sites due to climbing. To this aim, we first used permutational multivariate analysis of variance using distance matrices with the *adonis* function from the *vegan R* package (Oksanen et al. 2020) in order to assess the extent that factors influence the species composition while controlling permutations by routes (i.e. sites). Second, we implemented non-metric multidimensional scaling (NMDS) analysis to visualize and thus interpret the species configuration according to climbing, and among and within routes for testing for variation in species composition

among and within communities. Here, we used the *MetaMDS* function of the *vegan R*package (Oksanen et al. 2020) that calculates Bray-Curtis distances for the community-bysite matrix.

308 In all LMMs, we tested the assumptions of normality and homogeneity of variance of 309 the residuals using the Shapiro-Wilk test and the Bartlett test, respectively, and also checking it visually. If the residuals were not normally distributed, we transformed the response 310 variable. In the case of heteroscedasticity, we applied a weighted least square regression 311 (Strutz 2016) by including weights (1/variance) into the model, using the extract model 312 313 weights command. Whenever there were significant main effects containing more than two levels or significant interactions, we applied post-hoc contrasts using the *lsmeans* package 314 315 (Lenth 2016) with the Tukey's test.

316 **RESULTS**

A total of 578 individuals from 63 species were recorded, corresponding to 52 genera and 30

families (*see* Table S2). Although the total surveyed climbed and unclimbed area was the

same, we found 170 individuals of 37 species in climbed plots and 408 individuals of 52

320 species in unclimbed plots. The most frequent species (i.e. number of plots where the species

321 is present) were Agave lechuguilla Torr. (n=21 plots), Chrysactinia pinnata S. Wats. (19),

322 Stenaria nigricans (Lam.) Terrel. (17), Cheilanthes standleyi (Maxon) Mickel (15), and

323 Linum lewisii Pursh (15). The least frequent species were Echeveria elegans Rose. (1),

324 *Echinocereus enneacanthus* Engelm. (1), *Pinguicula gracilis* L. (1) and *Sedum palmeri* S.

Watson. (1), among others (Table S2). The most abundant species (i.e. number of individuals

326 per species) were Chrysactinia pinnata (n=51 individuals), Cheilanthes standleyi (49), Agave

327 *lechuguilla* (46), *Stenaria nigricans* (41) and *Euphorbia prostrata* Aiton (25) (Table S2).

328 Four of the species found are listed in the IUCN Red List of Threatened Species:

329 *Echeveria elegans* is listed as Endangered (EN) and was only found in unclimbed plots (Solís

et al. 2011). Agave bracteosa S. Wats. Ex. Engelm., Brahea dulcis (Kunth) Mart. and

331 *Dasylirion berlandieri* S. Watson are listed as Least Concern (LC). *Echeveria elegans* and *B*.

332 *dulcis* are endemics considered as rock-specialist and rock-associated species, respectively,

while *A. bracteosa* and *D. berlandieri* are both endemic and generalist species.

334

335 Climbing effect on cliff-species abundance, cover, and diversity

Plant abundance, cover and species richness were significantly lower in climbed plots than in unclimbed plots ($\chi_1^2 \ge 14.89$; p < 0.001; *see* Table 1). Plant cover was affected by a significant two-way interaction between climbing effect and climbing intensity while this interaction was neither significant for species richness nor for abundance (Table 1). Plant 340 cover was lower in climbed plots in all climbing-intensity levels but the greatest differences between climbed and unclimbed plots were found in low (post-hoc test: t = 4.397; p = 0.001) 341 or very high (post-hoc test: t = 4.265; p = 0.002) climbing intensity (Fig. 1). A significant 342 343 effect of climbing intensity was found in species richness and a marginal effect was found in abundance (Table 1). Species richness and abundance were greater in high-intensity areas but 344 post-hoc tests did not reveal significant differences between pairs of intensity levels ($t \leq$ 345 2.446; $p \ge 0.095$). Species richness (r = 0.84), abundance (r = 0.85) and plant cover (r = 0.68) 346 were significantly and positively affected by the percentage of cracks, and the abundance was 347 348 significantly and negatively affected by cliff slope (Table 1). Moreover, neither climbing difficulties nor cliff sections had significant effects on plant richness, abundance and cover 349 (Table 1). Additionally, climbing difficulty and its interaction with climbing effect were not 350 significant in any of the variables ($\chi_2^2 \le 3.299$; $p \ge 0.192$). 351

The overall mean Shannon-Wiener (*H'*) and Simpson (*D*) diversity indices were 3.54 and 0.96, respectively. Shannon-Wiener diversity in climbed plots (overall $H'_C = 3.09$) was lower than that in unclimbed plots ($H'_U = 3.58$), and the mean Shannon-Wiener diversity index among sites was significantly lower in climbed plots than in unclimbed plots ($\chi_1^2 =$ 23.51; *p* < 0.001; Fig. 2). Simpson diversity was lower ($D_U = 0.96$; $D_C = 0.93$) but not significantly different in climbed plots compared to unclimbed plots ($\chi_1^2 = 0.93$; *p* = 0.334).

358

359 Climbing effect on cliff-species associations and community composition

The species co-occurrence analysis revealed 18 non-random and 648 random associations in climbed plots (Fig. 3A), and 78 non-random and 1575 random associations between species in unclimbed plots (Fig. 3B). All 18 non-random associations in climbed plots were positive (Fig. 3), while 75 positive and 3 negative non-random associations existed in unclimbed 364 plots. In unclimbed plots, negative associations were found between *Cheilanthes standleyi* (Dominant) and Polygala sp. (Dominant), and in Chrysactinia pinnata (Dominant) with 365 Tradescantia sp. (Common) and Bouvardia ternifolia (Common). The taxa with the highest 366 number of positive associations in climbed plots were *Helenium sp.* and *Croton fruticulosus*, 367 both common species with four co-occurrences each. The taxa with the highest number of 368 positive associations in unclimbed plots were Notholaena sp. (Common; N=10 positive 369 370 associations), Stenaria nigricans (Dominant; 8), Neoplinglea sp. (Common; 8), and Carlowrightia texana (Common; 6). The analysis also showed that in unclimbed plots, four 371 372 significant and positive associations existed between pairs of rare species (i.e. V. coahuilensis - S. suffrutescens; Gochnatia sp. - C. cortesianus; P. oleracea - O. engelmannii; Linum sp. -373 N. intergrifolia) but there were no relationships between pairs of rare species in climbed plots 374 375 (Fig. 3). Moreover, in both, climbed and unclimbed plots, rare species were positively associated with common species but not with dominant species (Fig. 3). 376

The total number of co-occurrences detected between each possible pairs of species 377 groups according to the dominance type (e.g. Dominant-Dominant, Dominant-Common, 378 Dominant-Rare, etc.) was always lower in climbed compared to unclimbed plots (Fig 4; see 379 380 raw data in Table S3). In addition, the number of individuals in dominant, common and rare 381 species was lower in climbed plots compared to unclimbed plots (Fig. S4). However, while 382 mean abundance in dominant or common species per route was significantly lower in 383 climbed plots than in unclimbed plots (Dominant: t = 4.419; p = 0.001; common: t = 4.078; p = 0.003), mean abundance in rare species was lower but not significantly so in climbed plots 384 than in unclimbed plots, probably due to the relatively low number of individuals in rare 385 386 species (Fig. S4).

387 Moreover, we tested for variation in species composition inter- and intra-routes (i.e.
388 changes among and within communities) by implementing NMDS among and within routes,

- respectively. Species composition significantly varied between routes ($F_{11,21} = 2.546$; p =
- 390 0.001) but not within routes (i.e. no differences in species composition existed among
- bottom, middle and top sections within the routes; $F_{2,34} = 0.762$; p = 0.776). Finally, NMDS
- analysis with 2,047 permutations showed that the composition of species significantly
- differed between climbed and unclimbed plots when controlled by site and section ($F_{1,21}$ =
- 1.116; p = 0.007; Fig. 5), so species composition differed due to climbing.

395 **DISCUSSION**

Our study in El Potrero Chico (Mexico) found a decrease in species diversity as well as a 396 reduced number and type of associations between pairs of species caused by rock climbing, 397 which led to a strongly altered cliff-plant community. Positive species associations that were 398 significant in unclimbed plots disappeared in climbed plots, highlighting that climbing causes 399 400 a lower number of positive associations between pairs of dominant species and the absence of beneficial coexistence between pairs of locally rare species. Losing rare species and their 401 interactions due to climbing could trigger a local decline of endemic and threatened species. 402 403 In our study, this was the case with Echeveria elegans (EN), which occurred in unclimbed plots but not in climbed plots. The negative effect of climbing observed for the association 404 between pairs of different dominant species is also worrying, since dominant species drive 405 community dynamics and facilitate interactions of other species even under harsh conditions 406 (Qi et al. 2018), which is a distinctive feature of cliffs. The reduced species diversity and 407 abundance observed in climbed versus unclimbed plots also goes together with decreased 408 species coexistence. In this sense, our results strongly support that climbing and not intra-409 population variability drove cliff community composition. 410

411 Climbing impact on the presence and diversity of species

In line with our hypothesis, climbing negatively impacted abundance, plant cover, species
richness, and species diversity in the cliff populations sampled in El Potrero Chico. Negative
effects of climbing in plant abundance, cover and species richness were already documented
in previous studies (e.g. Camp and Knight 1998; Lorite et al. 2017; March-Salas et al. 2018;
Schmera et al. 2018). However, this is the first time that responses of plant species diversity
to climbing in a cliff ecosystem were estimated, revealing relatively high diversity compared
to other nearby regional ecosystems and negative effects from climbing. The Shannon-

419 Wiener diversity in the studied cliffs (H' = 3.54) was comparable and even higher than that of 420 other ecosystems of Nuevo León (Mexico) such as temperate forest (H' = 0.72-1.74), thorny or submontane scrubland (H' = 1.94-3.02) and medium sub-evergreen forests (H' =421 3.15), but lower compared to medium sub-deciduous forests (H' = 4.29-5.80) (Alanís et al. 422 2020). However, climbed routes had a 14% lower diversity at the study site, and probably 423 climbing could sometimes even cause an indirect negative effect on unclimbed areas by 424 425 hindering inter- and intra-species interactions and cliff-colonization, reducing the total cliff plant species diversity. Maintaining relatively high diversity is essential for cliffs 426 427 communities functioning and ecosystem preservation.

428 Contrary to our expectations, climbing had a negative impact irrespective of the climbing intensity. Negative impacts were found at each level of climbing use intensity and 429 430 this impact did not increase with increasing intensity. Indeed, the strongest difference in plants cover between climbed and unclimbed plots was found at low and at high climbing 431 intensity, reflecting the absence of any linear patterns with climbing intensity. This result 432 matches relatively well with observations in climbing areas of Jura Mountains (Switzerland) 433 of Schmera et al. (2018) but contradicts previous studies showing that climbing effects 434 435 strongly depend on climbing intensity (Clark and Hessl 2015; Lorite et al. 2017). The absence 436 of linear patterns with climbing intensity may be explained because the greatest impact of 437 climbing likely occurs during the opening of a new route, since route equippers (i.e. persons 438 in charge to establish the route in the cliff by incorporating metal anchors) frequently remove plants and mosses to facilitate the climbers' ascent. Also, first ascents could be more 439 440 impactful for cliff plant communities. Thus, the impact would not increase significantly with 441 increasing frequency of climbers, as indicated by Schweizer et al. (2021). They studied how lichen cover in a boulder changes during simulated increasing climbing frequency. They 442 found that the effect of climbing is strongest during the first 50 ascents and that subsequent 443

ascents did not cause any further significant damage, meaning that the climbing impact on
lichen cover stabilized over time. Thus, an assessment of plant community over time starting
from undisturbed primal cliffs, followed by the opening of new routes, and the increase of
climbing activity is required to confirm this unsolved question.

448 Changes in cliff species associations and community

Rare species are particularly threatened by various anthropogenic threats (Vitousek et al. 449 1997), but literature on the impact of climbing on rare species is scarce. Eleven of the locally 450 rare species were found in unclimbed plots, but only three locally rare species occurred in 451 climbed plots. Five of these rare species present in unclimbed plots are specialized on cliff 452 habitats and all the rare species present in climbed plots were generalists. The loss of rare 453 species in an ecosystem is worrisome, since rare species make up a large share of the 454 455 diversity of ecological assemblages and promote positive interactions (Calatayud et al. 2020). Therefore, the disappearance of locally rare species would not only decrease diversity in cliff 456 ecosystems, but also alter beneficial biotic interactions (see below). Remarkably, E. elegans, 457 listed as Endangered species (EN), was only found in unclimbed plots, suggesting that 458 climbing may burden rare and threatened species. The negative climbing effects found on 459 species diversity and on the presence of endemic, rare and threatened species evidence that 460 diversity indices together with endemic status and conservation values are all essential for 461 framing adequate local conservation strategies. 462

As might be expected, the greatest total loss of individuals due to climbing occurred in dominant species. Dominant and other common species have at times been undervalued in conservation actions (Gaston 2010), but the loss of individuals of dominant species could significantly impact community structure (Avolio et al. 2019) and affect species establishment (Gilbert et al. 2009) and ecosystem structure or visualization, proportional to

468 their abundance and biomass in the system (Avolio et al. 2019; Gray et al. 2021). In cliff ecosystems, dominance associates with abundance, frequency and cover, and depends on the 469 available ecological micro-niche. The IVI values in our study system ranged from 0.17 to 470 471 9.33, being relatively low compared to some ecosystems such as woodlands (e.g. Didita et al. 2010) but otherwise higher than in other plant communities such as agroforests and thorny 472 shrublands (e.g. Asigbaase et al. 2019). Due to the patchy structure and heterogeneity of the 473 474 cliff face (Kuntz and Larson 2006; do Carmo et al. 2016), direct competition is almost absent in cliffs. Cliffs are usual not totally covered by plants and therefore different cliff species are 475 476 only seldomly sharing exactly the same abiotic resources (e.g. soil nutrients, water, light), restricting competition to the spatial occupation of available micro-niches (Kelly and Larson 477 478 1997; Larson et al. 2000). However, species with greater adaptive capacity and plasticity (e.g. 479 having greater dispersal abilities in cliff environments, well-adapted root traits, drought 480 tolerance strategy, greater plant cover) would be more abundant and dominant on the rock face (Larson et al. 2000), which may help communities to buffer the increasing 481 482 environmental variability (e.g. March-Salas et al. 2021). The spatial organization of individuals and species in cliff ecosystems reflects important assemblage processes. In cliffs, 483 484 dominant species could attract more pollinators, have reduced distance among individuals, lower rock erosion and provide more substrate to other cracks through litter decay, so 485 486 positive interactions could appear between distinct groups of species. Thus, dominant species 487 should be also considered when designing cliff protection measures, since they are essential for the maintenance of the ecosystem, especially under environmental or human disturbances 488 such as climbing (Langenheder et al. 2012). 489

490 Our analysis shows for the first time significant species associations in cliff
491 ecosystems (but *see* Cooper 1997), and these statistical species associations may reflect
492 beneficial ecological interactions between species (Holt 2017). The total number of

493 associations between pairs of species was 60% lower in climbed compared to unclimbed plots and positive associations were 73% lower in plots subjected to climbing. These declines 494 may affect the dynamics of cliff populations. In addition, results of unclimbed plots show 495 496 significant positive associations among various rare species. Paired rare-rare species associations existed in unclimbed plots but disappeared in climbed plots, suggesting the 497 strong fragility of this type of biological interaction to anthropogenic perturbations (Vitousek 498 499 et al. 1997; Schatz et al. 2014). The existence of positive associations between pairs of rare species in unclimbed plots is remarkable, considering their low abundance. 500

501 Our analysis also indicated that dominant and other common species would have positive effects and may facilitate rarer species, as has been found in other ecosystems (Smith 502 and Knapp 2003). In unclimbed plots, the highest number of co-occurrences existed between 503 504 different dominant species, and positive associations were found between them. In climbed plots, only two positive associations between dominant species existed and positive 505 associations between common species accounted to 45% of all positive co-occurrences. Co-506 dominance is a common phenomenon that occurs when two or more species are similarly 507 dominant in a biotic community, and studies show that dominant associations may indirectly 508 509 favor establishment and even population growth of rare species, since it may control the presence of other common species (Avolio et al. 2019), in line with our results in unclimbed 510 511 plots. Studies also suggest that co-dominance is an important driver of community structure 512 and functioning, promoting long-term community stability (Smith and Knapp 2003; Crutsinger et al. 2008; Gray et al. 2021). Overall, climbing reduced all types of potential 513 species associations. However, three negative associations were found in unclimbed plots, all 514 515 involving dominant species, suggesting competition for the colonization of available microniches, or simply dispersal limits or an effect of general occurrence in the investigated area. 516 Cliffs offer resource-poor patches and show spatial niche partitioning, so co-existence of 517

different species capable of adapting to diverse conditions and positive co-dominance are
essential for successful habitat colonization and functioning in these ecosystems (Gray et al.
2021).

Changes in species diversity and species associations resulted in a significant change 521 in plant community composition due to climbing. The community composition varied among 522 523 routes but not within the same route, suggesting that climbing would affect different community assemblages and that climbing, rather than any other potential drivers, is the main 524 factor affecting the composition within cliff plant communities. If the change in species 525 526 composition persists, it may jeopardize the structure and stability of cliff communities. This 527 is especially true if this change triggers the loss of unique species or relevant biotic interactions, as was found in this study, and under the current climate change context (Ives 528 and Carpenter 2007). 529

530 Conservation of cliff plant communities in climbing areas

Generally, the consequences of losing rare species at community or even ecosystem level are 531 poorly understood (Jain et al. 2014), even though rare species are the focus of conservation 532 533 efforts (Gaston 2010). Our findings point out that a loss of rare species will lead to a decrease in the number and type of species associations, potentially affecting ecological assemblages 534 and rare species persistence (Calatayud et al. 2020). However, our insights highlight that 535 536 conservation in cliff ecosystems should also focus on dominant species and their interactions, as well as on species diversity, since they can act as a buffer against disturbances and 537 environmental variability, promote positive associations with common and rare species, and 538 539 ultimately maintain cliff plant community functioning (Langenheder et al. 2012). In this sense, conservation science should convince stakeholders of the need for a holistic 540 conservation of cliff ecosystem and not only focus on emblematic or rare species. In addition, 541

the shift in the community assemblage and the absence of patterns regarding climbing 542 intensity suggest that conservation efforts should focus on determining priority areas for 543 conservation rather than merely trying to limit the impact on climbing routes itself. This 544 includes controlling the opening of new routes, and identifying areas with low conservation 545 value for continuing rock climbing activity in certain "safe areas" based on research studies. 546 Conservation criteria should then not only concentrate on specific taxa or species groups, but 547 rather focus on all rare, common and dominant species and their interactions, as well as on 548 the maintenance of species diversity for long-term conservation success of cliff ecosystems. 549

References

551	Adams MD, Zaniewski K. (2012). Effects of recreational rock climbing and environmental
552	variation on a sandstone cliff-face lichen community. Botany 90, 253–259.
553	Alanís E, Mora A, Marroquín de la Fuente JS. (2020). Muestreo ecológico de la vegetación.
554	Page (Universidad Autónoma de Nuevo León, editor). Monterrey, Nuevo León, México.
555	Asigbaase M, Sjogersten S, Lomax BH, Dawoe E. (2019). Tree diversity and its ecological
556	importance value in organic and conventional cocoa agroforests in Ghana. PLoS ONE
557	14, e0210557.
558	Avolio ML, Forrestel EJ, Chang CC, La Pierre KJ, Burghardt KT, Smith MD. (2019).
559	Demystifying dominant species. New Phytologist 223, 1106–1126.
560	Bates D, Mächler M, Bolker BM, Walker SC. (2015). Fitting linear mixed-effects models
561	using lme4. Journal of Statistical Software 67, 1–48.
562	Baur B, Baur A, Schmera D. (2017). Impact assessment of intense sport climbing on
563	limestone cliffs: Response of rock-dwelling land snails. Ecological Indicators 72, 260-
564	267.
565	Boggess LM, Harrison GR, Bishop G. (2021). Impacts of rock climbing on cliff vegetation:
566	A methods review and best practices. <i>Applied Vegetation Science</i> 24, 0–3.
567	Calatayud J Andivia E, Escudero A, Melián CJ, Bernardo-Madrid R, Stoffel M, Aponte C,
568	Medina NG, Molina-Venegas R, Arnan X, Rosvall M, Neuman M, Noriega JA, Alves-
569	Martins F, Draper I, Luzuriaga A, Ballesteros-Cánovas JA, Morales-Molino C,
570	Ferrandis P, Herrero A, Pataro L, Juen L, Cea A, Madrigal-González J. (2020). Positive
571	associations among rare species and their persistence in ecological assemblages. Nature
572	Ecology and Evolution 4, 40–45.

573	Camp R, Knight R. (1998). Effects of rock climbing on cliff plant communities at Joshua
574	Tree National Park, California. Conservation Biology 12, 1302–1306.
575	Clark P, Hessl A. (2015). The effects of rock climbing on cliff-face vegetation. Applied
576	Vegetation Science 18, 705–715.
577	Cooper A. (1997). Plant species coexistence in cliff habitats. Journal of Biogeography 24,
578	483–494.
579	Covy N, Benedict L, Keeley WH. (2019). Rock climbing activity and physical habitat
580	attributes impact avian community diversity in cliff environments. PLoS ONE 14,

- 581 e0209557.
- 582 Crutsinger GM, Souza L, Sanders NJ. (2008). Intraspecific diversity and dominant genotypes
 583 resist plant invasions. *Ecology Letters 11*, 16–23.
- Curtis JT, McIntosh R. P. (1951). An upland forest continuum in the prairie-forest border
 region of wisconsin. *Ecology 32*, 476–496.
- deCastro-Arrazola I, March-Salas M, Lorite J. (2021). Assessment of the Potential Risk of
- 587 Rock-Climbing for Cliff Plant Species and Natural Protected Areas of Spain. *Frontiers*588 *in Ecology and Evolution 9*, 611362.
- Didita M, Nemomissa S, Gole TW. 2010. Floristic and structural analysis of the woodland
 vegetation around Dello Menna, Southeast Ethiopia. *Journal of Forestry Research 21*,
 395–408.
- do Carmo FF, de Campos IC, Jacobi CM. (2016). Effects of fine-scale surface heterogeneity
 on rock outcrop plant community structure. *Journal of Vegetation Science* 27, 50–59.
- 594 Escudero A. (1996). Community patterns on exposed cliffs in a Mediterranean calcareous
- 595 mountain. *Vegetatio 125*, 99–110.

- 596 Farris M. (1995). The Effects of Rock Climbing on the Cliff Flora of Three Minnesota State
- 597Parks. Page Conservation Biology Research Grants Program. Final report to the
- 598 Minnesota department of natural resources. Minnesota.
- 599 García-Callejas D, Bartomeus I, Godoy O. (2021). The spatial configuration of biotic
- 600 interactions shapes coexistence-area relationships in an annual plant community. *Nature* 601 *Communications 12*, 6192.
- Gaston KJ. (2010). Valuing common species. *Science* 327,154–155.
- 603 Gilbert B, Turkington R, Srivastava DS. (2009). Dominant species and diversity: Linking
- relative abundance to controls of species establishment. *American Naturalist 174*, 850–
 862.
- Graham L, Knight RL. (2004). Multi-scale comparisons of cliff vegetation in Colorado. *Plant Ecology 170*, 223–234.
- Gray JE, Komatsu KJ, Smith MD. (2021). Defining codominance in plant communities. *New Phytologist 230*, 1716–1730.
- Griffith DM, Veech JA, Marsh CJ. (2016). cooccur: probabilistic species co-occurrence
 analysis in R. *Journal of Statistical Software 69*, 1–17.
- Holt RD. (2017). Species Coexistence. Reference Module in Life Sciences.
- Holzschuh A. (2016). Does rock climbing threaten cliff biodiversity? A critical review.
- 614 *Biological Conservation 204*, 153–162.
- 615 INECC (2017). Chapter II. Environmental characterization of Mexico and its correlation with
- 616 the classification and nomenclature of plant communities. Available from
- 617 http://www2.inecc.gob.mx/publicaciones2/libros/421/cap2.html (accessed November 22,
- 618 2021).

619	Ives AR, Carpenter SR. (2007). Stability and diversity of ecosystems. <i>Science 317</i> , 58–62.
620	Jain M, Flynn DFB, Prager CM, Hart GM, DeVan CM, Ahrestani FS, Palmer MI, Bunker
621	DE, Knops JMH, Jouseau CF, Naeem S. (2014). The importance of rare species: A trait-
622	based assessment of rare species contributions to functional diversity and possible
623	ecosystem function in tall-grass prairies. <i>Ecology and Evolution 4</i> , 104–112.
624	Kelly PE, Larson DW. (1997). Effects of rock climbing on populations of presettlement
625	eastern white cedar (Thuja occidentalis) on cliffs of the Niagara Escarpment, Canada.
626	Conservation Biology 11,1125–1132.
627	Kindt R, Coe R. (2005). Tree diversity analysis. A manual and software for common
628	statistical methods for ecological and biodiversity studies. World Agroforestry Centre,
629	Nairoby.
630	Kuntz KL, Larson DW. (2006). Influences of microhabitat constraints and rock-climbing
631	disturbance on cliff-face vegetation communities. Conservation Biology 20, 821-832.
632	Langenheder S, Bulling MT, Prosser JI, Solan M. (2012). Role of functionally dominant
633	species in varying environmental regimes: evidence for the performance-enhancing
634	effect of biodiversity. BMC Ecology 12, 14.
635	Larson DW, Matthes U, Kelly PE. (2000). Cliff ecology: pattern and process in cliff
636	ecosystems. Cambridge University Press.
637	Lenth R V. (2016). Least-Squares Means: The {R} Package {lsmeans}. Journal of Statistical
638	<i>Software 69</i> , 1–33.
639	Lorite J, Serrano F, Lorenzo A, Cañadas EM, Ballesteros M, Peñas J. (2017). Rock climbing
640	alters plant species composition, cover, and richness in Mediterranean limestone cliffs.
641	<i>PLoS ONE 12</i> , e0182414.

642	Madden F. (2019). EPC climbing: A climber's guide to El Potrero Chico, 2nd edition.
643	March-Salas M, Moreno-Moya M, Palomar G, Tejero-Ibarra P, Haeuser E, Pertierra LR.
644	(2018). An innovative vegetation survey design in Mediterranean cliffs shows evidence
645	of higher tolerance of specialized rock plants to rock climbing activity. Applied
646	Vegetation Science 21, 289–297.
647	March-Salas M, van Kleunen M, Fitze PS. (2021). Effects of intrinsic precipitation-
648	predictability on root traits, allocation strategies and the selective regimes acting on
649	them. Oikos, e07970.
650	Müller SW, Rusterholz H-P, Baur B. (2004). Rock climbing alters the vegetation of
651	limestone cliffs in the nothern Swiss Jura Mountains. Canadian Journal of Botany 82,
652	862–870.
653	Murray BR, Lepschi BJ. (2004). Are locally rare species abundant elsewhere in their
654	geographical range? Austral Ecology 29, 287–293.
655	Oksanen J, Blanchet G, Friendly M, Kindt R, Legendre P, McGlinn D, Minchin PR, O'Hara
656	RB, Simpson GL, Solymos P, Stevens MHH, Szoecs E, Wagner H. (2020). vegan:
657	Community Ecology Package. R package version 2.5-6.2019.
658	Qi M, Sun T, Xue SF, Yang W, Shao DD, Martínez-López J (2018). Competitive ability,
659	stress tolerance and plant interactions along stress gradients. Ecology 99, 848-857.
660	R Development Core Team. (2020). R: A language and environment for statistical
661	computing. R Foundation for Statistical Computing, Vienna, Austria. Available from
662	http://www.r-project.org/index.html.
663	Salinas-Rodriguez MM, Estrada-Castillon E, Villarreal-Quintanilla JA (2017). Endemic
664	vascular plants of the Sierra Madre Oriental, Mexico. Phytotaxa 328, 1-52.

- Sasaki T, Lauenroth WK (2011). Dominant species, rather than diversity, regulates temporal
 stability of plant communities. *Oecologia 166*, 761-768.
- 667 Schatz B, Gauthier P, Debussche M, Thompson JD. (2014). A decision tool for listing species
- 668 for protection on different geographic scales and administrative levels. *Journal for*
- 669 *Nature Conservation* 22, 75–83.
- Schmera D, Rusterholz H, Baur A, Baur B. (2018). Intensity-dependent impact of sport
 climbing on vascular plants and land snails on limestone cliffs. *Biological Conservation*224, 63–70.
- 673 Schweizer A-M, Höschler L, Steinbauer MJ. (2021). The physical damage of climbing
- activity on sandstone lichen cover. *Sustainability* 13, 13590.
- Smith MD, Knapp AK. (2003). Dominant species maintain ecosystem function with nonrandom species loss. *Ecology Letters 6*, 509–517.
- 677 Solís JJ, Reyna M, da Feria M, Cardona MA, Rojas D. (2013). In vitro propagation of
- *Echeveria elegans*, a species of the flora endangered Mexican. *Journal of Environmental Science and Engineering*. *B* 2.
- Strutz T. (2016). Data fitting and uncertainty: A practical introduction to weighted least
 squares and beyond, 2nd edition. Springer Vieweg, Wiesbaden.
- 682 Velazco MC, Analís GF, Alvarado MA, Ramírez F, Forouhhbakhch P. (2011). Flora
- endémica de Nuevo León, México, y estados colindantes. *Journal of the Botanical Research Institute of Texas 5*, 275–298.
- 685 Vitousek PM, Mooney HA, Lubchenco J, Melillo JM. (1997). Human domination of Earth's
 686 ecosystems. *Science* 277, 494–499.

687 STATEMENTS & DECLARATIONS

688 Author's Contributions

- 689 FMA and MMS designed the study and MMS and JL designed the field-sampling
- 690 methodology. FMA conducted the field surveys and gathered the data with the help of AS,
- 691 while EEC helped to identify the cliff-plant species. MMS and JHA analyzed the data. MMS
- 692 wrote the first draft of the manuscript with all coauthors contributing to revisions.

693

694 Funding

- 695 This study was funded by CONACYT (National Council of Science and Technology -
- 696 México). National Geographic Society (Grant number EC-50532R-18 WorldClimb and
- 697 NGS-82734R-20 ReCOVIDiv –), American Alpine Club (AAC), Asociación Española de
- 698 Ecología Terrestre (AEET) and EcoClimb project (FEDER-Andalucía 2014-2020 Program -
- 699 A-RNM-4-UGR20) supported the work that gave rise to the design and conceptual part of
- 700 this work.

701

702 Competing Interests

703 The authors have no relevant financial or non-financial interests to disclose.

- 705 Data Availability
- 706 Data will be made available in a public repository upon acceptance for publication.

707 **Figure captions**

708

%) (C) per climbing-intensity level. Bar-plots (Means \pm SE) of the two-way interaction 709 between climbing effect and climbing intensity are shown for each variable (see Table 1). 710 Figure 2. Effect of climbing on the Shannon-Wiener diversity index at the study sites. A. 711 Mean Shannon-Wiener diversity index \pm SE by sampled sites is shown in the bar plot for 712 climbed and unclimbed plots. **B.** Shannon-Wiener diversity present in each site (i.e. sampled 713 route 'r'). Grey and white colors represent climbed and unclimbed plots, respectively. 714 Figure 3. Presence/absence co-occurrence matrix of species growing in climbed (A) and 715 unclimbed (B) plots. Pairwise co-occurrences were restricted to species found in the same site 716 717 and cliff-section and separated between those co-occurring in each climbed (A) or unclimbed (B) plot. Positive associations are colored in blue, negative associations in yellow and 718 significant random associations in grey. The species pair combinations without any observed 719 or expected co-occurrence according to the analysis were removed by default, and therefore 720 are not shown in the matrix. The level of dominance is highlighted in bold for each of the 721 722 species. 'DO' refers to dominant species, 'CO' to common species and 'RA' to locally rare species. 723

Figure 1: Effect of climbing on mean species richness (A), abundance (B) and plant cover (in

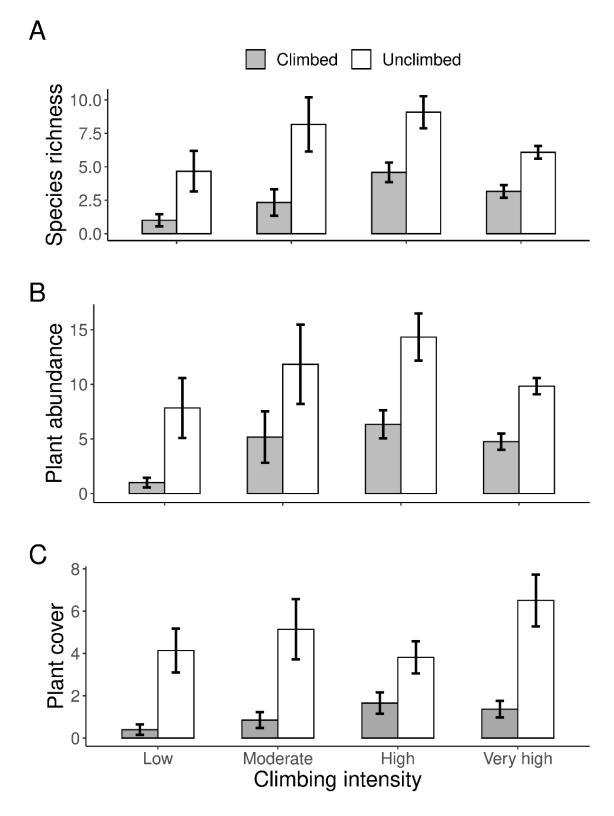
Figure 4. Number of co-occurrences (log transformed) between paired dominance groups of species calculated for unclimbed plots (in white) and for climbed plots (in grey) growing in the same site and cliff section. 'DO' refers to dominant species, 'CO' to common species and 'RA' to locally rare species. Raw data are shown in Table S3.

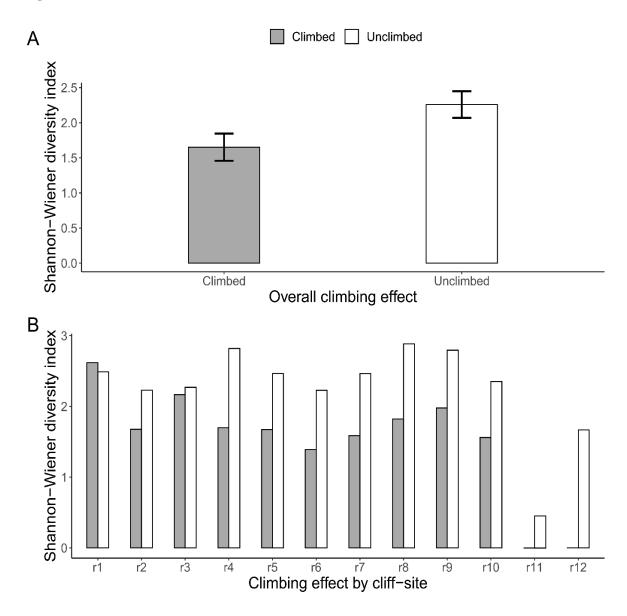
Figure 5. Biplot showing variation in species composition between climbed and unclimbed
 plots. Predicted values of the species two-dimensional spatial configuration with regard to
 NMDS1 and NMDS2 axes are shown. Polygons show differential species composition

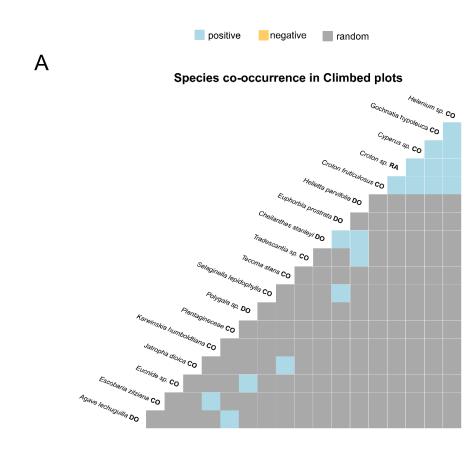
- between climbed and unclimbed plots according to the NMDS analysis. Each point represents
- a single species, and symbols and colors divide species into dominant, common, and rare.

733 Figures

734 Figure 1

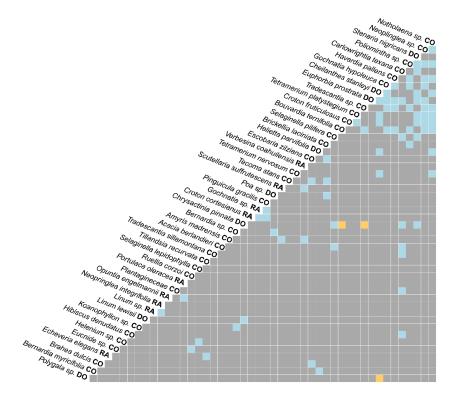


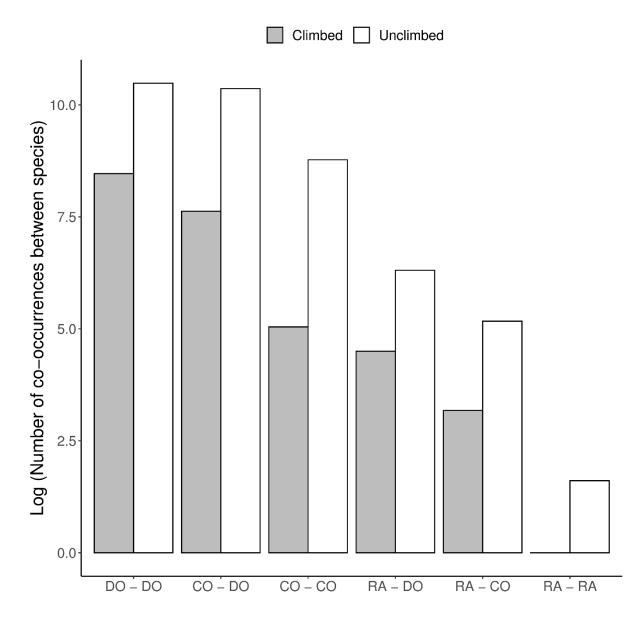




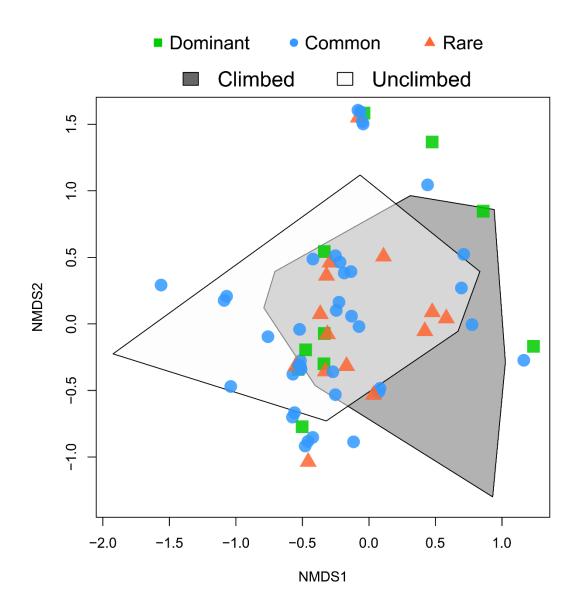
В

Species co-occurrence in Unclimbed plots





743 Figure 5



745 Tables

Table 1. Climbing effect on species richness, abundance and plant cover. To show whether 746 the climbing effect varies among climbing intensity levels, we included climbing effect 747 748 (Climbed vs. Unclimbed), climbing intensity and their two-way interaction in the Linear Mixed-effect Models (LMMs). The percentage of cracks (Perc. cracks) and cliff slope were 749 included in the LMMs as these abiotic factors may affect the climbing impact. Cliff section 750 (Bottom, Middle, Top) was included to assess whether the presence of plants or their 751 coverage vary with cliff height. Transformations applied to the response variable are 752 indicated after the variable name. Significance is shown as *0.05 > p; $**0.01 > p \ge 0.001$; 753 *** p < 0.001, and \cdot refrects marginal effects (0.1 > $p \ge 0.05$). 754

Response variable	Parameter	Chi-Square	df	p-value	
Species richness					
	Perc. Cracks	58.834	1	< 0.001	***
	Slope	0.201	1	0.654	
	Cliff-section	0.052	2	0.975	
	Climbing difficulty	1.497	2	0.473	
	Climbing effect	15.324	1	< 0.001	***
	Climbing intensity	19.299	3	< 0.001	***
	Climbing effect × intensity	1.508	3	0.680	
Abundance ^ 0.6					
	Perc. Cracks	55.547	1	< 0.001	***
	Slope	4.423	1	0.035	*
	Cliff-section	1.266	2	0.531	
	Climbing difficulty	3.177	2	0.204	
	Climbing effect	25.358	1	< 0.001	***
	Climbing intensity	7.201	3	0.066	•
	Climbing effect × intensity	1.561	3	0.668	
Plant cover ^ 0.3					
	Perc. Cracks	20.320	1	< 0.001	***
	Slope	2.324	1	0.127	
	Cliff-section	0.237	2	0.888	
	Climbing difficulty	0.007	2	0.997	
	Climbing effect	28.911	1	< 0.001	***
	Climbing intensity	1.715	3	0.634	
	Climbing effect × intensity	11.513	3	0.009	**

755 SUPPLEMENTARY INFORMATION

Climbed cliffs	Coordinates
1. The Virgin Canyon	25°56'58.51"N - 100°28'41.38"W
2. Buzz Rock	25°57'15.71"N - 100°29'01.66"W
3. Wonder Wall	25°57'00.65"N - 100°28'36.80"W
4. Cañón de los Lobos	25°57'02.00"N - 100°28'32.02"W
5. Land of the free	25°57'06.76"N - 100°28'53.57"W
6. Mota Wall	25°56'50.51"N - 100°28'33.20"W
7. La Ola	25°56'54.21"N - 100°28'29.60"W
8. Blubber Wall	25°56'43.04"N - 100°27'51.73"W
9. Fitness Cave	25°56'32.61"N - 100°27'52.03"W
10. Outrage Wall	25°56'52.56"N - 100°28'38.38"W
-	

Table S1. Sampled cliffs and their geographic coordinates.

758	Table S2 . List of plant species and families found in the study sites. Species are classified
759	according to their distribution (native, endemic or alien). The frequency (i.e. number of plots
760	where the species is present) and abundance (i.e. number of individuals) of each species
761	found in the study sites are shown. Finally, the type of rock association separating into
762	generalists (G), rock-specialists (S) and species with non-strict but close association to rocky
763	habitats (A) is shown.

Plant specie	Family	Distribution	Frequency	Abundance	IVI	Rock-
			(F)	(A)		association
Acacia berlandieri	Fabaceae	Native	2	2	0.75	G
Agave bracteosa	Asparagaceae	Endemic	9	19	4.66	G
Agave lechuguilla	Asparagaceae	Native	23	46	9.33	G
Amyris madrensis	Rutaceae	Native	1	1	0.37	G
Bernardia myricifolia	Euphorbiaceae	Native	2	2	0.42	G
Bernardia sp.	Euphorbiaceae	-	4	19	2.13	G
Bouvardia ternifolia	Rubiaceae	Native	6	7	1.48	G
Brahea dulcis	Arecaceae	Endemic	4	4	2.00	А
Brickellia laciniata	Asteraceae	Native	5	5	1.15	G
Carlowrightia texana	Acanthaceae	Native	8	15	2.53	G
Cheilanthes standleyi	Pteridaceae	Native	15	49	5.30	S
Chrysactinia pinnata	Asteraceae	Endemic	19	51	7.33	G
Croton cortesianus	Euphorbiaceae	Native	1	1	0.20	G
Croton fruticulosus	Euphorbiaceae	Native	7	7	1.86	G
Croton sp.	Euphorbiaceae	Native	1	1	0.20	G
Cyperus sp.	Cyperaceae	-	2	2	0.64	G
Dasylirion berlandieri	Asparagaceae	Endemic	2	2	0.84	G
Echeveria elegans	Crassulaceae	Endemic	1	1	0.22	S
Echinocereus	Cactaceae	Native	1	1	0.27	А
enneacanthus						
Escobaria zilziana	Cactaceae	Endemic	6	6	1.14	А
Eucnide sp.	Loasaceae	Native	2	4	0.59	G
Euphorbia prostrata	Euphorbiaceae	Native	10	25	3.13	G
Gochnatia hypoleuca	Asteraceae	Native	5	9	1.99	G
Gochnatia sp.	Asteraceae	Native	1	1	0.17	G
Havardia pallens	Fabaceae	Native	4	5	1.71	G
Hechtia podantha	Bromeliaceae	Endemic	3	3	0.68	А
Helenium sp.	Asteraceae	Native	2	11	1.03	G
Helietta parvifolia	Rutaceae	Native	9	18	3.13	G
Hibiscus denudatus	Malvaceae	Native	3	5	0.80	А
Jatropha dioica	Euphorbiaceae	Native	1	1	0.76	G

Karwinskia	Rhamnaceae	Endemic	1	1	0.54	G
humboldtiana						
Koanophyllon sp.	Asteraceae	-	3	3	0.61	G
Linum lewisii	Linaceae	Native	15	20	3.45	G
Linum sp.	Linaceae	Native	1	1	0.24	G
Lobelia sp.	Campanulaceae	-	3	8	0.93	А
Mammillaria heyderi	Cactaceae	Native	5	10	1.36	А
Mirabilis sp.	Nyctaginaceae	-	1	1	0.27	А
Neoplinglea sp.	Salicaceae	-	6	6	1.43	G
Neopringlea	Salicaceae	Native	1	1	0.28	G
integrifolia						
Notholaena sp.	Pteridaceae	Native	8	11	1.81	S
Opuntia engelmannii	Cactaceae	Native	1	1	0.22	G
Pinguicula gracilis	Lentibulariaceae	Endemic	1	3	0.31	S
Plantaginacea	Plantaginaceae	-	6	12	1.69	G
Poa sp.	Poaceae	-	13	22	3.76	G
Poliomintha sp.	Lamiaceae	Native	8	10	2.07	G
Polygala sp.	Polygalaceae	Native	9	16	3.62	S
Portulaca oleracea	Portulacaceae	Alien	1	1	0.18	G
Ruellia corzoi	Acanthaceae	Endemic	1	2	0.32	G
Salvia sp.	Lamiaceae	Native	1	1	0.18	G
Scutellaria	Lamiaceae	Native	1	1	0.22	G
suffrutescens						
Sedum palmeri	Crassulaceae	Endemic	1	1	0.18	А
Selaginella	Selaginellaceae	Native	3	11	1.03	S
lepidophylla	-					
Selaginella pilifera	Selaginellaceae	Native	4	12	1.22	S
Stenaria nigricans	Rubiaceae	Native	17	41	6.13	G
Tecoma stans	Bignoniaceae	Native	4	6	2.40	G
Tetramerium	Acanthaceae	Native	3	4	0.81	G
nervosum						
Tetramerium	Acanthaceae	Native	8	11	2.13	А
platystegium						
Tetramerium sp.	Acanthaceae	Native	2	2	0.36	А
Tillandsia recurvata	Bromeliaceae	Native	1	4	0.40	А
Tradescantia	Commelinaceae	Native	7	19	2.54	G
crassifolia						
Tradescantia	Commelinaceae	Endemic	2	2	0.37	А
sillamontana						
Tradescantia sp.	Commelinaceae	Native	5	10	1.89	G
Verbesina coahuilensis	Asteraceae	Endemic	1	1	0.27	S
	Р. Т					

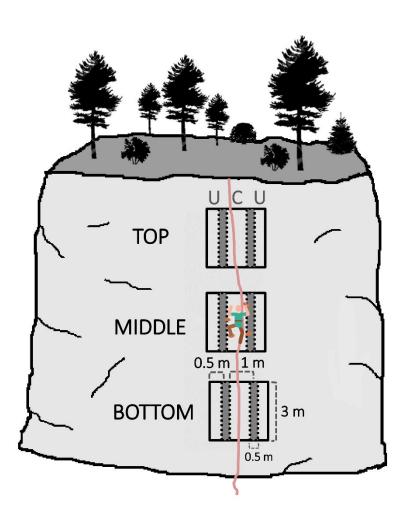
Table S3. Number of co-occurrences between paired dominance groups calculated for all

sites and cliff sections, and for unclimbed and climbed plots. 'DO' refers to dominant

species, 'CO' to common species and 'RA' to rare species.

Paired groups	Treatment	Number of occurrences
DO - DO	Overall	60,680
CO - DO	Overall	54,420
CO - CO	Overall	9,374
RA - DO	Overall	875
RA - CO	Overall	297
RA - RA	Overall	4
DO – DO	Unclimbed	35,753
CO - DO	Unclimbed	31,692
CO - CO	Unclimbed	6,473
RA - DO	Unclimbed	548
RA - CO	Unclimbed	175
RA - RA	Unclimbed	4
DO – DO	Climbed	4,748
CO – DO	Climbed	2,049
CO - CO	Climbed	154
RA – DO	Climbed	89
RA - CO	Climbed	23
RA - RA	Climbed	0

Figure S1: The experimental sampling design consists of a quadrat of 3 m high \times 3 m wide which is positioned in the bottom, middle and top sections of the cliff face along each sampled route. Each quadrat is divided into five plots: a central climbed plot of 3 m high \times 1 m wide (C), two immediately adjacent plots of 3 m high \times 0.5 m wide each (in dark grey) which was not surveyed, and other two adjacent unclimbed plots f 3 m high \times 0.5 m wide on each side (U) that represent the areas not frequented by climbers (adapted from March-Salas et al. (2018)).



777

Figure S2. Overview of the sampling-quadrat design. The 3 m \times 3 m sampling quadrat was divided in 0.5 m \times 0.5 m subplots. Thus, both unclimbed and climbed plots were divided into 12 subplots. 'L', 'R' and 'C' letters represents left, right and central areas, respectively. The grey part represents the unsurveyed area of the quadrat.

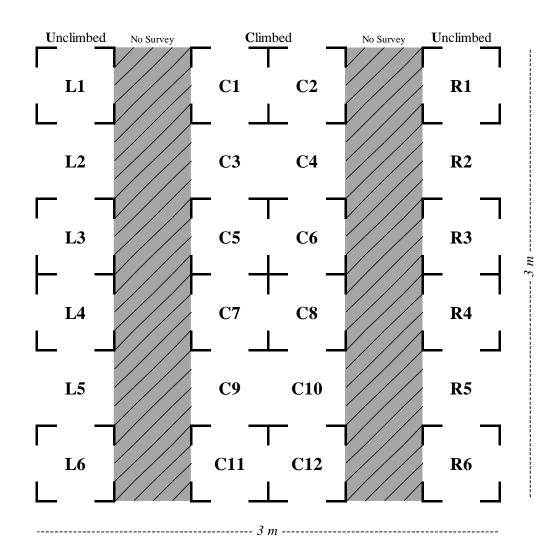




Figure S3. Co-occurrence matrix of presence/absence of the overall species growing in the same site and cliff section. Positive associations are colored in blue, negative associations in yellow and random associations in grey. The level of species dominance is highlighted in bold for each of the species. 'DO' refers to dominant species, 'CO' to common species and 'RA' to rare species.

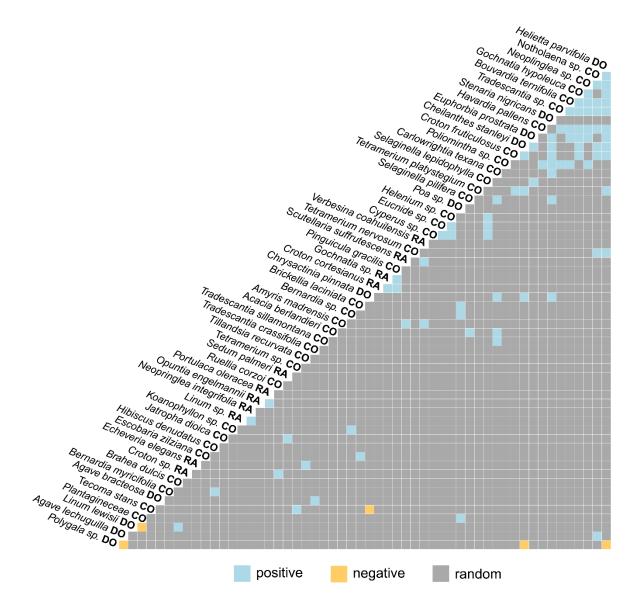


Figure S4. Mean plant abundance among routes by species dominance level in climbed and in unclimbed plots. The bars show the differences in mean number of individuals \pm SE in dominant, common and rare species by climbed and unclimbed plots.

