

# Heritability and developmental plasticity of growth in an oviparous lizard

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## Abstract

Selective processes act on phenotypic variation although the evolutionary potential of a trait relies on the underlying heritable variation. Developmental plasticity is an important source of phenotypic variation, but it can also promote changes in genetic variation, yet we have a limited understanding on how they are both impacted. Here, we quantified the influence of developmental temperature on the growth in delicate skinks (*Lampropholis delicata*) and partitioned the total variance using an animal model fitted with a genomic relatedness matrix. We measured mass for 262 individuals ( $n_{\text{hot}} = 125$ ,  $n_{\text{cold}} = 136$ ) over 16 months ( $n_{\text{observations}} = 3,002$ ) and estimated heritability and maternal effects over time. Our results show that lizards reared in cold developmental temperatures had consistently higher mass across development compared to lizards that were reared in hot developmental temperatures. However, developmental temperature did not impact the rate of growth. On average, additive genetic variance, maternal effects and heritability were higher in hot developmental temperature treatment, however these differences were not statistically significant. Heritability increased with age, whereas maternal effects decreased upon hatching but increased again at a later age which could be driven by social competition or intrinsic changes in the expression of variation as individual's growth. Our work suggests that evolutionary potential of growth is complex, age-dependent and not overtly affected by extremes in natural nest temperatures.

## Keywords

Body mass, growth rate, additive genetic variance, incubation temperature, maternal effects, temperature-size rule, cryptic genetic variation

## 37 Introduction

38 Developmental plasticity plays a key role in generating phenotypic variation  
39 ([Ghalambor et al., 2007](#); [Noble et al., 2018](#); [West-Eberhard, 2003](#)). The complex interplay  
40 between an individual's genotype, and the developmental environment in which that  
41 genotype finds itself, means that a range of different phenotypes can arise ([Monaghan, 2008](#);  
42 [West-Eberhard, 2003](#)). Phenotypic changes resulting from distinct early life experiences can  
43 have persistent effects on individual fitness ([Monaghan, 2008](#); [Noble et al., 2018](#)). For many  
44 oviparous (egg-laying) organisms, early life stages are particularly sensitive periods because  
45 many species do not provide parental care that would shelter embryos from environmental  
46 insults. Changes induced by developmental environments may result in a better match  
47 between the adult phenotype and the subsequent selective environment. However, in some  
48 cases, maladaptive phenotypes can arise if there is a mismatch between later-life  
49 environments and those experienced early in development ([Beaman et al., 2016](#); [Ghalambor  
50 et al., 2007](#)). Regardless, phenotypic plasticity represents a promising immediate solution for  
51 threatened populations by allowing them to better track adaptive optima and persist providing  
52 the population experiences environmental conditions they have experienced in the past  
53 ([Beldade et al., 2011](#); [Chevin, 2010](#); [Noble et al., 2019](#); [West-Eberhard, 2003](#)). Understanding  
54 the consequences of developmental environments on phenotypes and fitness is therefore  
55 critical to predict how populations will survive in stressful conditions ([Botero et al., 2015](#);  
56 [Reed et al., 2010](#)).

57  
58 A population's capacity to evolve depends not only on the strength of selection but  
59 also on the underlying standing genetic variation ([Lynch and Walsh, 1998](#)). It has long been  
60 recognised that both selection and genetic variation change across environments ([Falconer  
61 and Mackay, 1996](#)). As such, a great deal of effort has been put towards understanding the  
62 circumstances under which genetic variation may change with the environment and the  
63 magnitude of those changes ([Charmantier and Garant, 2005](#); [Fischer et al., 2020b](#); [Hoffmann  
64 and Merilä, 1999](#); [Noble et al., 2019](#); [Rowiński and Rogell, 2017](#); [Wood and Brodie, 2015](#)).  
65 Genetic variance in novel environments may increase due to relaxation of selection pressures  
66 combined with higher mutation rates ([Hoffman and Parsons, 1991](#); [Hoffmann and Merilä,  
67 1999](#)). An increase in genetic variance is also expected when buffering mechanisms  
68 breakdown triggering a release of 'cryptic genetic variation' ([Paaby and Rockman, 2014](#)).  
69 However, other mechanisms, such as low cross-environment genetic correlations or  
70 condition-dependence of gene expression can also affect the amount of genetic variance in  
71 different environments ([Charmantier and Garant, 2005](#); [Coltman et al., 2001](#)). Under the same  
72 selection pressure, should genetic variation change with the environment, the speed of  
73 evolutionary responses can be impacted making it potentially difficult to predict genetic  
74 adaptation.

75  
76 Comparative studies have shown that the environmental impacts on genetic variance  
77 is not straightforward ([Charmantier and Garant, 2005](#); [Hoffmann and Merilä, 1999](#); [Rowiński  
78 and Rogell, 2017](#)). In lab studies, elevated developmental stress has been shown to increase  
79 the heritability of morphological traits ([Hoffmann and Merilä, 1999](#)), whereas wild, non-  
80 domestic populations tend to have higher heritability in favourable environments  
81 ([Charmantier and Garant, 2005](#)). Lack of consensus may be related to increased  
82 environmental heterogeneity in wild populations, making them more difficult to compare  
83 with lab studies. It has been suggested that responses to different developmental stressors  
84 (e.g. heat shock vs. starvation) may be associated with disparate patterns of gene expression  
85 making broad comparisons more variable ([Charmantier and Garant, 2005](#); [Dahlgaard and  
86 Hoffmann, 2000](#)). Importantly, environmental comparisons of heritability have been

87 criticised because they mask changes in the relative contributions of non-genetic and genetic  
88 variance ([Hansen et al., 2011](#); [Rowiński and Rogell, 2017](#)). For example, a meta-analysis  
89 found that heritability of life history traits, which have been argued to be more important to  
90 fitness, did not change between control and stressful conditions ([Rowiński and Rogell, 2017](#)).  
91 The same pattern was observed for morphological traits ([Fischer et al., 2020b](#)). Upon closer  
92 inspection, both additive genetic and environmental variance of life history traits increased  
93 under stressful conditions whereas the opposite was true for morphological traits ([Rowiński  
94 and Rogell, 2017](#)). The expression of genetic variation under different developmental  
95 environments can thus influence the evolutionary potential of fitness related traits.

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97 Body size is fundamental to fitness and is both heritable and environmentally  
98 responsive ([Noordwijk et al., 1988](#); [Stillwell and Fox, 2009](#)). Developmental environments,  
99 such as temperature and nutritional stress can drive substantial variation in body size, largely  
100 through shifts in how organisms grow ([Eyck et al., 2019](#); [Noble et al., 2018](#)). Maternal  
101 investment in offspring are also important sources of body size variation ([Noble et al., 2014](#);  
102 [Wilson and Réale, 2006](#)). Variation among mothers in egg investment, nest site selection or  
103 timing of birth ([Mitchell et al., 2018](#); [Shine and Harlow, 1996](#); [Uller and Olsson, 2010](#)) are  
104 expected to contribute the most to offspring body size early in development ([Mousseau and  
105 Fox, 1998](#)). However, these effects have been shown to decline with age as maternal  
106 investment subsides ([Krist, 2010](#); [Wilson et al., 2005b](#)). Additionally, environmental factors  
107 such as shared habitats or long-term seasonal effects can also account for a substantial  
108 proportion of variability in body size ([Kruuk, 2004](#)). For example, permanent environmental  
109 effects that varied across years explained 26% – 35% of body size variation in bighorn sheep  
110 ([Réale et al., 1999](#)). Similarly, 56% of variation in body mass was attributed to nest boxes  
111 shared among siblings in blue tit chicks ([Charmantier et al., 2004](#)). As such, the various  
112 sources that influence body size variation (genetic, environmental, maternal) are predicted to  
113 vary across ontogeny and temporal approaches are needed in order to evaluate age-specific  
114 evolutionary potential of body size – higher genetic variation at a given age would imply that,  
115 if selection were to operate, it would be more likely to lead to an evolutionary response.

116  
117 Here we investigated the impact of developmental temperature on growth and mass in  
118 an oviparous skink (*Lampropholis delicata*) – two traits that are critically important to  
119 fitness. We also test how developmental environments affect evolutionary potential in these  
120 traits. Growth trajectories ( $n_{\text{observations}} = 3,002$ ) for lizards that hatched from two incubation  
121 treatments ( $n_{\text{hot}} = 125$ ,  $n_{\text{cold}} = 136$ ), were measured over the first 16 months of life (lifespan is  
122 ~3-4 years). Using 8,433 single nucleotide polymorphic (SNP) markers, we derived a  
123 genomic relatedness matrix to estimate quantitative genetic parameters. Using these data, we  
124 address two key questions: 1) How does developmental temperature affect the rate and shape  
125 of growth trajectories (initial mass, growth rate and curvature of growth trajectory)? and 2)  
126 How does developmental temperature affect genetic and non-genetic sources of phenotypic  
127 variance across age? According to the ‘temperature-size rule’, we expect lizards experiencing  
128 cold developmental temperatures to have larger initial masses and slower growth rates –  
129 possibly resulting in lizards reaching sexual maturity at a later age compared to lizards  
130 experiencing hot developmental temperatures ([Angilletta Jr et al., 2017](#)). In addition, we  
131 predicted greater amount of genetic variance under higher developmental temperatures, after  
132 controlling for non-genetic sources of variance, as higher temperatures may release ‘cryptic  
133 genetic variation’ ([Rowiński and Rogell, 2017](#)). We expected maternal effects and permanent  
134 environment effects to manifest early in development and dissipate over time.

## 135 **Materials and Methods**

### 136 *Lizard collection and husbandry*

137 We established a breeding colony of adult *L. delicata* ( $n_{\text{females}} = 144$ ,  $n_{\text{males}} = 50$ ) using wild  
138 individuals collected across five sites throughout the Sydney region between August and  
139 September 2015. While we collected from five different sites in Sydney, biogeographic data  
140 suggests high gene-flow across the Sydney region ([Chapple et al., 2013](#)). Using a half-sib  
141 breeding design, we paired three females with a single male in opaque plastic enclosures  
142 measuring 35cm  $\times$  25cm  $\times$  15cm (L  $\times$  W  $\times$  H). We choose a paternal half-sib design  
143 because maternal half-sibs are difficult to generate given that females in our colony only  
144 produced a single clutch in a year (see below). Enclosures were kept under UV lights  
145 (12L:12D) in a temperature-controlled room set to 24°C. Lizards were given access to a heat  
146 lamp that elevated temperatures to between 28-32 °C. Each enclosure was lined with  
147 newspaper and lizards had constant access to water. Tree bark was used as refuge. Adult  
148 lizards were fed medium sized crickets *ad libitum* (*Acheta domestica*) dusted with calcium  
149 powder and multi-vitamin every two days. From the beginning of the egg laying season  
150 (October of each year), we replaced newspaper lining with garden potting mix and placed an  
151 opaque plastic box (12 cm  $\times$  17.5 cm  $\times$  4.3 cm) containing moistened vermiculite in each  
152 enclosure for females to oviposit their eggs. During this time, enclosures were sprayed with  
153 water every second day to maintain a relatively humid environment. From October to  
154 November, egg boxes were checked every day. Tail tissue samples (~1 mm) were taken from  
155 adults that were from enclosures producing eggs for DNA extraction (see below). All tissues  
156 were stored in 70% ethanol. Animal collection was approved by the New South Wales  
157 National Parks and Wildlife Service (SL101549) and all procedures were approved by the  
158 Macquarie University Ethics committee (ARA 2015/015) and University of New South  
159 Wales Animal Care and Ethics committee (ACEC 15/51A).

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### 161 *Developmental Temperature Manipulations*

162 Eggs were collected between October to March, over two reproductive seasons from  
163 2016 and 2017. As soon as eggs were found, they were weighed using a digital scale to the  
164 nearest 0.01g (Ohaus Scout SKX123). We also measured egg length (distance between the  
165 furthest points along the longest axis of the egg) and egg width (distance between the widest  
166 points along the axis perpendicular to the longest axis of the egg) using digital callipers to the  
167 nearest 0.01mm. Following measurements, each egg was placed in a plastic cup (80ml)  
168 containing three grams of vermiculite and four grams of water. Each cup was then covered  
169 using cling wrap and secured using an elastic band. We used a split-clutch design where eggs  
170 from single clutch were pseudo-randomly assigned to one of two developmental temperature  
171 treatments. We used two incubators to precisely control the temperature of eggs (LabWit,  
172 ZXSD-R1090). The ‘hot’ treatment was exposed to a mean temperature of 29°C whereas the  
173 ‘cold’ treatment was exposed to a mean temperature of 23°C. Both incubators fluctuated +/-  
174 3°C over a 24-hour period around these mean temperatures to simulate natural nest site  
175 temperature variability. These treatments represent the temperature extremes of natural nest  
176 (~ 2 standard deviations above and below the mean - ~27 °C) sites for *L. delicata* ([Cheetham  
177 et al., 2011](#)), and this species does not have temperature-sex determination that would  
178 possibly bias sex ratios in these two treatments. We chose these temperatures because we  
179 expect thermal environments to become more extreme and variable in the future making it of  
180 interest in knowing how the expression of genetic variation is likely to manifest in abnormal  
181 thermal conditions. While it is challenging to determine if an environment is ‘stressful’ or not  
182 without data on egg mortality ([Roelofs et al., 2010](#)), we viewed this as atypical of what is  
183 commonly encountered in nature. Egg cups were rotated within each incubator weekly to

184 avoid uneven heat circulation within incubators. Incubators were also checked daily for  
185 hatchlings.

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### 187 *Quantifying Growth Rate*

188 Newly emerged hatchlings were weighed to the nearest 0.01g and a small tail tip  
189 clipping (~2mm) was taken for genetic analyses. Ventral photographs were taken for digital  
190 measurement (Nikon Coolpix A900). For the first two months, photographs of hatchlings  
191 were taken approximately every 14 days. After which, hatchlings were photographed at  
192 approximately a 35-day interval. From six months onwards, we manually measured hatchling  
193 SVL using a clear ruler to the nearest ~0.5mm. We also recorded the mass of the individual  
194 each time photographs or SVL measurements were taken. Growth measurements continued  
195 until we had approximately 16 measures per individual (mean = 11.5, SD = 4.71). By the  
196 end of the study, the mean age for hot incubated lizards was 335.82 (range: 0 – 711) and for  
197 cold incubated lizards it was 384.8 (range: 0 – 707) which is approximately 25 – 50% of their  
198 total lifespan ([Chapple et al., 2014](#)). From the photographs, we extracted snout-vent-length  
199 (SVL; from tip of snout to the beginning of the cloaca opening) using ImageJ software ([Rueden  
200 et al., 2017](#)). For the first initial nine months, hatchlings were housed individually in opaque  
201 plastic enclosures (32.3cm x 18.5cm x 6cm) lined with newspaper. Hatchlings were fed the  
202 same number of crickets every second day and had constant access to a tree bark refuge and  
203 water. Hatchling enclosures were placed in a temperature control room under the same  
204 conditions as described above for the adult colony. For logistical reasons, at approximately  
205 nine months, hatchlings were housed in groups of five in opaque bins with the same  
206 measurements as the adult enclosures. We pseudo-randomised individuals to each shared  
207 enclosure while maintaining a similar number of individuals from each treatment. Social  
208 housing conditions may result in additive genetic and maternal effects becoming more  
209 apparent because of competition and social stress that may drive greater variation among  
210 individuals. Our modelling approaches estimate changes in variance components across age  
211 and should be able to detect any changes brought about by the release of variation (see  
212 below).

### 213 *Genomic Relatedness Matrix*

214 We derived a genomic relatedness matrix (GRM) using single nucleotide  
215 polymorphism (SNP) genotypes for all 262 offspring with growth data (132 putative parents;  
216  $n_{\text{females}} = 69$ ,  $n_{\text{males}} = 63$ ). While our half-sib breeding design allowed us to assign parentage to  
217 derive a pedigree, high levels of sperm storage and low levels of multiple paternity (94% of  
218 offspring within a clutch had been sired by a single male) meant our pedigree had low  
219 resolution to effectively estimate additive genetic variation. Recent studies have shown that  
220 GRM derived from SNPs have low error rates (<0.3%) and are able to reconstruct pedigree  
221 relationships when at least 200 SNP loci are used ([Bérénos et al., 2014](#); [Huisman, 2017](#)).  
222 Moreover, both relatedness and heritability values estimated from a GRM can be very similar  
223 to those inferred using a pedigree ([Bérénos et al., 2014](#); [Huisman, 2017](#)). GRMs may in fact  
224 provide more accurate estimates of genetic relatedness among individuals than was typically  
225 assumed from pedigrees. Single nucleotide polymorphism libraries were designed and animals  
226 genotyped using DArTseq™ (Diversity Arrays Technology) methods. For more details on  
227 DNA extraction and SNP genotyping see ESM.

228 Prior to deriving our GRM, we filtered our SNPs using the R package *dartR* (Gruber et  
229 al., 2018). We filtered loci based on various metrics in the following order: 1) read depth (8 –  
230 40); reproducibility (> 0.996); call rate by loci (> 0.97) and then by individual (> 0.80);  
231 monomorphic loci; minor allele frequencies (> 0.02); Hamming Distance among loci (> 0.25)  
232 and Hardy Weinberg Equilibrium. This clean-up process resulted in a dataset of 8,438 loci with



233 an average call rate of 98.5% (see ESM and provided code). Using these 8,438 loci we derived  
234 a GRM, which describes the proportion of the genome that is identical by descent ([VanRaden,  
235 2008](#)). We calculated a GRM for all hatchlings using the *snpReady* R package ([Granato et al.,  
236 2018](#)) following methods described by ([VanRaden, 2008](#)):

237

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$$GRM = \frac{ZZ'}{2 \sum p_i(1 - p_i)}$$

239

240 where  $Z$  is the centered squared matrix of SNP genotypes of all individuals. This is calculated  
241 from a matrix of where heterozygote SNP genotypes (AT) were coded as 0, homozygote  
242 genotypes for the SNP allele (AA) were coded as 1 and homozygotes for the original allele  
243 (TT) were coded as -1.  $p_i$  is the frequency of the second locus at locus position  $i$ . The  
244 denominator scales the GRM matrix so that the values approximate a relatedness matrix  
245 derived from a pedigree.

## 246 **Statistical Analyses**

247 All analyses were performed using *R* ([Team, 2023](#)). We checked the data for potential  
248 input errors using histograms, scatterplots, and Cleveland plots. We fitted Bayesian linear  
249 mixed effects models (LMM) in *brms* which interfaces with Stan ([Bürkner, 2017](#); [Gelman et  
250 al., 2015](#)). Mass was log-transformed, and age was z-transformed. For all models we ran 6000  
251 iterations with a burn in of 1000, sampling from the posterior distribution every 10 iterations.  
252 We ensured proper mixing by inspecting trace plots and checked that scale reduction factors  
253 were less than 1.01. We report posterior means and 95% credible intervals for all parameters  
254 throughout.

### 255 *Impact of Developmental Temperature on Additive Genetic Variance and Maternal Effects 256 Across Age*

257 First, we tested whether developmental temperature influenced the overall heritability  
258 of mass and the relative contributions of additional variance components across age. (i.e.,  
259 permanent environmental and maternal effect variance). For each treatment group, we fitted  
260 intercepts only in the fixed effects with random intercepts for additive genetic variance ( $G$ ),  
261 maternal effects ( $M$ ) and permanent environmental effects ( $PE$ ) as we had repeated measures  
262 of the same individuals ([Wilson et al., 2010](#)). The model also estimated residual variance ( $R$ ).  
263 We included our GRM to estimate additive genetic variation. Overall heritability ( $h^2$ ) of mass  
264 at a given age was calculated as:

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$$h^2 = \frac{G_I}{(V_T)}$$

266 Where,  $V_T$  is the sum of the variance components in the model (which could vary  
267 depending on the model best supported. We used model selection to determine the most  
268 appropriate random effects structure for our data as we had no *a priori* knowledge of what (or  
269 how) variance components change with age ([Wilson and Réale, 2006](#)). We fitted models with  
270 varying complexity in their random effects and used Leave-One Out (LOO) cross validation  
271 to compare model fit and select the model with best predictive performance. Using LOO, the  
272 expected log pointwise predictive density for a model can be calculated, and these can be  
273 used to compare model performance – by calculating the difference between expected log  
274 pointwise predictive density of various models. Differences of less than 4 mean that models  
275 are comparable ([Sivula et al., 2020](#)). For differences greater than 4, then the standard error  
276 (SE) of the differences in expected log pointwise predictive density should be compared. If

277 the standard error of the differences are much larger than the point estimate of the difference  
 278 then the model closer to zero is preferred ([Sivula et al., 2020](#)). The difference in LOO  
 279 between models can be used for model selection, and in our case, gave similar results to  
 280 model selection using Watanabe–Akaike Information Criterion (WAIC) (Table S1). We fitted  
 281 random intercepts and random slopes by including either a linear age term or both linear and  
 282 quadratic age terms to partition variance across age. Three models were equally supported,  
 283 the first included a random linear and quadratic slope for  $G$  and  $M$  and  $PE$ . (Table S1) and the  
 284 second included a random linear and quadratic slope for  $G$  and  $M$ , respectively, and a random  
 285 intercept for  $PE$  (Table S1). To avoid overfitting, we selected the more parsimonious model  
 286 and used this random effect structure for the remaining analyses unless stated otherwise. The  
 287 same top model selected was similar no matter whether we used the full data or only the data  
 288 subset for individuals incubated in cold or hot developmental treatments.

289 Residual variance may be conflated with estimates of other variance components if it  
 290 changes over time (heterogenous variance) and is not properly accounted for. We therefore  
 291 explicitly modelled residual variance to verify if this was the case and compared homogenous  
 292 and heterogenous residual variance models using WAIC. We fitted two models, both of  
 293 which had the same fixed and random effects structure as Model 7 described above. The first  
 294 model had homogenous residual variance whereas in the second model we modelled residual  
 295 variance with a linear slope thereby allowing it to vary with age. The model with  
 296 heterogenous variance was best supported (Table S2), we therefore modelled heterogenous  
 297 variance in all subsequent models unless stated otherwise.

298 To test for treatment differences in variance components, we subset data for each  
 299 treatment group and fitted an intercept-only model with our best supported random effect  
 300 structure (Model 7) and heterogenous residual variance. We estimated a genetic variance-  
 301 covariance matrix for each treatment ( $G$ ), where the diagonal elements represent the additive  
 302 genetic variances for the intercept ( $G_I$ ), slope ( $G_S$ ) and the quadratic ( $G_C$ ) across age. The off-  
 303 diagonal elements are the additive genetic covariances between the growth curve parameters,  
 304 for example,  $Cov_{I,C}$  is the additive genetic variance between the intercept and the quadratic  
 305 slope.

$$306 \quad G = \begin{bmatrix} G_I & Cov_{I,S} & Cov_{I,C} \\ Cov_{I,S} & G_S & Cov_{S,C} \\ Cov_{I,C} & Cov_{S,C} & G_C \end{bmatrix}$$

307 Similarly, the variance-covariance matrix for dams ( $M$ ) can be decomposed in the same  
 308 manner as  $G$ .

$$309 \quad M = \begin{bmatrix} M_I & Cov_{I,S} & Cov_{I,C} \\ Cov_{I,S} & M_S & Cov_{S,C} \\ Cov_{I,C} & Cov_{S,C} & M_C \end{bmatrix}$$

310 For each treatment group, we then calculated additive genetic variance at a given age  $G_x$   
 311 using the random slope terms and their covariances following ([Gavrilets and Scheiner, 1993](#);  
 312 [Schielzeth and Nakagawa, 2022](#)):

$$313 \quad G_x = G_I + (x^2 \cdot G_S) + (x^4 \cdot G_C) + (2x \cdot Cov_{I,S}) + (2x^2 \cdot Cov_{I,C}) + (2x^3 \cdot Cov_{S,C})$$

314 where  $x$  is a specific age. Age-specific maternal effect  $M_x$  was calculated using the same  
 315 formula but with the relevant variance components from  $M$ . Age-specific heritability,  $h_x^2$ , is  
 316 thus a ratio of all variance components at a given age  $x$ . The proportion of variance explained  
 317 by maternal effects ( $m^2$ ) is calculated in the same manner.

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$$h_x^2 = \frac{G_x}{(G_x + M_x + PE_l + R_l)}$$

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As the mean body mass increases over time, the variance may also increase concurrently due to scale effects and potentially bias estimates of quantitative genetics parameters ([Wilson et al., 2005b](#)). We therefore calculated coefficients of variation (CV) across age for each variance component by dividing variance by the predicted mean mass at a given age. Interpretations using CV estimates did not change our overall conclusions for additive genetic variance or maternal effects, we therefore present the raw estimates of each variance component below (See ESM).

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### *The Influence of Developmental Temperature on Growth Trajectories*

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To test how developmental temperatures affect average growth trajectories, we also fitted three models that varied in their fixed effect structure to determine how developmental temperatures affect: 1) initial mass (intercept of curve), 2) linear rate of growth (linear slope) and 3) curvature of the growth trajectory (quadratic term). We also wanted to test for treatment differences in age at which lizards reach their maximum mass by solving for the maxima of quadratic regression equation. We fit mass as the response accounting for the same random effects described above. The first model included the main effect of developmental temperature and the linear and quadratic term for age (Table S1). The other two models differed in their interaction terms between developmental temperature with age and age<sup>2</sup> (Table 2, S3). We then compared WAIC values to select the best model for our data that explained changes in mass across age between the two developmental temperature treatments (Table 1).

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## **Results**

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Over two years, we collected 3,002 observations of mass data for a total of 261 individuals ( $n_{hot} = 125$ ,  $n_{cold} = 136$ ). On average, the incubation period for the ‘hot’ treatment was 29.36 days (SD = 2.17, range = 15 - 49) days and 48.48 days (SD = 4.18, range = 25 - 56) for the ‘cold’ treatment. The average age for hot incubated lizards was 335.82 (range: 0 – 711) and for cold incubated lizards it was 384.8 (range: 0 – 707). On average, a lizard had 11.5 measurements (SD = 4.71).

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### *The influence of developmental temperature on genetic and non-genetic variance across age*

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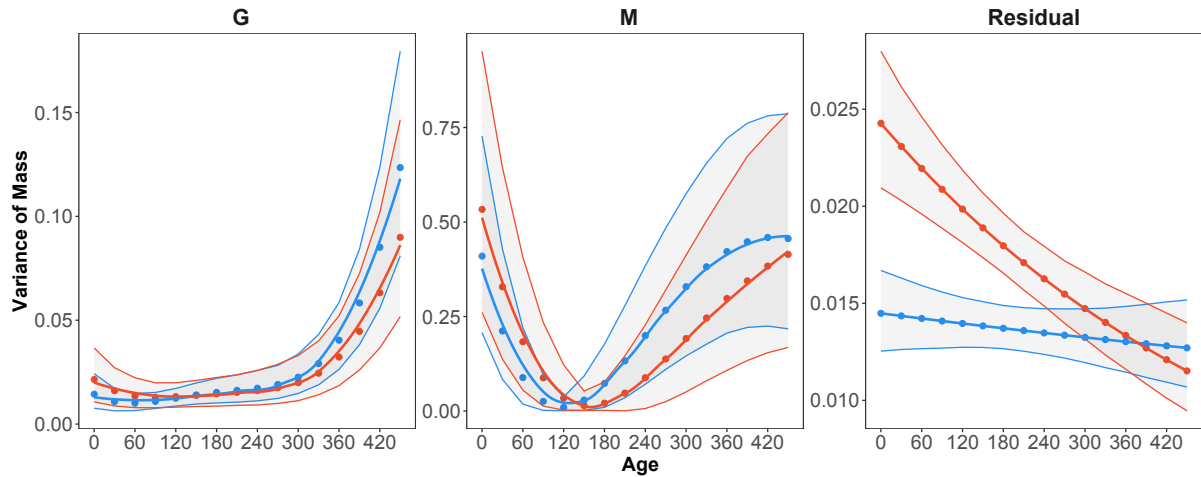
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Models that included random slopes (linear and quadratic) of age for G and M were far more superior than models without (Table S1). Treatment groups did not differ in how the relative contributions of G and M changed with age as their 95% credible intervals overlapped (Fig. 1). Additive genetic variance remained relatively low and constant upon emergence until approximately nine months of age, after which it increased rapidly (Fig. 1). Maternal effects decreased sharply upon hatching and dropped to the minimum at approximately six months before it increased again (Fig. 2). There were some differences among developmental treatments in how residual variance changed with age (Fig. 1). Residual variance in cold incubated lizards had a much lower intercept compared to hot incubated lizard however their residual variance converged by eight months of age (Fig. 1).

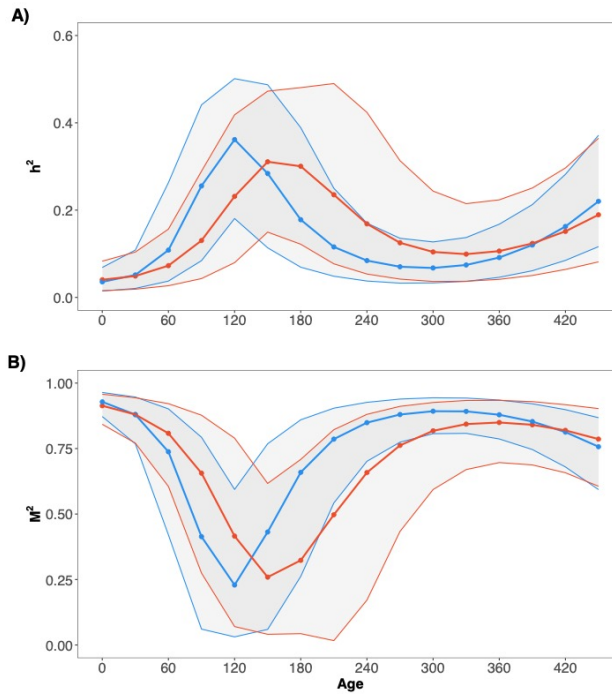




360  
 361 **Figure. 1** Scatterplot showing how additive genetic variance ( $G$ ), maternal effects ( $M$ ),  
 362 residual variance changed with age for the hot developmental treatment ( $n_{\text{lizards}} = 125$ , red)  
 363 and the cold developmental treatment ( $n = 136$ , blue). Points represent posterior means, thin  
 364 lines represent the 95% credible intervals, thick lines represent the mean for each treatment  
 365 group.

366 We investigated whether increases in average mass over time affected variance  
 367 estimates due to scaling effects between the mean and variance. However, we found that the  
 368 CV of  $G$  and  $M$  similar changes across age to raw variance estimates suggesting that changes  
 369 in variance were not the result of increasing mean body mass with age (Fig. S1 & S2).

370 After accounting for heterogenous residual variance, we found no treatment  
 371 differences in heritability, or the proportion of variance explained by maternal effects ( $M^2$ )  
 372 (Fig. 2). Heritability was moderate to low during early growth in *L. delicata* and only began  
 373 increasing at around 120 days and stayed around an  $h^2 \sim 0.15$  (95% CI: 0.06 – 0.28, although  
 374 it decreased slightly between 240 and 360 days - Fig. 2). As predicted  $M^2$  was a significant  
 375 contributor to variance in mass ( $M^2 \sim 0.72$ , 95% CI: 0.50 – 0.88) and decreased soon after  
 376 hatching, however it increased again from six months of age (Fig. 2). The  $G$  and  $M$  matrices  
 377 for each treatment group are presented in Table S4-S5.



378  
 379  
 380 **Figure 2.** Heritability ( $h^2$ , **A**) and the proportion of total variance explained by maternal  
 381 effect variance ( $M^2$ , **B**) across age (days) for the hot developmental treatment ( $n_{\text{lizards}} = 125$ ,  
 382 red) and the cold developmental treatment ( $n_{\text{lizards}} = 136$ , blue). Points represent estimates  
 383 generated from the posterior distribution of the variance-covariance matrix, thin lines  
 384 represent the 95% credible intervals, thick lines represent the mean for each treatment group.

385 *Developmental plasticity in growth trajectories in response to temperature*

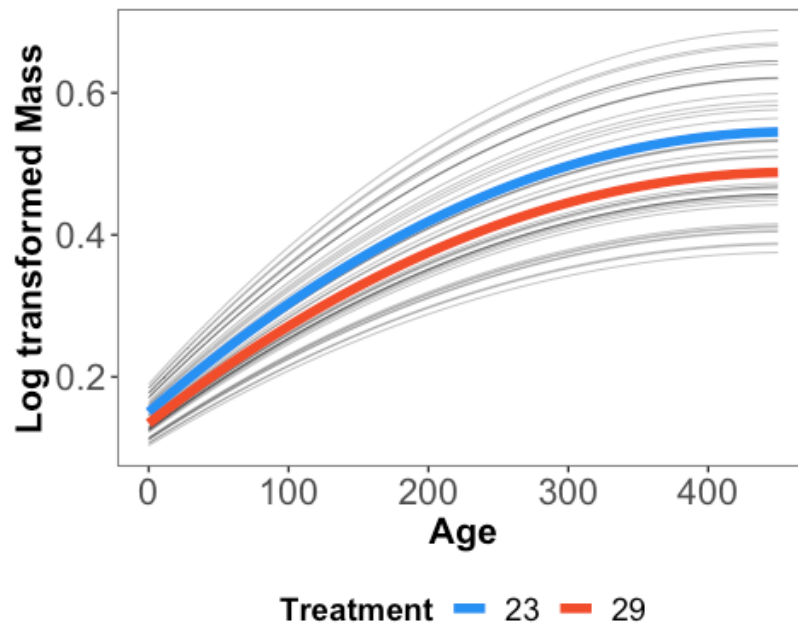
386 While the model containing an interaction between treatment and quadratic age was  
 387 best supported, the improvement in LOO value was marginal (Table 1), with the top model  
 388 explaining a substantial amount of variation in mass ( $R^2 = 0.95$ , 95% CI: 0.94 to 0.95). Mass  
 389 increased significantly over age with growth not differing significantly between the  
 390 temperature treatments (both for the linear and curvature parameters in the growth curve, see  
 391 full model in Table 2). Irrespective of treatment, lizard mass increased by 1.65 g for every 1  
 392 SD unit increase in age.

393 **Table 1** Comparisons of LOOIC values of four models ( $n_{\text{obs}} = 2926$ ) with different  
 394 combinations of treatment interactions with age parameters.  $\Delta ELPD$  represents the expected  
 395 difference (on a log scale) in predictive density for a new dataset estimated from cross-  
 396 validation. Age measured in days was z-transformed (mean = 361.34, SD = 185.16)

Formula of Fixed Effects	LOO	$\Delta ELPD$	Std. Error $\Delta ELPD$
Treatment + Age + Age <sup>2</sup> + Treatment × Age <sup>2</sup>	-3,245	0.00	0.0
Treatment + Age + Age <sup>2</sup> + Treatment × Age + Treatment × Age <sup>2</sup>	-3,244	-0.65	1.9
Treatment + Age + Age <sup>2</sup>	-3,240	-2.36	2.6
Treatment + Age + Age <sup>2</sup> + Treatment × Age	-3,235	-4.74	2.4

397  
 398 Developmental temperature did influence hatching mass (Table 2, Fig. 3). Lizards  
 399 from the ‘cold’ treatment were on average 0.03 g (0.011g – 0.051g) heavier compared to

400 lizards from the ‘hot’ treatment (Table 2).  $G$  and  $M$  matrices from this model, along with  
 401 other variance components, are presented in Table S6.



402

403 **Figure 3.** Model predictions of log-transformed mass over age from the two developmental  
 404 temperatures. We randomly subset 40 lizards (20 from each treatment) to plot their individual  
 405 growth curves. Points represent mean estimates for each lizard from the hot developmental  
 406 treatment (hot) and the cold developmental treatment (blue). Thick lines represent average  
 407 growth curve for each treatment. Faint grey lines are each individual’s growth curve. Model  
 408 predictions were generated from the full model where interaction terms between treatment  
 409 and both the linear component and quadratic component were included.

410

411 **Table 2** Coefficient estimates from full model testing the effects of developmental treatment  
 412 on mass and how mass changes with age. Bolded estimates are significantly different from  
 413 zero.  $n_{\text{obs}} = 2,926$ . Age measured in days was z-transformed (mean = 361.34, SD = 185.16).  
 414  $G$  and  $M$  matrices for this model are presented in Table S6.

Parameter	Estimate	Lower	Upper
Intercept	<b>-0.998</b>	<b>-1.036</b>	<b>-0.961</b>
Treatment (Hot)	<b>-0.085</b>	<b>-0.118</b>	<b>-0.056</b>
Age	<b>0.496</b>	<b>0.458</b>	<b>0.534</b>
Age <sup>2</sup>	<b>-0.189</b>	<b>-0.223</b>	<b>-0.156</b>
Treatment × Age	0.012	-0.019	0.041
Treatment × Age <sup>2</sup>	0.025	-0.006	0.055

415

## 416 Discussion

417 Early development at hot temperatures resulted in smaller body sizes compared to  
 418 development at cold temperatures. Growth trajectories, however, were not significantly  
 419 impacted by early thermal environments – lizards from both temperatures grew at the same  
 420 rate despite cold animals remaining larger throughout life. We found low to moderate  
 421 heritability ( $h^2 \sim 0.15$ ) and high maternal effects ( $M^2 \sim 0.70$ ) with both varying across age. As

422 we predicted, maternal effects on offspring mass declined in the first few months, presumably  
423 because maternal non-genetic contributions were less influential on mass over time.  
424 Unexpectedly, maternal effects increased again at approximately six months possibly from  
425 maternal genetic factors affecting mass. In contrast, heritability increased with age, peaking  
426 around 130-180 days before decreasing slightly. Part of these changes reflected differences in  
427 the residual variance that changed across age.

#### 428 *Thermal developmental plasticity in growth*

429

430 In ectotherms, temperature plays a pervasive role in phenotypic development ([Eyck et al.](#),  
431 [2019](#); [Noble et al.](#), 2018; [O’Dea et al.](#), 2019; [While et al.](#), 2018). While we found that hot  
432 lizards were smaller than cold incubated lizards at hatching, we did not show that growth rate  
433 differed between developmental temperatures. Some studies have reported increases in  
434 growth at higher incubation temperatures ([De Jong et al.](#), 2023; [Elphick and Shine.](#), 1999;  
435 [Hare et al.](#), 2004; [Verdú-Ricoy et al.](#), 2014), while others have found either the opposite result  
436 or no differences at all ([Andrews et al.](#), 2000; [Goodman.](#), 2008). The directionality of change  
437 is highly variable, even among studies of the same species (e.g., *Bassiana dupreyi*, [Elphick](#)  
438 [and Shine.](#), 1998; [Elphick and Shine.](#), 1999; [Flatt et al.](#), 2001; [Telemeco et al.](#), 2010), and we  
439 had more data across life compared with many other studies. Lack of generality may be  
440 related to how growth is statistically modelled (e.g., polynomial regression versus Von  
441 Bertalanffy growth models). In addition, very few studies account for individual variation in  
442 hatching mass or growth trajectories. We emphasise the importance of partitioning  
443 confounding sources of variance such as individual or clutch effects as they can misconstrue  
444 conclusions about developmental impacts on later life phenotypes. Moreover, future studies  
445 should make use of all repeated measures of mass instead of averaging across individuals as  
446 the former approach not only increases statistical power but also provides more accurate  
447 estimates of growth.

448

449 Consistent with other squamates, we found that lizards from the cold incubation treatment  
450 attained higher hatching mass compared to their hot counterparts because they were born  
451 heavier ([Dayananda et al.](#), 2016; [Downes and Shine.](#), 1999; [Flatt et al.](#), 2001; [Goodman et al.](#),  
452 [2013](#)). These results support the temperature-size-rule whereby organisms reared in cold  
453 temperatures tend to have larger body sizes ([Angilletta Jr et al.](#), 2017). Larger hatching size  
454 can be achieved through prolonged development at cooler temperatures during embryonic  
455 stages ([Forster and Hirst.](#), 2012). It is well known that cold developmental temperatures  
456 results in longer incubation periods in many reptiles ([Booth.](#), 2006; [Dayananda et al.](#), 2016;  
457 [Downes and Shine.](#), 1999; [Elphick and Shine.](#), 1998; [Goodman.](#), 2008). Longer developmental  
458 time may allow embryos to assimilate yolk nutrients more efficiently thus increasing mass at  
459 hatching ([Storm and Angilletta.](#), 2007). Indeed, turtle embryos exposed to high temperatures  
460 have enhanced mitochondrial metabolism and metabolic enzymic activity which constrained  
461 developmental time and reduced overall hatching size ([Ji et al.](#), 2003; [Sun et al.](#), 2015).  
462 Thermal plasticity in embryonic development may be adaptive for lizards born late in the  
463 season when nest temperatures are generally colder ([Warner and Shine.](#), 2008; [While et al.](#),  
464 [2015](#)). Indeed, female *L. delicata* have an extended oviposition period (September to  
465 February in our population) and nest temperatures during this time can be highly variable in  
466 the wild ([Cheetham et al.](#), 2011). Heavier weight at emergence may result in hatchlings that  
467 are in better condition to compete with lizards that hatched earlier or have sufficient body  
468 reserves to survive harsher conditions in more seasonal environments ([Downes and Shine.](#),  
469 [1999](#); [Gifford et al.](#), 2017; [Qualls and Shine.](#), 2000). Understanding how body mass affects

470 survival will be necessary to elucidate the adaptative potential of developmentally plastic  
471 responses in the wild.  
472

### 473 *Thermal developmental environments and the evolutionary potential of body mass*

474

475 Adaptative evolutionary responses depend not only on the amount of selection operating on a  
476 trait but on also its underlying additive genetic variance ([Falconer, 1952](#); [Ghalambor et al.,  
2007](#); [Hoffmann and Merilä, 1999](#)). Stressful developmental environments are hypothesized  
477 to lead to the release of ‘cryptic’ genetic variation ([Fischer et al., 2020b](#); [Noble et al., 2019](#);  
478 [Rowiński and Rogell, 2017](#); [Wood and Brodie, 2015](#)), possibly increasing the evolutionary  
479 potential of a given trait. Higher genetic variation, combined with stronger selection may  
480 facilitate rapid evolutionary responses that may allow populations to adapt to novel  
481 environments ([Falconer and Mackay, 1996](#); [Hoffmann and Merilä, 1999](#)). Contrary to these  
482 hypotheses, we found no statistical differences in additive genetic variance for mass between  
483 our developmental temperature treatments. In fact, heritability for mass across age in *L*  
484 *delicata* was generally low (ranging between 0.04 – 0.36), echoing heritability values for  
485 mass in various animal systems [e.g., bighorn sheep – 0.03 to 0.31 ([Réale et al., 1999](#)),  
486 macaques – 0.39 ([Kimock et al., 2019](#)) lizards – 0 to 0.54 – ([Martins et al., 2019](#); [Noble et al.,  
2014](#)), red squirrels – 0.10, ([McAdam et al., 2002](#))]. It should be noted that decoupling  
487 additive genetic variances from other non-genetic variance such as maternal effects requires  
488 considerable paternal links in the study design and pedigree ([Kruuk, 2004](#)). Indeed, when this  
489 variance partitioning is done accordingly, heritability estimates are often low ([Noble et al.,  
2014](#)).

493

494 The lack of difference in genetic variation between developmental temperatures  
495 environments support findings from recent meta-analyses. Fisher et al. ([2020a](#)) assessed the  
496 degree to which stressful thermal environments result in the release of genetic variation. They  
497 found that these effects manifested in only a third of the studied cases – in mainly clonal  
498 organisms ([Fischer et al., 2020a](#)). Furthermore, of the 25 cases where genetic variance  
499 changed across thermal environments there was no consistent direction (i.e., 11 increased and  
500 14 decreased under thermal stress). Noble et al. ([2019](#)) also showed that the release of  
501 ‘cryptic’ genetic variation depends on the study design – studies not able to partition out non-  
502 genetic sources of variation supported a release of genetic variation whereas studies that did  
503 showed the opposite pattern. As a caveat, defining an environment as stressful or novel is a  
504 difficult task which requires detailed knowledge of a given species’ past environmental  
505 exposure – information that is often unknown ([Roelofs et al., 2010](#)). While our incubation  
506 temperatures were selected based on temperature extremes of naturally occurring *L. delicata*  
507 nests ([Cheetham et al., 2011](#)), it is nonetheless possible they were not ‘stressful’ from an  
508 evolutionary perspective. Indeed, egg mortality did not differ across incubation treatments  
509 which suggests that lizards from both treatments experienced a similar level of thermal stress  
510 as embryos (the estimate of treatment difference: 0.80 [-0.04 -1.73]). Furthermore, treatment  
511 differences may be harder to detect under realistic fluctuating temperature regimes. As such,  
512 lizards were not exposed to extreme temperatures over extended periods which might be  
513 more important in orchestrating changes in genetic variation ([Bonamour et al., 2019](#)). Overall,  
514 our results suggest that the thermal extremes experienced by natural nest sites do not modify  
515 the evolutionary potential of mass. However this should be interpreted with caution as  
516 estimates of quantitative parameters from laboratory studies can differ from wild populations  
517 ([Sgrò and Hoffmann, 2004](#); [Weigensberg and Roff, 1996](#)).

518



520

521 Genetic contributions to body size are expected to vary throughout ontogeny ([Lynch and](#)  
522 [Walsh, 1998](#)). Selection pressures on body size are likely to increase at critical life stages,  
523 such as at birth or at sexual maturation, thereby reducing genetic variance at certain ages  
524 ([Rollinson and Rowe, 2015](#)). On the contrary, we found that additive genetic variance of  
525 mass was very low upon hatching but slowly increased to a maximum around 120-180 days  
526 before stabilising around  $\sim 0.15$  by the end of the first year. Changes in heritability across age  
527 that we observed parallels similar findings seen in big horn sheep ([Réale et al., 1999](#)), Soay  
528 sheep ([Wilson et al., 2007](#)) and ladybird beetles ([Dmitriew et al., 2010](#)). While the underlying  
529 cause of changes in heritability in mass in our lizards is not well established, it coincided with  
530 changes in the social environment (shared housing). This suggests that perhaps competition  
531 for resources (basking sites or food) may orchestrate changes in genetic variation ([Dmitriew](#)  
532 [et al., 2010](#); [Hoffmann and Merilä, 1999](#)).

533

534 Maternal non-genetic contributions to offspring body size are expected to be highest during  
535 early life stages and decline as offspring mature, particularly in precocial species ([Cheverud,](#)  
536 [1984](#); [Wilson et al., 2005b](#)). In accordance with other studies, maternal effects did in fact  
537 decline after hatching ([Dmitriew et al., 2010](#); [Lindholm et al., 2006](#); [Pick et al., 2016](#); [Wilson](#)  
538 [et al., 2005a](#); [Wilson et al., 2005b](#)). Maternal investment, such as investment in clutch number  
539 or egg quality, has been shown to influence hatching size in lizards ([Brown and Shine, 2009](#);  
540 [Noble et al., 2014](#); [Warner and Lovern, 2014](#)), however, as predicted these effects dissipated  
541 post-hatching ([Pick et al., 2016](#); [Réale et al., 1999](#)). Interestingly, maternal contributions  
542 increased at a later age and remained moderately low for the remainder of the study. The  
543 cause of resurgence in maternal effect variance is unclear. It could be related to intraspecific  
544 competition triggering an effect on body size in relation to previously unknown experiences  
545 of mothers when offspring were transferred into social housing conditions. Changes in  
546 maternal effects across life stages resulting from past maternal experiences have been  
547 documented in other taxa (e.g., [Marshall, 2008](#)). Alternatively, this pattern may indicate other  
548 maternally inherited components such as maternal genetic effects (e.g., mitochondrial genetic  
549 variation) that promote variation in body size ([Pick et al., 2016](#)). Indeed, variation in  
550 mitochondrial function has been linked to an individual's metabolic rate and growth –  
551 explaining as much as  $\sim 50\%$  of the variation in food intake and growth ([Salin et al., 2016](#);  
552 [Salin et al., 2019](#)). Therefore, it is likely an important driver of body size variability. Similar  
553 to additive genetic variance, the resurgence of maternal effects also cooccurred with changes  
554 in the shared environment (housing conditions), suggesting that maternal effects on offspring  
555 body size is likely to be environmentally driven.

556

557 Traits under strong selection are expected to show low evolutionary potential as selection acts  
558 to remove genetic variation. While low evolutionary potential is at least in part due to  
559 reduced levels of additive genetic variance, it is also a result of larger proportions of  
560 environmental variance that can impact upon heritability, slowing evolutionary responses  
561 ([Charmantier and Garant, 2005](#)). In our study, the environmental component of the phenotype  
562 accounted for over 80% of the variation in body mass which is in line with values reported in  
563 great tits (53 – 74%) and Soay sheep (70 – 96%) ([Noordwijk et al., 1988](#); [Wilson et al., 2007](#)).  
564 Interestingly, cool developmental temperatures increased the amount of environmental  
565 variance attributed to body mass at an early age. Variation in developmental period between  
566 developmental temperatures may explain these differences. In many ectotherms,  
567 developmental time exhibits a nonlinear reaction norm with temperature ([Marshall et al.,](#)  
568 [2020](#); [Noble et al., 2018](#)). This means that developmental time decelerates with temperature

569 following an negative exponential function. As a result, hot incubated lizards are more  
570 comparable in their development time compared to lizards that were reared a cooler  
571 temperature. In fact, the cold developmental temperature treatment had much greater variance  
572 in incubation duration. With a longer incubation period, embryos can maximise the yolk  
573 resources left by their mothers, which can vary considerably within clutches ([Wallace et al.](#)  
574 [2007](#)). Our results suggest that thermodynamic effects of development time can give rise  
575 greater environmental heterogeneity in hatching mass and may affect the potential for  
576 evolution at early life stages.

## 577 **Conclusion**

578 Our work illustrates the pervasive role of developmental temperature on phenotypic  
579 variation. The impact of developmental temperature on body mass manifested early and  
580 persisted through life ([Monaghan, 2008](#)). This has profound implications as developmentally  
581 induced variation in body mass may drive life history differences within populations and alter  
582 their vulnerability to environmental change ([Botero et al., 2015](#); [Marshall et al., 2020](#); [Reed et](#)  
583 [al., 2010](#)). Body size is known to impact survival in lizards with larger animals usually having  
584 a survival advantage ([Sorci and Clobert, 1999](#); [Warner and Andrews, 2002](#)). As such,  
585 environmentally driven changes in body size could have population-wide consequences on  
586 recruitment. In contrast, the genetic variance of body mass was robust to thermal extremes  
587 experienced by natural nests and suggests that the potential to genetically adapt to warming  
588 climate may be limited. However, more stressful incubation temperatures are needed to  
589 elucidate the capacity for this species to reveal new genetic material for selection to act on.  
590 Non-genetic sources of variance were responsible for most of the variability in body mass,  
591 and their dynamics with age means that the effectiveness of evolution is everchanging.  
592 Understanding the complexities of adaptive evolution in response to climate change may  
593 require intensive long-term studies in wild populations.  
594

## 595 **Author contributions**

596 FK, DN, SN conceived the study, FK and DN collected and analysed the data, FK wrote the  
597 first draft, FK, DN and SN edited the manuscript.

## 598 **Data accessibility**

599 Datasets and code used to generate results of this study is accessible via Open Science  
600 Framework (<https://bit.ly/2Uy72id>)  
601

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