

1 **The more you get, the more you give: Positive cascading effects shape the**
2 **evolutionary potential of prenatal maternal investment**

3 Short title: The long-term cascading effects of prenatal maternal investment

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12 **Abstract**

13 Maternal effects are prevalent in nature and significantly contribute to variation in
14 phenotypic trait expression. However, little attention has been paid to the factors
15 shaping variation in the traits mediating these effects (maternal effectors). Specific
16 maternal effectors are often not identified, and typically they are assumed to be
17 autosomally inherited. Given that these effectors can cause long-lasting effects on
18 offspring phenotype, it is likely that they may also affect themselves in the next
19 generation. Although the existence of such cascading maternal effects has been
20 discussed and modelled, empirical examples of such effects are rare, let alone
21 quantitative estimates of their strength and evolutionary consequences. Here we
22 demonstrate that the investment a mother makes in her eggs positively affects the egg
23 investment of her daughters. Through reciprocally crossing artificially selected lines for
24 divergent prenatal maternal investment, we demonstrate that the size of eggs daughters
25 lay resembles the egg size of their maternal line significantly more than that of their
26 paternal line, highlighting that egg size is in part maternally inherited.
27 Correspondingly, we find that variation in the daughters' egg size is in part determined
28 by maternal identity, in addition to substantial additive genetic effects. Furthermore,
29 this maternal variance in offspring egg size is fully explained by maternal egg size,
30 demonstrating the presence of a positive cascading effect of maternal egg size on
31 offspring egg size. Finally, we use an evolutionary model to quantify the consequences
32 of covariance between cascading maternal and additive genetic effects for both maternal
33 effector and offspring body mass evolution. Our study demonstrates that, by amplifying
34 the amount of variation available for selection to act on, positive cascading maternal
35 effects can significantly enhance the evolutionary potential of maternal effectors and the
36 offspring traits that they affect.

37 **Keywords:** cascading maternal effects, indirect genetic effects, egg size, body size,

39 Introduction

40 Mothers shape their offspring’s phenotype not only through the genes they pass on to
41 them, but also by influencing the developmental environment their offspring experience
42 early in life [1]. Both theoretical and empirical work has shown that such maternal
43 effects on offspring phenotype are an important driver of the evolutionary dynamics of a
44 trait [2–6]. From an evolutionary perspective, it is important to establish whether the
45 maternal traits mediating these maternal effects (i.e. the maternal effectors) have a
46 genetic basis, as this allows maternal effectors to respond to selection acting on the
47 offspring traits that they affect [4, 5, 7]. A genetic basis thus enables maternal effectors
48 to evolve alongside the offspring trait and, depending on the direction of the maternal
49 effect, magnify or constrain the response of the offspring trait to selection [3, 8]. Despite
50 a large body of work focusing on how maternal effects influence the evolution of
51 offspring characters, the maternal effectors themselves have received much less attention.
52 Specific maternal effectors are often not identified and typically a simple, additive
53 genetic inheritance pattern is assumed [5] (cf. maternal genetic effects). Yet, if we allow
54 for maternal effects to shape offspring phenotype, then there is no good reason for *a*
55 *priori* excluding a role of maternal effects in shaping variation in the maternal effectors
56 themselves. Intriguingly, maternal effectors may even affect their *own* expression in
57 subsequent generations, a phenomenon known as a *cascading* maternal effect [6].

58 Cascading maternal effects may represent an important form of non-genetic inheritance
59 [9], with interesting evolutionary dynamics. Offspring from larger litters, for example,
60 typically grow more slowly [2, 10–13] and reach a smaller adult size, which in turn
61 results in smaller litters when these offspring reproduce themselves [2, 10, 13, 14].
62 Therefore, despite litter size having a heritable basis and being under positive
63 directional selection, the maternal environment it provides hinders its own response to
64 selection. Given the capacity for *negative* cascading effects to constrain a trait’s
65 response to selection, and thereby contribute to evolutionary stasis, their evolutionary

66 significance is well appreciated [8, 15, 16]. Examples of *positive* cascading effects, on the
67 other hand, are scarce and largely descriptive.

68 Perhaps the best known example of a positive cascading effect is provided by maternal
69 grooming behaviour in rats (*Rattus norvegicus*). Female rats that are cross-fostered
70 between lines selected for divergent licking and grooming behaviour, exhibit the licking
71 and grooming behaviour they have experienced as pups from their foster mother, rather
72 than that of the line they originate from, when caring for their own young. In other
73 words, licking and grooming behaviour is non-genetically maternally inherited [17].
74 Similar patterns have been observed with aggressive behaviours in humans [18],
75 primates [19] and birds [20], whereby individuals who have experienced violence as
76 juveniles are more likely to be violent towards their own offspring (known as the “Cycle
77 of Violence” [21]). Yet, although the mechanisms underlying the non-genetic
78 transmission of aggressive and maternal behaviours in these systems are now well
79 understood [22], the evolutionary consequences of such positive cascading effects remain
80 largely unexplored.

81 As additive genetic and positive cascading maternal effects are always positively
82 correlated, positive cascading effects are predicted to magnify additive genetic effects
83 (i.e. a daughter that has received a high level of investment herself invests more in her
84 offspring than expected from her genes or the early life conditions she experienced alone;
85 Fig. 1). The joint contribution of the two effects will therefore amplify the amount of
86 variation that is available for selection to act on and so increases the potential for a trait
87 to respond to selection (we will refer to this as the ‘amplification effect’). Furthermore,
88 whereas negative cascading effects are typically mediated by traits directly associated
89 with maternal fitness (e.g. fecundity), positive cascading effects are associated with
90 parental care, and so only have an indirect effect on maternal fitness through their
91 effect on offspring fitness [23], making their evolutionary dynamics more complex.
92 Intergenerational effects do not only occur postnatally but also during the prenatal

93 period. The estimation of such prenatal effects has, however, been hampered by the fact
94 that they are not easily disentangled from additive genetic effects [24–26]. Consequently,
95 few studies have considered the long-term effects of differential prenatal investment, and
96 even fewer the effect of the prenatal environment on the future reproductive
97 performance of the offspring [27]. In oviparous species, egg size is a key mediator of
98 prenatal maternal effects [27–30], with strong positive effects on offspring phenotype,
99 and offspring size in particular [26, 27], a trait under strong directional selection [31].
100 Given its long-lasting effects and high heritability across taxa [32], egg size presents an
101 ideal model to quantify the occurrence of positive cascading maternal effects and their
102 impact upon evolutionary dynamics. To this end, we here use reciprocal crosses
103 between established artificial selection lines for divergent prenatal maternal investment
104 in Japanese quail (*Coturnix japonica*) [26, 33]. We demonstrate that prenatal maternal
105 investment is both autosomally and maternally inherited. Furthermore, by extending
106 established quantitative genetic techniques, we show that prenatal maternal investment
107 affects the prenatal maternal investment of the next generation. Finally, using an
108 evolutionary model [3], we demonstrate how the simultaneous action of cascading
109 maternal and additive genetic effects amplifies the evolutionary potential of both the
110 maternal effector and the offspring trait which it affects.

111 **Results and Discussion**

112 **Maternal inheritance of prenatal maternal investment**

113 To demonstrate the maternal inheritance of prenatal maternal investment we
114 reciprocally crossed birds from selection lines for divergent maternal egg investment
115 [26, 33] within a half-sibling breeding design (i.e. both males and females were mated to
116 two different partners, creating a mixture of full and half sibling offspring). As the
117 offspring of the reciprocal line crosses (i.e. the two types of hybrids) have a similar

118 intermediate (autosomal) genotype, but a different maternal background, examining the
119 egg size of the resulting F1 hybrids enabled us to distinguish between maternal and
120 autosomal inheritance [34]: Maternal inheritance manifests itself as the egg size of
121 hybrids resembling the egg size of their maternal line significantly more than the egg
122 size of their paternal line.

123 We found that the egg size of F1 females was significantly influenced by both the
124 selection line of their mother ($\chi^2 = 29.19$, $P < 0.001$) and their father ($\chi^2 = 7.65$,
125 $P = 0.006$). Yet the maternal line effect was significantly larger than the paternal line
126 effect ($z = 2.332$, $P = 0.010$). In other words, hybrid females with a mother from the
127 high egg investment line and a father from the low egg investment line laid significantly
128 larger eggs than females with a mother from the low egg investment line and a father
129 from the high egg investment line (Figure 2a). This provides evidence for the partial
130 maternal inheritance of egg size, over and above additive genetic effects inherited from
131 both parents. There was no evidence of hybrid vigour (maternal x paternal line:
132 $\chi^2 = 1.70$, $P = 0.192$, Figure 2a), and no differences between line replicates ($\chi^2 = 0.16$,
133 $P = 0.693$).

134 Our half-sibling breeding design further allowed us to decompose the contribution of
135 additive genetic and maternal effects to variation in egg size. Consistent with the
136 analysis of the selection lines, the estimation of additive genetic variance (\hat{V}_A) and
137 maternal variance (\hat{V}_M) using an ‘animal model’ approach (model A) revealed a high
138 heritability (h^2) of egg size (estimate \pm SE: 0.508 ± 0.250 , Figure 2b), alongside
139 substantial maternal variance ($m^2 = 0.158 \pm 0.112$, Figure 2b). Evidence for maternal
140 inheritance of egg size has previously been found in wild bird populations [35–37],
141 alongside varied evidence from poultry [38–41] (but see [42]). However, these studies
142 were unable to identify the pathways by which such maternal resemblance is mediated
143 or to disentangle cascading maternal effects from other forms of maternal inheritance
144 [26].

145 Positive cascading effects on egg size

146 In order to demonstrate that the observed maternal effect on daughter's egg size is
147 attributable to the mother's egg size, we included maternal egg size as a covariate in the
148 model outlined above (model B; Figure 2b). In this model \hat{V}_M was reduced to 0,
149 indicating that the increased resemblance among daughters sharing the same mother
150 was explained entirely by maternal egg size [7]. Correspondingly, there was a significant
151 positive effect of maternal egg size on offspring egg size
152 ($\beta = 0.473 \pm 0.060$, $F_{1,118.1} = 61.45$, $P < 0.001$), providing evidence for a positive
153 cascading effect of maternal egg investment on egg investment of the next generation.
154 This conclusion is corroborated by recent evidence from an albumen removal
155 experiment in chickens (*Gallus gallus*), in which daughters originating from eggs that
156 had had albumen (the main source of protein for developing embryos) removed,
157 subsequently produced smaller eggs with less albumen as adults [43] (see also [44], but
158 note that such experiments are inherently problematic; discussed in [26]).

159 Typically, the estimate of the effect of maternal phenotype on offspring phenotype
160 represents the strength of the maternal effect (or maternal effect coefficient m)[7].
161 However, as the maternal and offspring trait are the same, this estimate (β) is
162 composed of both additive genetic and cascading maternal effects (see eqn. 5).
163 Furthermore, \hat{V}_M from model A includes both the variance in offspring egg size due to
164 the cascading maternal effect (V_{M_p}), as well as the positive covariance between additive
165 genetic and cascading maternal effects (COV_{A,M_p} ; i.e. the amplification effect; eqn 3).
166 In order to disentangle these different components, and so estimate the strength of the
167 positive cascading maternal effect (p) and the degree to which it amplifies the additive
168 genetic effect, we extended the approach of Falconer [2] (see Methods). Using \hat{V}_M from
169 models A and B and β from model B, we could derive that $p = 0.217$, $p^2 = 0.047$ (i.e.
170 the proportion of variation in offspring egg size directly explained by maternal egg size),
171 and $COV_{A,M_p} = 0.062$ (Figure 2b, eqn. 16). Although the non-genetic effect of maternal

172 egg size on offspring egg size was comparably small, because of the substantial additive
173 genetic variance in egg size, the amplification effect(COV_{A,M_p}) contributed to
174 approximately 12% of variation in egg size. Therefore, the cascading maternal effect of
175 egg size on egg size acted to substantially amplify the additive genetic effect.

176 **Consequences of positive cascading maternal effects on the** 177 **evolutionary dynamics of egg size and body size**

178 Selection for increased maternal investment occurs indirectly, via its impact on offspring
179 fitness, rather than directly. Therefore, the evolution of such maternal effectors cannot
180 be considered in isolation from the traits that they affect [23]. Egg size specifically is
181 known to have a strong positive effect on juvenile body size [26, 27], which is under
182 strong directional selection [31, 45]. We therefore used the Kirkpatrick-Lande (K-L)
183 model [3] to demonstrate the evolutionary consequences of the positive cascading
184 maternal effect observed in our study on the rate of evolutionary change in egg size and
185 juvenile body size. The K-L model quantifies how interacting traits (such as egg size
186 and juvenile body size) respond to selection, with strong theoretical and empirical
187 support [6, 23]. We used estimates presented in this study, alongside estimates from a
188 previous study to parameterise the model [26] (see Methods).

189 Comparing K-L models parameterised with the same additive genetic effects (as
190 estimated in model A), but either including or not including a positive cascading effect
191 of maternal egg size on offspring egg size, revealed that a positive cascading effect
192 substantially increases the rate of evolution of this maternal effector by 45% (Figure 3a,
193 points 1 and 2). The cascading effect also increased the rate of evolution of juvenile
194 body size, although to a smaller degree (6%; 3b, points 1 and 2). On the other hand,
195 comparing K-L models parameterised with the same positive cascading effect of
196 maternal egg size on offspring egg size, but either including or not including additive
197 genetic effects, revealed that in the absence of additive genetic effects the evolutionary

198 rate of egg size reduced to 0 (Figure 3a, points 1 and 3), whilst the rate of evolution of
199 juvenile body size decreased by 18% (Figure 3b, points 1 and 3). Therefore, although
200 cascading maternal effects clearly have the potential to substantially alter the response
201 to selection, an additive genetic component of the maternal effector is essential for these
202 cascading effects to influence the evolutionary potential of either maternal effectors or
203 the offspring traits that they affect. Evidence of a non-genetic cascading effect alone is,
204 therefore, not sufficient to infer how (or whether) these effects may influence
205 evolutionary dynamics.

206 **Biases in the estimate of evolutionary rates when not** 207 **considering cascading maternal effects**

208 Typically, maternal effectors are not individually identified, but grouped into a
209 ‘maternal performance’ trait, which is assumed to be inherited in a purely autosomal
210 fashion (i.e. when modelled as a maternal genetic effect in a variance component
211 approach [7, 23, 46]). To demonstrate the effect that such an assumption has on
212 estimates of evolutionary rates, we analysed the line cross experiment with an animal
213 model that only estimated additive genetic variance in egg size (\hat{V}_A ; model C) and used
214 the resulting estimates to parameterise the K-L model. As expected [47, 48], the
215 exclusion of the maternal variance term (in model A) substantially upwardly biased the
216 heritability estimate of egg size (0.829 ± 0.197 , Figure 2b). Consequently, the
217 evolutionary rates were overestimated by 11% for egg size and 2.5% for juvenile body
218 size (Figure 3a,b). This bias would increase with an increasing contribution of the
219 cascading effect to the overall ‘heritable’ component of the maternal effector (i.e. higher
220 p_1 and lower h_1^2 in Figure 3), to the extent that with purely cascading effects the
221 maternal effector would not evolve, whilst being predicted to, and so would have no
222 effect on the evolutionary rate of juvenile body size. The presence of cascading effects,
223 when not explicitly modeled, thus leads to a consistent upward bias in the estimation of

224 maternal genetic effects (as shown by the difference in h^2 between models A and C)
225 [48], and so an upward bias in the prediction of the evolutionary rate of both maternal
226 effectors and the offspring traits that they affect (Figure 3a,b; see also [6]). The
227 accuracy of predictions of a trait's evolutionary potential therefore crucially depends on
228 both the identification of maternal effectors, and on a correct understanding of their
229 inheritance patterns.

230 **Conclusions**

231 In conclusion, our study provides empirical evidence for positive cascading maternal
232 effects, which, by amplifying the the amount of variation available for selection to act
233 on, affect the evolutionary potential of both prenatal maternal investment and juvenile
234 body size. Evolutionary models show that such positive cascading maternal effects only
235 influence evolutionary dynamics in the presence of additive genetic effects. Our results
236 therefore demonstrate that both additive genetic effects and cascading maternal effects
237 have to be estimated simultaneously to obtain unbiased estimates of evolutionary rates.
238 Furthermore, our results highlight the importance of taking a trait-based approach to
239 understanding maternal effectors, and thereby their potential to shape phenotypic
240 evolution.

241 **Methods**

242 **Selection for divergent maternal investment**

243 We used Japanese quail from established, replicated selection lines for divergent
244 maternal investment (i.e. high egg investment and low egg investment). Information on
245 the selection procedure, the line crosses and on general husbandry procedures are
246 presented in [26, 33]. In brief, we selected for high and low maternal egg investment,

247 measured as egg size corrected for female body size, with each selection line replicated
248 twice. After three generations of directional selection, the divergent lines differed in
249 absolute egg size by 1.2 SD. The lines were then reciprocally crossed to create F1
250 hybrids. To this end, a total of 80 females and 80 males (20 individuals per sex and line
251 replicate) were each bred twice, once with an individual of their own line, and once with
252 an individual of the other line, resulting in both pure-bred and hybrid halfsib F1
253 offspring [26]. After reaching sexual maturity, F1 females (N = 297 daughters, from the
254 139 pairings, of 78 fathers and 77 mothers, that resulted in any adult daughters) were
255 bred with a random male to determine their egg size (to the nearest 0.01g; N = 1-27
256 eggs per female).

257 **Statistical analyses**

258 We used a number of complementary statistical approaches to quantify the long-term
259 consequences of prenatal maternal investment on the egg investment of the next
260 generation:

261 **Maternal vs. paternal line effects**

262 We modelled the effect of maternal and paternal line (high or low investment), their
263 interaction, and line replicate on F1 female egg size using a linear mixed effects model.
264 Paternal ID, maternal ID and the interaction between the two were included as random
265 effects to account for the non-independence of offspring from the same parents. In
266 addition to estimating the effect of the maternal and paternal line on the daughters' egg
267 investment, we also tested specifically whether the maternal line effect was significantly
268 larger than the paternal line effect (one-sided z-test) following [49].

269 In the absence of any effect of maternal egg size on daughter egg size over and above
270 that of the genes for egg size passed on by parents to their daughters, we expect the

271 effect of maternal and paternal line on offspring egg size to be identical and therefore
272 both types of F1 hybrids to have egg sizes that are intermediate to the two pure-bred
273 groups. Alternatively, if there is an additional, non-genetic effect of maternal egg
274 investment on the egg investment of the next generation (i.e. a positive cascading
275 maternal effect), we would expect the maternal line effect to be significantly stronger
276 than the paternal line effect. This would manifest itself as hybrid females whose mother
277 originated from the high investment line laying significantly larger eggs than hybrid
278 females whose mother originated from the low investment line. However, as discussed in
279 [26], a stronger maternal than paternal line effect demonstrates the presence of maternal
280 inheritance (*sensu lato*), rather than positive cascading maternal effects specifically. In
281 other words, from the comparison of the selection lines alone, we cannot rule out other
282 sources of maternal resemblance, such as mitochondrial or W-linked inheritance. We
283 present further analyses aimed at disentangling these below. Finally, an interaction
284 between maternal and paternal line would be indicative of hybrid vigour.

285 Egg size was z-transformed to have a mean of 0 and a standard deviation of 1. We
286 performed stepwise backwards elimination of non-significant terms. Maternal and
287 paternal line terms and all random effects were always retained in the models. The
288 statistical significance of fixed effects was determined by comparing models, fitted using
289 maximum likelihood, with and without the variable of interest using a likelihood ratio
290 test. The degrees of freedom for all tests was one. Analyses were performed in the R
291 statistical framework (version 3.0.3) [50] using the packages lme4 (version 1.1-6) [51] for
292 model fitting and comparison, and multcomp (version 1.4-1) [49] for within-model
293 comparison of maternal and paternal line effects.

294 **Maternal effects and egg size**

295 Variance in offspring egg size (V_P) can be decomposed into

$$V_P = V_A + V_{M_p} + 2COV_{A,M_p} + V_{M_r} + V_R \quad (1)$$

296 where V_A is the additive genetic variance, V_{M_p} is the variance attributable to the effect
 297 of maternal egg size on egg size in the next generation over and above the additive
 298 genetic variance (the cascading effect p ; i.e. the effect of a mother’s egg investment on
 299 the daughters’ egg investment), COV_{A,M_p} is the covariance between additive genetic and
 300 cascading effects, V_{M_r} is the variance attributable to the mother not explained by the
 301 cascading effect, and V_R is the residual variance. The latter includes variance due to
 302 random environmental effects and any effects of dominance and epistasis [2]. Crucially,
 303 because maternal egg size is a function of a female’s additive genetic value for egg size,
 304 which she passes on to her daughters, a positive cascading effect of maternal egg size on
 305 offspring egg size (i.e. $p > 0$) will introduce a positive covariance between offspring
 306 breeding value and maternal effect value, i.e. $COV_{A,M_p} > 0$, giving rise to the
 307 amplification effect.

308 We used a hybrid variance component/trait-based model approach [7] in which we used
 309 nested ‘animal models’ to quantify the contribution of maternal egg size to the total
 310 maternal variance component for offspring egg size (V_M). In short, an ‘animal model’ is
 311 a type of mixed effects model that estimates V_A and other components of variance by
 312 utilising the relatedness among all individuals in a pedigree [47], in this case among
 313 parents, full- and half-sib offspring.

314 Model A included a random additive genetic (‘animal’) and a maternal identity effect,
 315 enabling the separation of the role of additive genetic and maternal effect variance in
 316 shaping variation in offspring egg size. This model decomposes V_P to

$$V_P = \hat{V}_A + \hat{V}_M + \hat{V}_R \quad (2)$$

317 where \hat{V}_M is the estimate of the maternal variance (i.e. the variance attributable to

318 maternal identity). From 1 it follows that \hat{V}_M as estimated in this model captures
319 variation from different maternal sources:

$$\hat{V}_M = V_{M_p} + 2COV_{A,M_p} + V_{M_r} \quad (3)$$

320 This in contrast to the estimate of V_A (\hat{V}_A), which is not confounded with any other
321 source of variation (i.e. is unbiased).

322 Model B differs from model A in that it includes maternal egg size (mean size of all
323 incubated eggs from each mother as an additional covariate. Because the relationship
324 between maternal egg size and offspring egg size is part genetic and part maternal in
325 origin, we would expect both \hat{V}_M and \hat{V}_A to decrease from model A to model B. The
326 size of the decrease in \hat{V}_M between the two models is a measure of the contribution of
327 maternal egg size to \hat{V}_M , and thus \hat{V}_M reduces to \hat{V}_{M_r} [7]. Therefore, if egg size is the
328 sole maternal trait influencing offspring egg size, \hat{V}_M will reduce to zero. Furthermore,
329 \hat{V}_A will be reduced by $h^2 \frac{V_A}{2}$, where $\frac{V_A}{2}$ gives the maternal portion of the genetic effect
330 that is reduced, and h^2 is the narrow-sense heritability of egg size, which is equal to the
331 covariance between maternal egg size and maternal breeding value for egg size.

332 Finally, model C included a random additive genetic effect only, providing an estimate
333 of the additive genetic variance (\hat{V}_A) assuming no other sources of resemblance among
334 full- and half-sibs. It is well known that by not estimating V_M when maternal effects
335 exist, V_A will be overestimated [48]. The estimate of V_A provided by this model allows
336 us to demonstrate the effect that not accounting for maternal effects on the maternal
337 effector has on the estimation of the selection response (see below).

338 Because both offspring and maternal egg size were z-transformed to have a mean of 0
339 and a standard deviation of 1, V_A is equivalent to h^2 (narrow-sense heritability), V_M to
340 m^2 (proportion of variance due to maternal identity) and V_{M_p} to p^2 (proportion of
341 variance due to cascading effects). All animal models were run in ASReml (version

342 3.00) [52]. The significance of fixed effects was estimated on the basis of conditional
343 Wald F statistics.

344 **Decomposing the effect of maternal egg size on offspring egg size**

345 In most implementations of the hybrid model B, the traits measured in mother and
346 offspring are different, and assuming the absence of a genetic correlation between the
347 maternal and the offspring trait, the slope of the offspring phenotype on the maternal
348 phenotype (β) represents the maternal effect. However, because in our case both traits
349 are highly genetically correlated (indeed, they are the same trait), the estimated slope is
350 a function of both the maternal effect and the heritability of the trait. We therefore
351 extended the methods of Falconer [2] to estimate the strength of the cascading maternal
352 effect (p ; the partial regression coefficient of offspring egg size on maternal egg size,
353 after accounting for additive genetic effects).

354 Following [2], the covariance between maternal egg size (P') and offspring egg size (P)
355 can be decomposed into

$$COV_{P',P} = \frac{V_A}{2-p} + pV_P \quad (4)$$

356 If both offspring and maternal egg size are z-transformed to have a standard deviation
357 of 1 (i.e. $V_P=1$ and $V_A=h^2$), equation 4 reduces to

$$\beta = \frac{h^2}{2-p} + p \quad (5)$$

358 where β is the slope of maternal egg size on offspring egg size.

359 Following [2], the covariance between an offspring's breeding value (A) and its cascading
360 maternal effect value (M_p) is equal to

$$COV_{A,M_p} = \frac{pV_A}{2-p} \quad (6)$$

361 Hence, we can rewrite equation 3 as

$$\hat{V}_M = V_{M_p} + \frac{2pV_A}{2-p} + V_{M_r} \quad (7)$$

362 which, when traits are standardised to have a phenotypic variance of 1, gives

$$\hat{m}^2 = p^2 + \frac{2ph^2}{2-p} + m_r^2 \quad (8)$$

363 where \hat{m}^2 is the estimated proportion of variance in the offspring phenotype explained
364 by maternal identity, p^2 is the proportion of variance that is attributable to cascading
365 maternal effects, and m_r^2 is the proportion of the phenotypic variance attributable to
366 other aspects of the mother.

367 To obtain p , equation 5 can be rearranged to

$$\beta - p = \frac{h^2}{2-p} \quad (9)$$

368 and 8 can be rearranged to

$$\frac{\hat{m}^2 - m_r^2 - p^2}{2p} = \frac{h^2}{2-p} \quad (10)$$

These can now be combined to give

$$\frac{\hat{m}^2 - m_r^2 - p^2}{2p} = \beta - p \quad (11)$$

$$p^2 - 2\beta p + \hat{m}^2 - m_r^2 = 0 \quad (12)$$

369 We can solve this for p using the quadratic formula:

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a} \quad (13)$$

370 where

$$ax^2 + bx + c = 0 \tag{14}$$

371 When applied to 12, $a = 1$, $b = -2\beta$ and $c = \hat{m}^2 - m_r^2$. Hence,

$$p = \beta \pm \sqrt{\beta^2 - \hat{m}^2 - m_r^2} \tag{15}$$

372 Assuming the cascading maternal effect is positive (i.e. $p > 0$), then

$$p = \beta - \sqrt{\beta^2 - \hat{m}^2 - m_r^2} \tag{16}$$

373 From this it follows that p (and p^2) can be estimated using the estimates of β and V_{M_r} ,
374 obtained from model B, and using the estimate of V_M obtained from model A.

375 **Evolutionary dynamics of egg size and juvenile body size**

376 Direct selection on offspring traits affected by maternal investment results in indirect
377 selection for increased maternal investment [23]. In order to understand the
378 evolutionary dynamics of a maternal effector, we therefore have to take into account its
379 role in shaping trait expression in the next generation. For example, in addition to the
380 effects of maternal egg size on offspring egg size explored above, egg size also has a
381 strong effect on other aspects of offspring phenotype, and in particular on juvenile body
382 size [26, 27], which is under strong directional selection [31, 45]. To understand the
383 effect that different inheritance patterns of the maternal effector (i.e. egg size) have on
384 the evolutionary rate of both egg size and juvenile body size, we therefore used the
385 model of Kirkpatrick & Lande [3, eq. 7] (hereafter the K-L model; see [6, 23] for a
386 discussion of the utility of this model) to estimate the asymptotic rate of evolution of
387 maternal egg size $\Delta\bar{z}(\infty)$:

$$\Delta\bar{z}(\infty) = (\mathbf{I} - \mathbf{M})^{-1}\mathbf{C}_{\mathbf{az}}\beta \tag{17}$$

388 In this two-trait model, \mathbf{M} is the maternal effect matrix (composed of maternal effect
 389 coefficients),

$$\mathbf{M} = \begin{bmatrix} p_1 & 0 \\ m_{1,2} & 0 \end{bmatrix} \quad (18)$$

390 where subscripts 1 and 2 refer to egg size and juvenile body size respectively and $m_{1,2}$
 391 refers to the effect of trait 1 (egg size) on trait 2 (juvenile size). Furthermore, \mathbf{I} is an
 392 identity matrix

$$\mathbf{I} = \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix} \quad (19)$$

393 and \mathbf{C}_{az} is a matrix of covariances between breeding values and phenotypes, calculated
 394 as

$$\mathbf{C}_{az} = \mathbf{G}(\mathbf{I} - \frac{1}{2}\mathbf{M}^T)^{-1} \quad (20)$$

395 which in the absence of any maternal effects is equal to the additive genetic
 396 variance-covariance matrix \mathbf{G}

$$\mathbf{G} = \begin{bmatrix} V_{A_1} & COV_{A_2, A_1} \\ COV_{A_1, A_2} & V_{A_2} \end{bmatrix} \quad (21)$$

397 Finally, β is a vector of selection gradients

$$\beta = \begin{bmatrix} \beta_1 \\ \beta_2 \end{bmatrix} \quad (22)$$

398 The model was parameterised using estimates for egg size obtained from the analyses
 399 above (heritability h_1^2 and cascading effect p_1). As our measure of juvenile size, we used
 400 body mass at two weeks post-hatching, which is the age at which juveniles become
 401 independent [53, 54]. Across taxa, selection on juvenile size is much stronger than on
 402 adult size [31] and in many bird species size at independence has been shown to
 403 strongly predict survival and recruitment [55, 56]. Selection is therefore likely to be

404 strongest at this point. We used estimates from [26] for the heritability of juvenile size
405 ($h_2^2 = 0.378$) and the maternal effect of egg size on juvenile size ($m_{1,2} = 0.483$). No
406 evidence for a genetic correlation between egg size and juvenile size (COV_{A_1,A_2}) was
407 found in this previous study, so this was set to 0. We have no direct measure of
408 selection on juvenile body size in our captive population, but a recent study showed
409 that the median selection gradient on juvenile size (β_2) across a large number of studies
410 was 0.22 [31]. We therefore used this value (0.22) as an estimate of the strength of
411 selection acting on the juvenile body size and assumed there to be no direct selection on
412 egg size (i.e. $\beta_1=0$, but see [23, 57]).

413 Initially, we parameterised the model with all possibilities of both p_1 and h_1^2 ranging
414 from 0 to 1 to demonstrate how both the heritability and the strength of cascading
415 effects in the maternal effector (egg size) influence the rate of evolution in both traits.
416 Across all models, the phenotypic variance V_P for both egg size and juvenile body size
417 was 1, meaning that $h_1^2 + p_1^2 + \frac{2h_1^2 p_1}{2-p_1} \geq 1$ (i.e. as $V(x + y) = V_x + V_y + 2COV_{x,y}$; see also
418 eq. 6), creating the range of values as seen in Figure 3. From these predictions, we
419 extracted the predicted evolutionary rates of egg size and juvenile body size for our
420 estimates of both additive genetic and cascading effects (point 1 in Figure 3; using
421 estimates from animal models A and B). We then compared these predictions with
422 those from a model where h_1^2 was the same but p_1 was set to 0, to demonstrate the
423 impact of the cascading maternal effects we estimated here (point 2 in Figure 3). We
424 also compared these with a model (P3) that was parametrised with our estimate of p_1 ,
425 but with h_1^2 set to 0, to demonstrate the impact of the cascading maternal effects
426 occurring in the absence of additive genetic effects (point 3 in Figure 3). Finally, we
427 parameterised the K-L model using estimates from animal model C (i.e. assuming that
428 the maternal effector showed autosomal inheritance only) to demonstrate the impact
429 that not accounting for cascading effects in the maternal trait has on predictions of
430 evolutionary rates.

431 **Acknowledgements**

432 We thank Alison Pick and Pascale Hutter for help with animal husbandry and data
433 collection, Jarrod Hadfield for constructive discussions and Eryn McFarlane for
434 comments on the manuscript. The study was financially supported by the Swiss
435 National Science Foundation (PP00P3_128386 and PP00P3_157455 to B.T. and
436 P2ZHP3_164962 to J.L.P.).

437 **Author contributions**

438 J.L.P. and B.T. designed the experiment. J.L.P. collected the data. J.L.P and E.P.
439 developed the methods. J.L.P., B.T. and E.P. wrote the paper.

440 **Competing interests**

441 The authors declare no competing financial interests.

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601 **Figures**

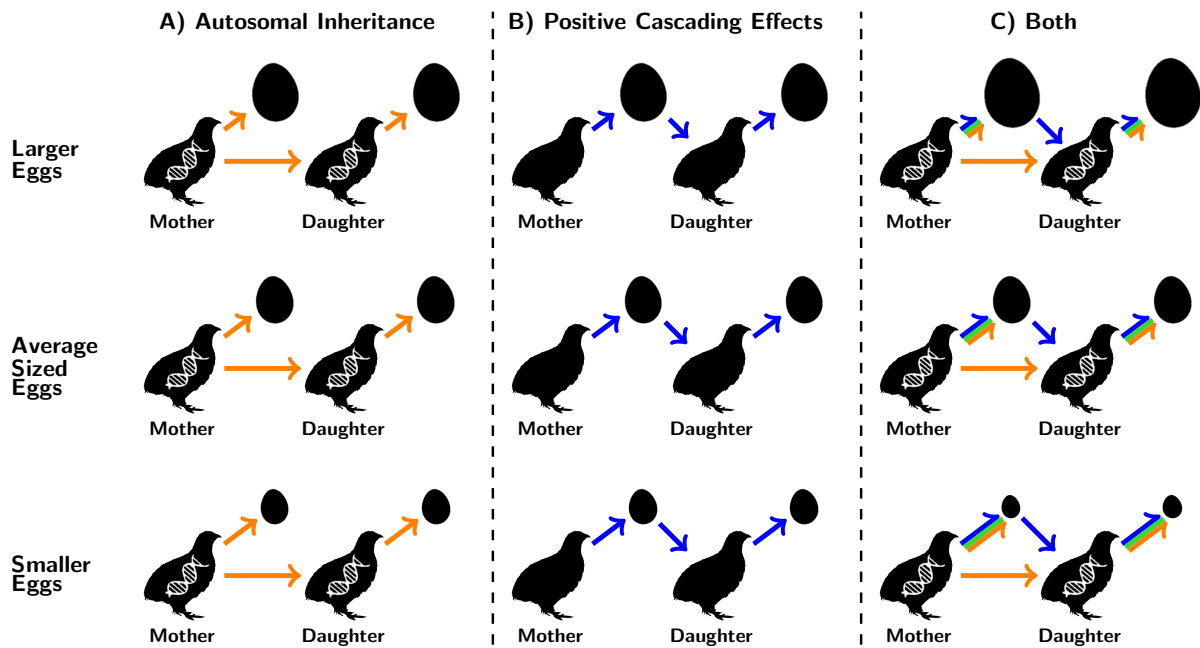


Figure 1: Inheritance patterns of maternal investment. A resemblance in egg investment between mothers and daughters can be due to A) additive genetic effects (orange) or B) non-genetic, positive cascading maternal effects (blue). The joint contribution of additive genetic and positive cascading maternal effects (C) act to amplify each other, resulting in an additional amplification effect (green). Under this scenario, females investing heavily in their offspring, have daughters who investment even more in their own offspring than expected by either force alone, and visa versa.

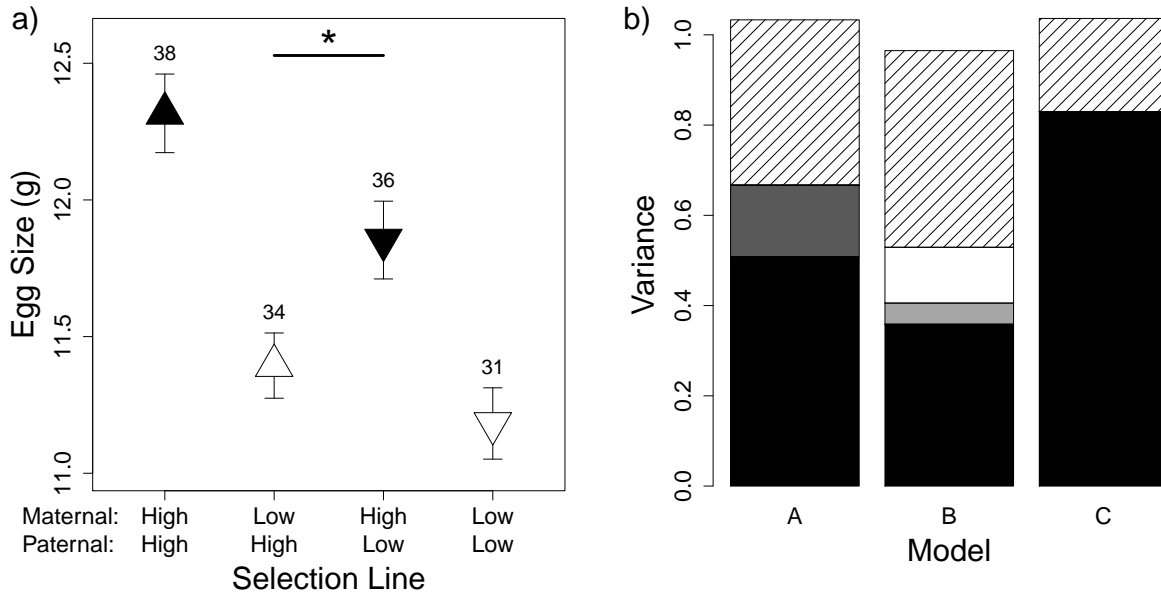


Figure 2: Evidence for cascading maternal effects. a) Egg sizes of pure-bred and hybrid daughters from reciprocal crosses of the high and low maternal egg investment lines. Means \pm SE and sample sizes of within-pair means are shown. Colour represents the maternal line (black - High, white - Low) and symbol the paternal line (triangles - High, inverted triangles - Low). b) Variance components of egg size estimated using 3 animal models. Model A estimated additive genetic variance (V_A , black) and total maternal variance (V_M , dark grey), model B decomposed V_M into the variance due directly to egg size (i.e. the positive cascading effect; V_{M_p} , light grey) and covariance between the additive genetic and cascading effects (i.e. the amplification effect; $2COV_{A,M_p}$, white). Model C estimated only V_A . In all models the residual variance is represented by the hatched bars. The total variance is lower in B because adding maternal egg size as a covariate reduces V_A (See Methods).

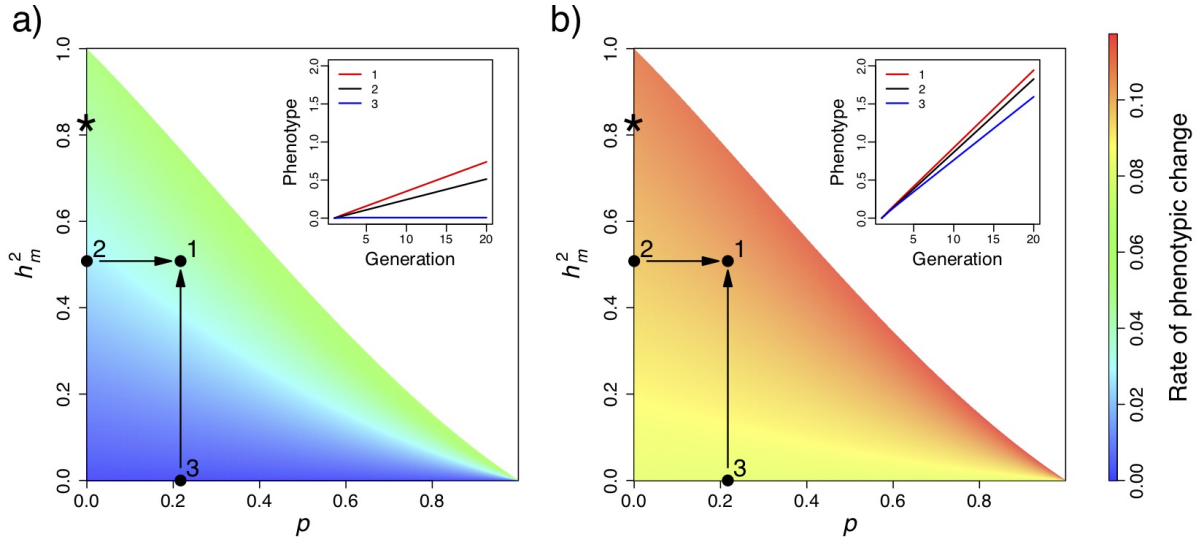


Figure 3: Asymptotic rate of evolution of a) maternal (egg size) and b) offspring (body size) traits, over varying heritability and cascading effects in the maternal effector (h_M^2 and p , respectively). Points represent evolutionary rates from different combinations of estimates of cascading maternal and additive genetic effects from this study; (1) with additive genetic effects and cascading maternal effects (2) with additive genetic effects only and (3) with cascading maternal effects only. Inserts to the figures show the predicted phenotypic change of the two traits under the three different scenarios and constant selection. The asterisk show the evolutionary rate predicted when the maternal effector is assumed to have only additive genetic effects, as in a maternal genetic effect (model C).