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Understanding the Evolution of Ecological Sex Differences: Integrating Character Displacement and the Darwin-Bateman Paradigm

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1 **Abstract**

2 Sex differences in selection arise for two possible reasons: 1) differences originating from
3 anisogamy – the Darwin-Bateman paradigm – and 2) competition-driven ecological character
4 displacement (ECD), agnostic of anisogamy. Despite mounting evidence of ECD and increasing
5 focus on the ecological causes and consequences of sexual dimorphism, progress in
6 understanding the evolution of ecological sex differences has likely been hindered because
7 ecological dimorphisms are not exclusive to ECD. I argue that embracing non-exclusivity of
8 causal models of sexual dimorphism itself provides insights into evolution of sex differences.
9 This integrated view of the evolution of sexual dimorphism leads to four predictions for how
10 sex-specific selection and phenotypic divergence between the sexes change over the course of
11 the evolution of sexual dimorphism. First, dimorphism resulting directly from anisogamy likely
12 precedes evolution of ecological dimorphism driven by ECD. Second, ecological sexual
13 dimorphism driven by ECD may (initially) evolve in directions in trait space favored by other
14 sources of sex-specific selection. Third, we may expect correlated evolution of ecological
15 dimorphism and other forms of sexual dimorphism. Finally, ecological optima may be sex
16 specific even when competition plays a role in reaching them. Rather than simply a less-
17 parsimonious alternative explanation for ecological sex differences, ECD should be seen as one
18 likely contributor to sex-specific selection that could act at predictable times during the evolution
19 of ecological sexual dimorphisms.

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23 **Impact Statement**

24 Sexual dimorphisms, or trait differences between males and females of the same species,
25 represent a tremendous source of phenotypic diversity. Although often a clear outcome of
26 differences in mating competition, in many other cases males and females have evolved
27 differences in traits related to ecological niche, such as body size, resource and habitat use. Our
28 understanding of how and why these ecological sexual dimorphisms evolve is unclear, yet
29 critically important in light of emerging work highlighting the importance of ecology in
30 mediating evolutionary conflicts between the sexes, the role of sex differences in eco-
31 evolutionary dynamics, and the importance of competition as an evolutionary driver of
32 phenotypic diversity. Typically, ecological sexual dimorphisms are thought to result either as a
33 by-product of sexual selection and divergent gamete investment, or through competition-driven
34 niche partitioning between the sexes (ecological character displacement) . In this paper I build
35 upon past work to make the case that integrating both models of sexual dimorphism may be key
36 to a complete understanding of how ecological sexual dimorphisms evolve. I review empirical
37 evidence for character displacement between the sexes, finding many suggestive, but few
38 concrete, examples. I go on to develop explicit predictions for the dynamics of female and male
39 evolution under the hypothesis that both fundamental models of sexual dimorphism may act
40 together to drive the evolution of sexual dimorphism. The general conclusion is that integrating
41 classical ideas from evolutionary genetics and community ecology may often be necessary to
42 fully understand the evolution of ecological differences between the sexes.

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45 **Paradigmatic views of sexual dimorphism**

46 Striking differences between males and females of the same species are commonplace. To
47 explain the evolutionary origins of these sexual dimorphisms, Darwin (Darwin 1871) proposed a
48 special case of natural selection, sexual selection, and argued that fundamental differences in the
49 reproductive interests of the sexes result in pervasive differences in the strength and direction of
50 both sexual and natural selection in males and females. In modern parlance, Darwin's was the
51 first causal explanation for why selection may be sexually-antagonistic (SA), which together
52 with the relaxation of genetic constraints is a key feature of the evolution of sexual dimorphism
53 (Bonduriansky and Chenoweth 2009, Cox and Calsbeek 2009). Darwin's arguments were later
54 elaborated on and clarified by Bateman (1948), Trivers (1972), and many others since
55 (Andersson 1994, Arnqvist and Rowe 2005, Parker 2014, Parker and Pizzari 2015). This work
56 has resulted in a paradigmatic view of the evolution of sexual dimorphism rooted in anisogamy:
57 the divergent gamete investment strategies that define the sexes set the stage for SA selection
58 that drives the evolution of divergent degrees of mating competition, parental care, and other
59 aspects of life history, leading to pervasive sex differences in selection that drive the evolution of
60 sexual dimorphism (Figure 1A). This paradigm, known as the Darwin-Bateman paradigm
61 (Parker 2014, Parker and Pizzari 2015), suggests anisogamy results in sex-specific optima, and
62 consequentially pervasive SA selection and the evolution of sexual dimorphism, for shared traits.
63 Although the Darwin-Bateman paradigm has been challenged (Gowaty and Hubbell 2009, Ah-
64 King 2013), these models invoke chance or assumed life history differences between the sexes
65 (presumably arising from anisogamy) and so it is unclear whether they constitute a general
66 alternative explanation for the evolution of sex differences (Shärer et al. 2012, Kokko et al.
67 2013). Under the Darwin-Bateman paradigm, which has substantial support in nature (Kokko et

68 al. 2013, Janicke et al. 2018), anisogamy is the ultimate evolutionary cause of SA selection and
69 all resulting sexual dimorphisms (Shärer et al. 2012).

70 Only one plausible alternative adaptive causal explanation for the evolution of sex
71 differences exists, and its explanatory power is limited to cases of sexual dimorphism in traits
72 such as feeding morphology, size, and habitat use (henceforth ‘ecological’ sexual dimorphisms).
73 This is a model of resource competition driven ecological character displacement (ECD) between
74 the sexes, and conceptually parallels models of interspecific ECD. In this model frequency and
75 density dependent competition for a shared resource generates SA selection on resource
76 acquisition traits and thus drives the evolution of ecological sexual dimorphism (Slatkin 1984,
77 Bolnick and Doebeli 2003, Cooper et al. 2011). ECD is unique in that as a process it ignores
78 gamete dimorphism and any consequential divergence in life history, requiring the sexes to exist
79 only in name; we could be describing divergent selection and displacement between any two
80 morphs or isogamous mating types whose quantitative traits are imperfectly genetically
81 correlated. This model is thus logically distinct from the Darwin-Bateman paradigm, for the two
82 general models differ fundamentally in their explicit and implicit incorporation of anisogamy and
83 life history divergence between the sexes (Figure 1B). This distinction has non-trivial
84 consequences for understanding when and why SA selection resulting from ECD may act to
85 drive the evolution of sexual dimorphism, and has likely shaped the history of research on ECD
86 itself.

87 Here, I make the case that ECD between the sexes is most likely to act in conjunction
88 with SA selection and morphological divergence arising from the Darwin-Bateman paradigm.
89 Although this point has been suggested at various points in the past (Selander 1966, Power 1980,
90 Hedrick and Temeles 1989, De Lisle and Rowe 2015a), recent advances in sexual conflict

91 research highlight a need for more explicit integration of ecological causes of sexual dimorphism
92 within the Darwin-Bateman paradigm. I suggest that rather than an obstacle to our
93 understanding of the evolution of sex differences and SA selection, integrating ECD with
94 existing ideas of the Darwin-Bateman paradigm leads to testable predictions for the dynamics of
95 SA selection, male and female coevolution, and the evolution of sexual dimorphism. Embracing
96 both paradigmatic causal models of SA selection might often be necessary for a complete
97 understanding of how and why ecological sex differences evolve.

98

99 **Integrating ECD within the Darwin-Bateman Paradigm**

100 Despite the substantial body of work discussed above and the prevalence of ecological
101 sexual dimorphisms in nature (Shine 1989), the evolution of ecological differences between the
102 sexes and more generally the role that the ecological environment plays in mediating sexual
103 conflict, presents a distinct and unresolved challenge (Connallon et al. 2018). Both paradigmatic
104 models can drive the evolution of ecological sexual dimorphisms, and, as has been pointed out
105 before (Selander 1966, Slatkin 1984, Hedrick and Temeles 1989, Shine 1989), both models
106 could jointly contribute to SA selection and the evolution of a given sexual dimorphism. This
107 has led to claims that ECD between the sexes is impossible to test directly, and the Darwin-
108 Bateman paradigm is a more parsimonious explanation for SA selection and the evolution of sex
109 differences regardless (Shine 1989); concomitantly, a renaissance of work aimed at
110 understanding interspecific ECD has largely ignored intraspecific ECD between the sexes
111 (Pfennig and Pfennig 2012, Stuart and Losos 2013, Germain et al. 2018). Yet, recent work (De
112 Lisle and Rowe 2015a) has shown that, similar to interspecific ECD, direct tests of the
113 hypothesis of ECD between the sexes are difficult but tractable (See **Box 1**). Despite mounting

114 indirect evidence of an important role for competition in the evolution of sexual dimorphism,
115 direct evidence is rare, in part because few studies have attempted to link competition with sex-
116 specific fitness variance (**Box 2**). Added to this are a growing number of theoretical and
117 empirical studies indicating ecological factors and sexual selection can interact to affect total SA
118 selection and the position of sex-specific optima, the expression of sexual antagonism, and
119 consequentially the evolution of sexual dimorphism (Arbuthnott et al. 2014, Camus et al. 2017,
120 Perry et al. 2017, Zajitschek and Connallon 2017, Connallon et al. 2018, De Lisle et al. 2018a,
121 Yun et al. 2018). Concomitantly, a number of recent studies have highlighted the potential
122 contribution of sexual dimorphism and SA selection to community dynamics (Giery and Layman
123 2019, Svensson 2019, Fryxell et al. in press). This body of work together suggests that a
124 complete understanding of the evolutionary origins and ecological consequences of sexual
125 dimorphism may often require explicit consideration of the multiple factors influencing sexually
126 antagonistic selection.

127 Three lines of evidence suggest the evolution of ecological character displacement
128 between the sexes might be best understood by integration with the Darwin-Bateman paradigm
129 of evolution of sexual dimorphism, rather than viewed as a separate and alternative process (e.g.
130 Figure 1B). First, many theoretical models and much empirical data indicate that sex differences
131 in optimal mating rate and parental investment that drive SA selection are a direct outcome of the
132 gamete dimorphism that defines males and females (but see Ah-King 2013), and thus initial
133 phenotypic divergence between the sexes seems most likely to arise due to the evolution of
134 divergent reproductive strategies (Shärer et al. 2012 , Lehtonen et al. 2013); that is, the ancestral
135 stages of the evolution of sex differences seem almost certain to evolve as illustrated in Figure
136 1A.

137 Second, character displacement theory makes clear statements for how the strength of
138 competition-driven selection should change over the course of phenotypic divergence between
139 competing lineages (Doebeli 1996, Schluter 2000b). Divergent natural selection is weak during
140 the early stages of character displacement, despite high competition. This is because competition
141 (and selection) are both frequency and density dependent; when both populations (or sexes) are
142 in complete overlap, change in fitness per unit change in phenotype is weak because all
143 phenotypes are at high frequency (Schluter 2000b). As lineages (or sexes) begin to diverge in
144 mean phenotype, the strength of selection increases because extreme phenotypes are now further
145 from the grand mean, and have a high fitness advantage over those closer to the mean (Schluter
146 2000b, De Lisle and Rowe 2015a). This effect creates a pattern wherein divergent selection is
147 strongest after phenotypic means have already begun to diverge.

148 Third, the above argument is based on partitioning of a continuously distributed
149 (Gaussian) resource axis; that is, in the absence of competition, selection is stabilizing towards
150 the most abundant resource value (Slatkin 1984, Bolnick and Doebeli 2003, Rueffler et al. 2006).
151 Yet sexual selection and SA natural selection resulting directly from anisogamy can create
152 ecological optima that are not equal for the sexes (Maklakov et al. 2008, Reddiex et al. 2013), a
153 case analogous to Slatkin's (1984) 'dimorphic niches' model, with competition then coming into
154 play to accelerate evolution towards these optima. For example, sex-specific nutritional optima
155 can be determined in part by the energy requirements associated with female and male
156 reproductive roles (e.g., Belovksy 1978), yet these divergent optima do not exclude the
157 possibility that competition affects the dynamics of selection during ecological divergence.

158

159 **Predictions of the integrated view of ecological sexual dimorphism**

160 The above lines of reasoning suggest that if and when it occurs, SA selection arising from
161 ECD between the sexes seems most likely to act in concert with other causes of SA selection,
162 rather than as a sole explanation for the evolution of sexual dimorphism. In this view, resource
163 competition-driven SA natural selection arises as an indirect outcome of anisogamy, and could
164 serve to accelerate the evolution of sexual dimorphism or change the position of male and female
165 optima at equilibrium (Hedrick and Temeles 1989), suggesting that a complete understanding of
166 the evolution of ecological sex differences may require explicitly embracing these multiple
167 interacting mechanisms. Although others have recognized that ECD and the Darwin-Bateman
168 paradigm are not mutually-exclusive casual explanations for SA selection (Hedrick and Temeles
169 1989, Shine 1989, De Lisle and Rowe 2015a), we can expand this integrated view to generate
170 predictions for the correlated evolution of the divergent female and male life histories, ecological
171 character displacement, and niche divergence between males and females.

172

173 *Prediction 1: SA selection from anisogamy precedes the action of ECD*

174 First, sex differences in sexual and natural selection arising directly from anisogamy act to drive
175 the initial stages of the evolution of sexual dimorphism, with frequency-dependent resource
176 competition acting at intermediate stages (degree of morphological divergence) to affect total SA
177 selection (Figure 1C, Figure 2). That is, ECD is predicted to contribute to SA selection only
178 after initial divergence between the sexes driven by SA selection resulting directly from
179 anisogamy. We expect under the Darwin-Bateman paradigm for anisogamy to drive SA selection
180 on a multivariate suite of traits related to male and female fitness. This initial evolution of sexual

181 dimorphism driven by anisogamy would be expected to create conditions favorable to the action
182 of ECD under two conditions. First, if the traits that are initial targets of SA selection are related
183 to resource acquisition or genetically correlated to resource acquisition. Second, the evolution of
184 sexual dimorphism in display or reproductive traits unrelated to resource acquisition could
185 nonetheless lead to divergent nutritional demands in males and females (Maklakov et al. 2008),
186 in which case initial evolution of sexual dimorphism in resource use traits would be driven by
187 SA selection arising directly from anisogamy. Note that this prediction applies to the early
188 stages of *morphological divergence* in ecologically-important traits, rather than the timescale
189 over which divergence has evolved (e.g., Schluter 2000b).

190 This prediction could be tested or falsified by functional analysis of ecological sex
191 differences in the early stages of the evolution of ecological sexual dimorphism, because the
192 expectation is that these initial ecological sex differences are in fact targets of selection directly
193 related to divergent reproductive strategies or are genetically correlated to traits that are. In some
194 cases this prediction may leave testable signatures at the genomic level; under some conditions
195 (e.g., arms race dynamics) divergent sexual selection may leave a signature of selective sweep(s)
196 (Rowe et al. 2018), which may be followed by balancing selection when the traits under
197 selection experience negative-frequency dependence characterizing the process of ECD. A
198 difficulty of testing this prediction (especially with genomic data) is that SA natural selection,
199 besides that arising from resource competition, may nonetheless act to drive the early stages of
200 the evolution of sexual dimorphism. Data suggest that SA selection under the Darwin-Bateman
201 paradigm can manifest as differential survival (Chen and Kirkpatrick 2016), and population
202 genetic theory makes little distinction between potential causes of SA selection (Kidwell et al.
203 1977, Connallon and Clark 2014).

204

205 *Prediction 2: Alignment between drivers of SA selection*

206 Prediction 1 implies a second (and perhaps transient) prediction, that SA selection from resource
207 competition, and thus the evolution of ecological sexual dimorphism, should initiate in directions
208 through trait space favored by other sources of SA selection (Figure 2). That is, we might expect
209 some alignment between alternative sources of SA selection in the early stages of the evolution
210 of ecological sexual dimorphism. As the sexes diverge in response to sex-specific selection
211 arising in the Darwin-Bateman paradigm, Prediction 1 implies that competition would be
212 expected to increase the strength of selection acting in this initial direction of divergence if
213 resource competition is frequency dependent. Again, because this prediction arises from
214 competition theory on the expected strength of selection during character displacement, it applies
215 to early/intermediate stages of *morphological divergence* between the sexes, rather than the
216 timescale over which dimorphism has evolved. Evolution of sexual dimorphism under aligned
217 competition induced SA selection and other sources of SA selection (e.g., sexual or fecundity
218 selection) may nonetheless be halted by countervailing natural selection (such as predation) or
219 genetic constraints.

220 This prediction could be tested using phenotypic selection studies of wild populations
221 where the geometry of fitness surfaces estimated on the same traits but using different fitness
222 components are compared (Chenoweth et al. 2012), with predicted alignment of the fitness
223 surface estimated for mating success with the fitness surface estimated for a relevant natural
224 fitness component (e.g., growth rate, survival). The strength of this alignment could be compared
225 across traits or directions through trait space differing in their degree of sexual dimorphism.

226 Alternatively, in some systems, it may be possible to estimate total SA selection in the presence
227 and absence of resource competition. Such a manipulation would allow the comparison of both
228 the strength and direction of total SA selection and SA selection in the absence of competition.

229

230 *Prediction 3: Correlated evolution of 'ecological' dimorphism and other forms of sexual*
231 *dimorphism*

232 If ecological sexual dimorphism driven by ECD follows the evolution of sexual
233 dimorphism arising from other causes, then we might expect a positive correlation in the extent
234 of ecological divergence between the sexes and total (e.g., including sexually selected display
235 traits) multivariate sexual dimorphism. It is certainly true that sexual dimorphisms in many or
236 most display traits can be completely unrelated to resource use. However, multivariate character
237 displacement theory suggests that as the dimensionality of selection (in this case sex-specific
238 selection) increases, the likelihood of competitive displacement occurring along at least one
239 dimension increases (Svardal et al. 2014). That is, although the magnitude of sexual dimorphism
240 in any one dimension might be irrelevant for the occurrence of ECD if that dimension is not
241 associated with resource use, as the dimensionality and extent of multivariate sexual dimorphism
242 increases, so to does the probable importance for a role for competition to drive the evolution of
243 further sexual dimorphism in at least one dimension of phenotype space.

244 This prediction could be tested using comparative methods and data on sex differences in
245 display and ecological traits. For example, data on diet or habitat use could be combined with
246 measures of morphological dimorphism in traits clearly under SA selection related to anisogamy
247 (such as display or other mating related traits), with the prediction of correlated divergence

248 across lineages. Such an approach was taken by Stamps et al. (Stamps et al. 1997), although
249 they found evidence refuting this prediction in *Anolis* lizards. Experimental evolution provides
250 another approach, where the strength of sexual selection could be elevated and resource-use
251 divergence compared to control populations after a suitable number of generations; many such
252 mating system manipulations have been performed in experimental evolution designs, although
253 none have investigated the possibility of correlated ecological divergence to my knowledge.

254

255 *Prediction 4: Realized niches will be sex specific; Parallel evolution of ecological dimorphism*

256 Finally, this integrated view suggests that in the later stages of sexual dimorphism, niche
257 divergence between the sexes will be sex specific (e.g. De Lisle and Rowe 2015b). That is,
258 because under this integrated view the evolution of ecological sexual dimorphism driven by ECD
259 is initiated only after the action of SA selection directly related to the anisogamy, female and
260 male ecological optima will differ in the late stages of the evolution of dimorphism, and so male
261 and female ‘niches’ are not interchangeable. Put another way, the integrated view suggests that at
262 equilibrium separate ecological peaks for males and females are separated by an untraversable
263 fitness valley maintained in part by divergent reproductive strategies that result from anisogamy
264 (Figure 2). Prediction 4 has some empirical support. For example, in anoles (*Anolis spp.*) (Butler
265 et al. 2007), stickleback (*Gasterosteus aculeatus*) (Cooper et al. 2011), walking stick insects
266 (*Timema spp.*) (Roy et al. 2013), and salamanders (*Notophtalmus spp.*) (De Lisle and Rowe
267 2017), males and females occupy distinct regions of morphospace, suggesting macroevolutionary
268 adaptive zones (and thus niches) are not equivalent for males and females of these varied groups.

269 This prediction can be tested by examining the sign of ecological divergence in female

270 and male traits across lineages exhibiting independent transitions to ecological sexual
271 dimorphism and similar mating systems. If sex-specific selection related to the anisogamy drives
272 the initial stages of the evolution of sexual dimorphism, the direction (in trait space) of sex-
273 specific ecological divergence should be consistent across lineages. That is, evolution of
274 ecological sexual dimorphism is expected to be parallel across related lineages under prediction
275 4. Although a large literature on parallel, or convergent, evolution exists, this literature has
276 rarely considered ecological sex differences (Oke et al. 2018), and large-scale metanalysis of the
277 parallelism of sexual dimorphism would be useful. Other, more direct tests of prediction 4 may
278 in some cases be possible. In some systems, ‘transplant’ experiments may be possible, where
279 male and female fitness is estimated under environmental conditions typical of each sex (e.g., De
280 Lisle et al. 2018b).

281 Note that prediction 4 is not unique to the action of ECD. SA natural selection that arises
282 purely from anisogamy-related differences in reproductive interests are expected to lead to the
283 evolution of sex-specific niches even in the absence of resource competition. However, because
284 ECD alone (Figure 1b) predicts that the sign of phenotypic divergence between males and
285 females should be random, patterns consistent with this prediction allow the hypothesis of ‘pure
286 ECD’ to be rejected. Moreover, and more importantly, conceptual and mathematical models
287 relating ecological dimorphism to community assembly and diversification (Bolnick and Doebeli
288 2003, Butler et al. 2007) assume implicitly that niches are interchangeable across the sexes. Yet
289 even if ECD is a critical contributor to SA selection, the integrated view nonetheless predicts
290 patterns of ecological sexual dimorphism will often be consistent across related lineages.

291 These four predictions are not proposed as a test of the action of resource-competition
292 driven SA selection/ECD between the sexes. Such tests are possible and described in Box 1,

293 Figure 2, and could nonetheless be conducted in conjunction with tests of prediction 2 above.
294 Rather, these predictions reflect patterns that seem likely to occur if both paradigmatic causes of
295 SA selection together shape the evolution of ecological sex differences. In the absence of ECD,
296 SA selection resulting from anisogamy may be expected to influence niche evolution in other
297 ways; for example, allowing for the co-option of previously sex-limited traits for the same novel
298 ecological role in both sexes (Bonduriansky 2011). If frequency-dependent resource competition
299 contributes to SA selection and the evolution of sexual dimorphism, we expect it do so in a
300 predictable way, and consideration of this may be useful when attempting to understand the
301 ecological and evolutionary causes and consequences of sex differences.

302

303 **Conclusions and future directions**

304 Existing evidence makes the general importance of resource competition as a driver of
305 SA selection and sexual dimorphism difficult to determine. The large number of suggestive
306 cases of ecological sexual dimorphisms across a range of animal and plant taxa (Box 2) is, by
307 itself, enough to indicate that establishing the prevalence of ECD between the sexes as an
308 important open question for our understanding of adaptation in dioecious organisms. Very few
309 studies have assessed the contribution of resource competition to sex-specific fitness variance
310 directly. This relative paucity of direct empirical attention to the hypothesis of ECD is probably
311 due, to some extent, to the inherent difficulty of direct tests of the hypothesis of ECD (Box 1).
312 Yet this paucity also likely reflects a prevailing view that in its agnosticism towards the
313 anisogamy, the hypothesis of ECD lacks parsimony (Shine 1989) and the fact that most studies
314 of sexual antagonism and SA selection have justifiably focused on conflicts arising directly from

315 divergent gamete investment. Yet rather than an unlikely alternative explanation for the
316 evolution of ecological sexual dimorphism, resource competition is a likely contributor to SA
317 selection that is expected to act at predictable times within the Darwin-Bateman paradigm,
318 leading to many outstanding questions on the evolution of sex differences and their
319 consequences (see **Box 3**). Direct tests of competition's role in the evolution of sexual
320 dimorphism are tractable, although rather than pitting sexual selection, divergent mating
321 strategies typical of the sexes, and ecological causes against each other as alternative causal
322 explanations, they should be viewed and studied as potentially-interacting forces that could
323 jointly shape the evolution of sexual dimorphism.

324

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335 **BOX 1. Testing the hypothesis of Ecological Character Displacement between**
336 **the Sexes**

337 Past workers have suggested a number of approaches for testing the hypothesis of ECD between
338 the sexes, ranging from simple morphometric analysis of ecological sex differences (Shine
339 1989), to phenotypic selection analyses (Price 1984, Hedrick and Temeles 1989), to
340 manipulative experiments (De Lisle and Rowe 2015a). Yet like tests of the hypothesis of
341 interspecific ECD, any single empirical approach is unlikely to provide compelling evidence on
342 its own. More recently, De Lisle and Rowe (De Lisle and Rowe 2015a) attempted to define a
343 set of four minimal criteria for an empirical demonstration of divergent ecological character
344 displacement between the sexes. These criteria reproduced in Table I. Demonstration that the
345 sexes have diverged in ecologically important (Criterion I) heritable (Criterion II) traits and that
346 resource competition limits individual fitness (Criterion III) satisfies the requirement, for
347 demonstration of ECD, that reduced competition increases fitness and that the sexes have begun
348 to diverge in ecologically-relevant traits. Even in light of such evidence, a true test of ECD
349 between the sexes requires a demonstration that divergence in morphology reduces the strength
350 of competition between the sexes (Criterion IV). Correlations between proxies for the strength
351 of competition and the expression of sexual dimorphism across populations in the wild ((e.g.
352 Pincheira-Donoso et al. 2018)) is a common form of evidence for Criterion IV, although many
353 alternative explanations for such a pattern exist. A more powerful approach is the statistical
354 comparison of fitness surfaces, estimated using a fitness proxy that captures individual resource
355 acquisition, across experimental units differing in the strength of competition and the distribution
356 of ecological phenotypes (Bolnick and Lau 2008, De Lisle and Rowe 2015a, De Lisle and
357 Svensson 2017). Such an approach expands on traditional phenotypic selection analyses,

358 advocated in the past for tests of ECD between the sexes (Hedrick and Temeles 1989), in a major
359 way because it allows identification of resource competition as a causal agent of selection and
360 simultaneously tests the prediction from competition theory that selection is frequency- and
361 density-dependent (Slatkin 1984) (see also Figure 2). For example, in a comparative study of
362 stickleback populations (*Gasterosteus aculeatus*), Bolnick and Lau (Bolnick and Lau 2008)
363 showed a reduction in strength of divergent selection in lakes with elevated levels of
364 multivariate sexual dimorphism. Major caveats of tests employing comparative selection
365 analyses is that they can only be employed when the distribution of female and male phenotypes
366 overlap (De Lisle and Rowe 2015a), and they invite a number of complex statistical and
367 methodological challenges (Chenoweth et al. 2012, De Lisle and Svensson 2017) on top of all
368 the limitations of a traditional selection analysis, such as identification of appropriate measures
369 of fitness and identification of the true targets of selection.

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Box 1 Table I. Criteria for character displacement between the sexes

Criterion	Rationale	Potential empirical approaches
I) Sexes have diverged in resource use and morphology	Ecologically-relevant sexual dimorphism is a requisite	Morphometrics, mensurative studies of wild populations
II) Morphological dimorphism has a genetic basis	Dimorphism, or more generally sex determination, must be genetic to qualify as 'character displacement'	Breeding experiments, pedigree analysis, genomics, phylogenetic history
III) Competition limits, or did limit, female and male resource acquisition at the life stage at which dimorphism is expressed	Ecological sexual dimorphism cannot be the outcome of character displacement unless resource competition plays an important role in determining male and female fitness.	Experiments
IV) Extent of competition can be linked to divergence along axis of morphological dimorphism	The strength of competition must be mediated by the traits that are sexually dimorphic	Experiments, carefully-designed comparative studies

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383 **BOX 2 Evidence of ECD Between the Sexes**

384 A review of empirical papers citing Slatkin's (Slatkin 1984) formalization of ECD between the
385 sexes indicates that strong evidence for ECD between the sexes is rare, although many studies
386 provide some evidence suggestive of ECD (Table I; full details of literature search available in
387 the Supplementary Material). Threespine stickleback (*Gasterosteus aculeatus*) present perhaps
388 the most compelling case and the only one in which strong evidence for all four criteria exist,
389 although they are not all presented in a single study; multiple independent studies present
390 evidence for ecological dimorphism in heritable traits, and importantly, patterns of variation in
391 divergent selection in the wild that are consistent with ECD and measured using identical female
392 and male fitness components (Reimchen and Nosil 2001, Nosil and Reimchen 2005, Kitano et al.
393 2007, Bolnick and Lau 2008, Spoljaric and Reimchen 2008, Cooper et al. 2011). Resource
394 competition has a demonstrated importance for individual fitness (summarized in Schluter
395 2000a). Eastern newts (*Notophthalmus viridescens*) provide a second example where multiple
396 lines of experimental evidence for ECD between the sexes are available.

397 Many more studies reflect incomplete tests, where nonetheless the data and natural
398 history suggest that a role for ECD could be quite likely. For example, a number of mensurative
399 studies of bird foraging and morphology (particularly Piciforme woodpeckers and Passerines)
400 suggest a possible role for ECD between the sexes. Perhaps the most exciting examples come
401 from invertebrate animals and dioecious plants (e.g. , systems whose short generation times
402 and/or experimental tractability make them conducive to explicit tests of the hypothesis. Plants,
403 in particular, are especially amenable to experimental assessment of competition's role (or lack
404 thereof) in generating sex-specific relationships between traits and fitness. Plants might also be

405 more susceptible to resource competition-driven selection on morphological traits due to their
406 sessile life history.

407 The conclusions of this survey are that: 1) there are very few clear examples of
408 competition-driven ecological character displacement between the sexes, despite many potential
409 cases, and 2) whether or not this reflects a lack of importance of the model cannot be ascertained
410 without more direct studies that demonstrate or falsify patterns of sex-specific relationships
411 between resource acquisition traits and fitness (Criterion IV; Box 1) predicted under a model of
412 ECD.

413

414 **Box 2 Table I. Studies with suggestive evidence of ECD between the sexes in animals and plants.** Based on a
 415 review of published studies citing Slatkin 1984. Test = comparative (C), experimental (E), or a combination (C+E). A single asterisks
 416 indicates only circumstantial/weak or indirect evidence for a criterion. Double asterisks indicate some evidence of competition driving
 417 convergence.

Study	Species	Clade	Common name	Criteria Met	Criteria Rejected	Trait(s)	Test
(Chazarret et al. 2012)	<i>Campephilus magellanicus</i>	Piciformes	Magellanic woodpecker	I, IV*		diet, foraging strategy, bill size	C
(Wan et al. 2013)	<i>Rhinopithecus bieti</i>	Primates	Black snub-nosed monkey	I, IV*		foraging habitat use	C
(Martin and Pitocchelli 1991)	<i>Parus caeruleus</i>	Passeriformes	blue tit	I, IV*		body size, bill size	C
(De Lisle and Rowe 2017)	<i>Notophthalmus viridescens</i>	Caudata	eastern newt	I, IV*		size and head shape	C
(Queral-Regil and King 1998)	<i>Nerodia sipedon</i>	Squamata	Northern water snake	I, II		head shape, diet	E
(David et al. 2003)	<i>Drosophila melanogaster</i>	Diptera	fruit fly	I, II		body size	E
(Parsons et al. 2015)	<i>Labeotropheus fueleborni</i>	Perciformes	Fueleborn's cichlid	I, II		head shape	C+E
(Krause and Burghardt 2007)	<i>Thamnophis sirtalis</i>	Squamata	common garter snake	I, II		body and head size	C
(Foelker and	<i>Scolytinae</i>	Coleoptera	bark beetles	I, II		body size	E

Hofstetter 2014) (De Lisle and Rowe 2014) (De Lisle and Rowe 2015a) (Spoljaric and Reimchen 2008) (Butler et al. 2000) (Dayan and Simberloff 1994) (Dayan et al. 1990) (Butler et al. 2007) (Jones 1997) (Pearson et al. 2002) (Shine et al. 2002) (Kohorn 1994) (Bertiller et al. 2002) (Nosil and Reimchen 2005) (Thom et al. 2004) (Levenson 1990)	<i>Notophthalmus viridescens</i> <i>Notophthalmus viridescens</i> <i>Gasterosteus aculeatus</i> <i>Anolis sp</i> <i>Mustela, Meles, spp.</i> <i>Felis sp.</i> <i>Anolis sp</i> <i>Darsyrus, Sarcophilus,</i> <i>Thylacinus</i> <i>Morelia spilota imbricata</i> <i>Laticauda colubrina, L.</i> <i>frontalis</i> <i>Simmondsia chinensis</i> <i>Poa ligularis</i> <i>Gasterosteus aculeatus</i> <i>Mustela vison</i> <i>Tamias sp</i>	Caudata Caudata Gasterosteiformes Squamata Mustelidae Feliformia Squamata Marsupialia Squamata Squamata Caryophyllales: Simmondsiaceae Poales: Poaceae Gasterosteiformes Mustelidae Rodentia	eastern newt eastern newt Threespine stickleback anoles weasels cats anoles dasyurid marsupial carpet python sea krait goat nut grass threespine stickleback mink squirrels	I, III I, III, IV I, IV* II I, IV* I, IV* I, IV* I, IV* I, IV* I, IV* I, IV* I, IV* I, IV* I, IV* I, IV* I, IV*	sex-specific responses to interspecific competition body size, head shape multivariate morphology multivariate morphology skull size skull and tooth size multivariate morphology feeding morphology head shape, diet head size, body size, diet shoot morphology, habitat habitat use multivariate morphology tooth and skull morphology body and head size	E E C+E C C C C C C C C+E C+E C C C
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(Pasinelli 2000)	<i>Dendrocopos medius</i>	Piciformes	middle-spotted woodpecker	I, IV*	body and bill morphology, foraging habitat	C
(Summers et al. 1990)	<i>Calidris maritima</i>	Charadriiformes	Purple sandpiper	I, IV*	body size, diet	C
(Ebenman 1986)	<i>Parus major</i>	Passeriformes	great tit	I, IV*	bill size, tarsus size	C
(Kohorn 1995)	<i>Simmondsia chinensis</i>	Caryophyllales: Simmondsiaceae	goat nut	I, IV*	size, leaf morphology	C
(Kitano et al. 2012)	<i>Gasterosteus aculeatus</i>	Gasterosteiformes	threespine stickleback	I, IV*	multivariate morphology	C
(Viranta and Kauhala 2011)	<i>Vulpes vulpes</i>	Carnivora	red fox	I, IV*	skull size	C
(Cowley and Atchley 1988)	<i>Drosophila melanogaster</i>	Diptera	Fruit fly	I,II	feeding morphology	E
(Kitano et al. 2007)	<i>Gasterosteus aculeatus</i>	Gasterosteiformes	threespine stickleback	I,II	size and head shape	C+E
(Reimchen and Nosil 2004)	<i>Gasterosteus aculeatus</i>	Gasterosteiformes	threespine stickleback	I,II, IV	spine number, diet	C
(Leinonen et al. 2011)	<i>Gasterosteus aculeatus</i>	Gasterosteiformes	threespine stickleback	I,II, IV*	multivariate morphology	C+E
(Bedhomme et al. 2003)	<i>Aedes aegypti</i>	Diptera	Yellow fever mosquito	I,III	life history traits	E
(Simmons 1987)	<i>Gryllus bimaculatus</i>	Orthoptera	field cricket	I,III, IV*	body weight	E
(Fuselier and Mcletchie 2002)	<i>Marchantia inflexa</i>	Marchantiaceae	liverwort	I,III, IV**	pre-sexual life history	E
(Badyaev et al. 2001)	<i>Carpodacus mexicanus</i>	Passeriformes	house finch	I,IV	bill morphology	C
(Tibbetts and Safran 2009)	<i>Passeroidea</i>	Passeriformes	sparrows	IV*	plumage	C

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(Maend et al. 2013) (Pincheira-Donoso et al. 2018) (Duron et al. 2018) (De Lisle et al. 2018b)	<i>Ficedula hypoleuca</i>	Passeriformes	pied flycatcher	I, IV**	foraging strategy, diet	E
	<i>Liolaemus spp.</i>	Squamata	tree iguanas	I, IV	body size	C
	<i>Campephilus magellanicus</i>	Piciformes	Magellanic woodpecker	I, IV*	foraging habitat use	C
	<i>Notophthalmus viridescens</i>	Caudata	eastern newt	III, IV*	size, head shape	E

419 **Box 3 Outstanding Questions**

- 420 1) How prevalent is ecological character displacement (ECD) between the sexes? Does
421 resource competition play a general role in the evolution of ecological sexual
422 dimorphisms? More direct tests are needed, that demonstrate or falsify a role for resource
423 competition in generating sex-specific selection. The fact that the sexes share an
424 evolutionary history in sympatry, coupled with the observation that intraspecific
425 competition is often thought to be stronger than interspecific competition, suggests
426 within-species ECD could be a more prevalent or general evolutionary process than
427 interspecific ECD.
- 428 2) When it does occur, does ECD tend to drive further evolution of dimorphic traits that
429 were already under sex-specific selection directly related to anisogamy and the Darwin-
430 Bateman paradigm?
- 431 3) How might integrating competition models and sexual selection models change
432 predictions for sexual dimorphism's role in higher level processes, such as: the evolution
433 of reproductive isolation, ecological speciation, and extinction? Can we reconcile the
434 sometimes-conflicting predictions of sexual dimorphism's role in diversification?
- 435 4) Emerging theory and data indicate that environmental variation plays a key role in
436 mediating sex-specific selection and the expression of sexual antagonism (Connallon et al.
437 2018). One general conclusion from this work is that sexual antagonism is expected to be
438 reduced in harsh environments or conditions of population maladaptation. How might
439 resource competition act in these scenarios? Does ECD change these conclusions or
440 amplify the expected patterns of variation in the importance of sexual antagonism?
- 441 5) Recent workers have highlighted an underappreciated but potentially important role for

442 sex-specific selection and sexual dimorphism, particularly resulting from sexual
443 selection, in contributing to feedbacks between evolutionary change and ecological
444 dynamics (Giery and Layman 2019, Svensson 2019, Fryxell et al. in press). This
445 emerging work has not addressed in detail the potential role of ECD in generating such
446 feedbacks. Yet in cases when resource competition acts jointly with other sources of sex-
447 specific selection, it seems especially likely that the evolution of sexual dimorphism will
448 have substantial ecological impact, and vice-versa; character displacement is itself the
449 quintessential example of an ‘eco-evo feedback’. Does incorporating the possibility that
450 ECD and other sources of SA selection may act together change our understanding of
451 sexual dimorphism’s potential impact on ecological communities?

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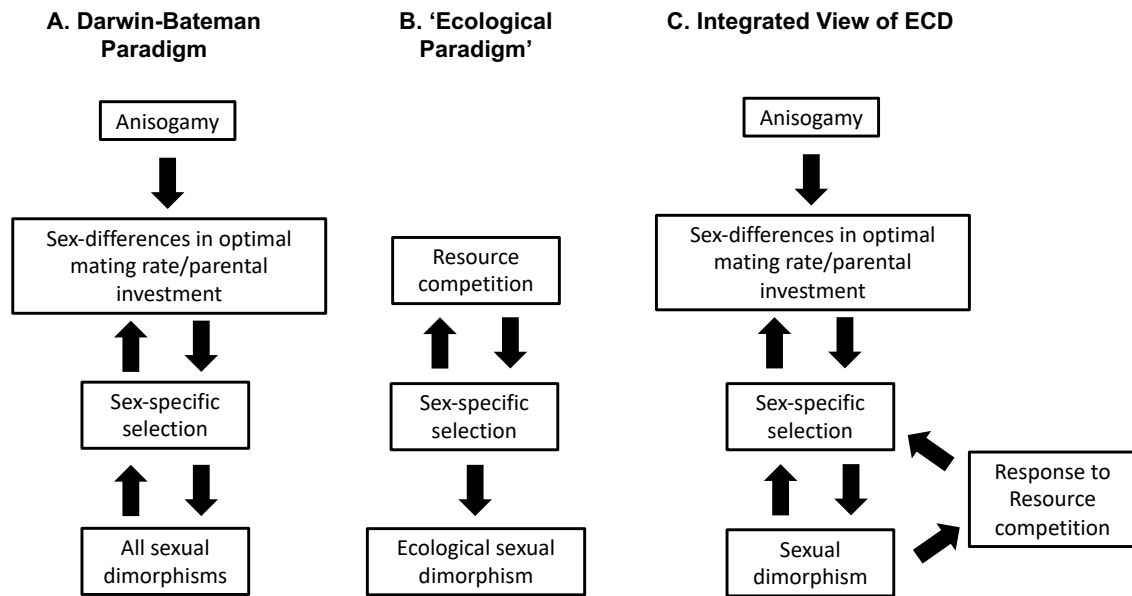
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462 **Figure 1. Foundational models of the evolution of sex differences.** (A) represents the Darwin-
 463 Bateman paradigm of sexual dimorphism rooted in anisogamy. In this model, differential gamete
 464 investment that defines the sexes leads directly to sex differences in selection related to mating
 465 rate and parental investment, and thus the evolution of pervasive sex differences in life history.
 466 In this model, all pervasive sex differences in selection, sexual coevolution, and consequently all
 467 sexual dimorphisms are fundamentally rooted in anisogamy. (B) represents an alternative model
 468 of the evolution of sex differences: ecological character displacement (ECD). Resource
 469 competition drives divergent selection and the evolution of ecological dimorphism. Critically,
 470 this model makes no underlying assumptions regarding gamete investment, and so differs
 471 fundamentally from (A), although its explanatory power is limited to traits important for resource
 472 use. Although (A) and (B) differ fundamentally, they are not exclusive. When considered
 473 together, the mostly likely scenario for the evolution of sexual dimorphism is illustrated in (C).
 474 Under this integrated view, all sexual dimorphisms are ultimately rooted in anisogamy, although

475 ECD could have important consequences for the later stages of the evolution of sexual
476 dimorphism. Feedback arrows between ECD, sexual dimorphism, and sex-specific selection
477 indicate the frequency and density dependent nature of ECD; after extensive divergence
478 competition-driven selection would be expected to relax.

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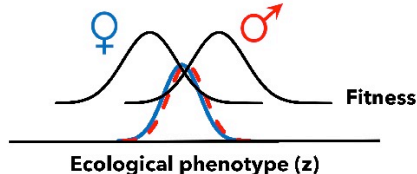
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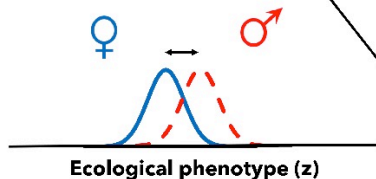
1) Early stages: D-B

Different gamete investment → Divergent sex roles → Sex-specific phenotypic optima

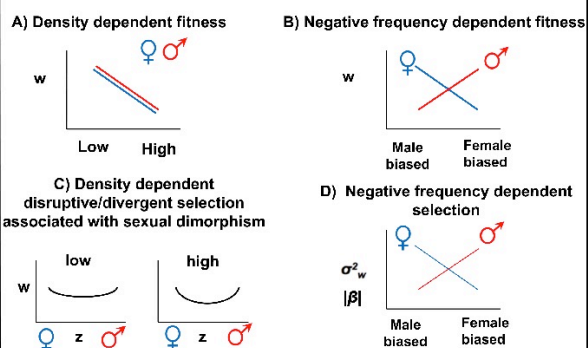


2) Middle stages: ECD

Direct ecological drivers (sources of selection) on sexual dimorphism

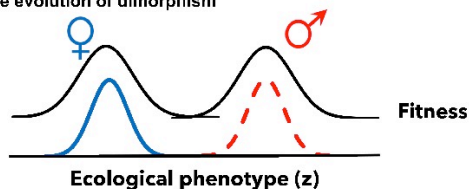


Predicted experimental outcomes under ECD



3) Late stages

Sex-specific optima (and/or rate at which they are reached) reflect an outcome of multiple models of the evolution of dimorphism



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486 **Figure 2. Conceptual illustration of how multiple causes of sex-specific selection act and**

487 **interact to influence the evolution of sexual dimorphism.** In the early stages of the evolution

488 of sexual dimorphism (panel 1), the evolution of anisogamy leads to divergent male and female

489 life histories resulting in sex specific phenotypic optima, the Darwin-Bateman (D-B) paradigm.
490 Following initial phenotypic divergence between the sexes, direct ecological drivers of sex-
491 specific selection, ECD, step in to influence middle stages of the evolution of sexual
492 dimorphism. For example, ecological character displacement could act at this stage to accelerate
493 the evolution sexual dimorphism initiated by sexual selection. At this stage explicit predictions
494 for experimental manipulations of density and phenotypic frequency (although within-sex
495 frequency dependence is also expected, in the context of an experiment, sex ratio may often be
496 the most logistically feasible way to manipulate the phenotypic distribution) can be made, at
497 least for the case where female and male phenotypic distributions still overlap. First, we expect
498 male and fitness or fitness components (e.g. growth or survival) to be negative density (A) and
499 negative frequency (B) dependent. We also expect selection to be density and frequency
500 dependent; males and females with extreme morphology should have a fitness advantage at high
501 density (C), and in a frequency manipulation the strength of selection should be strongest for
502 each sex when rare (D) (De Lisle and Rowe 2015a). Note that these predictions are specifically
503 in the context of within-generation experimental perturbations aimed at uncovering the patterns
504 of selection expected under resource competition-driven selection. Patterns opposite of any one
505 of these expected outcomes would falsify the hypothesis that ECD is/has been acting to drive the
506 evolution of sexual dimorphism. At the late stages of the evolution of sexual dimorphism (panel
507 3), male and female mean phenotypes will be located on adaptive peaks determined by multiple
508 models of the evolution of sexual dimorphism.

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745 **Supplementary Material**

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747 **Details of Literature Review**

748 To ascertain existing evidence for ECD between the sexes, I reviewed all published
749 articles citing Slatkin's 1984 *Evolution* paper as reported by ISI Web of Science (n = 376 as of
750 January 2019). This literature search of citations to Slatkin 1984 was performed because: 1) the
751 goal was to identify a body of papers that would be likely to have tested the hypothesis of ECD
752 between the sexes explicitly, if such studies exist, and 2) Slatkin 1984 represents the first
753 theoretical formalization of ECD between the sexes (as well as other ecological models of
754 dimorphism). Thus, carefully-designed empirical tests of the hypothesis of ECD would be very
755 likely to have cited this paper. For each relevant paper I examined whether the study presented
756 evidence in support of or refuting the criteria listed in Box1; note that I assessed relevance
757 regardless of whether authors of the studies in question framed their results as tests of ECD.
758 Papers were deemed relevant if empirical and examining evidence or consequences of sex
759 differences in some trait of potential ecological importance. I did not consider papers focused
760 solely on sex differences in traits clearly related only to mating success (with no evidence or
761 suggestion by the authors of any ecological importance), or papers focused solely on the
762 evolution of genetic constraints on sexual dimorphism (for which this paper is also frequently

763 cited for). My assessment was generous, and for some criteria, particularly IV, evidence was
764 often speculative or indirect, and such results are noted with asterisks in corresponding tables.
765 An example of ‘indirect’ evidence of criteriun IV could, for example, include demonstration of
766 correlations between the expression of sexual dimorphism and some ecological variable which is
767 speculated (but not shown) to represent variation in the strength of resource competition, such as
768 winter foraging habitat. This review yielded 212 empirical studies reporting some evidence
769 either in support of or refuting at least one criterion for ECD (full list, including the 376 papers
770 identified in the ISI search and assessment of the 212 papers deemed relevant, is provided as a
771 Supplementary excel file). Excluding the majority of these studies that only report sex
772 differences in a trait of potential ecological relevance (Criterion I) yielded 43 studies that
773 indicate some additional support for the hypothesis of ECD between the sexes (including two
774 studies with some evidence of convergent character displacement; Box 2 Table 1). This
775 assessment of existing evidence for ECD between the sexes is conservative; although many
776 studies likely exist that report some evidence for ECD that do not cite Slatkin 1984, this search
777 could be seen as an assessment of studies that were perhaps most likely to provide a test of ECD
778 given their reference lists.

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