Trans-generational plasticity and bet-hedging: a common eco-evolutionary framework of utter relevance for climate change adaptation.

Jens Joschinski^{1*†}, Dries Bonte^{1‡}

¹ Terrestrial Ecology Unit (TEREC), Department of Biology, Ghent University, Ghent, Belgium.

- * jens.joschinski@ugent.be
- [†] Twitter: @jensjoschi
- [‡] Twitter: @bontedries

2 Abstract

3 Organisms are typically assumed to respond to environmental change by genetic adaptation, phenotypic plasticity, or by genetic adaptation *of* phenotypic plasticity - the latter is in the focus 4 5 of contemporary calls for an extended evolutionary synthesis, because it impacts evolutionary dynamics by tinkering with the raw material for selection (phenotypes). Diversified bet-6 hedging, a risk-spreading strategy that affects the phenotypic variance among one's offspring, 7 8 can provoke a similar impact, yet it is rarely considered in studies of climate change adaptation. 9 We argue that this is due to plasticity being overly synonymized with phenotypic variance and GxE interactions, and thus strive for a unifying framework: we clarify that diversified bet-10 hedging and plasticity are mutually exclusive strategies, arising from opposing changes in 11 reaction norms (allocating phenotypic variance among or within environments). Since these 12 13 two strategies have in common that they shape phenotypic variance within populations, both may determine evolutionary dynamics and hence resilience to climate change. We advocate 14

15 that a paradigm shift is required to accommodate the role of bet-hedging in evolution.

16

17 Key words: Phenotypic plasticity, Bet-hedging, GxE, Canalization, Adaptation, Climate

18 change

19 Climate change: coping with variance

- 20 Environments are heterogeneous, and organisms cope with this variation in multiple ecological 21 and evolutionary ways. The optimal strategy to deal with environmental variation in time and 22 space will largely depend on the extent of its predictability along these two dimensions 23 (Southwood 1977). Obviously, unpredictable short-term temporal fluctuations have different 24 effects than predictable changes that occur over the course of an individual's life time, or those
- proceeding gradually over multiple generations. 25
- Global CO₂ concentrations are acceleratingly rising since at least 100 years (IPCC 2014). The 26
- 27 lack of long-term predictability puts species at risk (Urban 2015), thus global biodiversity will likely decrease within this century (Midgley et al. 2002; Visconti et al. 2016; Tilman et al. 28
- 29 2017), thereby likely provoking a sixth mass-extinction (Barnosky et al. 2011). Changes in
- short-term climate variability (IPCC 2014; Bathiany et al. 2018) and its temporal 30
- autocorrelation (Lenton et al. 2017) impose further challenges, such as affecting food web 31
- 32 stability (Yang et al. 2019) and separating ectotherm preferences from their thermal optima
- (Kingsolver and Buckley 2017). The twofold challenge of changing means and changing 33
- 34 variability is one of the most urgent societal problems.
- 35 In view of recent climatic change the role of phenotypic plasticity has been aptly discussed: multiple timely reviews have highlighted the importance of phenotypic plasticity not only in 36 37 coping with changing environments, but also in steering the evolvability of traits in a changing 38 climate (Fox et al. 2019). Diversified bet-hedging, i.e. adaptive variance in offspring 39 phenotypes, on the other hand is surprisingly rarely associated with climate change and with trait evolvability. The lack of clarity in the definition of both bet-hedging and phenotypic 40 plasticity did neither promote an integrated view: plasticity refers typically to reaction norm 41 42 shapes and their evolutionary outcome, while bet-hedging is defined only as an evolutionary 43 risk spreading strategy. We here unify the two strategies in a common eco-evolutionary 44 framework. We first provide a short review of the mechanisms underlying plasticity and bet-45 hedging, subsequently provide a common framework for their analysis and interpretation and end with outstanding question in terms of understanding and predicting species' adaptation to 46
- 47 climate change.

Plasticity: adapting to changing environments 48

49 Phenotypic plasticity, the ability to match the phenotype with the environment, is a cornerstone of ecological and evolutionary theory (West-Eberhard 2003; Pigliucci 2005; Laland et al. 50 51 2015). Our modern view of plasticity (Bradshaw 1965) is based on the combination of 52 phenotypic variation with Woltereck's (1913) concept of a reaction norm (Nicoglou 2015). A reaction norm describes how a phenotype changes with the environment, and plasticity is 53 54 considered the shape of such a reaction norm. This explicit focus on a reaction norm makes 55 plasticity an ecological *process* with which organisms cope with environmental change. In 56 contrast to the above definition, one can also regard plasticity by its outcome on evolution:

Nongenetic variation (or environmental variance, σ_E^2) reduces the heritability of a trait, $h^2 = \frac{\sigma_G^2}{\sigma_E^2}$ 57

(Wright 1920) and hence the response to selection via the breeder's equation, $R = h^2 * S$. 58 59 Importantly, environmental variance may not only include plasticity but also an "error" term, for example developmental noise may increase non-heritable variation. Nevertheless, this 60 detail is frequently overlooked, and plasticity is used synonymously for phenotypic variance. 61 62 It is hence not a surprise that plasticity has been considered a nuisance parameter in evolutionary biology (Falconer 1952). Since the 1980s it has, however, become apparent that 63 64 plasticity itself is a trait that can evolve (Via and Lande 1985; Schlichting 1986; Nicoglou 65 2015), and it is this focus on evolutionary outcomes that received most attention in light of 66 recent climate change. For example, plasticity in egg laying dates of *Parus major* has increased in response to an increasing mismatch with food peak abundance, and this plasticity included 67 68 a significant heritable component (Nussey et al. 2005).

The evolution of plasticity is analogous to any other trait that is molded by selection, but 69 70 different as it creates novel eco-evolutionary feedbacks that may alter the course and speed of evolution (De Jong 2005; Morgan 2019). These changes are so far-reaching that there have 71 72 been repeated calls for a novel evolutionary synthesis, with plasticity taking a prominent place 73 (West-Eberhard 2003; Laland et al. 2015). Several excellent recent reviews exist (e.g. Morgan 74 2019), so we will only name the most important concepts here. In short, directional selection 75 may first favour plasticity. While plastic expression of the extreme phenotypes buys time and shields the genotype from selection, the less extreme phenotypes fall out of use (genetic 76 77 accommodation), and stabilizing selection may then canalise the phenotype to the new mean 78 value (genetic assimilation). These patterns can lead to the inheritance of acquired 79 characteristics, which puts the whole concept of heritability in question.

The focus on evolutionary consequences of phenotypic plasticity have changed the meaning of the term from a process to that of a – usually – adaptive strategy. Plasticity is now commonly used both for reaction norm shapes and phenotypic variance, commonly ignoring that reaction

83 norms need not be adaptive, and that phenotypic variance need not rely on plasticity.

84 Bet-hedging: surviving in variable environments

Bet-hedging is generally defined by its effects on fitness - it encompasses strategies that reduce 85 fitness variance at the cost of arithmetic mean fitness. It seems odd that such a strategy may be 86 favored by selection, but fitness variance can have devastating consequences for fitness (see 87 88 box 1 for a numerical example), e.g. when an extreme environmental condition in a single year 89 drives a genotype to extinction. This is because long-term fitness is based on reproduction, 90 which is a multiplicative process, and thus best described by the geometric rather than the arithmetic mean. The geometric mean is sensitive to variance, so a lower, but less fluctuating 91 reproductive output can pay off (Cohen 1966). There are two fundamentally different ways of 92 93 reducing fitness variance, namely conservative and diversified bet-hedging (Seger and 94 Brockmann 1987; Starrfelt and Kokko 2012). The conservative bet-hedger avoids risks and, 95 for example, advances hibernation to reduce fitness costs of early frosts. The lower fitness 96 variance can offset the costs in mean fitness, which are caused by a reduced season length and hence lower growth rates. In contrast to conservative bet-hedgers the diversified bet-hedger 97 98 does not directly avoid risks. Instead, it produces a mixture of offspring phenotypes with

99 varying strategies, some of which do not obtain highest arithmetic mean fitness. This strategy 100 increases fitness variance among siblings, but because fitness among siblings is not 101 multiplicative, its variance is not detrimental. On the contrary, low fitness of some siblings is 102 averaged out by the arithmetic mean, which in turn reduces the (geometric) fitness variance 103 among years and hence leads to less fluctuating growth rates. Hence, both bet-hedging 104 strategies have in common that they maximize geometric mean fitness by decreasing fitness 105 variance, at the cost of the arithmetic mean.

Box 1: A bet-hedging example

Aphids reproduce by parthenogenesis during summer, which enables quick population growth; in winter frost kills the soft-bodied insects and only diapausing eggs survive (Simon et al. 2002). The struggle to keep the growing season long on one hand and to avoid death on the other hand puts diapause timing under intense selection pressure. In the following we will consider three strategies to cope with unpredictable conditions. First, a genotype may time diapause such that it coincides with mean winter onset (arithmetic mean optimization); this is the strategy that may be intuitively expected. This genotype profits from high offspring numbers (say, 100 offspring) in half of the years, i.e. when winter is later than in an average year, but high mortality (1 surviving offspring) in the other half. A second genotype, the conservative bet-hedger, may diapause earlier in the year and may have 11 offspring regardless of winter onset. Thirdly, a genotype may reproduce with a mixed strategy(diversified bet-hedging), in which half of the offspring follow the first strategy and

the other half follow the second strategy. The arithmetic mean offspring numbers are thus 50.5 $\left(\frac{100+1}{2}\right)$ for the first genotype, but only 11 for the second and 30.75 $\left(\frac{50.5+11}{2}\right)$ for the third genotype. Nevertheless, the bet-hedging strategies already pay off after four years, because the high between-years variance stalls the exponential growth of genotype 1 (see figure). This shows that the arithmetic mean does not adequately describe fitness (Seger and Brockmann 1987; Simons 2011; Starrfelt and Kokko 2012).



106 Bet-hedging is beneficial exactly under those conditions that do not allow for plasticity, i.e.

107 rapidly fluctuating environments. When environments are unpredictable, the evolutionary bets

108 may be hedged in space or time (Buoro and Carlson 2014), or in identity (by facultative

109 sexuality, Gerber and Kokko 2018). Typical examples are seed banks of desert annuals (Cohen

- 110 1966); diapausing strategies of annual killifish (Furness et al. 2015) and of insects (Hopper
- 111 1999); facultative sexuality of aphids (Halkett et al. 2004); and dispersal polyphenisms

- 112 (Grantham et al. 2016). There has been ample theoretical work on the factors that allow for the
- evolution of bet-hedging, such as little temporal (Scheiner 2014a), or for dispersal traits, spatial
- 114 autocorrelation of the environment (Venable and Brown 1988), and high costs of phenotypic
- 115 plasticity (Maxwell and Magwene 2017). On the other hand, it is less clear how prevalent bet-
- 116 hedging is in nature (Simons 2011). In contrast to phenotypic plasticity, bet-hedging requires
- 117 evidence for a lack of correlations with the environment, making the existence of bet-hedging
- 118 strategies very difficult to prove. Due to the dearth of proven cases of bet-hedging, studies on
- the eco-evolutionary dynamics (e.g. population persistence, demographic consequences) are
- 120 largely missing (Buoro and Carlson 2014). Hence bet-hedging is well established in theory, but
- 121 its relevance is not known.

122 Bet-hedging and plasticity: complementary or related?

123 Bet-hedging theory assumes that environmental conditions are entirely unpredictable, which is 124 obviously not the dominantly prevailing case in nature. In reality genotypes should maximise the use of information by adjusting their phenotype to the environmental context, unless 125 phenotypic plasticity carries high costs (Donaldson-Matasci et al. 2013). In other words, bet-126 127 hedging and plastic strategies do not stand on their own, but should be jointly integrated in 128 individual strategies. Theoretical models often account for this complementarity, and define 129 bet-hedging as either variance of reaction norms (Westneat et al. 2015) or as a separate developmental instability trait (Scheiner 2014b; Tufto 2015), allowing bet-hedging to evolve 130 independently from plasticity. We argue, however, that the association of bet-hedging and 131 plasticity runs even deeper than mere complementarity, and that plasticity and bet-hedging are, 132 in fact, mechanistically related. 133

134 In general, there are two theories regarding the creation of adaptive phenotypic variance: First, 135 adaptive variance in traits can be achieved by overly relying on cues with little predictive power 136 ("microplasticity", Simons and Johnston 2006; "hyperplasticity", Scheiner and Holt 2012). For 137 example (Maxwell and Magwene 2017) engineered a yeast model that evolved a response to estradiol, a compound that was entirely unrelated to fitness but ensured phenotypic variance in 138 a fluctuating environment. Secondly, diversified bet-hedging strategies may be achieved by 139 developmental instability (e.g. Simons and Johnston 1997; Veening et al. 2008). Low copy 140 141 numbers e.g. of transcriptional regulators may cause sampling errors which get amplified in 142 the protein regulatory network (Kærn et al. 2005). This results in phenotypic variance, either 143 of single cells (Volfson et al. 2006) or among cells of the same organism (Woods 2014; Dueck et al. 2016). In the extreme case the variance affects developmental pathways and causes 144 random determination of alternative phenotypes (Perrin 2016). We argue that this second mode 145 of creating variance is not an alternative to, but a special case of microplasticity – the only 146 difference is that the plastic reaction is on the cellular level rather than a reaction to the 147 148 macroscopic environment. Thus, no matter how phenotypic variance is achieved, it can be 149 described by reaction norm slopes, putting current modelling approaches into question.

150 There is another property of bet-hedging which requires careful consideration: it is the solution

151 to an information theoretical problem (Donaldson-Matasci et al. 2013), and hence inherently

- 152 dichotomous (Cooper and Kaplan 1982). For example, an organism may face the decision to
- 153 germinate or to remain dormant (Cohen 1966), to produce sexual forms or to remain

154 parthenogenetic (Gerber and Kokko 2018), or to allocate energy to current or to the next offspring (Marshall et al. 2008). Even if the phenotype appears to be continuous (e.g. years of 155 dormancy; clutch size), the decision process can be decomposed into a temporal sequence of 156 "coin-flipping" events (Cooper and Kaplan 1982). Therefore bet-hedging can be expressed by 157 158 a polyphenic reaction norm. We find this relationship between plasticity and bet-hedging highly 159 problematic, as the basic assumptions of plasticity/bet-hedging models are violated. We are not alone with this view - a recent publication noted the formal similarity of bet-hedging and 160 161 plasticity (Xue and Leibler 2018) and called for a unification of the two strategies. We hence wish to clarify the definitions of plasticity and bet-hedging in environments of varying 162 predictability. 163

164 Bet-hedging, canalization and plasticity: a problem of variance partitioning

As outlined above we find it crucial to make a distinction between ecological mechanisms and 165 emerging strategies. We will thus first introduce a set of terms to describe reaction norm shapes 166 and then another set of terms to describe the resulting evolutionary strategies. 167

168 Let us focus on a polyphenic reaction norm, describing for example germination. Each 169 offspring can be in one of two states, as it can either stay dormant or germinate. The probability of each state – or, from the mother's perspective, the proportion of offspring – in response to 170 171 an environmental cue can be described by a reaction norm (Fig. 1A). We assume that the shape of the reaction norm has a logistic shape, though our concepts are valid for any reaction norm 172 173 that is bounded between 0 and 100%. The phenotype distribution depends in this case on range, 174 mean and slope of the curve: first, a phenotype may exhibit a steep slope and high range, such 175 that the phenotype changes radically in response to the environment (see upper right in Fig. 1B). This shape maximizes the variance among environments, which we will refer to as 176 σ^2_{among} . Secondly, the reaction norm may be flat (upper left). In this case, there is no variance 177 among environments, but within each environment phenotypes may take one of two forms in 178 probabilistic fashion. The variance of these phenotypes within each environment (σ_{within}^2) is 179 calculated as p * (1-p), since the trait choice is a Bernoulli draw, and hence maximized with a 180 flat reaction norm at the 50% level. The two variance components complement each other, i.e. 181 it is not possible to maximize both σ^2_{among} (steep slope, high range) and σ^2_{within} (minimal 182 departure from 50%). Combinations of the two components are however possible (middle 183 184 column), and the ratio of the variances is determined by the range and slope of the reaction norm. Alternatively, a reaction norm may contain neither variance component, which can be 185 achieved by moving the elevation of the reaction norm to 0 or 100% (lower row). Such a 186 187 reaction norm represents a highly canalized phenotype, thus we express the degree of 188 canalization as the sum of the variance components. Lastly, the curve may shift on the x-axis, 189 which influences the mean phenotype rather than phenotypic variance (Fig. 1C). Reaction norms can therefore vary along three axes: in their mean, in the variance composition (σ_{among}^2 190

: σ_{within}^2), and in the degree of canalization ($\sigma_{among}^2 + \sigma_{within}^2$). 191

193 From mechanisms to strategies

194 Starrfelt & Kokko (2012) have defined fitness optimization as a trade-off among arithmetic 195 mean optimization, avoidance of fitness variance (conservative bet-hedging) and avoidance of fitness correlations in the offspring (diversified bet-hedging). We extend this concept by linking 196 197 it with distinct changes in reaction norm shapes, and by adding phenotypic plasticity. We thus 198 identify three axes along which organisms may optimize geometric mean fitness (Fig. 1): First, 199 genotypes may vary in their degree of canalization, which we expressed by the sum of the 200 variance components. We expect the level of canalization to evolve in response to 201 environmental variability, and we call the according strategy responsiveness. To distinguish the 202 evolutionary outcomes from their process, we reserve the term canalization for descriptions of 203 the reaction norm, and instead refer to the extreme strategies on the responsiveness axis as "fixed" and "flexible". Secondly, the mean of the reaction norm may vary. Depending on 204 205 environmental predictability, it should strike a balance among arithmetic mean optimization 206 and conservative bet-hedging. We call this axis of adaptive strategies variance avoidance. Lastly, the variance composition (among versus within environments) should depend on 207 208 environmental predictability, leading to phenotypic plasticity or diversified bet-hedging as extremes on an axis of information reliance. We thus no longer define plasticity and bet-209 210 hedging as physiological processes (reaction norm shapes), but as emerging strategies, and we will keep to this definition for the remainder of this essay. 211

212 Fitness optimization along three axes

213 Our definition extends classical concepts of bet-hedging. Plasticity was not seen as a bethedging trait (Seger and Brockmann 1987), and bet-hedging not as a plastic trait in the strict 214 215 sense (Cooper and Kaplan 1982). Nevertheless, bet-hedging is sometimes regarded the product 216 of plasticity (Simons and Johnston 2006; Maxwell and Magwene 2017). We resolve the confusion around these terms by distinguishing reaction norm shapes and emerging strategies, 217 218 and show that plasticity and diversified bet-hedging mark the two extremes on a continuum of 219 strategies. By removing the dichotomy of bet-hedging versus plasticity, we stimulate research 220 on the joint eco-evolutionary consequences of the information reliance axis.

221 Another common point of confusion is the term canalization, which is sometimes seen as the 222 opposite of plasticity (e.g. Van Kleunen and Fischer 2005; Ghalambor et al. 2007; Reed et al. 2010). To prove the point, the attentive reader will have noted that we ourselves have 223 224 introduced plasticity as the only component of non-genetic variance in the heritability equation. This follows a long tradition of ignoring bet-hedging in the context of climate change, e.g. by 225 226 equating Gene x Environment interactions with plasticity alone. We emphasize however, that 227 phenotypic variance includes *all* facets of variation, including diversified bet-hedging. In 228 discussing heritability, we therefore advocate partitioning phenotypic variation into:

229
$$h^2 = \frac{\sigma_G^2}{\left(\sigma_{Eamong}^2 + \sigma_{Ewithin}^2 + \sigma_{error}^2\right)}$$
, where σ_{error}^2 refers to measurement error.



Fig. 1. Relationship of evolutionary strategies with reaction norm properties. Panel A shows a dichotomous reaction norm. The decision to switch phenotypes can be expressed by a steep logistic curve. Reaction norms can divert in various ways from this step function: By changes in the ratio (x-axis) and sum (y-axis) of the variance components σ_{among}^2 and σ_{within}^2 (Panel B), and by changes in the mean (Panel C). Axes describe the resulting evolutionary strategies.

Equating phenotypic variance only with plasticity is precisely what prevented bet-hedging from being acknowledged as major force in evolution. Future research needs to shed light on the evolvability, as well as potential differences in GxE covariances of each variance component.

233 Thirdly, we placed conservative bet-hedging and mean optimization on the same axis. This 234 emphasized that conservative bet-hedging and diversified bet-hedging are different despite 235 both relying on unpredictability. The two strategies have been separated early on (Seger and Brockmann 1987), yet are often discussed in conjunction (e.g. Simons 2011). In our view 236 237 conservative and diversified bet-hedging should not be contrasted to each other, but discussed 238 in conjunction with arithmetic mean change (Starrfelt and Kokko 2012) and phenotypic 239 plasticity. Overall, our concept provides a fitness landscape along which genotypes may evolve 240 and studying each axis by its own is not fruitful. For example, failure to shift in means with climate change is not problematic per se - it could be mitigated by concurrent changes in 241 242 responsiveness. Similarly, the lack of both phenotypic plasticity and mean change may not have 243 severe fitness consequences, if the lack of plasticity is mitigated by diversified bet-hedging. It is the combination along all three axes that defines fitness in a given environment. 244

245 Concluding remarks and future perspectives

Our framework establishes a firm distinction between transgenerational plasticity and diversified bet-hedging, and allows evaluating the eco-evolutionary consequences of all aspects of phenotypic variance. We predict that future advances will stem from research along three frontiers: by providing empirical data along a bet-hedging – plasticity continuum; with the help of theoretical models on eco-evolutionary consequences; and a careful review of traditional bet-hedging predictions.

Empirical data for bet-hedging is notoriously difficult to obtain (Simons 2011), and we are 252 concerned that the less clear-cut case of partially predictive environments will pose further 253 254 challenges. We argued that the distinction among diversified bet-hedging and plasticity lies in 255 the shape of the reaction norm, which requires studies that go beyond the slope and consider 256 reaction norms under more than three environmental conditions. Such high-resolution data 257 across environments with varying predictability is obviously difficult to obtain – nevertheless there are valuable exceptions (Murren et al. 2014), and the gaining momentum of open data 258 259 principles and meta-analytic techniques offers exciting novel opportunities.

260 We hope that our framework will also stimulate modelling approaches on the evolution along a plasticity – bet-hedging continuum. Current models usually assume independent evolution of 261 bet-hedging and plastic strategies (e.g. Scheiner 2014b), but explicitly incorporating reaction 262 norm change, and thus linking the two strategies, may lead to novel insights. The other 263 direction, how the evolution of bet-hedging strategies affects ecology, is rarely studied (but see 264 Libby and Ratcliff 2019), and we are not aware of any theory that explores the role of bet-265 hedging in shaping evolution. One critical step for all these models will be incorporating the 266 multidimensionality of environmental traits to allow the evolution of bet-hedging through 267 microplasticity to uncorrelated cues. 268

Box 2: Costs and limits of the bet-hedging – plasticity continuum

Bet-hedging and plasticity have, by definition, important disadvantages: bet-hedging reduces arithmetic mean fitness and plasticity may cause phenotype-environment mismatches. Although these apparent disadvantages are only the flip sides of otherwise adaptive strategies, there may be also true evolutionary constraints. Dewitt et al. (1998) provided a useful concept for plasticity, classifying its costs and limits, and suggested the following costs:

- 1) Maintenance costs: costs of having a plastic genotype;
- 2) *Production costs*: costs of producing a phenotype by plastic development as compared to fixed development;
- 3) Information acquisition costs: costs of acquiring information about the environment;
- 4) *Developmental instability costs*: costs from non-canalized, imprecise development (e.g. fluctuating asymmetry)
- 5) *Genetic costs*: costs imposed by epistatic interactions and pleiotropic genes.

The latter three costs were later criticized to be no distinct category (Van Kleunen and Fischer 2005; Auld et al. 2010), but rather special cases of production or maintenance costs. The limits of plasticity were separated into:

- 1) Information reliability limits: environments are rarely perfectly predictable;
- 2) Lag-time limits: plastic development requires time;
- 3) *Developmental range limits:* fixed development may achieve more extreme phenotypes;
- 4) *Epiphenotype limits:* late addition of development traits to existing body plans is less effective than canalized development.

Similar discussions on constraints of bet-hedging are suspiciously absent. Here we extend these ideas to our framework, defining costs based on reaction norm shapes and limits based on emergent strategies. We see *maintenance costs* (including *genetic costs*) as costs of enabling phenotypic variance, and *production costs* as costs arising from the balance of the variance components. In our view production costs include *information acquisition costs* and *instability costs*, but also *stability costs*, that is the additional energetic costs of buffering against noise (see table). The evolutionary limits can be similarly split over the strategy axes: *responsiveness limits* prevent flexible phenotypes, and include *developmental range* and *epiphenotype limits*. *Information use limits*, on the other hand, prevent bet-hedging due to *information reliability* and *lag-time limits*. We hope that this extension of costs and limits to the plasticity – bet-hedging continuum will stimulate further research on the evolvability of plasticity and bet-hedging.

Subtype	Direction	Limit type	Subtype	Direction	
Genetic	High sum	Responsiveness	Developmental range	Flexible	
Information acquisition	σ^2_{among}		Epiphenotype	Flexible	
Instability	σ^2_{within}	Information use	Reliability	Diversified bet-hedging	
Stability	σ^2_{among}		Lag-time	Diversified bet-hedging	
	Subtype Genetic Information acquisition Instability Stability	SubtypeDirectionGeneticHigh sumInformation acquisition σ^2_{among} Instability σ^2_{within} Stability σ^2_{among}	SubtypeDirectionLimit typeGeneticHigh sumResponsivenessInformation acquisition σ^2_{among} Information useInstability σ^2_{within} Information useStability σ^2_{among} Information use	SubtypeDirectionLimit typeSubtypeGeneticHigh sumResponsivenessDevelopmental rangeInformation acquisition σ_{among}^2 EpiphenotypeInstability σ_{within}^2 Information useReliabilityStability σ_{among}^2 Lag-time	

Costs and limits of evolutionary strategies.

270 Lastly, bet-hedging theory and empirical evidence is based on the special case of entirely 271 unpredictable conditions. For example, the iconic case of desert annuals (Cohen 1966) was chosen precisely because it does not include any interaction with plasticity. One central 272 prediction from this model was that phenotype proportions match exactly the frequency of 273 occurrence of their respective environments (if 20% of the years are bad, the optimal allocation 274 275 is 20% bad-year specialists and 80% good-year specialists). It appears that this special case 276 means that the elevation of a flat reaction norm depends on the frequency of occurrence, but 277 how this prediction changes with partial phenotypic plasticity is unknown. We tentatively propose for partially predictable environments that it is the sum of variances which correlates 278 279 with the frequency of good years, but this prediction remains to be tested in future experiments. Obviously, there are many details in the bet-hedging – plasticity relationship that are yet to be 280 281 explored (Box 3), but we hope that resolving these three core issues will advance bet-hedging 282 to an equal standing as plasticity in a revised evolutionary synthesis.

Box 3: Outstanding questions

Are there cases of truly continuous, non-binary bet-hedging decisions? If they exist, are there qualitative differences in the σ_{among}^2 : σ_{within}^2 trade-off? In binary traits the variance of the reaction norm has a very clear relationship with the slope, causing the close association of bet-hedging and plasticity concepts. Without such a slope – variance relationship, do plasticity and diversified bet-hedging still fall on the same axis? Do the costs and limits of plasticity (box 2) impose limits on trait ranges, such that variance becomes one-sided, causing similar slope-variance relationships as in binary traits?

What is non-adaptive plasticity? Do we require the term "non-adaptive bet-hedging"? Should we split the term into "non-adaptive degree of canalization" and "non-adaptive variance composition"? How do we differentiate non-adaptive variance ratios from microplasticity?

Does climate change promote the evolution of bet-hedging strategies? Given that bet-hedging depends on temporal variation of environments, how quickly can it evolve?

Does bet-hedging allow for genetic accommodation and assimilation, or are there functional differences to phenotypic variance by plasticity?

Phenotypes are rarely induced by a single environmental cue. How can we integrate the relationship of multiple interacting cues in this concept?

283 Acknowledgments

JJ was financially supported by a DFG research fellowship. DB is funded by FWO projectG018017N.

287 **Conflict of interest disclosure**

The authors of this article declare that they have no financial conflict of interest with the content of this article.

290 **References**

- 291 Barnosky, A. D., N. Matzke, S. Tomiya, G. O. U. Wogan, B. Swartz, T. B. Quental, C.
- 292 Marshall, J. L. McGuire, E. L. Lindsey, K. C. Maguire, B. Mersey, and E. A. Ferrer.
- 293 2011. Has the Earth's sixth mass extinction already arrived? Nature 471:51–57.
- Bathiany, S., V. Dakos, M. Scheffer, and T. M. Lenton. 2018. Climate models predict
- 295 increasing temperature variability in poor countries. Science Advances 4:eaar5809.
- 296 Bradshaw, A. D. 1965. Evolutionary significance of phenotypic plasticity in plants. Pp. 115–
- 297 155 *in* E. W. Caspari and J. M. Thoday, eds. Advances in Genetics (13). Academic
 298 Press.
- Buoro, M., and S. M. Carlson. 2014. Life-history syndromes: Integrating dispersal through
 space and time. Ecol Lett 17:756–767.
- 301 Cohen, D. 1966. Optimizing reproduction in a randomly varying environment. J Theor Biol
 302 12:119–129.
- Cooper, W. S., and R. H. Kaplan. 1982. Adaptive "coin-flipping": a decision-theoretic
 examination of natural selection for random individual variation. J Theor Biol
 94:135–151.
- 306 De Jong, G. 2005. Evolution of phenotypic plasticity: patterns of plasticity and the emergence
 307 of ecotypes. New Phytol 166:101–118.
- 308 Donaldson-Matasci, M. C., C. T. Bergstrom, and M. Lachmann. 2013. When unreliable cues
 309 are good enough. Am Nat 182:313–327.
- Dueck, H., J. Eberwine, and J. Kim. 2016. Variation is function: Are single cell differences
 functionally important? BioEssays 38:172–180.
- 312 Falconer, D. S. 1952. The problem of environment and selection. Am Nat 86:293–298.

- Fox, R. J., J. M. Donelson, C. Schunter, T. C. Ravasi, and J. D. Gaitán-Espitia. 2019. Beyond
 buying time: the role of plasticity in phenotypic adaptation to rapid environmental
 change. Philos T R Soc B 374:20180174.
- 316 Furness, A. I., K. Lee, and D. N. Reznick. 2015. Adaptation in a variable environment:
- 317 Phenotypic plasticity and bet-hedging during egg diapause and hatching in an annual
 318 killifish. Evolution 69:1461–1475.
- Gerber, N., and H. Kokko. 2018. Abandoning the ship using sex, dispersal or dormancy:
 multiple escape routes from challenging conditions. Philos T R Soc B 373:20170424.
- 321 Ghalambor, C. K., J. K. McKay, S. P. Carroll, and D. N. Reznick. 2007. Adaptive versus non-
- adaptive phenotypic plasticity and the potential for contemporary adaptation in new
 environments. Funct Ecol 21:394–407.
- Grantham, M. E., C. J. Antonio, B. R. O'Neil, Y. X. Zhan, and J. A. Brisson. 2016. A case for
 a joint strategy of diversified bet hedging and plasticity in the pea aphid wing
 polyphenism. Biol Lett 12:20160654.
- 327 Halkett, F., R. Harrington, M. Hullé, P. Kindlmann, F. Menu, C. Rispe, and M. Plantegenest.
- 2004. Dynamics of production of sexual forms in aphids: theoretical and experimental
 evidence for adaptive "coin-flipping" plasticity. Am Nat 163:E112–E125.
- Hopper, K. R. 1999. Risk-spreading and bet-hedging in insect population biology. Annu Rev
 Entomol 44:535–560.
- 332 IPCC. 2014. Climate Change 2014: Synthesis report. Contribution of Working Groups I, II
- and III to the fifth assessment report of the Intergovernmental Panel on ClimateChange. Geneva, Switzerland.
- Kærn, M., T. C. Elston, W. J. Blake, and J. J. Collins. 2005. Stochasticity in gene expression:
 from theories to phenotypes. Nat Rev Genet 6:451–464.

- Kingsolver, J. G., and L. B. Buckley. 2017. Quantifying thermal extremes and biological
 variation to predict evolutionary responses to changing climate. Philos T R Soc B
 372:20160147.
- Laland, K. N., T. Uller, M. W. Feldman, K. Sterelny, Mülle, A. Moczek, E. Jablonka, and ohn
 Odling-Smee. 2015. The extended evolutionary synthesis: its structure, assumptions
 and predictions. Proc Biol Sci 282:20151019.
- Lenton, T. M., V. Dakos, S. Bathiany, and M. Scheffer. 2017. Observed trends in the
 magnitude and persistence of monthly temperature variability. Sci Rep 7:5940.
- Libby, E., and W. C. Ratcliff. 2019. Shortsighted evolution constrains the efficacy of longterm bet hedging. Am Nat 193:409–423.
- Marshall, D. J., R. Bonduriansky, and L. F. Bussière. 2008. Offspring size variation within
 broods as a bet-hedging strategy in unpredictable environments. Ecology 89:2506–
 2517.
- Maxwell, C. S., and P. M. Magwene. 2017. When sensing is gambling: An experimental
 system reveals how plasticity can generate tunable bet-hedging strategies. Evolution
 71:859–871.
- Midgley, G. F., L. Hannah, D. Millar, M. C. Rutherford, and L. W. Powrie. 2002. Assessing
 the vulnerability of species richness to anthropogenic climate change in a biodiversity
 hotspot. Global Ecol Biogeogr 11:445–451.
- Morgan, K. 2019. Adaptation to climate change through genetic accommodation and
 assimilation of plastic phenotypes. Philos T R Soc B 374:20180176.
- 358 Murren, C. J., H. J. Maclean, S. E. Diamond, U. K. Steiner, M. A. Heskel, C. A. Handelsman,
- 359 C. K. Ghalambor, J. R. Auld, H. S. Callahan, D. W. Pfennig, R. A. Relyea, C. D.
- 360 Schlichting, and J. Kingsolver. 2014. Evolutionary Change in Continuous Reaction
- 361 Norms. Am Nat 183:453–467.

- 362 Nicoglou, A. 2015. The evolution of phenotypic plasticity: Genealogy of a debate in genetics.
 363 Stud Hist Philos Sci C 50:67–76.
- Nussey, D. H., E. Postma, P. Gienapp, and M. E. Visser. 2005. Selection on heritable
 phenotypic plasticity in a wild bird population. Science 310:304–306.
- Perrin, N. 2016. Random sex determination: When developmental noise tips the sex balance.
 BioEssays 38:1218–1226.
- Pigliucci, M. 2005. Evolution of phenotypic plasticity: where are we going now? Trends Ecol
 Evol 20:481–486.
- 370 Reed, T. E., R. S. Waples, D. E. Schindler, J. J. Hard, and M. T. Kinnison. 2010. Phenotypic

plasticity and population viability: the importance of environmental predictability.
Proc Biol Sci 277:3391–3400.

- 373 Scheiner, S. M. 2014a. Bet-hedging as a complex interaction among developmental
- instability, environmental heterogeneity, dispersal, and life-history strategy. Ecol Evol
 4:505–515.
- Scheiner, S. M. 2014b. The genetics of phenotypic plasticity. XIII. Interactions with
 developmental instability. Ecol Evol 4:1347–1360.
- Scheiner, S. M., and R. D. Holt. 2012. The genetics of phenotypic plasticity. X. Variation
 versus uncertainty. Ecol Evol 2:751–767.
- 380 Schlichting, C. D. 1986. The evolution of phenotypic plasticity in plants. Annu Rev Ecol Syst
 381 17:667–693.
- 382 Seger, J., and H. J. Brockmann. 1987. What is bet-hedging? Pp. 182–211 *in* Oxford surveys
 383 in evolutionary biology (4). Oxford University Press, Oxford, UK.
- Simons, A. M. 2011. Modes of response to environmental change and the elusive empirical
 evidence for bet hedging. Proc Biol Sci 278:1601–1609.

- Simons, A. M., and M. O. Johnston. 1997. Developmental instability as a bet-hedging
 strategy. Oikos 80:401–406.
- 388 Simons, A. M., and M. O. Johnston. 2006. Environmental and genetic sources of
- diversification in the timing of seed germination: implications for the evolution of bet
 hedging. Evolution 60:2280–2292.
- Southwood, T. R. E. 1977. Habitat, the Templet for Ecological Strategies? J Anim Ecol
 46:337–365.
- 393 Starrfelt, J., and H. Kokko. 2012. Bet-hedging--a triple trade-off between means, variances
 394 and correlations. Biol Rev Camb Philos Soc 87:742–755.
- Tilman, D., M. Clark, D. R. Williams, K. Kimmel, S. Polasky, and C. Packer. 2017. Future
 threats to biodiversity and pathways to their prevention. Nature 546:73–81.
- Tufto, J. 2015. Genetic evolution, plasticity, and bet-hedging as adaptive responses to
 temporally autocorrelated fluctuating selection: A quantitative genetic model.
 Evolution 69:2034–2049.
- 400 Urban, M. C. 2015. Accelerating extinction risk from climate change. Science 348:571–573.
- 401 Van Kleunen, M., and M. Fischer. 2005. Constraints on the evolution of adaptive phenotypic
 402 plasticity in plants. New Phytol 166:49–60.
- Veening, J.-W., W. K. Smits, and O. P. Kuipers. 2008. Bistability, epigenetics, and bethedging in bacteria. Annu Rev Microbiol 62:193–210.
- Venable, D. L., and J. S. Brown. 1988. The selective interactions of dispersal, dormancy, and
 seed size as adaptations for reducing risk in variable environments. Am Nat 131:360–
 384.
- Via, S., and R. Lande. 1985. Genotype-environment interaction and the evolution of
 phenotypic plasticity. Evolution 39:505–522.

410	Visconti, P., M. Bakkenes, D. Baisero, T. Brooks, S. H. M. Butchart, L. Joppa, R. Alkemade,
411	M. D. Marco, L. Santini, M. Hoffmann, L. Maiorano, R. L. Pressey, A. Arponen, L.
412	Boitani, A. E. Reside, D. P. van Vuuren, and C. Rondinini. 2016. Projecting global
413	biodiversity indicators under future development scenarios. Conserv Lett 9:5-13.
414	Volfson, D., J. Marciniak, W. J. Blake, N. Ostroff, L. S. Tsimring, and J. Hasty. 2006. Origins
415	of extrinsic variability in eukaryotic gene expression. Nature 439:861–864.
416	West-Eberhard, M. J. 2003. Developmental Plasticity and Evolution. Oxford University
417	Press.
418	Westneat, D. F., J. Wright, and N. J. Dingemanse. 2015. The biology hidden inside residual
419	within-individual phenotypic variation. Biol Rev 90:729-743.
420	Woltereck, R. 1913. Weitere experimentelle untersuchungen über Artänderung, speziell über
421	das Wesen quantitativer Artunterschiede bei Daphniden. Mol Gen Genet 9:146–146.
422	Woods, H. A. 2014. Mosaic physiology from developmental noise: within-organism
423	physiological diversity as an alternative to phenotypic plasticity and phenotypic
424	flexibility. J Exp Bio 217:35–45.
425	Wright, S. 1920. The relative importance of heredity and environment in determining the
426	piebald pattern of guinea-pigs. PNAS 6:320-332.
427	Xue, B., and S. Leibler. 2018. Benefits of phenotypic plasticity for population growth in
428	varying environments. PNAS 115:12745-12750.
429	Yang, Q., M. S. Fowler, A. L. Jackson, and I. Donohue. 2019. The predictability of ecological
430	stability in a noisy world. Nature Ecology & Evolution 3:251.
431	