

1 **Potential long-distance dispersal of freshwater diatoms adhering to waterfowl**
2 **plumage**

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20 **Abstract**

21 1. Waterfowl are potential long-distance dispersal vectors for aquatic microbes such as diatoms,
22 but supporting empirical data are scarce, especially concerning external transport on feathers.

23 2. We conducted an experiment designed to partially emulate diatom dispersal via adherence to
24 waterfowl, and to evaluate the effects of relative humidity (RH) and exposure time on viability.

25 We dipped individual breast feathers from mallards (*Anas platyrhynchos*) in a pure culture of the
26 freshwater diatom *Nitzschia pusilla* Grunow, then, at room temperature (22.7 °C), subjected
27 them to one of four contrasting levels of RH (ca. 8, 35, 70, 88%) crossed with one of four
28 exposure times (10, 60, 120, 240 minutes) within a chamber through which air was passed
29 continuously, mimicking light wind that might be experienced by diatoms adhered to subsurface
30 feathers. We then gently placed the feather on sterile growth medium. After two weeks we used
31 spectrofluorometry to detect diatom growth and thus diatom viability.

32 3. We found that exposure time and RH interacted significantly to affect diatom viability: the
33 negative effect of exposure time was strongest under low RH conditions, but under high RH
34 (88%) the probability of being viable was 0.84 for a ten minute exposure (95% confidence
35 interval: 0.64 to 0.94), and 0.45 for four hours of exposure (95% confidence interval: 0.18 to
36 0.75).

37 4. We combined our experimental findings with geospatial data to predict the probability of
38 potential dispersal via adherence to mallards throughout Nebraska, South Dakota, and North
39 Dakota, which are situated within the central waterfowl migration flyway in North America, and
40 host important mallard breeding grounds. Using published data about (i) mallard flight speeds,
41 (ii) the geographic distribution of surface waters and of *N. pusilla*, and (iii) vapour pressure
42 deficit (VPD; calculated using RH and air temperature) during the months of April and May, our

43 geospatial model predicted high probabilities of potential dispersal, over tens to hundreds of
44 kilometres, among water bodies of the central migration flyway.

45 5. Taken together, the results of our experiment and geospatial models provide novel insights
46 into ectozoochory of freshwater diatoms, specifically that long-distance dispersal of diatoms via
47 adherence to waterfowl feathers is highly plausible, particularly during the near-dawn hours
48 when waterfowl flight activity peaks and VPD is low. Considered alongside previous evidence
49 suggesting successful internal transport by waterfowl, we conclude that for freshwater diatoms
50 ectozoochory is likely commonplace among waterbodies frequented by waterfowl.

51

52 **Introduction**

53 Dispersal is a fundamental ecological process that connects populations and communities
54 and moderates how diversity is distributed across the landscape (Leibold *et al.*, 2004; Vellend,
55 2016). Consequently, data describing dispersal have been key to gaining a more complete
56 understanding of diversity patterns and their origins among a variety of taxonomic groups
57 (Cadotte, 2006; Heino *et al.*, 2015). However, such data have proved challenging to obtain for
58 microbial organisms, and this shortfall has fuelled debate about the frequency and scales over
59 which microbes disperse (e.g. Heino, 2011; Tesson *et al.*, 2015). A case in point is provided by
60 freshwater diatoms (Pither, 2007; Telford, Vandvik & Birks, 2007; Vyverman *et al.*, 2007;
61 Verleyen *et al.*, 2009): despite their prevalence and importance to the functioning of inland
62 aquatic ecosystems, little is known about the frequency and mechanisms of dispersal among
63 waterbodies, particularly among isolated lakes and ponds (i.e., those unconnected to other
64 waterbodies by overland streams or rivers).

65 Pioneering work by Maguire (1963) and others demonstrated the potential for substantive
66 dispersal of freshwater diatoms among waterbodies (reviewed in Kristiansen, 1996), and
67 numerous researchers have highlighted the roles that animal vectors, especially waterbirds, could
68 potentially play (Schlichting, 1960; Figuerola & Green, 2002; Green *et al.*, 2016; Stoyneva,
69 2016; Coughlan *et al.*, 2017; Kleyheeg *et al.*, 2019). To date, most experimental research has
70 focused on endozoochory, testing whether the propagules of plants (including diatoms) remain
71 viable after ingestion and internal transport (Proctor, 1959; Atkinson, 1972; Sides, 1973; Soons
72 *et al.*, 2008; Viana *et al.*, 2013c; Coughlan *et al.*, 2017; Tesson *et al.*, 2018). These studies have
73 revealed mixed findings, but do suggest strong potential for successful diatom dispersal via
74 endozoochory. For instance, Atkinson (1972) sampled the hind guts of several waterbird species

75 captured on Lake Windermere, and successfully cultured several diatom taxa including species
76 of *Melosira* and *Fragilaria*. Using samples from the esophagus and colons of gulls collected in
77 Texas and North Carolina, Sides (1973) successfully cultured a variety of diatom taxa including
78 species of *Fragilaria*, *Navicula*, and several species of *Nitzschia*. However, these authors did not
79 know the length of time the diatoms had been present in the sampled birds.

80 The degree to which diatoms successfully disperse via ectozoochory (external transport)
81 by waterbirds remains an open question. To be successful, the diatom propagules would need to
82 (i) come into contact with the bird, (ii) adhere or attach to the bird, (iii) survive and remain
83 attached during transport, (iv) detach in the new habitat, and (v) successfully colonize and persist
84 in the new habitat (Coughlan *et al.*, 2017). Diatoms have been observed on waterbird plumage
85 (e.g. Schlichting, 1960; Kristiansen, 1996; Figuerola & Green, 2002), but we are unaware of any
86 quantitative data about diatom survival and viability following ectozoochory. A key limiting
87 step is surviving exposure to desiccation (Kristiansen, 1996; Coughlan *et al.*, 2018), which is
88 governed by flight time and the humidity experienced by the propagules during transport.
89 Souffreau *et al.* (2010, 2013) experimentally tested the tolerance of 69 strains (34 species) of
90 diatom to desiccation, and found only five to exhibit some tolerance to desiccation. Combined
91 with their findings of limited tolerance to freezing and heating, the authors concluded that the
92 physiological sensitivities of vegetative diatom cells to harsh conditions are likely to severely
93 limit dispersal capacity. However, desiccation risk could be lessened if sufficiently high
94 humidity is maintained around the diatom cells during transport, as might be the case for cells
95 buried within waterfowl plumage, which has strong insulating properties (Coughlan *et al.* 2015).
96 Considering that waterfowl such as mallards (*Anas platyrhynchos*) fly at 60-70 km•h⁻¹ (McDuie
97 *et al.*, 2019), diatoms that survive transport could conceivably cover considerable distances in

98 short periods of time. For reference, we use the phrase “long distance dispersal” to simply refer
99 to dispersal among disjunct waterbodies separated by tens to hundreds of kilometres.

100 Here, we present the results of a novel experiment designed to partially emulate diatom
101 dispersal via adherence to waterfowl feathers. We used breast feathers from mallards, a species
102 that is common throughout temperate regions of the world (Wetlands International, 2021), with
103 numbers in North America estimated near 10 million (U.S. Fish & Wildlife Service, 2019). The
104 mallard is an omnivorous, widely dispersed migratory species that frequents a broad range of
105 aquatic habitats (Wetlands International, 2021), and thus has the capacity to transport diatoms to
106 a broad range of environments. As waterfowl such as mallards forage in productive littoral
107 zones, it is reasonable to expect their plumage – especially breast plumage – comes into contact
108 with large numbers of benthic, epiphytic and epipelagic diatoms, which can reach very high
109 densities in favourable conditions (Patrick, 1977; Wehr & Sheath, 2004). Barbed feathers
110 provide relatively large surface area for potential adherence, especially for micro-algae such as
111 diatoms. Our experiment mimicked this encounter process by dragging individual breast
112 feathers through solution droplets containing relatively high densities of the benthic diatom
113 *Nitzschia pusilla* Grunow. We examined how relative humidity (RH) and exposure time
114 individually and interactively affected the viability of the diatoms adhered to feathers. We
115 predicted that viability would decrease with decreasing RH and increasing exposure time. To
116 place our experimental results in real-world contexts, we combined them with data about mallard
117 flight speeds, and geospatial data describing waterbody distribution and vapour pressure deficit
118 (VPD) (based on RH and air temperature) within the states of North Dakota, South Dakota, and
119 Nebraska. These states are situated in the central migration flyway of North America, and of the
120 four major north-south flyways in North America (see map at

121 <https://www.fws.gov/birds/management/flyways.php>), the central flyway hosts the largest
122 numbers of mallards (U.S. Fish & Wildlife Service, 2019).

123 **Materials & Methods**

124 *Diatom culture*

125 We obtained a pure culture of a strain of *Nitzschia sp.* (CPCC 499) from the Canadian
126 Phycological Culture Centre (Waterloo, Ontario). Among the genera available from the centre,
127 we chose *Nitzschia* because it is a relatively common, primarily benthic genus found throughout
128 inland waters in North America (Potapova & Charles, 2002), and we chose this particular strain
129 because it is readily maintained in culture. According to the centre, the original material for
130 strain CPCC 499 was sourced in 1999 from an effluent pond at St. Mary's River pulp and paper
131 mill in Sault Ste. Marie, Ontario, Canada. Upon completion of our study, this strain was
132 identified to be *Nitzschia pusilla* Grunow (pers. comm. Kathryn Thomas, Stillwater
133 Environmental) using standard taxonomic references (Krammer & Lange-Bertalot, 1988; Cox,
134 1996) and morphological assessments of preserved and live material under 1000x magnification
135 (Supporting Information, Fig. S1).

136 Throughout the duration of our study, we grew and maintained the diatom culture in its
137 exponential growth phase at approximately 20-23° C and 21-24 $\mu\text{mol m}^{-2} \text{s}^{-1}$ using serial
138 dilutions in 125mL Erlenmeyer flasks capped with tinfoil.

139 *Feathers*

140 We collected mallard feathers under Environment Canada Scientific Permit No. BC-18-
141 0005 and adhered to the *Migratory Birds Convention Act*, (Government of Canada, 1994). In
142 response to a request communicated by a local wildlife biologist / waterfowl hunter, waterfowl
143 hunters in the Okanagan Valley region of southern British Columbia, Canada, donated mallard

144 skin patches from the breast/abdominal section (i.e., the section typically immersed when the
145 duck is in water) with the feathers attached. We provided hunters a video depicting the skinning
146 method alongside written instructions for reference (video available at <https://osf.io/ujnw2/>), to
147 standardize the collections as much as possible. Each bird yielded a single feather patch. Once
148 removed, the patch was placed in a Ziploc® bag, labelled with the sex, collection date, site, and
149 hunting context (over water or field) and stored in a freezer at -18°C as soon as possible. We
150 obtained a total of twelve suitable mallard feather patches (six male and six female). By the time
151 the experiment began, the patches had been stored in the freezer for at least 38 weeks. Any
152 diatoms that may have been on the feathers would have been killed by the prolonged freezing
153 (cf. Souffreau *et al.*, 2010, 2013). This was confirmed by the results of control trials (see below).
154 Using latex gloves we plucked fifteen feathers haphazardly from different parts of each feather
155 patch and trimmed at the shaft to remove the downy portion of the feather to isolate the part of
156 the feather that is normally exposed. Feathers from this pile were then randomly selected for
157 each experimental run.

158 *Experimental apparatus*

159 We constructed four apparatuses in total, and a single experimental apparatus consisted
160 of the following: one plastic filter holder that served as the makeshift airflow chamber
161 (henceforth “chamber”) within which the feather was placed; three lengths of inline tubing; one
162 250mL Erlenmeyer flask filled with a glycerol and water solution; a WhirlPak® bag, and a
163 hygrometer (Supporting Information, Fig. S2). The first length of inline tubing connected the
164 benchtop air valve to the Erlenmeyer flask, which in turn was connected to the top of the
165 chamber with the second length of tubing. The third and final length of tubing was used to direct
166 outflow air from the bottom of the chamber into the WhirlPak® bag, in which the HOBO 12-bit

167 smart sensor (model S-THB-M002; Onset Computer Corporation, Bourne, Massachusetts, USA)
168 simultaneously measured RH and temperature. The bag was twist-tied shut around the tubing.
169 We connected the sensor to a Decagon Em50® Series Data Collection System Data Logger
170 (METER Group Inc., Pullman, Washington, USA), and took RH and temperature readings every
171 minute. We assume that the RH and temperature measured in the WhirlPak® bag reliably
172 estimated the RH and temperature in the chamber proper. We also monitored the RH and
173 temperature of the room using another identical sensor, attached to the same datalogger.

174 The RH within the chamber was manipulated using glycerol-water solutions.
175 Specifically, increasing the glycerol:water ratio in the flask reduces the equilibrium relative
176 humidity in the air within the sealed chamber, as the glycerol directly affects the water activity of
177 the solution (Forney & Brandl, 1992). The Erlenmeyer flask contained one of four ratios of
178 glycerol:water (approximately 100:0, 90:10, 60:30, or 0:100), which were adjusted as needed to
179 maintain one of four target RH levels within the main chamber: near 0%, 35%, 70%, and near
180 100%, respectively. The mean RH that we achieved for each of the four target RH levels
181 (calculated using 32 samples per group; see below) was 8.1% (\pm one standard error: 0.35), 35.9
182 (\pm 0.54), 71.1 (\pm 0.35), and 88.4 (\pm 0.44), and the corresponding mean temperatures were 22.7 (\pm
183 0.04), 22.8 (\pm 0.04), 22.9 (\pm 0.04), and 22.7 (\pm 0.04) °C (Supporting Information, Fig. S3). For
184 our statistical analyses (below) we used the average RH value calculated using the 1-minute
185 interval readings taken during the given experimental run.

186 The air valves were turned on 30 minutes before the start of each experimental run. We
187 did not have the means to directly measure the rate of airflow inside the chamber, but we strove
188 to ensure airflow rate was consistent across experimental runs: the airflow valve was opened just
189 enough so air could be felt moving through the system and would ruffle the feather slightly. We

190 were not attempting to mimic the rapid airflow that outermost feathers might experience during
191 flight. Rather, we envision this small rate of airflow simulating the conditions that might be
192 experienced by subsurface plumage (*sensu* Coughlan et al. 2015).

193 *Experimental procedure*

194 The procedure for a single experimental run consisted of the following steps: a 1mL
195 droplet of culture was pipetted into the centre of a petri dish (60mm diameter x 15mm depth).
196 Using forceps, each side of a single feather was dragged through the droplet, ensuring that the
197 entire surface of the feather made contact. We verified in preliminary trials that this procedure
198 resulted in diatoms readily adhering to feather barbs, as seen in Figure 1. The feather was then
199 placed in the chamber with the base of the feather shaft compressed in the seal, to hold the
200 feather in place. The chamber containing the feather was maintained near the desired RH for the
201 desired time. The feather was then transferred to a new petri dish containing 7mL of sterile
202 growth medium (enough to cover the bottom of the dish). The feather was gently placed on the
203 liquid medium, but not submerged or pressed downward. The dish was maintained under the
204 same growing conditions as the pure culture for fourteen days (determined during preliminary
205 trials as sufficient time for growth). The medium was then assessed for evidence of diatom
206 growth using spectrofluorometry (see below). Pre-experiment trials in which inoculated feathers
207 were directly transferred to the growth medium confirmed that this procedure resulted in
208 successful establishment of diatoms.

209 During the procedure the RH occasionally varied beyond desired ranges immediately
210 following sample changeovers. We ignored fluctuations to a higher humidity immediately
211 following sample changeovers, regardless of how long the higher humidity persisted, as the
212 sensor was likely detecting the water evaporating off the feather as it exited the system. When

213 the RH varied beyond the desired range at any other point during the procedure, the sample was
214 discarded, and the procedure started over.

215 We used eight replicates (feathers) for each combination of target RH (four levels) and
216 exposure time (four times), for a total of $N = 128$. We conducted the experiment over two four-
217 day intervals, separated by one day. We completed one replicate from each unique treatment
218 (sixteen unique combinations of target RH level and exposure time) each day, and we
219 randomized the order of treatments within each day. We also randomly assigned the target
220 humidity levels to the four chambers. At the end of each experimental day, we replaced the
221 volume drawn from the culture with an equal volume of sterile media. This ultimately diluted
222 the culture over the course of the experiment, but concentrations remained very high ($> 1.7 \times 10^5$
223 $\text{cells} \cdot \text{mL}^{-1}$) and were thus suitable for ensuring feather inoculation (Supporting Information, Fig.
224 S4).

225 We conducted all assessments of diatom growth using an RF-1501 Shimadzu
226 spectrofluorometer (Shimadzu Corp., Japan), which yields a fluorometer intensity reading
227 as an indicator of cell concentration. We set the excitation and emittance wavelengths for the *in*
228 *vivo* fluorometry to 530nm and 680nm, respectively, to target chlorophyll a and fucoxanthin
229 (Vincent, 1983; Watras & Baker, 1988; Beutler *et al.*, 2002), with gap length set to 10nm (5nm
230 per side). Fucoxanthin is unique to brown algae including diatoms (Beutler *et al.*, 2002), and
231 thus our estimates of cell density are unlikely to be affected by any other microbial organisms, if
232 present. We equated evidence of diatom growth with the survival of viable cells. To ensure the
233 reliability of the measurement, we first established the limit of detection (LOD) for our
234 spectrofluorometer intensity readings, as described below.

235 *Experimental controls and Limit of Detection*

236 On each of the eight days, we ran one control replicate in which a feather was dipped in
237 sterile growth medium instead of diatom culture, placed in the chamber as described above, then
238 removed after two seconds (thus it did not undergo RH and exposure time treatments), and
239 subsequently placed in a petri dish with growth medium. The spectrofluorometer intensity
240 readings obtained after fourteen days from these eight controls served to establish our LOD. We
241 additionally ran eight controls for which we used a 2cm² square of filter paper instead of feathers
242 as the experimental unit. The spectrofluorometer intensity readings for the feather and paper
243 controls were statistically indistinguishable (Supporting Information, Fig. S5). We are thus
244 confident that the feathers used in our experiment were not pre-contaminated with organisms
245 producing fucoxanthin or chlorophyll. We equated the LOD with the mean intensity reading
246 from the feather controls plus three times the standard deviation of the readings (Shrivastava &
247 Gupta, 2011; Choo *et al.*, 2018).

248 *Statistical analyses*

249 For our experiment, our response variable of interest was binary: viable or inviable. We
250 equated evidence of diatom growth (i.e. intensity readings > LOD) after fourteen days with
251 evidence of viability. We analyzed this binary response variable in relation to RH (%) and
252 exposure time (minutes), and their interaction, using a generalized linear model (GLM) with a
253 binomial link (i.e., logistic regression). We coded RH and time as continuous variables. Coding
254 them as ordinal factors yielded qualitatively similar results. We computed the McFadden
255 pseudo-R² value (McFadden, 1974), which, for logistic regression, is analogous to the coefficient
256 of determination for general linear models.

257 *Extrapolating our experimental results to real landscapes*

258 We conducted our experiment at a near-constant air temperature of 22.8°C, which
259 simplified the interpretation of our RH treatments. In the real world, air temperature varies
260 spatially and temporally, and VPD is a more meaningful measure of desiccation potential
261 because it provides an absolute measure of the atmospheric moisture state independent of
262 temperature (Anderson, 1936). VPD is the difference between the actual moisture content of the
263 air and the saturation point of the air at a given temperature, and it varies as a function of RH and
264 air temperature. Desiccation potential increases with increasing VPD (Anderson, 1936). For
265 example, our experimental treatment of 35% RH at 22.8°C yields a VPD value of 1.81kPa, but
266 at an air temperature of 10°C, the same RH yields a VPD value of 0.80kPa. Thus, despite RH
267 being the same, desiccation would occur much faster at 22.8°C compared to 10°C. To facilitate
268 extrapolation of our results to the real world, we therefore re-analyzed our experiment data using
269 VPD as a predictor in lieu of RH within the GLM. Specifically, we used the default arguments
270 of the `rH.to.VPD` function within the `bigleaf` R package (Knauer *et al.*, 2018) to estimate
271 VPD in the experimental chambers, using the measured RH and temperature. The average VPD
272 values corresponding to the four RH treatments (from low to high RH), were 2.53 (± 0.01), 1.78
273 (± 0.02), 0.80 (± 0.01), and 0.32 (± 0.01) (Supporting Information, Fig. S3c). The results of this
274 analysis are provided in Table S1 and Fig. S6 in the Supporting Information.

275 We extrapolated our results to North Dakota, South Dakota, and Nebraska, and gathered
276 *in situ* VPD data for the period between April 1 and May 31, which corresponds with high
277 frequencies of mallard occurrences in the region (eBird, 2020), and also diatom growth. These
278 three states are located along the central flyway for waterfowl migration, and host the Prairie
279 Potholes region, a crucial breeding ground for North American waterfowl including mallards

280 (U.S. Fish & Wildlife Service, 2019). We could not extend our geospatial analyses north into
281 Canada due to a lack of data. As we did not manipulate temperature in our experiment, our
282 geographical extrapolations should be interpreted with caution.

283 We first used our GLM in combination with the average flight speed of 69 km•h⁻¹ for
284 mallards (the middle value between average breeding time flight speeds and migration flight
285 speeds; McDuie *et al.*, 2019) to estimate the probability of remaining viable across a range of
286 distances (with corresponding flight times) and VPD values typical of the study region and time
287 periods (0.25 to 1.25kPa; Supporting Information, Fig. S7). We present these predictions
288 alongside (i) data about within-day dispersal distances of mallards, based on banding
289 observations (Viana *et al.*, 2013a, 2013b), and (ii) distances between each surface water body (>
290 0.1 km² area) in the study region and its nearest neighbour water body, calculated using the
291 Global Lakes and Wetlands Database (GLWD), downloaded from the World Wildlife Fund.
292 Finally, we generated a map of probability of potential dispersal among the region's water
293 bodies, using *N. pusilla* Grunow as the focal diatom taxon. To do this, we used our GLM in
294 combination with (i) the average flight speed of mallards (as above), (ii) spatially interpolated
295 VPD for the region, calculated using RH and air temperature data from the ASOS Network
296 online database, and based on the average measurements for three times of day: near dawn
297 (04:00 and 07:00), mid-day (12:00 to 15:00), and dusk (20:00 to 23:00) during the first week of
298 May, (iii) estimated flight times between surface water bodies (using distances from the GLWD
299 data), and (iv) data about the distribution of *Nitzschia* taxa, including *N. pusilla*, acquired from
300 the 2007 and 2012 National Lakes Assessment. All data sources are detailed in the Data
301 Availability Statement. We included the dawn and dusk VPD values because the daily flight
302 activity of ducks typically peaks just before dawn and just after dusk (Bengtsson *et al.*, 2014;

303 Kleyheeg *et al.*, 2017). We included mid-day VPD values for comparison. We used lakes
304 hosting *N. pusilla* Grunow as the focal “source” lakes for diatoms, and generated a raster layer of
305 probability of potential dispersal based on estimated flight times (based on distances and flight
306 speed) from these source lakes, combined with the spatially-interpolated VPD values. Then for
307 each waterbody hosting diatoms of the *Nitzschia* genus, we extracted the probability of potential
308 dispersal values from the resulting raster layer. This procedure (i) equates probability of
309 potential dispersal with the probability of diatoms remaining viable after the given exposure time
310 and VPD (based on spatially interpolated VPD), and (ii) makes the simplifying assumption that
311 waterbodies hosting the genus *Nitzschia* are suitable for colonization by *N. pusilla* Grunow (see
312 Discussion). Additional details of these methods and of our results are provided in the fully
313 annotated R Markdown script available online (<https://osf.io/ujnw2/>).

314 *Ensuring computational reproducibility*

315 All our analyses were performed using R version 3.6.3 (R Core Team, 2019) within the
316 RStudio IDE (RStudio Team, 2019). To ensure computational reproducibility we used the `renv`
317 package (Ushey, 2020) that manages R package versions, and we generated an annotated R
318 Markdown script that, along with all data, are freely available for download from the Open
319 Science Framework (<https://osf.io/ujnw2/>). We used numerous R packages within our analyses,
320 and these are detailed in the Supporting Information. We encourage readers to contact the
321 corresponding author (JP) if any part of our study is unclear and / or irreproducible.

322 **Results**

323 The logistic regression from our experiment yielded a McFadden pseudo- R^2 value of
324 0.51, indicating a significant amount of the deviance was accounted for by the full model (Table
325 1). Exposure time and RH interacted significantly to affect diatom viability: at high RH, the

326 probability of being viable was moderate to high across all exposure times, including the
327 maximum four-hour period (Fig. 2). For instance, at an average RH value of 88% and an
328 exposure time of four hours, the predicted probability of being viable was 0.45 (95% confidence
329 interval: 0.18 to 0.75), and for a one-hour exposure time it was 0.78 (95% confidence interval:
330 0.61 to 0.89) (Fig. 2). At lower RH, the probability of being viable declined more rapidly with
331 increasing exposure time, and at the lowest RH values (8 and 36%), viability was predicted to be
332 possible (between 0 and 0.42 probability) over only the shortest duration of exposure (10 min)
333 (Fig. 2).

334 Using VPD in lieu of RH in a GLM yielded qualitatively identical outcomes (Table S1),
335 including a significant interaction between VPD and exposure time (Table S1; Fig. S6). Based on
336 this GLM, Figure 3A depicts the predicted probability of remaining viable across a range of
337 travel distances (using an estimated average mallard flight speed of $69 \text{ km}\cdot\text{h}^{-1}$) and VPD values
338 that are typical of those observed in the study region during April and May (Fig. S7). Figure 3B
339 shows the frequency distribution of distance travelled by mallards within a single day, and
340 Figure 3C shows the frequency distribution of distance to nearest neighbouring water body
341 among lakes and wetlands (those $> 0.1 \text{ km}^2$ area) in the study region. Collectively, these figures
342 suggest strong potential for long-distance diatom dispersal by mallard vectors, especially over
343 tens of kilometres, and given the highly favourable VPD conditions ($< 0.5 \text{ kPa}$) that are typical of
344 dawn hours during April and May (Fig. S7).

345 The U.S. National Lakes Assessment survey revealed that diatoms of the genus *Nitzschia*
346 were observed in 85 waterbodies in the study region in the years 2007 and 2012, with five of
347 these locations hosting *N. pusilla* Grunow in 2007 (species-level identifications were only
348 available for the 2007 surveys) (Fig. 4). Using these five waterbodies as potential sources of

349 mallard-borne *N. pusilla* diatoms, Figure 4 shows how the probability of potential dispersal
350 varies geographically in the study region, based on (i) distance from the source lakes, (ii) average
351 mallard flight speed ($69 \text{ km}\cdot\text{h}^{-1}$), and (iii) VPD interpolated throughout the study region (Fig.
352 S8), using data from the first week of May for illustration, and for three different times of day
353 (dawn, mid-day, and dusk). The maps show considerable potential for dispersal throughout the
354 study region, particularly during dawn hours (04:00 – 07:00) when VPD is ubiquitously low
355 (rarely reaching 0.25 kPa ; Fig. S8) owing to the cool temperatures and high RH that are typical of
356 spring mornings in the region (Fig. S7). Using data extracted from these prediction maps, Figure
357 5 shows the probability of potential dispersal from the five source lakes into each of the other
358 eighty waterbodies in the region that host *Nitzschia* diatoms. It shows the considerable influence
359 that time of day has on the probability of potential dispersal, owing to pronounced variation in
360 VPD that occurs through the day (Fig. S8). During dawn hours, predicted probabilities are
361 generally greater than 0.75, whereas during mid-day hours, most are less than 0.25, though some
362 lakes exhibit higher probabilities owing to their proximity to source lakes (Fig. 4). At dusk, the
363 geographical pattern is more varied, and the probabilities of potential dispersal are more evenly
364 distributed between zero and 0.8 (Fig. 5).

365 **Discussion**

366 Consistent with our predictions, we found that the viability of diatoms adhered to feathers
367 declined significantly with increasing exposure time and decreasing RH. However, these
368 treatments interacted significantly: exposure time had diminished negative effects under high RH
369 conditions. For example, the predicted probability of remaining viable after four hours of
370 exposure was near zero at 8 and 36% RH, whereas at 88% RH plausible values for the
371 probability of remaining viable ranged from 0.18 to as high as 0.75. Such interactions between

372 RH and exposure duration have previously been observed in desiccation experiments involving
373 aquatic macrophytes (e.g. Coughlan *et al.*, 2018), but to our knowledge, ours are the first such
374 findings pertaining to diatoms. Souffreau *et al.* (2010, 2013) examined desiccation tolerance
375 among an impressively long list of diatom taxa (69 strains), but RH was not manipulated
376 directly, and nor was exposure time examined simultaneously. Rather, solutions of diatom
377 culture within well plates were air-dried for five or ten minutes in separate experiments. A
378 factorial experimental design is key for detecting treatment interactions, and in our case revealed
379 the important interaction between RH and exposure time.

380 Our experiment was also unique in examining desiccation tolerance of diatoms adhered
381 to feathers. Although a number of studies have examined the potential for internal transport of
382 diatoms by waterfowl (reviewed in Green *et al.*, 2016), we are unaware of any that have
383 experimentally evaluated the potential for ectozoochory of diatoms via adherence to feathers.
384 For diatoms to successfully disperse via waterbird-mediated ectozoochory, propagules would
385 need to (i) come into contact with the bird, (ii) adhere or attach to the bird, (iii) survive and
386 remain attached during transport, (iv) detach in the new habitat, and (v) successfully colonize
387 and persist in the new habitat (Coughlan *et al.*, 2017). Below we discuss our findings with
388 reference to each of these five points.

389 *Contact and adherence of diatoms to waterfowl*

390 As waterfowl such as mallards forage in productive littoral zones, their breast plumage
391 likely comes into contact with numerous benthic, epiphytic, and epipelagic diatoms. In our
392 experiment we aimed to emulate this process by dragging individual breast feathers through
393 solution droplets containing relatively high densities of diatom (see Supporting Information
394 Figure S4). We cannot be sure whether using an entire patch of breast feathers as the

395 experimental unit would have affected the adherence process, but it certainly would have
396 provided more surface area of feather barbs for the diatoms to adhere to. While designing the
397 experiment we tested the procedure of dragging a single feather through a droplet of diatom
398 solution, and each time large numbers of diatoms readily adhered to the feather barbs (as seen in
399 Figure 1). We speculate, therefore, that in productive littoral zones, large numbers of diatom
400 may adhere to mallard breast plumage. If correct, dispersal success is unlikely to be limited by
401 the number of diatoms that successfully adhere to mallard feathers, especially when one
402 considers the vast numbers of diatoms and mallards involved – almost 10 million mallards in
403 North America alone, (U.S. Fish & Wildlife Service, 2019).

404 The apparent ease with which diatoms were observed to adhere to feathers could be due
405 in part to properties of diatom frustules. First, diatom frustules contain polysaccharides
406 (Gélabert *et al.*, 2004; Le Costaouëc *et al.*, 2017) that are typically attracted to hydrophobic
407 substances, potentially including the so-called “preening oil” secreted by waterbirds from the
408 uropygial gland (Bakken *et al.*, 2006), and that has been found to contain chemical derivatives
409 found in waxes (wax esters) (Stenhagen & Odham, 1971). Second, the polysaccharides in
410 diatom frustules can reduce the surface tension of water (Ozkan & Berberoglu, 2013), which
411 could further facilitate contact between diatoms and feathers. Third, *Nitzschia pusilla* Grunow is
412 a comparatively small diatom, with reference material suggesting lengths between 8 and 33 μm ,
413 and widths of 2.5 to 5 μm (Krammer & Lange-Bertalot, 1988; Cox, 1996). We speculate that the
414 small size of *N. pusilla* Grunow may facilitate adherence to feather barbs. Specifically, we
415 propose that its small size enables it to better “fit” within the barb structure (see Fig. 1), and
416 promotes interaction over a greater surface area (for a given volume) between the
417 polysaccharides on the diatom frustules and the hydrophobic substance in waterfowl plumage

418 (see above). Future experiments could test these ideas by using diatoms of contrasting body size,
419 and by using feathers that have and have not been washed of its hydrophobic substance. More
420 generally, body size has long been linked to dispersal capacity among microorganisms (Finlay,
421 2002): smaller body size is associated with larger population size, which will promote dispersal
422 capacity, and with respect to microbes, smaller organisms are more efficiently dispersed.

423 *Survival and adherence during transport*

424 We did not evaluate the extent to which diatoms adhered to feathers might dislodge
425 during flight, and nor did we attempt to mimic the potentially strong wind shear that might be
426 experienced by diatoms adhered to the outermost feathers on a bird. Rather, in our experiment,
427 we exposed the feathers to a light breeze that may be more representative of conditions
428 experienced by diatoms adhering to subsurface plumage, though this remains speculative. Our
429 experimental design could readily be modified to test the effects of wind speed and angle on
430 propagule dislodgement and viability, using a wind-tunnel design, for example.

431 For any aquatic plants successfully adhering to feathers for the duration of flight,
432 desiccation is thought to be the key limiting process (Green *et al.*, 2016; Coughlan *et al.*, 2017).
433 In the only other studies we are aware of that examined diatom tolerance to desiccation,
434 Souffreau *et al.* (2010, 2013) showed that diatoms are broadly intolerant of this form of stress.
435 Our findings are generally consistent with this: we directly manipulated relative humidity at
436 room temperature and found a dramatic decrease in viability with decreasing relative humidity
437 (Figure 2) and corresponding vapour pressure deficits (Fig. S6). However, we did not examine
438 the physiological status of the diatoms in our experiment, so cannot be certain that inviability
439 was due to desiccation per se. Importantly, we found that under levels of vapour pressure deficit
440 that are representative of the favourable springtime, near-dawn conditions in the central flyway

441 of North America (e.g. $< 0.25\text{kPa}$; Supporting Information Fig. S7 and Fig. S8), diatoms
442 remained viable after prolonged periods adhered to feathers, including 4 hours at a vapour
443 pressure deficit of 0.33kPa . It should be noted that our experiment examined a single
444 temperature regime (between 22 and 23°C ; Fig. S3), and we do not know how diatom viability
445 might respond to the much cooler air temperatures typical of springtime dawns in the region. On
446 one hand, we suspect that air temperatures between 0 and 10°C are more favourable to diatom
447 viability, as cooler temperatures yield lower vapour pressure deficit (all else being equal), and
448 diatoms are well adapted to cold aquatic environments (Wehr & Sheath, 2004). On the other
449 hand, waterfowl plumage includes microclimates that are buffered to some extent from ambient
450 conditions (Coughlan *et al.*, 2015), and may include warm pockets proximate to the skin. The
451 plumage can also maintain a humid microclimate (Coughlan *et al.*, 2015). Thus, the conditions
452 experienced by the diatoms in our experiment may have been more harsh than would be
453 experienced in transit within duck plumage.

454 It is important to note that the strain of diatom that we used in our experiment was chosen
455 specifically because it is easily maintained in culture. It may therefore be hardier and better
456 adapted to surviving ectozoochory than most diatom taxa. For instance, among the 69 strains (34
457 species) of diatom examined by Souffreau *et al.* (2010, 2013), only 5 exhibited some tolerance to
458 their desiccation treatment, including two strains of *Pinnularia borealis*, one strain of *Hantzschia*
459 *amphioxys*, and two strains of *Navicula radiososa*. It would be beneficial to explore the tolerances
460 of more taxa using our experimental design.

461 Flight duration is another factor that will influence the number of diatoms that remain
462 attached and survive transport. Our study explored this in three ways. In our experiment we
463 directly manipulated exposure time and found that increasing it from 10 minutes to 4 hours

464 decreased viability, but only moderately so under high relative humidity (Fig. 2) and
465 correspondingly low vapour pressure deficit (Fig. S6). Then, assuming an average flight speed
466 of 69 km•h⁻¹ (McDuie *et al.*, 2019), we used the statistical model from our experimental results
467 to make spatially implicit predictions of the probability of remaining viable across a range of
468 vapour pressure deficits and flight distances. For example, with values of vapour pressure deficit
469 $\leq 0.5\text{kPa}$, which are representative of springtime dawn and dusk conditions (Fig. S7) in the
470 central flyway, our model predicts that diatoms would remain viable over 120 km with a
471 probability of almost 0.5, and this increases to 0.7 for a distance of 40 km (Fig. 3A). In many
472 parts of the North American range of mallards these distances more than span the distances
473 among neighbouring water bodies (e.g. Fig. 3C). Nevertheless, these predictions make a number
474 of key assumptions that should be borne in mind. Most importantly, we assume that diatoms can
475 successfully remain adhered to feathers for the duration of the flight, despite the strong airflow
476 that would impact outermost feathers with flight speeds of 69 km•h⁻¹. Below the plumage
477 surface, it is possible that feathers are protected from strong airflow due to the insulating
478 properties of the plumage and its microstructure (Coughlan *et al.*, 2015). In our experiment we
479 exposed the feathers to a light breeze rather than a strong wind. We assume that this could
480 represent the conditions experienced by diatoms adhered to subsurface feathers, but this requires
481 testing.

482 The same assumptions apply to our spatially-explicit predictions of the probability of
483 potential dispersal (Fig. 4), which indicated strong potential for dispersal among the region's
484 waterbodies, particularly during dawn and dusk hours when ducks, including mallards, tend to
485 fly between daytime roosting sites and nighttime foraging sites (Bengtsson *et al.*, 2014;
486 Kleyheeg *et al.*, 2017). Indeed, based on air temperature and relative humidity data gathered

487 from ninety-eight ASOS stations distributed throughout the study region, we found that vapour
488 pressure deficit was quite low ($\leq 0.5\text{kPa}$) and thus favourable in April and May during the hours
489 around dawn (Figs. S7, S8). During mid-day hours (noon to 3pm), higher temperatures combine
490 with lower relative humidity to yield much higher vapour pressure deficits on average (Figs. S7,
491 S8), so feather-borne dispersal during these times are predicted to be much less likely (Figs. 4,
492 5).

493 *Detachment in the new habitat*

494 Diatoms that withstand transport could be dislodged from feathers during landing, by
495 preening, and/or could remain adhered to feathers that themselves become dislodged (Coughlan
496 *et al.*, 2017). Our experiment mimicked the latter scenario in which feathers detach from the
497 bird (due to molting, for example), and rest on the water surface. During early spring and late
498 summer molting seasons, the surfaces of ponds and lakes hosting large numbers of waterfowl are
499 often littered with detached feathers. Although plausible, we do not know how effective this
500 scenario is at enabling diatoms to actually colonize the new habitat. Future experiments could
501 compare alternative dislodgment scenarios, including dragging the feather through sterile media.

502 *Successful colonization*

503 The final step of successful colonization and establishing a local population is clearly
504 dependent on the suitability of local conditions (e.g., water chemistry) for the given diatom
505 taxon. In our experiment we aimed to ensure that diatoms surviving the treatments would not be
506 limited by subsequent growth conditions, and therefore provided algal growth medium as the
507 receiving habitat. The diatom strain we used was sourced from an effluent pond at St. Mary's
508 River pulp and paper mill in Sault Ste. Marie, Ontario, Canada, and was identified using standard
509 morphological techniques to be *Nitzschia pusilla* Grunow. According to algaebase.org (accessed

510 March 10, 2020), this freshwater taxon has been recorded at locations throughout North America
511 and Europe, and in the 2007 National Lakes Assessment it was observed in 23 lakes in 13
512 different states. It occurred in five lakes within our study region (Fig. 4A). Thus, it is not an
513 especially common taxon. However, there is considerable uncertainty surrounding the taxonomy
514 of the genus *Nitzschia* (Rimet *et al.*, 2011), so the available data about the distribution of *N.*
515 *pusilla* should be interpreted with caution. For instance, members of the genus appear to occupy
516 an extremely diverse range of abiotic conditions (Potapova & Charles, 2002), and this can be
517 indicative of a taxonomic group in need of revision. In the case of *N. pusilla*, there is insufficient
518 data upon which to define “suitable habitat”. Based on our geospatial predictions, there is
519 considerable potential for dispersal from the five waterbodies that host *N. pusilla* (Fig. 4), but
520 given the small number occurrence records, perhaps “suitable habitat” is comparatively rare in
521 the region.

522 It is also important to note that the available survey and geospatial data (e.g. the lakes
523 and wetlands data used for Figures 3 and 4) may underestimate the distribution and abundance of
524 potential diatom habitat, because they do not include very small and ephemeral waterbodies.
525 Given that the mallards frequents a broad range of aquatic habitats (Wetlands International,
526 2021), it has the capacity to transport diatoms to a broad range of environments. Future research
527 should modify our experimental design to explore multiple species of diatom simultaneously,
528 using receiving solutions with contrasting conditions.

529 *Conclusion*

530 We have provided novel evidence consistent with the idea that adherence to waterfowl
531 feathers is a potentially effective mode of ectozoochory for freshwater diatoms. More generally,
532 our study adds to a growing body of evidence that waterfowl are potentially effective long-

533 distance dispersal vectors for aquatic organisms via both endozoochory and ectozoochory
534 (Figuerola & Green, 2002; Viana *et al.*, 2013c; Tesson *et al.*, 2015; Green *et al.*, 2016; Coughlan
535 *et al.*, 2017; Lovas-Kiss *et al.*, 2018). Considering (i) the vast numbers of waterfowl that migrate
536 annually and visit numerous waterbodies en route, and (ii) the high densities of diatom that many
537 aquatic habitats host, it is possible that the number of diatoms that successfully disperse adhered
538 to waterfowl feathers is extremely large. Nevertheless, the efficacy of this mode of dispersal is
539 likely to vary among diatom taxa, and future research should seek to quantify this variation
540 experimentally.

541

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557 **Data Availability Statement**

558 All data and scripts are freely available for download from the OSF (<https://osf.io/ujnw2>), and
559 are citable as: Pither and Manning (2020). Data about within-day dispersal distances of mallards
560 are available on Dryad (<https://datadryad.org/resource/doi:10.5061/dryad.619gd>). The Global
561 Lakes and Wetlands Database (GLWD) is available from the World Wildlife Fund
562 (<https://www.worldwildlife.org/pages/global-lakes-and-wetlands-database>). The ASOS Network
563 online database is freely accessible
564 (https://mesonet.agron.iastate.edu/request/download.phtml?network=IA_ASOS). Data about the
565 distribution of *Nitzschia* taxa, including *N. pusilla*, are freely accessible within the 2007 and
566 2012 National Lakes Assessment online repository ([https://www.epa.gov/national-aquatic-
567 resource-surveys/data-national-aquatic-resource-surveys](https://www.epa.gov/national-aquatic-resource-surveys/data-national-aquatic-resource-surveys)).

568

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740 **Tables**

741

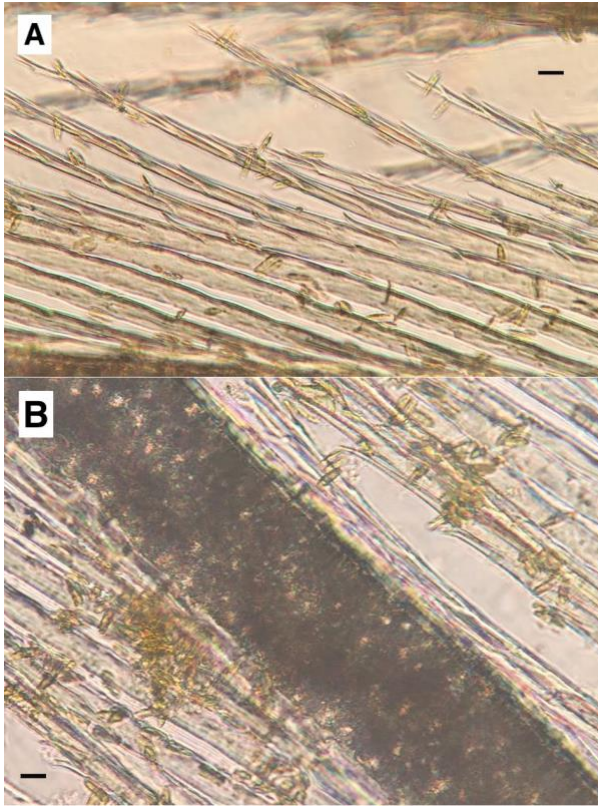
742 **Table 1.** Logistic regression (generalized linear model with binomial link) of the effects of
743 relative humidity (RH) (%), exposure time (TIME) (minutes), and their interaction (RH × TIME) on
744 the probability of diatoms remaining viable. Shown are the coefficient estimates, lower and
745 upper 95% confidence limits (CL), Z-values, and associated probability values (*P*-value). The
746 null and residual deviance was 146.1 and 71.5 respectively, on 127 and 124 degrees of freedom
747 respectively). The McFadden pseudo- R^2 was 0.51.

Coefficient	Estimate	Lower 95% CL	Upper 95% CL	Z-value	<i>P</i> -value
Intercept	-3.420	-7.355	-0.717	-2.099	0.036
RH	0.059	0.022	0.110	2.703	0.007
TIME	-0.090	-0.185	-0.023	-2.214	0.027
RH × TIME	9.251 x 10 ⁻⁴	1.427 x 10 ⁻⁴	20.044 x 10 ⁻⁴	2.000	0.046

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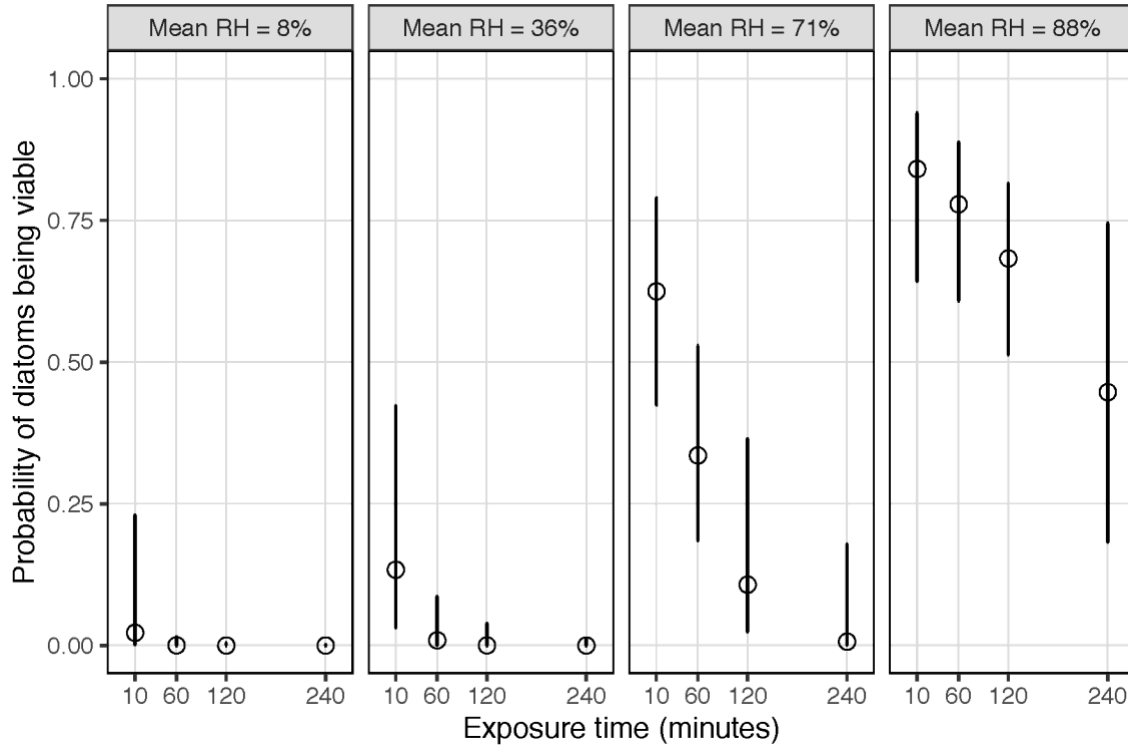
750 **Figures**



751

752 **Figure 1.** Two views (panels A and B) of *Nitzschia pusilla* Grunow diatoms embedded within a
753 mallard breast feather. The black scale bar in each panel is approximately 10 μm . For reference,
754 individual diatoms examined during identification work were, on average, 13.7 μm long (see
755 Figure S1).

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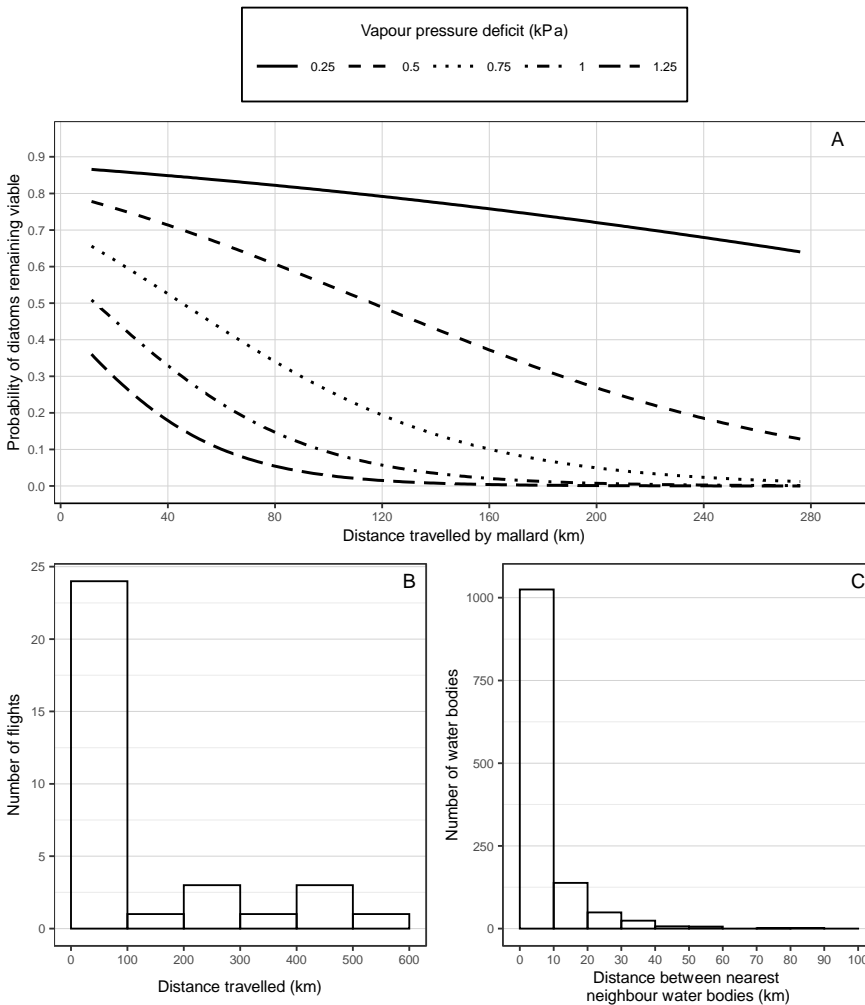


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760 **Figure 2.** Predicted probability (circles) of *Nitzschia pusilla* Grunow diatoms being viable as a
 761 function of relative humidity and exposure time. Bars indicate 95% confidence intervals. Panels
 762 display results grouped by target relative humidity (from lowest to highest, left to right), and
 763 panel labels show the mean relative humidity measured across replicates of the corresponding
 764 group. All experimental trials occurred at temperatures between 22.7 and 22.9 °C. Predictions
 765 are based on the GLM from the main experiment, and use marginal responses, the default
 766 approach in the R package `ggeffects` (Lüdtke, 2018).

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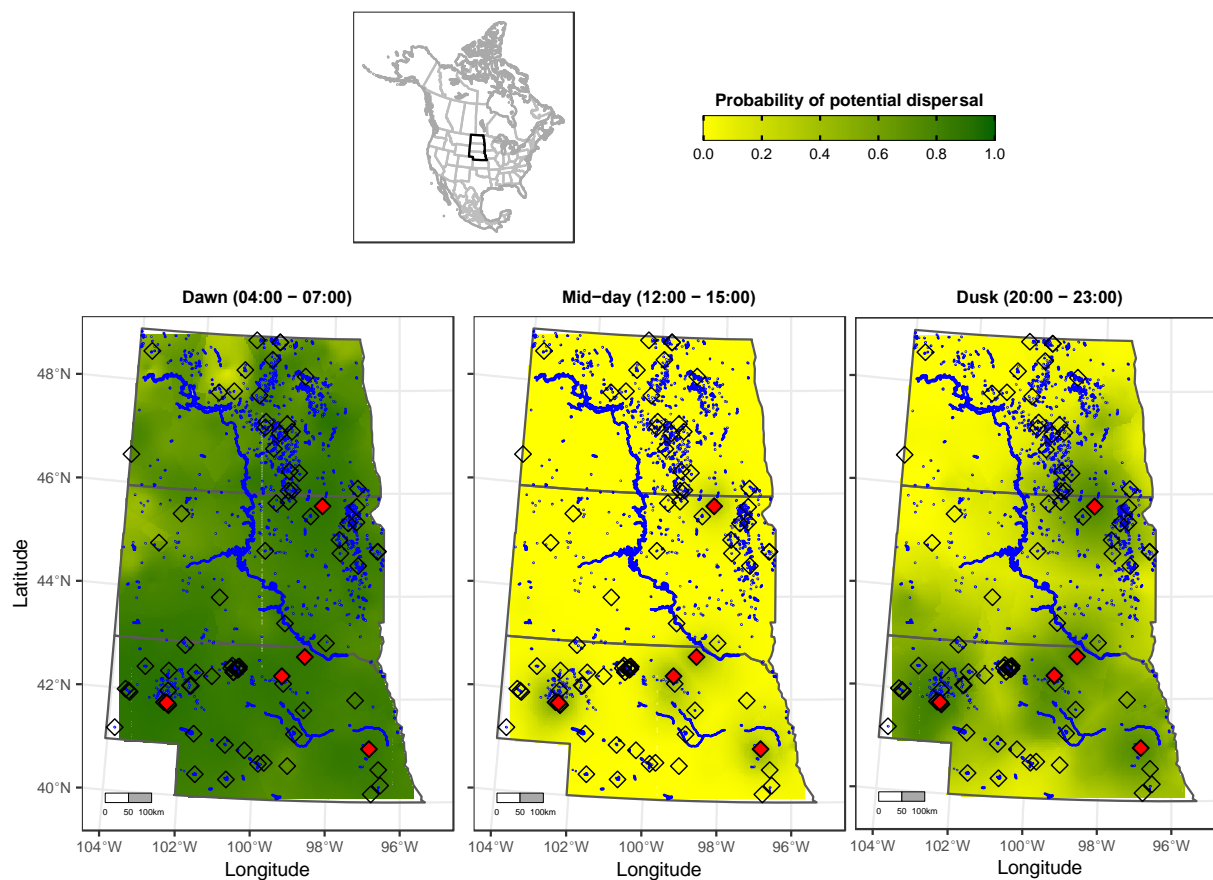


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771 **Figure 3.** Panel (A): Predicted probability of *Nitzschia pusilla* Grunow diatoms remaining
 772 viable as a function of vapour pressure deficit and travel distance. Predictions are based on our
 773 VPD-based GLM, and assume average flight speed of $69 \text{ km}\cdot\text{h}^{-1}$. (B) Histogram of the distance
 774 travelled within a single day by each of 33 individual, banded mallards in North America (Viana
 775 *et al.*, 2013a, 2013b). (C) Histogram of distances between surface water bodies and their nearest
 776 neighbours within North Dakota, South Dakota, and Nebraska (N = 1252 water bodies).

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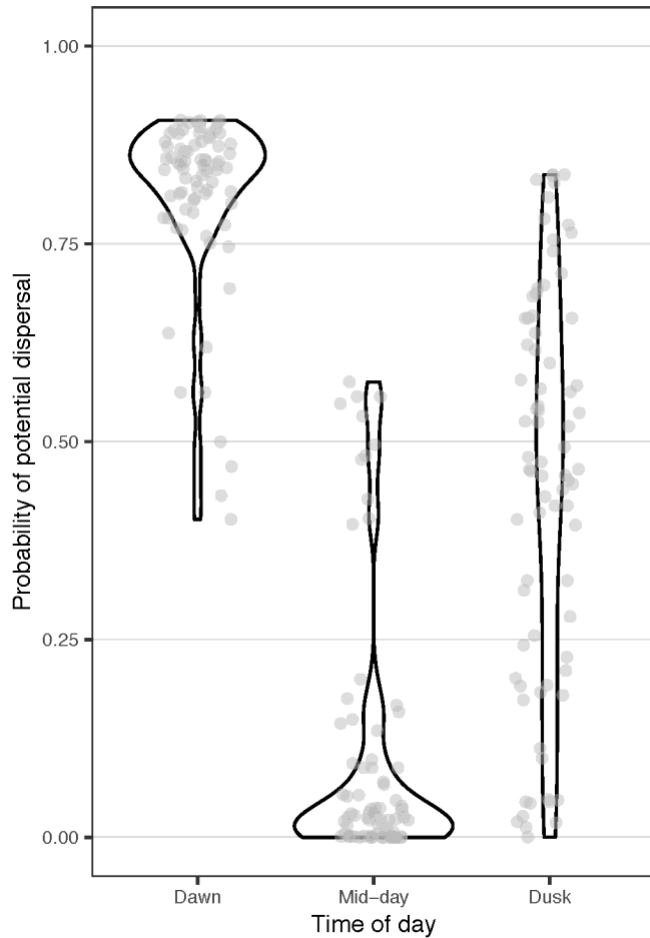
778

779 **Figure 4.** Geographical predictions of the probability of potential diatom dispersal
 780 (omnidirectional) from five source lakes hosting *Nitzschia pusilla* Grunow (red diamonds).
 781 Predictions are derived from the VPD-based GLM from our experiment, using estimates of
 782 mallard flight duration (based on average flight speed of $69 \text{ km}\cdot\text{h}^{-1}$ and geographic distances)
 783 and spatially interpolated vapour pressure deficit for the first week of May, averaged over the
 784 years 2015 through 2020, and for three different times of day (dawn, mid-day, and dusk). See
 785 Materials and Methods for details. All surface waterbodies are indicated in blue. Hollow black
 786 diamonds denote the 80 waterbodies that in 2007 or 2012 hosted diatoms of the genus *Nitzschia*
 787 (aside from the five hosting *N. pusilla*). The map projection is North American Equidistant

788 Conic. The map at the top shows the study region outlined in black within North America
789 (North American Lambert Conformal Conic projection).

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793 **Figure 5.** For waterbodies in the study region (Fig. 4) known to have hosted members of the
 794 diatom genus *Nitzschia*, shown here is a violin plot depicting the probabilities of potential
 795 dispersal from five lakes hosting the study species *Nitzschia pusilla* Grunow. The probabilities
 796 are extracted from the raster layers depicted in Figure 5. One of the 80 lakes hosting *Nitzschia*,
 797 located in the extreme south-west of region, did not overlap with prediction raster, thus the
 798 sample size for each of the three time-of-day groups is 79. The width of the black outline shapes
 799 reflect the frequency distribution of probabilities, and the grey dots are individual observations.

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