

Life in fluctuating environments

Joey R. Bernhardt^{*1,3}, Mary I. O'Connor², Jennifer M. Sunday³, Andrew Gonzalez³

¹Department of Aquatic Ecology, Eawag: Swiss Federal Institute of Aquatic Science and Technology, Überlandstrasse 133, 8600 Dübendorf, Switzerland

²Department of Zoology and Biodiversity Research Centre, University of British Columbia, 6270 University Boulevard, Vancouver, Canada, V6T 1Z4.

³Department of Biology, Quebec Centre for Biodiversity Science, McGill University, Montreal, H3A 1B1, Canada.

*Correspondence to: joey.bernhardt@biodiversity.ubc.ca

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35 **Abstract**

36 Variability in the environment defines the structure and dynamics of all living systems, from
37 organisms to ecosystems. Species have evolved traits and strategies that allow them to detect,
38 exploit and predict the changing environment. These traits allow organisms to maintain steady
39 internal conditions required for physiological functioning through feedback mechanisms that
40 allow internal conditions to remain at or near a set point despite a fluctuating environment. In
41 addition to feedback, many organisms have evolved feedforward processes, which allow them to
42 adjust in anticipation of an expected future state of the environment. Here we provide a
43 framework describing how feedback and feedforward mechanisms operating within organisms
44 can generate effects across scales of organization, and how they allow living systems to persist in
45 fluctuating environments. Daily, seasonal and multi-year cycles provide cues that organisms use
46 to anticipate changes in physiologically-relevant environmental conditions. Using feedforward
47 mechanisms, organisms can exploit correlations in environmental variables to prepare for
48 anticipated future changes. Strategies to obtain, store and act on information about the
49 conditional nature of future events are advantageous and are evidenced in widespread
50 phenotypes such as circadian clocks, social behaviour, diapause, and migrations. Humans are
51 altering the ways in which the environment fluctuates, causing correlations between
52 environmental variables to become decoupled, decreasing the reliability of cues. Human-induced
53 environmental change is also altering sensory environments and the ability of organisms to
54 detect cues. Recognizing that living systems combine feedback and feedforward processes is
55 essential to understanding their responses to current and future regimes of environmental
56 fluctuations.

57 **Introduction**

58 Global change is characterized by trends, cycles and variability in the environment on land and
59 in the oceans. Rates of change in climate [1], habitat loss and fragmentation [2], chemical
60 contamination [3,4], nutrient deposition, and biocide application are high, raising concern among
61 scientists about the capacity of living systems to adapt and persist in the face of these changes
62 [5–7]. While mean conditions are changing, so too are the patterns of variability around the
63 trends in the mean [8,9]. Long-term changes in the variance and autocorrelation of
64 environmental fluctuations can affect biodiversity and ecosystem processes [10–14]. We address
65 here the task of developing an integrated understanding of how individuals, populations, and
66 communities respond to, mitigate, and adapt to environmental fluctuations.

67

68 Perhaps the simplest way for variation in the environment to affect living systems (any biological
69 system with some level of autonomy - a cell, an organism, a population, a mutualism, etc.; Table
70 1) is for living systems to track their environment as it varies (Figure 1A, B, Box 1). Considering
71 an organism in an environment with fluctuating temperatures as an example, biological rates
72 such as photosynthesis or reproduction may increase as temperatures increase and decline as
73 temperatures cool, due to the temperature dependence of metabolic rates. Similarly, fluctuations
74 in food or water availability may directly affect demographic rates and therefore population
75 dynamics. Many examples of biological variation have been explained this way - from insect
76 population cycles responding with a time lag under varying weather conditions [15,16] to
77 population cycles in lynx and hares [17] to the abundance of commercially valuable fish [18,19].

78

79 Another mechanism by which organisms and populations react to a fluctuating environment is
80 through a range of *feedback* mechanisms - when organisms, populations, and communities
81 respond to deviations in their internal conditions from a set point or steady state (Table 1).
82 Feedbacks are reactive processes, requiring that organisms' or populations' internal conditions
83 have changed enough to elicit a response in physiological, demographic or other ecological rates
84 (Figure 1C, Figure 2A, Box 2 Figure 1A). As we discuss below, feedback mechanisms can
85 either be adaptive in the evolutionary sense, or can emerge from physical constraints in a system,
86 in both cases increasing persistence of living systems over the long term.

87

88 Reliance on feedback mechanisms to persist in fluctuating environments can be problematic.
89 When organisms respond directly to their internal states the time-delayed response makes them
90 vulnerable to large and rapid deviations in their state that could cause death, and make their
91 populations vulnerable to extinction. Fluctuating environments can bring regularly occurring
92 stressful or otherwise poor conditions (Box 1), and organisms or populations may perform better
93 and be more likely to persist if they can minimize their exposure to these conditions or be
94 phenotypically prepared for expected changes before they occur. To achieve this, living systems
95 require processes that allow them to acquire information about the future state of the
96 environment.

97

98 Many living systems persist in fluctuating environments by anticipating change through a variety
99 of ecological and evolutionary cue and signal-based mechanisms (Table 1, Figure 1D, Figure 2B,
100 Box 2 Figure 1B). These mechanisms convey information about correlations between the state of
101 the environment now and its likely state in the near future. These are *feedforward* mechanisms

102 (Table 1), in contrast to *feedback* mechanisms, that rely on external cues and allow organisms to
103 anticipate, prepare or prime themselves and/or their offspring for environmental change.
104 Organisms use information acquired from their environment in many ways, and feedforward
105 processes are pervasive in living systems. Feedforward processes allow organisms to buffer or
106 exploit expected environmental change in a way that can enhance their fitness (Figure 2B, Box
107 2), and thus exist primarily as evolutionary adaptations. Circadian rhythms [20], phenology,
108 phenotypic and behavioral plasticity [21] and transgenerational parental effects are all widely
109 studied examples of feedforward mechanisms, even though they typically have not been
110 classified in this way. Ecological and evolutionary models point to the long-term fitness benefits
111 of feedforward processes [22].

112

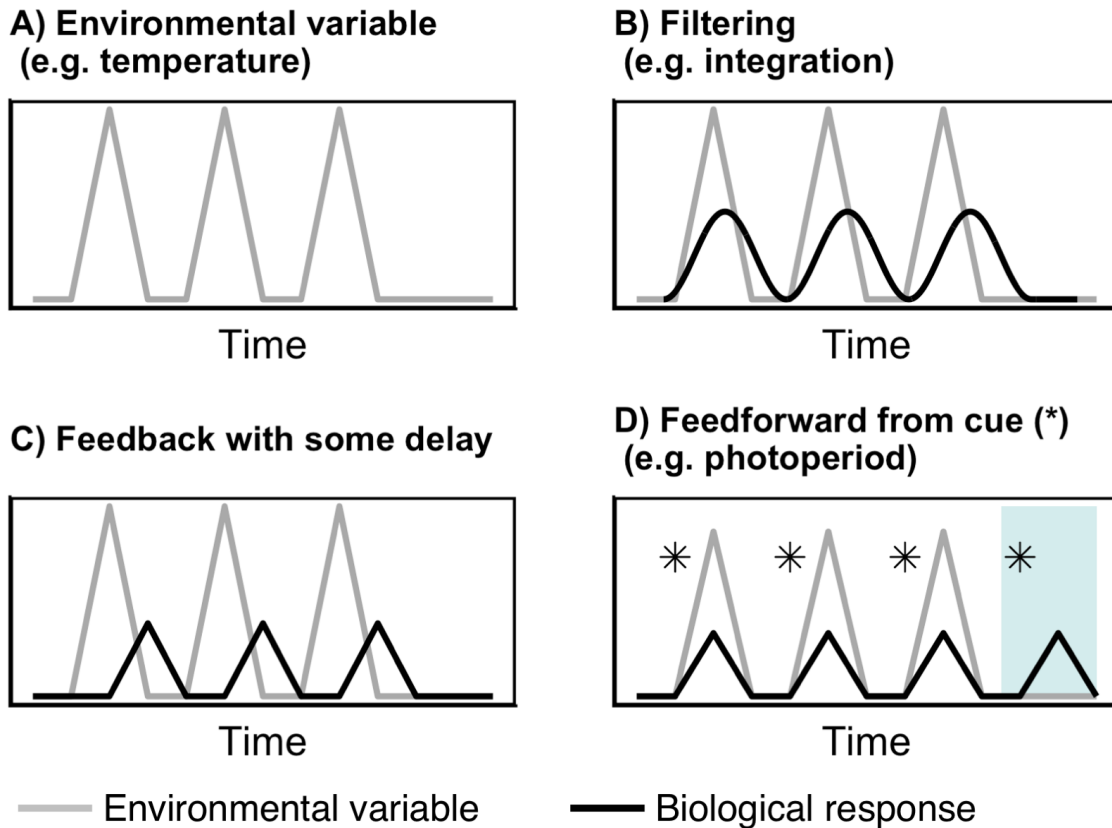
113 While feedbacks are widely known to increase persistence of living systems in changing
114 environments, feedforwards are less well understood as a general class of mechanisms enabling
115 persistence in fluctuating environments. Feedback and feedforward mechanisms differ in that
116 feedback mechanisms are *reactive* processes that allow living systems to respond to
117 environmental changes after they have occurred, while feedforward mechanisms are *proactive*
118 and allow for living systems to anticipate changes in the environment before they have occurred
119 (Figures 1, 2; Box 2). While many biological processes and behaviours, such as behavioural
120 thermoregulation or predator avoidance, combine feedback and feedforward components, it is
121 useful to distinguish these components because the feedback and feedforward components may
122 respond differently to environmental change resulting in distinct outcomes for fitness and long-
123 term persistence.

124

125 Here we review feedback and feedforward processes, drawing on concepts from engineering,
126 systems biology, physiology, ecology and evolutionary biology, and convey their essential role
127 in the adaptive responses of living systems in which many organisms are responding to variable
128 and uncertain environments. We consider a generalized framework for feedback and feedforward
129 processes, and demonstrate how feedbacks and feedforwards occur (or might occur) at the level
130 of individuals [23,24], populations [10,25], and higher levels of organization such as
131 communities [26,27]. We combine knowledge of how the biophysical environment is changing
132 and how organisms, populations and communities can respond and adapt to change at different
133 temporal scales. We argue that a framework combining feedback and feedforward mechanisms is
134 required to achieve a robust understanding of how living systems persist in fluctuating
135 environments and may be adapting to ongoing shifts in the structure of environmental
136 fluctuations.

137

138



139

140 **Figure 1.** Biological systems filter, integrate, respond to and anticipate environmental variation.

141 A) Environments are characterized by regular fluctuations in environmental variables (e.g.

142 temperature, light, precipitation, oxygen). B) Biological systems (individuals, populations,

143 communities) filter or integrate environmental fluctuations (grey line), thereby smoothing

144 environmental time series (black line). As a result, time-series of biological or ecological

145 processes that integrate environmental variation tend to have more low-frequency noise

146 compared to the environmental variable itself (i.e. they become ‘redder’ [see Box 1]) as they are

147 translated through biological systems. C) Feedback mechanisms (i.e. those that respond to their

148 own internal state) allow organisms to respond to environmental fluctuations, either through

149 dynamical feedback processes or evolutionary adaptations, but only after the fluctuation has

150 occurred. Therefore, there is an inevitable time lag in the response. D) Feedforward mechanisms

151 are signal or cue-based and use the state of the environment to anticipate environmental change.
152 In nature, such systems may be adaptive because the correlation between the cue and the likely
153 future environmental state allows organisms to employ a response that increases fitness in
154 fluctuating environments. By anticipating the likely change in environmental state, the lag that
155 inherent in B) and C) is reduced. The disadvantage with feedforward mechanisms is that if the
156 cue (*) becomes uncorrelated with the future environmental state (i.e. the cue becomes an
157 inaccurate indicator of the future state) then organisms may initiate an anticipatory behaviour
158 that is no longer beneficial in the later selective environment (blue shaded area in D).

159

160 **Characterizing correlations in fluctuating environments at different spatial and temporal** 161 **scales**

162 Fluctuations in physical, resource, and biological conditions are a core feature of most
163 environments. Here we address two features of this variability: 1) the correlation in time within
164 single variables (i.e., autocorrelation) and 2) the correlations that exist among multiple variables
165 (i.e., cross correlations). Both auto- and cross-correlation patterns occur at the full range of scales
166 and resolutions of space and time, and ecological systems reflect these features of temporal
167 structure at more than one - but not all - scales. In Box 1, we summarize methods we can use to
168 quantify relevant scales of correlation and we address types of correlations that allow organisms
169 to time life events and behaviours that have consequences for fitness.

170

171 *Autocorrelation and predictability*

172 Periodic, or repeating, temporal fluctuations occur at multiple scales and include diurnal and
173 seasonal cycles of light and temperature, quasi-periodic variation in climates at multiannual (e.g.

174 North Atlantic Oscillation, El Nino Southern Oscillation), decadal and millennial time scales
175 (e.g., Milankovich cycles). Aperiodic fluctuations also characterize variation in biotic conditions
176 that link to niche relations, such as resource availability or predation pressure (Figure 1A).
177 Characteristic features of fluctuations (i.e. predictability of environmental changes and
178 periodicity of cycles) hold information that may be used by organisms to time important life
179 history activities to align with conditions best for survival, reproduction and growth [28]. Box 1
180 Section 1 describes how we can characterize *predictability* of temporal dynamics in a single
181 environmental variable, such as temperature. Predictability emerges when environmental
182 variables are temporally or spatially autocorrelated, reflecting the increased likelihood that
183 current conditions predict near-future conditions, such as long runs of above- or below-average
184 conditions. Environments that are dominated by variation at low frequencies (i.e. cycles with
185 long periods, high temporal autocorrelation; Box Figure 1) are more predictable to organisms
186 living in them because current conditions are likely to be accurate predictors of near-term future
187 conditions.

188

189 *Correlations among different environmental variables*

190 Changes in environmental variables such as light intensity, photoperiod or rainfall that are
191 correlated with some later selective environment can be used as ‘cues’ (Table 1). Organisms use
192 the information represented by cues in fitness-defining ways (i.e. timing of growth and
193 reproduction). For example, a cue early in a season can allow organisms to anticipate future
194 favorable conditions for reproduction, migration or development, and initiate the biological
195 processes that will allow these life history events to occur at the time of favorable conditions. In
196 this way, organisms can match their phenotype to expected environmental conditions, increasing

197 their fitness [22]. The value of a cue is related to the correlation, or mutual information [29],
198 between a cue and a later environmental state. In other words, the benefit of the cue to an
199 organism increases as the cue reduces uncertainty about the future environmental state.

200

201 *Organisms experience the same environment differently*

202 Species interact with the environment over a certain range of variation and not others, and this
203 influences how they respond to and exploit temporal variation. Species may only detect and
204 respond to fluctuations and cues at a given scale (Box 1, Figure 1C). Species with life spans on
205 the order of a few years have typically evolved to coordinate key life events such as reproduction
206 or hibernation with seasonal shifts in food, mate, or predator availability. More generally, if
207 organisms' generation times and lifespans are longer relative to the period of fluctuations, and
208 individuals experience predictable environmental conditions, then feedforward mechanisms are
209 likely to evolve [30,31]. In contrast, organisms occurring in environments that exhibit little
210 variation within their lifetime, or highly unpredictable variation, are not likely to rely on cues
211 and anticipatory mechanisms (e.g. [32]).

212

213 An environmental event or change in state that is used as a cue for one species may be noise for
214 another species. When an environmental state, or fluctuations in that state, becomes used as a
215 cue, the way this manifests depends on the life history of the species (Box 1 Figure 1). For
216 example, frequencies of environmental variation that are detectable to an organism, and that are
217 associated with variation in resources or other selective conditions, depend on the body size, life
218 span and generation times, and these traits themselves are often highly correlated. Body size and
219 generation time influence the frequencies of environmental fluctuations to which organisms may

220 respond (referred to as ‘characteristic response times’, [33,34]), and the physical environment
221 that organisms experience [35]. For example, a barnacle anchored to a rock in the intertidal zone
222 experiences strong covariation in temperature, light intensity and oxygen availability over the
223 course of a day. The same change in temperature and oxygen that was vital to the barnacle may
224 be considered ‘noise’ to a fish swimming by.

225

226 The range of anticipatory mechanisms available to organisms depends on their capacity to
227 acquire and respond to information about their environment and their current state [36]. Sensory
228 systems allow organisms to detect both their state and the state of their environment. Sensory
229 systems differ among species, and can even vary among individuals within populations and also
230 among developmental stages [37]. Different sensory modalities (temperature, vibrations,
231 electromagnetic energy, chemicals, etc.) and sensory systems (vision, hearing, electric field
232 detection) allow organisms to detect different types of cues. The types of sensory stimuli that an
233 organism is able to detect may determine its ability to find food and compete for resources [38–
234 40], and avoid predators [40,41]. In the presence of ubiquitous background noise, species differ
235 in their sensory systems and abilities to separate signal from noise, so the same environment is
236 experienced differently by different species. As with other life history traits such as size or
237 generation time, sensory systems may have evolved in some cases in the context of feedback and
238 feedforward processes in varying environments.

239

240 **Integrating concepts from systems biology to classify strategies for dealing with fluctuating**
241 **environments**

242 Living systems are characterised by their capacity for homeostatic control, which is the capacity
243 to maintain a viable state despite variability in their environment. A homeostat is any set of
244 processes or mechanisms that results in a system property or process being maintained at a
245 (quasi) constant level, within a fluctuating environment. Variables held under homeostatic
246 control remain within a narrower range of values than if they were not regulated, and the
247 regulated value often occurs within a range that is consistent with the viability of the organism.

248 Here we describe how homeostasis is achieved via feedback and feedforward control
249 mechanisms (Box 2, Figures 1 and 2). We will see that feedback and feedforward processes are
250 integral to a general approach to homeostasis and the persistence of organisms and other living
251 systems in fluctuating environments. This classification expands on an earlier framework
252 proposed by Rosen [42,43]. Feedback and feedforward systems (including model-predictive
253 control), have been the focus of a great deal of research in complex system science, engineering
254 and theoretical biology (e.g., [44,45]). Like any classification, this is just one way of
255 understanding how feedback and feedforward processes have shaped systems to respond to
256 fluctuating environments, and it is meant as a framework to locate the focus of future analysis, to
257 guide inquiry about change in ecological systems, and to facilitate comparisons among systems.

258

259 **Class 1: Feedback homeostats**

260 Homeostasis by negative feedback is the most familiar form of adaptation in physiology [46].
261 The mechanisms, such as regulatory pathways, leading to homeostasis in body temperature,
262 water content, energy levels, nutrients and essential cofactors (e.g. iron) are well studied in a host
263 of model and non-model organisms [47]. For example, in one third of the oceans the
264 bioavailability of iron limits primary production, and phytoplankton have evolved strategies to

265 acquire and recycle iron even when it is extremely limiting. For example, the picoalga
266 *Ostreococcus* uses the protein ferritin to regulate iron uptake and recycling, and this iron
267 homeostasis is essential for cell survival under iron limitation [48].

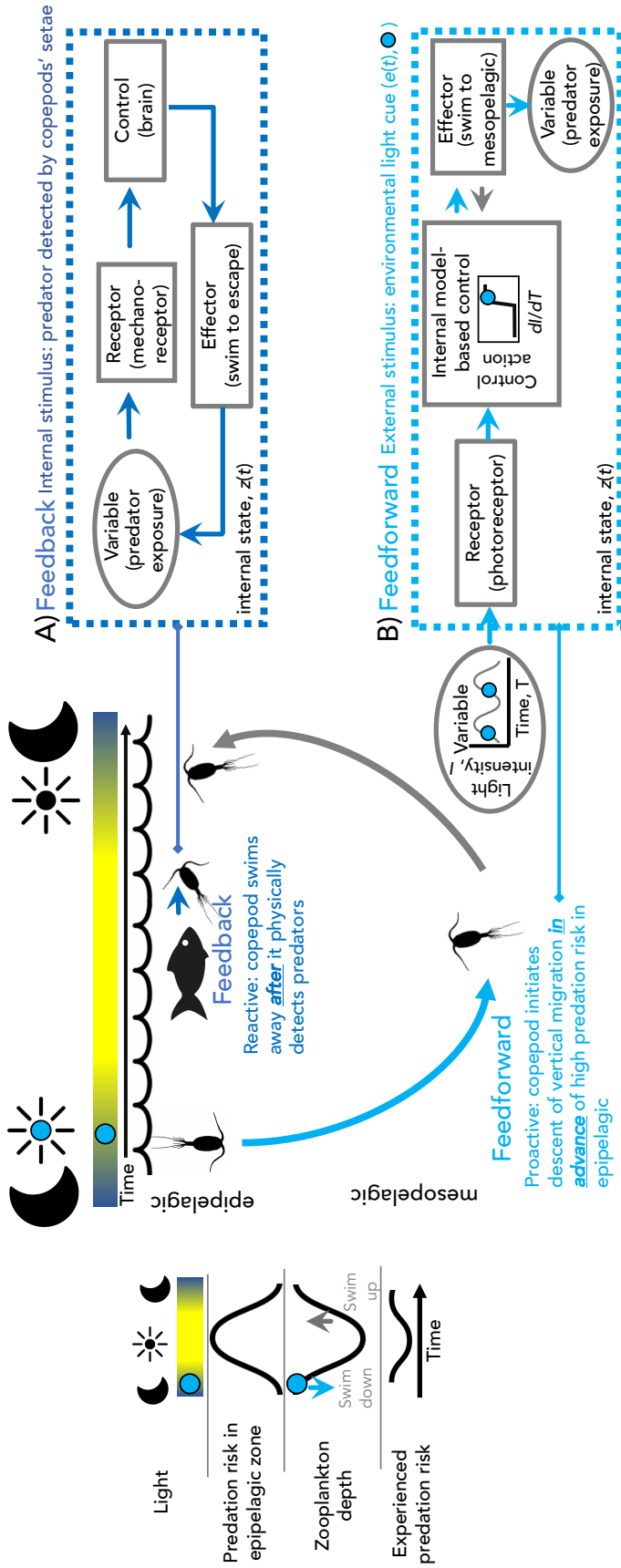
268
269 In abstract terms, any homeostatic system can usually be decomposed into a controlled system or
270 process (some aspect of an organism's physiological system) and a controller (e.g. a regulatory
271 pathway) (Figure 2A). In reality, there may be no simple dichotomy in these subsystems, but in
272 many cases one can identify processes that fall into each. The key property of feedback
273 homeostatic systems is that the receptor (i.e. sensor) only measures the *internal* state of the
274 controlled system, $z(t)$, and not the environment (Figure 2A vs. 2B, Box 2). Deviations of the
275 state of the controlled system away from the homeostatic state results in a response modifying
276 the dynamics of the controlled system so as to diminish the deviation from the set-point
277 (negative feedback). In the simplest cases, homeostats have no memory of past states. An
278 example of this is the thermostat controlling the temperature of your room, which functions by
279 controlling the actions of a heating system based on deviations in temperature from the given set-
280 point. In endotherms, thermoregulation occurs when the cooling of the blood is detected by
281 receptors and stimulates centers in the brain (controller), which 'turn on' heat producing
282 mechanisms of the body (effectors) and the body temperature is adjusted back to the set point so
283 that temperature is maintained at a constant level [49] (Box 2 Figure 1A).

284

285

286

Comparing feedback and feedforward



288 **Figure 2.** Feedback and feedforward processes allow living systems to persist in fluctuating
289 environments by allowing them to minimize fluctuations in fitness-defining variables (e.g.
290 predation risk). Copepods and other zooplankton combine feedback and feedforward processes
291 to avoid predation in sunlit surface waters. Copepods feed in the surface waters (epipelagic zone)
292 where phytoplankton is abundant. However, feeding in sunlit, illuminated surface waters exposes
293 copepods to visual predators. A) Copepods can detect predators via their setae, which are
294 mechanoreceptors. When setae bend, this may elicit a neurophysiological response in the brain
295 (the controller), triggering the copepod to swim away (effector). This escape behaviour is a type
296 of feedback process – detecting predators causes copepods to move away from predators until
297 they are no longer detectable. Feedback processes are reactive in that they occur after the
298 changes in their internal state, $z(t)$, such as bending of setae due to predator presence, have
299 occurred. B) Feedforward processes, such as diel vertical migrations, occur when organisms
300 respond to some external environmental cue, $e(t)$, here indicated by a light blue circle, to control
301 an internal variable such as predator exposure. An internal model allows organisms to ‘pull the
302 future into the present’ [50] by acting, in the present, on some cue that is correlated to a likely
303 future environmental state. In this case the change in light (dI/dT), which precedes periods of
304 high predation risk during day time, is used as a predictive cue to adjust depth (i.e. light-cued
305 vertical migration) in order to escape predation. This feedforward mechanism allows
306 zooplankton to move to deeper depths (the mesopelagic zone) proactively at sunrise, before
307 surface waters (epipelagic zone) become sunlit and predation risk by visual predators increases.
308 Feedforward mechanisms may be combined with feedback mechanisms that allow organisms to
309 respond to predators after they are detected. In A and B, light blue arrows correspond to the
310 feedforward process while dark blue arrows correspond to the feedback process. The grey arrow

311 back from 'effector' to 'internal model' in B) indicates that internal models can change as the
312 environment changes, a feature of general adaptive systems. These changes to internal models
313 may occur via learning or other mechanisms by which organisms update their internal models or
314 of those of their offspring.

315

316 Feedback mechanisms allow populations to adapt to fluctuations in their environment, reducing
317 the variation in their internal physiological state. In addition to feedback mechanisms that
318 operate by adjusting physiological conditions internally, organisms may also use behaviours that
319 allow them to avoid high-frequency and potentially damaging environmental states [51,52]. For
320 example, intertidal organisms exposed to high temperatures and desiccation stress at low tide can
321 buffer their exposure to thermal fluctuations by becoming inactive during exposure extremes
322 (many animals cycle between activity and inactivity on a daily basis) [53]. Organisms with a
323 broader range of thermal microenvironments have greater opportunities to thermoregulate, and
324 access to these microenvironments depends on motility, body size and features of the
325 environment. The combination of behavioral thermoregulation and controlling activity patterns
326 allows organisms to avoid variation in body temperature, especially at daily and annual
327 frequencies [51,54]. Notably, these filtering mechanisms do not require internal models that
328 relate events separated temporally, just the ability to sense internal state and respond as feedback
329 homeostats.

330

331 Feedback homeostats function as a result of variation in their environment and allow organisms
332 to maintain steady state conditions in a range of vital processes in fluctuating environments. The
333 aggregate response of many individuals forming a population reveals variation among

334 individuals in their capacity to maintain homeostasis in a dynamic biotic and abiotic
335 environment. The performance of feedback mechanisms vary in their stability to deviations from
336 steady state, which is arguably why this topic has been the focus of so much theoretical research
337 in ecology and evolution. The set-point or long-term steady state around which feedback
338 regulation occurs is often variable and may be under selection. Species vary in their capacity to
339 achieve homeostasis under limiting or stressful conditions, so competition among genotypes
340 within and among species is key to understanding the diversity of homeostatic strategies, and the
341 overall functioning of populations and communities under novel patterns of environmental
342 change.

343

344 Feedback mechanisms can be adaptive, in the evolutionary sense, when they involve behavioral
345 or physiological traits with a heritable genetic basis that increase fitness. An example of such an
346 adaptive response might be when a lizard responds to a warm body temperature by moving into
347 the shade in genetically-encoded adaptive behavior that improves fitness [55]. Feedback
348 mechanisms may also occur even if not directly underpinned by heritable gene systems, and
349 thereby be ‘non-adaptive’ in the traditional evolutionary sense. For example, processes driven by
350 physical constraints and dynamical processes such as resource-limited population abundance and
351 coexistence of competing species, are feedback processes which in and of themselves are not
352 under selection. At the community level, feedback processes may be dynamical consequences
353 (e.g. stability) arising from altered birth and death rates due to the effects of another species,
354 such as predator-mediated density-dependence. These higher level feedback processes may
355 contribute to the persistence of a system. Here we consider feedbacks within organisms that are
356 adaptive in the evolutionary sense [56], as well as feedbacks that operate at higher levels of

357 biological organization (populations, communities and ecosystems), that contribute to the
358 persistence of living systems [57–60] in fluctuating environments. While distinguishing between
359 feedbacks that arise via natural selection vs. those occur due to other mechanisms (e.g. physical
360 constraints) is important to understanding how they may change as the environment changes,
361 considering feedbacks in multiple forms allows us to understand the processes that affect
362 persistence of living systems at multiple levels of organization, from cells to ecosystems.

363

364

365 **Class 2: Feedforward homeostats**

366 Feedforward homeostats add the capacity of the controller to measure the state of the
367 environment. We continue to use the language of systems science to refer to the components of
368 the system that integrate the sensed information from the environment and the consequence for
369 the focal system. The controller may be a nervous system, as in vertebrates, but the term can be
370 applied much more broadly to any part of a network that relates signal and response. In
371 feedforward systems, a controller can sense an environmental quantity (via the receptor) whose
372 present value $e(t)$ has historically - in the experience of the controller - been correlated with a
373 likely subsequent value of the internal state ($z_{t+\tau}$) of the controlled system (Figure 2B). The
374 temporal correlation between $e(t)$ and $z_{t+\tau}$ is modeled by the controller. In feedforward
375 homeostats the controller can modify the state of the controlled system in accordance with the
376 present value of e and z , so as to keep constant some required function of z . Feedforward
377 mechanisms differ fundamentally from feedback mechanisms because the system is using
378 information about the environment (e.g., cues) to predict and prepare for a later state. The
379 correlation between $e(t)$ and $z(t+\tau)$ represents a model (in an abstract sense) that has evolved in a

380 system in which environments at one time and internal states at another have been historically
381 correlated. For this reason, they are sometimes classified as anticipatory systems [43] (Table 1).
382 The internal model must encode the range of environmental conditions to which the controlled
383 system has historically (evolutionarily) been exposed and is expected to encounter. In cases
384 where the feedforward system's model does not accurately predict z , perhaps because the
385 historical temporal pattern in the environment is no longer occurring, or the environment now
386 includes new states, then the feedforward response will no longer benefit the system. If this
387 situation becomes common and is chronic then it is no longer beneficial, and may be
388 maladaptive, as it will threaten the viability of the organism and the population if the
389 maladaptive state occurs for several generations.

390

391 Feedforward mechanisms have some advantages over feedback mechanisms. The controller
392 response is no longer purely deviation or error-driven, meaning that the internal state need not
393 deviate or degrade before it responds. Any purely feedback homeostat has an intrinsic time delay
394 (constant) so it risks failure before a corrective response can be activated. In environments that
395 fluctuate rapidly, or in novel ways, a feedback control system will track the fluctuations rather
396 than exhibit steady state, or homeostasis. Feedforward control systems operate based on
397 regularities in the environment (the correlation between $e(t)$ and $z(t+\tau)$, Box 1 Figure 2), rather
398 than off the deviations around the set-point, or steady-state of z , that the feedback mechanisms
399 use. By adjusting ahead of the environmental change, feedforward mechanisms avoid the costs
400 of constant error correction. The key distinction between feedback and feedforward mechanisms
401 is that while feedback mechanisms are *reactive* and rely on internal deviations from a set-point,
402 feedforward mechanisms are *proactive* and add the use of cues from the external environment to

403 maintain a set-point (Box 2). We note that in nature, feedback mechanisms can occur through a
404 variety of biological processes over different time scales. These processes include adaptation by
405 natural selection and population dynamic processes under physical constraints (e.g. population-
406 and community-level negative feedbacks leading to stability), while feedforward mechanisms
407 could arguably only arise in a system that has evolved the ability to measure and anticipate the
408 state of the environment in order to persist in a variable environment.

409

410 Examples of feedforward control are very common in biology (Table 2). Any behaviour or
411 activity that uses a cue to prompt its timing is predictive and model-based. Major examples are
412 most forms of phenotypic plasticity, and adjustment of organism timing. Many organisms,
413 ranging from single-celled algae to mammals, use circadian clocks (a type of internal model) to
414 anticipate regular environmental changes and coordinate internal biological processes [61]. For
415 example, plants upregulate photosynthetic machinery before dawn, allowing an immediate
416 response to light when the sun rises [62]. The importance of these anticipatory mechanisms is
417 demonstrated by the fact that when circadian clocks are disrupted, fitness decreases [63,64].
418 Plants and animals prepare life histories in spring and winter on the basis of day length rather
419 than internal temperatures. For example, trees stop growing and shed their leaves in autumn
420 based on day length cues in anticipation of impending winter [65]. Anticipatory developmental
421 switches between alternative phenotypes (i.e. direct development and diapause), are often cued
422 by photoperiod and have evolved independently in a wide variety of taxa [30,66,67]. These
423 switches are often established and maintained if cues are reliable (i.e. they are accurately
424 correlated with later fitness-defining environmental conditions) and available to the organism at
425 the appropriate time to influence development.

426

427 Feedforward mechanisms can also operate across generations. Parents can modify the phenotype
428 of their offspring in response to changes in the environment that act to increase parental fitness
429 by also increasing offspring fitness [68], using a set of mechanisms called anticipatory parental
430 effects, which are a type of transgenerational phenotypic plasticity. Anticipatory parental effects
431 are expected to occur in situations where parents can detect and identify current environments,
432 parental environments accurately predict offspring environments (i.e. the cues are reliable), and
433 parents can accurately transmit information to offspring so that it can be integrated into offspring
434 phenotypes [69–71]. In contrast, populations that experience completely unpredictable and
435 variable environments are not likely to evolve anticipatory parental effects [29,72]. If
436 environments are variable and unpredictable, then diversified bet hedging, in which parents
437 produce offspring with a variety of phenotypes, may be a better strategy [25].

438

439 Dormancy is a common feedforward strategy to enable persistence in variable environments [73–
440 75]. Dormancy in plant seeds allows seeds to avoid germination during periods that are only
441 temporarily favourable, and dormancy can distribute offspring over time and bet-hedge against
442 unpredictable variable environments [76,77]. Dormancy and germination cueing can allow
443 populations to colonize new locations and persist in changing environments by ensuring that
444 germination occurs when environmental conditions are appropriate, and to escape from crowding
445 and competition [78,79].

446

447 Feedforward systems are expected to arise when the environment varies in a highly regular
448 pattern for a long period of time. Feedforward systems may not be robust or attuned to variation

449 regimes that have no historical precedent and are therefore not modeled by the system. If some
450 properties of the environmental fluctuations change so that the system's internal model is no
451 longer accurate or predictive of the future internal state, then, in evolutionary terms, the model is
452 maladapted, and fitness may decline. But the advantage is that, under conditions with a long
453 historical precedent, systems such as organisms with feedforward processes are prepared for
454 their likely future. Phenological life history responses such as when trees time spring flowering
455 in response to temporal patterns of temperature in the fall and winter represent a feedforward
456 process to allow maximum growth and reproduction of trees in seasonal climates. However, as
457 climate changes and the correlation between day length and temperature shifts, the timing of
458 flowering may shift, and the timing of flowering may not be as well aligned with other
459 springtime events as in the past [80]. When interacting species rely on different cues, and these
460 cues change at different rates, this can lead to trophic mismatches [81].

461

462 **Class 3: General adaptive systems**

463 General adaptive systems (GAS) are characterised by combined feedback and feedforward
464 processes [42,49,82,83]. GAS integrate measures of multiple environmental states and can
465 develop multiple models linking their internal state to different $e(t)$. They can also modify their
466 internal models *and* features of their environments in order to achieve desired future states. GAS
467 can acquire the ability to measure and integrate different sensory modalities about the
468 environment's states; these can include a mix of visual, audible and olfactory states of the
469 environment. Over extended periods of time these multi-modal models of the environment may
470 improve an organism's expectation of its fitness and therefore allow a more adaptive short and
471 long-term response to fluctuating conditions. This feature boils down to an individual being able

472 to learn and acquire new sources of information from the environment to reduce uncertainty in
473 the measurement of its state (epistemic uncertainty), and so more reliably anticipate its
474 performance under fluctuating conditions.

475

476 Theory predicts that learning (i.e. updating of internal models) should be favoured when the
477 environment is variable and organisms can get reliable cues, and this has been supported
478 empirically in a range of taxa [84]. Learning allows individuals to anticipate and adjust in
479 advance of events with major physiological impacts. For example, physiological pre-adjustments
480 mediated by learning can increase tolerance to extreme temperatures [85], male reproductive
481 success and predator avoidance [86]. In great and blue tits, matching the timing of nestling
482 feeding with the local peak in food abundance increases fitness [87]. Since peak food abundance
483 varies among habitats, birds must predict the peak a few weeks in advance to time their egg
484 laying appropriately. They rely on photoperiod cues [88]), but can also alter timing of egg laying
485 based on experience with previous breeding seasons [89].

486

487

488 The ultimate adaptive ability of a GAS is the development of a set of behaviours to modify and
489 manipulate the state of the environment, e , using some sort of effector. Modification of the
490 environment is directed so that the environmental conditions permit the system's future state
491 $z(t+\tau)$ to more closely match its physiological requirements. This capacity to control the state of
492 the environment falls into definitions of ecosystem engineering [90,91].

493

494 In the context of global environmental change where anomalous patterns of environmental
495 variation are occurring with increasing frequency, it is not clear whether adequate evolutionary
496 potential exists in existing feedback and feedforward mechanisms to ensure long-term
497 persistence of some living systems. The extent to which historically calibrated feedback and
498 feedforward systems will allow living systems to persist in the future on our changing planet will
499 depend on the type of environmental variability organisms experience compared to what they
500 experienced in their history, which we discuss below, and may be altered under global
501 environmental change.

502
503 Ultimately, there are always limits to predictability of natural environments. All feedforward
504 mechanisms are limited by the internal model *and* the fundamental limits to predictability
505 (ontological uncertainty - uncertainty of future external and internal states). The degree to which
506 feedback and feedforward processes are critical to the existence and persistence of biological
507 systems likely depends on the predictability of the environmental fluctuations and the relative
508 costs and benefits of anticipating vs. reacting to environmental changes. Maintaining an internal
509 model that is required to anticipate future internal states can be costly, and the degree to which
510 organisms use feedforward mechanisms depends on the costs and benefits of anticipatory
511 behaviours [92,93]. For example, sensing mechanisms involved in chemotaxis have a metabolic
512 cost, and presumably the cost increases as the accuracy of sensing increases [94]. Learning and
513 memory may entail fitness costs due to the energy and materials required to acquire and store
514 information [95]. Unavoidable delays between measurement and response involved in feedback
515 strategies also induce a metabolic or fitness cost. The fitness benefits of feedforward mechanisms
516 are related to the degree to which the ability to detect and act on cues improves expected fitness

517 of the offspring [29,96]. Ultimately, there may be a fitness trade-off between responding late (i.e.
518 simply reacting and not anticipating) and the fitness cost of maintaining highly accurate sensing
519 mechanisms.

520

521 **Evidence for feedback and feedforward processes in ecological systems at higher levels of**
522 **organization**

523

524 Ecological systems are hierarchical in nature, and different levels of the hierarchy are defined by
525 feedback processes. Populations are ecological units defined by the genetic processes of
526 reproduction at the population level; communities can be defined as the number and diversity of
527 species in a defined space or time, in which diversity often remains stable in dynamic
528 equilibrium while population dynamics operate at the level of populations. Ecosystems have long
529 been recognized as ecological systems defined by energy and material cycling, and even
530 information processing, in which feedbacks operate to determine ecosystem structure and
531 stability. There are two ways to consider feedback and feedforward processes at higher levels of
532 organization. The first is to focus on how feedback and feedforward mechanisms within
533 individuals and populations ‘scale up’ to influence higher order ecological processes and the
534 second is to consider how they operate independently at those higher levels of biological
535 organization. This second approach recognizes functional levels of organization beyond the
536 population and has a robust history in the fields of ecosystem and systems ecology employing
537 general concepts of feedback, feedforward and information processing [97–99]. In this view, the
538 collective dynamics of populations and entire assemblages of species can be analysed and
539 understood from the point of view that all living systems are exploiting the information in

540 variable, auto-correlated, and cross-correlated environmental conditions, enabling them to persist
541 in fluctuating environments.

542

543

544 *Population level*

545 A major challenge is to understand how information used by individuals to adjust their
546 behaviour, movement, aggregation and reproductive investment through feedback and
547 feedforward mechanisms scales up to mediate population fitness and dynamics when
548 environments vary in their quality and predictability over time [100]. Population models differ in
549 the way they formalise fine-scale variation about individuals (e.g. phenotypic traits, life histories
550 and behaviours), and at what level conditional information about the state of the environment is
551 used by individuals. Decisions about how to model these features can have strong effects on
552 resulting population dynamics and the predictions these models make about the effects of
553 changes in environmental variation [100–103].

554

555 Autocorrelated environmental fluctuations are currently understood to have large effects on the
556 mean and variance of population dynamics and on the probability of extinction and colonization.
557 The evidence stems from a large body of theory for unstructured [104–108], and stage-structured
558 population models [109,110]. This has been supported in laboratory experiments [10,111,112]
559 and analyses of large databases of population time series [113].

560

561 Temporal autocorrelation in environmental conditions is expected to have interactive effects with
562 population size when density-dependent processes are at play, such as resource-limited growth,

563 such that time-integration of the environment is not simply additive [12,107,114]. Autocorrelated
564 variation can also mediate the timing of switches when multiple population equilibria exist
565 [105,115], which defines their resilience. Thus, the population model is a linear or nonlinear
566 filter of the environment where the feedbacks (e.g. density dependence, or switches in equilibria)
567 are predicted to either dampen or amplify the stochastic environmental signal, with predicted
568 impacts on population extinctions risks [115–117]. Depending on how they are modelled,
569 feedbacks arising from density dependence can have a strong effect on the variance and
570 extinction risk of the populations [115].

571

572 Simple population models often involve no time delay between the environment and the
573 population response. Relaxing the constraint that all events happen instantaneously can greatly
574 alter how density dependence is expressed in population dynamics [103]. An important class of
575 models exists that integrates time delays in the model to reflect how vital rates observed in the
576 population arise from previous historical environmental states (e.g., because of changing
577 seasons). Among these are models that incorporate feedforward response systems such as when
578 the environments experienced by parents can mediate the phenotypes and fitness of their
579 offspring [118–120]. In general, encoding these intergenerational effects into population models
580 can produce distinct and complex dynamics [103,118]. For example, maternal effects generally
581 increase population variability in these models [118].

582

583 In general, when there is temporal autocorrelation, current conditions not only determine the
584 consequences of current decisions individuals make, but are also informative of future conditions
585 [121]. Population theory suggests that accounting for anticipatory parental effects and

586 phenotypic plasticity is important and is improving our understanding of population level
587 outcomes of changing environmental conditions. Changes to environmental predictability of any
588 form (see Box 1) in either the abiotic and biotic environment may lead to maladapted cues. The
589 demographic consequences of these fitness declines, and the extent to which evolutionary or
590 plastic changes in cue responses can promote recovery are generally unknown.

591

592 **Community level**

593 Ecological communities are ensembles of species whose populations interact through dynamic
594 processes such as competition, facilitation and predation. Community-level patterns can reflect
595 these interactions [122], and can also reflect constraints at the community level that are not
596 driven by the dynamics of any particular species [123]. Considering feedback and feedforward
597 processes at the community level, we may take the first approach of considering how
598 feedforward mechanisms influence species interactions. When species strongly interact,
599 fluctuations in abundance of one species can cause the other to respond, hence a varying
600 environment may be both abiotic and biotic. The abundances of Canada lynx and snowshoe hare
601 fluctuate in iconic predator-prey population cycles, out of phase such that peak lynx abundance
602 is followed by very low hare population sizes. These cycles have persisted for centuries, well
603 documented by fur trapping records [17]. Initially, resource limitation was thought to be the
604 primary driver of hare population cycling, which then was assumed to cause declines in lynx
605 abundance, reflecting food limitation. However, resource limitation could never fully explain the
606 cycles. Now, the explanation includes processes based on feedforward mechanisms in the form
607 of maternal effects [124]. The first of these is that hares experience physiological stress when
608 lynx abundances are high and predation rates are high. Stressed mother hares are less successful

609 at reproduction and pass on symptoms of stress to their offspring. It has been hypothesized that
610 maternal stress and subsequent risk-sensitive behaviour in young hares may be a form of
611 maternal adaptive programming [124]. Juvenile hares with higher stress hormone levels spend
612 more time under cover and are less active during field trials, highlighting a potential mechanistic
613 route to allow individuals to cope with a changing environmental risk of predation [125]. A
614 second possible feedforward process occurs in lynx. Research on lynx in Newfoundland,
615 Canada, suggests that when prey are scarce, daughter lynx remain in their mother's territory,
616 repressing their own reproduction during times of hare shortages. Repression of reproduction
617 keeps densities low and allows the same individuals the chance to reproduce in a subsequent year
618 when hares may be more abundant [126]. This picture of the role of feedforward mechanisms at
619 the individual and population levels is based on reciprocal, density dependent species
620 interactions, and this system of interactions allows population level feedforward and feedback
621 processes to propagate to the community level, because these two species play important roles in
622 their community.

623

624 *Cue-based synchrony in reproduction and species persistence*

625 In environments that do not experience large environmental fluctuations in light or temperature,
626 some species have evolved the use of complex combinations of multiple cues to time life history
627 strategies and synchronize reproduction events. On coral reefs, the high biodiversity and low
628 abundance of many species presents challenges for reproduction and mate finding. Some species
629 use a combination of light, temperature, lunar and diurnal cues to reproduce at specific times of
630 year - only once per year, and within the same hour [127]. Conspecifics use the same lunar cues,
631 increasing the probability that gametes from the same species will encounter each other and

632 fertilization will occur [127]. These spawning events not only increase fertilization rates of rare
633 species, but they also provide a pulse of food for consumers. The diverse, biological system
634 associated with coral reefs in a relatively stable abiotic environment has generated its own
635 fluctuations in the environment that have in turn become a selective environment for the timing
636 of releasing gametes [127].

637

638 Co-occurring species perceive and respond to varying environments differently and these
639 differences underpin explanations for the maintenance of diversity in competitive communities.
640 For example, primary producers have evolved the use of different cues in the same
641 environments; some species begin budburst and leaf-out earlier than others in the same locations
642 [128]. These differences may reflect evolved partitioning of the temporal niche by primary
643 producers. Phenological tradeoffs between timing and productivity are at the heart of plant
644 coexistence mechanisms [129]. Temporal storage effects are another important mechanism for
645 coexistence of species in fluctuating environments [26,130,131]. For example, in aquatic
646 systems, resting stages can be stored in sediments to emerge later, allowing species to
647 ‘recolonize’ their environment rather than being lost when conditions are unfavorable [73],
648 thereby maintaining biodiversity in the system. Similarly, the long-term coexistence of winter
649 annual plants in the Sonoran desert is based on functional tradeoffs in growth rates and low-
650 resource tolerance [132]. Species separated along a tradeoff between growth capacity and low-
651 resource tolerance have different demographic responses to precipitation variation across years,
652 leading to a different set of species present in any given year from a broader seedbank. In this
653 case, early seasonal cues select for different species as the environment varies, maintaining
654 higher diversity over time. Trade-offs in how species grow in fluctuating environments are

655 increasingly understood to mediate community-level climate change responses [128,133] and
656 biodiversity changes via the establishment of non-native species [134].

657

658 Differences among species in their internal models of the environment can also maintain diverse
659 food webs. In temperate aquatic systems, many plankton populations shift from stationary
660 overwintering growth phases to fast-growing phases when photoperiod becomes suitable and
661 temperatures warm [135,136]. The spring bloom is the most intensely productive time of the year
662 in many pelagic systems, in which much of the annual carbon is fixed before resource limitation
663 sets in. The timing and magnitude of the spring bloom influences ecosystem structure and
664 function for the following year. Shortly following the spring phytoplankton bloom and sudden
665 resource availability, zooplankton populations grow rapidly, grazing down fast-growing
666 phytoplankton populations. Young-of-year fish consume zooplankton, allowing fish to grow and
667 spawn. The timing and magnitude of the bloom, and its importance, exist because of temporal
668 (annual) fluctuations in light and temperature. The variety of biological processes that respond to
669 this regular environmental fluctuation including phenological cues on daylength and
670 temperature, with temperature triggering the end of diapause for some zooplankton populations,
671 and onset of dormancy of other populations through the use of resting eggs or diapause stages
672 [136,137], enable the maintenance of diversity in these communities.

673

674 *Diversity and feedbacks at the community level*

675 Feedbacks can also occur and maintain organization at the community level. Feedbacks at the
676 community level include any process in which the output affects the input and tends to maintain
677 a variable around a relatively constant state, enabling persistence [57,58]. Such feedbacks have

678 been considered to underlie the finding that species richness at the community level is relatively
679 stable even while environmental conditions and the composition of species can vary substantially
680 over time [138–140]. Compensatory dynamics describe the negative correlation among species’
681 abundances within the community - suggesting one compensates ecologically for the other, in a
682 negative density-dependent manner [141]. When one species increases in abundance, others
683 decline such that total diversity or energy flux remain consistent throughout the change. Hence,
684 community functions may remain within certain bounds, enabling community persistence. When
685 coexisting, competing species exhibit negative covariances in population dynamics, such that the
686 total resource use at the community level remains more stable than would be expected by chance
687 or by independent population changes not connected temporally through the interaction [139].
688 Compensatory dynamics are thus an example of increased stability via negative feedback at the
689 community level in a varying environment. However, we are not arguing for a fixed set-point
690 value for species’ diversity, rather that feedback and feedforward processes arising from
691 interspecific interactions for limiting resources tend to balance extinction and colonization,
692 keeping diversity within bounds. Over the very long-term (i.e. paleoecological scales) variation
693 in environmental constraints linked to climate and resource availability will mediate non-
694 stationary variation in biodiversity [142].

695

696 When communities act as collectives, feedback and feedforward processes may operate together
697 to affect patterns and processes at the community level. For example, chemical communication
698 in bacteria in the form of quorum sensing occurs in response to changing conditions in the
699 environment, such as a high cell density. Quorum sensing causes collective gene expression and
700 behaviour, involving feedforward and feedback regulatory loops that rely on the production and

701 detection of extracellular signaling molecules (autoinducers) [27]. The internal models that
702 enable feedforward processes at the community level are contained in the architecture of quorum
703 sensing networks, and bacterial communities can tune their input-output relations to changing
704 conditions, enabling them to operate as general adaptive systems. Quorum sensing can result in
705 the formation of mixed species biofilms with an array of competitive or cooperative interactions
706 [143–145]. Other examples of feedforward processes operating via quorum sensing at the
707 community level include the cues that induce bioluminescence in multispecies assemblages of
708 microbes [146] and shared information that leads to pathogen resistance in microbial
709 communities [147]. Collective behaviours and group-decision making aren't limited to bacteria,
710 they are common in eukaryotes (e.g. yeasts), and may arise between kingdoms (i.e. between
711 bacteria and their metazoan hosts) across the entire Tree of Life [148].

712

713 **Anthropogenic influences on environmental fluctuations**

714 There is clear evidence that humans are changing the way the environment fluctuates [149,150].
715 Several key statistics, such as the variance, autocorrelation and periodicity of environmental
716 fluctuations are predicted to change over the coming century [8,9,151]. Humans are also altering
717 the reliability of the correlations underlying many environmental cues as their timing and phases
718 shift over time, within and across years. There is also evidence that humans are modifying the
719 ability of organisms to detect cues [150,152,153]. Changes to the sensory environment, such as
720 changes in light and acoustic conditions, visual properties of water, or additions of chemical
721 compounds may distort the production, transmission and perception of signals and cues. For
722 example, metal and chemical pollutants influence the development and production of signals by
723 influencing endocrine function and other cellular processes involved in signal production [154].

724 We now assess the evidence for human-induced changes in 1) cue reliability and detectability
725 and 2) the temporal structure of environmental variability.

726

727 *Changes in cue detectability*

728 Human impacts on ecosystems are distorting or altering auditory, visual and chemical cues and
729 hampering their ability to be detected by focal organisms [152,155,156]. Acoustic pollution from
730 human sources interferes with the detection and discrimination of acoustic signals. For example,
731 low frequency, human-generated, noises in aquatic ecosystems, such as noise from boat traffic,
732 often overlap in frequency with the hearing range of most animals, and the frequencies of the
733 calls of many species, including marine mammals [157]. By masking acoustic signals, humans
734 are effectively decreasing the distance from which an individual is able to detect a conspecific's
735 call and making auditory cues more difficult to detect. Human impacts are also altering the visual
736 environment. Eutrophication and run-off are altering the availability of light in aquatic
737 environments, and changes to the bandwidth of available light can have severe consequences for
738 the detectability of cues among aquatic species. Eutrophication in Lake Victoria has altered the
739 light environment such that two species of cichlid fish have hybridized because females are
740 unable to distinguish red males from blue males [158]. High turbidity levels reduce the distance
741 from which predators can see their prey, which reduces foraging efficiency and food intake in
742 brown trout [159] and Eurasian perch [160]. Artificial light sources associated with human
743 settlements and ships on the ocean are altering lightscapes. For example, when artificial lights
744 are brighter than the horizon over the ocean, sea turtle hatchlings move towards human
745 settlements instead of the ocean [161]. Together, human-induced changes in the sensory
746 environment influence organismal fitness by altering individuals' ability to find food, avoid

747 predation, acquire mates, provide parental care and interact with various aspects of the biotic and
748 abiotic environment.

749

750 *Changes in cue reliability*

751 Many feedforward mechanisms rely on light as an information source, and artificial light
752 pollution can cause adaptive feedforward mechanisms that rely on light as cue to become
753 maladaptive. Many organisms use lightscares as cues for directional movement [161], and
754 changing lightscares can result in disruptions to movement patterns. For example, nighttime
755 light can alter nocturnal downstream migrations in Atlantic salmon [162]. Artificial light
756 pollution influences the orientation of individuals that rely on visual cues for daily movement
757 [163] and may disrupt light-cued diel vertical migrations in zooplankton [164,165]. Artificial
758 light after dusk or before dawn can cause phase shifts in circadian rhythms, either by delaying or
759 advancing the cycle relative to natural diurnal day-night cycles and thus cause physiological
760 functions to become out of phase with relevant ecological conditions. Persistent levels of low
761 light or short pulses of bright light from ships or cars can be enough to entrain circadian rhythms
762 [166,167]. In addition, artificial light can lead to mistiming of events which require photoperiod
763 cues. For example, some species of deciduous trees maintain their leaves for longer in autumn in
764 the vicinity of street lights [168,169], potentially leaving them exposed to higher rates of frost
765 damage.

766

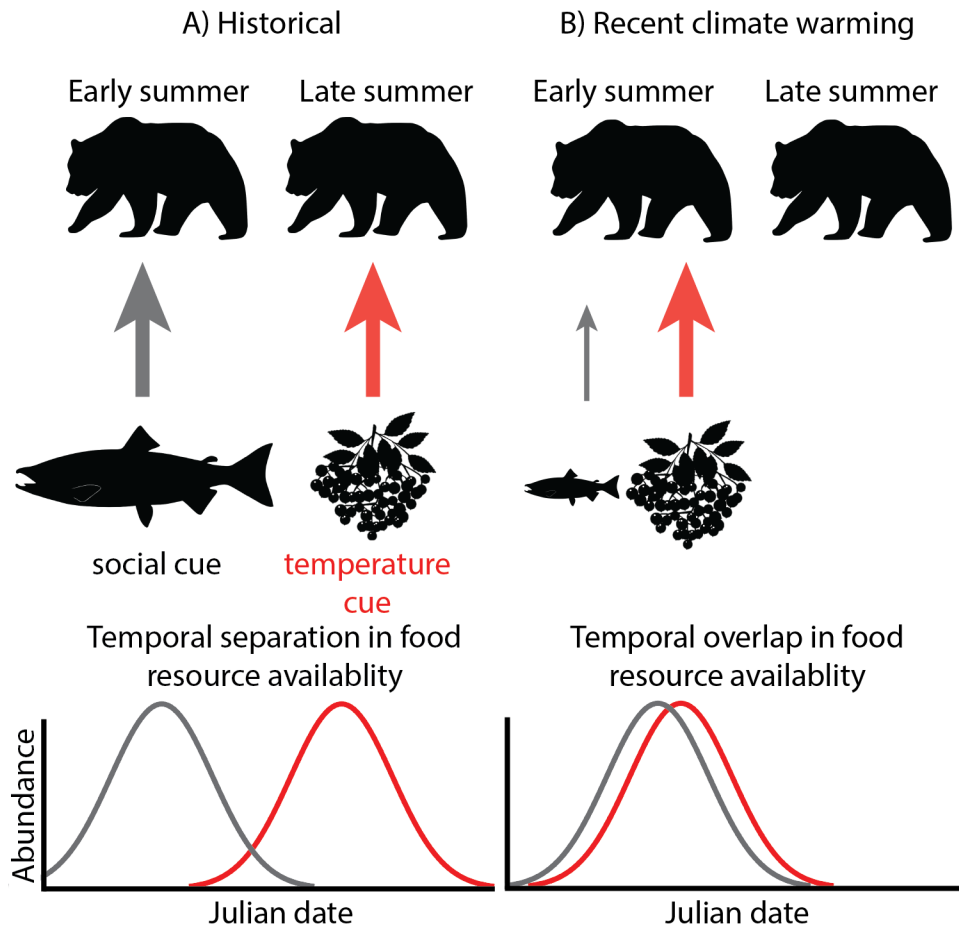
767 Disruptions in relationships between historically related conditions (i.e. cross-correlations
768 between temperature and day length) may alter the outcome of species interactions. If individuals
769 evolved to rely heavily on one correlated environmental cue, and that cue is no longer a good

770 indicator of some physiologically relevant condition at a later time, then this may result in the
771 mistiming of important life history events and lead to phenological shifts [81,170–172]. In a
772 community context, different organisms use different cues for their phenologies (i.e.
773 temperature, rainfall, photoperiod). Phenological mismatches may occur across trophic levels
774 when the cue used by one trophic level changes at a different rate than the cue used by a higher
775 trophic level [171,173–175] (Figure 3). Consumers generally have lower sensitivity to
776 environmental cues than their resources and, as a result, they generally have weaker responses to
777 changes in the cue than their resources, leading to potential mismatches in consumer-resource
778 interactions [176–178]. Even if both interacting species use same type of cue (e.g. temperature),
779 these cues may occur at different times of the year or have different dimensions (e.g. duration,
780 frequency, mean, extreme), and since temperatures at different times of the year have been
781 shifting at different rates, phenological mismatch may occur [176]. This is also one possible
782 explanation for high variation in species' geographic range shifts [179]. Similarly, even the same
783 cue, at the same time of year, can elicit different responses in co-occurring species [128].

784

785 In a food web context, differences in the cues used by different species to time life history events
786 can cause shifts in major energy channels as the climate changes. In coastal Alaskan ecosystems,
787 brown bears feeding on salmon are a critical link between marine and terrestrial ecosystems.
788 Typically, brown bears feed on stream-spawning salmon early in the summer, and then switch to
789 feeding on elderberries later in the summer [180] (Figure 3). The sequential timing of the arrival
790 of stream-spawning salmon, followed by elderberries ripening creates a relatively long period of
791 foraging opportunities for bears during the short Alaska growing season. As spring temperatures
792 have warmed, elderberries have shifted to ripening earlier in the summer, overlapping more with

793 the stream-spawning salmon. One potential explanation for the difference in relative phenology
794 shifts is that salmon and elderberries rely on different environmental cues. While elderberry
795 phenology is likely cued by temperature [180,181], the cues salmon use to time their migrations
796 are likely a combination of temperature, stream flow and social information [182–185]. When
797 both resources are available at the same time, bears prefer elderberries, and abandon the salmon.
798 This climate-induced diet-switching by the bears due to synchronized resource availability may
799 fundamentally alter energy flows in stream food webs. Bears feeding on stream-spawning
800 salmon play a large role in modulating energy pathways in the food web and are capable of
801 transferring large amounts of marine-derived nutrients into terrestrial ecosystems and food webs.
802 As a result, changes in the relative phenology, caused by changing cues of prey species, can
803 drive diet switches of generalist consumers and potentially alter major energy pathways in
804 ecosystems.



805

806 Figure 3. Variation in phenological cues used by salmon and elderberry alter pathways of energy

807 flow in food webs as the climate warms. A) Historically, brown bears fed on stream-spawning

808 salmon and then switched to feeding on elderberries once they were ripe, later in the summer.

809 This temporal separation in resource availability allowed bears to feed through an extended

810 period of the growing season. B) In recent years, red elderberries have begun ripening earlier in

811 the summer while the salmon have continued spawning at the same time. This means that red

812 elderberries are available to bears at the same time as the stream-spawning salmon. That the

813 elderberries have altered their phenology more than higher trophic levels, including salmon and

814 bears, may be common across ecosystems, since primary producers tend to be more sensitive to

815 abiotic environmental cues [81]. The newly established synchrony in resource availability for

816 bears may fundamentally alter energy pathways in this coastal ecosystem. Based on data from
817 [180,182].

818

819 *Changes in temporal variance and autocorrelation*

820 Changing variance at different frequencies will alter the environment differently for organisms
821 with different life histories. Environmental variables have become more temporally
822 autocorrelated over the last fifty years, and these trends are expected to continue [151]. While
823 increased temporal autocorrelation may increase environmental predictability, and therefore
824 performance for some organisms [186], it may also reduce population persistence, because as the
825 duration of poor conditions increases, refugia and rescue effects are diminished and extinction
826 risk increases [187–189]. The effects of increased temporal variance in environmental variables
827 will depend on the frequency at which variance increases and the life history of the organisms
828 affected. For example, if variance increases at annual time scales, organisms with short
829 generation times that are active only during the summer months may experience large changes to
830 growth rates due to multiple successive generations experiencing high summer temperatures. For
831 longer lived organisms whose reproductive cycle encompasses the whole year, if variance
832 increases at the annual time scale, then the increase in warm temperatures may be balanced (or
833 not) by colder winter temperatures [151]. Alternatively, reduced variance at annual time scales,
834 such as reduced differences between summer and winter temperatures in the form of milder
835 winters, can substantially alter ecosystem structure and function. Changing community and
836 ecosystem responses to milder winters are enhancing productivity and expanding growing
837 seasons as climate changes in temperate and polar regions. This outcome is reducing the effects

838 of extreme seasonal conditions and the life history traits that allow organisms to reduce activity
839 in winter.

840

841 **Looking forward**

842 Organisms in naturally variable environments exploit fluctuations and correlations among
843 environmental variables to survive and persist. The ways in which they sense, communicate,
844 anticipate and respond to environmental fluctuations determines patterns of biodiversity.

845 Humans are changing patterns of auto- and cross-correlations in the environmental variables
846 upon which cues are based. The extent to which these anthropogenic influences will alter the
847 structure and function of ecosystems will depend on the mechanisms by which individuals
848 respond to and anticipate fluctuations and adapt to changing fluctuation regimes. Here we have
849 provided a framework that includes feedback and feedforward as different modalities of response
850 and described how these mechanisms operate at multiple scales of biological organization.

851 Recognizing that organisms employ a range of feedback and feedforward systems to mediate
852 fitness suggests we must study the internal models they use to predict future ecological
853 outcomes, and how they adapt to changing selective environments. One might expect the pace of
854 evolutionary change to be generally faster in feedback systems compared to feedforward
855 systems, and for some internal models to be more labile and adaptable than others, and this
856 requires further study. An understanding of community responses to environmental change will
857 require the study of the diversity of cues and internal models used by community members.

858

859 There is a high cost to ignoring the manner by which organisms and systems have adapted to
860 fluctuating environments when assessing the effects of global change. Although it is a tall order

861 to empirically measure yet another aspect of biotic responses to environmental change, we
862 suspect that similarities and generalities in response types will be revealed, allowing them to be
863 understood and predicted. If a feedforward mechanism exists, then an experiment that lacks
864 appropriate cues may grossly mis-estimate the effects of environmental change (e.g. the loss of
865 CO₂ responses in fish when parental effects were allowed [153]). One way to probe the internal
866 model of an organism would be to expose it to different types of cues in a controlled way, so as
867 to identify the relevant cue. Manipulating the correlations between different environmental
868 variables (e.g. temperature and oxygen, or light wavelength and depth) would reveal which
869 signal and cues are important, and to what extent living systems can update their internal models
870 when cues are no longer reliable. Manipulating – or considering how global change affects – the
871 colour of environmental noise by adding variation (power) at different frequencies to elicit
872 responses at the individual, population and community levels would allow us to understand how
873 changes in fluctuations are amplified or absorbed across trophic levels and how organisms with
874 different life histories are influenced by fluctuations at different frequencies.

875

876 **Conclusion**

877 An outstanding challenge is to understand the degree to which feedback and feedforward
878 mechanisms generate the diversity and dynamics of living systems. Explicitly considering the
879 processes by which organisms respond to uncertainty about the future state of the environment
880 may dramatically change our predictions of how living systems will respond and adapt to global
881 environmental change. The task for ecologists is to discover the internal models which organisms
882 use to anticipate environmental fluctuations, and how variation in these models among

883 individuals and species governs their selection under environmental change, in the context of
884 populations and communities.

885

886

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890

891 **Boxes**

892

893 **Box 1. Quantifying the predictability of environmental fluctuations from an organism's eye**
894 **view**

895 Here we consider the predictability of an environment from the perspective of organisms living
896 in fluctuating environments. We consider two types of predictability: 1) predictability that
897 emerges from temporal autocorrelation in a single environmental variable (e.g. how similar
898 today's temperature is to tomorrow's temperature); 2) predictability that emerges from
899 correlations between two or more distinct environmental variables (e.g. temperature and oxygen,
900 or photoperiod and temperature).

901

902 1) Temporal autocorrelation increases predictability

903

904 Regular variation in a time series lends itself to prediction (Box Figure 1A). The most
905 straightforward case is temporal autocorrelation without a time lag, in which the conditions at
906 any time point are very similar to the conditions in the previous time point. From the perspective
907 of an organism, the greater the temporal autocorrelation, the greater predictability of the
908 environment, because there is an increased probability of having long runs above or below
909 average conditions. Autocorrelation can be visualized using a correlogram, which quantifies the
910 dependence of values in a time series on values preceding them (at a distance of k lags) (Box
911 Figure 1B).

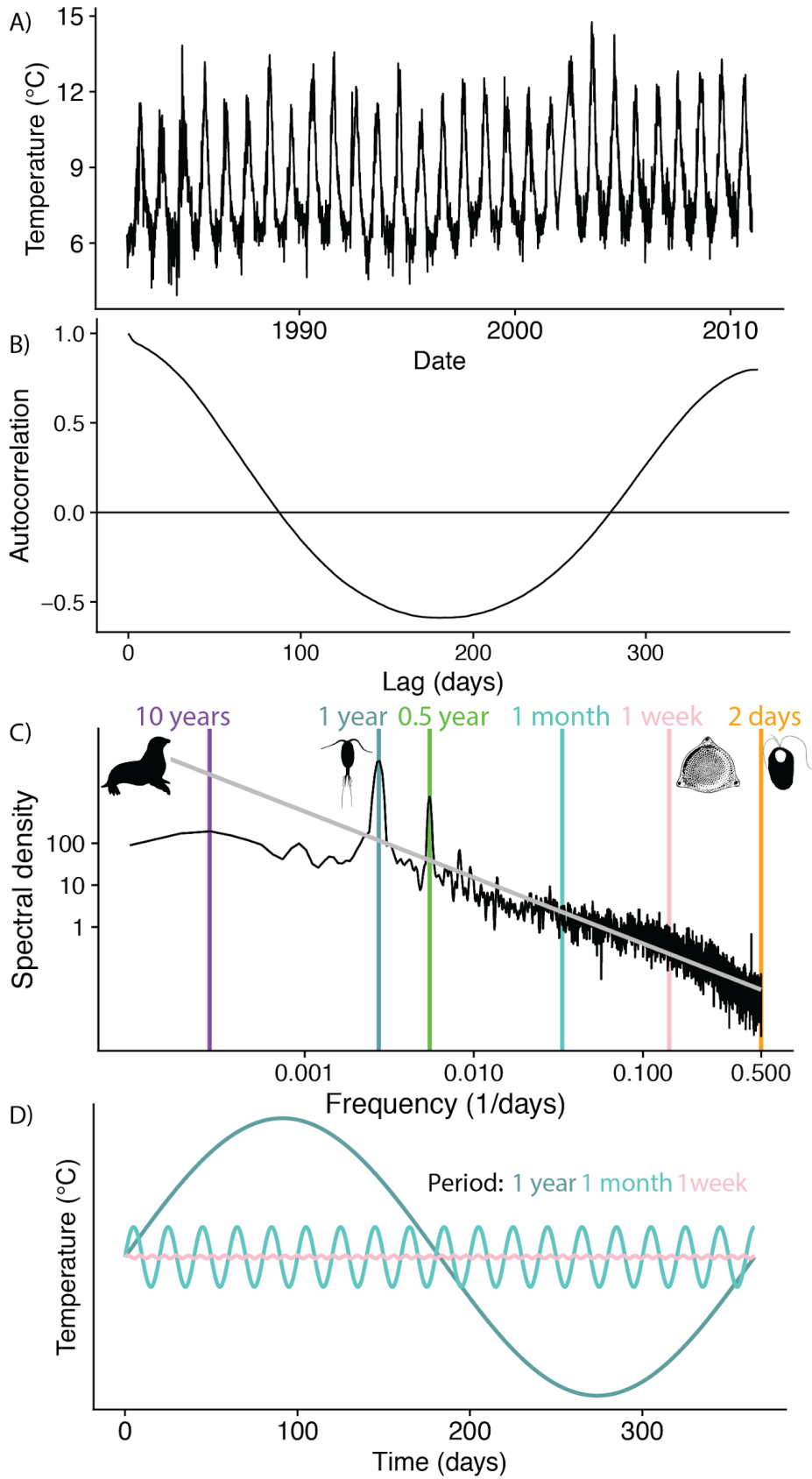
912

913 Time-series can present predictable variation through periodic variation, where conditions at a
914 given time are most similar to conditions at some time in the past - perhaps in the previous year.
915 Environmental variation can incorporate multiple periods of variation (Box Figure 1C), and
916 different biological processes or different organisms may cue on or focus on one or a few aspects
917 of a complex temporal structure. Temporal autocorrelation increases as the dominance of
918 variation at low frequencies increases.

919

920 Observing temporal variation and distinguishing patterns that might lend themselves to
921 prediction by biological systems can be challenging and requires appropriate statistical analyses.
922 Spectral analysis is a method to decompose variation in time series into component frequencies,
923 allowing one to determine how much of the variance in the time series is associated with
924 different frequencies (Box 1 Figure 1B). The Fourier transform [190] can be used to shift
925 between the time domain (i.e. time on the x axis) and the frequency domain (i.e. frequency on
926 the x axis) (Box 1 Figure 1A to C). In this way, any time series can be rewritten as a sum of sine
927 waves, each with its own amplitude and phase. The spectrum, a plot of variance vs frequency,
928 provides a standardized map of the relative contributions of the underlying components of a time
929 series (e.g. yearly vs. daily cycles, Box Figure 1C). When there are smaller amplitudes and less
930 variance at high frequencies (short periods) compared to low frequencies (long periods), the
931 environment can be considered as being more predictable based on the current state, because
932 there is an increased probability of having long sequences of above or below the average
933 conditions. In this way, the predictability of the environment can be understood as the slope of
934 the relationship between variance and frequency. Specifically, if variance scales with frequency
935 (f) according to an inverse power law, $1/f^\beta$, then the predictability of the time series can be

936 quantified by the value of β . Where $\beta = 0$, this indicates that the time series is composed of an
937 equal mix of cyclic components at all frequencies, and the variance (or power) is constant with
938 respect to frequency (also called **white noise**), and random through time. As the value of β
939 increases it reveals autocorrelation at longer time scales, which means greater predictability,
940 because the time series is dominated by variation at lower frequencies. By analogy with light we
941 say that temporal variation is reddened when it is dominated by low frequency (long period)
942 cycles, and $0.5 < \beta < 1.5$.
943



945 **Box 1 Figure 1.** A) Variation in daily sea surface temperatures at a site off the coast of Norway
946 over the time period from 1981 - 2011. B) A correlogram of the time series in panel A, showing
947 the autocorrelation between time points as a function of time lag, k (days). C) A Fourier
948 transform can be used to transform the time series in panel A to a frequency spectrum, which
949 illustrates how the variance (power) is spread across a range of frequencies. The negative slope
950 of this frequency spectrum, β , is -1.58 (95% CI -1.60 , -1.56), characteristic of ‘reddened’ time
951 series in marine environments. Coexisting organisms, including a harbour seal, a copepod, a
952 diatom and a green alga, with different lifespans experience different components of the
953 frequency spectrum. D) The Fourier transform decomposes the time series into a set of sine
954 waves, each with a characteristic frequency and amplitude. Three of these frequencies (1 year
955 (dark green), 1 month (turquoise) and 1 week (pink)) from panel C are illustrated here.

956

957 Wavelet analysis is an extension of spectral analysis, and is localized [191,192], in the sense that
958 instead of estimating the variance spectrum of the entire time series, it estimates the frequency at
959 each point in the time series. It reveals changes in the variance spectrum through time and so is
960 particularly useful for examining non-stationary time series in the context of climate change.

961

962

963 2. Predictability emerges from the temporal context of correlated events.

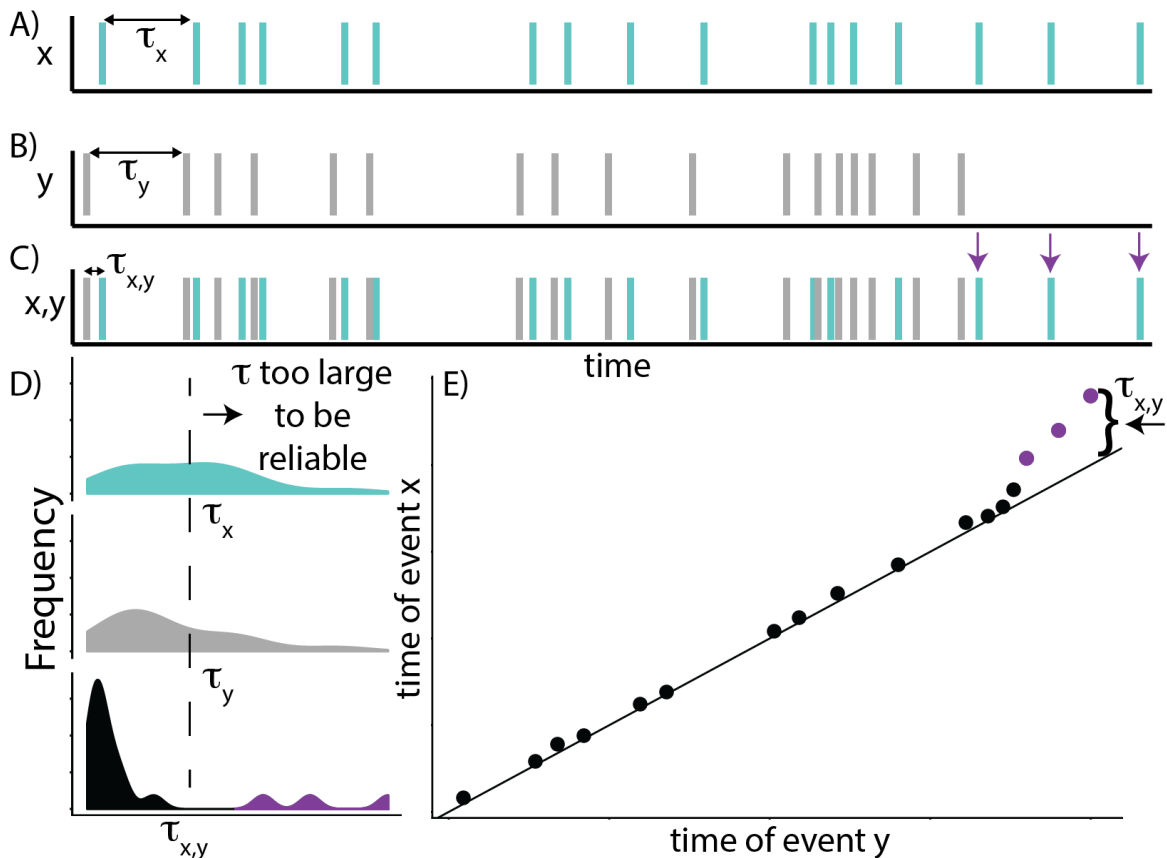
964

965 Correlations between two environmental variables, their cross-correlation in time, provide an
966 opportunity for organisms to predict and anticipate future environmental conditions. For
967 example, consider an environment in which two variables, temperature and oxygen, are

968 correlated (Box 1 Figure 2). As illustrated in Box 1 Figure 2, if x is a change in oxygen, and y is
969 a change in temperature, and if organisms are capable of internalizing the correlation between
970 these two variables (i.e. employ an **internal model**), they can exploit the correlation to anticipate
971 a vital change in the environment. For example, they can use an increase in temperature as a **cue**
972 that is associated with an impending drop in oxygen and adjust their metabolism (i.e. switch
973 from aerobic to anaerobic metabolic pathways) accordingly. In this way, even if a change in
974 oxygen *per se* is relatively unpredictable, as long as organisms can detect a change in
975 temperature, they can initiate a metabolic response in advance of the change in oxygen, thereby
976 increasing their performance relative to individuals who wait to sense and respond to the change
977 in oxygen.

978

979



980

981 **Box 1 Figure 2.** Organisms can exploit repeated associations between correlated environmental
 982 variables with a time lag to anticipate change. In this example, x is an event (i.e. a decrease in
 983 oxygen) that occurs in some random temporal sequence (A), as evidenced by the large variation
 984 in the time lags between successive x events, τ_x (D, top panel). Similarly, y is another event, (i.e.
 985 an increase in temperature) which also occurs with a wide distribution of time lags, τ_y (B, D,
 986 middle panel). In spite of the unpredictability of x and y , x is highly predictable within the
 987 temporal context of y , such that the delay between y and x is relatively constrained, as seen in the
 988 distribution of time lags between event y and x , $\tau_{x,y}$ (C, D, bottom panel). If event x no longer
 989 occurs shortly after event y , and the two event types become decoupled in time, as illustrated in
 990 the purple arrows in panel C, purple dots in panel E and purple peaks in the bottom panel in D,

991 then the predictability of the environment decreases, because the value of y as a cue for x
992 decreases. Adapted from [193].

993

994

995 Box 2.

996

997 **Box 2. What is feedback vs feedforward, reactive vs. proactive?**

998 Whether a process or event studied in ecology is reactive to the system's present state or
999 proactive to an expected state is open to debate, but a clean and operational distinction can be
1000 made about what the organism (or any homeostatic system such as a cell or organ) senses and
1001 what information it uses to adjust its behaviour, physiology etc. to the present, and likely future,
1002 environment.

1003 In feedback control systems, the organism responds to a sensed or measured deviation in its *own*
1004 state, $z(t)$, or performance relative to a desired, or reference, state (Figure 2A, Box Figure 1A).

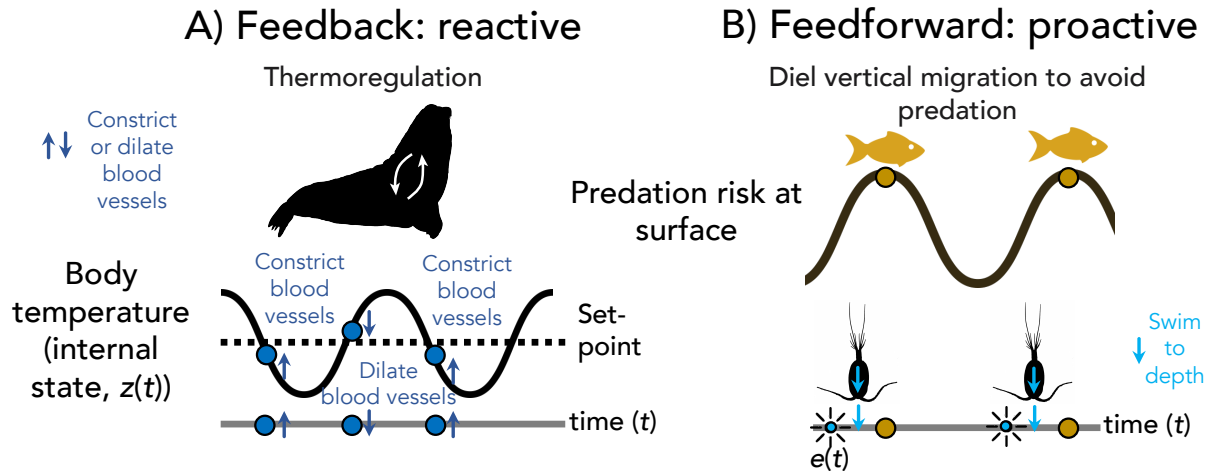
1005 The organism senses a deviation and its distance from the desired state, regardless of what
1006 fluctuation causes this difference.

1007 In feedforward control, the change in the environment, $e(t)$, are measured (e.g cues, signals) and
1008 the organism's response is based on an internal model (Figure 2B). In a strictly feedforward
1009 response there is no feedback with self to assess a deviation from the desired state. It is the
1010 measured change in the environment, $e(t)$, that causes the organism's behaviour or physiology to
1011 change. It is adaptive if the cue permits a response that maintains positive fitness under expected
1012 environmental change.

1013 Indeed, in a feedforward system, the organism may simply respond to an external event, and treat
1014 that event as a ‘cue’ (Table 1) that is temporally correlated with other environmental conditions
1015 such that there is an order to them; one event can serve as a cue for a likely future event [43]. If
1016 that future event also presents a selective environment, then organisms that act on the cue to
1017 begin an activity such as development or migration may have a fitness advantage over others that
1018 do not. Certainly, more complex cognitive behaviours are also examples of feedforward systems,
1019 but cognition is not necessary, and there are many examples in which selection acts on responses
1020 to proximate cues that are correlated in time to future selective environments.

1021 Feedback control is *reactive* since it reacts to changes in its own state, while feedforward is
1022 *proactive* since it acts ahead of the organism’s expected change based on the environment’s
1023 measured state. Feedforward systems also react to deviations, but they are in the measured state
1024 of the environment. In feedforward control, the system’s output can change without any
1025 observable deviation from the desired state. While many types of organismal and system
1026 behaviours combine feedback and feedforward mechanisms, distinguishing these components is
1027 useful because it allows for a more mechanistic understanding of how these systems respond to
1028 environmental change.

1029



1030

1031 **Box 2 Figure 1.** A) Feedback processes are reactive and respond to changes after internal
 1032 conditions have deviated from a set point. In this example of thermoregulation, feedback control
 1033 regulates the control variable, in this case, body temperature, by responding to the change in the
 1034 internal state (body temperature, $z(t)$) of the organism). Blood vessels constrict or dilate (dark
 1035 blue arrows) to cause the internal body temperature to return to the set point after body
 1036 temperature has dropped below or risen above the set point temperature (points in time illustrated
 1037 with blue circles). Note that blood vessel constriction or dilation (blue arrows) occurs after
 1038 deviations from the set point (dark blue circles). B) Feedforward processes are proactive. In this
 1039 example of diel vertical migration, descending to deeper waters at sunrise (light blue arrows) is a
 1040 proactive response to light as a cue (external environmental state, $e(t)$, light blue suns) to reduce
 1041 exposure during periods of predation risk in surface waters (gold circles). Note that the copepods
 1042 descend (light blue arrows) in response to the light cue (light blue suns), which precedes periods
 1043 when predation risk is high (gold circles). By allowing systems to act proactively, feedforward
 1044 processes avoid the delays inherent in reactive feedback processes. See Figure 2 for an
 1045 illustration of how copepods employ a combination of feedforward and feedback processes to
 1046 avoid predation.

1047

1048



1049 **Tables**

1050 Table 1. Definitions of key terms.

Term	Definition	Examples
Living system	A self-sustaining biological system, characterized by flows of energy, materials and information processing. Synonyms: biological system, ecological system.	Cells, organisms, populations, symbioses, some communities.
Cue	Environmental variable (either abiotic or biotic) that triggers an event or process and is predictive of a future environmental condition [194].	Variable features of the environment such as photoperiod, temperature, rainfall. For example, temperature is an environmental cue for sexual reproduction in many algal species, dispersal in fish, or diapause in invertebrates. By sensing cues early in the season, organisms can anticipate the best time to initiate seasonal reproduction, migration, dormancy, etc., or to produce a particular seasonal morph, thereby matching their phenotypes to the expected conditions [22].
Signal	Signals have four components [195]: (1) acts or structures produced by signalers, which (2) evolved for the purpose of conveying information to recipients, such that (3) the information elicits a response in recipients, and (4) the response results in fitness consequences that, on average, are positive for both the signaler and the recipient. In contrast to cues, which may contain information as a by-product of organisms' behaviour, signals have evolved for the specific purpose of conveying information, and influencing others' behaviour.	Pheromone trails laid by ants, peacocks' ornamented tail, electric pulses used to electric fish to communicate in water, bird songs.

Prediction	<p>A probabilistic conditional expectation about the future, informed by past and present events and an internal model. Allows organisms to prepare for impending changes in the environment [193].</p> <p>“Prediction is not prescience but simply ‘output from an anticipatory model’” [50]</p>	<p>Cells can internalize correlations between multiple environmental variables (e.g. temperature and oxygen), which allows them to express an appropriate energy-extracting metabolic pathway at the right time. Predictive behaviour is in contrast to stochastic switching, or diversified bet hedging, which allows for diverse phenotypes but doesn’t require prediction of any particular future environmental state.</p>
Internal model	<p>A simplified description of a system [50]. In organisms, this may be the physical instantiation of a probabilistic model [193]. We learn something new about a system by studying its internal model.</p>	<p>A model can be encoded in the pathways of a gene or metabolic regulatory network.</p>
Feedback homeostatic control	<p>A process or mechanism whereby a system quantity can be returned to at a constant level (the set point), within a fluctuating environment. A deviation from the controlled set-point is countered by a controller that modifies the dynamics of the controlled system so as to diminish the error [49].</p> <p>Homeostasis typically involves a negative feedback loop that counteracts the error. This type of control only responds to the state of the controlled system rather than that of the environment.</p>	<p>Thermoregulation in endotherms, food switching to achieve stoichiometric homeostasis (i.e. regulate elemental composition) [196,197].</p>
Feedforward homeostatic control	<p>In a feedforward system, the control variable adjustment is not based on the self-state. Rather, the controller senses an environmental quantity, $e(t)$, whose value is correlated to a likely future value of the state of the controlled system, $z(t+\tau)$. This introduces the role of prediction. The controller can modify the dynamics of $z(t)$ according to the</p>	<p>Negative phototropism, autumnal plant cessation of growth, immune priming, heat hardening etc.</p>

	present value of $e(t)$ and the state of $z(t)$, so as to maintain constant the state of $z(t)$. In feedforward control, disturbances are detected and accounted for before they have time to affect the system.	
Anticipatory system	To anticipate means to expect or predict. Rosen (1985) [43] defined an anticipatory system as a natural system that contains an internal predictive model of itself and of its environment, which allows it to change state in accord with the model's predictions pertaining to a later instant. In contrast to a reactive system, which can only react in the present to changes that have already occurred in the causal chain, an anticipatory system's present behaviour involves aspects of past, present and future.	An individual organism (an <i>E. coli</i> cell, a tree, a copepod), any natural system that contains an internal model. See Table 2.
Phenotypic plasticity	Phenotypic plasticity refers to the ability of a single genotype to produce different phenotypes under different environmental conditions [22]. To do so organisms use cues.	Plastic responses such as changes in development, behaviour and allocation of resources to competing demands can allow individuals to match their phenotypes (or those of their offspring, in the case of plastic maternal effects) to spatial or temporal variations in their abiotic and biotic environments. For phenotypic plasticity to be effective organisms must be able to accurately forecast environmental challenges affecting their fitness.
Colour of environmental noise (spectral colour)	Refers to the power spectrum of a stochastic environmental signal estimated by a Fourier analysis of the signal. By analogy to light, the colour refers to the profile of power across the signal's frequency spectrum [188].	Pink or red noise corresponds to variation that has more power at low frequencies, white noise is temporally uncorrelated and variance is spread equally across all frequencies [149,188].

1051
1052
1053

1054 Table 2. Examples of anticipatory mechanisms and internal models (correlations) on which they
 1055 rely.
 1056

Example	Internal model
Circadian clocks in microbes, plants, mammals [61,198] allow organisms to time physiological processes.	Correlation between clock time and diurnal day/night cycle. Gene regulatory networks and metabolic pathways link the clock to particular biological processes, ensuring they peak at the appropriate times of day or night.
Toads sense water levels in temporary ponds, allowing them to switch to rapid metamorphosis [199] before ponds dry out.	Correlation between water level and time to pond drying.
Maternal light environment of understory forest herbs influences offspring life history and fitness, an example of anticipatory parental effects [200].	Correlation between maternal light environment and offspring light environment.
Reaching a critical short photoperiod is a cue used by boreal and temperate trees to stop growing in the autumn [201–203].	Correlation between photoperiod and impending winter conditions.
Negative phototaxis and daily vertical migration in <i>Daphnia</i> , <i>Artemia</i> [204] and marine invertebrates (e.g. crab larvae, copepods) is cued by a change in light intensity, and allows invertebrates to avoid visual predators by swimming to darker areas. [205] [206]	Correlation between light intensity and predation risk.
<i>Daphnia</i> reared in the presence of a predator produce predator-resistant offspring [207].	Correlation between maternal kairomone environment and offspring predation risk.
Immune priming in plants allows increased resistance to pathogen infection following previous exposure [208].	Correlation between pathogen exposure and likelihood of repeated exposure.

1057

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1059 **References**

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