

1 **Guidelines for reporting methods to estimate metabolic rates by aquatic intermittent-flow**
2 **respirometry**

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47 **SUMMARY STATEMENT**

48 We show that reporting of methods for intermittent-flow respirometry has been inconsistent and
49 incomplete in peer-reviewed articles and present the first guidelines for reporting methods to
50 enhance study replicability.

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52 **ABSTRACT**

53 Interest in the measurement of metabolic rates is growing rapidly, due to the relevance of
54 metabolism in understanding organismal physiology, behaviour, evolution, and responses to
55 environmental change. The study of metabolism in aquatic organisms is experiencing an especially
56 pronounced expansion, with more researchers utilizing intermittent-flow respirometry as a research
57 tool than ever before. Despite this, there are no published guidelines for the reporting of
58 methodological details when using intermittent-flow respirometry. Using a survey of the existing
59 literature, we show that this lack of recommendations has led to incomplete and inconsistent
60 reporting of methods for intermittent-flow respirometry over the last several decades. We also
61 provide the first guidelines for reporting such methods, in the form of a checklist of details that we
62 consider to be the minimum required for the interpretation, evaluation, and replication of
63 experiments using intermittent-flow respirometry. This should increase consistency of the reporting
64 of methods for studies that use this research technique. With the steep increase in studies using
65 intermittent-flow respirometry, now is the ideal time to standardise reporting of methods, so that
66 data can be properly assessed by other scientists and conservationists.

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95 **Introduction**

96 Estimating metabolic rates of animals has been a core element of research in comparative
97 physiology for decades (Kleiber, 1947; Rolfe and Brown, 1997). Metabolic rates have also been
98 studied in the context of physiological and behavioural ecology (Killen et al., 2013; Mathot et al.,
99 2019; Metcalfe et al., 2016), as well as in the examination of broad ecological phenomena across
100 levels of biological organisation (Brown et al., 2004; Hatton et al., 2019). The study of metabolic
101 rates has recently received even greater attention due to the need to understand plastic and
102 evolutionary responses to environmental change, particularly in aquatic ecosystems (Jutfelt et al.,
103 2018; Norin and Metcalfe, 2019; Pörtner et al., 2017). This increased interest has occurred alongside
104 technological advances in methods of respirometry, which measure rates of gas exchange as a proxy
105 for metabolic rate (Nelson, 2016). The rise of commercially available respirometry components has
106 further facilitated the estimation of metabolic rates from a variety of organisms. These factors have
107 been particularly consequential for respirometry on animals that breathe water because, historically,
108 this has been more difficult to conduct as compared to respirometry on air-breathers. As such, there
109 are more scientists using aquatic respirometry as a research tool than ever before, with more than
110 60% of the papers in this field being generated in the last 10 years alone (Figure 1).

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112 **Intermittent-Flow Respirometry**

113 The most widely-accepted method for estimating metabolic rates of water-breathing organisms is
114 automated intermittent-flow respirometry (Steffensen, 1989; Svendsen et al., 2016). Although the
115 technique has mainly been developed on fishes, it is suitable for almost any water-breathing
116 organism and involves placing the animal in a respirometry chamber where it is exposed to periodic,
117 alternating, “closed” and “flush” phases. During the closed phase, the respirometer is effectively
118 sealed and there is a decline in oxygen concentration in the water due to oxygen uptake by the
119 animal, which can be used as a proxy for whole-animal metabolic rate (Nelson, 2016). With
120 traditional closed respirometry, where the decline in oxygen concentration is measured while the
121 animal is in a continually sealed chamber, this containment can eventually cause hypoxia and
122 accumulation of waste products in the respirometer. With intermittent-flow respirometry, however,
123 this is avoided by the flush phase when the respirometer is flushed with clean, aerated water.

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125 The alternation of the open and flush phases means that real-time rates of oxygen uptake can be
126 recorded in successive closed phases over extended periods, with animals left undisturbed. This can
127 provide an accurate picture of dynamic changes in metabolic rate over time, due to factors such as
128 initial handling stress, circadian rhythms, metabolic costs of digestion, among others (Jourdan-
129 Pineau et al., 2010; Steffensen, 1989). It can also reveal when the undisturbed animal is potentially
130 functioning at basal rates of metabolism (standard metabolic rate, SMR, for ectotherms) (Chabot et
131 al., 2016) or when it is performing some defined level of activity or type of behaviour (often referred
132 to as routine metabolic rate, RMR). This ability to track changes in metabolic rate in real time is a
133 major improvement over the technique of flow-through respirometry (Ultsch et al., 1980), which
134 measures rates of oxygen uptake from a continuous flow of water through a respirometer chamber,
135 from the difference in oxygen concentration at inflow and outflow. Changes in oxygen concentration
136 at the outflow, however, lag behind changes in metabolic activity of the animal due to wash-out
137 effects, which can confound estimates of metabolic rate (Steffensen, 1989).

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139 Intermittent-flow respirometry is, therefore, the best available method to estimate metabolic rate in
140 water-breathing animals. Combined with its wide range of applications, the relative robustness of
141 intermittent-flow respirometry makes it an extremely popular choice of methodology among
142 comparative physiologists and researchers that are new to the estimation of metabolic rates via
143 measurement of respiratory gas exchange.

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145 **A Need for the Standardisation of Methods**

146 Despite its increasingly wide usage, there are no guidelines for reporting the methods used in
147 intermittent-flow respirometry. There are several guides to best practice for measuring and
148 analysing various types of metabolic rates (Chabot et al., 2016; Jutfelt et al., 2018; Norin and Clark,
149 2016; Steffensen, 1989; Svendsen et al., 2016), but methodological details can vary widely among
150 researchers. Equally important is that the *reporting* of methods also differs greatly across peer-
151 reviewed studies, with important details often not mentioned. A lack of methodological detail, or
152 inaccurate and vague descriptions, are problematic because they: (1) make it difficult for readers to
153 evaluate data reliability and judge interpretation of results; (2) can give a misleading impression of
154 what was actually done, and (3) hinder replication of the experiments. Notably, data on metabolic
155 rates are increasingly used in meta-analyses (Holtmann et al., 2017; Jerde et al., 2019; Killen et al.,
156 2016) so proper methodological documentation would be useful in understanding sources of
157 residual variation across studies. A standard set of guidelines for reporting methods in intermittent-
158 flow respirometry studies would make it easier for journal editors and reviewers to decide whether a
159 given study warrants publication in the first place. Finally, a list of important methodological details
160 would be extremely useful for students and researchers who are new to this field of research and
161 are using this technique for the first time. With the exponential increase in the number of published
162 studies using respirometry, it is the ideal time to establish and institute standard guidelines for
163 accurate methodological reporting.

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165 We propose that researchers would benefit from a standardised, publicly-available, checklist of
166 details that should be included when describing their methods, to prevent further under-reporting
167 of important elements. The use of reporting guidelines for methods, in the form of checklists or
168 flow-charts (Carp, 2012; Cowger et al., 2020; Michel et al., 2020), is widespread across the biological
169 sciences, and is long overdue in comparative physiology and especially respirometry. Intermittent-
170 flow respirometry is guaranteed to produce data, but the quality of those data is completely
171 dependent on a myriad of methodological details and decisions made throughout equipment choice,
172 data collection, and analysis (Steffensen, 1989; Svendsen et al., 2016). Without describing these
173 details when reporting methods, it is not possible for readers or reviewers to judge or replicate
174 results. A clear list of important details will also be useful for planning experiments using
175 intermittent-flow respirometry, especially for researchers that are new to the field.

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177 **A Checklist for Reporting Methods Using Intermittent-Flow Respirometry**

178 Focussing on studies with fishes, we provide a list of 50 criteria that are essential for understanding,
179 interpreting, and replicating experiments using aquatic intermittent-flow respirometry (Table 1;
180 Figure 2). We aimed to provide an explicit list of details which can be referenced when writing or
181 evaluating research papers, or when planning new studies. While the criteria are focussed on studies
182 with fishes, most criteria could be applied to studies with any aquatic organism. We restricted our
183 criteria to cover methods involved in the most common forms of aquatic intermittent-flow
184 respirometry, namely, the measurement of SMR/RMR and maximum metabolic rate (MMR).
185 Methods unique to other applications, such as protocols for measuring critical oxygen tensions (P_{crit}),
186 are not specifically covered here (Claireaux and Chabot, 2016; Ultsch and Regan, 2019), but the
187 checklist can still be used as a guide to ensure that the most basic criteria of respirometry are met
188 when carrying out these more specialised procedures.

189

190 The criteria are divided into six categories, based on whether they describe the materials and
191 conditions used in any given study, or are details of the various measurements that can be
192 conducted using intermittent-flow respirometry. Specifically, these categories are:

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194 (1) *Equipment and Setup*

195 These are details of the specific equipment used in the study and the way these components
196 are composed to measure animal oxygen uptake. Equipment and setup details are important
197 because of the wide array of oxygen sensors, data acquisition devices and logging software,
198 respirometer construction, and virtually every other component used in intermittent-flow
199 respirometry. Depending on the exact setup, data reliability may be affected and details of
200 the equipment choices are essential for attempts at replication.

201

202 (2) *Measurement Conditions*

203 These are details about conditions at the time of measurement. These include exogenous
204 factors such as temperature, oxygenation, lighting, and other forms of external disturbance
205 which may directly affect levels of animal oxygen uptake. They also include endogenous
206 factors such as the feeding state of the animal and their adjustment period to experimental
207 conditions.

208

209 (3) *Measurement of Background Oxygen Uptake*

210 Over prolonged periods, throughout the alternating closed and flush phases, microbes may
211 proliferate on surfaces of respirometer systems. The magnitude of background microbial
212 respiration can therefore be substantial and must be quantified and corrected. There are
213 several different methods that can be used, the exact approach must be carefully
214 documented.

215

216 (4) *Measurement of SMR (or RMR)*

217 There are several methodological details that are specific to the measurement of either SMR
218 or RMR. Again, there are a range of possibilities and experimental details that can vary
219 across studies and which must be clearly communicated.

220

221 (5) *Measurement of MMR*

222 Similarly, there are a variety of specific details that are unique to the measurement of MMR
223 which must be recorded, most of which concern how increased rates of oxygen uptake were
224 achieved.

225

226 (6) *Data Handling and Analysis*

227 After data are collected, there are various ways to estimate traits such as SMR, RMR, or
228 MMR, statistically. The trait value may be affected by the data processing and some
229 approaches may even be inappropriate for the experimental conditions or species under
230 study. Details of data handling and processing must, therefore, be provided to ensure that
231 the data is interpretable.

232

233 **Survey of the Existing Literature**

234 We also conducted a quantitative analysis of previous reporting of the criteria in our checklist among
235 studies using aquatic intermittent-flow respirometry in fishes. Our aim was to highlight specific areas
236 in which reporting of methodological details can be improved. This analysis shows that reporting of
237 methods has been relatively poor and inconsistent, including in our own published articles. Papers
238 reported a mean of 54% of the listed criteria (Figure 3). Notably, reporting was not related to journal
239 impact factor (2019 Clarivate Analytics). While specific papers often scored highly within a particular
240 category, all papers failed to report several of the listed criteria across categories. There was wide
241 variation in reporting frequency of criteria within categories, with some specific criteria being
242 consistently under-reported (Table 1). The lack of consistency across studies is undoubtedly due to

243 the lack of any established guidelines for reporting the methodological details of intermittent-flow
244 respirometry.

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246 In addressing specific methodological details, it is important for researchers to be as clear and
247 explicit as possible, to eliminate any chance of misinterpretation. In our survey, for example, around
248 40% of articles reported the body mass of the fish upon arrival at the lab or during holding
249 conditions, but not at the time of respirometry. Body size affects both minimum and maximum
250 metabolic rates (Jerde et al., 2019; Killen et al., 2016) and temporal variation in body mass will affect
251 metabolic rate estimation. Similarly, the temperature or photoperiod during holding conditions were
252 often given without explicit reference to conditions during respirometry, or how temperature
253 conditions were maintained. Metabolic rates of ectothermic animals are profoundly influenced by
254 temperature (Clarke and Johnston, 1999; Schulte, 2015) and photoperiod may also affect animal
255 oxygen uptake (Biswas and Takeuchi, 2002). Another problem is that articles often refer to multiple
256 prior studies for methodological details, but these references would contain inconsistent or
257 contradictory information. The use of inaccurate or vague phrasing can also cause confusion,
258 misunderstanding of what methods were actually performed and, potentially, the spread of
259 incorrect information and terminology. Overall, while the use of a checklist for methodological
260 details should improve the reporting of methods for intermittent-flow respirometry, it is ultimately
261 dependent upon researchers to use clear and unambiguous language when describing their
262 methods.

263
264 Overall, criteria associated with measuring background microbial (e.g. bacterial) oxygen uptake were
265 the most inconsistently reported among studies (GLMM, effect of category, $p < 0.0001$), with the
266 various criteria only being reported in about 45% of papers (mean average). This is a critical
267 oversight because the amount of background respiration and the exact way it is measured, or
268 incorrectly accounting for rates of background oxygen uptake, can greatly impact estimates of
269 animal metabolic rates (Rodgers et al., 2016; Svendsen et al., 2016). A large proportion of papers
270 failed to describe how background respiration was controlled (e.g. by cleaning of respirometry
271 chambers and setup), how it was measured and accounted for, or the proportion of animal
272 metabolism that it represented. In fact, more than a quarter of papers surveyed did not mention
273 whether any form of background microbial respiration measurement was performed. Without such
274 details, it is extremely difficult to assess data validity. This is, therefore, a methodological element
275 that researchers must perform properly and report clearly.

276
277 There were several other criteria that were consistently underreported. For example, nearly 40% of
278 papers did not provide any mention of whether mixing was performed inside the respirometers, or
279 how it was accomplished (criterion 3). Proper mixing of the water in respirometers is critical to
280 homogenise oxygen concentrations throughout chambers and accurately measuring oxygen uptake
281 is simply not possible without effective mixing. Criteria relating to mixing circuit tubing (criteria 4, 6,
282 and 12) were only mentioned in 8-13% of papers, despite this being a key component of
283 intermittent-flow respirometry methods that use an external mixing circuit (Rodgers et al., 2016;
284 Svendsen et al., 2016). In some respirometer designs, mixing may be achieved by using an impellor
285 or stir-bar, but in situations where an external pump is used for mixing, any tubing used in a mixing
286 circuit needs to be as clean as possible, as short as possible, and made of relatively gas impermeable
287 material. Any respiration from microbes adhering to the surface, or gas exchange across the tubing,
288 could have confounding effects that need to be corrected for or avoided. Moreover, the volume of
289 the mixing circuit must be included in calculation of respirometer volume and therefore animal
290 oxygen uptake rate.

291
292 Numerous criteria pertaining to conditions during measurement were reported infrequently.
293 Although many studies measure multiple animals simultaneously during respirometry, with each
294 animal within its own chamber, only 20% of studies mention whether the animals were visually
295 shielded from each other (criterion 23). This could have various impacts on activity and metabolic
296 rates that could differ among species, depending on their level of sociability or aggression (Killen et
297 al., 2014; Nadler et al., 2016; Ros et al., 2006). Only 22% of papers reported the total duration taken
298 to measure all animals in a study (criterion 25). This criterion may be especially important for studies
299 with large sample sizes, leading to overlap with breeding seasons or significant changes in mass of
300 small, rapidly growing animals. Almost 60% of studies did not mention the lowest water oxygen
301 concentration that fish were exposed to during respirometer closed phases (criterion 20). If oxygen
302 depletion by the animal actually causes hypoxia during closed phases, this may cause repeated
303 reliance upon anaerobic pathways to meet energy requirements of metabolism, which would then
304 interfere with estimates of metabolic rate using oxygen uptake as a proxy (Snyder et al., 2016).
305 Additionally, repeated hypoxia may elicit an endocrine stress response, or stimulate swimming
306 activity, also affecting metabolism and rates of oxygen uptake (Aboagye and Allen, 2014; Killen et al.,
307 2012).

308
309 There are several criteria unique to the estimation of either SMR/RMR or MMR that are often not
310 reported. Regarding SMR/RMR, the total number of oxygen uptake measurements (i.e. number of
311 closed phases) used in the derivation of the metabolic rate estimate (criterion 35) was reported in
312 only 29% of studies. Methods for statistically estimating SMR, for example, including the use of
313 quantiles or frequency distributions, require a large number of repeated measures and so the total
314 number of slopes used in their derivation should be provided. Included within this are any slopes
315 that were disregarded during acclimation to the respirometer (criterion 33) or periods of increased
316 activity (criterion 37; including whether such periods were included in quantile- or frequency
317 distribution-based methods of calculating SMR (Chabot et al., 2016)). Although reporting for MMR
318 was relatively good when compared to the other criteria categories (appearing in a mean of 76% of
319 papers across criteria), there were still important details that were often neglected. For example,
320 when measuring oxygen uptake immediately after exhaustion, many studies did not report whether
321 the animal was exposed to air before placement in the chamber (criterion 43). The time taken to
322 initiate measurements of oxygen uptake (e.g. in seconds, after the cessation of exercise) was also
323 often not provided (criterion 44). This is important because data processing procedures can bias
324 estimates of MMR (Zhang et al., 2020), including the duration of the slope used to estimate MMR
325 and the specific method of determining the maximum rate of oxygen uptake during recovery after
326 exercise (criterion 49). Our survey revealed that both criteria were relatively underreported but,
327 given emerging awareness of their importance, it is vital that authors provide these details going
328 forward.

329
330 **Conclusion**

331 While the reporting of methods for intermittent-flow respirometry has generally been inconsistent,
332 our analysis also suggests an overall improvement in reporting over the last few decades (Figure 4;
333 GLMM, effect of year, $p = 0.002$). We hope the development of guidelines and the availability of a
334 reporting checklist will hasten this trend towards systematically clear and accurate reporting of
335 methods. As metabolic rates increasingly become a focus for understanding the ability of animals to
336 cope with environmental change, it is more important than ever to ensure reliable and replicable
337 data, particularly in cases where data may be used to inform conservation efforts. The availability of

338 a checklist of important methodological details should also be useful to new researchers entering
339 this rapidly developing field.

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341 **COMPETING INTERESTS**

342 The authors declare no competing interests.

343

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353 **DATA AVAILABILITY**

354 Data are available at Mendeley Data (DOI: 10.17632/fky5n2nt9x.1).

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441 aerobic scope for spontaneous activity of trout (*Salmo gairdneri*) and carp (*Cyprinus carpio*) in
442 acidified water. *Comparative Biochemistry and Physiology Part A: Physiology* **67**, 329–335.

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444 incremental swimming test and by chasing rainbow trout to exhaustion inside a respirometry
445 chamber yields the same results. *Journal of Fish Biology* **97**, 28–38.

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454 **TABLE 1.** Checklist of criteria that should be provided when reporting methods for aquatic
 455 intermittent-flow respirometry. Also shown is the prevalence of each criteria in the existing
 456 literature.

Number	Criterion and Category	Prevalence (% of papers)
EQUIPMENT		
1	<input type="checkbox"/> Provide body mass of animals at time of respirometry	61.1
2	<input type="checkbox"/> Provide volume of respirometer	94.4
3	<input type="checkbox"/> Describe how chamber mixing was achieved	62.0
4	<input type="checkbox"/> Provide ratio of animal body mass to volume of respirometer (plus any associated tubing in mixing circuit)	15.3
5	<input type="checkbox"/> Provide material of respirometer (e.g. glass, acrylic, etc.)	54.2
6	<input type="checkbox"/> Provide material of tubing	12.7
7	<input type="checkbox"/> Provide type of oxygen probe and data recording	90.3
8	<input type="checkbox"/> Provide sampling frequency of water oxygen concentration	44.4
9	<input type="checkbox"/> Provide volume of tubing in mixing circuit	8.5
10	<input type="checkbox"/> Describe placement of oxygen probe (in recirculation circuit or directly in chamber)	56.9
11	<input type="checkbox"/> Provide flow rate during flushing and recirculation, or confirm that chamber returned to normoxia during flushing	28.2
12	<input type="checkbox"/> Declare whether volume of tubing in mixing circuit was included in calculations of oxygen uptake	12.7
13	<input type="checkbox"/> Provide timing of flush/closed cycles	87.5
14	<input type="checkbox"/> Provide wait (delay) time excluded from closed measurement cycles	68.1
15	<input type="checkbox"/> Describe frequency and method of probe calibration (for both 0 and 100% calibrations)	23.6
16	<input type="checkbox"/> Mention whether software temperature compensation was used during recording of water oxygen concentration	15.3
MEASUREMENT CONDITIONS		
17	<input type="checkbox"/> Provide temperature during respirometry	83.3
18	<input type="checkbox"/> Describe how temperature was controlled	48.6
19	<input type="checkbox"/> Provide photoperiod during respirometry	34.7
20	<input type="checkbox"/> Provide minimum water oxygen level or concentration reached during closed phases	40.3
21	<input type="checkbox"/> Describe whether chambers were visually shielded from external disturbance	47.9
22	<input type="checkbox"/> Describe how many fish were measured during a given respirometry trial	68.1
23	<input type="checkbox"/> If multiple animals were measured simultaneously, describe whether they were able to see each other during measurements	20.0
24	<input type="checkbox"/> Provide duration of animal fasting before placement in respirometer	84.7
25	<input type="checkbox"/> Provide duration of all trials combined (number of days to measure all animals in the study)	22.2
26	<input type="checkbox"/> Provide acclimation time to the laboratory before respirometry measurements	81.9
BACKGROUND RESPIRATION		
27	<input type="checkbox"/> Mention whether background microbial respiration was measured and accounted for, and if so, how this was done	73.6

28	<input type="checkbox"/>	Specify method used to measure background respiration (e.g. parallel measures with empty respirometry chamber, measurements before and after for all chambers while empty, both)	66.2
29	<input type="checkbox"/>	If background respiration was measured at beginning and end, describe how many slopes and for what duration	32.8
30	<input type="checkbox"/>	Describe how were changes in background respiration modelled over time (e.g. linear, exponential, parallel measures)	42.0
31	<input type="checkbox"/>	Provide level of background respiration (e.g. as a percentage of SMR)	23.6
32	<input type="checkbox"/>	Describe method and frequency of system cleaning (e.g. system bleached between each trial, UV lamp)	30.6

STANDARD OR ROUTINE METABOLIC RATE

33	<input type="checkbox"/>	Provide acclimation time after transfer to chamber, or alternatively, time to reach beginning of metabolic rate measurements after introduction to chamber	65.3
34	<input type="checkbox"/>	Provide duration over which metabolic rate was estimated	87.5
35	<input type="checkbox"/>	Provide total number of slopes measured and used to derive metabolic rate (e.g. how much data were used to calculate quantiles)	29.2
36	<input type="checkbox"/>	Describe how metabolic rate was estimated (e.g. quantile method for SMR, average of lowest 10%, etc.)	92.8
37	<input type="checkbox"/>	Specify whether any outlier data were removed (e.g. data during acclimation, or slopes with poor r^2 [and if so what % of the data], data during periods of high activity [e.g. daytime])	25.0

MAXIMUM METABOLIC RATE

38	<input type="checkbox"/>	Specify method used (e.g. critical swimming speed respirometry, swim to exhaustion in swim tunnel, or chase to exhaustion)	98.6
39	<input type="checkbox"/>	Specify what value was taken as MMR (e.g. the highest rate of oxygen uptake value after transfer, average of highest values)	86.1
40	<input type="checkbox"/>	Specify when MMR was measured in relation to SMR (i.e. before or after)	87.1
41	<input type="checkbox"/>	Specify how absolute aerobic scope and/or factorial aerobic scope is calculated (i.e. using raw SMR and MMR, mass-adjusted SMR and MMR, or mass-adjusting aerobic scope itself)	71.2

IF MMR MEASURED POST-EXHAUSTION:

42	<input type="checkbox"/>	Describe length of activity challenge or chase (e.g. 2 min, until exhaustion, etc.)	92.1
43	<input type="checkbox"/>	Specify whether further air-exposure was added after exercise	56.5
44	<input type="checkbox"/>	Provide time (in seconds) until transfer to chamber after exhaustion, or alternatively, time to start of first oxygen uptake recording	39.1

DATA HANDLING AND STATISTICS

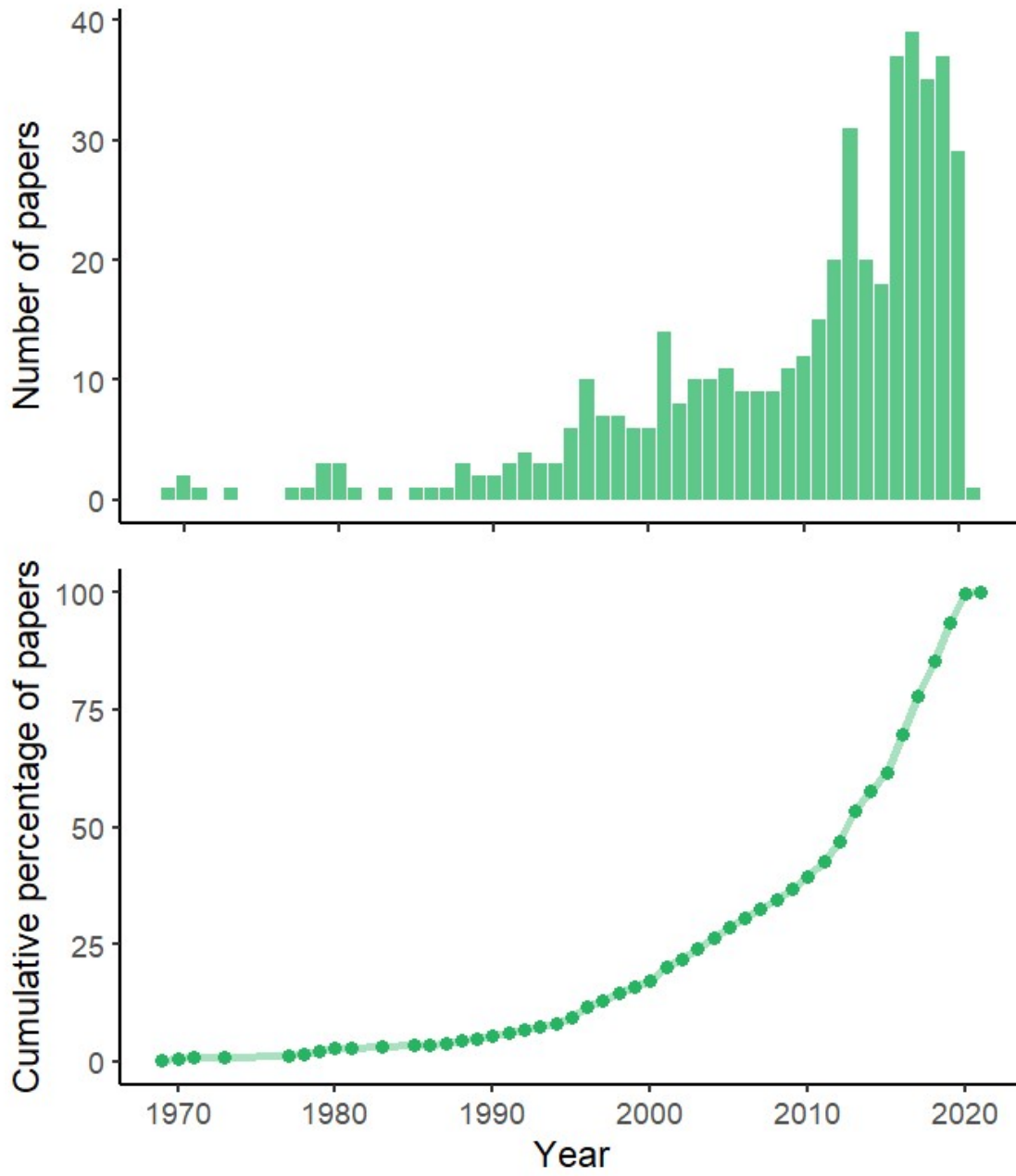
45	<input type="checkbox"/>	Provide sample size	94.4
46	<input type="checkbox"/>	Describe how oxygen uptake rates were calculated (software or script, equation, units, etc.)	75.0
47	<input type="checkbox"/>	Provide r^2 threshold for slopes used for SMR/RMR, or mean r^2	34.7
48	<input type="checkbox"/>	Duration of slopes used to calculate MMR (e.g. 1 min, 5 min, etc.)	49.3
49	<input type="checkbox"/>	Specify slope estimation method for MMR (e.g. rolling regression, sequential discrete time frames)	20.9
50	<input type="checkbox"/>	Describe any mass-corrections or adjustments	73.6

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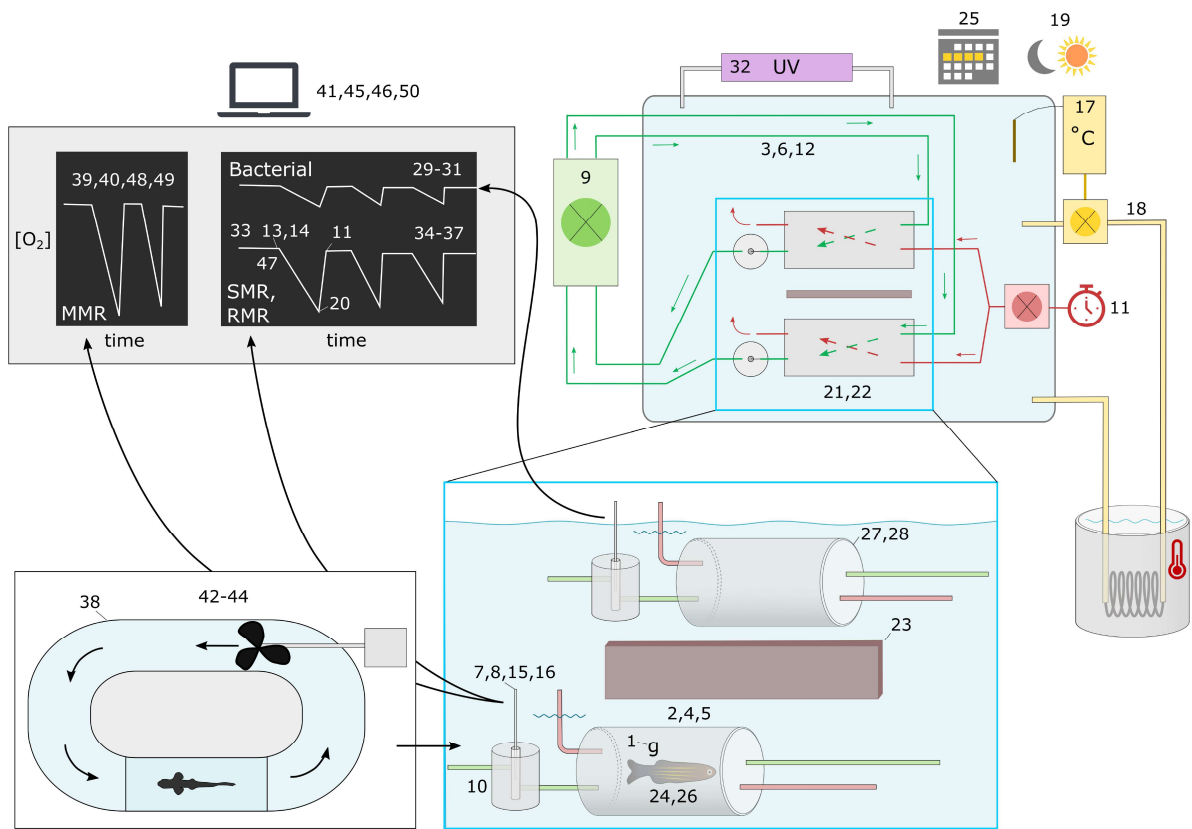
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FIGURE 1. Research in aquatic respirometry has increased steeply over the last several decades. Top panel: the number of papers per year, returned by the topic search [aquatic AND respirometry] (Web of Science, February 2021); bottom panel: the cumulative percentage of all papers by year.

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473 **FIGURE 2.** Schematic of a typical intermittent-flow respirometry setup. Numbers correspond to the
474 criteria listed in Table 1 and show the general location of each criteria within the setup. Red items
475 are those used for periodically flushing the respirometer with clean, aerated water from the
476 surrounding bath. Green represents the mixing circuit. Note that in this scheme, mixing is performed
477 with a multichannel pump, but mixing can also be achieved with a single-channel pump or stir-bar,
478 depending on the size and shape of the respirometers. Yellow represents elements associated with
479 temperature control; here temperature is maintained using a thermostat that controls a pump to
480 direct water through a heat exchanger within a heated reservoir whenever temperature within the
481 bath drops below the setpoint. Refer to Svendsen et al. (2016) for more information on setup
482 components and overall system functioning. RMR = routine metabolic rate; SMR = standard
483 metabolic rate; MMR = maximum metabolic rate; UV = ultraviolet.

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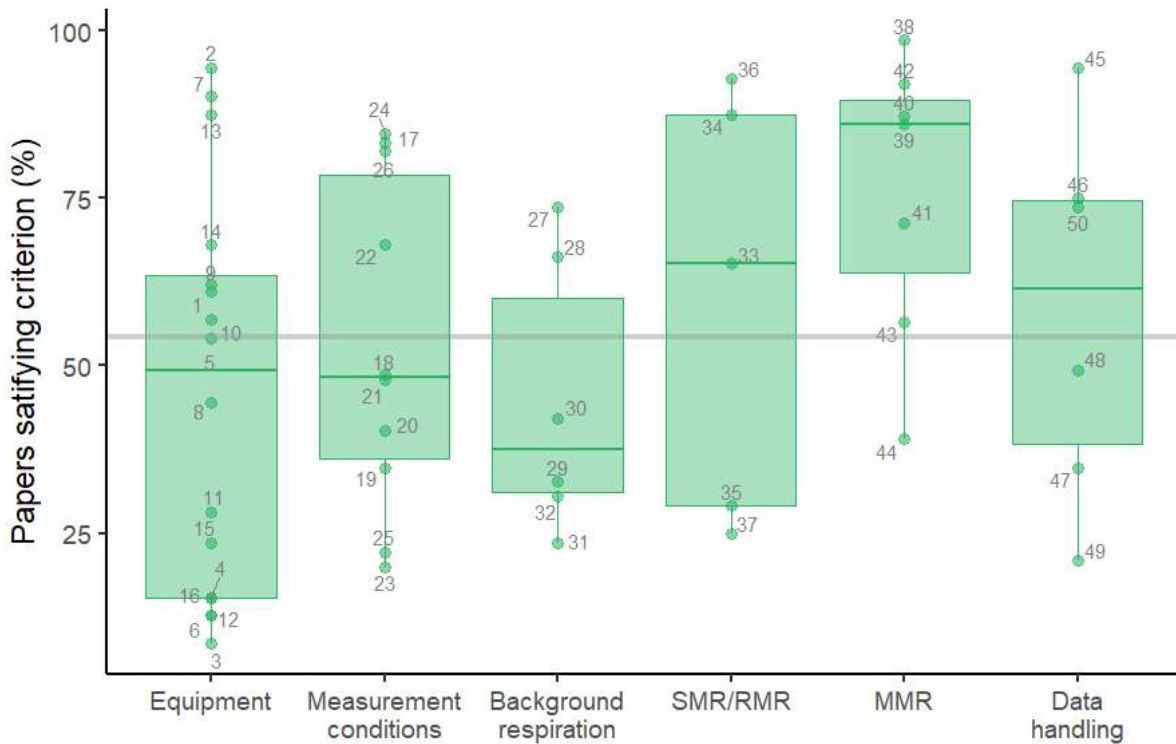
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495 **FIGURE 3.** The percentage of papers that referred to the specific criteria listed in Table 1. Each point
496 represents one criterion; grey numbers correspond to criteria numbering in Table 1. The grey line is
497 the overall average across papers. Boxplot lower and upper hinges represent the 25th and 75th
498 percentiles, respectively; the horizontal line within the box represents the median; the length of
499 whiskers represents the range data points between each hinge and 1.5× the difference between the
500 25th and 75th percentiles.

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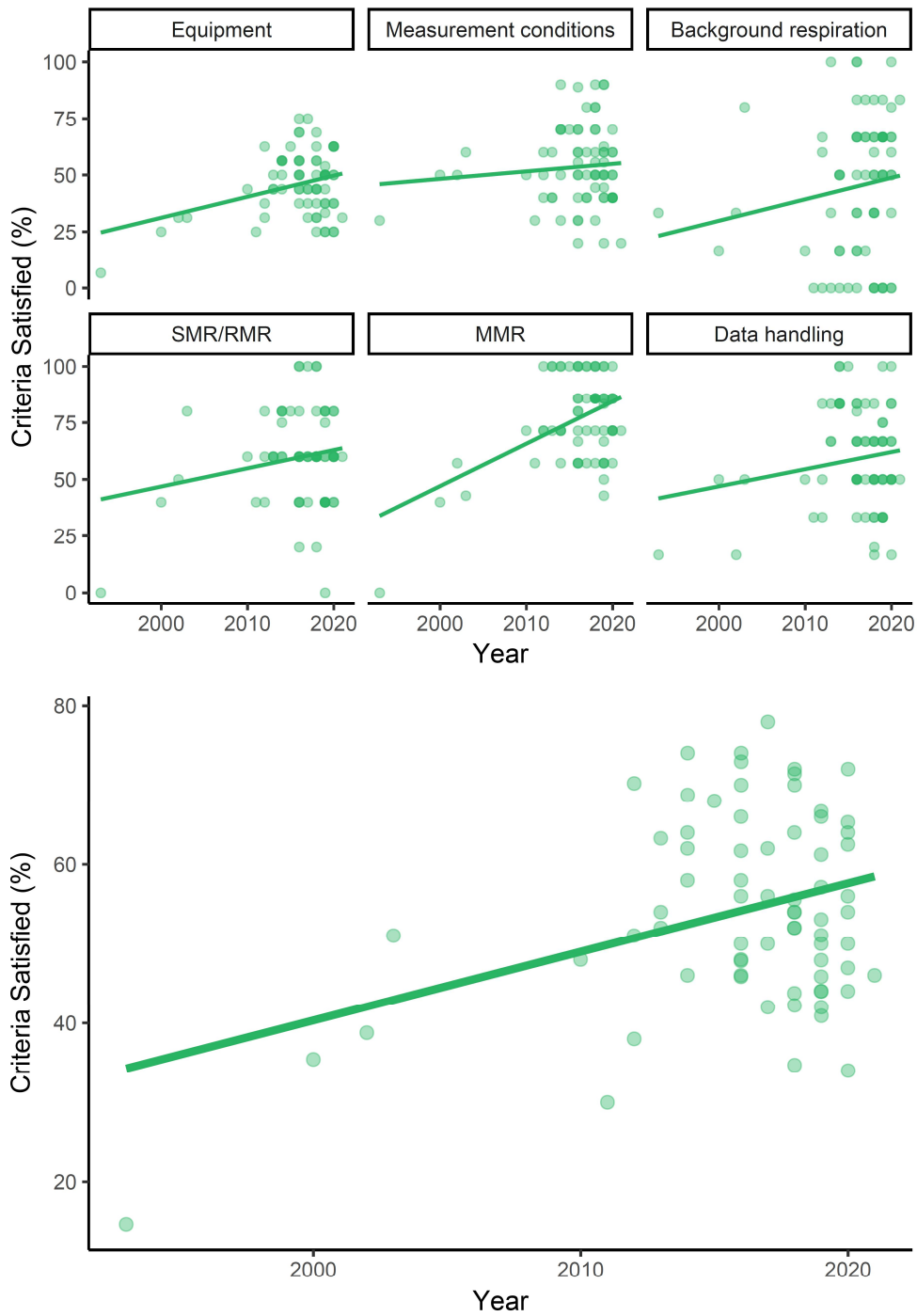
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515 **FIGURE 4.** The percentage of criteria listed in Table 1 that were satisfied in the surveyed papers.
516 Each point represents one paper; solids lines are linear regressions with publication year on the x-
517 axis. The top faceted panels show the criteria sub-divided according to category; the bottom panel
518 shows the overall percentage of criteria satisfied.

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522 **APPENDIX 1. Methods for the Literature Survey and Criteria Scoring**

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524 *Literature Survey and Criteria Scoring*

525 We performed a survey of the literature to determine variation in the reporting of methods and the
526 extent to which various criteria are (or are not) reported. Using Web of Science, we used the topic
527 search term [fish AND ("standard metabolic rate" OR "resting metabolic rate" OR "routine metabolic
528 rate") AND "maxim* metabolic rate"] in January 2021. This survey was not meant to be exhaustive
529 but was meant to be representative of the methodological reporting across research using fish
530 intermittent-flow respirometry as a whole. This search returned 120 research articles, which were
531 then screened by reading titles and abstracts. Articles were excluded from further analysis if they
532 were review articles, meta-analyses, or any other study that did not estimate metabolic rates using
533 intermittent-flow respirometry. In addition, we excluded articles if they used flow-through
534 respirometry or closed respirometry. Finally, to increase consistency in the criteria scored across
535 studies, studies were only included in further analysis if they measured both SMR (or RMR) and
536 MMR. This led to 72 studies being assessed (data available at Mendeley Data, DOI:
537 10.17632/fky5n2nt9x.1).

538

539 Each study was scored for whether they satisfied each criterion in the checklist. Studies were
540 awarded a point for a given criterion if they gave a clear, unambiguous description of that
541 methodological detail, without the need for reader assumptions or calculations. Importantly, scores
542 were not based on the quality of a methodology itself – they were simply based on whether a given
543 detail was provided. For example, if a paper stated that the respirometer was made of Swiss cheese,
544 the criterion “provide material of respirometer” (criterion 5; Table 1) would be considered satisfied
545 and a point would be awarded, without judgement of whether Swiss cheese is an appropriate
546 material for respirometer construction. Methodological details for specific criteria were considered
547 present if they were provided in the main article text, figures, tables, supplementary material, or in
548 references to previously published work. When there were references to multiple prior studies for a
549 given criterion, a point was not given if those prior sources provided inconsistent or contradictory
550 descriptions. In some cases, the absence of a specific criterion made it impossible to assess other
551 associated criteria, in which case a value of NA was assigned to criteria that were unable to be
552 scored, and those instances were not included in calculating the mean average score for that paper,
553 or for calculating the mean prevalence of that criteria across papers. While most studies were
554 evaluated by one scorer, eight studies were initially evaluated by two scorers each, ensuring
555 consistency across scorers and allowing refinement of criteria phrasing to minimise ambiguity. For
556 each article, we also recorded the title, first author, year of publication, and journal.

557

558 *Statistical Analysis*

559 A generalised linear mixed model (GLMM) with a binomial distribution (logit link) was constructed to
560 examine factors affecting methods reporting across published papers. The score for each criterion
561 per paper (0 or 1) was used as the response variable, and criteria category, year, journal impact
562 factor, and all interactions among these variables were initially included as explanatory variables.
563 Paper ID (by title) and scorer were included as random effects. Non-significant interactions were
564 dropped sequentially and the model re-run. All analyses were conducted using R v. 4.0.3 (R
565 Development Core Team, 2020) using the function glmm in package lme4 (Bates et al., 2016).

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