

1 **The quantitative genetics of fitness in a wild bird population**

2 Maria Moiron<sup>1,2\*</sup>, Anne Charmantier<sup>1†</sup>, Sandra Bouwhuis<sup>2†</sup>

3

4

5 <sup>1</sup> CEFE, Univ Montpellier, CNRS, EPHE, IRD, Montpellier, France

6 <sup>2</sup> Institute of Avian Research, Wilhelmshaven, Germany

7

8 \*Author for correspondence: [mariamoironc@gmail.com](mailto:mariamoironc@gmail.com)

9 † Contributed equally as last authors

10

11 **Running headline:** Genetics of fitness in the wild

12

13 **Keywords:** adaptive potential, animal model, heritability, lifetime reproductive success, latent  
14 scale

15 **ABSTRACT**

16 Additive genetic variance in fitness equals the change in mean fitness due to selection. It is a  
17 prerequisite for adaptation, as a trait must be genetically correlated with fitness in order to evolve.  
18 Despite its relevance, additive genetic variance in fitness has not often been estimated in wild  
19 populations. Here, we investigate additive genetic variance in lifetime fitness, as well as its  
20 underlying components, in common terns (*Sterna hirundo*). Using a series of animal models  
21 applied to 28 years of data comprising ca. 6000 pedigreed individuals, we find nominally zero  
22 additive genetic variance in the Zero-inflated component of lifetime fitness, and low but unreliable  
23 variance in the Poisson component. We also find low but likely nonzero additive genetic variance  
24 in adult annual reproductive success, but not in survival. As such, our study (i) suggests heritable  
25 variance in common tern fitness to result mostly from heritable variance in reproductive success,  
26 rather than in early-life or adult survival, (ii) shows how studying the genetic architecture of fitness  
27 in natural populations remains challenging, and (iii) highlights the importance of maintaining long-  
28 term individual-based studies such that a major research aim in evolutionary ecology will come  
29 within better reach in the next decade.

30 **INTRODUCTION**

31 Fisher's Fundamental Theorem of Natural Selection postulates that "*the rate of increase in fitness*  
32 *of any organism at any time is equal to its genetic variance in fitness at that time*" (Fisher 1930).  
33 The additive genetic variance of fitness has therefore been considered the single most useful  
34 statistic quantifying selection (Burt 1995). Genetic variation in fitness is also a prerequisite for  
35 adaptation and evolution, as a trait must be genetically correlated with fitness to evolve (Robertson  
36 1966; Price 1970). Hence, understanding the quantitative genetics of individual variation in fitness  
37 is arguably one of the most important aims in evolutionary ecology (Burt 1995; Ellegren and  
38 Sheldon 2008; Walsh and Blows 2009; Gomulkiewicz and Shaw 2013; Shaw and Shaw 2014;  
39 Hendry et al. 2018).

40 All else being equal, a consequence of Fisher's Fundamental Theorem of Natural Selection  
41 would be that selection would drive additive genetic variance in fitness to zero. As such, one would  
42 predict the level of additive genetic variance in traits to be inversely correlated with the traits'  
43 correlation with fitness. However, this process and prediction can be counterbalanced by new  
44 variation arising from other sources, such as immigration by individuals with other genotypes, or  
45 mutation. Indeed, Houle et al. (1996) found that traits that were more closely associated with  
46 fitness had higher mutational variances, most likely do to them being underpinned by a larger  
47 number of loci (Houle 1992; Houle et al. 1996; Merilä and Sheldon 1999). Considerable debate  
48 therefore has surrounded the question of whether additive genetic variation in fitness should be  
49 low or not (e.g., Jones 1987; Burt 1995; Merilä and Sheldon 1999; Shaw and Shaw 2014).  
50 Unfortunately, empirical estimates of additive genetic variance in fitness from wild populations  
51 have so far not shed the much-needed light on this debate.

52 A recent review of 30 studies on humans, other animals and plants found that there were very  
53 few estimates of additive genetic variance in fitness (or fitness components) in the wild, and that  
54 those that are available varied substantially, with many estimates close to zero, and few large  
55 estimates (Hendry et al. 2018). To provide some examples: Kruuk et al. (2000) found no evidence  
56 for a significant heritability of lifetime fitness in Scottish red deer (*Cervus elaphus*). Similarly,  
57 additive genetic variance was estimated to be zero in both sexes of bighorn sheep (*Ovis*  
58 *Canadensis*) in Canada (Coltman et al. 2005) and very small in North American red squirrels  
59 (*Tamiasciurus hudsonicus*) (McFarlane et al. 2014, 2015). In birds, Gustafsson (1986) estimated  
60 a not-significantly-different-from-zero heritability of lifetime reproductive success in male and  
61 female collared flycatchers (*Ficedula albicollis*) in Sweden. In a later study from the same  
62 population, Merilä and Sheldon (2000) found significant additive genetic variance in lifetime  
63 reproductive success for females and not significant nonzero genetic variance for males (see also  
64 Brommer et al. (2007)). In female and male British great tits (*Parus major*), McCleery et al. (2004)  
65 found not significant close-to-zero heritability of lifetime reproductive success. Along the same  
66 lines, Wheelwright et al. (2014) found a zero heritability for lifetime reproductive success in  
67 female savannah sparrows (*Passerculus sandwichensis*) in Canada, while Teplitsky et al. (2009)  
68 found no-significant nonzero genetic variance in lifetime reproductive success for females and  
69 zero variance for males in a natural population of red-billed gulls (*Larus novaehollandiae*) in  
70 New Zealand. Finally, de Villemereuil et al. (2019) showed that hihis (*Notiomystis cincta*) in New  
71 Zealand had negligible additive genetic variance in lifetime fitness, while Wolak et al. (2018)  
72 found that the song sparrows (*Melospiza melodia*) of Mandarte island in Canada harbour  
73 substantial additive genetic variance in female and male fitness.

74 Data constraints might partially explain the paucity of studies testing for the heritability of  
75 fitness in the wild and the heterogeneity among estimates of additive genetic variance, although  
76 steadily increasing datasets collected from long-term study populations gradually alleviate the  
77 problem (Clutton-Brock and Sheldon 2010). This increased data availability was recently  
78 accompanied by the development of (i) statistical tools designed to deal with the non-Gaussian  
79 distributions that often characterize fitness data (de Villemereuil et al. 2016; de Villemereuil 2018),  
80 as well as (ii) theoretical frameworks that facilitate the evolutionary inference of quantitative  
81 genetic parameters based on these data distributions (Morrissey and Bonnet 2019). Fitness  
82 components often follow a non-Gaussian error distribution as a result from the temporal sequence  
83 of survival (Binary data) and reproductive events (Poisson data). Modelling them accordingly, by  
84 applying generalized linear models (de Villemereuil et al. 2016; de Villemereuil 2018; Bonnet et  
85 al. 2019), offers an added benefit. Parameter estimates from a model with a Poisson error  
86 distribution fitted to absolute fitness data readily inform about the increase in fitness within a  
87 generation, while back-transformed estimates on the observed data scale inform about the increase  
88 in fitness between generations (Morrissey and Bonnet 2019). As such, estimates of the additive  
89 genetic variance for absolute fitness on the latent scale data are equivalent to evolvability estimates  
90 (i.e., the additive genetic variance in relative fitness) directly on the data scale for relative fitness,  
91 and, therefore, provide evidence for Fisher's rate of evolution (Hansen et al. 2011; de Villemereuil  
92 et al. 2016). To date, however, only four studies have modelled the quantitative genetics of fitness  
93 in wild populations assuming a Poisson (McFarlane et al. 2014, 2015; Wolak et al. 2018) or a zero-  
94 Inflated Poisson distribution (de Villemereuil et al. 2019). Now is the time to make use of the  
95 recent statistical tools and theoretical frameworks (de Villemereuil et al. 2016; Bonnet et al. 2019;

96 Morrissey and Bonnet 2019) to evaluate the existence and magnitude of additive genetic variance  
97 in fitness in natural populations.

98 Here, we present phenotypic and pedigree data obtained from a 28-year individual-based study  
99 on a serially monogamous and migratory seabird, the common tern (*Sterna hirundo*). Applying a  
100 series of “animal models” to data from almost 6000 pedigreed individuals, we investigate additive  
101 genetic variance for lifetime fitness (assessed as the total number of fledglings produced by a  
102 locally-born fledgling), and its underlying components: juvenile survival and adult lifetime  
103 reproductive success, with the latter again being decomposed in annual reproductive success and  
104 annual adult survival.

105

## 106 **METHODS**

### 107 **Study System**

108 Fitness and pedigree data were collected between 1992 and 2019 as part of a long-term study of a  
109 common tern population located at the Banter See on the German North Sea coast (53°36'N,  
110 08°06'E). Common terns from this population spend their winters in western Africa and return to  
111 the breeding colony in early spring to breed or prospect potential breeding locations (Becker and  
112 Ludwigs 2004). The Banter See colony consists of six concrete islands, each of which is  
113 surrounded by a 60-cm wall. Walls are equipped with 44 elevated platforms, each containing an  
114 antenna which reads transponder codes. The individual-based study at the Banter See was initiated  
115 in 1992, when 101 adult birds were caught and marked with individually numbered subcutaneously  
116 injected transponders. Since 1992, all locally hatched birds are similarly marked with a transponder  
117 shortly before fledging and the presence and reproductive performance of marked individuals is  
118 monitored following a standard protocol (Becker and Wendeln 1997). As part of this protocol, the

119 colony is checked for new clutches every 2–3 days throughout the breeding season (Zhang et al.  
120 2015). Parents are identified using portable antennae placed around each nest for 1–2 days during  
121 incubation, which is shared by both partners. Pairs can rear up to three chicks per brood (mean  
122 successful brood size  $0.41 \pm 0.65$  SD chicks), and can produce replacement clutches after loss of  
123 eggs or chicks. True second clutches are extremely rare (Becker and Zhang 2011).

124

### 125 **Fitness Data**

126 Fitness data have been collected since 1992, with data up to 2019 being available for the analyses  
127 reported here. Our initial data selection included individuals that fledged between 1992 and 2016,  
128 because previous work showed that 97% of fledglings, if they returned, did so within the first 3  
129 years (Vedder and Bouwhuis 2018). Although we cannot directly observe an individual's death,  
130 we can reliably assume it, because adult breeders at the Banter See are highly site-faithful,  
131 evidenced by the resighting probability of individuals that bred at least once being close to one  
132 (Szostek and Becker 2012), and 96% of breeders not skipping recording by the antenna system for  
133 two or more consecutive years after first reproduction (Bouwhuis et al. 2015; Zhang et al. 2015).  
134 Based on this knowledge, we removed all birds that were observed in 2018 and/or 2019 *and* were  
135 younger than 11 years old, because (i) they are known to not be, or cannot yet be assumed to be,  
136 dead, and (ii) lifetime fitness of individuals older than 10 years and those dead showed a high  
137 correlation ( $r > 0.8$ ) in our dataset. Hence, we included birds that have completed their life histories  
138 ( $n = 5836$ ), as well as birds that were still alive but older than 10 years ( $n = 163$ ) to avoid  
139 introducing a cohort truncation bias by non-randomly removing longer-lived birds (Hadfield 2008;  
140 Morrissey et al. 2012). To control for any potential confounding effect, we modelled whether an  
141 individual was considered dead or alive as a fixed effect (see below).

142 We quantified lifetime fitness as the total number of local fledglings that a locally-hatched  
143 fledgling produced during its lifetime. In total, our data comprise the fitness of 5999 locally-  
144 hatched fledglings (Fig 1A). It can be decomposed in two major components: juvenile survival  
145 and adult lifetime reproductive success. Juvenile survival captures survival from fledgling to  
146 adulthood, whereas adult lifetime reproductive success captures adult survival and reproductive  
147 investment across life. These two fitness components correspond to the two mechanisms capturing  
148 the Zero-inflated Poisson distribution of lifetime fitness, and hence, we did not model them in two  
149 separated analyses. However, we further decomposed adult lifetime reproductive success (LRS)  
150 into its two components: annual reproductive success (ARS) and annual adult survival (AAS).  
151 ARS was measured as the number of fledglings that an individual produced each year between its  
152 first reproduction and last registration, assigning zeroes for years of skipped reproduction or  
153 registration (Fig 1B); AAS was adult survival (1/0) to the following breeding season. In total, our  
154 data for LRS comprised 793 individuals with 4453 and 5290 observations for ARS and AAS,  
155 respectively. The difference in the number of observations between ARS and AAS represents  
156 values of future-breeder prospecting individuals (i.e., detected alive but not yet breeding).

157

## 158 **Pedigree**

159 The pedigree was constructed by assigning all fledged offspring to their social parents, then pruned  
160 to remove individuals who are either not phenotyped or not ancestors to phenotyped individuals.  
161 For the purpose of this study, the pedigree comprised 6273 records. The maximum depth was five  
162 generations, the number of paternities and maternities 2509 and 2414, respectively. The numbers  
163 of full, maternal and paternal sibs were 2566, 10180 and 9718, respectively. This social pedigree



164 is a good approximation of the genetic pedigree, because common terns exhibit very low levels of  
165 extra-pair paternity (González-Solís et al. 2001).

166

## 167 **Quantitative Genetic Models**

168 We applied an animal model approach that combines the phenotypic information on individual  
169 fitness with information from the social pedigree (Kruuk 2004). As such, we fitted a series of  
170 univariate animal models where fitness, or one of its components, was the response variable.

171         To model lifetime fitness, we fitted a univariate animal model with a zero-inflated Poisson  
172 error distribution. We fitted random intercepts for individual identity linked to the pairwise  
173 relatedness matrix and for hatch-year (to account for cohort effects; e.g. Vedder & Bouwhuis  
174 2018). Because we modeled lifetime fitness with a Zero-Inflated over-dispersed Poisson  
175 distribution, this model has a zero-inflated and a Poisson component, allowing us to explicitly  
176 estimate the covariance between the two components for each random effect. However, a model  
177 including additive genetic and hatch-year correlations between the zero-inflated and Poisson  
178 components of the trait did not provide a better fit to the data, because of which we did not model  
179 such correlations. As fixed effects, we modelled the trait intercept and whether the individual was  
180 alive or dead (categorical variable with two levels). Additionally, we performed a data simulation  
181 analysis to investigate whether we can effectively detect *small, but substantial* heritabilities and  
182 evolvabilities (*sensu* de Villemereuil et al. 2019) given our data and pedigree structure (see further  
183 details in Supplementary Material).

184         To model ARS, we assumed a Poisson error distribution with a log link function. We fitted  
185 random intercepts for individual identity linked to the pairwise relatedness matrix, individual  
186 identity not linked to the pedigree (to account for permanent environmental effects) and year of

187 observation (to account for temporal variation across years). As fixed effects, we modelled the  
188 trait intercept and age as a linear predictor (mean centered and variance standardized by subtracting  
189 the mean and dividing by the standard deviations), as fledgling production is known to linearly  
190 increase with age (Zhang et al. 2015).

191 To model AAS, we assumed a binary error distribution and fixed the residual variance to  
192 one. We fitted random intercepts for individual identity linked to the pairwise relatedness matrix,  
193 individual identity not linked to the pedigree (to account for permanent environmental effects) and  
194 year of observation (to account for temporal variation across years). As fixed effects, we modelled  
195 the trait intercept and age as linear predictor (mean centered and variance standardized by  
196 subtracting the mean and dividing by the standard deviations), as AAS is known to linearly  
197 decrease with age (Zhang et al. 2015; Vedder et al. 2021).

198 All quantitative genetic models were fitted using a Bayesian framework implemented in  
199 the statistical software R (v. 3.6.1, R Core Team 2019) using the R-packages *MCMCglmm*  
200 (Hadfield 2010) and *QGglmm* (de Villemereuil et al. 2016). Heritabilities ( $h^2$ ) were conditional to  
201 the variance explained by fixed effects and estimated as the proportion of the total phenotypic  
202 variance explained by the additive genetic variance. Evolvabilities ( $I_A$ ) were estimated by dividing  
203 the additive genetic variance by the squared population mean (Houle 1992; Hansen et al. 2011).  
204 Although we estimated the evolvability for AAS, care is required when drawing conclusions,  
205 because the population mean is regarded as arbitrary for binomial traits.

206 For all models we used parameter-expanded priors with an inverse Gamma distribution  
207 (Hadfield 2010). We fitted different priors for each fitness component (see Supplementary  
208 Material). The number of iterations and thinning intervals were chosen for each model so as to  
209 ensure that the minimum MCMC effective sample size for all parameters was 1000. Burn-in was

210 set to a minimum of 5000 iterations. The retained effective sample sizes yielded absolute  
211 autocorrelation values  $<0.1$  and satisfied convergence criteria based on the Heidelberger and  
212 Welch convergence diagnostic (Heidelberger and Welch 1981). We drew inferences from the  
213 marginal posterior mode, mean and 95% credible intervals (95% CI) as inferences drawn from  
214 posterior modes and means might differ, particularly when model parameters are near a boundary  
215 (e.g., variance near zero). Additionally, we drew inferences on the importance of genetic variances  
216 and associated metrics based on criteria used by de Villemereuil et al. (2019): we considered an  
217 effect to be “small but likely non-zero” when an evolvability exceeded 0.01 for Poisson distributed  
218 traits (or Poisson component of fitness), and when a heritability exceeded 0.1 for binomial  
219 distributed traits (or zero-inflated component of fitness). Variance parameters were estimated on  
220 latent scales. Hence, to facilitate evolutionary inference (Bonnet et al. 2019; Morrissey and Bonnet  
221 2019), we back-transformed the latent-scale posterior distributions of the quantitative genetic  
222 parameters to the observed data-scale (de Villemereuil et al. 2016).

223

## 224 **RESULTS**

### 225 **Quantitative Genetics of Lifetime Fitness**

226 Among the 5999 common tern chicks that fledged between 1992 and 2016, lifetime fitness ranged  
227 between 0 and 29 fledglings (Fig. 1A). 5231 (87.19%) fledglings obtained zero fitness, such that  
228 the distribution of fitness was strongly zero-inflated (Fig. 1A). Raw mean fitness was  $0.72 \pm 2.52$   
229 SD fledglings.

230 Data simulations showed that, given our data structure and pedigree, we would be able to  
231 detect what might be considered a *small, but substantial* signal for the Zero-inflated component of  
232 lifetime fitness (Figure S1): we generated a Zero-inflated component of fitness with a heritability  
233 ( $h^2$ ) of 0.1 (*sensu* de Villemereuil et al. 2019), and found that the posterior modes and means

234 accurately estimated the simulated value of  $h^2$  (average of 0.111 across the 100 simulations for the  
235 posterior mode and mean, see Supplementary Material). Our quantitative genetic analysis,  
236 however, suggested nominally zero additive genetic variance in the zero-inflated component of  
237 fitness, as the posterior mode and mean of the additive genetic variance were both in agreement  
238 and very close to zero (Table 1, Fig. 2E-F).

239         The results for the Poisson component of lifetime fitness are less straightforward. Our  
240 analysis suggested small but likely non-zero evidence for the additive genetic variance. The  
241 posterior modes and means of  $V_A$ ,  $h^2$  and  $I_A$  of the Poisson component of fitness were nonzero  
242 (Table 1, Fig. 2A-C), but the associated lower 95% CI limits of  $V_A$ ,  $h^2$  and  $I_A$  converged towards  
243 zero. Data simulations showed that, given our data structure and pedigree, we would not be able  
244 to detect what might be considered a *small, but substantial* signal for the Poisson component of  
245 fitness: we generated a Poisson-component of fitness with an evolvability ( $I_A$ ) of 0.010, and found  
246 that posterior means estimated an  $I_A$  of similar magnitude to the simulated value (average of 0.011  
247 across the 100 simulations), while posterior modes largely underestimated  $I_A$  (average of 0.002  
248 across simulations; see Supplementary Material, Fig. S1). However, this difference between the  
249 estimated posterior means and modes likely represents an artifact due to the asymmetric nature of  
250 the posterior distribution. With insufficient data for estimating variance components (due to low  
251 sample size or poor pedigree structure), posterior distributions close to the boundary (i.e., zero in  
252 this case) tend to broaden and the posterior mean tends to shift away from the boundary, resulting  
253 in an increased posterior mean value (He and Hodges 2008). To test for this potential artifact, we  
254 ran the same data simulations described above, but with a Poisson-component of lifetime fitness  
255 with an evolvability ( $I_A$ ) of 0.00. We found very similar patterns (see Supplementary Material),  
256 supporting the notion that the difference between posterior means and modes was not biologically

257 informative. We also simulated data with a larger value of  $I_A$  (0.10). We found that posterior modes  
258 and means tended to accurately estimate the simulated value of  $I_A$  (average of  $\sim 0.135$ , see  
259 Supplementary Material). Altogether, our data simulations indicated that we would have power to  
260 detect larger values of additive genetic variance for the Poisson component of lifetime fitness, but  
261 we did not have sufficient power to detect a *small, but substantial* signal. As such, our analyses  
262 suggested there to be low to zero additive genetic variance in lifetime fitness, but we lack power  
263 to determine whether such variance is nominally zero or very small.

264

### 265 **Quantitative Genetics of Fitness Components**

266 We investigated the ARS and AAS of 793 fledglings that survived to adulthood and bred in our  
267 population (Table 2). Raw mean annual reproductive success was  $0.70 \pm 0.81$  SD with a maximum  
268 of 3 fledglings (Fig. 1B). The posterior distribution of  $V_A$  for ARS showed a clear peak of density  
269 away from zero, with posterior modes and means of  $V_A$ ,  $h^2$  and  $I_A$  largely in agreement. The lower  
270 95% CI, however, converged toward zero (Table 2, Fig. 3A-C), suggesting again a lack of power  
271 to detect the additive genetic variance in ARS with higher precision. Raw mean annual adult  
272 survival probability was  $0.85 \pm 0.36$  SD. The posterior modes and means of all quantitative genetic  
273 parameters for AAS were very close to zero and in agreement (Table 2, Fig. 4A-C), with the lower  
274 95% CI limit of all parameter estimates converging towards zero.

275

### 276 **DISCUSSION**

277 The most direct measure of the adaptive potential of a population is its standing additive genetic  
278 variance in fitness (Fisher 1930). Here, we estimated additive genetic variances in lifetime fitness  
279 and two of its key components in a wild population of common terns. Our findings indicated little

280 evidence for additive genetic variance in juvenile or adult survival in this population, while we  
281 may have detected non-zero additive genetic variance in annual reproductive success. However,  
282 simulations revealed a lack of statistical power, whereby most of our estimates were deemed little  
283 reliable. As such, our work demonstrated, once again (see early statement from Burt (1995)), that  
284 estimating additive genetic variance in fitness is very difficult in wild populations, partly due to  
285 the expected low values of genetic variation in fitness, and partly due to the challenges associated  
286 with collecting sufficient phenotypic and pedigreed data. We see this as an encouragement to  
287 sustain long-term monitoring programs with valuable fitness estimations.

288

### 289 **Quantitative Genetics of Lifetime Fitness**

290 In this study, we aimed at providing much-needed empirical estimates for key quantitative genetic  
291 parameters that have rarely been estimated in the wild, and did so by applying non-Gaussian  
292 models to estimate variation in fitness (Bonnet et al. 2019; Morrissey and Bonnet 2019). The  
293 exercise was particularly insightful because quantitative genetic parameters drawn from Poisson  
294 models can be readily interpreted in terms of evolutionary significance without back-  
295 transformation. Estimates of additive genetic variance for absolute fitness on the latent scale are  
296 equivalent to evolvability estimates directly on the data scale for relative fitness, and therefore,  
297 they provide evidence for Fisher's rate of evolution (Hansen et al. 2011; de Villemereuil et al.  
298 2016; Morrissey and Bonnet 2019). Variance estimates on the latent-scale are insightful in terms  
299 of evolutionary inference, however, the data-scale is the only observable scale, and, therefore, of  
300 most direct interest.

301         There have been around 30 studies testing for additive genetic variance in fitness in the  
302 wild (see Introduction), with, to our knowledge, only four using non-Gaussian animal models

303 (McFarlane et al. 2014, 2015; Wolak et al. 2018; de Villemereuil et al. 2019), and only one testing  
304 for variance components of fitness using a zero-inflated Poisson distribution (de Villemereuil et  
305 al. 2019). Our estimate of the additive genetic variance for the Zero-inflated component of  
306 common tern lifetime fitness on the observed data-scale was very small (posterior mean and mode  
307  $V_{A \text{ data-scale}} \sim 0.004$ , Table 1), similarly to results for the hihi (de Villemereuil et al. 2019) (posterior  
308 median and mode  $V_{A \text{ data-scale}} \sim 0$ ). For the Poisson component, de Villemereuil et al. (2019) found  
309 a posterior median  $V_{A \text{ data-scale}}$  of 0.73 and posterior mode of 0.0078. Unfortunately, however, our  
310 estimate was not very reliable, such that there is no added value in comparing the two. Given that  
311 estimates of additive genetic variance in fitness can be readily interpreted as evidence for a  
312 potential for increased fitness between generations (Bonnet et al. 2019; Morrissey and Bonnet  
313 2019), our findings of very low (or nominally zero) values of additive genetic variance for lifetime  
314 fitness imply that the adaptive potential of this wild population of common terns will be extremely  
315 limited.

316 Our estimate of the heritability of the Zero-inflated component of lifetime fitness (posterior  
317 mean and mode  $h^2_{\text{data-scale}} \sim 0.03$ , Table 1) was somewhat greater than that reported by de  
318 Villemereuil et al. (2019) (posterior median  $h^2_{\text{data-scale}} = 0.003$  for Zero-inflated part). It is,  
319 however, important to highlight that back-transforming heritability estimates from the latent- to  
320 the data-scale will generally lead to very small estimates. This is because the data-scale heritability  
321 not only contains additive genetic variance but also distribution noise associated with Poisson or  
322 Bernoulli processes (de Villemereuil et al. 2016; Bonnet et al. 2019; Morrissey and Bonnet 2019).  
323 Hence, heritability estimates should be interpreted with care when making cross-study  
324 comparisons, and, overall, heritability of fitness is not a good metric to assess the adaptive potential  
325 of a population. Indeed, evolvability, i.e., additive genetic variance in relative fitness, is a more

326 informative metric for evolutionary potential (Fisher 1930; Queller 2017; Morrissey and Bonnet  
327 2019). Notably, estimates of additive genetic variance for absolute fitness on the latent scale data  
328 are equivalent to evolvability estimates directly on the data scale for relative fitness.

329

### 330 **Quantitative Genetics of Fitness Components**

331 Additive genetic variance in lifetime fitness can theoretically be decomposed into the additive  
332 genetic variances in its underlying components. The two primary components of our measure of  
333 lifetime fitness are juvenile survival and adult lifetime reproductive success. Our zero-inflation in  
334 lifetime fitness is mainly due to low juvenile survival (i.e., 74% of fledglings did not locally  
335 recruit), while the Poisson process generating the observed fitness distribution is mostly capturing  
336 adult lifetime reproductive success. If we compare our nominally zero additive genetic variance in  
337 the Zero-inflated component of lifetime fitness (Table 1), with estimates from other studies that  
338 tested for additive genetic variance in juvenile survival, we observe some differences. For instance,  
339 the study of Wolak et al. (2018) on the song sparrow population of Mandarte Island reported  
340 evidence of non-zero  $V_A$  for juvenile survival. The natural history of common terns and song  
341 sparrows differ in many ways, yet one reason for this disparity could be a difference in emigration  
342 rates since the Mandarte population is isolated with very little juvenile emigration (Reid et al.  
343 2021).

344         Adult lifetime reproductive success is the sum of annual reproductive events across the life  
345 of an individual, and hence, can be decomposed into annual reproductive success and annual adult  
346 survival. Given the lack of substantial additive genetic variance for adult annual survival (Table  
347 2), the decomposition of adult lifetime reproductive success into its components revealed that  
348 annual reproductive success was the main mechanism underlying genetic variation in adult lifetime



349 reproductive success. This pattern resembles the one from Mandarte's song sparrows, where  
350 quantitative genetics analyses also demonstrated moderate levels of  $V_A$  in ARS (especially for  
351 males) and close to zero  $V_A$  in AAS, indicating that heritable ARS was the primary component of  
352 heritable adult LRS also in that natural population (Wolak et al. 2018). In the case of the common  
353 terns, the lack of additive genetic variance in annual adult survival appears in line with their life  
354 history, as common terns are relatively long-lived seabirds (that show an average and maximum  
355 individual lifespan in this dataset of 8 and 23 years, respectively), generally favoring (canalization  
356 of) survival over reproduction (Vedder et al. 2017, 2019).

357

### 358 **Limitations of studying quantitative genetics of fitness in the wild**

359 Despite the fundamental relevance of knowledge on additive genetic variance in fitness in the  
360 context of understanding adaptation and evolutionary potential, Hendry et al. (2018) found that  
361 there were very few estimates of additive genetic variance for fitness in the wild, and that those  
362 estimates available were heterogeneous, with many estimates close to zero, and very few large  
363 estimates (e.g., Gustafsson 1986; Kruuk et al. 2000; Merilä and Sheldon 2000; Coltman et al. 2005;  
364 McFarlane et al. 2014).

365 Data constraints might partially explain the paucity of studies testing for the heritability of  
366 fitness in the wild. Animal models are data-hungry and rely on high quality pedigree information.  
367 Researchers therefore are faced with the challenge of collecting hard-to-quantify lifetime fitness  
368 data from an unbiased sample of the population (i.e., avoiding a “missing fraction” bias) that  
369 comprises a sufficiently large number of individuals of known relatedness (Burt 1995; Merilä and  
370 Sheldon 1999; Hendry et al. 2018). In addition, even when a large dataset and pedigree are  
371 available, additive genetic variance in fitness is generally expected to be low (as theoretically

372 predicted by Fishers' natural theorem), such that the power to detect small, close to zero, additive  
373 genetic variation in fitness may be low as well. Non-zero but non-significant estimates and zero  
374 estimates might simply represent bounded estimates (i.e., there is a border effect, preventing to  
375 estimate very low values with precision). As pointed out by Burt (1995), "it is very difficult to get  
376 an estimate that is statistically distinguishable from zero, and the sample sizes required to do so  
377 might easily lead to despair". In light of the multiple constraints posed by data requirements and  
378 expected low values, negative results with respect to additive genetic variation in fitness should be  
379 taken and discussed with care. Data simulations aiming at determining the statistical power of a  
380 given dataset and pedigree structure, will help to distinguish a true negative result from an  
381 unreliable zero estimate (e.g., de Villemereuil et al. 2019). Overall, the field of quantitative  
382 genetics in the wild needs more and better estimates stemming from a broad taxonomic range, and  
383 to systematically associated those with simulations to assess the power of the dataset.

384

## 385 **Conclusion**

386 Our quantitative genetic study of fitness in a wild population of common terns revealed low and  
387 unreliable, to zero levels of additive genetic variance in lifetime fitness and two underlying  
388 components. Those analyses, however, were overshadowed by a lack of statistical power to detect  
389 additive genetic variation in fitness more accurately and precisely. The continuation of long-term  
390 individual-based studies should be safeguarded (also see Clutton-Brock and Sheldon 2010), such  
391 that the maturation of long-term studies will offer improved opportunities for testing genetic  
392 variation in natural populations, which, thanks to the recent development of appropriate statistical  
393 and theoretical frameworks (de Villemereuil et al. 2016; Bonnet et al. 2019; Morrissey and Bonnet  
394 2019), will help to improve our understanding of the genetics of fitness in the wild. Ultimately, a

395 robust quantification of the standing additive genetic variation for fitness will inform us about the  
396 rate of adaptation of populations between and within generations, and allow a better understanding  
397 of their viability in the face of the deleterious environmental effects that current climate and global  
398 changes pose.

399

#### 400 **AUTHOR CONTRIBUTIONS**

401 M.M. conceived the study with input from S.B. and A.C. M.M. designed and conducted the  
402 analyses, and wrote the manuscript. S.B. manages the tern data and collated the dataset. All authors  
403 contributed to editing the final paper.

404

#### 405 **ACKNOWLEDGMENTS**

406 We are indebted to Peter H. Becker for setting up the long-term common tern study and thank the  
407 numerous field workers that have contributed to compiling the data. We also thank Tim Janicke  
408 for providing enlightening discussions during manuscript conception and preparation, and  
409 Timothée Bonnet for helping with the interpretation of the model parameters. M.M. was funded  
410 by a Marie Curie Individual Fellowship (PLASTIC TERN, Grant Agreement Number 793550),  
411 A.C. by the European Research Council (Starting grant ERC-2013-StG-337365-SHE). Authors  
412 declare no conflict of interest.

413

#### 414 **DATA ARCHIVING**

415 Data will be archived in the Dryad Digital Repository upon acceptance.

416

417 **REFERENCES**

418 Becker, P. H., and J.-D. L. Ludwigs. 2004. *Sterna hirundo* Common Tern. Pp. 93–139 in Parkin  
419 D, ed. *The Birds of the Western Palearctic Update*. Oxford University Press, Oxford, UK.

420 Becker, P. H., and H. Wendeln. 1997. A New Application for Transponders in Population  
421 Ecology of the Common Tern. *Condor* 99:534–538.

422 Becker, P. H., and H. Zhang. 2011. Renesting of Common Terns *Sterna hirundo* in the life  
423 history perspective. *J. Ornithol.* 152:213–225.

424 Bonnet, T., M. B. Morrissey, and L. E. B. Kruuk. 2019. Estimation of Genetic Variance in  
425 Fitness, and Inference of Adaptation, When Fitness Follows a Log-Normal Distribution. *J.*  
426 *Hered.* 110:393–395.

427 Bouwhuis, S., O. Vedder, and P. H. Becker. 2015. Sex-specific pathways of parental age effects  
428 on offspring lifetime reproductive success in a long-lived seabird. *Evolution* (N. Y).  
429 69:1760–1771.

430 Brommer, J. E., M. Kirkpatrick, A. Qvamström, and L. Gustafsson. 2007. The intersexual  
431 genetic correlation for lifetime fitness in the wild and its implications for sexual selection.  
432 *PLoS One* 2:1–6.

433 Burt, A. 1995. The evolution of fitness. *Evolution*. *Evolution* (N. Y). 49:1–8.

434 Clutton-Brock, T., and B. C. Sheldon. 2010. Individuals and populations: the role of long-term,  
435 individual-based studies of animals in ecology and evolutionary biology. *Trends Ecol. Evol.*  
436 25:562–573.

437 Coltman, D. W., P. O’Donoghue, J. T. Hogg, and M. Festa-Bianchet. 2005. Selection and genetic  
438 (co)variance in bighorn sheep. *Evolution* (N. Y). 59:1372–1382.

439 de Villemereuil, P. 2018. Quantitative genetic methods depending on the nature of the

440 phenotypic trait. *Ann. N. Y. Acad. Sci.* 1422:29–47.

441 de Villemereuil, P., A. Rutschmann, K. D. Lee, J. G. Ewen, P. Brekke, and A. W. Santure. 2019.

442 Little Adaptive Potential in a Threatened Passerine Bird. *Curr. Biol.* 29:889-894.e3.

443 de Villemereuil, P., H. Schielzeth, S. Nakagawa, and M. Morrissey. 2016. General methods for

444 evolutionary quantitative genetic inference from generalized mixed models. *Genetics*

445 204:1281–1294.

446 Ellegren, H., and B. C. Sheldon. 2008. Genetic basis of fitness differences in natural populations.

447 *Nature* 452:169–175.

448 Fisher, R. 1930. *The Genetical Theory of natural Selection*. Oxford.

449 Gomulkiewicz, R., and R. G. Shaw. 2013. Evolutionary rescue beyond the models. *Philos. Trans.*

450 *R. Soc. B Biol. Sci.* 368.

451 González-Solís, J., E. Sokolov, and P. H. Becker. 2001. Courtship feedings, copulations and

452 paternity in common terns, *Sterna hirundo*. *Anim. Behav.* 61:1125–1132.

453 Gustafsson, L. 1986. Lifetime Reproductive Success and Heritability: Empirical Support for

454 Fisher’s Fundamental Theorem. *Am. Nat.* 128:761–764.

455 Hadfield, J. 2010. MCMC Methods for Multi-response Generalized Linear Mixed Models : The

456 MCMCglmm R Package. *J. Stat. Softw.* 33:1–22.

457 Hadfield, J. D. 2008. Estimating evolutionary parameters when viability selection is operating.

458 *Proc. R. Soc. B Biol. Sci.* 275:723–734.

459 Hansen, T. F., C. Pélabon, and D. Houle. 2011. Heritability is not Evolvability. *Evol. Biol.*

460 38:258–277.

461 He, Y., and J. S. Hodges. 2008. Point estimates for variance-structure parameters in Bayesian

462 analysis of hierarchical models. *Comput. Stat. Data Anal.* 52:2560–2577.

463 Heidelberg, P., and P. D. Welch. 1981. A spectral method for confidence interval generation  
464 and run length control in simulations. *Commun. ACM* 24:233–245.

465 Hendry, A. P., D. J. Schoen, M. E. Wolak, and J. M. Reid. 2018. The Contemporary Evolution of  
466 Fitness. *Annu. Rev. Ecol. Evol. Syst.* 49:457–476.

467 Houle, D. 1992. Comparing evolvability and variability of quantitative traits. *Genetics* 130:195–  
468 204.

469 Houle, D., B. Morikawa, and M. Lynch. 1996. Comparing mutational variabilities. *Genetics* 143.

470 Jones, J. S. 1987. The heritability of fitness: Bad news for ‘good genes’? *Trends Ecol. Evol.*  
471 2:35–38.

472 Kruuk, L. E. B. 2004. Estimating genetic parameters in natural populations using the “animal  
473 model.” *Philos. Trans. R. Soc. B Biol. Sci.* 359:873–890.

474 Kruuk, L. E. B., T. H. Clutton-Brock, J. Slate, J. M. Pemberton, S. Brotherstone, and F. E.  
475 Guinness. 2000. Heritability of fitness in a wild mammal population. *Proc. Natl. Acad. Sci.*  
476 97:698–703.

477 McCleery, R. H., R. A. Pettifor, P. Armbruster, K. Meyer, B. C. Sheldon, and C. M. Perrins.  
478 2004. Components of Variance Underlying Fitness in a Natural Population of the Great Tit  
479 *Parus major*. *Am. Nat.* 164:E62–E72.

480 McFarlane, S. E., J. C. Gorrell, D. W. Coltman, M. M. Humphries, S. Boutin, and A. G.  
481 Mcadam. 2014. Very low levels of direct additive genetic variance in fitness and fitness  
482 components in a red squirrel population. *Ecol. Evol.* 4:1729–1738.

483 McFarlane, S. E., J. C. Gorrell, D. W. Coltman, M. M. Humphries, S. Boutin, and A. G.  
484 McAdam. 2015. The nature of nurture in a wild mammal’s fitness. *Proc. R. Soc. B Biol.*  
485 *Sci.* 282:20142422.

486 Merilä, J., and B. C. Sheldon. 1999. Genetic architecture of fitness and nonfitness traits:  
487 Empirical patterns and development of ideas.

488 Merilä, J., and B. C. Sheldon. 2000. Lifetime reproductive success and heritability in nature. *Am.*  
489 *Nat.* 155:307–310.

490 Morrissey, M. B., and T. Bonnet. 2019. Analogues of the fundamental and secondary theorems  
491 of selection, assuming a log-normal distribution of expected fitness. *J. Hered.* 110:396–402.

492 Morrissey, M. B., D. J. Parker, P. Korsten, J. M. Pemberton, L. E. B. Kruuk, and A. J. Wilson.  
493 2012. The prediction of adaptive evolution: Empirical application of the secondary theorem  
494 of selection and comparison to the breeder’s equation. *Evolution (N. Y.)*. 66.

495 Price, G. R. 1970. Selection and Covariance. *Nature* 227:520–521.

496 Queller, D. C. 2017. Fundamental Theorems of Evolution. *Am. Nat.* 189:345–353.

497 R Core Team. 2019. A language and environment for statistical computing. *R Found. Stat.*  
498 *Comput.* Vienna:Austria.

499 Reid, J. M., P. Arcese, P. Nietlisbach, M. E. Wolak, S. Muff, L. Dickel, and L. F. Keller. 2021.  
500 Immigration counter-acts local micro-evolution of a major fitness component: Migration-  
501 selection balance in free-living song sparrows. *Evol. Lett.* 5:48–60.

502 Robertson, A. 1966. A mathematical model of the culling process in dairy cattle. *Anim. Sci.*  
503 8:95–108.

504 Shaw, R. G., and F. H. Shaw. 2014. Quantitative genetic study of the adaptive process. *Heredity*  
505 (Edinb). 112:13–20.

506 Szostek, K. L., and P. H. Becker. 2012. Terns in trouble: demographic consequences of low  
507 breeding success and recruitment on a common tern population in the German Wadden Sea.  
508 *J. Ornithol.* 153:313–326.

509 Teplitsky, C., J. A. Mills, J. W. Yarrall, and J. Merilä. 2009. HERITABILITY OF FITNESS  
510 COMPONENTS IN A WILD BIRD POPULATION. *Evolution* (N. Y). 63:716–726.

511 Vedder, O., and S. Bouwhuis. 2018. Heterogeneity in individual quality in birds: overall patterns  
512 and insights from a study on common terns. *Oikos* 127:719–727.

513 Vedder, O., I. Pen, and S. Bouwhuis. 2021. How fitness consequences of early-life conditions  
514 vary with age in a long-lived seabird: A Bayesian multivariate analysis of age-specific  
515 reproductive values. *J. Anim. Ecol.* 1365-2656.13471.

516 Vedder, O., S. Verhulst, C. Bauch, and S. Bouwhuis. 2017. Telomere attrition and growth: a life-  
517 history framework and case study in common terns. *J. Evol. Biol.* 30:1409–1419.

518 Vedder, O., H. Zhang, A. Dänhardt, and S. Bouwhuis. 2019. Age-Specific Offspring Mortality  
519 Economically Tracks Food Abundance in a Piscivorous Seabird. *Am. Nat.* 193:588–597.

520 Walsh, B., and M. W. Blows. 2009. Abundant Genetic Variation + Strong Selection =  
521 Multivariate Genetic Constraints: A Geometric View of Adaptation. *Annu. Rev. Ecol. Evol.*  
522 *Syst.* 40:41–59.

523 Wheelwright, N. T., L. F. Keller, and E. Postma. 2014. The effect of trait type and strength of  
524 selection on heritability and evolvability in an island bird population. *Evolution* (N. Y).  
525 68:3325–3336.

526 Wolak, M. E., P. Arcese, L. F. Keller, P. Nietlisbach, and J. M. Reid. 2018. Sex-specific additive  
527 genetic variances and correlations for fitness in a song sparrow (*Melospiza melodia*)  
528 population subject to natural immigration and inbreeding. *Evolution* (N. Y). 72:2057–2075.

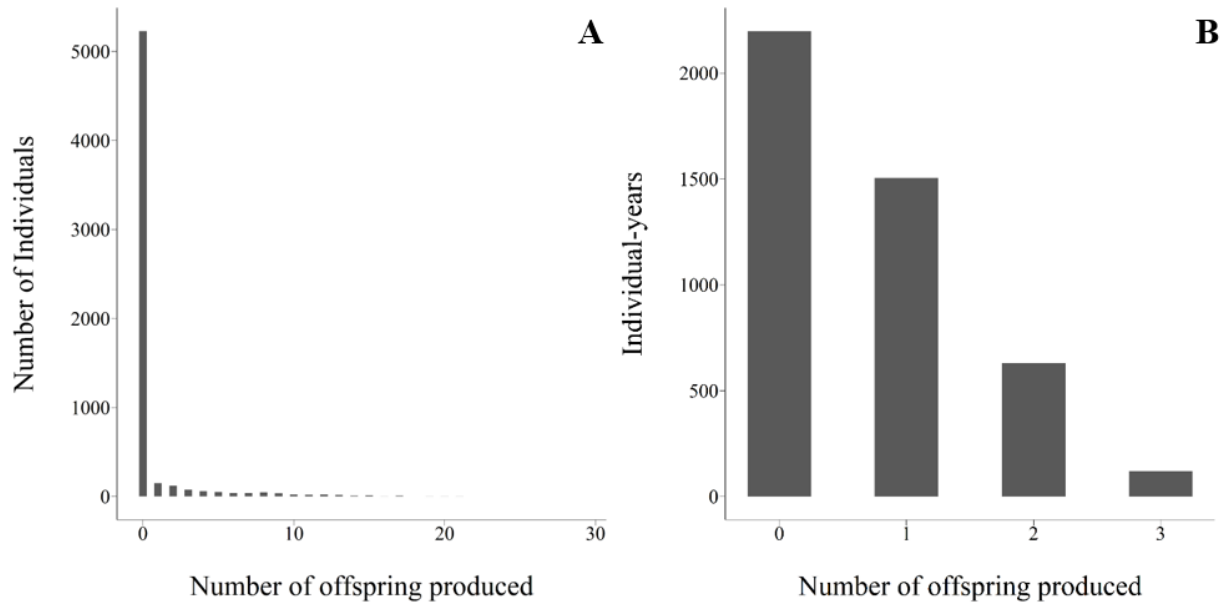
529 Zhang, H., O. Vedder, P. H. Becker, and S. Bouwhuis. 2015. Age-dependent trait variation: the  
530 relative contribution of within-individual change, selective appearance and disappearance in  
531 a long-lived seabird. *J. Anim. Ecol.* 84:797–807.





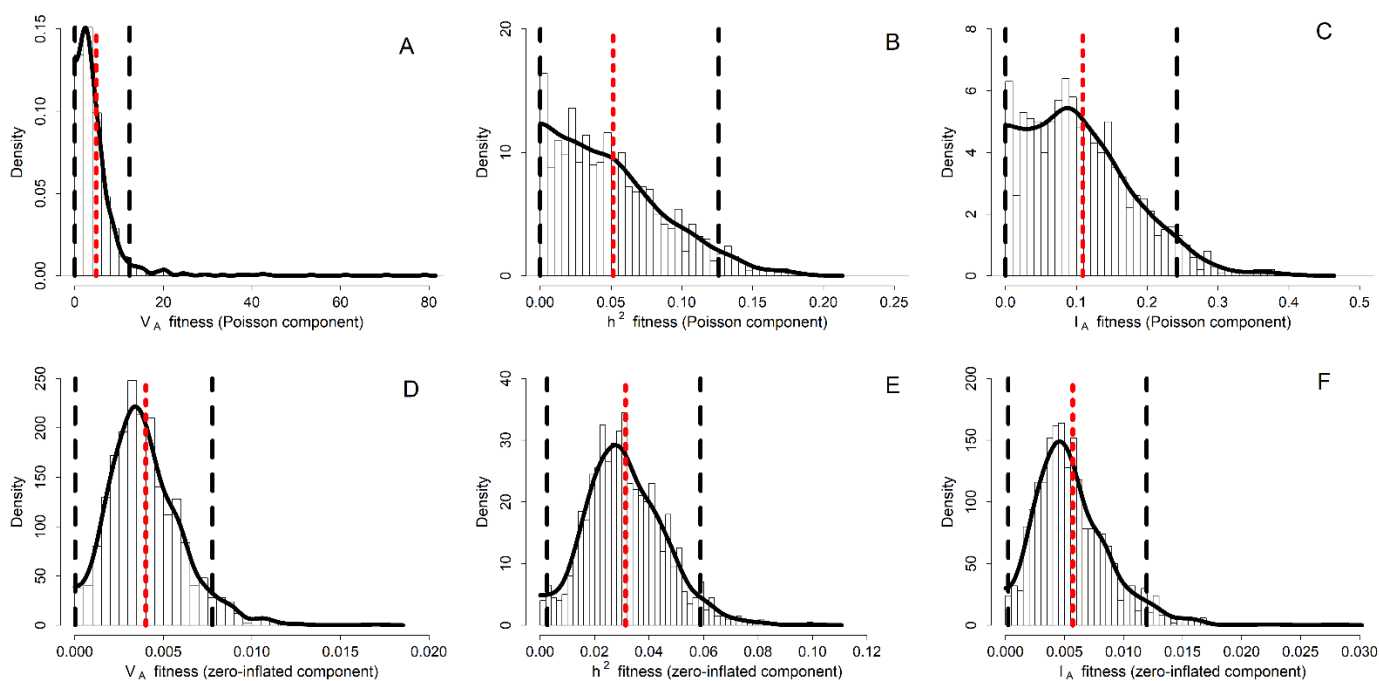
532 **FIGURES**

533 **Figure 1.** Phenotypic distributions of A) lifetime fitness measured as the total number of fledglings  
534 a locally-hatched fledgling produced in its lifetime, and B) annual reproductive success, measured  
535 as the number of fledglings an adult breeder produced in a year.

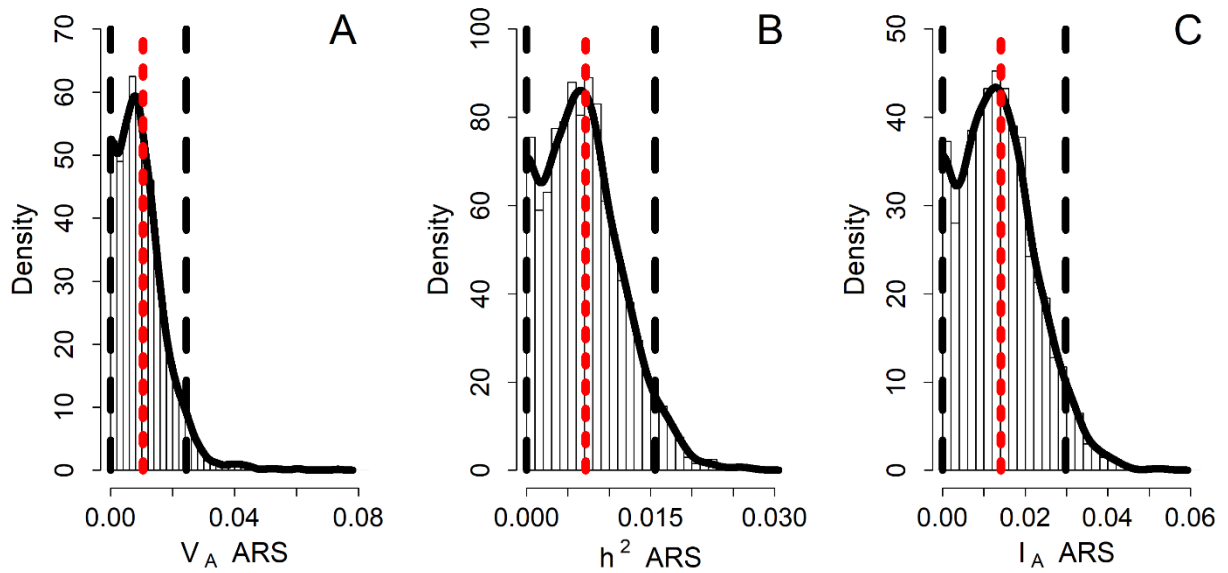


536

537 **Figure 2.** Posterior MCMC samples (bars), kernel density estimation (solid black line), posterior  
538 mean (red dotted line), and 95% Credible Intervals (black dashed lines) for the A) additive genetic  
539 variance ( $V_A$ ), B) heritability ( $h^2$ ) and C) evolvability ( $I_A$ ) of the Poisson component of lifetime  
540 fitness, and the D) additive genetic variance ( $V_A$ ), E) heritability ( $h^2$ ) and F) evolvability ( $I_A$ ) of  
541 the zero-inflated component of lifetime fitness. Distributions are reported on the observed data  
542 scale.

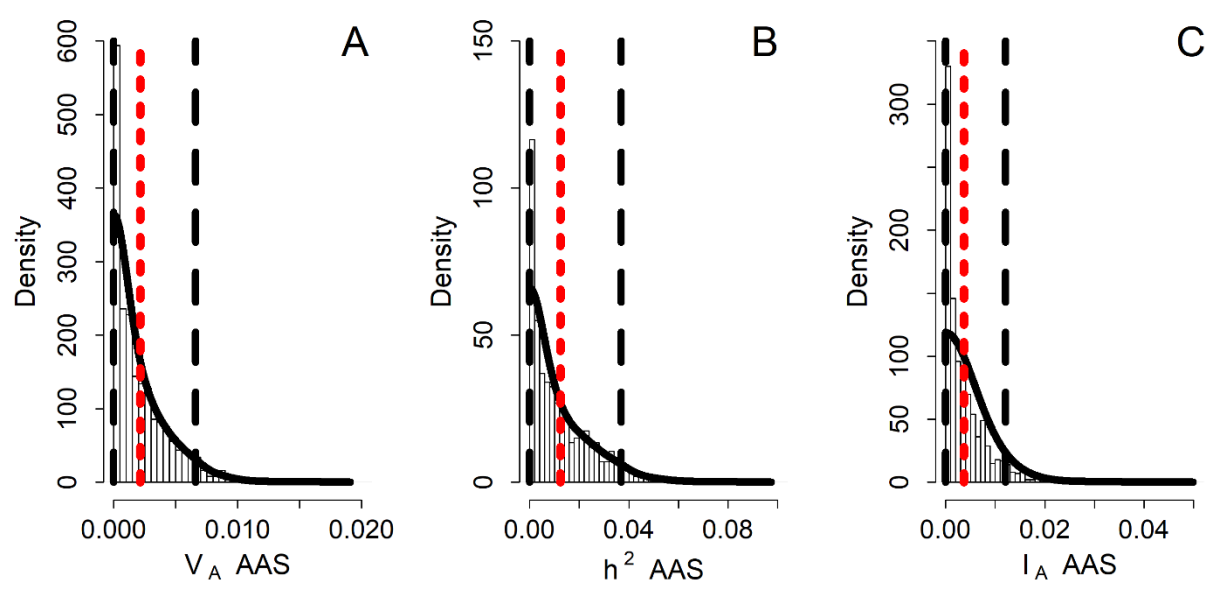


543 **Figure 3.** Posterior MCMC samples (bars), kernel density estimation (solid black line), posterior  
544 mean (red dotted line), and 95% Credible Intervals (black dashed lines) for the A) additive genetic  
545 variance ( $V_A$ ), B) heritability ( $h^2$ ) and C) evolvability ( $I_A$ ) of annual reproductive success (ARS).  
546 Distributions are reported on the observed data scale.



547

548 **Figure 4.** Posterior MCMC samples (bars), kernel density estimation (solid black line), posterior  
549 mean (red dotted line), and 95% Credible Intervals (black dashed lines) for the A) additive genetic  
550 variance ( $V_A$ ), B) heritability ( $h^2$ ) and C) evolvability ( $I_A$ ) of annual adult survival (AAS).  
551 Distributions are reported on the observed data scale.



552  
553  
554  
555  
556  
557  
558  
559  
560  
561

562 **TABLES**

563 **Table 1.** Posterior modes, means and 95% Credible Intervals (in brackets) for observed data-scale variance estimates from the  
 564 quantitative genetic analyses of lifetime fitness.

| <b>Model component</b> | <b>Pop. Mean</b>              | <b>V<sub>P</sub></b>          | <b>V<sub>A</sub></b>          | <b>h<sup>2</sup></b>           | <b>I<sub>A</sub></b>        |
|------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------|-----------------------------|
| Zero-inflated          | 0.854, 0.848<br>(0.777,0.908) | 0.119, 0.127<br>(0.083,0.173) | 0.00401, 0.00399<br>(0,0.008) | 0.031, 0.0314<br>(0.003,0.059) | 0.006, 0.00571<br>(0,0.012) |
| Poisson                | 5.71, 6.45<br>(3.86,10.2)     | 17.2, 480<br>(20.4,549)       | 2.29, 4.82<br>(0.002,12.3)    | 0.0232, 0.0516<br>(0,0.126)    | 0.0878, 0.109<br>(0,0.242)  |

565 The results are shown for the Zero-inflated and Poisson components of the model. All statistics (Pop. Mean, population mean; V<sub>P</sub>,  
 566 phenotypic variance; V<sub>A</sub>, additive genetic variance; h<sup>2</sup>, heritability; I<sub>A</sub>, evolvability) presented in the table are reported on the observed  
 567 data-scale. Estimates are reported as follows: posterior mode, posterior mean, and (95% Credible Interval).

568 **Table 2.** Posterior modes, means and 95% Credible Intervals (in brackets) for observed data-scale variance estimates from the  
 569 quantitative genetic analyses of annual reproductive success (ARS) and annual adult survival (AAS).

| <b>Fitness component</b> | <b>Sample size</b> | <b>Number of individuals</b> | <b>Pop. Mean</b>              | <b>V<sub>P</sub></b>         | <b>V<sub>A</sub></b>             | <b>h<sup>2</sup></b>            | <b>I<sub>A</sub></b>             |
|--------------------------|--------------------|------------------------------|-------------------------------|------------------------------|----------------------------------|---------------------------------|----------------------------------|
| <b>ARS</b>               | 4453               | 793                          | 0.84, 0.851<br>(0.581,1.16)   | 1.03, 1.5<br>(0.717,2.9)     | 0.00728, 0.0104<br>(0,0.024)     | 0.00598, 0.00717<br>(0,0.016)   | 0.013, 0.014<br>(0,0.03)         |
| <b>AAS</b>               | 5290               | 793                          | 0.799, 0.779<br>(0.672,0.873) | 0.16, 0.169<br>(0.112,0.221) | 7.69×10-06,<br>0.00211 (0,0.007) | 4.65×10-05, 0.0124<br>(0,0.037) | 4.4×10-05, 0.00371<br>(0,0.0121) |

570 All statistics (Pop. Mean, population mean; V<sub>P</sub>, phenotypic variance; V<sub>A</sub>, additive genetic variance; h<sup>2</sup>, heritability; I<sub>A</sub>, evolvability)  
 571 presented in the table are reported on the observed data scale. Estimates are reported as follows: posterior mode, posterior mean, and  
 572 (95% Credible Interval).