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**The quantitative genetics of fitness in a wild seabird**

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**Running headline:** Genetics of fitness in the wild

*This preprint was updated after three rounds of peer-review and  
published in Evolution.*

17 **ABSTRACT**

18 Additive genetic variance in fitness is a prerequisite for adaptive evolution, as a trait must be  
19 genetically correlated with fitness to evolve. Despite its relevance, additive genetic variance in  
20 fitness has not often been estimated in nature. Here, we investigate additive genetic variance in  
21 lifetime and annual fitness components in common terns (*Sterna hirundo*). Using 28 years of data  
22 comprising ca. 6000 pedigreed individuals, we find that additive genetic variances in the Zero-  
23 inflated and Poisson components of lifetime fitness were effectively zero, but estimated with high  
24 uncertainty. Similarly, additive genetic variances in adult annual reproductive success and survival  
25 did not differ from zero, but were again associated with high uncertainty. Simulations suggested  
26 that we would be able to detect additive genetic variances as low as 0.05 for the Zero-inflated  
27 component of fitness, but not for the Poisson component, for which adequate statistical power  
28 would require c. two more decades (four tern generations) of data collection. As such, our study  
29 suggests heritable variance in common tern fitness to be rather low if not zero, shows how studying  
30 the quantitative genetics of fitness in natural populations remains challenging, and highlights the  
31 importance of maintaining long-term individual-based studies of natural populations.

32

33 **Keywords:** adaptive potential, additive genetic variance, heritability, lifetime reproductive  
34 success, log-normal fitness

35 **INTRODUCTION**

36 Fisher's Fundamental Theorem of Natural Selection postulates that "*the rate of increase in fitness*  
37 *of any organism at any time is equal to its genetic variance in fitness at that time*" (Fisher 1930).

38 As such, additive genetic variance in fitness, being equivalent to the change in mean fitness  
39 resulting from selection, has been considered the single most useful statistic quantifying selection  
40 (Burt 1995). Genetic variation in fitness also is a prerequisite for adaptive evolution, as a trait must  
41 be genetically correlated with fitness to evolve through natural selection (Robertson 1966; Price  
42 1970). Hence, understanding the quantitative genetics of individual variation in fitness is arguably  
43 one of the most important aims in evolutionary ecology (Burt 1995; Ellegren and Sheldon 2008;  
44 Walsh and Blows 2009; Gomulkiewicz and Shaw 2013; Shaw and Shaw 2014; Hendry et al. 2018).

45 Considerable debate has surrounded the question of whether or not additive genetic variation  
46 in fitness is expected be low (e.g., Jones 1987; Burt 1995; Houle et al. (1996), Merilä and Sheldon  
47 1999; Shaw and Shaw 2014), and particularly, under which conditions (e.g., Cheverud and  
48 Routman 1995; Whitlock et al. 1995). Empirical estimates of additive genetic variance in fitness  
49 from wild populations are relatively scarce (e.g., Gustafsson 1986; Kruuk et al. 2000; Merilä and  
50 Sheldon 2000; McCleery et al. 2004; Coltman et al. 2005; Brommer et al. 2007; Foerster et al.  
51 2007; Teplitsky et al. 2009; Wheelwright et al. 2014; McFarlane et al. 2014, 2015; Wolak et al.  
52 2018; de Villemereuil et al. 2019), and have so far not shed much light on this debate, since  
53 estimates vary substantially, with many estimates close to zero, and few large estimates (review  
54 by Hendry et al. 2018). Overall, Hendry and colleagues (2018) tentatively concluded that the  
55 evolvability of fitness (measured as the square of the coefficient of additive genetic variance in  
56 fitness) is usually less than 0.2.

57 Data constraints might partially explain the paucity of studies testing for the heritability of  
58 fitness in the wild and the heterogeneity among estimates of additive genetic variance, although  
59 steadily growing datasets collected from long-term study populations gradually alleviate the  
60 problem (Clutton-Brock and Sheldon 2010). This increased data availability was recently  
61 accompanied by the development of (i) statistical tools designed to deal with the non-Gaussian  
62 distributions that often characterize fitness data (de Villemereuil et al. 2016; de Villemereuil 2018),  
63 as well as (ii) theoretical frameworks that facilitate the evolutionary inference of quantitative  
64 genetic parameters based on these data distributions (Morrissey and Bonnet 2019). To date, only  
65 four studies have modelled the quantitative genetics of fitness in wild populations assuming a non-  
66 Gaussian distribution (McFarlane et al. 2014, 2015; Wolak et al. 2018; de Villemereuil et al. 2019).  
67 Additive genetic variance in fitness was estimated to be very small in North American red squirrels  
68 (*Tamiasciurus hudsonicus*) ( $V_A \sim 0$ , 95% =  $5.2 \times 10^{-07}$  - 1.1, McFarlane et al. 2014, see also  
69 McFarlane et al. 2015). In birds, de Villemereuil et al. (2019) showed that hihis (*Notiomystis*  
70 *cincta*) in New Zealand had negligible additive genetic variance in lifetime fitness ( $V_A$  Zero-Inflated  
71 component  $\sim 0$ , 95% CI =  $1.4 \times 10^{-11}$  - 0.0038 and  $V_A$  Poisson component = 0.0078, 95% CI =  $2.3 \times 10^{-10}$  -  
72 5.7), while Wolak et al. (2018) found that the song sparrows (*Melospiza melodia*) of Mandarte  
73 island in Canada harbored substantial additive genetic variance in female and male fitness ( $V_A$   
74 female = 2.01, 95% CI = 0.21 - 3.93;  $V_A$  male = 1.72, 95% CI = 0.27 - 3.39).

75 Here, we present phenotypic and pedigree data obtained from a 28-year individual-based study  
76 on common terns (*Sterna hirundo*). The common tern is a Nearctic and Palearctic colonially  
77 breeding, serially monogamous and migratory seabird. The study colony is located in the north of  
78 Germany; common terns from this colony spend their winters in western Africa and return to the  
79 breeding colony in early spring to breed or prospect potential breeding locations (Becker and

80 Ludwigs 2004). Common terns breed annually, both parents incubate and feed the chicks, and  
81 extra-pair paternity is rare (González-Solís et al. 2001; Becker and Ludwigs 2004). Applying a  
82 series of “animal models” to data from almost 6000 pedigreed individuals across five generations,  
83 we investigate additive genetic variance for lifetime fitness (assessed as the total number of  
84 fledglings produced by a locally-born fledgling), and two of its underlying annual components:  
85 annual reproductive success and adult annual survival.

86

## 87 **METHODS**

### 88 **Study System**

89 Fitness and pedigree data were collected between 1992 and 2019 as part of a long-term study of a  
90 common tern population located at the Banter See on the German North Sea coast (53°36'N,  
91 08°06'E). The Banter See colony consists of six concrete islands, each of which is surrounded by  
92 a 60-cm wall. Walls are equipped with 44 elevated platforms, each containing an antenna which  
93 reads transponder codes. The individual-based study at the Banter See was initiated in 1992, when  
94 101 adult birds were caught and marked with individually-numbered subcutaneously-injected  
95 transponders. Since 1992, all locally hatched birds are similarly marked with a transponder shortly  
96 before fledging and the presence and reproductive performance of marked individuals is monitored  
97 following a standard protocol (Becker and Wendeln 1997). As part of this protocol, the colony is  
98 checked for new clutches every 2–3 days throughout the breeding season (Zhang et al. 2015).  
99 Parents are identified using portable antennae placed around each nest for 1–2 days during  
100 incubation, which is shared by both partners. Pairs can rear up to three chicks per brood (mean  
101 successful brood size  $0.41 \pm 0.65$  SD chicks), and can produce replacement clutches after loss of  
102 eggs or chicks. Second clutches are extremely rare (Becker and Zhang 2011).

103

#### 104 **Fitness Data**

105 Our initial data selection included individuals that fledged between 1992 and 2016, because  
106 previous work showed that 97% of fledglings, if they returned, did so within the first 3 years  
107 (Vedder and Bouwhuis 2018). Since there is little standardized monitoring in areas around the  
108 focal colony, we cannot directly quantify juvenile dispersal. However, we do know that there is (i)  
109 a relatively high local return rate (26% of chicks fledged between 1992 and 2016 returned to the  
110 colony, of which 14% recruited), and (ii) only rare reporting of external recruits (between 1992  
111 and 2016, 32 fledglings from the Banter See were observed a total of 105 times in other European  
112 breeding colonies). In addition, although we cannot directly observe an individual's death, we can  
113 reliably assume it, because adult breeders at the Banter See are highly site-faithful, evidenced by  
114 a resighting probability of breeding individuals close to one (Szostek and Becker 2012), and 96%  
115 of breeders not skipping recording by the antenna system for two or more consecutive years after  
116 first reproduction (Bouwhuis et al. 2015; Zhang et al. 2015). Based on this knowledge, we removed  
117 all birds that were observed in 2018 and/or 2019 *and* were younger than 11 years old, because (i)  
118 they are known to not be, or cannot yet be assumed to be, dead, and (ii) lifetime fitness of  
119 individuals older than 10 years and those dead showed a high correlation ( $r > 0.8$ ) in our dataset.  
120 Hence, we included birds that have completed their life histories ( $n = 5836$ ), as well as birds that  
121 were still alive but older than 10 years ( $n = 163$ ) to avoid introducing a cohort truncation bias by  
122 non-randomly removing longer-lived birds (Hadfield 2008; Morrissey et al. 2012). To control for  
123 any potential confounding effect, we modelled whether an individual was considered dead or alive  
124 as a fixed effect (see below).

125 We quantified lifetime fitness as the number of local fledglings that a locally-hatched  
126 fledgling produced during its lifetime, for a total of 5999 locally-hatched fledglings (Fig. 1A) and  
127 decomposed it into two major components: juvenile survival and adult lifetime reproductive  
128 success. Juvenile survival captures survival from fledgling to age 1, inferred from whether a  
129 fledgling became a local recruit in later years, whereas adult lifetime reproductive success captures  
130 adult survival and reproductive success from age 1 onwards. These two fitness components  
131 correspond to the two mechanisms captured by the Zero-inflated Poisson distribution of lifetime  
132 fitness. We further decomposed adult lifetime reproductive success into its two components:  
133 annual reproductive success (ARS) and adult annual survival (AAS). ARS was measured as the  
134 number of fledglings that an individual produced each year between age 1 and last registration,  
135 assigning zeroes for years of skipped reproduction or registration, and for years prior to recruitment  
136 (Fig. 1B). Similarly, AAS was adult survival (1/0) to the following breeding season, measured  
137 every year from age 1 to last registration (inferring missing direct observations prior to recruitment  
138 from later observations). In total, our data comprised 836 individuals with 6873 observations for  
139 ARS and AAS.

140

## 141 **Pedigree**

142 The pedigree was constructed by assigning all fledged offspring to their social parents, then pruned  
143 to remove individuals who were either not phenotyped or not ancestors to phenotyped individuals.  
144 For the purpose of this study, the pruned pedigree comprised 6290 records. The maximum depth  
145 was five generations, the number of paternities and maternities 2417 and 2520, respectively. The  
146 numbers of full, paternal and maternal sibships were 2594, 10229 and 9807, respectively (see  
147 Supplementary Material for further information on the population relatedness structure). This

148 social pedigree is a good approximation of the genetic pedigree, because common terns exhibit  
149 very low levels of extra-pair paternity (González-Solís et al. 2001).

150

## 151 **Quantitative Genetic Models**

152 We applied an animal model approach that combines the phenotypic information on individual  
153 fitness components with information from the social pedigree (Kruuk 2004). As such, we fitted a  
154 series of univariate animal models where fitness, or one of its components, was the response  
155 variable.

156 To model lifetime fitness, we fitted a univariate animal model with a Zero-Inflated Poisson  
157 error distribution. We fitted a Zero-Inflated Poisson distribution to better capture the nature of our  
158 metric of lifetime fitness. Zero-inflation is often the result of a process that determines whether an  
159 event occurs or not, which differs from the Poisson process that determines how many times an  
160 event occurs. In this case, a Zero-Inflated Poisson model can explicitly model the two different  
161 processes, as opposed to a Poisson model that assumes only a single process to be generating the  
162 data (Korner-Nievergelt et al. 2015). We fitted random intercepts for individual identity linked to  
163 the pairwise relatedness matrix and for hatch-year (to account for cohort effects; e.g., Vedder and  
164 Bouwhuis 2018). Because we modeled lifetime fitness with a Zero-Inflated over-dispersed Poisson  
165 distribution, we could estimate the covariance between the Zero-inflated and Poisson components  
166 for each variance component. However, a model including additive genetic and hatch-year  
167 covariances between the Zero-Inflated and Poisson components of the trait did not provide a better  
168 fit to the data, hence we do not model such covariances. The main models presented also did not  
169 control for shared environmental effects between siblings (maternal, paternal, or brood effects),  
170 because we did not have information on parental identity for all individuals (maternal identities =



171 2382 and paternal identities = 2481; 1271 individuals have both maternal and paternal identities  
172 known, see Supplementary Material for detailed information on the population relatedness  
173 structure), and because most fledglings came from broods where only a single individual had  
174 successfully fledged (3027 broods fledged one chick, 1145 broods two, 226 broods 3, while 4  
175 individuals could not be assigned to a brood). However, we did explore the potential effects of a  
176 shared environment (due to maternal, paternal effects, or brood effects) by running two additional  
177 animal models which included one or two shared environmental effects as random effect(s). We  
178 found that there was no major influence on our estimate of additive genetic variance in lifetime  
179 fitness components, as expected given that the model presented in the main text returned a very  
180 low (close to or zero) estimate of additive genetic variance (see Suppl. Material, Tables S1 and  
181 S2).

182 As fixed effects, we modelled the trait intercept and whether the individual was alive or  
183 dead at the end of the study period (categorical variable with two levels). Additionally, we  
184 performed data simulations to investigate (i) whether we can effectively detect *small, but*  
185 *substantial* additive genetic variances in fitness (*sensu* de Villemereuil et al. 2019) given our data  
186 and pedigree structure, and (ii) the improvement of our statistical power to detect small additive  
187 genetic variances in both components of lifetime fitness when the dataset and pedigree would  
188 increase in size and depth (Supplementary Material, Figs. S1-S5).

189 To model ARS, we assumed a Poisson error distribution with a log link function and  
190 checked whether the trait was underdispersed, which was not the case. We fitted random intercepts  
191 for individual identity linked to the pairwise relatedness matrix, individual identity not linked to  
192 the pedigree (to account for permanent environmental effects) and year of observation (to account  
193 for temporal variation across years). As fixed effects, we modelled the trait intercept and age

194 (continuous trait ranging from 1 to 23 years), as fledgling production is known to linearly increase  
195 with age (Zhang et al. 2015) (but see Supplementary Materials, Table S3, for results of the same  
196 animal model without age effects).

197 To model AAS, we assumed a binary error distribution with a logit link function and fixed  
198 the residual variance to one. We fitted random intercepts for individual identity linked to the  
199 pairwise relatedness matrix, individual identity not linked to the pedigree (to account for  
200 permanent environmental effects) and year of observation (to account for temporal variation across  
201 years). As fixed effects, we modelled the trait intercept and age (continuous trait ranging from 1  
202 to 23 years), as AAS is known to linearly decrease with age (Zhang et al. 2015; Vedder et al. 2021)  
203 (but see Supplementary Materials, Table S3, for results of the same animal model without age  
204 effects).

205 All quantitative genetic models were fitted using a Bayesian framework implemented in  
206 the statistical software R (v. 3.6.1, R Core Team 2019) using the R-packages *MCMCglmm*  
207 (Hadfield 2010) and *QGglmm* (de Villemereuil et al. 2016). Posterior distributions were plotted  
208 using the R-package *wolakR* ([github.com/matthewwolak/wolakR](https://github.com/matthewwolak/wolakR)). Narrow-sense heritabilities ( $h^2$ )  
209 were conditional on the variance explained by fixed effects and were estimated as the proportion  
210 of the total phenotypic variance explained by the additive genetic variance. Evolvabilities ( $I_A$ ) were  
211 estimated by dividing the additive genetic variance by the squared population mean (Houle 1992;  
212 Hansen et al. 2011).

213 For all models we used parameter-expanded priors (Hadfield 2010). We fitted different  
214 priors for each fitness component (see Supplementary Material). The number of iterations and  
215 thinning intervals were chosen for each model so as to ensure that the minimum MCMC effective  
216 sample size for all parameters was 1000. Burn-in was set to a minimum of 5000 iterations. The

217 retained effective sample sizes yielded absolute autocorrelation values  $<0.1$  and satisfied  
218 convergence criteria based on the Heidelberger and Welch convergence diagnostic (Heidelberger  
219 and Welch 1981). We drew inferences from the posterior mode and 95% credible intervals (95%  
220 CI). To facilitate evolutionary inference (Bonnet et al. 2019; Morrissey and Bonnet 2019), we  
221 back-transformed the latent-scale posterior distributions of the quantitative genetic parameters to  
222 the data-scale (de Villemereuil et al. 2016).

223

## 224 **RESULTS**

### 225 **Quantitative Genetics of Lifetime Fitness Components**

226 Among the 5999 common tern chicks that fledged between 1992 and 2016, lifetime fitness ranged  
227 between 0 and 29 fledglings (Fig. 1A). 5231 (87.19%) fledglings obtained zero fitness, such that  
228 the distribution of fitness was strongly zero inflated (Fig. 1A).

229         Raw mean fitness was  $0.72 \pm 2.52$  SD fledglings. Although this would indicate the  
230 population to be in overall decline (a mean lifetime breeding success of two fledglings would be  
231 required for the population to be stable), population size actually varied dramatically across years  
232 and did not decline (Fig. S6), partially because there was a substantial influx of non-locally hatched  
233 breeders that immigrated into the population (ca.  $74\% \pm 1$  of breeders was estimated to be  
234 immigrant in any given year between 1992 and 2020). Since we do not capture or mark immigrants,  
235 we can quantify the proportion of immigrants present in our colony in a given year but we cannot  
236 include them in the pedigree or our individual-based models.

237         Simulations showed that, given our data structure and pedigree, we would not be able to  
238 detect what might be considered a *small, but substantial* signal for the Zero-inflated component of  
239 lifetime fitness: we generated a Zero-inflated component of fitness with an additive genetic  
240 variance of 0.01, and found that the average posterior mode was similar to the simulated value of

241  $V_A$  (average = 0.012 across the 100 replicates, Fig. S1), but the lower 95% CI limit was on average  
242 zero across replicates (95% CI = 0 – 0.023 and lower 95% CI exceeded a value of 0.0001 only 72  
243 times across the 100 replicates, Fig. S1). When we simulated larger values of additive genetic  
244 variance (i.e.,  $V_A = 0.05$  or 0.1), our simulations showed that we would be able to detect those  
245 (average = 0.053 and 95% CI = 0.028 – 0.083 across the 100 replicates for a simulated value of  
246 0.05; and average = 0.102 and 95% CI = 0.064 – 0.145 for a simulated value of 0.1). Lower 95%  
247 CI always exceeded a value of 0.0001 in both simulated cases (Figs. S3 and S4).

248 Our quantitative genetic analysis of empirical data suggested that the additive genetic  
249 variance in the Zero-Inflated component of lifetime fitness was not different from zero, as the  
250 posterior mode of the additive genetic variance was very close to, and the lower 95% CI limit  
251 leaning towards, zero (Table 1, Fig. 2A-C). Taken together, our combination of analyses of  
252 empirical and simulated data therefore suggested there to be low (lower than 0.05) to null additive  
253 genetic variance in the Zero-inflated component of lifetime fitness, but that we lack power to  
254 determine with higher precision whether such variance is effectively zero, or non-zero but very  
255 small.

256 The results for the Poisson component of lifetime fitness are less straightforward.  
257 Simulations showed that, given our data structure and pedigree, we would not be able to detect  
258 either *small, but substantial* or larger signals for the Poisson component of fitness: we generated a  
259 Poisson-component of fitness with a series of evolvability values ( $I_A = 0.00, 0.01, 0.05$  and 0.1),  
260 and found that the lower 95% CI limit was on average zero in all cases (i.e., lower 95% CI did not  
261 exceed a value of 0.0001 in the vast majority of the 100 replicates, Fig. S1-4). Our analysis of the  
262 empirical data suggested that the additive genetic variance of the Poisson component did not differ  
263 from zero, given that the associated lower 95% CI limits of  $V_A, h^2$  and  $I_A$  converged towards zero

264 (Table 1, Fig. 2D-F). Altogether, the combination of empirical analyses and data simulations  
265 showed that we lacked power to determine where the additive genetic variance in the Poisson  
266 component of lifetime fitness falls within a rather large range of values (between “larger than 0.1”  
267 and zero).

268 Finally, simulation of a larger dataset with a deeper pedigree structure indicated that  
269 increasing our study to include four more generations of pedigreed individuals would lead to an  
270 important increase in statistical power, such that we would be able to detect additive genetic  
271 variances of at least 0.05 in both components of lifetime fitness. Estimated values of additive  
272 genetic variance were of similar magnitude to that of the simulated value (average posterior mode  
273 of 0.05 across the 100 replicates for both components of lifetime fitness), with non-zero lower  
274 95% CI in both cases (95% CI = 0.031- 0.064 for Zero-Inflated component, and 95% CI = 0.009 -  
275 0.197 for Poisson component, Fig. S5).

276

### 277 **Quantitative Genetics of Annual Fitness Components**

278 We investigated the Annual Reproductive Success and Adult Annual Survival of 836 fledglings  
279 that survived to adulthood and bred in our population (Table 2). Raw mean annual reproductive  
280 success was  $0.70 \pm 0.81$  SD with a maximum of three fledglings (Fig. 1B). The posterior  
281 distribution of  $V_A$  for ARS converged toward zero (Table 2, Fig. 4A-C), suggesting that  $V_A$  is not  
282 different from zero. Raw mean adult annual survival probability was  $0.85 \pm 0.36$  SD. The posterior  
283 modes of all quantitative genetic parameters for AAS were very close to zero (Table 2, Fig. 3A-  
284 C), with the lower 95% CI limit of all parameter estimates converging towards zero, again  
285 suggesting that  $V_A$  in AAS is not different from zero.

286

## 287 **DISCUSSION**

288 The most direct measure of the adaptive potential of a population is its standing additive genetic  
289 variance in fitness (Fisher 1930). Here, we estimated additive genetic variances in lifetime and  
290 annual fitness components in a wild colony of common terns. On the one hand, our empirical  
291 findings indicated no evidence for substantial (or different from zero) additive genetic variance in  
292 lifetime fitness components, adult annual survival or annual reproductive success. On the other  
293 hand, data simulations demonstrated an overall lack of statistical power to detect *small, but*  
294 *substantial* signals (i.e.,  $V_A = 0.01$ ), although statistical power differed between the two  
295 components of lifetime fitness: we would have power to detect slightly larger signals (additive  
296 genetic variances of, at least, 0.05) for the Zero-inflated, but not Poisson, component of fitness. As  
297 such, our work demonstrated that estimating additive genetic variance in fitness is very difficult in  
298 wild populations, partly due to the expected low values of genetic variation in fitness in locally  
299 adapted populations, but also to the challenges associated with collecting sufficient phenotypic  
300 and pedigreed data.

301

### 302 **Quantitative Genetics of Lifetime and Annual Fitness Components**

303 There have been around 30 studies testing for additive genetic variance in fitness in the wild, with,  
304 to our knowledge, only four using non-Gaussian animal models (McFarlane et al. 2014, 2015;  
305 Wolak et al. 2018; de Villemereuil et al. 2019). Our estimate of the additive genetic variance for  
306 the Zero-inflated component of lifetime fitness on the data-scale was effectively zero, with a zero  
307 lower 95% CI limit (posterior mode  $V_{A \text{ data-scale}} = 0.004$ , 95% CI = 0 - 0.008, Table 1), similarly to  
308 results for another bird species, the hihi (posterior mode  $V_{A \text{ data-scale}} \sim 0$ , 95% CI =  $1.4 \times 10^{-11}$  -  
309 0.0038, de Villemereuil et al. 2019). For the Poisson component, de Villemereuil et al. (2019)

310 found a posterior mode of 0.0078 (95% CI =  $2.3 \times 10^{-10}$  - 5.7). Our posterior mode estimate was  
311 overall larger (posterior mode  $V_{A \text{ data-scale}} = 2.29$ , Table 1), but associated with high uncertainty  
312 (95% CI = 0.002 - 12.3), such that the estimates from both studies remain qualitatively similar.  
313 Given that our estimates of additive genetic variance in fitness showed very low or null values,  
314 our study implies that the adaptive potential of this natural population of common terns will be  
315 extremely limited, although the actual potential remains partially unknown as our estimates were  
316 associated with high uncertainty. Moreover, it is important to note that we could only investigate  
317 the evolutionary potential of local recruits, as we did not have phenotypic and pedigree data to  
318 investigate the evolutionary potential of the total colony (i.e., local recruits and immigrants).

319 Additive genetic variance in lifetime fitness can theoretically be decomposed into the  
320 additive genetic variances in its underlying components. The two primary components of our  
321 measure of lifetime fitness are juvenile survival and adult lifetime reproductive success. Our zero-  
322 inflation in lifetime fitness is mainly due to low juvenile survival (i.e., 74% of fledglings did not  
323 locally return to the colony), while the Poisson process generating the observed fitness distribution  
324 is mostly capturing adult lifetime reproductive success. If we compare our nominally zero additive  
325 genetic variance in the Zero-inflated component of lifetime fitness (Table 1) with estimates from  
326 other studies that tested for additive genetic variance in juvenile survival, we observe some  
327 differences. For instance, the study of Wolak et al. (2018) on the song sparrow population of  
328 Mandarte Island reported evidence for non-zero  $V_A$  for juvenile survival.

329 Adult lifetime reproductive success is the sum of annual reproductive events across the life  
330 of an individual, and hence, can be decomposed into annual reproductive success and adult annual  
331 survival. Our quantitative genetic analyses of these two annual fitness components revealed a lack  
332 of substantial additive genetic variance for both (Table 2). This finding again contrasts with one

333 from Mandarte’s song sparrows, where there was evidence for moderate levels of additive genetic  
334 variance in ARS (especially for males) and close to zero in AAS, indicating that heritable ARS  
335 was the primary component of heritable adult lifetime reproductive success in that population  
336 (Wolak et al. 2018).

337

### 338 **Limitations of studying quantitative genetics of fitness in the wild**

339 Estimating quantitative genetic parameters with precision is a data-hungry endeavor. Researchers  
340 therefore are faced with the challenge of collecting hard-to-quantify lifetime fitness data from an  
341 unbiased sample of the population (i.e., avoiding the “missing fraction” bias) that comprises a  
342 sufficiently large number of individuals of known relatedness (Burt 1995; Merilä and Sheldon  
343 1999; Hendry et al. 2018). In addition, even when a large pedigree is available, additive genetic  
344 variance in fitness is often expected to be low, for instance, when populations are locally adapted,  
345 such that the power to detect small, close to zero, additive genetic variation in fitness may be low  
346 as well. As pointed out by Burt (1995): “it is very difficult to get an estimate that is statistically  
347 distinguishable from zero, and the sample sizes required to do so might easily lead to despair”.  
348 Our data simulations reveal that we would need at least four more generations of terns to  
349 statistically differentiate between an underpowered and a true zero estimate of additive genetic  
350 variance for the Poisson component of lifetime fitness. Increasing our pedigree by four more  
351 generations would require roughly two more decades of data collection, i.e. a non-negligible  
352 amount of funding and logistic effort. This extrapolation should, however, be taken with care, as  
353 it is challenging to predict the population dynamics for the next twenty years, and/or whether the  
354 relatedness structure of the population will increase or decrease as the rates of emigration and  
355 immigration may change with population growth (e.g., Szostek and Becker 2014). In light of the



356 multiple constraints posed by data requirements and expected low values, negative results with  
357 respect to additive genetic variation in fitness should be discussed with caution. Nevertheless,  
358 simulations aimed at determining the statistical power of a given dataset and pedigree structure  
359 will help to distinguish a true negative result from a zero parameter estimated with high uncertainty  
360 (e.g., de Villemereuil et al. 2019).

361 In addition to the difficulty of estimating the heritability of fitness with precision, our  
362 knowledge of the genetic architecture of fitness components is limited. Extending our genomic  
363 understanding of fitness variation in wild populations will bring important insights into how  
364 genetic variation underpinning fitness may be maintained, and overall will help to better predict  
365 the evolutionary dynamics of natural populations (Merilä and Sheldon 1999; Mackay 2001; Huang  
366 and Mackay 2016). Despite the clear benefits, genomic research based on quantitative trait loci  
367 (QTL) approaches or genome-wide associations in natural populations was a challenge (Slate  
368 2004; Slate et al. 2010; Jensen et al. 2014), partially due to the low power to detect QTL, for  
369 instance because studies suffered from low-density linkage maps and/or relatively few genotyped  
370 individuals. Nowadays, the use of powerful next-generation genomic techniques, however, allows  
371 to increase the power in such studies.

372 A better understanding of the genetic architecture of fitness will also provide added  
373 benefits, as, for instance, it would allow a deeper understanding of the genetic underpinnings of  
374 complex traits such as fitness, which might be subjected to different pleiotropic effects (Mackay  
375 2001). For instance, antagonistic pleiotropy is often assumed to underlie the negative phenotypic  
376 correlation between the two main components of lifetime fitness: survival and reproductive  
377 success (also observed in the terns: Vedder et al., 2021).

378

379 **Conclusion**

380 Our quantitative genetic study of fitness in a wild population of common terns reported low to zero  
381 estimates of additive genetic variance in lifetime and annual fitness components, which were at  
382 the same time associated with high uncertainty. Those analyses, however, were overshadowed by  
383 a lack of statistical power to detect additive genetic variation in fitness more accurately and  
384 precisely. The continuation of long-term individual-based studies should be safeguarded (also see  
385 Clutton-Brock and Sheldon 2010), such that the maturation of long-term studies will offer  
386 improved opportunities for testing genetic variation in natural populations, which, thanks to the  
387 recent development of appropriate statistical and theoretical frameworks (de Villemereuil et al.  
388 2016; Bonnet et al. 2019; Morrissey and Bonnet 2019), will help to improve our understanding of  
389 the genetics of fitness in the wild. Ultimately, a robust quantification of the standing additive  
390 genetic variation in fitness will inform us about the rate of adaptation of populations, and allow a  
391 better understanding of their viability in the face of the deleterious environmental effects resulting  
392 from current climate and global changes.

393

394 **AUTHOR CONTRIBUTIONS**

395 M.M. conceived the study with input from S.B. and A.C. M.M. designed and conducted the  
396 analyses, and wrote the manuscript. S.B. manages the tern data and collated the dataset. All authors  
397 contributed to editing the final paper.

398

399 **ACKNOWLEDGMENTS**

400 We are indebted to Peter H. Becker for setting up the long-term common tern study and thank the  
401 numerous field workers that have contributed to compiling the data. We also thank Tim Janicke  
402 for providing enlightening discussions during manuscript conception and preparation, Timothée

403 Bonnet for helping with the interpretation of model parameters and Andrew McAdam, Gabriel  
404 Marroig, Michael Morrissey, Jarrod Hadfield and two anonymous reviewers for their constructive  
405 feedback on the manuscript. M.M. was funded by a Marie Skłodowska-Curie Individual  
406 Fellowship (PLASTIC TERN, Grant Agreement Number 793550) and an Alexander von  
407 Humboldt postdoctoral fellowship. The authors declare no conflict of interest.

408

#### 409 **DATA ARCHIVING**

410 Data have been archived in the Dryad Digital Repository: <https://doi.org/10.5061/dryad.8kpr4xqj>  
411 (Moiron et al. 2022).

412

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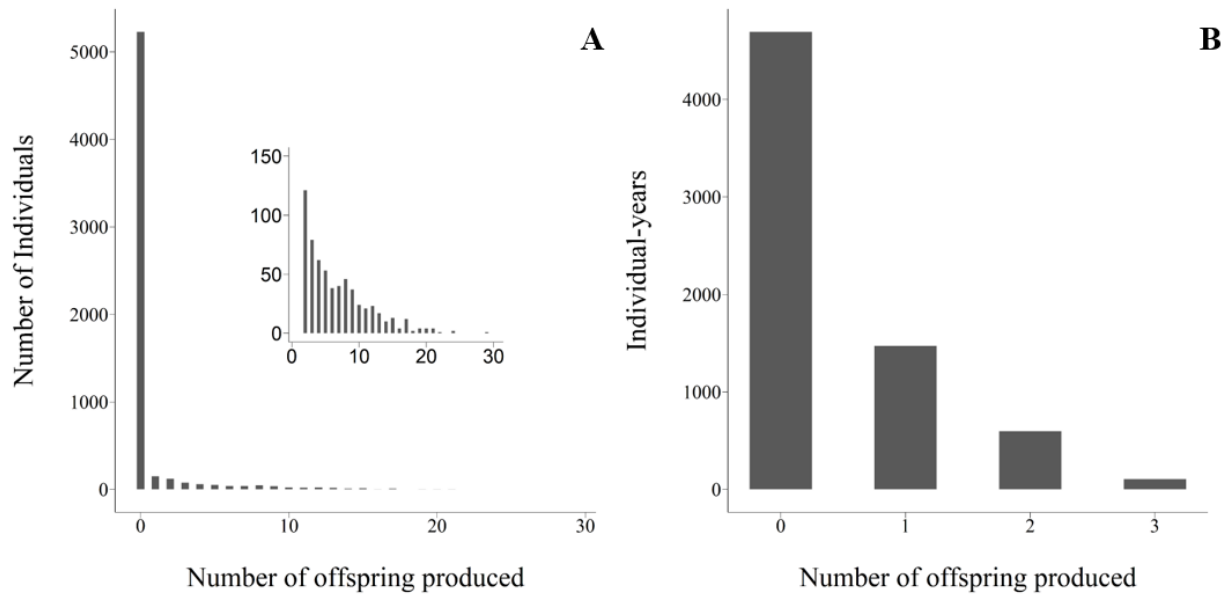
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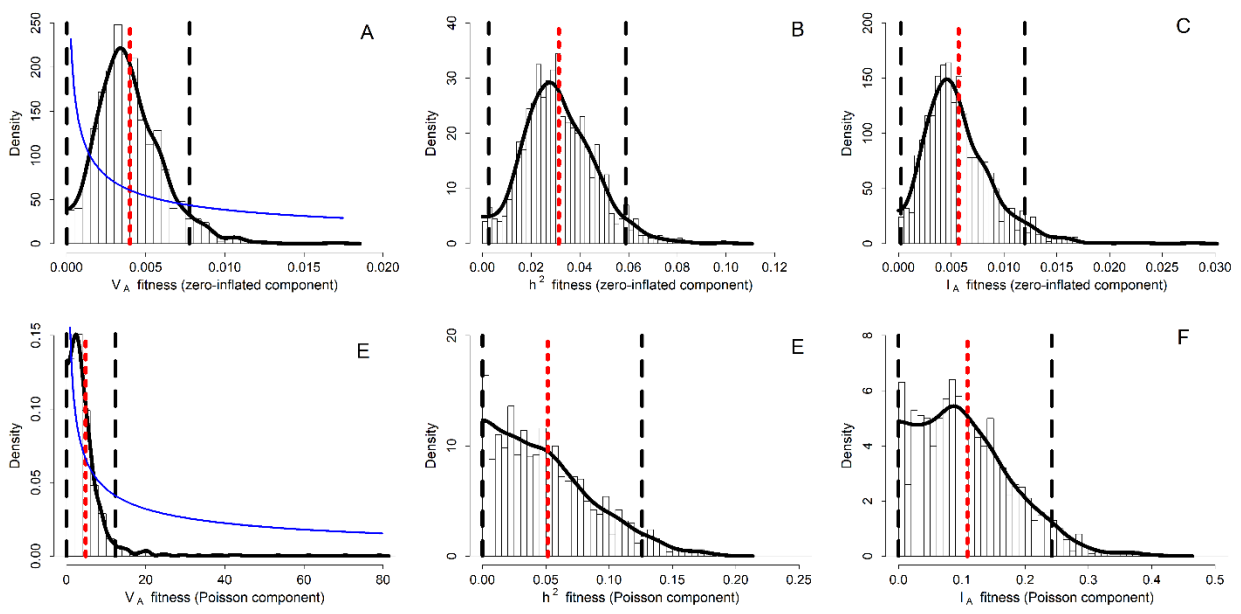


540 **FIGURE LEGENDS**

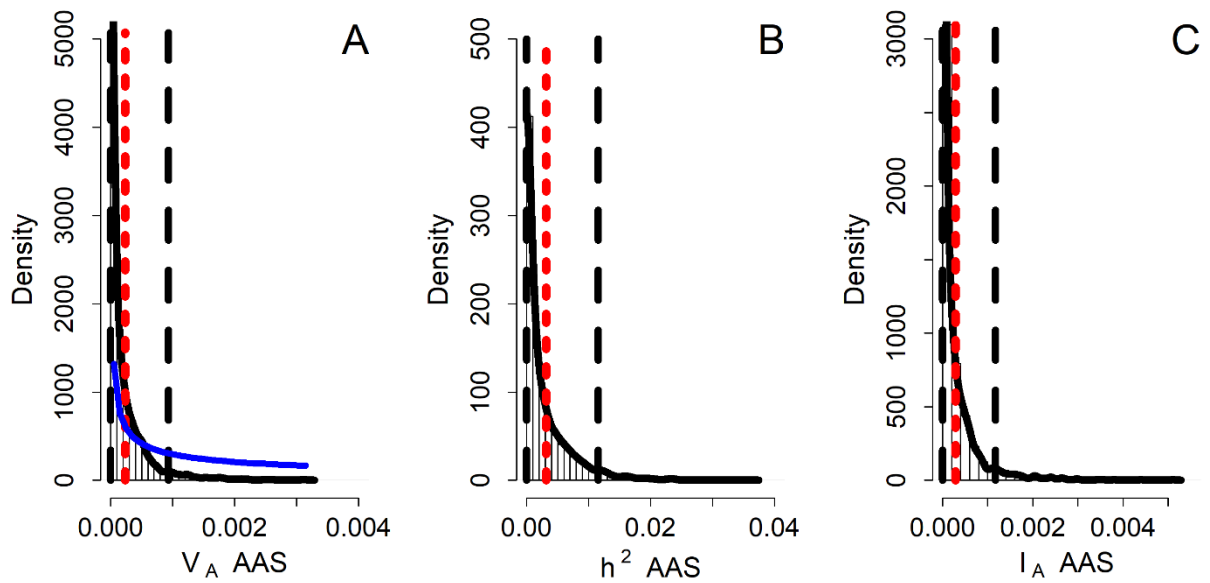
541 **Figure 1.** Phenotypic distributions of A) lifetime fitness measured as the total number of fledglings  
542 a locally-hatched fledgling produced in its lifetime (with the inset showing the distribution for non-  
543 zero fitness in more detail), and B) annual reproductive success, measured as the number of  
544 fledglings an adult breeder produced in a year.



545 **Figure 2.** Posterior MCMC samples (bars), kernel density estimation (solid black line), posterior  
 546 mean (red dotted line), 95% Credible Intervals (black dashed lines) and prior (solid blue line) for  
 547 the A) additive genetic variance ( $V_A$ ), B) heritability ( $h^2$ ) and C) evolvability ( $I_A$ ) of the Zero-  
 548 Inflated component of lifetime fitness, and the D) additive genetic variance ( $V_A$ ), E) heritability  
 549 ( $h^2$ ) and F) evolvability ( $I_A$ ) of the Poisson component of lifetime fitness. Distributions are reported  
 550 on the data scale.

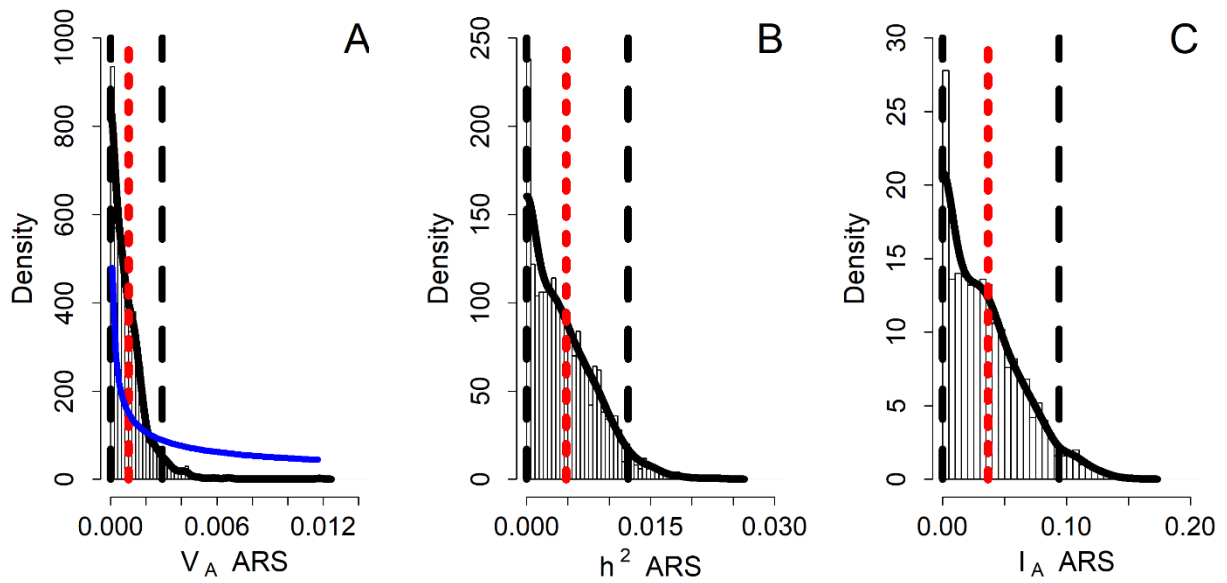


551 **Figure 3.** Posterior MCMC samples (bars), kernel density estimation (solid black line), posterior  
552 mean (red dotted line), 95% Credible Intervals (black dashed lines) and prior (solid blue line) for  
553 the A) additive genetic variance ( $V_A$ ), B) heritability ( $h^2$ ) and C) evolvability ( $I_A$ ) of adult annual  
554 survival (AAS). Distributions are reported on the data scale.



555 **Figure 4.** Posterior MCMC samples (bars), kernel density estimation (solid black line), posterior  
556 mean (red dotted line), 95% Credible Intervals (black dashed lines) and prior (solid blue line) for  
557 the A) additive genetic variance ( $V_A$ ), B) heritability ( $h^2$ ) and C) evolvability ( $I_A$ ) of annual  
558 reproductive success (ARS). Distributions are reported on the data scale.

559



560

561 **TABLES**

562 **Table 1.** Posterior modes and 95% Credible Intervals (in brackets) for data-scale variance estimates from quantitative genetic analyses  
 563 of lifetime fitness components.

<b>Fitness component</b>	<b>N<sub>individuals</sub></b>	<b>Pop. Mean</b>	<b>V<sub>P</sub></b>	<b>V<sub>A</sub></b>	<b>h<sup>2</sup></b>	<b>I<sub>A</sub></b>
Zero-inflated	5999	0.854 (0.777,0.908)	0.119 (0.083,0.173)	0.004 (0,0.008)	0.031 (0.003,0.059)	0.006 (0,0.012)
Poisson		5.71 (3.86,10.2)	17.2 (20.4,549)	2.29 (0.002,12.3)	0.023 (0,0.126)	0.088 (0,0.242)

564 The results are shown for the Zero-inflated and Poisson components of the model. All statistics (Pop. Mean, population mean; V<sub>P</sub>,  
 565 phenotypic variance; V<sub>A</sub>, additive genetic variance; h<sup>2</sup>, heritability; I<sub>A</sub>, evolvability) presented in the table are reported on the data-scale.

566 **Table 2.** Posterior modes and 95% Credible Intervals (in brackets) for data-scale variance estimates from quantitative genetic analyses  
 567 of annual reproductive success (ARS) and adult annual survival (AAS).

<b>Fitness component</b>	<b>N<sub>observations</sub></b>	<b>N<sub>individuals</sub></b>	<b>Pop. Mean</b>	<b>V<sub>P</sub></b>	<b>V<sub>A</sub></b>	<b>h<sup>2</sup></b>	<b>I<sub>A</sub></b>
ASS	6873	836	0.940 (0.855,0.972)	0.056 (0.029,0.126)	0.000 (0,0.001)	0.0001 (0,0.012)	0.000 (0,0.001)
ARS			0.142 (0.108,0.236)	0.157 (0.115,0.365)	0.000 (0,0.003)	0.000 (0,0.012)	0.000 (0,0.094)

568 All statistics (Pop. Mean, population mean; V<sub>P</sub>, phenotypic variance; V<sub>A</sub>, additive genetic variance; h<sup>2</sup>, heritability; I<sub>A</sub>, evolvability)  
 569 presented in the table are reported on the data scale.