

1 Indicators of Complexity and Over-complexification in Global Food 2 Systems

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12 Abstract

13 Global food systems have increased in complexity significantly since the mid-20th century, through
14 such innovations as mechanization, irrigation, genetic modification, and the globalization of supply
15 chains. While complexification can be an effective problem-solving strategy, over-complexification
16 can cause environmental degradation and lead systems to become increasingly dependent on external
17 subsidies and vulnerable to collapse. Here, we explore a wide array of evidence of complexification
18 and over-complexification in contemporary global food systems, drawing on data from the Food and
19 Agriculture Organization and elsewhere. We find that food systems in developed, emerging, and least
20 developed countries have all followed a trajectory of complexification, but that return on investments
21 for energy and other food system inputs have significantly declined—a key indicator of over-
22 complexification. Food systems in developed countries are further along in the process of over-
23 complexification than least developed and emerging countries. Recent agricultural developments,
24 specifically the introduction of genetically modified crops, have not altered this trend or improved
25 return on investments for inputs into food systems. Similarly, emerging innovations belonging to the
26 “digital agricultural revolution” are likewise accompanied by energy demands that may further
27 exacerbate over-complexification. To reverse over-complexification, we discuss strategies including
28 innovation by subtraction, agroecology, and disruptive technology.

29 1 Introduction

30 Since the advent and rapid proliferation of industrialized agricultural practices in the mid-20th
31 century, global food systems have consistently succeeded in producing more food, overall and per-
32 capita, every year (Figure 1). While this is a tremendous technological achievement, these gains have
33 required immense investments of social and ecological capital, and as such, have been accompanied
34 by great environmental and societal costs (Campbell et al., 2017). The agri-food industry is among
35 the largest contributing sectors to numerous global challenges, including climate change, biodiversity
36 loss, and freshwater contamination (Evans et al., 2019; Hajer et al., 2016; 2019). Global malnutrition
37 and hunger are likewise high and on the rise, and the ability of our existing food systems to continue
38 to feed current and future populations is questionable, given the expected environmental impacts of
39 climate change on crop yields and the various systemic supply chain vulnerabilities highlighted by
40 COVID-19 (Dawson et al., 2016; Laborde et al., 2020). As such, many scholars argue that nothing

41 less than a rapid and radical transformation of global food systems is necessary (Rockström et al.,
42 2020; Rotz & Fraser, 2015; Searchinger et al., 2019).

43 [Figure 1 about here]

44 In this paper, we offer an innovative analysis of the successes and challenges of global food systems
45 framed by historian Joseph Tainter's theory of societal complexification (1995, 2006).
46 Complexification describes a strategy for solving problems, specifically via the development of
47 solutions and technologies that require increased specialization of social roles and institutional
48 hierarchies, greater technical competencies, larger scales of integration, increased use of energy, and
49 increased production and flow of information (Flannery, 1972; Strumsky et al., 2010; Tainter, 1995,
50 2006). Complexification is an ubiquitous human strategy for adaptation and problem solving, but it is
51 also costly, because increases in complexity generally require attendant increases in energy
52 investments (Boserup, 1975; Pelletier et al., 2011; Tainter, 1995). Too, studies of past societies
53 suggest that sustained complexification can become maladaptive and lead to diminishing returns
54 (Strumsky et al., 2010; Tainter, 2006) (Figure 2). Tainter calls this over-complexification: a stage of
55 development in which investments in complexity produce few benefits, increase dependence on
56 externalities, and make societies more vulnerable to collapse (Angeler et al., 2020; Fraser, 2011;
57 Tainter, 2006). As the costs and pitfalls of over-complexification become evident, Tainter argues,
58 people begin to reject complex solutions and turn instead toward simple or traditional ones.

59 [Figure 2 about here]

60 Below, we draw on a wide array of quantitative data to explore the extent of complexification in
61 global food systems and evaluate whether there is evidence of over-complexification. First, we
62 present evidence that the recent history of global food systems has been one of ever-increasing
63 complexification, beginning with mechanization in the developed world in the early 20th Century,
64 and most recently taking such forms as genetic modification and globalization of supply chains.
65 Then, we explore evidence of over-complexification; following Tainter, we focus on return on
66 investments (ROI) for energy (E-ROI) as well as for mechanization, irrigation technology, chemical-
67 based fertilizer and pesticides, and most recently, adoption of genetically modified (GM) crops
68 (Pelletier et al., 2011; Woods et al., 2010). We also discuss evidence of societal rejection of
69 complexity, specifically in the forms of local and alternative food movements and GM skepticism.

70 Note that we recognize that “global food systems” comprise a heterogeneous assemblage of systems
71 for food production, distribution, processing, and marketing, some of which exhibit tighter local and
72 regional couplings than others. As such, we explore evidence of complexification globally, broken
73 down by developed countries, least developed countries, and emerging countries, and also for the
74 four top GM-adopting countries (which we take as an indicator of advanced complexification):
75 Argentina, Brazil, Canada, and the United States. Given the presumptively transformative nature of
76 GM technology, our assumption is that any evidence of benefits (or lack thereof) to E-ROI will be
77 particularly evocative regarding the state of complexification in these nations.

78 We couch our findings in a discussion of emerging trends in agribusiness, such as digital agriculture,
79 vertical farming, and the use of big data. Given these unfolding innovations, and given too the
80 urgency to rapidly transform global food systems, our discussion is both timely and critical (Rotz et
81 al., 2019; Weersink et al., 2018). As such, we conclude by exploring existing and emerging strategies
82 for reversing over-complexification in food systems, including innovation by subtraction, disruptive
83 innovation, and agroecology.

84 2 **Methods**

85 For the purposes of this analysis, we define complexification as any strategy for problem-solving that
 86 requires greater specialization of social roles and institutional hierarchies, greater technical
 87 competencies, larger scales of integration, increased use of energy, and increased production and
 88 flow of information (Flannery, 1972; Strumsky et al., 2010; Tainter, 1995, 2006). It is important to
 89 note for the purposes of disambiguation with other disciplines that this definition of complexity is
 90 different from that found in complex systems theory, which defines complex systems as having few
 91 similar parts and rules that interact to create emergent phenomena and self-organization (Ashby,
 92 1947; Von Bertalanffy, 1972).

93 Complexification in agricultural production systems and supply chains takes a variety of forms, and
 94 as such, is difficult to measure with a single indicator (Lin et al., 2019; Serdarasan, 2013). While we
 95 know of no single established indicator of food systems complexification, scholars have identified
 96 multiple technological and social trends that contribute complexity to food systems. Below, we
 97 examine trends in total energy inputs (Pelletier et al., 2011), proliferation of mechanization and
 98 irrigation (Sassenrath et al., 2008), adoption of genetically modified crops (Rótolo et al., 2015),
 99 trophic level of protein in the food system (Bonhommeau et al., 2013), aquaculture orientation of
 100 fisheries production (Troell et al., 2014), export-orientation of national agricultural systems (Porkka
 101 et al., 2013), and transnationality of agribusiness (Senauer & Venturini, 2005) as potential evidence
 102 of complexification.

103 Unless otherwise noted below, we examine these trends globally and clustered into three categories:
 104 least developed countries, developed countries, and emerging countries, using the definition provided
 105 by the United Nations for the first two and the definition for the latter provided by the OECD. There
 106 is no overlap among the countries in each category. In addition, we also explore complexification at
 107 the national level for United States, Canada, Argentina, and Brazil. We selected these four countries
 108 for targeted analysis because they are the four top GM-adopting nations in the world, which as noted
 109 in the Introduction we interpret as an indicator of advanced complexification.

110 Irrigation adoption is calculated as ratio of cropland under irrigation to total cropland. Mechanization
 111 adoption is the number of tractors per 1000 Ha. GM adoption rates are calculated as cropland under
 112 GM production (ha) divided by total cropland under production (ha). Trophic level of protein is
 113 explored via livestock density, which we calculate as number of animals per 1000 ha arable land, and
 114 as the ratio of reared animal protein to total protein produced. Aquaculture orientation of fisheries is
 115 calculated as the proportion of total aquaculture production (tonnage) to the sum of total aquaculture
 116 production (tonnage) and wild capture fisheries (tonnage). Export orientation is the ratio of total
 117 export value to agricultural production value, both in USD. Transnationality is an index calculated by
 118 UNCTAD World Investment Reports as the average of three ratios: foreign assets to total assets,
 119 foreign sales to total sales, and foreign employment to total employment (United Nations Conference
 120 on Trade and Development, 1998). Here, we explore the trend in average transnationality index for
 121 corporations involved in agri-food (following Senauer & Venturini, 2005).

122 All data noted above, save transnationality and GM crop adoption were retrieved from the “Data”
 123 section of Food and Agriculture Organization (FAO)’s FAOSTAT database in 2020 (Food and
 124 Agriculture Organization, 2020). Data for the adoption of GM Crops were retrieved from the
 125 International Service for the Acquisition of Agri-biotech Applications (ISAAA)’s Global Status of
 126 Commercialized Biotech/GM Crops briefs (Aldemita et al., 2015; ISAAA, 2019). Additional details

127 regarding the variables accessed and any conversions applies can be found in the accompanying data
128 supplement.

129 Lacking an existing, established measure of food systems complexification, it is not possible to
130 replicate the theoretical complexification curve in Figure 2 with real data. As such, and following
131 Tainter (1995, 2006), our analysis focuses primarily on return on investment (ROI) and return on
132 energy investment (E-ROI) in tandem with technology trends, as the indicator of over-
133 complexification. In other words, we interpret the various individual indicators of complexification
134 discussed above via qualitative triangulation (Jick, 1979), rather than one by one or in a comparative
135 way. Based on Tainter’s theory, if ROIs are declining while complexity is increasing, the system in
136 question likely falls somewhere between points E2 and E5 on the curve shown in Figure 2.
137 Triangulating across multiple indicators and trends also helps address the fact that the data for the
138 individual indicators have different time depths based on available data.

139 We calculate all ROIs by evaluating the ratio between total output and total input, including for total
140 energy inputs (E-ROI), as well as for return on N fertilizer inputs, and pesticide inputs. We do so for
141 all years for which data are available (see the supplement for more details). The following formula
142 template is used for all ROI calculations:

$$143 \quad \text{Return on Investment (ROI)} = \frac{\text{Calories produced}}{\text{Resource utilized}}$$

144 Total calories produced annually is calculated for each organizational level (e.g, global, national) as
145 follows:

$$146 \quad \text{Calories Produced}_{(x(y))} = C_{x(y)} \times P_{x(y)} \times D_y$$

147 where x is the organizational level of interest, y is the year, C is per-capita daily calories produced, P
148 is population, and D is the number of days in the year.

149 Resource utilized is in Terajoules for E-ROI, tonnes for fertilizer ROI, and tonnes for pesticides ROI.
150 Appropriate conversation techniques were used to convert Terajoules to Joules and Tonnes to Grams
151 to present the numbers in the simplest form.

152 A final way that we explore the global trend of food systems complexification, in part to compensate
153 for the lack of data prior to 1970, is by creating a chronosequence from the collective 147 years of
154 calculated data for E-ROI in least developed, emerging, and developed countries. A chronosequence
155 is a single data series compiled from multiple sites that represent different ages or stages of
156 development, using place-for-time substitution. For example, if you have 10 years of data regarding
157 plant regrowth after a fire in two locales, one that experienced fire 10 years prior and another that
158 experienced fire 20 years prior, a chronosequence could be created by combining the two datasets to
159 back-cast the early recovery in the older regrowth area or to forecast the next decade of recovery in
160 the younger site.

161 Here, we use the actual data for E-ROI in emerging and least developed countries to reconstruct
162 historical values for E-ROI in developed countries. This is relatively easy to achieve, because all
163 three E-ROI curves are downward trending, and the highest value on each group’s curve is 1970. To
164 create the single curve for developed countries we simply shift backward in time the curve for
165 emerging countries, so that the lowest E-ROI value on the emerging countries’ curve aligns with its

166 closest match on the developed countries' E-ROI curve. Next, we do the same to shift the E-ROI
 167 curve for least developed countries to before the curve for emerging countries, again matching the
 168 curves at their closest values. The result is a single E-ROI curve for developed countries starting at
 169 1901, using the values for least developed countries for 1901-1920, the values from emerging
 170 countries for 1921-1969, and the actual developed countries data from 1970 onward. See the data
 171 supplement for more details.

172 3 Results

173 While data availability varies depending on the indicator in question, numerous technological
 174 indicators offer collective evidence of increasing complexity in our food systems over the past
 175 century (Figures 3a-d), including mechanization, reliance on reared animal-based protein, the
 176 proliferation of aquaculture, the extensification of trade and globalization of supply chains, and the
 177 adoption of GM crops.

178 [Figure 3 about here]

179 Per Tainter (2006), whether these investments in complexity have been adaptive, or have led to over-
 180 complexification, depends on the ROIs associated with the progressive adoption of these increasingly
 181 complex technologies and processes. If these investments in complexity have been adaptive (that is,
 182 occupying the space between E1,A1 and E3,A3 in Figure 2), we would expect to see ROIs that are
 183 stable or increasing. However, our analysis finds consistent patterns of declining ROIs at both global
 184 and national levels (Figure 4) for the entire period for which data are available. The various ROIs
 185 evaluated here all appear to be relatively stable for developed countries, but this is likely for two
 186 reasons: first, because the available data do not extend back far enough in time to reflect the steep
 187 increases in energy use and concomitant declines in E-ROIs associated with mechanization and
 188 adoption of other technologies in developed countries before 1970; second, declines in ROIs over
 189 time will necessarily be smaller from year to year as overall efficiency approaches a theoretical limit
 190 of zero.

191 A second indication of over-complexification of global food systems is that there is no clear evidence
 192 that the introduction and proliferation of new GM technologies have improved E-ROI. Proponents of
 193 GM technology often describe it as a game changer for global agriculture, often specifically in terms
 194 of increased yields (Carpenter, 2010), but it appears to have had no noteworthy effect on the
 195 relationship between energy inputs and caloric outputs, whether globally or for the top four GM-
 196 adopting countries. E-ROI for the top four GM-adopting countries show no marked improvement
 197 following 1996, the year that GM adoption began (Figures 4b-d). Neither do you see a noteworthy
 198 trend change past 2005 for Argentina, the year that adoption rates exceeded 50% in that country.
 199 Some improvements are seen on the ROI for pesticides in the US, but this trend starts prior to 1996
 200 and can be better explained by reductions in overall pesticide use that started in the US in 1992.

201 [Figure 4 about here]

202 The single, back-casted chronosequence for developed countries (Figure 5) is particularly evocative
 203 in that it suggests a single historical process of food system complexification in developed countries
 204 that begins at the turn of the 20th century. Based on these data, we propose that the period of
 205 widespread mechanization in the first quarter of the 20th century marks a transition for food systems
 206 in developed countries past theoretical point A2,E2 in Figure 2—at which ROI rates on new
 207 investments begin to decline—and that the introduction of industrial farming methods and chemical
 208 inputs following World War II marks point A3,E3 in Figure 2—the threshold at which additional

209 investments in complexification become maladaptive. This agrees with other discussions regarding
210 agricultural transitions during this period (Berry, 1982; Kimbrell, 2002).

211 [Figure 5 about here]

212 4 Discussion

213 Global food systems all exhibit strong evidence of progressive complexification since 1970, taking
214 such forms as technological innovation, an increase in trophic level of consumed protein, and the
215 global extensification of supply chains. This is not, on its own, surprising, as others have also
216 commented on the challenge of increased complexity in contemporary global food systems (Ercsey-
217 Ravasz et al., 2012; Rotz & Fraser, 2015; Sassenrath et al., 2008; Sundkvist et al., 2005). As to
218 whether global food systems have entered the stage of over-complexification, however, the lack of
219 any apparent benefits to ROIs from GM crops is one compelling piece of evidence that we identify
220 here that suggest that this is the case. It is reasonable to expect that the effects of such a potentially
221 transformative technology as GM would be seen in ROI at this scale, considering that as of 2018,
222 adoption rates are high for all four major GM-adopting countries (Figure 3c). Whether this is a
223 failing of GM technology to live up to its promise, or a system-wide phenomenon, wherein over-
224 complexification of the system as a whole is dampening the realization of the full benefits of GM,
225 requires further research.

226 The novel chronosequence also supports a hypothesis of over-complexification in developed
227 countries, evident in the progressive decline of E-ROI over the last century. This finding could at first
228 seem paradoxical, given the productive growth of these systems noted in the Introduction and Figure
229 1. We believe that our focus on energy allows us to reveal the hidden externalities behind this
230 growth. In a thermodynamic sense, energy must come from somewhere. Arguably, the lack of
231 attention in conventional agricultural production to the regenerative capacity of agroecosystems, and
232 the economically inexpensive and politically expedient availability of energy subsidies and transfers
233 from other locales, has allowed complexification to progress more or less decoupled from ecological
234 feedbacks (Hagens, 2020).

235 [Figure 5 about here]

236 The case for over-complexification is further compelling when considering recent trends of resistance
237 against such new technologies as genetic modification, as well as in the proliferation of alternative
238 food movements (AFM) (Rótolo et al., 2015; Trivette, 2012; Witter & Stoll, 2017). These
239 movements, which include a diverse tapestry of social actions, align with the pattern described by
240 Tainter where people respond to diminishing returns and inefficiencies by rejecting complex
241 solutions in favor of simpler ones. Though diverse, AFMs all generally share in their rejection of the
242 various inefficiencies and externalities of the global agri-food regime, favoring shorter and less
243 complicated supply chains, less reliance on chemical and technological inputs, and greater equity in
244 participation, power, and wealth (Kloppenborg & Lezberg, 1996; Schnell, 2013). Indeed, AFMs have
245 become so robust in recent years that they provided critical resilience to food systems around the
246 world during the early months of the COVID-19 pandemic, when global food supply chains were
247 deadlocked (Stoll et al., 2020; Thilmany et al., 2021).

248 4.1 Continuing trends in complexification

249 Despite these emerging alternatives, the global trend of food system complexification is arguably
250 poised to continue, given that GM crops still only account for roughly 10% of the global total, and

251 given that agribusiness continues to aggressively promote GM technology as a solution to climate
252 change, food insecurity, and poverty in least developed and emerging countries. While GM
253 technology may indeed have the potential to be transformative, the evidence presented here suggests
254 that it can also drive over-complexification, which will increase vulnerability in these places.

255 Likewise, in developed nations, start-ups and industry leaders alike are pursuing various new
256 technological innovations for agriculture, including drones, big data, lab-grown proteins, and vertical
257 farming. While these solutions appear compelling in that they leverage the latest in technological
258 innovation, there is a risk that they will do little more than continue the ongoing pattern of over-
259 complexification and push global food systems into an even more tenuous position.

260 One such innovation is distributed ledger technology (DLT), commonly known as blockchain, a
261 secure data provenance technology which has been identified as a potential solution to many of the
262 informational challenges created by increasingly complex global supply chains (Kamilaris et al.,
263 2019; Pearson et al., 2019). As supply chains have become increasingly complex, informational
264 feedbacks within them have weakened (Brunori et al., 2016; Sundkvist et al., 2005). DLT offers a
265 way to achieve increased transparency and information flow through supply chains without requiring
266 centralization and high operational costs. However, DLT can be exceptionally energy consumptive
267 because of the computing resources it requires (Pearson et al., 2019; Sedlmeir et al., 2020). Any
268 potential gains in supply chain efficiency from DLT must be weighed against the additional costs of
269 adoption across supply chains.

270 A related challenge may exist for the use of smart devices and other digital technologies such as
271 microsensors and cloud-connected farming equipment with access to large datasets (Weersink et al.,
272 2018). The energy investments required for producing and operating these devices may be small at
273 the level of the individual device but could be significant when the technology is scaled up. That is,
274 there is a risk that widespread adoption of such devices, particularly in developed countries where it
275 is reasonable to assume adoption rates will be highest, could create an escalating pattern of energy
276 use known as the Jevons Paradox (Alcott, 2005). Jevons Paradox describes a scenario where a new
277 technology designed to increase resource efficiency ultimately increases overall use because adoption
278 rates exceed efficiency gains. Jevons Paradox has been predicted as a consequence of the
279 proliferation of smart devices (Corcoran, 2012), and has already been observed in agriculture for
280 irrigation technology and agricultural land productivity (Ceddia, 2019; Sears et al., 2018).

281 Thus, an unanswered but critical question regarding the nascent digital agricultural revolution is
282 whether these new innovations will serve to disrupt existing food systems in a way that can reverse
283 over-complexification and improve return on energy and other natural resource investments, or if
284 they will further contribute to the over-complexified, coerced, and vulnerable nature of global food
285 systems. Note that we are not arguing that each food system innovation developed in the last century
286 is inherently problematic, but that they have collectively become problematic in a cumulative pattern
287 of over-complexification

288 5 Conclusion: Getting Complexity Under Control

289 Given the tight couplings among multiple agricultural and agri-food sectors, failure of a single
290 coerced regime could easily prompt a devastating cascade effect through multiple adjacent sectors
291 (Davis et al., 2021; Mehrabi & Ramankutty, 2019; Rist et al., 2014). Given, too, that the majority of
292 scenarios for global environmental change include increased frequency and severity of stochastic

293 disruptions—such as storms, wildfires, and pandemics (IPCC, 2018)—we believe that rapid
294 corrective actions to reduce complexity in global food systems are necessary.

295 One strategy for reducing complexity is “innovation by subtraction”: solving problems not by adding
296 complexity but by removing it (Goldenberg et al., 2003). In the world of consumer electronics,
297 reducing the number of buttons on devices (or even eliminating them outright) is a well-known
298 example of innovation by subtraction. In food systems, one example of innovation by subtraction
299 involves moving away from long-distance transport and year-round availability of fresh foods. Long
300 and overly complex supply chains have high operational costs, and damaged and unsold fresh foods
301 are a major component of food wastage. Instead, supply chains could eliminate fresh and out of
302 season options in favor of locally sourced and processed alternatives, which can be as high in quality,
303 if not higher, than fresh options that have traveled long distances (Kristin et al., 2017; Miller &
304 Knudson, 2014).

305 Simplifying supply chains is a second example of innovation by subtraction, as shorter supply chains
306 are generally more resilient and resource efficient (Brunori et al., 2016; Sundkvist et al., 2005).
307 Direct marketing and community-supported agriculture and fisheries are excellent examples:
308 strategies wherein producers take on more of their own marketing and distribution practices,
309 eliminating wholesalers and focusing more on a regional customer base (Witter & Stoll, 2017).
310 Implemented together, the transition to shorter supply chains and reduced long-distance transport of
311 fresh foods could address multiple inefficiencies in global food systems, including food wastage,
312 energy costs, wage and other social inequities, and the overuse of plastics in the supply chain. Shorter
313 supply chains in both agriculture and fisheries proved to be resilient during the COVID-19 pandemic
314 while global systems faltered (Stoll et al 2021; Thilmany et al 2021).

315 Transitioning to agroecology—the reduction or removal of the need for chemical inputs, in favor of
316 reliance on existing ecosystem processes for soil nutrient cycling and pest management—is a third,
317 systemic form of innovation by subtraction (Altieri, 1995; Tittonell et al., 2020). While critics have
318 gone to great lengths to deem AFM and agroecological production systems “dead on arrival” by
319 comparing their overall productive capacity to existing regimes, these assessments are often
320 inaccurate or misleading because their singular focus on increasing production ignores the portfolio
321 of goals espoused by these alternative approaches (Chappell & LaValle, 2011; Reganold & Wachter,
322 2016). While agroecology has largely been explored at a small scale, its potential for scaling up and
323 out is extensive, especially in developing countries (Tittonell et al., 2020; IPBES-Food 2020).
324 Expanding our assessments of food systems innovations to include a variety of social and
325 environmental indicators, from quality of employment to greenhouse gasses and water quality, is
326 essential if we are to effectively identify sustainable solutions that decomplexify our food systems
327 while also addressing current and future food needs (Bennett et al., 2021; Reganold & Wachter,
328 2016).

329 Globally, the agricultural landscape is a highly heterogeneous and bi-polar mix of under- and
330 overdeveloped systems. Some systems, primarily those in DC, have grown too complex; others,
331 especially those in LDC of the global south, are less complex but are being coerced along the same
332 trajectory by global agri-food interests. As such, there are still opportunities to adopt agroecological
333 approaches in LDC to avoid the costs and vulnerabilities of over-complexification (IPES-Food,
334 2020).

335 Writing on the challenge of reversing over-complexification, Tainter (2006) argues that a key, but
336 seemingly counterintuitive strategy is to stop trying to solve problems. Ostensibly, the “problem” that

337 agri-food interests have been continuously trying to solve is to feed people; but, in practice this goal
338 has become conflated with the goal of growth in food production (Tamburino et al., 2020). Social
339 scientists have long pointed out that the drivers of hunger and malnutrition are principally political
340 and economic in nature, and do not generally involve insufficient production (Sen, 1983); when the
341 amount of food currently wasted and devoted to animal feed is taken into account, global food
342 production is already sufficient to feed 10 billion people (Holt-Giménez et al., 2012). Not solving the
343 problem, in this case, would not mean abandoning the goals of feeding people or solving hunger, but
344 moving away from the assumption that the most important action for meeting these goals now or in
345 the future is always to grow more food. How might the cost-benefit analyses of complex innovations
346 like vertical farming change if we remove the mandate to increase food production at all costs?

347 Importantly, our argument here is not against the use of new technology, but that new innovations in
348 food systems should be carefully evaluated as to whether they continue the trend of over-
349 complexification or disrupt and reduce it. For example, social media and other internet platforms
350 have been critical to the disruptive success of AFM (Stevens et al., 2016). It is likewise possible that
351 other new technologies currently being pursued—e.g., drones and automated devices—could
352 similarly be leveraged by actors seeking to disrupt existing systems of power in global food chains.

353 Our goal with this examination of global food systems is not to measure their precise state of
354 vulnerability or nearness to collapse; neither are we proposing that societies simply walk away from
355 complex solutions. Rather, as Tainter argues (1995), the first step in pursuing sustainability is
356 recognizing where we are in our own historical trajectory. The data presented here provide a
357 compelling indication that global food systems, and specifically those in developed countries, are at
358 or have passed the point of over-complexification. These increasingly coerced regimes will continue
359 to increase in vulnerability and cause ecological degradation until this trajectory is reversed. Too, our
360 work offers support for maintaining informed skepticism regarding the benefits of new agricultural
361 technologies, a skepticism that modernists often disparage as being irresponsible and representing a
362 form of anti-science (e.g., Collier, 2008; Specter, 2009). As such, future research that digs deeper
363 into food system complexification—including developing ways to measure the phenomenon and
364 identifying conditions of success for disruptive de-complexifications that continue to support global
365 food security—is essential.

366 6 Author Contributions

367 PAL conceived of the study. PS performed data analysis. PS and PAL designed the figures. PAL and
368 PS wrote the manuscript.

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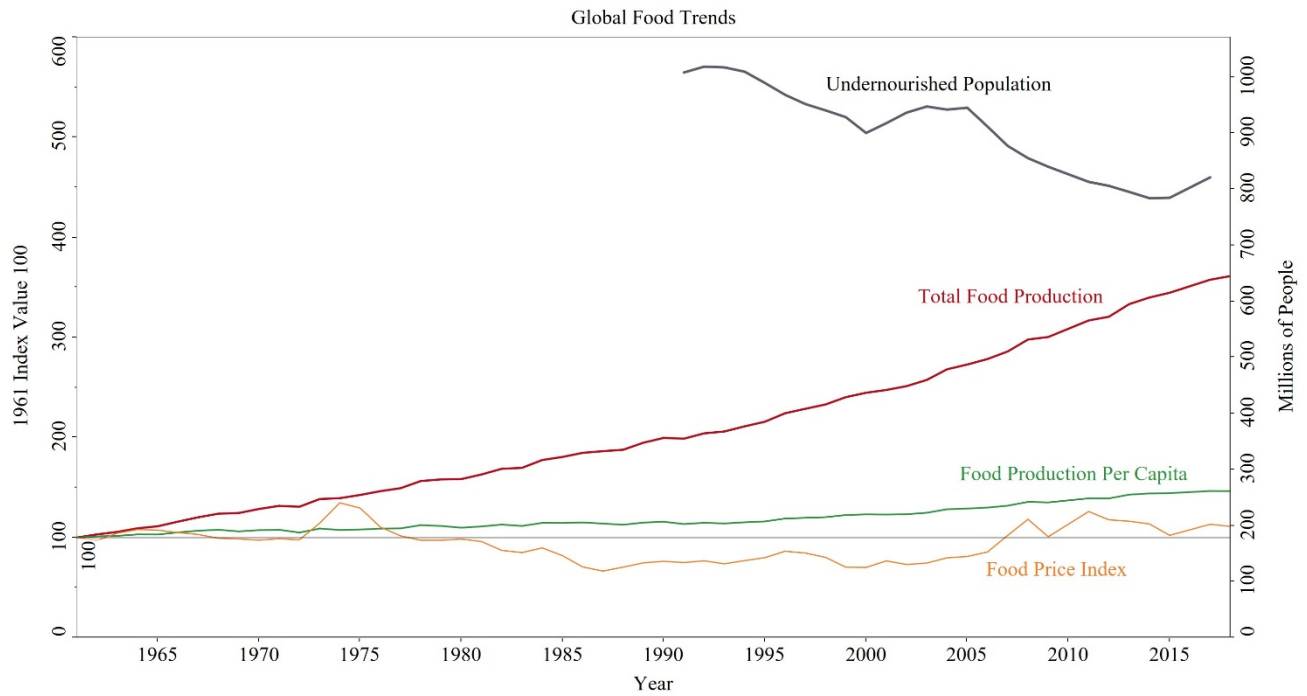
570 10 Data availability statement

571 All data used here are collected in the attached supplement, which provides original sources. No new
572 data were generated as a part of this research.

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575 11 Figures

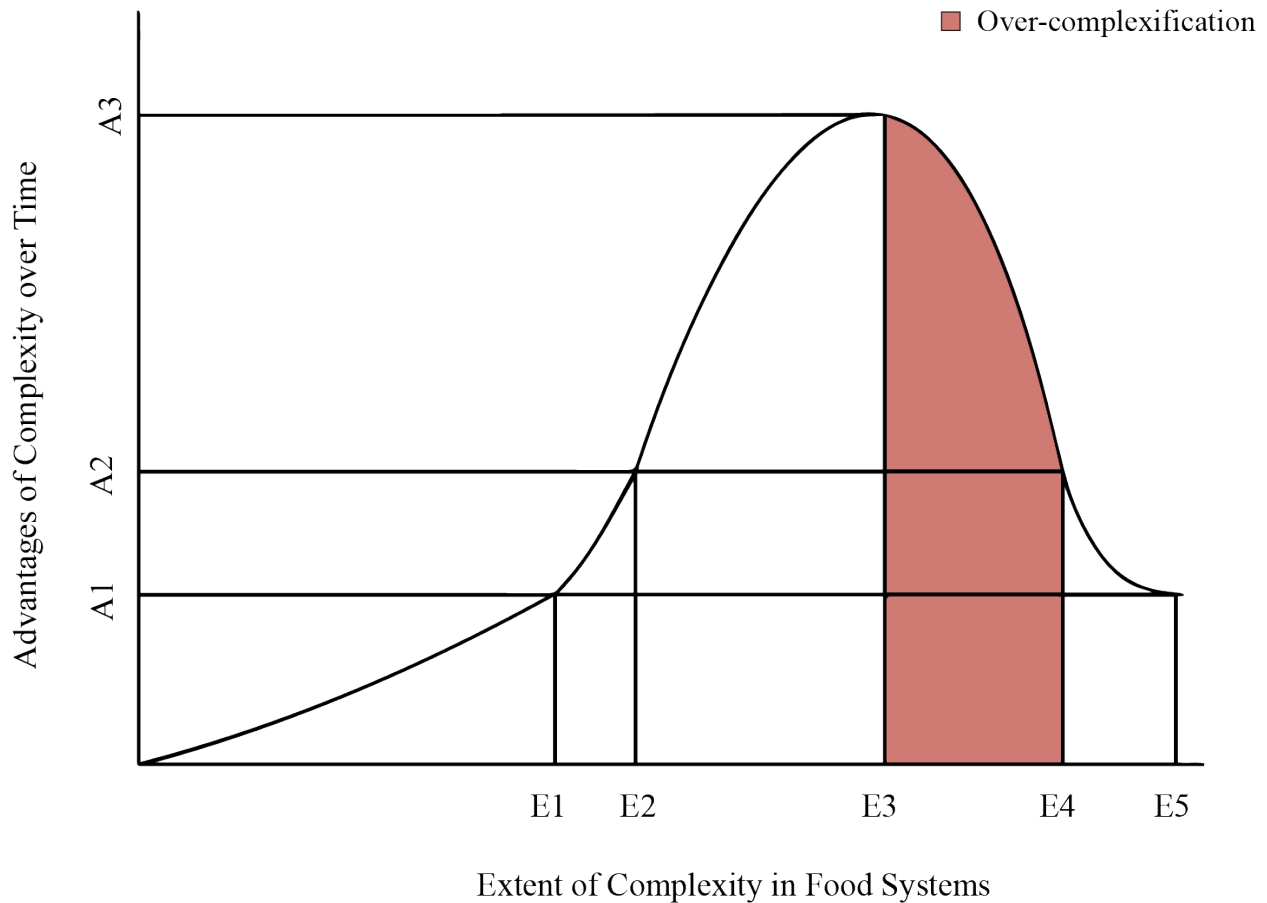


576

577 **Figure 1.** Trends in global food systems illustrate global successes in producing more food every
 578 year, both in total and per-capita, while keeping food prices relatively stable (left axis).
 579 Undernourishment has dropped modestly during this period but remains a significant problem (right
 580 axis). Food production data are standardized to a 1961 index value of 100.

581

Tainter's Complexification Curve

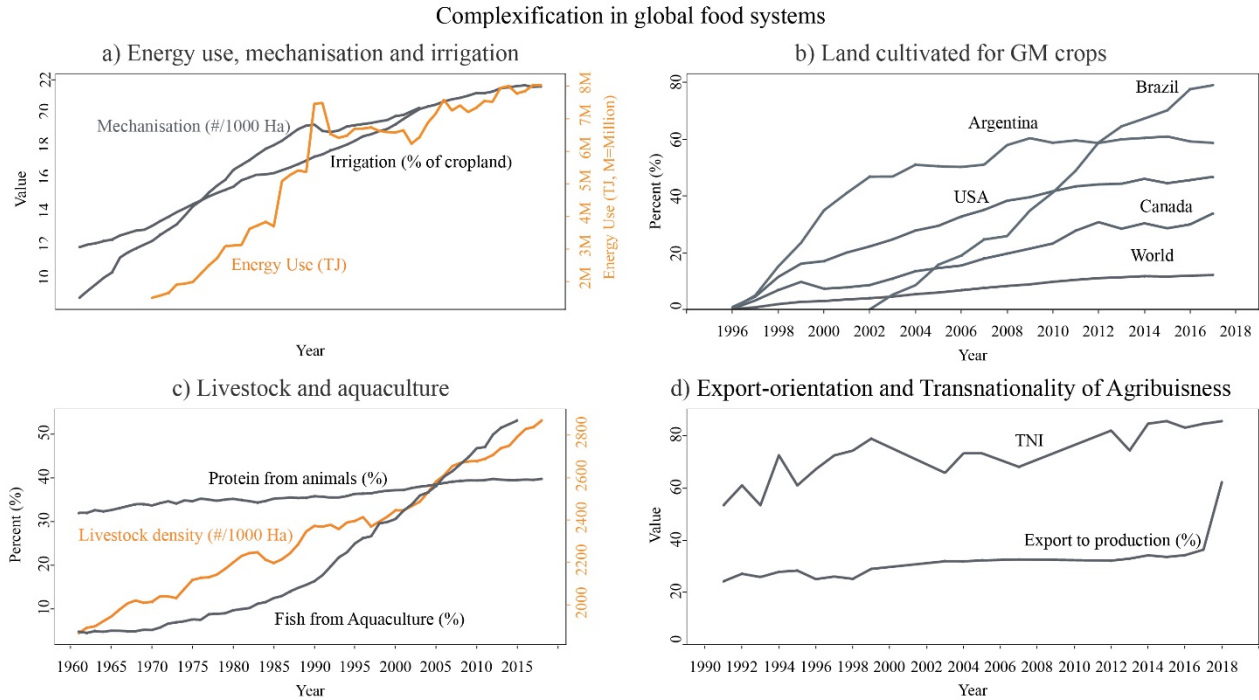


582

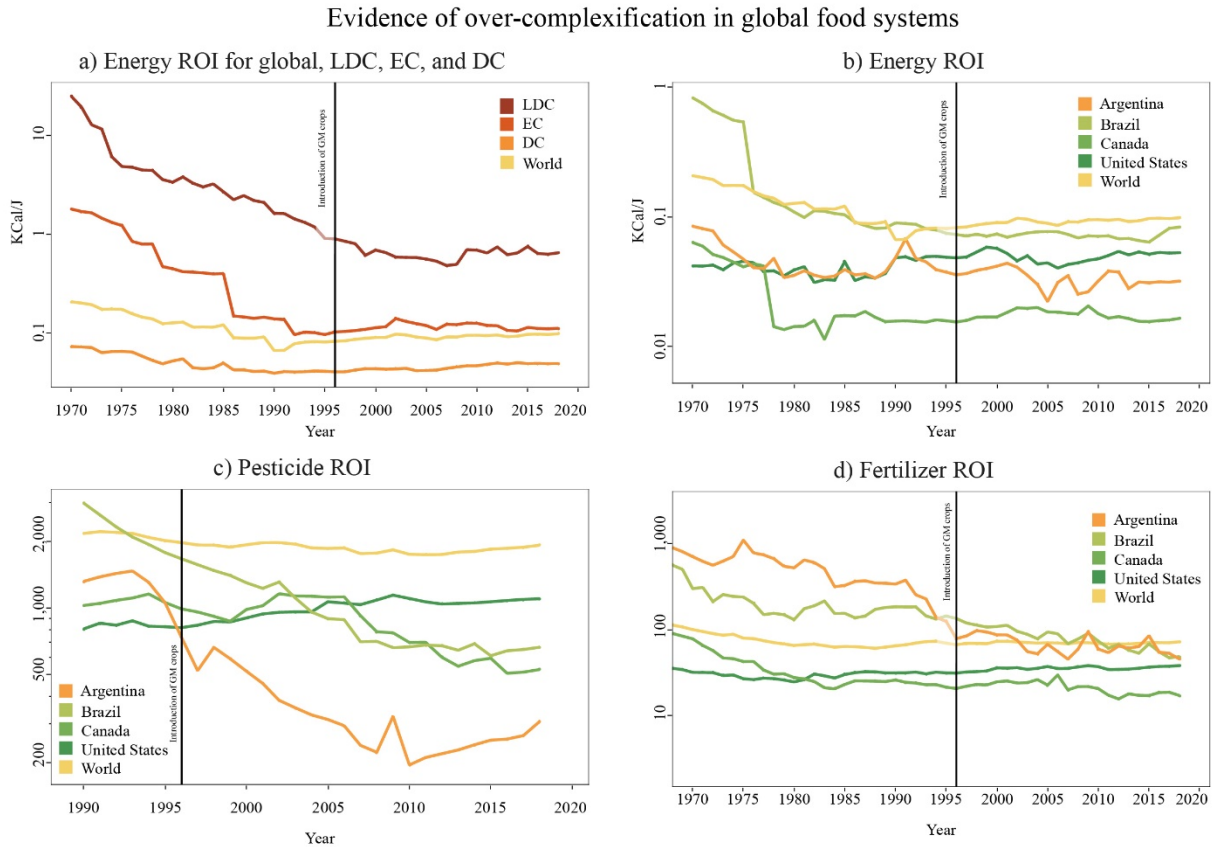
583 **Figure 2.** Tainter's theoretical relationship between complexification and efficiency. Some
 584 complexification in society is adaptive, e.g., technological innovations (A1,E1) which favorably
 585 impact the relationship between inputs and outputs (ROI). However, there is a threshold (A2,E2) at
 586 which the introduction of new technologies, while still beneficial to overall productive output, begin
 587 to have less benefit. Eventually, a threshold of over-complexification is reached (A3,E3), beyond
 588 which (shaded area) new investments in complexity are more costly than they are worth, and as such,
 589 can only be sustained by external subsidies. Historically, this is the point at which past societies have
 590 started on the pathway to collapse. If corrective action is taken (A2,E4), the relationship between
 591 complexity and energy can be stabilized to balance costs and advantages (A1,E5). Adapted from
 592 Tainter, 1995.

593

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596
 597 **Figure 3.** Evidence of complexification in global food production, including: a) increased
 598 mechanization and irrigation (left axis) and energy use (right axis); b) adoption rates for GM crops
 599 globally and for the top four adopting countries; C) increased reliance on animal-based protein and
 600 aquaculture (left axis) and livestock density (right axis); and, d) growth in the export-orientation of
 601 food systems, shown as the percentage of exported calories to total calories produced (update of
 602 Ercsay-Ravatz et al 2012) and trans-nationality index (TNI) for the largest corporations in agriculture
 603 (update of Senauer and Venturini 2005).

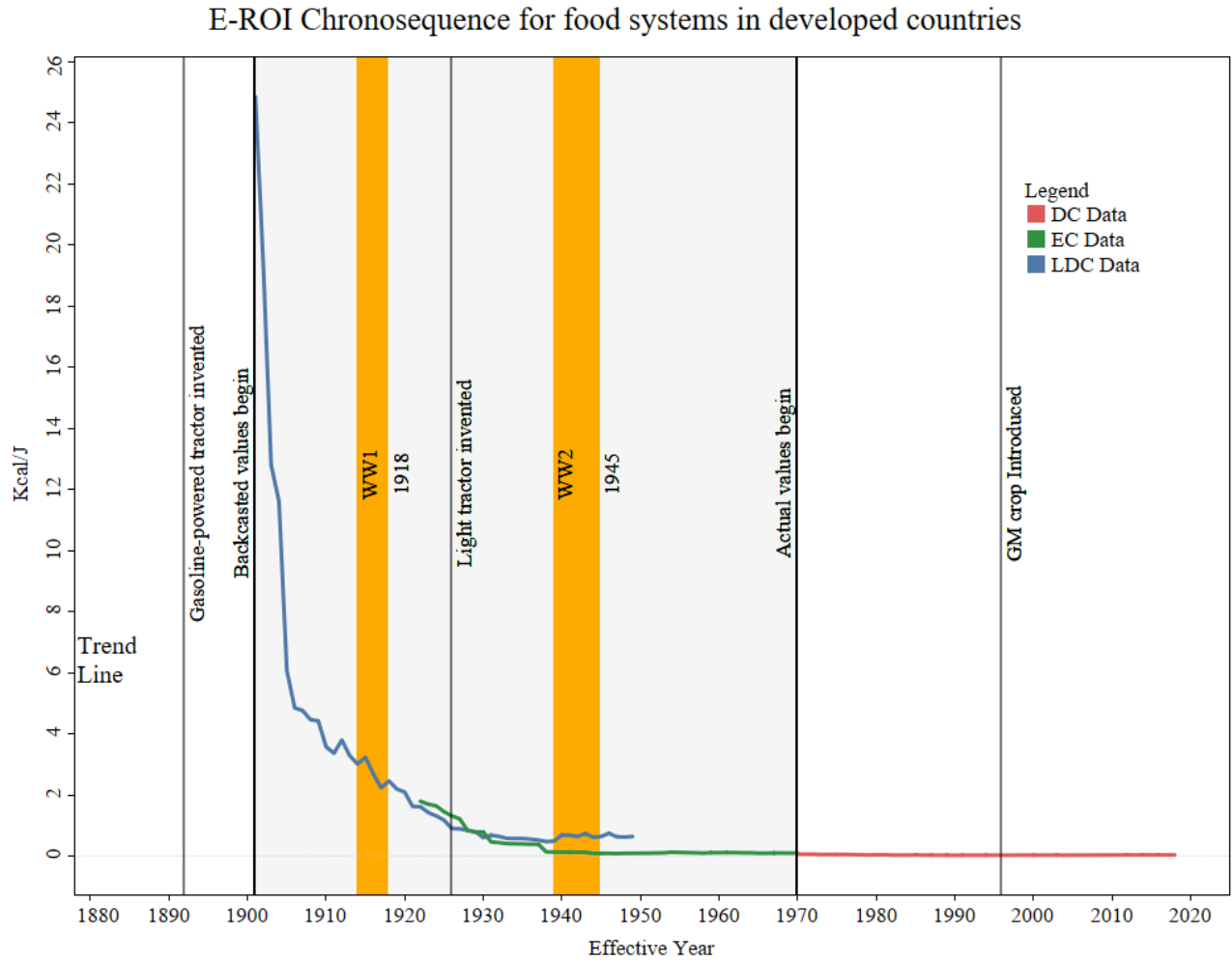


605

606 **Figure 4.** Decreased return on investments in global agriculture. E-ROI for: a) global and grouped by
 607 OECD categorization of developed countries (DC), emerging countries (EC), and least developed
 608 countries (LDC); and, b) E-ROI for Argentina, Brazil, Canada, and United States. Data are plotted on
 609 a logarithmic scale to ensure comparability and account for the necessarily asymptotic nature of the
 610 data, so that the more dramatic patterns seen for LDCs and ECs do not dampen the trends found for
 611 DCs. Note there is no evidence of a change in E-ROI trend following the introduction of GM crops
 612 (vertical line at 1996).

613

614



615

616 **Figure 5.** A combined chronosequence of E-ROI data for Least Developed (LDC), Emerging (EC),
 617 and Developed (DC) countries offers a theoretical model for the complexification of DC food
 618 systems in the 20th century, beginning with the introduction of mechanization and widespread
 619 irrigation, and then continuing through the addition of chemical inputs and industrial methods post-
 620 WW2. Data for DC represent actual values (beginning at 1970), whereas EC and LDC are year-
 621 adjusted to effectively back-cast the trend in DC using place-for-time substitution (see methods). We
 622 propose that DC food system transitions reached the point of over-complexification, where new
 623 investments in complexity began to be maladaptive, roughly around the end of WW2.

624

625