

**Decoupling the dimensions of plant invasion success reveals divergent trait syndromes
across invasion outcomes and growth forms**

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ABSTRACT

The number of invasive plant species and their impacts continue to increase globally, yet efforts to identify traits that reliably predict invasion success have produced inconsistent results. To address this challenge, we asked whether trait–invasion relationships vary across dimensions of invasion success and growth forms. Using 16 functional and niche traits for 622 invasive plant species across the continental United States, we tested the effects of traits on three dimensions of success: local abundance, habitat breadth, and invasive range size. Native range size and tolerance of stressful environments consistently predicted habitat breadth and invasive range size across growth forms. In contrast, the traits associated with local abundance differed markedly between woody and herbaceous invaders. Herbaceous species were associated with traits linked to competitive dominance, whereas woody species were associated with persistence, stress tolerance, and competitive tolerance. These findings reveal multiple pathways to invasion success and show that invasion dimension and growth form are critical considerations when predicting plant invasiveness.

INTRODUCTION

Invasive species harm ecosystems and cost global economies billions of dollars each year (Brondizio et al., 2019; Pyšek, Hulme, et al., 2020), prompting extensive scientific effort to understand why some introduced species become invasive while others do not. One major line of inquiry explores whether species traits are linked to invasion outcomes, based on the theory that traits can indirectly capture ecological mechanisms that underlie invasion success (Drenovsky et al., 2012; Van Kleunen et al., 2010). Species traits are measurable proxies for mechanisms involved in resource acquisition, dispersal, and reproduction, indicating how an organism interacts with others and its surrounding environment (Funk et al., 2017; Funk & Wolf, 2016). Furthermore, species traits represent a taxon-independent approach to generalizing patterns of ecological structure and function by connecting processes occurring at various biological scales (i.e., individual, population, community) and environmental gradients (Funk et al., 2017; Laughlin, 2014; McGill et al., 2006). For invasive plants, several trait-based conceptual models of invasion success have been proposed with varying levels of empirical support—such as the traditional “ideal weed” hypothesis, which emphasizes rapid growth, high fecundity, and vigorous vegetative reproduction (Baker, 1965; Pyšek & Richardson, 2007). Yet, empirical support remains inconsistent (Gioria et al., 2023; Palma et al., 2021) and a generalizable framework for predicting invasion success is still lacking (Pyšek, Bacher, et al., 2020).

Underlying these disparate trait-based hypotheses is a disagreement over which strategies most consistently promote invasion success. Strategies such as strong competitive ability (Kuebbing & Nuñez, 2016; Levine et al., 2004), broad environmental tolerance (Higgins & Richardson, 2014; Pfadenhauer et al., 2023), fast life history (K. Guo et al., 2024; Suda et al.,

2015) and asexual regeneration (Nunez-Mir et al., 2019; Wang et al., 2017) are each associated with distinct trait syndromes and evidence for their importance has accumulated largely in isolation drawn on different subsets of invasive species. For example, the importance of competitive ability in achieving invasion success has been greatly emphasized in the invasive plant ecology literature, with studies frequently linking invasion success to functional traits such as taller height, larger seed mass, and larger leaf area (Y. Chen et al., 2024; Palma et al., 2021; Tecco et al., 2010). Yet, successful invasive plants have also been found to engage in conservative strategies that promote environmental generalism and resistance to edaphic and atmospheric stressors, displaying contrasting traits such as smaller leaf area, lower specific leaf area, and lower leaf nitrogen content (Fristoe et al., 2021; H. Liao et al., 2021). Because these competing invasion strategies and their associated traits have rarely been evaluated simultaneously, it remains unclear which are most consistently associated with invasion success and whether their importance shifts across spatial scales and growth forms.

Another source of inconsistency in trait–invasiveness research is that “invasion success” is often defined in binary terms (e.g., invasive vs. naturalized, invasive vs. native) despite wide variation in metrics used to assess invasiveness (Blackburn et al., 2011; Colautti & MacIsaac, 2004; Palma et al., 2021). Metrics such as local abundance, habitat breadth, and geographic range size are commonly used, individually or jointly, to characterize invasiveness (Carboni et al., 2016; Catford et al., 2016; Hui et al., 2023). Much like Rabinowitz’s framework for native species rarity (Rabinowitz, 1981), these metrics capture distinct demographic aspects of a species’ performance in its introduced range, emphasizing that invasion success is inherently multidimensional (Fristoe et al., 2021).

Individual dimensions of invasion success capture ecological processes operating at different spatial scales and therefore also reflect the scale dependence of invasiveness. For instance, reaching high levels of abundance locally reflects competitive dominance at the neighborhood-scale shaped by resource acquisition strategies and biotic interactions (Hejda et al., 2009; Levine et al., 2004; Maron & Vila, 2001). On the other hand, exhibiting broad habitat breadth reflects processes relevant at broader scales that promote environmental generalism and the ability to occupy diverse ecological settings (Higgins & Richardson, 2014; Pfadenhauer et al., 2023; Pyšek et al., 2015). Invasive range size (hereafter ‘range size’) may be seen as a bridge between local and broad-scale processes by capturing reproductive and dispersal capacity, invasive spread, and establishment across heterogeneous environments (Procheş et al., 2012; Pyšek et al., 2014; Theoharides & Dukes, 2007). This multidimensional, multi-scale framework has only recently been applied empirically in Australia, Europe, and the United States (Bradley et al., 2025; Fristoe et al., 2021; H. Liao et al., 2021; Palma et al., 2021).

Further complicating the search for generalizable invasive traits is the possibility that invaders of different primary growth forms leverage contrasting strategies to achieve invasion success. Although distinctions in the development, morphology, and physiology among plant growth forms are well established, how these differences translate into invasion strategies remains less understood. Recent studies find that plants of different growth forms employ distinct ecological strategies for adaptation to fine-scale environmental conditions (Cheng et al., 2021), resource use and acquisition (Luo et al., 2026; Rossatto & Franco, 2017), and interspecific competition (Abaturov, 2015), which are then reflected in corresponding trait syndromes. Given that environmental filtering, resource acquisition, and competition are

fundamental components of the invasion process, different plant growth forms may likewise rely on distinct trait syndromes to achieve invasion success.

Given these sources of variation, we argue that apparent contradictions in the trait–invasiveness literature may arise because studies frequently rely on binary metrics of invasiveness or singular dimensions of invasion success, pool distinct plant growth forms, and focus on traits associated with only a subset of the ecological mechanisms thought to promote invasion. Consequently, competing explanations of invasion success are rarely evaluated simultaneously within a unified framework. In this work, we advance the development of a generalizable trait-based framework for plant invasion success by addressing these gaps. We compiled a comprehensive dataset of 16 functional and niche traits associated with environmental tolerance, competitive ability, fast life history, and asexual regeneration for 622 non-native invasive plant species across the continental United States. We tested whether the importance of these traits varies across three dimensions of invasion success: local abundance, habitat breadth, and range size. We also assessed whether different plant life forms exhibit distinct trait syndromes associated with success in each dimension. By integrating multiple dimensions of invasion success across diverse life forms and a comprehensive suite of functional and niche traits, our study helps reconcile contrasting findings in the invasion literature, strengthens the theoretical foundation for invasion forecasting, and enhances the utility of trait-based approaches for invasive plant management and early detection and rapid response efforts.

MATERIALS AND METHODS

Metrics of invasion success

We used trait information to predict three metrics of invasion success: local abundance, habitat breadth, and range size. This information for the conterminous U.S. was obtained from (Bradley et al., 2025), which aggregated spatial occurrence and abundance data from 14 databases derived from field measurements and observations of invasive plants. In Bradley et al. (2025), abundance is defined as the number of observations with >10% invasive plant cover or a qualitative description of high abundance (e.g., monoculture); habitat breadth is defined as the number of Level III EPA ecoregions (Omernik & Griffith, 2014) occupied by the invasive plant (out of 86 in the conterminous U.S.); and range size is defined as the number of equal-area 50-km diameter hexagons occupied by the invasive plant (out of 5,117 in the conterminous U.S.). In our analyses, habitat breadth and range size were modeled as described above, and local abundance was modeled as the log-transformed rate of high-abundance records relative to the number of occupied hexagons (manual offset), thereby testing trait effects on abundance conditional on spatial establishment.

Trait predictors of invasion success

Following the invasion literature, we proposed four mechanisms by which invasive plants may achieve high local abundance, broad habitat breadth or large range sizes and identified 16 functional, morphological, and niche traits linked to these mechanisms (Table 1, Table S1 for more details).

Table 1. Hypothesized ecological strategies for plant invasion success and associated traits evaluated in this study.

Hypothesized strategy	Associated species traits
Environmental tolerance	Native range size, minimum elevation, maximum elevation, minimum soil pH, maximum soil pH, minimum hardiness zone, maximum hardiness zone, minimum precipitation, maximum precipitation
Competitive ability	Mean leaf length and width, maximum plant height, mean specific leaf area (SLA), mean seed weight
Adaptability and fast life history	Genome size
Asexual regeneration	Resprouting and regenerative capacity, clonal propagation

We compiled traits data for 962 invasive plants in the United States, identified from EDDMapS, a web-based national network that aggregates observation records and distribution data of invasive species and pests in the United States and Canada (Bargeron & Moorhead, 2007), and species classified as “Invasive (category D2)” or “Widespread invasive (category E)” in the United States Geological Survey (USGS) Register of Introduced and Invasive Species (Version 2.0) (Simpson et al., 2025). Traits data were collected from online factsheet databases, including the CABI Compendium: Invasive Species, the USDA Plants Database, the North Carolina State Extension Plant Toolbox, the UC-Berkeley Jepson Herbarium, the USFS-Fire Effects Information System, and University of Michigan’s CLIMBERS (Al-Shayeb et al., *in press*). We also collected morphological, reproductive, and environmental tolerance data from the BIEN database version 4.2 (Enquist et al., 2016) using the ‘R BIEN’ R package (Maitner et al., 2018) and the TRY Plant Trait Database (Kattge et al., 2020). Using the ‘TR8’ R package (Bocci, 2015), we collected additional data from the LEDA Traitbase (Kleyer et al., 2008), the Ecological Flora of the British Isles (Fitter & Peat, 1994) and BROT (Tavşanoğlu & Pausas, 2018). In addition to the databases referenced above, we obtained clonality data from the

COMPADRE Plant Matrix Database (Salguero-Gómez et al., 2015) using the ‘Rcompadre’ R Package (Jones et al., 2022), seed mass data from the Seed Information Database (Society for Ecological Restoration et al., 2023), genome size data from the Plant DNA C-values Database release 7.1 (Pellicer & Leitch, 2020), and native range size data from the Royal Botanic Gardens Kew's Plants of the World Online (POWO) using the ‘expowo’ R package (Zuanny et al., 2024). The estimated year of introduction to the United States for each species was obtained from various sources, including databases referenced above, the earliest recorded occurrence in the continental United States in the Global Biodiversity Information Facility (GBIF) and (Bradley et al., 2025). This data was used to estimate minimum residence time for each species, a recognized driver of invasion success (Pyšek et al., 2009; Williamson et al., 2009).

Despite our data collection efforts, data availability varied by trait. The most data-rich trait in our dataset was maximum plant height, with measured data for almost 89% of the species in our dataset. For genome size, the most data-deficient trait, we were able to collect data for 51% of the species. To address trait data deficiencies, we performed phylogenetically informed data imputation sensu Nunez-Mir & McCary (2024) on 12 continuous traits expected to be phylogenetically conserved: minimum and maximum pH, hardness zone, elevation and precipitation, maximum plant height, leaf width and length, and genome size. Imputation allows for the inclusion of more species that would otherwise need to be excluded from modeling due to incomplete data. Previous studies indicate that analyses using imputed trait datasets often produce more accurate estimates than those where only measured data were used (Johnson et al., 2021; Kim et al., 2018; Penone et al., 2014). Moreover, Palma et al. (2022) found that methodological decisions related to trait dataset construction, including imputation, had little influence on inferred trait–invasion relationships. We used the ‘Rphylopars’ R package, a tool to

impute missing trait data via the estimation of phylogenetic and trait covariance across species. We removed species for which we lacked data for the entire genus and species for which we only had data for 2 traits or fewer. We created a phylogenetic tree for all remaining species using the ‘U.PhyloMaker’ R package (Jin & Qian, 2023). For each trait, we excluded imputed values that extended beyond the original data range to keep the imputed dataset aligned with actual observations and limit potential bias. Our final dataset after imputation included complete data for 622 invasive species.

Statistical framework

Reducing dimensionality of the traits dataset

To address multicollinearity and to improve interpretation of findings, we reduced the high dimensionality of our traits dataset by performing two principal component analyses (PCA) for traits associated with “environmental tolerance” and with “competitive ability” strategies (Table 1). Prior to PCA, we performed Box-Cox transformations on all traits to satisfy assumptions of normality. From each PCA, we extracted the principal components that captured at least 65% of variance and interpreted the loadings of traits on each component (Fig. 1).

We extracted three principal components from the “environmental tolerances” PCA. PC1, hereafter named *warm-adaptation PC*, appeared to capture a gradient in temperature tolerances (i.e., maximum and minimum hardiness zone loading positively). PC2, hereafter named *soil moisture/pH niche PC*, mapped a gradient in precipitation on one side (i.e., minimum precipitation loading negatively), and maximum pH on the other, with positive values capturing

wet, acidic habitats and negative values capturing dry, alkaline habitats. PC3, hereafter named *montane affinity PC*, captured an elevation gradient with maximum elevation loading positively.

We extracted two principal components from the “competitive ability” PCA. PC1, hereafter named *pioneer-competitor PC*, separated species that are good at colonizing new areas (i.e., low maximum plant height, mean seed weight, leaf length and width) versus strong competitors at later stages (i.e., large maximum plant height, mean seed weight, leaf length and width). PC2, hereafter named *acquisitive-conservative PC*, captured the leaf economics spectrum, separating plants with acquisitive leaf traits (i.e., high SLA, large leaf width and length) versus conservative (i.e., low SLA, small leaf width and length).

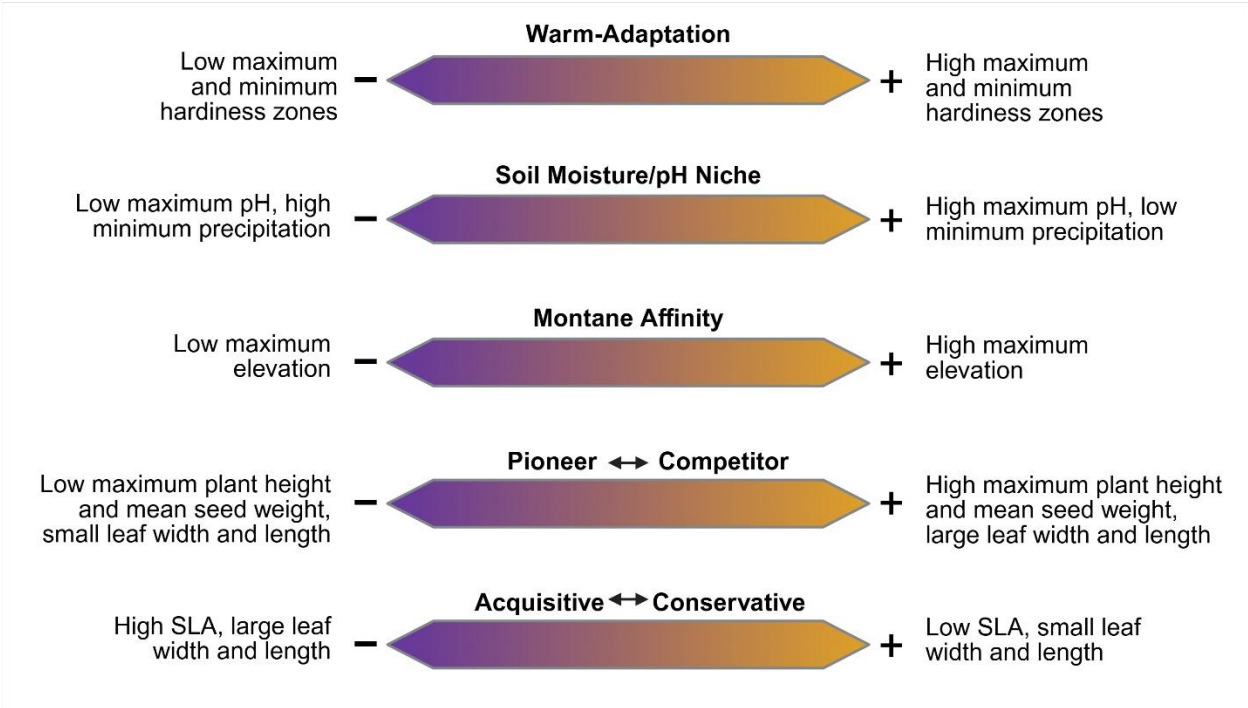


Fig. 1. Five principal components (PCs) derived from analyses of traits associated with environmental tolerance and competitive ability. Functional and niche traits contributing to each axis are shown, with gradients indicating the direction of trait loadings along each component.

Identifying traits linked to multidimensional invasion success

To assess the effects of the species traits (genome size, asexual regeneration), native range size, and the five environmental tolerance and competitive ability PCs on the three dimensions of invasion success, we performed a series of phylogenetic generalized least squares (PGLS) models that account for the non-independence of species due to phylogenetic relationships. We incorporated a phylogenetic correlation structure defined by Pagel's lambda into our models using the 'nlme' R package (Pinheiro et al., 2017). Residence time was also included in our PGLS models as a covariate to account for its effects on invasion success. We performed PGLS models for each dimension of invasion success as a response for all species and for woody and herbaceous species separately. Additional PGLS models were fit to compare trait effects across primary growth forms (i.e., graminoids, forbs, trees/shrubs, and vines) and between annual and perennial herbaceous plants. We computed pseudo-R² values for each model using the 'performance' R package (Lüdtke et al., 2021). Prior to the PGLS analyses, all continuous numerical traits were Box–Cox transformed to improve normality and meet model assumptions. Model assumptions were subsequently evaluated through visual inspection of residual plots. As a sensitivity check, we repeated all analyses using only species with complete trait data before imputation ($n = 231$), which allowed us to assess whether imputation altered qualitative conclusions.

RESULTS

Traits linked to invasion success vary across dimensions

The strength and direction of trait effects on invasion outcomes differed among dimensions of success (Fig. 2, Tables S2–S10). For habitat breadth, montane affinity had the strongest effect among traits, positively associated with broader habitat use across all invasive plants. Tolerance of colder environments, indicated by a negative effect of the warm-adaptation PC, was also strongly associated with increased habitat breadth, in particular for trees/shrubs and perennial herbs. The soil moisture–pH niche PC also negatively affected habitat breadth, suggesting that tolerance of more alkaline and dry soil conditions promotes habitat generalism, especially for trees/shrubs. Native range size was positively associated with habitat breadth overall and for herbaceous species, but not for woody species. Residence time in the U.S. also had a strong positive effect on habitat breadth across all life forms.

Traits associated with range size were similar to those associated with habitat breadth. Montane affinity was strongly positively associated with range size across all life forms, excluding graminoids and annuals. The soil moisture–pH niche PC had a negative effect overall and for woody and annual species, but not for other herbaceous species. Warm-adapted annual species also displayed larger range sizes. Native range size was positively associated with invasive range size overall and for herbaceous species, but not for woody species. Residence time was positively associated with range size across life forms. Unlike habitat breadth, asexual regeneration had a positive effect on range size overall and for herbaceous species, particularly invasive forbs. Genome size had a negative effect on range size for invasive vines exclusively.

Trait associations with local abundance differed markedly from those for habitat breadth and range size, with traits related to competitive ability emerging as more important. Species positioned toward the competitor end of the pioneer–competitor gradient (i.e., larger seeds, larger leaves, and greater plant height) were more likely to achieve high local abundance. However, this pattern was not significant for woody invaders when modeled separately. Furthermore, species with leaves closer to the conservative side of the leaf economics spectrum (i.e., smaller, thicker leaves) were more likely to be abundant, although to a lesser extent and only in the overall model.

In contrast to the other invasion success dimensions, climatic and edaphic niche traits were strongly structural habit-dependent. Tolerance of warm climates was associated with higher local abundance primarily for woody invaders, indicated by a strong positive effect of the warm-adaptation PC, but also for invasive forbs and perennial herbaceous species. Similarly, tolerance of more alkaline and arid conditions was associated with higher local abundance for woody species, while herbaceous species tended to be more abundant in more acidic, wetter conditions, reflected in opposing effects of the soil moisture–pH niche PC between structural habits. This effect was also observed in the primary growth form models for trees and shrubs, but not for any herbaceous growth forms or vines. Perennial herbaceous species exhibited a negative relationship between asexual regeneration and local abundance. An affinity for montane environments was associated with lower abundance overall, but not for any specific growth forms. Native range size had a negative effect exclusively for woody species, suggesting that woody invaders with smaller native ranges tended to be more locally abundant. However, this effect was not observed for specific growth forms. Residence time was negatively associated with local abundance overall and for herbaceous species.

As a sensitivity check, we repeated all analyses using only the subset of species with complete, non-imputed trait data ($n = 231$ of 622 species in the full imputed dataset). Patterns of trait–invasion relationships were largely consistent between the two analyses, and the majority of significant associations in the imputed-data analysis remained directionally consistent in the complete-case analysis. Some effects that were significant in the full imputed dataset were no longer significant in the complete-case analysis (e.g., warm adaptation effect on local abundance in the overall model); given that the complete-case sample retained only 37% of species overall (and as little as 36% within some growth-form subsets, e.g., vines: $n = 16$ of 44), reduced statistical power is the most likely explanation for these differences rather than a change in the underlying relationship. A small number of additional significant effects emerged in specific growth-form subsets in the complete-case analysis (e.g., vines); because these subsets are much smaller, we treat these as unstable rather than as robust departures from the imputed-data results. Full complete-case results are provided in Fig. S1 and Tables S11–S13.

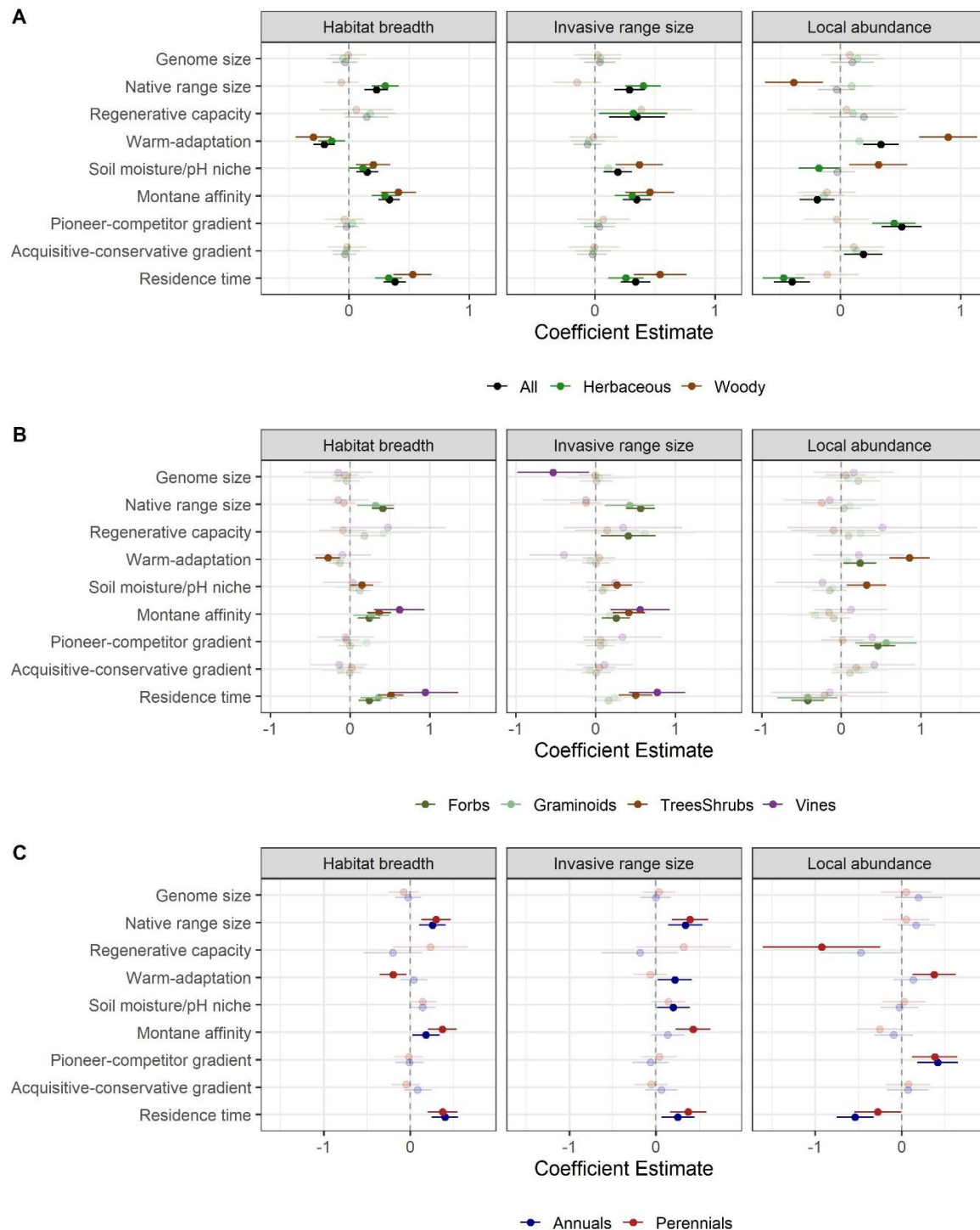


Fig. 2. Results from phylogenetic generalized least squares models assessing the effects of traits across three dimensions of invasion success (habitat breadth, range size, and local abundance). (A) Results for all (n = 622), herbaceous (n = 448) and woody (n = 174) invasive species. (B) Results for invasive plants across growth forms: graminoids (n = 99), forbs (n = 309), trees/shrubs (n = 170) and vines (n = 44). (C) Results for annual (n = 219) and perennial (n

= 205) herbaceous invasive plant species. Dots represent coefficient estimates; whiskers represent 95% confidence intervals. Solid colored symbols represent statistically significant effects ($p < 0.05$).

The magnitude of trait effects on invasion success differs across dimensions and life forms

Across all models, explained variance was highest for habitat breadth and lowest for local abundance (Tables 2 and 3). Modeling woody and herbaceous invasives separately substantially improved model performance for woody species, with woody models explaining a larger proportion of variation than herbaceous models across all invasion dimensions. In particular, models for woody species captured approximately 30–50% of the variation. Further stratifying species by primary growth form did not substantially improve model performance beyond the gains observed when separating structural habits, although the range size model for graminoids explained much less variation (6.5%) than the herbaceous model and the habitat breadth model for vines explained more variation (60%) than all other models. Separating annual and perennial herbaceous invaders also increased the explanatory power of our models for perennial species, but not for annuals, which performed similarly to the herbaceous model.

Table 2. Variance explained by phylogenetic generalized least squares models assessing the effects of traits across three dimensions of invasion success (habitat breadth, range size, and local abundance) for all ($n = 622$), herbaceous ($n = 448$) and woody ($n = 174$) invasive species.

Invasion success dimension	Structural habit	Pseudo R^2
Habitat breadth	All	0.35
	Herbaceous	0.25
	Woody	0.52
Range size	All	0.23
	Herbaceous	0.19
	Woody	0.37
Local abundance	All	0.21
	Herbaceous	0.19
	Woody	0.34

Table 3. Variance explained by phylogenetic generalized least squares models assessing the effects of traits across three dimensions of invasion success (habitat breadth, range size, and local abundance) across growth forms: graminoids (n = 99), forbs (n = 309), trees/shrubs (n = 170) and vines (n = 44).

Invasion success dimension	Growth form	Pseudo R^2
Habitat breadth	Forbs	0.22
	Graminoids	0.24
	Trees/Shrubs	0.49
	Vines	0.60
Range size	Forbs	0.22
	Graminoids	0.065
	Trees/Shrubs	0.31
	Vines	0.28
Local abundance	Forbs	0.20
	Graminoids	0.15
	Trees/Shrubs	0.29
	Vines	0.28

Table 4. Variance explained by phylogenetic generalized least squares models assessing the effects of traits across three dimensions of invasion success (habitat breadth, range size, and local abundance) for annual (n = 219) and perennial (n = 205) herbaceous invasive species.

Invasion success dimension	Lifespan	Pseudo R^2
Habitat breadth	Annuals	0.24
	Perennials	0.39
Range size	Annuals	0.15
	Perennials	0.35
Local abundance	Annuals	0.22
	Perennials	0.21

DISCUSSION

The need for robust frameworks to characterize and predict invasiveness has been a major driver of trait-based invasion research in the last 30 years, but progress towards a unified framework has been limited by inconsistent and context-dependent results (Gioria et al., 2023; Pyšek, Bacher, et al., 2020). Here, we sought to integrate contrasting findings by leveraging a

macroecological approach using a dataset of 622 invasive plant species in the United States and 16 species traits related to environmental tolerance, competitive ability, fast life history, and asexual regeneration. Furthermore, we defined invasion success in a non-binary, nuanced manner, linking species traits to three distinct dimensions of invasiveness: local abundance, habitat breadth and range size. We find that the traits linked to invasion success, as well as the strength of these associations, vary across dimensions of invasiveness and life forms. In particular, our findings indicate that woody and herbaceous invaders follow distinct pathways to high local abundance, with woody species exhibiting trait syndromes that promote persistence and competitive tolerance, whereas herbaceous species exhibit trait syndromes associated with competitive suppression of neighbors.

Overall, invasive plant species with broad habitat breadths and large range sizes in the United States were characterized by large native ranges and higher tolerance to stressful edaphic and atmospheric conditions, specifically those posed by dry, alkaline soils and high elevations. Native range size is widely considered an indicator of effective dispersal, broad environmental tolerance, and higher introduction pressure, and is therefore often associated with successful establishment and large invasive ranges (Q. Guo et al., 2025; Lavoie et al., 2013; Procheş et al., 2012). Conversely, harsh habitats—such as those with low nutrient availability, saline, sodic or highly alkaline soils, low soil moisture or high elevations—are known to be generally less invaded (Alpert et al., 2000; Zefferman et al., 2015). Invasive plants capable of occupying such environments are therefore able to achieve larger invasive ranges and display broader habitat breadths. In addition to these traits, habitat breadth was associated with an affinity for temperate climates, likely reflecting the predominance of cooler climatic regimes across much of the United States. Additionally, asexual regeneration was associated with larger range sizes in the

United States. Asexual regeneration has been widely associated with invasion success for plants (Nunez-Mir et al., 2019; Razanajatovo et al., 2016; Reichard & Hamilton, 1997; Van Kleunen et al., 2015), with prolific resprouting promoting persistence/reinvasion and uniparental reproduction enabling rapid population growth and niche occupation.

On the other hand, highly abundant invasive plants overall tended to be lowland, warm-adapted plants aligned with competitive life-history strategies (i.e., taller, larger seeds, and larger leaves) and resource-conservative leaves. Studies focused on the relationship between species traits and local abundance emphasize the importance of competitive ability in achieving invasion success at the local scale, also showing that invasive species that are commonly highly abundant tend to have larger height, seed mass, and leaf area (Fristoe et al., 2021; Palma et al., 2021). Resource-conservative leaves (i.e., low SLA) may promote high abundance by improving heat and drought tolerance (Münchinger et al., 2023; Valliere et al., 2023) and by impacting native plant regeneration through ecosystem-level alterations caused by lower leaf decomposability and higher litter accumulation (B.-M. Chen et al., 2018; Mariotte et al., 2017; Stinson et al., 2006). However, separating growth forms revealed a more complex relationship between species traits, competition, and success in this dimension.

Herbaceous invasive plants of all growth forms and lifespans displayed a strong and consistent association between high local abundance and traits on the competitive side of the pioneer-competitor gradient PC, consistent with the patterns observed in the overall model. This trait syndrome has been frequently connected to aboveground competitive dominance of invasive herbaceous species (Y. Chen et al., 2024; Palma et al., 2021; Van Kleunen et al., 2010). In herbaceous communities, reaching the upper vegetation layer is understood to provide an asymmetric competitive advantage for light and space over shorter plants, contributing to higher

abundance (Gaudet & Keddy, 1988; Moravcová et al., 2015; Thiele et al., 2010). Similarly, larger leaves are correlated with competitiveness of herbaceous plants, presumably by facilitating faster resource acquisition (Keddy et al., 2002; Wingler & Sandel, 2023). Higher seed mass is also generally associated with strong competitive ability and persistence, as larger seeds are capable of storing larger energy reserves and often produce larger plant seedlings (Graebner et al., 2012; Palma et al., 2021).

On the other hand, for woody species, warm adaptation and tolerance of dry, alkaline soils were strongly associated with high local abundance—the latter being associated with success in all three invasion dimensions. The connection between elevated pH and forest invasions has been previously established in the literature, although the mechanisms underlying this pattern are not well-understood. Invasive woody plants—trees (Gómez-Aparicio & Canham, 2008), shrubs (Heneghan et al., 2006; Huebner et al., 2014; Kourtev et al., 2003), and lianas (Leicht-Young et al., 2009; Ward et al., 2020)—are associated with increased pH in soils, but it is unclear whether the higher soil pH observed in invaded forest habitats is due to underlying site conditions that promote invasibility by these species (e.g., anthropogenic disturbance) or to positive soil feedbacks induced by the invaders themselves. Elevated soil pH in forests is commonly associated with anthropogenic disturbance and urbanization, driven by nutrient inputs and runoff such as road salts, calcium-enriched irrigation water, and the weathering of concrete and other materials used in urban areas adjacent to forests (Craul, 1985; Jim, 1998; Pregitzer et al., 2016). On the other hand, higher soil pH can also arise from belowground invasive plant processes that alter nitrogen cycles (Ehrenfeld et al., 2001; C. Liao et al., 2008), which in turn can lead to higher competitive ability through increased biomass and productivity or positive soil feedbacks (Chang et al., 2025; Li et al., 2024).

Differences in the ecological strategies leveraged by woody and herbaceous invaders were also reflected in relationships between local abundance and other characteristics, including native range size and residence time. Although herbaceous species displayed patterns consistent with the overall model and broader literature, native range size in woody species was negatively correlated with local abundance and unrelated to either habitat breadth or invasive range size. Although positive abundance–range size relationships are extensively documented across non-plant taxa (Bock & Ricklefs, 1983; Gaston et al., 1998; Kotze et al., 2003), plants—and trees specifically—appear to be an exception to this trend, displaying weakly positive (Köckemann et al., 2009; Murphy et al., 2006), negative (Williams et al., 2010), or no relationships (Ren et al., 2013). Negative abundance–range size relationships observed in trees have been hypothesized to be driven by ecological specialization, particularly in unusual habitats or stressful edaphic conditions (Williams et al., 2010), potentially reflecting the greater importance of tolerance and persistence strategies among woody species. Consistent with this interpretation, Morin & Chuine (2006) found that late-successional tree species (superior competitors) were more likely to exhibit smaller ranges than pioneer species (poorer competitors). The divergence observed among plant life forms is also consistent with previous findings of weak or nonexistent associations between native and invasive range size in woody plants, a pattern attributed to ecological processes and evolutionary constraints specific to woody life forms (Q. Guo et al., 2025; Ricklefs & Latham, 1992).

Our findings also revealed that the effect of residence time on invasion success is more complex and growth-form-specific than generally recognized. We found residence time to be positively correlated with habitat breadth and range size across all growth forms but negatively correlated with local abundance in the overall model and for herbaceous growth forms (no effect

for trees/shrubs or vines). The relationship between residence time and abundance of invasive plants is poorly understood, but there is empirical evidence of invader abundance, impacts, and competitive performance decreasing at the community level over time (see Dostál et al., 2013; Sheppard & Schurr, 2019). Theoretically, negative residence time–abundance relationships for invasive plants may arise due to increased biotic resistance of native communities over time to novel invaders through accumulated eco-evolutionary experience—a process more often discussed regarding novel predator-prey interactions (Carthey & Banks, 2014; Saul & Jeschke, 2015). In the context of plant-plant competition, native genotypes with stronger competitive ability may be naturally selected for over time, leading to evolution-driven coexistence mechanisms that decrease invader dominance while shielding native species from local extirpation (Germain et al., 2020; Lankau, 2011; Oduor, 2013). For instance, Sheppard & Brendel (2021) found that the impact of competition from invasive neighbors on seed production of focal native species was reduced as coexistence time increased. Eco-evolutionary coexistence mechanisms may also involve adaptations that increase the tolerance of native plants to novel invasive weapons, such as allelopathy (Callaway et al., 2005; Huang et al., 2018), or increased negative impacts from interactions with other native communities, such as herbivores, pathogens, or soil microbes (Dostál et al., 2013).

Although our macroecological approach limits our ability to elucidate the mechanistic underpinnings of these patterns, these findings suggest that woody and herbaceous plants rely on distinct pathways to invasion success. The trait syndromes associated with woody invaders point to strategies that enhance persistence and tolerance of stressful conditions and competition from neighboring plants. Small native ranges of abundant woody invaders may be additional evidence of specialization to stressful or limiting conditions as a pathway to high abundance. In contrast,

herbaceous invaders are characterized by traits associated with strong competitive effects and the suppression of neighboring species, potentially making their local dominance more susceptible to evolution-driven shifts in native competitive ability over time and contributing to the observed decline in abundance with residence time. This distinction maps onto a framework long recognized in plant ecology—that of competitive response (tolerance) and competitive effect (suppression) (Goldberg, 1990; Goldberg & Landa, 1991; Jacquard, 1968). These complementary, non-mutually exclusive strategies reflect the ability to maintain performance under competition and stressful conditions, and the ability to suppress neighboring species, respectively. Consistent with our findings, a meta-analysis of 192 competition studies found that non-native plants generally outperform native species through greater competitive tolerance rather than stronger competitive suppression, and further reported that trees exhibited significantly weaker suppressive effects than other plant life forms (Golivets & Wallin, 2018). Together, these findings suggest that high local abundance may be achieved through alternative competitive strategies, with woody and herbaceous invasive species differing in the relative importance of competitive tolerance and suppression. This distinction may also help explain differences in the explanatory power of traits across growth forms. Trait-based models explained substantially more variation for woody species ($\text{pseudo-}R^2 = 0.34\text{--}0.52$), potentially indicating that persistence and competitive tolerance strategies are more tightly linked to intrinsic species traits than to external ecological processes (Kunstler et al., 2016; Pavanetto et al., 2024).

Beyond these key patterns, our analyses revealed some unexpected findings. For instance, in contrast with the prevailing evidence in the literature and the patterns observed here for trait associations with range size, the ability to reproduce asexually was associated with lower abundance for perennial herbaceous species. Palma and colleagues (2021) also found

reproductive flexibility to be negatively correlated with spread rate and habitat breadth, suggesting that the role of sexual systems in invasion success may be more nuanced than previously recognized. We were also surprised to see that smaller genome size, despite being widely considered a unifying trait of invasiveness (K. Guo et al., 2024; Pandit et al., 2014; Schmidt et al., 2017), was exclusively associated with the success of invasive vines and only in the range size dimension. Genome size is correlated with various functional traits related to adaptability to new environments, reproductive success, dispersal capacity and growth (Knight & Beaulieu, 2008; Pyšek et al., 2023; Suda et al., 2015). Yet, these correlations are not always linear or consistent across taxonomic groups and are often too complex to align neatly with multidimensional invasion success (Pandit et al., 2014; Pyšek et al., 2023). It is possible that the granularity of our invasion success metrics allowed the effects of functional traits correlated with genome size and included in our analyses (e.g., seed size, plant height, specific leaf area) to become partially disentangled from genome size itself.

The consistent explanatory power of functional and niche traits across all three invasion dimensions, a notable finding given the inherent complexity of macroecological studies, emphasizes the utility of a trait-based framework for predicting invasion success. Trait-based models displayed greater explanatory power for habitat breadth and range size than for local abundance. This finding, combined with the divergence of growth forms in strategies to reach high local abundance and the influence of residence time discussed above, suggests that this dimension of invasion success is more dynamic and context-dependent than the others. When considering these dimensions as success at different spatial scales, achieving success locally by reaching high abundance and community-level dominance is more likely to be influenced by locally-varying factors not captured here, such as biotic interactions, propagule pressure, and

fine-scale abiotic context (Carr et al., 2019; Eschtruth & Battles, 2009). Indeed, the importance of accounting for context-dependence and invasion event-related factors when investigating drivers of invasion success has often been recognized (Gioria et al., 2023; Pyšek, Bacher, et al., 2020). Our findings add nuance to this framework by suggesting that context-dependent and invasion event-related processes may play a stronger role in shaping local abundance and dominance than broader-scale dimensions of invasion success such as range size and habitat breadth.

Our findings demonstrate that invasion success is not achieved in a singular manner, but rather through distinct trait syndromes with varying importance across dimensions of invasiveness and plant growth forms. A key insight emerging from our analyses is that herbaceous and woody invaders differ not only in the traits associated with achieving high local abundance, but also in how factors such as residence time and native range size relate to invasion success. These patterns suggest that the ecological processes underlying invasion success may differ more fundamentally among growth forms than is currently recognized. Future investigations of plant invasion success should focus on deriving mechanistic insights into this pattern. It is possible that the ecophysiological and evolutionary distinctions between woody and herbaceous plants drive ecological divergence, as adaptations of angiosperms at the tissue, physiological, and genomic levels underlie diverging responses to environmental stress between growth forms (Abaturov, 2015). Another promising avenue for future research is evaluating the role of introduction biases in shaping growth form-specific invasion syndromes. Differences in introduction pathways and propagule pressure may influence the traits associated with invasion success and contribute to the divergent patterns observed in this study.

Across all growth forms, habitat breadth and range size were more consistently and strongly predicted by species traits than local abundance, suggesting that local abundance is inherently more dynamic and context-dependent. This is a highly consequential finding of our study, as local abundance and community-level dominance are arguably the most relevant dimensions of invasion success for native species conservation and invasive plant management, given the empirically supported positive relationship between invader abundance and negative impacts on native communities (Bradley et al., 2019). Future research should therefore prioritize identifying drivers of local abundance and invasive dominance, with particular attention to the interplay between residence time and eco-evolutionary dynamics, as well as the role of propagule pressure and fine-scale environmental context. Advancing our understanding of invasion success will be critical for developing more effective and targeted proactive management strategies (e.g., risk assessments, early detection and rapid response), and will require embracing, rather than simplifying, the complexity of plant invasiveness revealed here.

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