

1 The effectiveness of overwintering Eastern oysters (*Crassostrea virginica*) in cold-dry storage

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11 **ABSTRACT**

12 In the northernmost part of the Eastern oyster (*Crassostrea virginica*) range, oyster
13 farmers face challenges maintaining stock through freezing winters. To avoid leaving oysters
14 exposed to variable field conditions, many farmers overwinter oysters outside of the water in
15 cold-dry storage (CDS). Here, we sought to add to the limited but growing empirical research
16 examining the effectiveness of CDS and factors contributing to oyster survival (i.e., size and
17 storage orientation). Oysters were sourced from a local farm in the Great Bay Estuary (New
18 Hampshire, United States) and overwintered in a temperature and humidity-controlled chamber
19 held at 4.6 °C and 81.8% humidity for four months (Nov – Mar). To gain insight into oyster
20 physiology during CDS and the transitions in and out of storage, we monitored oyster cardiac
21 activity over the course of the experiment. While oyster mortality was monitored throughout the
22 storage period, it was not observed until oysters were re-immersed in seawater at the end of the
23 experiment. We found high survival in CDS (86.5%), with no significant impact of size or
24 storage orientation. Oyster heart rate decreased with time spent in CDS, with a periodic heartbeat
25 becoming undetectable five weeks into CDS in live oysters. Together these findings advance our
26 empirical understanding of oyster survival in CDS, offering farmers practical guidance for
27 overwintering strategies while raising informed questions about the physiological processes that
28 govern survival and determine optimal CDS in the Northeast.

29

30 **KEYWORDS**

31 Eastern oyster, *Crassostrea virginica*, overwintering, cold-dry storage, heart rate

32 1. INTRODUCTION

33 Eastern oysters (*Crassostrea virginica*) occupy an extensive geographic range along the
34 eastern coast of North America. The species can be found from the Gulf of St. Lawrence, Canada
35 (48°N), down to the Gulf of Mexico (27°N), and parts of Central and South America [1]. Across
36 this range, the aquaculture of Eastern oysters is a rapidly growing industry, contributing to local
37 economies and providing numerous ecosystem services [2,3]. As a result of covering such a
38 broad latitudinal range, oysters experience diverse environmental conditions that can impact
39 physiological performance [4], and in turn, stock production. For example, near their southern
40 range limit, elevated temperatures and storm-induced low salinity during summer months have
41 led to mass mortality events [5,6]. In contrast, near their northern limit, one of the greatest
42 challenges that farmers face is maintaining oysters during the winter months, when ice forms at
43 the water surface and water temperatures drop to near freezing [7,8].

44 Limited but growing empirical evidence has improved our understanding of oyster
45 physiology during the winter season in the Northeast. When water temperatures are below 5 °C,
46 oysters have been documented to cease filtering; this has been recognized as the lower thermal
47 threshold for feeding [7,9]. During this period of inactivity, or quiescence, oysters minimize
48 valve gaping by completely closing themselves off to the surrounding environment or remaining
49 slightly open [7,9]. However, oysters require energy to maintain this quiescent state, as they must
50 contract their adductor muscle for three to five consecutive months, depending on the location.
51 During this time, oysters rely on stored nutrients to fuel aerobic and anaerobic pathways for basic
52 cellular function [10,11]. As energy reserves are exhausted through the winter season,
53 vulnerability to potential disturbance increases [9,12]. This is especially true for oysters in the
54 field. For example, as temperatures rise in the spring and awaken oysters from their quiescent
55 state, sedimentation in the natural environment can bury and harm oyster stock [9,12].
56 Infestations of the mud-blister worm (*Polydora websteri*) peak in severity during winter months,
57 adding additional stress by forcing awakening oysters to allocate more energy to shell
58 construction in the spring [13]. Due to the uncontrolled variability of field conditions, farmers
59 and researchers have maintained oysters outside of the water during winter [14]. Research
60 focused on optimizing oyster survival and decreasing pest abundance can help farmers make
61 decisions about best practices that fit their needs.

62 Several different overwintering practices are employed in the Northeast, each with its
63 own costs and benefits [15]. The most common and simplest approach is dropping oyster bags or
64 cages into deeper waters to avoid ice formation while maintaining them above the benthos to
65 prevent sedimentation [9,16]. Alternatively, quiescent oysters can be maintained outside of the
66 water in a practice termed cold-dry storage (CDS), which has proven to be effective for
67 maintaining survival rates [14,17,18] and decreasing pest abundance [19]. A CDS approach
68 termed “pitting” involves storing oysters in underground pits (e.g., vegetable cellars), layered in
69 burlap [18]. Since pitting is the longest standing CDS technique, the term is sometimes
70 colloquially used to refer to all CDS. Oysters can also be kept in temperature and humidity-
71 controlled chambers, such as a refrigerator between 0 and 6 °C over the winter [14,17].

72 While CDS is a commonly used practice, its effectiveness and impact on oyster
73 physiology remains understudied. Only a small number of early studies have investigated this
74 topic in Eastern oysters [14,17]. Wang and Amiro saw a ~50% mortality rate following three to
75 five months in CDS at 2-5 °C, where mortality rates were dependent on specific storage
76 treatment [17]. In contrast, Hidu and colleagues found higher rates of survival, ~80%. Here,
77 oyster size and storage duration, but not temperature (0-6 °C), seemed to impact survival in CDS.
78 Across two consecutive years, they found larger oysters had higher survival. Further, three to
79 five months seemed to be the optimal storage time [14]. Another factor to consider is the oysters’
80 storage orientation [18]. A common practice in short-term storage is to maintain oysters cupped
81 side down to preserve the oyster’s liquor (i.e., a combination of saltwater and internal fluid);
82 however, the effects of oyster orientation in long-term CDS are yet to be explored.

83 The goal of this study was to investigate CDS and its efficacy as an overwintering
84 strategy for Northeastern *C. virginica*. Oysters were sourced from a local farm in the Great Bay
85 Estuary (New Hampshire, United States (US)), where ice forms at the surface from December to
86 March [20]. We measured oyster survival over four months in a temperature and humidity-
87 controlled chamber. Specifically, we were interested in determining if oyster size and storage
88 orientation impacted survival during CDS. Based on past studies and common storage practices,
89 we hypothesized that larger oysters and those stored cupped side down would have higher
90 survival rates. Lastly, to gain insight into oyster physiology during CDS and the transitions in
91 and out of storage, we fitted a subset of oysters with cardiac activity monitors throughout the

92 experiment. As cardiac monitors become increasingly prevalent for long-term monitoring [21],
93 their use in this study offers novel insights into physiology under CDS conditions, as well as
94 approaches and limitations for processing the complex data generated.

95 2. METHODS

96 2.1 Organism Collection and CDS Monitoring

97 All oysters, *C. virginica*, were sourced from a local farm located in the Little Bay region
98 of the larger Great Bay Estuary (New Hampshire, US). Oyster seed was originally purchased
99 from Rhody Oyster Seed Co. (Matunuck, Rhode Island, US). On November 26th, 2024, 3,000
100 oysters (two years of age, average length ~ 35-65 mm) were transported to the University of
101 New Hampshire and placed in a Darwin Walk-In Stability Chamber (Model: LAB-G2HD-
102 12X12) held at 4.6 °C and 81.8% humidity (Figure 1). While in CDS, oysters were held in 12
103 3/8” mesh bags at an approximate concentration of 1,000 oysters per bag.

104 On December 16th, 2024, monitoring for survival commenced. Eight oysters from each
105 bag were taken as representative samples to monitor survival over the CDS period. All oysters
106 ($N=96$) were weighed to examine the influence of size on survival. To determine if storage
107 orientation influenced survival, four oysters from each bag were stored cupped shell up, and the
108 other four were stored cupped shell down. Oysters were stored on top of the bag they were
109 collected from. The survival of experimental oysters was checked approximately every two
110 weeks from December 16th, 2024, to March 17th, 2025. Oysters were held in CDS for
111 approximately 16 weeks, this timeframe was informed by the farmer’s experience with
112 dewatering (reversing winter protective measures) their farm and in line with previous studies
113 [14,17]. Oysters were scored as alive if they were tightly shut, and dead if gaping or open when
114 tapped. To confirm the survival status at the end of the storage period, oysters were removed
115 from CDS and placed in a 20-gallon tank of seawater at 4 °C. Survival was then determined after
116 24 hours. Because physiological stress associated with quiescence can result in delayed
117 mortality, oyster survival was further examined 11 days after being transferred to a seawater tank
118 at 13 °C. These data are reported descriptively and were not included in formal statistical
119 analyses but are intended to inform future targeted studies.

120

121 2.2 Survival Data Analysis

122 All analyses were conducted in R (2025.05.1+513). Oyster mortality was not observed
123 during mid-CDS mortality checks; therefore, the effects of size (i.e., weight) and storage
124 orientation on survival 24 hours post-transfer to 4 °C seawater were assessed. We used
125 generalized linear models (GLMs) (*lmer* package [22]) to determine the influence of these
126 factors on survival. Here, survival data (alive/dead) were fit using a binomial error distribution
127 with a logit link function. The primary model included size (continuous) and storage orientation
128 (two factors) as fixed effects. A model containing the interaction between fixed effects was also
129 considered. Model residuals were examined using the *DHARMA* package [23].

130

131 *2.3 Monitoring Cardiac Activity*

132 To further investigate oyster physiology during CDS, cardiac activity was monitored in a
133 separate subset of individuals. On December 18th, 2024, 10 oysters (mean wet mass \pm standard
134 deviation = 35.7 ± 4.8) were removed from CDS, cleaned, and weighed. Then, using a rotary tool
135 (Dremel), a small opening in the cupped shell was made above the mantle membrane. An
136 infrared (IR) heart frequency logger (PULSE V2, ElectricBlue, Porto, Portugal) was used to
137 record oyster cardiac activity. This logger uses an IR detector to measure changes in the amount
138 of light reflected from the animal's internal circulatory structures during heart contraction [24].
139 Infrared sensors (Vishay CNY70) were attached to oyster shells with super glue so that the IR
140 detectors were aimed into the drilled hole. Two-part aquarium epoxy was used to further secure
141 loggers to each oyster. Cardiac activity was recorded at 20 Hz (50 ms intervals). All oysters with
142 adhered sensors were oriented cupped shell up.

143 Once all sensors were attached, the oysters were placed into 13 °C recirculating seawater
144 to allow for a short-term acclimation and ensure post-drilling survival. Following 26 hours in
145 seawater, all oysters were placed back in CDS at 4 °C on December 19th, 2024. After
146 approximately 16 weeks in CDS, on March 18th, 2025, the oysters with heart monitors
147 were transported to Jackson Estuarine Laboratory (JEL) to commence the spring awakening
148 trial. Oysters were placed in a mesh bag inside an 11.7 L tank with a flow rate of approximately
149 87.6 L/hour. The tank was in a flow-through system pulling water from the Great Bay Estuary.
150 Oyster survival, cardiac activity, and water conditions were monitored for 14 days. The

151 temperature and salinity during this time were 6.7 ± 0.8 °C and 16.3 ± 1.5 (mean \pm standard
152 deviation), respectively.

153 *2.4 Cardiac Signal Processing*

154 We investigated changes in cardiac activity during four distinct periods of the
155 experiment: 1) in seawater prior to entering CDS, 2) the transition from seawater to CDS (i.e.,
156 first 48 hours after being placed in CDS), 3) long-term CDS, and 4) spring awakening. We
157 confirmed spring awakening from quiescence via sensor observation of increased valve gaping
158 behavior in other CDS oysters (different from those with heart rate sensors attached; [25]).
159 Awakening behavior is synchronous among oysters exposed to the same conditions, so we
160 assumed those with heart rate sensors attached also emerged from quiescence [7,12]. Heart rate
161 signals recorded over long periods (i.e., more than a few hours) tend to be highly variable among
162 oysters and across time. This is expected, as signal detection of IR sensors can be impacted by a
163 variety of factors, including external light sources, sensor positioning, and changes in animal
164 behavior [26]. Thus, the variable and long-term nature of our data required initial processing
165 prior to estimating physiological metrics such as heart rate.

166 Signal processing followed the methods described in Hellicar et al. 2015 with some
167 modifications. Here, we used an algorithm to classify raw sequences into three categories: a
168 saturated sequence, an aperiodic sequence, or a periodic sequence [26]. Saturated sequences are
169 those where a significant proportion of the recorded values reach a maximum threshold, often the
170 sensor maximum, usually caused by external factors such as light interference (Figure 2A).
171 Aperiodic sequences are defined as having a lack of periodicity, which may be due to the
172 absence of a strong signal reflected off the heart surface or the absence of a heartbeat (Figure
173 2B). Lastly, periodic sequences result because a heartbeat modifies the intensity signal at regular
174 intervals. Heart rate can be estimated from periodic sequences by converting period estimates to
175 beats per minute (bpm) (Figure 2C) [26].

176 We subsampled the data to examine the first five minutes of each hour. Raw sequences
177 were determined to be saturated if 5% of the recorded values reached the sensor's maximum
178 threshold (Figure 2A). Unsaturated sequences were filtered using a bandpass filter (0.02-1 Hz) to

179 remove high-frequency noise and low-frequency drift. The autocorrelation function (ACF) was
180 computed using a fast Fourier transform-based approach to differentiate periodic from aperiodic
181 sequences. The dominant periodic component was identified by searching for the maximum
182 autocorrelation value within a biologically constrained lag range corresponding to predefined
183 period bounds. For this study, periods between 2 and 35 seconds were considered
184 physiologically possible. This period range equates to 1.7 – 30 beats per minute, which is
185 observed in bivalves held at similar temperatures or air exposure conditions [27,28]. Sequences
186 were classified as periodic when the maximum autocorrelation peak exceeded a detection
187 threshold of 0.12 and were then visually confirmed. If sequences were confirmed to be periodic,
188 period estimates were used to estimate heart rate (Figure 2C). To characterize cardiac activity
189 during each distinct experimental period, we described the proportion of time when a steady
190 heartbeat was detected (i.e., visually confirmed periodic sequences) and the estimated heart rate
191 during these times.

192 3. RESULTS

193 3.1 *Oyster Survival*

194 Mortality was not observed during the CDS period but was documented post 24-hour transfer
195 to seawater, with overall survival of 86.5% ($N=96$). Oysters stored cupped side down had a
196 survival rate of 87.5%, while oysters stored cupped side up had a survival rate of 85.4%. A
197 logistic regression was used to examine the effect of size and orientation on survival probability.
198 Model selection based on the Akaike information criterion supported the exclusion of a size and
199 orientation interaction term. While there were minor differences in survival based on size and
200 storage orientation, their influence was not a significant predictor of survival probability (size: z
201 = 1.09, $p = 0.276$; orientation: $z = -0.44$, $p = 0.662$) (Figure 3). The predicted survival probability
202 ranged from ~77% (95% CI: 45-93%) for the smallest oysters (2.38 g) and ~97% (95% CI: 59-
203 99%) for the largest oysters (32.48 g). The large confidence interval at these size extremes likely
204 reflects the small sample sizes at those values. Survival probability estimates were similar across
205 orientation levels (down 79-97%; up: 74-96%). While not included in formal statistical analysis,
206 following 11 days in 13 °C seawater, survival decreased to 77.1% of the original stock of
207 experimental oysters.

208

209 3.2 Cardiac Analysis

210 We examined cardiac activity during four distinct periods in our experiment: 1) in
211 seawater prior to entering CDS, 2) the transition from seawater to CDS (i.e., first 48 hours after
212 being placed in CDS), 3) long-term CDS, and 4) spring awakening. Four of the 10 oysters
213 (Oyster ID: 2, 4, 9, 10) outfitted with HR monitors were identified as dead following transfer to
214 seawater conditions at JEL.

215 *Seawater:* The percentage of sequences classified as saturated, aperiodic, and periodic
216 was 1%, 69%, and 30%, respectively. Of the periodic sequences, 50% were visually confirmed
217 and used to estimate heart rate, and a periodic heartbeat was detected in seven oysters. Heart rate
218 was variable across individuals and time (Supplemental Fig 1A). However, averaged over the
219 entire acclimation period, heart rates were relatively similar, ranging from 8.2 - 10.4 bpm (Table
220 1).

221 *First 48 hours in CDS:* The percentage of sequences classified as saturated, aperiodic,
222 and periodic was <1%, 72%, and 28%, respectively. Of the periodic sequences, 47% were
223 visually confirmed and used to estimate heart rate, and a periodic heartbeat was detected in five
224 oysters. Heart rate was generally slower during the first 48 hours in CDS than in seawater, and
225 less variable across time (Supplemental Fig 1B). Excluding oyster 1, which only had one
226 measurement before the signal was lost, heart rate averaged over this period ranged from 2.1 to
227 4.6 bpm (Table 1).

228 *Long-term CDS:* There were no sequences classified as saturated. The percentage of
229 sequences classified as aperiodic and periodic were 94% and 6%, respectively. Of the periodic
230 sequences, 41% were visually confirmed and used to estimate heart rate, and a periodic sequence
231 was detected in seven oysters. Estimated heart rates were relatively similar to those recorded
232 during the first 48 hours. Heart rate averaged during this period ranged from 2.1 to 6.3 bpm
233 (Table 1). While variability appeared to be greater, this may be an artifact of the longer dataset.
234 All validated periodic sequences were recorded during the first five weeks of CDS, after which a
235 periodic heartbeat became undetectable (Supplemental Fig 1C).

236 *Spring Awakening*: While a significant number of sequences were classified as periodic,
 237 when visually assessed, periodicity was not evident or exceeded upper thresholds. Therefore, we
 238 could not confidently estimate oysters' heart rate during spring awakening.

Period	Oyster	Mean	SD	Max	Min	N	Overall Period Mean
Seawater	Oyster 1	8.2	3.2	11.9	2.4	10	
	Oyster 2	9.1	4.8	17.9	3.1	6	
	Oyster 3	9.3	5.7	13.3	5.2	2	
	Oyster 5	10.4	1.8	14.3	7.5	11	
	Oyster 8	8.6	3.1	12.2	3.9	9	
	Oyster 9	8.2	1.3	9.7	7.0	5	
	Oyster 10	9.0	0.5	9.6	8.5	4	8.97
CDS-48 hours	Oyster 1	8.2		8.2	8.2	1	
	Oyster 3	2.1	0.5	3.1	1.7	8	
	Oyster 5	4.6	0.5	5.2	3.6	34	4.06
	Oyster 9	2.2	0.2	2.5	1.9	8	
	Oyster 10	3.2	0.1	3.3	3.0	13	
CDS-Long term	Oyster 1	2.1	0.5	3.2	1.7	21	
	Oyster 2	5.1	6.4	28.6	1.7	17	
	Oyster 3	2.4	1.0	8.3	1.7	68	
	Oyster 5	4.7	0.4	5.3	2.1	311	3.91
	Oyster 8	4.1	0.5	4.5	1.7	50	
	Oyster 9	6.3	7.5	25.0	1.7	91	
	Oyster 10	2.7	0.8	3.3	1.7	8	

239 **Table 1.** Summary statistics of oyster heart rates (bpm) at three distinct periods in the experiment: 1) in
 240 seawater prior to entering CDS, 2) the transition from seawater to CDS (i.e., first 48 hours after being
 241 placed in CDS), and 3) long-term CDS. *N* represents the number of visually confirmed sequences
 242 classified as periodic that were used to calculate period estimates.

243

244 4. DISCUSSION

245 The overarching goal of our study was to investigate the effectiveness of CDS as an
 246 overwintering strategy for oyster farmers in the Northeast while simultaneously gaining insight
 247 into oyster physiology during this quiescent period. We found high survival in CDS, with no
 248 significant impact of size and storage orientation. All mortality was documented once oysters
 249 were placed back in seawater. Cardiac activity was monitored in a subset of oysters to
 250 characterize oyster physiology during CDS. Here, we found that heart rate decreased with time

251 spent in CDS, with a periodic heartbeat becoming undetectable five weeks into CDS even in
252 alive oysters.

253 *4.1 Oyster Survival in CDS*

254 Oyster survival was high (87.5%) following the four-month winter storage. While
255 mortality was tracked during the period of CDS, mortality was not observed until the oysters
256 were returned to seawater at the end of dry storage. Additional mortality occurred when oysters
257 were subsequently held in seawater at 13 °C for an extended period, reducing overall survival to
258 77.1%. The delayed mortality observed in seawater but not CDS may reflect sampling
259 difficulties during CDS or oysters exceeding physiological limits following re-immersion.
260 During quiescence, oysters remain tightly shut, which can make it difficult to assess viability
261 without compromising the animals. In a similar study, Hidu and colleagues addressed this issue
262 by periodically transferring a subset of oysters to seawater throughout the CDS period, which
263 may provide a more reliable assessment of oyster viability [14]. However, their methods yielded
264 similar results to those presented here overall. In the second case, when exposed to air, many
265 bivalves close their shells to reduce water loss and prevent desiccation. As the animal respire,
266 oxygen is quickly depleted from the internal shell environment. To cope with the decreased
267 oxygen levels, organisms transition from aerobic to anaerobic metabolism, which is more
268 energetically taxing [29]. When re-immersed, bivalves often employ higher aerobic metabolism
269 to recover from this “oxygen debt”. Thus, the combined energy expenditure of anaerobic and
270 aerobic metabolism during emersion and re-immersion may have overwhelmed energy stores
271 following long-term CDS, subsequently leading to mortality in seawater [30]. While we cannot
272 confirm either case in the current study, it is likely that this delayed mortality will occur in
273 aquaculture settings as well. Thus, measurements of post-immersion survival on farms rather
274 than immediately following CDS are necessary to accurately determine the efficacy of CDS.
275 Future studies may also investigate time in dry storage as a predictor of post-CDS survival. If
276 oxygen debts are cumulative during CDS, then oysters exiting a longer period of CDS would be
277 more likely to overwhelm their energy stores during re-immersion than oysters exiting a shorter
278 period of CDS. Food availability during re-immersion in the spring will also likely impact
279 survival. High food availability may allow oysters to meet energy demands, while limited
280 availability may increase mortality risk [31].

281 The present study examined factors influencing oyster survival in adults two years of age.
282 Here, oyster size (i.e., weight) and storage orientation were not significant predictors of oyster
283 survival (Figure 3). These results differ from previous studies that found that larger oysters had
284 higher survival in CDS [14]. However, overwintering physiology can differ with life stage along
285 with size. In an examination of overwintering physiology in water, Bridier and colleagues found
286 that adult and seed Eastern oysters varied in their utilization of energy stores to cope with near-
287 freezing conditions. While adults maintain lipid membrane fluidity by increasing the proportion
288 of highly unsaturated fatty acids in their lipid membranes, seed ceases this process as it can be an
289 energy-intensive mechanism that challenges limited energy reserves [11]. How oysters utilize
290 energy reserves long-term through CDS, and how this may impact survival differences is
291 unknown. Thus, depending on the needs of farmers, future studies may consider examining the
292 survival of different age classes in CDS rather than focusing only on size.

293 While not directly addressed in this study, the overall effectiveness of CDS will depend
294 on how oyster survival directly compares to oysters held in the field. Anecdotally, survival of
295 oysters that overwintered at the site of collection was approximately 50% (*personal comm*),
296 suggesting that CDS may be a more effective option. Collaborative research efforts between
297 farmers and state agencies in different regions have shown that CDS may be an effective option
298 for maintaining oysters as environmental conditions become more variable, and winter ice
299 conditions become less predictable [32]. Choosing between CDS and field overwintering may
300 ultimately come down to feasibility for farmers. While purchasing and operating a CDS
301 container in the winter months has considerable upfront costs, the lower mortality rates could
302 make this overwintering strategy profitable in the long run. However, consideration of required
303 time and labor, both of which scale with farm size, are critical factors for determining the
304 financial efficacy of CDS. Further study and analysis could weigh the costs and benefits of this
305 system, how it scales, and how it compares to other overwintering strategies.

306 *4.2 Oyster Physiology During CDS*

307 Heart rate is a primary tool for assessing cardiac activity and understanding organismal
308 physiology. For ectothermic species, such as marine mollusks, it can serve as an effective
309 indicator of metabolic rate and proxy for whole-organism stress [33]. Here, we monitored and
310 estimated heart rate in a subset of oysters held in CDS. Prior to entering CDS, oyster heart rate

311 ranged from 8.2 to 10.4 bpm, which is consistent with the heart rate measured for bivalves held
312 at similar temperatures [28]. Once in CDS, we found that the heart rate decreased over time. The
313 time at which a heartbeat became undetectable was specific to each individual (Supplementary
314 Fig 1). However, across all oysters, the latest time at which a periodic heartbeat was detected was
315 five weeks into CDS. Unfortunately, we were unable to confidently estimate heart rate for
316 oysters during the spring awakening portion of the experiment, as periodic sequences could not
317 be visually confirmed. This may have been due to the displacement of sensors over their hearts
318 once they were transferred back into seawater.

319 A reduction in heart rate, known as bradycardia, is often considered a stress response
320 triggered by environmental conditions such as extreme temperature, hypoxia, and pollutant
321 exposure [34–37]. However, decreased metabolic rate and accompanying bradycardia are also
322 fundamental traits of animals entering dormancy [38]. To our knowledge, this is the first study
323 examining oyster heart rate under long-term cold and dry conditions. While our goal was to gain
324 insight into cardiac physiology in conditions relevant to aquaculture storage, our findings are
325 most comparable to studies examining heart rate under naturally occurring immersion and
326 emersion cycles, such as those associated with the intertidal environment.

327 For bivalves, and specifically Eastern oysters, bradycardia is a common response to air
328 exposure [39–41]. As the internal shell environment becomes depleted of oxygen, it is predicted
329 that the onset of hypoxia induces a reduction in metabolic rate with a transition from aerobic to
330 anaerobic metabolism [42]. Here, the decreased heart rate of oysters in CDS may provide
331 evidence for this transition, but future studies can confirm this by measuring end byproducts of
332 anaerobic metabolism throughout storage, providing insight into metabolic processes underlying
333 quiescence in CDS [11]. Bivalves have also adapted to consistent air exposure through
334 behavioral changes [29,43,44]. Some bivalve species rely on atmospheric oxygen uptake during
335 long-term emersion, where shell gaping vents the internal cavity airspace, allowing surface
336 tissues to maintain low levels of aerobic metabolism [29,45]. Even when bivalves engage in
337 anaerobic respiration, as oysters likely did during CDS, air gaping can release waste products
338 and prevent acidosis similar to when bivalves open their valves in water [10,46,47]. However,
339 this behavior can also increase bivalve susceptibility to desiccation. Air gaping in bivalves is
340 primarily influenced by temperature and humidity, two key controllable factors in CDS, where

341 increased relative humidity and reduced ambient temperature reduces water loss and thus
342 susceptibility to desiccation. Therefore, if oysters engage in air breathing during long-term
343 storage, behavioral analysis can provide meaningful insight into specific conditions needed to
344 support their survival in CDS.

345 *4.3 Challenges in Long-term Cardiac Monitoring*

346 In this study, heart rates were estimated from data sequences that were classified as
347 periodic using the previously described algorithm [26]. Period estimates, which were used to
348 calculate heart rate, were determined using biologically relevant thresholds described in the
349 literature for mollusks held in similar temperature and air conditions [27,28,48]. Here, our
350 minimum threshold for heart rate was 1.7 bpm. During long-term CDS, several oysters had a
351 documented minimum heart rate of 1.7 bpm (Table 1). It is likely that oyster heart rate may have
352 been lower than this, but was not identified due to the algorithm's thresholds. Further, heart rate
353 values were only calculated from periodic sequences, but it is likely that oysters in CDS
354 experienced high variability in the time between consecutive heartbeats (aperiodicity). This
355 aperiodic heartbeat is seen in other mollusks during emersion and under cold temperatures
356 [27,48]. In the present study, an oyster with high heartbeat variability would have had a data
357 sequence that would be classified as aperiodic and thus missed by our algorithm. Depending on
358 the questions being asked, further refinements to the algorithm may be necessary.

359 While we could not identify the exact time of death, survival of oysters outfitted with
360 heart rate monitors was 60%. This value was slightly lower than the subset of oysters used to
361 examine survival, which may be attributed to the small holes that were drilled in the shells to
362 attach heart rate monitors. While numerous studies have been successful in measuring cardiac
363 response to abiotic and biotic stressors utilizing similar methods [28,35], there is evidence to
364 suggest that drilled holes can compromise survival in the long term [37]. Biosensors such as the
365 cardiac monitors used in our study are becoming increasingly adopted due to their accessibility,
366 ease of use, and ability to generate high-resolution datasets [21,49]. However, for long-term
367 deployments, careful attention to attachment methods and signal processing techniques will be
368 essential to ensure data reliability and the capacity to answer targeted research questions.

369 **5. Conclusion**

370 In this study, our goal was to add to the limited but growing research examining oyster
371 overwintering practices employed by farmers in the Northeast. Overwintering oysters in CDS
372 offers farmers the opportunity to maintain their stock in a highly controlled setting, unlike the
373 field, where oysters have the potential to be impacted by freezing temperatures, ice scour,
374 sedimentation, and predators. We found that holding oysters in CDS yielded generally high
375 survival rates. However, direct comparisons to survival in field conditions are needed to make
376 accurate comparisons between both methods. Further, our survival measurements were
377 conducted immediately following CDS, revealing only short-term impacts of this method.
378 Additional survival monitoring, and subsequent growth, following field deployment and later in
379 the growing season will provide information on potential long-term effects of CDS. We provided
380 insight into oyster physiology during CDS by measuring cardiac activity. As seen in the
381 literature, we found that oyster heart rate decreased with time spent in CDS, showing a transition
382 to a quiescent state. Further studies examining underlying behavioral and physiological processes
383 during this state will provide information on how oysters use energy to maintain this state and
384 conditions that will yield the highest survival, such as amount of time in CDS. Overall, this study
385 generates informed questions about the underlying physiological processes that govern survival
386 and ultimately dictate what CDS conditions will yield the best survival rates for farmers in the
387 Northeast.

388

389 **CRedit authorship contribution statement**

390 **Jannine D. Chamorro:** Writing – original draft, Formal analysis, Visualization; **Josephine**
391 **DeMerit:** Conceptualization, Investigation, Methodology, Data curation, Writing – review and
392 editing, **Andrew R. Villeneuve:** Investigation, Methodology, Data curation, Writing – review
393 and editing, **Selina L. Cheng:** Investigation, Writing – review and editing, **Kaila J. Frazer:**
394 Writing – review and editing, **Joseph A. Rankin:** Conceptualization, Resources, Writing –
395 review and editing; **Brittany M. Jellison:** Conceptualization, Writing – review and editing;
396 **Easton R. White:** Conceptualization, Funding acquisition, Resources, Supervision, Writing –
397 review and editing

398 **Data statement**

399 Oyster survival data can be found at github.com/QuantMarineEcoLab/oyster-cds-2024-25. Data
400 related to cardiac activity is available upon request.

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406 **Declaration of competing interests**

407 Co-author, Joseph A. Rankin, owns the oyster farm from which oysters were sourced.

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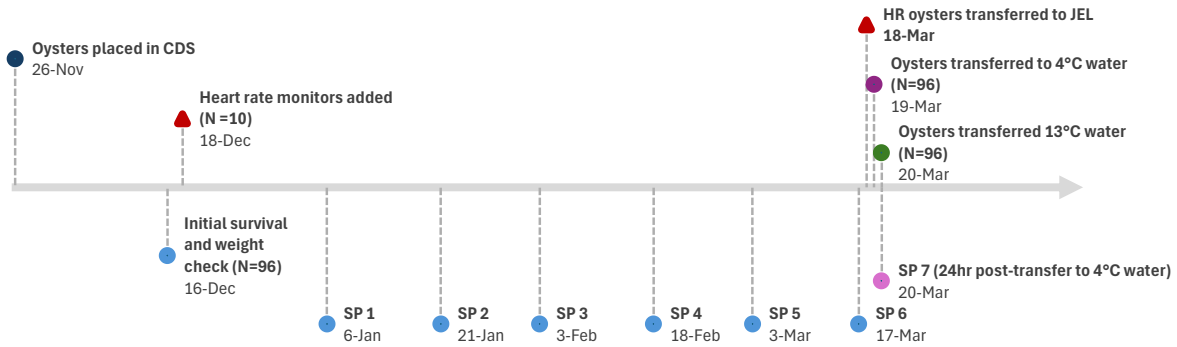
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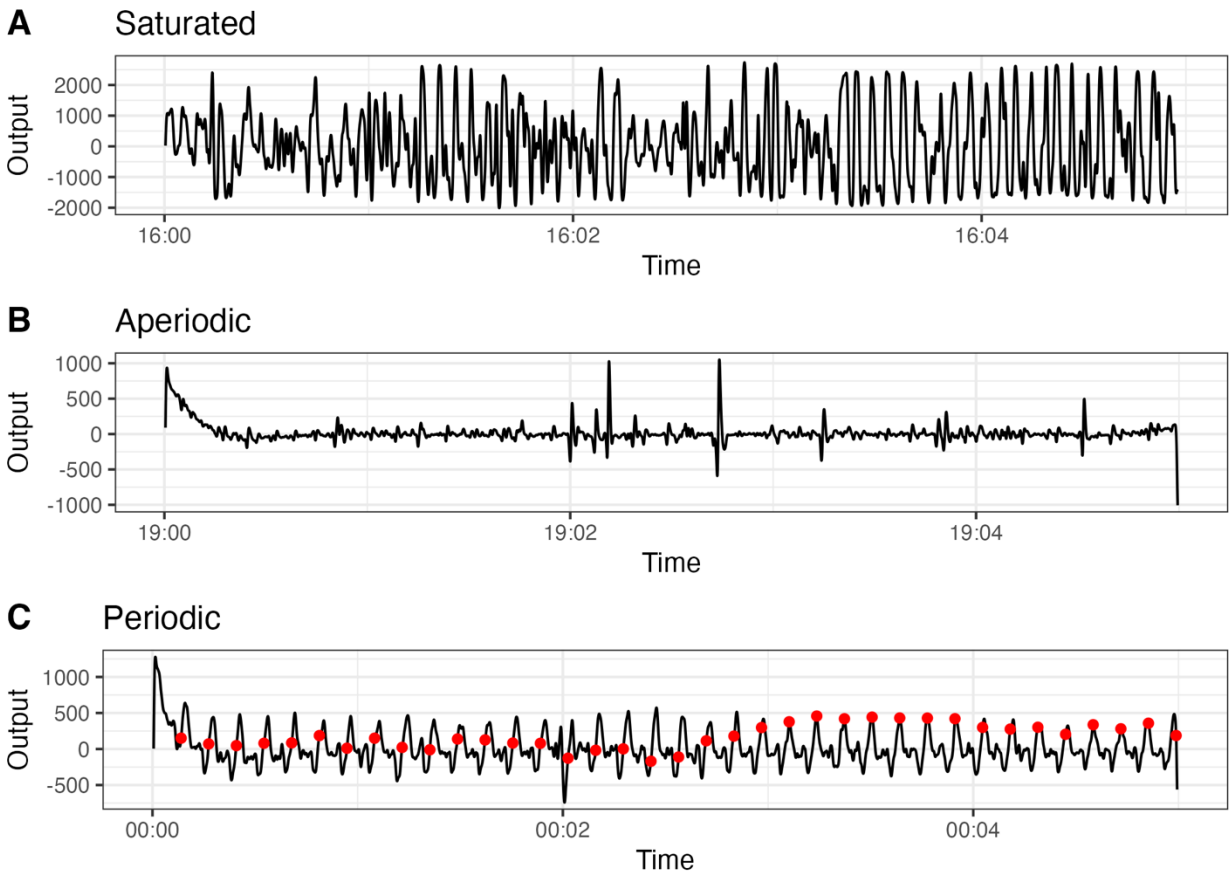
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561 **FIGURES**



562

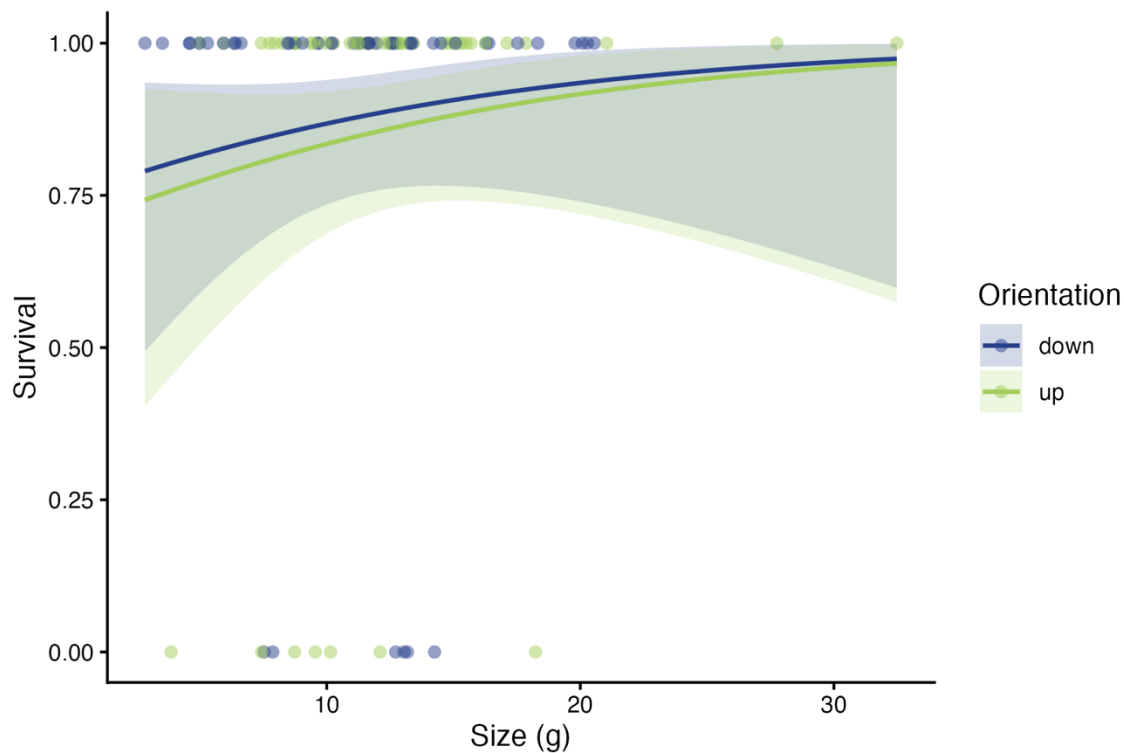
563 **Figure 1. Experimental Timeline.** Oysters were transferred to cold-dry storage on Nov 26th;
 564 survival monitoring commenced on Dec 16th. Oyster viability was assessed approximately every
 565 two weeks, depicted by sampling points (SP) on the timeline. On March 19th, oysters used to
 566 monitor survival were transferred to 4 °C seawater for 24 hours, then assessed for mortality (SP
 567 7). Following 24 hours, surviving oysters were transferred to seawater held at 13 °C. Red
 568 triangles depict when a separate subset of oysters were outfitted with cardiac monitors and
 569 transferred to the Jackson Estuarine Laboratory for spring awakening.
 570
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573 **Figure 2. Classification of Cardiac Data.** Examples of data sequences classified as A)
 574 saturated, B) aperiodic, and C) periodic. The black line represents the filtered data. The x-axis
 575 displays an interval of five minutes. The output on the y-axis is a unitless value representing the
 576 relative intensity of the reflected IR light. Red points on C) represent the start of each new
 577 period. Here, the estimated period length was 8.1 sec.

578



579

580 **Figure 3: Cold-Dry Storage Survival (CDS).** Survival of oysters held in CDS ($N=96$)
 581 following transfer to 4 °C seawater. Size is represented on the x-axis and probability of survival
 582 on the y-axis, with points representing survival status (alive = 1, dead = 0). Storage orientation is
 583 represented by color (blue: cupped side down; green: cupped side up). The curves represent
 584 survival probabilities from a logistic regression model as a function of size and storage
 585 orientation. Shaded regions indicate 95% confidence intervals.