

1 **Transposable elements as drivers of reproductive isolation: A**  
2 **framework for testing hybridization-induced escalation of**  
3 **genetic conflicts**  
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17

## 18 Abstract

19 Contrary to long-held views, the exchange of genetic diversity between species by hybridization is  
20 now recognized as an important process contributing to the evolution of biodiversity. However,  
21 hybridization has molecular consequences beyond the exchange of genetic variation. The clash of  
22 divergent genomes upon hybridization can escalate genetic conflicts previously resolved in parental  
23 species - notably between transposable elements (TEs) and their repressors - and unleash a cascade  
24 of molecular events inducing the evolution of chromosomal rearrangements (structural variants, SVs).  
25 Novel TE insertions and other SVs are often associated with cancer, reduced longevity, and genomic  
26 disorders, and usually inflict high fitness costs, thus they likely incur major constraints to gene flow  
27 among species and may constitute an integral component of reproductive isolation. Furthermore, in  
28 the presence of gene flow, certain SVs (e.g., inversions) may help protect beneficial combinations of  
29 alleles across genes from breaking up. By mediating an increased input of SVs, TE reactivation may  
30 therefore act as an architect of SVs underlying reproductive isolation. While the hypothesis of such TE-  
31 related reproductive barriers is not new, tests of its predictions - especially in the wild - remain scarce.  
32 With this perspective we aim at synthesizing ideas and providing a roadmap to stimulate research  
33 targeted towards an increased understanding of hybridization-induced TE reactivation and its  
34 potential knock-on effects for the evolution of structural variation and reproductive isolation. We argue  
35 that technological advances now provide unprecedented opportunities to identify genomic,  
36 transcriptomic and epigenomic signatures of such re-escalating genetic conflict upon hybridization  
37 and present a practical roadmap to guide researcher to investigate such genetic conflict in wild  
38 populations. While our perspective is centred predominantly on vertebrates, with adaptations to the  
39 taxon-specific TE biology, our roadmap represents a generalizable framework for the study of  
40 hybridization-induced escalations of TE-related genomic conflicts.

## 41 Lay summary

42 Different components of the genome can conflict with each other. One of the most prominent  
43 examples of such a genetic conflict is the proliferation of transposable elements (TEs) despite  
44 genomes' defence mechanisms. TEs are repetitive sequences that can replicate themselves - often  
45 with a fitness cost for the host genome. Therefore, multiple silencing mechanisms evolved to  
46 counteract the uncontrolled activity of TEs. While conflicts between active TEs and their repressors are  
47 usually at least partially resolved within species, they may be unmasked by hybridization, because  
48 recombination between parental genomes can uncouple active TEs from their repressors.  
49 Based on previous reports of hybridization-induced TE reactivation by genome, transcriptome and  
50 methylation sequencing we here synthesize an integrative framework for testing for hybridization-  
51 induced TE-mediated genetic conflict in natural populations. To this end, we describe the molecular  
52 processes that form the foundation of this framework and review the current state of research in the  
53 field. Finally, we provide a practical roadmap to sampling design, sequencing technologies and  
54 bioinformatic analyses.

## 55 Background

56 Hybridization was long seen as a process counteracting the evolution of biodiversity (Seehausen et al.,  
57 2008). However, a wealth of genomic studies now show that hybridization is an important contributor  
58 to the evolution of phenotypic and species diversity (Abbott et al., 2013; Arnold & Kunte, 2017; Taylor  
59 & Larson, 2019). Disease resistance and environmental adaptation in humans in part hails from  
60 exchange with Neanderthals and Denisovans (Huerta-Sánchez et al., 2014; Zhou et al., 2021); wing-  
61 colour phenotypes involved in mimicry of *Heliconius* butterflies are a result of adaptive introgression  
62 (The *Heliconius* Genome Consortium, 2012); and hybridization led to the evolution of new species in  
63 dog-relatives and birds (Gopalakrishnan et al., 2018; Runemark et al., 2018). Examples from  
64 butterflies, birds, and fish highlight that the exchange of genetic variation by hybridization can fuel  
65 entire species radiations (Berner & Salzburger, 2015; Edelman et al., 2019; Stryjewski & Sorenson,  
66 2017).

67 However, hybridization has molecular consequences beyond the exchange of genetic variation that  
68 may contribute to the evolution of reproductive isolation and yet have received limited attention.  
69 Especially, insights into the hybridization-induced escalation of genetic conflicts (e.g. by TE  
70 reactivation) in the wild and its role in speciation remain limited (Fontdevila, 2019; Rebollo et al., 2010).  
71 Since successful identifications of genomic regions underlying reproductive isolation remain scarce  
72 (Maheshwari & Barbash, 2011; Wolf & Ellegren, 2017), a widening of focus is now advisable,  
73 specifically towards genetic conflicts between co-adapted components of the genome, such as  
74 transposable elements (TEs) and the mechanisms regulating their activity (Chuong et al., 2017; Dion-  
75 Côté & Barbash, 2017).

### 76 TEs as drivers of genome evolution and genetic conflict

77 TEs are DNA sequences abundantly present in virtually all eukaryotic genomes. TEs are able to  
78 increase in copy number by transposing or copying themselves to multiple new locations within host  
79 genomes thanks to the molecular machinery encoded within their sequence (Hayward & Gilbert,  
80 2022). Thereby, TEs can increase their copy number in gametes and defy Mendelian inheritance,  
81 which is why they are considered selfish genetic elements. TEs encompass a large diversity of  
82 sequences, protein domains and replicative mechanisms. However, almost all TE sequences include  
83 a regulatory motif that ensures their expression and, in autonomous TEs, a sequence coding for  
84 proteins enabling their transposition (Chuong et al., 2017). Non-autonomous TEs, that is, elements  
85 that partially or completely lack their protein coding sequence, require their own promoter to get  
86 expressed, but they can still be transposed by proteins produced in *trans* by other TEs (Okada et al.,  
87 1997). TEs not able to be transcribed and translated are usually referred to as "TE-derived sequences".  
88 Therefore, the spreading of TEs within both genomes and populations depends on TEs' capability of  
89 self-replication, and no positive effect or function for the host is required for their maintenance and  
90 spread. While TEs can become 'domesticated' (exapted) by the host genome and thereby can serve

91 an important role in the evolution of regulatory network (Chuong et al., 2017), most TEs have no  
92 positive effect or function for the host, but, rather, may spread and be maintained neutrally or in spite  
93 of slightly deleterious effects (Lynch & Conery, 2003).

94 As selfish elements that often have deleterious fitness effects, TEs and their replicative nature are in  
95 direct conflict with the host genome. To control the deleterious effects of TE activity, the genomes  
96 evolved mechanisms to repress TE activity. However, these mechanisms can be a double-edged sword  
97 for host genomes causing additional conflicts by silencing regulatory motifs within domesticated TEs  
98 or nearby TE insertions (Sentmanat & Elgin, 2012). The importance and magnitude of host-TE conflicts  
99 are mirrored in a remarkable diversity of redundant repression mechanisms that evolved to counteract  
100 TE activity at pre- and post-transcriptional levels.

101 To understand the importance of TEs in the origin of genetic conflict, we need to understand the  
102 mutagenic effects of TE activity. Successful TE activity implies multiple levels of mutagenesis for the  
103 host genome: (i) active TEs cause new, identical insertions scattered across the genome, thereby  
104 causing structural mutations that can disrupt genic or regulatory sequences (Kazazian et al., 1988;  
105 Taşkesen et al., 2012; Wallace et al., 1991); (ii) TE insertions are a target for repressive methylation  
106 marks that can spread beyond the sequence of the TE itself. Such changes of the epigenetic state of  
107 the surrounding genomic regions, so-called “methylation spill overs”, can cause changes in the  
108 regulation of nearby genes (Hollister & Gaut, 2009 but see Huang & Lee, 2024) and in the local  
109 mutation rates; the same process can happen to regulatory elements that originated from TEs (e.g.,  
110 domesticated TEs) or share sequence similarity (Erwin et al., 2015). (iii) TEs often include regulatory  
111 motifs in their sequences that can serve as alternative promoters and contribute to changes in hosts’  
112 gene regulation (Goubert et al., 2020; Sun et al., 2021); and (iv) the spread of identical TE copies across  
113 the genome can trigger non-allelic homologous recombination (ectopic recombination) and mediate  
114 the evolution of new structural variants (SVs) (Delprat et al., 2009; K. Han et al., 2008; Kupiec & Petes,  
115 1988). Ectopic recombination between TE copies can result in either the deletion (e.g., frequently  
116 observed between the terminal repeats of LTR retrotransposons) or inversion of the intervening  
117 sequence depending on the relative orientation of the TE copies involved (Balachandran et al., 2022;  
118 Mager & Goodchild, 1989). The propensity of a genome to undergo ectopic recombination coupled  
119 with the rate of TE activity (and population parameters like effective population size and selective  
120 pressures) largely shape the evolution of genome size and structure (Kapusta et al., 2017; Lynch &  
121 Conery, 2003) and influence genome stability (Carvalho & Lupski, 2016). Unchecked TE activity can  
122 therefore disrupt gene regulation and function (i-iii) or lead to structural rearrangements and genome  
123 size variation (iv; Kapusta et al., 2017).

124 Finally, TE insertions can also have direct fitness consequences for the host. They have been associated  
125 with (i) many diseases, including cancer (Payer & Burns, 2019); (ii) changes in longevity (Elsner et al.,  
126 2018; Nguyen & Bachtrog, 2021; Ricci et al., 2023); and (iii) the evolution of phenotypic traits, like the  
127 industrial melanism in pepper moths (Hof et al., 2016), tail loss in apes and humans (Xia et al., 2024),  
128 and the evolution of the mammalian placenta (Emera & Wagner, 2012). Given their often-detrimental

129 impact, TEs are largely selected against and silenced by multiple molecular mechanisms (see  
130 **Mechanisms of TE repression** section), but they usually persist in a species. This persistence can be  
131 attributed to several mechanisms. For example, selection is less efficient in removing insertions of  
132 active TEs from regions of low recombination or low gene density (e.g., sex-limited chromosomes;  
133 Peona et al., 2021b) than in frequently recombining proportions of the genome. Similarly, some TEs  
134 evolved mechanisms that minimise their deleterious effects on the host genome; for instance, they  
135 self-methylate or disguise themselves as introns (de Mendoza et al., 2018; Gozashti et al., 2022). This  
136 results in reduced selection against their presence in genomes. In addition, events of horizontal TE  
137 transfer can cause the invasion of host genomes by ever new types of TEs (Schaack et al., 2010). The  
138 general evolutionary success of TEs shows that the repression mechanisms of the host genomes are  
139 imperfect, and the conflict between TEs and their repressors is ongoing.

## 140 **Mechanisms of TE repression**

141 Given the negative effects of TE activity on genome stability and host fitness, genomes have evolved  
142 multiple repression systems to counteract TE activity. These repression systems regulate TE activity by  
143 reducing or blocking transcription of TE sequences (pre-transcriptional regulation) or by degrading  
144 TE transcripts and preventing their insertion into the genome (post-transcriptional regulation; Deniz  
145 et al., 2019).

### 146 *Pre-transcriptional regulation of TE activity by DNA methylation and heterochromatinization*

147 Pre-transcriptionally, TE activity is suppressed by epigenetic DNA modifications that inhibit TE  
148 transcription. Vertebrates achieve this primarily by cytosine methylation in CpG context within TEs  
149 (**Figure 1A**) and by histone modifications, such as trimethylation of H3K9 and H3K27 (Deniz et al.,  
150 2019). DNA methylation at CpG sites silences TE expression by reducing transcription factor binding  
151 capacity (Kaluscha et al., 2022), while histone modification primarily regulates the formation of  
152 heterochromatin and thereby renders TE sequences inaccessible for transcription (Slotkin &  
153 Martienssen, 2007). In addition, DNA methylation and histone modifications interact to maintain and  
154 stabilize TE repression. For example, DNA methylation attracts histone-modifying enzymes, and  
155 H3K9me3 and H3K27me3-mediated heterochromatin stabilizes DNA methylation. Thus, pre-  
156 transcriptional repression of TEs is an effective and partially redundant mechanism that protects the  
157 genome from uncontrolled activity (Guo et al., 2021). While epigenetic marks are known for their  
158 plasticity to environmental perturbations, which as such can also influence TE repression efficacy (Guo  
159 et al., 2021; Miousse et al., 2015; Pecinka et al., 2010), the epigenetic silencing of TEs is strongly  
160 genetically determined (e.g., Aravin & Bourc'his, 2008).

### 161 *Post-transcriptional regulation of TE activity by the PIWI pathway*

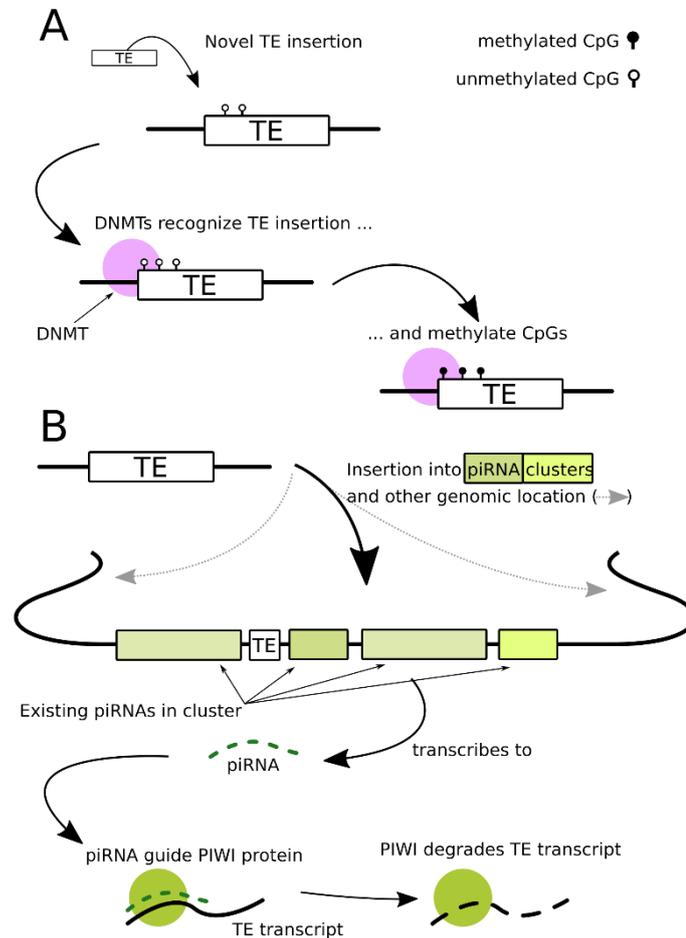
162 In animals, post-transcriptional TE regulation is primarily mediated by the PIWI (P-element induced  
163 wimpy testis) pathway (Czech et al., 2018; Deniz et al., 2019; Siomi et al., 2011). The PIWI pathway

164 involves the formation of complexes of PIWI proteins and piRNAs (piwi-interacting RNAs) that degrade  
165 TE transcripts in the cytoplasm (Tóth et al., 2016; **Figure 1B**). PIWI genes were originally discovered in  
166 *Drosophila* as regulatory proteins involved in stem and germ cell differentiation (Vagin et al., 2006)  
167 and have been subsequently found in many animal clades, including vertebrates. In contrast, plants,  
168 for instance, rely on siRNA-guided proteins (Liu & Zhao, 2023). piRNAs are small non-coding RNAs  
169 derived from transcribed TEs or from genomic clusters (Pritam & Signor, 2025). The formation of  
170 piRNA clusters involves the incorporation of TEs into piRNA clusters by a stochastic process that is  
171 driven by genome-wide insertion of TEs over evolutionary time. These clusters act as reservoirs and  
172 produce piRNAs that recognize and silence TEs. Based on their sequence homology, piRNAs help  
173 PIWI proteins to target and degrade TE transcripts. The PIWI-pathway can also epigenetically protect  
174 the genome from novel TE insertions by the deposition of repressive histone methylation marks, such  
175 as H3K9me3, that promote heterochromatin formation and transcriptional silencing pre-  
176 transcriptionally (Taskopru et al., 2024).

#### 177 *Epigenetic TE repression is genetically determined*

178 Both, methylation and the PIWI pathway, depend on genetic components that recognize TE  
179 sequences and target them for repression or degradation. Consequently, the functionality of both  
180 mechanisms depends on the coevolution of the repression machinery's specificity with TE sequences.  
181 Therefore, the exchange of genetic material upon hybridization can disrupt the linkage of co-evolved  
182 repressors and TEs and consequently deregulate TE activity. In the following we outline how this may  
183 trigger a cascade of molecular events that by inducing an increased burden of structural mutation  
184 provides a path towards reproductive isolation.

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188 **Figure 1** DNA methylation and piRNA-mediated transcript degradation regulate TE activity. **A)** DNA-  
 189 methyltransferases (DNMTs) detect novel TEs as they insert into a new genomic locus (black line),  
 190 where existing CpG sites in the TE sequence are methylated *de novo*. **B)** Post-transcriptional  
 191 repression mediated by the PIWI pathway. When TE insertions insert into piRNA clusters (green  
 192 rectangles), they can be stored as a reservoir from which TE-derived piRNAs are expressed and guide  
 193 PIWI proteins to TE transcripts and mark them for degradation.

## 194 Hybridization-induced evolution of TE-related reproductive 195 barriers

### 196 Hybridization-induced escalation of the genetic conflict between TEs and their 197 repressors

198 Novel TE insertions can rapidly accumulate in lineages that receive limited gene flow. The fast co-  
199 evolution of the TE repression machinery results in an at least partial resolution of the genetic conflict  
200 between TEs and their repressors. Because also the methylation- and piRNA-mediated TE repressors  
201 can quickly diverge between lineages (Herrera & Bazaga, 2011; Liebl et al., 2013; Lira-Medeiros et al.,  
202 2010; Massicotte et al., 2011), the genetic conflicts between TEs and their repressors can be solved  
203 differently within each lineage (Dion-Côté, Renaut, Normandeau, et al., 2014; Lerat et al., 2019;  
204 Oppold et al., 2017). When such lineages hybridize, the clash of divergent genomes and divergently  
205 resolved genetic conflicts may result in the mis-regulation of TE repression (a phenomenon termed  
206 “genomic shock”; McClintock, 1984), and entail fitness costs (Maheshwari & Barbash, 2011; Rebollo  
207 et al., 2010). Hybridization-induced fitness costs have been most prominently studied in *Drosophila*  
208 crosses where the presence and absence of the P-element, a *Drosophila*-specific TE, across both  
209 parental species led to imminent hybrid sterility (Kidwell et al. 1977). While such “hybrid dysgenesis”  
210 (Kidwell et al. 1977) entails strong reproductive isolation due to a single TE, the fitness effects of TEs  
211 may often be much more subtle, reduce fitness only cumulatively across many TEs and at the scale of  
212 populations. Furthermore, these changes become most relevant in backcrossed individuals and not  
213 F1 hybrids where TEs and their repressors are still co-inherited (**Figure 2A** and **B**). However, in  
214 advanced-generation hybrids and backcrosses, recombination starts dissociating lineage-specific TEs  
215 and repressors from one another. This unmask previously resolved genetic conflicts and may induce  
216 bursts of TE proliferation (Michalak, 2009; Oliver & Greene, 2012) in both germline and somatic cells.  
217 While TE insertions into the germline may contribute to long-term genome instability, somatic  
218 insertions may impact individuals by worsening their health and ultimately reducing fitness (Payer &  
219 Burns, 2019). Finally, physiological stress imposed by reduced fitness of hybrids may induce additional  
220 changes in DNA methylation that can further increase TE activity (Rey et al., 2016).

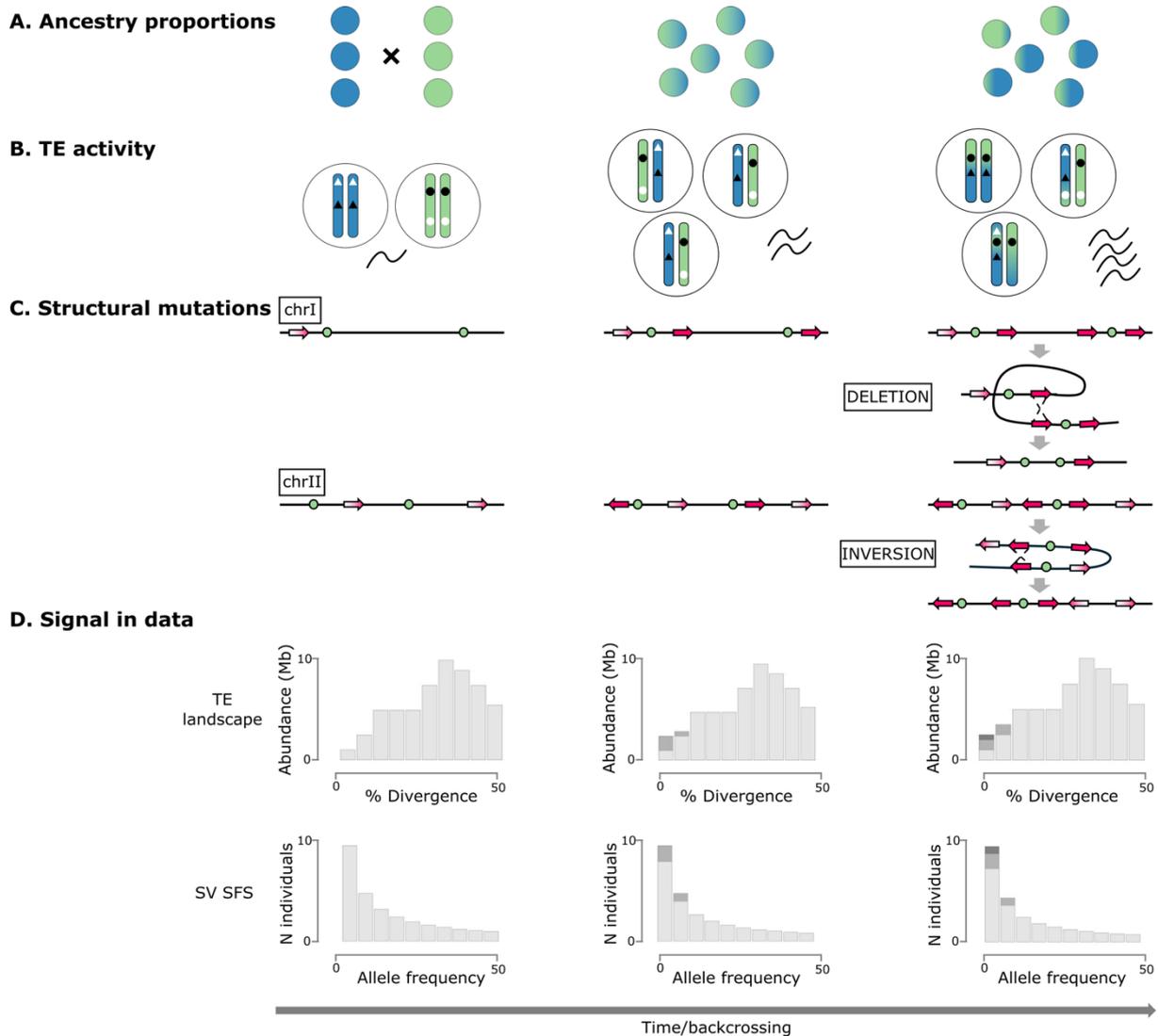
221 Several lines of evidence for hybridization-induced TE reactivation exist from experimental systems  
222 such as *Drosophila* (Kidwell et al., 1977) and yeast (Tusso et al., 2021), however examples from  
223 naturally hybridizing populations are limited. In *Drosophila* F1 crosses, despite initial TEs reactivation,  
224 they were then re-silenced during the individuals’ lifetime (Khurana et al., 2011). Examples from wild  
225 populations that hybridize include mice (Brown et al., 2012), marsupials (Metcalfe et al., 2007; O’Neill  
226 et al., 2001) and fish. Insights from whitefish indicate that hybrids experience increased rates of TE  
227 transcription and insertion (Dion-Côté, Renaut, Normandeau, et al., 2014; Dion-Côté & Barbash, 2017;  
228 Laporte et al., 2019) and hybridization in sunflowers induced a burst of TE transcription (Kawakami et  
229 al., 2010; Ungerer & Kawakami, 2013).

230 Given that TE activity is primarily regulated by epigenetic modifications, hybridization-induced TE  
231 reactivation may be largely caused by the disruption of these repression mechanisms. Evidence for  
232 this comes for instance from wallabies, whose hybrid genomes are both hypomethylated and  
233 experienced TE reactivation (O'Neill et al., 2001).

234 In this context, there can be genomic regions that disproportionately contribute to the origin and  
235 escalation of host-TE conflicts, for example, sex chromosomes. The lower recombination rate and  
236 effective population size of sex chromosomes often leads to an asymmetric accumulation of active TEs  
237 in the non-recombining chromosome (i.e., Y and W chromosomes; Peona, et al., 2021b). If the non-  
238 recombining sex chromosome is much denser in active TEs than the rest of the chromosomes (e.g.,  
239 "toxic Y" [Nguyen & Bachtrog, 2021], "W refugium" [Peona et al., 2021b]), it can represent a rich source  
240 of potential host-TE conflicts upon hybridization and backcrossing and by doing that representing a  
241 contributing factor to Haldane's rule (Peona et al. 2021b). However, if the non-recombining sex  
242 chromosome also features piRNA clusters, then it will represent a less impactful source of conflicts  
243 especially in the early hybrid generations. Therefore, depending on the TE composition of sex  
244 chromosomes, they could either exacerbate or defuse host-TE conflicts.

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▲● TEs △○ Repressors ~ TE transcript ⇨ Old TE ⇨ New TE ● Incompatibility locus

**Figure 2.** Schematic model of the genomic effects of hybridization-induced escalation of genetic conflicts. **A)** Two parental lineages (blue and green) cross and produce hybrids with different ancestry proportions as hybridization and backcrossing continues. **B)** TEs (black-filled shapes) are coupled with their repressors (white-filled shapes) in the parental lineages representing resolved genetic conflicts and only a little TE activity (represented as TE transcripts by wiggly black lines) is expected to be observed. As hybridization occurs, recombination between the parental genomes will uncouple TEs from their repressors and TE activity is expected to increase. **C)** An increased TE transcription leads to more new identical TE insertions that act as substrate for ectopic recombination and structural mutations. In the upper chromosome (chrI), an example of ectopic recombination between identical repeats oriented in the same direction resulting in a deletion of the intervening sequence is depicted. In chrII, an example of ectopic recombination between identical repeats oriented in the opposite direction resulting in the inversion of the intervening sequence is shown. In both cases, SVs change the linkage between hybrid incompatibility loci and resulting haplotypes can be stronger reproductive barriers. **D)** Expected genomic signatures of escalation of genetic conflicts shown as progression of TE divergence landscapes and SV site frequency spectra (SFS). As TE activity increases, an increased number of TE insertions in recent times (percentage of divergence of TEs from their consensus sequences) and of derived and low-frequency SV alleles should be observed in repeat landscape and SFS plots in comparison to the parental lineages and between categories of hybrids based on ancestry proportions. The recent gain of TEs and SVs is coloured in darker shades of grey.

## 268 Increased rates of chromosome rearrangements following hybridization- 269 induced TE proliferation

270 Repetitive sequences of the genome, including TEs and sequences derived therefrom, can lead to  
271 increased rates of ectopic recombination (reviewed in Kent et al., 2017). These, in turn, can result in  
272 higher rates of structural mutation (Aasegg Araya et al., 2025; Balachandran et al., 2022; Munasinghe  
273 et al., 2023). The idea that evolutionary events that lead to bursts of repetitive sequence expansion -  
274 notably bursts of TE proliferation - may be followed by pulses of structural mutation and even lead to  
275 vast genome reorganization (Fontdevila, 2005, 2019) has received less attention to date, especially in  
276 the context of hybridization-related evolution. It therefore seems important to stress that the escalation  
277 of TE-related genetic conflict may have effects beyond increased TE activity. It may induce a cascade  
278 that, via a higher risk of ectopic recombination, causes chromosome rearrangements and ultimately  
279 leads to increased genome instability when happening in the germline (McClintock, 1984; Fontdevila,  
280 2005; Rebollo et al., 2010; Rogers, 2015; **Figure 2C**).

281 Furthermore, the mis-regulation of methylation that may occur upon hybridization may not only entail  
282 TE reactivation but also on its own increase rates of chromosome rearrangements. This is because  
283 DNA methylation often suppresses recombination, and hypomethylation directly increases the risk of  
284 ectopic recombination (Zamudio et al., 2015). An example of such dynamics is represented by the  
285 genomes of hybrid wallabies, which on top of TE reactivation also experience increased rates of  
286 structural mutation due to hypomethylation (O'Neill et al., 2001).

287 The escalation of TE-related genetic conflicts upon hybridization can thus have a profound impact on  
288 the stability of genome architecture at both the level of individual lifespans (e.g., higher risk of cancer  
289 and faster ageing (Brown et al., 2020; Burns, 2017)), and the macroevolutionary level (e.g.,  
290 chromosome mis-segregation (Ferree & Barbash, 2009)).

## 291 Fitness costs of escalating genetic conflicts: Constraints to gene flow between 292 species?

293 In hybrids of divergent lineages, previously resolved genetic conflicts between TEs and their  
294 repressors may provide a substrate for hybrid incompatibilities (Kidwell et al., 1977; Maheshwari &  
295 Barbash, 2011) and for the evolution of intrinsic postzygotic reproductive barriers (Crespi & Nosil,  
296 2013; Durand et al., 2012; Levin & Moran, 2011; Petrov et al., 1995; Rebollo et al., 2010). This contrasts  
297 hybrid dysgenesis in *Drosophila* that leads to sterility in the first generation of hybrids (Kidwell et al.  
298 1977). Instead, in this framework TE reactivation contributes to a cumulative, less immediate build-up  
299 of fitness disadvantages in hybrids.

300 First, as outlined above, disease, reduced longevity, and other phenotypic effects can incur fitness  
301 costs directly related to (specific) TEs (Elsner et al., 2018; Hof et al., 2016; Nguyen & Bachtrog, 2021;  
302 Payer & Burns, 2019; Ricci et al., 2023). Second, and less directly associated with TEs themselves,  
303 similar fitness costs may establish through increased rates of structural mutation. Finally, the entire

304 cascade of hybridization-induced effects on TE repression mechanisms, TE activity, and structural  
305 mutation, may inflict less direct fitness costs in the form of, for instance, genome instability, metabolic  
306 costs related to the replication of more repeat-enriched genomes, or deregulated gene expression  
307 due to, for instance, epigenetic changes. In locations of the genome (and epigenome) where such  
308 fitness costs are anchored, hybridization is expected to have the strongest fitness effects and be  
309 selected against. Notably, compared to direct fitness costs on the individual level (i.e. disease,  
310 reduced longevity), the indirect effects of increased TE activity may show small effects on the  
311 individual, but only become apparent - and evolutionarily relevant - on the population level. The  
312 escalation of genetic conflicts upon hybridization may therefore inflict major constraints to genetic  
313 exchange between species (Crespi & Nosil, 2013; Maheshwari & Barbash, 2011; Rebollo et al., 2010;  
314 Seehausen et al., 2008).

### 315 **A pathway towards molecular reinforcement of species barriers?**

316 Finally, we suggest that by mediating an increased input of SVs (e.g., inversions), the escalation of TE-  
317 related genetic conflicts may constitute an avenue towards a molecular reinforcement of species  
318 barriers.

319 SVs, notably large chromosomal inversions, contribute to reproductive barriers in diverse organisms  
320 (e.g., reviewed in Kapun & Flatt, 2019; Knief et al., 2024), for example by impeding proper meiotic  
321 chromosome pairing in hybrids, or by protecting haplotypes composed of co-adapted allelic  
322 combinations from introgression and recombination (Hoffmann & Rieseberg, 2008). In known  
323 examples, alternative inversion haplotypes are usually fixed between reproductively isolated lineages,  
324 and their combination in hybrids has fitness costs that constitute a reproductive barrier. It may thus  
325 seem paradox to suggest that hybridization may be a source of inversions that act as reproductive  
326 barriers. However, correlations between the presence of inversions between species and the species'  
327 potential for hybridization in birds (Hooper & Price, 2017), for instance, may support a link between  
328 hybridization and the formation of inversions. A possible explanation for this paradox: the increased  
329 input of inversions in hybridizing species are the consequence of escalated TE-related conflict. If such  
330 inversions lock up allelic combinations that reinforce species barriers, they may segregate out of  
331 hybrid zones and be selected towards fixation in parental species.

332 In conclusion, because of escalated TE-related conflict and downstream knock-on effects on structural  
333 mutation, hybridization may itself fuel hybrid populations with the very same genetic variation that can  
334 contribute to stronger reproductive barriers - and ultimately reinforce reproductive barriers (**Figure**  
335 **2C**).

### 336 **Testing the escalation of TE-related genetic conflict upon** 337 **hybridization in the wild: A roadmap**

338 Several studies have shown that hybridization can induce an escalation of genetic conflicts between

339 TEs and their repressors. Still, insights into their importance and the magnitude of their effects in  
340 natural populations remain limited. Advances in genome sequencing technology now provide  
341 unprecedented opportunities to investigate and test the hypothesis of TE reactivation upon  
342 hybridization and the latter's downstream effects on chromosome rearrangements. Long-read  
343 sequencing helps overcoming previous limitations in resolving repetitive sequences in genome  
344 assemblies (Peona et al., 2021) and enables characterizing the landscapes of SVs and epigenetic  
345 modifications, notably DNA methylation. In the next section, after outlining the general requirements  
346 towards sampling design, we describe the predictions related to the hypothesis of the escalation of  
347 TE-related genetic conflict, and for each prediction provide specific requirements towards study  
348 design and the analyses approaches.

## 349 Sampling design

350 An adequate sampling design constitutes the foundation for testing all predictions. Such a sampling  
351 includes (i) samples from the parental species involved and (ii) a dense sampling of hybrid zones. As  
352 it is unclear, at which admixture proportions the predicted effects are most pronounced, it is crucial  
353 that this dense sampling includes hybrids from a broad range of ancestry classes. Finally, (iii) multiple  
354 individuals from adequate outgroups help distinguishing between ancestral and derived state of TE  
355 insertions and other SVs occurring in the lineage of interest.

356 An experimental setup that enables testing all the predictions below includes samples that provide  
357 access to transcriptomic, genomic, and epigenomic variation (**Figure 3**). Due to tissue- and potential  
358 age-specific effects on transcription (De Cecco et al., 2013; Warmuth et al., 2022) and epigenomic  
359 variation – such as methylation (Fraga et al., 2005; Loyfer et al., 2023) – the ideal sampling needs to  
360 consider the same tissue across individuals. Individual age and other factors may impact the molecular  
361 variation under investigation and should be accounted for by recording these data and be included  
362 in statistical inferences. Regarding environmental variation, we note that hybrid zones may provide  
363 natural common garden-like experiments (Buerkle & Lexer, 2008) in which divergent genomes and  
364 epigenomes experience a similar environment, and environmental effects on methylation are in part  
365 accounted for (Mueller et al., 2025).

366 The choice of tissue(s) may often need to balance between the ideal versus the realistic and feasible.  
367 Germline tissues have the great advantage of providing insights into molecular variation of  
368 evolutionary relevance. However, sampling germline tissues is often lethal and amongst other issues  
369 may imply limited sample sizes. On the other hand, molecular variation characterized from non-  
370 invasively sampled somatic tissues may include somatic mutations less relevant to evolution. Still,  
371 somatic mutations in hybrids may be caused by TE reactivation, have fitness consequence, and as such  
372 can be evidence for the presented hypothesis. In addition, somatic mutations, despite being ten-to  
373 hundredfold more abundant than germline mutation (Milholland et al., 2017). are distributed  
374 randomly in non-clonal cell populations and observed at low allele frequencies. Thereby somatic  
375 mutations often exhibit unique properties compared to germline mutations, that allow selective

376 filtering based on allele frequency. Typically, non-invasive sampling will involve blood, that is a robust  
377 approximator for epigenetic variation in the soma (Derks et al., 2016; Husby, 2022). Still, any effects in  
378 line with the hypothesis of hybridization-induced escalation of genetic conflict may be tissue specific.  
379 The ultimate study design would thus include a diversity of tissues. In addition to the limitations  
380 discussed in connection with germline tissues, such a design may usually be limited by the costs it still  
381 entails.

## 382 Testing the predictions

383 The following sections lay out analysis strategies to address five predictions made by the hypothesis  
384 of hybridization-induced escalation of genetic conflict between TEs and their repressors and its  
385 downstream effects. We treat the second and third predictions jointly, because the according analyses  
386 are largely identical.

### 387 **1. Hybridization disrupts epigenetic silencing of transposable elements**

388 The initial step of a hybridization-induced escalation of TE-related genetic conflicts is a failure in the  
389 epigenetic repression of TEs in an admixed genome that induces changes in epigenetic patterns. This  
390 disruptive pattern can be surveyed by testing many different epigenetic markers. However, DNA  
391 methylation is a main epigenetic modification of interest, because (i) methylation is the primary  
392 epigenetic modification that silences TEs (in vertebrates, but also plants) and (ii) technology is  
393 available to comprehensibly characterize genome-wide patterns of methylation at population scale.  
394 In comparison to the parental lineages, hybrids are predicted to show transgressive methylation  
395 patterns that are related to (de-)repression of TEs.

396 This prediction is based on assumption that methylation is determined genetically. As outlined in the  
397 section "TE repression", TE regulation depends on correct recognition of TE sequences by the  
398 molecular machinery responsible for *de novo* methylation of the genome during embryogenesis. At  
399 this developmental stage, the genome of most vertebrates is nearly completely demethylated and  
400 provides a window for TEs to become reactivated if not successfully silenced. Based on previous  
401 theoretical predictions (Fontdevila, 2005) and empirical observations that have linked deregulation of  
402 methylation and TE repression (O'Neill et al., 2001) we here lay out the data generation and analysis  
403 steps to study such effects in an evolutionary framework.

404 Measuring DNA methylation states related to TE-regulation requires the precise mapping of  
405 methylation signals in TE sequences and their promoters. This step is complicated by the  
406 repetitiveness of TEs that leads to multi-mapping of short reads and consequently inaccurate  
407 methylation calls. In non-model organisms, methylation signals can be obtained by whole-genome  
408 sequencing using short- or long-read technologies and methylation-specific analysis workflows. For  
409 short-reads, bisulfite-sequencing (BS-Seq) has long been the gold-standard for genome-wide or  
410 reduced representation mapping of 5mC modifications. Recently, it started being superseded by  
411 enzymatic conversion methods (EM-Seq) that are more reliable in deaminating unmethylated  
412 cytosines while causing less DNA degradation upon treatment (Y. Han et al., 2022). Compared to  
413 these short read-based technologies, long reads offer multiple advantages. Both Oxford Nanopore

414 (ONT) and PacBio HiFi long-read sequencing yield data on epigenetic DNA modifications together  
415 with genetic sequences (Ni et al., 2023). With average read length of >10 kilo base pairs (kb), long  
416 reads span complex repetitive elements, thereby enabling a reliable readout of methylation states  
417 within specific TE loci. Additionally, long reads improve assembling repetitive regions in genome  
418 assemblies and improve SV calling and genotyping in mapped genomes (Rech et al., 2022). While still  
419 being more expensive than short-read sequencing, prices for ONT and HiFi sequencing have  
420 decreased markedly with recent sequencing platforms. Thus, despite somewhat higher requirements  
421 for the DNA material, long-read sequencing becomes accessible for studying TE-based genetic  
422 conflict in hybridizing natural populations.

423 The computational analysis of methylation-sequencing data is guided by the expectations of  
424 observable patterns in methylation states across parental lineages and hybrid individuals. Given that  
425 DNA methylation is the primary repressor of TE activity, sequences of functional TEs or their regulatory  
426 regions may become hypomethylated in hybrids compared to the parental lineages. This prediction  
427 can be tested by assessing the methylation states of full-length TE sequences and their flanking  
428 regions in parental and hybrid populations. Due to limitations of mapping short-reads to repetitive  
429 regions, this analysis may best be based on long-reads. In addition, screening the genome for  
430 differentially methylated loci or regions (DMLs, DMRs) between parental populations and hybrids may  
431 give insights into methylation de-regulation with potential effects on the expression and insertion of  
432 TEs. For example, TE loci that are constitutively hypermethylated in parental populations may show  
433 transgressive hypomethylation in hybrids, indicating hybridization-induced deregulation of  
434 methylation patterns. However, potential statistical limitations of DML and DMR analyses are currently  
435 being discussed and call for careful interpretation of the results (Mueller et al., 2025). Additionally,  
436 statistical analyses should consider the potential of DNA methylation to respond to environmental  
437 stress (Makarevitch et al., 2015; Rey et al., 2016). Ideally this requires including environmental variables  
438 as covariates in the analyses to identify potential confounding signal in the data. In model-based  
439 DML/DMR analyses (Lea et al., 2015; Park & Wu, 2016) covariates can be included in the statistical  
440 model. More explicitly, distance-based redundancy analyses have been used to estimate the  
441 contribution of different variables to the epigenetic variation and identify sites driven by specific  
442 variables captured in those variables (Merondun & Wolf, 2025; Ruiz-Arenas & González, 2017).

## 443 ***2. TE transcription levels are deregulated in hybrids compared to parental populations***

444 If hybridization deregulates the methylation of TEs, it can induce burst of TE expression (Dion-Côté,  
445 Renaut, & Normandeau Eric and Bernatchez, 2014; McClintock, 1984) . The identification of such  
446 bursts requires TE expression data that can be acquired by transcriptome sequencing. To assess the  
447 changes in transcription levels of TEs in hybrids with respect to the parental lineages, it is necessary to  
448 sequence their RNA and consider some key points regarding data production and analysis. Ideally,  
449 individuals' transcriptomes should be sequenced with short reads and long-read technologies like Iso-  
450 seq to ensure the detection of locus-specific differential expression given a reference genome and a  
451 TE annotation (Lee et al., 2025) . If only short-read RNA-seq is available, the differential expression of

452 specific TE loci is less precise (but see Schwarz et al., 2022). This reference-based approach can be  
453 replaced by mapping RNA-seq data to a TE library (Peona et al., 2021). In the latter case, it is possible  
454 to detect differential expression of TEs on the level of TE subfamilies, that is, if specific subfamilies  
455 show higher expression in hybrids than in parental lineages. In addition, it is important to carefully  
456 choose the type of RNA prior to sequencing. While polyadenylated mRNA selection is often the best  
457 choice, some TEs (e.g., TEs with a pol III promoter) do not present a poly-A tail upon transcription  
458 (Kramerov & Vassetzky, 2011). It is therefore necessary to know the overall TE composition of the  
459 genomes of interest before choosing the RNA extraction strategy.

460 Bioinformatics analysis of transgressive expression of TEs follow the same methodology used for  
461 transgressive expression of genes in hybrids (Papoli Yazdi et al., 2022) that require to be compared to  
462 both parental lineages. Therefore, to control for parental-specific differences in expression,  
463 transcriptome data is required for all the lineages involved.

### 464 ***3 & 4. Hybrid genomes feature elevated rates of TE insertions and SV variation compared to parental*** 465 ***populations.***

466 The increased expression of TEs may ultimately result in increased rates of TE insertion of structural  
467 mutation in hybrid lineages. Inferring the latter involves identifying TE and SV polymorphisms  
468 segregating in all involved lineages and comparing the levels of derived TEs and SVs between hybrid  
469 and parental lineages. The best approach to reliably and possibly completely call and genotype TEs  
470 and SVs relies on reference-free pangenome graphs estimated from long-read and other long-range  
471 information (such as Hi-C; Groza et al., 2024). Currently, this approach is still limited to a few study  
472 systems, mostly because of sampling requirements (e.g., high quality and quantity of DNA) and  
473 sequencing costs. An alternative to pangenomes is a reference-based approach that calls SVs from  
474 long reads from multiple individuals based on a high-quality chromosome-level assembly for one of  
475 the parental lineages (Weissensteiner et al., 2020). Additionally, to reduce sequencing costs, it is  
476 possible to use short reads from a higher number of individuals to genotype the characterised SVs  
477 (Chen et al., 2019; Peona et al., 2022). Lastly, SV calling and genotyping solely based on short reads  
478 can be implemented when using a high-quality reference genome assembly (David et al., 2024).  
479 However, short reads are inefficient in calling TE insertions, which are the most important type of SV  
480 to consider for testing the predictions presented here. Finally, any approach to identify TE  
481 polymorphisms relies on the availability of a high-quality TE library to be able to properly classify SVs  
482 as TE insertions.

483 Once TEs and SVs have been identified and quantified, we move to the comparison between hybrid  
484 and parent populations, which needs to account for multiple factors. In simple cases, hybrid  
485 populations may be expected to show overall higher rates of TE insertion and increased derived  
486 variation compared to parental lineages. However, realistically, we expect these patterns to be much  
487 subtler and intricate. First, recently evolved genetic variation usually segregates at low frequencies.  
488 Accordingly, the TE insertions and SVs we are interested in when testing the present predictions are  
489 expected to occur in hybrids at low frequencies or even as singletons. As a crucial implication, the

490 discovery of TEs and SVs (that is TE and SV calling) obligately needs to include a large enough sample  
491 size of hybrid individuals (singletons not included in the discovery set cannot be genotyped). Second,  
492 more complex situations may involve parental genomes that differ in TE and SV content. If the parental  
493 genomes differ in TE abundance, it is critical to establish a baseline for the expected TE abundance in  
494 hybrids based on admixture proportions. Only then it is possible to accurately assess any additional  
495 input of TE insertion caused by TE reactivation. Furthermore, also demographic effects such as  
496 changes in effective population size can affect integration rates of TEs on the population level and  
497 may produce false-positive signals of TE activity bursts (Horvath et al., 2022). To control for such  
498 demographic effects, SNPs need to be analysed in parallel to TEs and SVs. In the presence of bursts  
499 of TE insertion and structural mutation, we expect increased rates of the former that, however, are not  
500 paralleled in SNPs. To this end, site frequency spectrum (SFS) analysis can, for example, give an  
501 overview of the allele frequency dynamics of TEs and SNPs in the different lineages. A TE SFS that has  
502 the same shape as the SNP SFS, indicates that TE dynamics are mostly shaped by the same  
503 evolutionary and demographic processes as the ones that affect SNPs. Furthermore, it is important to  
504 account for allele's ages when comparing SFS between TEs and SNPs, because TE bursts are often  
505 temporarily limited. Such episodic bursts may be obscured in global analyses when alleles'  
506 frequencies do not account for age (Horvath et al., 2022). To date the variants, TEs and SVs are ideally  
507 phased and polarized, as this enables more precise comparisons of mutation rates at different age  
508 categories (Horvath et al., 2022; **Figure 2D**). Age estimates of TEs and SNPs can be obtained from  
509 various methods that depend on the variant type and the available data: While the age of TEs in  
510 general can be estimated as the genetic distance (e.g., using Kimura 2-p model) between an insertion  
511 and its consensus sequence, more precise age estimates can be obtained for specific groups of TEs.  
512 For instance, LTR retrotransposons harbour two terminal repeats that, because of their replicative  
513 mechanism, will be identical upon insertion. The independent mutations accumulated by the two  
514 identical repeats can therefore be used to estimate the upper bound of their insertion age  
515 (Weissensteiner et al., 2020). If phasing information is available for SVs as well as for SNPs, then  
516 coalescent-based methods like GEVA (Albers & McVean, 2020) can be used to estimate the age of all  
517 variants. If a reliable (that is, phased and polarised) SV dataset cannot be obtained, then comparing  
518 the TE landscapes of hybrids to the parental lineages can give first insights into the dynamics of TEs in  
519 different ancestry backgrounds (**Figure 2D**). However, repeat landscapes need to be interpreted with  
520 caution, since they do not take demographic dynamics and evolutionary processes into account.

## 521 ***5. Gene flow upon hybridization is restricted in genomic regions involved or deriving from TE-related*** 522 ***genetic conflict***

523 An increased input of TE insertions and SVs in hybrids may reduce hybrid fitness and, moreover, result  
524 in SVs that may strengthen reproductive barriers. Both of these outcomes may restrict gene flow in the  
525 genomic regions (i) that are involved in the escalating TE-related genetic conflict or (ii) the SVs  
526 resulting therefrom. Testing these predictions is notoriously challenging and, at the current stage of  
527 research, a comprehensive roadmap towards this goal remains difficult to formulate. Reaching the

528 goal may usually remain daunting.

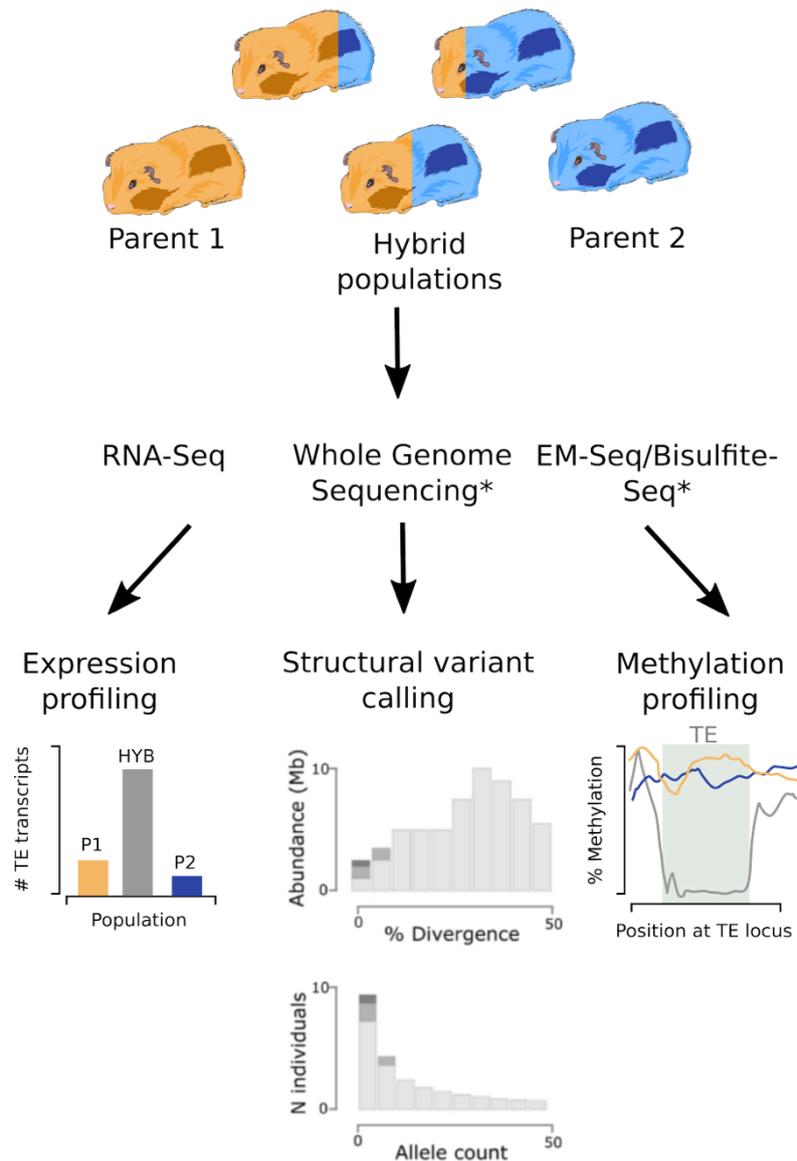
529 In a scenario under which increased TE proliferation or the spread of SVs itself reduces hybrid fitness,  
530 selection is expected to act against allelic combinations contributing to TE proliferation and the spread  
531 of disadvantageous SVs. If TE proliferation is a result of disrupted methylation regulation due to  
532 heterospecific allelic combinations in cis- or trans-acting regulators of methylation, the targets of  
533 selection against introgression may be widely spread across the genome. In this case, barriers to gene  
534 flow would be spread genome-wide and detecting them will be a formidable challenge. In contrary,  
535 in simple cases, where incompatible heterospecific allele combinations causing TE reactivation are  
536 located close to TEs, such incompatibilities may show as patterns of increased genetic differentiation  
537 or decreased introgression concentrated around TEs (likewise for SVs resulting from TE reactivation).  
538 Yet, these patterns may be much more diffusely spread and difficult to associate with the processes  
539 described here, if relevant loci are less tightly bound to TEs and SVs but widespread, for instance in  
540 trans. Demonstrating a scenario where the reactivation of TEs upon hybridization leads to genome-  
541 wide reproductive barriers in our opinion will often first require advanced insights into basic aspects  
542 of how hybridization may deregulate TE repression, starting with a better understanding of how the  
543 variation repressing TE activity, notably methylation, is regulated and evolves under hybridization.

544 A scenario of molecular reinforcement, such as described above, makes predictions that may at least  
545 in part be more straightforward to test. At a macroevolutionary scale, a higher abundance of SVs in  
546 species pairs that have the opportunity to hybridize, such as is observed in birds (Hooper & Price,  
547 2017), may provide indirect hints towards the importance of such a scenario. Direct evidence,  
548 however, would consist in (i) population genetic evidence for restricted gene flow around SVs, such  
549 as inversions, for which (ii) the origin can be pinpointed to hybridization. While addressing the first  
550 point may often be straightforward (Dobzhansky & Sturtevant, 1938; Kapun & Flatt, 2019; Kirkpatrick  
551 & Barton, 2006), demonstrating an SV's hybrid origin will in many instances be daunting. Analyses to  
552 this end may demonstrate a higher abundance of such SVs inside compared to outside hybrid zones,  
553 if the SV has not spread across parental species ranges or its fitness advantages are highest inside the  
554 hybrid zones. However, similar patterns may establish of SVs that evolved elsewhere have a higher  
555 fitness in hybrid zones than outside. Inferences of SVs' origins may thus often depend on geographic  
556 patterns of diversity linked to such an SV, with decreasing diversity linked to the derived variant away  
557 from the hybrid zone pinpointing the origin to the hybrid zone. In cases where the SV fixed in the  
558 parental lineages, this may be the only evidence for a hybrid-derived origin. However, in many  
559 instances, such patterns may never establish, for instance when positive selection rapidly fixes an SV  
560 and depletes it from all linked variation, or over time be masked other population genetic processes,  
561 such as genetic drift and recombination.

562 The demonstration of restricted gene flow in genomic regions related to the genetic conflicts caused  
563 by TEs would provide ultimate evidence for the latter's evolutionary importance. Promising vertebrate  
564 model systems from the wild that could be suitable to test this scenario are, for example, hybridising  
565 white killifish, swordtail fish, mice and birds (Langdon et al., 2024; Roussel et al., 2025; Trier et al.,

566 2014; Wang et al., 2015).

567



568

\*may be combined using long-read sequencing

569 **Figure 3.** Roadmap to test for signatures of hybridization-induced TE related genetic conflict. From  
570 sampling two parental populations and their hybrid zones with different levels of ancestry proportions,  
571 multi-model OMICS-data is generated and tested for specific signatures in hybrids that indicate  
572 elevated TE expression, higher abundance of low divergent TE insertions and low-frequency TE alleles  
573 and hypomethylation of TE sequences.

## 574 Conclusions

575 Despite evidence arguing for an important contribution of TEs to reproductive isolation (Dion-Côté &  
576 Barbash, 2017; Fontdevila, 2005; Michalak, 2009; Rebollo et al., 2010), the relevance of the genetic  
577 conflict between TEs and their repressors for the evolution of species barriers has received limited  
578 testing. In this perspective, we described how the disruption of the tightly regulated interplay between

579 TEs and their repressors upon hybridization may unleash a cascade of molecular changes that may  
580 reinforce genetic incompatibilities and provide a quick path towards reproductive isolation. If valid,  
581 our hypothesis may be manifested in higher-than-expected rates of structural mutation driven by TE  
582 insertions as well as marked changes in DNA methylation in hybrid individuals. We predict that  
583 empirical studies of TE-related genetic conflict in hybrid zones may shed light into the molecular  
584 underpinnings of emerging reproductive isolation and contribute to our understanding of  
585 hybridization for the evolution of biodiversity.

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