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# Understanding individual range use in free-range chickens

3	- a systematic review
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- 27 & editing.

#### Abstract

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Every year, over 50 billion chickens are raised globally for meat and eggs. Increasing consumer demand has driven a shift towards free-range and organic systems. These systems allow chickens outdoor access aimed to improve behavioural diversity, and consequently, welfare. However, studies show that only a portion of a flock use the outdoor range. What causes these individual differences, the consequences of this variation and potential interventions to improve ranging have become an important research focus especially in the last decade. In this systematic review we synthesise the results of 107 studies on ranging behavior in layers and broilers to highlight patterns and draw general conclusions regarding the factors influencing ranging. Due to the breadth of our focus, we grouped research together covering (i) causes of individual differences, (ii) the consequences of individual differences in ranging for welfare and production, and (iii) interventions that can change ranging behaviour. Overall, some important patterns emerged. On the one hand, environmental factors, such as weather and temperature may predictably affect ranging across the year, particular strains ranged more and ranging increased over time. On the other hand, the results assessing ranging in relation to behaviour and cognition were less clear. Although some evidence showed better spatial cognition in indoor-preferring birds, no clear relationship to fear was evident. While the effect of outdoor access on welfare in layers was rather mixed, the effects on broilers were more straightforward, sometimes indicating better condition in outdoorpreferring individuals. In regard to production, only a few studies focused on the effects of individual ranging level on production traits finding little effect on egg quality in layers and mostly negative effects on weight, but some positive effects on meat quality in broilers. Finally, changes in management, rearing and the structure of the outdoor range show promise to improve ranging behaviour but these come with a financial cost. Overall, many knowledge gaps still remain and for some sections results are based on only a few studies limiting how well we can draw robust conclusions. We provide some suggestions on how to proceed with future investigations. Together, integrating the perspectives presented in this review will help

to understand and manage variation in free-range behaviour shown by both layer and broiler
 chickens.
 *Key words:* behaviour, cognition, enrichment, Gallus gallus domesticus, production, welfare

#### 1 Introduction

Every year, over 50 billion chickens (*Gallus gallus domesticus*) are reared to keep up with the global demand for eggs and meat (CIWF, 2025). In the last decade, changing consumer perception has led to an increase in free-range and organic farming (with decreased flock size and stocking density for organic production) and a move away from cage and purely indoor floor or barn systems. In free-range and organic chicken farming, domestic fowl selected for egg laying (layers) and meat production (broilers), are reared indoors for the first weeks of life, but have access to an open outdoor area called the range later in life. Consumers believe that chickens from free-range systems experience better welfare (an animal's quality of life, Bray & Ankeny, 2017; Heng, Peterson, & Li, 2013; Pettersson et al., 2016) and produce better tasting and healthier eggs and meat (Bray & Ankeny, 2017; Fanatico et al., 2005; Pettersson et al., 2016).

Good animal welfare is generally assumed if animals are healthy and free from fear, pain, or suffering, if they are able to express their natural behaviours and thrive by experiencing positive mental states (Fraser et al., 1997; Rault et al., 2025). Compared to conventional systems (i.e. cage and floor systems), an outdoor range provides increased space per bird and the opportunity to express a range of natural behaviours not easily achievable inside (Fiorilla et al., 2024; Knierim, 2006; Lay et al., 2011; Pettersson et al., 2016). The space indoors is typically limited and too small for comfort behaviours such as wing stretching, and flapping, feather ruffling, preening, and ground scratching (Dawkins & Hardie, 1989). Chickens show such comfort behaviours more frequently outside (wing flapping: Ahmad et al., 2021, Jones et al., 2007; head shaking: Jones et al., 2007; dust and sun-bathing: Diep, Larsen, & Rault, 2018; Hartcher & Jones, 2017). Furthermore, compared to indoors, chickens exhibit more foraging and exploration when outside (Abouelezz et al., 2014; Chielo, Pike, & Cooper, 2016; Diep, Larsen, & Rault, 2018; Fanatico et al., 2016; Jones et al., 2007; Taylor et al., 2015; Thuy Diep, Larsen, & Rault, 2018) and lower gentle feather pecking (Diep, Larsen, & Rault, 2018); all indicators of improved welfare.

Despite the potential large positive outcomes associated with outdoor range access available to individual chickens, observational studies that count the number (proportion or percent) of birds outside show that only a portion of the flock that has access to the range occupies it at any given timepoint (reviewed by Pettersson, Freire, & Nicol, 2016) (layers: 3-99%, mean = 37.94; broiler chickens: 4.2-95%, mean = 35.99; Appendix Table S1). Furthermore, of those chickens that do access the range, many stay close to the barn rather than using the whole outdoor area which leads to increased local stocking density and increased disease transmission and environmental degradation (Bubier, 1998; Chielo, Pike, & Cooper, 2016; Dawkins et al., 2003; Göransson et al., 2021; Hegelund, Sørensen, & Hermansen, 2006; Tainika, Sekeroglu, & Abaci, 2024). While one might expect chickens to display a relatively uniform behavioural profile due to being domesticated, reared, and housed under identical conditions, it is intriguing to observe such variation exhibited by flocks and individuals, leading to variation in welfare and production.

Apart from the increased space and improved foraging opportunity, the range does also pose risks to chicken. Individuals may choose not to use the range because it can expose them to welfare-reducing factors (Bonnefous et al., 2022) such as predation (by predominantly aerial predators; Dal Bosco et al., 2014; Göransson et al., 2023; Hübner et al., 2024), parasites (Bari et al., 2020b; Bestman et al., 2023; Sherwin et al., 2013; Sibanda et al., 2020c), and other diseases such as spotty liver disease (Sibanda et al., 2020c) which can increase mortality (Fossum et al., 2009; Knierim, 2006; Lay et al., 2011). Despite potential exposure to risks, given the scope for improved welfare from access to the range, it is important to understand why there is variation in its use and how all individuals can be managed to use this resource.

Our aim is to understand how and why chickens, as individuals or as a population, differ in the extent that they use available outdoor facilities. We do this through a systematic review of the literature. This is a rapidly developing field. Our search resulted in 107 relevant studies while in a similar review conducted a decade ago only 14 of these were included (Pettersson, Freire, & Nicol, 2016). Our review also extends some more recent reviews in

breadth and scope (Ferreira, Guesdon, & Calandreau, 2021; Miao, Glatz, & Ru, 2005; Rault, 2018). Due to the breadth of our focus, we grouped research together across three sections covering (i) causes of individual differences in ranging such as environmental factors, genotype, age and individual cognitive or behavioural factors, (ii) the consequences of individual differences in ranging on welfare and production, as well as (iii) interventions that can change ranging behaviour such as management interventions and enrichment (Figure 1). We differentiated studies using layers versus broilers as these have been selected for different production parameters, leading to differences in behaviour and welfare needs. Layers, selected for egg production, are kept up to 70 weeks and typically receive access to the range from the start of laying when 16–18 weeks of age. Broiler chickens, on the other hand, selected for meat production and fast growth, are processed around 80-90 days of age (slow growing broiler strains are preferentially used for free-range production, fast growing strains are killed around 42-47 days of age) and receive access to the range from around 30 days of age (sometimes earlier, Appendix Table S1; Dawkins et al., 2003). Therefore, results might not be directly comparable (Dawkins et al., 2003). We critically summarise the existing knowledge to help researchers quickly find relevant information and make comparisons between studies and scenarios as easy as possible. To finish up each section, we provide a succinct summary to highlight patterns and inconsistencies. Together, this enabled us to identify knowledge gaps for future research to improve chicken management and housing on farm founded in empirical results (also see Bonnefous et al., 2022).

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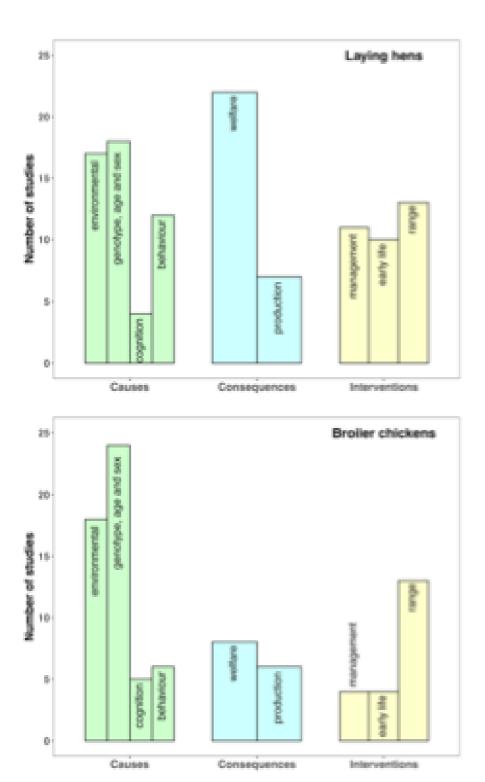
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**Figure 1.** Number of studies investigating causes, consequences and interventions of individual ranging in both layers and broilers. The four studies using dual purpose breeds were merged with the data on broilers.

#### 2 Methods: systematic literature compilation

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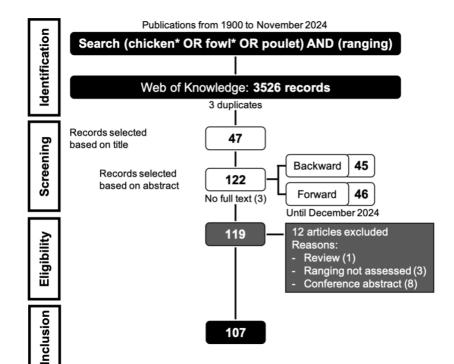
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We conducted a systematic literature search using the Web of Science, Core Collection. We used the search term "chicken" OR "fowl" OR "poulet" AND "ranging" (all fields) accounting for differences in spelling and included results between 1900-2024. This search resulted in 3526 records from which we removed 3 duplicates (Figure 2). We then continued to screen the titles of these records for inclusion based on the following criteria: (1) the study must be conducted in domesticated, free-range chickens (2) and must mention welfare, cognition, behaviour or production. Based on these criteria, we identified 47 records for inclusion (few studies were identified during the initial search due to unrefined search terms which was compensated for by the backward and forward searches). Next, we further narrowed down the selection based on the information provided in the abstract. We added a third criterion for inclusion, namely, (3) that the study needed to quantify ranging either on the flock or individual level. Of the 47 records selected based on title, 30 were selected for inclusion based on the information in the abstract. To ensure completeness of our sample, we proceeded to conduct forward and backward searches which led to the inclusion of a further 91 references (forward search = 46, backward search = 45). In total we collected 122 references (for 3 no full text was available). We then proceeded to read the full text of these 119 references and excluded another 12 references (conference abstract = 8, ranging not assessed = 3, review = 1). Our final sample of studies included in this review is 107 studies (Figure 2). The whole systematic search was performed between the 7<sup>th</sup> of November 2024 and the 24<sup>th</sup> of February 2025.

Across studies, two methods were generally used to collect data on ranging: flock level counts (scan sampling) of chickens found on the range at a given point in time (single or multiple sampling points; e.g. Castellini et al., 2016; Chielo, Pike, & Cooper, 2016; Dawkins et al., 2003; Rodriguez-Aurrekoetxea & Estevez, 2016) and continuous tracking for days to weeks using Radio Frequency Identification technology (RFID) (e.g. Campbell et al, 2018a; Richards et al., 2012; Taylor et al., 2023b). A minority of studies used scan sampling of small flocks in which all individuals were individually identified (e.g. Ferreira et al., 2021; 2022; 2024). Differences in the tracking methods as well as duration of tracking (RFID studies) seem

to influence the reported percent of the flock found on the range as studies using individual tracking report higher use of the range (Appendix Table S1). For example, when counting the percentage of chickens in a flock that ranged at least once using individual tracking, Taylor and colleagues (2017a) found that 87.3% of chickens used the range at some point during the tracking period, but only 36.7% were found to be on the range at any given point in time. This suggests that when individual identity is not considered during scan sampling of the whole flock, flock ranging level is underestimated as momentary scans omit time spent outdoors by different individuals (e.g. Taylor et al., 2017a). However, continuous tracking might also underestimate flock level ranging when individuals are only tracked for short periods of time because ranging increases with age and/ or experience (see below) and chickens that were staying indoors during the tracking period might still access the range later in the production cycle (Pettersson, Freire, & Nicol, 2016; Rault, 2018). Finally, it is worth mentioning that flock level ranging was often not reported in studies using continuous tracking and could not be included in Appendix Table S1.



## 3 Causes of individual differences in ranging level

The causes of inter-individual differences in ranging behaviour are intriguing because we would expect large uniformity in responses from animals under strong artificial selection. Environmental conditions such as weather in combination with individual differences due to genetic background, sex, experience (e.g. Cabrera, Nilsson, & Griffen, 2021; Dougherty & Guillette, 2018) and internal states (e.g. cognition, the processes by which animals collect, store and process information from the environment; Shettleworth, 2001) can influence the decision of individual chickens to leave the barn or stay inside contributing to the observed variation. In this section, we start broadly by describing the influence of environmental factors and continuing with a stepwise decrease in the level of organisation first focusing of the effects of genetic background on ranging, then age/ experience, cognition, and then personality to emphasise that causes are complex and might interact with each other.

**Table 1.** Studies investigating the relationship between individual ranging behaviour and environmental factors split across studies in layers and broilers. For better comparability, studies using a similar/ the same measurement are grouped together. Consequently, references are repeated. u non-linear relationship (e.g. u-shaped relationship; u<sup>a</sup> difference between conditions), ↓ negative relationship, ↑ positive relationship, • no statistically significant relationship found.

Chicken	Reference	Study location	Measurement
Laying		Time of day	
hen	Bubier, 1998	UK	05:00 – 19:00 \uparrow
	Müller et al., 2001	Germany	06:40 – 21:40 📫

Mahboub, Müller, & Von Borell, 2004 Hegelund et al., 2005 Icken et al., 2008 Richards et al., 2012 Abouelezz et al., 2014 Chielo, Pike, & Cooper, 2016 Rodriguez-Aurrekoetxea & Estevez, 2016	Germany  Denmark Germany UK Yucatan, Mexico UK Spain	04:00 - 21:00 08:00 - 17:00 05:00 - 20:00 09:00 - 17:00 08:00 - 17:00 10:00 - 14:00 10:00 - 19:00	u ↓ u ↑ u ↓
de Oliveira et al., 2022 Rana et al., 2022a Tainika, Sekeroglu, & Abaci,	Federal District, Brazil Tasmania, AUS Queensland, AUS Western Australia, AUS Turkey	08:00 - 16:00 11:00 - 20:00 09:00 - 18:30 09:00 - 18:00	u u ↑ ↓
2024		09:00 – 15:00	u
	d speed and Wind		
Hegelund et al., 2005 Richards et al., 2011 Richards et al., 2012 Hartcher et al., 2016	Denmark UK UK New South Wales, AUS	Speed Speed Speed Speed	<b>↓ ↑ •</b>
Gilani, Knowles, & Nicol, 2014 Wurtz et al., 2022	UK Denmark		<b>↓</b>
	Rain		
Hegelund et al., 2005 Richards et al., 2011 Richards et al., 2012 Gilani, Knowles, & Nicol, 2014	Denmark UK UK UK		↓ ↓ ↓
	eather condition		
Tainika, Sekeroglu, & Abaci, 2024	Turkey		u <sup>a</sup>
	Sunshine		
Richards et al., 2011	UK	Hours	<u> </u>
	Temperature		
Hegelund et al., 2005 Richards et al., 2011 Richards et al., 2012 Hartcher et al., 2016	Denmark UK UK		↑ ↑
riantoner et al., 2010	New South Wales,		•
Rodriguez-Aurrekoetxea & Estevez, 2016	New South Wales, AUS Spain		•
Rodriguez-Aurrekoetxea & Estevez, 2016 Wurtz et al., 2022	New South Wales, AUS Spain Denmark		•
Rodriguez-Aurrekoetxea & Estevez, 2016 Wurtz et al., 2022	New South Wales, AUS Spain Denmark onth and season	Autumn to	•
Rodriguez-Aurrekoetxea & Estevez, 2016 Wurtz et al., 2022	New South Wales, AUS Spain Denmark	Autumn to Winter Dec to Nov Nov to May Dec to Mar Dec to Apr Jan to May May to Nov	• • • • • • • • • • • • • • • • • • •

	Tainika, Sekeroglu, & Abaci, 2024	Turkey	Aug to Feb	u
Broiler		Time of day		
	Christensen et al., 2003	Denmark	06:09 – 18:11	u
	Dawkins et al., 2003	UK	08:00 - 20:00	u
	Nielsen et al., 2003	Denmark	Sunrise -set	u
	Jones et al., 2007	UK	09:30 - 17:30	$\uparrow$
	Almeida et al., 2012	Denmark	08:30 - 20:00	u
	Taylor et al., 2015	Victoria, AUS	08:00 - 17:00	•
	Fanatico et al., 2016	Texas, USA	07:00 - 16:00	u
	Stadig et al., 2017a	Belgium	09:00 - 17:00	$\downarrow$
	Geng et al., 2023	China	08:00 - 14:00	$\downarrow$
	Hübner et al., 2024	Germany	not given	
	W	ind speed and Wind		
	Stadig et al., 2017a	Belgium	Speed	$\downarrow$
	Jessen, Foldager, & Riber, 2021	Denmark	Speed	$\downarrow$
	Gordon & Forbes, 2002	UK		$\downarrow$
		Rain and humidity		
	Gordon & Forbes, 2002	UK		$\downarrow$
	Stadig et al., 2017a	Belgium		$\downarrow$
	Stadig et al., 2017b	Belgium		$\downarrow$
	Jessen, Foldager, & Riber, 2021	Denmark	Humidity	<b>↑</b>
		Sunshine		
	Dawkins et al., 2003	UK		$\downarrow$
	Stadig et al., 2017b	Belgium	Radiation	$\downarrow$
		Temperature		
	Dawkins et al., 2003	UK		$\uparrow$
	Rodriguez-Aurrekoetxea, Leone, & Estevez, 2014	Spain		<b>↑</b>
	Stadig et al., 2017a	Belgium		$\uparrow$
	Stadig et al., 2017b	Belgium		$\uparrow$
	Jessen, Foldager, & Riber, 2021	Denmark		<b>↑</b>
	Collet et al., 2024	France		$\uparrow$
		Season		
	Dawkins et al., 2003	UK	Spring to Winter	$\downarrow$
	Rault & Taylor, 2017	South Australia, AUS	Winter, Summer	<b>\</b>

## 3.1 Environmental factors

Chickens are bred and reared globally. Depending on the geographic location, the environment chickens experience on the range can vary widely and, at least in broilers, environmental factors might explain up to 35% of the variability in range use (Sztandarski et

al., 2021b). The most consistent predictor of ranging was temperature (Table 1). Four of the six studies of layers and all six studies of broilers that considered temperature revealed increased ranging at higher temperatures (with the other two studies of layers finding no relationship; Table 1). Three studies, one in layers and two in broilers, report increased ranging during cloudy weather or in the shade on hotter days (Dawkins et al., 2003; Rana et al., 2022a; Stadig et al. 2017b) while one study reported the opposite in layers (Richards et al. 2011). Additionally, ranging was usually lower when rainfall was higher, with this pattern reported in all four studies of layers and three of the four studies of broilers that considered it (with a positive relationship reported in the other broiler study; Jessen et al. 2021). Ranging was also generally lower in higher winds, with all three studies of broilers reporting a negative relationship with wind measures. In layers this pattern was less consistent. Four of seven studies found negative relationships, but two reported a positive relationship and one found no relationship (Table 1). Therefore, the relationship between weather and ranging behaviour can be quite complex. For example, one study showed that when there was wind, more layers were found outside as the temperature rose but only if the wind speed rose simultaneously (Wurtz et al., 2022).

Patterns were less clear when considering time of day. In layers, three studies reported a decrease over the day while four reported an increase. Instead, most studies (six of broilers and seven of layers) reported a non-linear relationship with peaks either early in the morning, after sunrise, or late in the evening, around and after sunset (Table 1). When broilers were considered, two studies reported a decrease in ranging over the day, one an increase, and one no pattern (Table 1). These peaks may be related to the driest or calmest part of the day or times when the air temperature falls within chickens preferred temperature range.

Further support for the influence of local wind, rain and temperature conditions comes from studies across longer time periods and between-site studies, with a general increase in ranging from winter months to spring/summer and a general decrease from summer to winter (Table 1). However, differences might be dependent on geographic location. Rana and colleagues (2022a) studied the relationship between environmental factors and ranging

across farms in three distinct climatic regions in Australia: Tasmania, Queensland and Western Australia (increasing gradient of maximum temperature and radiation) and showed that the effects of weather on ranging behaviour differed across sites (Table 1).

**Table 2.** Studies investigating the relationship between individual ranging behaviour and genotype, age/ experience and sex split across studies in layers and broilers. d significant difference between groups (e.g. males and females, strain A and strain B), ↓ negative relationship, ↑ positive relationship, • no significant relationship found. \* only in one strain.

	Genotype		
Chicken	Reference	Measurement	
Laying hen	Müller et al., 2001	Strain	d
	Mahboub Müller & Von Borell, 2004		d
	Castellini et al., 2016		d
	Bestman et al., 2019		d
	Wurtz et al., 2022 Tainika, Sekeroglu., & Abaci, 2024		d d
			u
Broiler	Christensen et al., 2003	Strain	d
	Nielsen et al., 2003		d
	Almeida et al., 2012		d
	Lindholm et al., 2016 Bonnefous et al., 2023		d d
	Collet et al., 2024		d
	Sztandarski et al. 2021a	Comb length	<u>^</u> *
		Comb height	<b>^</b> *
		Neck plumage	<b>^</b> *
		darkness	'
		Beak darkness	<b>^</b> *
	Age, experience and sex		
Laying hen	Müller et al., 2021	Age/ experience	<b>↑</b>
	Zeltner & Hirt, 2003		$\uparrow$
	Hegelund et al., 2005		$\downarrow$
	Richards et al., 2012		•
	Gilani, Knowles, & Nicol, 2014		$\uparrow$
	Cronin et al., 2016		$\uparrow$
	Rodriguez-Aurrekoetxea & Estevez, 2016		•
	Campbell et al., 2017		$\uparrow$
	Campbell et al., 2018a		$\uparrow$
	Campbell et al., 2020		$\uparrow$
	Sibanda et al., 2020b		$\uparrow$
	Müller et al., 2001	Range access	<b>↑</b>
	Gilani, Knowles, & Nicol, 2014		•

	Zeltner & Hirt, 2008	Sex	d
Broiler	Christensen et al., 2003	Age/ experience	<b>↑</b>
	Jones et al., 2007		$\uparrow$
	Rodriguez-Aurrekoetxea, Leone, & Estevez, 2014		$\uparrow$
	Taylor et al., 2015		•
	Fanatico et al., 2016		$\downarrow$
	Stadig et al., 2016		$\uparrow$
	Rault & Taylor, 2017		$\uparrow$
	Stadig et al., 2017a		$\uparrow$
	Stadig et al., 2017b		$\uparrow$
	Taylor et al., 2017a		$\uparrow$
	Stadig et al., 2018		$\uparrow$
	Taylor et al., 2020		$\uparrow$
	Jessen, Foldager, & Riber, 2021		$\uparrow$
	Bonnefous et al., 2023		$\uparrow$
	Collet et al., 2024		$\uparrow$
	Hübner et al., 2024		
	Jessen, Foldager, & Riber, 2021	Range access	•
	Taylor et al., 2017b	Sex	•
	Taylor et al., 2020		•
	Collet et al., 2024		•

## 251 3.2 Inherent individual-based factors

## 3.2.1 Genotype, physical characteristics, age, experience and sex

Breeders developed strains of both layers and broilers that differ in their production characteristics. Fast-growing broiler strains are usually not well suited for free-range and organic systems as they are more sedentary due to their decreased ability to walk as they get older (Castellini et al., 2016; Nielsen et al., 2003; Riber et al., 2018). Many slower growing strains have been developed for free-range systems. Bird strain was consistently a good predictor of their ranging, with six studies of layers and all six of broilers reporting a difference in ranging level across strains (Table 2). For example, while 62% of Ancona individuals, a slow growing strain, were seen outside at any given time, only 19% of Ross 308, a fast-growing strain, were seen outside (Castellini et al., 2016; Appendix Table S1). Differences in a strains' ability to adapt to different temperatures and climatic conditions (see above) could also contribute to such variation (e.g. Collet et al., 2024). In one study that looked at morphological characteristics, all four measured traits (comb length and height, neck plumage

and beak darkness) were positively related to ranging at least in one strain (Sztandarski et al. 2021a).

One common conclusion is that chickens change their behaviour as they age (e.g. Campbell et al., 2020; Collet et al., 2024; Hegelund et al., 2005). Our review of the literature generally confirms this conclusion. In eight studies of layers and fourteen of broilers, older and/or more experienced birds ranged more, with only one study of each reporting reduced ranging with age, and two studies of layers and one of broilers finding no effect (Table 2). The direction of change might be influenced by the duration of the study as research showed that distance ranged increased during maturation but decreased after layers reached sexual maturity (Tainika, Sekeroglu, & Abaci, 2024). Moreover, subpopulations of layers with different ranging profiles (generally indoor- or outdoor-preferring) might show different changes over time. In one study, indoor-preferring and moderate outdoor-preferring layers increased in the time they spent on the range, while it slightly decreased for outdoor-preferring birds (Sibanda et al., 2020b). However, age and experience with the range are commonly confounded in these studies. Only one study disentangled age and experience, showing that ranging was, indeed, associated with age rather than experience in layers (Zeltner & Hirt, 2008).

Birds are usually kept indoors until their plumage and condition is deemed good enough to withstand the variable outdoor environment. Four studies, three in layers and one in broilers looked at how early access to the range influenced ranging behaviour (Table 2). In layers, results are mixed with one study showing an increase in ranging, one a decrease and one no change when they got access to the range early. No relationship was found in broilers (Table 2). In addition, sex might be associated with differences in ranging behaviour but few studies have analysed differences between males and females and mostly did not find a difference (Table 2).

**Table 3.** Studies investigating the relationship between cognition and individual ranging level split across studies in layers and broilers. ↓ negative relationship, ↑ positive relationship, • no

Chicken	Reference	Domain	Test applied	
Laying	Campbell et al., 2018b	Spatial	T-maze adult latency	$\downarrow$
hen			T-maze adult errors	•
			T-maze juvenile latency	<b>↓</b> *
			T-maze adult errors	•
	Ferreira et al., 2024	Spatial	Detour social reward training	•
		Inhibition	Detour social reward test P1	$\downarrow$
			Detour social reward test P2	•
		Attention	Attention bias	•
	Campbell et al., 2019	Attention	Attention bias	$\downarrow$
	Campbell Dickson & Lee, 2019	Attention	Attention bias	•
Broiler	Ferreira et al., 2019	Spatial	Learning	<b>↑</b>
	,	'	Reference memory	$\downarrow$
	Ferreira et al., 2020a	Spatial	Learning	•
			Local cues	•
			Distal cues	$\downarrow$
	Ferreira et al., 2020b	Spatial	Learning reward: food	•
			Extinction reward: food	$\uparrow$
			Learning reward: social	$\uparrow$
			Extinction reward: social	•
	Ferreira et al., 2020c	Spatial	Detour social reward training	•
		Inhibition	Detour social reward test P2	$\downarrow$

## 3.2.2 Cognition

An individual's cognition determines their behaviour (Shettleworth 2001). Consequently, their ranging behaviour might be a product of how individuals perceive, learn, and remember information and use it to make decisions (Boogert et al., 2018; Ferreira, Guesdon, & Calandreau, 2021). Two classic tests of spatial learning are the T-maze in which an animal learns to choose one rewarded arm, and the hole-board task in which animals are presented with an array of locations (e.g. holes in a board or cups in an arena) of which only one or a few provide a reward. Those individuals that learn faster and make less errors in these two tests are considered to have better spatial cognition. One study in layers and two studies in broilers using these tests found that spatial cognition was negatively associated with ranging

level, while two studies in broilers found a positive relationship (Table 3). For example, outdoor-preferring hens learned to navigate a T-maze more rapidly, and crucially, individuals that learned to navigate the maze faster before range access subsequently ranged more pointing towards inherent differences in spatial ability shaping range use. However, this might be the product of enriched early life conditions as the relationship was lost when the test was repeated with layers reared under standard conditions (Campbell et al., 2018b). For broilers, the pattern was often opposite of what might be expected. For instance, indoor-preferring individuals found the reward faster in a hole-board task and showed greater spatial cognition compared to outdoor-preferring chickens (Ferreira et al., 2019). In a subsequent study, no differences were observed when birds relied on local, less cognitively demanding cues (a white cup among black cups). However, when this salient cue was removed (all cups black), the task became more difficult for outdoor-preferring birds than for indoor-preferring birds (Ferreira et al., 2020a). These results suggest that indoor-preferring broilers may have better spatial cognition, while the two subpopulations differ in their reliance on local beacons (such as cup colour) versus spatial arrangements (Ferreira et al., 2020a). Broilers might form strong associations between locations and food, and as a consequence, they might become less interested in exploring the outdoors. Feeding practices, such as fixed feeding times (Bubier, 1998) or differences in dietary energy content (Christensen et al., 2003; Nielsen et al., 2003) have been shown to influence flock ranging patterns. In a conditioned place preference test, in which one side of the apparatus was associated with food and the other was not, indoorpreferring birds formed stronger associations and continuing to visit the previously rewarded chamber for longer. No such information is available for layers that grow slower and might have different dietary needs and motivation.

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While the barn provides a predictable environment, the range is more variable and exposes birds to diverse, sometimes novel stimuli. For more sensitive individuals, this unpredictability may trigger heightened vigilance, which can be interpreted as an attention bias leading to the disproportionate allocation of attention to some stimuli (Crump, Arnott, & Bethell, 2018). For example, an animal might be disproportionately vigilant after an alarm

signal. However, only one of three studies in layers showed a negative relationship of attention bias with ranging level (Table 3). After alarm call playbacks, hens showed increased vigilance and slower feeding, and a higher proportion of indoor-preferring birds failed to resume feeding compared to outdoor birds (61% versus 93%) (Campbell et al., 2019). This points to greater sensitivity to potential threats among indoor-preferring individuals. Judgment bias also appears linked to range use. Ferreira et al. (2024) tested pullets with positive (mirror, chick photo), negative (owl photo), and ambiguous (morphed chick–owl photo) visual stimuli. Although not significant, birds that approached the ambiguous stimulus more quickly tended to be more likely to use the range in the first weeks of access (suggesting a more optimistic bias). Together, these results suggest that indoor- and outdoor-preferring birds may differ in how they evaluate environmental cues.

Heightened attention to details and environmental stimuli may itself act as a barrier when individuals decide whether to venture onto the range. Building on this idea, researchers have examined whether birds differ in motor response inhibition, that is, their ability to adapt behaviour in (novel) situations where 'automatic' responses are disadvantageous. For example, while walking around a transparent barrier, the visible reward behind it exerts a pull and the ease with which animals perform a detour in such situations is used as a measure of motor response inhibition. One study in layers and one in broilers found a negative relationship of ranging level with inhibition (Table 3). For example, in layers, individuals delaying their first access to the range also took longer to complete a detour before range access, but this relationship disappeared when birds were tested after range access (Ferreira et al., 2024). In broilers, indoor-preferring birds were more successful at inhibiting a direct approach towards a reward behind a transparent cylinder than outdoor-preferring birds (Ferreira et al., 2020c). These findings suggest that weaker inhibition may facilitate the initial range use of outdoor-preferring chickens by allowing them to approach and explore more readily.

**Table 4.** Studies investigating the relationship between individual ranging behaviour and fear/ anxiety, exploration, boldness and sociability split across studies in layers and broilers. For

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better comparability, studies testing a similar domain or using a similar/ the same test are grouped together. Consequently, references are repeated. ↓ negative relationship, ↑ positive relationship, • no significant relationship found. \* only in one treatment group

Chicken	Reference	Test applied			
Laying	Fear/ anxiety				
hen	Grigor, Hughes, & Appleby, 1995b	Tonic immobility	1		
	Mahboub, Müller, & Von Borell, 2004	Tonic immobility	•		
	Campbell et al., 2016	Tonic immobility			
		Manual restraint movement			
		Manual restraint vocalisations	1		
		Open field test vocalisations			
	Hartcher et al., 2016	Tonic immobility			
	Larsen et al., 2018	Tonic immobility			
	Campbell et al., 2018a	Range reduction			
	Campbell, Dickson, & Lee, 2019	Tonic immobility			
	Bari et al., 2020a	Range reduction	1		
	Bari et al., 2021	Tonic immobility			
	Campbell et al., 2021	Open field test			
		Novel object test	,		
	Wurtz et al., 2023	Tonic immobility			
	Taylor et al., 2023a	Novel object test (time to first			
		access)			
		Novel object test (days	,		
	Kalakahyanati at al. 2020a	accessed)			
	Kolakshyapati et al., 2020a  Explor	Novel object test			
	Campbell et al., 2016	Open field test (movement)			
	Campbell, Dickson, & Lee, 2019	Open field test (steps)	,		
	Bari et al., 2021	Open field test	,		
	Campbell et al., 2021	Novel arena test			
	Taylor et al., 2023a	Radial arm maze	,		
	•	Novel arena test	,		
	Kolakshyapati et al., 2020a	Novel arena test			
	Ferreira et al., 2024	Multivariate test	1		
	Boldr	ness			
	Grigor, Hughes, & Appleby, 1995a	Emergence test	`		
	Bari et al., 2021	Emergence test	_		
	Socia	•			
	Ferreira et al., 2024	Multivariate test	_		
Broiler	Fear/ a	nxiety			
	Castellini et al., 2016	Tonic immobility			
		•			
	Stadig et al., 2017b Taylor et al., 2020	Tonic immobility	6		

**Exploration** 

Ferreira et al., 2020a	Open field	•
Ferreira et al., 2022	Novel arena test	•
Bonnefous et al., 2023	Multivariate test	<b>↑</b>
E	Boldness	
Ferreira et al., 2020a	Emergence test	•
Ferreira et al., 2022	Novel arena test	•
Bonnefous et al., 2023	Multivariate test	•
S	ociability	
Ferreira et al., 2020a	Social motivation test	$\downarrow$
Ferreira et al., 2022	Social motivation test	•
Bonnefous et al., 2023	Social motivation test	•
N	lotivation	
Ferreira et al., 2021	Contrafreeloading test	<b>↑</b>

3.2.3 Fear, exploration, boldness, sociability and motivation

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Keeling and colleagues (1988) proposed high levels of fear and anxiety in relation to unfamiliar environments as well as the gregariousness of chickens and their tendency to flock together inside the barn as explanations for the variation in ranging behaviour observed across individuals. While indoor-preferring birds may be more sensitive to outdoor threats (e.g., displaying higher vigilance and reduced feeding after alarm calls, see previous section) other evidence linking fear to ranging behaviour is more mixed (Table 4). Fearfulness is frequently measured using responses to novel environments and objects (open field and novel object test), as well as being restrained (manual restraint and tonic immobility test, i.e. death feigning: Perals et al., 2017; Rogers & Simpson, 2014; Walsh & Cummins, 1976). In these tests, longer latency until movement, vocalisations or approach and avoidance indicates higher fear (Greggor, Thornton, & Clayton, 2015; Walsh & Cummins, 1976). Out of 18 studies conducted on layers, five studies showed a negative (high ranging level associated with lower fear), five studies a positive (low ranging level associated with lower fear) and eight studies no relationship of fear related behaviour and ranging level (Table 4). In broilers, we only found three studies, one of which demonstrated a negative and two no relationship of fear and ranging (Table 4). Some of the inconsistencies in results could be due to the timing of testing in relation to range access. For example, one study found a relationship between ranging and tonic-immobility only before range access, but not after (Stadig et al., 2017b).

Contrary to fear and anxiety, measures of exploration and boldness show a clearer relationship with ranging behaviour, at least in layers. Novel environment, novel object and emergence tests are used to test an individual's propensity to explore and their boldness. Higher levels of movement or number of areas visited indicted higher exploration and shorter time to enter a novel environment (or emerge) indicates higher boldness (Perals et al., 2017; Walsh & Cummins, 1976). Out of eight studies on layers, five found higher exploration in outdoor-preferring hens (positive relationship), one study found lower exploration in outdoor-preferring hens (negative relationship) and two found no relationship. While out of the three studies on broilers, only one found a positive relationship the other two found no relationship of exploration and ranging. Fewer studies considered boldness in relation to ranging level; two in layers and three in broilers. While in both studies on layers, outdoor-preferring hens were bolder (negative relationship), all three studies on broilers showed no relationship between boldness and ranging level (Table 4).

The motivation of chickens to join a group or access rewards might influence ranging level. Similar to boldness, only a few studies have considered sociability or gregariousness in relation to ranging behaviour. Sociability and motivation are tested using social motivation and contrafreeloading tests, respectively (Table 4; Ferreira et al., 2020a; Ferreira, Guesdon, & Calandreau, 2021). A total of four studies considered it; only one in layers. Outdoor-preferring layers were less sociable and spent a shorter time near conspecifics compared to indoor-preferring birds (Ferreira et al., 2024). This was also found in one study on broilers but the other two studies found no relationship (Table 4). Chickens are highly gregarious early in life but gradually become more independent as they age (Hocking et al., 2001; McBride, Parer, & Foenander, 1969; Perinot et al., 2025; Suarez & Gallup, 1983), however, based on our assessment, the inconsistent results do not seem to be related to differences in age or strain across studies.

Only one study tested how motivation to feed is linked to ranging level. As the range provides opportunities to express foraging behaviour, those individuals that are more motivated to perform such behaviours (i.e. work for their food), as compared to receiving *ad* 

*libitum* feed in the barn, might show a higher ranging level. Indeed, outdoor-preferring broilers preferred to forage in a chamber where food was embedded in a substrate, requiring more effort to obtain it (i.e. contrafreeloading), whereas indoor-preferring birds showed no clear preference between freely accessible food and food that required effort (Ferreira et al., 2021). The involvement of motivation is further supported by a study in layers showing that they were willing to push a higher weight, and were therefore, more motivated to gain access to an outdoor range compared to access to feed (Mancinelli et al., 2025).

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## 3.3 Summary – Causes of differences in ranging level

Crudely, chickens are more likely to range in warm, calm and dry weather that is not too sunny. These environmental factors may predictably affect ranging across the year, as the days lengthen and warm, and within a day, as the day warms. These factors appear to influence both broilers and layers in a similar way. We can also conclude that particular strains, perhaps those deliberately bred for free-range units, ranged more and ranging increased over time, with some evidence that this is more dependent on age than experience potentially because the influence of experience may plateau once the birds are accustomed to the range. In contrast to environmental factors and age/ experience, cognition is not regularly studied in the context of ranging. Despite some evidence showing better spatial cognition, heightened vigilance and higher inhibition in indoor-preferring birds (Campbell et al., 2019; Ferreira et al., 2019; 2020c), the results are mixed and often, no relationship is found which could be attributed in part to the use of a large range of tests and measurements (Table 3). Finally, no clear relationship emerges between ranging and fear despite much research effort. Exploration and boldness seem more promising as explanatory factors, but only in layers as most evidence in broilers does not show a relationship to ranging. However, results are similarly inconsistent as the results for cognition which could similarly be attributed to the wide variety of methods used (Table 4). On the other hand, investigating the influence of foraging motivation on ranging could be promising but has not been investigated in layers.

Together, while predictive power declines as analyses move from environmental to individual-level factors, integrating these perspectives offers a promising framework to understand and manage variation in free-range behaviour. Compared to environmental factors or genotype, the relationship with behaviour and cognition is less clear. As studies move from flock-level measures (environment and genotype) to individual-level assessments (cognition and behaviours), greater variability is introduced, and sample sizes decrease which reduces the power to detect effects. Across studies, many environmental factors are not well controlled introducing additional variation and decreasing the comparability with other research on the same topics. However, having a clear understanding of what causes differences in individual ranging behaviour is crucial to design targeted interventions to improve ranging level (see section further below).

**Table 5.** Studies investigating the relationship between ranging behaviour and welfare parameters split across studies in layers and broilers. For better comparability, studies measuring the same parameter are grouped together. Consequently, references are repeated. For plumage condition, correlation direction was adjusted based on scoring system (lower values indicate intact plumage). ↓ negative relationship, ↑ positive relationship, d difference between groups, • no significant relationship, \* only in one genotype. Pre – assessment pre ranging, Post – assessment post ranging.

Chicken	Reference	Time point	Measurement	
Laying	Plumage	conditio	on	
hen	Mahboub, Müller, & Von Borell, 2004	Post		$\downarrow$
	Hegelund, Sørensen, & Hermansen, 2006	Post		•
	Chielo, Pike, & Cooper, 2016	Post		$\uparrow$
	Hartcher et al., 2016	Post		•
	Rodriguez-Aurrekoetxea & Estevez, 2016	Post		$\downarrow$
	Larsen et al., 2018	Post		•
	Bestman et al., 2019	Post		<b>↑</b>
	Bari et al., 2020a	Post		$\downarrow$
	Bari et al., 2020b	Post		$\downarrow$

Sibanda et al., 2020c	Post		<b>↑</b>
Wurtz et al., 2023	Post	Tail	•
		Wing	•
Feathe	r pecking		
Gilani, Knowles, & Nicol, 2014	Post		•
Wo	unds		
Rodriguez-Aurrekoetxea & Estevez, 2016	Post	Comb	•
Bestman et al., 2019	Post	Comb Skin	•
Bari et al., 2020a	Post	Comb	$\downarrow$
Keel bor	ne damag	je	
Richards et al., 2012	Post		$\downarrow$
Larsen et al., 2018	Post		•
Bestman et al., 2019	Post		$\downarrow$
Bari et al., 2020a	Post		$\uparrow$
Bari et al., 2020b	Post		•
Sibanda et al., 2020c	Post		•
Wurtz et al., 2023	Post		•
Bone cha	racterist	ics	
Kolakshyapati et al., 2019	Post	Tibial length	•
		Tibia weight	•
		Tibia diaphyseal diameter	•
		Total tibia volume	
		Tibia breaking	
		strength	•
		Bone mineral composition	•
		Relative bone weight	<b>↑</b>
Bari et al., 2020b	Post	Bone mass	•
Sibanda et al., 2020a	Post	% blood vessel	•
·		% bone marrow	•
		% cortical bone	•
		Bone volume	•
		Bone length	•
		Bone volume	•
		Bone-breaking	•
		strength Mineral density	
		Diaphyseal diameter	•
		Trabeculae thickness	•
		Connectivity density	
Footna	d lesions		_
Castellini et al., 2016	Post		J
Rodriguez-Aurrekoetxea & Estevez,	Post		~
2016	. 551		•

Larsen et al., 2018	Post		•
Bestman et al., 2019	Post		•
Bari et al., 2020a	Post		$\downarrow$
Bari et al., 2020b	Post		$\uparrow$
Wurtz et al., 2023	Post		$\downarrow$
Externa	l characteris	stics	
Larsen et al., 2018	Post	Comb colour	•
		Beak score	•
Bari et al., 2020a	Post	Beak score	$\downarrow$
		Toenail length	$\downarrow$
Internal he	alth charact	eristics	
Singh et al., 2016a	Post	Gizzard weight	<b>↑</b>
		Gizzard pH	•
		Gut weight	$\uparrow$
		Digestibility coefficient	$\uparrow$
Bari et al., 2020b	Post	Gizzard weight	•
		Liver weight	•
		Adrenal weight	•
		Spleen weight	•
Kolakshyapati et al., 2020b	Post	Gizzard weight	•
		Liver weight	•
		Pancreas weight	•
Wurtz et al., 2023	Post	Gizzard weight	<b>^</b>
,		Gizzard fat content	↓ ↓
		lleum length	$\downarrow$
		Colon length	$\uparrow$
		Caeca length	$\uparrow$
		Duodenum length	•
		Crop weight	$\uparrow$
		Hyperkeratosis	•
		Proventriculus weight	$\uparrow$
		Proventriculus fat	Ţ
		content	
	etabolism		
Kolakshyapati et al., 2020b	Post	Gross energy intake	•
		Metabolizable energy	•
		Metabolizable energy	$\downarrow$
		intake	
		Retained energy	•
		Net energy	•
		Heat production	•
		Heat increment	•
		Net energy intake	•
		Retained nitrogen	<b>\</b>
	icrobiome		
Bari et al., 2022	Post	Alpha diversity	•
		Beta diversity	d

		Stress					
	Campbell et al., 2016	Post	Corticosterone	•			
	Larsen et al., 2018	Post	Stress	<b>↑</b>			
	Parasite load						
	Sherwin et al., 2013	Post		<b>↑</b>			
	Bari et al., 2020b	Post		•			
	Sibanda et al., 2020c	Post		$\uparrow$			
	Bestman et al., 2023	Post		•			
	Disease and mortality						
	Sibanda et al., 2020c	Post	Spotty liver	<b>↑</b>			
			Fatty liver	<b>+</b>			
	Wurtz et al., 2023	Post	Mortality	<b>\</b>			
	Wurtz et al., 2023	Posi	Bumblefoot	•			
Broiler	Plumage						
	Castellin et al., 2016	Post	Condition	$\downarrow$			
	Taylor et al., 2018	Pre	Summer breast	•			
			Winter breast	$\downarrow$			
			Cover	•			
			Cleanliness	•			
		Post	Summer	•			
			Winter	$\downarrow$			
			Cover	•			
			Cleanliness	<b>\</b>			
	Marchewka et al., 2020	Post	Condition	•			
			Cleanliness	•			
	Vent cleanliness						
	Taylor et al., 2018	Post	Summer	<b>↑</b>			
		Winter	•				
	Wounds						
	Castellin et al., 2016	Post	Breast	<b>\</b>			
	Marchewka et al., 2020	Post	Comb	•			
			Skin	•			
	-		Toe	<b>\</b>			
	Footpad lesions						
	Durali et al., 2014	Post		•			
	Taylor et al., 2018	Pre		•			
		Post		•			
	Marchewka et al., 2020	Post		•			
	Taylor et al., 2020	Pre		•			
		Post		$\uparrow$			
	Bonnefous et al., 2024	Post		•			
	Hock burn						
	Durali et al., 2014	Post		•			
	Taylor et al., 2018	Pre					

	Post		•
Marchewka et al., 2020	Post		•
Taylor et al., 2020	Pre		•
	Post		•
Bonnefous et al., 2024	Post		•
	Gait		
Jones et al., 2007	Post		$\downarrow$
Taylor et al., 2018	Pre		•
•	Post	Summer	$\downarrow$
		Winter	•
Marchewka et al., 2020	Post		•
Taylor et al., 2020	Pre		•
,	Post		$\downarrow$
Tibia cha	aracterist	ics	·
Bonnefous et al., 2024	Post	Length	*
Bollifolds of al., 2021	1 000	Diameter	*
		Bone breaking	<b>*</b>
		strength	*
Internal healt	h charact	teristics	
Durali et al., 2014	Post	Bursa of Fabricius	•
		Spleen weight	•
		Gizzard weight	<b>↑</b>
		Intestinal health	•
Stress a	nd immur	nity	
Castellin et al., 2016	Post	Immunity	<b>↑</b>
,		Stress response	<b>†</b>
Taylor et al., 2020	Pre	Corticosterone	•
•	Post	Corticosterone	$\downarrow$
Disease a	and morta	ality	
Taylor et al., 2018	Post	Summer ascites	$\downarrow$
-		Winter ascites	•
		Summer pericardial	
		fluid	<b>\</b>
		Winter pericardial fluid	•
Marchewka et al., 2020	Post	Eye pathologies	•
		Respiratory infection	<b>↓</b> *
		Diarrhea	•
Dawkins et al., 2003	Post	Mortality	•

## 4 Consequences of individual ranging behaviour

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It has been of great interest to evaluate the welfare outcomes of free-range access, because although the free-range provides opportunities that improve welfare, it also exposes chickens to risks. Furthermore, improved welfare was one of the main arguments that led to a move towards free-range chicken production. However, free-range access does not only have consequences for welfare but also affects production. Homogeneity in the final products is a desired production trait (the size of products is expected to be uniform) and decreased homogeneity due to increased individual difference related to ranging behaviour could decrease income. Therefore, understanding both the consequences of free-range access on health as a measure of welfare and production performance are of great interest.

#### 4.1 Consequences for welfare

A major concern in layers is feather pecking. This feather damaging behaviour is thought to be misdirected foraging behaviour, and when blood is drawn by the removal of a feather, it can lead to cannibalism and death (Cronin & Glatz, 2020). Out of 11 studies that measured feather condition in layers, four found better plumage in outdoor-preferring layers, three found better plumage in indoor-preferring birds, while four studies found no relationship (Table 5). Only one study measured feather pecking directly but found no relationship to ranging level (Gilani, Knowles, & Nicol, 2014). While plumage condition in layers is recorded as a proxy for feather pecking, in broilers it is rather used to measure cleanliness. Out of three studies, two reported better plumage condition in outdoor-preferring broilers. Although most measures were not related to ranging, in winter, broilers with better breast plumage cover before range access subsequently ranged more and retained better plumage condition (cover, cleanliness) after range access (Table 5).

The skin injuries cause by misdirected pecking might in themselves decrease welfare and affect ranging. In layers, four studies looked at skin and comb wounds but only one study found fewer wounds in outdoor-preferring layers, the other studies found no relationship (Table 5). In broilers, two studies measures wounds and found that outdoor-preferring broilers had fewer breast blisters (infected skin injuries due to increased resting) and toe wounds but skin and comb wounds were unrelated to ranging (Table 5). The lower density of individuals, higher activity and reduced resting outside (e.g. Diep, Larsen, & Rault, 2018) seems to prevent

feather pecking and the associated feather and skin damage as well as infection of skin injuries.

To get onto and utilise the range chickens need to be able and motivated to move. Pain cause by various injuries to the bones and feet might affect ranging if it reduces an individual's mobility. A frequently occurring painful injury in layers is keel bone damage and other fractures and deformities due to issues with bone mineral density (osteoporosis) and calcium utilisation during egg production as well as captive management (Leyendecker et al., 2005; Rodriguez-Navarron et al., 2018; Sibanda et al., 2020a; Giersberg & Rodenburg, 2023). Contrary to expectations, out of seven studies measuring keel bone damage, only two showed less damage in outdoor-preferring hens while one showed less damage in indoor-preferring hens and the other four revealed no relationship (Table 5). Depending on the pop hole height, movement onto the range might only be impaired due to pain by keel bone damage when hens have to jump or fly up to pass through. Richards and colleagues (2012) confirmed that hens used the pop holes less with increasing damage to the keel bone. Furthermore, the three studies that measured bone characteristics in layers also found no relationship with ranging except for one study that could show higher relative bone weight in outdoor-preferring birds (Kolakshyapati et al., 2019).

Another source of pain is damage to the feet which might impair ranging in both layers and broilers. However, due to the fast growth of broilers issues with the feet are more prevalent and analysed in more detail than in layers (Riber & Wurtz, 2024). The seven studies on layers included here measured only footpad lesions. Three studies found better foot condition in outdoor-preferring layers, one better foot condition in indoor-preferring layers but three studies found no relationship (Table 5). Wet substrate is one of the main factors leading to issues with the feet in chickens and foot condition likely changes depending on weather, which might explain the mixed results. In broilers, the six studies included in our sample not only measured footpad lesions but also hock burn and gait (Table 5). Apart from one study that revealed more footpad lesions in outdoor-preferring broilers after range access (Taylor et al., 2020), all other studies found no relationship between ranging and footpad lesions or hock burn (Table 5).

However, three out of four studies showed that outdoor-preferring broilers had better gait score post range access while ranging groups did not differ pre range access (Taylor et al., 2018; 2020). Finally, broilers that preferred to range outdoors had shorter and thinner tibia but higher bone breaking strength, but this was strain dependent (two out of four tested strains; Bonnefous et al., 2024). And in layers, one study demonstrated that outdoor-preferring individuals had improved nail and beak condition (i.e. shorter nails) while another study on external characteristics found no relationship (Table 5).

Apart from increased opportunity for movement and foraging, outdoor access provides chickens with an increased diversity of food such as plant material and insects (Glatz et al., 2005) and the opportunity to pick up grit stones (Wurtz et al., 2023) which might lead to changes in internal organs and metabolism. Four studies in layers and one study in broilers looked at organ size and health. Half of the studies in layers and the study in broilers show an increase in organ size and decrease in organ fat content in outdoor-preferring birds. These results indicate that these organs were better developed which can improve nutrient utilization, gut health and digestibility coefficients (for a detailed list see Table 5). However, the other two studies in layers found no relationship and not all organs were affected (Table 5). Furthermore, outdoor ranging was associated with decreased heat production, metabolizable energy intake (Kolakshyapati et al., 2020b) and differences in beta diversity of the cecal microbiota in layers (Bari et al., 2022).

Finally, the range does also expose chickens to parasites, diseases, predation and potentially increases stress. In layers, two studies investigated the relationship of stress and ranging, four the relationship to parasite load and two to disease and mortality. Half of the studies showed increased stress, parasite load and spotty liver disease but a lower likelihood of fatty liver syndrome and mortality in layers. However, the other half found no relationship (Table 5). In broilers, two studies looked at stress and immunity in relation to ranging and three studies at disease and mortality (Table 5). One study revealed higher immune response and stress in outdoor-preferring broilers potentially due to higher disease exposure or parasite load (Castellin et al., 2016) while corticosterone was lower in outdoor-preferring chickens post but

not pre ranging (Taylor et al., 2020). Furthermore, two studies showed that outdoor-preferring broilers had lower fluid in the abdomen in summer and lower levels of respiratory infections indicating better health in this subpopulation (Marchewka et al., 2020; Taylor et al., 2018). Contrary to layers, no relationship between ranging level and mortality was found in broilers (Dawkins et al., 2003).

## 4.2 Consequences for production

Higher levels of ranging produced relatively few increases in production quality, and most measures were unrelated to ranging. Only three studies linked ranging level to egg production in layers and mostly found that there was no relationship between ranging level and egg production. Only one study found a negative association between ranging level and egg number. Outdoor-preferring hens laid less eggs (Table 6). This could indicate that the desire to range might conflict with egg laying increasing the number of eggs not laid in nest boxes and the work for farmers to collect them.

In broilers, weight and weight gain are important production measure as broilers need to achieve desirable slaughter weight to be sold. Studies have looked both at the weight of broilers before and after range access and showed that those chickens with lower weight before range access ranged more and continue to have lower body weight compared to those individuals that stayed inside likely due to lower weight gain caused by reduced creatine kinase activity resulting in decreased muscle growth (Table 6; Bonnefous et al., 2024; Durali et al., 2012; Taylor et al., 2018; 2020). One study, however, found the highest body weight in high rangers, and two studies found no relationship (Table 6). All these studies demonstrate that individual ranging level increased flock heterogeneity in meat yield due to different ranging levels which could pose a challenge for farmers (Bonnefous et al., 2024). Contrary to broilers, no consistent effect of ranging level on weight was found in layers. Of the six studies measuring weight in layers, two found higher weight in outdoor-preferring birds, two lower weight in outdoor-preferring birds and two found no relationship (Table 6).

Only two studies linked individual ranging level to meat quality in broilers (Table 6). A comparison of four broiler strains showed that at least in some strains, the meat from individuals with higher ranging level was darker, paler red but more yellow (more preferred by consumers), and they yielded more meat (Table 6). Stadig and colleagues (2016) also found improved colour, but contrary to Bonnefous and colleagues (2024), they found that outdoor-preferring broilers had higher mono- and polyunsaturated fatty acid concentrations, as well as higher omega 3 and omega 6 fatty acid concentrations (they have positive effects on human heart health; Table 6), and therefore, had healthier meat. Differences in the used strain might explain the differing results in those two studies (Stadig et al., 2016: Sasso T451; Bonnefous et al., 2024: JA757, S757N, White Bresse, Dual purpose breed).

**Table 6.** Studies investigating the relationship between ranging behaviour and production parameters split across studies in layers and broilers. For better comparability, studies measuring the same parameter are grouped together. Consequently, references are repeated. ↓ negative relationship, ↑ positive relationship, • no significant relationship, \* only in one genotype. Pre – assessment prior to ranging, Post – assessment after range access.

Chicken	Reference	Measurement			
Laying hen	Weight				
	Castellini et al., 2016	$\downarrow$			
	Rodriguez-Aurrekoetxea & Estevez, 20	16 •			
	Singh et al., 2016a	<b>↑</b>			
	Bari et al., 2020a	$\downarrow$			
	Sibanda et al., 2020b	$\uparrow$			
	Wurtz et al., 2023	•			
	Meat characteristics				
	Bari et al., 2020b	Fat ↓			
		Muscle ↓			
	Egg characteristics				
	lcken et al., 2008	Number ↓			
	Kolakshyapati et al., 2020b	Number •			
		Mass •			
		Laying rate •			
	Sibanda et al., 2020b	Number •			

Quality

Durali et al., 2014 Stadig et al 2016 Taylor et al., 2018  Pre summer Pre winter Post summer gain Post winter gain Post winter gain Post Marchewka et al., 2020 Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	$\begin{array}{c} \\ \\ \\ \\ \\ \\ \end{array}$
Stadig et al 2016 Taylor et al., 2018 Pre summer Pre winter Post summer gain Post winter gain Post winter gain Post Marchewka et al., 2020 Bonnefous et al., 2024 Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024 Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	$\rightarrow \rightarrow $
Taylor et al., 2018  Pre summer Pre winter Post summer gain Post winter gain Post winter gain Post Pre Post  Marchewka et al., 2020 Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	→ → → → → → → → → → → → → → → → → → →
Pre winter Post summer gain Post winter gain Post winter gain Pre Post Marchewka et al., 2020 Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	→ → → → →
Post summer gain Post winter gain Post winter gain Pre Post Marchewka et al., 2020 Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	• + + + + + + + + + + + + + + + + + + +
Taylor et al., 2020 Pre Post  Marchewka et al., 2020 Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	<ul><li>→</li><li>→</li><li>→</li><li>→</li></ul>
Taylor et al., 2020  Marchewka et al., 2020 Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	• <b>+ + + + + + + + + +</b>
Marchewka et al., 2020 Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	↓ ↓ ∧.
Marchewka et al., 2024  Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	<b>★</b> .a.
Bonnefous et al., 2024  Carcass Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	
Breast Thigh  Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	*
Meat characteristics  Bonnefous et al., 2024 Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	√^  *
Meat characteristics  Bonnefous et al., 2024  Carcass yield Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	<b>√</b> "
Bonnefous et al., 2024  Carcass yield  Breast yield  Thigh yield  Lightness  Redness  Yellowness  Drip loss  Cooking loss	<b>V</b>
Breast yield Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	
Thigh yield Lightness Redness Yellowness Drip loss Cooking loss	*
Lightness Redness Yellowness Drip loss Cooking loss	•
Redness Yellowness Drip loss Cooking loss	<b>↓</b> *  *
Yellowness Drip loss Cooking loss	√^  *
Drip loss Cooking loss	√ ^*
Cooking loss	1
· ·	
	•
Shear force	
Lipids	•
Saturated fatty acids	•
Monounsaturated f. a.	•
Polyunsaturated f. a.	•
n6/ n3	• •
Stadig et al., 2016 Colour	
pH Drin loss	<b>Y</b>
Drip loss Cooking loss	•
Shear force	•
Fat	•
Protein	•
Moisture	•
	•
Ash content	<ul><li>↑</li></ul>
Unsaturated fatty acids Polyunsaturated fatty	
acids	$\uparrow$
Omega 3	<b></b>
Omega 6	
Sensory characteristics	$\uparrow$
Feed conversion rate	<b>↑</b>
Dawkins et al., 2003	<u></u>

## 4.3 Summary – Consequences of individual ranging behaviour

Together, a wide range of welfare indicators are measured in both layers and broilers. In layers, studies found rather mixed results of the effect of outdoor access on plumage condition, keel bone damage and footpad lesions but wounds, bone and internal health characteristics seem largely unrelated to ranging. In broilers, results are more straightforward. Outdoor-preferring broilers sometimes show better plumage, less wounds and better gait but many studies found no relationship, especially with footpad lesions and hock burn. Although outdoor-preferring individuals might show a higher immune response and more parasites, this does not seem to translate into higher mortality, one of the biggest concerns of keeping chicken outdoors. In regard to production, only a few studies have focused on the effects of individual ranging level on production traits finding little effect on egg quality in layers and mostly negative effects on weight, but some positive effects on meat quality in broilers (Table 6).

## 5 Interventions to improve ranging behaviour

As shown in the previous sections, the causes and consequences of ranging behaviour are attracting increasing attention from both applied and fundamental researchers. A further strand of this work focuses on identifying the levers available to farmers to intervene and either enhance or at least homogenize ranging behaviour in their flocks. Simple changes in flock management such as changes in flock size and stocking density, barn build and enrichment (both in the barn during rearing and on the range) have potential to increase the level of ranging across the flock and improve the use of the available range area. As the free-range chicken sector is still developing, it is crucial to determine the optimal environment that encourages chickens to utilise the free-range in these systems.

#### 5.1 Management interventions

- A number of management actions at the shed or flock level can affect ranging behaviour.
- 617 Chickens can enter or exit the barn via small openings called "pop holes". Three of four studies

included here showed that ranging increased in both layers and broilers when there were more pop-holes allowing access to the range (Table 7) even though layerss might only use certain pop holes to leave the house (Taylor et al., 2017a). This could be related to how perches are distributed inside the barn as studies have shown that roosting further from pop holes and at higher elevations decreases an individual's likelihood to be found on the range (Pettersson et al., 2018; Sibanda et al., 2020d). Furthermore, for layers, more indoor light was accompanied by more ranging in two studies although this was not the case in broilers (Table 7).

In layers, ranging level was generally lower in larger flocks (three of five studies; Appendix Table S1) and at higher stocking densities (two of three studies). However, in one study, ranging increased with stocking density. Stocking density is tightly regulated in the commercial sector (e.g. EU Directive 1999/74/EC states no more than 9 layers per m² indoors and 4m² per hen outdoors in free-range systems; EU Directive, 1999) but in a research context it can vary widely (Appendix Table S1). The orientation of the barn had no effect on ranging for either layers or broilers in four studies, however, larger ranges attracted less layers and broilers onto the range (two studies, Table 7).

Finally, although it is most common to keep layers without males, ranging increased if there were more roosters deliberately added to the flock (Bestman et al., 2019). This might be associated with the behaviour of roosters who range more and use different vocalisations to attract the attention of hens ultimately leading to more hens on the range (Harlander-Matauschek, Niebuhr, & Troxler, 2002; Ferreira et al., 2019; Nicol, 2015; Taylor et al., 2017b).

**Table 7.** Studies investigating how different management practices (e.g. flock size, stocking density, etc.) influence ranging behaviour split across studies in layers and broiler chickens. For better comparability, studies testing a similar typer of management are grouped together. Consequently, references are repeated. Stocking density in birds per m², ↓ negative relationship, ↑ positive relationship, d difference across groups, • no significant relationship.

Chicken	Reference	Measurement
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Laying hen	Flock size					
	Hegelund et al., 2005	513 – 6,000	$\downarrow$			
	Hegelund, Sørensen, & Hermansen, 2006	1,200 – 5,000	•			
	Gebhardt-Henrich, Toscano, & Fröhlich, 2014	2,000 - 18,000	•			
	Gilani, Knowles, & Nicol, 2014	92 – 15,848	$\downarrow$			
	Bestman et al., 2019	1,854 – 23,879	$\downarrow$			
	Stocking density	1				
	Sherwin et al., 2013	Not given	<b>↑</b>			
	Gilani, Knowles, & Nicol, 2014	4 – 12	$\downarrow$			
	Bestman et al., 2019	5.1 – 9	$\downarrow$			
	Pop holes					
	Harlander-Matauschek et al., 2006		•			
	Sherwin et al., 2013		$\uparrow$			
	Gilani, Knowles, & Nicol, 2014		<b>↑</b>			
	Other					
	Harlander-Matauschek et al., 2006	Barn orientation	•			
	Cronin et al., 2016	Barn orientation	•			
	Campbell et al., 2017	Range size	$\downarrow$			
	Gilani, Knowles, & Nicol, 2014	Light indoors	$\uparrow$			
	Bestman et al., 2019	Light indoors	$\uparrow$			
		Roosters in the flock	$\downarrow$			
Broiler	Dawkins et al., 2003	Barn orientation	•			
	Rault & Taylor, 2017	Barn orientation	•			
		Pop holes	$\uparrow$			
	Geng et al., 2023	Light indoors	d			
	Zahid et al., 2024	Range size	$\downarrow$			

#### 5.2 Early life enrichment interventions in the barn

Enrichment involves any improvement to the captive environment that benefits an animal and increases species-specific appropriate behaviour and behavioural choice with the potential to decrease abnormal behaviour (Young, 2013; Newberry, 1995). Indoor rearing enrichment has been proposed to provide important experiences that could improve ranging in adulthood (Campbell, De Haas & Lee, 2019; Xu et al., 2022). Enrichment can take many forms. In chickens, they are often referred to as structural enrichment (large objects that break up the environment such as perches), foraging enrichment (objects or insects that encourage foraging), or novelty enrichment (structures and objects which are changed regularly to create

a variable environment). The most common form of enrichment are objects of varying sizes (Xu et al., 2022). In layers, one study tested the influence of early life experience with environmental choice, two the influence of unpredictability and another two the influence of novelty and structures. Out of these five studies, three found no effect regardless of the measure of ranging (Table 8). One study showed that increasing predictability early in life shortens the hours hens spend outside but increases the days they range (Campbell et al., 2018a). Structural and novelty enrichment increased ranging in the treatment groups, but this effect was only detectable when the birds became older (> 31 weeks) and was not consistent across treatments (Campbell et al., 2020). Four studies investigated early life enrichment effects in broilers and although a large variety of enrichment types were used, most increased ranging (Table 8).

**Table 8.** Studies investigating the effect of different early life enrichment treatments on ranging behaviour split across studies in layers and broiler chickens Difference between treatments: ● no difference, ↓ lower measure in the treatment group, ↑ higher measure in the treatment group. \* only in one enrichment treatment.

Chicken	Reference	Туре	Measurement	
Laying hen	Skånberg et al., 2024	Environmental choice	Chickens outside	•
	Campbell et al., 2018a	Unpredictable	Hours outside	$\downarrow$
		environment	Visits	•
			Available days	<u> </u>
	Campbell, Horton, & Hinch,	Unpredictable	Hours outside	•
	2018	environment	Visits	•
			Visit duration	•
	Campbell et al., 2020	Novelty,	Hours outside < 31 weeks	•
		structures	Hours outside > 31 weeks	<b>^</b> *
			Visits < 31 weeks	•
			Visits > 31 weeks	<b>↓</b> *
			Visit duration	<b>^</b> *
			Available days < 38 weeks	•
			Available days > 38 weeks	<u>^*</u>
	Taylor et al., 2023a		Hours outside	•

		Novelty,	Visits	•
		structures	First access	•
Broiler	Gordon & Forbes, 2002	Shelter provision	Chickens outside	<b>↑</b>
	Rodriguez-Aurrekoetxea,	Pannels	Chickens outside	•
	Leone, & Estevez, 2014	Perches	Chickens outside	<b>↑</b>
	Stadig et al., 2018	Dark brooders	Chickens outside	•
		Trees, shelter	Chickens outside	<b>↑</b>
	Taylor et al., 2023b	Visual access,	Chickens outside	<b>^</b> *
		environmental	Hours outside	<b>^</b> *
		complexity	Days outside	<b>^</b> *
			First access	<b>^</b> *

#### 5.3 Range enrichment interventions

Providing a range that is more enriched and complex and closely meets the needs of chickens with regard to microclimate and predator protection offers a powerful way to improve ranging. Chickens can be encouraged to increase ranging through range enrichment interventions such as the provision of movable, artificial structures. Providing such cover increased ranging in six of eight studies considering layers and four of seven studies of broilers (Table 9). These changes in ranging behaviour were related to the attracting effect of structures on the range (Rault, Van De Wouw, & Hemsworth, 2013) and birds seemed to prefer variety over number, structures that provided shade and shelter (Zeltner & Hirt, 2008), tall over shorter vertical structures (Larsen & Rault, 2021), and structures that were familiar (Grigor, Hughes, & Appleby, 1995a).

Alternatively, vegetation has also been shown to attract more layers and broilers onto the range (all studies, Table 9). Importantly, when comparing the effect of artificial cover with natural vegetation, bushes and trees seemed most effective in drawing chickens outside and away from the barn (e.g. Stadig et al., 2017a; 2017b; 2018). Compared to artificial cover, plants might create more desirable microclimates and better protection from heat, wind and rain, and coax chickens outside even under undesirable weather conditions (Deutsch et al., 2024; Rault, Van De Wouw, & Hemsworth, 2013; Stadig et al., 2017a, b). Finally, even without cover, providing access to pasture increased ranging in three of four studies of layers and in

a single broiler study (Table 9). One study of layers that involved Appendix feeding with black solider flies had mixed effects, increasing the maximum time spent outside but not altering four other measures of ranging (Ruhnke et al., 2018). Co-grazing with other livestock such as cattle was also effective in improving ranging behaviour and simultaneously reduced predation, especially from aerial predators (Hübner et al., 2024).

**Table 9.** Studies investigating the effect of different range enrichments on ranging behaviour split across studies in layers and broiler chickens Difference between treatments: ↑ higher measure in the treatment group, • no significant difference.

Chicken	Reference	Туре	Measurement	
Laying hen	Harlander-Matauschek et al., 2006	Tree cover	Chickens outside	<b>↑</b>
	Deutsch et al., 2024			<u> </u>
	Zeltner & Hirt, 2003	Artificial cover, sand	Chickens outside	•
	Hegelund et al., 2005	Artificial cover	Chickens outside	$\uparrow$
	Sherwin et al., 2013			$\uparrow$
	Pettersson, Weeks, & Nicol, 2017			•
	Gilani, Knowles, & Nicol, 2014	Cover	Chickens outside	<b>↑</b>
	Rault, Van De Wouw, & Hemsworth, 2013	Structure vertical	Chickens outside	<b>↑</b>
	Zeltner & Hirt, 2008	Structure number	Chickens outside	•
		Structure variety		$\uparrow$
		Corridor		•
	Nagle & Glatz, 2012	Cloth cover	Chickens outside	<b>↑</b>
		Shelter belt		$\uparrow$
		Pasture		$\uparrow$
	Aygun et al., 2024	Pasture	Area covered	•
	Tainika, Sekeroglu, & Abaci, 2024			<b>↑</b>
	Ruhnke et al., 2018	Black soldier fly	Max. hours outside	<b>↑</b>
		feeding	Av. hours outside	•
			Total hours outside	•
			Av. visits	•
			Total visits	•
Broiler	Dawkins et al., 2003	Tree cover	Chickens outside	<b>↑</b>
	Stadig et al., 2016			<b>↑</b>

Ctadia at al. 2017a	Tropp ortificial cover	Chialcana autaida	<u></u>
Stadig et al., 2017a	Trees, artificial cover	Chickens outside	
Stadig et al., 2017b			$\uparrow$
Stadig et al., 2018			<b>↑</b>
Dal Bosco et al., 2014	Tree cover	Hours outside	<b>↑</b>
Gordon & Forbes, 2002	Artificial cover	Chickens outside	<b>↑</b>
Taylor et al., 2015	Cover	Chickens outside	•
Rodriguez-Aurrekoetxea, Leone, & Estevez, 2014	Structures	Chickens outside	•
Fanatico et al., 2016			•
Marchewka et al., 2023	Pasture	Ranging level	<b>↑</b>
Hübner et al., 2024	Cattle	Area covered	<b>↑</b>

Summary – Interventions to improve ranging behaviour

Together, we find that there is much room for farmers to improve the conditions under which chickens are reared and housed throughout their life within the free-range system that would improve ranging behaviour. Such changes likely not only influence behaviour but also welfare and production (see section above). Based on the data gathered in this review, decreasing flock size and stocking less birds within the available space seem the most promising management interventions, however, such changes come with an economic cost. Early life enrichment seems less effective especially in layers with more success in broilers. Finally, chickens seem to prefer areas with natural vegetation, and the largest effects are achieved when dense vegetation is planted on the range although most range enrichments had a positive effect on ranging behaviour (Table 9).

### 6 Conclusions

Increasing research effort (75% of studies published in the last 10 years) is being put into understanding the causes and consequences of variation in ranging behaviour by individual and flocks of chickens with the ultimate goal being to determine optimal management practices and outdoor environment design to enhance welfare and productivity. Our review expands previous syntheses by quantitatively integrating evidence across behavioural, cognitive and environmental domains, revealing the multi-level nature of range use variation. Despite much effort to isolate the contributing factors, they are often confounded within

studies. One example is the change in ranging behaviour over time. It is unclear if ranging increase with age, experience or both? Future studies should focus on carefully designed experiments that better control for potential influential factors to produce data that are easier to interpret, use and compare. Such studies should be conducted for specific genotypes developed for free-range systems, as we show clearly that genetic background matters. One way to increase power is to use big collaborative, multi-team research networks (big team science initiatives, e.g. ManyBirds, ManyPrimates, ManyManys) that have become increasingly popular in recent years (Nelson, 2024). Considering the many research groups across the globe that are involved in research in chickens, a similar large-scale collaboration could be crucial in revealing the factors contributing to the inconsistencies in findings across studies that our review has highlighted throughout. The gathered empirical evidence, if available to breeders, could direct breeding decisions towards the development of genotypes that are even better adapted to free-range systems. Regardless of genotype, our review indicates only a small effect of ranging on production and if any, a largely positive effect on welfare. However, the literature on the effect of ranging behaviour on production is small and studies on welfare mostly focus on physical health not cognitive health. However, a stronger focus on positive welfare measures should be taken in the future to understand if range access provides chickens with the opportunity to experience positive welfare states by engaging in rewarding behaviour (Mellor, 2016; Rault et al., 2025). Nevertheless, removal of negative affective states due to poor physical health is a necessary first step for animals to be motivated to engage in rewarding behaviours (Mellor, 2016). Consequently, more such research is desirable especially as a basis to argue for improvements in chicken husbandry that include changes to management practices. More information on the effects of different management practices would be insightful as to the optimal husbandry conditions that could be implemented in future free-range farms. Furthermore, from the information gathered in this review, the easiest way to increase ranging on existing farms is to provide shelter on the range and, if possible, plant vegetation, as it has the largest effect. To utilise the full potential of free-range farming systems, it will be imperative to start using ranges to grow trees so as to benefit both

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the chickens as well as the farmer due to increased product diversity and increasing income (e.g. production of fruit or wood and eggs/ meat). This could also help deal with the increased nutrient load on free-ranges (e.g. Dekker et al., 2012; Menzi et al., 1997; Singh et al., 2016b). Alternatively, co-grazing with other livestock is another way that seems promising to both increase ranging in chickens (Hübner et al., 2024) and add economic value to free-range chicken farming by translating into better production stability and reducing health management costs. However, further research on how to manage nutrient load on the range and cognrazing is necessary to develop best practice and determine the scale of benefits.

There are still many knowledge gaps regarding the individual, environmental and management factors that influence ranging behaviour in chickens as well as its consequences for welfare and production (Figure 1). We hope that our review will stimulate new directions of research on the topic of individual ranging in chickens and help develop effective and practical interventions that both benefit the domestic fowl as well as farmers. Ultimately, a comprehensive understanding of both the environmental and behavioural/ cognitive dimensions of range use will be key to designing sustainable, animal-oriented free-range systems.

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## 1266 Appendix

**Table S1.** Details of studies (selected based on reporting frequency) reporting the maximum percent of birds on the range (as given in the reference text or figures: numbers per flock or tagged birds, average + SD across flocks – for studies using individual tracking, percent corresponds to the birds that entered the range at least once during the study period). Genotype (strain, as stated in the reference), colour (as per google search), age of testing in days (average across the study period), age in days at which chickens received first access to the range, indoor stocking density as birds per m² (as given in the reference or calculated based on flock size and enclosure measurements), flock size (birds housed together in the same enclosure, not total number of chickens use in the study), country the study was conducted in, time of day observations of ranging behaviour were done (for simplicity, single observation points are grouped into ranges – for studies using individual tracking, bird movement was continuously tracked when pop holes were open), and reference from which the numbers were taken. – no data available, \* numbers obtained from other references.

Studies using flock level counts										
Chicken	%	Genotype	Colour	Age at testing	Age 1 <sup>st</sup> range access	Indoor stocking density	Flock size	Location	Obs. time	Reference
Laying	41.6	ATAK-S	Brown	182	-	7	20	Turkey	-	Aygun et al., 2024
hen	30.9	ISA Brown	Brown	190	182	-	50	Australia, NSW	09:00 16:00	to Cronin et al., 2016
	47.9			311.5	140	9	6000	Spain	10:00 19:00	to Rodriguez-Aurrekoetxea & Estevez, 2016
	42			227.5	-	5	256	Germany		to Harlander-Matauschek et al., 2006

32			294	-	8	466	Switzerland	10:30 20:30	to	Zeltner & Hirt, 2003
26			-	-	-	-	-	-		Kjær & Isaksen, 1998
38	ISA Brown Lohman Brown	Brown	-	-	-	513- 6000	Denmark	08:42 15:35	to	Hegelund et al., 2005
37	Bovans Robust	-	84.5	189	1.7	21-23	Sweden	All day		Skånberg et al., 2024
56	Bovans White Bovans Brown LSL	White Brown White	518	133- 280	-	5372- 8825	Sweden	09:00 17:00	to	Göransson et al. 2023
8.98	Lohmann Brown Bovan Brown	Brown	308	-	-	4000	UK	10:00 13:00	to	Pettersson et al., 2018
4.6 8.8 3	Lohmann Brown	Brown	343 257 364	-	-	15470 15797 23548	UK	10:00 14:00	to	Chielo, Pike, & Cooper, 2016
	LSL Classic Lohmann Sandy	White	196	84	3.58	10	Turkey	09:00 15:00	to	Tainika, Sekeroglu, & Abaci, 2024
56.5 67.8 26.6 28	Lohmann Tradition	Brown	147 147 329	-	5.5 5.5 8	20-22 20-22 250 500	Switzerland	All day		Zeltner & Hirt, 2008
45 43 54	Hy-Line® Brown	Brown	196 266 448	-	-	20	Australia, QLD	Morning, Evening		Nagle & Glatz, 2012
35.1 20.1 6.3			385 336 189	-	-	3900 7300 15573	UK	10:00 14:00	to	Chielo, Pike, & Cooper, 2016
46.1	Rhode Island Red	Brown	231	189	0.75	4	Mexico	08:00 17:00		Abouelezz et al., 2014
42.1	Comet J Links Browns Warrens	Brown	329	-	5.4-9.1	490- 2450	UK	05:00 20:00	to	Bubier, 1998

		Hi Sex									
	99	GLK Bankiva GLN Bankiva	Brown	248.5	-	1	150	Brazil	08:00 17:00	to	de Oliveira et al., 2022
	15	New Hampshire	Brown	-	-	-	-	-	-		Kjær & Isaksen, 1998
	38	ISA Brown ISA Babcock Hyline Brown Lohmann Brown Hellevad White	Brown Brown Brown Brown White	308	-	-	1200- 5000	Denmark	Morning Evening		Hegelund, Sørensen, & Hermansen, 2006
	58	Col. Lohmann Brown Hy-Line Goldline other	Brown	150.5	-	4-12	92- 15848	UK	11:00 15:00	to	Gilani, Knowles, & Nicol, 2014
	57 48 52	-	-	388.5	-	5.1 7 5.9 9	1854 3504 8562 23879	Netherlands	-		Bestman et al., 2019
		-	-	-	-	-	750	Germany	-		Fürmetz et al., 2005
roiler	14.3	Sherwood White	White	49	28	11.3	10000	UK	08:00 20:00	to	Dawkins et al., 2003
	50	Sherwood White Ross 308	White	42	28	11.8	1340 670	UK	9:30 17:30	to	Jones et al., 2007
	37	Ross 308	White	29.5	12-18	13	39740	Australia, SA	06:32 19:01	to	Rault & Taylor, 2017
	21.5	Rowan Ranger Hubbard JA57/JA87	Brown	55	23-30	6.0-7.4	4217 ± 1290	Sweden	15.00 15.30	to	Göransson et al., 2021
	14.2	Hubbard JA57 Color Yield	Brown	30.5	35	9.8	600	Denmark	09:00 to 15:00		Jessen, Foldager, & Riber, 2021

	95	Hubbard JA757	White	43	14	4.7-5.4	54-61	Germany	Morning Evening		Hübner et al., 2024
	44 42.8 27.1	Sasso T451	Black	41 50 46.5	28, 39 28, 39 25	12.5 12.5 18.3	50 50 110	Belgium	9:00 17:00	to	Stadig et al., 2017b Stadig et al., 2016 Stadig et al., 2017a
	37.5	Sasso XL451	Brown	54.5	28	8.3	110	Belgium	09:00 17:00	to	Stadig et al., 2018
	4.6	Sasso T44	Brown	63	35	12	1300	Spain	10:00 17:00	to	Rodriguez-Aurrekoetxea, Leone, & Estevez, 2014
	12.9	Delaware	White	49.5	-	2	17	USA, Texas	09:00 16:45	to	Fanatico et al., 2016
	62 51	I657 LAB	Brown White	62	42	6.8	111	Denmark	06:09 18:11	to	Christensen et al., 2003
	71 42.7	White Bresse L40 Kosmos 8 Red	White Brown	98.5	29	5.4	150	Denmark	08:30 20:00	to	Almeida et al., 2012
Both	62 60 42 56 49 46 55	Ancona Leghorn Kabir Cornish x Leghorn Robusta Maculata Gaina Naked Neck Ross 308	Black White Brown White Spackled Brown Brown White	79	21	0.1	25	Italy	9:00 18:00	to	Castellini et al., 2016
ual urpose	34.6	Beijing You	Brown	192.5	133	1.5	18	China	08:00 14:00	to	Geng et al., 2023
Jnknown*	22	-	-	-	-	-	-	-	-		Keeling, Hughes, & Dun, 1988
	23 2	-	-	- -	-	-	-	-	-		Mirabito & Lubac, 2001 Kjær & Isaksen, 1998

65.7 - - - - - - - - Mirabito, Joly, & Lubac, 2001

	Studies using individual tracking												
Chicken	%	Genotype	Colour	Age	1 <sup>st</sup> range access	Stocking density	Flock size	Location	Obs. time	Reference			
Laying hen	18	Hy-Line® Brown	Brown	203	147	3	46-50	Australia, NSW	Continuous	Campbell et al., 2018a			
IICII	72.7			161	175	8.9	154	Australia, NSW		Taylor et al., 2023a			
	97.1		364		-	12.1	18000	Australia, VIC		Larsen et al., 2018			
	95 84	ISA Brown	Brown	192.5 455	140 -	8.4	50 200	Australia, NSW	Continuous	Hartcher et al., 2016 Singh et al., 2016			
	78			353.5	147	9	900			Campbell et al., 2017			
	92.3 85	Lohmann Brown	Brown	360.5 322	112 168	8.3	1500 5000	UK Switzerland	Continuous	Richards et al., 2012 Gebhardt-Henrich, Toscano, & Fröhlich, 2014			
	99.7	Lohmann Brown Cl.	Brown	315	112	9	625	Australia, NSW	Continuous	Kolakshyapati et al., 2020a			
	92.3			360.5	112	8.3	1500	UK		Richards et al., 2011			
	90 72 78 70 70 56 59	LSL	White	- 322	- 168	-	50 2000 6000 9000 9000 12000 18000	Germany Switzerland	Continuous	Müller et al., 2001 Gebhardt-Henrich, Toscano, & Fröhlich, 2014			
	66 90 63	HN White	White	322	168	-	246 2000 2000	Switzerland	Continuous	Gebhardt-Henrich, Toscano, & Fröhlich, 2014			

	47						6000			
	90	90 HN Brown		322	168	-	5600	Switzerland	Continuous	Gebhardt-Henrich, Toscano, & Fröhlich, 2014
	65	Lohmann Silver	Silver	308	140	5	272	Germany	Continuous	lcken et al., 2008
	58	Lohmann Tradition	Brown	-	91	-	50	Germany	Continuous	Müller et al., 2001
Broiler	87.9 95	Cobb 500	White	21.5 30.5	21 21	2.5	25 265	Australia, VIC Australia, NSW	Continuous	Taylor et al., 2023b Durali et al., 2014
	97	Rowan ranger	Brown	56.5	28	6	1500	Sweden	Continuous	Lindholm et al., 2016
	94.5 88	Ross 308	White	24.5 56.5	15 28	16.5 6	305 1500	Australia, VIC Sweden	Continuous	Taylor et al., 2020 Lindholm et al., 2016
	87.3			33	21	16	8000	Australia, VIC		Taylor et al., 2017
	82.1			33	21	15	8000			Taylor et al., 2018

# 1277 Appendix references

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