1 The role of socially transferred materials in translating and mediating the effects of global change

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Abstract

- Almost all animal species transfer endogenously produced substances to conspecifics, either horizontally or
- vertically, through eggs, seminal fluid, milk, or other specialized materials. These socially transferred materials
- 22 (STMs) can have substantial evolutionary consequences, are exceptionally plastic, and may enable organisms to
- 23 adapt to environmental change. The world is facing rapid anthropogenic environmental changes that challenge
- 24 the adaptive capacity of most species, with important consequences for biodiversity and ecosystem functioning.
- We suggest that STMs should be urgently investigated as functional traits, as diagnostic biomarkers for negative
- responses to environmental change, and as potential channels for mitigation. Here, we first outline the three main
- 27 types of STMs and how global change is influencing their production, transmission, and effects on recipients.
- 28 Then we discuss theory-based predictions about the role of STMs in potential translation, mitigation and
- adaptation. Finally, we outline an interdisciplinary research program to provide insights into the roles of STMs in
- addressing the biodiversity crisis in a rapidly changing world.

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Terminology box

- 33 Socially transferred materials (STMs): materials transferred between conspecifics that (i) include components
- metabolized by the donor, (ii) induce a direct physiological response in the receiver, bypassing sensory organs,

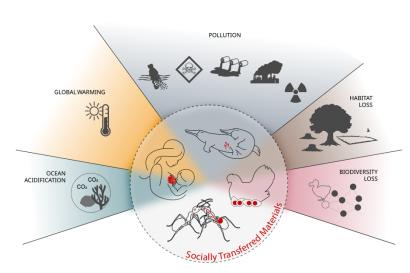
- and (iii) benefit the donor on an evolutionary timescale¹. STMs are taxonomically widespread and show broad
- 36 diversity.
- 37 **Primary component**: material being transferred, such as nutrition, genetic material, or symbionts, that is the
- 38 evolutionary driver for the origin of the transfer.
- 39 Secondary components: over evolutionary time, materials that supplemented the primary component. The
- 40 functions of the various secondary components are not necessarily related to the functions of the primary
- 41 components.
- 42 Global change: the suite of environmental changes that are occurring due to human activities (Figure 1)

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1. Introduction

- 45 Human activities have fundamentally altered the earth's environments at unprecedented scales and rates. This
- 46 **global change**—encompassing climate warming, pollution, habitat fragmentation, species invasions, and altered
- biogeochemical cycles—challenges the adaptive capacity of most organisms^{2–7}. Understanding how animals cope
- with these changes has become perhaps the most important challenge of ecological and conservation research.
- 49 Socially transferred materials (STMs) offer a novel framework for studying animal adaptation in the face of global
- 50 change. STMs, such as eggs, milk, ejaculates, and social regurgitates, differ from sensor-based communication
- 51 channels in that STMs involve direct transfer of biochemical substances that induce physiological responses in
- recipients with long-lasting effects¹. Unlike other communication channels, STMs serve multiple functions
- beyond signalling: they transfer nutrients, genetic material, symbionts, hormones, and immune factors that can
- fundamentally alter recipient phenotypes¹.
- The composition of STMs often reflects donor condition and environment⁸, making them both responsive to
- environmental change and influential in translating the environment to conspecifics, increasing their impact by
- either detrimental effects or enabling adaptation. Transfer occurs between parents and offspring⁹, between sexes¹⁰
- and between nestmates¹¹ mediating interdependence and influencing evolutionary dynamics¹. Particularly, STMs
- enable parents to buffer offspring¹² or prepare offspring for environmental challenges through phenotypic
- plasticity¹³(Figure 1). However, when environmental changes are too recent for evolution to have realized
- adaptation, or exceed adaptive capacity, STMs may negatively impact survival and reproduction.
- 62 Global change can disrupt the composition of STMs, as observed across diverse species, including humans, and
- across ecosystems from deserts to Antarctica¹⁴⁻¹⁶. Yet we lack a comprehensive understanding of how STMs, as
- private physiological channels, modulate animals' risks and adaptation potential in the face of environmental
- challenges¹⁷.

The objectives of this perspective paper are to 1) characterize how STMs are affected by changing environments and lead to adaptive or maladaptive responses; 2) pose hypotheses of short- and long-term consequences for adaptive capacity through STMs; and 3) indicate future directions and potential fruitful study systems for understanding STMs under global change. By highlighting the importance of STMs in evolutionary adaptation,



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Figure 1. The socially transferred materials (STM) framework can help in understanding animal responses to global change. Animal populations and their various STMs are shaped by a complex web of environmental factors that can affect STM composition, their function, and their transfers between individuals (shown in the center, indicating in red STM transfer by milk, regurgitation, eggs and ejaculate). Some direct stressors, such as changing temperature and different types of pollution, have already been demonstrated to affect STMs, as we discuss in section 2 of this paper. Others, such as habitat degradation and biodiversity loss, may have more cascading effects through ecological communities and the loss of genetic diversity of each population. All the stressors may affect the plasticity and adaptation potential of the STMs, in ways we discuss in section 3.

we aim to inspire researchers to adopt the STM framework to study adaptive plasticity and inform conservation and management strategies. We call on researchers to prioritize STM studies in three areas: (1) establishing baseline STM compositions in threatened species before they are lost, (2) testing whether adaptive STM responses can buffer populations against ongoing environmental change, and (3) developing STM-informed conservation interventions while there is still time to implement them effectively. Overall, we hope this perspective paper will lead to increased awareness of STMs as tools for research, biodiversity conservation, and environmental change mitigation strategies.

2. How global change impacts STMs and phenotypic outcomes

Broadly, STMs can provide a read-out of individual physiology¹. They are often excellent indicators of donor condition, environment, phenotype, and fitness. Environmental change, such as rising temperature¹⁸, pollution¹⁶, and land and water use change¹⁹ has been demonstrated to affect STMs, either via alteration of STM composition or the behaviors that facilitate their transfer. Here, we address the consequences of global change on three main classes of STMs: genetic material, nutritional factors, and symbionts. Although most studies focus on maladaptive and short-term consequences of STMs, we also highlight examples of how STMs enable adaptive responses to environmental change, underscoring the need for future studies on the long-term evolutionary responses to ecological challenges.

The *transfer of genetic material* through sperm, eggs and their associated fluids serves as the primary vehicle for genetic and epigenetic information transfer between generations and all can be profoundly affected by environmental factors²⁰. Eggs contain not only genetic material but also the molecular machinery, nutrients, and signalling molecules necessary for embryonic development²¹. Environmental stressors can disrupt this complex

transfer system at multiple levels, affecting fertilization success, embryonic gene expression, and long-term offspring fitness. Both maternal and paternal environmental conditions have been repeatedly linked to offspring fitness⁴.

Rising temperatures have been shown to have negative effects on the transfer of genetic material in both eggs and sperm, leading to distorted sex ratios²² or increased offspring mortality²³. Yet, some evidence suggests that STMs may support animals in adapting to higher temperatures²⁴. In wild guinea pigs (*Cavia aperea*), males exposed to increased temperature produced offspring with distinct DNA methylation changes in the liver and testis, reflecting the fathers' epigenetic response to heat²⁵. This paternally induced epigenetic shift is hypothesised to modulate gene expression in ways that enhance thermal tolerance in the whole organism beyond just gametes, potentially offering an adaptive advantage in a warming climate. In *Takydromus septentrionalis*, offspring from parents exposed to experimental warming survived well under simulated warming climate conditions but not under present climate scenarios, demonstrating anticipatory parental effects that prepare offspring for predicted thermal environments through epigenetic mechanisms in eggs²⁶. Heat stress during pregnancy in dairy cattle affected not only immediate offspring but persisted through the maternal lineage for at least three generations²⁷. In sheepshead minnows (*Cyprinodon variegatus*), offspring grew best when their rearing temperature matched the thermal experience of their parents²⁸. Growth was poorest under mismatched conditions, indicating strong transgenerational plasticity via epigenetic mechanisms in sperm and eggs, which may buffer against climate-induced stress.

Environmental changes disrupt the transfer of genetic material through multiple pathways: direct DNA damage, alteration of ejaculate components, interference with fertilization mechanisms, and systematic alteration of epigenetic programming. For example, the presence of per- and polyfluoroalkyl substances in adult humans has been directly associated with reduced sperm motility, sperm concentration, and total sperm count, affecting male fertility²⁹. Heavy metals accumulate in both sperm and eggs, with consequent impacts on fertility³⁰. Chemicals in microplastics are also known to impact sperm quality, reducing sperm count and motility³¹. Many pollutants preferentially accumulate in egg yolks due to their lipophilic nature, creating concentrated exposure of genetic material during the vulnerable period of early embryonic development³². Thus far, animals are thought to cope with anthropogenic pollutants poorly, as the pollutants have increased at a faster rate than animals can adapt. Long-term research on most pollutants is still lacking, and new substances are continuously being created.

Transfers of nutritional materials—such as in eggs, milk, social regurgitation, and viviparity—are critical for offspring survival in species that rely on them. Compositions of nutritional STMs are highly variable and shift with donor environment and condition¹.

Many nutritional STMs are enriched with secondary components (components with functions beyond nutrition), including hormones and microRNAs, which play essential roles in regulating physiology. For example, in many taxa, mothers transfer thyroxine—a hormone essential for normal development—along with nutritional materials to their offspring³³. This process relies on adequate environmental iodine. Both excessive iodine (e.g., due to nuclear pollution) and iodine deficiency (e.g., from habitat degradation leading to malnutrition) can have detrimental effects on offspring development³⁴. In aphids, females transfer hormones and other molecules to embryos, causing a developmental switch that leads to later-season nymphs being born with wings, and some of them male, unlike all-female early-season nymphs. This allows these aphids to disperse and reproduce sexually³⁵.

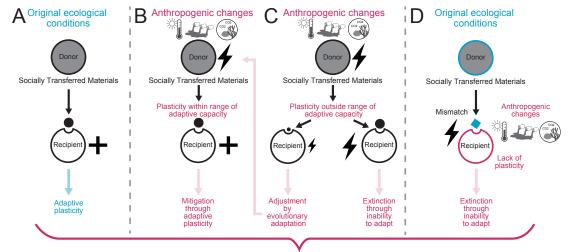
- Such regulation relies on environmental cues and hence is sensitive to rising temperatures and ecological change.
- As a final example, environmental disruptors (e.g., feminizing herbicide³⁶) can interfere with hormone receptors,
- affecting sexual differentiation and population dynamics.
- Further, nutritional STMs are often contaminated by anthropogenic pollutants, such as herbicides³⁷,
- pharmaceuticals³⁸, and even microplastics³⁹, leading to negative effects on the offspring^{37,40}. Also in this case,
- species that might have STM-based mechanisms to fine-tune offspring phenotypes might be especially at risk of
- perturbations by anthropogenic substances. For instance, mothers sometimes adjust the quantity of nutrients and
- hormones transferred to offspring to optimise development in a specific environment⁴¹. This balance can be
- disrupted by plastic additives, which mimic hormonal activity, leading to mismatched developmental outcomes
- and impaired fitness⁵.
- Nutritional transfers occur not only in the parent-offspring contexts, but they also happen in other situations, such
- as when an animal gives a "nuptial gift" metabolized by the donor to a mate or when social insects, birds, and
- other species regurgitate for each other with processed external materials¹. Such behaviors extend the potential
- impacts of anthropogenic change to other conspecifics. For example, increased temperature affects nuptial-gift-
- related behaviours in *Drosophila subobscura*, impacting sex-specific mate choice and population dynamics⁴².
- 144 *Transfer of symbionts* can be critically important for many animals relying on the metabolic capabilities of their
- associated microbes or microbiomes. Usually, these associations enhance the nutritional or defensive physiology
- of their host animals⁴³.

- Some socially transferred symbionts are highly sensitive to changes in temperature⁴⁴, with a critical effect on host
- 148 fitness^{45,46}. For example, *Hamiltonella defensa*, a facultative, vertically transmitted symbiont of aphids that
- protects against parasitoids, becomes less effective in defending its host at higher temperatures⁴⁷. Interestingly,
- 150 the few instances where another aphid endosymbiont *Buchnera* has been replaced by a novel microbe have
- occurred in especially warm climates⁴⁶.
- Microbes in STMs can also underlie and facilitate the survival of insects in a pesticide-rich environment. Female
- 153 Nilaparvata lugens planthoppers vertically transmit Wolbachia symbionts to their offspring that aid in the
- detoxification of insecticides. However, rising temperatures reduce bacterial titers, hindering insect resistance to
- pesticides⁴⁸. These studies highlight how the transferred symbionts can be replaced over evolutionary time,
- fuelling adaptation and ecological novelties, especially under environmental change^{49,50}.

3. Building hypotheses about short- and long-term consequences for adaptive capacity

- Although we now know that anthropogenic environmental changes can profoundly affect STMs (see previous
- section), an integrative approach of chemical, physiological, and eco-evolutionary studies is needed to predict
- 160 how environmental effects on STMs will influence short- and long-term adaptive capacity across levels of
- biological organization. In this section, we discuss several concepts relevant to predicting how the effects of
- environmental change on STMs will impact fitness and scope for adaptation (Figure 2).
- In contrast to many behavioral signals, STMs are private channels of communication between donors and
- receivers. Because STMs are transferred through direct contact, there is reduced environmental interference. This
- might make STM signals more efficient and effective in some systems compared with, for example, birdsong
- masked by urban noise. However, due to their more personalized transmission modes, STM signals are less

efficient for communicating with large groups. Depending on the network of transfer, STMs may induce larger individual differences within a population, creating scope for evolution and adaptation.



Biodiversity, ecosystem functioning, human well being

Figure 2. Modes by which organisms can respond plastically to their environments and to anthropogenic changes through the use of and response to socially transferred materials (STM). (A) Under original ecological conditions, donors produce STMs and recipients respond to them, with adaptive plasticity maintaining the interaction without detrimental effects. (B) When anthropogenic changes (elevated CO₂, temperature, pollution) occur, plasticity within the range of adaptive capacity in both donor and recipient allows mitigation of environmental impacts through adjustment of STM production and response. (C) When the anthropogenic changes push the organisms outside the range of adaptive plasticity, two outcomes are possible: if the environmental change is moderate and sufficient genetic variation exists, adjustment by evolutionary adaptation can occur over generations, potentially restoring adaptive capacity; alternatively, if the change is too severe or rapid, extinction can occur due to the inability to adapt. (D) Under conditions where there is a mismatch between the donor's ecological conditions and anthropogenic changes, a lack of plasticity in either donor or recipient (or both) to adjust STM production or response leads to extinction through inability to adapt. The outcomes depicted across all scenarios have consequences for biodiversity, ecosystem functioning, and human well-being.

All organisms can respond to environmental change through developmental or phenotypic plasticity. Whether and how plasticity via STMs helps organisms adapt to the recent anthropogenic challenges⁵¹? This largely depends on the extent the regulation of STMs is independent of the environment and even anticipatory.

Mechanistically, if and when donors can regulate STM components or volumes somewhat independently from the donor's own condition and exposure, the scope for beneficial effects increases⁵². For example, nutritional transfers can buffer environmental stress^{53–55} when donors modulate STM composition (such as lipids⁵⁵, proteins, hormones, and immune factors⁵⁶) independent from their environmental conditions, and there is some evidence that this can also occur in the receiver^{56–58}. In *Gallus gallus*, males being chased away by stronger males may transfer more sperm and ejaculate proteins with each mating because they cannot secure many matings ⁵⁹. Receivers may also exert some control by avoiding the intake of harmful STMs, but this is limited when classical senses do not detect anthropogenic contaminants and there has been insufficient time to evolve aversion to novel anthropogenic substances. Recipients can also show adaptive behavioural plasticity in responding to changes in the donor's STM strategy (e.g., females that receive fewer nuptial gifts/less seminal protein increase their mating frequency⁶⁰).

When STM provision or response is decoupled from the donor's environment or when donor STMs are adjusted to an environment that is dissimilar to that of the receiver, it has the potential to create mismatches between STM-based signals and lived environments when the physiological systems lack plasticity. This can be especially problematic for long-lived organisms and under increasing anthropogenic unpredictability (e.g., climate change, food availability, parasite loads). These mismatches are most harmful when STMs act early in development, hardwiring consequences into place and reducing potential for later plasticity. A well-studied example of such a mismatch in humans is the effect of the Dutch hunger winter. Epigenetic alterations of the insulin growth factor led to a suite of detrimental health effects in children born during this winter, despite the later prosperity, because they were exposed to much better food conditions after the winter than where they were prepared for⁶¹.

On the other hand, STMs may reflect and depend on the environmental concentration, potentially constraining recipient development and fitness and creating cascading effects across generations⁶². For example, poor condition may lead to altered STM composition and decreased STM transfer⁸. For receivers, poor condition may lead to a less effective response to STMs, affecting growth (e.g. poor-condition offspring might gain less growth per unit of nutrition received)⁶³, or mating strategies (e.g. poor-condition females might respond less to fecundity stimulation from male seminal proteins)²⁰.

Inherent vulnerability of certain types of STMs is another concept relevant to predicting how the effects of environmental change on STMs will impact fitness and scope for adaptation. For example, hormonal signals in STMs, are particularly vulnerable due to their deep conservation, pleiotropy, and strong sensitivity to environmental cues in their production in the donor. In addition, hormones act via well-conserved receptors in almost all animal species and have a wide array of pleiotropic effects, making the likely impact of global change-induced modification relatively strong. Well-known cases include environmental disruptors, such as the feminizing herbicide atrazine⁴⁷, which acts on steroid receptors, affecting sexual differentiation and leading to population declines. Similarly, immune factors that are ratcheted with STMs are also vulnerable to environmental changes⁶⁴.

Generalists versus specialists. STMs often require physiological and behavioral specialization, such as offspring depending on a sole STM source of nutrition for a proportion of their development, which reduces potential for plasticity. Evolutionary theory predicts that specialists thrive in stable, optimal habitats, while generalists dominate in homogenized or changing environments (e.g., urban areas)⁶⁵. Consistent with these predictions, habitat specialists struggle to colonize urban areas to the same degree as generalists^{66,67}, and are more likely to suffer population declines in urban settings^{68,69}. These predictions can be extended to some STMs, and it remains to be tested whether the specialization associated with STMs also reduces population growth in non-optimal habitat conditions. Possible population declines and extinction due to an inflexible reliance on specialized STMs could have dramatic spillover effects in community-level food webs⁷⁰.

STM systems can also be viewed through the theoretical lens of *Indirect Genetic Effects (IGEs)*, in which genetic variation in social partners influences an individual's phenotype⁵⁸. For instance, in simultaneously hermaphroditic flatworms, partner genotype affects ejaculate composition and postcopulatory behavior, influencing receiver traits⁷¹. Such heritable social influences can constrain or accelerate evolutionary trajectories under the effect of a changing environment⁵⁸. In a meta-analysis, trait heritability increased from 0.27 to 0.45 due to the influence of IGEs⁷², indicating higher adaptation capacity to changing conditions. However, if negative IGE covariance in a

social partner is strong enough, even maladaptive traits can evolve⁷³, in which case STMs could become an adaptive burden.

4. Future directions and appropriate study systems

Understanding environmental effects on STMs and the adaptive capacity of species requires studying both plastic and evolutionary change and their interplay on survival and reproduction. The physiologically different transfers of genetic material, nutrition, and symbionts vary in adaptive potential due to different levels of STM reliance and different balances of costs and benefits. Vertical transfers may cause particularly fast change via plasticity, which can later become genetically assimilated⁷⁴. In this section, we advocate a multifaceted approach to disentangle the ecological and evolutionary processes.

Studying populations of the same species in different conditions is one way to investigate STM plasticity. Comparisons are valuable between populations affected by recent environmental changes (e.g., pollution, habitat fragmentation, climate shifts) and those in pre-industrial environments⁷⁵. Also, invasive species or populations that have recently undergone range expansions offer contrasts to historical populations for assessing changes in STMs under a new ecological context^{64,76}. Where feasible, museum specimens can provide historical data for tracking phenotypic change and STM dynamics over time, for example, via changes in secretory gland morphology and protein composition⁷⁷.

Urban ecology is particularly fruitful for studying STMs under multiple stressors like heat, light, pollutants, and altered diets. It is unknown to what extent these conditions affect STM systems and cause divergence between urban and rural populations, but since most of humanity already lives in urban conditions, this is an especially important study direction. Urban-adapted birds, rodents and pet mammals such as cats and dogs are promising models, and lessen the ethical and practical constraints of studying humans directly⁷⁸. It is already known that at least chemical communication is often altered in cities via shifts in gland morphology⁷⁹, signal composition⁸⁰, or frequency of social contact⁸¹. The same selection pressures are likely affecting STM-producing tissues, signals, and behaviors.

While STM plasticity alone may lead to short-term adaptation, understanding the underlying genetics is key to distinguishing it from evolutionary change and long-term adaptation. Although many of the mechanisms that underpin STM plasticity may be taxon- and context-specific, a search for commonalities in the molecular composition and evolutionary dynamics of STMs using multi-omics and phylogenetic tools might reveal universal mechanisms. For example, STMs may harbour protein families that specifically facilitate (or constrain) how organisms cope with environmental change (e.g. heat-shock proteins like HSP90⁸²). To further bridge the gap between plastic and evolutionary outcomes, we should monitor STM-related traits across generations, linking short-term function to long-term genomic changes. As mentioned in the second section of this paper, research is also needed on social immunity⁸³ and how STMs facilitate dependency on symbionts^{84,85}, regarding impacts of temperature or pollutants on nutritional and defensive physiology. Taking such an approach in a multigenerational context enables bridging of short- and long-term consequences.

Comparative studies of taxa across gradients (e.g., lactation duration, placenta complexity, use of love darts) can establish dose-response relationships and their consequences in the face of disturbance. Furthermore, some systems are ripe for paired designs among families, species, or populations with and without an STM, such as urban birds that feed offspring with crop milk (i.e. pigeons) or do not (i.e. sparrows), viviparous or oviparous

reptiles⁸⁶or fish⁸⁷, and amphibians that exchange courtship proteins through sensory organs or the skin⁸⁸ in comparison to related species that do not. Comparative studies of the variation in responses of many species or clades that have the same STM and are influenced by similar environmental disturbances, for example, pollutants in eggs, would answer many of our open questions about the evolutionary potential of STMs. It is important to note that it will be challenging to disentangle the co-evolutionary effects of social dynamics from the direct effects of the STM, especially in natural populations. To mitigate the confusion, experiments with cross-fostering designs could be used to quantify the IGE, or STM composition could be manipulated directly with match-mismatch designs⁸⁹.

5. Concluding remarks

Given the accelerated pace of environmental change and the extinction risk faced by many taxa⁹⁰, time is of the essence to generate knowledge to fill the gaps discussed in this paper. Thus, we must prioritize and innovatively use existing long-term datasets, short-generation systems, and incorporate underrepresented taxa to maximize insight before critical natural history knowledge is lost. Given the rapid expansion of methodological and technical tools in different research fields, it is now possible to integrate and join forces from different fields such as biology, chemistry, toxicology, medical and veterinary sciences, theorists and others in focused interdisciplinary programs to address the important societal challenges and take our responsibility to help preserve the planet for future generations. Ultimately, a better understanding of convergent patterns in STMs' function across species will allow us to apply the precautionary principle more broadly, in such key research areas as fertility, nutrition, and exposure to human-generated chemicals or extreme heat. The aim of these studies is not only to advance knowledge of STMs but to create actionable knowledge. By illuminating how STMs mediate adaptation, we can inform conservation strategies and environmental policy in our rapidly changing world, for the benefit of all species, including our own.

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